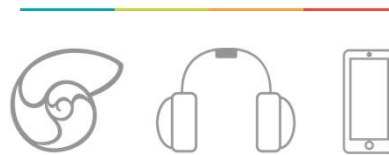


The Foundation for Long-Term Success



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Guiding the First Three Months of TLP

The First Three Months Set the Tone

This early phase shapes how families and providers understand listening and make sense of change.

- TLP becomes part of daily life, not just a plan
- Change becomes observable, nameable, and shared
- Patterns emerge over time, guiding confident decisions

Structure this phase intentionally. What is put in place here influences clarity, confidence, and decision making throughout the entire listening process.

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The Coaching Framework

Clinical Leadership Shapes the Coaching Framework

This coaching framework was developed under the clinical leadership of ABT's Clinical Director, Allen T. Lewis, MD, and refined within a complex medical practice to support families across many levels of need.

- Developed in a setting serving highly reactive and complex cases
- Designed to support listening as a gradual, guided process
- Built to give families and providers clarity, consistency, and confidence

Use the coaching framework to create stability. It helps families stay oriented and providers lead with confidence.

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Structured Coaching for Diverse Settings

This coaching framework shows how providers can support listening with clarity and consistency in everyday practice.

- Serve as the consistent guide for families as listening unfolds
- Follow a clear weekly to biweekly rhythm during the first three months
- Use monitoring to observe patterns over time, not isolated moments

This coaching framework helps families feel supported and helps providers lead with confidence.

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Using a Case Report as a Guide

How Today's Workshop Will Work

This session is guided by a real three-month case report.

- Follow the case in the order the work unfolded
- Connect each stage to familiar tools and structures
- Reflect on how this applies to your own clients

Use this time to notice where a clearer structure could bring more ease, clarity, or confidence into your work.

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The Case Report as Our Guide

Introducing the Case Report

This case report reflects three months of listening supported within a clear, structured framework.



Case Report

As we move through the report, notice how goals, observation, and coaching shape the decisions that follow.

ADHD, PANS,
ANXIETY, IMPULSIVITY

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How the Case Report Is Organized

The report is structured to mirror how listening unfolds over time.

- Begins with context and goals
- Moves through monitoring and observation across three months
- Concludes with summary insights and next steps

This structure helps families and providers stay oriented and ensures that later decisions are grounded in what came before.

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Part 1: Establishing Baseline Goals

This section establishes a clear starting point for listening using baseline information and prescreening scores.

It identifies the key focus areas that will guide observation and monitoring over the next three months.

This foundation keeps the work focused and supports clear decision making over time.

PART 1: DETERMINATION OF INITIAL CHALLENGES AND GOALS

Landon's TLP Provider prepared an initial pre-listening assessment to establish a baseline reference. His mother also submitted a developmental and physiological health history and a written evaluation of her son's status. She also completed an online TLP screening.

PRE-SCREENING RESULTS: The TLP screening is an online tool to rate observed performance in Learning and Attention, Auditory Processing, Speech and Language, Sensory-Motor, and Social-Behavioral.

Areas with scores of 12+ indicate a need for improvement in which The Listening Program could be beneficial. The highest score possible is 30, which reflects the greatest need. The goal is to lower the listener's scores to below 12 in every area.

Landon's elevated scores indicated that he needs support in all areas.

Pre-screening Scores

Learning and Attention	23
Auditory Processing	18
Speech and Language	20
Sensory Motor	20
Social Behavioral	17

METHOD: Landon will use TLP Spectrum with Waves Bone and Air Conduction Headphones following the Base or Condensed Schedule (15-minute sessions twice daily or one 30-minute session daily, five days per week).

Monitoring calls would take place throughout the first 3.5 months of listening. A follow-up assessment would occur at the end of the monitoring period.

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Part 2: Monitoring for 3 Months

Monitoring focuses on how change is observed, not just what is noticed.

- Weekly and biweekly coaching conversations capture lived experience
- Simple logs support consistency without burdening families
- Screening tools are used selectively to compare change over time

When monitoring tools are layered with intention, patterns emerge and decisions become clear.

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From Monitoring to Recommendations

Decisions emerge from patterns, not single moments.

- Recommendations are grounded in what consistently showed up over time
- Family observations and provider notes align to create clarity
- Adjustments focus on support and context before changing direction

When patterns are coherent, recommendations feel obvious rather than forced.

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Part 3: Preparing Families for What Comes Next

Readiness develops through patterns that build confidence over time.

- Listening routines feel stable and manageable in daily life
- Family language becomes more reflective and less reactive
- Support needs shift from urgent questions to thoughtful check-ins

These indicators help guide next steps without rushing independence or removing support too soon.

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Coaching Structure That Supports the Process

Coaching structure provides stability early and space for pattern recognition over time.

- Weekly coaching in the first month supports orientation and routine building
- Biweekly coaching in months two and three creates room for reflection and patterns
- Planned check-ins replace reactive problem solving

When coaching follows an intentional rhythm, structure does the heavy lifting for both families and providers.

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Part 4: A Clear Action Plan

An action plan turns observation into direction and keeps momentum moving forward.

- Connects early goals to what has been observed over time
- Makes the next phase of TLP clear and predictable
- Sets shared expectations for support, reflection, and follow-up

When the path forward is named clearly, families move ahead with confidence rather than pressure.

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Turning Experience Into Shared Understanding

Three-month case reports capture how listening unfolds over time and make the process clear for families, providers, and the broader professional community.

- Help families understand what has changed and why
- Strengthen provider thinking by organizing patterns and decisions
- Share practical examples of how listening is used in real life

When written with intention, case reports extend the impact of the work beyond a single family and support confidence, clarity, and learning across the field.

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A Family Reflection After Three Months

In just three and a half months, meaningful changes began unfolding for Landon and his family.

- Happier, more mature, and working harder to make good choices
- Stronger active listening, better follow through, and greater organization
- More ease relating to others and accomplishing what mattered to him

Working with a TLP Certified Provider made all the difference. Having a coach who observed changes, explained how the listening zones were working, and celebrated each breakthrough gave this family clarity, confidence, and hope. They plan to continue The Listening Program® knowing they are supported every step of the way.

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Bringing It All Together

The first three months set the tone for how families experience listening over time.

- Clear structure helps families feel oriented and confident
- Thoughtful monitoring allows patterns to emerge without pressure
- Guided decision making supports steady, long-term progress

When early listening is supported with intention, families don't just complete a program. They build understanding, confidence, and momentum that carries forward.

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