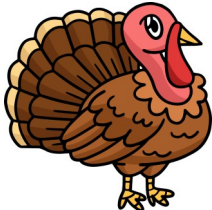
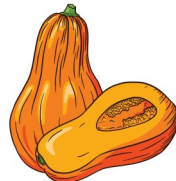




NOVEMBER CLASS SCHEDULE 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
INSTRUCTORS TYLER CATES SCOTT PADELFORD MANDY STETSON ANDY MASSUCCO TORI MACDONALD EMILY WITHAM JEN ROSE	INSTRUCTORS SUBJECT TO CHANGE					HOURS OF OPERATION:
MONTHLY MEMBERSHIP RATES:	3 7:05 Water Aerobics (L) MANDY 10:05 Water Fitness (L) TORI 11:05 Arthritis/Fibro (T) JEN 1:05 Water Fitness (L) SCOT Swimming Lessons 3:30-5:30pm	4 8:05 Water Fitness (L) MANDY 9:05 Circuit Training (W) ANDY 10:05 Water Fitness (L) SCOT Swimming Lessons 4:00-5:00pm	5 7:05 Water Aerobics (L) MANDY 10:00 Chair yoga (W) TYLER 11:05 Arthritis/Fibro (T) TYLER	6 8:05 Water Fitness (L) SCOT 10:05 Water Fitness (L) ANDY	7 7:05 Water Aerobics (L) MANDY 9:05 Circuit Training (W) TYLER 10:05 Water Fitness (L) TORI 11:05 Arthritis/Fibro (T) SCOT	MON-THURS 7 AM - 6 PM FRIDAY 7 AM - 4 PM
REGULAR: \$60.00 REWARDS: \$45.00 SENIOR: \$30.00* STUDENT: \$30.00	10 7:05 Water Aerobics (L) MANDY 10:05 Water Fitness (L) TORI 11:05 Arthritis/Fibro (T) JEN 1:05 Water Fitness (L) SCOT Swimming Lessons 3:30-5:30pm	11 8:05 Water Fitness (L) MANDY 9:05 Circuit Training (W) ANDY 10:05 Water Fitness (L) SCOT Swimming Lessons 4:00-5:00pm	12 7:05 Water Aerobics (L) MANDY 10:00 Chair yoga (W) TYLER 11:05 Arthritis/Fibro (T) TYLER	13 8:05 Water Fitness (L) SCOT 10:05 Water Fitness (L) ANDY Employee Water Aerobics 5:00pm	14 7:05 Water Aerobics (L) MANDY 9:05 Circuit Training (W) TYLER 10:05 Water Fitness (L) TORI 11:05 Arthritis/Fibro (T) SCOT	CLOSED DAILY 11:45 AM- 12:45 PM RESERVATIONS REQUIRED FOR ALL POOL USE 858-8855
DAILY MEMBERSHIP RATES:	17 7:05 Water Aerobics (L) MANDY 10:05 Water Fitness (L) TORI 11:05 Arthritis/Fibro (T) JEN 1:05 Water Fitness (L) SCOT Swimming Lessons 3:30-5:30pm	18 8:05 Water Fitness (L) MANDY 9:05 Circuit Training (W) ANDY 10:05 Water Fitness (L) SCOT Swimming Lessons 4:00-5:00pm	19 7:05 Water Aerobics (L) MANDY 10:00 Chair yoga (W) TYLER 11:05 Arthritis/Fibro (T) TYLER	20 8:05 Water Fitness (L) SCOT 10:05 Water Fitness (L) ANDY	21 7:05 Water Aerobics (L) MANDY 9:05 Circuit Training (W) TYLER 10:05 Water Fitness (L) TORI 11:05 Arthritis/Fibro (T) SCOT	(L) = LAP POOL (T) = THERAPY POOL (W) = WEIGHT ROOM
REGULAR: \$7.50 STUDENT: \$3.00 SENIOR: \$3.00* *60+ YEARS OLD	24 7:05 Water Aerobics (L) MANDY 10:05 Water Fitness (L) TORI 11:05 Arthritis/Fibro (T) JEN 1:05 Water Fitness (L) SCOT	25 8:05 Water Fitness (L) MANDY 9:05 Circuit Training (W) ANDY 10:05 Water Fitness (L) SCOT	26 7:05 Water Aerobics (L) ANDY 10:00 Chair yoga (W) TORI 11:05 Arthritis/Fibro (T) MANDY	27 CLOSED HAPPY THANKSGIVING	28	AQUATIC CLASSES 35-45 MINUTES CIRCUIT TRAINING 45 MINUTES