

# Understanding Infant & Child Safety

*Life-Saving Safety Information  
for Parents & Caregivers*



## Class Dates

- January 29, 2026
- March 26, 2026
- May 28, 2026
- July 30, 2026
- September 24, 2026
- November 19, 2026

All classes will be from 4:30pm - 6:30pm.

All classes will be at Redington-Fairview  
General Hospital.

To sign up,  
please call:



**(207) 858-2318**



## Topics Covered

### ✓ Car Safety

Infant car seats, hot cars, carbon monoxide, and backover & frontover safety.

### ✓ Safe Baby Care

Safe sleep, abusive head trauma, food safety, outdoor safety, pets and siblings.

### ✓ Safety Products

JPMA certification, baby-gear safety, baby gates, avoiding tip-overs, toy safety, and childproofing products.

### ✓ Home Safety

Choking, suffocation and strangulation hazards, falls, water safety, and burn prevention.

### ✓ Poisons

Common household poisons, poison safety and hotline, and poison look-alikes.

### ✓ Emergency Preparedness

Gun safety, fire safety, disaster preparedness, importance of learning infant CPR and first aid.