



Advanced Care Planning

Planning for more than just your Advance Health Care Directive.

Wednesday, October 15, 2025

8:00 am - 10:00 am

Conference Room 1

At RFGH

Those who attend will receive a free light breakfast.

Participants will learn about:

- The different terms and important information that goes into advanced care planning.
- The difference between a will and a living will.
- The difference between a POLST and a DNR Order.
- Resources to help you have a conversation with loved ones about your wishes.
- How to integrate spirituality into your advanced care planning.

Speakers:



Christine Foss, MLNHA, LSW

Manager of Community Living Partnerships

Andwell Health Partners



Michelle Tilton, LSW

Manager of Social Services and Spiritual Care

Andwell Health Partners



Reverend Sarah Gillespie

Board-Certified Chaplain and Coordinator of Spiritual Care

Andwell Health Partners



To sign-up, please contact RFGH Community Health at:

☎ (207) 858-2318 ✉ bdunphy@rfgh.net