

# Local Interventions & Assistance for Minors Resources



## VOLUNTEER & CIVIC ENGAGEMENT OPPORTUNITIES

*The resources listed on this website are provided as options for the community. Not all of these resources are affiliated with the City of Virginia Beach or the Virginia Beach Police Department. Inclusion on this list does not constitute an endorsement, and individuals are encouraged to determine which resources best meet their needs and to conduct their own research.*

## **VOLUNTEER & CIVIC ENGAGEMENT OPPORTUNITIES**

### **Excellence Girls' Club**

The Excellence Girls' Club is based in Chesapeake, Virginia and is known for empowering middle and high school-aged girls by helping them grow into confident, capable young women through leadership development, community service, educational sessions, and enriching activities like college tours and bonding retreats. Their programs focus on personal growth, academic success, positive mentorship, and community engagement to unlock each girl's potential and prepare them for future opportunities.

Phone number: (757) 503-0910

Website: <https://excellencegirlsclub.org/>

### **Fact 4 Autism**

Families of Autism Coming Together (FACT) offers social, recreational, camp, sports, and leisure programs designed to support individuals with autism and their families by promoting community integration, social skills, and life skills. It also highlights volunteer opportunities, financial assistance, and resources like their Autism Resource Center to foster a compassionate, inclusive environment and improve quality of life for people on the autism spectrum.

Phone number: (757) 422-2040

Email address: [info@FACT4Autism.com](mailto:info@FACT4Autism.com)

Address: 3509 Virginia Beach Blvd, Virginia Beach, VA 23452

Website: <https://fact4autism.com/>

## **VOLUNTEER & CIVIC ENGAGEMENT OPPORTUNITIES**

### **Urban League of Hampton Roads, Inc.**

ULHR is a nonprofit affiliate of the National Urban League focused on empowering African Americans and underserved communities in the Hampton Roads region by advancing economic self-reliance, social equity, and civil rights. ULHR offers programs and services across key areas including education, employment, housing, health, and financial wellness, along with advocacy, outreach, and community mobilization to help individuals and families overcome barriers to success. The site also provides ways to access support, learn about events and initiatives, and get involved through volunteering, membership, sponsorship, and career opportunities.

Phone number: (757) 627-0864

Address: 4801 Columbus St., Suite 200 Virginia Beach, VA 23462

Website: <https://ulhr.org/>

### **Catholic Charities of Eastern Virginia**

*Catholic Charities of Eastern Virginia* is a nonprofit human services organization that offers a wide range of support programs to people and families in need across Southeastern Virginia, including adoption and pregnancy services, financial and housing counseling, mental health counseling, senior care, and family engagement services. The organization's mission is to serve all individuals with dignity and compassion, help stabilize families, and strengthen communities while also providing ways for visitors to give support through donations, volunteering, or career opportunities.

Phone number: (757) 456-2366

Address: 1132 Pickett Rd, Norfolk, VA 23502

Website: <https://cceva.org/>

## **VOLUNTEER & CIVIC ENGAGEMENT OPPORTUNITIES**

### **Hampton Roads Youth Foundation**

Hampton Roads Youth Foundation (HRYF) empowers and inspires young people in the Hampton Roads area by offering educational, athletic, and leadership programs focused on academic success, social responsibility, and community service. Through events like the annual all-star football camp, mentorship, SAT prep, and scholarships (over \$23,000 awarded to date), HRYF uses sports and the values, sports represent as a tool to guide youth toward responsible citizenship and future success.

Phone Number: (757) 304-8172

Email address: [hryfinfo@gmail.com](mailto:hryfinfo@gmail.com)

Address: PO Box 1296 Hampton, VA 23661

Website: <https://hryf.org/>

### **Mikey's Camp & Kidz N Grief**

KIDZ'NGRIEF is a supportive program in the Tidewater region for children ages 3 to 18 and their caregivers, offering a safe environment where kids can process grief alongside peers through activities like art, games, stories, and play. The program offers age specific groups, caregiver groups, and camps to help families express emotions and adjust to loss. Volunteers are always needed and play an important role in creating this supportive space for the children. The goal is to provide a safe environment and help each child adjust to their loss. \*Registration Required\*

Phone number: (757) 947-3420

Email address: [Ariane\\_Walter@bshsi.org](mailto:Ariane_Walter@bshsi.org)

Website: <https://www.facebook.com/kidzngrief/>

## **VOLUNTEER & CIVIC ENGAGEMENT OPPORTUNITIES**

### **Youth Opportunities Office**

The mission of the Youth Opportunities Office is to promote positive youth development for all Virginia Beach youth from birth to 21 years of age through Collaboration and Partnerships, Education and Training, Awareness, Youth Civic Engagement, and Community Involvement and Investment.

\*Must be a Virginia Beach youth aged from birth to 21\*

Phone number: (757) 385-3111

Email address: [vb311@vbgov.com](mailto:vb311@vbgov.com)

Address: 2401 Courthouse Dr, Virginia Beach, VA 23456

Website: <https://parks.virginiabeach.gov/programs-classes/youth-opportunities-office>

### **Teens With a Purpose (TWP)**

Youth-led advocacy group using creative arts to address bullying, violence, and peer conflict.

Offers a platform for teens to lead and heal through poetry, music, and community dialogue.

“The youth movement”.

\*Must register online or by phone\*

Phone number: (757) 747-2679

Email address: [info@twpthemovement.org](mailto:info@twpthemovement.org)

Address: 700 E. Olney Rd Norfolk, VA 23504

Website: <https://www.twp-themovement.org/>

### **Stop the Violence**

Anti-bullying and anti-violence organization offering youth mentoring, volunteer work, school outreach, and community events. Empowers youth to make peaceful choices and prevent violence through creative expression. \*No Requirements\*

Phone number: (757) 537-3189

Email address: [info@stoptheviolence757.com](mailto:info@stoptheviolence757.com)

Website: <https://stoptheviolence757.com/>

## **VOLUNTEER & CIVIC ENGAGEMENT OPPORTUNITIES**

### **Girl Scouts of Colonial Coast**

Programs for girls that focus on bullying prevention, confidence building, emotional resilience, and leadership development.

\*You must sign up for a troop or to be an independent member\*

Phone number: (757) 547-4405

Address: 912 Cedar Rd, Chesapeake, VA 23322

Website: <https://www.gscce.org/>

### **Boys & Girls Clubs of Southeast Virginia**

After-school programs for youth aged 5-18 focusing on leadership, peer support, violence prevention, and emotional growth. Located all around Hampton Roads.

\*Annual fee, reside in area of club, between ages 5-18\*

Phone number: (757) 853-5632

Email address: [info@bgcseva.org](mailto:info@bgcseva.org)

Address: 1300 Diamond Springs Rd, Suite #300 Virginia Beach, VA 23455

Website: <https://www.bgcseva.org/>

### **Volunteer Hampton Roads**

VOLUNTEER Hampton Roads is the leading volunteer center in the region, dedicated to making Hampton Roads the most collaborative and unified area in the Mid-Atlantic. It supports nonprofits by strengthening their capacity through training, volunteer coordination, large-scale projects, and community programs. As a recognized leader in nonprofit excellence, the organization emphasizes consistency, mission focus, and continual improvement of its services.

Youth aged 12 through 18 can also volunteer, there are different volunteer opportunities for different age groups.

Address: 101 W. Main Street, Suite 800, Norfolk, VA 23510

Website: <https://www.volunteerhr.org/>

## **VOLUNTEER & CIVIC ENGAGEMENT OPPORTUNITIES**

### **Big Brothers Big Sisters of the Virginia Peninsula**

One-on-one mentorship for youth aged 5-18 focusing on leadership, peer support, violence prevention, and emotional growth. Located all around Hampton Roads.

Phone number: (757) 392-5155

Website: <https://www.bigbrobigsis.com/>