

Local Interventions & Assistance for Minors Resources



SPECIALIZED PROGRAM RESOURCES

The resources listed on this website are provided as options for the community. Not all of these resources are affiliated with the City of Virginia Beach or the Virginia Beach Police Department. Inclusion on this list does not constitute an endorsement, and individuals are encouraged to determine which resources best meet their needs and to conduct their own research.

SPECIALIZED PROGRAMS

Soundscapes

Soundscapes is an organization based in Newport News, Virginia that provides free, high-quality music education, instruments, and ensemble performance opportunities to young people from elementary age through young adulthood to strengthen their social, emotional, creative, and critical thinking skills through music. Their programs include after-school music instruction, summer activities, community ensembles like the Peninsula Youth Orchestra and Jazz Band, and frequent performance opportunities designed to foster personal growth, community engagement, and musical development.

Phone number: (757) 273-6178

Address: 11712 Jefferson Ave, Ste C, #473, Newport News, VA 23606

Website: <https://www.soundscapes.org/>

Girls on the Run

Girls on the Run organization offers fun, research-based programs combining physical activity with life-skill lessons to inspire girls in the 3rd through the 8th grade to be joyful, healthy, and confident. Their inclusive offerings include seasonal teams, community impact projects, and celebratory 5K events that help participants build social, emotional, and physical strength while fostering connection and self-esteem.

Phone number: (757) 965-9040

Email address: Info@gotrhr.org

Address: 5817 Wesleyan Drive, Virginia Beach, VA 23455

Website: <https://www.gotrhr.org/>

SPECIALIZED PROGRAMS

Fatherhood Fire

CDR Fatherhood describes a community program dedicated to empowering fathers through free workshops, one-on-one support, and resources aimed at improving parenting skills, communication, employment, and financial stability. It highlights key offerings like *24/7 Dads* and *Rookie Dads* workshops designed to help both new and experienced fathers strengthen their involvement in their children's lives and achieve personal and professional goals.

Phone number: (757) 345-3180

Address: 210 Packets Court, Williamsburg VA

Website: <https://www.cdrfatherhood.com/>

Sinkinson Dyslexia Foundation

Sinkinson Dyslexia Foundation focuses on identifying, remediating, and raising awareness of dyslexia and its impact on the community, with the belief that everyone has a right to read. They provide free dyslexia testing and one-on-one multi-sensory tutoring services for children and adults in Coastal Virginia, helping individuals improve reading skills and confidence, and collaborate with local partners to address illiteracy and support learners who often lack adequate school-based resources.

Phone number: (757) 437-0733

Email address: office@sdf.email

Address: 3701 Pacific Ave Suite 500, Virginia Beach, VA 23451

Website: <https://sinkinsondyslexiafoundation.org/>

SPECIALIZED PROGRAMS

REACH

REACH, Inc. (Reading Enriches All Children) is dedicated to promoting literacy for at-risk and homeless children by increasing access to books and reading resources and fostering a lifelong love of reading through community programs. They operate initiatives such as The Big Free Bookstore (distributing new and gently used books at no cost), read-aloud sessions for children and families, Family Literacy Kits for early childhood, school supplies and book support for teachers, and bulk book distribution to partner agencies, all aimed at supporting literacy development and educational success for children ages 0–17.

Phone number: (757) 627-4722

Email address: reach@reachreads.org

Address: 5802 E Virginia Beach Blvd, Suite 158, Norfolk, VA 23502

Website: <https://www.reachreads.org/>

Access College Foundation

Access College Foundation is a Norfolk, Virginia-based nonprofit focused on helping public school students especially those from low- and moderate-income families successfully plan for, access, and complete postsecondary education through college-planning guidance, academic advising, fee waivers, college tours, and financial aid support. They also award need-based “Last-Dollar” Scholarships, assist with FAFSA and college applications, and provide ongoing college and career success support to scholars while they’re enrolled in college to help them graduate and enter the workforce.

Phone number: (757) 962-6113

Email address: info@accesscollege.org

Address: 2555 Ellsmere Ave, Suite 110, Norfolk, VA 23513

Website: <https://accesscollege.org/>

SPECIALIZED PROGRAMS

Kids, Kin 'n Caregivers Inc.

Kids, Kin 'n Caregivers, Inc is dedicated to strengthening kinship families (like grandparents and relatives raising children) and other family caregivers by promoting their health, well-being, and connection to community resources. They offer a variety of services including educational seminars, support groups for kin caregivers, case management and service coordination, youth, and family activities (like Kin Kids Adventure Groups and cooking classes), and concrete resources such as school supplies and food assistance, all designed to empower caregivers and support children in kinship care.

Phone number: (757) 434-5162

Email address: kknc@cox.net

Address: 6300 E Virginia Beach Blvd. Norfolk, VA 23502

Website: <https://kids-kin-care.org/>

Youth Fire Intervention and Education Program

The Virginia Beach Fire Department explains that while children are often curious about fire, misuse can quickly lead to dangerous and potentially life-threatening situations. The Virginia Beach Fire Department offers a Youth Fire Intervention & Educational Program to help families take a proactive role in keeping your family, home, and community safe. The page also provides guidance for parents and caregivers on supervising children, securing ignition sources, and teaching essential fire-safety practices.

Phone Number: (757) 385-2875

Email address: vbfdlifesafety@vb.gov

Website: <https://www.vbfdlifesafety.com/youth-fire-misuse>

SPECIALIZED PROGRAMS

The Genieve Shelter

The Genieve Shelter works to offer free services such as a safe haven and supportive environment for individuals affected by domestic violence, sexual assault, stalking, and human trafficking. It also provides education, information, and training aimed at breaking the cycle of violence and promoting long-term safety and healing.

Phone Number: (757) 925-4365

Immediate Help Line: 1(800) 969-4673

Address: PO Box 1585 Suffolk, VA 23439

Website: <https://www.thegenieveshelter.org/>

Shoe Lady

ShoeLady.org is a nonprofit based in Newport News, Virginia that works to make sure kids whose families can't afford shoes receive new, properly fitting footwear. They partner with local schools that report children in need and match those requests to donors willing to give or sponsor new shoes, operating year-round so that support is available whenever the need arises, not just during holidays. *Contact your children's school to see if they participate with the Shoe Lady program*

Phone Number: (757) 869-7070

Email address: bill@shoelady.org

Address: PO Box 1054 Newport News, VA 23601

Website: <https://shoelady.org/>

SPECIALIZED PROGRAMS

Parents In Need HR

Parents In Need (Hampton Roads) is a nonprofit that provides free essentials like diapers, clothes, baby gear, infant/cradles, car seats and other necessities to young children ages newborn through six years old, in low-income families across Hampton Roads. Since 2013, PIN has helped over 7,000 children reaching families often living on very limited income offering support during difficult seasons such as job loss, illness, or financial hardship. *You must complete an application through link and make an appointment to shop on website. Hours of operations posted on their website *

Email address: ParentsInNeedHR@gmail.com

Address: 116 Reservation Rd Chesapeake, VA 23322

Website: <https://www.parentsinneedhr.org/>

Mikey's Camp & Kidz N Grief

KIDZ'NGRIEF is a supportive program in the Tidewater region for children ages 3 to 18 and their caregivers, offering a safe environment where kids can process grief alongside peers through activities like art, games, stories, and play. The program offers age specific groups, caregiver groups, and camps to help families express emotions and adjust to loss. Volunteers are always needed and play an important role in creating this supportive space for the children. The goal is to provide a safe environment and help each child adjust to their loss. *Registration Required*

Phone number: (757) 947-3420

Email address: Ariane_Walter@bshsi.org

Website: <https://www.facebook.com/kidzngrief/>

SPECIALIZED PROGRAMS

Burfoot House

The Burfoot House is a transitional shelter for single women ages 18–65 experiencing homelessness. During their stay (up to 180 days), women receive individualized support including financial-literacy help, one-on-one mentoring, therapy for mental/trauma issues, and free transportation to help them access jobs or services. The program aims not just to provide temporary shelter but to help residents build credit, strengthen life skills, and once they meet their goals transition into permanent, self-sufficient housing. *Requirements: must be a single woman sleeping in places not meant for habitation, living in emergency housing for homeless persons, or evicted with no residence and lacking resources to obtain a home. You must not have any felony convictions, child-related restrictions, active domestic violence cases, pending warrants, actively using alcohol or illegal drugs, or have a history of violent, explosive, or destructive behavior. *

Phone number: (757) 410-2933

Email address: lisa@divineio.org

Address: 916 Centerville Turnpike S, Chesapeake, VA 23322

Website: <https://divineio.org/about-burfoot-house/>

Project Lifesaver

Project Lifesaver is a nonprofit public-safety program that helps quickly locate individuals with cognitive conditions (such as autism, dementia, or Alzheimer's) who are prone to wandering. Local law enforcement and rescue agencies run the program to ensure rapid response and recovery. Contact your local Project Lifesaver agency directly for enrollment.

Virginia Beach Police Department

Phone number: (757) 385-7213

Address: 2441 Princess Anne Road, Virginia Beach, VA 23456

SPECIALIZED PROGRAMS

BEST Autism Services

B.E.S.T. Autism Services offers Applied Behavior Analysis (ABA) therapies — both “Comprehensive” (covering multiple developmental domains: cognitive, communicative, social, emotional, and adaptive) and “Focused” (targeting a limited set of behaviors) — to children with autism. They provide services in multiple settings: primarily in-home sessions, but also community outings, school shadowing, parent training, and telehealth support. The organization emphasizes individualized, supervised programs overseen by trained staff (including different levels of supervision) to ensure consistency and quality of care. *Accepts many major health insurance plans, which can help make these services accessible for families*

Phone number: (252) 435-1665

Email address: contracts@bestautismservices.com

Website: <https://bestautismservices.com/>

Center for Child & Family Services

CCFS is a nonprofit organization (serving children, adults, and families) offering a wide range of counseling and support services. They provide individual and group therapy, trauma-informed counseling, parenting education/coaching, supervised child visitation, substance-use treatment, anger-management programs, and various family support services. They also help with financial counseling, workforce/job-readiness support, specialized outreach (e.g. services in Spanish, support for youth aging out of foster care), and community-based programs.

(Newport News) Phone Number: (757) 838-1960

Address: 739 Thimble Shoals Blvd, Suite 400, Newport News, Virginia 23606

Email address: info@kidsandfamilies.com

Website: <https://www.kidsandfamilies.com/>

SPECIALIZED PROGRAMS

CHINS – Children in Need of Services/ Supervision

A Child in Need of Services and/or Supervision (CHINS) is a legal option available to schools, parents, and social services to help minors and their families access support for issues such as school truancy, negative behavior, mental health concerns, and/or habitual running away. For more information or to learn about the Diversion Program, contact Intake.

*If the child refuses to attend 2 scheduled appointments, refuses to take medication, or refuses to comply with a recommended course of treatment, the parent is instructed to provide written documentation of the non-compliance from the therapist, then the CHINS petition can be filed, and a court date will be scheduled for the parent/child to appear before the judge. *

Phone number: (757) 385-4361 (Court Services/Juvenile Intake)

Website: <https://courts.virginiabeach.gov/court-services-unit/child-in-need-of-services-supervision>

Virginia Beach Police Athletic League

A non-profit youth-crime prevention organization providing safe and structured activities to the youth of Virginia Beach. This program is directed by the Virginia Beach Police Department.

Athletics and activities that have started are summer camps (ran by the Virginia Beach Police Department), chess, board games and arrive alive event performed at a different high school each year. PAL has also included. Boxing program that is scheduled 1st & 2nd Mondays at the Kempsville Recreation Center and 3rd & 4th Mondays at Williams Farm Recreation Center, performed at 6pm-7pm, food is provided at the beginning prior to the start of activities.

*Requirements: summer camps have an age limit, arrive alive is for high schoolers. *

Phone Number: 757-385-7214

Website: www.vbpal.org

SPECIALIZED PROGRAMS

The Achievement Center

The Achievement Center of Virginia Beach provides social, vocational, and recreational services to both court-involved and “at-promise” youth, aiming to empower them and their families. Through Positive Youth Justice programs, the center focuses on career development, life skills, and healthy living to help youth become independent and successful members of their communities. Its mission and vision center on creating supportive, home-like environments that promote public safety, family engagement, and long-term personal and economic stability.

Phone number: (757) 301-1398

Email address: info@achievementcentervb.org

Address: 401 35th St Virginia Beach, VA 23451

Website: <https://achievementcentervb.org/>

Commonwealth Challenge Youth Academy

The Virginia Commonwealth ChalleNGe Youth Academy is a free, 29½-month program for youth ages 16 to 18 who have left or are struggling in traditional school settings. It begins with a 5½-month residential phase in a structured, military-style environment focused on academics, discipline, leadership, and life skills, followed by a 2-year mentorship to support education or career goals. Funded by state and federal governments, the program is based in Virginia Beach and has served over 5,500 cadets since 1994.

*Requirements: No pending felony charges/felony convictions, must be a resident of Virginia, and must be physically and mentally capable of participating in the program. *

Phone number: (757) 491-5932

Email address: admissions@vachallenge.org

Address: 1208 South Birdneck Rd. Virginia Beach, VA 23451

Website: <https://www.vachallenge.org/>

SPECIALIZED PROGRAMS

Norfolk Family Justice Center

This center is a safe, centralized space where individuals impacted by violence or abuse can access trauma-informed, victim-centered services. Multiple agencies work together on-site to provide 24/7 crisis support, forensic exams, legal assistance, advocacy, shelter, counseling, and help with housing, employment, and benefits. The goal is to improve safety, streamline access to services, and ensure offender accountability. Hours are Monday through Friday 9am to 4pm and walk ins are welcome. *No Requirements *

Phone number: (757) 330-0376

(YWCA 24/7 Crisis Hotline): (757) 251-0144

Email address: Susan.flowers@norfolk.gov

Address: 835 Glenrock Rd Norfolk, VA 23502

Website: <https://www.norfolkfjc.org/>

RRVA – Youth Prevention Services

Recovery Resources Virginia (RRVA) promotes youth prevention services, offering programs and resources aimed at substance misuse prevention through education, creative arts, and outreach. It also develops tools like a mobile app to support youth wellness and recovery and collaborates with schools and communities to deliver programming across Virginia.

No Requirements, but must make appointment

Phone number: (Cell): (804) 566-8916 (Work): (828) 999-0314

Email address: Recoveryresourcesforyou@gmail.com

Address: 4830 W Hundred Rd Suite B Chester, VA 23831

Website: <https://www.recoveryresourcesva.com/>

SPECIALIZED PROGRAMS

City of Virginia Beach Community Services Board

The Office of Consumer and Family Affairs in Virginia Beach offers free education, support groups, advocacy, and resources for individuals and families affected by behavioral health, substance use, and co-occurring disorders. Programs include classes like *Friends and Family Education*, *Help Me Understand*, *NAMI Family-to-Family*, *NAMI Basics*, and *WRAP*, all designed to provide practical tools, education, and support for recovery and caregiving. The office also manages the Virginia Beach Community Trust, which helps families establish special needs trusts for loved ones with behavioral health disorders.

*Requirements- Must make an appointment, some services have no residency requirements. *

Phone number: (757) 385-0800 (Main) (757) 385-0888 (Emergency)

Email address: VB311@vbgov.com

Address: 289 Independence Blvd, Suite 120 Virginia Beach, VA 23462

Website: <https://hs.virginiabeach.gov/about/community-services-board>

Teen Line

TEEN LINE is a confidential telephone helpline for teenage callers. The TEEN LINE volunteers who answer the calls, emails and texts are Southern California teenagers who have been specially trained. They do not give advice, their job is to listen to your feelings and help you to clarify your concerns, define the options available to you, and help you make positive decisions. Problems some teenagers face include abuse, AIDS, alcoholism, depression, divorce of parents, drugs, gangs, homelessness, pregnancy, sexuality, violence, and suicide. TEEN LINE also offers message boards, resources and information.

Phone number (hotline): (310) 855-4673 or (800) 852-8338 from 9PM-1AM EST

Phone number (texting): Text "TEEN" to 839863 from 8:30pm-12:30AM EST

Email through "Talk Now" page: <https://teenlineonline.org/talk-now/>

Website: <https://un suicide.org/suicide-help/teen-line/>

SPECIALIZED PROGRAMS

Boys Town National Hotline

Boys Town is one of the largest nonprofit, nonsectarian child and family care organizations in the country. The hotline is open 24 hours a day, 365 days a year, and is staffed by specially trained Boys Town counselors. Spanish- speaking counselors and translation services for more than 100 languages are also available 24 hours a day. They also offer a broad spectrum of child and family services, community programs, and crisis services. They also provide health and medical care through Boys Town National Research Hospital and other resources; conduct research on child behavioral issues; and provide services for children with severe behavioral problems through their Outpatient Behavioral Health programs and residential care programs.

Hotline: (800) 448-3000 or text VOICE to 20121

Phone number: (531) 355-1111

Email: hotline@boystown.org

Address (Headquarters): 14100 Crawford St. Boys Town, NE 68010

Website: <https://www.boystown.org>