

Local Interventions & Assistance for Minors Resources



ACADEMIC & EDUCATIONAL SUPPORT RESOURCES

The resources listed on this website are provided as options for the community. Not all of these resources are affiliated with the City of Virginia Beach or the Virginia Beach Police Department. Inclusion on this list does not constitute an endorsement, and individuals are encouraged to determine which resources best meet their needs and to conduct their own research.

ACADEMIC & EDUCATIONAL SUPPORT

Community Solutions

Dedicated to strengthening families and supporting youth through community-based programs such as adolescent groups, mentoring, spring/summer camps, parent education, and family wrap-around services. It highlights their commitment to helping young people overcome barriers like substance abuse and academic challenges while preparing them for success and long-term well-being.

Phone number: (757) 461-5098

Email address: desiree@csservices.co

Address: 5752 Princess Anne Rd, Virginia Beach, VA 23462

Website: <https://www.csservices.co/>

Ice4Life Foundation

The Ice4Life Foundation focuses on empowering young women especially aspiring dancers through mentorship, financial assistance, educational support, dance workshops, and professional development opportunities rooted in a supportive sisterhood. Their mission emphasizes helping participants grow in education, etiquette, confidence, and career readiness while fostering community engagement and personal success.

Phone number: (757) 897-0576

Email address: ice4lifefoundation@gmail.com

Website: <https://www.ice4lifefoundation.org/>

ACADEMIC & EDUCATIONAL SUPPORT

Girls with Goals Foundation

Girls With Goals Foundation focuses on empowering adolescent girls from urban communities by providing mentorship programs that build self-motivation, leadership, confidence, teamwork, and personal responsibility. Through partnerships with local schools and activities designed to nurture important life skills, the foundation aims to support girls' academic and professional success and foster positive future outcomes.

Phone number: (757) 800-2633

Email address: gwgfoundation422@gmail.com

Website: <https://www.girlswithgoalsfoundation.com/>

Excellence Girls' Club

The Excellence Girls' Club is based in Chesapeake, Virginia and is known for empowering middle and high school-aged girls by helping them grow into confident, capable young women through leadership development, community service, educational sessions, and enriching activities like college tours and bonding retreats. Their programs focus on personal growth, academic success, positive mentorship, and community engagement to unlock each girl's potential and prepare them for future opportunities.

Phone number: (757) 503-0910

Website: <https://excellencegirlsclub.org/>

C. Waldo Scott Center for H.O.P.E.

ACADEMIC & EDUCATIONAL SUPPORT

C. Waldo Scott Center for Hope provides comprehensive support, education, and development programs for youth and families to help them build life skills, academic success, and employability. Their services include after-school programs, workforce and computer training, parenting workshops, scholarships, counseling, and community enrichment activities designed to foster growth and opportunity.

Phone number: (757) 244-9223

Address: 2308 Roanoke Ave, Newport News, VA 23607

Website: <https://scottcenter.org/>

Together We Can Foundation - Smart Transitions

Smart Transitions focuses on helping at-risk youth in Hampton Roads transition successfully into independent adult life and the workforce by providing education, career skills, personal development programs, and community partnerships. It highlights their mission to equip young people with practical tools like career planning, financial literacy, and confidence building to improve long-term outcomes and optimism for the future.

(Executive Director, Tom Crockett)

Phone number: (757) 288-3231;

Email address: tcrockett@twcfoundation.org

(Program Director, Katie Peters)

Phone number: (715) 498-7876;

Email address: kpeters@twcfoundation.org

Address: 5101 Cleveland Street, Suite 305, Virginia Beach VA 23462

Website: <https://twcfoundation.org/>

Stop & Pop Youth Sports Charities INC

ACADEMIC & EDUCATIONAL SUPPORT

Stop & Pop Youth Sports Charities offers youth sports mentoring, basketball programs, and summer camp activities aimed at improving athletic skills, behavior, and academic growth for local children and teens. It also encourages community involvement and donations to support its efforts to provide a safe, supportive environment and opportunities for youth development.

Phone number: (757) 504-2855;

Email address: jamoice@gmail.com

Address: 539 Harriett Street, Hampton, VA 23669

Website: <https://stopandpopysc.org/>

Eggleston

Eggleston Services is based in Norfolk, Virginia with a mission to empower adults with disabilities by providing education, training, employment, residential support, and community engagement services that help them gain independence, confidence, and meaningful participation in daily life.

They offer a broad range of programs and services including supported employment and job training, residential living options (in-home and group homes), day support and community engagement programs, business enterprises (like secure document shredding, commercial landscaping, and more) that create jobs and real-world work experience, and specialized supports such as brain injury and veteran services, all focused on enhancing quality of life and community inclusion.

Phone number: (757) 858-8011;

Email address: info@egglestonservices.org

Address: 5145 East Virginia Beach Blvd, Norfolk, VA 23502

Website: <https://www.egglestonservices.org/>

We Believe in Your Child Too

ACADEMIC & EDUCATIONAL SUPPORT

We Believe in Your Child Too helps families support their children's pursuit of higher education by providing need-based scholarships and mentorship to lessen the financial burden of college costs and help students succeed in post-secondary education.

Phone number: (757) 693-0714

Email address: kevin@webelieveinyourchild.org

Address: 2506 Jefferson Ave, Newport News, VA 23607

Website: <https://webelieveinyourchild.org/>

Suffolk Foundation

The Suffolk Foundation is dedicated to building a stronger community by facilitating philanthropy, managing charitable funds, and awarding grants and scholarships that support local needs in areas such as health, education, arts and culture, human services, environmental and animal welfare, and youth and senior programs. They provide opportunities for donors to create or contribute to funds, support nonprofit organizations through Community Impact Grants, and award annual scholarships to students, helping nonprofits and individuals make a lasting community impact.

Phone number: (757) 923-9090

Email address: office@suffolkfoundation.org

Address: 110 West Finney Ave, Suite 100, Suffolk, VA 23434

Website: <https://suffolkfoundation.org/>

Sinkinson Dyslexia Foundation

ACADEMIC & EDUCATIONAL SUPPORT

Sinkinson Dyslexia Foundation focuses on identifying, remediating, and raising awareness of dyslexia and its impact on the community, with the belief that everyone has a right to read. They provide free dyslexia testing and one-on-one multi-sensory tutoring services for children and adults in Coastal Virginia, helping individuals improve reading skills and confidence, and collaborate with local partners to address illiteracy and support learners who often lack adequate school-based resources.

Phone number: (757) 437-0733

Email address: office@sdf.email

Address: 3701 Pacific Ave Suite 500, Virginia Beach, VA 23451

Website: <https://sinkinsondyslexiafoundation.org/>

REACH

REACH, Inc. (Reading Enriches All Children) is dedicated to promoting literacy for at-risk and homeless children by increasing access to books and reading resources and fostering a lifelong love of reading through community programs. They operate initiatives such as The Big Free Bookstore (distributing new and gently used books at no cost), read-aloud sessions for children and families, Family Literacy Kits for early childhood, school supplies and book support for teachers, and bulk book distribution to partner agencies, all aimed at supporting literacy development and educational success for children ages 0–17.

Phone number: (757) 627-4722

Email address: reach@reachreads.org

Address: 5802 E Virginia Beach Blvd, Suite 158, Norfolk, VA 23502

Website: <https://www.reachreads.org/>

Access College Foundation

ACADEMIC & EDUCATIONAL SUPPORT

Access College Foundation is a Norfolk, Virginia-based nonprofit focused on helping public school students especially those from low- and moderate-income families successfully plan for, access, and complete postsecondary education through college-planning guidance, academic advising, fee waivers, college tours, and financial aid support. They also award need-based “Last-Dollar” Scholarships, assist with FAFSA and college applications, and provide ongoing college and career success support to scholars while they’re enrolled in college to help them graduate and enter the workforce.

Phone number: (757) 962-6113

Email address: info@accesscollege.org

Address: 2555 Ellsmere Ave, Suite 110, Norfolk, VA 23513

Website: <https://accesscollege.org/>

Tidewater Youth Services

Tidewater Youth Services Foundation raises funds and mobilizes community resources to support at-risk and court-involved youth in the Tidewater region, helping them grow into productive members of their communities by improving academic skills, teaching life and social skills, and fostering engagement in positive activities. The foundation supports programs such as remedial education and vocational exploration, therapeutic recreation and pro-social activities, independent living skills development, cultural enrichment, and emergency assistance for youth and families, working alongside its public partner, the Tidewater Youth Services Commission, to fill gaps in publicly funded services.

Phone number: (757) 484-9161

Email address: tysf@tysfoundation.org

Address: 2401 Airline Blvd, Portsmouth, VA 23701

Website: <https://www.tysfoundation.org/>

Urban League of Hampton Roads, Inc.

ACADEMIC & EDUCATIONAL SUPPORT

ULHR is a nonprofit affiliate of the National Urban League focused on empowering African Americans and underserved communities in the Hampton Roads region by advancing economic self-reliance, social equity, and civil rights. ULHR offers programs and services across key areas including education, employment, housing, health, and financial wellness, along with advocacy, outreach, and community mobilization to help individuals and families overcome barriers to success. The site also provides ways to access support, learn about events and initiatives, and get involved through volunteering, membership, sponsorship, and career opportunities.

Phone number: (757) 627-0864

Address: 4801 Columbus St., Suite 200 Virginia Beach, VA 23462

Website: <https://ulhr.org/>

Hampton Roads Community Action Program (HRCAP)

HRCAP is a nonprofit community action agency serving southeastern Virginia for over 50 years, dedicated to helping low-income individuals and families achieve self-sufficiency and improved quality of life through a wide range of programs in education, workforce development, housing support, emergency services, and financial stability. The organization connects residents with resources like Head Start early-childhood education, job training, housing counseling, and other supportive services while offering ways to get involved through volunteering and community partnerships. *M-F 8am-5pm*

Phone number: (757) 247-0379

Address: 2410 Wickham Ave, Newport News, VA 23607

Website: <https://hrcapinc.org/>

The Garden of Hope

ACADEMIC & EDUCATIONAL SUPPORT

The Garden of Hope is a nonprofit focused on *building healthy communities* in Hampton Roads by offering programs and services that support disadvantaged individuals, families, and youth. Their offerings include reentry assistance for formerly incarcerated people, financial education, youth and family support, adult literacy and GED prep, supportive housing, relapse prevention, and life skills and job readiness programs, in which all of these are aimed at helping participants achieve stability and long-term success.

Phone number: (757) 664-4281

Address: 1317 E Brambleton Ave, Norfolk, VA 23504

Website: <https://gardenofhopecdc.org/>

Youth Fire Intervention and Education Program

The Virginia Beach Fire Department explains that while children are often curious about fire, misuse can quickly lead to dangerous and potentially life-threatening situations. The Virginia Beach Fire Department offers a Youth Fire Intervention & Educational Program to help families take a proactive role in keeping your family, home, and community safe. The page also provides guidance for parents and caregivers on supervising children, securing ignition sources, and teaching essential fire-safety practices.

Phone Number: (757) 385-2875

Email address: vbfdlifesafety@vbgov.com

Website: <https://www.vbfdlifesafety.com/youth-fire-misuse>

Hampton Roads Youth Foundation

ACADEMIC & EDUCATIONAL SUPPORT

Hampton Roads Youth Foundation (HRYF) empowers and inspires young people in the Hampton Roads area by offering educational, athletic, and leadership programs focused on academic success, social responsibility, and community service. Through events like the annual all-star football camp, mentorship, SAT prep, and scholarships (over \$23,000 awarded to date), HRYF uses sports and the values, sports represent as a tool to guide youth toward responsible citizenship and future success.

Phone Number: (757) 304-8172

Email address: hryfinfo@gmail.com

Address: PO Box 1296 Hampton, VA 23661

Website: <https://hryf.org/>

Moving Forward Reaching Back

Moving Forward Reaching Back is a nonprofit youth-development organization based in Virginia Beach whose mission is to help young people “dream beyond their circumstances” through programs in literacy, motivational productions, and community outreach. They aim to give youth opportunities to explore their passions, build skills, and gain life experiences believing that true success is measured by meaningful change in a child’s life, not by numbers or prestige.

Phone number: (757) 708-8700

Email address: info@movingforwardreachingback.org

Website: <https://www.movingforwardreachingback.org/>

INSPIRE Family Empowerment

ACADEMIC & EDUCATIONAL SUPPORT

INSPIRE Family Empowerment provides trauma-informed, family-centered services in Norfolk, VA to support families during child-welfare involvement. They offer supervised visitation, reunification coaching, home-readiness support (helping families create stable, safe environments), and parent advocacy to help biological parents meet requirements set by agencies like CSA / DSS. They also run a neurodivergent-inclusive homeschool program for middle & high schoolers focusing on life skills, hands-on learning, community service, and other educational supports. INSPIRE's broader mission emphasizes helping families heal, reconnect, build parental capacity and stability, and reduce further involvement with the child welfare system.

Phone number: (757) 901-2423

Email address: inspirefamilies757@gmail.com

Website: <https://www.inspirefamilyempowerment.com/>

ForKids

ForKids is a nonprofit organization whose mission is to break the cycle of homelessness and poverty for families and children in Southeastern Virginia. It operates a range of services, including a Housing Crisis Hotline, emergency shelters, rapid rehousing & supportive-housing programs, and housing stability support aimed at helping families secure long-term permanent housing. ForKids also offers educational and enrichment programs for children, after-school support, financial & life-skills counseling, and economic-mobility services to help families become self-sufficient. Through this holistic, wrap-around model, ForKids serves hundreds of families daily and aims not just to address immediate crises but to promote long-term stability and growth.

Phone number: (757) 622-6400

Email address: info@forkids.org

Address: 1001 Poindexter St. Chesapeake, VA 23324

Website: <https://forkids.org/>

ACADEMIC & EDUCATIONAL SUPPORT

BEST Autism Services

B.E.S.T. Autism Services offers Applied Behavior Analysis (ABA) therapies — both “Comprehensive” (covering multiple developmental domains: cognitive, communicative, social, emotional, and adaptive) and “Focused” (targeting a limited set of behaviors) — to children with autism. They provide services in multiple settings: primarily in-home sessions, but also community outings, school shadowing, parent training, and telehealth support. The organization emphasizes individualized, supervised programs overseen by trained staff (including different levels of supervision) to ensure consistency and quality of care. *Accepts many major health insurance plans, which can help make these services accessible for families*

Phone number: (252) 435-1665

Email address: contracts@bestautismservices.com

Website: <https://bestautismservices.com/>

Envision

Envision Family Services is a mental-health provider in Norfolk, VA offering family-centered care to children, adolescents, and families. They provide services like school-based Therapeutic Day Treatment, Intensive In-Home support, and outpatient therapy all tailored to each client’s needs. Their goal is to help clients feel supported, stable, and cared for while improving overall quality of life.

Phone number: (757) 350-3020

Address: 500 E Main St. Suite 1600-12 Norfolk, VA 23510

Website: <https://www.envisionfamilyservices.com/>

Tidewater Learning Center

ACADEMIC & EDUCATIONAL SUPPORT

Offers tutoring across all school levels, academic coaching, ACT/SAT prep, and specialized educational therapy for learning disabilities and ADHD, including psycho-educational evaluations, advocacy, and study skills workshops. Tutoring is available year-round for students from age 5 through adulthood, with flexible scheduling and no contracts required.

Phone number: (757) 437-0936

Email address: nmayo@tidewaterlearningcenter.org

Address: 3701 Pacific Avenue, Suite 500, Virginia Beach, VA 23451

Website: <https://tidewaterlearningcenter.com/>

Harbor Hope Recovery School

A free full-time recovery-focused high school environment for teens struggling with substance use. Offers education, therapy, peer support, and life coaching tailored to recovery needs.

*Must be enrolled in Chesapeake, Norfolk, Portsmouth, Suffolk, or Virginia Beach City Public Schools, be in recovery for alcohol or substance use, and be interested in recovery. (Now enrolling) *

Phone number: (757) 233-0177

Address: 369 S Battlefield Boulevard, Chesapeake, VA 23322

Website: <https://www.hhctidewater.com/>

ACADEMIC & EDUCATIONAL SUPPORT

Virginia Beach City Public Schools (VBCPS) offers a K–12 comprehensive school counseling program that supports students' academic, career, and social/emotional development. Based on the American School Counselor Association (ASCA) National Model, the program emphasizes advocacy, leadership, collaboration, and systemic change. Each school includes a Guidance Advisory Council to engage stakeholders, and counselors use ASCA's 35 Mindsets & Behaviors to guide students in building skills for lifelong success.

Must be a VBCPS Student

(For more information contact your schools Guidance Advisory Council)

Website: <https://www.vbschools.com/families/support>

New Vision Youth Services

Provides life skills and education for youth, including transitional housing, GED prep, case management, and basic needs assistance like clothing, food, bus passes, and job readiness support. ***No Requirements***

Phone number: (757) 620-5340

Email address: Contact@newvisionyouthservicesinc.org

Address: 911 B St, #118 Chesapeake, VA 23327

Website: <https://newvisionyouthservicesinc.org/>

Commonwealth Challenge Youth Academy

ACADEMIC & EDUCATIONAL SUPPORT

The Virginia Commonwealth ChalleNGe Youth Academy is a free, 29½-month program for youth ages 16 to 18 who have left or are struggling in traditional school settings. It begins with a 5½-month residential phase in a structured, military-style environment focused on academics, discipline, leadership, and life skills, followed by a 2-year mentorship to support education or career goals. Funded by state and federal governments, the program is based in Virginia Beach and has served over 5,500 cadets since 1994.

*Requirements: No pending felony charges/felony convictions, must be a resident of Virginia, and must be physically and mentally capable of participating in the program. *

Phone number: (757) 491-5932

Email address: admissions@vachallenge.org

Address: 1208 South Birdneck Rd. Virginia Beach, VA 23451

Website: <https://www.vachallenge.org/>

211 Virginia

211 Virginia is a free, confidential, and 24/7 statewide referral service that connects Virginians with a broad spectrum of community resources. It helps people access support for housing, food, healthcare, utilities, and more. The service also provides referrals for mental health and substance-use programs, crisis care, and legal or financial assistance. Operated by the Virginia Department of Social Services in partnership with community agencies, 211 Virginia maintains a directory of thousands of programs across the Commonwealth.

Phone number: 2-1-1 or (800) 230-6977

Text: Connect to 247211

Website: <https://211virginia.org/>

The Achievement Center

ACADEMIC & EDUCATIONAL SUPPORT

The Achievement Center of Virginia Beach provides social, vocational, and recreational services to both court-involved and “at-promise” youth, aiming to empower them and their families. Through Positive Youth Justice programs, the center focuses on career development, life skills, and healthy living to help youth become independent and successful members of their communities. Its mission and vision center on creating supportive, home-like environments that promote public safety, family engagement, and long-term personal and economic stability.

Phone number: (757) 301-1398

Email address: info@achievementcentervb.org

Address: 401 35th St Virginia Beach, VA 23451

Website: <https://achievementcentervb.org/>

Ok2SpeakOut

Ok2SpeakOut is a Virginia statewide school safety and threat-assessment resource created by the Virginia Center for School and Campus Safety to help K-12 students, parents, and school communities recognize, report, and prevent concerning behaviors that may pose a risk to self or others. The site provides age-appropriate resources for students, guidance and tools for parents, and educational videos and prevention materials. It also includes who you can report to in the school community, information for support, and emphasizes that speaking up early is a proactive, non-punitive way to keep schools and communities safe.

Emergency Number: 911

Email address: vcscs@dcjs.virginia.gov

Website: <https://ok2speakout.com/>

VersAbility Tech

ACADEMIC & EDUCATIONAL SUPPORT

VersAbility Resources supports individuals with disabilities across all ages. They assist families with young children facing developmental delays, offer career training programs like Forklift (\$250), Welding (grant-funded), and AbillT (free), and connect people with disabilities to meaningful employment. Their eight staffed residential homes in Hampton, Newport News, and York County serve those with significant disabilities. Social and recreation programs promote community engagement.

*Requirements- Anyone with a documented physical, sensory, intellectual/developmental, or mental/behavioral disability. Accepted documentation includes an IEP, 504 Plan, doctor's diagnosis, or certification from DARS or DBVI. *

(Norfolk) Phone number: (757) 443-1177

Address: 8401 Hampton Blvd Norfolk, VA 23505

Website: <https://versability.org/>

(Hampton) Phone number: (757) 896-6461

Address: 2520 58th St Hampton, VA 23661

(Newport News) Phone number: (757) 896-8454

Address: 11830 Fishing Point Drive, Suite 213 Newport News, VA 23606

(Gloucester) Phone number: (804) 693-3114

Address: 6750 Main Street, Suite 100B Gloucester, VA 23061