

2026 Virginia Beach Point-in- Time (PIT) Count

TRENDS & KEY TAKEAWAYS

On Jan. 29, 2026,

325

individuals were identified as experiencing homelessness in Virginia Beach.



86% sheltered

60 in Winter Shelter (seasonal)
220 in year-round shelter



14% unsheltered

18% decrease from 2025 PIT
45 sleeping outside, in encampments, cars or the woods

HOUSEHOLD TYPE



FAMILIES

26

(87 individuals)



SINGLES

236

individuals



CHILDREN ONLY

2

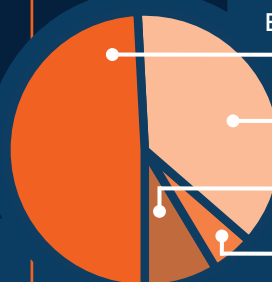
individuals

What is PIT?

The Point-in-Time (PIT) Count provides a snapshot of all individuals experiencing homelessness during a single night in January.

The U.S. Department of Housing and Urban Development requires communities that receive federal homelessness funding to conduct an annual PIT Count.

Experiencing homelessness means living in shelters, transitional housing, outside or places not meant for human habitation.



BLACK/AFRICAN AMERICAN **49.5%**

WHITE/CAUCASIAN **37.2%**

MULTI-RACIAL/OTHER **8.6%**

HISPANIC **5%**

Primary Causes of Homelessness

Lack of income /insufficient income
Loss of employment

Other
COVID-19, eviction, housing loss, medical, mental health, relational (e.g., family breakup, escaping domestic violence, asked to leave by relatives)

<1%

YOUTH
(AGES 18-24)

21%

OLDER
ADULTS
(AGES 55 & UP)



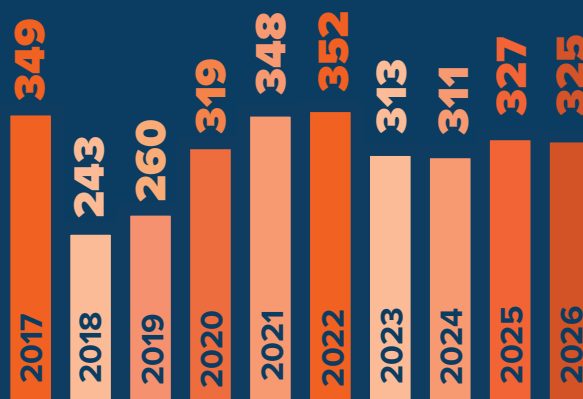
13%

VETERANS

23%

CHRONICALLY
HOMELESS

Homeless for a full year, or who had four different episodes of homelessness in the last three years, and have a disabling condition



10-YEAR TREND OF PIT COUNTS