

Agriculture

Message from the Director

Happy Autumn to everyone! Great time of year with lots of fall seasonal activities from harvesting of crops to agritourism taking place in our wonderful City. Let's support our farmers and take the opportunity to visit one of the agritourism farms and shop local for produce. The holidays are coming, making this a good time to serve farm to table delights that were source locally.

The Farmers Market has several theme events taking place this fall with Harvest Fair on October 14th, Fall Festival on November 4th, and Santa's Workshop on December 2nd. Great time to come out and enjoy the day at the Market; shop the many local crafters that take part in each event. It's a perfect opportunity to find some unique gifts for the upcoming holiday season.

The Hoe Down season will come to an end at Farmers Market on Friday, October 27th so it's not too late to come out and enjoy an evening of music and maybe dance a little.

As always, let's all have a healthy, safe, and productive fall season.

VIRGINIA AG EXPO HELD AUGUST 3RD AT LAND OF PROMISE FARMS -IT WAS AMAZING!

On August 3, 2023 the Virginia Agriculture Expo took place on Land of Promise Farms. The event blessed with wonderful was Viriginia Beach weather and drew a large crowd of visitors from around the state, as well as northeastern North Carolina. The event show cased 90 plus event exhibitors and sponsors displaying equipment, products and technologies and all things related to agriculture. As part of the event the Governor of Virginia, Glenn Youngkin and Virginia's Secretary of Agriculture and Forest, Matt Lohr both addressed









VIRGINIA AG EXPO - CONTINUED





the attendees. It was a day to great showcase agriculture in Virginia Beach and the State. The August date marked the 3rd ten-year anniversary since the event was held here in Virginia Beach. The event was so successful back then it was time for a repeat performance in 2023. The event here in Virginia Beach demonstrates commitment the agricultural community, the City and the State has to keeping agriculture a key industry.

Thank you for all who took part and attended.





Photos by Mike Parrish, Unit Coordinator & Agriculture and Natural Resources Extension Agent for Dinwiddie County



How is the Value of Property Determined in the Agricultural Reserve Program?

Many prospective clients are still somewhat at a loss on how the value of development rights on a parcel or series of parcels is determined. Several factors are considered. Soils, road frontage and total acreage all play a role. These aspects are reviewed by both Planning and Agriculture staff members to determine the "by right" development potential of the property in the application.

After those parameters are documented, the City contracts with an independent real estate appraiser to determine the "Fair Market Value" of the property. This value is established by using comparable sales of property in the area. After the value is determined, the City will offer the difference between the full fair market value and the agricultural value of the property. This is what we call the value of the "development rights." The City pays tax-free interest payments for 25 years on the principal amount and the principal is paid in one lump sum at the end of 25 years.

<u>Payment Plan Example:</u>

A 100-acre farm valued at \$10,000/acre would yield a fair market value of \$1,000,000:

\$1,000,000 Fair market value (\$10,000 per acre)

<u>- \$180,000</u> Agricultural value (\$1,800 per acre) is withheld since the landowner retains ownership of the property

\$ 820,000 Purchase price of the development rights

Compensation for selling the development rights on this farm example would be:

\$820,000 at 4.50% interest* = \$36,900 tax-free interest paid per year

\$36,900 per year for 25 years = \$922,500 total interest paid, tax-free

TOTAL COMPENSATION = \$ 922,500 (total interest payments)

+ \$ 820,000 (lump sum principal payment)

\$1,742,500 TOTAL COMPENSATION

It is important to remember that the payment of the principal will be subject to whatever the current capital gains rate is at the time of final payment and you should consult your tax advisor to plan accordingly.

*A floor interest rate is established when the offer letter is sent. At closing, the interest rate that is paid for 25 years is the greater of the floor rate or the current day's market. Semiannual tax-free interest payments are made on June 1 and December 1 each year, therefore, in this example you would receive \$18,450 in June and another payment of \$18,450 in December. Interest rates have remained steady above 4.5% in recent months, so it is a great time to consider ARP as an investment tool for your family.



Happy Fall everyone. Our farmers are busy in the fields harvesting their crops, so please be patient and mindful of farm equipment moving along our roads as you travel. I hope you will take a moment to be thankful for their hard work and dedication to provide for all of us. Our area has several farms that are open to the public for pumpkin sales, hayrides, corn mazes, and lots of fun activities for the family. So, take time to enjoy!

The Farmers Market hosted our Apple Extravaganza event on September 16, and it was a beautiful day to start our fall season. We even saw the Blue Angels fly over the Market for the Oceana Air Show. The Butterfly Society of Virginia hosted their fall plant sale which was very popular once again. I wanted to thank the Master Gardeners for always taking part in our events and sharing information with our visitors in our educational gardens and the Rural Heritage Center.





Farmers Market is ready for Fall.
Come and see us.



UPCOMING EVENTS - FARMERS MARKET

We have several crafters that are getting together for the 1st Sunday of the Month **Art Markets.** Please come out to shop with them and our merchants on October 1, November 5, and December 3.

There will be a special **Halloween Art Market** and Costume Party on October 21.

Come join us for our remaining Friday Night Hoedowns of the season:

October 6 - Dallas Band

October 13 - The Country Rockers

October 20 - Timeline

October 27 - RawBeeT's



Harvest Fair is just around the corner on October 14 from 10 a.m.- 4 p.m. We will have a coloring contest for the kids and plenty of pumpkins for purchase from our merchants.

I hope that you can also join us on November 4 for **Fall Festival** and December 2 for **Santa's Workshop**.

Please check out the Farmers Market Facebook page for more information at www.facebook.com/vbfarmersmarket or call the Market Office at 757-385-4388.

I hope everyone has a successful harvest season, a Happy Thanksgiving, and a Merry Christmas with your family!

-Jenny



COMING UP SPECIAL EVENTS AT FARMERS



VIRGINIA BEACH





RURAL HERITAGE CENTER

Kristine Michael, Program Educator Direct: 757-385-4388 | Mobile: 757-472-5396 kmichael@vbgov.com

Gardening has become one of the most popular hobbies in America. 18.3 million new gardeners were inspired during the lock downs. Since then, Americans have spent billions of dollars on gardening supplies including tools, seeds, fertilizer, soil, lights and even hydroponic kits and tents forindoor growing. This trend seems to be continuing, perhaps as food costs rise because the average American garden produces over \$600 worth of food! Eat the fruit of your labor while enjoying the beauty of its growth.

I read that children involved in growing vegetables are more willing to eat them. Children who walk among the Children's Educational Garden at the Farmers Market are very likely to pull a yard long bean off the vine and happily chomp it down. As the new school year begins, teachers are booking their Fun on the Farm Field Trips all the way through next Spring! I'm noticing new groups and schools that have never been before. The excitement is spreading and the gardening/agriculture trend is reaching our children. Many as young as Pre-K and kindergartners already have basic knowledge of the benefits of earth worms, the importance of honeybees and other pollinators, recycling, etc., thanks to involved parenting and teachers who have begun implanting garden projects into their curriculum's.







Zinnias





Penelope promotes Fun on the Farm





Hyacinth Vine over Chicken Coop

flocking to are Chickens. According to the American Pet Products Association, more than 12 million people in the U.S have their own backyard chickens. We will begin the embryo project with the Virginia Beach 4-H this Spring where we will incubate fertilized chicken eggs and observe the hatching and growth of the baby chicks, teaching kids the science of life. Select classrooms and schools are involved with their own classroom incubators.



Fun on the Farm in Action



Penelope (the chicken) promotes Fun on



Kristine teaching the children about the Worm Box







Field Trips at the Virginia Beach Farmers Market

An interactive tour to learn about Agriculture and have fun!









The Rural Heritage Center tour includes hands-on activities such as:

Pumping water • Churning butter • Grinding corn
Milking "Beachy" the fiberglass cow
Washing clothes using a pitcher pump
and washboard

Seeing antique tools and machines

Learning about vegetables and pollinators
in the Children's Garden

This program aligns with Virginia SOL topics including insects, vermiculture, plants and farm animals with an emphasis on life cycles, habitat, recycling and more.

Learn more: Visit VirginiaBeach.gov/FarmersMarket

"We had a wonderful time on our field trip! The students loved all the activities. Every learning opportunity was partnered with a hands-on aspect and that is something you never see in a field trip. Staff was not only knowledgeable, but completely passionate about everything. We will certainly be back."

~ Kathleen, Virginia Beach Teacher

Schedule Today! Contact Farmers Market Management Office farmmrkt@vbgov.com · 757.385.4388





THE FOLLOWING PAGES ARE FROM THE VIRGINIA BEACH STAFF OF THE VIRGINIA COOPERATIVE EXTENSION.



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AGRICULTURE AND NATURAL RESOURCES

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COVER CROPS

Whether on the farm or in your garden, cover crops can serve many purposes and are great tools to address some needs. This is meant to be a snapshot into the benefits of cover crops and show a calendar of proper planting dates for our area that may be of use to some of you. I am in no way suggesting that this is a total how to guide on cover crops or inclusive of all the upsides and downsides of utilizing cover crops.

At their minimum they:

- 1. Protect your soil from raindrop impact (the greatest cause of soil erosion)
- 2. Take up residual nutrients from previous crops and hold them for future crops

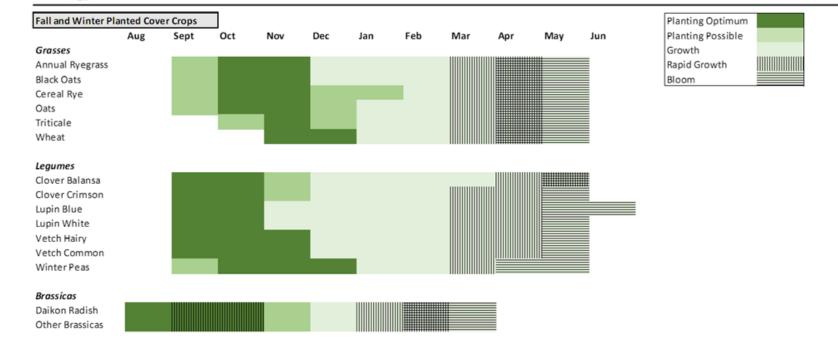
Cover crops can also:

- 1. Add nutrients to the soil if they are legumes (plants that fix nitrogen from the atmosphere)
- 2. Break hard pans with their roots, thus also leaving channes for future crops roots to travel down in search of water or in times of abundant rain, leave channels for water to flow out of your growing area down.

A few downsides:

- 1. If not terminated at the right stage, they can lock up those captured nutrients to the point where they will not be available for multiple months to a year.
- 2. Depending on the season, the cover crop can utilize all soil moisture and if rain does not come before you plant your actual crop, that would leave you planting in soil conditions that are too dry for your next crop to get off to a good start. (If irrigating this is a none issue.)

Source: https://southerncovercrops.org/cover-crop-resource-guide/row-crops/coastal-plain/planting-and-managing-cover-crops/planting-dates/
Cover Crop Planting, Growth and Bloom Windows for Row Crop Production in the Coastal Plain





Are you curious about insects – the good and the bad – in your landscape?

Join us the **Southeast Hokie BugFest** on October 14, 2023, from 10:00 a.m-2:00 p.m. at Lafayette Park, 3500 Granby St., Norfolk. This family-friendly event will allow you to learn why we need these creatures, how to find them and how to attract *or* discourage them. Come see the many vendors including live insect displays, vermicomposting, and "bug treats" and participate in an insect scavenger hunt, seed giveaway, and children's activities. This year we will also be joined on-site by the City of Norfolk Arbor Day Celebration as well as the Norfolk Master Gardener Plant Sale.



Bats aren't just decorations for Halloween; they are an important part of our ecosystem. Learn more with Leslie Sturges, President of Bat Conservation & Rescue of Virginia, as she discusses bat habitat, how our gardens can support them, and the pest control benefits bats provide. Her presentation will be held live via Zoom on October 16 at 7:00 p.m. The link will be available at https://www.vbmg.org/. If you can't make it, the presentation will be recorded and available at https://www.vbmg.org/gt-recordings.html along with our other 2023 Gardening Talks.





AS WE NEAR THE YEAR'S END, EVALUATE YOUR LAWN AND LANDSCAPE.

How did your plants perform this year?

Did you face any pest issues?

What changes will you make for 2023?

Let the VCE Master Gardener Volunteers help you with these and other gardening questions.

Our Extension Master Gardeners are available to help you by phone at 757-385-8156 or email vbmghelp@vbgov.com.

Commercial Pesticide Re-Certifications

For our Green Industry professionals, we will be offering commercial pesticide re-certifications classes starting in November 2023 for those who expire in June 2024.

We will offer multiple sessions prior to June 30, 2024.

Check our website at

https://virginia-beach.ext.vt.edu/programs/horticulture.html

for event details and contacts for registration.





Rain Barrel Workshop Coming Up Soon

Consider adding a **rain barrel** to your home and garden to capture rainwater and provide a free source of water for your plants.

At our workshops you'll learn about our local water systems and make a rain barrel to take home.

You can register for our last 2023 event on **October 7** event at https://www.vbmg.org/rain-barrels.html,

FAMILY AND CONSUMER SCIENCES

Karen Munden, Unit Coordinator, Senior Extension Agent

Immediate Past President, National Extension Association of Family & Consumer Sciences

Direct: 757-385-4263 | Main: 757-385-4769 | Fax: 757-385-5684 <u>kmunden@vbgov.com</u> or <u>kmunden@vt.edu</u>

What Type of Shopper Are You?

Have you ever taken the time to think about why and how you spend your money?

Have you ever noticed yourself spending money on items you really did not need or shopping because you had nothing better to do?

According to a study published by Clemson University, there are six types of shoppers.

The shoppers include Bargain Shoppers, Emotional Shoppers, Get-Even Shoppers, Status-Seeking Shoppers, Wishful Shoppers, and Satisfied Shoppers. At various times you could exhibit the characteristics of different shoppers. However, many of us have one or two dominant shopping traits that reveal the type of shopper we really are. If you are unsure about your dominant shopping characteristic answer the following questions honestly. Respond to the questions either Often, Sometimes, or Almost Never.

I enjoy sales so much that I purchase things I don't need or use.
I feel I am beating the system when I get items on sale or at a discount.
I am more interested in getting a bargain than what I buy.
I shop to make me feel better when I am unhappy or depressed.
I buy things I don't need to make me feel better.
I buy items when I am having a bad day.
I purchase items because I know it will annoy someone else.
I purchase items that I soon complain about or make me unhappy.
I feel neglected, so I purchase something even if I don't like it.
I am willing to pay more for items that make me stand out from the crowd.
I buy things that make me feel important.
I pay extra to get exactly what I want.
I purchase products that claim to hide my age.
I buy products that promise to make me feel younger, sexier, or better-looking.
I buy items to be more appealing to others.
I do comparison shopping and gather all the facts before I make a purchase.
l use facts and ignore marketing ads when l shop.
I have a strategy for shopping and purchasing items according to my plan.

FAMILY AND CONSUMER SCIENCES

continued - What Type of Shopper Are You?

If you responded *often* to two or more for questions 1 to 3, you may show traits of a Bargain Shopper. Bargain Shoppers are more interested in getting the items on sale or at a discount instead of what the item is or if it is truly useful. They may feel that they are beating the system when they are able to get items at a discount.

If you responded *often* to two or more for questions 4 to 6, you reveal traits of being an Emotional Shopper. Emotional Shoppers are individuals who purchase items in hopes that the item will brighten their day and make them feel better. The shopper may find that buying the item boosts their spirit, but this may be very costly.

Questions 7 to 9 with two or more responses of *often* reveals the Get-Even Shopper. Get-Even Shoppers often purchase items that will annoy others even if they cannot use the items. Sometimes individuals may feel neglected, they work hard, and no one notices, so they may purchase items to feel rewarded.

If you answered *often* to two or more for questions 10 to 12 you may exhibit characteristics of Status-Seeking Shoppers. Status-Seeking Shoppers are individuals who purchase items to be recognized as being special. Individuals will only shop for brand-name items when the store brand is less expensive and may have similar quality.

Responding *often* two or more times to questions 13 to 15 reflect the Wishful Shopper. Wishful Shoppers usually purchase items that promise to make them look and feel younger and more attractive.

Lastly, if you responded *often* to two or more to questions 16 to 18 you are classified as a Satisfied Shopper. Satisfied Shoppers generally shop around to ensure they get the best value for the items that they really need and use.

Knowing your dominant shopping characteristics can assist you when developing a Spending/Savings plan to make wise buying decisions and stay within your household budget. The plan can be beneficial when you are most vulnerable to exhibit shopping characteristics other than the Satisfied Shopper.

For additional Financial information and resources contact your local Family and Consumer Sciences Agent at 757-385-4769.

FAMILY AND NUTRITION PROGRAM

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The Virginia Family Nutrition Program

A Healthy Family Starts with *You!*



Team up with us to take charge of your health now!



Our free meetings:

- Offer hands-on sessions to inspire healthy living
- Teach participants how to cook delicious, low-cost recipes that fit into their budget
- Provide tips on meal planning and food shopping to save time and money
- Show ways to be more active
- Take place in group settings that encourage friendship and support a healthy living journey

Join Us!

For more information contact:

Jerome Lawrence
Virginia Cooperative Extension
Adult Food and Nutrition
Education Programs
(EFNEP/SNAP-Ed)

tyelaw@vt.edu jlawren@vbgov.com (757) 385-8154

Individual or group by phone, online or in-person

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Come join the Family Nutrition Program and get many of these FREE...



"I loved learning to prepare new health foods that fit in my budget."

"I realized how much sugar was in my drinks, made a change, and I've already lost a few pounds."

"Our group leader inspired me to make simple changes that have helped me feel great."

"I was so sad when the class was over. I'm ready to sign up again!"



Virginia Cooperative Extension

Virginia Tech • Virginia State University

Eat Smart · Move More

Virginia Cooperative Extension • Family Nutrition Program

www.ext.vt.edu

www.eatsmartmovemoreva.org

This institution is an equal opportunity provider. This material was funded by USDA's Supplemental Nutrition Assistance Program - SNAP, SNAP provides nutrition assistance to people with low income. Contact your county or city Department of Social Services or to locate your county office call toll-free: 1-800-552-3431 (M-F 8:15-5:00, except holidays).

The Virginia Family Nutrition Program

Walk and Talk About Moving More



Join me for a fun chat about being physically active while we walk together. Learn tips for staying active, cool, and healthy in the summer and ways to move more all year long.

> Follow Us | Like Us @VaFNP











Learn more! For more information contact:

Jerome Lawrence

Virginia Cooperative Extension

Adult Food and Nutrition **Education Programs** (EFNEP/Snap-Ed)

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If you are an individual with a disability and desire an accommodation, please contact me.









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4-H CLOVER CLIPS

October 2023 3rd Edition

Jonette Mungo, 4-H Youth Extension Agent Office: 757-385-8153 | Mobile: 276-728-8921 jmungo@vbgov.com



Growth and Impact

It is a new 4-H programming year and the horizon looks bright indeed. There are a ton of events and opportunities for youth and their family this fall. A few highlights are below.



Simply Southern Cooking with 4-H and Chef Kip Poole will use country ham as the featured ingredient as he combines the best traditional recipes and contemporary flavors to make your family's holiday menus worthy of enjoying all year long.

When: November 4, 2023, from 12pm-3pm

Where: VA Beach Masonic Lodge, 2849 Princess Anne Rd., VA Beach,

VA 23456

Cost: \$20 per person What's Included? • Recipe sampling

- Recipe sampling
- Hands-on demonstrations
- Door prizes
- Grandma's Traditional Recipe Contest (Optional) *

*If you'd like to participate in Grandma's Traditional Recipe Contest, bring a written copy of the recipe along with the cooked and covered version of the dish you'd like to submit for judging.

VIRGINIA BEACH 4-H HAM PROJECT

A TRUE VIRGINIA TRADITION

View the entire Ham Project
playlist at
https://www.youtube.com/c
hannel/UCBDOUIrE7nXDWBE



WE TEACH AND ASSIST WITH SALTING, SMOKING, AND SHOWING







Virginia Beach 4-H is on a mission to bring real-life relevancy to the school curriculum that allows students to engage with lessons on a deeper level. If students have a personal connection to the academic curriculum, they are more likely to remember the information and incorporate the knowledge into their everyday life.

The Ham Project addresses colonial food preservation, food insecurity, health and nutrition, food science, and entrepreneurship.

REGISTRATION OPENS: October 16, 2023 and an Zoom Interest meeting is 6:30pm, October 17, 2023. Go to this link for more information: https://sites.google.com/vt.edu/virginia-beach-4-h-inschools/4-h-ham-project







REBOOT

Central

interest

It's a new day and age for our Gen Z and Gen Alpha youth. The 4-H Teen Club is here with a

designed for an by VA

Join us on October 24, 2023, at the Meyera

Library for our first

Interest Meeting, from

6:00-7:00 pm. Come

when you can. It's

better to be late, than to not come at all to

first

FRESH

Beach Teens.

Oberndorf

this

meeting.

Virginia Beach 4-H Teen Club- REBOOT!!

4Teens are an important part of 4--H Youth Programming. At age 14 a teen can participate in our state and national level civic engagement opportunities. The VA Beach 4-H Teen Club gives teens a safe space to be who they are in a fun and inviting environment. Our Teen Club also trains our members how to present themselves to elected officials and speak on matters important to them and their community. We help youth find their voice and connect to a larger network of like-minded youth who want to make a positive impact no matter where their interests take them.









OCT 24. Central Libris Room 4100 Virginia Beach Blvd, Virginia

and desire assistance or

If you are a person with a disability

accommodation, please notify Jonette Mungo, 4-H Agent, at the Virginia Beach Extension Office at (757) 385-4769/TDD*) during business hours of 8 a.m. and 5 p.m. *TDD number is (800) 828-1120.

Contact Jonette Mungo, VA Beach 4-H Agent, for more information:

757-385-4769

jmungo@vbgov.com



www.ext.vt.edu.

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Club News

VA Beach has 12 active 4-H Clubs. Each one meets on a different day of the month. Open enrollment begins October 1.st.

A full list of clubs and club leader contacts can be found in our full-length 4-H publication located in our Clover Clips archive on our VA Beach Extension webpage - https://virginia-beach.ext.vt.edu/news/CloverClips.html

Craft Club

The Virginia Beach 4-H Craft Club will hold its first meeting of the new 4-H Year on October 9, 2023 at 6:30 p.m. at the Creeds Ruritan Community Complex at 1057 Princess Anne Rd., Virginia Beach. The Club meets October through May of each year. Membership is capped at 12 members and prior members are given priority membership acceptance. RSVP's are required a week before each meeting to make sure leaders have enough supplies for each 4-H'er.

This year club leaders are planning projects that include beads, paper, candy making, ornaments, and holiday crafts.

If you're interested in joining the Craft Club, contact the Club Leaders – Jean Powers, jeankpowers@aol.com or Rose Talbott, Sandcrab151@cox.net for more information.

Little Creek 4-H

Beginning September 13, the Urban Knights will begin meeting every Wednesday from 4-5 p.m., while the Cloverbuds will meet every Thursday from 4-5 p.m.

Officer elections were held on September 20 to get our new 4-H year started on track.

During the month of October, youth will participate in a variety of health and fitness activities, including soccer, healthy snacks, and an obstacle course.

During the fall our youth will be actively engaged in seasonal activities including a family holiday season bread baking activity.



Seahorse Riders Horse Club members at their September meeting.



Little Creek Cloverbuds at Mt. Trashmore







4-H Advisory Council

We are looking for more dedicated adults to be a guiding group for the direction of the VA Beach 4-H program. If you are a 4-H All-Star, have ever participated in 4-H as a youth or adult in VA Beach or other places, or have a passion for working with youth, please consider applying to be a member of our

4-H Advisory Council. We are accepting youths aged 14-19 and adults of all ages and professions. You can access the application at this link and QR code. Applications are being accepted from July 1-20th.

https://vce.az1.qualtrics.com/jfe/form/SV_bwPpXmr1YWsjFlA



PLEASE, TAKE OUR SURVEY.

Don't forget
we want to hear
from you and work
with you.



It is important that we hear from the community to help us identify areas of need for future programs from our Extension Office.

https://vce.az1.qualtrics.com/jfe/ form/SV_0jDP8lM9LGRydAq





You can find the full-length version of our Virginia Beach 4-H *Clover Clips Newsletter* on our webpage and social media sites.

https://virginia-beach.ext.vt.edu/news/CloverClips.html



Scan me to find all of our webpages and social media links in one place or follow this link. https://linktr.ee/Vabeach4 Jonette Mungo
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