

Pulling together your medical records

Please bring the following information to your first appointment:

- One valid photo identification (driver's license, state ID, military ID or passport).
- Current insurance card(s).
- A list of your current physicians with addresses and phone numbers.
- A detailed list of your medications, including:
 - Why you take them
 - Dose amount
 - How often you take them.
- Bring your pharmacy's contact information.
- A list of your allergies.
- Medical Power of Attorney and Living Will, if completed.
- Any additional information your Access Coordinator has asked you to bring.

What to bring to your first visit.

Your first appointment at UT Health Austin can be daunting. It is hard to know how to prepare for your first visit. In addition to your medical records, you may want to consider bringing:

- Driving and parking directions provided see the Patient Resources page.
- A small notebook for writing notes and questions.
- Comfortable clothing, shoes and something to keep you warm, such as a sweater or jacket
- A laptop or mobile device. You can use our free wireless network, *UTGuest*, to connect to the Internet.
- Snacks and drinks. Visit the Nourish Café, located on the first floor of the Health Transformation Building. Please note, the café only accepts credit or debit cards.
- A book or a magazine to read.

If you have questions, please call 1-833-UT-CARES or 833-882-2737.