Start My VR is an online self-referral form that offers a convenient way for Texans with disabilities to take the first step toward obtaining, retaining or advancing in employment. 

Follow the three steps listed here to get started. From there you will be connected with a Vocational Rehabilitation (VR) staff member to learn more about VR Services. Use your mobile phone to scan the QR code to access Start My VR.

Go online to the Start My VR portal and enter your information

Receive a confirmation Request Number

VR will contact you to discuss how VR services can benefit you

Questions? Contact us:
twc.texas.gov/VRNearMe
VR.office.locator@twc.texas.gov
512.936.6400
The VR program receives 78.7 percent of its funding through a grant from the U.S. Department of Education. For the 2021 Federal fiscal year, the total amount of grant funds awarded are $295,273,713. The remaining 21.3 percent ($79,915,249) are funded by Texas State Appropriations.

For purposes of the Supported Employment program, the VR agency receives 90 percent of its funding through a grant from the U.S. Department of Education. For the 2021 Federal fiscal year, the total amount of grant funds awarded are $1,471,020. The remaining 10 percent ($81,723) are funded by Texas State Appropriations.

For purposes of the Independent Living Services for Older Individuals who are Blind program, the VR agency receives 90 percent of its funding through a grant from the U.S. Department of Education. For the 2021 Federal fiscal year, the total amount of grant funds awarded are $2,189,102. The remaining 10 percent ($243,234) are funded by Texas State Appropriations. Revised March 2021.

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