Have you or a loved one been impacted by suicide or suicidal thoughts?

We want to hear about your experience.

UT Health Austin believes the best way to improve health care is by listening to individuals to better understand what matters most to them. We want to learn about your lived experience with suicide so that we can improve care, services, and support for others impacted by suicide and suicidal thoughts.

WHAT:
A confidential group discussion where you share your experience with and perspective on suicide and/or suicidal thoughts and hear from other people who have also been impacted by suicide.

WHY:
To enhance the care and outcomes of those who are struggling with suicide and to improve suicide prevention and care at UT Health Austin.

HOW:
Discussion groups of 3 to 8 people lasting 60-90 minutes. You will be placed in a group with others who share similar experiences. You will be compensated for your participation with a $50 gift card.

WHEN:
Multiple sessions will be scheduled based on the availability of participants (may include weekend sessions).

WHERE:
Virtually through secure Zoom meetings.

WHO:
People who are 18 years of age and older and are willing to share about their lived experience, including those who have:
- Had suicidal thoughts or behaviors
- Attempted suicide
- Supported a friend, family member, or colleague through a suicidal crisis
- Lost a loved one to suicide

For more information, please contact: zerosuicide@austin.utexas.edu