

## **DOCTORAL INTERNSHIP IN PSYCHOLOGY**

### **THE TEXAS CHILD STUDY CENTER**

The Texas Child Study Center (TCSC) was created in response to the need for pediatric mental health services and training for future clinicians in the Central Texas region. TCSC provides psychological services for Dell Children's Medical Center (DCMC) of Central Texas. TCSC is part of the Division of Psychology in the Department of Psychiatry at the University of Texas at Austin Dell Medical School. TCSC clinicians provide assessment and evidence-based treatment for children and adolescents with emotional, behavioral, and developmental disabilities, ranging from adjustment difficulties to more chronic medical and psychiatric conditions. Patients come from all socioeconomic strata and ethnic and racial backgrounds. Clinicians evaluate the impact of treatment on patients' symptoms and functioning using standardized assessment measures and provide feedback to patients and families on their progress. TCSC has many collaborations with medical services and clinics, including inpatient and specialty outpatient pediatric services at Dell Children's Medical Center, and primary care services in the community. Within these programs, clinicians provide assessment and treatment for children and adolescents presenting with a range of acute and chronic medical conditions to address co-occurring mental health issues, difficulty adjusting to a new medical diagnosis, developmental challenges that result from medical conditions, struggles with substance use disorders, and/or difficulty coping with pain. Clinicians also provide ongoing consultation to medical providers as part of interprofessional care teams that include social work, medicine (including psychiatry), nursing, physical therapy, nutrition, among other disciplines. Further, because youth are embedded within many social contexts, providers work with multiple systems, including families, schools, and communities.

### **THE INTERNSHIP TRAINING PROGRAM**

#### **PHILOSOPHY AND TRAINING MODEL**

The goal of the Texas Child Study Center (TCSC) doctoral internship program is to prepare trainees to become skilled and ethical psychologists who provide effective treatment and assessment to diverse clinical populations. Consistent with the scientist-practitioner model and the missions of Dell Children's Medical Center and UT Austin Dell Medical School, the integration of research and clinical practice is also emphasized. Interns are encouraged to formulate research questions related to their clinical interests, and to contribute to applied clinical research projects underway within program clinics. The TCSC Program aims to provide intensive broad- and evidence-based clinical training in pediatric and child clinical psychology or neuropsychology (track-dependent). Following a competency model of training, the goal of the program is to advance the knowledge, skills, and behaviors essential for entry-level practice as a pediatric or child clinical psychologist or pediatric neuropsychologist. A developmental training model is employed that emphasizes bio-psycho-social approaches. The focus is on building competencies in assessment and cognitive and behavioral methods for use with pediatric populations across inpatient, outpatient, primary care, and embedded subspecialty clinic settings. The TCSC Program also aims to train interns to work collaboratively with interprofessional teams of providers. Significant consideration is placed on the developmental stage of the intern with goals to increase autonomy, assist with emerging professional identity, and prepare interns for postdoctoral specialization.

Interns have rotations in assessment, outpatient therapy, integrated primary care, and pediatric subspecialty services. Assessment rotations include psychoeducational and neuropsychological testing, developmental assessments, and risk assessments in a pediatric emergency department. Outpatient therapy rotations take place in specialized clinics that provide evidence-based treatments. Pediatric rotations include consultation and liaison work with inpatient medical teams, integrated primary care, and embedded work within pediatric subspecialty clinics (pediatric cancer, consultation-liaison service, developmental-behavioral pediatrics, TBI/concussion, epilepsy, and GI).

### **TEXAS CHILD STUDY CENTER**

**TRAINING GOALS AND OBJECTIVES**

<b>Goal</b>	<b>Objectives</b>
1. To demonstrate behavior and comporment that reflect the values and attitudes of psychology.	<ul style="list-style-type: none"> <li>a. Interns will display behavior consistent with professional values of psychology</li> <li>b. Interns will demonstrate effective interactions with other professionals</li> <li>c. Interns will display development of professional identity</li> </ul>
2. To demonstrate awareness, sensitivity and skills in working professionally with diverse individuals, groups and communities who represent various cultural and personal background and characteristics	a. Interns will demonstrate awareness of self and others as shaped by individual and cultural diversity (e.g., cultural, individual, and role differences, including those based on age, gender, gender identity, race, ethnicity, culture, national origin, religion, sexual orientat ion, disability, language, and socioeconomic status) and context
3. To apply ethical concepts and awareness of legal issues regarding professional activities with individuals, groups, and organizations	<ul style="list-style-type: none"> <li>a. Interns will demonstrate knowledge of ethical, legal and professional standards and guidelines</li> <li>b. Interns will demonstrate ethical decision making and conduct</li> </ul>
4. To conduct practice with personal and professional self-awareness and reflection	<ul style="list-style-type: none"> <li>a. Interns will demonstrate self-assessment and reflection of clinical work</li> <li>b. Interns will display effective participation in supervision process</li> </ul>
5. To develop and apply understanding of biological bases of behavior, cognitive-affective bases of behavior, and development across the lifespan to clinical work and research projects.	<ul style="list-style-type: none"> <li>a. Interns will demonstrate understanding of the scientific foundation of psychology</li> <li>b. Interns will display research/evaluation skills</li> <li>c. Interns will display program evaluation skills</li> </ul>
6. To develop and refine skills in psychological/neuropsychological assessment (track dependent)	<ul style="list-style-type: none"> <li>a. Interns will demonstrate knowledge of assessment methods</li> <li>b. Interns will display application of assessment methods</li> <li>c. Interns will display diagnostic skills</li> <li>d. Interns will display communication of assessment findings: Report Writing</li> <li>e. Interns will demonstrate communication of assessment findings: Feedback</li> </ul>
7. To develop and refine skills in psychological intervention	<ul style="list-style-type: none"> <li>a. Interns will demonstrate knowledge of evidence-based practice</li> <li>b. Interns will demonstrate intervention planning skills</li> <li>c. Interns will demonstrate intervention skills</li> <li>d. Interns will demonstrate evidence-based intervention implementation proficiency</li> <li>e. Interns will display progress evaluation</li> </ul>
8. To provide expert guidance or professional assistance to other systems (e.g. schools, medical team, community program) in response to a client’s needs or goals.	<ul style="list-style-type: none"> <li>a. Interns will demonstrate understanding of the role of consultant</li> <li>b. Interns will display skills in consultation</li> </ul>
9. To develop skills in the assessment and treatment of children with acute and chronic medical illness.	<ul style="list-style-type: none"> <li>a. Interns will demonstrate knowledge base of pediatric psychology</li> <li>b. Interns will act as effective member of multidisciplinary team</li> <li>c. Interns will demonstrate intervention skills</li> </ul>
10. To develop skills in risk assessment and intervention	<ul style="list-style-type: none"> <li>a. Interns will demonstrate risk assessment skills</li> <li>b. Interns will display intervention and safety planning skills</li> </ul>
11. To develop skills in the supervision and training of others.	<ul style="list-style-type: none"> <li>a. Interns will demonstrate knowledge of roles and procedures</li> <li>b. Interns will display supervision skills development</li> </ul>

**STRUCTURE**

TCSC Interns participate in a range of activities including diagnostic evaluations, individual, group, and family therapy, psychological assessment, and interprofessional consultation. The 12-month internship program begins July 1<sup>st</sup> and it is designed to be carried out over 40-50 hours per week, though actual time may vary due to extra time needed to complete reports and other paperwork, make telephone contacts, or to attend special meetings such as school and patient care conferences. The completion of at least 2,000 total hours is required to complete the internship program with at least 25% of interns’ time spent in direct patient care (face-to-face). The internship precedes the granting of a doctoral degree and is post-practicum/externship.

The TCSC Internship Program holds itself to the highest standards of ethical and professional conduct, as outlined in the APA “Ethical Principles of Psychologists and Code of Conduct.” TCSC staff and supervisors are considered professional role models, and interns are entitled to fair treatment and due process, should grievances arise.

**DESCRIPTION OF TRAINING ACTIVITIES**

The TCSC Internship currently has two possible training tracks: (1) Pediatric Integrated Care (4-interns) and (3) Pediatric Neuropsychology (2-interns). The Pediatric Integrated Care and the Pediatric SUDs Prevention and Treatment Tracks are supported by funding from the Health Resources and Services Administration (HRSA) in the form of a Behavioral Health Workforce Education and Training (BHWET) grant. Funding for a third track focusing on Pediatric Substance Use Disorders Prevention and Treatment (2-interns) will be added in 2021-2022, which is supported by an HRSA Opioid Workforce Expansion Program (OWEP) grant. Weekly activities are roughly as follows. Note that these are the lower limit of hours:

**Weekly Training and Service Activities by Category**

<b>SERVICE DELIVERY: Pediatric Integrated Care</b>	
Clinical Services – Integrated Primary Care	7
Clinical Services – Outpatient Psychotherapy	5
Clinical Services – Pediatric	7
<i>Percentage of Total Time</i>	48%
<b>SERVICE DELIVERY: Pediatric Neuropsychology</b>	
Clinical Services – Neuropsychological Assessment	10
Clinical Services – Pediatric Subspecialty Neuropsychological Assessment	5
Clinical Services – Outpatient Psychotherapy	4
<i>Percentage of Total Time</i>	48%
<b>TRAINING &amp; SUPERVISION</b>	
Individual Supervision	3
Group Supervision	2
Seminars	2
Other Group Meetings (case conferences, TD meeting, peer supervision)	2
<i>Percentage of Total Time</i>	22%
<b>ADMINISTRATIVE / OTHER</b>	
Clinical Preparation	5
Documentation	5
Consultation/Collaboration with other professionals	2
<i>Percentage of Total Time</i>	30%
<b>TOTAL HOURS</b>	<b>40</b>

**Pediatric Integrated Care Track (4 interns)**

Interns interested in this track should be committed to a career working within integrated health settings with underserved youth. Rotations consist of training in integrated primary care, outpatient child and adolescent psychotherapy, and embedded pediatric psychology subspecialty clinics.

<b>Integrated Primary Care Intervention and Consultation (all year):</b> Integrated care at a community-based primary care clinic	
<b>TCSC Outpatient Psychotherapy (all year):</b> Texas Child Study Center outpatient clinic	
<b>Pediatric Psychology (6-mos):</b> Subspecialty Pediatric Clinics, Dell Children’s Medical Center	<b>Pediatric Psychology (6-mos):</b> Inpatient Medical Consultation Service   Emergency Department, Dell Children’s Medical Center

**Pediatric Neuropsychology Track (2 interns)**

Interns interested in this track should be committed to a career in pediatric neuropsychology, potentially in a medical setting, including working towards board certification in neuropsychology. Major rotations emphasize the assessment of medically complex and fragile children or pediatric patients with various forms of cancer and blood disorders. Minor rotations include training in pediatric subspecialty neuropsychological assessment (i.e. Epilepsy, TBI/Concussion Clinic) and outpatient child and adolescent psychotherapy.

<b>Neuropsychology Assessment Major (6- or 12-mos):</b> Children’s Comprehensive Care Clinic	<b>Neuropsychology Assessment Major (6- or 12-mos):</b> Children’s Blood and Cancer Center
<b>Neuropsychology Assessment Minor (6-mos):</b> DCMC Pediatric Subspecialty Neuropsychology: Epilepsy	<b>Neuropsychology Assessment Minor(6-mos):</b> DCMC Pediatric Subspecialty Neuropsychology: TBI/ Concussion Clinic
<b>TCSC Child and Adolescent Psychotherapy (all year):</b> Texas Child Study Center outpatient clinic	

**TRAINING ROTATIONS FOR ALL TCSC INTERNSHIP TRACKS**

**MAJOR ROTATIONS**

**Primary Care Intervention and Consultation (Peds IC)**

Through this rotation, interns work collaboratively with the medical team to promote well-child prevention of behavioral health issues, as well as screening, assessment, consultation, and brief intervention for psychological/psychiatric concerns. Primary care settings range from urban Federally Qualified Health Centers to private, sub-urban community-based clinics, serving a broad range of underserved youth and family needs. As part of this integrated care team, interns are expected to participate in team meetings and staffings and provide the site with education about topics related to psychology and integrated behavioral health. Interns participating in this track are required to complete activities related to the objectives and goals of the grant, including participation in outreach to the community and to their primary care site (develop practice guidelines, anticipatory guidance materials for patients’ after-visit-summaries, in-service training for providers, or other educational products), and participating in all intensive workshops offered as part of the internship program.

**TCSC Outpatient Psychotherapy**

Through the Outpatient Psychotherapy Program, interns will gain experience in providing diagnostic evaluations and providing intervention to a diverse caseload. Interns gain experience in both broad-based outpatient treatment and specific evidence-based protocols. For their outpatient specialty clinic work, interns are trained and expected to use a flexible, modular approach to treating depression, anxiety, and behavioral problems. Interns will either focus their specialty clinic work on behavioral disorders, internalizing disorder, or neurodevelopmental disorders. Additionally, each intern will carry a general outpatient caseload that includes children with a wide range of presenting issues that range from adjustment disorders to autism and eating disorders, and children with complex comorbidities and psychosocial stressors. Interns will learn to develop comprehensive case conceptualizations and integrative treatment plans.

***Child and Adolescent Outpatient Psychotherapy (Peds Neuro):*** Neuro track interns learn evidence-based practice principles for treating children and adolescents with a variety of presenting needs. Cases with neurodevelopmental disorders, medical complexities, and other concerns often overlapping with the need for neuropsychological care are prioritized. One of the psychotherapy goals for neuro track interns is to provide a broad exposure to treatment approaches rather than limiting their training to a specific clinical population. However, neuro track interns with specific training interests and goals may also consider training within one of the more specialized outpatient therapy clinics (described below).

***Behavioral Disorders Clinic (Peds IC):*** In the behavioral disorders clinic, interns will use a variety of evidence-based parent training programs, including but not limited to Parent Child Interaction Therapy (PCIT), Barkley's Defiant Child, and Collaborative Problem Solving (Ross Greene). Interns will participate in PCIT didactic training, carry a PCIT caseload, and receive live supervision for each session. Interns may elect to earn PCIT certification within the internship training year.

***Internalizing Disorders Clinic (Peds IC):*** This specialty clinic is designed for youth presenting with an anxiety or depressive disorder as a primary diagnosis. Many of these patients are referred from inpatient medical teams and carry co-morbid medical concerns. The program uses time-limited cognitive behavioral protocols that have been empirically supported. Interns will learn to use a variety of evidence-based protocols including cognitive behavioral therapy for depression and exposure therapy for anxiety, including exposure and response prevention.

***Family STARS Clinic (Peds IC):*** Family Skills Training for ADHD and Related Symptoms is a family-based behavioral therapy designed for children ages 6-12 who have been diagnosed with Attention-Deficit/Hyperactivity Disorder (ADHD) and/or Oppositional Defiant Disorder (ODD). Interns learn to deliver manualized Parent Management Training (PMT) as well as Child Skills Training (CST) to address behavioral, emotional and cognitive self-regulation problems that interfere with child functioning across home, school, and peer settings. Interns will also participate in vertical supervision, contributing to the training and oversight of doctoral practicum students participating on the Family STARS Team.

**Major Neuropsychological Assessment Rotations**

During these rotations, interns gain experiences in conducting neuropsychological assessments to address the complex medical and psychological needs of pediatric patients within medical and outpatient settings. There are two major rotations that take place in either the Children's Blood and Cancer Center (CBCC) or the Children's Comprehensive Care Clinic (CCCC). Interns may choose a 12-month major rotation or elect to participate in two 6-month rotations (at CBCC and CCCC). Neuropsychology Track interns also participate in pediatric subspecialty training within the DCMC Epilepsy and Concussion/Cognitive Rehabilitation Clinics. Interns in this track participate in a minor rotation in Outpatient Psychotherapy learning to implement evidence-based treatments and

treating children and adolescents seeking care for a broad range of behavioral and mental health concerns. Additional neuropsychology case presentations and didactics are provided within this track to support interns' pursuit of careers in pediatric neuropsychology, including plans for future board certification.

***Children's Blood and Cancer Center (Peds Neuro):*** During this 6- or 12-month rotation (per intern request), interns develop and refine skills in neuropsychological assessment in the Children's Blood and Cancer Center (CBCC). Populations seen at the CBCC for neuropsychological testing are primarily be comprised of pediatric patients with the following diagnoses: brain tumors, leukemia, and sickle cell disease. Oncology cases will be seen for testing both at baseline (prior to disease treatment) as well as into survivorship to monitor for late effects of treatment. Interns will interview, observe behavior, administer, score and interpret a variety of measures, formulate diagnoses and recommendations, write a comprehensive report based on their findings, and provide oral feedback to patients, families, and medical providers.

***Children's Comprehensive Care Clinic (Peds Neuro):*** During this 6- or 12-month rotation (per intern request), interns will develop and refine skills in neuropsychological assessment in the Children's Comprehensive Care Clinic (CCC). Populations at the CCC are comprised of a medical home for medically complex and fragile children (common diagnoses include sequelae of extreme prematurity, tuberous sclerosis complex, and genetic disorders). The CCC serves as the primary care home for these children. The setting is multidisciplinary and includes physicians, behavioral health, interpreters, social work, child life, and other professionals with whom the intern interacts and communicates closely. Interns are expected to complete approximately one assessment per week. Interns interview, observe behavior, administer, score and interpret a variety of measures, formulate diagnoses and recommendations, write comprehensive reports based on their findings, and provide oral feedback to patients, families, and medical providers.

## MINOR ROTATIONS

### Pediatric Subspecialty Clinic Services

Interns will have the opportunity to participate in two 6-month rotations at Dell Children's Medical Center, including the medical inpatient Consultation-Liaison Service, Emergency Department, and embedded multidisciplinary care in clinics.

***Inpatient Medical Consultation-Liaison Service (Peds IC):*** The Consultation-Liaison Service provides integrated behavioral and mental health support to medical teams and their patients at DCMC. C-L combines psychological and psychiatric care and provides training in assessment, consultation and brief intervention, including the management of psychiatric emergencies. Interns learn how to apply evidence-based practice principles to pediatric patients presenting primary medical needs with associated behaviors that are interfering with their care. The experience in the Consultation-Liaison Service includes both direct service to patients and the development of hospital protocols to assist physicians, patients, and staff. Interns collaboratively work on a team of psychologists, psychiatrists, residents, and fellows.

***Emergency Department (Peds IC):*** In the Emergency Department, interns gain competency in suicide and homicide risk assessment, interprofessional communication, and support to families coping with an accidental trauma. Interns learn to conduct comprehensive suicide/homicide risk assessments, gain an understanding of potential risks, develop safety plans (collaboratively with the patient and family), and recommend and facilitate patient access to appropriate levels of care. Interns also learn to effectively communicate about assessment and plan to medical professionals, including social work supervisor and ED nurses and physicians.

***Developmental-Behavioral Pediatrics (Peds IC):*** The Development-Behavioral Pediatrics clinic is a specialty outpatient clinic that provides diagnostic evaluations, consultation, and therapeutic interventions for children with developmental and behavioral concerns. Primary referral concerns typically include autism, developmental delay, ADHD and follow-up for infants and children up to age 14 who are at risk for developmental delay due to premature birth or other perinatal events. This program collaborates with speech therapists, occupational therapists and physical therapists from Dell Children's Rehabilitative Services, in addition to the psychological services through the Texas Child Study Center. Interns work as part an interdisciplinary team to offer a multidisciplinary approach to the diagnosis and monitoring of children with neurobehavioral conditions such as ADHD, autism, speech/language disorders, dyspraxia and developmental delay. The clinic also provides developmental follow-up for NICU graduates and children with Down Syndrome. Interns will also learn to use evidence-based interventions, including Parent-Child Interaction Therapy (PCIT), as well as cognitive-behavioral interventions for children and their families. Interns receive live supervision and see preschool and school-age children presenting neurodevelopmental disabilities and co-occurring internalizing or externalizing disorders.

***Children's Blood and Cancer Center (CBCC) Pediatric Psychology (Peds IC):*** The Embedded Clinic at the CBCC serves the emotional, behavioral, social, and neuropsychological needs of youth, parents, and siblings who are impacted by blood disorders and cancer diagnoses. Interns in CBCC rotations gain experience in programs that include: (a) Consultation-Liaison Services for patients undergoing acute inpatient medical care, and (b) the CBCC Behavioral Medicine/Psychology Program that offers individual, family and group therapies lower the distress and related functional impairments that are often associated with complex medical needs as well as challenges adhering to demanding medical treatment protocols. Interns maintain a caseload of 2-4 CBCC consultation & liaison cases, and 2 individual cases as part of the therapy program at the CBCC. Additionally, the intern will be expected to shadow participate in various multidisciplinary projects within the CBCC.

***Gastrointestinal Collaborative Abdominal Pain (GI-CAP) Programs (Peds IC):*** The Collaborative Abdominal Pain (CAP) Program is a multidisciplinary clinic created to treat youth with functional abdominal pain. The 7-week outpatient program includes CBT, plus hypnosis, with a 3-month follow-up. Interns are an active member of a multidisciplinary team and learn to deliver CBT interventions designed to (a) improve youth's understanding of their pain condition and (b) help youth develop pain management skills to improve functioning. Interns will also gain exposure to hypnosis as a mind-body intervention (provided by trained professionals within the clinic).

***Pediatric Dermatology (Peds IC):*** The pediatric dermatology clinic is an embedded subspecialty clinic serving patients diagnosed with a primary skin condition. Interns learn about common skin disorders and how to apply existing cognitive-behavioral skills to children and adolescents experiencing difficulties related to their skin. Common referral questions include excessive scratching, medical non-adherence, acceptance of disease, needle phobia, anxiety and depression. Interns also have opportunities to provide behavioral consults and engage in training activities with the pediatric dermatology residents and medical students.

***TBI/Concussion Clinic (Peds Neuro):*** Neuropsychology Track Interns participate in this 6-month minor rotation with a Dell Children's Medical Center Neuropsychologist. The TBI/Concussion Clinic is a multi-disciplinary clinic through which interns gain experience with brief, targeted neurocognitive screening with children and adolescents who have sustained mild to moderate traumatic brain injuries. Interns participate in case reviews, conduct targeted interviews, test and score a brief neurocognitive battery, provide same-day feedback to families, develop individualized treatment plans to support ongoing recovery, and write brief reports. Depending on interest and availability, additional experience on the Inpatient Rehabilitation Unit at DCMC is possible.

**Comprehensive Epilepsy Program (Peds Neuro):** The epilepsy rotation includes presurgical and postsurgical neuropsychological assessments, as well as general epilepsy inpatient and outpatient evaluations. The intern also gains exposure to different presurgical diagnostic modalities including but not limited to Wada testing, fMRI, MEG, EEG and electrocorticography. The intern may also attend weekly interdisciplinary surgical conferences that include epileptologists, neurologists, neurosurgeons, neuropsychologists, neuroradiologists, psychiatrists, nurse practitioners, nurses, social workers and child life specialists.

**Other Possible Pediatric Subspecialty Programs (Peds IC):** These rotations offer interns the opportunity to gain experience working with patients in other pediatric sub-specialty services. Options for this rotation may include clinics for allergy, pain management, cardiology, and sleep medicine. Interns will provide individual and family-based assessment, consultation, and therapy services to children from these clinics. Interns also serve as members of multidisciplinary treatment teams for these clinics and may participate in weekly care conferences and co-visits. The availability of these varies by training cycle, depending upon the current clinical space and supervision resources available.

**DIDACTICS**

Interns from all tracks participate together in 2-3 hours of didactics per week, including seminars in pediatric psychology, neuropsychology, integrated health, and diversity issues. These seminars serve the purpose of integrating clinical case material, theory, research, cultural diversity, and professional issues. Some didactics are open to trainees from other disciplines (e.g. pediatrics, social work, psychiatry) and from a range of training levels (e.g. practicum students and postdoctoral fellows). Interns also participate in a monthly interprofessional outpatient case conference and a monthly meeting of psychology trainees and the Training Director.

Unique to the TCSC Internship Program there are additional didactic programs offered to provide specialty training in Integrated Behavioral Health and Neuropsychology. Interns in the Peds Integrated Track participate in the HRSA funded Integrated Behavioral Health Scholars Program at the University of Texas, which provides an additional 20-hours of expert instruction in Motivational Interviewing, Modular Approach to Therapy with Children (MATCH) training, and brief family and cognitive-behavioral interventions. Neuro Track Interns participate in approximately 20-hours of neuropsychology-focused case presentations, didactics, and professional development trainings. Neuro Track learning experiences are facilitated by both pediatric and adult neuropsychologists from the Department of Neurosciences at UT Austin Dell Medical School. Interns are offered the opportunity to attend other hospital didactics as desired, such as psychiatry rounds, neurology rounds, and grand rounds.

**SUPERVISION**

Interns in all tracks receive supervision for all clinical activities. Supervisory hours are adjusted to meet the intern’s needs, with the following being an estimate of weekly supervision:

Pediatric Integrated Care Track:

Primary Care Rotation	1 hour (individual)
General Outpatient	2 hours (1 individual, 1 group)
Pediatric Rotation	2 hours (1 individual, 1 group)

Pediatric Neuropsychology Track:

Major Rotation: Neuropsychological Assessment	2 hours (individual)
Minor Rotation: Neuropsychological Assessment	1 hour (individual)
Outpatient Therapy	2 hours (1 individual, 1 group)

The majority of supervision is provided by licensed psychologists, with at least 2-hours of individual supervision being provided by psychologists licensed in Texas. Note that for the consultation and emergency department services, live supervision by attending psychologists, social workers, or psychiatrists supplements the group or individual supervision provided, and for the primary care track some onsite supervision may come from licensed social workers and/or licensed professional counselors.

Interns are expected to come to supervision prepared with case conceptualizations and/or testing data. The framework for supervision takes environmental, cultural, developmental, and family systems factors into account in case conceptualization.

### **RESEARCH**

The primary focus of the internship year is on clinical training; however, research training and supervision are available to interns on an individualized basis, provided they have completed their dissertation requirements. There are many ongoing intervention research projects at the Texas Child Study Center, many of which are collaborations with physicians at Dell Children's Medical Center. Most interns will be involved in these research projects by providing the clinical services being evaluated. Interns may also have the opportunity to work directly on these projects (data collection and analysis, writing). For interns with continued dissertation responsibilities, the Department of Psychiatry provides unique methodological consultation and mentorship with its own, dedicated social scientist.

### **SALARY, BENEFITS, AND RESOURCES**

The yearly stipend for the internship program is \$28,352. Interns are considered Visiting Scholars by the University of Texas at Austin Dell Medical School and receive a stipend. Health insurance must be purchased by the intern, and the program provides an additional monthly stipend of \$333 to help offset these costs, up to \$4,000 for the year. Interns have access to UT Student Insurance Programs, which provide a broad range of benefits at a lower cost to students and affiliated scholars. Interns also have access to the University of Texas library (online and on campus), Dell Children's Medical Center technological support, and Texas Child Study Center administrative staff. Interns have a designated work space with lockable cabinets and drawers, a computer, and access to a phone. Ample space is available for therapy and assessment through a sign-out system.

### **REQUIREMENTS FOR COMPLETION OF INTERNSHIP:**

Interns will receive a certificate of completion at the end of the internship year upon satisfaction of the following:

1. Completion of 2000 hours (12-months full time) during the internship year.
2. Satisfactory performance and progress in clinical work and professional conduct as measured by bi-yearly evaluations.
3. Attendance in seminar programs and clinical staff meetings.

### **ACCREDITATION STATUS:**

The Texas Child Study Center Internship program is accredited by the [Commission on Accreditation, American Psychological Association](#).

Questions about the internship program may be directed to the Training Director, Dr. David F. Curtis: [dfcurtis@austin.utexas.edu](mailto:dfcurtis@austin.utexas.edu). Administrative and other questions about the application process may be directed to the TCSC Education Coordinator, Jeff Daily: [Jeff.Daily@austin.utexas.edu](mailto:Jeff.Daily@austin.utexas.edu). Questions specifically related to the program's accreditation status should be directed to the Commission on Accreditation:

[Office of Program Consultation and Accreditation](#)  
*American Psychological Association*  
750 1st Street, NE, Washington, DC 20002  
Phone: (202) 336-5979 | Email: [apaaccred@apa.org](mailto:apaaccred@apa.org)  
Web: [www.apa.org/ed/accreditation](http://www.apa.org/ed/accreditation)

**APPIC Membership Status:** The Texas Child Study Center Internship program is a participating member of APPIC.

### **APPLICATION AND SELECTION PROCEDURES**

The Texas Child Study Center Internship program currently offers eight full-time positions. The program is a member of APPIC, participates in the APPIC Match, and adheres to APPIC Match Policies. The Texas Child Study Center adheres to a policy of nondiscrimination in the recruitment of employees or trainees. Applicants are expected to have completed basic coursework in assessment, psychodiagnostics, psychopathology, and psychotherapeutic interventions prior to internship training. Applicants must use the Online AAPI to apply to the program. The application deadline is November 1st.

A complete application consists of the following materials:

1. A completed Online AAPI (APPIC's standard application)
2. Curriculum Vitae (as part of the online AAPI)
3. Official transcript(s) of all graduate work
4. Three letters of recommendation, two of which must be from persons who have directly supervised your clinical work (as part of the online AAPI).
5. *For Pediatric Neuropsychology Track only:* Sample de-identified assessment report

All application materials must be submitted through the AAPI online portal and received by November 1<sup>st</sup> in order to be considered. If applicants are invited to interview, they will be notified by email no later than the end of the second week of December. In person interviews are required for applicants to be considered and will be held between the last two weeks of December and the first two weeks of January.

Texas Child Study Center looks for the following qualifications in applicants

1. Minimum of 1,000 combined doctoral assessment and intervention hours at the time of application. Please note that while the directory indicates a minimum of 500 assessment hours and 500 intervention hours, the proportion of these hours can be weighted in a manner that represents applicants' specific training background and interest (e.g. It would be acceptable for a pediatric neuropsychology track applicant to have 600 assessment hours and 400 intervention hours).
2. Dissertation proposal defended by the application due date.
3. Strong practicum experience working with children and adolescents, preferably within a medical setting.
4. Coursework in child development and/or developmental psychopathology. Coursework and practicum work in cognitive behavioral therapy is strongly preferred.
5. For neuropsychology track applicants, coursework that conforms to Houston conference guidelines is preferred.
6. Enrolled in an APA accredited doctoral program in Clinical, School, or Counseling Psychology.

Questions regarding the application or interview process may be directed to the Training Director.

**INTERNSHIP TRAINING FACULTY**

David F. Curtis, Ph.D., Licensed Psychologist (Texas)  
Director of Psychology Training  
Outpatient Therapy Supervisor, Pediatric Rotation Supervisor

Janie Black, Ph.D., Licensed Psychologist (Texas)  
Child and Adolescent Outpatient Therapy Supervisor  
Bilingual Training

Meredith Brinster, Ph.D., Licensed Psychologist (Texas)  
Developmental and Behavioral Pediatrics at Capital Plaza  
Developmental Assessments and Consultations

Mariel Cannady, Psy.D., Licensed Psychologist (Texas)  
Developmental and Behavioral Pediatrics at Capital Plaza  
Outpatient Therapy Supervisor, Behavior Therapy

David Heckler, Ph.D., Licensed Psychologist (Texas)  
Internalizing Disorders Clinic; GI Clinic  
Texas Child Study Center Outpatient Therapy Supervisor, Pediatric Rotation Supervisor

Sasha Jaquez, Ph.D., Licensed Psychologist (Texas)  
Children's Blood and Cancer Center; Dermatology; Allergy and Immunology  
Outpatient Therapy Supervisor, Pediatric Rotation Supervisor

Alexandra Lamari-Fisher, Ph.D., Licensed Psychologist (Texas)  
Dell Children's Medical Center Cardiovascular Care  
Pediatric Consultation and Liaison Rotation Supervisor

Marcella Maxwell, MA, LMFT, LPC (Texas)  
Director, Dell Children's Educational Advocacy Program  
Educational Advocacy Supervisor

Lynn Monnat, Ph.D., Licensed Psychologist (Texas)  
Externalizing Disorders Clinic; Trauma Team  
Texas Child Study Center Outpatient Therapy Supervisor

Puja Patel, Ph.D., Licensed Psychologist (Texas)  
Children's Blood and Cancer Center; Long-term Survivors Clinic  
Outpatient Therapy Supervisor, Pediatric Rotation Supervisor

Jeff Shahidullah, Ph.D. Licensed Psychologist (Texas)  
Developmental and Behavioral Pediatrics, Cedar Park  
Outpatient Therapy Supervisor, Pediatric Primary Care Supervisor

Hani Talebi, Ph.D., Licensed Psychologist (Texas)  
Dell Children's Medical Center Inpatient Medical Consultation & Liaison Service  
Pediatric Consultation and Liaison Rotation Supervisor

**Pediatric Neuropsychology Supervisors** (UT Austin Dell Medical School, Neurosciences Department;  
Dell Children's Medical Center):

Rosario DeLeon, Ph.D., Licensed Psychologist (Texas)  
Children's Blood and Cancer Center  
Neuropsychological Assessment Supervisor  
Bilingual Training

Emily Greenspahn, Ph.D., Licensed Psychologist (Texas)  
Children's Blood and Cancer Center  
Neuropsychological Assessment Supervisor

Kelly Jones, Ph.D., Licensed Psychologist (Texas)  
Dell Children's Medical Center, Rehabilitation Unit  
Neuropsychological Assessment Supervisor

Nancy Nussbaum, Ph.D., ABPP-CN  
Dell Children's Medical Center, Neurology and Epilepsy Care  
Neuropsychological Assessment Supervisor

Amanda Winter-Greenberg, Ph.D., Licensed Psychologist (Texas)  
Dell Children's Medical Center, Comprehensive Care Clinic  
Neuropsychological Assessment Supervisor; Chair, Neuropsychology Didactics

**Adjunct Pediatric Primary Care Supervisors:**

Lovina Bater, Ph.D., Provisionally Licensed Psychologist (Texas)  
Lead Behavioral Health Clinician (BHC)  
Austin Health Partners: Cedar Park Pediatric and Family Medicine, Southwest Pediatrics, Treehouse Pediatrics

Katie Drees, MA, LPC (Texas)  
Behavioral Health Clinician (BHC)  
Austin Health Partners: Cedar Park Pediatric and Family Medicine, Southwest Pediatrics, Treehouse Pediatrics

Wendy Salazar, LPC (Texas)  
Integral Care-Emerge Practice Manager II  
CommUnity Care, CuC East and CuC North-Central  
Austin, Travis County Integral Care