

※スケジュールやプログラム、担当インストラクターは変更となる場合があります

DATE	PROGRAM	INSTRUCTORS
9/8 (Mon) 11:45 - 12:30 (45)	 GROUP CENTERGY	 Eri
9/8 (Mon) 13:00 - 13:30 (30)	 GROUP ACTIVE	 Eri
9/8 (Mon) 15:30 - 16:00 (30)	 R30	 Saori
9/8 (Mon) 16:30 - 17:00 (30)	 GROUP CENTERGY	 Saori
9/9 (Tue) 14:30 - 15:15 (45)	 GROUP POWER	 Hiro
9/11 (Thu) 13:30 - 14:15 (45)	 GROUP ACTIVE	 Chika
9/11 (Thu) 14:45 - 15:15 (30)	 GROUP POWER	 Chika

DATE	PROGRAM	INSTRUCTORS
9/12 (Fri) 11:00 - 11:30 (30)	 MOVE30	 Kiku
9/12 (Fri) 12:00 - 12:45 (45)	 GROUP BLAST	 Kiku
9/12 (Fri) 14:30 - 15:00 (30)	 GROUP CORE	 Matsu
9/12 (Fri) 15:30 - 16:00 (30)	 3D30	 Matsu
9/22 (Mon) 10:30 - 11:15 (45)	 GROUP groove	 Kyo
9/22 (Mon) 11:45 - 12:30 (45)	 GROUP CENTERGY	 Eri
9/22 (Mon) 13:00 - 13:30 (30)	 GROUP ACTIVE	 Eri
9/25 (Thu) 13:30 - 14:15 (45)	 GROUP ACTIVE	 Chika
9/25 (Thu) 14:45 - 15:15 (30)	 GROUP POWER	 Chika

DATE	PROGRAM	INSTRUCTORS
9/26 (Fri) 11:00 - 11:30 (30)		 Kiku
9/26 (Fri) 12:00 - 12:45 (45)		 Kiku
9/26 (Fri) 14:30 - 15:00 (30)		 Matsu
9/26 (Fri) 15:30 - 16:00 (30)		 Matsu

