



REGEN Camp Packing List

LUGGAGE & TRAVEL

- One suitcase
- One carry-on for the bus
- Spending money for bus stops
- Spending money for camp

SLEEPING & PERSONAL CARE

- Sleeping bag & pillow
- 2 towels
- Toiletries
- Deodorant

OUTDOOR ESSENTIALS

- Sunscreen
- Bug spray
- Flashlight
- Waterproof jacket
- Warm evening clothes
- Reusable water bottle

CLOTHING

- Athletic shoes
- Wet/muddy game clothes
- Modest swimsuit
- Team colors & gear
- Classy Party attire

DAILY ITEMS

- Bible and pen
- Phone charger
- Watch / Alarm Clock
- Disposable camera

DO NOT BRING

- Audio players
- Gaming devices
- Laptop, iPad, etc.
- Drugs
- Weapons of any kind