

The quality of the modern diet has dramatically declined. We are no longer getting the correct balance of nutrients our bodies need each day to maintain and promote health. This includes deficits across macronutrients (protein, fat, and carbohydrates), micronutrients (vitamins and minerals), fibre, phytonutrients and antioxidants. For example, we consume more than enough protein in our diets but we are getting it from animal and dairy products which are laden with fat and cholesterol. Our daily protein intake is also skewed towards our evening meal rather than being evenly distributed throughout the day which is ideal.



#2914
Rich Chocolate
15 Servings

#2913
Berries N' Cream
15 Servings

#2912
Creamy Vanilla
15 Servings

Support a Healthy Lifestyle with Wholesome, Balanced Nutrition

- Protein is a key component of every cell in our body and is essential for cellular nutrition and energy. Studies show that higher protein diets help suppress hunger, increase satiety and burn fat, thereby helping to promote weight loss and making it easier to stay on a weight management programme.
- Wholesome, balanced nutrition and an active lifestyle can also support weight management success.
- Getting all of our essential vitamins and minerals is vital for the proper functioning of our immune and nervous systems, keeping us healthy and radiant. The right balance of macronutrients and micronutrients will help keep your body functioning optimally.

Our Solution: NeoLifeShake for Daily Nutrition and Weight Management

- Wholesome, complete nutrition:** An ideal protein shake for daily nutrition or weight management.
- Based on our scientifically developed **Glycaemic Response Control Technology**, designed to help reduce fat storage and support fat burning.
- Proprietary Protein Blend:** Scientifically advanced protein blend from soya, milk, caseinates, and whey for a superior amino acid profile. Delivers the highest Protein Digestibility-Corrected Amino Acid Score (PDCAAS), the standard way to measure protein quality.
- With **muscle-retaining** branched chain amino acids, including **leucine**.
- Biologically complete** with 22 amino acids including all 9 essential ones.

- Good source of fibre**, providing 5g per serving
- Proprietary Fibre Blend:** derived from whole-food sources to promote satiety, normal digestion, and heart health.
- Formulated with "glycaemic edge" carbohydrates** that provide lasting energy and encourage your body to stay in fat-burning mode.
- Three delicious flavours:** Creamy Vanilla, Berries N' Cream and Rich Chocolate.

For Daily Nutrition

Combine **NeoLifeShake** with water for your daily glass of quick and lasting energy. Benefit from a unique blend of fibre and 18g of high-quality protein. 580 kilojoules per serving.

Add a once-daily sachet of Pro Vitality to your routine to guarantee a power packed dose of omega-3s, carotenoid antioxidants, phyto-lipids and sterols, plus vitamins and minerals.

For Weight Management

Replace two meals a day with **NeoLifeShake**, mixed with 250ml of fat-free milk. Enjoy the benefits of a unique blend of fibre and 26g of high-quality protein to help you feel full and maintain stable energy levels. Each serving provides 930 kilojoules.

Enjoy a balanced dinner and snack twice a day to keep your appetite in check.

Add a once-daily sachet of Pro Vitality to your routine to guarantee a power packed dose of omega-3s, carotenoid antioxidants, phyto-lipids and sterols, plus vitamins and minerals.

Product labels may vary and some products may not be available in every market.

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NeoLifeShake®

Use NeoLifeShake Worry-Free

- ✗ Cholesterol
- ✗ Saturated Fats
- ✗ Synthetic Preservatives
- ✗ Synthetic Colours
- ✗ Synthetic Flavours
- ✗ Gluten
- ✗ High Fructose Corn Syrup
- ✗ Hydrogenated Fats/Trans Fats

NeoLife Exclusives

- **Protogard Process** – Protects amino acids, maximises nutritional value.
- **Multi Enzyme Blend** – Plant derived enzymes to support digestion.
- **Neo-Plex Concentrate** – Vitamin C and whole-food derived antioxidants including citrus bioflavonoids.
- **Choline & Inositol** – Lipotropic factors important for fat metabolism.
- **Metabolically balanced** – Ideal protein, carbohydrate, and fat ratio.
- **25 essential vitamins and minerals.**
- **Convenient and versatile** – Mixes easily in water or milk.



Diets low in saturated fats and cholesterol that include 25 grams of soya protein a day may reduce the risk of heart disease. One serving of NeoLifeShake provides 13 grams of soya protein.

Rich Chocolate

#2914

Nutrition Information			
Serving Size: 2 scoops (43 g) Servings Per Container: 15			
	Per 43 g Serving	Per 100 g Serving	% NRV Per Serving*
Energy	570 kJ	1326 kJ	29
Protein	18 g	42 g	32
Total Carbohydrates	17 g	40 g	
of which Glycemic carbohydrates	12 g	28 g	
of which total sugar	11 g	26 g	
Dietary fibre**	5 g	12 g	
Fat	1.5 g	3 g	
of which is Saturated fat	0.4 g	1 g	1
Cholesterol	2 mg	5 mg	
Total Sodium	320 mg	744 mg	
Vitamin A	1250 IU (375 µg RE)	2907 IU	47
Vitamin B ₁	0.525 mg	1 g	44
Vitamin B ₂	0.595 mg	1 g	46
Niacinamide	7 mg	16 mg	44
Vitamin B ₆	0.7 mg	2 mg	41
Folic acid	140 µg	326 µg	28
Vitamin B ₁₂	2.1 µg	5 µg	88
Biotin	105 µg	244 µg	350
Pantothenic acid	3.5 mg	8 mg	70
Vitamin C	21 mg	49 mg	21
Vitamin D	140 IU (3.5 µg)	326 IU	23
Vitamin E	10.5 IU (7 mg α-TE)	24 IU	47
Calcium	310 mg	740 mg	21
Chromium	42 µg	96 µg	25
Copper	0.7 mg	2 mg	78
Iodine	53 µg	123 µg	35
Iron	6.3 mg	15 mg	48
Magnesium	142 mg	330 mg	39
Manganese	0.7 mg	2 mg	30
Molybdenum	26 µg	60 µg	58
Phosphorus	340 mg	811 mg	28
Potassium	500 mg	1163 mg	11
Selenium	24.5 µg	57 µg	12
Zinc	5.3 mg	12 mg	53
Choline	10 mg	23 mg	1
Inositol	10 mg	23 mg	11
Neo-Plex Concentrate	25 mg	58 mg	11

* % NRV for individuals 4 years and older.
† Less than 5% of NRV.
‡ No NRV established for this ingredient.
Nutritional information refers to the product as packed.
**AOAC 985.29
INGREDIENTS: Soya protein isolate, fructose, non-fat dry milk, soya fibre, low-fat cocoa powder, whey protein isolate (lactose), flavouring, oat fibre (gluten), calcium sodium caseinate (lactose), maltodextrin fibre, soya lecithin, guar gum, dicalcium phosphate, potassium chloride, safflower oil, sodium chloride, magnesium oxide, zinc yeast, stevia, vitamin E (d-alpha-tocopherol and mixed tocopherols), **Neo-Plex Concentrate** (orange juice powder, vitamin C, orange peel powder, and citrus bioflavonoids), chromium yeast, vitamin C, manganese yeast, copper yeast, ferrous sulfate, selenium yeast, L-lysine (L-lysine HCl), inositol, niacinamide, vitamin A palmitate, calcium pantothenate, malt diastase, bromelain, papain, vitamin D₃, vitamin B₁₂ (pyridoxine hydrochloride), vitamin B₆ (cyanocobalamin), riboflavin, thiamine hydrochloride, molybdenum yeast, folic acid and biotin.
This product contains milk and soya.

MADE FOR:
NeoLife International (Pty) Ltd
Cnr of Kentmere Street & Heaton Lane,
Building 5A, Longlake Ext. 19,
Modderfontein, Gauteng, 1645
by Natural Formulas,
2125 American Ave.,
Hayward, CA 94545 U.S.A.
KEEP OUT OF REACH OF CHILDREN.
NOT SOLD IN RETAIL STORES.

GLUTEN FREE • CHOLESTEROL FREE •
EVERY BATCH TESTED FOR PURITY AND POTENCY

ES0421
0125

Berries N' Cream

#2913

Nutrition Information			
Serving Size: 2 scoops (43 g) Servings Per Container: 15			
	Per 43 g Serving	Per 100 g Serving	% NRV Per Serving*
Energy	580 kJ	1349 kJ	29
Protein	18 g	42 g	32
Total Carbohydrates	18 g	42 g	
of which Glycemic carbohydrates	13 g	30 g	
of which total sugar	12 g	27 g	
Dietary fibre**	5 g	12 g	
Fat	1.5 g	3 g	
of which is Saturated fat	0.3 g	0.7 g	1
Cholesterol	2 mg	5 mg	
Total Sodium	280 mg	651 mg	
Vitamin A	1250 IU (375 µg RE)	2907 IU	47
Vitamin B ₁	0.525 mg	1 g	44
Vitamin B ₂	0.595 mg	1 g	46
Niacinamide	7 mg	16 mg	44
Vitamin B ₆	0.7 mg	2 mg	41
Folic acid	140 µg	326 µg	28
Vitamin B ₁₂	2.1 µg	5 µg	88
Biotin	105 µg	244 µg	350
Pantothenic acid	3.5 mg	8 mg	70
Vitamin C	21 mg	49 mg	21
Vitamin D	140 IU (3.5 µg)	326 IU	23
Vitamin E	10.5 IU (7 mg α-TE)	24 IU	47
Calcium	330 mg	767 mg	25
Chromium	42 µg	96 µg	25
Copper	0.7 mg	2 mg	78
Iodine	53 µg	123 µg	35
Iron	6.3 mg	15 mg	48
Magnesium	142 mg	330 mg	39
Manganese	0.7 mg	2 mg	30
Molybdenum	26 µg	60 µg	58
Phosphorus	350 mg	841 mg	28
Potassium	440 mg	1023 mg	11
Selenium	24.5 µg	57 µg	12
Zinc	5.3 mg	12 mg	53
Choline	10 mg	23 mg	1
Inositol	10 mg	23 mg	11
Neo-Plex Concentrate	25 mg	58 mg	11

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Nutritional information refers to the product as packed.
**AOAC 985.29
INGREDIENTS: Soya protein isolate, non-fat dry milk, fructose, soya fibre, oat fibre (gluten), whey protein isolate (lactose), maltodextrin fibre, calcium sodium caseinate (lactose), strawberry flavouring, guar gum, soya lecithin, dicalcium phosphate, potassium chloride, safflower oil, flavouring, magnesium oxide, sodium chloride, beet root powder, mixed berry flavouring, zinc yeast, vitamin E (d-alpha-tocopherol and mixed tocopherols), strawberry powder, citric acid, stevia, **Neo-Plex Concentrate** (orange juice powder, vitamin C, orange peel powder, citrus bioflavonoids), chromium yeast, vitamin C, manganese yeast, copper yeast, ferrous sulfate, selenium yeast, L-lysine (L-lysine HCl), inositol, niacinamide, vitamin A palmitate, calcium pantothenate, malt diastase, bromelain, papain, vitamin D₃, vitamin B₁₂ (pyridoxine hydrochloride), vitamin B₆ (cyanocobalamin), riboflavin, thiamine hydrochloride, molybdenum yeast, folic acid and biotin.
This product contains milk and soya.

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ES0425
0125

Creamy Vanilla

#2912

Nutrition Information			
Serving Size: 2 scoops (43 g) Servings Per Container: 15			
	Per 43 g Serving	Per 100 g Serving	% NRV Per Serving*
Energy	580 kJ	1349 kJ	29
Protein	18 g	42 g	32
Total Carbohydrates	18 g	42 g	
of which Glycemic carbohydrates	13 g	30 g	
of which total sugar	11 g	26 g	
Dietary fibre**	5 g	12 g	
Fat	1.5 g	3 g	
of which is Saturated fat	0.3 g	0.6 g	1
Cholesterol	2 mg	5 mg	
Total Sodium	270 mg	628 mg	
Vitamin A	1250 IU (375 µg RE)	2907 IU	47
Vitamin B ₁	0.525 mg	1 g	44
Vitamin B ₂	0.595 mg	1 g	46
Niacinamide	7 mg	16 mg	44
Vitamin B ₆	0.7 mg	2 mg	41
Folic acid	140 µg	326 µg	28
Vitamin B ₁₂	2.1 µg	5 µg	88
Biotin	105 µg	244 µg	350
Pantothenic acid	3.5 mg	8 mg	70
Vitamin C	21 mg	49 mg	21
Vitamin D	140 IU (3.5 µg)	326 IU	23
Vitamin E	10.5 IU (7 mg α-TE)	24 IU	47
Calcium	330 mg	774 mg	26
Chromium	42 µg	96 µg	25
Copper	0.7 mg	2 mg	78
Iodine	53 µg	123 µg	35
Iron	6.3 mg	15 mg	48
Magnesium	142 mg	330 mg	39
Manganese	0.7 mg	2 mg	30
Molybdenum	26 µg	60 µg	58
Phosphorus	350 mg	841 mg	28
Potassium	440 mg	1023 mg	11
Selenium	24.5 µg	57 µg	12
Zinc	5.3 mg	12 mg	53
Choline	10 mg	23 mg	1
Inositol	10 mg	23 mg	11
Neo-Plex Concentrate	25 mg	58 mg	11

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ES0426
0125

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