smdp
Santa Monica Daily Press

MONDAY
11.29.21
Volume 21 Issue 13

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In Palisades Park.
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Return of international travel to expedite recovery of local economy

CLARA HARTER
SMDP Staff Writer

When the US closed its doors to most international travel in 2020, Santa Monica lost the $1.17 billion in annual spending that international tourists were driving, but with borders back open the tourism industry and local economy are poised for a boost.

While international travelers are expected to trickle, not flood, back into town, CEO of Santa Monica Travel and Tourism Misti Kerns is optimistic that the market will boom again soon and start surpassing pre-pandemic levels by 2024.

"I do think it'll be gradual... airlines have to have capacity, it's not just getting on a plane and coming; there's different steps that have to be taken," said Kerns. "But I think that we certainly see international travel coming back relatively quickly, I mean there's certainly a pent up demand."

While domestic travelers are an important source of local revenue and helped hotels and hospitality businesses stay afloat over the past 20 months, international travelers both stay longer and spend more.

SEE **TOURISM** PAGE 4

The Pico Library reopens its doors to the community



Courtesy photo

REOPENING: The Pico Library is reopening with limited hours on Dec. 1

CLARA HARTER
SMDP Staff Writer

The pandemic gutted the Santa Monica library's budget, but in an exciting milestone towards recovery, staff are preparing to reopen the Pico Branch for the first time in nineteen months.

Parents, children, students and adults young and old will soon be welcome to browse the branch's collection, access its study rooms and utilize its computers. In person programming will also be coming back on a gradually scaling up basis beginning with family story time and activities in the adjacent park.

Starting Dec. 1 the Pico Branch will be open from 10 a.m. to 5 p.m. on Tuesday, Wednesday, Friday and on the first Saturday of the month

SEE **LIBRARY** PAGE 5

IntoMeSea brings a new world of wellness to Santa Monica



Photo by Wonho Frank Lee

RELAX: IntoMeSea is the only commerical venue that offers soaks in Galactic Crystal Intention Tubs™

CLARA HARTER
SMDP Staff Writer

With flotation meditations, galactic crystal tubs and hypnagogic lights among their therapies, the new IntoMeSea healing studio offers a wellness experience unlike any other.

Based loosely around the concept of quantum healing, the studio utilizes a variety of energy, light, and natural substance healing methods to offer an integrated whole person wellness experience.

"We're not just our physical bodies, but we're also emotional bodies, we're energetic bodies, we're spiritual bodies of our mental bodies and these are the things that create a multi-dimensional self and so the modalities that we offer and the classes that we offer touch a lot on all of those things," said founder Jennifer Williams.

The foundational treatment of the center is the floatation meditation. IntoMeSea has three private suites with flotation tubs filled with Epsom salt rich water that is heated to skin temperature.

When people lie down in the tubs external stimulus is minimized and they can float in a low-sensation zen-like state of mind that can lead to feelings of great tranquility and joy.

Many may be more familiar with these tubs under the name sensory deprivation tank, but Williams coined the term Floatation Meditation to more accurately describe the experience of users.

"The term deprivation, it's a misnomer because it makes the person think that they have no control when they're in the tank," said Williams, explaining that people can still move and touch the sides of the tub and can opt to have soothing lights or music added to their experience.

Flotation has been shown to offer an array of benefits.

SEE **INTOMESEA** PAGE 7



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Striking a chord: A selection of some music-themed gifts

MARK KENNEDY
AP Entertainment Writer

Music-related gifts are an easy choice this holiday season. Everyone likes music, right? Here are some outstanding record collections for lovers of rap, metal and pop, a pair of fascinating books and some clothes that help musicians in need.

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Dear John

John Moos, MD Send comments to editor@smdp.com

Editor's note: the following column discusses sexual abuse and may be difficult to read for some people.

TRIGGER WARNING: SEXUAL ABUSE

Dear John,

How do I support my husband's needs being a woman who was sexually abused by her father?

How can I better understand his experience and not get overwhelmed with the feeling of guilt that it is my fault & that if he weren't married to me he wouldn't have to deal with this...feeling like it's my fault and if I removed myself from the equation, then my husband would be better off...

How do I talk about it with him and not take on his feelings & being triggered?

Continued from last week…

Dear Survivor,

PART III

"How can I better understand his experience and not get overwhelmed with the feeling of guilt that it is my fault & that if he weren't married to me he wouldn't have to deal with this...feeling like it's my fault and if I removed myself from the equation, then my husband would be better off…"

There is much repair work required to undo the trauma perpetuated against you by the individual entrusted to protect you - your father. I acknowledge and honor that this can be a long and arduous process to endure. However, the freedom, confidence and resiliency from undergoing such a journey is well worth it. I have seen the rewards firsthand with my fiance, and close friends and family.

Living in guilt or with guilt can feel like a prison. Genuine remorse and concern is a healthy component of empathy, and so is guilt. Guilt, remorse, and concern arise because you care. But, guilt can easily turn into shame if you start to believe that you are responsible for your husband's perceived unhappiness or the burdens in his life. If you find yourself in guilt or shame, you run the risk of creating false narratives and unnecessary separation from your husband. Authentic stories can bring us together, but fictional stories we tell ourselves can tear us apart. Bringing in and nurturing your self-love, self-compassion, and forgiveness can help to release any shame or guilt around these stories. Brene Brown, undoubtedly a queen of story-telling, talks about the power of this statement, "the story I am telling myself…" Tell your husband that you are telling yourself a story and see how he responds. Oftentimes, making this statement out loud and to ourselves is enough to defuse the power of these fictional stories we tell ourselves.

If you are curious about what he is experiencing, create time and space to ask him. Be willing to hear his joys and struggles. Ruminating that your husband would be better off or that his unhappiness is your fault is creating distance and separation from him. You have to trust that he will tell you if he is overwhelmed, struggling, or challenged with how to support you or be in your marriage. Trust your intuition if it is telling you that something is off, but also trust it if it is telling you that everything is okay. If you're having a hard time attuning to your inner guidance, invite him into a dialogue to explore this topic gently. Be honest about your feelings and ask the same from him.

Creating a container of safety is always a good idea when exploring the wounding around your sexual abuse, especially if there are elements that are still unprocessed. Unprocessed trauma can be nuanced and tricky because there will still be unidentified triggers that can cause re-experiencing of the past traumas, flooding and overwhelm, dysregulation, and an autonomic response that puts us into a fight, flight, freeze or submit response. If you or your husband do not know or haven't named your triggers, you may be walking into a minefield. Even with the best intentions, once triggered, you could shut down, react, shutdown and/or create reprocessing trauma. Oftentimes it is best to incorporate a skilled professional to help with these discussions until you have built the requisite skills to navigate them on your own. Each time you name and process a trigger, integrate a piece of your abuse history, and deepen your understanding of your inner environment, the discussions become less treacherous. For your husband, if he is openly and honestly sharing his experience, or shares some raw, unfiltered thoughts, it could be triggering and render the discussion ineffective. Once the autonomic system is activated, it is difficult to regulate and bring your awareness back into the present moment without practiced skills, understanding, and support. My comments are not to suggest that you cannot do it, but rather to minimize any reprocessing trauma and hurtful misunderstandings that come from opening delicate conversations with our best intentions.

To be continued...check back next week for part 4 of this 6 part series.

With love and light,

John Moos, MD For More Resources: RAINN - Rape, Abuse & Incest National Network The Courage to Heal: A Guide for Women Survivors of Child Sexual Abuse by Ellen Bass and Laura Davis The Courage to Heal Workbook: A Guide for Women and Men Survivors of Child Sexual Abuse by Laura Davis The Body Keeps the Score: Brain, Mind, and Body in the Healing of Trauma by Bessel van der Kolk, M.D.

"The City of Bell spectacle is what happens to communities without their own old-fashioned, diligent news coverage." - Terry Francke, Journalist

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Ideas for gifts worth keeping, or even passing down

ALICIA RANCILIO
Associated Press

Some gifts, such as a candle or a bottle of wine, are great in the moment or for the short-term. Others make memorable keepsakes or are so personal they can't be re-gifted.

Here are some gifts that, besides amusing and delighting the receiver now, are meant to be cherished for years.

CUSTOM CLUTCH: Newport, California, designer and boutique owner Talia Hancock sells hand-beaded clutch handbags that can be customized with letters and colors. If there's a bride-to-be on your list who is changing her name, she might love a clutch with her maiden name on one side and her married name on the other. A new sorority pledge might impress her sisters with a clutch made with her school's colors and the Greek letters. Or how about a clutch adorned with your kids' names? "The sky's the limit," said Hancock. She prefers to facilitate orders through the "text to order" option on her TALIA Instagram account so she can have a dialogue with customers. Clutches are $198 for one-side customized, $238 for two-sided.

CUSTOM DENIM JACKET: Also from Hancock's store TALIA, a customized denim jacket. The back of the jacket is hand-painted. You can request a name, date, initials, phrase or image that will guarantee you get noticed. If you don't want the back painted, consider customizing the collar instead, so when you pop it, it makes a statement. "I never wear my clutch or wear my jackets without getting stopped and asked where I got them," said Hancock. Jackets come in blue or black denim and start at $198 (some designs might cost extra.)

PRESERVED TEXTS: Do you have a funny text conversation with friends that you'd love to save? Or a loved one whose texts you never want to delete? Keep them forever in a book of text messages called Keepster. The company can take messages from apps including iMessage, WhatsApp and Hike, and compiles them into the format of your choice.

PERSONALIZED PODCAST: If you'd like to have an oral history from a loved one, check out Artifact. The company enlists professional interviewers — many say they are "moonlighting journalists" — to conduct an interview with your subject. An interview focuses on a "chapter" of a person's life, such as childhood and the teen years. The audio is then edited to a 20-minute, studio-quality episode. The cost is $119 per episode or $99 per episode for three. A finished product is delivered within five days of the recording.

PET PORTRAITS: The pandemic has seen a surge in pet ownership, and Sam and Jack is one of the companies offering a way to celebrate or remember these beloved family members. They'll take a photo of your pet and turn it into everything from a framed, illustrated portrait to a personalized throw pillow. They also customize smaller items including water bottles, mugs and phone cases.

VIDEO MESSAGE: For the person who has everything, an original gift might be a group video message or tribute by Tribute.co. They can send out the invites and compile the videos. There's no maximum length, so messages can be hours long. The company's founder, Andrew Horn, says he's even had customers rent out theaters to play their tributes. Prices vary depending on the package: If you edit the videos yourself using Tribute.co's editing platform, the cost is $29. If you use their concierge service, they'll take care of the outreach coordination and get the video edited for $99. They can present it via a link that can also be downloaded, or if you prefer to present a physical gift, for $174 the company will give you a greeting card that has a a video screen with audio inside to play your message.



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TOURISM

FROM PAGE 1

In 2019, 4.3 million international tourists came to Santa Monica, making up 51 percent of all visitors and 62 percent of overall visitor spending.

The loss of this market coupled with the economic consequences of the pandemic saw visitor spending decline by 76 percent in 2020. In conjunction, hotel tax revenue dropped by 67.9 percent, representing a $19 million loss to the City and tourism jobs dropped by 74 percent, dwindling down to about 3,000.

The tourism sector is already moving in a positive direction, with a moderately busy summer season of domestic visitors having boosted hotel revenue and occupancy numbers continuing to tick-up.

"Currently, we're anywhere from 65 to 70 percent in occupancy and midweek is a little bit tougher right now, compared to 85 percent pretty much over all with no dips midweek in 2019," said Kerns. "We're seeing a much stronger demand on weekends and that's due to domestic leisure travelers."

As international tourists return these numbers will only continue to improve. Kerns expects to see a light increase in international tourists through the holiday season and beginning of 2021, but predicts that this will significantly pick-up shortly thereafter.

"We need to get past the first quarter of this next year," said Kerns. "February should be, pardon the pun, but a big kick off with the Super Bowl coming there are some activities happening in Santa Monica that will just bring that vibrance back to our community that in many ways we've lost in the last few months."

For residents wondering when they will again hear a rich mix of languages while walking around town, Kerns says within the coming months.

"I think people are looking forward to that; it does provide great diversity to Santa Monica, having all of those international travelers come and visit," said Kerns.

While SMTT shifted its focus to domestic and staycation travel marketing over the past year, it is now transitioning back to more global marketing campaigns. One of the key target areas is the United Kingdom, as England was the top feeder market for domestic travel in 2019.

Residents can expect to see a return of Brits alongside Australians, New Zealanders, Canadians, Germans and French, as these are key target regions for marketing and traditionally large sources of visitors. Asian tourists, however, may be slower to return.

"China, as an example, I don't think we'll see that market coming back as fast as some of the other markets, and many countries are offering incentives for their residents to stay within their countries and vacation," said Kerns. "Everybody needs to recover."

In the short-term, there will likely continue to be a greater than usual number of domestic visitors given the significant advertising push that SMTT has directed towards this market. However, as other countries reopen their borders and resume marketing internationally, that number can be expected to drop.

"Could we have a very busy summer this year? Yeah, we could. You know, you can't just turn that faucet off that you've been marketing to," said Kerns. "But again, as other destinations start marketing and other countries start marketing to US citizens, I do think we'll see some of that exchange."

Clara@smdp.com

Simple steps toward reducing waste this holiday season

MARK KENNEDY
AP Entertainment Writer

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The Santa Monica Daily Press publishes Monday - Saturday with a circulation of 8,200 on weekdays and 8,000 on the weekend. The Daily Press is adjudicated as a newspaper of general circulation in the County of Los Angeles and covers news relevant to the City of Santa Monica. The Daily Press is a member of the California Newspaper Publisher's Association, the National Newspaper Association and the Santa Monica Chamber of Commerce. The paper you're reading this on is composed of 100% post consumer content and the ink used to print these words is soy based. We are proud recipients of multiple honors for outstanding news coverage from the California Newspaper Publishers Association as well as a Santa Monica Sustainable Quality Award.

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COMMUNITY BRIEFS

Downtown

Ocean Avenue Community Pop-Up Art Event in Palisades Park December 4

The Santa Monica community is invited to a one-day pop-up art event to experience Ocean Avenue and Palisades Park in a new way on Saturday, December 4 from 11 a.m. to 2 p.m. The temporary art installation component between Broadway and Colorado Avenue will remain on view through early 2022.

The pop-up event is hosted through the City of Santa Monica's Ocean Avenue Artists in Residence Program, part of the Ocean Avenue Project. The project aims to revitalize and enhance public use of the streetscape. The first phase of the Ocean Avenue Project focused on roadway enhancements including a protected bike lane and expansion of the eastern sidewalk for additional outdoor dining. For the next phase, Here LA, the interdisciplinary design firm selected as the Ocean Avenue Artists in Residence, will lead an arts-based community engagement process to gather feedback about how the street could be improved to better utilize its public spaces, support local businesses, and connect to adjacent corridors.

On Saturday, December 4, the interactive event will explore ways of improving the street for a more people-centered experience and will feature:

A temporary large-scale art installation mounted atop the park's edge, between Broadway and Colorado Avenue. The installation features transparent wire letters that spell out the phrase, "WE ARE A DROP WE ARE THE OCEAN" (rendering pictured above), providing a moment of reflection as well as photo opportunities. The installation seeks to draw attention to the west side of the street and to create a unique visual that further complements the views. The installation will remain on view through early 2022.

Prototypes of large play furniture in various colors and shapes that invite climbing and interacting.

A colorful activity where participants show their feedback on how they think the street could be improved by throwing a powdered color ball on the ground in front of their favorite option. The activity will create a mural of color on the ground.

The event and activities were informed by conversations with local stakeholders and over 500 survey responses from the Santa Monica community. Here LA found that what people valued most about the street is its natural setting, the unique location of the street and park atop the bluff, and of course, the view. Competing with this natural beauty however is the street itself, which is a key gateway to nearby destinations. Much of the corridor's physical space is dedicated to roadway and vehicles, which separates people from the park and views. To bridge this divide, Here LA is using urban planning and temporary artistic activations to explore ways of improving the street for a more pedestrian-friendly experience and to enliven the space and engage passersby.

For more information, visit SantaMonica.gov/Ocean-Avenue-Project.

CONSTANCE FARRELL, SANTA MONICA PUBLIC INFORMATION OFFICER

LIBRARY

FROM PAGE 1

and from 2 p.m. to 8 p.m. on Thursday.

The Main Library opened with limited hours in June, while the Ocean Park Branch reopened under a self-service system at the end of July. The Montana Avenue Branch is offering curbside pick-up on Tuesdays and Thursdays, while the Fairview Branch is awaiting more funding to reopen.

"We couldn't be more thrilled to reopen our beloved branch in the Pico neighborhood and welcome our patrons back inside the facility," said Interim Library Director Erica Cuyugan. "Our team is focused on activating services to meet community needs. It has been heartwarming to see our youth and families come back for safe, in-person programs."

The Santa Monica Public Library was one of the many departments hit hard by the City's COVID budget restructuring. All libraries were closed for in-person service from March 2020 until this summer, while 40 percent of staff were eliminated.

Rebuilding to the vibrant, programming-packed, five branch system the community was used to will take time and dedicated new funding. However, the library employees and community supporters are hard at work rebuilding the system.

"The staff that we have here in this library are so dedicated and committed to doing the best that we can for our community and I think that we have to be grateful for that," said Cuyugan, adding that staff are coming up with creative ways to connect with the community given their limited resources.

One example is the highly popular "take & make" activity kits that contain a range of free educational and craft materials for children to pick-up at the library and enjoy at home.

These kits have been so successful that the library team is now planning to roll out kits for their older adult members as another way to connect with this population. The first three adult kits will be gardening, technology and mindfulness themed.

Virtual programming such as book clubs is continuing, but the emphasis of the library is on growing its opportunities for in-person connections, which Cuyugan noted have been sorely missed by all community members.

"When we opened, oh my goodness, it was heartwarming to see people coming in and just being thankful that we were open… I saw kids bounding up and coming into the library," said Cuyugan.

Future opportunities for expanding branch hours and openings will depend on increased funding, some of which could potentially come in February 2022 when City Council considers its mid-year budget revisions.

Cuyugan said that anyone who wants to help support the library should get involved with the library's associated advocacy network Friends of the Santa Monica Public Library and can learn more by visiting: friendsofsmpl.org/

Those seeking more information on hours and services offered at each library location, can visit smpl.org/reopening.

Clara@smdp.com

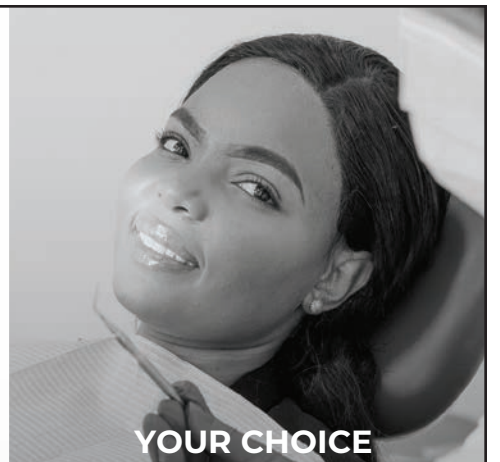
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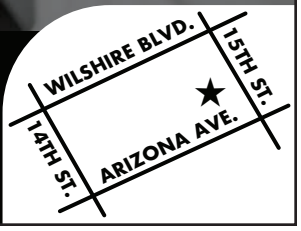
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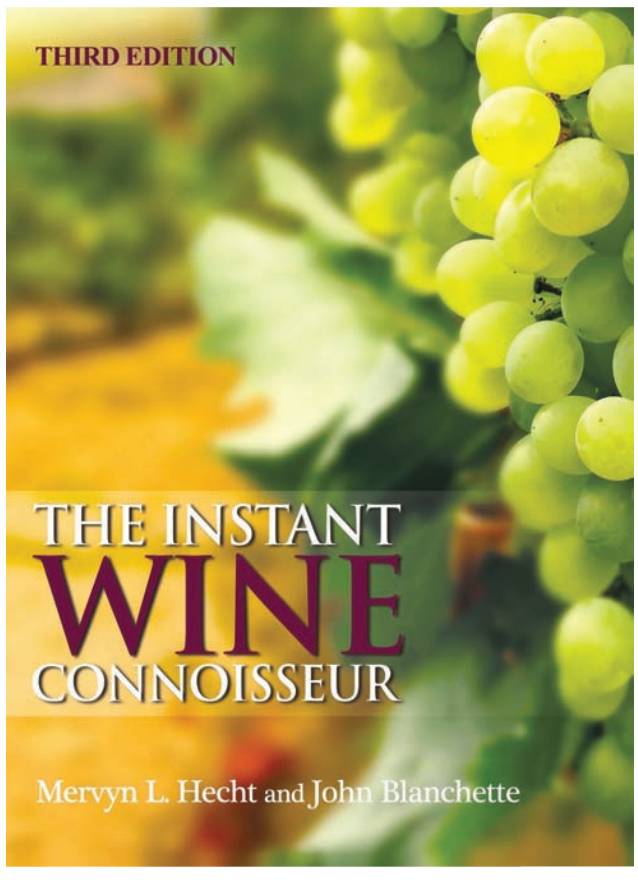


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★★★★★ Well written, particularly useful, instantly accessible.
★★★★★ …Hecht has a joyful eye and fabulous taste

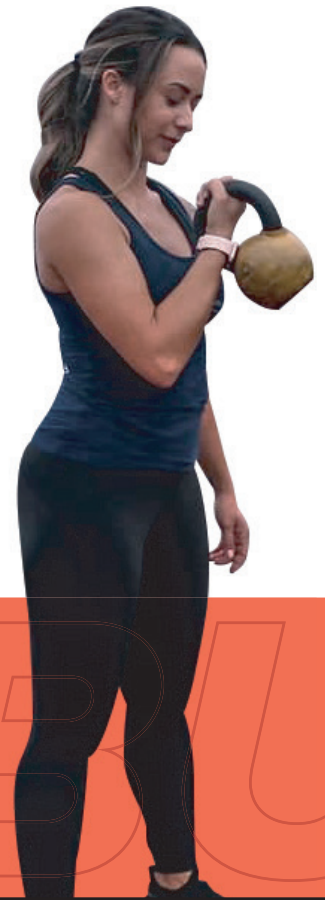


Daily Press Food &Wine Columnist Merv Hecht takes you on an delightful tour of the world of wine. A fun way to increase your appreciation and knowledge of wine.

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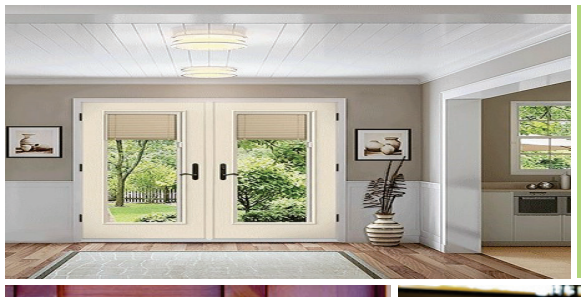
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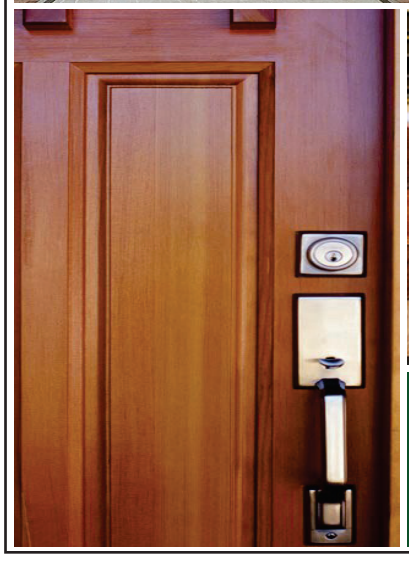
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Counting down in style: What's new in Advent calendars

KATIE WORKMAN
Associated Press

For lovers of Advent calendars, there are lots of new, fun and unusual ways to count down to Christmas.

Show up for Thanksgiving dinner with one of these — ranging from the inexpensive impulse buy to the splurge — and know that the recipient will be getting daily treats all month long.

SWEETS AND TREATS

Maison Du Chocolat makes a Holiday Ornament Advent Calendar designed to hang on the tree. This stuffed ornament, made in France, is filled with 24 handmade mini-bars, fruity confections, dark chocolate pralines and other chocolate treats. It's also eco-friendly (100% cardboard, 100% recyclable; $75).

Bonne Maman, the French company that's been making famous jams for 50 years, has a new edition of their Advent calendar. The box opens to a pretty winter village scene and features 24 miniature jars of fruit spreads and honey. Flavors include Plum and Pear with Star Anise, Wild Blueberry with Lemon Balm, and Cherry with Hibiscus Flower. ($34.99)

For the Star Wars fan in your life, think about the exclusive Williams-Sonoma Mandalorian candy Advent calendar with classic sweets like chocolate balls and gummy frogs ($39.95).

This holiday season, Paris-based Laduree's Advent calendar echoes the look of a lunchbox. Each of the 24 windows is filled with a French candy surprise like nougat, chocolates and jelly fruits. Perfect for the Francophile or sophisticated sweet lover in your life. ($65)

Sugarfina's 2021 calendar is in the guise of Santa's workshop. It's a candy lover's dream, with Parisian pineapples, peach Bellini, birthday cake caramels and matcha bears. ($55)

Sugarfina also offers a Hanukkah twist on the idea of calendars that open each day to a new treat. Each drawer in their 8 Nights of Delight- Hanukkah Candy Tasting Collection reveals a new kosher-certified candy, and a candle gets its light. Candies include Cold Brew Cordials, Champagne Bubbles and Dark Chocolate Sea Salt Caramels, among others. ($24)

BOOZE

Vinebox has created 12 Nights of Wine: Women Winemakers Holiday Edition Boxes. The brand chose European wines made by women, and commissioned two artists to design the 2021 boxes. The limited-edition boxes include four whites, two rosés and six reds, all handpicked by certified sommeliers. ($129)

The Spirit Company has a wide selection of boozy offerings, such as the Bourbon and American Whiskey calendar, the Premium Gin calendar and the Japanese Whiskey calendar. The tastings are bottled in adorable 30-milliliter (about 1-ounce) wax-sealed drams, and the selections range from boutique producers to world-famous brands. (Prices range from $40 to $300.)

Flaviar's Whiskies of the Galaxy Advent calendar has a dramatic, cool space theme. The calendar contains a selection of 24 premium whiskies which includes an array of small-batch bourbon, rye, American single malt, as well as whiskies from Japan and Israel, plus some real stars from Scotland and Ireland. It comes with a tasting glass and a booklet with insights about each of the whiskies included. ($250)

COFFEE AND TEA

For the coffee lover, check out the new Bean Box Twelve Mornings of Coffee calendar. Bean Box selected top independent coffee roasters across the country to offer 12 limited-edition holiday blends, and you can choose between whole bean and ground coffee ($68).

Williams-Sonoma offers 24 Days of Coffee, a collection of their signature fair trade compostable coffee capsules so that each day offers the possibility for a holiday espresso. ($39.95)

Open up a new pour-over coffee and creamer every day with Copper Cow's 12 Days of Pour Over Advent Calendar. The sleek drawers feature seasonal coffee flavors and flavored creamers (including a new mocha one). Salted Caramel, Pumpkin Spice and Cardamom are just a few of the coffee flavors found in the reusable gift box. ($69)

Tea Forte has launched a limited-edition Warming Joy Advent Calendar with 24 pyramid tea infusers, such as Spiced Ginger Plum, Sweet Orange Spiced Tea and African Solstice. A fun way for the tea drinker in your life to play around with some new blends. ($59)

PETS

The puppies and kittens can have their own little holiday countdown! There are many products out there, including Purina's two versions for dogs: 12 or 24 days of treats that include chew bones and snacks. ($24.99) For cats, they have the Feastivities Advent Calendar, which houses 24 tins in different flavors so your cat can sample her way through the month. ($24.99)

Sugarwish allows the gift recipient to choose up to 12 just-right treats for their lucky dog. The company also has versions with treats for humans, but the choice of snacks here, from cheesy goldfish to liver lover hearts is tailored for the furry crowd. ($77)

A LITTLE OF EVERYTHING

Finally, supermarket chain Aldi's deserves a spotlight on its enormous selection of Advent calendars. Favorites from this year include the Barissimo Coffee Advent Calendar, the Beer Advent Calendar ($49.99), the Wine Advent Calendar ($59.99), the Lego Marvel Avengers Advent Calendar ($39.99) and the Warner Brothers Elf Advent Calendar. ($29.99)

INTOMESEA

FROM PAGE 1

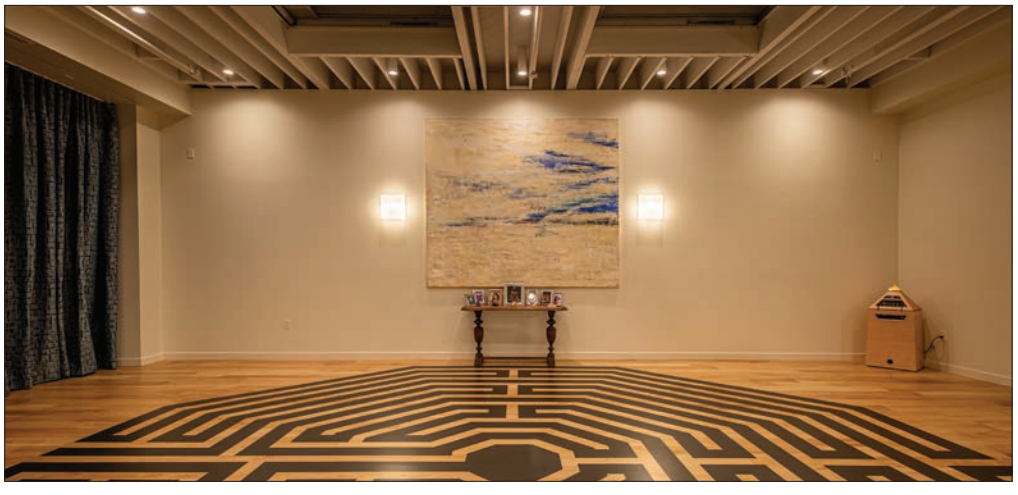
Mentally, it is said to relieve anxiety and depression as well as lift creative blocks. Physically, it lowers cortisol levels and is great for people with hypertension, chronic pain and autoimmune conditions.

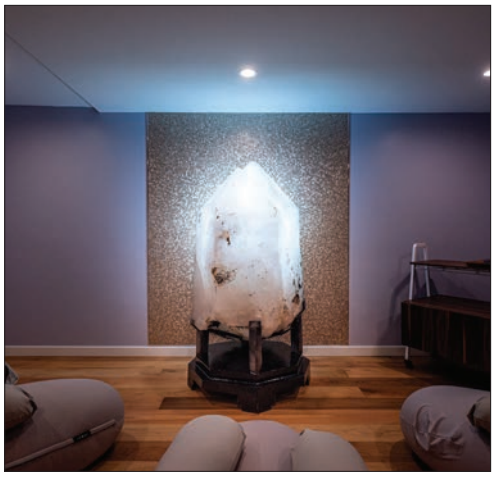
Williams has been an avid user of floatation tanks since she first tried one in 2014 and found it worked wonders for her chronic muscle pain and emotional pain.

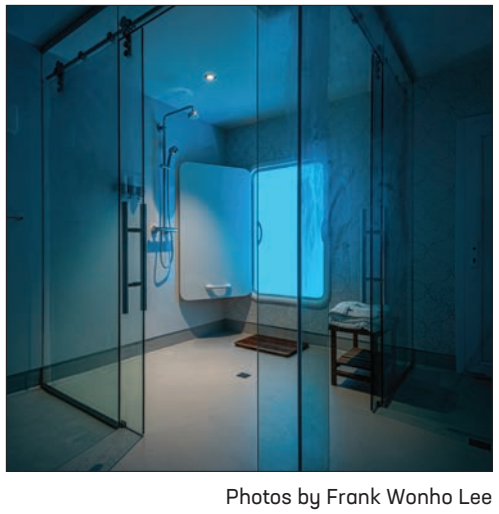
Williams used to work as a photographer in New York City and found herself becoming incredibly worn down and burnt out, which prompted a career switch to massage therapy. However, even in her new lifestyle she was still often emotionally and physically depleted. After discovering flotation therapy she dove into the subject area and it was through attending conferences and working with professionals in this space that she discovered several of the other treatments now on offer at IntoMeSea.

One such treatment is the Lucia N°03 Light Experience, in which the client relaxes on a reclining chair while a trained Light Guide controls the speed and intensity of the light above. The flashing of white lights accompanied by solfeggio tones is said to induce the hypnagogic state in the brain between wakefulness and sleep.

Benefits IntoMeSea ascribes to the light include the reduction of sleep disorders, activation of the pineal gland and entering deep states of relaxation and consciousness.







Photos by Frank Wonho Lee

WELLNESS: IntoMeSea offers a range of healing experiences including their float treatment

"When you're laying under the light with your eyes closed you're experiencing this incredible kaleidoscopic universe of colors and patterns and shapes and people will end up having some very profound moments," said Williams.

One of the most unique therapies offered at IntoMeSea is a soak in their Galactic Crystal Intention Tubs™. The two carved white quartz soaking tubs are intended for intention setting and energetic healing.

The quartz crystal is over four billion years old and taken from deep within the earth. Quartz is a naturally holographic storage device that allows electromatic energy to flow through it. Williams said that the material can be used to amplify the energy and intentions of those who soak in the tub.

These three therapies—Lucia Light, Flotation Meditation, Galactic Crystal Intention Tubs™—are only part of what is on offer at IntoMeSea. Other signature treatments include the infrared sauna and the salt chamber.

There are also a wide array of classes on offer that tap into even more aspects of wellness. These include breathwork, tarot readings, movement meditation, reiki, sound baths, Qi Gong, vinyasa yoga, stretching and kundalini yoga.

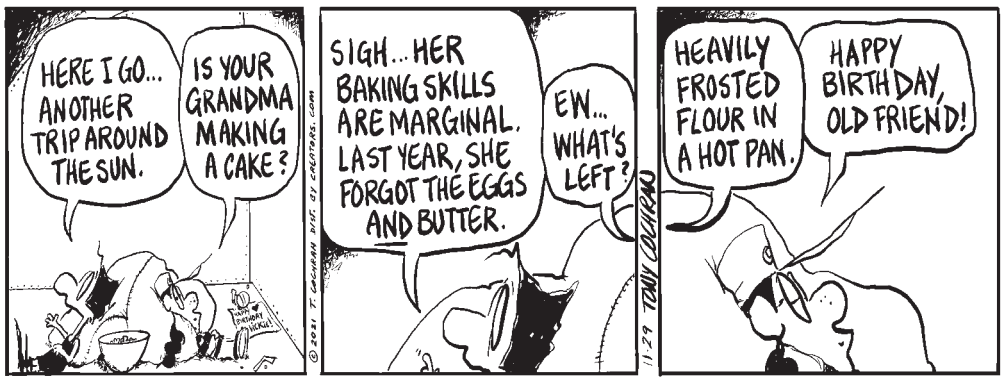
Located at 1812 Lincoln Blvd., the IntoMeSea center is a sustainable building designed by renowned local environmental architect David Hertz. The roof features 25 solar panels, 10 thermal panels, and a skywater machine designed by Hertz that can create up to 300 gallons of water from the atmosphere per day.

Clara@smdp.com



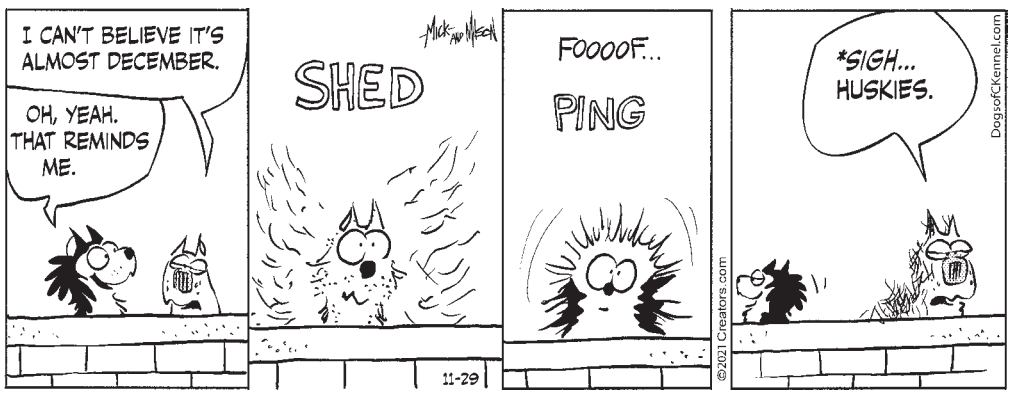
Agnes

By TONY COCHRAN



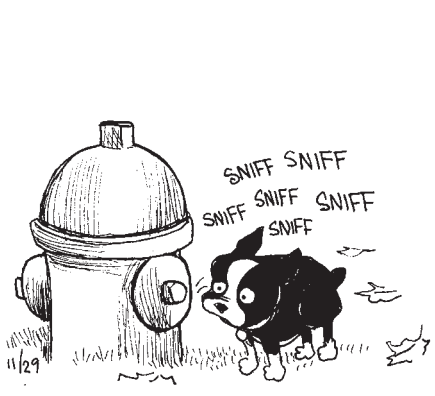
Dogs of C-Kennel

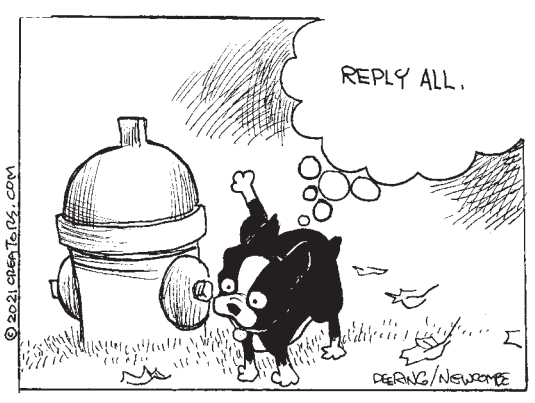
By MICK & MASON MASTROIANNI & JOHNNY HART



Zack Hill

By JOHN DEERING & JOHN NEWCOMBE





Heathcliff

By PETER GALLAGHER



"THERE'S A GREYHOUND ON THE LOOSE."

Strange Brew

By JOHN DEERING



"GOODBYE, DAD. I'M RUNNING AWAY TO JOIN THE CIRCUS."



SURF FORECASTS

WATER TEMP: 59.9°

MONDAY - **POOR TO FAIR** - SURF: 1-2ft Knee to thigh high occ. 3 ft
Rideable little waves as leftover NW swell mix eases. Look for most breaks to be best as the early high tide drops through the morning -- elevated onshore PM wind so don't wait too long.

TUESDAY - **POOR TO FAIR** - SURF: 2-3ft Thigh to waist high
Small mid period waves from the WNW. Light and variable winds with clean conditions.

WEATHER

Monday: Sunny, with a high near 69.
Monday Night: Mostly clear, with a low around 53.
Tuesday: Sunny, with a high near 70.

Date	Day	Time (LST/LDT)	Predicted (ft)	High/Low
2021/11/29	Mon	05:30 AM	4.90	H
2021/11/29	Mon	11:46 AM	1.56	L
2021/11/29	Mon	5:19 PM	4.00	H
2021/11/29	Mon	11:20 PM	0.82	L
2021/11/30	Tue	05:57 AM	5.47	H
2021/11/30	Tue	12:31 PM	0.68	L
2021/11/30	Tue	6:22 PM	4.09	H
2021/11/30	Tue	11:58 PM	1.00	L
2021/12/01	Wed	06:28 AM	6.05	H
2021/12/01	Wed	1:16 PM	-0.17	L
2021/12/01	Wed	7:19 PM	4.17	H
2021/12/02	Thu	12:36 AM	1.21	L
2021/12/02	Thu	07:02 AM	6.57	H
2021/12/02	Thu	2:00 PM	-0.90	L
2021/12/02	Thu	8:13 PM	4.18	H
2021/12/03	Fri	01:15 AM	1.45	L
2021/12/03	Fri	07:38 AM	6.97	H
2021/12/03	Fri	2:46 PM	-1.41	L
2021/12/03	Fri	9:05 PM	4.13	H
2021/12/04	Sat	01:55 AM	1.70	L
2021/12/04	Sat	08:18 AM	7.16	H

DAILY LOTTERY

POWERBALL
Draw Date: 11/22
7 20 29 38 67
Power#: 22
Jackpot: 224 M

MEGA MILLIONS
Draw Date: 11/23
7 24 54 57 58
Mega#: 6
Jackpot: 94 M

SuperLotto Plus
Draw Date: 11/20
2 27 28 35 45
Mega#: 3
Jackpot: 37 M

Fantasy 5
Draw Date: 11/23
3 5 15 18 36

Daily 3
Draw Date: 11/23
EVENING: 7 5 0
Draw Date: 11/23
MIDDAY: 3 3 1

Daily Derby
Draw Date: 11/23
1st: 08 - Gorgeous George
2nd: 01 - Gold Rush
3rd: 12 - Lucky Charms
Race Time: 1:47.47

Although every effort is made to ensure the accuracy of the winning number information, mistakes can occur. In the event of any discrepancies, California State laws and California Lottery regulations will prevail. Complete game information and prize claiming instructions are available at California Lottery retailers. Visit the California State Lottery web site at http://www.calottery.com

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TODAY'S BIRTHDAY (NOVEMBER 29)

Relationships are your treasures. You've a talent for choosing the ones that will both fortify and utilize you. Mutual needs get met once you figure out what they are. Have patience. In the professional realm, you'll meet a deadline, save the day, rise in the ranks and have a season of rulership. Capricorn and Pisces adore you. Your lucky numbers are: 6, 3, 33, 30 and 5

ARIES (March 21-April 19). You still get a little nervous at showtime, but you've worked pretty hard on your skills, and if they don't meet the task in some way, you can trust that you'll find the solution as you go.

TAURUS (April 20-May 20). You don't really try to bring out the best in people; it just happens because of how you see them. You're expecting people to be good, fun and interesting... and they will not disappoint, at least not while they are around you!

GEMINI (May 21-June 21). Limbo may be a fun game but it's not a fun position and is undesirable as a destination. So, a decision must be made. Either way, it's going to be better than the uncertainty of wondering which way to go.

CANCER (June 22-July 22). Like an artist who steps back to behold a work in progress from a distance, you begin to see the shape of your life. You're objective. What you observe with fresh eyes will inspire you.

LEO (July 23-Aug. 22). You don't mind dialing your energy to match that of others, but if you too often have to adapt yourself so as not to outshine anyone, it's time to consider whether you may thrive in another kind of environment.

VIRGO (Aug. 23-Sept. 22). It's hard to get things done when so many compete for your attention, but the good that comes out of it is that you will be inspired to create your own environment.

LIBRA (Sept. 23-Oct. 23). Your intuition is a mysterious visitor, often showing up in full force and without warning. Your intuition won't be commanded or controlled but it can be invited and will come more often when you delight in its presence.

SCORPIO (Oct. 24-Nov. 21). You support the best in others and give assistance without creating dependencies. Your sincerity will not be assessed by what you do for people; it's made apparent by what you (SET ITAL)don't(END ITAL) do. Boundaries are love.

SAGITTARIUS (Nov. 22-Dec. 21). You're open to new life events, but you're not waiting for them. Sign up for an activity or go deeper into an interest. It will give you the sense of coming back to yourself, followed by the realization you're better than ever.

CAPRICORN (Dec. 22-Jan. 19). A relationship will get more comfortable for you because you communicate well. You don't blame others for your feelings. You share strategically, helpfully and selflessly.

AQUARIUS (Jan. 20-Feb. 18). Would you rather have $1 now or $2 in a week? Various forms of this question will arise with today's theme of the short term vs. the long game.

PISCES (Feb. 19-March 20). You can avoid known stress-inducers, steer clear of annoyances and sidestep foreseeable complications, but the more controlled things are, the less alive they will seem. There's a happy medium to hit here.

SOLUTIONS TO YESTERDAY'S CROSSWORD

S	L	I	G	H	T	S	■	A	S	F	A	R	A	S
T	I	N	R	O	O	F	■	F	E	R	R	A	R	I
I	M	N	O	T	Y	O	U	R	M	O	T	H	E	R
R	E	S	U	L	T	■	N	O	I	S	E	■	■	■
■	■	■	P	Y	R	E	S	■	S	T	R	O	H	S
G	A	L	S	■	A	X	E	L	■	B	I	N	E	T
A	M	A	■	B	I	O	R	E	■	E	A	S	Y	A
M	I	S	S	E	N	T	■	G	A	L	L	I	N	G
I	N	S	T	A	■	I	M	U	S	T	■	T	O	E
N	O	I	R	S	■	C	O	M	P	■	D	E	W	S
G	R	E	E	T	S	■	R	E	E	S	E	■	■	■
■	■	■	A	M	I	G	A	■	R	E	N	T	E	R
O	N	E	M	O	M	E	N	T	I	N	T	I	M	E
P	O	P	I	D	O	L	■	I	T	S	A	D	U	D
E	M	I	N	E	N	T	■	E	Y	E	L	E	S	S

Sudoku

Fill in the blank cells using numbers 1 to 9. Each number can appear only once in each row, column, and 3x3 block. Use logic and process of elimination to solve the puzzle.

2	7	8			9			
	1				5		7	
		6	3		2		1	8
	6			5		8		3
7			2		3			1
5		9		8			6	
8	2		4		1	6		
	4		5				2	
			7			4	8	5

SOLUTIONS TO YESTERDAY'S SUDOKU

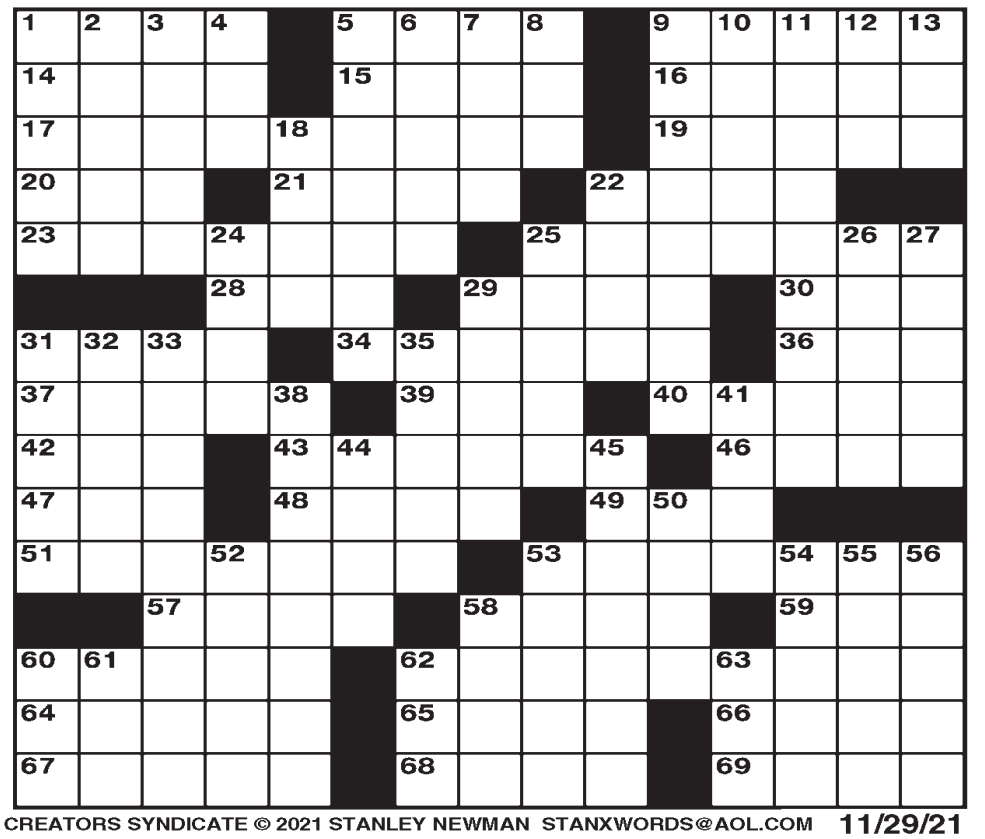
6	4	3	8	7	2	1	5	9
9	5	8	3	1	4	6	7	2
1	7	2	6	5	9	3	4	8
4	8	5	7	2	6	9	1	3
7	1	6	9	3	5	2	8	4
2	3	9	1	4	8	7	6	5
5	9	4	2	6	1	8	3	7
3	2	1	5	8	7	4	9	6
8	6	7	4	9	3	5	2	1

Newsday Crossword

CLEANING UP by Greg Johnson
Edited by Stanley Newman
www.stanxwords.com

ACROSS
1 Tot's word for "mother"
5 Apiece
9 __ in the woods (innocent ones)
14 Has debts
15 Hint for a detective
16 Barack or Michelle
17 Small fabric for showering
19 With cashews and almonds, say
20 Historical period
21 Toe the __ (do as you're told)
22 Netlike fabric
23 Mold into a new form
25 Artist's color board
28 Commercials and billboards
29 Chinese lap dog, for short
30 Charity website suffix
31 Catches, as a crook
34 Gets married secretly
36 Shake of a dog's tail
37 Nebraska's largest city
39 Photo __ (picture-taking events)
40 Glove leather
42 Any way a compass needle points: Abbr.
43 Life-story movie
46 Ran away from
47 Swelled head
48 Japanese maker of PlayStations
49 Cable TV film network
51 Starts to melt
53 "Grand" parade official
57 Boys in the family
58 Used to be
59 "Now I get it!"
60 "Tell me all __ it"
62 What a faucet provides to wash up with
64 Extremely angry
65 Border of a tabletop
66 Drip from a damaged pipe
67 Run out, as a subscription
68 Home owner's document
69 Totals numbers

DOWN
1 Lawn-cutting machine
2 Fully informed
3 Flat-topped Southwestern hills
4 Fireplace residue
5 Sun-blocking astronomical event
6 Without assistance
7 Adorable
8 Sound of a chuckle
9 Filleted, as fish
10 Treat poorly
11 Fabric for after a shower
12 Ambulance driver: Abbr.
13 Pronounce
18 Dressed (in)
22 Manufacture
24 Corned beef and potatoes side dish
25 Coke competitor
26 Make an exchange
27 __ on (encouraged)
29 __ seed (bagel tidbit)
31 Junction points
32 Male friend from Mexico
33 Cake to wash up with
35 Lake birds
38 Student not in class
41 Sci-fi saucers, for short
44 Atoms with a charge
45 Won over with hospitality
50 Cook, as coffee
52 Recommends highly
53 Enter a highway
54 Detested
55 Leading in a race
56 Carefree adventures
58 Walk through a brook
60 Feel poorly
61 Swimsuit top
62 Got married
63 __ carte menu



CREATORS SYNDICATE © 2021 STANLEY NEWMAN STANXWORDS@AOL.COM 11/29/21

What's Up Westside
out and about in Santa Monica

MONDAY | NOV 29

MENORAH LIGHTINGS ON THIRD STREET PROMENADE
Nightly menorah lightings will celebrate the Festival of Lights during the Hanukkah season from Sunday, November 28 through Monday, December 6. The lighting of the menorah will begin at sundown and take place on the 1400 block of Third Street Promenade (located between Santa Monica Blvd and Broadway).

WHAT I DID LAST SUMMER
bG Gallery is pleased to present "What I Did Last Summer ", a solo exhibition by artist, Ellen Schinderman. As an artist and feminist, the reclaiming of needle and thread fascinates Ellen. Her work comes from a need to celebrate female pleasure and female bodies. This exhibit will focus on Schinderman's activities during lockdown in Los Angeles during the COVID-19 pandemic. bG Gallery 2525 Michigan Ave, #A2

TUESDAY | SEP NOV 30

WINTERLIT LIGHTS
Downtown Santa Monica, Inc. (DTSM) brings the holidays to the Third Street Promenade with the return of Winterlit, transforming the downtown district into an immersive, festive experience. Tens of thousands of colorful lights, decor and garland will deck the Third Street Promenade, 2nd and 4th Streets, illuminating convenient shopping and cozy outdoor dining experiences. Santa Clause will be in town and available for photos. WInterlit runs through the holiday season.

WEDNESDAY | DEC 1

DOWNTOWN FARMERS MARKET
The largest grower-only Certified Farmers Market in Southern California and a favorite for local chefs! Enjoy one of Santa Monica's farmers markets, widely considered to be among the best on the west coast and featuring field-fresh produce, hundreds of kinds of vegetables, brilliant cut flowers, breads, cheeses, delicious foods, live music and more. 8:30 a.m. to 1:30 p.m. Arizona Ave & 2nd St

THURSDAY | DEC 2

COCKTAILS AND ALL THAT JAZZ
from November 25th to January 6th, Loews Santa Monica Beach Hotell has created the best of holiday cheer, seasonal cocktails, live entertainment, culinary creations, and more for the whole family to enjoy. Listen to live jazz this holiday season, by the beach, every Thursday night beginning December 2nd, 2021 in our lobby lounge from 5pm to 9pm. Loews Santa Monica Beach Hotel 1700 Ocean Ave.

FRIDAY | DEC 3

THE PRACTICE OF DISGUISE - BEHIND THE SCENES
An experimental video trailer by Taiwanese artist Ling-lin Ku, produced under the framework of her solo show entitled The Practice of Disguise, features a behind the scene look at her time as an AiR at 18th Street Arts Center. The video will present footage around her studio and process, interviews with staff members and artists, the exhibition, as a visual collage along with other researched images. Streaming online at Facebook Live (@18thstreetarts) at 12 p.m. to 1p.m. For more information visit https://18th-street.org/event/thepracticeofdisguise/

ANNENBERG COMMUNITY BEACH HOUSE TOUR
Santa Monica Conservancy docents will be on hand Friday, Saturday and Sunday from 12 - 2 p.m. at the Annenberg Community Beach House! Discover the site's rich history from the 1920s to present day. Our free 20-minute guided tours are available on a walk-up basis for individuals and groups of up to six people. Please wear a mask as it is required indoors at City of Santa Monica facilities. Reservations not required. 415 Pacific Coast Highway.

SEASIDE CINEMA AT LOEWS SCREENS THE GRINCH
Loews Santa Monica Beach Hotel announces its third annual holiday program, Seaside Holidays. Tis the season for FREE holiday movies... beachside. Seaside Cinema Holidays features timeless classics, seasonal culinary treats, and more.Movies show from 6pm-8pm.

SAT |DEC 4

CELEBRATE PICO
Save the date for a free, fun family event at the Pico Farmer's Market at Virginia Park from 9am - 1pm! A 10-ft Wishing Tree will be up at the corner of Pico and Cloverfield, and kid's can spin a prize wheel for candy or toys, and enjoy a spectacular framed kids art project sponsored by the charming new Creative Roads Kids Enrichment Center. We'll hang your child's mural art in a Pico merchant's shop! The Pico Branch librarians have Storytime planned for 10:15am and 11:15am and Pico Improvement Org has some fabulous canvas totes to surprise lucky visitors.

MONTANA AVENUE HOLIDAY WALK
Find wonderful gifts, have your photos taken with Santa, listen to live music, indulge in great food and drinks. This is a fun night for all! 10 a.m. - 6 p.m. on Montana Ave.

For help submitting an event, contact us at
310-458-7737 or submit to events@smdp.com

FIND THE WORDS

This is a theme puzzle with the subject stated below. Find the listed words in the grid. (They may run in any direction but always in a straight line. Some letters are used more than once.) Ring each word as you find it and when you have completed the puzzle, there will be 21 letters left over. They spell out the alternative theme of the puzzle. © australianwordgames.com.au 5313

Running a business

A L H F Y T I L I B A I L C T
B U S I N E S S P F N A O S R
W V A L U E U E A C E I A I O
Y S C E S M R R O R N E N X P
L E K R D S S M O N E Y S P X
E G P C O V E R D R A F T E E
V A B N O W S T A T E M E N T
Y W A O G T N O G O L D O C K
S L T S I S S A S T R T M E D
B M E L A S I C E E E I K Y E
C A R D S N E D R S N F T D B
S D N O B E I U A T P U A I T
N G L K F O S C H I D R J S S
K C U B U U T A S K T I D U A
O D K S I R O T A C C R U E D

Accrued
ASIC
Assist
Audit
Bank
Bonds
Buck
Business
Card
Cash
Coin
Crown
Debts
Ducat
Duty
Euro
Export
Fees
File
Forms
Gain
Gold
Goods
Income
June
Kits
Levy
Liability
Loan
Loss
Meet
Mint
Money
Notes
Overdraft
Pay
Personal
Real
Risk
Safe
Sale
Shares
Sixpence
Statement
Stocks
Tedious
Trade
Usurer
Value
Wage

SOLUTIONS TO YESTERDAY'S WORDS PUZZLE.
A very slow process

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Vehicles for Sale
Massage
Services
Computer Services
Attorney Services
Business Opportunities
Yard Sales
Health and Beauty
Fitness
Wealth and Success
Lost and Found
Personals
Psychic
Obituaries
Tutoring

DBA

FICTITIOUS BUSINESS NAME STATEMENT FILE NUMBER:File Number: 2021233718 ORIGINAL FILING This statement was filed with the County Clerk of LOS ANGELES on 10/06/2021. The following person(s) is (are) doing business as 1.Dose 2. Mindhoney 2219 Main St Unit 276 Santa Monica CA 90405The full name of the registrant(s) is/are Nomadic + Ventures LLC 2219 Main St, Unit 276 Santa Monica CA 90405This Business is conducted by: A Limited Liability CompanyThe registrant commenced to transact business under the fictitious business name or names listed on (Date) 1. 08/2020 2.N/A Registrant/ Corp/ LLC Name /s/: Nomadic +Ventures LLCTitle: ManagerThis statement was filed with the County Clerk of LOS ANGELES County on 10/26/2021 NOTICE: THIS FICTITIOUS BUSINESS NAME STATEMENT EXPIRES FIVE YEARS FROM THE DATE IT WAS FILED IN THE OFFICE OF THE COUNTY CLERK. A NEW FICTITIOUS BUSINESS NAME STATEMENT MUST BE FILED PRIOR TO THAT DATE. The filing of this statement does not of itself authorize the use in this state of a fictitious business name statement in violation of the rights of another under federal, state, or common law (see Section 14411et seq.,Business and Professions Code). SANTA MONICA DAILY PRESS to publish, 11/08/2021, 11/15/2021, 11/22/2021, 11/29/2021

FICTITIOUS BUSINESS NAME STATEMENT FILE NUMBER:File Number: 2021241384 ORIGINAL FILING This statement was filed with the County Clerk of LOS ANGELES on 11/03/2021. The following person(s) is (are) doing business as House of Sacred Harmony, 11731 Santa Monica Blvd West Los Angeles CA 90025The full name of the registrant(s) is/are Theodore Carrier 2001 Olympic Blvd,131 Santa Monica CA 94040This Business is conducted by: An Individual The registrant commenced to transact business under the fictitious business name or names listed on (Date) N/A Registrant/Corp/ LLC Name /s/: Theodore Carrier Title: Owner This statement was filed with the County Clerk of LOS ANGELES County on 11/03/2021 NOTICE: THIS FICTITIOUS BUSINESS NAME STATEMENT EXPIRES FIVE YEARS FROM THE DATE IT WAS FILED IN THE OFFICE OF THE COUNTY CLERK. A NEW FICTITIOUS BUSINESS NAME STATEMENT MUST BE FILED PRIOR TO THAT DATE. The filing of this statement does not of itself authorize the use in this state of a fictitious business name statement in violation of the rights of another under federal, state, or common law (see Section 14411et seq.,Business and Professions Code). SANTA MONICA DAILY PRESS to publish, 11/15/2021,11/22/201, 11/29/2021, 12/06/2021

FICTITIOUS BUSINESS NAME STATEMENT FILE NUMBER:2021224057 ORIGINAL FILING This statement was filed with the County Clerk of LOS ANGELES on 10/14/21 . The following person(s) is (are) doing business as HOW2PLUMB 2352 Hillsbury Rd Westlake Village CA 91361 The full name of the registrant(s) is/are 1.Daniel Jay Moore 2. Maria Rose Moore 2352 Hilsbury Rd Westlake Village CA 91361 This Business is conducted by: A Married Couple The registrant commenced to transact business under the fictitious business name or names listed on (Date) 08/2016 Registrant/Corp/ LLC Name /s/: Daniel Jay Moore Title:Owner This statement 202 was filed with the County Clerk of LOS ANGELES County on 10/14/21 NOTICE: THIS FICTITIOUS BUSINESS NAME STATEMENT EXPIRES FIVE YEARS FROM THE DATE IT WAS FILED IN THE OFFICE OF THE COUNTY CLERK. A NEW FICTITIOUS BUSINESS NAME STATEMENT MUST BE FILED PRIOR TO THAT DATE. The filing of this statement does not of itself authorize the use in this state of a fictitious business name statement in violation of the rights of another under federal, state, or common law (see Section 14411et seq.,Business and Professions Code). SANTA MONICA DAILY PRESS to publish, 11/13/21, 11/15/21, 11/22/21, 11/29/21

FICTITIOUS BUSINESS NAME STATEMENT FILE NUMBER:2021243839 ORIGINAL FILING This statement was filed with the County Clerk of LOS ANGELES on 11/05/21 . The following person(s) is (are) doing business as 1.NOTARY ASAP 2.NOTARY ASAP LIVE 1517 Federal Ave Apt 3 Los Angeles CA 90025 The full name of the registrant(s) is/ are Brandon Killman 1517 Federal Ave #3 Los Angeles CA 90025 This Business is conducted by: An Individual The registrant commenced to transact business under the fictitious business name or names listed on (Date) N/A Registrant/Corp/ LLC Name /s/: Brandon Killman Title:Owner This statement was filed with the County Clerk of LOS ANGELES County on 11/05/21 NOTICE: THIS FICTITIOUS BUSINESS NAME STATEMENT EXPIRES FIVE YEARS FROM THE DATE IT WAS FILED IN THE OFFICE OF THE COUNTY CLERK. A NEW FICTITIOUS BUSINESS NAME STATEMENT MUST BE FILED PRIOR TO THAT DATE. The filing of this statement does not of itself authorize the use in this state of a fictitious business name statement in violation of the rights of another under federal, state, or common law (see Section 14411et seq.,Business and Professions Code). SANTA MONICA DAILY PRESS to publish, 11/22/21,11/29/21,11/06/21, 11/13/21

FICTITIOUS BUSINESS NAME STATEMENT FILE NUMBER: 2021252557ORIGINAL FILING This statement was filed with the County Clerk of LOS ANGELES on 11/18/2021 . The following person(s) is (are) doing business as JACKSTORY 5301 Beethoven Street suite 134 Los Angeles Ca 90066 The full name of the registrant(s) is/are Michael Duggan Productions, inc 5301 Beethoven Street suite 134 Los Angeles Ca 90066 This Business is conducted by: A Corporation The registrant commenced to transact business under the fictitious business name or names listed on (Date) 10/2021 Registrant/Corp/ LLC Name /s/: Michael Duggan Productions, Inc Title:CEO This statement was filed with the County Clerk of LOS ANGELES County on 11/18/2021 NOTICE: THIS FICTITIOUS BUSINESS NAME STATEMENT EXPIRES FIVE YEARS FROM THE DATE IT WAS FILED IN THE OFFICE OF THE COUNTY CLERK. A NEW FICTITIOUS BUSINESS NAME STATEMENT MUST BE FILED PRIOR TO THAT DATE. The filing of this statement does not of itself authorize the use in this state of a fictitious business name statement in violation of the rights of another under federal, state, or common law (see Section 14411et seq.,Business and Professions Code). SANTA MONICA DAILY PRESS to publish,11/29/2021, 12/6/2021, 12/13/2021, 12/20/2021

Name Change

ORDER TO SHOW CAUSE FOR CHANGE OF NAMECase No. 21CHCP00402Superior Court of California, County of Los AngelesPetition of Scott Evan Palmer for Change of NameTO ALL INTERESTED PERSONS:Petitioner or Attorney: Scott Evan Palmer filed a petition with this court for a decree of changing names as follows: Scott Evan Palmer to Jonas Scott Palmer the court orders that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Notice of Hearing: Date 1/05/2022 Time: 8:30 a.m, Dept: F47 Room: - . The address of the court is SUPERIOR COURT OF CALIFORNIA - COUNTY OF LOS ANGELES, 1725 Main St Santa Monica, CA 90401A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Santa Monica Daily Press.Date:11/08/2021

ORDER TO SHOW CAUSE FOR CHANGE OF NAMECase No. 21SMCP00477Superior Court of California, County of Los AngelesPetition of Nancy Miranda Carlson for Change of NameTO ALL INTERESTED PERSONS:Petitioner or Attorney: Erica Kim Verba filed a petition with this court for a decree of changing names as follows: Erica Kim Verba to Ericka Kim Verba the court orders that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Notice of Hearing: Date 01/14/2022 Time: 8:30 a.m, Dept: K Room: - . The address of the court is SUPERIOR COURT OF CALIFORNIA - COUNTY OF LOS ANGELES, 1725 Main St Santa Monica, CA 90401A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Santa Monica Daily Press.Date:11/16/2021

ORDER TO SHOW CAUSE FOR CHANGE OF NAMECase No. 21SMCP00651Superior Court of California, County of Los AngelesPetition of Mark Wagner and Regan Phillips on behalf of Ryder Wagner for Change of NameTO ALL INTERESTED PERSONS:Petitioner or Attorney: Mark Wagner and Regan Phillips on behalf of Ryder Wagner filed a petition with this court for a decree of changing names as follows: Ryder Captain Maxwell Wagner to Captain Ryder Maxwell Wagner the court orders that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Notice of Hearing: Date 02/04/2022 Time: 8:30 a.m, Dept: k, Room: - . The address of the court is SUPERIOR COURT OF CALIFORNIA - COUNTY OF LOS ANGELES, 111 N. Hill St Room 102, Los Angeles, CA 90012A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Santa Monica Daily Press.Date:11/17/2021

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