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smdp
Santa Monica Daily Press

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Design fair levels up homesteads for holiday season

THOMAS LEFFLER
SMDP Staff Writer

The importance of feeling comfortable in one's home is priceless, with people from across the Los Angeles area always looking for the next step to upgrade their property's style and functionality. This week, locals will get the chance to do just that during the west coast's premier event dedicated to the latest in interior design and housing lifestyle.

WestEdge Design Fair returns to Santa Monica for the first time since 2019 beginning Thursday, a three-day experience featuring over 175 brands from across the globe in categories such as furniture, lighting, art, kitchen and bath amenities. Taking over the Santa Monica Airport's Barker Hangar venue, attendees will be able to survey new and exciting products, as well as hear from over 45 presenting speakers and take part in 20 culinary and mixology demonstrations.

The combination of design products and lifestyle innovation is more needed than ever, says WestEdge co-founder Megan Reilly, particularly after the COVID-19 pandemic shed light on the need for a happy home.

"During COVID, we spent more and more time at home, (so) we recognize how important it is to have a space that you're comfortable in, but (also be) functional and healthy and nurturing in whatever way it needs to be for you and your family," Reilly said. "I think that's part of why people keep coming back, because there's a demand not only for good design ... I think there's that desire to learn and

SEE **DESIGN** PAGE 6

A pair of Samohi alumni are tackling the vaping crisis

ANTOINETTE DAMICO
Daily Press Intern



Vaping, the use of non cigarette nicotine devices, has become a crisis among youth and a growing challenge for users of all ages. While government efforts have been focused on preventing the sale of these addictive products, a new Santa Monica company is working to help those already hooked quit.

Jones is an anti-vaping network which combines Nicotine replacement therapy, behavioral support, and a judgment-free "quitters" community to help those looking to quit or reduce their vaping. Founded by Santa Monica natives, Hilary Dubin and Caroline Vasquez Huber, this initiative aims to destigmatize quitting, and expand access to the unknown resources available to cease the habit.

"We were always jonesing for for a vape so now we're, we're the same way that we've kind of repurposed the word quitter in a lot of our marketing, it's like for 'quitters' 'join the quitting movement', this idea of quitting being something positive. I think also Jones similar they can be you know, jonesing for a stroll outside with some friends jonesing for something positive. I think we can really use these words to inspire something positive," said Huber.

Founders and best friends, Dubin and Vasquez Huber attribute their close relationship

SEE **JONES** PAGE 7

Wonderfully weird world of Seuss comes to life







Photos by Thomas Leffler

SEUSS: On Thursday, families were given the opportunity to visit the Dr. Seuss Experience at Santa Monica Place, an exhibit dedicated to the timeless children's classics and their author. The exhibit featured various tributes to Seuss' iconic works, such as replications of the Whoville tree from "How the Grinch Stole Christmas!" and the Truffula Forest from "The Lorax." Along with the replicas and various games for children, the experience included an art section showcasing the author's body of work. The exhibit will remain at Santa Monica Place through the end of 2023.



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A salon with a side of sculpture

ANTOINETTE DAMICO
Daily Press Intern

Mauricio Navvaro is a man of creative passions who currently channels his artistic endeavors into a combination mens hair salon and art gallery in Santa Monica's mid-city neighborhood.

As a professional hair stylist with decades of experience, Navvaro is proud of the space he owns in the city but he's as excited to showcase his skill with a paintbrush as he is with a hairbrush.

Mauricio's VIP Hair Lounge specializes in men's haircuts and grooming with the intention of making men both look and feel their best. In an effort to encourage the best in his customers, Navvaro covers the walls of the salon with his colorful and fun works of art, hoping to inspire a love for beauty in his clients. From paintings to sculptures, a haircut with Navvaro becomes more than a haircut, but a creative transformation.

"I just want to work – and share my work with people. That's all that's all I wanted to do – I've been hiding my paintings for a long time because I didn't have a place to display my work... But [the salon] is something that I can show people what I do," said Navvaro.

Born in Mexico City, Navvaro has been making art for as long as he can remember, but the commitments of work and family made it difficult to fulfill this passion. "When I was little I used to draw, but [then] I have my daughter and I got married – No time to do it – So [in] 2003, I started to do it – my work," said Navvaro.

> I want to show people what I do, not only cutting people's hair, but also, I'm an artist. So I want people to see my work, and share it with people and share it with the community
>
> - Mauricio Navvaro

Opening the hair lounge has given Navarro the opportunity to continue making art and present it to those in Santa Monica.

SEE **SALON** PAGE 4



Antoinette Damico

ARTIST: Mauricio Navvaro has a business near 24th and Wilshire.

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News Binge: a roundup of last week's headlines

SMDP STAFF

The Samohi Lady Vikings faced an unconventional inaugural 2023 flag football season, marked by uncertainty about the game rules and skepticism in the male-dominated sport. Despite lacking traditional measures for success, the team overcame challenges, gradually gaining momentum and ultimately securing an undefeated Ocean League championship with a 16-3 overall record, including a perfect 8-0 Ocean League record. The players and coaches navigated unfamiliar territory, defying expectations and achieving a remarkable outcome.

Scuba dive boat captain Jerry Boylan, 69, has been convicted of criminal negligence in the 2019 fire that killed 34 people, including two from Santa Monica, marking the deadliest recent maritime disaster in the US. The verdict, one count of misconduct or neglect of a ship officer, follows a 10-day trial in downtown Los Angeles. Boylan faces potential sentencing to 10 years in prison on Feb. 8, the sole individual charged in connection to the tragic incident. His public defenders refrained from commenting after the courthouse verdict.

Despite the easing of the COVID-19 pandemic, the urgent issue of food insecurity persists, prompting the Westside Food Bank to host its 33rd annual 5K Hunger Walk. This event, aimed at raising awareness and funds for food assistance, saw hundreds of participants wearing blue shirts along Santa Monica's Ocean Front Walk. Westside's President and CEO, Genevieve Riutort, stressed the severity of the food crisis, describing it as "record high," underlining the ongoing need for support in ensuring ample, nutritious food for those in need.

Santa Monica's Pico district stands out as a hub of local business success, notably characterized by a strong work ethic along Pico Boulevard. The "Our Pico" portrait gallery, a collaboration between the Pico Improvement Organization and photographer Sam Comen, showcases the human stories behind the storefronts. The project, funded by a grant from the City of Santa Monica's Art of Recovery program, features engaging portraits of 41 workers in various roles, capturing the essence of hands-on work, entrepreneurship, and artisan crafting. Comen's empathetic approach aligns with the project's goal to highlight the humanity of Pico's diverse businesses.

The Samohi Vikings football team achieved a notable victory on Nov. 3, securing their first playoff win since 2019 with a 33-27 triumph over Santa Ana. The win marked a turnaround season, following a 6-4 regular season record in 2023. Despite an early 14-0 deficit and poor visibility due to fog, quarterback Wyatt Brown led the team to success, throwing for 278 yards and two rushing touchdowns. Brown's stellar performance added to his record-breaking 2023 campaign, previously holding the single-season passing yards record for his sophomore season.

The Samohi Cross-Country girls' varsity team secured a spot in the postseason preliminary meet during the challenging Bay League Finals on Nov. 2. Despite finishing fourth at the meet, just missing the top three cutoff for preliminaries, their 11th-place Southern Section ranking granted them a "wild card" bye into the Mt. San Antonio College meet. Junior standout Phoebe Benun continued her dominant 2023 campaign, winning the 3-mile varsity race and claiming back-to-back individual Bay League championships, a feat not achieved since 2008-2009.

In a narrow vote, Santa Monica City Councilmembers approved the Justice for Renters Act, with four in favor, one against, and two abstentions. The act, which has qualified for the November 2024 state ballot, aims to address limitations imposed by the Costa Hawkins Act. Costa Hawkins restricts rent control on single-family homes, condos, and units built after 1995, as well as prohibiting "vacancy control" preventing rent increases between tenants.

A Los Angeles City Council committee voted 3-2 against extending the pandemic-related rent increase freeze set to expire on January 31, 2024. Instead, they approved a proposal allowing smaller rent increases for properties covered by the 1979 Rent Stabilization Ordinance. Councilmember Bob Blumenfield amended the proposal, requesting the city attorney draft an ordinance temporarily setting rent-controlled unit increases at a capped 4% from Feb. 1 to June 30, 2024, addressing legal and fairness concerns.

Little Amal, a puppet symbolizing a 10-year-old Syrian refugee girl, captivated spectators on the Santa Monica Pier as part of the Amal Walks Across America tour. Operated by a person inside and supported by the Handspring Puppet Company, Amal walked the length of the pier, welcomed by Hawaiian dance teacher Kumu Hula Keali'l Ceballos and his Halau Hula Keali'l O Nalani dance company at the west end. Inspired by a character from "The Jungle," the puppet represents refugees worldwide, concluding its journey across America after visiting over 35 cities and participating in 100 events.

Despite California investing billions to house homeless veterans, the number of former military service members living on the streets has remained steady for nearly a decade. Presently, one-third of the nation's unhoused veterans reside in California. The state's competitive housing market, combined with the challenges veterans encounter upon returning home, contributes to the persistently high rates of veteran homelessness, according to Alex Visotzky, senior California policy fellow at the National Alliance to End Homelessness.

SEND YOUR NEWS TO THE EDITOR

Santa Monica Daily Press editor@smdp.com



Surf report

WATER TEMP: **61.7**

MONDAY
FAIR
SURF: 2-3ft
Thigh to waist

Could nudge up a touch from Sunday. Steep angled NW swell mix could come up slightly, though the region is on the smaller side.

TUESDAY
FAIR
SURF: 2-3ft
Thigh to waist

Potential for some new S swell to gradually move in, stay tuned. Early AM winds look favorable, but a 6'+ mid AM high tide does not.

Weather

Monday: Partly sunny, with a high near 71.
Monday Night: Mostly cloudy, with a low around 54
Tuesday: Partly sunny, with a high near 70.
Tuesday Night: A slight chance of showers. Mostly cloudy, with a low around 55.

Date	Day	Time (LST/LDT)	Predicted (ft)	High/Low
2023/11/13	Mon	01:54 AM	1.84	L
2023/11/13	Mon	08:14 AM	6.22	H
2023/11/13	Mon	3:23 PM	-0.51	L
2023/11/13	Mon	9:41 PM	3.80	H
2023/11/14	Tue	02:20 AM	2.10	L
2023/11/14	Tue	08:43 AM	6.32	H
2023/11/14	Tue	4:05 PM	-0.63	L
2023/11/14	Tue	10:32 PM	3.59	H
2023/11/15	Wed	02:49 AM	2.36	L
2023/11/15	Wed	09:16 AM	6.29	H
2023/11/15	Wed	4:52 PM	-0.62	L
2023/11/15	Wed	11:33 PM	3.39	H
2023/11/16	Thu	03:20 AM	2.63	L
2023/11/16	Thu	09:55 AM	6.13	H
2023/11/16	Thu	5:45 PM	-0.51	L
2023/11/17	Fri	12:48 AM	3.28	H
2023/11/17	Fri	04:00 AM	2.90	L
2023/11/17	Fri	10:43 AM	5.83	H
2023/11/17	Fri	6:46 PM	-0.34	L
2023/11/18	Sat	02:19 AM	3.37	H
2023/11/18	Sat	05:03 AM	3.17	L
2023/11/18	Sat	11:45 AM	5.41	H
2023/11/18	Sat	7:54 PM	-0.16	L

Daily Lottery

Although every effort is made to ensure the accuracy of the winning number information, mistakes can occur. In the event of any discrepancies, California State laws and California Lottery regulations will prevail. Complete game information and prize claiming instructions are available at California Lottery retailers. Visit the California State Lottery web site at http://www.calottery.com

POWERBALL
Draw Date: 11/8
14 21 33 39 62
Power#: 20
Jackpot: 220 M

MEGA MILLIONS
Draw Date: 11/7
3 11 33 42 52
Mega#: 20
Jackpot: 223 M

SuperLotto Plus
Draw Date: 11/8
10 12 15 29 44
Mega#: 22
Jackpot: 13 M

Fantasy 5
Draw Date: 11/8
11 17 18 26 30

Daily 3
Draw Date: 11/8
EVENING: 0 2 0
Draw Date: 11/8
MIDDAY: 8 0 5

Daily Derby
Draw Date: 11/8
1st: 12 - Lucky Charms
2nd: 04 - Big Ben
3rd: 05 - California Classic
Race Time: 1:45.14

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Santa Monica Daily Press
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Name Change

ORDER TO SHOW CAUSE FOR CHANGE OF NAMECase No.23SMCP00567Superior Court of California, County of Los AngelesPetition of Tabitha Zavaleta by Carla Ascarza for Change of Name TO ALL INTERESTED PERSONS:Petitioner or Attorney: Tabitha Zavaleta by Carla Ascarza filed a petition with this court for a decree of changing names as follows: Tabitha Zavaleta to Tabitha AscarzaThe court orders that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Notice of Hearing: Date 12/22/2023 Time: 8:30 a.m, Dept: K Room: - The address of the court is SUPERIOR COURT OF CALIFORNIA - COUNTY OF LOS ANGELES 1725 Main Street Santa Monica, CA 90401A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Santa Monica Daily Press.

Name Change

ORDER TO SHOW CAUSE FOR CHANGE OF NAMECase No. 23BBCP00232 Superior Court of California, County of Los AngelesPetition of Ik David Choi for Change of NameTO ALL INTERESTED PERSONS:Petitioner or Attorney: Ik David Choi filed a petition with this court for a decree of changing names as follows: Ik David Choi to David Ik Eun Choi The court orders that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Notice of Hearing: Date 1215/2023 Time: 9:00 a.m, Dept: A Room: – The address of the court is SUPERIOR COURT OF CALIFORNIA - COUNTY OF LOS ANGELES North Central District Burbank 300 East Olive Ave Burbank, CA 91502 A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Santa Monica Daily Press.

Name Change

ORDER TO SHOW CAUSE FOR CHANGE OF NAME Case No. 23SMCP00584 Superior Court of California, County of Los Angeles Petition of Julia Ann Friedman for Change of Name TO ALL INTERESTED PERSONS: Petitioner or Attorney: Julia Ann Friedman filed a petition with this court for a decree of changing names as follows: Julia Ann Friedmanto Julia Ann Lopate The court orders that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Notice of Hearing: Date 11/29/2023 Time: 8:30 a.m, Dept: K Room: 203 The address of the court is SUPERIOR COURT OF CALIFORNIA - COUNTY OF LOS ANGELES 1725 Main St Santa Monica CA 90401 A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Santa Monica Daily Press

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GUEST COMMENTARY

Send comments to editor@smdp.com

Protecting Californians' Social Care Access

California has a healthcare and social services crisis on its hands. This state's people live in a time of great generational vulnerability. Homelessness, food insecurity, and mental health diagnoses are all up considerably from just a few short years ago. Over 9 million Californians live in a community that has a shortage of mental health professionals, and over 20% of adults with anxiety and depression symptoms are unable to get counseling or therapy.

To combat this growing statewide healthcare epidemic, California recently launched an initiative called CalAIM, which is increasing the attention and services the state provides to individuals with these types of health concerns. By making greater use of 21st-century technology, the program is streamlining state processes to expedite response times to California residents' health and social care needs — reducing care lapses while improving overall patient care.

A protectionist-driven bill in the California legislature, AB 1011, seeks to undermine the commendable progress the state is making on this issue by making it more difficult for health and social care providers to make referrals. If passed, this legislation would assist one well-connected technology corporation in obtaining more business, but it would come at great expense to California's care access problem.

97% of California's family physicians keep electronic records, which can be shared easily with other health and social care organizations. Under current law, patients and customers can consent to their doctors and social care providers sharing this information with any care providers the patients deem necessary, and those care providers can use information in accordance with that individual's consent. AB 1011 would end this age-old practice in California, effectively prohibiting care facilities from exchanging information with other providers to provide care to their shared patients, even when individuals consent to sharing such information. This is not just irrational; it is dangerous.

It often takes over a dozen referrals to get vulnerable Californians the proper care they need. Disallowing residents from providing consent for referrals undermines their autonomy, leading to dozens of extraneous calls and messages and extreme difficulty for doctors and social care organizations to serve the people they have pledged to protect. This is especially true considering that the most vulnerable segments of this state's population often struggle to sign consent forms and answer care provider phone calls in timely fashions due to their life circumstances. AB 1011 would reverse much of CalAIM's progress in addressing the state's health and social services crisis, leaving thousands of Californians without care.

In this time of significant vulnerability, CalAIM has given thousands of Californians reason for hope. Now is not the time for the California legislature to reverse this hope and reverse years of technological progress to meet the business interests of one company. Now is the time for state lawmakers to double down on their commitment to addressing this pressing access to care issue so the state's health and social care epidemic can soon become a relic of the past. The fate of scores of residents depends on it.

Katheryn Hunter is a private practice therapist and social worker who specializes in helping Californians navigate acute mental health episodes

SALON

FROM PAGE 2

"I want to show people what I do, not only cutting people's hair, but also, I'm an artist. So I want people to see my work, and share it with people and share it with the community," said Navvaro.

His art takes customers through a journey of his life as they sit in the chair. Inspired by his upbringing both in Mexico and LA, the paintings and sculptures feature aspects of Navvaro's life that resonate with any Santa Monica native.

One sculpture in particular repurposes an old skateboard and vintage hair clippers. One painting showcases a skull with a Dodgers cap, an ode to LA pride and the Mexican holiday 'Dia De Los Muertos.'

Five of his paintings will be featured in the upcoming movie, "For the Grape of God," all of which are currently on display in the salon.

"All the barbershops look the same [with] mirrors and machines, and this is different. You can see it's more work and more art than anything else. So every time people come they see that – I always [change], I have so many paintings that I always bring a new one," said Navvaro.

Navvaro has been pleased with the success of his store but would love to grow a bigger customer base. In the hopes of eventually opening up a larger location, he would be able to take on more clients and share more of his large collection of art.

"I want to serve the community... Students, they can get a discount. Senior citizens also, I can give [one]. I can work with the community and the community [can] come and see my work – It's not only for sale, but they can get inspired from it. This is my place," said Navvaro.

The salon is located at 1201 24th St from 9 a.m. to 5 p.m. Monday through Saturdays. https://www.scissorcutssantamonica.com/

GUEST COMMENTARY

Send comments to editor@smdp.com

Once homeless, California makes it needlessly difficult for people to regain housing

For all the billions that California has invested to solve homelessness, we have yet to commit to the most critical changes. I know because I've lived it.

In 2005, I was diagnosed with a rare and debilitating heart condition that put me in the hospital. While under treatment, I lost my job. That's when my 13-year-old daughter and I found ourselves without a home for the first time.

As I tried to get us back on our feet, I had a North Star that kept me going: I would not disrupt my daughter's education. I fought for her to get the same opportunities as other kids. Every week I took her to her extracurricular activities like classes to learn Japanese. Los Angeles Unified School District's homeless liaison helped me keep her on track.

After months of motels, couchsurfing and nights in my car, we entered a North Hollywood shelter in late 2006. I saved up everything I could, got a Section 8 voucher and found a new place to call home in Sun Valley.

But four years later, the landlord refused to make safety fixes. I spoke up. He retaliated. My daughter and I were once again without a place to call home.

I went through this cycle four times over more than a decade: safely housed, living in my car, sometimes the streets. Countless landlords refused me because I had a Section 8 voucher.

Today I have a home. I have a space to be with the people I love, just down the street from my favorite restaurant, Old Time Drive In.

When I moved into my home, my landlord delayed the process to transfer my voucher for so long that I lost it. I struggle to pay market-rate rent but I make it work while fighting for my rights because I refuse to cycle into homelessness again.

I've been resilient and endured, but I shouldn't have had to. California is supposedly the fifth-largest economy

SEE **GUEST COMMENTARY** PAGE 11



CalMatters

HOMELESS: It's challenging to get off the street once you've lost housing.

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DESIGN

FROM PAGE 1

engage and kind of figure out how you feel the best that you can in your living environment."

An extension of the now-defunct Architectural Digest Design Show on the east coast, the WestEdge fair has created what Reilly calls a "very solid network" of companies throughout its eight years, looking at brands both new to the Southern California marketplace and more well-known companies.

"(The fair) is proud to showcase the rich diversity of brands and exhibitors from across the globe," WestEdge Principal Troy Durst stated. "From established industry leaders to emerging talents, the fair represents the best in contemporary design. We're building a platform where creativity, innovation and the power of design come together, and (I) can't think of a better place to do so than in Los Angeles given the city's diverse makeup of innovators and creatives."

More than just a trade show, however, Reilly calls the fair a "lifestyle event" that caters to the consumer just as much as the design professionals. A "culinary pavilion" sponsored by PIRCH will offer daily food demonstrations and samplings, including a Thanksgiving wine pairings seminar in time for the holiday. The event also features a "Convo By Design" theater with two days of panel talks and industry forums on a variety of topics.

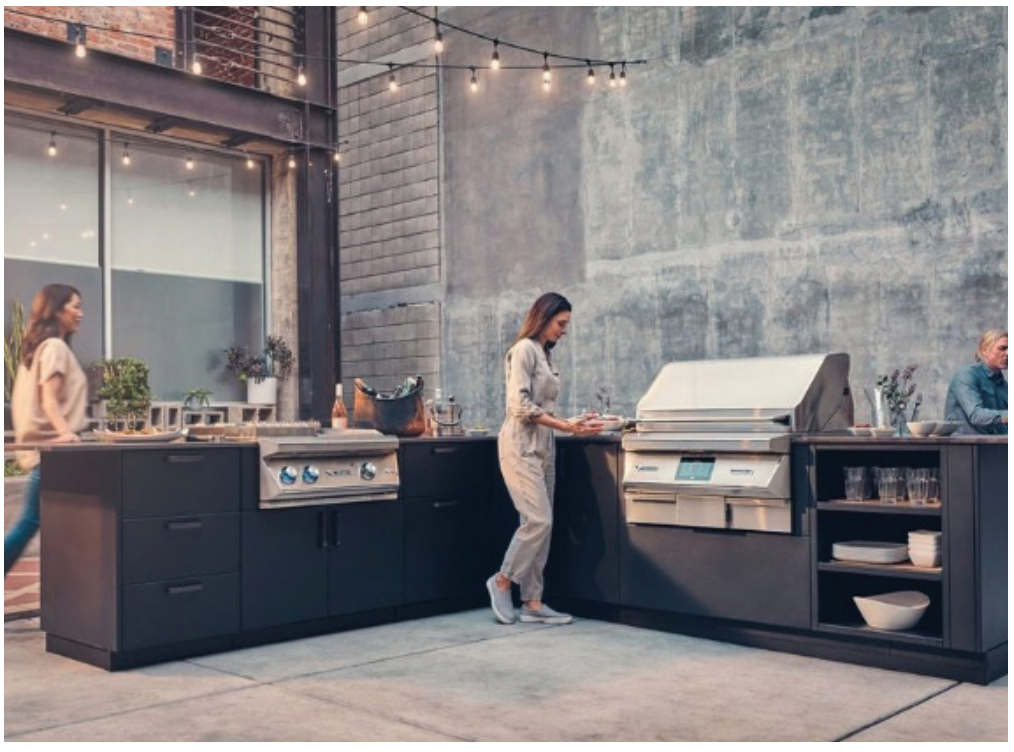
"Even though you're interacting with a lot of designers, architects, people who are design trade professionals … you can still have access to the event and come in and shop from these products, get inspired, learn something through a panel discussion or a networking event," Reilly noted.

The fair will kick off on Thursday evening with an Opening Night Party presented by PIRCH, with ticket proceeds and an auction of designer items benefitting Hollywood Food Coalition. The charitable organization's mission is to feed the food insecure through hot meal services, lunch bags, health services and social services across the Los Angeles area.

"It's a nice tie-in with … leading into Thanksgiving week and the holiday season … recognizing that everyone should have food on their table," Reilly said. "We deserve to … take care of each other in that sense."

For a full 2023 exhibitor list and more information on the fair, visit westedgedesignfair.com.

thomas@smdp.com







Courtesy Photo

THREE DAYS OF DESIGN: The WestEdge Design Fair will have 175 different brands exhibiting their wares, including grilling specialists Domestic Home.

JONES

FROM PAGE 1

and success to their upbringing in Santa Monica including their first meeting on the Blue Lightning AYSO soccer team.

"Santa Monica High School was really an amazing breeding ground for hustlers.

> The text program is more solo like sort of journaling where it's like let's focus on your habits and your triggers and what you can do in your environment and we send you daily encouragement each day, and the community of quitters comes in, in our app
>
> - Hilary Dubin

I can say that there was a lot of ingenuity that came out of that place... Going to high school there and really the collaborations that Hillary and I had in school in sports and extracurricular activities more broadly, really did play a role and kind of our lifelong desire at this point to start something we really believe in together," said Huber.

No one understands the addiction of vaping better than Dubin and Huber, who each struggled with the habit until they quit over a year ago.

"For a couple of years... It was every day - a big part of my day. And I decided I wanted to quit maybe like halfway through that and really, really struggled to quit," said Dubin.

While both have different experiences of how they began, they each eventually fell victim to the addictive habit

"Because it was marketed as something that was much safer than smoking it felt like kind of an okay indulgence... I assumed that quitting would be really straightforward, but it wasn't," said Huber.

Going 'cold turkey' became a repetitive cycle of stopping and returning to the vape. Feeling lost, they both thought that resources for quitting vaping were relatively slim, until Huber's mother, a doctor, recommended nicotine replacement therapy or NRT.

"Taking NRT was the first thing that sort of gave me some freedom to make it through a day without vaping... I personally was very much still quitting when we came up with the idea for Jones," said Dubin.

Typically in the form of lozenges, NRT works by releasing a small amount of nicotine into the body to reduce the withdrawal symptoms of quitting nicotine. It has been studied since the 60s, and while it is currently only FDA approved for cigarette cessation, many doctors now recommend it for vaping as well.

"It sort of gives you the mental space to not focus on your cravings and to feel sort of normal while you're quitting and while you're trying to address some of your other habits," said Dubin.

Those "other habits," such as the behavioral and aesthetic aspects of vaping, were something that went completely unaddressed with NRT use alone.

"The purchasing of NRT was really shameful. I think there wasn't a lot of awareness that NRT- there isn't to this day - could be helpful for other nicotine withdrawal symptoms,for those who vape... It didn't at all address the behavioral support side that's necessary for quitting nicotine, nor did it address any of the aesthetic appeal that both smoking and vaping have," said Huber.

The creation of Jones was born directly out of their shared experience, aiming to put together the missing pieces of the quitting puzzle to ensure maximum efficacy through a comprehensive and user-friendly system. "It was sort of hand in hand with our quitting process. And it was going through that process that really inspired us to seek out something better. And when we realized that that didn't exist, it inspired us to create it for ourselves," said Dubin.

Aside from the sleek packaged NRT, the duo utilizes behavioral and communal support through an app and text program, where users can connect with others using the Jones method, track their habits, and receive positive reinforcements when cravings get tough.

"The text program is more solo like sort of journaling where it's like let's focus on your habits and your triggers and what you can do in your environment and we send you daily encouragement each day, and the community of quitters comes in, in our app," said Dubin

Having the behavioral aspect was particularly important to Dubin, who studied cognitive science.

"Behavioral support actually has been shown to increase quit rates by 40%... but we haven't seen anyone really pairing the physical and the psychological elements together," said Dubin.

Regulators have long criticized vaping, especially among youth. In 2020, FDA regulators banned those teen-preferred flavors from reusable e-cigarettes like Juul and Vuse, which are now only sold in menthol and tobacco. But the flavor restriction didn't apply to disposable products, and companies like Elf Bar and Esco Bar quickly stepped in to fill the gap.

The growing variety in flavors like gummy bear and watermelon has been almost entirely driven by cheap, disposable devices imported from China, which the FDA considers illegal. Those products now account for more than half of U.S. vaping sales, according to government figures.

In the latest survey, about 56% of teens who vape said they used Elf Bar, trailed by Esco Bar and Vuse, which is a reusable e-cigarette made by R.J. Reynolds. Juul, the brand widely blamed for sparking the recent spike in teen vaping, was the fourth most popular brand, used by 16% of teens.

The FDA tried to block imports of both Elf Bar and Esco Bar in May, but the products remain widely available. Elf Bar has thwarted customs officials by changing its brand name, among other steps designed to avoid detection

There has been some success in dropping vaping rates. In a survey, 10% of high school students said they had used electronic cigarettes in the previous month, down from 14% last year.

However, those efforts are largely focused on prevention, rather than helping existing addicts quit.

Jones launched on Nov. 9 and looks forward to motivating any new quitters who are thinking of joining. For those under 18, they highly recommend their app and texting program, but would encourage talking to your doctor before taking any NRT.

"I think the number one thing that matters to us is making sure that people understand that it's really a judgment free journey. Because we've experienced this firsthand. We totally understand that quitting is not kind of like this miraculous thing that happens overnight," said Huber.



Courtesy Photo

QUITTERS: The founders of Jones grew up in Santa Monica and are using a combination approach to help people quit. .

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FICTITIOUS BUSINESS NAME STATEMENT FILE NUMBER: 2023221009 ORIGINAL FILING This statement was filed with the County Clerk of LOS ANGELES on 10/11/23.The following person(s) is (are) doing business as Chapter One Media 1531 17th B St Santa Monica, CA 90404Articles of Incorporation or Organization Number (if applicable): Ai #ON The full name of the registrant(s) is/are Meghan O'Sullivan 1531 17th B St Santa Monica, CA 90404, Alec Mcelroy 1531 17th B St Santa Monica, CA 90404If corporation or LLC- Print State of Incorporation/ Organization: This Business is conducted by: A General Partnership The date registrant commenced to transact business under the fictitious business name or names listed above on: N/ ARegistrant/Corp/ LLC Name /s/: Meghan O'Sullivan Title: General Partner Meghan O'Sullivan This statement was filed with the County Clerk of LOS ANGELES County on 10/11/23NOTICE: THIS FICTITIOUS BUSINESS NAME STATEMENT EXPIRES FIVE YEARS FROM THE DATE IT WAS FILED IN THE OFFICE OF THE COUNTY CLERK. A NEW FICTITIOUS BUSINESS NAME STATEMENT MUST BE FILED PRIOR TO THAT DATE. The filing of this statement does not of itself authorize the use in this state of a fictitious business name statement in violation of the rights of another under federal, state, or common law (see Section 14411 et seq. ,Business and Professions Code). SANTA MONICA DAILY PRESS 10/23/23, 10/30/23, 11/6/23,11/13/23

FICTITIOUS BUSINESS NAME STATEMENT FILE NUMBER: 2023226783 ORIGINAL FILING This statement was filed with the County Clerk of LOS ANGELES on 10/19/23. The following person(s) is (are) doing business as American Defense Interconnect 9330 DeSoto Ave Chatsworth,CA 91311 Articles of Incorporation or Organization Number (if applicable): Ai #ON The full name of the registrant(s) is/are NewVac LLC 9330 DeSoto Ave Chatsworth,CA 91311 If corporation or LLC- Print State of Incorporation/ Organization: This Business is conducted by: A Limited Liability Company The date registrant commenced to transact business under the fictitious business name or names listed above on: N/ARegistrant/Corp/ LLC Name /s/: NewVac LLC Title: Member Andrea Goodman This statement was filed with the County Clerk of LOS ANGELES County on 08/2019NOTICE: THIS FICTITIOUS BUSINESS NAME STATEMENT EXPIRES FIVE YEARS FROM THE DATE IT WAS FILED IN THE OFFICE OF THE COUNTY CLERK. A NEW FICTITIOUS BUSINESS NAME STATEMENT MUST BE FILED PRIOR TO THAT DATE. The filing of this statement does not of itself authorize the use in this state of a fictitious business name statement in violation of the rights of another under federal, state, or common law (see Section 14411 et seq. ,Business and Professions Code). SANTA MONICA DAILY PRESS 10/23/23, 10/30/23, 11/6/23,11/13/23

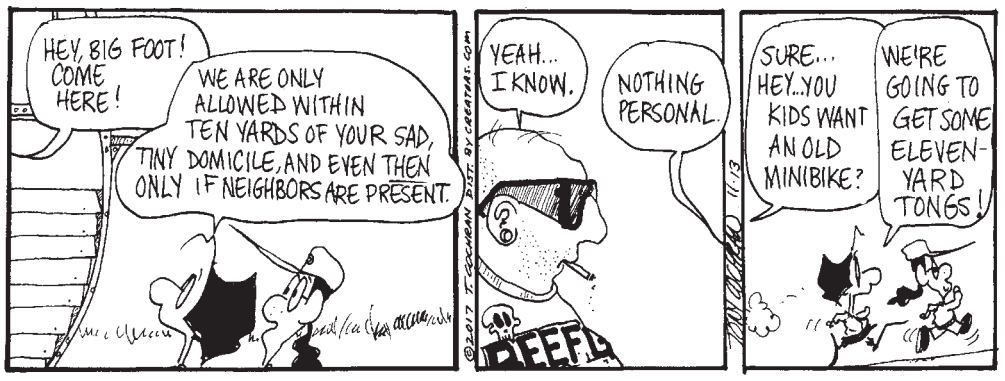
FICTITIOUS BUSINESS NAME STATEMENT FILE NUMBER 2023215580 ORIGINAL FILING This statement was filed with the County Clerk of LOS ANGELES on 10/02/23 . The following person(s) is (are) doing business as Titanium Brick Studios 2632 Wilshire Blvd #489, Santa Monica, CA 90403. The full name of the registrant(s) is/are Aaron Michael Weiss 2632 Wilshire Blvd #489, Santa Monica CA 90403. This Business is conducted by: An Individual The registrant commenced to transact business under the fictitious business name or names listed on (Date) N/A Registrant/Corp/ LLC Name /s/: Aaron Michael WeissTitle:Owner This statement was filed with the County Clerk of LOS ANGELES County on 10/02/23 NOTICE: THIS FICTITIOUS BUSINESS NAME STATEMENT EXPIRES FIVE YEARS FROM THE DATE IT WAS FILED IN THE OFFICE OF THE COUNTY CLERK. A NEW FICTITIOUS BUSINESS NAME STATEMENT MUST BE FILED PRIOR TO THAT DATE. The filing of this statement does not of itself authorize the use in this state of a fictitious business name statement in violation of the rights of another under federal, state, or common law (see Section 14411et seq.,Business and Professions Code). SANTA MONICA DAILY PRESS to publish, 10/30/23, 11/06/23, 11/13/23, 11/20/23

Summons

Summons (CITACION JUDICIAL) SUM-100NOTICE TO DEFENDANT: (AVISO AL DEMANDADO: Caroline L TO; Compass California, Inc and Amy Chano, Inclusive You are being sued by Plaintiff. (lo está demandando el demandante) 3602 Shoreheights LLC ,Case Number (Numero del Caso): 23SMCV04409 NOTICE! You have been sued. The court may decide against you without your being heard unless you respond within 30 days. Read the information below. You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), your county law library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court. There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web site (www.lawhelpcalifornia.org), the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), or by contacting your local court or county bar association. NOTE: The court has a statutory lien for waived fees and costs on any settlement or arbitration award of $10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case.¡AVISO! Lo han demandado. Si no responde dentro de 30 días, la corte puede decidir en su contra sin escuchar su versión. Lea la información a continuación. Tiene 30 DÍAS DE CALENDARIO después de que le entreguen esta citación y papeles legales para presentar una respuesta por escrito en esta corte y hacer que se entregue una copia al demandante. Una carta o una llamada telefónica no lo protegen. Su respuesta por escrito tiene que estar en formato legal correcto si desea que procesen su caso en la corte. Es posible que haya un formulario que usted pueda usar para su respuesta. Puede encontrar estos formularios de la corte y más información en el Centro de Ayuda de las Cortes de California (www.sucorte.ca.gov), en la biblioteca de leyes de su condado o en la corte que le quede más cerca. Si no puede pagar la cuota de presentación, pida al secretario de la corte que le dé un formulario de exención de pago de cuotas. Si no presenta su respuesta a tiempo, puede perder el caso por incumplimiento y la corte le podrá quitar su sueldo, dinero y bienes sin más advertencia. Hay otros requisitos legales. Es recomendable que llame a un abogado inmediatamente. Si no conoce a un abogado, puede llamar a un servicio de remisión a abogados. Si no puede pagar a un abogado, es posible que cumpla con los requisitos para obtener servicios legales gratuitos de un programa de servicios legales sin fines de lucro. Puede encontrar estos grupos sin fines de lucro en el sitio web de California Legal Services, (www.lawhelpcalifornia.org), en el Centro de Ayuda de las Cortes de California, (www.sucorte.ca.gov) o poniéndose en contacto con la corte o el colegio de abogados locales. AVISO: Por ley, la corte tiene derecho a reclamar las cuotas y los costos exentos por imponer un gravamen sobre cualquier recuperación de $10,000 ó más de valor recibida mediante un acuerdo o una concesión de arbitraje en un caso de derecho civil. Tiene que pagar el gravamen de la corte antes de que la corte pueda desechar el caso.The name and address of the court are (El nombre y dirección de la corte son):Superior Court of California County of Los Angeles Santa Monica Courthouse 1725 Main St Santa Monica, CA 90401. The name, address, and telephone number of plaintiff's attorney, or plaintiff without an attorney, is: (El nombre, la dirección y el número de teléfono del abogado del demandante, o del demandante que no tiene abogado, es):Robert S. Ross, Ross Law, 15332 Antioch St., N. 148, Pacific Palisades, CA 90272, 310-562-1103Date: 9/14/2023Clerk, by: (Secretario): David W. Slayton Executive Officer/Clerk of Court Deputy, (Secretario) I> Valencia (Asistente) CIV-050 DO NOT FILE WITH THE COURT- -UNLESS YOU ARE APPLYING FOR A DEFAULT JUDGMENT UNDER CODE OF CIVIL PROCEDURE § 585 - ATTORNEY OR PARTY WITHOUT ATTORNEY (Name and Address): Robert S. Ross (SBN 218913) Ross Law 15332 Antioch St., N. 148 Los Angeles, CA 90272 Telephone: 310-562-1103 ATTORNEY FOR (name): PlaintiffPlaintiff: 3602 Shoreheights, Inc Defendant: Caroline L, To; at. Al. SUPERIOR COURT OF CALIFORNIA, COUNTY OF Los Angeles 1725 Main Street Santa Monica, CA 90401Case Number 23SMCV04409STATEMENT OF DAMAGES (Personal Injury or Wrongful Death) To (name of one defendant only): Caroline L. To Plaintiff (name of one plaintiff only): 3602 Shoreheights, LLC seeks damages in the above-entitled action, as follows: 1. General damages a. Pain, suffering, and inconvenience $ b. Emotional distress. $ c. Loss of consortium $ d. Loss of sociey and companionship (wrongful death actions only) $ Oe. Other (specify) $ f. Other (specify) $ g. Continued on Attachment 1.g. 2. Special damages a. Medical expenses (to date) $ b. Future medical expenses (present value) $ c. Loss of earnings (to date) $ d. Loss of future earning capacity (present value) $ e. Property damage $f. Funeral expenses (wrongful death actions only) $ g. Future contributions (present value) (wrongful death actions only) $ h. Value of personal service, advice, or training (wrongful death actions only) $ i. Other (specify) Costs incurred $300,000.00 J. Other (specify) Lost profits $150,000.00k. Continued on Attachment3. Punitive damages: Plaintiff reserves the right to seek punitive damages in the amount of (specify) $ 1,000,000.00when pursuing a judgment in the suit filed against you. Date: Sept 20, 2023 Robert S.Ross

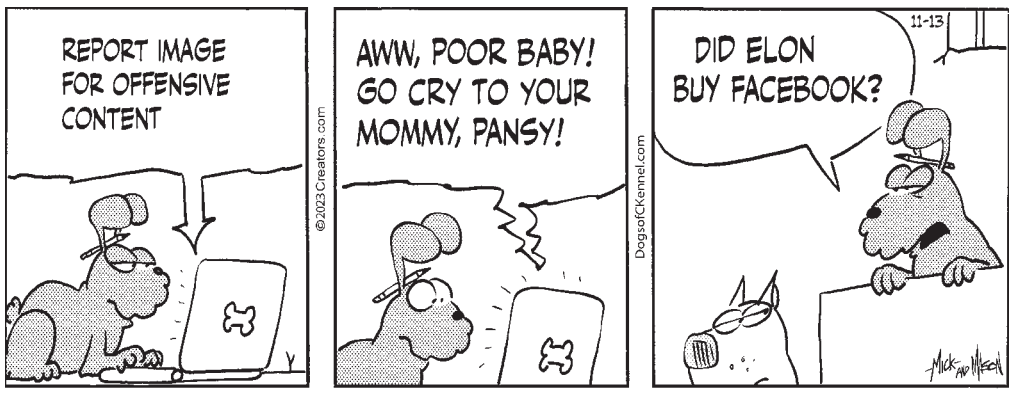
Agnes

By TONY COCHRAN



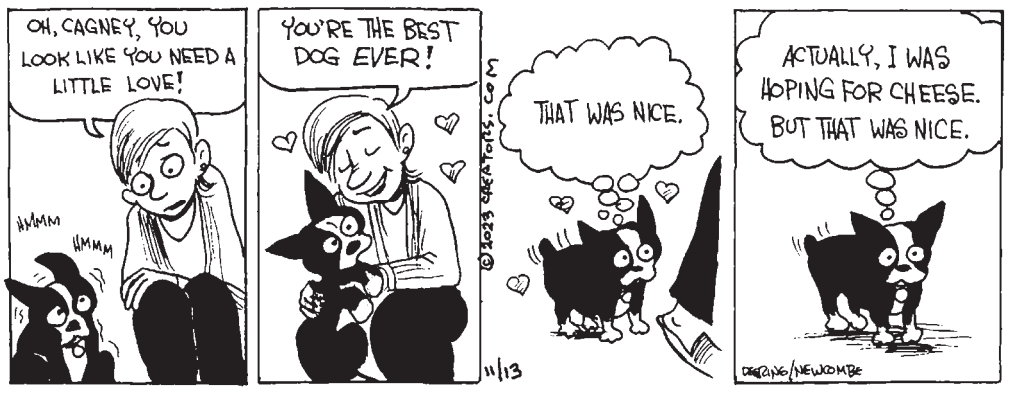
Dogs of C-Kennel

By MICK & MASON MASTROIANNI & JOHNNY HART



Zack Hill

By JOHN DEERING & JOHN NEWCOMBE



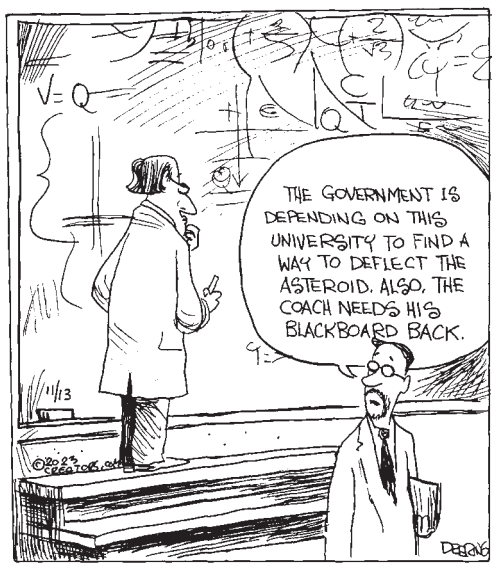
Heathcliff

By PETER GALLAGHER



Strange Brew

By JOHN DEERING



FIND THE WORDS

This is a theme puzzle with the subject stated below. Find the listed words in the grid. (They may run in any direction but always in a straight line. Some letters are used more than once.) Ring each word as you find it and when you have completed the puzzle, there will be 18 letters left over. They spell out the alternative theme of the puzzle.

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Call 000

R	E	C	O	V	E	R	E	K	A	T	S	I	M	E
D	A	E	H	M	M	L	A	C	I	T	N	A	R	F
B	U	R	N	M	E	G	R	N	B	G	N	D	U	L
S	T	R	O	K	E	E	D	A	R	L	P	I	R	L
E	S	A	E	D	E	E	C	X	E	N	L	L	A	U
C	N	D	W	O	R	K	P	M	A	D	E	A	L	P
Y	S	I	O	N	U	S	P	O	T	S	H	T	F	Y
C	S	O	L	O	N	P	C	O	H	O	S	E	K	R
R	A	E	I	U	L	E	I	R	T	R	M	R	S	E
I	G	R	R	K	U	B	F	L	E	E	R	R	A	E
S	P	S	R	C	C	E	F	T	S	V	A	O	T	V
I	E	A	S	Y	K	V	A	F	T	I	U	R	O	S
S	H	E	N	A	Y	A	R	I	U	V	C	T	O	B
S	R	G	N	I	W	S	T	R	E	E	S	K	L	I
I	O	E	T	U	C	A	D	E	I	D	L	N	S	R

Acute	Died	Knee	Revive	Tear
Aged	Dilate	Legs	Ribs	Terror
Arms	Ease	Mistake	Room	Tinder
Back	Exceed	Moan	Rural	Tools
Blood	Fall	Noisy	Save	Traffic
Breath test	Fire	Nurse	Shark	Trees
	Flee	Pain	Sick	Unlucky
Burn	Frantic	Panic	Slip	Veer
Calm	Fuel	Pull	Spots	Work
Carry	Head	Radio	Stroke	
Crisis	Help	Recover	Swing	
Damp	Hose	Rescue	Task	

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TODAY'S BIRTHDAY (Nov. 13)

You're never really acting alone. You're generous in sharing the credit, and your team will grow, everyone feeling very much a part of the effort. You'll get a title and the money that goes with it. More highlights: Someone adds sparkle to your personal life. The one you take care of will handsomely repay you. You'll successfully build new habits. Cancer and Virgo adore you. Your lucky numbers are: 3, 19, 5, 40 and 15.

HOROSCOPES

ARIES (March 21-April 19). You're ready to let go of a fear. You know the cause of it, and now you find it a bit silly that you let it rule you for so long. You now have a real chance to remedy this problem.

TAURUS (April 20-May 20). Modesty prevents you from telling everyone how well you're doing. Also, you don't want people to start expecting things that are difficult for you to consistently deliver. You won't always have to keep your accomplishments a secret.

GEMINI (May 21-June 21). You don't need anyone's approval because you approve of yourself. It's easy for you to do what is kind, thoughtful and necessary. And while their appreciation is also unnecessary, people will express it to you anyway, and you'll know the difference you make.

CANCER (June 22-July 22). Where your attention goes, so goes your love. Try not to love problems -- they'll only grow. Focus only on what you want. Try it on if you can. Get yourself used to having it.

LEO (July 23-Aug. 22). Going above and beyond is your way. Today, you'll be moved to take responsibility for circumstances and people around you. You'll protect the vulnerable and encourage others to uphold this spirit of valor.

VIRGO (Aug. 23-Sept. 22). Going along with the spirit of the moment, you won't lose who you are. Like a mighty oak, you're strong and flexible at once. Your roots are anchored deep; your branches bend and sway with the wind.

LIBRA (Sept. 23-Oct. 23). You may hide your feelings because if you show that you feel too good, it could be interpreted as smug, and if you feel too bad, it could be seen as weakness. Just don't hide your feelings so well that you forget where you put them.

SCORPIO (Oct. 24-Nov. 21). Treasures abound, many in plain view, though you have to be an expert to understand the many shapes they come in. Let your eyes adjust to the most helpful point of view, then make the most of the situation.

SAGITTARIUS (Nov. 22-Dec. 21). You'll do your work without procrastination. You'll choose your battles. You'll spot potential energy drains from a mile away and steer clear. What once stressed you is now just part of your flow.

CAPRICORN (Dec. 22-Jan. 19). Drawn in by the people who need your help, you'll be moved to volunteer. You may not understand entirely what you're signing up for, but whatever you say you'll do, you'll do -- so be careful what you say!

AQUARIUS (Jan. 20-Feb. 18). You've come this far. Don't give up. You may be experiencing a lack of faith, but you're closer than you think to getting your goal. Tweak your strategy and your mindset, and keep going.

PISCES (Feb. 19-March 20). Success will depend on your ability to differentiate what feels good and right from what doesn't. The opinions of others will only cloud your judgment. Do what it takes to hear your heart better.

SOLUTIONS TO YESTERDAY'S CROSSWORD

S	A	P	■	D	I	O	D	E	■	M	U	L	A	N
C	U	E	■	A	N	V	I	L	■	A	S	O	N	E
A	T	E	■	C	T	E	A	M	■	L	O	A	N	S
N	O	R	T	H	E	R	N	■	■	■	P	D	A	S
■	■	■	H	A	R	D	■	H	A	T	E	S	■	■
O	L	G	A	■	N	O	S	E	T	O	N	O	S	E
R	E	I	N	K	■	■	C	R	O	P	■	F	O	G
I	N	N	■	N	O	T	A	B	I	T	■	F	U	R
O	T	S	■	E	T	A	L	■	■	O	F	U	S	E
N	O	U	G	A	T	B	A	R	S	■	O	N	A	T
■	■	K	U	D	O	S	■	H	E	R	A	■	■	■
W	O	N	T	■	■	■	N	O	V	E	M	B	E	R
E	X	I	T	S	■	F	I	D	E	L	■	A	C	E
R	E	F	E	R	■	O	P	E	R	A	■	S	H	E
E	N	E	R	O	■	E	S	S	E	X	■	S	O	D

Sudoku

Fill in the blank cells using numbers 1 to 9. Each number can appear only once in each row, column, and 3x3 block. Use logic and process of elimination to solve the puzzle.

SOLUTIONS TO YESTERDAY'S SUDOKU

3	4	1	8	6	7	2	5	9
7	2	5	1	3	9	6	8	4
9	6	8	5	2	4	1	3	7
5	1	4	6	9	3	7	2	8
2	9	3	7	4	8	5	1	6
6	8	7	2	1	5	9	4	3
8	5	9	3	7	1	4	6	2
4	3	2	9	5	6	8	7	1
1	7	6	4	8	2	3	9	5

	8		9	6	5		1	
4		6				8		5
9				4		2		
	1		5		2		4	
		4		1		7		
	9		3		4		5	
		5		3				2
3		8				1		4
	2		4	8	7		3	

Newsday Crossword

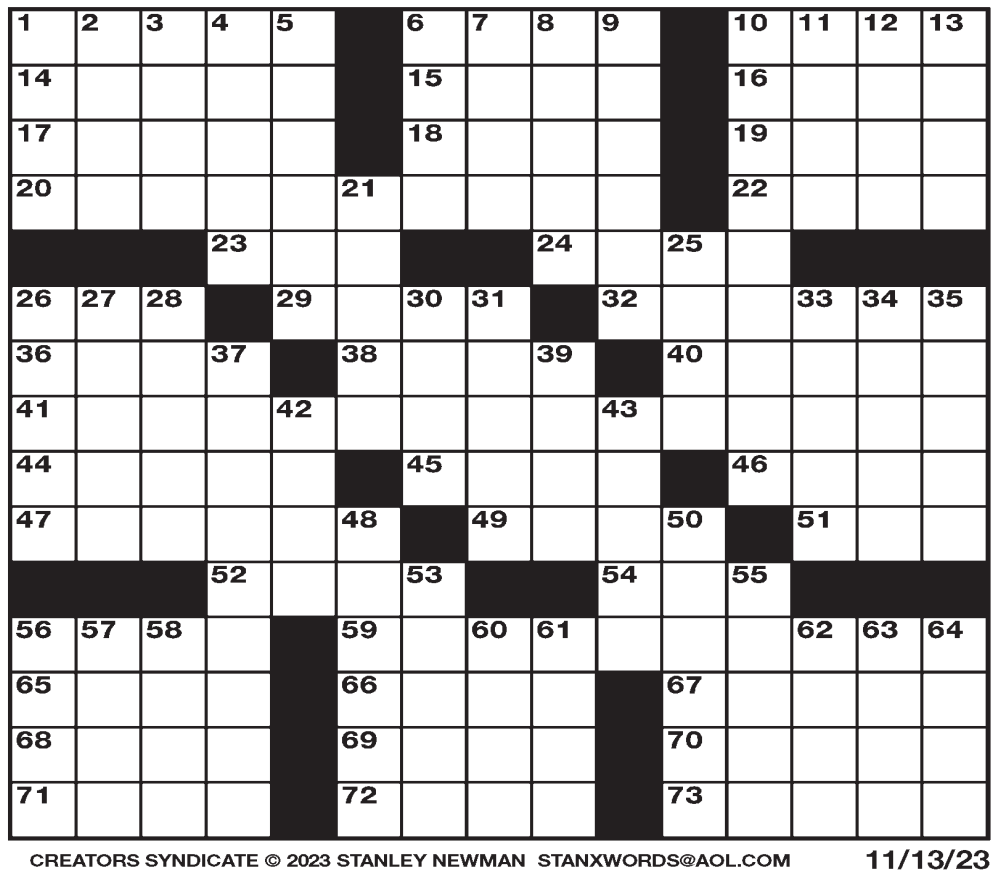
DEPARTMENT STORE by Sally R. Stein
Edited by Stanley Newman
www.stanxwords.com

ACROSS

1 __ up (drives in reverse gear)
6 Slightly moist
10 Angel's stringed instrument
14 Make amends
15 __ vera (medicinal plant)
16 Army truant: Abbr.
17 Loud, unhappy spectator
18 Cried
19 HELLO MY __ IS (tag phrase)
20 Section to buy dishwashers
22 Changed the color of
23 __ Aviv, Israel
24 Shape of a hockey puck
26 Motel rentals: Abbr.
29 Drains energy from
32 Try to rip open
36 "Promise to pay" notes
38 San Juan, Puerto __
40 Remove pencil marks
41 Section where returns/refunds are made
44 Actor Hawke
45 Get cash for
46 Mr. Musk of SpaceX
47 Garments behind neckties
49 Fabric from sheep
51 Roads that may cross avenues: Abbr.
52 Conks on the head
54 Bubble-bursting sound
56 Just average
59 Department to buy kitchen utensils
65 Vicinity
66 "When all __ fails . . ."
67 Elude skillfully
68 In the vicinity
69 Roller coaster or carousel
70 Week's count of days
71 "24 karat" metal
72 Dutch cheese
73 Current style

DOWN

1 "Ali __ and the Forty Thieves"
2 On the roof of
3 Dwelling for hens
4 Prepared to propose marriage
5 Weekly TV program
6 Sunrise
7 Actor Baldwin
8 Sulked
9 Watch another's dog or cat
10 Make a wooden figurine with a knife
11 Presently out of town
12 Capital of Italy
13 Said "Not guilty," say
21 Clock signal
25 Fortune-teller
26 "Brown" and "long grain" side dishes
27 Where your voice exits from
28 Japanese raw fish
30 Desserts with a crust
31 Twisted-in metal fastener
33 Staircase banisters
34 Wide necktie
35 Adolescents
37 Ship's right side
39 Capital of Norway
42 Hold __ (keep)
43 Run off to wed
48 Globe's shape
50 Least expensive
53 __ as a rock (reliable)
55 Person installing asphalt
56 Performed a tune
57 Triple-decker cookie
58 Emblem "of approval"
60 Beef inspection agency: Abbr.
61 Appear to be
62 Rant and __ (show anger)
63 Home for Eve and Adam
64 Drop in the mail



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MORE OF STAN'S CROSSWORDS! Play FREE from Stan's archives of Easy, Hard and Sunday puzzles at: tinyurl.com/stan-newman-crosswords

GUEST COMMENTARY

FROM PAGE 5

in the world, but more than 170,000 Californians experience homelessness on any given night – more than any other state. Thousands who hold vouchers remain homeless because of reluctance or outright discrimination by landlords.

The state has policy options that could ensure no one has to sleep on the street, and that no one has to battle to stay housed. We can make homelessness brief, rare and nonrecurring in California.

First, we must stop passing an annual hodge-podge of funding and commit to adequate, ongoing, consistent investments in what works. This year the California Homeless Housing Needs Assessment found that we need to invest $8.1 billion in housing, shelter and supportive services every year for the next 12 years (we're currently about one-sixth of the way there). We have to subsidize housing for more than 225,000 apartments annually.

If there were more affordable homes and subsidies, I wouldn't have waited so long for my own.

We need to make sure we distribute these resources equitably, too. In California, 26% of people experiencing homelessness are Black but we represent only 6% of the state's population. If California did a better job addressing equity in who gets housed, Black people like me wouldn't disproportionately experience homelessness.

Finally, California needs to strengthen our renter protections. Pandemic-era policies that help people stay housed should be permanent. Although the state passed a law in 2019 making it illegal to discriminate based on source of income, the law is poorly enforced. Better protections for tenants would have saved my daughter and I from a lot of suffering, and would require my landlord to accept my voucher today.

So many people are so much closer to homelessness than we think. So many are just one job, one major loss or one health crisis away.

I followed my North Star to watch my daughter graduate from Vassar College in 2014, and today I get to see her smile when she walks in my door to visit. How many more Black girls like my daughter and how many more families like mine could find their way home if we, as a state, truly chose to light their path?

The homelessness conversation by California Voices features authors involved with the issue to help Californians grasp the solutions and areas of consensus. Read more voices on homelessness. Zella Knight is an activist and Resident United Network LA leader. She has experienced homelessness, housing instability and housing insecurity. This article was originally published by CalMatters.

COMMUNITY NEWS

Citywide

Santa Monica's Free Visitor Guide Expands to Magazine Format

Considering a Santa Monica visit? Travelers will find a wealth of practical, up-to-date information and a curated collection of insider tips on how to get the most out of Southern California's chic beach city in the just-published Official Santa Monica Visitor Guide and Map.

Stylishly redesigned in a user-friendly magazine format, the nearly 100-page guide highlights each of the city's eight eclectic neighborhoods while spotlighting Santa Monica as a global trendsetter in areas such as sustainability, wellness and community.

The popular free publication is published by Santa Monica Travel & Tourism (SMTT), the nonprofit agency charged with promoting the Los Angeles County city to a worldwide audience of leisure and business travelers.

"With this new edition, we started with the need-to-know facts every visitor wants," said Misti Kerns, SMTT's president and CEO. "But because we know Santa Monica visitors want the kind of word-of-mouth advice and wisdom that only locals have, we challenged ourselves to create a guide that goes beyond the expected and highlights our biggest icons as well as most-loved local gems."

Designed like a luxury lifestyle magazine, the Official Santa Monica Visitor Guide curates the best of where to stay, play, dine, eat, rest and relax across Santa Monica's 8.3 square miles as chronicled by local culture writers and seen through the lens of artful photographers.

Contents include:

An overview of Santa Monica's 40 hotels, which offer unique, one of a kind to corporate accommodations to suit every personality

A profile of the city's dazzling dining scene and its Michelin-starred talent

Wellness activities for all activity levels

Don't-miss lists of arts and culture venues and annual festivals

The newest edition of the free Official Santa Monica Visitor Guide will be distributed internationally, throughout Southern California and locally to Santa Monica businesses. The guide and map are also available to order online in a searchable, downloadable digital format at santamonica.com/guide or via mail. Visitors can pick up free print copies at any Santa Monica Visitor Information Center, open most days:

Edgemar Building, 2427 Main St.

Looff Hippodrome, Santa Monica Pier

Palisades Park, 1400 Ocean Ave.

For more information or if there are any questions, please call (310) 319-6263 or email info@santamonica.com and one of the dedicated Visitor Information Center staff will be able to assist.

SUBMITTED BY MANDI PRINCE, SENIOR PUBLIC RELATIONS MANAGER

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MONDAY | NOVEMBER 13

BABY TIME

Introduce your child to storytime with interactive books, bounces, and more! Free tickets are available at 10:15 a.m. For ages 0-17 months. Main Library 601 Santa Monica Blvd. 10:30 - 10:50 a.m.

LANDMARKS COMMISSION

Agenda and information available online at https://www.smgov.net/Departments/PCD/Boards-Commissions/Landmarks-Commission/. City Hall, 1685 Main Street, 7 p.m.

TUESDAY | NOVEMBER 14

A TRAVELING STORYTIME

This fun and engaging weekly series, featuring stories, songs and rhymes travels to different library locations every week. Limited space; free tickets available at 10:15 a.m. For ages 2-5. Montana Branch Library 1704 Montana Avenue 10:30 - 11 a.m.

GAME DAY FOR GROWNUPS

Celebrate International Games Month by playing board games at the library. Relax with classic board games or learn about new ones. Explore games with words (Nov. 14) and games based on your favorite books (Nov. 28).

CITY COUNCIL MEETING

Agenda and staff reports online at: https://www.smgov.net/departments/clerk/agendas.aspx City Hall, 1685 Main Street. 5:30 p.m.

WEDNESDAY | NOVEMBER 15

COMPUTER CLASS - HOLIDAY E-CARDS WITH CANVA

Learn the basics of Canva, a free design tool, and make a holiday e-card. An email address is needed to set up your own account (optional). Intermediate level. Main Library, 601 Santa Monica Blvd. 10:30 a.m. - 12 p.m.

'TIS THE SEASON: COPING WITH HOLIDAY STRESS & GRIEF

Visit the NAMI Westside Los Angeles information table for resources and referrals to help you and your family cope with the stresses of the holiday season. Main Library, 601 Santa Monica Blvd. 2 - 6 p.m.

FREE WALK-IN LEGAL CLINIC

Santa Monica residents can meet one on one with a lawyer from Legal Aid Foundation of Los Angeles for help with HOUSING issues. Third Wednesday of the month 4:30PM-7:00PM at Virginia Avenue Park- Park Center. Immediate assistance is available by calling LAFLA directly at 800-399-4529 or visit lafla.org/gethelp Virginia Avenue Park, 2200 Virginia Ave. 4:30 - 7 p.m.

PLANNING COMMISSION

Agenda and information available at https://www.smgov.net/Departments/PCD/Boards-Commissions/Planning-Commission/ City Hall, 1685 Main Street, 6 p.m.

THURSDAY | NOVEMBER 16

EAST PICO SAFETY PROJECT POP UP AT SANTA MONICA MOBILE FOOD PANTRY

The East Pico Safety Project Team will be at the Santa Monica Mobile Food Pantry at Virginia Avenue Park, 2200 Virginia Ave., collecting feedback about people's lived experiences on East Pico Boulevard between 28th Street/Stewart Street and Centinela Avenue. The project will explore improvements to maximize safety by implementing quick build improvements along the corridor. Virginia Avenue Park, 2200 Virginia Ave. 10 a.m. - 12 p.m.

SANTA MONICA BEACH DUNES RESTORATION PROJECT UPDATE

On Thursday, November 16th SAMOCAN will be welcoming Nico Predock, from the City of Santa Monica, and Alexandra Tower, from the Bay Foundation, to speak about Santa Monica's Second Dune Restoration Project to the Beach with a brief presentation by CASM's Climate Jobs Corp member Jasmine Contreras. https://www.eventbrite.com/e/understanding-the-santa-monica-beach-dunes-restoration-project-tickets-747492990657, 12 - 1 p.m.

LA LAW LIBRARY OFFICE HOURS

A LA Law Library legal research specialist helps patrons find answers to legal questions, learn about the law, or prepare to go to court. Legal research specialists are not attorneys and cannot provide legal advice, help fill out forms, or interpret the law. Main Library, 601 Santa Monica Blvd. 2 - 6 p.m.

JOB HUNTING WITH CHRYSALIS

Representatives from local nonprofit Chrysalis provide drop-in resume assistance, job search tips, and on-the-spot orientations for their employment programs. Pico Branch Library, 2201 Pico Blvd. 3 - 5 p.m.

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RSVP for an upcoming in-person workshop: 1-866-909-DOCS (3627) (TTY/TDD 711)
More dates available at Providence.org/MedicareCA

10 a.m.
Thursday, November 16th
St. Monica Catholic Community:
725 California Ave.
Santa Monica, CA 90403
By United Healthcare

11 a.m.
Thursday, November 16th
El Torito:
3360 Ocean Park Blvd.
Santa Monica, CA 90405
By SCAN Healthplan

2 p.m.
Monday, November 20th
Santa Monica Bay Women's Club: 1210 4th St.
Santa Monica, CA 90401
By BlueShield of CA
Parking in public structure #1

Enrollment in a plan may be limited to certain times of the year unless you qualify for a special election/enrollment period or you are in your Medicare Initial Election Period. Not all plans offer all benefits mentioned. This ad is not from the government. It's from eHealth, an insurance agency selling plans from many insurance companies. For accommodations of persons with special needs at workshops, call 1-866-909-3627 (TTY/TDD 711). A licensed insurance agent will be present with information and applications. CHM Insurance Services, West LA Baby Boomer Insurance Services, Clear Financial Insurance Services, AGA, Avanti Insurance Solutions, Inc., and Paul Davis Insurance Services represent various Medicare Advantage (MA) and Prescription Drug Plans (PDPs) with Medicare contracts. Workshops are provided by the entities noted and are not affiliated with eHealth.

Eric Uller at Police Activities League (PAL) sexually abused hundreds of children in the late 1980s – early 2000s

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