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NOVEMBER 7-8, 2009

Volume 8 Issue 314



Santa Monica Daily Press

SMARTER THAN HUMANS?
SEE PAGE 4

We have you covered

THE **THANK GOODNESS FOR THE WEEKEND** ISSUE



Brandon Wise *brandonw@smdp.com*

GREEN THUMBS: **Teacher Olga Cueva's kindergarten class watches as fellow students Brandon Harron, Hagan Stahl and Riley Rosenthal (left to right) shovel dirt around the newly planted fern pine at Grant Elementary School on Pearl Street Friday morning.**

New trees and shade for Grant kindergartners

BY MELODY HANATANI
Daily Press Staff Writer

PEARL STREET Katie Furlong was ready to get her hands dirty.

Holding a kid-sized shovel, the kindergartner cautiously scooped some dirt and threw it around the root of a semi-mature Australian willow that was being transplanted from a box to its new home — the playground at Grant Elementary School where the tree has already been given a new name by the students — Goldie.

"I like digging," the bashful young girl said.

The willow was one of five trees that were planted by parents, students and nonprofit organization Tree People on Friday, capping a more than year-long project to renovate the school's kindergarten playground, which was once nothing more than just a giant sandbox, leaving children little room to run around.

It was in the summer of 2008 when Morley Builders, who is a Grant Elementary School sponsor, volunteered the labor and donated materials to remove the sandbox and replace it with a concrete playground, a process valued at an estimated $10,000, Principal Alan Friedenberg said.

As part of the project, school officials wanted to include sources of shade to provide relief for students who play on the west side of campus where the kindergarten classes are located and the temperature level can at times be too warm.

"It's like being at the beach where there's nowhere to hide from the sun," Friedenberg said.

The school had set aside roughly $6,000 to pay for shade structures for the playground, shocked when they received a quote of $18,000 to $21,000 to complete the project.

"In my world, $18,000 to $21,000 is a deal breaker," Friedenberg said.

SEE **TREES** PAGE 10

Neighborhood budget meetings begin Monday

BY MELODY HANATANI
Daily Press Staff Writer

CITY HALL A popular series of neighborhood-centric budget meetings with City Manager Lamont Ewell will return for a fourth round on Monday when issues of parking, traffic and development are sure to make their way into discussions yet again.

The annual "Can We Talk" meetings began when Ewell was hired in 2006 to determine the community's priorities when developing City Hall's roughly half-billion dollar budget, whether it's improving tree maintenance, widening sidewalks or adding traffic control measures.

The Ocean Park Association will co-sponsor the first meeting Monday at the SMASH/John Muir School auditorium, followed by another meeting a week later at the Ken Edwards Center, co-sponsored by the Wilshire-Montana Neighborhood Coalition. After a two week break the meetings will resume on Dec. 1 at the Montana Library, which will be co-sponsored by the North of Montana Association. The Pico Neighborhood Association will host the final meeting at Virginia Avenue Park on Dec. 2. All meetings will begin at 7 p.m.

The meetings can draw as many as 50 people, depending on the neighborhood.

"Some are not as full but we hold the position that whether it's one or a thousand, we'll be there," Ewell, who will retire at the end of this year, said.

The meetings will cover the current state of the city's finances followed by an update on the progress of the 2010-11 budget. Ewell will also discuss the status of community priorities identified at meetings the previous year. All department heads are also expected to attend the meetings.

Despite a conservative projection for revenues in the current budget, the actual figures are currently down by 2 percent, which equate to about $4-$5 million.

"The economy continues to cycle downward," Ewell said.

He is planning on meeting with department heads starting next week to address the

SEE **BUDGET** PAGE 11

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WHAT'S UP WESTSIDE

OUT AND ABOUT IN SANTA MONICA AND SURROUNDS



Saturday, Nov. 7, 2009

Headliners only

M.i.'s Westside Comedy Theater
1323-A Third Street Promenade, 10 p.m. — 11:30 p.m.
Enjoy a comedy extravaganza for only $10 on the promenade. Six comedians will perform. Minors are prohibited from attending the event, which is located in the alley behind Barney's Beanery. Call (310) 451-0850 or (818) 216-4215 for more information.

Mothers circle

motheringminds
Marine Street, 2:30 p.m. — 4 p.m.
Many women want a place where they can talk about both the positive and negative experiences of motherhood. This group offers a forum where women can speak honestly and openly about the challenges and joys of being a parent. This group provides a relaxed and nurturing environment where all experiences are welcome, and where mothers can feel supported and understood. Call (310) 922-6969 for more information.

Sunday, Nov. 8, 2009

Crafts Market

Santa Monica Civic Auditorium
1855 Main St., 10:00 a.m. — 6:00 p.m.
Catch the last day of the Contemporary Crafts Market and get your hands on some one-of-a-kind functional and decorative crafts. This year's market will feature the distinctive works of over 250 artists in the form of jewelry, glassware, ceramics, textiles, furniture, mixed-media and more. All of the items on display for the 24th season of the market have been jury selected for their exceptional quality. Admission is $8, but children 12 and under are free. Call (310) 285-3655 for more information.

"All I Ever Wanted"

Santa Monica Playhouse Main Stage
1211 4th St., 7:00 p.m.
Come view the opening performance of Elaine Ocasio's "All I Ever Wanted," presented by the Santa Monica Playhouse Benefit Series and Angelplace Productions. The autobiographical solo show is a story about yearning, healing and emotional survival. It uplifts, while opening a window onto the issues that survivors of abuse deal with in their daily lives. Tickets are $20 at the door and $15 if purchased in advanced. Contact the Playhouse Box Office at (310) 394-9779, ext. 1 for more details.

Monday, Nov. 9, 2009

Scrabulous!

Fairview Branch Library
2101 Ocean Park Blvd., 1 p.m. — 3 p.m.
Have fun, meet new people, and challenge your mind playing bridge or Scrabble. Call (310)450-0443 for more information.

Energy and pranic healing sessions

Kathmandu Boutique
1844 Lincoln Blvd., 5:30 p.m. — 7:30 p.m.
Master Choa Kok Sui Pranic Healing has worked successfully with ailments ranging from asthma, arthritis and cancer to addictions, depression and phobias. It is an effective no-touch, painless healing art that helps the body repair itself. No appointment required. For more information, call (310)396-4036.

Chuck Connelly: Rediscovery

Trigg Ison Fine Art
511 North Robertson Blvd. West, 11 a.m. — 4 p.m.
Trigg Ison Fine Art hosts the first west coast retrospective exhibition of paintings by American artist Chuck Connelly. For more information, visit www.triggison.com, or call 310-274-8047

For more information on any of the events listed, log on to smdp.com and click the "Events" tab for the given day's calendar.

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HIGH SCHOOL FOOTBALL

Rival coach sees improvement in St. Monica's offense

BY DANIEL ARCHULETA
Managing Editor

CORSAIR FIELD A year removed from a 21-7 loss to St. Anthony, the St. Monica Mariners look like a totally different team to the coach patrolling the opposing sideline.

St. Anthony Head Coach Brian Walsh is impressed with some of the things that he sees in St. Monica. He likes what Head Coach Frank Muno has done with the offense during his first year with the Mariners, making St. Monica difficult to game plan against.

The passing game is what caught Walsh's attention most. With junior quarterback Matthew Partyka behind center, Walsh said this year's edition of the Mariners is certainly more dangerous.

The two teams meet Saturday at Santa Monica College's Corsair Field at 7 p.m.

"They are fun to watch," Walsh said of St. Monica. "They swing the ball all over the place."

Unfortunately for St. Monica, the passing game hasn't alone been able to carry the team during a three-game losing streak that most recently saw the Mariners fall to Santa Fe League leader St. Genevieve last week, 48-28.

Coming into the game at 2-5 overall and 0-3 in league, St. Monica has little to lose, and that's what worries Walsh the most.

He expects them to come out passing with Partyka looking to wide receivers Danny White and Kyle Farber, putting stress on his defensive backfield.

"We haven't faced a team that throws the ball like St. Monica," Walsh said. "We've faced teams who run out of (the spread formation), but we haven't seen a team that likes to sling it around like they do."

Admitting that his team hasn't seen "anything comparative," Walsh is interested to see how his defense holds up.

He didn't name names, but he said "a total team effort will be needed for us to slow them down."

Walsh said he will ratchet up the pressure on Partyka to force the pass-crazy QB to rush his deliveries. He said that may prove to give his defense the time it needs to cover

SEE **FOOTBALL** PAGE 10



DIA DE LA TEQUILA

Brandon Wise *brandonw@smdp.com*

Market Brand Manager Suzanne Brown (right) pours a shot of Herradura tequila for Michael Tipton of Youngs Market Co. during the Day of the Dead celebration at Lula's Mexican restaurant on Main Street Thursday night. Each guest was able to walk through and taste award-winning tequilas and great Oaxacan style foods.

COMMUNITY BRIEFS

SAMOHI

Car wash for Juarez

Friends and family members of Richard Juarez, the 20-year-old Olympic High School graduate who was shot and killed Tuesday after leaving an art class at Virginia Avenue Park, are hosting a car wash at Santa Monica High School Sunday, Nov. 8, from 10 a.m. to 2 p.m. to raise money for the Juarez family.

Apryll Juarez-Lightell , a cousin of Juarez, said the car wash will be held in the Senior Parking Lot at Samohi. All funds will go to the parents of Juarez.

DAILY PRESS

MAIN LIBRARY

Library promotes job skills with new services

The recession may be officially over, but those entering the job market may still find themselves in need of assistance to get back to business.

The Santa Monica Public Library is working to provide that assistance with JobNow and the Adult Learning Center: Two new computer-based resources designed to help adults who are reentering the job market, preparing to take the GED, or simply retooling a few basic job skills.

JobNow is an online resource in which trained coaches offer career counseling and job interview tips via live Internet chat sessions. Coaches also offer resume editing services, as well as sample resume templates and numerous other resources.

With the Adult Learning Center, those seeking help developing math, reading and writing skills, learning to use Microsoft Office applications, and preparing for GED or citizenship examinations can go online to receive live assistance from experts.

Library cardholders can access both services for free at www.smpl.org/research. JobNow and the Adult Learning Center can be accessed from private computers, or at any branch of the Santa Monica Public Library.

DP

OCEAN AVE

No need to fret over wine selection

With stress already running high, nobody has time to waste fretting over which wine to serve with the turkey.

That's why the Loews Hotel is reintroducing its "Wine Line" – a free service available to help guests and locals answer all their wine-related questions.

"For years, our loyal guests from across the country have been contacting our hotels during the holiday season to ask questions of our chefs and sommeliers," said Jonathan Tisch, CEO of Loews Hotels. "The Loews Hotels Wine Line is our way of sharing the vast wine and food knowledge among our sommeliers and chefs with everyone."

Those interested in using Wine Line's services can contact the Loews Hotel's wine experts via e-mail at wineline@loewshotel.com or post their questions on Facebook at www.facebook.com/LoewsHotels. Certified sommeliers will respond to all questions within 24 hours.

The Wine Line will be available until Jan. 1, 2010.

"Regardless of what your wine dilemmas may be," Tisch said, "we'll help put the 'cheers' back into the season of cheer."

DP

Water officials ban septic tanks in Malibu

BY THE ASSOCIATED PRESS

MALIBU, Calif. Water officials have banned septic tanks in portions of Malibu, ending years of wrangling between surfers, environmentalists and residents in the famous community.

The Los Angeles Regional Water Quality Control Board agreed late Thursday to ban the tanks in central and eastern Malibu. Businesses were given until 2015 and residents until 2019 to hook into a central sewage system.

Surfers and environmentalists have argued for years that raw sewage from septic tanks has polluted Malilbu shores, including famous Surfrider Beach.

But residents argued that installing a sewage system would prompt massive development in the rustic area. In fact, the city incorporated in 1991 specifically to stop construction of a county sewer line.

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LETTERS TO THE EDITOR

Send comments to editor@smdp.com

Thank you for your support

Editor:

We would like to express our thanks and appreciation to all local community members who came to the City Hall meeting in support for the proposed feline declaw ban.

In addition, we particularly want to convey a special appreciation to the veterinarians of Santa Monica who strongly urged passage of the ban.

Neither a medical nor a behavior problem has ever been corrected by declawing a cat. In fact, more long-term behavior and medical problems in cats result from declawing.

There is no humane way to remove the toes from cats. It does not matter if a laser, scalpel, electrocautery, nail trimmers, or bone cutters are used. No matter how you cut it, it is still considered a toe amputation. This is a mistreatment of cats which verges on abuse.

All who supported the declaw ban commend the mayor and the City Council members for their overwhelming vote of support for this measure.

The declaw ban now in the hands of the city of Santa Monica to expeditiously implement the ordinance opposing declawing cats, putting an end to this inhumane practice in this fine city.

Kenneth Jones, DVM
Santa Monica

Shining a light

Editor:

Melody Hanatani's article on the work of the Ellis Task Force ("Landlords busted by city task force," page 1, Nov. 3) provided important coverage of the post-Ellis eviction landscape in Santa Monica. Kudos to the task force for their excellent work in monitoring compliance and for their ongoing diligence in uncovering and remedying the abuses they find. And thank you for keeping the community apprised of these efforts.

Patricia Hoffman
Chair, Santa Monicans for Renters' Rights

Is this the change we voted for?

Editor:

There's just one problem with Steve Breen's frank observation that the past half-century's notorious assassins were all crazed lefties: Most of them weren't the actual assassins but were mainly patsies.

I have never believed there is a leftist conspiracy anymore than I believe in any kind of mythical right-wing conspiracy. (And I'm an ex-John Bircher!) However, there is a conspiracy. It is the Illuminati cabal and their vast network of international financiers who control most governments and political movements. They are neither left nor right and enjoy it when right and left ideologues attack each other instead of their common enemy. That is one way the oligarchy consolidates its global power. It would seem the obvious solution for most cause-oriented people is to redirect their energies.

Do Obama's supporters still believe in the faint hope that he's one of us? In less than a year, President Obama has shown himself to be part of "the club," just another Bush, as he intensifies the totalitarian "New World Order" agenda. Witness Washington insider John McCain's headline-grabbing support for his sending more troops to Afghanistan. Is that the change which "we the deceived" voted for?

Aric Z. Leavitt
Los Angeles

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Modern Times

Lloyd Garver — Send comments to editor@smdp.com

Man's best friend is smarter than many people think

WHETHER YOU'RE WALKING DOWN PICO OR you're on the bike bath, if you stop anybody who's walking their dog and ask, "Is your dog smart?" they're bound to say, "Yes." Just about everybody thinks their dog is very intelligent. I never felt that way about any of the dogs I have had. I found the dogs were lovable, cute, loyal, cuddly, and great company, but I never thought of them as that smart. I used to tell people that I never met a dog who could beat me at chess.

On the other hand, I had to admit that dogs did seem smarter than people in some ways. A dog would never bomb a country killing hundreds of thousands of people. A dog would never accidentally send out an e-mail to his boss, bad mouthing the boss. And a dog would never tell a woman that she "looks thinner in the other dress."

The New York Times recently reported that Stanley Coren, a psychology professor at the University of British Columbia has done some interesting work with dogs and intelligence. He found that dogs can do pretty well on language learning and other tests devised for infants and toddlers. He came up with an intelligence ranking of 100 breeds, with border collie's being the smartest pooches on the block. In general, he said that poodles, retrievers, Labradors and shepherds were among the most intelligent and could learn as many as 250 words, signs and signals. He went so far as to say that the average dog is about as intellectually advanced as a 2-to 21/2-year-old child. That's where I feel he went too far.

A dog as smart as a toddler? Show me a dog who is smart enough to always spit up on his mother's outfit right before she's supposed to go out.

But all of this discussion of who's smarter, a dog or a human isn't looking at things right. I was guilty of the same thing until recently. Perhaps like most people, I was thinking of dogs' intelligence as the same kind of intelligence that humans have. It's like people who feel that if there is life on other planets, those beings will have the same kind of thoughts and feelings that we have. Dogs don't need to be smart the same way we are in order to be smart.

Service dogs have been demonstrating this more and more. Not only can they smell drugs in a suitcase -- or that salami you thought you'd be able to sneak in, but they help all kinds of people with various medical needs. We're all used to seeing dogs helping the blind. Lately, dogs have been paired with soldiers returning from Iraq and Afghanistan with post traumatic stress disorder. Somehow, the dogs seem to know how to calm down these veterans when the vets need it most. Some small studies have even indicated that because of their strong sense of smell, dogs have been able to sniff out lung and other cancers because of odors emitted by the disease that humans can't detect.

AN OWNER AND A DOG ARE WALKING DOWN THE STREET. THE DOG DOES, WELL, WHAT COMES NATURALLY, WHILE THE OWNER CLEANS IT UP. WHICH ONE IS THE SMARTER ONE?

Dogs also work with epileptics. They become anxious before their human buddy has a seizure. Then they bark and lick his or her face and arm. Nobody knows how a dog could know this in advance. Perhaps it's a kind of intelligence we just don't have.

Rather than just appreciating what wonderful minds dogs have, I fear that there will always be some people who compare their intelligence with ours. I used to be the same way, like when I'd say my wise guy line about dogs not being able to play chess. So I believe there will always be people who will mock their intelligence by saying that "obviously humans are smarter than dogs in every way." To them, I'd just like to present an image that most of us see every day. An owner and a dog are walking down the street. The dog does, well, what comes naturally, while the owner cleans it up. Which one is the smarter one?

LLOYD GARVER has written for many television shows, ranging from "Sesame Street" to "Family Ties" to "Home Improvement" to "Frasier." He has also read many books, some of them in hardcover. He can be reached at lloydgarver@gmail.com. Check out his Web site at lloydgarver.com and his podcasts on iTunes.

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PUBLISHER
Ross Furukawa
ross@smdp.com

EDITOR IN CHIEF
Kevin Herrera
editor@smdp.com

MANAGING EDITOR
Daniel Archuleta
daniela@smdp.com

STAFF WRITER
Melody Hanatani
melodyh@smdp.com

CHIEF PHOTOGRAPHER
Brandon Wise
brandonw@smdp.com

STAFF PHOTOGRAPHER
Morgan Genser
news@smdp.com

CONTRIBUTING WRITERS
Bill Bauer, David Pisarra, Meredith Carroll, Kenny Mack, Jack Neworth, Lloyd Garver, Dr. Reese Halter, Taylor Van Arsdale, Dane Robert Swanson, Ryan Hyatt, Steve Breen, Elizabeth Brown, Merv Hecht, Ron Scott Smith, Mike Heayn, Brian Hepp, Mariel Howsepian, Cynthia Citron, Amanda Cushman, Steve Parker and Phyllis Chavez

CONTRIBUTING PHOTOGRAPHER
Fabian Lewkowicz

NEWS INTERNS
Catherine Cain, Marissa Lyman, Carlee Jensen, Derrick Oliver
news@smdp.com

PHOTOGRAPHY INTERNS
Ray Solano
news@smdp.com

ADVERTISING SALES MANAGER
Rob Schwenker
schwenker@smdp.com

ADVERTISING ACCOUNT EXECUTIVES
Grace Wang
gracew@smdp.com

Drew Swadling
drews@smdp.com

ADVERTISING TRAFFIC FACILITATOR
Amber Kessee
amberk@smdp.com

OPERATIONS MANAGER
Connie Sommerville
connies@smdp.com

PRODUCTION MANAGER
Darren Ouellette
production@smdp.com

CIRCULATION
Keith Wyatt
Osvaldo Paganini
circulation@smdp.com

Santa Monica Daily Press
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410 Broadway, Suite B
Santa Monica, CA 90401
OFFICE (310) 458-PRESS (7737)
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The Q Line

Parking perks

This past week, Q-line asked:
City officials are considering a proposal that would introduce parking validation to the city's many garages. Do you think that parking validation is a good idea, and why?
Here are your responses:

"YES, I THINK THAT PARKING VALIDATION would be a good idea, especially since the rates were increased. It would be an incentive to shop in the city. It's a no-brainer really."

"LOCATION, LOCATION, LOCATION. THERE is magnificent beachfront parking along the ocean front between Sunset Boulevard south to the Marina del Rey inlet that sits vacant most of the year. But not so in the heart of the city. The city has tried to wave every form of magic wand to make city parking more palatable. Now, with validation. Still, it will always render down to the facts that there is not enough parking for the multitude of motorized folks that visit Santa Monica's Downtown district on a daily basis."

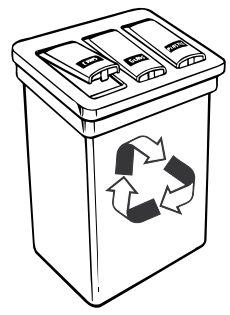
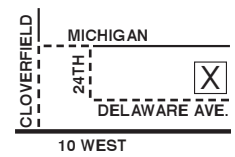
"THERE'S NO POINT TO HAVE VALIDATED parking if there's no parking spaces in which to use it."

"THE WORD 'VALIDATION' REMINDS ME of when I parked cars at the Fox and Hounds, the Bat Rack and Bob Burns on Wilshire Boulevard 40 years ago. There was no validation except the dollar tip you received for proper service. Validation is a tax on your success in owning a car. The $10 million dollars a year profit from parking in this town goes to build affordable housing for someone else. Parking at the boring mall should be free for four hours, since the cost of a movie with beverages is close to $30. Parking at the Santa Monica Place is free. I am old Santa Monica school — the few times a year I go to the mall, I walk. But what is there to induce someone to pay to park when visiting the wretched mall?"

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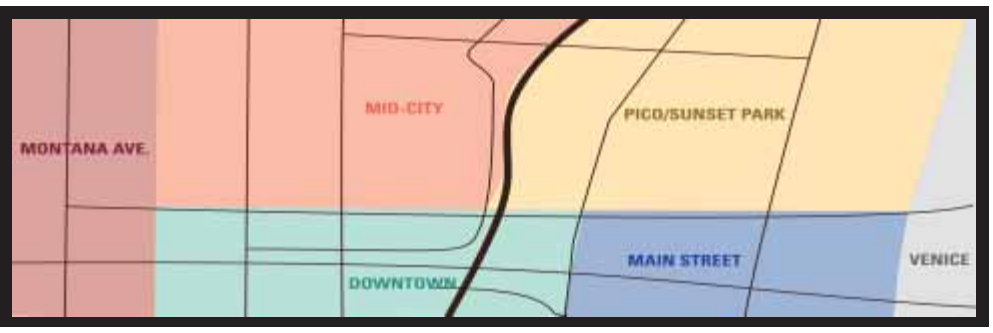
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Networks Cafe 2700 Colorado Ave. #190 (310) 315-0502
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O' Briens 2226 Wilshire Blvd (310) 829-5303
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Interactive Cafe 215 Broadway (310) 395-5009
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Michaels 1147 3rd St. (310) 395-7911
Musha Restaurant 424 Wilshire Blvd (310) 576-6330
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Perrys Pizza 2400 Ocean Front Walk	(310) 372-3138
Promenade Cafe 321 Santa Monica Bl	(213) 700-2373
R A W 609 Broadway	(310) 451-4148
Real Food Daily 514 Santa Monica Blvd	(310) 393-0804
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Sunset Bar & Grill 1240 Third Street	(310) 393-3959
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Sushi Roku Santa Monica 1401 Ocean Av	(310) 655-3372
Sushi Shogun 1315 Third Street	(213) 500-4989
Sushi Teri Express 1551 Ocean Ave. #130 B	(310) 394-2189
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B B Q Garden 1707 Pico Blvd.	(310) 450-6494
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Buddha Boba 1701 Pico Bl	(626) 674-8882
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Campos Mexican Food Inc 2008 Pico Blvd	(310) 450-4477
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The Counter 2901 Ocean Park Bl #102	(310) 399-8383
The Daily Pint 2310 Pico Blvd	(310) 450-7631
El Indio 2526 Pico Blvd	(310) 450-8057
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El Torito 3360 Ocean Park Blvd.	(310) 450-8665
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Ocean Park Pizza 2819 1/2 Ocean Park Blvd	(310) 450-9949
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Lazy Daisy Inc 2300 Pico Blvd	(310) 450-9011
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It's All Good Bakery 2629 Main St.	(310) 260-0233
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La Vecchia Cucina 2654 Main St	(310) 399-7979
Library Alehouse 2911 Main St.	(310) 314-4855
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Main Street Bagels 2905 Main St.	(310) 392-6373
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Schatzi On Main 3110 Main St	(310) 399-4800
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Sparky's Fine Frozen Yogurt 3110 Main St. #12	(310) 399-4513
Urth Caffe 2327 Main St.	(310) 749-8879
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The Victorian Baker Cafe 2640 Main St.	(310) 392-4956
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Agra Indian Kitchen 2553 Lincoln Blvd.	(310) 396-8749
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California Pizza Kitchen 3345 Fiji Way	(310) 301-1563
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Chart House 13950 Panay Way	(310) 822-4144
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Kitchen Vixen

Elizabeth Brown

Send comments to editor@smdp.com

An ode to orange

I LOVE THE COLOR ORANGE SO MUCH that I bought a pair of orange boots. But when I was a child I hated the fact that my hair was orange and the kids used to call me "carrot top." As an adult and a dietitian, I cherish the idea of being compared to a super-food, especially this time of year when orange vegetables are plentiful.

Carrots, sweet potatoes and winter squash attribute their beautiful orange hues and outstanding nutrition to the first fat soluble vitamin ever to be identified — vitamin A. Being fat soluble means vitamin A is optimally absorbed and stored with the addition of fat in the diet. Vitamin A, aka retinol, is so named because its primary function is in the retina of the eye. Retinol, which is preformed vitamin A, is only found in foods of animal origin.

Certain fruits and vegetables contain carotenoids or "pro-vitamin A," which must be converted to the active form in the body. These carotenoids include beta-carotene, alpha-carotene and beta-cryptopxanthin. Zeaxanthin, lutein and lycopene are also carotenoids but are not precursors to vitamin A. Dark leafy greens such as spinach and kale are chock full of pro-vitamin A carotenoids which are masked by the green chlorophyll.

You need vitamin A-rich foods year round, but, because vitamin A is fat soluble, it is easily stored in your liver and fat cells. You can eat it every other day and still build up ample stores. Aside from promoting vision, especially night vision, vitamin A also supports the immune system and the health and vitality of your skin. It also promotes bone growth and remodeling.

Vitamin A can be toxic so beware of supplements and topical creams which may contain vitamin A. The tolerable upper limit is 10,000 IU pre-formed vitamin A per day. Look for a multivitamin/mineral supplement with no more than 2,500 IU vitamin A (retinol) or a supplement that contains up to 5,000 IU with 50 percent coming from beta-carotene.

There is an abundance of pro-vitamin A rich foods in the fall and winter. Inherently we may eat more orange vegetables as a way to stockpile pro-vitamin A to optimize our night vision during the longer dark hours. Additionally, we might crave these calorie-dense options as a way to store calories and keep us warm in the winter.

This recipe contains all the "A" you need for a day and just enough fat to absorb it. Now that you've turned your clocks back, you need all the help you can get to see clearly as you drive home from work in the dark.

ELIZABETH loves promoting the consumption of all fruits and vegetables. To learn more, please visit her Web site at www.TheKitchenVixen.com.

Baked winter squash with curried rice

1 cup brown or wild rice, cooked
1/2 tsp. sea salt
1 large butternut or delicata squash or two small acorn or kabocha squash
2 tsps. olive or canola oil
3 cloves garlic, minced
1 tsp. ground ginger
1 tsp. curry powder
1/2 cup pitted dried plums, diced
1/4 cup mango chutney or apricot preserves
Juice of 1/2 lemon
4 ounces cashew cheddar cheese (make while squash is baking)
Or cheddar cheese of your choice

Preheat oven to 400 degrees. Cut squash in half lengthwise and remove seeds. Place squash halves down in a baking dish filled with about 1/2 inch of water. Bake squash until soft. Remove from oven but leave oven on. Scoop out most of the squash flesh and cut into 1/4 inch chunks. Reserve squash shells. In a large skillet, heat oil on medium heat, add garlic and cook until fragrant. Stir in dried plums, chutney or preserves, lemon juice and squash chunks and cook until squash is tender, about 10 minutes. Stir in rice to blend flavors. Remove from heat. Drain liquid from baking dish. Place squash shells in dish, cut side up. Spoon mixture into shells. Sprinkle with cheddar. Cover with foil and bake until heated through, about 10 minutes.

Makes 8 servings. Serving size approximately 1 cup: 170 calories, 4.5g fat, 60mg Omega-3 fats, 4g protein, 33g carbs, 6g fiber, 110 percent daily value vitamin A (3,663 IU or 1,100 mcg RE), significant source of vitamin C, B vitamins, calcium, copper, iron, magnesium, manganese, phosphorus and potassium.

Cashew cheese

1 cup raw cashews
1/3 cup nutritional yeast
1 1/2 tsps. onion powder
1 tsp. garlic powder
1 tsp. sea salt
3 cups plain almond milk, unsweetened
3/4 cup agar flakes
1/3 cup canola oil
3 tbs. yellow miso
Juice of one lemon

Grind cashews in food processor using pulse button. Add nutritional yeast, onion powder, garlic powder and sea salt. Pulse to blend spices.

In a saucepan combine almond milk, agar and oil. Bring to simmer, reduce heat to medium-low. Cover and simmer until agar dissolves, about 10 minutes. Turn processor on low. Gradually add almond milk mixture. Blend until smooth and creamy. Add miso and lemon juice and blend until everything is combined evenly. Refrigerate four hours until firm or use as is when you want already melted cheese.

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Thanksgiving by the numbers

J.M. HIRSCH
AP Food Editor

Preparing Thanksgiving dinner is enough of a pressure cooker, never mind having to do on-the-fly math to get it right. Here are all the numbers you need to have a safe, worry-free and delicious Turkey Day dinner.

All serving estimates are generous to allow for plenty of seconds and leftovers.

HOW BIG?

For turkeys under 16 pounds, estimate 1 pound per serving (this accounts for bone weight). For larger birds, a bit less is fine; they have a higher meat-to-bone ratio. But if your goal is plenty of leftovers, aim for 1 1/2 pounds per person whatever the turkey's size.

- For 8 people, buy a 12-pound turkey
- For 10 people, buy a 15-pound turkey
- For 12 people, buy an 18-pound turkey
- For 14 people, buy a 20-pound turkey

THE BIG THAW?

The safest way to thaw a frozen turkey is in the refrigerator. You'll need about 24 hours per 4 to 5 pounds of turkey. You also can put the turkey in a sink of cold water. Change the water every 30 minutes, and plan for about 30 minutes per pound.

THE BRINE

Never brine a turkey for more than about 8 to 10 hours. Much longer and the meat will be too salty. Always keep the bird refrigerated during brining. If the turkey is too big, an ice-filled cooler stored outside is fine, too.

THE ROAST

Roasting temperatures vary widely by recipe. Some go at a slow and steady 325 degrees. Others crank the heat to 400 or 425 for the first hour, then drop it down for the rest of the time.

However you roast, use an instant read thermometer inserted at the innermost part of the thigh (without touching bone) to determine when your turkey is done. The meat needs to hit 165 degrees for safe eating, though some people say thigh meat tastes better at 170.

The following roasting time estimates are based on a stuffed turkey cooked at 325. Reduce cooking time by 20 to 40 minutes for turkeys that are not stuffed. And remember, a crowded oven cooks more slowly, so plan ahead if your bird needs to share the space.

- 12-pound turkey: 3 to 4 hours at 325
- 15-pound turkey: 4 to 4 1/2 hours at 325
- 18-pound turkey: 4 1/2 to 5 hours at 325
- 20-pound turkey: 5 to 6 hours at 325

THE REST

The turkey should never go directly from the oven to the table. Like most meat, it needs to rest at least 20 minutes.

THE SIDES

- Carrots: a 1-pound bag makes 4 to 5 servings
- Cranberry sauce: a 12-ounce package of fresh cranberries makes about 2 1/4 cups of sauce; a 16-ounce can has 6 servings
- Gravy: plan for 1/3 cup of gravy per person
- Green beans: 1 1/2 pounds makes 6 to 8 servings
- Mashed potatoes: a 5-pound bag of potatoes makes 10 to 12 servings
- Stuffing: a 14-ounce bag of stuffing makes about 11 servings

Cranberry sauce alternative

THE ASSOCIATED PRESS

Traditional cranberry sauce alongside the turkey is a must at Thanksgiving. But that doesn't mean you can't offer other condiments, as well. Caramelized onions with thyme are made mostly from simple ingredients you're likely to have on hand. For a big meal like Thanksgiving, buy bagged onions, which generally cost less per pound than if you buy them loose.

Caramelized onions with thyme

Start to finish: 40 minutes
Servings: 8
2 tbs. olive oil
6 yellow onions, sliced
1 tsp. kosher salt
1/2 tsp. ground black pepper
1/2 cup dry white wine
1 tbs. white wine vinegar
1 tbs. fresh thyme

In a large saucepan over medium-high, heat the oil. Add the onions, salt and pepper, then cook, covered, stirring often, until soft, about 15 minutes. Uncover, reduce heat to medium, and cook, stirring occasionally, until the onions are a rich golden brown, about another 12 to 15 minutes. Add the wine and cook, stirring occasionally, until it evaporates, 4 to 5 minutes. Stir in the vinegar and thyme. Serve warm or at room temperature. Nutrition information per serving (values are rounded to the nearest whole number): 77 calories; 32 calories from fat; 4 g fat (1 g saturated; 0 g trans fats); 0 mg cholesterol; 8 g carbohydrate; 1 g protein; 1 g fiber; 243 mg sodium.

Finding the right dress for carrots

ALISON LADMAN
For The Associated Press

This Thanksgiving, make sure your carrots are dressed for the occasion. This simple maple glaze spiked with whiskey is thick enough to cling, but not so sweet to be cloying. When cooking with maple syrup, look for Grade B, which is darker, more flavorful and less expensive than the Grade A sold for pancakes.

Maple whiskey glazed carrots

Start to finish: 25 minutes
Servings: 6 to 8
1 tsp. Dijon mustard
1/2 tsp. salt
1/4 tsp. ground black pepper
1/2 cup maple syrup (preferably Grade B)
1 clove garlic, minced
1 tsp. fresh rosemary leaves
1/4 cup whiskey
2 pounds carrots, peeled and cut into rounds or thin sticks

In a small saucepan over medium, combine the mustard, salt, black pepper, maple syrup, garlic and rosemary. Bring to a simmer and cook for 5 minutes. Remove the pan from the heat and slowly stir in the whiskey. Return the pan to the heat and simmer for another 10 minutes, or until thick and syrupy. Set aside but keep in a warm place. Bring a large saucepan of water to a boil. Add the carrots and cook until just tender, about 5 minutes. Drain the carrots, then return them to the saucepan. Add the glaze and toss gently to coat.



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Elementary school teaches kids importance of trees

FROM **TREES** PAGE 1

In came Jessica Tuck, a school parent who proposed making the project an educational experience for the students, bringing on board a nonprofit organization that would not only teach the children how to plant and care for the trees but also the important role they play in the environment.

Tuck had long been a supporter of Tree People, a Los Angeles-based organization that oversaw the planting of nearly 400 trees at school campuses across the county last year. She took several training courses with the organization, including how to become a tree care coordinator and citizen forester, which will now allow her to help other schools in the district to complete similar tree projects.

The school selected two Australian willows and three podocarpus trees from an approved list by the Santa Monica-Malibu Unified School District, picking species that are both evergreen and do not bear fruit. The trees, stakes and mulch cost about $400, which was raised by the parents.

Each of the five kindergarten classes were then asked to adopt and name a tree which they would be responsible for maintaining throughout the school year, giving it water on a schedule suggested by Tree People. The trees were named Jerry, Peace, Goldie and Dino. The fifth tree was expected to be named on Friday.

"If you name a tree, you become that much more attached to it," said Tuck, whose daughter is now in the first grade.

> **IT'S LIKE BEING AT THE BEACH WHERE THERE'S NOWHERE TO HIDE FROM THE SUN,"**
>
> **Al Friedenberg**
> Grant Elementary School principal

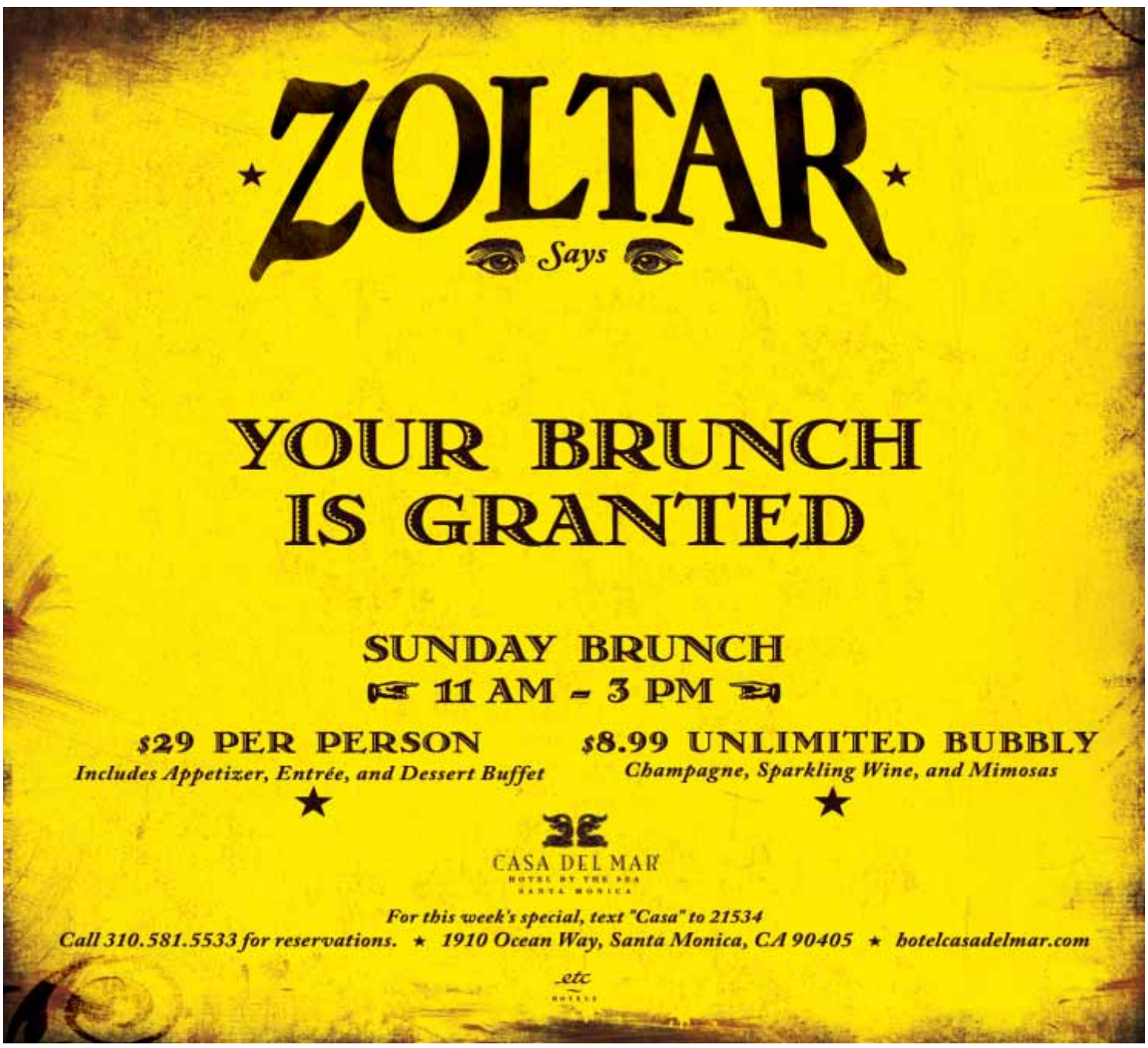
Adriana Sanchez was one of the kindergartners who participated in the tree planting, sitting in a circle with her classmates around Goldie where a Tree People volunteer gave the students a lesson on tree care.

"I feel like she's already growing too big," Sanchez said.

Upon the completion of each planting, the students were asked to hold hands and stand in a circle around their tree, chanting, "Trees need people, people need trees, welcome," inserting the given name of their specific specimen at the end.

"Tree People's mission is to encourage a functioning community forest in city life," Katie Rogers, a campus forestry manager for Tree People, said. "For kids, if you involve them now and give them the experience, hopefully they'll carry that further into their lives."

melodyh@smdp.com



St. Monica looks for first league win

FROM **FOOTBALL** PAGE 3

what has become a valuable receiving corps.

A key to creating pressure for St. Anthony (4-4 overall, 0-2 in league) will be the play of sophomore middle linebacker Thomas Brown. Walsh called him his best defender and fully expects him to give Partyka fits all night.

When not giving quarterbacks headaches, Brown is shouldering the load in St. Anthony's running game. The two-way standout is likely to create problems for a St. Monica defensive line that has been snake bitten by injuries.

Defensive lineman Jack Porter and Kyle Schwan have been banged up of late, but a move to linebacker has made Schwan a bit more of a threat, Muno said last week.

If St. Monica is at full-strength, Walsh thinks his team will have to tighten up.

"We have to limit mistakes," he said. "The team that tackles better is going to have an advantage."

daniela@smdp.com



Pico Neighborhood wants branch library

FROM **BUDGET** PAGE 1

"JUST THE SYMBOLISM ALONE IS IMPORTANT, SIGNALING TO THE COMMUNITY THAT CITY HALL IS INTERESTED IN LISTENING TO RESIDENTS' CONCERNS."

Jeanne Dodson
chair, Wilshire-Montana Neighborhood Coalition

declining revenues, taking measures that could include continuing the selective hiring freeze to keep vacancies and pushing back projects in the Capital Improvement Program that have been earmarked for funding this year.

Residents have praised the meetings for changing the way City Hall interacts with residents when it comes to having public input in the budget.

"Before Mr. Ewell arrived, residents had to go to City Hall and wait for hours to speak to City Council for a couple minutes after the draft budget was presented by staff," Zina Josephs, the president of Friends of Sunset Park, said. "With the 'Can We Talk?' meetings, the City Manager brings city staff to the neighborhoods, and residents have the floor for about an hour and a half — all of this a month or two before the draft budget is presented to council."

The Friends of Sunset Park is expected to once again raise issues of traffic through the neighborhood, continued growth at Santa Monica College, and noise, pollution and safety issues at Santa Monica Airport.

For the Wilshire-Montana Neighborhood, parking and overdevelopment are anticipated to be the key issues mentioned during the meeting.

"We've had extremely negative responses to the plan to change parking downtown and the sky-high parking ticket rates," Jeanne Dodson, the Wilmont chair, said.

Dodson said that she believes the neighborhood groups have been impressed with the annual meetings.

"Just the symbolism alone is important, signaling to the community that City Hall is interested in listening to residents' concerns," Dodson said. "People have expressed to me that they really appreciate being able to have direct access to department heads and decision makers and we certainly hope the new city manager will continue this tradition."

The Pico Neighborhood Association is hoping to see a new branch library closer to home.

"We want to make sure we provide (youth) with the necessary resources so they can succeed," Maria Loya, co-chair of the association, said.

She added that one of the biggest issues this year will be to address youth violence, ensuring that there will be no cuts in youth and intervention services. The most recent act of violence took place earlier this week at Virginia Avenue Park in a suspected gang-related shooting that left a recent Olympic High School graduated dead.

For the Pico Neighborhood Association, there's also the issue of the light rail maintenance yard on Exposition Boulevard.

"We want to make sure that it's being addressed and we're ensured that the city is doing all it needs to do in order to protect residents from pollution," Loya said.

A number of issues raised during these meetings have made their way into the budget, including a long-sought after project to beautify Ocean Park Boulevard from Lincoln Boulevard to Main Street and improvements to Longfellow Street in the Borderline Neighborhood.

"That is one of the reasons we go back to let them know what has been done in hopes that we are demonstrating to them that we are moving toward a direction they would like to see more of," Ewell said. "Sometimes a new issue comes out we hadn't heard before."

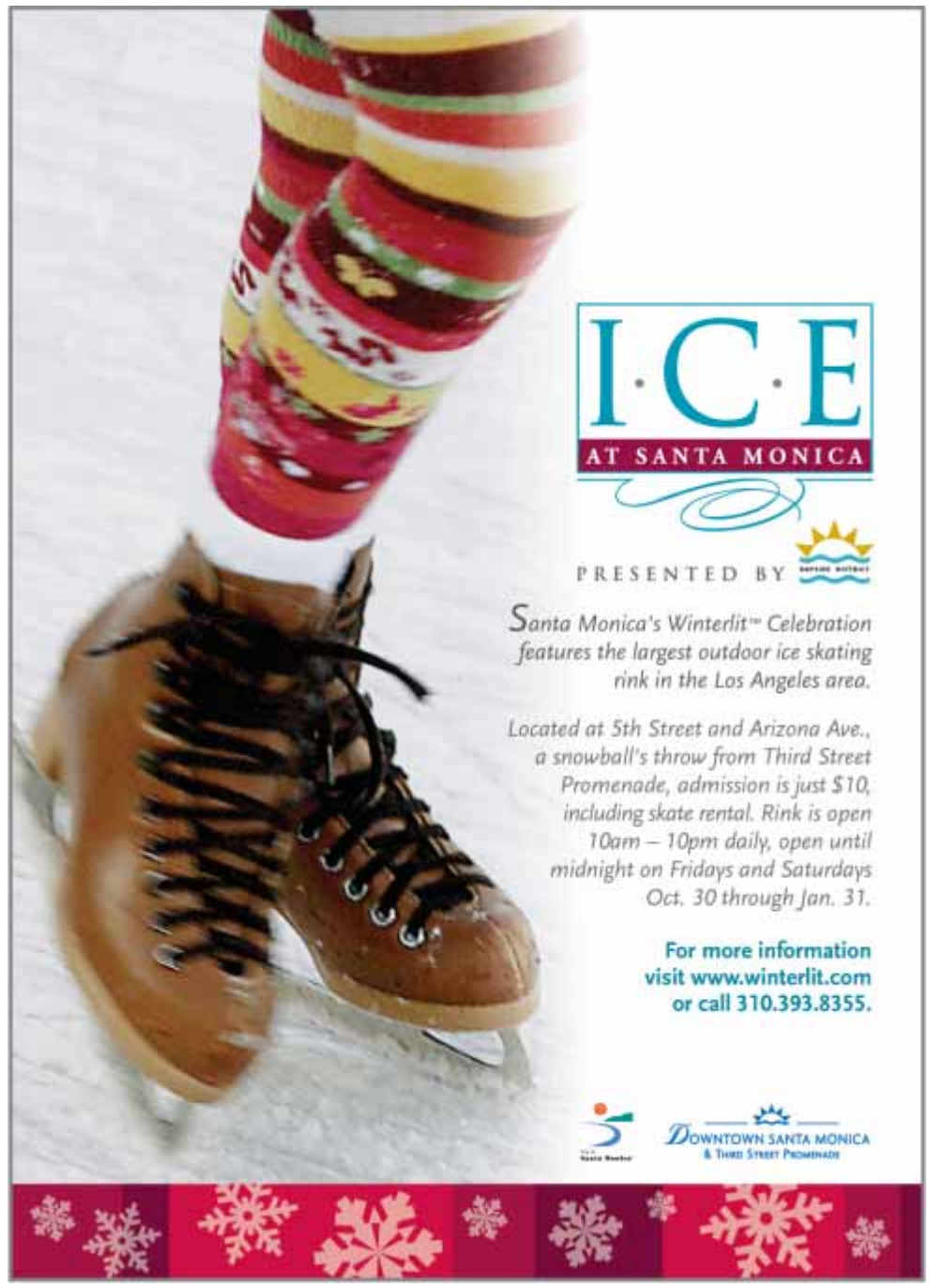
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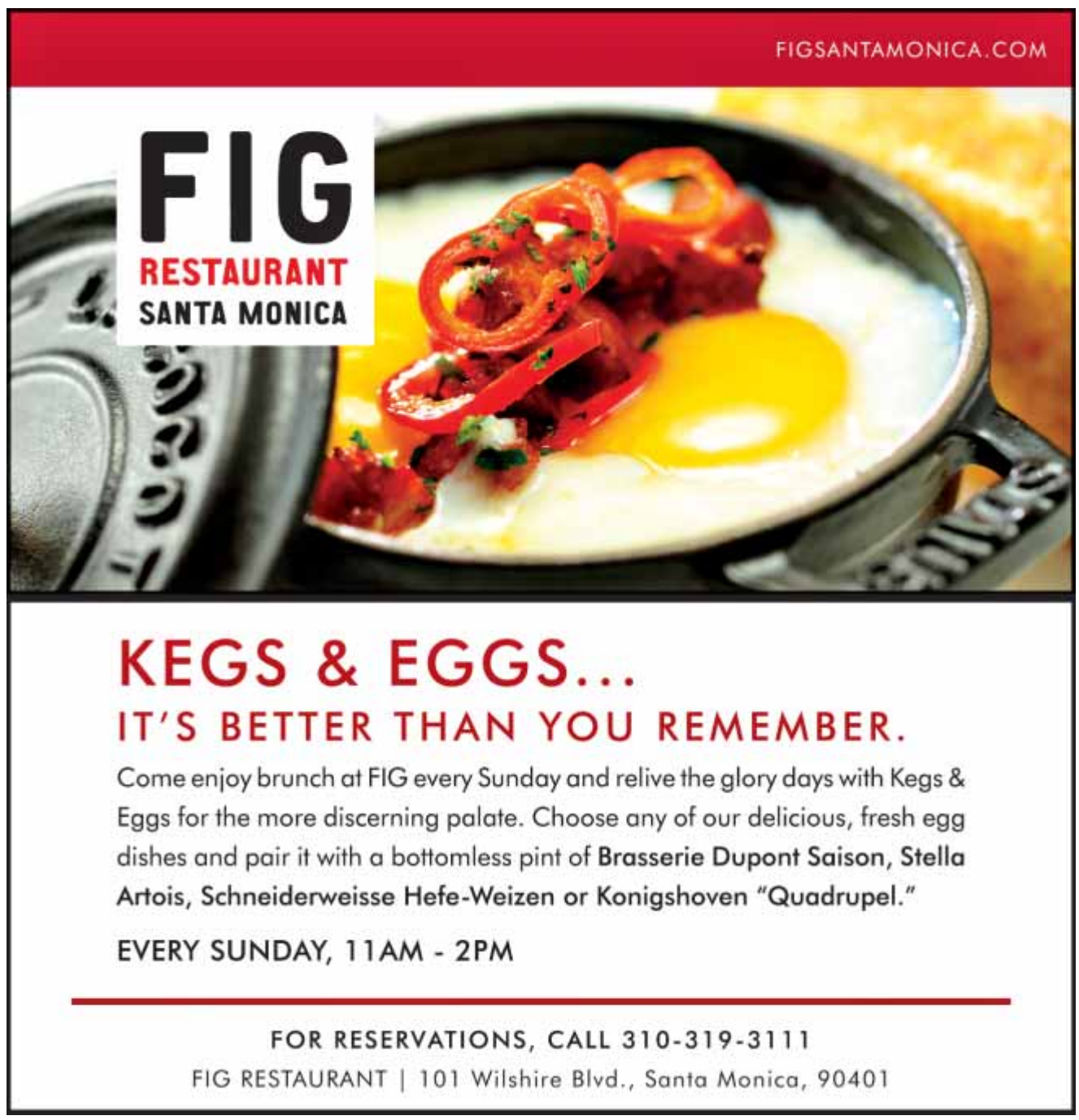
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robbieW:	38, male, Daytona, FL
b-ball_tommy:	15, male, Pocatello, ID
tu_tu:	16, female, Burlington, VT
duffme:	44, male, Minneapolis, MN
QTpie:	30, male, Chicago, IL
ty1989:	15, female, Naperville, IL
harrys_grl:	12, female, Appleton, MN
slugger20:	17, male, Jackson, MS
qtrback21:	26, male, Brooklyn, NY
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Joe Jackson seeks stipend from Michael's estate

ANTHONY MCCARTNEY
AP Entertainment Writer

LOS ANGELES Michael Jackson's father is seeking an allowance from his son's estate to help cover expenses that exceed $15,000 a month, according to court documents filed Friday.

The request seeking an unspecified amount for Joe Jackson was filed by lawyer Brian Oxman, who said there was no apparent reason for the administrators of the estate to not seek an allowance for the Jackson family patriarch.

Michael Jackson's 2002 will, however, omitted any mention of his father.The two had an often strained relationship, and Michael Jackson said at one point that he would get physically sick — as a child and as an adult — at the sight of his father.

The singer's private trust calls for money to be paid to his mother, Katherine, his three young children, and various charities.

A judge has approved more than $26,000 in payments to Katherine Jackson each month, and a $60,000 monthly payment for the care of the children.

The latest court documents say Joe Jackson receives a $1,700 monthly Social Security payment and had relied on his son for support for many years.

"He does not have a regular or steady source of income, and he was dependent upon the money provided by his son, Michael Jackson, through his wife, Katherine Jackson, for his support," the filing states.

Joe Jackson suffers from diabetes and had a stroke in 1998, the filing states.

A former steelworker, he managed and trained his children and organized the Jackson 5. He has been married to Katherine Jackson for 50 years, but he lists his home in Las Vegas. She lives at a family home in the San Fernando Valley north of Los Angeles.

The filings are inconsistent in several places, listing Joe Jackson's age as 80 in one place and 81 in another. A declaration states his monthly expenses exceed $20,000 a month, but an itemized list only includes slightly more than $15,000.

That list includes $1,200 a month on rent for his Las Vegas home; $2,500 to eat out; $1,000 on entertainment, gifts and vacations; $2,000 on air travel and $3,000 on hotels.

A phone message left for Oxman was not immediately returned.

A phone message left for Howard Weitzman, an attorney who represents the administrators of Jackson's estate, was not immediately returned.

A judge on Friday denied Joe Jackson's petition for an expedited hearing on the matter.

A hearing is scheduled for early 2010 at which time the payments to Katherine Jackson may be re-evaluated.

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Presentation on Ocean Park Blvd starting at 6 p.m.

Thursday, November 12
Grant Elementary School Auditorium, 2368 Pearl Street

Monday, November 16
Ken Edwards Center, 1527 4th Street

Tuesday, December 1
Montana Library, 1704 Montana Avenue

Wednesday, December 2
Virginia Avenue Park, Thelma Terry Building
2200 Virginia Avenue

All locations are wheelchair accessible. For additional disability-related accommodations or for more information about these meetings, please call (310) 458-8281. Presented by the City of Santa Monica in partnership with Friends of Sunset Park, North of Montana Association, Ocean Park Association, Pico Neighborhood Association and Wilshire-Montana Neighborhood Coalition.

City of Santa Monica

If you are unable to attend, you may also give your opinion on priorities for the FY10-11 budget by writing to City Council, 1685 Main Street, Santa Monica, CA 90401; post your feedback at www.smgov.net/budget or email your comments to budget@smgov.net

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Play Time

Cynthia Citron Send comments to editor@smdp.com

With friends like these …

WHAT ARE FRIENDS FOR? "TO BLOW THE whistle on you when you're insane," according to the playwright. Can you build an entire play around this premise? You can if you're John Patrick Shanley, whose popular plays and films have won him a Tony, an Oscar and a Pulitzer Prize.

Shanley's 1988 play "Italian American Reconciliation" explores the lengths a man will go to in order to support a lifelong friend through the "insanity" that comes with divorce. And as currently performed at the Ruskin Group Theatre in Santa Monica, it makes for a delightful evening of comedy and drama.

John Collela, as Aldo, steals the show with his cool demeanor and his perfect "dese, dem and dose" accent. He establishes his Italian "chops" by getting the audience to join him in singing "Volare" when he makes his entrance, and he has them from his first "Whoah-ho." And then he begins his tale about his friend Huey (Andy Lauer), who is still grieving three years after his divorce from Janice (Amy Jacobson Ruskin).

Huey, for some inexplicable reason is dressed like an Elizabethan hobo in patched orange velvet pantaloons (to which he later adds a bright red velvet jacket with wings at the shoulders). He is hiding away in his apartment, brooding, with what Aldo calls "the sickness of being a man."

Huey has found another love, Teresa (Cloe Kromwell), but has come to the conclusion that he needs his former wife, Janice, even though she has brutalized him throughout their marriage. And so he is going to the café where Teresa works to break up with her.

Teresa, meanwhile, has come to the same conclusion and is preparing to break up with Huey. "He's been kidnapped by his past," she tells her wise old Aunt May (Mary Margaret Lewis). "The past came and threw a bag over his head and kidnapped him."

Huey, preparing to break up with Teresa and try to win back Janice, whines, "Things are too big for a little guy like me not to be scared," and begs Aldo to visit Janice to "soften her up" before his visit. Aldo is appalled. "But Janice hates me!" he protests. "No, she respects you," Huey responds. "She don't like you, but she respects you." Aldo, who is anxious to be helpful, nevertheless expresses his doubts. "To be of use may be to not let yourself be used," he says, and then, at a quizzical look from Huey, adds, "I'm deep."

As it turns out, Aldo and Janice have a long history. As children they played games where Janice was always trying to kill him. "I wanted to play house, I didn't want to play dead," Aldo protests. But she persists in calling him a "hammer headed clown" and berates him for being "Huey's stooge." "You never took me seriously," she says, "and Huey wouldn't look at me!"

The overtly macho Aldo presents a mirror image of the diffident and vacillating Huey, but both are on the same quest: to discover what it means to be a man and how to find and hold on to love. It may be a source of anguish for Huey and Aldo, but for the audience, getting there is half the fun.

As always, the Ruskin players have done a marvelous job. Rae Allen has directed them shrewdly and made the most of Shanley's comical dialogue. And the wiry, sexy John Collela is a delight to watch. The only weak link is Amy Ruskin, who is about 11 months pregnant in real life and couldn't camouflage the fact even with the oversize negligee she wears throughout. Since she is not pregnant in the play, her figure is hard to ignore. And an added distraction during the performance I saw, was her dressing gown, which seemed to be inside out and upside down so that she couldn't manage to get into it and wound up fiddling with it through a long, significant scene with Aldo.

Other than that, Mrs. Lincoln, it was a lovely evening at the theater.

"Italian American Reconciliation" will run Fridays and Saturdays at 8 p.m. and Sundays at 2 p.m. through Dec. 6. The Ruskin Group Theatre is located at 3000 Airport Ave., in Santa Monica. Call (310) 397-3244 for tickets.

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BOOKREVIEW

BY DANE ROBERT SWANSON



'How Do I Love Thee?'

By Nancy Moser • Bethany House

This is another in the historical romance line put out by publisher Bethany House. In this one we are concerned with the courtship between Elizabeth Barrett and Robert Browning. When the story opens, Elizabeth is an invalid in her own house.

"I will die soon," she announces to start the story.

"My brother Edward leaned to an elbow on the company side of my bed."

"Oh, posh, Ba. You've been dying for years, and you are still with us."

"He was right. Although I had celebrated a childhood of good health, the journey through my teen years, my twenties, and now my thirties had been greatly spent in a position of recline. And decline"

Thus she presents herself to the world.

History states that at age 20 she began a battle with a form of a life-long illness which the medical science of that time was unable to diagnose. She took morphine for the pain and soon became an addict.

Previous to the main story, her brother has died in a sea accident. She is now bedridden. She lives with her two sisters and father. Her father is possessive and wishes to keep his daughters unwed. If they should marry he cuts them off without a cent. He even watches over whom they see.

Elizabeth is already an author. She had a poem published when she was 6 or 8. By the ago of 12 she had written an epic poem consisting of four volumes in rhyming couplets. It is her poems that attract Robert Browning to her. He starts to visit her, much to her father's dislike.

It is a known historical fact that her father was this way. He seems not to have liked anyone his daughters were interested in.

This story is a great love story. Robert was much younger than Elizabeth by six years and, as portrayed in this story, a bit shy. It was her poetry, this story suggests, that brought them together. Always under the watchful eye of father they had to meet under the pretense of consulting as writers.

Love bloomed and it was decided to get married. Once father heard about this he disinherited her. This didn't matter much as she by this time had inherited some money of her own. She and Robert eloped and went off to Italy.

Contact **DANE** at smdp_review@yahoo.com.

Santa Monica Daily Press

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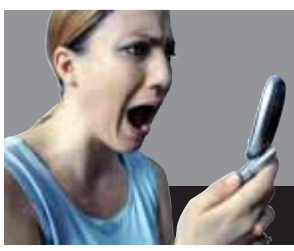


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Cougars a popular breed

MEGAN K. SCOTT
Associated Press Writer

NEW YORK Darin Riggio has a thing for older women — he dated his first "Cougar" when he was a 19-year-old college student. She was 43.

Since then, the 24-year-old who lives in Boca Raton, Fla., has dated women old enough to be his mother.

"Women my age don't know what they want," said Riggio, ticking off his list of why older women are better. "Two, they are usually immature. Three, there's a lot of drama involved. Four, they don't have as much experience as older women."

But Riggio, who was briefly married to a woman his age, said he probably wouldn't marry an older woman. He likes to date them more for fun.

Cougar relationships may be hot in Hollywood — from ABC's "Cougar Town" to celebrity couplings like Ashton and Demi and even a reality show, "The Cougar" — but few women are married to men who are significantly younger.

Dating experts say they have seen a rise in older women seeking younger men, though not necessarily the other way around. And they say those matches don't tend to turn into long-term relationships.

In fact, only 1 percent of all marriages in 2008 were between a woman who was 10-14 years older than her husband; 2.6 percent 6 to 9 years older, according to Census figures. (About 5 percent and 11.6 percent the other way around, respectively.)

"I don't think we're going to see a wholesale change in our society with younger men all the sudden wanting to marry older women," said Debbie Then, a social psychologist in California. "But I think they may date some Cougars who are still sort of looking young, hip and hot.

"I think the younger men, it's more of an adventure for them," she added. "It's like traveling to an exotic land for a while."

Christie Nightingale of the matchmaking service Premier Match said she has seen an increase in the past six months of women requesting younger men. A 48-year-old woman used to want a man between the ages of 45 and 60, she said. Now she wants a man between the ages of 35 and 50.

The women say they are "so youthful and so full of energy," men their age or older can't keep up with them, Nightingale said.

But she has not seen a change in age preference from her male clients, so she has found herself calling them to see if they would be open to dating an older woman. While a few of them are willing to try it, she doesn't believe they are serious about it long-term.

Valerie Gibson, author of "Cougar: A Guide for Older Women Dating Younger Men," says that is fine for a real Cougar, a term she says has been misused to describe any woman who dates a younger man. A Cougar is not looking to get married or even be in a long-term serious relationship, she said, but is looking to have a good time.

Long-term, Cougar relationships can be problematic because the man may decide he wants his own biological children, or the pair may have trouble relating to different life stages, said dating coach Evan Marc Katz, who himself is married to a woman three years older.

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SURF REPORT

Surf Conditions **Water Temp:** 61°

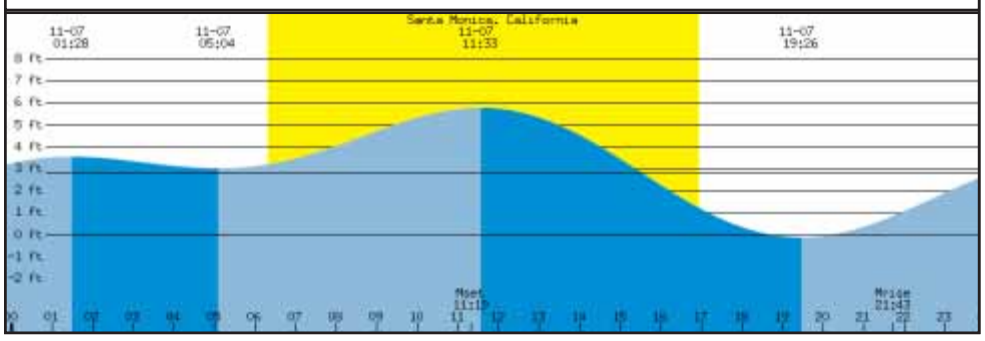
Swell Forecast

Should see NW swell fill in more, increasing size in SoCal as the energy traverses from the north to the south. This swell should start filling in around SB/VC early to mid morning.

Long Range Synopsis

NW swell should make full impact in SoCal. This is expected to place most west facing breaks in surf running 2-3 feet overhead, and with standouts goingDOH .

Tide Forecast for Today in Santa Monica



BEACH REPORT CARD

NORTH LOS ANGELES COUNTY

Grades for this report are based on monitoring data from the previous four weeks up to the ending date of **October 14, 2009**

HEAL THE BAY - 1444 9th Street, Santa Monica, CA 90401 - www.healthebay.org - brc@healthebay.org - 800 HEAL BAY

QUICK STATS (for the last 28 days)

- Number of sewage spills -- 1
- Number of beach closures due to a sewage spill -- 1
- Number of wet days -- 2
- Number of A grades for dry/wet weather -- 41 / 14
- Number of (C,D,F) grades for dry/wet weather -- 4 / 9

The Beach Report Card is made possible by simplehuman, The Goldhirsh Foundation, the James Irvine Foundation, Ford

Heal the Bay reminds you not to swim or surf within 100 yards of any flowing storm drain or for 3 days after a rainstorm. After a rain, indicator bacteria counts at beaches throughout California usually far exceed health criteria in the state's Beach Closure and Health Warning Protocol.

LOCATION	DRY	WET
Los Carrillo Beach, at Arroyo Seguit Creek mouth.	A+	ns
Nicholas Beach at San Nicholas Canyon Creek mouth.	A+	ns
El Pescador State Beach, between Lechasa and Las Alisos creeks.	A+	A+
Encinal Canyon at El Matador State Beach.	A+	A+
Broad Beach at Trancas Creek mouth.	A+	ns
Zuma Beach at Zuma Creek mouth.	A+	ns
Walnut Creek, projection of Wildlife Rd. (private).	A+	A+
Paradise Cove Pier at Ramirez Canyon Creek mouth.	A+	ns
Escondido Creek, just east of Escondido State Beach.	A	A+
Latigo Canyon Creek mouth.	A+	ns
Solstice Canyon at Don Blacker County Beach.	A	A+
Puerco State Beach at creek mouth.	A+	ns
Marie Canyon storm drain at Puerco Beach, at 24572 Malibu Rd..	A	F
Surfrider Beach at Malibu Colony fence.	C	ns
Surfrider Beach (breach location)- daily.	A	C
Malibu Pier - 50 yards east.	F	ns
Carbon Beach at Sweetwater Canyon.	A+	A+
Las Flores State Beach at Las Flores Creek (point zero).	A+	A+
Big Rock Beach at 19948 PCH stairs.	A	ns
Pena Creek at Las Tunas County Beach.	A+	A+
Tuna Canyon.	ns	ns
Topanga State Beach at creek mouth.	A	F
Castlerock Storm Drain at Castle Rock Beach.	ns	ns
Santa Ynez Storm Drain at Castle Rock Beach.	D	ns
Will Rogers State Beach at 17200 PCH (1/4 mile east of Sunset drain).	A	ns
Will Rogers State Beach at Bel Air Bay Club drain near fence.	A+	ns
Will Rogers State Beach at Pulga Canyon storm drain.	A+	A+
Will Rogers State Beach at Temescal Canyon drain.	A+	ns
Will Rogers State Beach at Santa Monica Canyon drain (Chautauqua).	A+	F
Santa Monica Beach at Montana Ave. drain.	A+	ns
Santa Monica Beach at Wilshire Blvd. drain.	A+	ns
Santa Monica Municipal Pier.	F	F
Santa Monica Beach at Pico/Kenter storm drain.	A	F
Santa Monica Beach at Strand St. (in front of the restrooms).	A+	ns
Ocean Park Beach at Ashland Ave. drain.	A+	F
Venice City Beach, at the Rose Ave. storm drain.	A+	A+
Venice Beach at Brooks Ave. drain.	A+	ns
Venice Beach at Windward Ave. drain.	A	A+
Venice Fishing Pier - 50 yards south.	A+	ns
Venice Beach- projection of Topsail St..	A+	ns
Marina del Rey, Mothers' Beach- lifeguard tower.	A	F
Dockweiler State Beach at Ballona Creek mouth.	B	F
Dockweiler State Beach at Culver Blvd. drain.	A+	A+
North Westchester Storm Drain at Dockweiler State Beach.	A+	A+
Dockweiler State Beach at World Way (south of D&W jetty).	A	ns
Dockweiler State Beach at Imperial Hwy drain.	A+	A+
Dockweiler Beach- opposite Hyperion Treatment Plant.	A+	ns
Dockweiler State Beach at Grand Ave. drain.	A+	ns

LEGEND

DRY -- each location is graded on an A - F scale based on bacterial pollution levels present in the surf zone
WET -- grades for days of recorded rainfall and the following 3 days
ns -- no sample taken

Heal the Bay's Beach Report Card® is based on weekly water quality monitoring data provided by the City of Los Angeles' Environmental Monitoring Division and the Los Angeles County Department of Health Services. Data is analyzed as soon as it is made available to us by the public agencies. Beaches are graded on an A-F scale based on the risk of ocean users becoming ill. Samples are analyzed for bacteria—enterococcus, total and fecal coliforms—that indicate biological pollution. A fact sheet detailing the exact methodology used in determining grades for each location is available from the office or on our web site. The report is not designed to measure the amount of trash or toxins found at local beaches.

The Beach Report Card is an indication of past water quality and is not a warranty of the current safety of those areas surveyed. Our lawyers are happy.

Heal the Bay is a non-profit environmental organization dedicated to making Santa Monica Bay and Southern California coastal waters safe and healthy for people and marine life.

Heal the Bay

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MLS

Beckham's off-field revenue soared after moving to LA

BY ROB HARRIS
AP Sports Writer

LONDON David Beckham earned nearly $16.5 million from personal sponsorship deals during his first full season with the Los Angeles Galaxy.

The England midfielder's latest accounts show that his marketability was unaffected by his move from Real Madrid to the United States, where soccer is less popular.

Newly released figures from the official British company registry show that Beckham's income from his Footwork Productions company in the year ending Dec. 31, 2008, soared by 91 percent from the previous year .

The company's gross profit of $20 million, which rose about 15 percent, includes income from endorsements. That figure is believed to account for two-thirds of the 34-year-old Beckham's sponsorship income.

A separate company, Brand Beckham, receives his $5.5 million basic salary from the Galaxy, the share of the merchandising he generates for the MLS team and joint endorsements with his wife, Victoria, including their range of fragrances.

Beckham joined the Galaxy on a five-year contract in July 2007. Despite the non-renewal of sponsorship contracts with Gillette and Pepsi, his advisers at 19 Entertainment are confident of expanding his off-the-field portfolio.

As well as developing his own apparel range with Adidas, Beckham's management team is looking to secure up to six sponsors in various areas.

Beckham's global appeal is likely to be helped by a second five-month stay at AC Milan beginning in January, which will boost his chances of going to a fourth consecutive World Cup with England.

MLB

Angels GM Reagins gets contract extension

BY THE ASSOCIATED PRESS

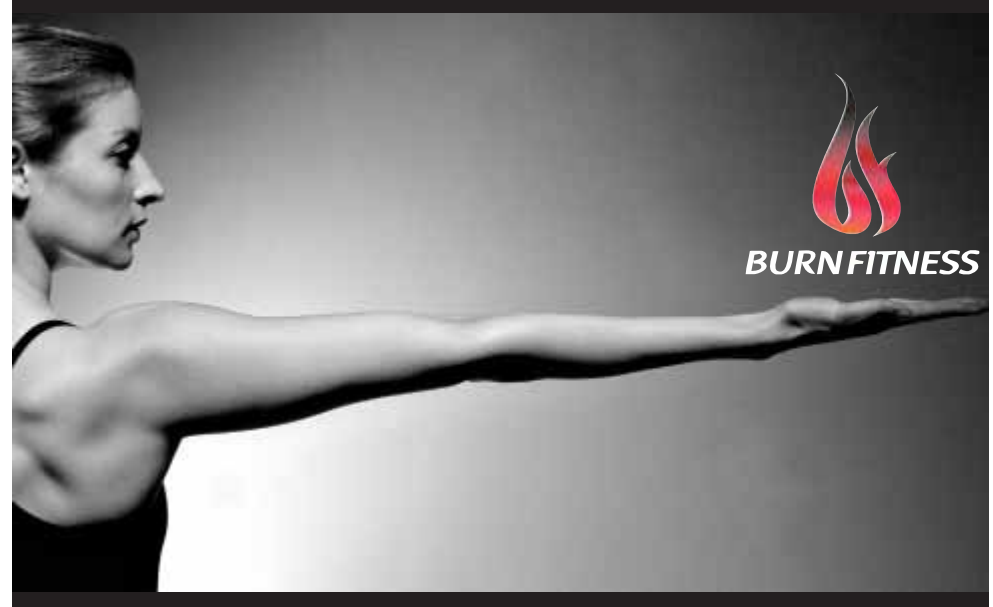
ANAHEIM, Calif. Los Angeles Angels general manager Tony Reagins has agreed to a long-term contract extension.

The Angels have won the AL West in both of his years as GM. Reagins received the extension Friday.

The 42-year-old Reagins succeeded Bill Stoneman in October 2007 after six seasons as the Angels' director of player development. Reagins has spent 18 years in the organization since joining the club as an intern.

The Angels went to the AL championship series this season. In his tenure, Reagins has signed outfielders Torii Hunter and Bobby Abreu and traded for pitcher Scott Kazmir.

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2:30, 5:00

The Boondock Saints II: All Saints Day (R) 1hr 27min
2:50, 5:40, 8:20, 11:00

Saw VI (R) 1hr 31min
7:30, 10:00

Zombieland (R) 1hr 21min
3:10, 5:30, 7:40, 9:50

A Serious Man (R) 1hr 45min
2:40, 5:20, 8:00, 10:45

AMC 7 Santa Monica
1310 Third St.
(310) 289-4262

Paranormal Activity (R) 1hr 39min
3:00, 5:40, 8:05, 10:15

Disney's A Christmas Carol (PG) 1hr 36min
2:40, 5:15, 7:40, 10:10

Disney's A Christmas Carol in Disney Digital 3D (PG) 1hr 36min
12:55, 3:15, 5:45, 8:15, 10:45

The Fourth Kind (PG-13) 1hr 38min
3:05, 5:30, 8:00, 10:30

Where the Wild Things Are (PG) 1hr 34min
3:20,
5:50, 8:20, 10:50

Men Who Stare at Goats (R) 1hr 30min
1:10, 2:50, 3:35, 5:20, 6:00, 7:50, 8:30, 10:20, 11:00

Laemmle's Monica Fourplex
1332 Second St.
(310) 394-9741

The Maid (NR) 1hr 49min
1:40, 4:40, 7:45, 10:10

Turning Green (NR) 1hr 41min
7:50

New York, I Love You (R) 1hr 58min
10:15

Irene In Time (PG-13) 1hr 49min
1:45, 4:50, 7:30, 10:00

Mann's Criterion Theatre
1313 Third St.
(310) 395-1599

The Box (PG-13) 1hr 56min
2:10, 3:00, 4:50, 7:30, 9:20, 10:20, 11:30

Couples Retreat (PG-13) 1hr 47min
3:30, 6:30

Julie & Julia (Pg-13) 2hr 3min
6:00, 8:45

Law Abiding Citizen (R) 1hr 48min
2:00, 4:40, 7:20, 9:50

Michael Jackson's This Is It (PG) 2hrs 1min
1:40, 2:30, 4:10, 5:10, 6:50, 7:50, 9:30, 10:30

For more information, e-mail news@smdp.com

Have fun at home, Aries

ARIES (March 21-April 19)
★★★★ Mellowing out could happen with just the contrast of today and yesterday. You have a way with words that moves a key partner. Be aware of the dynamic here. Go with impulsiveness. Tonight: Entertain at home.

TAURUS (April 20-May 20)
★★★★★ Keep communication flowing. Listen to what is being shared. Go along with an idea for the moment, and test its validity. You could be surprised by how events unfold. Tonight: Get to know someone who is on your radar better.

GEMINI (May 21-June 20)
★★★ Curb your possessiveness. The unexpected keeps popping up. Information is viable and important, especially if it involves work or your daily life. Do you feel that you need to start going to the gym and perhaps diet? Start on Monday! Enjoy today. Tonight: Your treat.

CANCER (June 21-July 22)
★★★★★ Your creativity and energy help others relax and be spontaneous. Gather friends or loved ones to go for a day trip or perhaps to a movie and dinner. Change the setting, and you'll feel better, and so will your entourage. Tonight: Let the party really begin.

LEO (July 23-Aug. 22)
★★★ Even you can become overwhelmed with ease. Stay clear and think before having an important discussion with a family member. You don't want to trigger an uproar. This person can be most unpredictable. Tonight: Do your thing.

VIRGO (Aug. 23-Sept. 22)
★★★★★ Whether you are making friends, with friends or making plans to be with friends doesn't matter -- you get the gist of the day. A partner who has a lot of impact on you could surprise you. Tonight: Reach out for friends.

LIBRA (Sept. 23-Oct. 22)
★★★★ Basics do count when dealing with work or someone you need to be at least respectful of. You might have had enough of this person, but the wise Libra will say little now. Soon enough you can take your leave. Tonight: A must appearance.

SCORPIO (Oct. 23-Nov. 21)
★★★★★ Defer to someone else if you desire, but know that many of the answers you seek aren't readily available, no matter who is asking or who is answering. Detach and stay centered. Let your imagination speak. Tonight: Have fun creating what would make you happy.

SAGITTARIUS (Nov. 22-Dec. 21)
★★★★ Understand what someone is really asking for and that it might be much more important than you realize. Go along with this person and trust his or her priorities. That act in itself could make all the difference. Tonight: Defer for now.

CAPRICORN (Dec. 22-Jan. 19)
★★★★ Others run with the ball. You might wonder what is the best choice. Stay upbeat and clear in your dealings. A loved one cares far more than you realize. Be easygoing and open. Tonight: So many offers.

AQUARIUS (Jan. 20-Feb. 18)
★★★ Dig into a project and get your work done. You might be surprised by everything that comes up for you. Be open and direct with a loved one about a money matter. If you're feeling lucky, buy a lottery ticket. Tonight: Just make it easy.

PISCES (Feb. 19-March 20)
★★★★ You are more easygoing and fun-loving than you have been in a while. Others recognize this energy in you and want to enjoy your company. Relationships bloom in this atmosphere. Tonight: Fun and games.

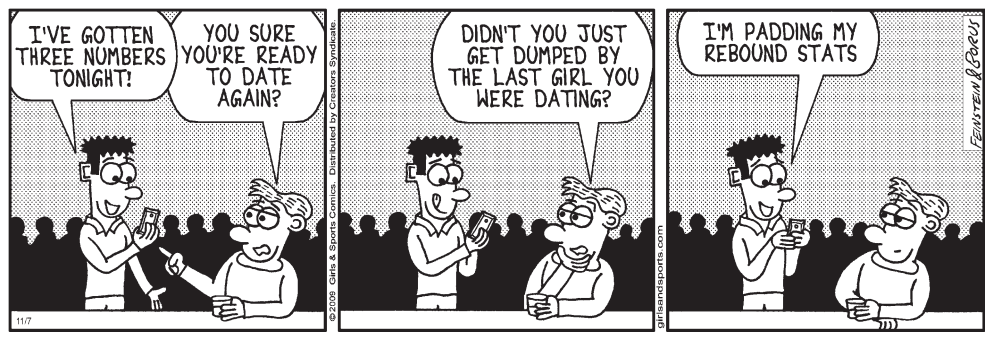
Happy birthday

Avoid making much ado about nothing. Often this year, you feel like a sailboat in a windstorm. Center yourself in this case. You do have the foundation necessary. Listen to your inner voice and allow yourself to flow. Remain spontaneous -- i.e., if you want to jump off the boat, do. Everything works out in an interesting manner. If you're in a quandary, detach and go for a drive or a walk by water. You will find the answer. If you are single, you open new doors. Your immediate circle could change as well, and the people you will want to relate to could change. Be open. 2010 could be very exciting. If you are attached, the two of you will schedule some mini trips or one big vacation. You will recycle and become much closer. CANCER helps you see new vistas.

JACQUELINE BIGAR'S STARS
The stars show the kind of day you'll have:
★★★★★Dynamic ★★ So-So
★★★★ Positive ★ Difficult
★★★ Average

Girls and Sports

By Justin Borus and Andrew Feinstein



The Meaning of Lila

By John Forgetta & L.A. Rose



Garfield

By Jim Davis



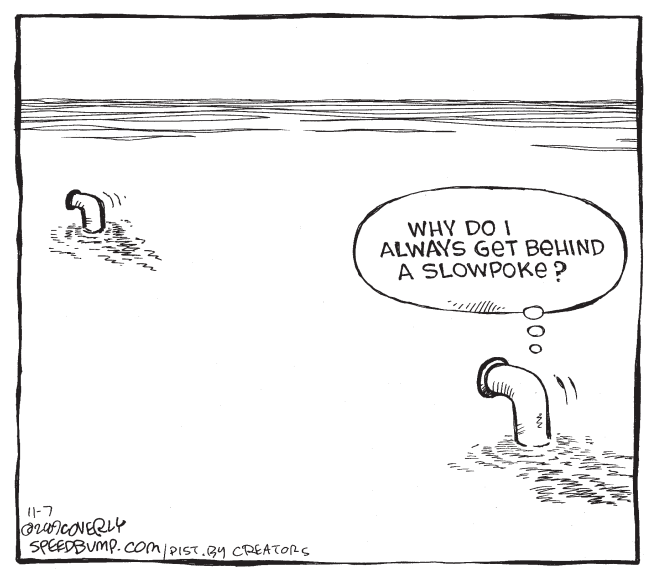
Strange Brew

By John Deering



Speed Bump

By Dave Coverly



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- Memory jogging exercises
- Fun entertainment
- Support resources

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Sudoku

Fill in the blank cells using numbers 1 to 9. Each number can appear only once in each row, column, and 3x3 block. Use logic and process of elimination to solve the puzzle. The difficulty level ranges from ★ (easiest) to ★★★★★ (hardest).

Difficulty Level ★★★★

		7		5		3		
			6		8			
1		8				7		9
	2						8	
7				9				1
	3						9	
2		5				9		6
			2		4			
		4		1		8		

King Features Syndicate

GETTING STARTED

There are many strategies to solving Sudoku. One way to begin is to examine each 3x3 grid and figure out which numbers are missing. Then, based on the other numbers in the row and column of each blank cell, find which of the missing numbers will work. Eliminating numbers will eventually lead you to the answer.

SOLUTIONS TO YESTERDAY'S PUZZLE

8	6	7	3	1	2	4	5	9
9	4	1	7	6	5	2	3	8
3	5	2	8	4	9	6	1	7
1	8	5	4	9	3	7	2	6
4	2	6	5	7	8	1	9	3
7	3	9	1	2	6	8	4	5
2	7	8	9	5	1	3	6	4
5	1	4	6	3	7	9	8	2
6	9	3	2	8	4	5	7	1

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Leslie Thomas *news@smdp.com*

The first person who can correctly identify where this image was captured wins a prize from the Santa Monica Daily Press. Send answers to *editor@smdp.com*.

CROSSWORD

By THOMAS JOSEPH

ACROSS

1 Gung-ho
5 Endures
10 King of Crete
12 Authorize
13 Good quality
14 Exact match
15 Canine command
16 Hairy beast
18 Slapstick weapon
19 Hardens
21 Splinter group
22 Some football players
24 Oxygen variety
25 Plus sign's cousin
29 Unmitigated
30 Comic-book workers
32 Tax grp.
33 Flock sound
34 Lab critter
35 Jeweler's aid
37 Roulette bet
39 City on the Rhone
40 Supply with grants
41 Lustful gods
42 Works leather

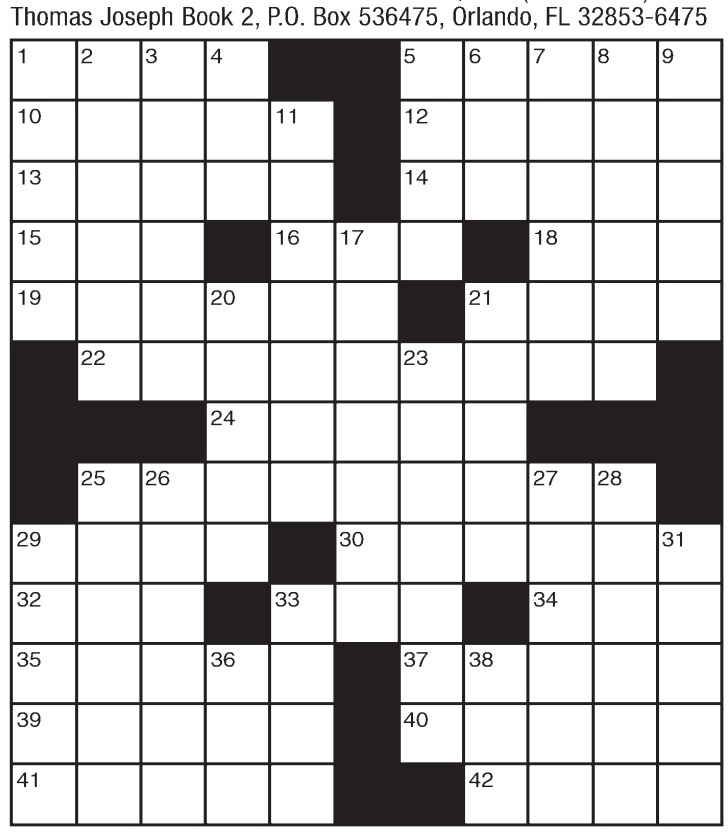
DOWN

1 Gather
2 Drops in on
3 Foot part
4 Buck's partner
5 Dearth
6 Greedy desire
7 Wasn't flat
8 Healthful drinks
9 Adorable
11 Fashion
17 Oregon city
20 Waive one's rites?
21 Furtive fellow
23 Catch
25 Dawn goddess
26 TV helmsman
27 Poet Pablo
28 Knight's foe
29 Rice dish
31 Worries
33 Porgy's love
36 Farm sight
38 Toronto's prov.

S	C	R	I	P	■	B	A	R	K	S
P	R	O	S	E	■	A	L	O	N	E
R	E	C	O	N	■	H	E	L	E	N
O	A	K	■	C	I	R	C	L	E	D
U	S	E	■	E	R	A	■	E	L	S
T	E	D	S	■	K	I	N	D	S	■
■	■	T	E	C	■	N	E	T	■	■
■	C	H	A	O	S	■	O	H	M	S
J	O	E	■	A	I	R	■	E	A	T
A	L	B	E	R	T	A	■	D	I	E
F	O	O	L	S	■	S	M	I	L	E
F	R	A	M	E	■	P	A	C	E	D
A	S	T	O	R	■	S	E	E	D	S

Yesterday's answer

NEW CROSSWORD BOOK! Send $4.75 (check/m.o.) to Thomas Joseph Book 2, P.O. Box 536475, Orlando, FL 32853-6475



11-7

DAILY LOTTERY

MEGA MILLIONS: 5 18 23 31 38
Meganumber: 20
Jackpot: $63M

SUPER LOTTO PLUS: 1 12 29 38 39
Meganumber: 19
Jackpot: $16M

FANTASY 5: 6 21 23 32 37

DAILY 3: MIDDAY: 7 2 8
EVENING: 4 9 9

DAILY DERBY:
1st: 01 Gold Rush
2nd: 02 Lucky Star
3rd: 03 Hot Shot
RACE TIME: 1:48.62

Although every effort is made to ensure the accuracy of the winning number information, mistakes can occur. In the event of any discrepancies, California State laws and California Lottery regulations will prevail. Complete game information and prize claiming instructions are available at California Lottery retailers. Visit the California State Lottery web site at http://www.calottery.com

NEWS OF THE WEIRD
BY CHUCK SHEPARD

■ In September in Truro, England, David Truscott, 40, was sentenced to four months in jail for repeatedly trespassing on the farm of Clive Roth by playing in the farm's manure-spreader while wearing only his underwear (and, curiously, rubber gloves). Truscott told the court that he had a sexual fetish for manure. Three weeks earlier, Gary Moody, 49, was charged in federal court in Portland, Maine, with lingering inside a pit toilet in the White Mountain National Forest. He admitted to having "an outhouse problem." Moody was not caught in the act, but because he had pleaded no contest to a similar incident in 2005, he was a prime suspect and eventually confessed.

■ Daniel Taylor Jr., 33, was arrested in Elizabethton, Tenn., in September following a domestic disturbance complaint against a neighbor. A sheriff's deputy had gone to Taylor's house by mistake, wrongly thinking it was the source of the complaint, but Taylor immediately surrendered to the deputy anyway, and turned around to be handcuffed. When the deputy inquired why Taylor thought he should be arrested, Taylor said he assumed the deputy had come to arrest him for violating probation on earlier charges. The deputy took Taylor to the station before resuming the domestic disturbance call.

TODAY IN HISTORY

1912 The Deutsche Opernhaus (now Deutsche Oper Berlin) opens in the Berlin neighborhood of Charlottenburg, with a production of Beethoven's Fidelio.

1914 The German colony of Kiaochow Bay and its centre at Tsingtao are captured by Japanese forces.

1916 Jeannette Rankin is the first woman elected to the United States Congress.

1917 Russian Revolution: In Petrograd, Russia, Bolshevik leaders Vladimir Lenin and Leon Trotsky lead revolutionaries in overthrowing the Provisional Government (As Russia was still using the Julian Calendar, subsequent period references show the date as October 25).

WORD UP!

felicitous
\fuh-LIS-uh-tuhs\ , adjective;
1.Suitably applied or expressed; appropriate; apt.

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MV/MDR adj. $900 Large Studio, single, Full kitchen, stove & refrigerator, large closets, carpets, laundry, parking. Info (310)828-4481 or (310)993-0414 after 6p.m.

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Single Family
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November 8th 1-4 pm

Open Sunday
1-4 pm



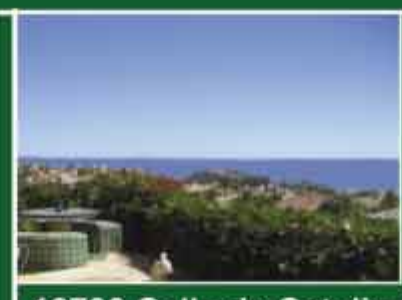
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Saturday &
Sunday
1-4 pm

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Sunset Prk Hm w 1,400 sq ft Basement
Open Sat & Sun, Nov 7th & 8th 1-4 pm



Open
Sunday
1-4 pm

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Great Sunset Park Home
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North of Montana	$2,800,000	$1,372,000
Between Wilshire & Montana	$1,750,000	$898,000
South of Wilshire	$869,000	$607,500
Sunset Park	$1,274,000	$589,000
Ocean Park	$1,398,000	$995,000

Statistics Updated Every Monday

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