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OCTOBER 11-12, 2008

Volume 7 Issue 285

Santa Monica Daily Press

THE POWER OF WATERMELON
SEE PAGE 7

Since 2001: A news odyssey

THE NICE MIX ISSUE

Fred Segal Beauty closes

BY MELODY HANATANI
Daily Press Staff Writer

DOWNTOWN After more than 16 years snipping hair, painting nails and scrubbing faces, a local institution of beauty will close its doors.

Fred Segal Beauty — which was founded in 1992 by business partners Michael Baruch and Paul DeArmas — will shut down its hair salon and spa on Saturday, finishing out on a small set of appointments before putting the locks on an enterprise that has long called the Fred Segal shopping center on the corner of Fifth Street and Broadway home.

Amid the closing of Fred Segal Beauty is an ugly dispute between the salon owners and their landlords — Fred and Michael Segal — who are battling in a lawsuit that was filed by Baruch and DeArmas after receiving notice in March that their lease extension would not be renewed.

Their dispute is rooted in a long sought after second salon in the Fred Segal shopping center on Melrose Avenue in Hollywood where both Baruch and DeArmas had invested several million dollars to open another Fred Segal Beauty location. The plaintiffs alleged that after receiving assurances over the years that the landlords supported a second salon, they withdrew their backing after more than $1.2 million had already been invested in rent and design fees.

Their feud also involves the development of a Fred Segal Beauty product line, which in similar fashion to the second salon, received original support from the landlords, only to later withdraw that sup-

SEE CLOSING PAGE 13



WESTWARD BOUND

Brandon Wise *brandonw@smdp.com*

Hannah Channel (left) welcomes 70 Jaguar owners from the United Kingdom this Friday at the Santa Monica Pier. The drivers fulfilled a lifelong dream, spending the last 16 days on the road traveling down the famous Route 66. The vintage cars were shipped from the UK to Chicago via New York, where they began their journey to what many consider the end of the legendary route that helped populate the West.



Brandon Wise *brandonw@smdp.com*

HOT SPOT: **The American Planning Association named Santa Monica Beach one of the 10 great places in the U.S. for 2008.**

SM Beach is officially hot

BY CHRISTINA WALKER
Special to the Daily Press

SM BEACH While many people believe the Santa Monica Beach, along with its landmark Ferris wheel, is one of the greatest places on the west coast, now it's official.

The American Planning Association named Santa Monica Beach one of the 10 great places in the U.S. for 2008. The mayor and other city officials gathered to announce the proclamation and celebrate the honor in a press conference next to the pier Wednesday.

"We already knew we were best of beach, but we're very proud to have the recognition of the American Planning Association," City Councilman Kevin McKeown said.

In choosing the winners, the association looked for places that demonstrated community involvement, cultural and historical interest, and a vision for tomorrow.

City officials applied for the honor and the beach was chosen based on its environmental stewardship, commitment to accessibility, historic preservation and the ability to maintain a distinctive character.

McKeown and city planners credit changes made in recent years for making the beach better than ever. Grassy knolls, public art like the giant oversize chairs where people can sit and listen to the wind, and a police officer exclusively assigned to the beach have all improved it.

"The cool thing about this is that every-

SEE BEACH PAGE 12

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WHAT'S UP WESTSIDE



OUT AND ABOUT IN SANTA MONICA AND SURROUNDS

'If You Give a Moose a Muffin'
2627 Pico Blvd., 11 p.m. — 12:15 p.m.
A lot can happen when a lively moose stops by for a visit, and blackberry jam is just the beginning. Based on Laura Numeroff's popular book, this play has humor for children and adults. It is presented by Y.E.S., which was nationally awarded as "Outstanding New Children's Theatre Company."

Style your sole
2201 Wilshire Blvd., 11 p.m. — 3 p.m.
Express your unique style and design your very own pair of TOMS shoes at a free art session. Buy a pair of TOMS shoes and personalize it with fabric, markers, paint, rhinestones, buttons, and more. Refreshments will be served, and a local artist will be there to help inspire you. Call (310) 315-0662 for information.

Talking about relationships
2716 Wilshire Blvd., 1 p.m. — 4 a.m.
If you are having trouble in a relationship, want to improve one, or are just starting a new one, come to the relationships workshop with Rohn Walker. Relationships of all kinds welcome — friends, coworkers, spouses, boyfriends, girlfriends, or anyone else. You will learn some great tools that you can use immediately. Call (310) 460-2342 for more information.

Introduction to Wii
2101 Ocean Park Blvd., 1 p.m. — 2:30 p.m.
Come for an introduction to the Wii video game system — it's not just for kids! Enjoy your favorite sports virtually and still get the exercise.

Sunday, Oct. 12, 2008

In for a scare
Santa Monica Playhouse, 1211 Fourth St., 12:30 p.m. & 3 p.m.
Audience members help save Halloween in "Absolutely Halloween," a Rudie-DeCarlo Family Theater musical tale of the aptly named Candy, a sweet, young girl who learns some surprising lessons about life, love, laughter and sugar, from an intriguing array of characters who take her on a magical All Hallow's Eve adventure. This musical is for audiences between 2 and 102 years of age. Come in costume and get two-for-one tickets for any future Family Theater show. Tickets: $10.50 for children 12 and under, $12.50 for adults. Call for prices for the special birthday and tea parties, available in conjunction with any performance. For more information call (310) 394-9779, or visit www.santamonicaplayhouse.com.

Salsa the night away
1334 Lincoln Blvd., 7:15 p.m. — 12 a.m.
Beginners and experienced salsa dancers are all welcome for Isabelle Pampillo's salsa socials. Class is 90 minutes, followed by a social hour of dancing, drinking, and mingling. $15 admission for the class and social. Call (310) 392-3493 for information.

For more information on any of the events listed, log on to smdp.com and click the "Events" tab for the given day's calendar.



No support for incumbents from green group

BY MELODY HANATANI
Daily Press Staff Writer

DOWNTOWN Despite taking on the Federal Aviation Administration earlier this year over a ban on jet aircraft, four City Council incumbents running for reelection did not earn the endorsement from an advocacy organization that's been one of the airport's largest critics.

Instead, the Concerned Residents Against Airport Pollution (CRAAP) announced this week that it will throw its support behind Airport Commissioner Susan Hartley, environmentalist Linda Piera-Avila, Recreation and Parks Commissioner Ted Winterer and peace activist Jerry Rubin, who is also the brother of the organization's director, Marty Rubin.

Both brothers said they don't see the endorsement of Jerry Rubin as a conflict of interest since he did not seek the group's stamp of approval.

"He earns it by his views and how he approaches problems," Marty Rubin said.

The endorsements were based in part on a candidates forum that CRAAP hosted last Monday that was attended by 10 of the 13 candidates and three of the four incumbents. Councilmember Bobby Shriver was the lone candidate who missed the forum, which focused specifically on issues related to the Santa Monica Airport.



Brandon Wise *brandonw@smdp.com*

ENDORSEMENTS TAKE FLIGHT: **The Concerned Residents Against Airport Pollution (CRAAP) announced this week that it will throw its support behind Airport Commissioner Susan Hartley, environmentalist Linda Piera-Avila, Recreation and Parks Commissioner Ted Winterer and peace activist Jerry Rubin, who is also the brother of the organization's director, Marty Rubin.**

CRAAP, a coalition of Santa Monica and West L.A. neighbors who abut SMO, has long protested the pollution that comes from jet aircraft.

City Hall and the FAA are currently tied up in a legal battle over a ban on the fastest and largest jets from SMO. The council passed an ordinance earlier this year that banned categories C and D aircraft, which was subsequently challenged by the FAA. Runway safety has also been an issue at the airport where homes sit less than 300 feet of both runway ends.

The FAA has presented several safety options, all of which have been turned away by the council.

"This litigation that Santa Monica has now taken on with the FAA can and sounds like it will definitely drag on for several years," Marty Rubin said. "It's a very necessary challenge that they're taking on, but the result — even if it goes through — will not bring air pollution even close to under control.

"There's really no effort to make air pollution an issue by the present City Council."

The topic of pollution and an air quality impact study inevitably came up during the forum. Several of the incumbents said that while they support a study, they would like to find out the costs of conducting an assessments before committing, adding that it would be smart to wait until related reports by other

SEE **ENDORSEMENTS** PAGE 14

Claiming a little stimulus

BY DAILY PRESS STAFF

DOWNTOWN While a tough economy is leaving many people struggling to balance the soaring costs of gas, food, and healthcare, more than 133,000 Los Angeles-area residents, including nearly 1,800 Santa Monicans, have failed to take advantage of their economic stimulus rebate, leaving an estimated $40 million unclaimed.

Nearly 70 percent of those yet to file in Los Angeles County are over the age of 65, and many others are veterans receiving government aid. The deadline to file is Oct. 15.

To receive the stimulus rebate, people who didn't need to file a tax return this year, but who received at least $3,000 from Social Security benefits, veterans benefits, or earned income in 2007, must submit a simplified version of a 1040A tax form to the IRS.

The form can be found by using an online tool at www.aarp.org/stimulushelp. People can also request an economic stimulus application packet from AARP by calling (877) 926-8300.

The AARP announced an aggressive effort to ensure people — particularly, those with lower incomes — have the facts they need about the stimulus rebate because time is running out to claim their checks.

By launching a community outreach campaign, advertising efforts and calls to members, AARP intends to help older individuals who don't file income tax returns receive their stimulus payment of $300 and $600.

"Many older people are already feeling the brunt of a tough economy, this is no time for anyone to leave money on the table," said Tom Porter, AARP California state director. "AARP is working to ensure older Californians who don't usually file income taxes don't miss out on the federal rebate money they are entitled to."

California ranks first in the nation, with

SEE **CHECKS** PAGE 14

Transit, housing hit hard by California budget cuts

BY CHRISTINA WALKER
Special to the Daily Press

DOWNTOWN Spending cuts to the recently approved state budget have several local agencies scrambling to make up the funding gap.

Transit and housing are particularly hard hit, leading local leaders to look to alternative avenues for funding for next year's pending fiscal crisis.

Where Santa Monica is concerned, the Los Angeles County Metropolitan Transportation Authority and the Emergency Housing and Assistance Program were two of the organizations most affected by the state budget signed into law last month, Carol Swindell, City Hall's finance director, said.

"It's going to be an extreme challenge when we see our revenue declining and our ridership increasing," Stephanie Negriff, director of the Big Blue Bus, said.

BBB receives all of its $52 million annual budget from county-wide sales tax and the MTA, Negriff said. Next year, the local transit company will receive approximately $3.5 million less than expected as a result of the $133 million cut to MTA's budget.

Both Negriff and Marc Littman, MTA spokesman, said they will be making ridership a priority while still looking at ways to stay within budget.

In times of economic distress transit ridership traditionally goes down, Negriff added. However, soaring gas prices have forced a number of Angelenos to look to mass transit to save money, boosting BBB's ridership in recent months.

Next year, BBB may be forced to take its

SEE **CUTS** PAGE 13

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LETTERS TO THE EDITOR

Send comments to editor@smdp.com

Quality control

Editor:

I support Proposition T – also known as RIFT – because I believe we residents must protect our community from developers. It's that simple.

I have read with interest the many editorials posted in your paper on Prop. T and it is now clear thanks to your good work that setting limits on growth in our city will not "hurt our schools" or as one opponent charged "contribute to global warming."

I work at home and rarely do I leave my home in the evenings for events anywhere outside of Santa Monica because the traffic is so terrible that I cannot get out.

It's time for those of us who love Santa Monica to protect our quality of life.

Tricia Crane
Santa Monica

Sidewalks made for walking

Editor:

Hi, Ms. Hastings,

I enjoyed reading your ("Bursting the Car Bubble") column ("Why to ride and write," page 4, Oct. 7). You have more courage than I do. There's no way I would ride a bicycle in this town. Walking the sidewalks is dangerous enough. I hope that in future columns you point out to bike riders, however, that sidewalks are for walking. I have made it a point to walk several miles each day. What could be a very relaxing and enjoyable past time is marred by the fact that I have to watch over my shoulder for oncoming bikes. If I just walk along then I get scared, like you do when someone sneaks up on you and makes a noise 2 inches from you.

The riders pass at various speeds but they all make a decision about my movements. In other words they assume that I will continue to walk in a straight line and they with their great pedaling-steering ability can zip past me with little or no clearance.

The skateboarders I don't mind. You can hear them coming two blocks away and step aside when they pass.

Herb Matzinger
Santa Monica

A new definition of success

Editor:

I'd like to respond to your recent letter, "Traffic is a normal part of success." Let me see if I have this right. Gridlock is normal? Gridlock is success? Twenty years of poor land-use decisions and giveaways to developers have brought us to this point. Santa Monica did almost nothing about traffic solutions until residents started collecting signatures for Prop. T. The writer, a candidate for Rent Control Board, has a glorious vision for Pico Boulevard. But Pico already resembles the 405 at rush hour. How much more traffic can we bear? He seems not to have read in this very paper that our City Hall has failed to collect tens of millions of dollars in traffic impact fees from developers that could have helped mitigate this problem. If neglecting traffic problems and not even collecting the traffic impact fees owed to our city is what he calls success, perhaps he's not the kind of candidate we need for elected office.

Phil Harnage
Santa Monica

Coming in second

Editor:

I was saddened to read about the resignations from CEPS over the vote to oppose Prop T. CEPS was started to focus on our schools and our children's education. Now, the majority of the steering committee has put politics over that mission. Prop. T has nothing to do with schools and will have no impact on school funding. The No-on-T folks are using our schools and now CEPS to defeat a measure aimed squarely and solely at traffic and overdevelopment. Sadly for our schools, yet another group has decided our kids come second to politics.

Joanne Curtis
Santa Monica



Modern Times

Lloyd Garver — Send comments to editor@smdp.com

Speaking her mind

MAYBE JOHN MCCAIN WAS CLEVER IN picking Sarah Palin as his running mate. Now that their campaign is increasingly desperate, she can be his "attack dog" as they say in politics. She can say whatever she wants, things that McCain can't say. And if anyone points out that she's exaggerating or ignoring some facts, they're accused of sexism or of picking on Palin.

She was quoted the other day in the New York Times as saying, "I was reading my copy of today's New York Times and I was interested to read about Barack's friends from Chicago." Right there, we've got a credibility problem. First of all, she was quoted as saying "reading," not "readin'." Next you'll notice that she was quoted as saying, "my New York Times." Do you really think that Palin gets the New York Times?

If she did, don't you think that would've been one of the newspapers she could've come up with when Katie Couric asked her what she reads? You betcha [sic] it waouldda [sic] been. Some people might say that it wasn't fair to ask her what she reads, because the other candidates weren't asked questions like that. That's true, but we already know a lot about the other candidates, we don't know much about her, and it seems like we have a right to find out about her interests and her intellectual curiosity.

I know it's been a while since the Biden-Palin debate, but the networks have been rerunning it over and over again, much like "Law & Order" or "Wings." For me, it's like seeing an accident on the I-405 Freeway. I know I shouldn't look, but I can't help looking for a moment.

And now that I've seen her rerun, I'm suspicious about something. Her performance seems even more extreme, more exaggerated than it did on debate night. Her poor grammar, her poor diction, and her poor sentence structure are just too over the top. Here's the suspicious aspect of this: She had a great deal of time to prepare for her debate, she had some very smart people helping her, and she clearly practiced her lines. Don't you think, if they wanted to, those people could have told her the proper way to pronounce "nuclear?" Don't you think they could have told her how to say words that end in "ing?" You're goll-darn right they could have.

So here's my theory. They want her to sound like that — not just like you and me, but dumber than you and me! They think this will endear her to voters. George W. Bush played down his Yale and Harvard education, talked in a Texas twang, and it seemed to work for him for six or seven years.

It's always been interesting to me that American politicians aren't supposed to be too smart. The public doesn't seem to trust or want intellectuals, "egg-heads," or professorial types. The theory is that they want someone who is "just like them." If they speak properly, if they're highly educated, if they're interested in complex issues, Americans are wary of them. Smart people are considered "elitists" who think they are "better than we are."

This is crazy. I want the leaders of my country to be smart. It's fine with me if they're smarter than I am. Now more than ever, we need educated, intelligent people to help lead us out of the sad situation we're in. That's a lot more important to me than making sure that a leader likes to have a few beers when he or she goes bowling.

IT'S ALWAYS BEEN INTERESTING TO ME THAT AMERICAN POLITICIANS AREN'T SUPPOSED TO BE TOO SMART. THE PUBLIC DOESN'T SEEM TO TRUST OR WANT INTELLECTUALS, 'EGG-HEADS,' OR PROFESSORIAL TYPES. THE THEORY IS THAT THEY WANT SOMEONE WHO IS JUST LIKE THEM.

Obviously, I don't know if Palin is purposely exaggerating her lack of intellectual curiosity and her being just a "regular person." It doesn't even matter to me if she is or not. The point is, why should intelligence be derided and being average celebrated in politics?

At the Oct. 7 presidential debate, McCain called for a "commission of the smartest people in America" to help solve the economic crisis. I was shocked when I heard him make this suggestion. For one thing, how was he going to identify who these smart people are? Then was he just going to send them invitations? But, of course, what surprised me the most is that he dared to mention using smart people to solve a big problem. Maybe his campaign is really getting desperate.

LLOYD GARVER has written for many television shows, ranging from "Sesame Street" to "Family Ties" to "Home Improvement" to "Frasier." He has also read many books, some of them in hardcover. He can be reached at lloydgarver@gmail.com. Check out his Web site at lloydgarver.com and his podcasts on iTunes.

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STRAY talk

A CENTER-CUT, NO-FAT REVIEW OF WHAT WAS SAID THIS PAST WEEK BY FOLKS RIGHT HERE AT HOME

"They are not going to try to fool you. They are going to hit you."

— Capistrano Valley High School's head football coach Chi Chi Biehn regarding Santa Monica High School's squad.

"We're following up on leads as we have been since we first got the cases and we are working on that diligently."

— Santa Monica Police Department's Sgt. Gary Herman regarding the investigations into a pair of unsolved murders that took place earlier this year.

"After pushing for two hours, our baby was born via C-section (leave it to me to have my one small body part be my pelvis). Still, I can only imagine the nightmares Rick might be harboring from the memory of those two hours before the surgery, although he swears it was nothing but sunshine and roses. He's clearly a bald-faced liar. I think it's sweet."

— SMDP columnist Meredith C. Carroll writing in "Meredith Pro Tem."

"If you're new to the city … you wouldn't know where there was a city park because there isn't a sign that says that this is the park, this is the name and it's owned by the city."

— Julie Silliman, the administrative analyst for Community and Cultural Services, regarding a proposal to develop a new comprehensive signage package that would standardize markers at all 24 parcels of open space, addressing concerns by tourists who found existing signs to be confusing.

"The previous summers were total chaos. There were pirated camps everywhere … and people would take customers from each other."

— Robbie French, who owns Perfect Day Surf Camp, said in regards to the overcrowded beaches of yore.

"During the past 30 years in the Emerald City of California Education, bloviating bureaucrats masquerading as 'educators,' have tangoed with your kids down the Yellow Brick Road of intellectual pursuits into the soporific poppy field of dullard-dom. California ranks 47th in academic achievement (Kansas is 15th) while having the second largest educational budget, the second highest paid teachers yet is a parsimonious 29th in per student spending."

— SMDP columnist Steve Breen writing in "Going Postal."

"I was looking for someone with experience in law enforcement, and more importantly, I wanted someone who understands that this is not the usual kind of police situation."

— Dr. Chui Tsang, the president and superintendent of Santa Monica college, regarding new campus Chief of Police Albert Vasquez.

"This is the same Lorne Michaels that created the position of the 'Other Black Guy' who isn't in any sketches (unless he's in a dress), almost never speaks, and only existed so the show could claim two black cast members. This is the same repertory company that hasn't had two black players at the same time since 2005, and even then the 'OBG' was the totally forgettable Finesse Mitchell. I guess Michaels figured that the gifted Kenan Thompson has enough size, range, and talent to qualify as two people, so there was no need to cast another black guy."

— SMDP columnist Kenny Mack writing in "Word in Edgewise."


John McGrail, C.Ht.

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The Q Line

Paying the taxman

This past week, Q-line asked:

There are three issues on the November ballot that deal with taxes. Santa Monica College is attempting to pass a bond, the county is trying to increase sales taxes by half a cent to pay for transit projects, and the city wants to expand the Utility Users Tax. Times are tough and more taxes would be hard to swallow for many residents. If you could pick just one, which of these issues would you vote for, and why?

Here are your responses:

"AS FAR AS THESE THREE PROPOSITIONS, it's a big "no" on all three of them. That's a no-brainer. We are already being taxed far beyond reason and the times are tough. We don't need any more nonsense."

"I WON'T VOTE FOR ANY OF THEM. WE, THE people, are already hurting financially. The greedy taxman needs to hold demands at least until the economy improves. People do have to eat."

"I WOULDN'T VOTE FOR ANY OF THEM. They waste too much money as is without asking for more. In this economy, they shouldn't be spending more money, they should be spending less."

"MAY I QUOTE GEORGE, WHO ASKED ALL of us to read his lips? He then stated, "no more taxes." Webster defines economizing as a form of prudence and further states one should manage frugally and thriftily to the best advantage and cut down on expenses. The late Tennessee Ernie Ford sang a song about a hard-working coal miner named Big John. He sang that Big John was tough and that if his left fist did not get you, then his right one would. Something like politics. If the lefties do not get you, then the righties will. I definitely would not vote for the school bond, nor the sales tax, nor the utility tax. The Sheriff of Nottingham has knocked at my door so often over the past few years I am ready to send for Robin Hood and his merry men, including Friar Tuck. Now that the forum of Santa Monica College Superintendent John Deasy has hooked up with multi-billionaire Bill Gates, perhaps Bill will give the state, county and school district a few billion dollars just for the gosh-sakes of it. Keep in mind, though, we do not want to leave any folks behind."

"WHAT A SILLY QUESTION. NONE OF them."

"YOU KNOW, PEOPLE WANT SERVICES, but then they don't want to pay for them through taxes. So how do they think they're going to get the services unless our tax money is used for these services? So, you know, pay the tax! Because if you don't pay the tax, and they put the services through without raising taxes, then they're going to get the money somehow. They'll make life miserable for you with all kinds of added fees, and raising parking tickets and so forth. You're going to pay anyway. So pay the tax."

"I WOULD WANT TO SUPPORT INCREASING sales tax for transit projects as improved transit is what is sorely needed. I cannot support the utility user's tax as taxes engulf me like my water bill, where I'm taxed twice by the city. Once for the water used, twice for the same water to go into the sewer. The city is being greedy with the utility user's tax and it is phony to say that it's needed for schools, parks, and police. There's plenty of money elsewhere in the budget that can be used for that. The college is also greedy. This is their third measure in recent years. Why support them when 25,000 of the 30,000 students there do not live in Santa Monica. That means more than 80 percent of the students there that don't live in Santa Monica are expecting us to pay for them. No support for those two projects."

"I WOULD PICK NONE. FIRST OF ALL, regarding SMC, enough already! Secondly, how long and how much money will the transit projects really take? Everyone needs to stop asking for money and rebudget."

"ARE PEOPLE INSANE? WE ARE IN THE beginning phase of an economic meltdown and the scum that lead us want more taxes? Another 300 million for a junior college. How much have they already wasted on egotistical elitism? L.A. County sales tax increase – how many have we already had? We will be very close to 10 percent. And for what, to fund more, to accommodate more? We should be restricting population growth, not the other way around. Last, Santa Monica has a half a billion dollar budget. How obscene is that? Funding a lot of useless, progressive, certain-people-get-rich programs. Vote "no" on the supposed free lunches and do something revolutionary -– save money."

"NEITHER."

"I'M CALLING TO EXPRESS MY SUPPORT for the college bond. I know a lot of people will say that only a few percent of Santa Monica residents attend the college and while that may be true, I don't think that's the issue. The college is a good thing in our community. I actually am a student, I'm a neighbor, I live in the neighborhood, and I support the college bond and the improvements there whole-heartedly. I think it's a good thing for our community to have a well-attended college and a well-maintained and beautified college."

"I'M NOT VOTING FOR ANY OF THESE taxes and particularly the expansion of the utility user's tax, Proposition SM. This authorizes a tax on cell phones and texting. It also sets up all residents for taxes on Internet and satellite services. People do not realize this and when that tax appears on their bill, they will be very upset."

"I WOULD VOTE FOR THE SANTA MONICA College bond hands down. They have a good track record with handling the public's money and there's a lot of benefit to the local community. These other measures have very questionable outcomes. The SMC bond is a good investment."

"I THINK THAT VOTING FOR SANTA Monica College's bond is probably really important. If things continue the way they have these past few weeks, more and more and more of us are going to need more from the college."

"I WILL VOTE 'YES' ON THE COLLEGE BOND. The college is the crowned jewel of our city. It is the only government entity in our town that you can use to pay dividends for our taxes invested."





Kitchen Vixen

Elizabeth Brown
Send comments to editor@smdp.com

Learning the way of the watermelon

WATERMELON SEASON IS ENDING IN some parts of the U.S., but before it's all over let us take this time to hone in on why watermelon is so beloved.

A recent news headline reads, "Watermelon-eating dog prompts man to stab himself." A man was so distraught over losing his watermelon to a dog that he stabbed himself to show the dog's owner that he was not afraid of pain. Wow! He sure does love that melon.

Meanwhile, my friend Tom takes Chi Quong classes and is rewarded with watermelon at the end of each session. Chi or Qi means "life force" or energy and Chi Quong is a physical training regimen meant to restore energy.

One purported benefit of Chi Quong is that it improves back health by increasing blood flow to otherwise dehydrated muscles and discs adjacent to the spine. The post-Chi Quong watermelon may also enhance hydration.

Watermelon, living rightly by its name, is a very watery melon. It holds more water than any other fruit (92 percent water), which is perfect for rehydrating the body overall. It is the watery nature of this melon that also makes it a low glycemic food.

The water content dilutes the amount of sugar per serving thereby causing a slower rise in blood sugar after consumption compared to other fruits.

However, all fresh fruits and vegetables are "low glycemic" when compared to dry processed foods. Water rich foods are the foods that will help you achieve that coveted "six pack."

One downfall of watermelon, aside from it causing a man to stab himself, is that it is not exceptionally high in most of the nutrients found in other fruits. Watermelon is, however, one of the few well known sources of a carotenoid called lycopene. Lycopene brings blush to foods such as tomatoes, pink grapefruit, guava and, of course, watermelon.

Lycopene is one of the hundreds of identified antioxidants-disease fighting, free radical scavengers.

It is especially protective in the liver, lungs, prostate gland, colon and skin, where the concentration of lycopene tends to be higher than all other carotenoids.

Research shows that lycopene is more bio-available when its food sources are pureed or cooked. Some great sources of Lycopene include tomato soups, sauces, juices and organic ketchup.

Lycopene is also a very stable antioxidant and does not significantly degrade when frozen.

If you are trying to stock up on melon while it is still in season, here are a few helpful recipes so you can eat some now and freeze some for later. Hopefully you will restore your Chi and not stab yourself over a melon-eating mutt.

ELIZABETH BROWN is a registered dietitian and certified holistic chef specializing in weight management, sports nutrition, disease prevention and optimal health through whole foods. She can be reached at eat2liv@earthlink.net.

Halibut or other white fish
2 (4 oz) pieces of white fish
Juice of one lime
1 tablespoon canola oil
1 clove garlic, minced
1/2 inch ginger, peeled & grated
1 teaspoon honey
1/4 teaspoon cayenne
Wisk together marinade ingredients for fish. Pour into a shallow baking dish and coat both sides of fish with marinade. Cover and refrigerate for 1-2 hours. Bake at 400 degrees for 10 minutes per inch of thickness. Add five minutes if you wrap fish in parchment.

Spicy watermelon salad
2 cups, 1/2-inch cubes seedless watermelon
2 bell peppers, preferably assorted colors, cut into 1/2-inch squares
1 jalapeno, minced
1/4 cup olive oil
3 tablespoons rice vinegar
2 teaspoons honey
1/4 teaspoon cayenne
1/4 teaspoon sea salt (to taste)
1/4 teaspoon fresh black pepper (to taste)
Wisk together oil, vinegar, honey, cayenne, salt and pepper. Toss with chopped watermelon and peppers. Spoon onto a plate and top with baked white fish.

Watermelon pear smoothies
Since watermelon is so watery, it is best to blend it with a fruit that adds more viscosity and enhanced sweetness when pureed. With your "leftover" melon, cut it into chunks, remove seeds and add to blender. For every two cups of melon, add one chopped pear. Pour into ice cube trays to freeze for later use. When ready to serve, place frozen cubes in a blender. Add water or a little pear nectar until you reach desired consistency. Garnish with chopped fresh tarragon or mint leaves.

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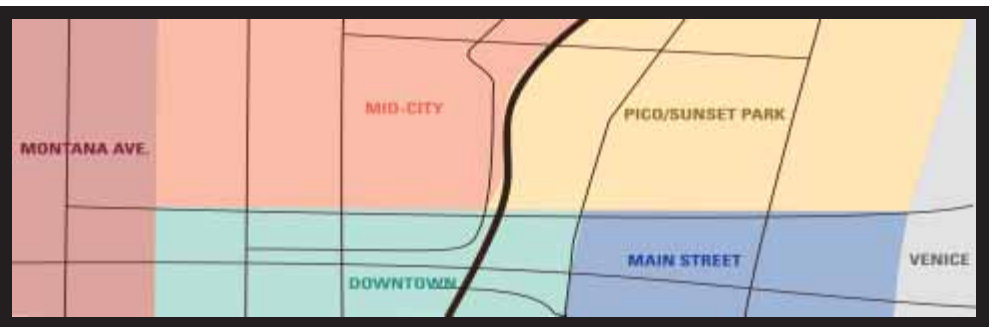

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The falls and breaks of childhood

BY DR. MAURICIO SILVA
Special to the Daily Press

Fractures are the most common and potentially serious childhood injuries and they are the number one reason for a referral to an orthopaedic surgeon.

Approximately half of all children will eventually suffer from a fracture or other serious orthopaedic injury. Most common childhood fractures are the result of "low-energy trauma," including playground falls and sports-related injuries and "high-energy trauma," such as motor vehicle accidents.

Fractures are more often seen in boys than in girls and tend to increase with age, peaking at about age 13. Most childhood fractures occur in the upper extremities, including the forearm, hand and elbow. Less often, but equally important, are fractures to the leg and ankle.

Fractures to the hip are more rare but among the most serious because of the potential for permanent damage leading to degenerative arthritis.

The presence of pain, swelling, bruising and deformity can suggest a bone fracture. X-ray's are generally required to determine the type of the fracture.

Occasionally, the fractured bone can tear through the skin, leaving a bleeding wound. If this is the case, the bone has been exposed to contaminant particles that greatly increase the risk of infection. Medical attention should be sought as soon as possible because surgery is required to clean the bone and surrounding tissue. The risk of infection increases if cleaning the bone is delayed more than six hours after the injury.

Two very common types of fractures in children are usually seen in the forearm and the elbow. Two bones create the forearm: the radius and the ulna. If you hold your forearm with the hand facing forward, the radius is on the thumb side of the forearm and the ulna is on the opposite, or little finger side of the forearm. About half of all pediatric fractures affect the forearm. They are usually the result of a fall onto an outstretched arm. Skateboards, scooters or rollerblades are usually the culprits of this type of break.

In young children, most types of forearm fractures can be treated without surgery by manipulating the bones into position and casting. Older children, those with severely displaced or unstable fractures, and those in which the fractures are associated with a dislocation of the joints, either at the wrist or at the elbow, will likely require surgery.

Fractures of the lower part of the humerus (upper arm bone) account for about 60 percent of all elbow fractures in children, also the result of a fall onto an outstretched arm.

Playground equipment, especially monkey bars, are mostly commonly associated with these injuries. If the lower part of the humerus is broken, kids will complain of elbow pain and will refuse to move it. The severity of the break will be determined by the amount of displacement between the bone fragments. Fractures with minimal displacement, which are the most common type, will carry smaller risks and can be treated with manipulation and casting. However, severe fractures can result in nerve and blood vessel damage and permanent deformity. Immediate attention by an orthopaedic surgeon is recommended to determine the need for surgery. For severe fractures, manipulation under general anesthesia is usually required, followed by fixation with metal pins.

Adult supervision when playing, safe playground equipment with resilient ground surfaces, and the use of appropriate protective gear are key factors in preventing children's fractures.

DR. MAURICIO SILVA is an assistant professor of UCLA and Orthopaedic Hospital Department of Orthopaedic Surgery, www.orthohospital.org.

Russia's Putin, the judo black belt, makes instructional DVD

BY IRINA TITOVA
Associated Press Writer

ST. PETERSBURG, Russia Vladimir Putin is out on video as a judo master.

Russian state-controlled media already have shown the powerful prime minister at the wheel of massive racing truck, shirtless on a fishing excursion, and tracking a tiger through the Siberian forest — just a few of the he-man presentations designed to boost his public image.

On Tuesday, he presented an instructional judo DVD that bears his name and shows him throwing an opponent to the mat.

"Let's Learn Judo with Vladimir Putin" is the product of collaboration between Putin — a black belt — and other judo enthusiasts, including former World and Olympic judo champion Yasuhiro Yamashita. It apparently was privately made and intended mainly for Russians studying judo.

Early Tuesday morning, minutes into his 56th birthday, Putin talked about the video at a presentation before journalists and other guests at a state-owned venue. Putin said the video's title was little more than an "advertising trick." Anyone who watches it "will be learning not from your humble servant but from real geniuses" of the martial art, he said.



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Ask KJ

Karen Jashinsky
Send comments to editor@smdp.com

Fitness is a challenge worth taking on

A LITTLE OVER THREE YEARS AGO DURING a bike ride I was hit by a car and left with a broken collarbone, a fractured lower back, and broken finger and wrist. For the first time ever, I couldn't do the one thing that had always been an integral part of my life — work out.

After my accident, I couldn't do much of anything for the first few weeks. It was a humbling experience to say the least. I was forced to slow down — literally.

I couldn't work as I no longer had a desk job and was working as a personal trainer. I was in my second year of business school and had to drop one of my classes and graduated a semester late.

I started thinking a lot about when I started working out and how it came to be such a huge part of my life. A lot of it started in high school.

During my freshman year, I was required to run one mile in under 12 minutes. Even though I was one of the more athletic girls in my class, this was a very challenging assignment because I suffered from asthma. I was determined to not be the slowest.

Every Sunday I would run the track at the Jewish Community Center in my New Jersey neighborhood. When it came time for testing, I completed the run in less than 12 minutes. I actually started to enjoy running and when the weather permitted I would run outside on the weekends. It was during that time that I also discovered the weight room and I was so excited to turn 14 (weird, yes I know!) so I could start using it.

I remember bringing my friend Erica to aerobics classes where we were the only two kids there. I started reading every fitness magazine I could get my hands on. My workouts became my study breaks and stress outlet from SATs, exams and homework.

Following college graduation, I packed my bags and moved out west to California, seeking a job in publishing. I started working as a personal trainer while I was looking to start my own business.

Many of my clients were parents who had teens. I started working with their kids individually and then in groups. I started learning a lot about teens — their needs, their interests — and the idea for a teen only fitness concept began to evolve and in March of 2008 O2 MAX officially opened in Santa Monica.

I feel so fortunate to have found a way to combine my passion for fitness, helping others and being able to inspire teens to take charge of their health and make fitness a long-term lifestyle.

I worked really hard to get back in shape after my bicycle accident. It takes focus, discipline and dedication. When I first started physical therapy I couldn't even lift a pound (before I had been lifting 15 pounds). When I ran I got winded within the first mile. My abs got fatigued after just a few crunches. I cried almost daily the first few weeks. I was so angry and frustrated.

THIS COLUMN IS FOR PARENTS TO ASK QUESTIONS ABOUT ANYTHING AND EVERYTHING RELATED TO TEEN FITNESS, HEALTH, SPORTS, NUTRITION AND ANYTHING ELSE YOU WANT INSIGHT ON.

Why me? I tried to make sense of what happened. Most of my major accomplishments have not come easy for me and now this bike accident was thrown my way. I had to make peace with the situation somehow and I was determined to make a full recovery. Whenever I would get discouraged I would think about how my grandparents survived the holocaust. I would think about a mutual friend I knew who was my age and dying of cancer. Even if I didn't fully recover I was going to be OK.

Today I am in the best shape of my life. I have worked really hard to get here, but it isn't just about looking good. Being fit is just as much about the mental part as the physical part.

Last year I did complete my first century ride to raise funds for Multiple Sclerosis (which is what I had been training for when I had my bike accident).

This column is for parents to ask questions about anything and everything related to teen fitness, health, sports, nutrition and anything else you want insight on. We will bring you our perspective along with insight from other experts and teens themselves.

Join us on our journey as we make history and make Santa Monica one of the healthiest places to live and inspire teens to take control of their fitness and health.

KAREN JASHINSKY is a certified personal trainer in Santa Monica and the founder of O2 MAX, a fitness network for teens that integrates fitness, social and academics in one space. To receive her newsletter or contact her she can be reached at info@O2maxfitnes.com.



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PICKING A WINNER: **Santa Monica Beach was chosen as one of the nation's top 10 places based on its environmental stewardship, commitment to accessibility and historic preservation.**



Fabian Lewkowicz *FabianLewkowicz.com*

HEALTHY INTEREST: **Fitness trainer Ryan Stockton puts his clients trough a workout at Santa Monica Beach on Sunday. The beach offers fitness enthusiasts a number of options to exercise.**

Attractions give beach a boost

FROM **BEACH** PAGE 1

one worked so well together because we knew it was an asset we needed to protect," Misti Kerns, president of the Santa Monica Convention and Visitors Bureau, said.

Many people have been involved in past beach initiatives, from preservation groups to commissions for art, and recreation and parks, to the Santa Monica Convention and Visitors Bureau.

There are also many people involved in the day-to-day operations like food and lifeguard services, Barbara Stinchfield, director for Community and Cultural Services, said.

"We all march to the same beat," Stinchfield said.

City planners and officials will continue to look for ways to improve the beach, said Kerns, coming up with ideas like adding a tram to carry people along the 3.5 miles that extend from Venice to Malibu. Kerns hopes that this new project will introduce more people, including locals, to the wonders of the north stretch and will also encourage beachgoers to park in the southern lots that are presently under-used.

Santa Monica Beach joins Central Park in New York City and Union Station in Washington, D.C. in sharing the honor of one of the greatest places of 2008.

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Fred Segal Beauty suing Segal family

FROM **CLOSING** PAGE 1

port, the lawsuit states.

Caught during the discussions about a new beauty product line and second salon was the topic of a lease extension at the Santa Monica location where the plaintiffs had spent about $1.5 million in renovation costs in 2003. The plaintiffs claim in the lawsuit that the landlord assured a lease extension would be granted upon their launch of the Fred Segal Web site, which the Segals were in the process of designing, hoping to hold off on an extension so that use of the site could be included in the deal.

In March, Baruch and DeArmas abruptly received notice that their lease would not be extended, the lawsuit claims. The suit also states that the Fred Segal Beauty owners believe there are other businesses within the Fred Segal shopping center selling beauty, hair, skin and cosmetic products, which is in violation of the exclusive agreement between the plaintiff and defendant.

"I am disheartened by this whole thing," Baruch said. "I am sad for my entire staff and all of the people who have really put time and effort in building the brand into what it is today.

"I am completely confident and excited about all of my team's future as well as my own."

Michael Segal did not return several requests seeking comment.

The plaintiffs seek unspecified compensation for damages as well as an injunction against existing Fred Segal businesses that sell beauty products. The exclusive agreement between Fred Segal Beauty and the landlord states that the company has an irrevocable right to full service salon, spa, wellness center and products to Fred Segal shopping center as long as it remained a tenant.

Baruch said that the ownership of the Fred Segal trademark has yet to be determined but believes that it belongs to him and his business partner.

"We are going to move forward with all the ideas we were promised … that includes launching the product line and expanding to other locations," Baruch said.

The closing came as a surprise to the staff.

"It's been a very difficult two weeks," Teresa Guidi, the director operations for Fred Segal Beauty, said. "A lot of people started their careers here."

Guidi said that she is going to stick around for a few days to help close the business and will begin seeking management positions at other salons.

The customers have been equally surprised by the news, Guidi said.

"People are just shocked," she said.

Darrylynn Kaun, who has owned a boutique in Fred Segal for 23 years, said she strongly believes that Fred Segal management will put in a good tenant at the space.

"I loved the employees," she said. "Everyone who worked there was fantastic."

Elizabeth Kenigsberg contributed to this report

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Budget cuts hit home

FROM **CUTS** PAGE 3

capital expenses, traditionally used for things like replacing aging buses, and shift that money to operating costs instead, Negriff said.

MTA will be looking at similar scenarios including cutting professional services and using reserve money for operations. Using reserves is not ideal because even if it covers expenses for a year, MTA could be in poor shape the following year, Littman said.

Organizations that serve the Los Angeles County homeless population may also be in a difficult spot come July 2009 when the new budget takes effect. Under next year's budget all funding was cut for the Emergency Housing and Assistance Program. The program is designed to provide emergency shelters and transitional housing for those living on the street. This past year, 20 different organizations received $30,000 through the program to provide support services including the CLARE Foundation located in Santa Monica.

"We're very disappointed and we think this is not the time to be cutting funds to provide basic services to our most vulnerable citizens," Anna Baum, director of development and fundraising at the CLARE Foundation, said.

The foundation, which provides recovery services for alcoholism and substance abuse to individuals and families, has always served a large homeless population. Marlene De La O, community relations director, reports that 83 percent of the people the foundation takes in are homeless. The cuts will affect the operational and support services for six beds in the detox primary program.

In addition to the CLARE Foundation, the Los Angeles Homeless Services Authority will also lose money they have relied on for the past two years through the Emergency Housing and Assistance Program.

The homeless provider rents out six National Guard armories from December to March each year to give homeless individuals a temporary roof over their heads.

"The goal is to get people off their feet during those cold winter months," Paria Kooklan, a policy and planning analyst for the agency, said.

In all, the six National Guard armories house 600 homeless each season. Two of the armories on the Westside have pick-up locations in Santa Monica where homeless people can board a shuttle and be taken to shelters each night.

Facing an already struggling economy, the agency plans to act quickly to seek alternate funding, Kooklan said. Plans are currently in the works to have lobbyists try and prevent similar funding cuts in 2010. Although she describes the situation as dire, Kooklan is hopeful her agency will be able to come up with the money to keep the winter shelter program running in 2009.

"We're going to do everything in our power to get funding," Kooklan said.

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CRAAP throws support behind council hopefuls

FROM **ENDORSEMENTS** PAGE 3

agencies are concluded. Those who did receive the CRAAP endorsement did all state at the forum that they support funding a study.

Jerry Rubin pointed out that some of the councilmembers lobbied more than two years ago against a legislative bill that would've required City Hall to record for one year the amount of time aircraft engines run at the airport. City Hall would've had to spend approximately $450,000 monitoring the idling times of aircraft if the measure had passed.

"The city of Santa Monica was concerned about the cost and made it a higher priority than the residents' health," Jerry Rubin said. "Health and safety issues go hand-in-hand."

The fact that CRAAP decided to go with four challengers didn't come as a surprise to some of the incumbents.

"I don't think the people who they endorsed had to deal with the reality and discuss these issues with federal legislators that I and the other incumbents understand," Councilmember Ken Genser said. "Herb (Katz) and Richard (Bloom) have gone to Washington to discuss the airport issue. I attend most of the Airport Commission meetings.

"They just haven't had to deal with the reality of the environment in which we're working."

Bloom, who serves as mayor pro tem, said that he understands the frustration of residents on the issue, but that city officials are acting under significant constraints both on their practical and legal ability.

"Clearly there are some people on that organization who would like to see us do more and frankly, I think we would all like to do more," Bloom said. "No one has worked harder to try and improve the situation for both residents in Santa Monica and on the west side of the runway or Los Angeles residents on the east side of the runway."

Bloom pointed out that he has been endorsed by Los Angeles City Councilmember Bill Rosendahl, an outspoken critic of the airport on pollution matters.

The endorsements were made by a subgroup of CRAAP members who attended the forum and analyzed the candidate's responses to issues, Marty Rubin said. There are about 500 members in CRAAP, about 200 of which live in Santa Monica.

The organization selected the four challengers because they are the most likely to act in the best interest of voters, Rubin said.

"Their endorsement is consistent with my environmental values that I'm running on and I think it will go a long way toward promoting my credibility as an environmentalist," Piera-Avila said.

Hartley, who has served on the commission since 2004, said the residents have had enough of being ignored by the council.

> **"CLEARLY THERE ARE SOME PEOPLE ON THAT ORGANIZATION WHO WOULD LIKE TO SEE US DO MORE AND FRANKLY, I THINK WE WOULD ALL LIKE TO DO MORE. NO ONE HAS WORKED HARDER TO TRY AND IMPROVE THE SITUATION FOR BOTH RESIDENTS IN SANTA MONICA AND ON THE WEST SIDE OF THE RUNWAY OR LOS ANGELES RESIDENTS ON THE EAST SIDE OF THE RUNWAY."**
>
> **Richard Bloom**
> Mayor pro tem

"Santa Monica Airport is a Love Canal in our midst," she said in reference to the infamous controversy in the Niagara Falls area of Love Canal where more than 21,000 tons of toxic waste were discovered.

Winterer, who also serves as the president of the Ocean Park Association, said that the issue of air pollution is one in which there is great discontent and has festered for many years. While he finds it commendable that the council took on the FAA over the jet aircraft ban, many people feel that there is too much emphasis on process and not enough on aggressive action.

"I would like to see City Hall be more proactive like getting meaningful data on health risk," Winterer said.

Piera-Avila said she feels the council has focused more on safety issues than air pollution.

"There is definitely more work to be done to focus specifically on air pollution issues and the health and well-being of residents," Piera-Avila said.

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Deadline to file is near

FROM **CHECKS** PAGE 3

nearly 500,000 people who haven't filed for the economic stimulus rebates. Among counties, Los Angeles ranks first with 133,604 people leaving their money unclaimed. Nationally 4.35 million people have yet to file for their rebates, leaving a total of nearly $1.7 billion in unclaimed payments.

According to a recent AARP survey on how the economic slowdown is affecting older Americans, nearly 60 percent of people over 65 are finding it more difficult to pay for items such as food, gas and medicine, while 12 percent have had to postpone paying bills and nearly 50 percent are having trouble affording their utilities.

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Snowballing sell-off spreads worldwide

BY TIM PARADIS
AND MARTIN CRUTSINGER
AP Business Writers

NEW YORK Stock prices careened lower Friday in Asia and Europe and gyrated wildly in the United States, extending a stampede of selling that began on Wall Street a day earlier and deepening a global financial crisis that has defied all efforts to stop it.

President Bush tried to reassure Americans afraid for their life savings and their jobs. "Anxiety can feed anxiety," Bush said Friday, "and that can make it hard to see all that is being done to solve the problem."

This week's coordinated interest rate cuts by the world's central banks to thaw frozen credit markets and boost investor confidence have fallen flat as markets remain gripped by fears about the scale and depth of the likely global recession.

Stock prices were swinging sharply on Wall Street. The Dow Jones industrials fell nearly 700 points soon after trading began, regained all of that deficit temporarily — then slid to a loss of more than 300 points shortly after Bush's remarks.

The Wall Street Journal reported that government officials are considering temporarily guaranteeing all U.S. bank deposits and billions of dollars of bank debt, in addition to possibly buying stakes in individual banks. The New York Times also said officials are reviewing a British proposal that also includes repayment guarantees for certain types of loans.

Administration officials told The Associated Press that several financial rescue plans are being reviewed, but no announcements are likely before finance ministers from the seven biggest industrial nations meet Friday in Washington.

"The world is sending an unmistakable signal: We're in this together, and we'll come through this together," Bush said of the international planning.

The $700 billion federal bailout legislation enacted on Oct. 3 cleared the way for the government insurance limit for bank deposits to be temporarily raised from $100,000 to $250,000 in cases where bank or savings and loans fail. That guarantee covered $5.2 trillion of deposits, but another $1.8 trillion is not presently covered, according to the Wall Street Journal.

But a Treasury Department official, who spoke on condition of anonymity because of the sensitive nature of market conditions, said covering all deposits is not now being considered. "We raised the limit one week ago and have no plans to remove the limit," the official said.

A spokesman for the Federal Deposit Insurance Corp., however, didn't appear to rule out the possibility that such a plan might be considered.

The Treasury had earlier requested from Congress authority for the FDIC to change deposit insurance limits to respond to disruptions in the banking system, in addition to the increase to $250,000 that was part of the bailout legislation, FDIC spokesman Andrew Gray noted in a statement.

"We believe that we have significant latitude, in consultation with Congress, under the systemic risk exception — which carries the threshold of approval of the Federal Reserve and Treasury Secretary in consultation with the president — to protect depositors and adopt other measures to support the banking system," Gray said.

Thursday's anniversary of the U.S. stock market peak turned into one of the worst days in Wall Street history, with the Dow Jones industrials loosing a breathtaking 679 points, or 7.3 percent.

Asian markets followed Wall Street's cue, as key market gauges dropped 9.6 percent in Japan, 8 percent in India and 7.2 percent in Hong Kong. European stocks slumped by midday with key market barometers losing 7.3 percent in London, 7.7 percent in Germany and 7.5 percent in Paris.

A stream of selling forced exchanges in Austria, Russia and Indonesia to suspend trading, and the rout in Australian markets caused traders to call it "Black Friday."

"Overall it's the fact that despite the huge firefighting efforts of central banks worldwide we still haven't seen any thawing of interbank lending that is going to be causing the most concern now," said Matt Buckled, a dealer at CMC Markets in London.

The late burst of selling Thursday on Wall Street sent the Dow Jones industrials down to 8,579, crashing through the 9,000 level for the first time in five years and wiping out $872 billion of investment value.

As bad as the day was, even worse was the cumulative effect of a historic run of declines:

The Dow suffered a triple-digit loss for the sixth day in a row, a first, and the average dropped for the seventh day in a row, a losing streak not seen since 2002.

"Right now the market is just panicked," said David Wyss, chief economist at Standard & Poor's in New York. "Nobody wants to take on any risk. Everybody just wants to get their money and put it under the mattress."

Thursday's sell-off on Wall Street took place one year to the day after the Dow closed at its record high of 14,164. Since that day, frozen credit, record foreclosures, cascading job losses and outright fear have seized the market and sapped 39 percent of its value.

Shark's pup a 'virgin birth'

BY STEVE SZKOTAK
Associated Press Writer

RICHMOND, Va. Scientists have confirmed the second case of a "virgin birth" in a shark.

In a study reported Friday in the Journal of Fish Biology, scientists said DNA testing proved that a pup carried by a female blacktip shark in a Virginia aquarium contained no genetic material from a male.

The first documented case of asexual reproduction, or parthenogenesis, among sharks involved a pup born to a hammerhead at an Omaha, Neb., zoo.

"This first case was no fluke," Demian Chapman, a shark scientist and lead author of the second study, said in a statement. "It is quite possible that this is something female sharks of many species can do on occasion."

The scientists cautioned that the rare asexual births should not be viewed as a possible solution to declining global shark populations. The aquarium sharks that reproduced without mates each carried only one pup, while some species can produce litters of a dozen or more.

"It is very unlikely that a small number of female survivors could build their numbers up very quickly by undergoing virgin birth," Chapman said.

The medical mystery began 16 months ago after the death of Tidbit, a blacktip shark that had lived for eight years at the Virginia Aquarium & Marine Science Center in Virginia Beach. No male blacktip sharks were present during her eight years.

In May 2007, the 5-foot, 94-pound shark died after it was given a sedative before undergoing a yearly checkup. The 10-inch shark pup was found during a necropsy, surprising aquarium officials.

They initially thought the embryonic pup was either the product of a virgin birth or a cross between the blacktip and a male of another shark species — which has never been documented, Chapman said.

Tidbit's pup was nearly full term, and likely would have been quickly eaten by "really big sand tiger sharks" that were in the tank, Chapman said in a telephone interview from Florida.

That is what happened to the tiny hammerhead pup in the Omaha case.

"By the time they could realize what they were looking at, something munched the baby," he said of aquarium workers. The remains of the pup were used for the DNA testing.

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For Boy Scouts, being prepared should begin with the finances

BY CANDICE CHOI
AP Business Writer

NEW YORK Whether it's backpacking, canoeing or picking stocks, good Boy Scouts approach all tasks with the same motto: Be prepared.

Perhaps because of their outdoorsy image, few realize that money management is a part of scouting. To earn what's called the personal management badge, boys must know the difference between simple and compound interest and how mutual funds differ from CDs.

Last year, nearly 50,000 scouts between the ages of 12 and 17 earned the badge, which is required to obtain the elite Eagle rank.

"I thought (money) was just about trying to save more than you spend," said John Yurgil, a 16-year-old in Livonia, Mich., who earned the badge last month.

Now he knows there are myriad ways to invest — such as stocks, CDs and mutual funds — and that each carries its own risks and rewards. The high school junior also tracked his budget over 13 weeks and mapped out a hypothetical blueprint for making a major family purchase, in his case a washing machine.

The purpose of the badge isn't to transform scouts into investment whizzes, but to get them acquainted with the fundamentals of personal finance. It's the kind of background many Americans may wish they had today, as they scramble to understand the impact of the financial crisis on their savings.

About five years ago, the badge's focus was expanded beyond savings to include material on investing and project management.

Requirements now include discussing how emotions influence spending and understanding the significance of a stock's 52-week price range and the importance of good credit.

"It's a part of walking into life well prepared," said Russ Hunsaker, a scout leader in Salt Lake City who chaired the committee that rewrote the requirements for the badge.

Boys don't need to pass a test to get the badge, but they must demonstrate an understanding of the materials to their merit badge counselor, typically a volunteer from the financial services industry.

For about three months, scouts meet weekly with their counselor one-on-one or in a group setting, depending on the local council. Few badges require such a long time commitment; many can be earned in just a day.

The badge is one of 21 boys must earn to become an Eagle — a rank only about 5 percent of the 900,000 eligible Boy Scouts last year obtained. Because of the difficulty of earning the badge, it's often one of the last boys pursue, Hunsaker said.

That was the case for his 17-year-old son, Ellis, who he knew as little as most teenagers about managing money before earning the badge.

> **"I THOUGHT [MONEY] WAS JUST ABOUT TRYING TO SAVE MORE THAN YOU SPEND."**
>
> **John Yurgil**
> Boy Scout

"I learned how to budget and save my own money, instead of just splurging. I learned about the stock market and different kinds of investments," said the younger Hunsaker, whose interest in the topic has since led him to enroll in a two-year business program at his high school.

He doesn't have a job or savings account yet, but he hopes to one day earn an MBA.

That's not to say he — or any scout with a personal management badge — is giving mom and dad advice on the best asset mix for their mutual fund. But they likely won't feel as intimidated later in life by money matters.

Many adults today could have benefited from such early exposure to finance, said Ellen Siegel, a certified financial planner and president of Ellen R. Siegel & Associates in Miami.

"If people already knew how to think along the lines of planning and budgeting and comparison shopping, they wouldn't be caught off guard by what's happening today," she said.

Among those who do not pay their balance in full every month, for instance, the average credit card debt is $17,000, according to the Consumer Federation of America.

It's no surprise that parents often sit in on the classes with their children. Many even ask follow-up questions after class, said Teresa Burleigh Smith, a broker with Primerica Financial Services who serves as a merit badge counselor in Wichita, Kan.

Stocks, bonds and mutual funds have always confused Lisa Gray, whose 12-year-old son recently earned the badge. After sitting in on Josiah's class with Smith, she has a better grasp of the subject.

Now she and her son, Josiah, talk about money on a new level. Recently, she was surprised when he asked whether his grandmother gets retirement money.

It's not a concept kids need to know anytime soon. Still, other lessons taught in the personal management class could come in handy a lot sooner.

As Ellis Hunsaker heads off to college next fall, for instance, his father points out the 17-year-old will no doubt be inundated with credit card applications.

"They need to understand what the consequences are of opening one," Hunsaker said.

Now, his son is likely prepared to make wiser choices than many of his peers.

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NCAA FOOTBALL

UCLA Bruins visit wounded Oregon

BY ANNE M. PETERSON
AP Sports Writer

EUGENE, Ore. Last week Oregon visited a team that was coming off a demoralizing loss. Now it's the Ducks who are wounded and looking for retribution.

Oregon (4-2, 2-1 Pacific-10 Conference), which got routed by USC 44-10 last Saturday, hosts UCLA Saturday night.

With the victory over the Ducks, the No. 8 Trojans rebounded from an upset loss to the Oregon State Beavers that derailed the team's widely anticipated dash to a national championship.

With the win, the Trojans are back on track, something the Ducks can learn from.

"We move on and regroup and answer the wake-up call we just got," Oregon coach Mike Bellotti said. "We are in the same position 'SC was a week ago. We got beat and we gotta dig ourselves out of the hole."

The Ducks started the week on a positive note with the return of quarterback Justin Roper, who has been out with a knee injury and a lingering illness.

Roper, named the starter just before the opener after Nate Costa had season-ending knee surgery, was injured late in Oregon's 32-26 victory over Purdue, and missed the next four games.

Third-string quarterback Jeremiah Masoli, a junior college transfer, took over for the Ducks, with backup from freshman Chris Harper and Darron Thomas.

Roper's return puts Oregon in a more stable position at quarterback. But whether he could regain his starting job from Masoli in time for the Bruins was still up in the air, and probably unlikely.

"I like the fact that we have both of them back and competing now," Bellotti said. "It gives us a little more flexibility and freedom with a guy like Chris Harper, who we might use elsewhere."

Last week Harper had asked to play more at receiver, but given the quarterback situation at the time, it wasn't a good idea, Bellotti said.

Despite the loss to the Trojans, Oregon's offense should challenge the Bruins. The Ducks are ranked seventh nationally with an average of 267.17 rushing yards a game, thanks mostly to the tandem of LeGarrette Blount and Jeremiah Johnson.

The duo has rushed for a combined 966 yards and 15 touchdowns for Oregon.

"Every game you've got to stop the run to do anything on defense. We know their ground game is very important for them, so we must stop their running game and force the pass," UCLA defensive tackle Brigham Harwell said. "We know they're going to try to run the ball."

The Bruins (2-3, 1-1) were coming off a 28-3 victory over Washington State, which snapped a three-game losing streak. Even though the Cougars are not very good in a rebuilding year, UCLA showed progress.

The defense allowed a season-low 177 yards, and just 26 yards rushing, the fewest since allowing minus-13 yards against Arizona two years ago. The Bruins didn't turn the ball over for the first time in nearly a year.

On offense, UCLA has tallied 57 points in its last two games after scoring just 23 in the first three. Kevin Craft threw for 225 yards and two touchdowns against the Cougars, with no interceptions.

NFL

Former Trojan Jarrett gets a shot to play

BY MIKE CRANSTON
AP Sports Writer

CHARLOTTE, N.C. When Dwayne Jarrett left Southern California with a slew of school receiving records, few would have imagined his biggest honor early in his second NFL season would be getting voted player of the week — of the scout team.

But the way Jarrett acted and performed in simulating the opposition in practice last week — before spending his third straight game on the inactive list — was a milestone in his rocky maturation process.

"To watch him run and participate and not sulk was one of the most satisfying things to me," quarterback Jake Delhomme said.

Jarrett will now finally be on the field for more than just practice. With D.J. Hackett (knee) to miss Sunday's game at Tampa Bay and with kick returner and backup receiver Ryne Robinson (knee) placed on injured reserve this week, Jarrett will get a uniform against the Buccaneers for only the 10th time in 22 games.

"It's unfortunate it took somebody getting hurt for me to be active, but at the same time it's an opportunity," Jarrett said. "And I'm going to represent this receiving crew to the best of my ability and try to help this team win."

At 6-foot-4, strong and with good hands, Jarrett was projected to be a starting NFL possession receiver. After setting the Pac-10 career record with 41 touchdown catches in only three seasons, Jarrett turned pro last year at age 20.

After slipping into the second round, the Panther snatched him up. So convinced he was ready to immediately become the starter opposite Steve Smith, they released Keyshawn Johnson three days later.

But Jarrett's rookie year was a disaster. He struggled to learn the playbook. He had trouble getting free from defensive backs off the line of scrimmage.

His work ethic was questioned, too. Smith embarrassed him after practice one day by telling him to watch film instead of talking to reporters.

Jarrett was inactive in nine of the 16 games, and caught only six passes. Then he topped it off in March by getting arrested — and later pleading guilty — to driving while impaired.

"I came in just scratching 21, so coming in from college to the NFL is definitely two different lifestyles," Jarrett said. "Playing wasn't, but the learning and the off the field stuff was. It came slowly but gradually and I just kept working on it."

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STUDY CONDUCTED BY
David Heber MD, PhD and Zhaoping Li, MD, PhD

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SURF REPORT

Surf Conditions **Water Temp:** 65°

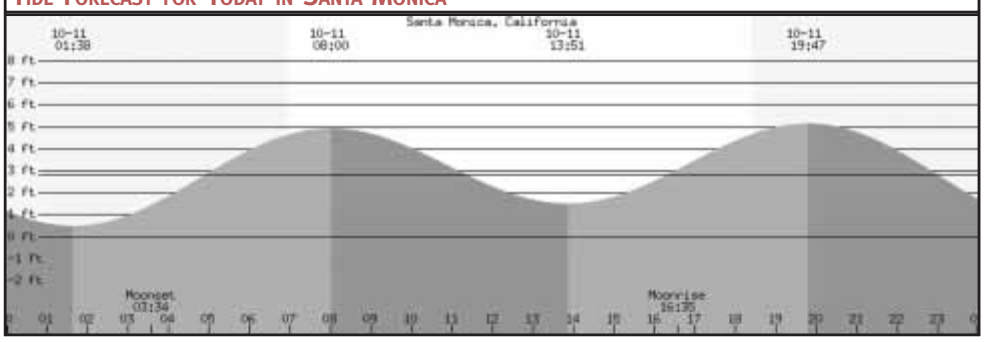
Swell Forecast (11-16 FT)

On Saturday the NW wind swell should increase to overhead at west facing breaks able to work the 320 angle, at least for the early AM sessions, and especially south of LA. The Sunday swell should back down.

Long Range Synopsis

Wednesday the 15th the NW/SW combo should peak.

Tide Forecast for Today in Santa Monica



BEACH REPORT CARD

NORTH LOS ANGELES COUNTY

Grades for this report are based on monitoring data from the previous four weeks up to the ending date of: **October 7, 2008**

HEAL THE BAY - 1444 9th Street, Santa Monica, CA 90401 - www.healthebay.org - brc@healthebay.org - 800 HEAL BAY

QUICK STATS (for the last 28 days)

- Number of sewage spills -- 1
- Number of beach closures due to a sewage spill -- 0
- Number of wet days -- 8
- Number of A grades for dry/wet weather -- 36 / ns
- Number of (C,D,F) grades for dry/wet weather -- 7 / ns

The Beach Report Card is made possible by simplehuman, The Goldhirsh Foundation, the James Irvine Foundation, Ford

Heal the Bay reminds you not to swim or surf within 100 yards of any flowing storm drain or for 3 days after a rainstorm. After a rain, indicator bacteria counts at beaches throughout California usually far exceed health criteria in the state's Beach Closure and Health Warning Protocol.

LOCATION	DRY	WET
Los Cerrillo Beach, at Arroyo Seguit Creek mouth	A+	ns
Nicholas Beach at San Nicholas Canyon Creek mouth	A+	ns
El Pescador State Beach, between Lachusa and Las Arbus creeks	A+	ns
Encinal Canyon at El Matador State Beach	A+	ns
Broad Beach at Trancas Creek mouth	A	ns
Zuma Beach at Zuma Creek mouth	A+	ns
Walnut Creek, projection of Wildlife Rd. (private)	A+	ns
Paradise Cove Pier at Ramirez Canyon Creek mouth	A	ns
Escondido Creek, just east of Escondido State Beach	A+	ns
Latigo Canyon Creek mouth	A+	ns
Solstice Canyon at Dan Blocker County Beach	F	ns
Pearce State Beach at creek mouth	C	ns
Marie Canyon storm drain at Pearce Beach, at 24572 Malibu Rd.	F	ns
Surfrider Beach at Malibu Colony fence	A+	ns
Surfrider Beach (breach location)- daily	A	ns
Malibu Pier - 50 yards east	C	ns
Carbon Beach at Sweetwater Canyon	A+	ns
Las Flores State Beach at Las Flores Creek (paint zero)	A+	ns
Big Rock Beach at 19948 PCH stairs	A+	ns
Pena Creek at Las Tunas County Beach	A+	ns
Tuna Canyon	ns	ns
Topanga State Beach at creek mouth	A	ns
Castlerock Storm Drain at Castle Rock Beach	ns	ns
Santa Ynez Storm Drain at Castle Rock Beach	A	ns
Will Rogers State Beach at 17200 PCH (1/4 mile east of Sunset drain)	A+	ns

LOCATION	DRY	WET
Will Rogers State Beach at Bel Air Bay Club drain near fence	A+	ns
Will Rogers State Beach at Pulga Canyon storm drain	A+	ns
Will Rogers State Beach at Temescal Canyon drain	A	ns
Will Rogers State Beach at Santa Monica Canyon drain (Chautauqua)	A	ns
Santa Monica Beach at Montana Ave. drain	C	ns
Santa Monica Beach at Wilshire Blvd. drain	F	ns
Santa Monica Municipal Pier	B	ns
Santa Monica Beach at Pico/Kenter storm drain	A+	ns
Santa Monica Beach at Strand St. (in front of the restrooms)	A	ns
Ocean Park Beach at Ashland Ave. drain	A+	ns
Venice City Beach, at the Rose Ave. storm drain	A+	ns
Venice Beach at Brooks Ave. drain	A+	ns
Venice Beach at Windward Ave. drain	A+	ns
Venice Fishing Pier - 50 yards south	A+	ns
Venice Beach- projection of Topsail St.	B	ns
Marina del Rey, Mothers' Beach- lifeguard tower	B	ns
Dockweiler State Beach at Ballona Creek mouth	C	ns
Dockweiler State Beach at Culver Blvd. drain	A+	ns
North Westchester Storm Drain at Dockweiler State Beach	A+	ns
Dockweiler State Beach at World Way (south of D&W jetty)	A+	ns
Dockweiler State Beach at Imperial Hwy drain	A+	ns
Dockweiler Beach- opposite Hyperion Treatment Plant	A+	ns
Dockweiler State Beach at Grand Ave. drain	A+	ns

LEGEND

DRY -- each location is graded on an A – F scale based on bacterial pollution levels present in the surf zone
WET -- grades for days of recorded rainfall and the following 3 days
ns -- no sample taken

Heal the Bay is a non-profit environmental organization dedicated to making Santa Monica Bay and Southern California coastal waters safe and healthy for people and marine life.

Heal the Bay

Heal the Bay's Beach Report Card® is based on weekly water quality monitoring data provided by the City of Los Angeles' Environmental Monitoring Division and the Los Angeles County Department of Health Services. Data is analyzed as soon as it is made available to us by the public agencies. Beaches are graded on an A–F scale based on the risk of ocean users becoming ill. Samples are analyzed for bacteria—enterococcus, total and fecal coliforms—that indicate biological pollution. A fact sheet detailing the exact methodology used in determining grades for each location is available from the office or on our web site. The report is not designed to measure the amount of trash or toxins found at local beaches.

The Beach Report Card is an indication of past water quality and is not a warranty of the current safety of those areas surveyed. Our lawyers are happy.

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(323) 466-FILM

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AMC LOEWS BROADWAY 4
1441 Third Street Promenade
(310) 458-1506

Flash of Genius (PG-13) 1hr 59min
11:10am, 1:55, 4:40, 7:45, 10:30

Vicky Cristina Barcelona (PG-13) 1hr 36min
11:55am, 2:30, 4:55, 7:20, 9:40

An American Carol (PG-13) 1hr 23min
11:00am, 1:05, 3:10, 5:15, 7:25, 9:30

Sex Drive (R) 1hr 49min
7:30

Ghost Town (PG-13) 1hr 42min
11:20am, 2:25, 5:00, 7:35, 10:00

AMC 7 SANTA MONICA
1310 Third St.
(310) 289-4262

Lakeview Terrace (PG-13) 1hr 50min
9:45

Beverly Hills Chihuahua (PG) 1hr 25min Digital Presentation
11:00am, 1:30, 4:00, 6:30, 9:00

Beverly Hills Chihuahua (PG) 1hr 25min
12:00, 2:30, 5:00, 7:25

The Express (PG) 2hrs 09min
10:45am, 1:40, 4:35, 7:15, 10:15

Quarantine (R) 1hr 29min
10:50am, 1:00, 3:10, 5:30, 7:50, 10:10

Appaloosa (R) 1hr 48min
11:05am, 1:45, 4:25, 7:10, 9:55

City of Ember (PG) 1hr 35min
11:40am, 2:10, 4:45, 7:35, 10:05

Burn After Reading (R) 1hr 37min
11:45am, 2:20, 4:40, 7:00, 9:30

LAEMMLE'S MONICA FOURPLEX
1332 Second St.
(310) 394-9741

Choke (R) 1hr 29min
4:10, 9:45

The Duchess (PG-13) 1hr 45min
1:40, 4:30, 7:20, 10:00

Religulous (R) 1hr 41min
1:30, 4:20, 7:10, 9:45

A Secret (Un Secret) (NR) 1hr 47min
1:50, 4:40, 7:30, 10:00

Blindness (R) 1hr 58min
1:20, 7:00

MANN'S CRITERION THEATRE
1313 Third St.
(310) 395-1599

How to Lose Friends & Alienate People (R) 1hr 50min
12:30, 5:30, 10:30

Eagle Eye (PG-13) 1hr 58min
11:30am, 2:10, 4:50, 7:30, 10:10

Body of Lies (R) 2hrs 08min
12:20, 1:20, 3:20, 4:20, 6:30, 7:20, 9:20, 10:20, 12:15am

Nick & Norah's Infinite Playlist (PG-13) 1hr 30min
11:45am, 2:00, 3:00, 4:30, 7:00, 8:00, 9:30

Nights in Rodanthe (PG-13) 1hr 37min
12:00, 2:20, 4:40, 7:10, 9:40

For more information, e-mail news@smdp.com

Give 100 percent, Capricorn

ARIES (March 21-April 19)
★★★ Slowing down will not hurt you, though you might not want to. Everyone needs downtime, if for nothing else than to collect one's thoughts or do something special. The unexpected occurs out of the blue. Tonight: Take your time.

TAURUS (April 20-May 20)
★★★★★ Zoom in and make what you want happen. Be realistic about what you can accomplish. Others seem to be unusually mellow and caring. Confusion surrounds an older relative. Reach out for someone else. Make what you need happen. Tonight: Zero in on what you want.

GEMINI (May 21-June 20)
★★★ You are on top of your game. Know and understand your limitations. Work directly with a partner and spend time chatting about what is important for both of you. Many people admire and observe your actions. Tonight: Treat and indulge a very special person in your life.

CANCER (June 21-July 22)
★★★★ Defer to others. Let your creativity pop up with ideas. Your imagination appears to have no limits. Do not allow a partner to go hog wild or to overindulge. He or she might be going a little over the top. Tonight: Fun and games.

LEO (July 23-Aug. 22)
★★★★★ Listen and adapt to others. Right now you can take charge of your life and feelings, but your influence might not have the impact you desire. Others need to express their intentions. A bond becomes closer. Tonight: Dinner for two.

VIRGO (Aug. 23-Sept. 22)
★★★★★ A partner or dear friend means well. Just let events unfold, trusting this person. Trust comes from knowing in your heart that you can handle nearly anything. Think positively. Tonight: You have many choices. Your job will be to choose.

LIBRA (Sept. 23-Oct. 22)
★★★★ Stop and look around. Are you making a big deal out of something? You do not need to always work. Look at it this way: A break might do more to recharge your batteries than anything else. Tonight: Easy does it.

SCORPIO (Oct. 23-Nov. 21)
★★★★★ Let your imagination call the shots. You might not want to reveal every thought, but many of them. You come from a point of understanding and knowledge that helps you center. Tonight: Let your hair down, as only you can.

SAGITTARIUS (Nov. 22-Dec. 21)
★★★★ Spend time with family or roommates. You often are off on a crusade or doing something outside the family circle. Those who love you appreciate your time and some attention – even the cat, for that matter! Tonight: Remember that your home is your castle.

CAPRICORN (Dec. 22-Jan. 19)
★★★★★ Meet friends for a late brunch. Getting together for a ballgame or movie allows a lot of chatting time, too. You want to catch up on each other's news and will make plenty of time. Tonight: Give 100 percent of yourself.

AQUARIUS (Jan. 20-Feb. 18)
★★★★ You might want to deal with a money matter. Oddly enough, the issue might involve getting a head start on the holidays. Someone lets you know just how much he or she cares. Think positively. Tonight: Make it OK to go a little overboard. Treat a pal to dinner.

PISCES (Feb. 19-March 20)
★★★★★ Knowing what you want helps bring other people with like interests to you. Your sixth sense comes into play with others. Do make a point of calling someone at a distance. Zero in on what you want. Tonight: Spontaneous works.

Happy birthday

JACQUELINE BIGAR'S STARS
The stars show the kind of day you'll have:
★★★★★ Dynamic ★★ So-So
★★★★ Positive ★ Difficult
★★★ Average

You have the attitude and endurance this year to create much more of what you want. Though you easily could get confused or bark up the wrong tree, you discover the power and strength of determination and having goals. Family and property become even higher priorities this year. Some of you might buy a new home; others could move. What you choose could be more costly or bigger than you anticipated. If you are single, many people are drawn to you. Making the right choice could become complicated. If you are attached, the two of you become a unit on a common cause or issue. Spend more quality time together. PISCES makes a good teammate.

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Sudoku

Fill in the blank cells using numbers 1 to 9. Each number can appear only once in each row, column, and 3x3 block. Use logic and process of elimination to solve the puzzle. The difficulty level ranges from ★ (easiest) to ★★★★★ (hardest).

Difficulty Level ★★★★

4	7			8	2			
					4	9		7
	5		7				3	
	8							
	2		3		7		4	
							5	
	1				5		6	
8		6	4					
			2	6			9	4

King Features Syndicate

GETTING STARTED

There are many strategies to solving Sudoku. One way to begin is to examine each 3x3 grid and figure out which numbers are missing. Then, based on the other numbers in the row and column of each blank cell, find which of the missing numbers will work. Eliminating numbers will eventually lead you to the answer.

SOLUTIONS TO YESTERDAY'S PUZZLE

9	1	7	4	8	3	6	5	2
2	3	5	6	1	7	9	4	8
6	8	4	5	2	9	3	1	7
8	7	1	9	6	2	5	3	4
5	6	3	1	7	4	8	2	9
4	9	2	8	3	5	7	6	1
3	2	8	7	5	1	4	9	6
7	5	9	2	4	6	1	8	3
1	4	6	3	9	8	2	7	5

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Girls and Sports

By Justin Borus and Andrew Feinstein



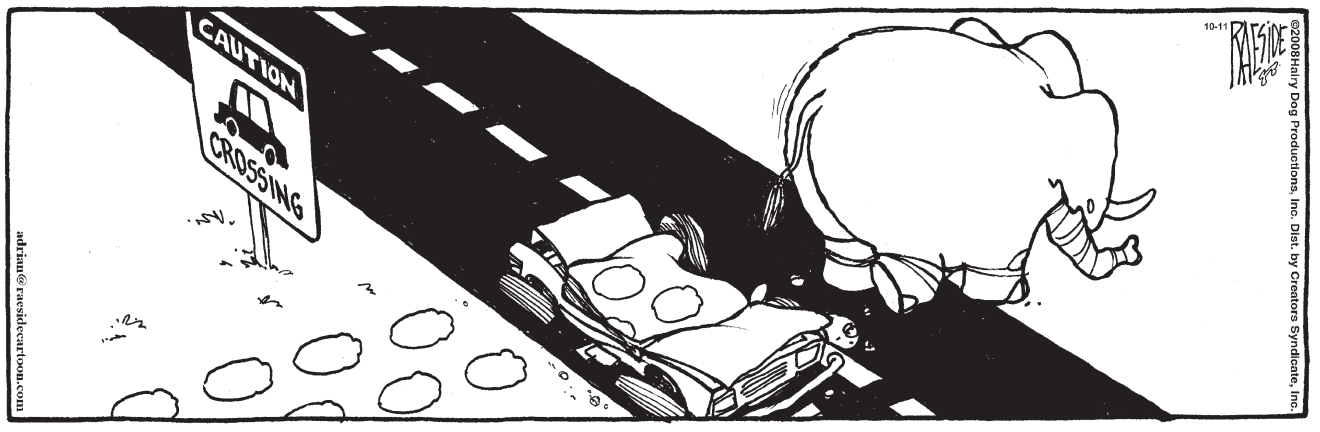
The Meaning of Lila

By John Forgetta & L.A. Rose



The Other Coast

By Adrian Raeside



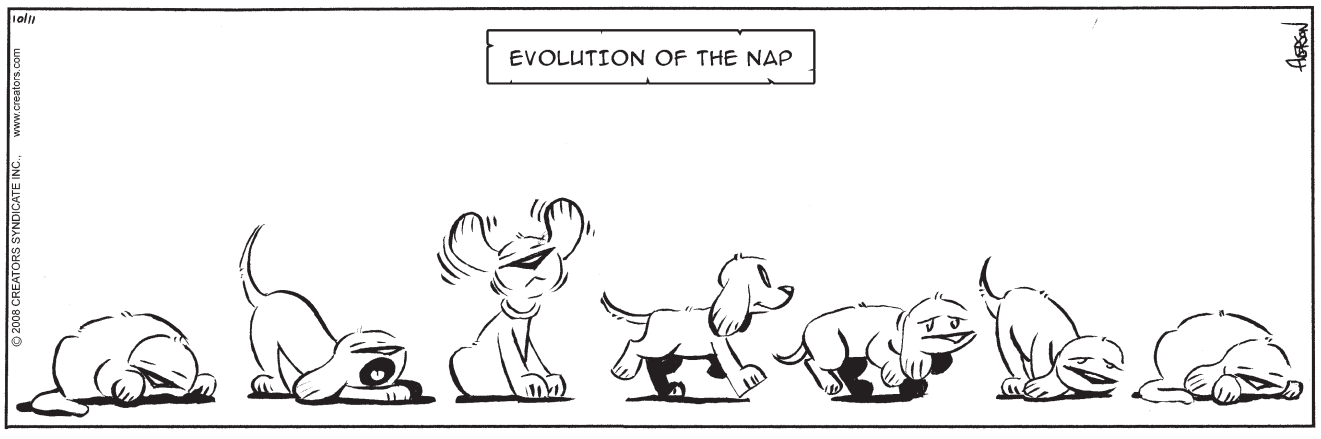
Garfield

By Jim Davis



Dog eat Doug

By Brian Anderson

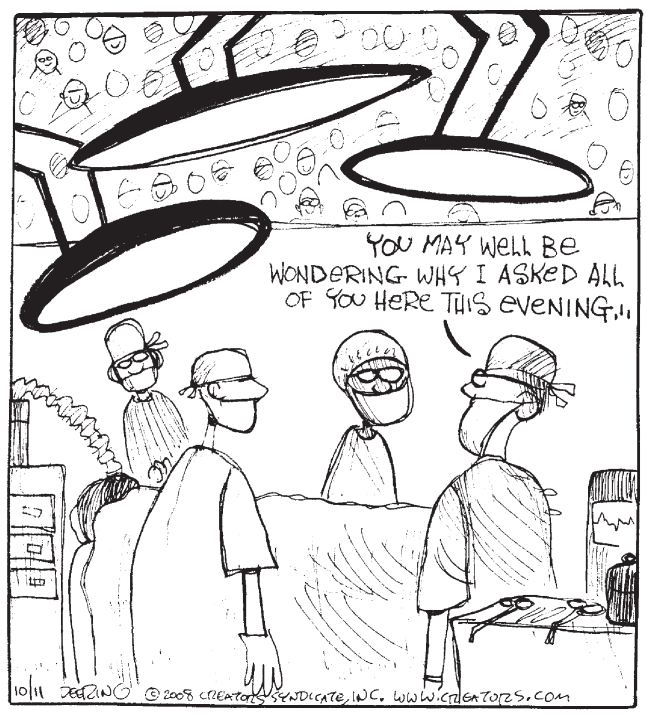


The Dinette Set by Julie Larson



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Brandon Wise *brandonw@smdp.com*

The first person who can correctly identify where this image was captured wins a prize from the Santa Monica Daily Press. Send answers to *editor@smdp.com*.

CROSSWORD

By THOMAS JOSEPH

ACROSS

1 Falafel holder
5 Color
10 Molecule makeup
12 "Two Women" star
13 Lose it
14 Like tumblers
15 Ring legend
16 Producer's hope
18 Total
19 Half-hour show, often
21 Hot
22 Ringtone bearer
24 Braves legend
25 Queens-born comic
29 Salon offerings
30 "Romeo and Juliet" setting
32 Cloth piece
33 Each
34 Grass cover
35 Taos material
37 1996 movie musical
39 Rivera work
40 Home style
41 Used up
42 Look after

DOWN

1 Half of a '60s rock group
2 Stressed type
3 This evening, in ads
4 Paris pal
5 Thin board
6 Greedy one
7 Up
8 Posh
9 Opposition
11 Learned sort
17 Refine
20 Potters' materials
21 Ping producer
23 Knocked one out of the park
25 Study
26 "An Inconvenient Truth" star
27 "Forget it!"
28 Two thousand pounds
29 Mass units
31 Cup, perhaps
33 Hide
36 Outlaw
38 Chicken tender

R	A	F	T	S	■	P	O	S	E	R
E	M	A	I	L	■	A	D	E	L	E
V	E	R	S	A	■	R	O	L	L	S
E	L	M	■	S	C	A	R	L	E	T
L	I	E	■	H	A	D	■	E	R	S
S	A	R	A	■	W	O	R	R	Y	■
■	■	S	K	I	■	X	E	S	■	■
■	S	M	A	S	H	■	O	M	A	R
S	E	A	■	S	I	S	■	A	P	E
P	E	R	F	U	M	E	■	R	I	D
A	N	K	L	E	■	N	A	K	E	D
S	T	E	E	R	■	N	I	E	C	E
M	O	T	E	S	■	A	L	T	E	R

Yesterday's answer

NEW CROSSWORD BOOK! Send $4.75 (check/m.o.) to Thomas Joseph Book 2, P.O. Box 536475, Orlando, FL 32853-6475

1	2	3	4	■	■	5	6	7	8	9
10				11	■	12				
13					■	14				
15			■	16	17		■	18		
19			20			■	21			
■	22					23				■
■	■	■	24					■	■	■
■	25	26						27	28	■
29				■	30					31
32			■	33			■	34		
35			36		■	37	38			
39					■	40				
41					■	■	42			

10-11

DAILY LOTTERY

MEGA MILLIONS: 14 15 43 46 48
Meganumber: 21
Jackpot: $16M

SUPER LOTTO PLUS: 6 13 17 18 25
Meganumber: 9
Jackpot: $41M

Fantasy 5: 3 11 28 31 35

DAILY 3
MIDDAY: 4 5 6
EVENING: 2 6 1

DAILY DERBY
1st: 03 Hot Shot
2nd: 09 Winning Spirit
3rd: 01 Gold Rush
RACE TIME: 1.49.41

Although every effort is made to ensure the accuracy of the winning number information, mistakes can occur. In the event of any discrepancies, California State laws and California Lottery regulations will prevail. Complete game information and prize claiming instructions are available at California Lottery retailers. Visit the California State Lottery web site at http://www.calottery.com

NEWS OF THE WEIRD

BY CHUCK SHEPARD

■ Jose Rivera, 22, survived two tours in Iraq, but back home in California, he took a job at the high-security Atwater federal prison, where officers cannot carry even non-lethal crowd-control weapons, and Rivera was murdered 10 months later by two inmates armed with handmade shivs. "Every single inmate in there is armed to the teeth for his own protection," complained one officer, but a Bureau of Prisons spokesman told CNN in August that "communication" with inmates is a better policy than even modestly arming guards.

■ When Eric Aderholt's house in Rockwell County, Texas, burned down in June, it wasn't because the fire department was too slow. They arrived within minutes, but none was aware that local hydrants were locked. Apparently, departments know that hydrants in rural areas have been shut off, as part of post-9/11 security, and must be turned on with a special tool, which no one brought that night. Texas law even requires shut-off hydrants to be painted black, but the firefighters still arrived without the tool, and by the time they retrieved it, Aderholt's house was gone.

■ A member of Pakistan's parliament stood his ground in August, defending news reports from his Baluchistan province that five women had been shot and then buried alive as tribal punishment for objecting to their families' choosing husbands for them. A defiant Israr Ullah Zehri told the Associated Press, "These are centuries-old traditions, and I will continue to defend them," despite condemnation by Zehri's colleagues. "Only those who indulge in immoral acts should be afraid," Zehri said.

TODAY IN HISTORY

1968 Apollo 7, the first manned Apollo mission, was launched with astronauts Wally Schirra, Donn F. Eisele and Walter Cunningham aboard.

1984 space shuttle Challenger astronaut Kathryn Sullivan became the first American woman to walk in space.

WORD UP!

legerdemain \lej-ur-duh-MAIN\, *noun*:
1. Sleight of hand.
2. A display of skill, trickery, or artful deception.

Santa Monica Daily Press

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Obituaries

Ronald J. Knudson



Ronald J. Knudson, 99, passed away October 9, 2008 in Providence, Utah. He was born in Brigham City, Utah on April 5, 1909. He and his wife lived in Santa Monica, California for over 50 years. He was an active member of the LDS church.

He is survived by his son, Dennis V. Knudson (Shirley) of Mount Vernon, Washington and Janice K. Gill (Richard) of Brigham City; 6 grandchildren and 11 great grandchildren.

Private graveside services will be held at 11:00 Monday, October 13, 2008 at the Logan City Cemetery. Condolences may be extended to the family online at www.nelsonfuneralhome.com.

Special thanks to Dr. Nathan Call and Cache Valley Assisted Living. Heartfelt appreciation to the workers at Alpine Hospice who lovingly cared for him.

In lieu of flowers please make donations to the American Cancer Association.

Employment Wanted

42 YO European man will care for disabled/elderly 10 yrs local experience excellent references. Mike (310)393-2940/ (323)687-5496(cell)

Employment

CASHIER POSITION for gas station. Immediate positions available. Customer service. Call for more information. (310)451-2355, (310)498-7910

DENTAL ASSISTANT NEEDED
DENTAL back office assistant with experience. Santa Monica dental office PT (310) 393-9706 fax resumes to (310)899-1828

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Customer service/sales position/on site coordinator at lawfirm in Santa Monica. Prior experience in lawfirm preferred.Salary negotiable. Contact bsberkowitz@aol.com.

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For Sale

SPA/HOT TUB 2008 Model. Neck Jets. Therapy seat. Warranty. Never used. Can deliver. Worth $5950, sell for $1950 (310) 479-3054

Yard Sales

BIG GARAGE sale !!!!! 18th St, and Navy St. 90405 Saturaday October 10th 9am-?? GREAT STUFF!

Saturday October 11th 9-2pm rugs, jewlery, women's clothing, shoes, and more 1536 18th St.

YARD SALE sat Oct 11 7 a.m - 5 p.m household items, dolls, garden tools, electronics, new release DVD's, Indian clothing Sari's great for costumes 1112 Berkeley Ave

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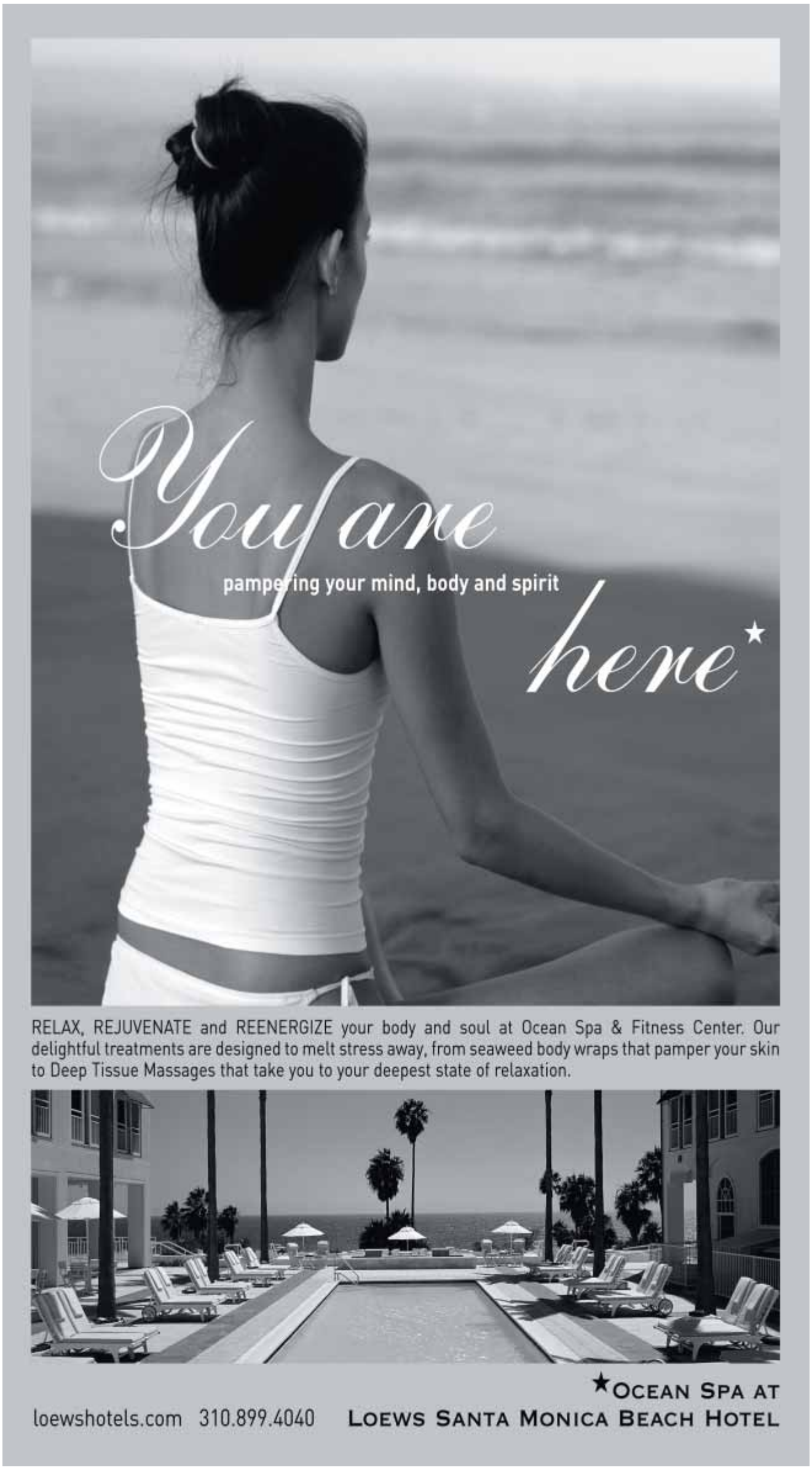
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11 - 2

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3 + 2 Condo
Open Sunday, October 12th
2 - 5 pm

Average Price of ALL Santa Monica Properties Listed for Sale As of Early October 2008

	Single Family Homes	Condos & Townhomes
Santa Monica Canyon	$ 3,219,667	$ 5,247,500
North of Montana	$ 3,798,120	$ 1,928,515
Between Wilshire & Montana	$ 3,187,818	$ 946,250
South of Wilshire	$ 1,413,800	$ 743,426
Sunset Park	$ 1,366,143	$ 612,908

Statistics Updated Every Monday



Kate Bransfield
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