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OCTOBER 10-11, 2009

Volume 8 Issue 290

Santa Monica Daily Press

We have you covered

THEY LOVE US
SEE PAGE 4

THE TALKING IT OUT ISSUE

No more Friday lights in Malibu

BY MELODY HANATANI
Daily Press Staff Writer

MALIBU The high school football games under the Friday night lights will now be played beneath the late afternoon sun.

The California Coastal Commission on Thursday denied a request to allow the use of temporary field lights at Malibu High School for 16 evenings out of the year, including during eight football games and practices.

MHS officials are now rescheduling remaining home games this month to 3:30 p.m. and likely even earlier for all meetings

SEE LIGHTS PAGE 13



Kevin Herrera *kevinh@smdp.com*

SUSPECT: **A section of Wilshire Boulevard was shut down Friday morning after police responded to a report of a suspicious package, which turned out to be concrete wrapped with brown packing tape. The bomb squad was called and streets were reopened around 10 a.m.**

Bomb threat closes Wilshire

BY KEVIN HERRERA
Editor in Chief

DOWNTOWN A suspicious package found near Panera Bread on Wilshire Boulevard and Fifth Street on Friday prompted a call to a bomb squad to remove the item, which proved to be nothing more than a bag of cement wrapped in brown tape, police said.

The object was discovered about 7 a .m.

SEE THREAT PAGE 12



Brandon Wise *brandonw@smdp.com*

ONE DONE: **Registered Nurse Liz Pena administers the swine flu vaccination to Fernando Martinez, 6, at the Venice Family Clinic.**

Swine flu vaccine arrives, but some are hesitant

BY MELODY HANATANI
Daily Press Staff Writer

DOWNTOWN Swine flu vaccinations have finally arrived.

The Venice Family Clinic welcomed the long-awaited vaccines for the H1N1 flu virus on Tuesday, receiving 500 doses of the FluMist nasal spray, which are being administered at the Rose Avenue medical facility and Simms/Mann Health and Wellness Center on Pico Boulevard.

As directed by state public health officials, the clinic is targeting the initial dosages to children 2-10 years old and healthy people 2-49 years old who live with infants younger than 6 months, Nurse Manager Darcie Miller said.

While concerns over swine flu have at times reached paranoiac levels, particularly when cases were initially reported in the spring, the demand for the vaccination has been surprisingly low.

The clinic has only given 15 doses of the FluMist spray over the first few days, about a third of which have been to children.

Miller said that she's noticed parents declining the vaccine for their children.

"People are seeing so much in the news that it's arriving this week … that it gives the feeling that it's so new and somehow untried," she said.

The Los Angeles County Department of Public Health on Thursday received a shipment of 92,000 doses of FluMist, which will be allocated to pediatricians, family practitioners and clinics. More than 3,000 providers in the county have requested the vaccine.

Jonathan Fielding, the county director of public health, said he expects to receive larger shipments in the coming weeks, bringing the total to more than one million by the end of the month.

"There is not a shortage," he said during a press conference on Thursday. "There will

SEE FLU PAGE 12

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WHAT'S UP WESTSIDE

OUT AND ABOUT IN SANTA MONICA AND SURROUNDS



'Illumination'

Bob Poe Gallery — Bergamot Station
2525 Michigan Ave., 5 p.m. — 7 p.m.
Photographer Bob Poe will be holding an opening for his latest work, "Illumination." Poe's exhibit is made up exclusively of photographs taken with his iPhone, in which he demonstrates the impact of light and movement on his subjects. Admission is free. Call (323) 936-1447 or e-mail ali@caapr.com for more information.

Brain clouds

Montana Avenue Library
1704 Montana Ave., 11 a.m. — noon
Dr. Matthew Shtrahman — physician, scientist and founder of the Initiative for the Collective Neuronal Dynamics and Epilepsy — will discuss the science of collective phenomenon and the brain. Admission is free. Call (310) 829-7081 for more information.

Hopping fun

Morgan-Wixson Theater
2627 Pico Blvd., 11 a.m. — 12:30 p.m.
Watch this charming play and puppet show based on Sandy Asher's picture book, "Too Many Frogs," about the joy of reading. It is best enjoyed by children ages 4 through 8. Admission is $6 — $8. Call (310) 828-7519 for more information.

Meet the author

Every Picture Tells a Story
1311-C Montana Ave., 6 p.m. — 7 p.m.
Acclaimed director Werner Herzog will sign his new book, "Conquest of the Useless," prior to introducing a screening of his film, "Fitzcarraldo," at the Aero Theatre. The signing is free. Call (310) 451-2700 for more information.

Sunday, Oct. 11, 2009

4th Annual Lexus Santa Monica 5000

Ocean Park Beach
First race begins at 7:30 a.m.
Come benefit Saint John's Health Center by running along the beautiful Southern California coast. The 5K begins at 7:30 a.m., followed by a 2.5K Youth Start at 7:45 a.m., 10K at 8 a.m., and Tot Trots at 9:30 a.m. Participants will receive an Ed Hardy Sport T-shirt as well as admission to a health-fitness expo and post-race celebrity-driven VIP party on the Santa Monica Pier. For more information, visit www.santamonica5000.com or call (310) 821-7898.

Monday, Oct. 12, 2009

'The Laramie Project: Ten Years Later'

Eli and Edythe Broad Stage
1310 11th St., 7:30 p.m.
Experience the powerful new play about the aftermath of Matthew Shepard's murder in a nationwide premier sponsored by over 100 organizations including Gay Men's Chorus of Los Angeles. Moises Kaugman and Tectonic Theater Project will return to Laramie, Wyo. to examine the town's hope, hate, fear and courage. Visit www.thebroadstage.org for more information.

For more information on any of the events listed, log on to smdp.com and click the "Events" tab for the given day's calendar.





HERE IT COMES

Fabian Lewkowicz *FabianLewkowicz.com*

Crew from Cirque du Soleil raises its trademark blue and yellow 'Grand Chapiteau' (big top) at the Santa Monica Pier on Friday in anticipation of the local premiere of KOOZA, a Cirque du Soleil big top touring show.

Instructors rushed to help UCLA stabbing victim

THOMAS WATKINS
Associated Press Writer

WESTWOOD Blood gushed from a student's neck and formed a puddle on the floor of a UCLA lab as instructors struggled to stanch the wound.

The 20-year-old woman was taken across the hall after being slashed in the neck by a classmate, and two staff members quickly applied pressure and put gauze on the wound. Stunned students watched in horror.

"Her eyes rolled back in her head, I called out her name and told her to stay with me. She wasn't really responding. I think she could hear me," said chemistry lecturer Stacie Nakamoto, whose lab the victim was brought into.

The victim, who Nakamoto and police would not identify, went to the hospital in critical condition. On Friday, her family released a statement saying she was showing signs of improvement and was expected to recover.

Damon D. Thompson, 20, was arrested shortly after the attack and booked for investigation of attempted murder.

Immediately after the attack, he walked into the student information center three floors below.

"He was very calm and said he had stabbed someone," said Carol Verduzco, an administrative assistant who works in the office.

She said she asked if he was joking and then she called the police. Thompson waited in a chair for the few minutes it took police to arrive.

"I was in shock," Verduzco said, noting she saw no blood on Thompson.

Los Angeles police detectives were interviewing witnesses to try to establish a motive for the attack. Thompson and the victim were not romantically involved, Detective Mike Pelletier said.

A knife was recovered at the scene, a laboratory on the sixth floor of the Young Hall chemistry and biochemistry department in the heart of the university on the Westside.

Thompson remained in jail Friday on $1 million bail and was scheduled for arraignment Tuesday. Authorities did not know if he had obtained an attorney.

Thompson's relatives said he is an only child who left his mother's home in Belize two years ago to attend UCLA. His second cousin, 17-year-old Akilah Williams, said she was skeptical that Thompson was capable of the attack.

"He cares about what people think about him too much," Williams told the Los Angeles Times. "He gets stressed out but that doesn't mean he'd do something

SEE UCLA PAGE 14

Grant will benefit SMC's international programs

BY MARISSA LYMAN
Special to the Daily Press

SANTA MONICA COLLEGE With the help of a two-year federal grant, Santa Monica College is looking forward to furthering its quest to promote global citizenship.

The $180,000 grant from the U.S. Department of Education will benefit the college's Undergraduate International Studies and Foreign Language Program, which focuses on undergraduate instruction in these areas.

"We're very pleased to have received this grant, which will help tremendously as we continue our comprehensive efforts to enhance global awareness reflected in the curriculum and campus environment as part of the Santa Monica College experience," Kelley Brayton, dean of SMC's international studies program said.

The global citizenship initiative was launched 2 1/2 years ago with the aim to give students a comprehensive look at today's world.

Through curriculum changes, professional development programs, study abroad opportunities and a focus on SMC's foreign students, it fosters an understanding of international, intercultural and ecological issues with a focus on economics, human rights and the environment.

Unlike programs at other colleges and universities, the initiative also incorporates volunteer work and a sense of global responsibility into its curriculum, college officials said.

So far, SMC has added a required global citizenship class to its Associate of Arts degree, as well as strengthened its Study Abroad Program. The college now offers international studies scholarships for low-income students as well as an internationally themed lecture series. In addition, SMC has sent faculty and staff around the world to explore a variety of international issues.

With the grant money, which amounts to $88,500 for the 2009-10 school year and $89,986 for 2010-11, the college will hopefully be able to establish study abroad programs in China and Turkey, Brayton said.

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LETTERS TO THE EDITOR

Send comments to editor@smdp.com

Dear Nobel Peace Prize committee

Editor:

It used to mean something when the Nobel Peace Prize was given. I supposed that in this day and age, all good things must come to an end.

President Barack Obama, whilst he has great rhetoric, has done little (actually nothing) for peace.

As a U.S. senator, he voted to continue the funding of the Iraq war at every opportunity. Last week, I saw him on TV ganging up with the Axis of Asses against Iran, as if Iran had violated some sort of nuclear treaty.

The fact is that Iran is in line with all IAEA regulations, whilst our supposed best friend, Israel, has more nuclear weapons (unlike Iran who is building power plants) that have never been counted and Israel never signed onto IAEA nonproliferation agreements. Israel has weapons of mass destruction, illegally! Yet, the Obama administration is kissing Israel's butt, just like all previous administrations with a wink and a nod.

There is nothing peaceful about Israel with U.S. support and the continued U.N. veto power exercised when Israel deserves condemnation for its terrible actions against humanity. There is nothing peaceful, that I can see, about Barack Obama, as we are ramping up the war machine in the Middle East to supposedly stop terrorism and protect Israel. Sure, a few soldiers have left Iraq only to be replaced by private contractors with machine guns, while the soldiers get a short rest at home only to be redeployed to other countries to go to war for what? War, not peace.

The fact is that the U.S. is dropping bombs on Obama's watch. Your prize is a joke.

Perhaps your judges are smoking some of that California cannabis that confuses hype with hope. Next time, perhaps you could pick someone who actually votes against wars before they are launched and votes against all funding to continue them. How about Ron Paul or Dennis Kucinich?

Greg Chamberlain
Santa Monica

Health care is out of reach

Editor:

After reading Ms. Fox's letter (Oct. 6) against health care, I wondered what health plan she had. Certainly not Medicare or, like me, I'm sure she would wish something similar for everyone. My only complaint is that it is not 100 percent government sponsored. At present, Medicare takes $900 a year to cover 80 percent of my bills – my supplementary insurance costs over $3,000 a year to cover 20 percent!

Years ago I watched tapes of Hillary Clinton's interview with the uninsured. One after the other "fell through the cracks" – as they put it – much as they wanted insurance, they could not get it or afford it. To say that now more than a half of the 30 million people without insurance don't want it, is unbelievable. They just don't want it with insurance companies.

The only people I can imagine getting a fair shake from insurance companies are the CEOs' spouses!

Cecilia Heimlich Rosenthal
Santa Monica

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Modern Times

Lloyd Garver

Send comments to editor@smdp.com

Survey: The French do love us

I ALWAYS TRY TO EMBRACE THE DIFFICULT and the easy writing assignments with the same gusto. If I have a hard job, I stare at that job and make sure that I don't blink first. Keeping this absurd mixed metaphor in mind, I went to France recently on an arduous research trip to find out everything I could about the French. The following is a survey I conducted for that purpose. Those of you who have been reading my columns for a while know that this was not my first trip there. However, I vow to go back as many times as possible to bring the readers of Santa Monica and their neighbors the facts about France. I spent three weeks studying the French on the beaches of the Riviera, in the lavender and sunflower fields of Provence and outside the cafes of Paris solely for the purpose of gathering information for you.

We've all heard that the French are cold and snobby and aren't nice to Americans. Supposedly, food is what they take most seriously in life, and they spend more time in museums than at work. I wanted to learn what were false stereotypes and what was the truth. Above all, I wanted to learn how they really feel about Americans these days. So, I conducted a survey. While doing my research, I tried to blend in with the French. In fact, on the beach, I went topless.

THE 2009 GARVER SURVEY

My first question was whether they felt that since Barack Obama became president, had relations between France and the United States gotten better or worse? About 96 percent replied that our relationship had gotten better. And only a small percentage of these people were trying to sell me something when they made this reply. The people I talked to seemed to love our president. In fact, 75 percent of those who filled out my survey feel that Obama is a better president than their own Sarkozy.

Eighty percent feel that some day France will have a female president. Only 48 percent of those surveyed feel that some day France will elect a black president. My guess is that if this question had been asked in America a year ago, the results might have been similar — that more people felt that we would have a woman president before we elected a black one.

Those who filled out my questionnaire are not all that optimistic about the economy. Only 12 percent feel that it will recover by the end of 2010, and a gloomy 32 percent don't feel that it will recover in our lifetime. Seems to me if my wife and I make just one more trip to France, their economy should be just fine.

Since it was France, I couldn't resist asking a couple of questions about sex. Not surprisingly, those questioned felt that French women and men are sexier than Americans. However, I should point out that this was before I got my haircut.

Of all the things that France is known for, including their history, their architecture, their art, a surprising 20 percent said that the French thing they were most proud of was … the cheese. The cheese! Forget Notre Dame, impressionism, and the French Revolution. Just pass the brie.

In at least one way, the French aren't all that different from us. We've all heard about the New Yorker who's never been to the top of the Empire State building. Well, about a third of those surveyed have never been to the top of the Eiffel Tower. And in this country known for its culture and museums, 36 percent say they "almost never" go to a museum. They're probably too busy eating cheese.

NINETY-ONE PERCENT REPLIED THAT THE GUY WITH THE CLIPBOARD WHO STOPPED THEM TO GET THEIR OPINIONS WAS THE MOST DISTINGUISHED MAN THEY HAD SEEN ALL DAY. WHO SAYS THE FRENCH AREN'T NICE TO AMERICANS?

I realized that it was an imposition for me to interrupt people's busy day and ask them to fill out a questionnaire. So my final question was whether they thought a journalist who stopped them to ask some questions was the most annoying man they had encountered all day or the most handsome and distinguished one. Ninety-one percent replied that the guy with the clipboard who stopped them to get their opinions was the most distinguished man they had seen all day. Who says the French aren't nice to Americans?

LLOYD GARVER has written for many television shows, ranging from "Sesame Street" to "Family Ties" to "Home Improvement" to "Frasier." He has also read many books, some of them in hardcover. He can be reached at lloydgarver@gmail.com. Check out his Web site at lloydgarver.com and his podcasts on iTunes.

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The Q Line

Changes at the top

This past week, Q-line asked:

As the retirement date for current City Manager Lamont Ewell approaches, city officials have begun looking for his replacement. What qualities should the new city manager possess?

Here are your responses:

"THE NEW CITY MANGER SHOULD BE experienced, intelligent, empathetic to the needs and wants of the citizens, pass an irreproachable background check and work well with all agencies of this city's government."

"HE SHOULD HAVE A REAL SINCERE interest – in other words give a damn – about this community. And if need be, how about setting up a phone line of a place where residents can actually contact his office and make comments and he should look into the stuff that people are really upset about like the homeless problem and all this stuff. It's wonderful to write an article in the paper, but we need to know that the right people in office within the city are getting this information."

"I FIND IT INTERESTING TO NOTE THAT there is a great deal of departing of civil servants going on. To go back a ways, former Chief of Police James Butts departed Inglewood, Santa Monica and now the L.A. Airport police department. We most recently lost the chairman of Santa Monica's Rent Control Board and now our city manager. Some of this departing has to do with our streets getting tougher and on every level of government no one any longer seems to mind the law. Santa Monica is a city that has some of the richest and some of the poorest people in the nation. The new city manger should subscribe to integrity in filling the obligations of his office."

"I THINK THE QUALITIES THE NEW city manager should possess that the last one didn't – Lamont Ewell – is to listen more to the people rather than big money interests. He didn't pay any attention to the fact that over 10,000 people wrote in to save the ficus trees on Second and Fourth streets, and he did not listen, did not even sit down with any of the Treesavers when they asked repeatedly for meetings with him. Yes, someone who's more for the people rather than corporations and big money."

"THE TWEED RING OR OUR SANTA Monicans for Renters' Rights-run city hired the last guy from the most crooked town in California. The new manager should preferably be born and raised in Santa Monica so they might actually care something about our town. Also, they should have absolutely no ties to any local political organizations, especially Santa Monicans for Renters' Rights."

"WHOEVER THEY GET FOR CITY MANGER should only have one thing: the name of a good psychiatrist, because after dealing with those idiots on the City Council he's going to need it."

"I THINK THE MOST IMPORTANT quality that the new city manager could posses is that the new city manger hates declawing of cats and wants it to be illegal in Santa Monica."

"DON'T HIRE ANYONE WITH A CRIMINAL record or who is under investigation. Don't hire anyone from the East Coast, since they don't have a clue. Don't hire anyone from San Diego city or county, past or present official. Don't hire anyone who will simply rubber-stamp the socialist desires of our City Council. And definitely do not hire anyone who attended Harvard. Instead, hire someone who has common sense, a good education and a verifiable record of honesty and hard work. And last but not least, hire someone who believes the city, as well as individuals, have to live within their means. In other words, a budget minded individual."

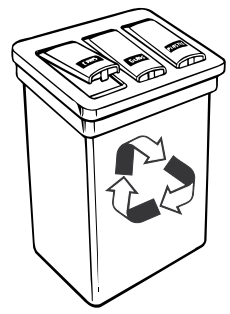
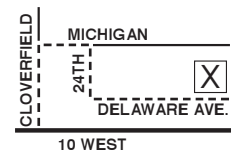
"FIRST, THE CITY COUNCIL NEEDS TO stop its program of affirmative and gender action hires. Look for a person from Santa Monica who grew up here, a person who remembers Santa Monica before the Stalinists took over, who sees how ugly we've become and where we should not be in the future. We need a person of uncompromising individuality who owes nothing to any group, a person of not only intelligence but of the wisdom to see where we should be. More isn't necessarily better. The problem is how do you judge a person with these qualities when the rouges in city leadership have no idea of what they are."

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The 14 users currently in the teen chat room.

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joey16:	16, male, Hackensack, NJ
robbieW:	38, male, Daytona, FL
b-ball_tommy:	15, male, Pocatello, ID
tu_tu:	16, female, Burlington, VT
duffme:	44, male, Minneapolis, MN
QTpie:	30, male, Chicago, IL
ty1989:	15, female, Naperville, IL
harrys_grl:	12, female, Appleton, MN
slugger20:	17, male, Jackson, MS
qtrback21:	26, male, Brooklyn, NY
suzie14:	14, female, Portland, OR
hiphopper:	13, female, Plano, TX
paperboy:	41, male, Beaverton, OR

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Flavorful pre-tricking treats

BY RYAN KING
For The Associated Press

The trouble with dinner on Halloween is you need to compete with gobs and gobs of candy.

Which means dinner needs to be flavorful enough to appeal to little goblins with Milky Ways on their minds, healthy enough to offset all that sugar, and fast enough so your troop of treaters doesn't revolt while waiting to get out the door.

And that was the inspiration for this simple chicken saute. Serve it with a quick saute of baby spinach with garlic and lemon zest.

Orange Mediterranean chicken saute with brown rice

Start to finish: 45 minutes
Servings: 4
1 cup long-grain brown rice
2 cups water
Zest and juice of 2 oranges
1 cup julienned roasted red peppers
1/4 cup Kalamata olives, quartered
4 boneless, skinless chicken breasts
1/2 cup all-purpose flour
Salt and ground black pepper
2 tbs. olive oil
1 pound crimini mushrooms, halved
1/2 cup dry white wine
2 tbs. butter

In a medium saucepan over high, combine the rice and water. Bring to a boil, then cover and reduce to a simmer. Cook for 25 minutes, then remove from the heat and let stand 5 minutes.

Meanwhile, in a medium bowl, combine the orange zest and juice, red peppers and olives. Add the chicken breasts, then set aside to marinate for 20 minutes. The chicken also can be covered and refrigerated to marinate for several hours.

In a wide, shallow bowl, mix the flour and 1/2 teaspoon of salt and 1/4 teaspoon black pepper. Set aside.

When the chicken is ready, in a Dutch oven over medium-high, heat the oil. One at a time, remove each piece of chicken from the marinade (reserving the marinade) and dredge through the flour.

Arrange the chicken in the Dutch oven, reduce heat to medium, cover and cook for 10 minutes. Flip the chicken, add the mushrooms, then cover and cook for another 5 minutes.

When the chicken is browned on the bottom and cooked through, remove from the pan and cover with foil.

Return the Dutch oven to the heat and add the wine to deglaze. Stir in the reserved marinade and bring to a boil. Reduce heat to low to maintain a simmer, then swirl in the butter.

Serve the chicken over the rice and drizzled with the pan sauce.

Creeped out cupcakes for Halloween

BY THE ASSOCIATED PRESS

If you're looking for easy, no-recipe-needed Halloween treats, these creeped out cupcakes are an eerily good choice. In one, a traditional frosted cupcake falls victim to a bat attack. In the other, they take a slimy, almost radioactive, turn.

Both ideas are from Matthew Mead's "Monster Book of Halloween," which is jammed with numerous ghastly treats and decorations.

Vampire cupcakes

Bake up a batch of your favorite cupcake recipe or prepare a boxed mix according to package directions. Alternatively, most bakeries (even those in grocers) will sell unfrosted cupcakes if asked in case you want to do only the fun part — the decorating.

Once the cupcakes have cooled, frost them with white cake frosting.

Use black gel icing (the sort sold in tubes in the baking aisle) to draw a bat on top of each cupcake. If you need help with this, a template can be downloaded from Mead's Web site at http://tinyurl.com/yeboobr. Cut out the template and use it as a stencil.

Use a toothpick to make two holes (bite marks) near each bat, then drizzle red gel icing into each.

Get slimed cupcakes

Prepare two packages of Jell-O (any variety, though green and yellow are good) according to the package's directions for Jigglers (two packages plus two cups boiling water). Divide the liquid between six flexible silicone baking cups. Divide the remaining liquid between six round-bottomed teacups (this creates a domed top for each cupcake), filling each about 1/2 inch. Refrigerate everything for four hours, or until set.

To remove the gelatin from the cups, set the base of each in a bowl of warm water for about 10 seconds. Overturn the cups and gently pry out the cupcakes and dome tops. Invert a dome onto each cupcake, then decorate with gummy worms.

(Ideas adapted from Matthew Mead's "Monster Book of Halloween," Time Inc., 2009)

Toast the season with candy corn-infused vodka

BY THE ASSOCIATED PRESS

Tricking and treating may be all about the kids, but this grown up use for candy corn will give adults yet another reason to raid the little ones' goodie bags. These martini-like cocktails use vodka infused with candy corn, which needs to be made at least three hours ahead.

Candy corn cordials

Start to finish: Five minutes active (plus three hours to infuse)
Servings: 2, plus extra infused vodka
1/2 cup candy corn, plus extra for garnish
1 1/2 cups vodka
Ice
2 ounces orange liqueur
Juice of 1/2 lemon
1 large egg white

In a jar with an airtight lid, combine the 1/2 cup of candy corn and the vodka. Cover and set aside for at least three hours. When ready, strain out and discard the solids.

To prepare the drinks, in a cocktail shaker filled with ice combine 4 ounces (1/2 cup) of the candy corn vodka, the orange liqueur, lemon juice and egg white. Shake vigorously for at least 30 seconds, then strain into 2 chilled martini glasses. Garnish with candy corn.

(Recipe from the October issue of Food Network Magazine)



Kitchen Vixen

Elizabeth Brown
Send comments to editor@smdp.com

To eat beef or not to eat beef?

WHILE WALKING THROUGH MY FAVORITE grocery store, I overheard the guy at the meat counter tell a customer that their organic, free-range beef was raised on a mixed grass and grain diet. Although I eat red meat infrequently, I thought I was buying a good source from this supplier. I have also bought grass-fed beef at the Farmers' Market, but you have to buy a pound at a time which is frozen and therefore difficult to break into smaller portions for rationing.

The downfall of grain-fed beef is that it is more likely to contain harmful E. coli than beef from grass-fed cattle. According to research microbiologist James B. Russell, cattle are fed grain to help increase their growth rate, but being fed a diet rich in grains instead of grass can disrupt normal physiology. For one thing, grain-based diets are lower in beneficial fiber than grass-fed diets.

Grain-based diets allow fermentation acids to accumulate in the rumen, one of the four stomachs of a ruminant animal. The rumen serves as a vat where microorganisms, including "good bacteria," feed off of dietary fiber and therefore aid fiber digestion. In turn, these microorganisms supply the cattle with useful protein, vitamins and short-chain organic fatty acids. Without adequate fiber, these acids are not absorbed efficiently leading to acid buildup and resulting in ulcers. Infectious bacteria pass from the rumen through the ulcers to the blood stream and finally to the liver where they cause abscesses. The animal is then given antibiotics causing further disruption to their symbiotic microbial ecosystem.

Ruminant animals lack the digestive enzymes to break down grains. This can lead to the overgrowth of clostridium perfringens, potentially deadly to the animal. There is also risk of an increased growth of a harmful strain of E. coli in the digestive tract. This particular strain of E. coli, 0157:H7, are resistant to stomach acid. When this E. coli contaminates ground beef, it can lead to illness and even death in certain populations. Cattle switched from grain-based diets to hay or grass are less likely to produce harmful E. coli.

My foray into the world of grass versus grain-fed beef began after reading a story about a woman who became paralyzed from that harmful E. coli. She ate a contaminated burger and five days later she was in a coma. When she awoke nine weeks later, she could no longer walk.

Food safety may be a big reason people are opting for more vegetarian meals. Vegetarian diets offer myriad health benefits over a diet rich in animal protein. However, when following a strict vegetarian diet, it can be difficult to meet all of your nutrient needs. If you choose to go vegetarian or vegan, make an extra effort to ingest adequate sources of protein, B12, iron, zinc, calcium and vitamin D or supplement appropriately.

I like fortified nutritional yeast flakes for B12; beans, spinach and dried fruit for iron; almond or soy milk also for B12 as well as calcium and vitamin D. Zinc is a bit tougher to get in a vegetarian diet, but one cup of beans provides up to 1/3 of the recommended intake. Protein is found in beans and grains. If you still want an occasional beef burger, this recipe works well to extend the use of your more costly but much safer grass-fed beef. Simply mix these ingredients with your grass-fed beef and enjoy the wonderful health benefits of eating a semi-vegetarian diet.

ELIZABETH BROWN is a registered dietitian and certified holistic chef specializing in weight management, sports nutrition, disease prevention and optimal health through whole foods. She can be reached at eat2liv@earthlink.net.

Gluten-free veggie burgers

1 cup dried black or pinto beans (1/2 pound or 1/2 bag dried beans)
4 cups water
2 bay leaves
1/4 cup ground flax seed
1/4 cup water
1/2 cup walnuts or pecans, finely chopped
1 cup cooked brown rice
2 slices gluten-free bread toasted and processed into crumbs or 1/2 cup bread crumbs
1/4 cup nutritional yeast flakes
1/2 yellow onion, chopped
1 large carrot, grated
1 tbs. tamari
2 tsp. Dijon mustard
1 tsp. ground cumin
1/2 tsp. black pepper
1 cup barbecue sauce

Cook beans on the stove top or crock pot with water and bay leaves. In a food processor, combine cooked, drained beans with flax seed and water. Puree until blended but still lumpy. Add remaining ingredients except barbecue sauce. Pulse until blended. Place in bowl and cover and chill in refrigerator at least two hours. Preheat oven to 350 degrees. When ready to cook burgers, shape into eight patties and place on an oiled cookie sheet. Baste burgers with barbecue sauce and bake 1 hour. Carefully flip and baste burgers every 15 minutes for a crispy coating.

Per serving: 228 calories, 12g protein, 30g carbs, 9g fiber, 7g fat, 1190mg Omega-3 fats. High in every nutrient except vitamins C, D and E.

Recipe adapted from The Crispy Cook, a wheat-free, meat-free blog.



City of Santa Monica

Public Meeting Notice

The City of Santa Monica will be holding a Public Meeting to update the community on planned improvements for the Resource Recovery Center.

City staff and the consultant team, along with representatives from Southern California Disposal and Allan Company, will make a presentation about the public/private partnership and improvements to the transfer station and recycling facility. You'll hear about the one-stop recycling station for residents, self-haul green waste and recycling facility, improved household hazardous waste repository, canopy covered materials buy-back area, and consolidated transfer station.

Meeting Date & Time:
Thursday, October 15, 2009, 7:00 PM to 9:00 PM

Meeting Location:
Virginia Avenue Park – Thelma Terry Building
2200 Virginia Avenue
Santa Monica, California 90404

For further information on this project, please contact Michael Collins at (310) 434-2611 or michael.collins@smgov.net.

The Thelma Terry Building is wheelchair accessible. For special accommodations, including translation services, please contact Phil Tong at (310) 458-2205 or phil.tong@smgov.net three working days prior to the meeting. TTY/TDD (310) 917-6626.

Virginia Avenue Park is served by Big Blue Bus Lines 7 and 11. For additional public transportation information, please call the Big Blue Bus at (310) 451-5444.

Community Presentation

Santa Monica College

Santa Monica College
Facilities Master Plan 2009 Update

- Incorporates current College facility planning, including projects approved by the voters of Santa Monica and Malibu in the Measure U, Measure S, and Measure AA elections
- Identifies options for SMC campus sites with regard to land use, transportation, and sustainability
- Reduces the planned density and increases the planned open space for the Main campus; and provides for a replacement Physical Education building, a replacement Math and new Science wing building, seismic repair, and improvements for the Pico Boulevard frontage
- Provides for expansion at the Academy campus to accommodate programs in digital arts, media, communication, journalism, and broadcasting, and incorporated parking; and the relocation of the College's radio station
- Provides for long-range development planning at the Olympic Shuttle site
- Provides for program expansion at the Performing Arts campus in music, art, and public programs, related parking, and seismic repair
- Assists the College in preparing students for the jobs of the 21st century and competing in a global economy, including enhancing the teaching facilities of math, science and technology

COMMUNITY & SCOPING MEETING
Wednesday, October 14, 2009 • 7 pm
SMC Main Campus, Business Room 111
1900 Pico Boulevard / Santa Monica, CA 90405

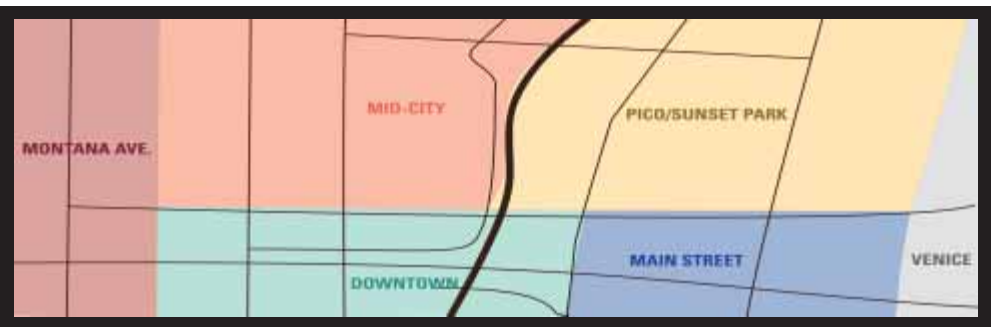
This meeting is also a scoping meeting for purposes of participating in the Notice of Preparation of a Program and Project-Level Environmental Impact Report consultation and CEQA review process. Parking is free; however a visitor permit is required, available at the parking kiosk next to the Business Building at 17th and Pico.

Project documents and notices available at www.smc.edu/facilities_masterplan

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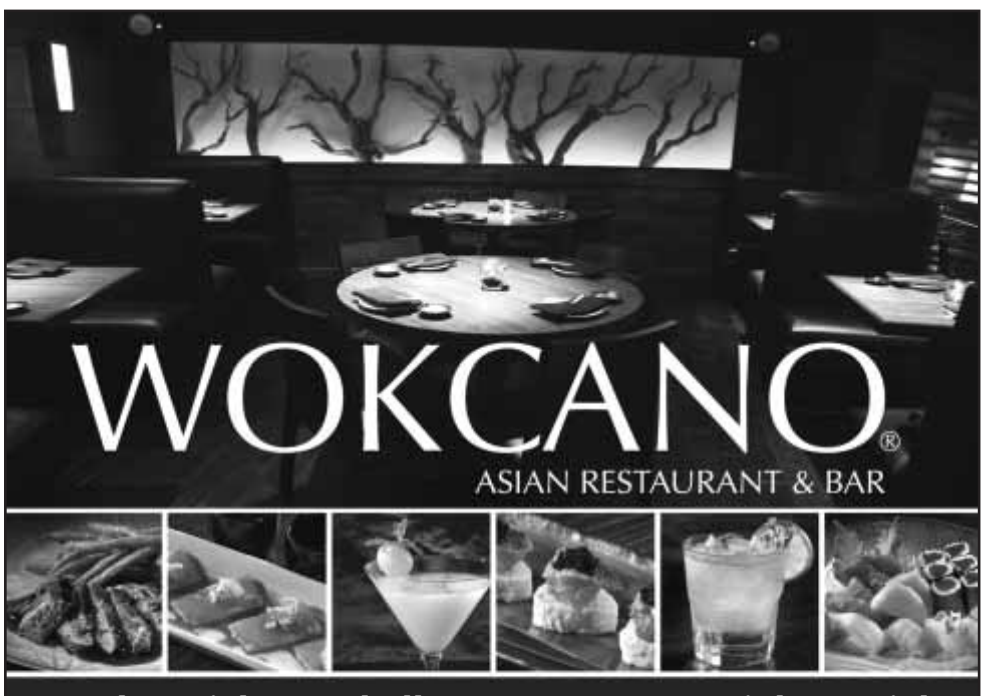
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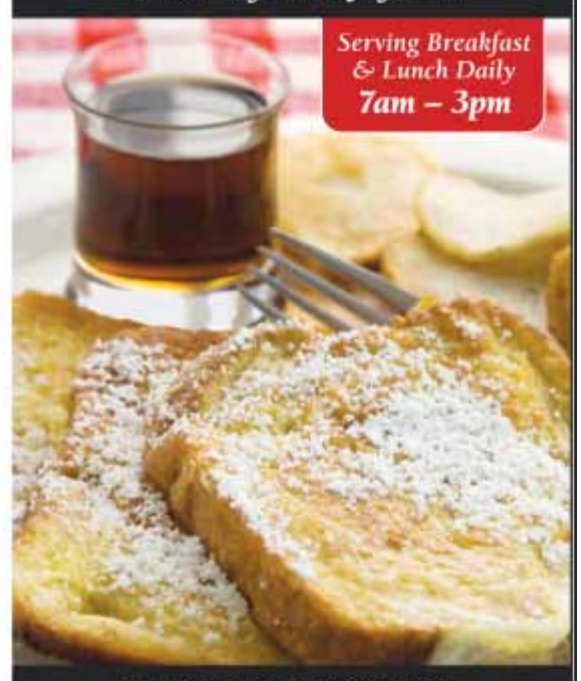
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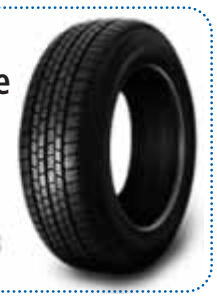
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Nations cease counting pandemic flu cases

MIKE STOBBE
AP Medical Writer

ATLANTA U.S. health officials have lost track of how many illnesses and deaths have been caused by the first global flu epidemic in 40 years.

And they did it on purpose.

Government doctors stopped counting swine flu cases in July, when they estimated more than 1 million were infected in this country. The number of deaths has been sitting at more than 600 since early September. Health officials had previously counted lab-confirmed cases, though the tally was skewed because many people who got sick never were tested.

Other nations have stopped relying on lab-confirmed cases, too, and health officials say the current monitoring system is adequate. But not having specific, accurate counts of swine flu means the government doesn't have a clear picture of how hard the infection is hitting some groups of people, said Andrew Pekosz, a flu expert at Johns Hopkins University.

The novel H1N1 flu seems to be more dangerous for children, young adults, pregnant women and even the obese, according to studies based on small numbers of patients. And federal health officials are keeping track of children's deaths. But exactly how much more at risk kids and other groups are is hard to gauge if the overall numbers are fuzzy.

"This wasn't as critical early on, when case numbers were low," said Pekosz. But now, it's hard to say exactly how swine flu's dangers vary from group to group, he said.

The Centers for Disease Control and Prevention is relying on a patchwork system of gathering death and hospitalization numbers. Some states are reporting lab-confirmed cases. Others report illnesses that could be the new swine flu, seasonal flu or some other respiratory disease.

Some say that's a more sensible approach than only counting lab-confirmed cases. Many people who got sick never get tested, so the tally of swine flu cases was off almost from the very beginning, they say.

"It was a vast underestimate," said Dr. Zack Moore, a respiratory disease expert for the North Carolina Department of Health and Human Services.

What's more, as the initial panic of the new virus ebbed, fewer people were fully tested, so the results weren't as accurate or comprehensive. "The kinds of numbers you were getting later in the summer were different from the numbers early on," said Dr. Daniel Jernigan, deputy director of the CDC's influenza division.

That's why the CDC shifted to counting the new flu like it counts seasonal flu cases, agency officials said. "We're concerned folks are focused on the numbers and missing that influenza is monitored by looking at trends," Jernigan said.

It's likely that millions of Americans have been sickened by swine flu by now, CDC officials say. New York City alone estimates it had roughly 1 million cases since swine flu first hit last spring.

While everyone would like an exact measure of how every disease is affecting society, that simply doesn't exist. "We don't even have a good measure of how many heart attacks there are every day," which would seem like a relatively easy thing to track, noted Marc Lipsitch, a Harvard University professor of epidemiology.

More comprehensive tracking is not possible with current resources and medical record-keeping, some public health advocates say.

"The fact that it is a challenge to come up with these data proves that we have underdeveloped surveillance systems in this country," said Jeff Levi, executive director of Trust for America's Health, a Washington-based public health research organization.

Most disease investigation and case-counting is done by state and local health departments. But quality varies state to state, and in many places it may be getting worse: State budget shortfalls and other problems led to the elimination of 7,000 health department jobs last year and 8,000 more jobs in the first six months of this year.

"You take for granted this work goes on. But it is difficult to take for granted any longer, with these cuts going on," said Robert Pestronk, executive director of the National Association of County and City Health Officials.

However, Pestronk and others think the government's current system of flu tracking is adequate and getting better.

The CDC has nine ways of monitoring influenza. Some focus on people who die from flu-like illness — one tracking deaths of children, another counting pneumonia and flu deaths of all ages in 122 cities.

Other systems gather flu-testing information from labs across the country. And some rely on reports of flu-like illness from hospital emergency departments and from estimates from state and territorial health officials.

Those systems combine to give a good general picture of whether more or fewer people are going to the doctor with flu, and how often lab samples are showing swine flu as compared to other respiratory bugs, health officials say.

There are problems that make even that data incomplete or inaccurate. Rapid flu tests — which are used in counting hospitalizations — are often wrong when they indicate a patient doesn't have swine flu, CDC studies have shown. In some cases, flu or swine flu was only confirmed at autopsy. But most deaths are not autopsied.

These problems are not unique to the United States. The World Health Organization also stopped counting cases in July, after deciding that tracking individual swine flu cases was too overwhelming for countries where the virus was spreading widely. The WHO has continued to update swine flu reports, but with the disclaimer that since countries are no longer required to test and report cases, WHO's numbers underestimate.

Britain also releases weekly swine flu updates, but the numbers are estimates based on how many people go to their doctors with flu-like illness, as well as calls logged to the national flu service.

Despite resource limitations and data imperfections, experts say the U.S. system is good enough to alert the experts when major changes occur in the pandemic.

"There will always be an error factor, misdiagnosis, misclassifications," said Pestronk, formerly the head of a county health department in Michigan. "We'll never be at 100 percent of people getting tested. The question is what's good enough for purposes of planning and acting on the burden of disease."

NASA's moon crash a crowd downer; scientists pleased

SETH BORENSTEIN
AP Science Writer

WASHINGTON NASA's great lunar fireworks finale fizzled.

After gearing up for the space agency's much-hyped mission to hurl two spacecraft into the moon, the public turned away from the sky Friday anything but dazzled. Photos and video of the impact showed little more than a fuzzy white flash.

In social media and live television coverage, many people were disappointed at the lack of spectacle. One person even joked that someone hit the pause button in mission control.

Yet scientists involved in the project were downright gleeful. Sure, there were no immediate pictures of spewing plumes of lunar dust that could contain water, but, they say, there was something more important: chemical signatures in light waves. That's the real bonanza, not pictures of geyser-like eruptions of debris, the scientists said.

The mission was executed for "a scientific purpose, not to put on a fireworks display for the public," said space consultant Alan Stern, a former NASA associate administrator for science.

Scientists said the public expected too much. The public groused as if NASA delivered too little.

The divide was as big as a crater.

"We've been brainwashed by Hollywood to expect the money shot, like 'Deep Impact' or when Bruce Willis saves us from a comet," said physicist and television host Michio Kaku, who was not part of the mission. "Science is not done that way."

But Kaku and other experts also faulted NASA for overhyping the mission, not being honest with the public about the images being a longshot. "They should have put Steven Spielberg in charge," Kaku said.

NASA's LCROSS mission — short for Lunar Crater Observation and Sensing Satellite and pronounced L-Cross — had all the makings of a blockbuster. Its main goal was to look for some form of water on the moon — something that could still turn up in those light wave chemical signatures.

And water on the moon could change NASA's troubled plans for space exploration. It would make revisiting and putting a base on the moon far cheaper because the moon's water could be used, Kaku said.

It was relatively cheap and last-minute by NASA standards: Just $79 million, in about three years. It was elegant in its simplicity. An empty rocket hull that would normally be space junk remained attached to the plucky little LCROSS until pulling away Thursday night.

Stocks post best week since July

SARA LEPRO
AP Business Writer

NEW YORK The stock market is keeping its momentum going, giving shares their best week in more than two months.

Moderate gains on Friday led by health care and utility companies pushed stocks to a 4 percent gain for the week, their best performance since July. The Dow Jones industrial average gained 78 points, reaching its highest level in a year.

Bond prices tumbled, extending the previous day's losses, as the Treasury market struggled to absorb $71 billion of new supply auctioned off this week in the government's ongoing efforts to fund its stimulus programs.

The market's performance was a fitting way to commemorate the second anniversary of the record highs set by the Dow and the Standard & Poor's 500 index, which closed at 14,164.53 and 1,565.15 respectively. It was after reaching those milestones that the market began what turned into a cataclysmic slide that ended March 9.

This week investors cheered more signs that the economy is healing, including growth in service industries, a surprise profit from aluminum maker Alcoa Inc. and the first gain in retail sales in over a year. That helped put a seven-month rally back on track after two down weeks driven by disappointing economic data.

The dollar recovered some of its recent losses against other currencies Friday after Federal Reserve Chairman Ben Bernanke reassured markets that the Fed will wind down its extraordinary stimulus measures when the time is right. Some investors interpreted Bernanke's comments as a sign the Fed might raise interest rates sooner than expected.

The dollar is a double-edged sword for the stock market. The dollar would benefit from higher interest rates but if the Fed tightens credit too soon it could choke off an economic recovery. On the other hand a continued fall in the dollar, which is more likely with lower interest rates, could trigger inflation.

"What's particularly concerning for investors is if there is a sharp, sustained move (by the dollar) in one direction or another," said Jordan Smyth, managing director at Edgemoor Investment Advisors.

The moderate rise in stocks Friday comes two years to the day after the market hit its peak. The Dow is still down 30.4 percent from its high on Oct. 9, 2007, while the S&P 500 index is down 31.5 percent.

The Dow rose 78.07, or 0.8 percent, to 9,864.94, its highest close since Oct. 6 last year.

The S&P 500 index rose 6.01, or 0.6 percent, to 1,071.49, while the Nasdaq composite index rose 15.35, or 0.7 percent, to 2,139.28.

For the week, the Dow rose 4 percent, its biggest gain since the week ended July 24. The S&P 500 index rose 4.5 percent, its best performance since the week ended July 17. The Nasdaq added 4.5 percent.

Bond prices fell sharply as selling that was sparked by a weak auction of 30-year bonds on Thursday continued. The 30-year bond fell more than 2 points — its biggest one-day drop in nearly three months — sending its yield up to 4.22 percent from 4.09 percent late Thursday.

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Public unsure about H1N1 vaccination

FROM FLU PAGE 1

be plenty of vaccine for everyone who wants to get immunized."

Many major healthcare providers have yet to receive their allocation, including Santa Monica-UCLA Medical Center and Orthopaedic Hospital and the Westside Family Health Center on Ocean Park Boulevard.

Ted Braun, spokesman for Santa Monica-UCLA Medical Center and Orthopaedic Hospital, said that he is not sure when the supply of H1N1 vaccines will arrive but hopes it will be within the next few weeks.

"We're anxious to get our staff vaccinated so they will be protected and available to take care of patients when flu season hits its peak," he said.

The Westside Family Health Center, which serves families living at 200 percent or below the federal poverty line, is expecting to receive a shipment in the next two weeks, having ordered about 1,000 doses.

Deb Farmer, the president and CEO, said that there have been very few calls requesting the vaccine.

"Like any other vaccine there is some trepidation out there but I do hope that people do get inoculated, especially in those high risk area categories," she said.

Dr. David Baron, the chief of staff at Santa Monica-UCLA Medical Center and Orthopaedic Hospital who is also a family physician in Malibu, said the anticipated side effects of the H1N1 vaccine are essentially identical to the vaccine for regular seasonal flu where patients could feel ill the following day. Generally patients who are receiving their first flu vaccination are more likely to have such a reaction.

"I think people have mixed feelings about whether they want the vaccine," he said. "It's a preventable illness which in some cases can be damaging but it's also important not to be alarmist about it because … getting a vaccine is important and helpful."

He said there have been suspected swine flu cases in Santa Monica and Malibu.

Ana Heard, who is the mother to a 6-year-old daughter and 2-year-old son, said she's undecided about whether to seek vaccinations for her children.

"It's a toss up," the Marina del Rey resident said on Friday while shopping in Santa Monica. "If the pediatrician recommends it, (we'll get it)."

Phil McKinney, a Venice dad who has a 1-year-old son, said he plans to seek medical advice about the safety of the vaccination during his next doctor visit.

"I plan to get it to reduce the chances that he catches it," McKinney said.

Derrick Oliver contributed to this report.

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Streets reopened

FROM THREAT PAGE 1

underneath newsracks on Fifth Street, said SMPD Lt. Dan Salerno. Traffic was routed away from the area and 30 people were evacuated from a nearby building while the Los Angeles County Sheriff's Department's bomb squad used a robot to rip open the package, revealing its non-lethal contents.

Salerno believes the cement was used to weigh down a sign advertising office space for rent at a recently remodeled building just east of Panera Bread. Officers found a similar cement package resting at the base of a for lease sign, leading them to that conclusion.

"Someone must have moved it during the night," Salerno said of the package. "In situations like this, we have to take every precaution."

Streets were reopend around 10 a.m.

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A child is calling for help.

MHS forced to move varsity football games to afternoons

FROM LIGHTS PAGE 1

after daylight-saving time ends on the first Sunday in November. The team's game on Friday against Los Angeles Baptist was also scheduled to kick off in the afternoon.

"We knew this was a possibility so there had already been previous discussions with the schools and their athletic directors," Principal Mark Kelly said.

A representative for the commission was unavailable for comment on Friday as to why officials decided to deny the request.

It was disappointing news to parents who said the Friday night games were also a community event, a safe place for kids to play and adults to catch up with neighbors, bringing together in a few cases thousands of residents, some of whom don't have children enrolled at the public high school.

Laura Rosenthal, whose eldest son played on the team last season and younger child is on junior varsity, said she attended an afternoon game last week, which drew a considerably smaller crowd that was noticeably absent of parents who were still at work.

"It's really night and day — literally and figuratively," Rosenthal said. "When you have a night game, the community comes out.

"Two years ago at the homecoming game we had the largest crowd ever to assemble — almost 2,000 people, which is incredible for a town of 15,000."

Rosenthal said the parents are not giving up and are considering exercising civil disobedience.

While the games have been celebrated by many, the use of the lights has also drawn criticism from neighbors who believe they not only pollute the famously sparkling evening sky in Malibu, but also adversely impact wildlife in the surrounding area.

The commission received a slew of letters from neighbors urging that it deny the request from the Santa Monica-Malibu Unified School District. Included in the pile is a letter from Kenneth and Carol Gable who said they feared that approving the temporary lights would lead to the installation of permanent field lights as part of the district's Measure BB-funded construction project at the high school.

"Contrary to the school district's position, night lighting of the athletic field will create a visual impact on nearby scenic areas in the Malibu/Santa Monica Mountains and on Zuma Beach," they wrote. "It will take away our dark skies and impact our sunsets, which are the most beautiful in the fall season when many people hike the trails at sunset in order to take advantage of these views."

In 2000, the commission approved a coastal development permit to the SMMUSD to construct a new gymnasium, two-story classroom building and upgrade the track and field facility/football stadium, attaching a series of conditions that held the district to a promise that it would not use field lights, temporary or permanent.

While the stadium upgrade project did not call for field lights, the commission still felt it was necessary to attach the ban to protect nearby scenic areas and native wildlife from disturbances related to nighttime uses of the athletic facility, according to a commission staff report.

"The commission had found that night lighting of areas in the Malibu/Santa Monica Mountains area creates a visual impact to nearby scenic beaches, scenic roads, parks and trails," the staff report said. "In addition, the commission found that night lighting may alter or disrupt feeding, nesting and roosting activities of native wildlife species."

> **"IT'S TRAGIC THAT MALIBU KIDS ARE DENIED THE SAME OPPORTUNITY THAT SANTA MONICA KIDS ENJOY AND THAT KIDS UP AND DOWN THE CALIFORNIA COAST ENJOY."**
>
> Hans Laetz
> Malibu resident

While the district submitted a written agreement acknowledging the conditions, it has operated temporary night lights at the football field for the past six years, the report said. Those lights were rented by parents at a cost of approximately $25,000 a season.

In its recent request to the commission, the district asked that the coastal development permit be amended to remove the condition restricting field lighting. The denial by the commission will also mean the district would be unlikely to successfully request permanent field lights in the future. Superintendent Tim Cuneo said the district has not thought about appealing yet.

The permanent lighting structures were originally included in the Measure BB construction project for Malibu High School but later nixed.

"We had hoped that through these temporary lights for the football season we could demonstrate how they would be used and at a later date if we had funding, we could come back and ask for permanent lighting," Cuneo said.

Several parents have also questioned the district in requesting just 16 total nights for the temporary field lights, which leaves out all other sports.

Cuneo said the number was a compromise with the neighbors who had concerns about the lights.

The district was proposing to use five, 53-foot light standards until 7:30 p.m., for Thursday night practices and 10:30 p.m. for Friday games.

Hans Laetz, a neighbor of the school, said the light will not have an adverse impact on wildlife nor are they visible from Pacific Coast Highway or any park.

"It's tragic that Malibu kids are denied the same opportunity that Santa Monica kids enjoy and that kids up and down the California coast enjoy," Laetz said. "There are field lights next to coastal estuaries at UC Santa Barbara and on the San Diego Bay up and down the coast."

Rosenthal, who has been attending the games for the past seven years, said the Friday night games gave the local youth a place to gather in a town where there are few attractive hang-out spots.

She added that the majority of people in the neighborhood bought their houses knowing there was a school there. While the high school came later, the district did own a large plot of land that was "ready to be used."

"Ninety percent of towns in this country have Friday night football games and we are not going to be one of them anymore," she said.

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Students surprised by violence

FROM UCLA PAGE 3

crazy."

LAPD Detective Alan Behnke said Thompson did not have any previous criminal history and had cooperated with authorities.

Cyril Baida, a teaching assistant who was working in a lab across the hall, said he did not know the victim or the suspect but was told that they were lab partners or had worked together in a small group on projects in their lab section.

Microbiology major Sandeep Gill, 20, said the lab is the hardest part of the organic chemistry class.

"Every week you have to go to lab and finish it," he said. "You're always on a time constraint. You're always on edge."

The session was part of an organic chemistry class led by lecturer Alfred D. Bacher, who said Friday that the class can be demanding but doubted the stress was responsible for the attack.

"I've been teaching this class for eight years, and I've never had this type of problem before," he said.

Witnesses said the attack left the blood-drenched woman dazed and near fainting.

Los Angeles police said Friday the woman was stabbed several times. They would not say what weapon was used or if the victim was stabbed anywhere besides the neck.

UCLA spokesman Phil Hampton said he could not provide details of the attack, adding: "Everything is still under investigation."

Lab classes were canceled Friday and counselors were available for students. Some said it seemed surreal that such violence could intrude on the normally subdued Bruin campus at the University of California, Los Angeles.

Olga Prikhodko, 20, said she had been in the lab but left about an hour before the stabbing.

"I don't really know what to think. It's weird it happened so close," she said. "You're sitting there working in a lab with these people, you think everything is fine."

Jackie Avila, 20-year-old pre-dental student, added: "It did make me fearful. It could have been me in the chemistry lab."

Chemistry and biochemistry chair Albert Courey said he'd never seen anything like this happen during his 19 years at the university.

"It was shocking," he said. "Normally our students work really well together."

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NEW DVD RELEASES

BY RANDY WILLIAMS



Photo courtesy Disney

'Snow White and the Seven Dwarfs'

Diamond Edition

Here is the high definition debut of one of the most acclaimed animated movies ever made. Walt Disney's original classic "Snow White and the Seven Dwarfs," which made history in 1937 as the first full-length animated feature, is the premiere entry in Disney's new Diamond Collection. Bonus materials include a Blu-ray version as well as newly discovered storyboards that suggest a brand new "Snow White" that never got made; through BD-Live, the mirror can find the secret princess inside each viewer, then create for them a personal message from their favorite princess who will call them on the telephone; audiences are digitally transported to 1937 to discover first-hand the Hyperion Studios, the original studio Walt Disney built where "Snow White" was conceived and developed; a music video – "Someday My Prince Will Come" by Tiffany Thornton; Family Play (Games & Activities) "What Do You See?" and "Jewel Jumble" games. (Disney)

'The Objective'

Daniel Myrick, co-creator of the sleeper smash hit of the genre-changing horror film "The Blair Witch Project," brings an other worldly shocker that is set during the very real war in Afghanistan. A CIA operative is part of a U.S. Special Forces squad on a secret mission to find a Muslim cleric believed to have ties to a deadly cache of weapons of mass destruction. What they find in the hostile Taliban territory is more of a Middle Eastern "Bermuda Triangle" filled with ancient evil, fighting an enemy they cannot decipher or comprehend. (IFC/MPI)

'The Proposal' Deluxe Edition

Sandra Bullock stars as a hard-nosed executive who talks her overworked assistant into a marriage of convenience in this romantic comedy directed by Anne Fletcher ("27 Dresses"). The offbeat love story where corporate ambition makes for strange bedfellows also features Craig T. Nelson, Mary Steenburgen and Betty White. Bloopers, deleted scenes, director commentary and an alternate ending option plus a digital copy are part of the package. (Disney)

'TCM: Greatest Classic Films – Sci-Fi'

As part of Turner Classic Movies and Warner Home Video's initiative of grouping some of the best films from the past 85 years by themes, here is Science Fiction. "Soylent Green" features Charlton Heston and Edward G. Robinson in this futuristic shocker set in overcrowded New York where secrets about the food supply are zealously guarded by the government. Rod Taylor stars in "The Time Machine" as a turn-of-the-20th century scientist who builds a contraption that sends him into the future. It is based on the popular H.G. Wells novel. "Forbidden Planet" is an adventure fantasy about the troubled landing of a space cruiser on a planetary paradise in the year 2257. It stars Leslie Nielsen and Anne Francis. Stanley Kubrick's dazzling look of man vs. nature, from our pre-historic ape-ancestry past to uncharted realms of space, is the classic "2001: A Space Odyssey." (Warner Bros)

'Nature: Victoria Falls'

Part of an award-winning television series, this chapter explores what many consider to be one of the "seven natural wonders of the world." Flowing from its source 1,000 miles to the north, the Zambezi River reaches the edge of one world and plummets 350 feet into another. Victoria Falls, spanning the border between Zambia and Zimbabwe, is over a mile wide. Oscar-winner F. Murray Abraham narrates. (Questar)

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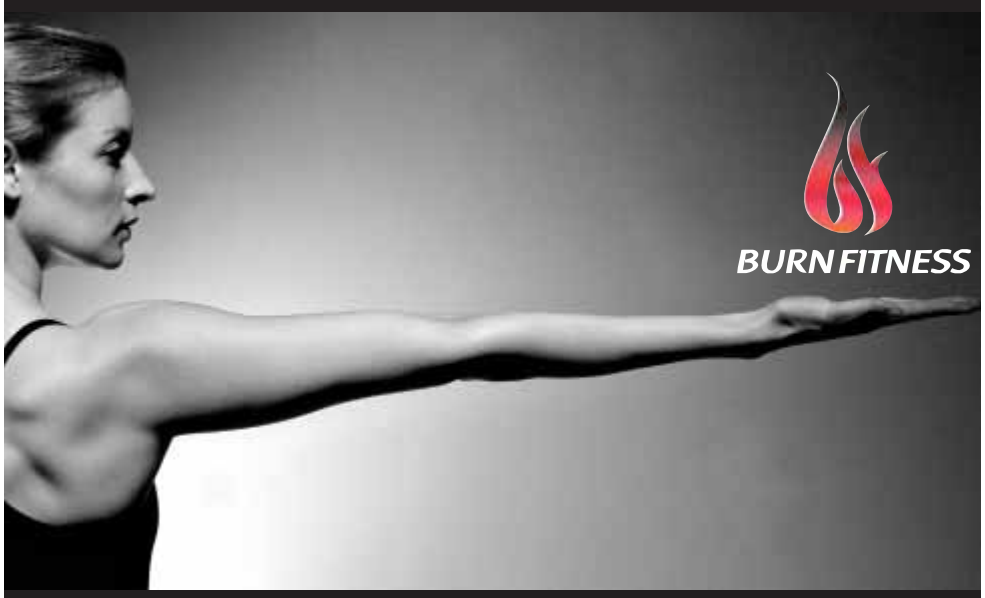
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Play Time

Cynthia Citron — Send comments to editor@smdp.com

Matthew Modine finds a cause

A SEEDY-LOOKING, LONGHAIRED Matthew Modine stumbles into his agent's office looking for a "cause" that will bring him back from obscurity and get him invited to "A-list" parties again. How about if he adopts an Ethiopian orphan — that's in Africa, right? Or becomes a spokesman for one of those "colored ribbon" diseases?

No, no, no, his agent ("Frasier"'s Peri Gilpin) tells him. That's all been done. It takes her gay makeup artist and general factotum, Jeffrey ("Third Rock"'s French Stewart), to come up with a new idea. Apparently, an obscure tribe, the Chimborazzi of the Ecuadorian Andes, is threatened with extinction because their chief resource, the alpacas, are mysteriously dying off. So it's Matthew Modine to the rescue!

Sounds like a fun premise for a play, doesn't it? First-time playwright Blair Singer thought so. And so did director John Rando. But it was not to be. Singer's writing is only occasionally funny and Rando's direction is wooden and flat. And everybody's timing is off.

Modine breezes through his role with ease and charm, and Stewart, playing two roles, has some of the best lines as the limp-wristed, tush-wagging gay — that is, if limp-wristed, tush-wagging gays strike you as funny. In his other role, as the U.N.'s High Commissioner for Refugees in Ecuador, he is not only superfluous, but unintelligible. What is that accent supposed to be?

Gilpin, as Modine's agent and love interest, is undeniably beautiful and played her role amusingly deadpan because her face was supposedly so Botoxed that she couldn't move any of it, but her sex scenes with Modine were awkward, unconvincing and lacking in emotion or heat. In fact, they weren't even as convincing as the sex scenes between the last two alpacas left before extinction.

The saving grace of this production are the three Chimborazzi tribesmen, Abraham (Edward Padilla), Santos (Mark Damon Espinoza), and Angel (Reggie De Leon) whose bright red Guatemalan-style costumes and headgear are truly wondrous, thanks to designer Robert Blackman. These three have been waiting for the "prodigal son" to return and save the tribe. The prodigal son, according to tradition, has "three first names" and so Modine fills the bill, since his name is Matthew Moe Dean.

Mark Fite, as Modine's conscience, is an entertaining diversion in a fantasy scene, and does fairly well as a tribal shaman, talking to Stewart in "ooga booga"-type language. (Making us long for Sid Caesar and Carl Reiner, who did that sort of thing for real.)

Another bright innovation, thanks to set designer Beowulf Boritt, is the overhead captions that introduce each scene, as they do at the opera. And, blessedly, the actors wear no visible mikes, so most of the dialogue is clear and audible.

If Modine truly wants to get back on the "A-list," however, this is not the ticket to do it. Unfortunately, being Modine is not nearly as interesting as being John Malkovich.

"Matthew Modine Saves the Alpacas" will continue at the Geffen Playhouse, 10886 Le Conte Ave., in Westwood, Tuesdays through Fridays at 8 p.m., Saturdays at 3 p.m. and 8 p.m., and Sundays at 2 p.m. and 7 p.m. through Oct. 18. Call (310) 208-6500 for reservations.

CYNTHIA CITRON can be reached at ccitron@socal.rr.com.

Kennedy Center enlists art groups

BRETT ZONGKER
Associated Press Writer

WASHINGTON The John F. Kennedy Center for the Performing Arts is starting a new program that could reinvent arts education for schools struggling with budget cuts and fewer art teachers, organizers said Friday.

The pilot "Any Given Child" project announced Friday for schools in Sacramento, Calif., could be expanded to as many as three cities each year, the center said. Under the strategy, the Kennedy Center will link local arts groups with schools to help teach students in grades K-8.

The groups will draft long-range plans specific to each city to ensure all students have access to music, theater and the visual arts. The Kennedy Center is devoting about $500,000 to begin the program and expects to keep costs low for local schools.

"A frustration I have is that every arts education program sounds good, but I'm not sure it's always contributing to a well-educated child," said Kennedy Center President Michael Kaiser, who developed a reputation in New York and Washington for turning around arts groups struggling with financial problems. "We're trying to find an affordable approach to systematic arts education."

Too often, children's education in the arts depends solely on whether the teacher appreciates the arts, he said. Some students may skip a year or more of arts instruction, he said, if their teachers aren't interested or are compelled to focus on other priorities such as reading, science or math.

"I'm not concerned with the numbers of children when people say we serve 8,000 children or 4,000 children," Kaiser said. "I want any given child to have a great kindergarten through eighth systematic arts education."

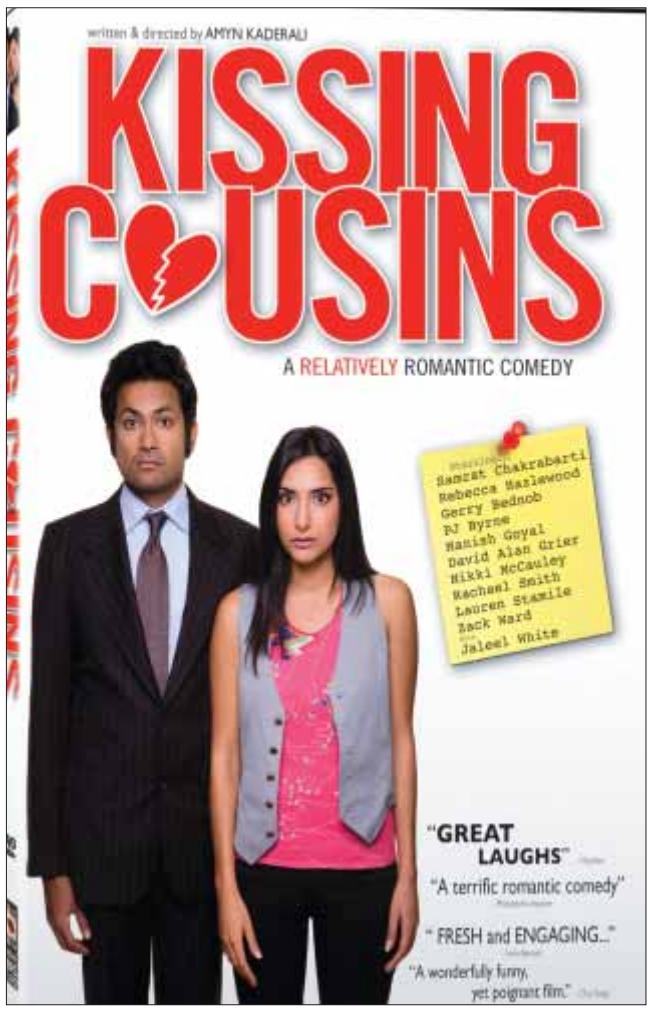
Kaiser said schools need a comprehensive way of teaching the arts, as they do with math, to ensure students have the skills necessary for a U.S. economy increasingly driven by creativity.

The center said artistic groups could create specialized lessons to meet the needs of schools' curriculums. A local ballet company, for example, could teach third graders about movement while a local symphony works with fifth graders on music appreciation.

The center, a living memorial to President Kennedy, already works with teachers in Maryland, Virginia and the District of Columbia to integrate arts throughout their curriculum. Kaiser said he's in talks with U.S. Education Secretary Arne Duncan to possibly expand the latest initiative with federal support.

Sacramento Mayor Kevin Johnson told The Associated Press the initiative could not have come at a better time as school districts face budget cuts. Groups like the Sacramento Theater Company and Crocker Art Museum will also benefit by fostering a new generation of patrons for theater, ballet and art, he said.

‘Kissing Cousins’ defies budget, pays off big



BY JACK NEWORTH
Special to the Daily Press

Two types of people in Los Angels could identify with the newly released DVD, the romantic comedy, “Kissing Cousins:” those is in a relationship and those not in a relationship. Actually there’s a third type, those who’ve just ended a relationship. That’s the specialty of Amir (Samrat Chakrabarti) who’s a professional Relationship Termination Specialist. (In Japan there are actually these types of services, so the premise is not that far-fetched.)

An art school graduate, Amir is 30, handsome, charming and terminally cynical. He makes his living by informing total strangers that his or her significant other is no longer that significant. Lacking the courage or wanting to avoid an unpleasant scene, they’ve hired Amir to explain the reasons for the breakup and help return the personal items. When the recipient of the bad news is at his or her lowest point, Amir heartlessly takes a photo for evidence of a job well done.

One soon to be ex, holding a leash, doesn’t want to return the couple’s dog, pointing out that he bought the animal. But Amir reminds him it was for “her birthday” before cutting the leash and escorting the dog away.

In another, Amir breaks the bad news to a burly auto mechanic. He’s visibly upset at the news but then is more embarrassed when Amir inadvertently announces, loudly enough so the mechanic’s co-workers can hear, the return of his “John Tesh CDs.” (The part was played by Amyn’s real life mechanic, Doyle, the owner of A-1 Auto on Pico Boulevard. Only in L.A. does a mechanic have a SAG card.)

While Amir is devoutly single, many of his closest friends are couples, one married, Tucker (PJ Byrne) and Liza (Lauren Stamile), and one engaged, best friend Charlie (Zack Ward) and his fiancée Tina (Nikki McCauley) They criticize Amir’s profession and constantly put pressure on him to be in a relationship. But having had his heart broken once, and given his work, Amir has zero interest in a relationship. It’s practically a dirty word.

At Thanksgiving, Amir visits his parents, Mr. and Mrs. K, (Gerry Bednob and Anoush NeVart), in San Francisco. Mrs. K is East Indian, but she’s more of a Jewish mother, desperate to see her son married, while Mr. K’s passion is the NFL. Visiting from England is Amir’s beautiful cousin, Zara (Rebecca Hazlewood), whom he hasn’t seen since childhood.

The two cousins, who fought when they were young, get along famously as adults. Wanting to visit Los Angeles, Zara joins Amir when he returns home. As he is swamped at work, Zara assists him and insists he be more sensitive to the poor schnooks receiving the bad news. When she playfully introduces herself to his friends as his girlfriend, and not his cousin, the fun begins.

While it has its share of flaws, “Kissing Cousins” is undeniably endearing. The project was extremely low budget ($500,000) and yet the production value is exceptional. The two lead actors are fresh faces and have a charming chemistry. The cast is convincing and pleasingly diverse, (whites, blacks, East Indians and Asians, as Amir comments, “It’s like the U.N.) It’s the first feature for writer, producer and director Amyn Kaderali who got his BA at UCLA and did his graduate work in film at NYU’s Tisch School of the Arts.

Compared to so many over-hyped Hollywood movies, “Kissing Cousins” is an unpretentious, often very funny, and inspired film. It might be worth purchasing, or at least Netflix renting. And if, for some reason, you don’t care for the movie, well, at least you’ll know the name of a good mechanic.

JACK can be reached at Jackneworth@yahoo.com.

Suggestion powers ‘Paranormal Activity’ phenomenon

BY GLENN WHIPP
For The Associated Press

LOS ANGELES The no-budget ghost story “Paranormal Activity” arrives 10 years after “The Blair Witch Project,” and the two horror movies share more than a clever construct and shaky, handheld camerawork.

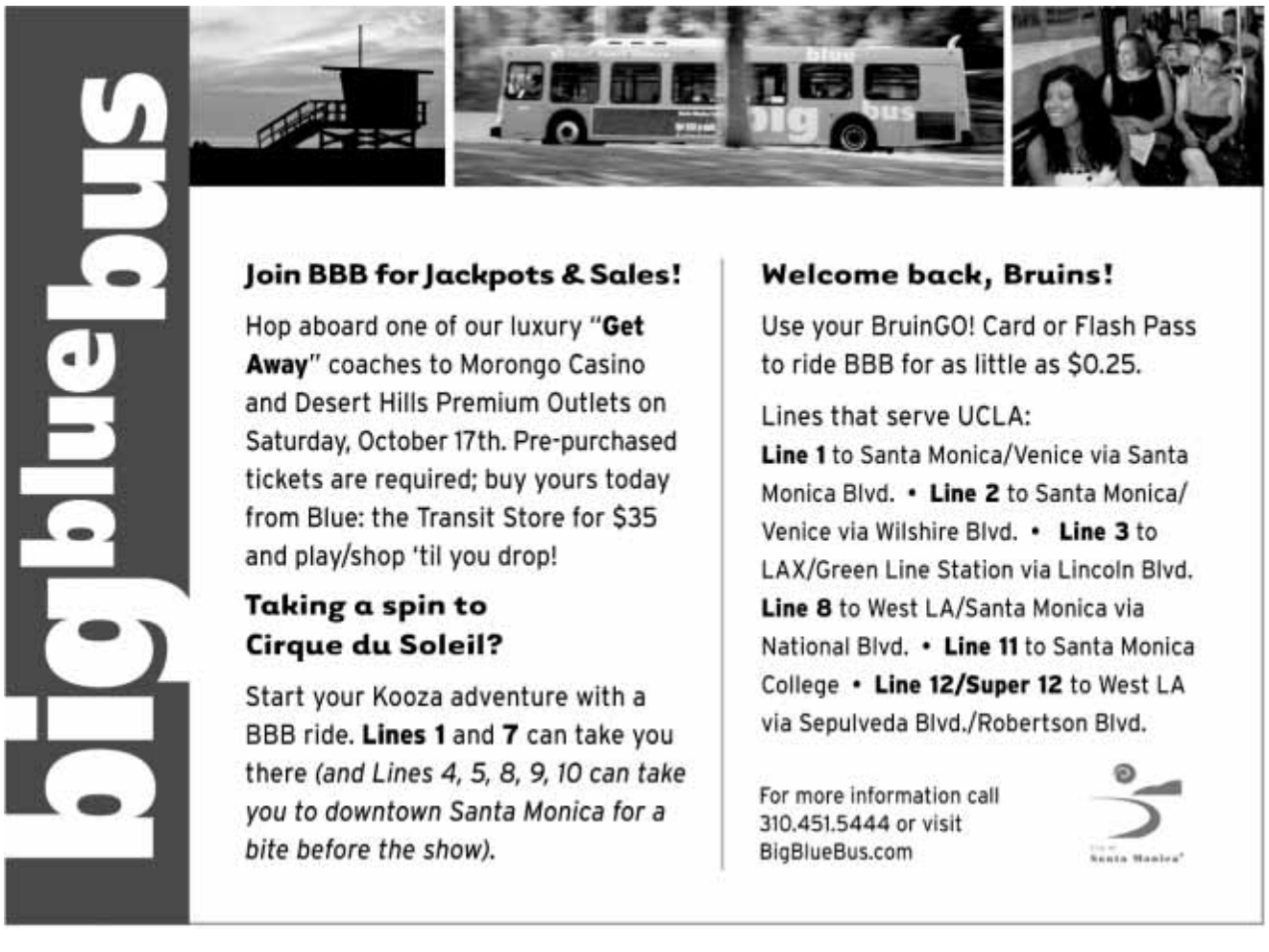
Like its predecessor, “Paranormal Activity” has been making waves through a viral marketing campaign that has been building positive buzz through early, sold-out college town screenings and Internet chatter. The film’s title has become a nightly fixture among Twitter’s trending topics, despite playing only midnight shows in 33 theaters when it opened last Friday.

This week it expands to 46 markets where it will play throughout the day and evening in more than 170 theaters. And, like “Blair Witch,” “Paranormal Activity” is bound to divide audiences who have absorbed the hype.

Best advice: See it early in its run — and late at night in a packed theater. Half the fun of the movie comes from the communal experience of sharing in something that feels like it hasn’t been market-tested within an inch of its life.

The irony is that Paramount Pictures did initially test the film with the idea of having writer-director Oren Peli reshoot it with a bigger budget. But the movie, which video-game designer Peli shot two years ago for a reported $15,000, played so well in that one screening that the studio decided go a different route, punching up the ending.

“Paranormal Activity” opens with a title card, thanking the families of Micah Sloat and Katie Featherstone as well as the San Diego Police Department, an immediate signal that the “found footage” we’re about to see won’t have a happy outcome.









BOOKREVIEW

BY DANE ROBERT SWANSON

'Inventing L.A.: The Chandlers and Their Times'

By Bill Boyarsky • Angel City Press

For those of you who watched the PBS presentation on KCET Monday concerning the Chandlers and their Times, you will enjoy this keepsake. For those who did not see the presentation this book will serve as a substitute.

This book traces the life of the paper as it was nurtured by the Chandler family until it was sold to the Tribune Company.

The paper really had its start when a Civil War veteran, Harrison Gray Otis, saw an opportunity. Otis was a very restless person. He was not satisfied. In 1882, he found out that a local newspaper needed an editor. He jumped at that chance. He bought 15 percent of the "Times" to keep it afloat. In those days the area was open land. "There were no paved streets in the city, which during the rainy season, were in horrible condition, horses and vehicles often sinking knee-deep into the foul smelling mixture of black mud and offal."

Each chapter in this book details the events of importance in the growth of the paper. Chapter one covers the pioneer, Harrison Gray Otis. It was his daughter who married a Chandler, Harry Chandler, a clerk in the circulation department. In 1885, Chandler went to work in the circulation department. Soon he became boss of the circulation department and increased the area of delivery. "The boys who were the carriers are the real leaders of Los Angeles in business and finance and law," he wrote.

Chapter two gives you the details of the union bombing of the Times building. Chapter three through six details each editor: Harry Chandler, Norman Chandler, Otis Chandler, Tom Johnson. Each gets a chapter.

Little things bring down papers. What it was is spoken of in an epilogue detailing why the Los Angeles Times lost its moorings. Boyarsky concludes, "Ideology was no longer an issue. With Tony Day gone, the conservatives had won and objections to a liberal editorial slant had faded. The editorial pages became bland. Now the main pressure was economic."

But all was not lost. Otis, the last of the Chandler owners, realized the future lay in the purchase of the paper by the Tribune Company.

"Even before the Staples scandal, the family had been considering selling Times Mirror." The sale was completed on March 13, 2000.

The Staples scandal concerned mismanagement of funds. By the time that Staples Center was nearing completion they needed backing. Otis was out of the picture by this time. The Newspaper had hired mini-publishers to head up the ad department in conjunction with the rest of the staff. This move irritated most of the old timers. Hoping to share in the advertising profits, the editors decided to sell space on the advertising page and share in the profits generated by such an ad. The plan was not divulged to the editorial staff. Some $1.8 million over five years was promised. "They also agreed to produce an edition of the Times' Sunday magazine celebrating the opening of the arena."

Local papers heard about it and disclosed it. This brought into question the integrity of the L.A. Times.

The paper is still with us. So it was a successful purchase.

This table sized book is based on the film by Peter Jones as seen on PBS. The author, Bill Boyarsky, was the political writer and featured columnist at the Times for 30 years. It contains archival pictures and will be a good addition to the collectors' bookshelf.

Local history needs to be written down and preserved for future generations. This is one of my reasons for doing book reviews. Contact me at smdp_review@yahoo.com and let me know how you enjoy it.

OLYMPICS

Golf ready to tee off in Rio de Janeiro

MATTIAS KAREN
AP Sports Writer

COPENHAGEN Golf has a tee time for 2016, and Tiger Woods can hardly wait.

The sport returns to the Olympics for the first time since 1904 amid the spectacular backdrop of Rio de Janeiro's sand and sea, giving Woods the chance to do something even the great Jack Nicklaus never did — win Olympic gold.

Olympic officials had no sooner voted golf in — along with rugby — than Woods and his fellow players cheered their chance to finally compete on sport's biggest stage. They will compete for Olympic medals, but the greater promise is that the game catches on in countries where golfers are few and golf courses are even fewer.

"I think it's great for golf," Woods said from the Presidents Cup in San Francisco. "It's a perfect fit for the Olympics, and I think we are all looking forward to golf getting into the Olympics."

The vote for golf was expected, following a campaign by the sport's leaders to bring it back for the first time since George Lyon and the United States won gold medals at the Olympics in St. Louis. They promoted it as a way to bring a sport once reserved for the elite to the masses, even though it will add 120 men and women to a sports festival already considered bloated by some in the Olympic movement.

Nicklaus himself said Olympic gold would not trump the green jacket given the winner of the Masters or the claret jug awarded in the British Open, but would be seen as something hugely important in countries where the game now doesn't mean nearly as much.

"For most of the world it will be a new game, with a new goal to achieve an Olympic gold medal," Nicklaus said. "For a lot of the world, it's something that's unbelievably special as an opportunity."

Golf's boosters capped their push for inclusion with pitches by Ireland's Padraig Harrington, a three-time major championship winner, and Michelle Wie, who for several years was the world's best known female amateur player. Wie told the International Olympic Committee that putting golf in the games would give young girls everywhere something new to aspire to.

"I can dream about doing something that neither Tiger nor Ernie (Els) have ever done, and that is to make the final putt to win an Olympic gold medal," Wie said. "If this dream comes true, somewhere in the world there will be another 4-year-old who sees me on that podium and perhaps starts her own Olympic dream."

Golf was approved 63-27 with two abstentions, while rugby won near unanimous acclaim in an 81-8 vote with one abstention. They are the first sports added since triathlon and taekwondo joined the program for the 2000 Sydney Olympics.

While golf was backed by a major push that included leaders of the sport from around the world as well as top players, rugby got the nod after a campaign of its own to show off the sport to a wider audience. The vote to include rugby sevens featuring 12 men's and women's teams, though, was celebrated in a similar manner.

"We were ecstatic and wanted to jump on the table, but we sort of restrained ourselves," former New Zealand rugby great Jonah Lomu told The Associated Press. "It was just fantastic for the game."

Woods, whose dominance of golf has made him one of the most recognized athletes in the world, will be 40 when the sport returns in Rio under a traditional format of 72 holes of stroke play for fields of 60 men and 60 women. He grew up determined to chase — and break — the record of 18 major championships won by Nicklaus. There were no thoughts of Olympic glory because there was no Olympic glory to think of.

But Woods is excited about the chance to do something he never imagined, and so are his fellow players.

"I think it's awesome," Sean O'Hair said. "You're going to be able to play for your country at the Olympic level. I think it's huge for the game. I think it's great for the Olympics. You know, I don't see any negatives to it. I think it's fantastic."

Both golf and rugby had to make some concessions to win their respective vote. Golf promised the IOC it would not stage any other major championships during the Olympics, while the Rugby Sevens World Cup will be canceled.

The vote was a reversal of the IOC's decision four years ago to reject golf and rugby for the 2012 Olympics, and brings the number of summer Olympic sports back to 28. There have been two openings on the program since baseball and softball were dropped in 2005 for the 2012 London Games.

The two sports share an Olympic history of sorts, both making their debuts at the second modern games in Paris in 1900. Golf was played again only in 1904, while 15-a-side rugby was in three more games, the last the 1924 Paris Olympics.

"Time will show your decision (on the sports) was very wise," IOC president Jacques Rogge told delegates. Rogge won a vote of his own when he was elected unopposed to a final four-year term.

Delegates were more wary about golf than they were about rugby, largely because of golf's reputation as a sport played by rich people at private country clubs. Some IOC members questioned how it could be successful in most countries because of the high cost of playing it, while others pointed out that some top clubs — including Augusta National — do not allow women as members.

"There are some serious problems with some clubs where major events are held, in terms of discrimination," American member Anita DeFrantz said, urging the IOC to "avoid going down a road that may be harmful to our image."

In the end, though, the promise that adding golf to the games would make it more available to the masses won the day. Left unsaid was that marketing the sport to countries where it is not widely played — China, for instance — could lead to even bigger TV contracts for tournaments, higher purses for players, and more golf course developments.

"Anything that grows the game, gets more people playing the game and more people watching the game, impacts all of those things," PGA Tour commissioner Tim Finchem said.

Santa Monica Daily Press
The AgentDirectory
Your guide to local real estate agents


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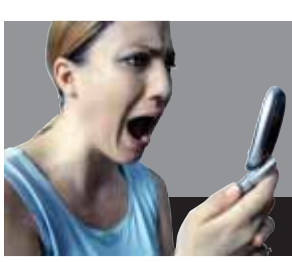

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SURF REPORT

Surf Conditions **Water Temp:** 66°

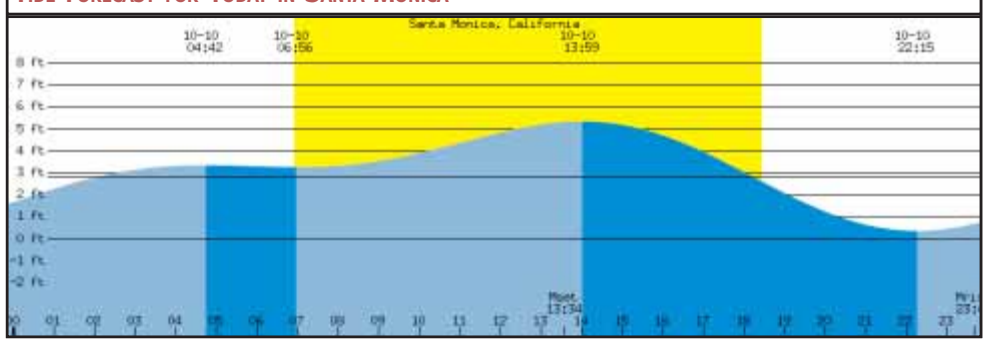
Swell Forecast

Looking smaller as well, perhaps just knee high most everywhere. Winds should be lightly offshore in the AM, and onshore in the afternoon 8-13 mph.

Long Range Synopsis

LOOKING RATHER WEAK AS WELL, PERHAPS KNEE HIGH MOST EVERYWHERE.

Tide Forecast for Today in Santa Monica



BEACH REPORT CARD

NORTH LOS ANGELES COUNTY

Grades for this report are based on monitoring data from the previous four weeks up to the ending date of **October 6, 2009**

HEAL THE BAY - 1444 9th Street, Santa Monica, CA 90401 - www.healthebay.org - brc@healthebay.org - 800 HEAL BAY

QUICK STATS (for the last 28 days)

- Number of sewage spills -- 1
- Number of beach closures due to a sewage spill -- 1
- Number of wet days -- 8
- Number of A grades for dry/wet weather -- 39 / 28
- Number of (C,D,F) grades for dry/wet weather -- 4 / 28

The Beach Report Card is made possible by simplehuman, Goldhirsh Foundation, the James Irvine Foundation, Ford

Heal the Bay reminds you not to swim or surf within 100 yards of any flowing storm drain or for 3 days after a rainstorm. After a rain, indicator bacteria counts at beaches throughout California usually far exceed health criteria in the state's Beach Closure and Health Warning Protocol.

LOCATION	DRY	WET
Las Cerritos Beach, at Arroyo Sequit Creek mouth.	A+	ns
Nicholas Beach at San Nicholas Canyon Creek mouth.	A+	ns
El Pescador State Beach, between Lechusa and Las Alisos creeks.	A+	ns
Encinal Canyon at El Matador State Beach.	A+	ns
Broad Beach at Trancas Creek mouth.	A+	ns
Zuma Beach at Zuma Creek mouth.	A+	ns
Walnut Creek, projection of Wildlife Rd. (private).	A+	ns
Paradise Cove Pier at Ramirez Canyon Creek mouth.	A+	ns
Escondido Creek, just east of Escondido State Beach.	A	ns
Latigo Canyon Creek mouth.	A+	ns
Solstice Canyon at Don Blacker County Beach.	A	ns
Puerco State Beach at creek mouth.	A+	ns
Marie Canyon storm drain at Puerco Beach, at 24572 Malibu Rd..	A	ns
Surfrider Beach at Malibu Colony fence.	C	ns
Surfrider Beach (breach location)- daily.	A	ns
Malibu Pier - 50 yards east.	F	ns
Carbon Beach at Sweetwater Canyon.	A+	ns
Las Flores State Beach at Las Flores Creek (paint zero).	A+	ns
Big Rock Beach at 19948 PCH stairs.	A	ns
Pena Creek at Las Tunas County Beach.	A+	ns
Tuna Canyon.	ns	ns
Topanga State Beach at creek mouth.	B	ns
Castlerock Storm Drain at Castle Rock Beach.	ns	ns
Santa Ynez Storm Drain at Castle Rock Beach.	D	ns
Will Rogers State Beach at 17200 PCH (1/4 mile east of Sunset drain).	A	ns

LOCATION	DRY	WET
Will Rogers State Beach at Bel Air Bay Club drain near fence.	A+	ns
Will Rogers State Beach at Pulga Canyon storm drain.	A+	ns
Will Rogers State Beach at Temescal Canyon drain.	A+	ns
Will Rogers State Beach at Santa Monica Canyon drain (Chautauqua).	A+	ns
Santa Monica Beach at Montana Ave. drain.	A+	ns
Santa Monica Beach at Wilshire Blvd. drain.	A+	ns
Santa Monica Municipal Pier.	F	ns
Santa Monica Beach at Pico/Kenter storm drain.	A	ns
Santa Monica Beach at Strand St. (in front of the restrooms).	A+	ns
Ocean Park Beach at Ashland Ave. drain.	A+	ns
Venice City Beach, at the Rose Ave. storm drain.	A+	ns
Venice Beach at Brooks Ave. drain.	A+	ns
Venice Beach at Windward Ave. drain.	B	ns
Venice Fishing Pier - 50 yards south.	A+	ns
Venice Beach- projection of Topsail St..	A+	ns
Marina del Rey, Mothers' Beach- lifeguard tower.	A	ns
Dockweiler State Beach at Ballona Creek mouth.	B	ns
Dockweiler State Beach at Culver Blvd. drain.	A+	ns
North Westchester Storm Drain at Dockweiler State Beach.	A+	ns
Dockweiler State Beach at World Way (south of D&W jetty).	A	ns
Dockweiler State Beach at Imperial Hwy drain.	A+	ns
Dockweiler Beach- opposite Hyperion Treatment Plant.	A+	ns
Dockweiler State Beach at Grand Ave. drain.	A+	ns

LEGEND

DRY -- each location is graded on an A – F scale based on bacterial pollution levels present in the surf zone
WET -- grades for days of recorded rainfall and the following 3 days
ns -- no sample taken

Heal the Bay is a non-profit environmental organization dedicated to making Santa Monica Bay and Southern California coastal waters safe and healthy for people and marine life.

Heal the Bay

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Heal the Bay's Beach Report Card® is based on weekly water quality monitoring data provided by the City of Los Angeles' Environmental Monitoring Division and the Los Angeles County Department of Health Services. Data is analyzed as soon as it is made available to us by the public agencies. Beaches are graded on an A–F scale based on the risk of ocean users becoming ill. Samples are analyzed for bacteria—enterococcus, total and fecal coliforms—that indicate biological pollution. A fact sheet detailing the exact methodology used in determining grades for each location is available from the office or on our web site. The report is not designed to measure the amount of trash or toxins found at local beaches.

The Beach Report Card is an indication of past water quality and is not a warranty of the current safety of those areas surveyed. Our lawyers are happy.

MLB

Turning memories into works of art

BY SUE MANNING
Associated Press Writer

LOS ANGELES Mitch Poole has painted some of baseball's most memorable moments onto the very balls that set the records. He'll never be mistaken for Monet or Matisse, but to some his works are more valuable.

The Los Angeles Dodgers clubhouse manager has been turning milestones into mementos for team members for 20 years.

Pitcher Orel Hershiser says his three prized Poole balls have outlasted videotapes of his 59 consecutive scoreless innings record and his 20-win season in 1988.

"They are works of art," Hershiser said. One is packed away, one sits on his desk and another is in a nearby trophy case.

"These were special because they were done by a friend who cared about the records," said Hershiser, now with ESPN.

Poole has been with the Dodgers for 24 years, starting as a bat boy in April 1985. His introduction to art was doodling Dodger lineups as he daydreamed about baseball in grade school. A few basic art classes followed.

It is traditional for a clubhouse manager to retrieve balls when a player or manager notches a notable hit, run, steal or win. But Poole wanted to do more.

Using acrylic paint, he started putting the athlete's name, opponent, accomplishment, date, box score and other information on the balls. He can't remember the first one he did but he has done hundreds since.

It's not exactly like painting on a grain of rice, but sometimes it's hard to squeeze everything on a leather canvas framed by curving seams and 108 stitches.

"The more there is the smaller the paintbrush," he said.

The box score always goes across the ball's sweet spot and the player's name goes on a shield that looks like a coat of arms. Hershiser's 59 consecutive-inning ball was covered with 59s.

Colorado Rockies Manager Jim Tracy is one of Poole's biggest fans. The former Dodger manager has balls for wins No. 200, 300, 400, 500 and 600 as well as a couple from his time with the Japanese League and Chicago Cubs.

Holding up an unfinished ball for pitcher Brad Penny, Poole said it's the first thing he'll finish in the offseason. Penny gave him the ball when he was with the Dodgers but it's from the 2003 World Series when Penny won two games for the Florida Marlins in their six-game victory over the Yankees. The ball is one he hit that drove in two runs.

Former Dodger Manager Bill Russell knew Poole could paint when he ordered the young assistant to create a mural in the corner of his office about 20 years ago. Around the same time, Poole turned to smaller works.

The 46-year-old Poole lives in West Covina, 20 miles east of Los Angeles, with wife Ann and teenage daughter Courtney.

Not all of Poole's big game memories are recorded on balls. He has painted bats and he saluted All-Star outfielder Brett Butler's 500th stolen base on Aug. 3, 1994, by painting on the second base bag he stole.

"When somebody takes the time to think of you when he doesn't need to, it tells you what kind of person he is. He hasn't changed one lick. He's just a quality human being and a dear friend," said Butler, who keeps the base at his Arizona home office. Poole also did two balls for Butler, for his 2,000th hit and his last hit in the majors, No. 2,375.

On the Dodgers' last road trip this season, Poole retrieved Matt Kemp's 100th RBI ball, but couldn't find Andre Ethier's 30th home run ball, a walkoff winner. Home runs are hard to wrest away from fans and Major League Baseball won't authenticate any ball that goes into the stands, Poole said. Balls today have holograms imbedded in them, but many of Poole's balls came before the security was implemented.

Poole doesn't have time to do every significant ball these days, but he does keep up with all the requests he gets for the trophies. It's easiest if he is in the mood and does several at once, he said.

While the balls are different from the ones that fetch high prices from collectors, they are probably pretty valuable, said Todd Mueller, a memorabilia dealer in Colorado.

"Anything related to baseball that commemorates a specific event has value," he said. "A Ricky Henderson uniform is worth $12,000 to $15,000 if it was worn in a game. If it was the game when he broke the all-time stolen base record, it's worth twice that."

Poole is not aware of any balls he's painted being sold. But if any are given away, he hopes they one day end up in the Hall of Fame.

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MOVIE TIMES

Aero Theatre
1328 Montana Ave.
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Saturday, Oct. 10
Flight of the Navigator (PG) 1hr 30min
Explorers (PG) 1hr 49min
7:30

Sunday, Oct. 11
Fitzcarraldo (PG) 2hr 38min
7:30

AMC Loews Broadway 4
1441 Third Street Promenade

Free Style (PG) 1hr 34min
10:40 (am), 12:55, 3:10, 5:35, 8:00, 10:20

From Mexico With Love (PG-13) 1hr 36min
11:30 (am), 2:00, 4:30, 7:00, 9:30

Capitalism: A Love Story (R) 2hr 7min
10:30 (am), 1:15, 4:15, 7:15, 10:15

Surrogates (PG-13) 1hr 29min
10:35 (am), 12:45, 3:00, 5:20, 7:40, 10:00

AMC 7 Santa Monica
1310 Third St.
(310) 289-4262

Capitalism: A Love Story (R) 2hr 7min
11:50 (am), 3:10, 6:15, 9:20

Cloudy With a Chance of Meatballs (PG) 1hr 21min
11:00 (am), 1:30, 4:20, 6:40, 9:00

Invention of Lying (PG-13) 1hr 40min
11:40 (am), 2:10, 4:50, 7:30, 10:10

Paranormal Activity (R) 1hr 39min
11:10 (am), 1:20, 3:40, 6:00, 8:15, 10:40, 11:15

Toy Story & Toy Story 2 in 3D Double Feature (G) 2hr 49min
10:00 (am), 2:00, 6:00, 9:55

Zombieland (R) 1hr 21min
11:30 (am), 12:30, 1:45, 3:00, 4:30, 5:30, 7:00, 8:00, 9:30, 10:30

Laemmle's Monica Fourplex
1332 Second St.
(310) 394-9741

Bright Star (PG) 1hr 59min
1:20, 4:10, 7:00, 9:50

Good Hair (PG-13) 1hr 50min
1:40, 4:40, 7:30, 10:00

More Than A Game (PG) 1hr 42min
1:50, 4:30, 7:20, 9:55

The Boys Are Back (PG-13)
1:30, 4:20, 7:10, 9:40

Fallen Idol: The Yuri Gagarin Conspiracy (PG) 1hr 30min
11:00 (am)

The Cove (PG-13) 1hr 36min
11:00 (am)

The Providence Effect (PG) 1hr 47min
11:00 (am)

Mann's Criterion Theatre
1313 Third St.
(310) 395-1599

Couples Retreat (PG-13) 1hr 47min
11:30 (am), 1:10, 2:10, 3:50, 4:50, 6:30, 7:30, 9:20, 10:20, 12:00

The Informant! (R) 1hr 48min
11:40 (am), 2:20, 5:00, 7:40, 10:30

Inglourious Basterds (R) 2hrs 32min
12:00, 3:20, 6:40, 10:00

Fame (PG) 1hr 47min
1:30, 4:20, 7:10, 9:50

Whip It (PG-13) 1hr 51min
1:20, 4:10, 7:00, 9:40

For more information, e-mail news@smdp.com

Make it fun and easy, Aries

ARIES (March 21-April 19)
★★★★ You might be luckier than you know. A friend encourages you to stay close to home. In fact, people seem to gravitate not only to you but also to your home. Whether you need to change plans, you'll have a great time. Tonight: Make it fun and easy.

TAURUS (April 20-May 20)
★★★★★ A suggestion proves to be a phenomenal idea, though you might not want to continue with business as usual. Relax and find your friends. If need be, cancel plans at the last minute if you simply want to do something else. Someone at a distance could be controlling. Tonight: Hanging out at a familiar place.

GEMINI (May 21-June 20)
★★★ A need to break out of the mold could be more problematic than you realize. Consider your options more openly, and you'll feel great. If taking a risk, weigh the negatives as well as the positives. Stay within your budget. Tonight: Your turn to treat.

CANCER (June 21-July 22)
★★★★★ Your personality breaks down walls that have been up for quite a while. If you want to, break out of the mold. Don't play into that controlling person. You see that everything will work out anyway. Tonight: Confirm plans, as misunderstandings happen.

LEO (July 23-Aug. 22)
★★★ Insider information could tell you how to handle a controversial situation. Your ability to see past the obvious might be surprising to some. In this case, what might be wise is to keep your thoughts to yourself. Tonight: Vanish.

VIRGO (Aug. 23-Sept. 22)
★★★★★ How you deal with increasing your popularity and invitations easily defines your next 24 hours. The bad news is that someone somewhere will be put out. That statement is a generalization but very true, as you shall see. Other than clone yourself, there is no viable solution. Tonight: Your time to have what you want.

LIBRA (Sept. 23-Oct. 22)
★★★★ Work as a duo, knowing full well what needs to be done. Realize your limits with someone you put on a pedestal, or at least someone who holds tremendous perceived power over you. Also, you might want to alter the situation to be more on your terms. Tonight: Could be a late one.

SCORPIO (Oct. 23-Nov. 21)
★★★★★ Make plans that entail meeting someone who might live a little far away. How about meeting this person halfway? You could be delighted by visiting a spot you haven't been to, perhaps a new museum. Tonight: Continue going for a change of scenery.

SAGITTARIUS (Nov. 22-Dec. 21)
★★★★ Do more with a favorite person, and allow a closer relationship to bond. Money matters can always be a hot topic, no matter who, what or when. Investigate what the two of you can do together that one cannot. Tonight: Togetherness continues to be a theme.

CAPRICORN (Dec. 22-Jan. 19)
★★★ Don't fight to have something your own way. In fact, let go of demands and expectations for a day and see where that brings you. It is possible that you cannot help yourself, and continue to be pushy and demanding. Tonight: Defer. Stay chilled if possible.

AQUARIUS (Jan. 20-Feb. 18)
★★★★ Your style and way might not draw the results you want. Someone lets you know in no uncertain terms that he or she doesn't agree. How big of an issue this becomes is within your control. What do you want here? Tonight: Choose a favorite pastime.

PISCES (Feb. 19-March 20)
★★★★★ A child or loved one needs and wants some time and attention. You could be overwhelmed by everything that is happening. Allow more spontaneity on your part, and everything will fall into place. Tonight: Kick up your heels with your favorite person.

Happy birthday

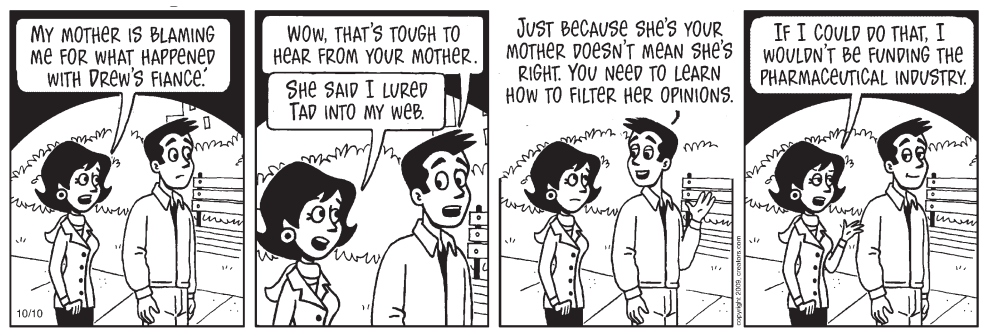
This year, you have many positive opportunities to increase your immediate circle of friends. Loved ones, risks and favorite pastimes all prove to be unusually beneficial. If you are single, if you ever were going to have an extraordinary love affair, it would most likely be this year. In any case, most of you won't complain of boredom. If you are attached, the two of you will see more romance emerge naturally, especially if you share more of your daily life together. CANCER can push you into the limelight.

JACQUELINE BIGAR'S STARS
The stars show the kind of day you'll have:
★★★★★Dynamic ★★ So-So
★★★★ Positive ★ Difficult
★★★ Average

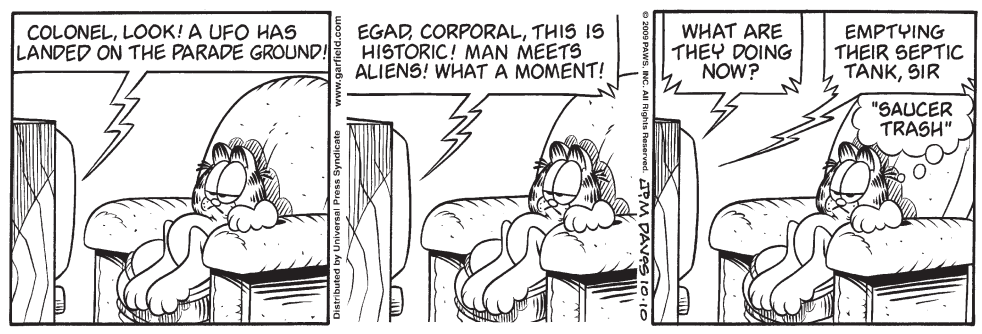
Girls and Sports
By Justin Borus and Andrew Feinstein



The Meaning of Lila
By John Forgetta & L.A. Rose



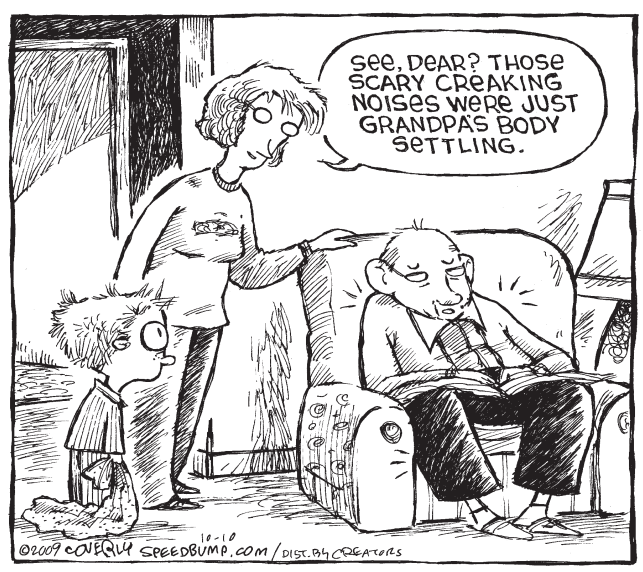
Garfield
By Jim Davis



Strange Brew
By John Deering



Speed Bump
By Dave Coverly



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Sudoku

Fill in the blank cells using numbers 1 to 9. Each number can appear only once in each row, column, and 3x3 block. Use logic and process of elimination to solve the puzzle. The difficulty level ranges from ★ (easiest) to ★★★★★ (hardest).

Difficulty Level ★★★★

		8		7		5		
		7				3		
9	6						4	8
			7		6			
2								7
			1		2			
4	2						1	5
		9				6		
		3		1		9		

King Features Syndicate

GETTING STARTED

There are many strategies to solving Sudoku. One way to begin is to examine each 3x3 grid and figure out which numbers are missing. Then, based on the other numbers in the row and column of each blank cell, find which of the missing numbers will work. Eliminating numbers will eventually lead you to the answer.

SOLUTIONS TO YESTERDAY'S PUZZLE

8	1	7	3	5	9	4	6	2
6	9	3	4	2	1	5	7	8
2	5	4	7	8	6	3	1	9
5	3	2	6	1	7	9	8	4
1	6	8	9	4	2	7	3	5
7	4	9	8	3	5	1	2	6
9	7	1	2	6	4	8	5	3
4	8	6	5	7	3	2	9	1
3	2	5	1	9	8	6	4	7

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MYSTERY PHOTO

Maya Sugarman *news@smdp.com*

The first person who can correctly identify where this image was captured wins a prize from the Santa Monica Daily Press. Send answers to *editor@smdp.com*.

CROSSWORD

By THOMAS JOSEPH

ACROSS

1 Back muscles, for short
5 Skilled
10 Utah neighbor
12 Bill add-on
13 Friend of Will and Grace
14 Madonna musical
15 Fabergé creation
16 Clean Water Act org.
18 Rocker Nugent
19 Compass part
21 Clinton's veep
22 Part-time reporters
24 Sink feature
25 Outsiders
29 Oxford, for one
30 Gaming spot
32 Movie computer
33 Fly catcher
34 Bit of makeup
35 Game spot
37 Small movie
39 Like some messages
40 The tube
41 Understands
42 Hardy girl

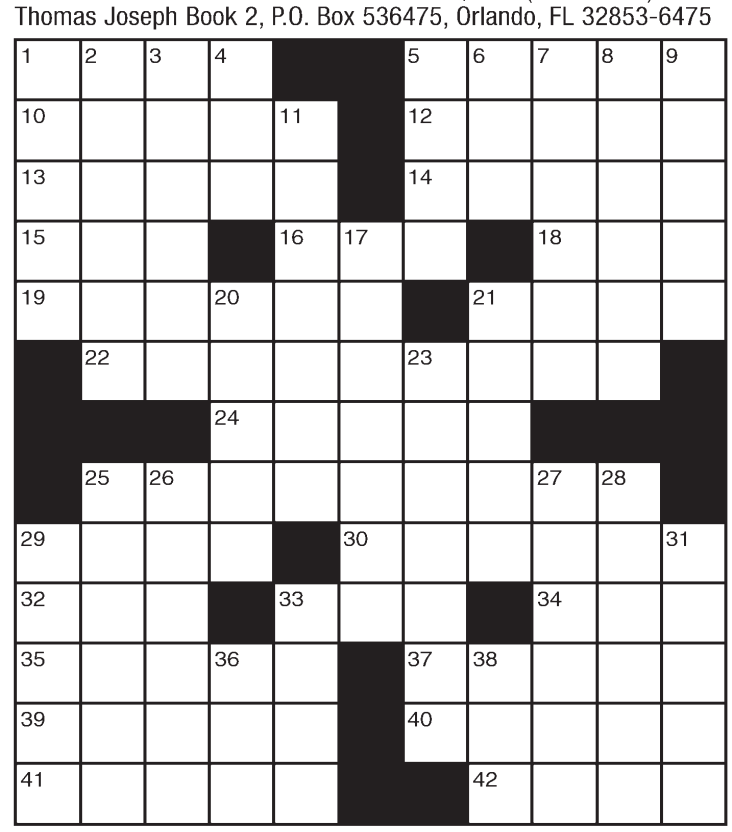
DOWN

1 Compare
2 Wise sayings
3 Goal
4 Yonder yacht
5 Neighborhood
6 Mil. unit
7 Book worker
8 Broadway's Bernadette
9 Market action
11 100 centesimi
17 Act of contrition
20 Eminem collaborator
21 Gift from parents
23 Ethernet unit
25 Stone of films
26 Sword-making city
27 Conundrum
28 Slow movers
29 Crude home
31 Heeds
33 Bankrolls
36 Fresh
38 Court divider

V	A	P	I	D	■	A	L	P	H	A
E	R	R	O	R	■	C	O	R	O	T
I	R	O	N	Y	■	C	U	O	M	O
L	I	T	■	L	O	R	D	J	I	M
E	V	E	■	Y	O	U	■	E	N	S
D	E	C	K	■	P	E	R	C	Y	■
■	■	T	I	S	■	S	A	T	■	■
■	R	I	P	U	P	■	P	I	T	A
C	E	O	■	R	O	E	■	O	R	R
R	E	N	E	G	E	D	■	N	A	M
O	L	I	V	E	■	U	T	I	C	A
W	I	S	E	R	■	C	A	S	E	D
E	N	T	R	Y	■	E	X	T	R	A

Yesterday's answer

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10-10

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SUPER LOTTO PLUS: 1 8 18 26 44
Meganumber: 4
Jackpot: $12M

FANTASY 5: 1 2 13 14 25

DAILY 3: MIDDAY: 1 9 5
EVENING: 5 7 4

DAILY DERBY:
1st: 09 Winning Spirit
2nd: 02 Lucky Star
3rd: 08 Gorgeous George
RACE TIME: 1.43.93

Although every effort is made to ensure the accuracy of the winning number information, mistakes can occur. In the event of any discrepancies, California State laws and California Lottery regulations will prevail. Complete game information and prize claiming instructions are available at California Lottery retailers. Visit the California State Lottery web site at http://www.calottery.com

NEWS OF THE WEIRD

BY CHUCK SHEPARD

■ (1) Japan's principal organized-crime Yakuza gang, the Yamaguchi-gumi, was reported in September to be giving written tests to its members to improve their knowledge of the law. The leaders were said to be trying to reduce the number of lawsuits against the group. (2) A prominent British Catholic organization recently issued a 64-page book of spousal prayers targeted to various marital events and even has one pre-coital offering emphasizing that the act to follow must be selfless and not undertaken for personal pleasure.

■ Recurring Themes: (1) Broward County (Fla.) Sheriff's Office is looking for the man who robbed the Citi Trends store in Oakland Park in September and has released the surveillance video, showing the man removing his mask. However, the man continued trying to shield his face, using only his hands, but the video makes him appear to be playing peek-a-boo, according to a WFOR-TV report. (2) David Perticone, 46, was arrested in Severn, Md., in August and charged with stealing about $25,000 worth of items from a woman's house just down the block. The woman discovered the items in Perticone's front yard, part of a yard sale he was conducting.

TODAY IN HISTORY

1471 Battle of Brunkeberg in Stockholm: Sten Sture the Elder, the Regent of Sweden, with the help of farmers and miners, repels an attack by Christian I, King of Denmark.

1575 Battle of Dormans: Roman Catholic forces under Duke Henry of Guise defeat the Protestants, capturing Philippe de Mornay among others.

1580 After a three-day siege, the English Army behead over 600 Irish and Papal soldiers and civilians at Dún an Óir, Ireland.

1582 Because of the implementation of the Gregorian calendar this day does not exist in this year in Italy, Poland, Portugal and Spain.

1860 The original cornerstone of the University of the South is laid in Sewanee, Tennessee.

WORD UP!

convivial \kuhn-VIV-ee-uhl\ , adjective: 1. Fond of feasting, drinking, and good company; sociable.

Santa Monica Daily Press

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123 California Ave. On Ocean $400/MO Free Wild Alaskan Salmon and avocados to tenants. $2 for salmon and .40 for avocados to the public. (310)395-1047

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1474 Crest Dr. upper 2+1 $1375 Stove, fridge, carpet, blinds, laundry, street parking, ceiling fan, garage space, no pets. $500 (310)578-7512 www.jkwproperties.com

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501 N. Venice 1+1, #29 $1225/mo stove, fridge, carpet, utilities included, laundry, parking, no pets. $750 off move-in (310)574-6767 www.jkwproperties.com

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833 5TH St. SM unit 101 2+2 $2350 stove, carpet, blinds, swimming pool, laundry, granite countertops, wood/tile floors, intercom entry, gated parking, no pets. (310)393-2547 www.jkwproperties.com

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MAR VISTA 12450 Culver Blvd. Unit 224 1bdrm/1bath, carpet, granite counter tops, gated parking, intercom entry, stove, fridge, utilities included, laundry, no pets. $1025/mo $500 off move-in on site manager (888)414-7778 www.jkwproperties.com

MAR VISTA near Marina. $1050/mo 1bd+den 1ba, carpet, blinds, stove, refrigerator, laundry, parking, no pets. 310-456-5659.

MAR VISTA: 12434 CULVER Blvd. units 3 1+1 stove, fridge, AC, carpets blinds, laundry room, intercom entry, gated parking, no pets.$1095/mo $500 off move-in (888)414-7778 www.jkwproperties.com

MARVISTA-LA $1550.00 2bdrms, 2 baths, no pets, balcony, stove, refrig, dshwshr, washr/dryr, 2-car garage 12048 Culver Blvd. #202 Open daily 8am-7pm. Additional info in unit

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PALMS 3346 S. Canfiled #205 $995 1+1 upper, stove, fridge, blinds, bamboo & vinyl floors, on-site laundry, garage parking, intercom entry no pets.$500 off move-in (310)578-7512 jkwproperties.com

PALMS 3540 Overland 1+1 unit 2 $900 Stove, fridge, carpet, blinds, laundry, street parking, no pets. $700 off move-in special. (310)578-7512 www.jkwproperties.com

PALMS ADJ/ LaCienga Hghts. $995.00 1 Bdrm, 1Bath, NO PETS, stove, refrg, parking 2009 Preuss Rd., #10 Open daily 8am-7pm . Additional info in unit

Santa Monica $1125.00 1 Bdrms, 1Bath NO pets, gas, paid stove, refrigerator, parking 2535 Kansas Ave., #210 Open daily 8am-8pm. Additional info in unit. .

SANTA MONICA $1225.00 1 bdrm, 1 bath, no pets, stove, refrig, patio, parking 2533 Kansas Ave., #109 Open daily for viewing 8am to 7pm. Additional info in apt Mgr: apt #101

SANTA MONICA $1750/mo. 19th Street near SM. Blvd., spacious 2bd/1bath, Large private patio, new carpets, stove, refrigerator, dishwasher, laundry, parking, small building. Info (310)828-4481.or (310)993-0414 after 6p.m

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DBAS

FICTITIOUS BUSINESS NAMES STATEMENT FILE NO. 20091292401 FIRST FILING. The following person(s) is (are) doing business as MY PLANET LEX, 2554 LINCOLN BLVD., #249, VENICE, CA 90291, COUNTY OF LA. The full name of registrant(s) is/are : JOYCE M. SNEED, 2554 LINCOLN BLVD., #249, VENICE, CA 90291 This Business is being conducted by, an individual. Signed: Registrant has not yet begun to transact business under the fictitious name or names listed herein.. /s/: JOYCE M. SNEED
This statement was filed with the County Clerk of LOS ANGELES County on 8/21/2009. NOTICE: THIS

DBAS

FICTITIOUS BUSINESS NAME STATEMENT EXPIRES FIVE YEARS FROM THE DATE IT WAS FILED IN THE OFFICE OF THE COUNTY CLERK. A NEW FICTITIOUS BUSINESS NAME STATEMENT MUST BE FILED PRIOR TO THAT DATE. The filing of this statement does not of itself authorize the use in this state of a fictitious business name statement in violation of the rights of another under federal, state, or common law (see Section 14411et seq.,Business and Professions Code). SANTA MONICA DAILY PRESS to publish 9/19/2009, 9/26/2009, 10/3/2009, 10/10/2009

FICTITIOUS BUSINESS NAMES STATEMENT FILE NO. 20091363676 FIRST FILING. The following person(s) is (are) doing business as HOLLYWOOD UNITED LAPL, 11630 CHAYOTE ST, #4, LOS ANGELES, CA 90049. The full name of registrant(s) is/are : JAMAL THOMAS, 826 S. HOBART BLVD., #207, LOS ANGELES, CA 90005; GILBERT MONTOYA, 1857 N. WILTON PL, #401, LOS ANGELES, CA 90028 This Business is being conducted by, an unincorporated association other than a partnership. Signed: Registrant has not yet begun to transact business under the fictitious name or names listed herein.. /s/: JAMAL THOMAS
This statement was filed with the County Clerk of LOS ANGELES County on 9/4/2009. NOTICE: THIS FICTITIOUS BUSINESS NAME STATEMENT EXPIRES FIVE YEARS FROM THE DATE IT WAS FILED IN THE OFFICE OF THE COUNTY CLERK. A NEW FICTITIOUS BUSINESS NAME STATEMENT MUST BE FILED PRIOR TO THAT DATE. The filing of this statement does not of itself authorize the use in this state of a fictitious business name statement in violation of the rights of another under federal, state, or common law (see Section 14411et seq.,Business and Professions Code). SANTA MONICA DAILY PRESS to publish 10/3/2009, 10/10/2009, 10/17/2009, 10/24/2009



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Open Sunday, 2-5 pm

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Gorgeous Remodeled Single Family
Open Sunday, October 11th 2-5 pm



16730 Calle de Catalina
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REDUCED $1,649,000
SFH w/ High Ceilings & Views
Call for Appointment



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1175 Amherst Avenue #3
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Amazing Price, Wonderful Design!
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Open Sunday, 2-5 pm

1209 Arizona Avenue #2
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Santa Monica Canyon	$2,447,000	$4,810,000
North of Montana	$3,395,000	$1,449,000
Between Wilshire & Montana	$1,893,500	$909,000
South of Wilshire	$909,500	$599,000
Sunset Park	$1,274,500	$694,250
Ocean Park	$1,469,000	$995,000

Statistics Updated Every Monday

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