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OCTOBER 6-7, 2012
Volume 11 Issue 277



Santa Monica Daily Press

We have you covered

WHY DO YOU CRAVE THIS?
SEE PAGE 4

THE WORKING HARD FOR NO MONEY ISSUE

Appeals to save post office rejected

BY KEVIN HERRERA
Editor-in-Chief

DOWNTOWN Appeals made by residents and city officials to save the New Deal-era post office on Fifth Street from being shuttered have been rejected, according to a letter released Friday by the U.S. Postal Service.

The post office, which has served residents since 1937, is expected to be sold and all services moved to the Santa Monica Carrier Annex located on Seventh Street at Olympic Boulevard. A date for the move has not yet been determined, postal officials said.

The Postal Service is selling scores of post offices across the country in an effort to cut costs as it struggles with significant losses — more than $25 billion over the last five years as more people move away from "snail mail" and do most of their communication via the Internet.

SEE MAIL PAGE 9

Refinery back online amid soaring prices

GILLIAN FLACCUS
Associated Press

LOS ANGELES Californians woke up to a shock Friday as overnight gasoline prices jumped by as much as 20 cents a gallon in some areas, ending a week of soaring costs that saw some stations close and others charge record prices.

The average price of regular gas across the state was nearly $4.49 a gallon, the highest in the nation, according to AAA's Daily Fuel Gauge report.

In Southern California, the price jumped 20 cents a gallon overnight to $4.53 in Ventura. And in the Los Angeles-Long Beach area prices went up 19 cents to nearly $4.54. It wasn't any better to the north, as a gallon of regular gas in San Francisco averaged nearly $4.60.

In many areas, prices have jumped 40 cents in a week as refinery problems have created shortages and helped send wholesale prices soaring. Some stations ran out of gas and shut down Thursday rather than pay those costs.

Even Costco Wholesale Corp., the giant discount store chain that sells large volumes of gas, decided to close some stations

"We do not know when we will be resupplied," read a sign at one Southern California Costco, according to the Los Angeles Times.

Other gas stations charged more than $5 a gallon. The Low-P station in Calabasas charged $5.69 Thursday. The pumps bore

SEE GAS PAGE 10

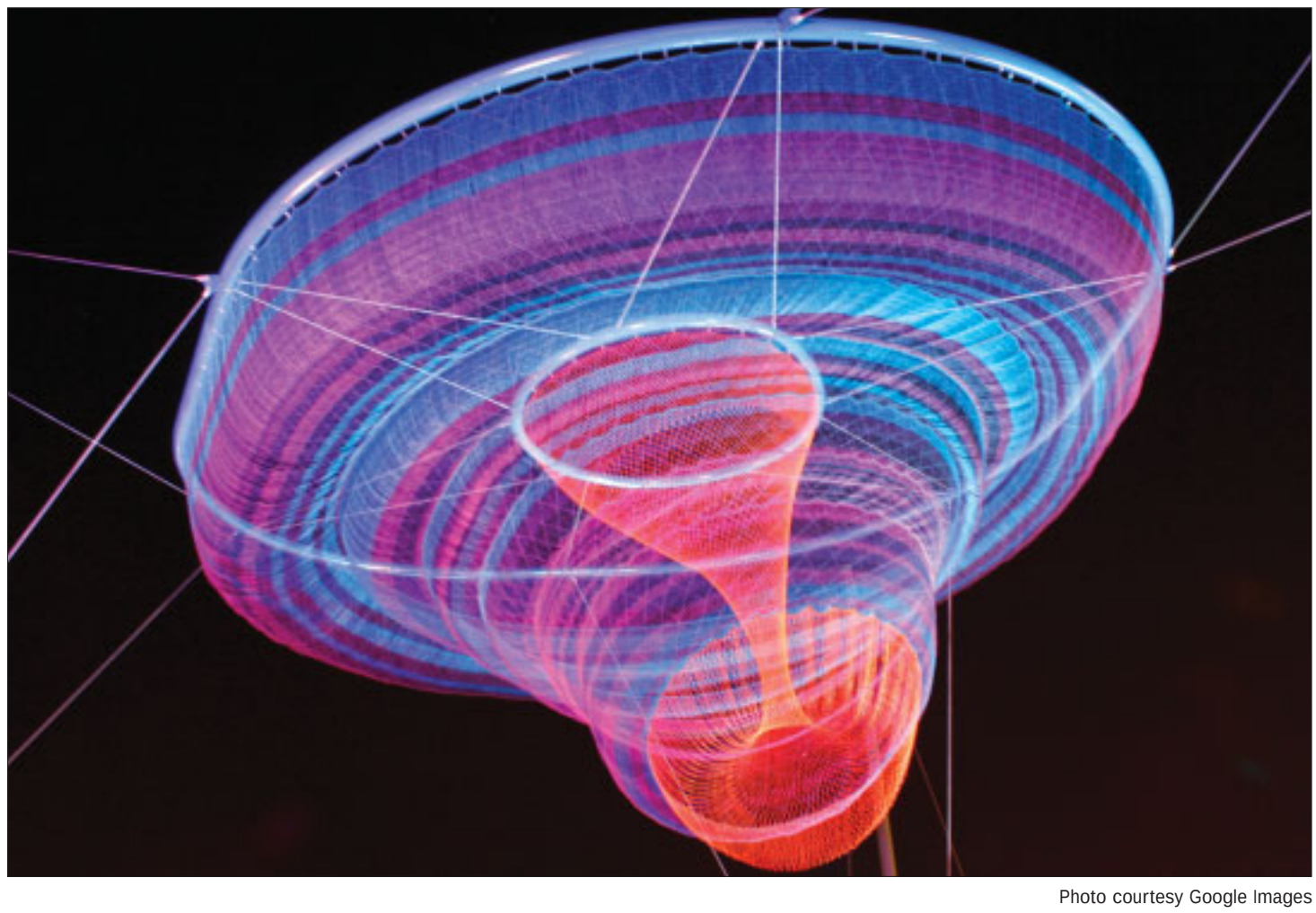


Photo courtesy Google Images

JUST AN EXAMPLE: **Artist Janet Echelman's 'Her Secret Is Patience' on display in Portugal. Echelman will contribute to Santa Monica's Glow.**

Mayor announces lineup for Glow 2013

Internationally-renowned artists to participate in nocturnal event

BY KEVIN HERRERA
Editor-in-Chief

OCEAN AVE When crowds flock to Santa Monica Beach next September for the third installment of Glow, City Hall's all-night arts event, they will be treated to some illuminating works inspired by the forces of nature and possibly comic books, city officials said Thursday.

During a press conference at the Loews Santa Monica Beach Hotel, a sponsor of Glow, which has attracted between 100,000 and 200,000 people during the course of one night, Mayor Richard Bloom announced the four lead artists who will do

SEE ART PAGE 11

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What's Up Westside

OUT AND ABOUT IN SANTA MONICA

Saturday, Oct. 6, 2012

Want a dog?

Animal Kingdom
300 Pico Blvd., 11 a.m. — 4:30 p.m.
Death Row Dogs Rescue holds adoptions every Saturday in front of the store, weather permitting. For more information, call (818) 232-0775.

Beer, please

18th Street Arts Center
1639 18th St., 1 p.m. — 6 p.m.
The BAM Fest returns with plenty of quality beer, live music and art. There will be 30-plus breweries participating. The event is not just about beer, it's an opportunity to raise the profile of the 18th Street Arts Center, which bills itself as an artists' residency program that provokes public dialogue through contemporary art-making. For more information, visit 18thstreet.org.

Making mandalas

Santa Monica/Westside YWCA
2019 14th St., 6:30 p.m.
In this two-hour workshop, learn the art of creating your personal, freestyle mandala using colored pencils, collage and crayons. Mandalas have been used throughout history and in many cultures as a vehicle to promote meditation, healing, self-awareness and to tap into the unconscious. Art experience not required. Supplies will be provided. For more information, call (310) 452-3881.

Singing about Chuck E's love

The Broad Stage
1310 11th St., 7:30 p.m.
Rickie Lee Jones first shot to fame in the late 1970s with the hit "Chuck E's In Love." Since, she's spanned genres and styles while always remaining true to her song-writing roots. For more information, visit thebroadstage.com.

The king and his men

Morgan-Wixson Theatre
2627 Pico Blvd., 8 p.m.
"All the King's Men" is the story of the rise and fall of a political titan in the South during the 1930s. It won the Pulitzer Prize in 1947, and in 1949, the film adaptation became Best Picture. More recently in 2006, it became a hit film starring Jude Law and Sean Penn. There will also be a performance on Sunday at 2 p.m. For more information, visit morgan-wixson.org.

Music fills the museum

Santa Monica History Museum
1350 Seventh St., 8 p.m.
FolkWorks presents a new concert series. The opening concert features Nevenka, a popular Los Angeles-based women's chorus that brings to life vocal folk/roots traditions from around the world. Their songs range from Bulgaria, Georgia, Russia, Bosnia to Rom and Sephardic songs — as well as recently added American and Irish music. For more information, visit folkworks.org.

Sunday, Oct. 7, 2012

Run, baby, run

Ocean Park Boulevard at the beach
7:30 a.m.
The Santa Monica 5000 returns for the seventh year of races. There will be a 5K, a 10K and even a 3K dash for kids. The races raise money for the Santa Monica-Malibu Education Foundation, which contributes to local public schools. For more information, visit santamonica5000.com.

Yoga on the sand

Palisades Park at Idaho and Ocean avenues
10 a.m. — 11 a.m.
Get your Zen on with free beach yoga with Naam Yoga instructors. Cost: free. For more information, visit www.naamyoga.com.

Words from the author

St. Monica Catholic Church
725 California Ave., 7:15 p.m.
Sister Helen Prejean, acclaimed author of the international bestseller "Dead Man Walking: An Eyewitness Account of the Death Penalty in the United States" and "The Death of Innocents," will speak about her work. There is no charge to attend, however, there will be a free-will offering with a suggested donation of $7. A book signing will follow her presentation.

To create your own listing, log on to smdp.com/submitevent

For help, contact Daniel Archuleta at 310-458-7737 or submit to editor@smdp.com

For more information on any of the events listed, log on to smdp.com/communitylistings



Don't dare call these students space cadets

Young scientists send experiment into orbit

BY KEVIN HERRERA
Editor in Chief

SAMOHI When someone is called a "space cadet," it typically means that they have difficulty grasping reality or that they lack intelligence.

That cannot be said about a group of students who as eighth graders at Lincoln Middle School developed an experiment involving Silly Putty that is scheduled to be blasted into space on Sunday.

The student scientists' experiment with the non-Newtonian fluid, known to most as a rubber-like toy made popular in the 1950s, will hitch a ride aboard Hawthorne, Calif.-based SpaceX's Dragon capsule, which is loaded with food and clothes for the astronauts aboard the International Space Station. The launch is scheduled for 8:35 p.m. EST from Cape Canaveral, Fla., and the budding scientists couldn't be more excited.

"It's once in a lifetime," said Alexander Sooho, 14, on Thursday over a plate of pepperoni pizza at Santa Monica High School, where he is a freshman.

Soohoo was joined by his partners on the project: Francis Abastillas, 14; Dean Chien, 15; Matilda Loughmiller, 14; and Roman Valentine, 14. All but Valentine are now attending Samohi. The crew spent roughly two weeks together over the spring developing the experiment.

"We worked a lot of hours on this so it's cool to finally know that it's going up," said Valentine, who now attends Westchester Enriched Sciences Magnate. "It's crazy to think that what we were doing at Lincoln, someone is going to be doing in space."

Astronauts will attempt to make Silly Putty in zero gravity using materials provided by the students. Once completed, the experiment, along with over 20 others from schools across the country, will be shipped back to Earth and the students will gather and study its properties to see how it differs, if at all, from regular Silly Putty.

Will it bounce higher or stretch further? Will its color be different or its viscosity? And, perhaps most importantly, will kids still be able to spread it over a newspaper

SEE **EXPERIMENT** PAGE 8



Brandon Wise *brandonw@smdp.com*

SOMETHING DIFFERENT: **The Santa Monica High School baseball team plays volleyball on the Santa Monica Beach earlier this week.**

HIGH SCHOOL BASEBALL

New Samohi coach mixes it up with fundraising, cross training

BY DANIEL ARCHULETA
Managing Editor

SM BEACH It may be the off-season, but Santa Monica baseball isn't taking a break.

Led by new coach Kurt Schwengel, Samohi's ball players have been busy with somewhat non-baseball-related activities.

At least once a week, the boys can be found at Santa Monica Beach playing volleyball or running sprints. Schwengel gets a kick out of it, he knows that some of his players don't even realize that they are training for the upcoming season. They're just having fun.

"That deep sand kicks your butt," Schwengel said. "They're running 3 miles a day on sand. To me, that's like 5 miles."

And when they're not on the sand or back on campus practicing, the Vikings have been adding fundraising to their regimen.

Their primary fundraising project lately has been the Santa Monica 5000, a series of races that has come to the city by the sea for seven straight years.

Some of the proceeds from the popular running event go to support the Santa Monica-Malibu Education Foundation, a nonprofit tasked with raising money for local public schools. It was enough to convince Schwengel to get his players involved.

"I feel that this particular race, the SM 5000, is a perfect community-wide event because anybody can participate," Linda Greenberg-Gross, executive director of the foundation, told the Daily Press in advance of last year's SM 5000. "Either way, you are helping raise funds for vital athletic programs and at the same time building spirit and cohesion through the community."

Not only are they raising money for the event, they're running in it, too.

Schwengel and Co. will be wearing their Samohi jerseys as they take part in Sunday's races.

For Schwengel, it's as much about raising much-needed money as it is about camaraderie.

"It gives the guys something to reach for," he said. "I see it bringing them together as a team."

Whatever it's doing, it's working. The team set $18,000 as their goal for the SM 5000 and have raised $16,000 as of Thursday.

Despite taking over the team just this year, Schwengel inherits a program that historically has been one of the most successful in seeking donations. They've raised as much as $40,000 in a school year recently with much of that money going toward uniforms, facility improvements and maintaining the grass on their field.

Another factor behind Schwengel's eagerness to mix things up is retaining players.

There have been a number of talented local players who have opted to play for prominent private schools instead of staying home. Lucas Giolito, who was picked in the first round of the Major League Baseball Draft this year out of Harvard-Westlake, is a perfect example.

Giolito played his youth ball with Santa Monica Little League, but succumbed to the lure of Harvard-Westlake's reputation for turning out star athletes.

That's exactly the kind of thing Schwengel wants to avoid as he tries to make his program into a powerhouse.

"As far as I can tell they love it," Schwengel said of his players' reaction to the new program. "These are things other schools can't offer the kids."

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LETTERS TO THE EDITOR

Send comments to editor@smdp.com

All for ONE

Editor:

I founded a chapter of the ONE organization at New Roads High School in Santa Monica three years ago, when I was in the ninth grade. ONE is a grassroots advocacy and campaigning organization that fights extreme poverty and preventable disease, particularly in Africa. ONE members raise public awareness and pressure political leaders to support smart and effective policies and programs that are saving lives, helping to put kids in school and improving futures. ONE was the brainchild of U2's Bono and Santa Monica City Councilmember Bobby Shriver.

Our New Roads Chapter decided to challenge itself, and set a goal of getting every one of the 377 students at our high school to sign a petition requesting that the Santa Monica City Council consider raising its voice in support of these issues. As you probably know, 377 high school students rarely agree on anything, however, each student at New Roads did add his or her signature to our petition. I am proud to be a member of a student body like that of New Roads.

We submitted the petition to Councilmember Shriver, who agreed to bring it before the City Council. In Tuesday's meeting, Councilmember Shriver presented the item, I was invited to say a few words about our petition, and a Santa Monica citizen, Jerry Rubin, commented in support of our efforts. I am pleased to report that the council voted unanimously to issue a proclamation declaring Santa Monica a ONE city.

Santa Monica joins over 130 other U.S. cities that have been proclaimed ONE cities. Santa Monica's support of ONE helps to bring focus to efforts such as World Food Day. On Oct. 16, ONE will bring awareness to the issue of global hunger and malnutrition by hosting events around the country. ONE encourages everyone to tweet at 9 a.m. PST, calling on world leaders to make commitments to reduce chronic malnutrition by 2016, and to help 25 million children reach their full potential. Go to www.one.org for more information.

Please congratulate Mayor Bloom and all the councilmembers for taking this significant step to speak up for the poorest people in the world.

Camaron Engels
Senior, New Roads School

Say no to testing near nuke plants

Editor:

(Re: "State officials mull seismic test near nuclear plant," Oct. 1, Associated Press.")

Quoting Bruce Gibson: "People need to understand we're living in the world post Fukushima ..." Yes, we people quite understand and we want nuclear plants shut down immediately. I certainly do not want very risky seismic testing.

Asta Young
Santa Monica



Your column here

Dr. E. Kirsten Peters — **Send comments to editor@smdp.com**

Eating our way into trouble

LOTS OF US HAVE OBSERVED THAT FOODS that are good for us — broccoli and bean sprouts — don't trigger intense cravings. In the late afternoon, when my energy is low, I want a cookie or a piece of chocolate, not a green pepper. Similarly, when I walk around the grocery store, I go through the meats and produce section without feeling deep cravings for the food I see. But when I get to the bakery, all bets are off, even if I'm not hungry.

These patterns of cravings are significant because what we eat affects our health so much. Obesity and diabetes are more and more problematic in the U.S., and all too many of us have a diet rich in French fries, doughnuts or soda pop.

Why is it we so intensely want what is likely to be bad for our health? Could it be there are strong biological reasons for the pickle we so often find ourselves in?

A recent piece from Oregon State University helps explain our pattern of cravings. It seems we have evolutionary adaptation to crave certain things. When we were hunter-gathers in the wild, we had to decide what to eat and what to avoid. Our lives depended on our choices.

In the wild, sweet foods are generally good. They are safe to eat, and their calories help ward off hunger and starvation. When we were hunter-gathers, we were on our feet essentially all day, every day, burning through the calories we ate. Some sweet fruit was good — good tasting and good for us.

Back in the old days, when we could hold off hunger by eating fat-rich foods, we also had reason to celebrate. The fatty portion of meat gave us a lot of calories, something we needed because we were burning a lot of "fuel" each day. High-calorie food was to be welcomed in such circumstances, so fatty food was a good meal.

Now, however, our natural craving for sweets and fats gets us in trouble. I sit at a desk all day, yet I crave sweets and fats as much as my hunter-gatherer ancestors during the Ice Age. It's easy for me to overeat, especially because there are chocolates kept in a bowl just a few feet from my desk.

When it comes to the battle of the bulge, a good test is to conjure up the image of a food and ask myself if I crave it. Sweet and salty foods are high on the list of what I crave, even when I've been eating three square meals a day and don't need more calories.

The Oregon State University publication points out "flavor" is a complicated subject. Only part of what gives a food its flavor is taste: sweet, sour, salty, and so on. Smell is also important: the smell of fresh brewed coffee comes close to driving me wild first thing in the morning. That brings up temperature, too, with the warmth of hot coffee being part of its appeal. Then there's the texture of a food like custard. Finally, some foods are spicy, a feature that makes them a favorite to some people.

I SIT AT A DESK ALL DAY, YET I CRAVE SWEETS AND FATS AS MUCH AS MY HUNTER-GATHERER ANCESTORS DURING THE ICE AGE.

We're all different, and our individual brains decide what foods we like. But most of us have a hankering for foods that are high in calories. Now that we can choose at the grocery store or the restaurant what we want to eat, rather than having to chase it down in the wild, we all too often end up with more calories than is useful for our health. They're good tasting calories, to be sure, but there are just too many of them.

But the good news from Oregon is that the way we perceive flavor is only partly instinct left over from our hunter-gathering days. It's also partly learned. It's certainly true that the first time I tasted coffee I thought it was terrible. Now I can't live without the stuff.

What we need to work on is retraining our senses to enjoy the foods that are really good — both good tasting and good for us. That may take more work than pulling up at the fast food outlet, but it's important labor that can yield rich rewards for our health.

DR. E. KIRSTEN PETERS, a native of the rural Northwest, was trained as a geologist at Princeton and Harvard. This column is a service of the College of Agricultural, Human and Natural Resource Sciences at Washington State University.



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The Q Line

Running together

A trio of Malibu residents are running for the Santa Monica-Malibu Unified School District's Board of Education. Interestingly, the trio is running as a slate instead of operating as individual candidates.

This past week, Q-line asked:
Do you think this is an effective strategy or do they dilute the vote by running as a slate instead of operating as individual candidates?

Here are your responses:

"I THINK THE MALIBU GROUP IS RUNNING for the Board of Education as part of their agenda to have Malibu secede from the Santa Monica-Malibu Unified School District. Let them secede. Let them find all the regulations and rules from the federal, state and local governments and see if they can have a school by themselves in Malibu. They have no idea."

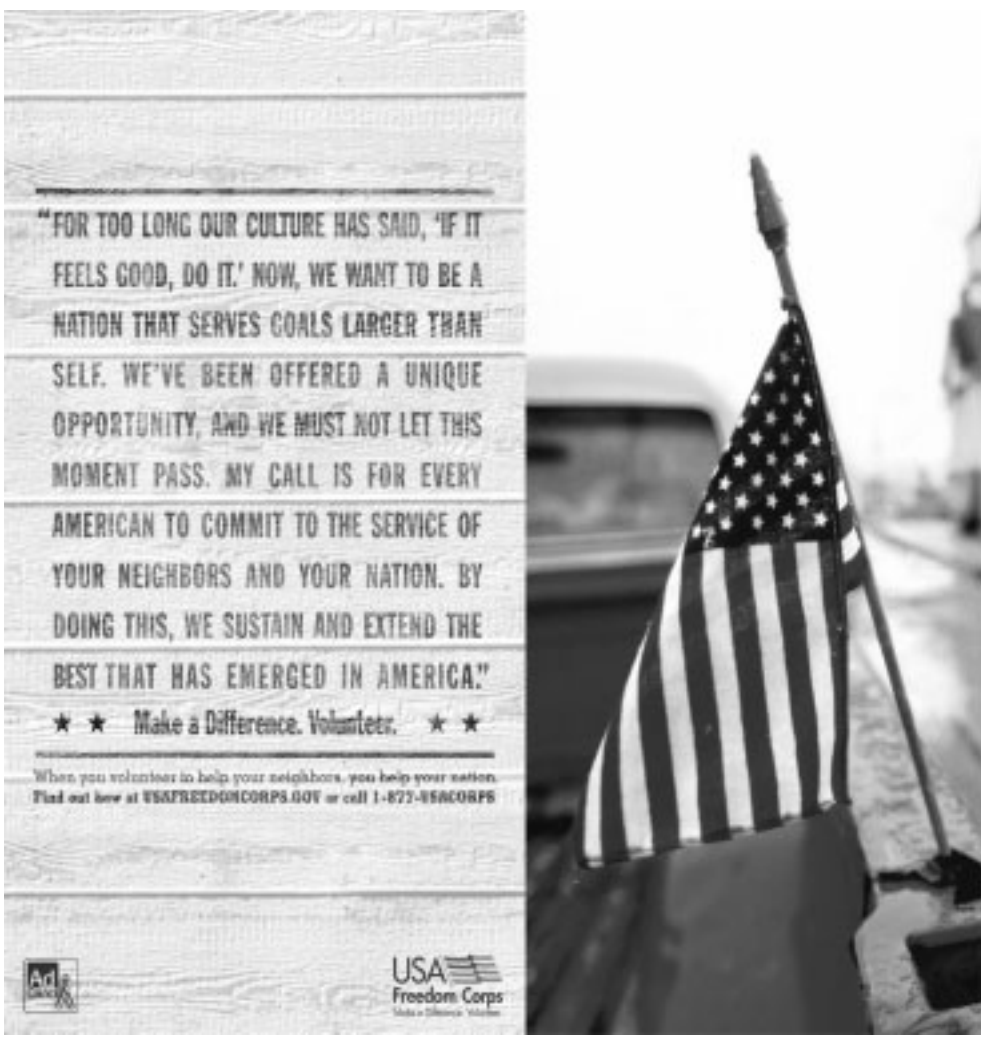
"THE MALIBU GROUP SHOULD BE SETTING up their own school district, instead of continuing to piggy-back on Santa Monica. Santa Monica residents and businesses pay for Malibu's schools. This arrangement should be ended."

"I THINK IT'S OK THAT YOU HAVE people running together. I mean, I voted for somebody who was from a different political persuasion than I."

"I'M SHOCKED THAT ANYONE IN SANTA Monica or Malibu would vote for any slate. No matter if it's these three school board members or Santa Monicans for Renters' Rights, this city is too small to vote for a slate of people. If you don't know anything about the school board, either don't vote for anyone or ask a neighbor who has children in the schools. Our school board rarely has qualified members because the voting public takes so little interest in learning anything about the candidates. Yet our taxes continue to rise because those on the school board can't budget, make sound decisions, or manage the schools. Be informed, don't vote for a slate of people."

"I'M VOTING FOR ALL THREE OF THE Malibu candidates. I am a Santa Monica resident and my son went through the schools here. The school board needs new representation wherever they come from. The present board who continually gets re-elected and is always supported by local special interest groups has done nothing to improve the school situation here. The current board is inefficient, ineffective and not responsive to parents. The system does not work, and if the same old people get re-elected, we will have the same old problems. I'm delighted that three new people are running and they get my support."

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Couples seek local-food menus and on-farm weddings

COLLEEN NEWVINE TEBEAU
Associated Press

Robert Pollock started hosting weddings at his Buttermilk Falls Inn and Spa as a fluke. He bought a 1764 house on about 100 acres in the Hudson Valley, north of New York City, and one of the guys he hired to do work on the property needed a place for a wedding, so Pollock agreed.

"Of course it poured rain but we got through it," he recalled.

Pollock accidentally became part of a trend — couples planning weddings with locally sourced menus and taking place at farms.

In Chicago, Paul Larson is a farm-to-table chef in the truest sense; he's both executive chef at Blue Plate caterers and owner of a farm in Cassopolis, Mich., where he grows microgreens and heirloom tomatoes.

"When I moved out to Michigan, they all laughed at me because I was a city boy wanting to be a farmer," Larson said. Now, with the growing popularity of locavore dining, he finds it an advantage to offer catering clients produce he's grown, or the meat and dairy of his neighbors.

Because wedding clients tend to book far in advance, Larson can order seeds and grow an item to order. He grew butternut squash and leeks specifically for one menu last year, for example.

Larson estimates that most of the couples booking Blue Plate for weddings are interested in food issues on some level, from dabblers to those serious about sourcing the entire meal from small farms within a 100-mile radius, donating leftovers, recycling wine corks and the like.

Blue Plate tries to accommodate couples wherever they are on that spectrum, Larson said. That means communicating clearly about a couple's priorities and about what's in season, and accepting the need to adapt if a particular item comes in early or late.

Jane Eckert, who consults with farms on tourism as owner of Eckert AgriMarketing, in St. Louis, Mo., has seen an increase in farms wanting to host weddings but says "it's the brides who are driving it."

"Brides are looking for unique destinations and farmers are looking for ways to supplement their income," she said.

Weddings are still a niche business for farms, Eckert said; pumpkin patches, hay rides, apple picking and corn mazes are more popular.

But once a farmer has invested in the infrastructure to make visitors comfortable, such as putting in bathrooms and a big parking lot, weddings can be a logical next step.

"This appeals to the next generation (of farmers) that's coming in. They have an opportunity to build a new business on the farm," Eckert said. "It takes the right personality," she added, since hosting weddings means working with sometimes-demanding brides, working into the night, and dealing with the commotion of big parties.

Other examples of the locavore wedding trend around the United States include the Jefferson Hotel in Richmond, Va., which uses local Rappahannock oysters, Manakintowne Farms lettuces, Dave and Dee's locally grown oyster mushrooms; and produce from the hotel's own garden on wedding menus. The hotel recently installed beehives on its roof and plans to harvest the honey next spring.

Grande Lakes Orlando resort in Florida is preparing to open an outdoor farm and event space called Whisper Creek Farm with 7,000 square feet of fruit and vegetable gardens on the 500-acre Grande Lakes estate, which also includes The Ritz-Carlton and JW Marriott hotels. Wedding guests will be encouraged to peruse the garden, and even pick and taste.

Mary Ellen Murphy, owner of Off the Beaten Path Weddings, in Napa, Calif., has been a wedding planner for about two decades. Although northern California has long been a food-focused place, she said, she sees couples increasingly interested in making good food a focus of their celebrations.

Farms appeal to couples getting married, she thinks, because so many people work indoors and are nature-deprived; it reconnects them to the earth.

"Seeing elegance out in the middle of nature brings back some fond memory of childhood and how good it felt to run around," Murphy said. "People want to bottle that feeling and give that to their guests."

She recently helped her publicist, Elana Free, plan her wedding, with a farm-like vibe that drew on Free's childhood memories of visiting her grandparents' ranch. "We would pick mulberries for hours during the summer from which my grandma would make delicious jam and pie. We gathered persimmons and walnuts, eggs from the chickens, pulled carrots from the garden, milked the goats, and even went scouting for arrowheads," Free recalled.

Free said her wedding menu featured local peaches and watermelon agua fresca at the welcome table; locally sourced chicken on the family-style, build-your-own-tacos dinner menu; locally roasted coffee at an espresso bar; local wine; and a dessert bar with family favorites made by relatives.

Buttermilk Falls, in Milton, N.Y., typically hosts about 10 weddings a year, getting some menu items from its nearby Millstone Farm — 10 acres of organic herbs, vegetables and fruits — and its restaurant, Henry's Farm to Table.

Chad Greer, who recently joined as chef, gears large-scale recipes to what's in season. At the tail end of tomato season, for instance, he liked making panzanella salad with the resort's own bread and basil. He is lobbying for an Argentinian barbecue so he can do whole local pigs.

Pollock said a wedding on the property is low key and natural.

"This is not a heels place," he said. "I tell people, don't wear your Jimmy Choos, wear your Merrills."









Massive flavor in a little bottle: A hoisin primer

J.M. HIRSCH
AP Food Editor

Mmmm. Nothing says good eats like soy residue.

Except that in Chinese cooking, it really can. And you very likely have enjoyed that soy residue, many times and in many ways.

I'm talking about hoisin, a classic ingredient for sauces — both for dipping at the table and basting during cooking — in China. Hoisin is a thick, dark red-to-brown sauce that blends sweet-spicy-savory flavors, a profile not all that different from ketchup.

It is made from the leftover mash of fermented soy beans produced when making traditional soy sauces. That mash is combined with sugar, chilies, garlic, vinegar, salt, sometimes five-spice powder and either flour or cornstarch (to thicken). Though hoisin is widely used on grilled meats (as a barbecue sauce) and in dipping sauces, it's best known for a starring role in Peking duck and moo shu pork.

The trick with hoisin is to use it sparingly. Unlike ketchup (which I firmly believe should be served by the gallon), a little hoisin goes a long way.

To make a dipping sauce, thin a teaspoon or so with sesame oil and soy sauce. Uncut, it can be brushed directly onto meats for grilling.

You'll usually find hoisin in glass jars amongst the grocer's other Asian ingredients. Refrigerated after opening, it should last months. For more ideas for using hoisin, check out the Off the Beaten Aisle column over on Food Network: http://bit.ly/QTxLLa

Hoisin Turkey Meatball Grinders with Spicy Tomato Relish

Start to finish: 30 minutes
Servings: 4
1 egg
2 tablespoons finely chopped fresh cilantro
2 scallions, finely chopped
2 cloves garlic, minced
2 tablespoons grated fresh ginger
Zest of 1 lime
1/4 cup hoisin
Salt
1 1/3 pounds ground turkey
3/4 cup panko (Japanese-style) breadcrumbs
4 tablespoons butter, divided
2 plum tomatoes, diced
1/2 cup creme fraiche
1 teaspoon hot sauce
Four 6-inch sub rolls

Heat the oven to 425 F. Coat a baking sheet with cooking spray.

In a large bowl, combine the egg, cilantro, scallions, garlic, ginger, lime zest, hoisin and 1/2 tablespoon salt. Mix well. Add the turkey, then knead well with your hands until evenly mixed. Add the breadcrumbs and mix again. Form the mixture into about 20 balls.

In a large skillet over medium-high, melt 2 tablespoons of the butter. Add half of the meatballs and brown on all sides, about 5 minutes total. Transfer to the prepared baking sheet, then repeat with the remaining butter and meatballs.

Bake the meatballs for 7 to 8 minutes, or until cooked through and a thermometer inserted at the center of a meatball reads 165 F.

Meanwhile, in a small bowl mix the tomatoes, creme fraiche, hot sauce and 1/2 teaspoon of salt. Spread a quarter of the mixture down the center of each sub roll. When the meatballs are done, arrange 5 in each roll. Serve immediately. Nutrition information per serving (values are rounded to the nearest whole number): 560 calories; 240 calories from fat (43 percent of total calories); 27 g fat (12 g saturated; 0 g trans fats); 175 mg cholesterol; 44 g carbohydrate; 39 g protein; 3 g fiber; 1,620 mg sodium.

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Photo courtesy Marianna O'Brien

WHAT'S YOUR HYPOTHESIS? **A student team figuring out how to use a force sensor.**

EXPERIMENT

FROM PAGE 3

and copy their favorite comic strips? That is if kids still read comics.

The Silly Putty project is part of the Students Spaceflight Experiments Program, meant to inspire the next generation of America's scientists and engineers. The education initiative gives 300 to 1,000 students across a community the ability to design and propose real experiments to fly in low Earth orbit. The students compete against one another to win one of the coveted spots aboard the International Space Station.

As part of the program, students have been immersed in every facet of research, from defining investigations to designing experiments, writing proposals, and submitting to a formal NASA review for selection of flight experiments. Not only does it challenge a student's understanding of scientific principles, it also tests their ability to articulate their ideas clearly.

"I have to slap myself upside the head quite a bit because we keep calling them kids. These are student researchers," said Jeff Goldstein with the National Center for Earth and Space Science Education, which helped launch the program in 2010. "They are scientists in every sense of the word."

Getting kids interested in math and science has become a mission of many education advocates, who have called for reforms to the education system to help America compete with the rest of the world.

A 2009 study by the Paris-based Organization for Economic Cooperation & Development found that U.S. students ranked 25th among 34 countries in math and science, behind nations like China, Singapore, South Korea and Finland. The fear is that if American students don't improve, they will be left behind.

It's programs like the one Lincoln Middle School participated in that are trying to turn the tide. Marianna O'Brien, a physical science teacher at Lincoln who worked with the young scientists on their experiments, said she noticed a difference in her students, who at first were unfamiliar with the International Space Station but are now talking about becoming engineers or astronauts.

It helped that in recent months space exploration has been the topic of much discussion with the Mars rover landing and the retirement and Los Angeles fly-over of the Endeavour space shuttle last month. O'Brien and fellow science teacher Carol Wrabel used the two events in their lesson plans.

"I think the excitement of it all and the awareness of what was happening helped make science interesting, engaging and fun for them," O'Brien said. "Those are the things we need to make sure students stay in science."

Several teachers challenged the school board last month to create a task force to enhance math and science curriculum.

"I just hope this inspires other kids to realize that science is within their reach," O'Brien said.

It seems it has. The students who developed the Silly Putty experiment seem as comfortable talking about the latest pop culture craze as they do the future of NASA and space exploration. They spoke about the need to keep exploring and identifying new worlds, just in case Earth gets too crowded. They also lamented the retirement of the space shuttle program, something their parents grew up with, but realized that a change has to be made so that science can evolve.

"I don't see it as a death, but more of a transition," said Abastillas about the end of the shuttle program. "Now the focus has shifted to interplanetary travel."

"Kind of like passing the torch," Soohoo added.

Perhaps these students will carry it.

kevinh@smdp.com





MAIL
FROM PAGE 1

The recession didn't help, nor did a mandate passed by Congress in 2006 that the Postal Service pre-pay health benefits for future retirees for the next 75 years, and do so within the next 10 years at a cost of $5.5 billion annually.

Those fighting to save post offices said if that mandate was reduced, the Postal Service could be operating with a significant surplus instead of a drowning deficit.

Postal officials dispute that, saying even if the mandate were lifted there would still be deficits because of the drop in mail volume.

When Santa Monicans learned of the decision to shutter the post office, many feared that if it were sold it would be demolished or historic features would not be preserved. They also said that moving to the carrier annex would limit access by foot and that the location is inconvenient and potentially dangerous as those walking would have to cross the future Exposition Light Rail Line tracks.

City officials argued that the decision to close the post office should have been conducted under a different procedure, providing more time for public input.

In the letter distributed to those who filed appeals, Tom Samra, vice president of facilities for the Postal Service, said he reviewed those concerns, "but the objections expressed do not outweigh the practical and operational benefits for both the Postal Service and its customers, as well as the financial exigencies facing the Postal Service."

Samra said that while the post office is eligible for listing in the National Register of Historic Places, the Postal Service is not required to continue operating there. He also said that the National Historic Preservation Act does not apply to the relocation because the move will not alter the character of the post office building, nor does it change the uses that can be made of the property.

However, the act could come into play when the Postal Service transfers ownership to a private party. At that point it is expected that the Santa Monica Landmarks Commission will fight to preserve the structure.

With regards to accessibility, Samra argued that the annex is less than a mile away from the Fifth Street post office and is accessible by foot and by public transit. He said that the Expo line will not impede access and that the facility will provide ample parking for customers who drive, something which is not available at the Fifth Street post office.

He went on to say that the annex is more energy efficient, accommodates the retail counters and post office boxes without expanding the building and has a safer area for large trucks loading and unloading packages.

By moving to the annex, the postal service will save $336,179 annually.

"While the Postal Service is not insensitive to the impact of this decision on its customers and the Santa Monica community, the relocation of the Santa Monica post office is in the best interest of the Postal Service and its customers," Samra wrote in the letter. "This is the final decision of the Postal Service with respect to this matter … ."

That decision is sure to disappoint many Santa Monicans who have grown fond of the Fifth Street location.

After the move, there still will be three facilities serving customers; the Seventh Street office, the Ocean Park Station at 2720 Neilson Way, and the Will Rogers Station at 1217 Wilshire Blvd.

kevinh@smdp.com



Daniel Archuleta *daniela@smdp.com*

AT AN END: **The U.S. Postal Service is moving ahead with closing the Downtown Post Office.**



GAS
FROM PAGE 1

hand-written signs reading, "We are sorry, it is not our fault," the Times said.

While gas prices have spiked around the nation, refinery outages and pipeline problems have added to woes in California.

Among the recent disruptions, an Aug. 6 fire at a Chevron Corp. refinery in Richmond left one of the region's largest refineries producing at a reduced capacity, and a Chevron pipeline that moves crude to Northern California also was shut down.

There also was a power failure that affected an Exxon Mobil Corp. refinery in Torrance, but a company spokeswoman said Friday that the refinery has resumed normal operations and would be able to meet all of its contractual commitments.

The national average for gas is about $3.79 a gallon, the highest ever for this time of year. However, gas prices in many states have started decreasing, which is typical for October.

Hawaii usually has the nation's most expensive gas, but California leapfrogged the Aloha State on Friday. The average price in Hawaii was about 8 cents a gallon less than in California.

In California, gasoline inventories are the lowest in more than 10 years — a situation made worse by the state's strict pollution limits that require a special blend of cleaner-burning gasoline during hot summer months.

The California Air Resources Board was reviewing a waiver filed by the California Independent Oil Marketers Association, which represents independent station operators, requesting that they be allowed to begin selling so-called winter blend gasoline before the scheduled Oct. 31 switch.

David Clegern, a spokesman for the air board, said there is no timeline for a decision. The California Energy Commission must review actual gas inventory to determine if there is really a shortage and assess what effect the switch would have on air quality, he said.

Patrick DeHaan, senior petroleum analyst at GasBuddy.com, said prices will keep rising because in the past week wholesale gasoline prices have jumped $1 a gallon, but average retail prices have increased only 30 cents.

"This is one of the easiest forecasts: Retail prices are going to skyrocket," DeHaan said.

The jump in wholesale prices can be particularly tough on independent gas stations that often pay more for their gas because they are not part of a larger chain.

Tom Kloza, chief oil analyst at Oil Price Information Service, said he's heard of a few California station owners shutting their pumps rather than charging the $4.90 a gallon or more necessary to break even.

"Wholesale price increases lead to retail price increases," Kloza said. "But there is some restraint among companies who do not want to exercise their current pricing power and irritate their customers."

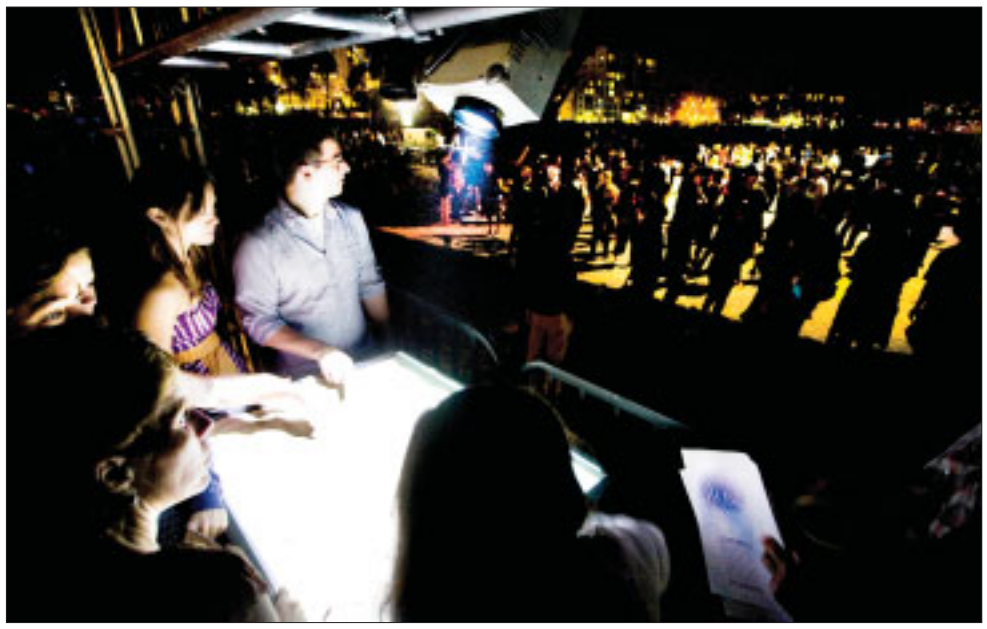
Some analysts think prices nationally will begin to decline soon but say California could see a longer spike given its unique fuel requirements.

"Nationally, I believe most prices will wobble to and fro for the next week or so, with an eventual slow but steady attrition in retail gas prices, particularly in the Midwest and Southeast," Kloza said. "California is a wild card."









Brandon Wise *brandonw@smdp.com*

HAND IN THE SAND: **People dip their hands into small sandboxes as their shadows are projected upon people playing in the adjacent beach at the installation 'Sandbox' designed by Rafael Lozano-Hemmer during 2010's Glow.**

ART

FROM PAGE 1

their best to entertain, inspire and challenge people to think about their place in the world.

"We are very excited that Glow is going to come back and be better than ever," Bloom said.

The high expectations are in large part due to the lineup of artists, which include Janet Echelman, whose recent works include "Water Sky Garden," which premiered for the 2010 Vancouver Winter Olympics; Glenn Kaino, who will represent the U.S. at the Cairo Biennale 2013, considered to be one of the most important cultural events in the Middle East; Dr. Victoria Vesna, director of the Art/Sci center of the School of the Arts and California Nanosystems Institute who explores how perceptions of identity shift in relation to scientific innovation; and Rebeca Méndez, who is Glow's first ever artist in residence.

Méndez, who is currently inspired by man's impact on nature and how climate change is forcing a new era of migration and the redistribution of natural resources, will be charged not only with creating installations for Glow, but also events leading up to the big day to draw interest and engage the community.

The Mexico City native could barely contain her excitement Thursday as she talked about her desire to immerse herself in Santa Monica's culture and natural environment.

"This is really fantastic," she said. "This community is full of energy and vitality. People are open-minded, creative and eager to help."

That could be because Santa Monica is home to many creative minds. According to a study conducted by City Hall, 43 percent of residents make their living in the creative industries. Culture and the arts have also been included in Santa Monica's Sustainable City Plan, a framework to leave the community in a better place for future generations.

"Santa Monica clearly values culture and sees it as an economic asset worthy of investment," Méndez said. "And there's all this sand here that I can't wait to play with."

Misti Kerns, president/CEO of the Santa Monica Convention and Visitors Bureau, a partner in Glow along with the Chamber of Commerce, Downtown Santa Monica Inc., the Santa Monica Pier Corp. and KCRW, said Glow has helped raise Santa Monica's profile abroad, letting those overseas know that it is a destination rich in culture.

It's also a boon for some businesses that choose to stay open late and offer specials. Several hotels were fully booked in 2010, something which encouraged city officials to move the event from summer to September, when hotel stays were lighter.

City officials plan on a budget of $650,000 for Glow, which includes payments to the artists as well as in-kind contributions. Glow receives $100,000 in public funds, according to previous reports.

Additional artists will be selected over the coming months through the Glow network and through an open call for artists to be issued later this year, said Jessica Cusick, City Hall's Cultural Affairs director.

Glow, which was inspired by "Nuit Blanche," a French creation that put art on display at night, debuted in 2008 to mixed reviews. The art was well-received, but the estimated 200,000 people that swarmed the city expecting a rave atmosphere killed the mood for many who had difficulty getting to the installations at the heart of the event.

Cusick said city officials have grown wiser and took an extra year to plan for 2013 to help make the experience better.

"Third time's a charm," Cusick said.

For more information on Glow, visit glowsantamonica.org.

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Jobs report gives Obama a much-needed boost

KEN THOMAS
NEDRA PICKLER
Associated Press

CLEVELAND President Barack Obama celebrated much-needed good economic news Friday as the unemployment rate dropped to its lowest level since he took office. "We are moving forward again," he boasted. Republican rival Mitt Romney retorted that the president still hasn't done enough to help millions of people who are out of work.

The figures announced by the Labor Department — 114,000 new jobs last month to bring the unemployment rate to 7.8 percent — gave Obama fresh evidence on the heels of his disappointing debate performance to argue that his economic policies are working. Romney countered that the country can't afford four more years of the president's leadership and argued that the rate is low in part because some people have quit looking for work.

"These are tough times in this community," Romney told a rally outside a construction equipment store after meeting with coal miners who have been laid off. "We're going to bring back jobs and bring back America."

Obama responded that Romney wants to roll back policies that are repairing the economic damage.

"Today's news should give us some encouragement," Obama told thousands gathered in the rain for an afternoon rally at Cleveland State University. "It shouldn't be an excuse for the other side to try to talk down the economy just to try to score a few political points."

The unemployment rate fell from 8.1 percent in August, matching its level in January 2009 when Obama became president. There is one more monthly unemployment report before Election Day, so Friday's numbers could leave a lasting impact on Americans who are already casting ballots in states that allow early voting.

The candidates campaigned Friday on opposite ends of one of those early voting states, Virginia. Romney, in the state's far western coal country, said he wants to develop coal and other domestic resources to make North America energy independent in eight years. Obama focused on recruiting women at an appearance in the Washington suburbs, where he argued that his health care policy has improved their health care choices.

Obama, seeking to rebound after Romney dominated their first debate Wednesday night, is accusing his rival of being dishonest about how his policies would affect the tax bills of middle-class families and the Medicare benefits of retirees. He told an audience at George Mason University that his rival "got an extreme makeover" in their face-off.

He also argued Romney can't bring change to the country when he's "willing to write off half the nation before you take office," a reference to Romney's disparaging

SEE **JOBS** PAGE 13

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JOBS
FROM PAGE 12

remarks about the 47 percent of Americans who don't pay federal income taxes. Romney made the comments at a fundraiser in May that was secretly recorded, but the videotape did not emerge until last month. Romney went as far as he's ever gone to try to take back his words in an interview Thursday night with Fox News.

"Well, clearly in a campaign, with hundreds if not thousands of speeches and question-and-answer sessions, now and then you're going to say something that doesn't come out right," Romney said Thursday. "In this case, I said something that's just completely wrong."

At the White House, senior adviser David Plouffe retorted: "I would take with a huge grain of salt trying to clean something up five months after you said it for the first time."

The next presidential debate is not until Oct. 16, a town hall-style meeting at Hofstra University in New York, giving both sides ample opportunities to blanket battleground states and raise money for the final weeks of television advertising.

Romney released three new ads on Friday, offering a window into his strategy for the coming week. One, called "Facts Are Clear," focuses on the national debt and accuses Obama of wasting trillions of dollars instead of creating jobs. A second spot features Greg Anthony, a former professional basketball player from Nevada, talking about his roots in the state and his switch from backing Obama in 2008 to Romney this year.

The third spot is titled, simply, "Ohio Jobs." It features Romney looking straight at the camera to talk to voters from the Midwestern battleground state seen as critical to his White House hopes. Obama also was campaigning in Ohio on Friday.

Romney planned a rally later in the day in St. Petersburg, Fla., kicking off a weekend of campaigning in that state, the largest of the prized battlegrounds. Obama was heading to California on Sunday for a fundraising spree that will include a concert in Los Angeles featuring Jon Bon Jovi, Katy Perry and Stevie Wonder.

Traveling aboard Air Force One, Plouffe foreshadowed an intense focus on Ohio in the coming weeks, where polls have shifted in Obama's favor. No Republican has won the presidency without winning Ohio, and Obama's campaign sees blocking Romney there as one of its best paths to victory.

Plouffe said the true measure of the first debate was whether it moved voters in the battleground states. Speaking of Romney, Plouffe said: "Is he going to take the lead in Ohio? If he doesn't, he's not going to be president," he said.

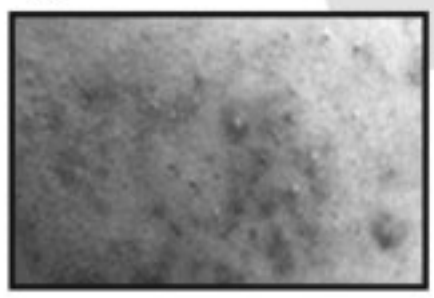


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‘Elvis’ among new balloons at New Mexico event

RUSSELL CONTRERAS
Associated Press

ALBUQUERQUE, N.M. A giant Elvis and a child in a wheelchair are among the new shapes set to take part in an annual hot-air balloon festival in New Mexico.

The 41st Albuquerque International Balloon Fiesta is scheduled to begin Saturday with the launch of hundreds of hot-air balloons.

More than 550 pilots have signed up to fly balloons during the nine-day event. Other balloon shapes making their debut at the fiesta include an ice cream cone, an astronaut and Simba the lion.

Fiesta officials hope for better weather for the nine-day affair after wind and rains sidelined balloons for a few events last year, cutting attendance by about 100,000 visitors.

Still, organizers last year broke a world record, sending up 345 balloons at one time.

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NCAA FOOTBALL

Spread offense taking hold for No. 25 UCLA

ASSOCIATED PRESS

BERKELEY, Calif. First-year coach Jim Mora figured it would take some time before No. 25 UCLA looked polished running the spread offense, and he's still not sure the Bruins are there.

What Mora has seen recently makes him believe it won't be long before they are.

UCLA (4-1, 1-1 Pac-12) is averaging nearly 560 yards and is off to its best start since 2007, heading into its game Saturday at California.

Johnathan Franklin is the fourth-leading rusher in the country with 139.4 yards a game while redshirt freshman quarterback Brett Hundley ranks 17th in the nation for total offense.

The two combined for 406 yards and four touchdowns in UCLA's 42-14 win at Colorado last week.

"We were smoother in our operation and our tempo was more like we want it to be," Mora said. "You want it to start and happen right from the get-go but that's probably not realistic with a new system, new program, new coaches, new terminology. It just takes you a little while to ramp up, and I think we're starting to hit our groove a little bit."

Franklin, who leads all running backs from BCS automatic-qualifying conference schools in rushing, is the biggest reason for UCLA's resurgence. He has rushed for over 100 yards in four of five games and needs only 366 to become the school's career leader.

Hundley has also come up big since beating out former starter Kevin Prince in training camp.

The UCLA quarterback has passed for 1,470 yards and 11 touchdowns with only three interceptions while completing nearly 66 percent of his throws. Hundley has also rushed for 165 yards and four scores, and is coming off a stellar game against Colorado.

"He's doing a nice job with what they're doing, pulling it when he needs to pull it and making positive yards," Cal coach Jeff Tedford said. "He's very comfortable in their system."

Tedford clearly isn't comfortable these days and has come under fire for his team's poor start.

A newly renovated stadium that cost upward of $320 million raised expectations but the Bears have been unable to deliver anything close to what boosters and alumni had hoped.

Cal (1-4, 0-2) has lost three straight games, with its lone win coming against Southern Utah of the FCS on Sept. 8. The Bears need to win five of their final seven just to become bowl eligible, a monumental task at this point.

"I'm miserable, can't stand it. There's nothing worse right now," Tedford said. "But I'm not going to sit in my office and cry about it. We have a job to do and the players have to understand the same thing. No one's happy with where we are."

At least history is on Cal's side.

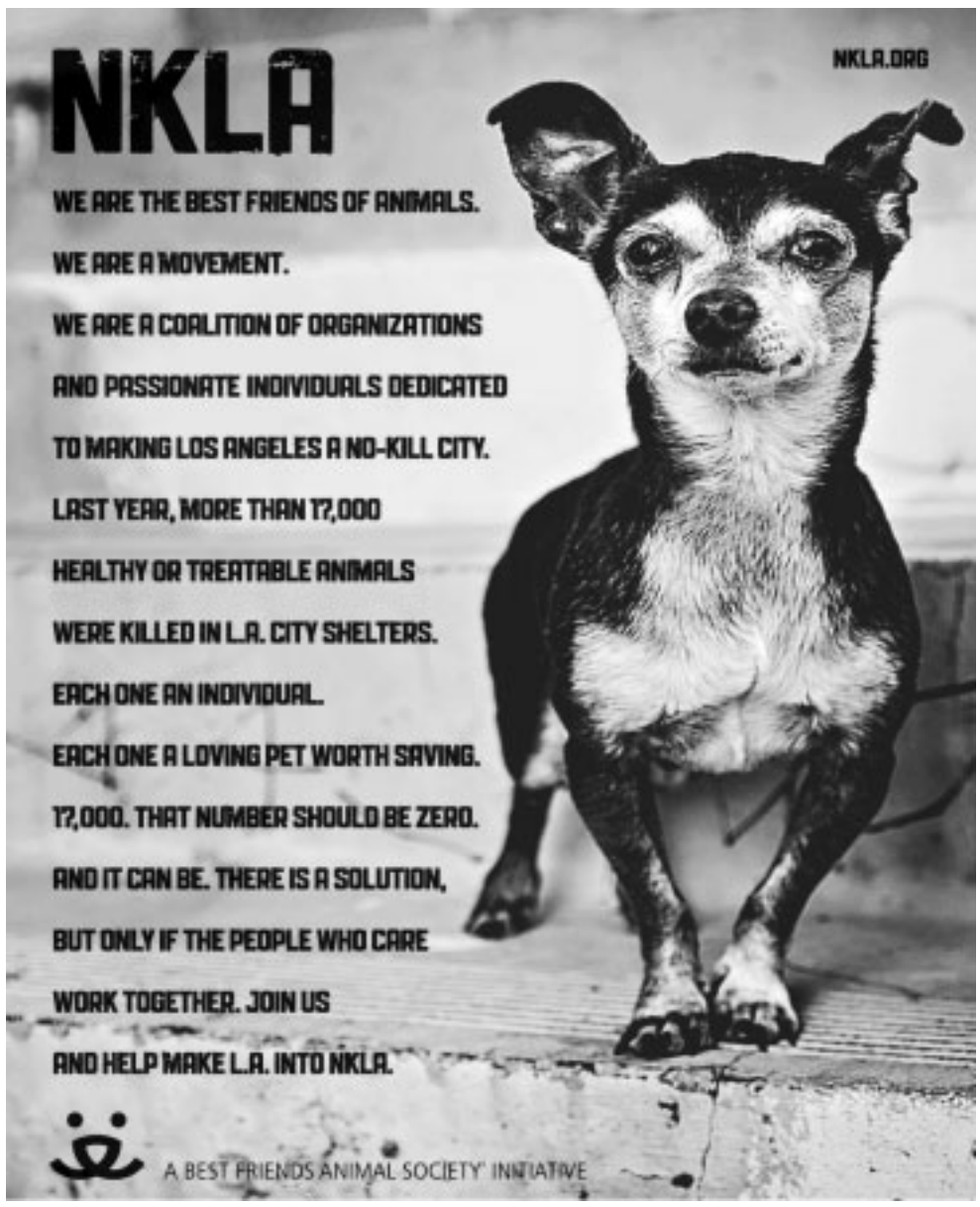
While UCLA is unbeaten in two road games this year, the Bruins haven't won at Memorial Stadium since 1998.

Tedford said he plans to get sophomore running back Brendan Bigelow more involved in the offense. Bigelow rushed for 160 yards and two touchdowns on four carries against Ohio State on Sept. 15, but did not touch the ball once in last week's loss to Arizona State.

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SURF REPORT



RIPCURL LIVE THE SEARCH
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Surf Conditions **Water Temp:** 66.9°

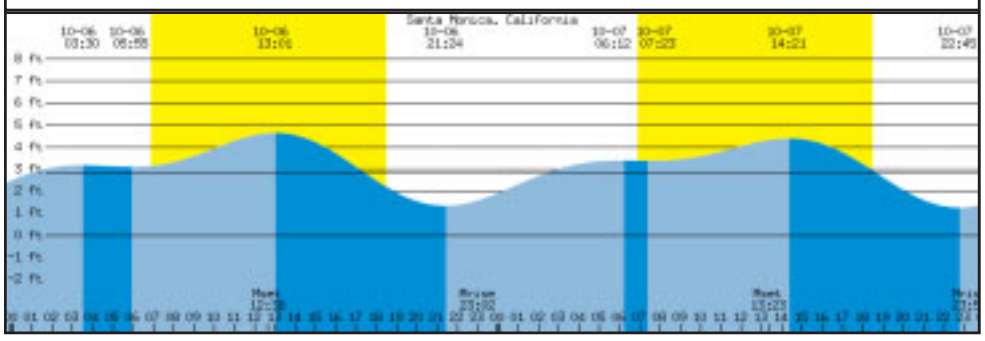
Swell Forecast

Looking at waist high waves most everywhere.

Long Range Synopsis

Looking at waist to chest high waves at south facing breaks, waist high at west facing spots.

Tide Forecast for Today in Santa Monica



BEACH REPORT CARD

NORTH LOS ANGELES COUNTY

Grades for this report are based on monitoring data from the previous 30 days up to the ending date of: **October 3, 2012**

HEAL THE BAY • 1444 9th Street, Santa Monica, CA 90401 • www.healthebay.org • brc@healthebay.org • 800 HEAL BAY

QUICK STATS (for the last 30 days)

- Number of sewage spills -- 1
- Number of beach closures due to a sewage spill -- 0
- Number of wet days -- 8
- Number of A grades for dry/wet weather -- 38 / ns
- Number of (C,D,F) grades for dry/wet weather -- 0 / ns

The Beach Report Card is made possible by: The Diller – von Furstenberg Family Foundation, Goodbrook Family Foundation, simplehuman, LiquiGUY, SIMA

Heal the Bay reminds you not to swim or surf within 100 yards of any flowing storm drain or for 3 days after a rainstorm. After a rain, indicator bacteria counts at beaches throughout California usually far exceed health criteria in the state's Beach Closure and Health Warning Protocol.

LOCATION	DRY	WET
Leo Carrillo Beach, at Arroyo Sequit Creek mouth.	A+	ns
Nicholas Beach at San Nicholas Canyon Creek mouth.	A+	ns
El Pescador State Beach, between Lechuza and Las Alias creeks.	ns	ns
Encinal Canyon at El Matador State Beach.	A+	ns
Broad Beach at Trancas Creek mouth.	A+	ns
Zuma Beach at Zuma Creek mouth.	A+	ns
Walnut Creek, projection of Wildlife Rd. (private).	A	ns
Paradise Cove Pier at Ramirez Canyon Creek mouth.	A+	ns
Escondido Creek, just east of Escondido State Beach.	A	ns
Latigo Canyon Creek mouth.	A+	ns
Solstice Canyon at Don Blocker County Beach.	A+	ns
Puerco State Beach at creek mouth.	A	ns
Marie Canyon storm drain at Puerco Beach, at 21672 Malibu Rd.	B	ns
Surfrider Beach at Malibu Colony fence.	A+	ns
Surfrider Beach (beach location)- daily.	A+	ns
Malibu Pier - 50 yards east.	F	ns
Carbon Beach at Sweetwater Canyon.	A+	ns
Las Flores State Beach at Las Flores Creek (point zero).	A+	ns
Big Rock Beach at 19648 PCH stairs.	A	ns
Pena Creek at Las Tunas County Beach.	A+	ns
Tuna Canyon.	ns	ns
Topanga State Beach at creek mouth.	A+	ns
Castlerock Storm Drain at Castle Rock Beach.	A	ns
Santa Ynez Storm Drain at Castle Rock Beach.	A+	ns
Will Rogers State Beach at 17300 PCH (1/4 mile east of Sunset drain).	A+	ns
Will Rogers State Beach at Bel Air Bay Club drain near fence.	F	ns
Will Rogers State Beach at Pulga Canyon storm drain.	A+	ns
Will Rogers State Beach at Temescal Canyon drain.	B	ns
Will Rogers State Beach at Santa Monica Canyon drain (Chautauqua).	A	ns
Santa Monica Beach at Montana Ave. drain.	A+	ns
Santa Monica Beach at Wilshire Blvd. drain.	A+	ns
Santa Monica Municipal Pier.	A	ns
Santa Monica Beach at Pico/Kenter storm drain.	A	ns
Santa Monica Beach at Strand St. (in front of the restrooms).	A+	ns
Ocean Park Beach at Ashland Ave. drain.	A+	ns
Venice City Beach, at the Rose Ave. storm drain.	A+	ns
Venice Beach at Brooks Ave. drain.	A+	ns
Venice Beach at Windward Ave. drain.	A+	ns
Venice Fishing Pier - 50 yards south.	A+	ns
Venice Beach- projection of Topsail St.	A+	ns
Marina del Rey, Mothers' Beach- lifeguard tower.	B	ns
Dockweiler State Beach at Ballona Creek mouth.	A	ns
Dockweiler State Beach at Culver Blvd. drain.	A+	ns
North Westchester Storm Drain at Dockweiler State Beach.	A	ns
Dockweiler State Beach at World Way (south of CIWW jetty).	A+	ns
Dockweiler State Beach at Imperial Hwy drain.	A+	ns
Dockweiler Beach- opposite Hyperion Treatment Plant.	A+	ns
Dockweiler State Beach at Grand Ave. drain.	C	ns

LEGEND

DRY -- each location is graded on an A – F scale based on bacterial pollution levels present in the surf zone

WET -- grades for days of recorded rainfall and the following 3 days

ns -- no sample taken

Heal the Bay is a non-profit environmental organization dedicated to making Santa Monica Bay and Southern California coastal waters safe and healthy for people and marine life.

Heal the Bay

Heal the Bay's Beach Report Card™ is based on weekly water quality monitoring data provided by the City of Los Angeles' Environmental Monitoring Division and the Los Angeles County Department of Health Services. Data is analyzed as soon as it is made available to us by the public agencies. Beaches are graded on an A–F scale based on the risk of ocean users becoming ill. Samples are analyzed for bacteria—enterococcus, total and fecal coliforms—that indicate biological pollution. A fact sheet detailing the exact methodology used in determining grades for each location is available from the office or on our web site. The report is not designed to measure the amount of trash or toxins found at local beaches.

The Beach Report Card is an indication of past water quality and is not a warranty of the current safety of those areas surveyed. Our lawyers are happy.

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D.U.I. Do's & Don'ts

With a slumping economy, ensuing global conflicts and our own personal dilemmas, a few drinks come as a welcome respite for many. But before you have that extra glass of wine at dinner, make sure you are aware of some new laws and issues that may drastically affect your driving privileges. California has some of the toughest DUI laws in the country, and while no one plans to get arrested for DUI, here are 5 helpful tips to remember if you find yourself at the wrong end of a DUI checkpoint this year.

1) Submit To FSTS: When arrested for DUI many people look for a quick and easy way out of it such as refusing to submit the officer's tests. Well, truth be told, this doesn't really work. Refusing to submit to field sobriety tests (FSTS) will almost always earn a year suspension from the DMV regardless what happens with your court case. Refusing to submit to FSTS might weaken the State's evidence against you, but is it worth risking an automatic one year suspension? This includes submitting a breathalyzer test at the scene of the arrest (called a PAS test). A PAS test might not even be admissible in the criminal case, but if you are below a .08 it will save you a ton of hassle…and probably earn a get out of jail free card. Submit to testing and let a skilled lawyer take it from there. Even if the test results appear "bad," by hiring the right attorney there are many legal arguments and challenges that can be made to the manner in which the tests weand administered, your statements, and the results of the tests.

2) Request A Hearing: if arrested for DUI you will receive a temporary driver's license that is good for 30 days before your license is suspended. However, you have the right to request an administrative hearing with the DMV in order to challenge the suspension. This hearing might also yield valuable testimony from the arresting officers that could help you later on when fighting your case in court. Administrative hearings are conducted either in person or telephonically, are far less formal than a court proceeding, and have a lower evidentiary standard of proof required to sustain a suspension. Administrative hearings must be requested within 10 days of arrest, so make sure to act fast if you are arrested. A trained experienced lawyer is also advantageous in order to help navigate through the complexities of the DMV.

3) Know The Penalties: In most Los Angeles County courtrooms a "standard" first time DUI conviction carries with it a $390 fine, 3 month alcohol program, 3 year probation, and mandatory installation of an ignition interlock device (a new 2010 law that L.A. County D.A.'s and C.A.'s are widely enforcing). Typically, prosecutors will not seek jail confinement on a 1st time conviction. In addition to the fines, the court will add on various penalty assessments and fees that could raise your final bill to upwards of $1,750. Depending on the circumstances of your case (under 21, high blood alcohol, refusal) the court could also order you to complete community service, caltrans work, attend AA meetings, and complete a MADD or hospital/morgue program. A first time DUI conviction is priorable, meaning it will be used to enhance punishment on any subsequent DUI in a 10 year period. A second time DUI begets similar punishment with heightened fines and a mandatory minimum of 96 hours (4 days) in jail. Of course, all of these penalties and punishments are subject to change based on varying circumstances, and it should be noted that there are additional restrictions that the DMV can enforce on top of all the court required punishments.

4) Be Polite & Courteous: No matter what crime you are arrested for, be it for DUI or some other offense, dealing with police officers in a calm, respectful, and appropriate manner is always the best approach and will reward you in the end. Officers will note your behavior in their reports, and any belligerent outburst or tirade will likely be used against you as a sign of intoxication and could also earn you additional charges. Of course the opposite is also true meaning if you are calm and collected it could be used as a sign of non-impairment. Even if you didn't do anything wrong always remember that you attract more bees with honey!

5) Don't Drive!: The easiest tip of all...drink to your heart's content and enjoy the holidays, and when you're done take a cab, ride a bus, or call a friend...just don't drive!

This column was prepared by Jacob Glucksman, a Criminal Defense attorney. He can be reached through the Legal Grind at 310-452-8160 or referral@legalgrind.com

Disclaimer: this article does not constitute legal advice and does not create an attorney client relationship.

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@ THE NOVEL CAFÉ, located at 2127 Lincoln Blvd, Santa Monica
Although our doors are closed during construction, we're still open!
CALL 310.452.8160 TO CONFIRM TIMES
Info@legalgrind.com

MONDAY
4:00-5:00 pm (1st & 3rd Monday/Month) Criminal Law, DMV & Traffic Law: Felony and Misdemeanor Crimes, with former deputy D.A. Jacob Glucksman

TUESDAY
9:00am-12:00pm Patent, Trademark and Copyright Law with Attorney Marcus Risso. (By appointment only)

4:00pm-5:00pm (1st and 3rd Tuesday of the Month). Civil and Criminal Law with former Deputy District Attorney Hart Levin. Hart has expertise in all criminal and traffic issues, and he also has extensive knowledge in many areas of civil law including business disputes, personal injury, medical malpractice, and wrongful death. (By appointment only)

5:00 - 7:00 pm Wrongful termination, harassment; discrimination; wage and hour ;denial of unemployment benefits; and general counseling on issues in the workplace w/ attorney Nina Baumler. (Call for Appointment) at the 2901 Ocean Park location of the Novel Café.

WEDNESDAY
11:00am-3:00pm Special Education Law (By appointment only. Also available by appointment on Mondays or Fridays from 11:30 am to 3:00 pm) Attorney Alison Arkin has extensive experience working with parfents of special needs children with a wide range of disabilities, and can help them obtain appropriate services from both school districts and regional centers. She has experience with every level of the process including obtaining appropriate assessements, representation at IEP meeting, mediations, settlement negotiations and hearings.

5:00-6:30pm Divorce and Legal Separation; Domestic Partnerships; Child Custody, Support and Visitation; Spousal Support; Prenuptial Agreements & Mediation with Family Law Specialist Attorney Elizabeth Fields at the 2901 Ocean Park location of the Novel Café.

THURSDAY
12:00-2:00pm Immigration and Family Law with Attorney Galorah Keshavarz (By appointment only)
4:00-5:00pm (By appointment only) Chapter 7 and 13 Bankruptcy, Debt Negotiation and Personal Injuries cases with Attorney and Legal Grind founder Jeffrey J. Hughes

FRIDAY
4:00-5:00pm (2nd & 4th Friday/Month) Criminal, DMV & Traffic Law: Felony and Misdemeanor Crimes with Attorney & former Deputy D.A. Jacob Glucksman. By Appointment only

4:00-5:00pm (1st & 3rd Friday/Month) Small business start-ups, Corporations, Contracts, Non-Profit Organizations, Green Law, Employment Law, Green and Sustainable Business Practices with Attorney Becki Kammerling.

SATURDAY
10am-11:30am (1st, 3rd & 5th Saturday/month) Real Estate, Estate Planning, Wills & Living Trusts, Will Contests, Probate, Elder Law Business Litigation, Formation & Dissolution, Contracts, Construction Contracts Family Law including Divorce, Child/Spousal Support, Prenuptial Agreements, Personal Injury, Accidents, Premises and Product Liability, & Legal Malpractice with Attorney Richard Ruman. (By appointment only)

12PM TO 2PM Personal Injury free consultation; Regular consultation on all areas of Estate Planning, Landlord/Tenant rights, Mortgage Litigation, Premises Liability, Construction Accidents, and Products Liability with attorney SandeepAgarwal.

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MOVIE TIMES

Aero Theatre
1328 Montana Ave.
(310) 260-1528

Saturday, Oct. 6
1900 (R) 2hrs 5min
7:30pm

Sunday, Oct. 7
The Sheltering Sky (R) 2hrs 18min
and
Besieged (R) 1hr 33min
7:30pm

AMC Loews Broadway 4
1441 Third Street Promenade
(888) 262-4386

Butter (R) 1hr 31min
11:50am, 2:15pm, 4:45pm, 7:15pm, 9:45pm

House at the End of the Street (PG-13) 1hr 41min
11:45am, 2:20pm, 5:00pm, 7:40pm, 10:15pm

Won't Back Down (PG) 2hrs 01min
12:40pm, 3:50pm, 7:00pm, 10:00pm

Escape Fire: The Fight to Rescue American Healthcare (PG-13) 1hr 35min
11:55am, 2:30pm, 5:15pm, 7:55pm, 10:30pm

AMC 7 Santa Monica
1310 Third St.
(310) 451-9440

Hotel Transylvania 3D (PG) 1hr 31min
11:55am, 2:30pm, 5:20pm, 7:50pm, 10:15pm

Frankenweenie in Disney Digital 3D (PG) 1hr 27min
11:45am, 2:30pm, 5:10pm, 7:45pm, 10:15pm

Taken 2 (PG-13) 1hr 31min
11:55am, 2:45pm, 5:25pm, 8:00pm, 10:25pm

Perks of Being a Wallflower (PG-13) 1hr 42min
11:30am, 2:20pm, 4:50pm, 7:25pm, 10:20pm

Trouble with the Curve (PG-13) 1hr 51min
11:20am, 1:55pm, 4:35pm, 7:15pm, 10:00pm

End of Watch (R) 1hr 49min
11:35am, 2:25pm, 5:10pm, 7:55pm, 10:30pm

Hotel Transylvania (PG) 1hr 31min
11:25am, 1:45pm, 4:20pm, 7:00pm, 9:30pm

Hotel Transylvania (PG) 1hr 31min
7:50pm

Laemmle's Monica Fourplex
1332 Second St.
(310) 478-3836

Arbitrage (R) 1hr 40min
1:50pm, 4:20pm, 7:00pm, 9:40pm

How to Survive a Plague (NR) 1hr 49min
11:10am

Decoding Deepak (NR) 1hr 23min
11:00am, 1:00pm, 3:00pm, 5:10pm, 7:20pm, 9:55pm

Just 45 Minutes from Broadway (R) 1hr 48min
1:40pm, 4:20pm, 7:10pm, 9:50pm

Master (R) 2hrs 30min
1:00pm, 4:05pm, 7:10pm, 10:15pm

Waiting Room (NR) 1hr 21min
11:00am

AMC Criterion 6
1313 Third St.
(310) 395-1599

Frankenweenie (PG) 1hr 27min
11:00am, 1:25pm, 3:55pm, 4:45pm, 6:25pm, 9:00pm, 11:20pm

Looper (R) 1hr 58min
11:25am, 12:35pm, 2:15pm, 3:40pm, 5:10pm, 6:45pm, 8:00pm, 9:45pm, 10:45pm

Dredd (R) 1hr 36min
11:30am, 2:10pm

Taken 2 (PG-13) 1hr 31min
11:15am, 1:50pm, 4:30pm, 7:00pm, 7:30pm, 9:45pm, 10:15pm

Pitch Perfect (PG-13) 1hr 52min
11:40am, 2:30pm, 5:30pm, 8:15pm, 11:10pm

For more information, e-mail news@smdp.com

Love the one you're with, Pisces

ARIES (March 21-April 19)
★★★★ Move quickly, ask questions and refuse to get locked into a close associate's thought patterns. Prepare to discard conventional thinking for a more effective process. Many people will share their thoughts. Tonight: A must appearance.

TAURUS (April 20-May 20)
★★★★★ More than just your delivery, it also is how you phrase concepts that counts. Fortunately, you can be a reserved and cautious person when you need to be. One-on-one relating draws someone in and allows greater cohesiveness. Tonight: Visit with a friend.

GEMINI (May 21-June 20)
★★★★ Listen to a boss or older friend to get feedback that is drawn from years of experience, and you only can gain. Communicate and share your thoughts; others will begin to participate in the same manner. Tonight: Do some shopping, and perhaps meet a friend or loved one for a late dinner.

CANCER (June 21-July 22)
★★★★ You have been holding back, and for an effusive and emotional sign, this experience has been a test of your self-discipline. Finally, you will be able to express your thoughts. Others might be taken aback. Tonight: Feeling your Wheaties? Act accordingly.

LEO (July 23-Aug. 22)
★★★★ Zero in on your priorities, whether in a meeting or just with one person. Understanding evolves with a friend when you decide to work together toward a mutual goal. The goal can be anything -- it is the process that counts. Tonight: In the whirlwind of the moment.

VIRGO (Aug. 23-Sept. 22)
★★★ Take the lead, and encourage others to join you in a major project. Others seem to respond, yet your stress level continues to rise. Let off some steam, or you could end up having a spat with the family dog. Tonight: Out and about.

LIBRA (Sept. 23-Oct. 22)
★★★★ Keep reaching out to others. Certainly, someone you care about appears to be withholding information. Investigate what is going on. Speak your mind, and know where you are heading. Tonight: Others will follow your lead.

SCORPIO (Oct. 23-Nov. 21)
★★★★ A discussion is inevitable. Listen well, yet be sure to make your points -- you'll want to drive them home. This opportunity could be the last time for a while that you will have a conversation like this. Tonight: Let your mind drift to fun times.

SAGITTARIUS (Nov. 22-Dec. 21)
★★★★ Say what you think and touch base with others. Mars enters your sign today, which gives you the gift of energy. If you do not use this planet in a positive manner, you could find yourself in the middle of several squabbles. Tonight: You might feel the Force already.

CAPRICORN (Dec. 22-Jan. 29)
★★★★ Get as much done as possible, and make it a priority to make key calls and finish important talks. You cannot force someone to be ready to talk, but you can encourage dialogue. Tonight: Go with someone's suggestion.

AQUARIUS (Jan. 20-Feb. 18)
★★★★ Your imagination opens up new vistas. You might be a little overwhelmed by your own need to have some fun and touch base with your many pals. A loved one or potential new sweetie wants your full attention. Tonight: The party goes on.

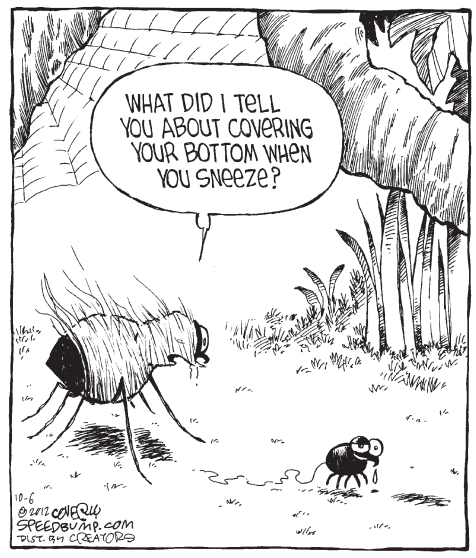
PISCES (Feb. 19-March 20)
★★★ Acknowledge what you want. Lighten up the moment and allow a friend or loved one to move into your way of thinking. Accept whatever reasons this person offers. Isn't it more important to enjoy his or her company? Tonight: Love the one you are with.

Happy birthday

This year you will have an unusual amount of energy, which you will express in your day-to-day life. You might decide to take up a new exercise program or try a new hobby. If you rely on your physical energy, there is little you can't accomplish. You allow others to see your boundaries more clearly, and your creativity is heightened as well. If you are single, you'll meet someone at a public commitment or through a work friend. If you are attached, the two of you will commit to a common goal or community activity. This shared experience will bring you closer together. CANCER likes your high energy.

JACQUELINE BIGAR'S STARS
The stars show the kind of day you'll have:
★★★★★ Dynamic ★★ So-So
★★★★ Positive ★ Difficult
★★★ Average

Speed Bump
By Dave Coverly



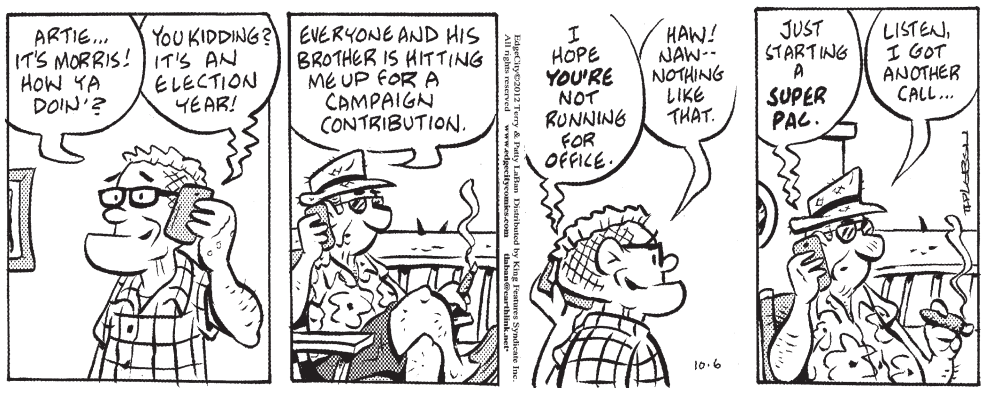
Strange Brew
By John Deering



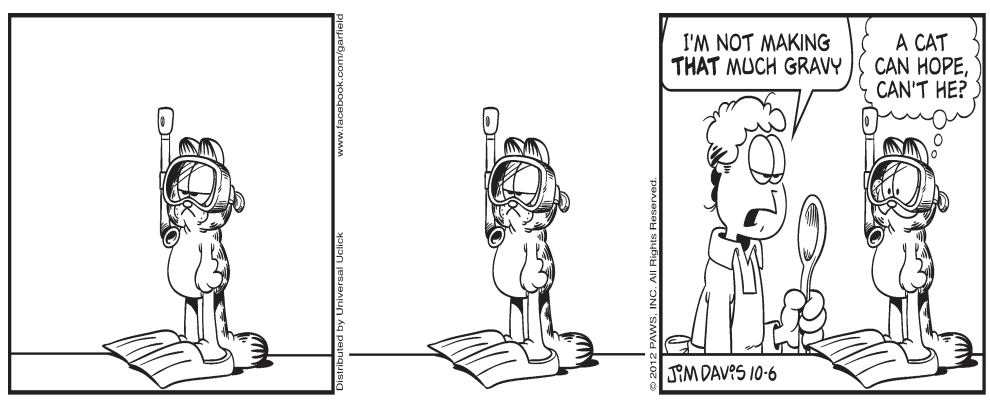
Dogs of C-Kennel
By Mick and Mason Mastroianni



Edge City
By Terry & Patty LaBan



Garfield
By Jim Davis



The Meaning of Lila
By John Forgetta & L.A. Rose



Sudoku

Fill in the blank cells using numbers 1 to 9. Each number can appear only once in each row, column, and 3x3 block. Use logic and process of elimination to solve the puzzle. The difficulty level ranges from ★ (easiest) to ★★★★★ (hardest).

Difficulty Level ★★★★

		7		3	5			
			2		8	1		
	4							7
5	7						3	
2				4				9
	9						7	8
9							5	
		4	7		9			
			6	1		4		

King Features Syndicate

GETTING STARTED

There are many strategies to solving Sudoku. One way to begin is to examine each 3x3 grid and figure out which numbers are missing. Then, based on the other numbers in the row and column of each blank cell, find which of the missing numbers will work. Eliminating numbers will eventually lead you to the answer.

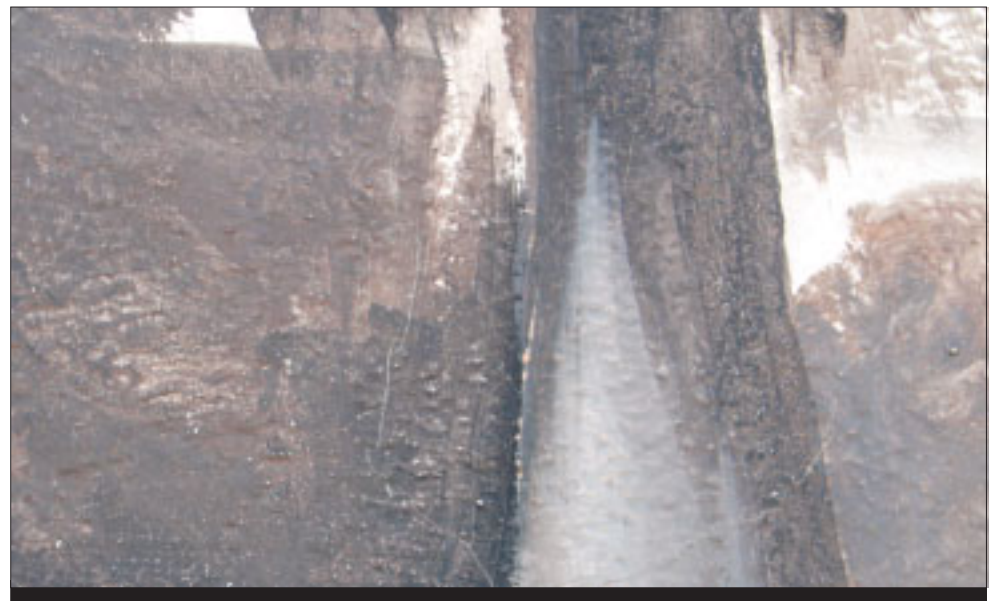
SOLUTIONS TO YESTERDAY'S PUZZLE

8	6	3	2	5	1	9	7	4
9	7	2	8	4	6	1	3	5
1	4	5	9	3	7	2	8	6
2	1	9	4	6	3	7	5	8
4	8	6	7	2	5	3	9	1
5	3	7	1	9	8	4	6	2
6	5	4	3	7	2	8	1	9
7	9	1	5	8	4	6	2	3
3	2	8	6	1	9	5	4	7

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MYSTERY PHOTO

Daniel Archuleta *daniela@smdp.com*

The first person who can correctly identify where this image was captured wins a prize from the Santa Monica Daily Press. Send answers to *editor@smdp.com*. Send your mystery photos to *editor@smdp.com*. Hint: It's not the mural at Lincoln and Ocean Park boulevards.

CROSSWORD

By THOMAS JOSEPH

ACROSS

1 Proton's place
5 Kind of pool
10 Mexican tykes
12 Worth of theater
13 Seer's deck
14 Arrested
15 Memorable time
16 Explorer John
18 Paris pal
19 Flat-bottomed boat
21 Highlands group
22 Fence part
24 Strike group
25 Killing groups
29 Floor model
30 Empty the hold
32 Kanye's music
33 Nap sack
34 Polite address
35 Taos material
37 Writer Zola
39 Nonet of myth
40 Ranch guests
41 Depleted
42 Olympus group

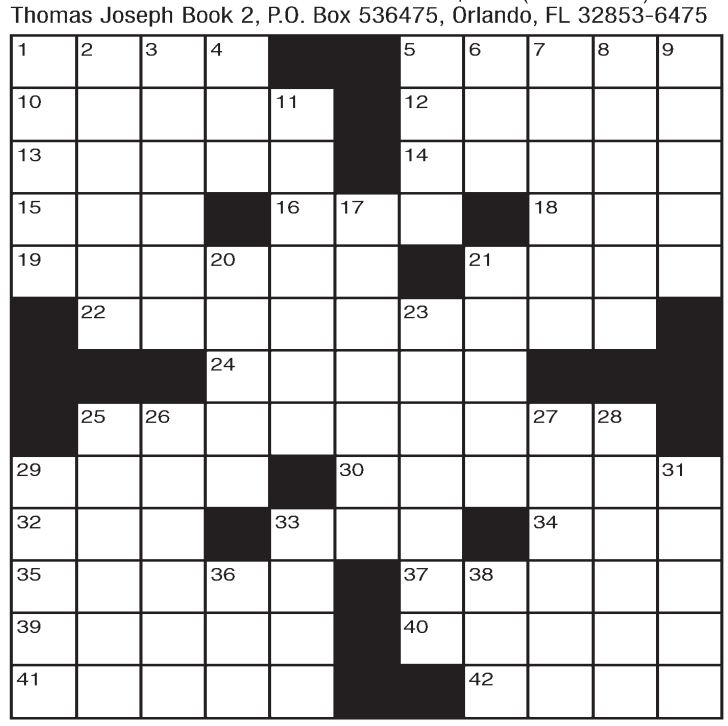
DOWN

1 Hand costs
2 Pageant toppers
3 Freeway entrance
4 Cattle call
5 Fatigue
6 Bank offering
7 Alaskan peak
8 Zoo resident
9 Red Square name
11 Overtaxes
17 Collector's buy
20 Disney dog
21 Lock setting
23 Complete and balanced
25 Lead
26 Levy
27 Square-dancing move
28 Went to sea
29 Perfume measures
31 Raiment
33 Optimal
36 Golfer Hogan
38 Cocoa holder

C	O	P	E	S	■	C	O	R	E	R
A	R	E	N	A	■	A	W	A	R	E
L	I	N	D	Y	■	P	E	C	O	S
D	O	C	■	S	E	A	S	I	D	E
E	L	I	■	O	R	B	■	N	E	T
R	E	L	Y	■	S	L	U	G	S	■
■	■	S	E	E	■	E	S	S	■	■
■	S	T	A	R	K	■	E	T	C	H
P	A	R	■	N	E	A	■	R	O	E
E	V	I	D	E	N	T	■	I	S	A
C	A	P	E	S	■	T	E	P	I	D
A	G	E	N	T	■	I	R	E	N	E
N	E	S	T	S	■	C	A	S	E	D

Yesterday's answer

NEW CROSSWORD BOOK! Send $4.75 (check/m.o.) to Thomas Joseph Book 2, P.O. Box 536475, Orlando, FL 32853-6475



10-6



NEWS OF THE WEIRD
BY CHUCK SHEPARD

■ Desperate Cries for Help: (1) The two aspiring robbers arrested for hitting Zhen Yang's convenience store in Gatineau, Quebec, in June were also immortalized by the store's surveillance video. As Yang resisted the masked, knife-wielding men, he spritzed one with a can of bear spray, sending the second man fleeing and temporarily blinding the first. As the heavily doused man tried to climb over the counter, Yang punched him, over and over again, on his buttocks. Police picked up both shortly afterward. (2) Latasha Singletary, 30, was arrested in Fall River, Mass., in June after allegedly robbing the same liquor store three times in a 24-hour period. The owner recognized her immediately because she had robbed the store two years earlier, as well.

■ (1) A 44-year-old man dressed as Bigfoot (in a military-style ghillie suit) was accidentally run over by two cars on U.S. 93 south of Kalispell, Mont., on Aug. 26. Friends of the man said he was wearing the costume to convince people of Bigfoot's existence. (2) Former NBA basketball star Dennis Rodman acknowledged in July that he had recently met with his long-estranged father after 42 years. Mr. Philander Rodman lives in the Philippines, and by his count, has fathered 29 children by 16 mothers.

TODAY IN HISTORY

1977 - In Alicante, Spain, fascists attack a group of MCPV militants and sympathizers, and one MCPV sympathizer is killed.

1977 - The first prototype of the MiG-29, designated 9-01, makes its maiden flight.

1979 - Pope John Paul II becomes the first pontiff to visit the White House.

1985 - PC Keith Blakelock is murdered as riots erupt in the Broadwater Farm suburb of London.

WORD UP!

hirtellous
**\ hur-TEL-uhs ** , adjective;
1.
Minutely hirsute.

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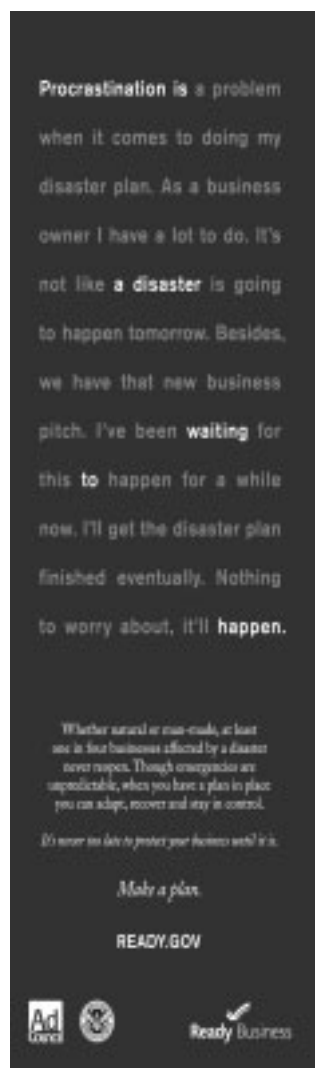
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