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SEPTEMBER 19-20, 2009

Volume 8 Issue 272



MAKING A CLAIM
SEE PAGE 14

Santa Monica Daily Press

We have you covered

THE FEELING NICE ISSUE

HIGH SCHOOL FOOTBALL

St. Monica seeks first win of season

BY DANIEL ARCHULETA
Managing Editor

ST. BERNARD St. Monica Head Coach Larry Muno can do without the dramatics. He just wants a win.

After falling behind 26-0, the Mariners mounted a late-game comeback against Mary Star of the Sea during last week's season debut only to fall 53-46.

Saturday against Animo Leadership, Muno hopes his offense eliminates mental mistakes that resulted in six turnovers leading to easy points for Mary Star.

"You take [the turnovers] out of the picture and we might have won the game," he said.

To combat those early miscues, Muno has stressed ball security to his team all week.

"Just don't turn the ball over," Muno told his team during daily practices.

If St. Monica does maintain possession of the ball, Muno believes that his offense has what it takes to ring up big numbers. Led by junior quarterback Matthew Partyka, the Mariners' passing game appears to be poised to be the team's bright spot this season.

"That's what we're hanging our hats on," he said. "If you want to throw and catch the football, come to St. Monica."

The fact that Partyka is even on the team is noteworthy.

"I found him on the playground," Muno said. "I asked everybody to come out for football and I saw him throw the ball around."

He was impressed by his arm strength and convinced him to try out for the team. He battled Sam Holguin all summer for the starting spot and won the competition outright.

It appears that the experiment is working.

Partyka completed 21 of 42 passes for 324 yards last week and tossed five touchdowns. He did throw three interceptions, but Muno believes that another week of practice should smooth out that one wrinkle from an otherwise stellar performance.

Assisting Partyka on offense is a talented receiver corps that includes Jamal Young, a junior Muno called a "pleasant surprise" last week.

SEE ST. MONICA PAGE 10



BAN THE BAG!

Brandon Wise *brandonw@smdp.com*

Santa Monica High School students yell to passing cars during an anti-plastic bag march to City Hall on Friday afternoon.

Water quality improves at the pier

BY MELODY HANATANI
Daily Press Staff Writer

SM BEACH One of the most notoriously polluted beaches in the state has been seeing cleaner days.

Frequently assigned a failing grade in Heal the Bay's Weekly Beach Report Card, the water quality at the Santa Monica Pier has gradually improved in the nearly four months since the storm drain beneath it was upgraded, earning a B in the most recent edition on Tuesday.

While city officials said there is a combination of factors that contribute to the poor state, the leaky storm drain has long been blamed as perhaps the most problematic source, causing the bacteria level to often exceed state standards.

Using funds through Measure V, which voters approved in 2006 to pay for more than $40 million in water quality improvements, City Hall in May completed the pier storm drain project, which involved replacing a severely corroded pipe several hundred feet long and creating a mechanism that would divert nuisance flow that previously streamed toward a small area around the pier into the sanitary sewer system.

Heal the Bay in 2006 conducted a study on bacterial sources at the Santa Monica Pier. Mike Brimmer, who worked on the study and compiles the beach report card for the nonprofit organization, remembers finding plywood and sandbags at the mouth of the pipe to keep nuisance flow from reaching the beach.

"Now with the new pipe they have no flows going to the beach during dry weather, at least that's what (city officials) are hoping for," he said.

The report card today reflects the changes made.

After receiving mainly failing grades from November 2008 to the middle of June, including 15 consecutive weeks from March

SEE WATER PAGE 11

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WHAT'S UP WESTSIDE

OUT AND ABOUT IN SANTA MONICA AND SURROUNDS



Saturday, Sept. 19, 2009

Keep it clean
Santa Monica Beach
9 a.m. — 12 p.m.
Join the City of Santa Monica and Heal the Bay for the annual Coastal Clean-Up Day, where volunteers will scour the coastline looking for cigarette butts and other debris. Last year, over 12,000 volunteers from Los Angeles County joined together to pick up over 180,000 pounds of trash and recyclables from our beaches and waterways. For more information and to find clean-up locations go to www.healthebay.org.

Sunday, Sept. 20, 2009

Day of Peace
Santa Monica Pier
11 a.m. — 4 p.m.
All ages, groups and community members are welcome to attend and celebrate the United Nations International Day of Peace with Roots & Shoots. Enjoy arts, crafts, games, Eco-friendly exhibitors and non-profits and much more. Local celebrity appearances and entertainment will add to the celebration.

Smile at the birdie
Malibu Creek State Park
8 a.m. — 12 p.m.
Enjoy watching native birds in unspoiled habitats as you enjoy a morning hike through Malibu Creek State Park. All levels of experience are welcome, but make sure to bring binoculars and hiking boots. Meet in the lower parking lot.

Monday, Sept. 21, 2009

Talking books
Santa Monica Public Library
601 Santa Monica Blvd., 7:00 p.m.
Visit the Santa Monica Public Library for the Meetup book group's discussion about "What the Nose Knows: The Science of Scent in Everyday Life." For a complete list of library book groups, their meeting times and title selections, visit www.smpl.org/reading/bookgroups.htm.

Jazz music
Typhoon
3221 Donald Douglas Loop S., 8:00 p.m.
Come enjoy the sounds of Bobby Matos & His Afro Latin Jazz Ensemble while dining on the Pan Asian cuisine of the Typhoon Restaurant near the Santa Monica Airport. Piano, bass, congas and more combine to tie together languages, cultures and rhythm. For restaurant information, visit www.typhoon.biz or call (310) 390-6565.

For more information on any of the events listed, log on to smdp.com and click the "Events" tab for the given day's calendar.



Brandon Wise *brandonw@smdp.com*

DOING RIGHT BY THE OCEAN: **Students from John Muir Elementary School participate in a 'Fatal Foods Relay" during the Heal the Bay Coastal Cleanup Education Day on Santa Monica Beach Friday morning.**

Kids help protect the environment

BY MARISSA LYMAN
Special to the Daily Press

SM BEACH Forty screaming fourth graders, imitating everything from a great white shark to an octopus, raced across the sand at Muscle Beach next to the Santa Monica Pier.

Flinging themselves at the feet of Heal the Bay volunteers, they tore open pouches containing food — animal figurines — or trash. The kids who found animals hurried back to their waiting classmates, while those with the not-so-tasty trash headed to the temporary animal hospital for a check-up.

The "Fatal Food Relay" was just one of the many activities aimed at teaching kids about keeping the oceans clean at Heal the Bay's Education Day on Friday. The event hosted more than 700 third, fourth and fifth graders from L.A. County Title 1 schools and helped kick-off California's Coastal Cleanup Weekend.

"I was excited to be out here because it's a lot of fun working together as a team to clean up the beach for the environment," Christopher Jackson, a third grader at Wisdom Academy for Young Scientists, said.

Jackson and his classmates had just finished picking up trash along the sand and waterfront. Despite the smoking ban on Santa Monica beaches, the kids found mostly cigarette butts, along with bottle caps, pieces of plastic and even baby diapers.

After the cleanup, the students toured the Heal the Bay's Santa Monica Pier Aquarium, interacting with sea life and playing games to learn about why it's important to protect the marine environment.

"We've been learning a lot about what happens to the environment when you pollute it and what a carbon footprint is," Laurel Henry, a Wisdom Academy third-grade teacher, said. "The kids are just so excited."

For some students, Education Day was their first time visiting the beach. Yet for locals, like the students from John Muir Elementary School, it was just another chance to have fun and help out.

"I do the beach cleanup every year," Riley Engels, a John Muir fourth grader said. "It's like 'Friends for Change' on the Disney Channel where they have to save the beach … . It's like I'm going to be a part of that."

Engels was taking a break before searching for sand crabs with sieves near the waterfront. Members of Key to the Sea, an environmental education program run by Heal the Bay, taught the students about sea creatures and how they survive.

"It's such a great thing for the school and the community to be a part of," Elizabeth Gutterrez, the mother of a John Muir student, said as she watched the kids. "It's our responsibility as adults to expose our kids to these types of things."

Heal the Bay's president, Mark Gold, expressed similar feelings. As a dad, Gold can remember bringing his kids to beach cleanups to show them the importance of

SEE CLEANUP PAGE 10

House reduction a smooth move at this point

BY MELODY HANATANI
Daily Press Staff Writer

SMMUSD HDQTRS Nearly two weeks into the school year, there seems to be minimal issues in the reorganized House System at Santa Monica High School.

That's according to district officials who reported during the Board of Education meeting on Thursday that the controversial cost-cutting move to reduce the celebrated network of small learning communities from six "houses" to five went seamlessly.

The House System was created about six years ago to give students a more personal learning experience, assigning them to one of six houses — each of which are named after a letter in Samohi — that are staffed with a principal, administrative assistant, advisers, student outreach specialist and teachers.

Facing a challenging financial outlook due to funding cuts from the state, district officials voted earlier this year to eliminate one house, saving approximately $550,000. Samohi parents rallied in opposition, noting that the system has led to a jump in test scores and has helped narrow the achievement gap.

The transition started at the end of the previous school year when all students were notified of their house assignment, keeping seniors with the advisers they have been with over the previous three years.

All students, advisers and one outreach specialist in the A House were reassigned to the M House, while the teachers were distributed among the five houses. Sophomores and juniors who were previously in the M House were reassigned to the other houses and were given the opportunity to rank their choice of placement. Teachers also received orientation to help with the transition.

"I was on campus the first day of school and there were really no incidents," Sally Chou, the chief academic officer for the Santa Monica-Malibu Unified School District, said. "Kids went to class and a lot of kids really didn't even look for their house, they were just going … to pick up their schedules."

Officials also decided to keep the existing naming scheme, removing one letter rather than adopting the other alternative — Vikes, an abbreviation of the school's mascot, the Vikings.

SEE SAMOHI PAGE 12

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LETTERS TO THE EDITOR

Send comments to editor@smdp.com

Pier deserves an Oscar

Editor:

To Mr. Tom Sherak,

President of the Academy of Motion Picture Arts and Sciences

8944 Wilshire Blvd.

Beverly Hills, Calif. 90211

Mr. Sherak,

The Santa Monica Pier should receive an honorary Oscar for the numerous classic and unforgettable roles it's played in the movies. A few notables are "The Sting," "Forrest Gump," "Inside Daisy Clover," "Night Tide," "Lost Boys," "The Majestic," "Bedtime Stories," "Hannah Montana, The Movie" and all the way back to Rudolph Valentino's 1918 silent film "A Society Sensation."

I was at the pier reading their newspaper celebrating 100 years and realized I'd seen every one of the movies they mentioned and the pier was one of the most memorable characters. Talk about a versatile actor, at home in drama, comedy, horror and TV, the Santa Monica Pier is a real trooper without attitude.

The public relations possibilities are endless. March 2009, Santa Monica receives an Oscar introduced by Robert Redford, who grew up in Santa Monica. Why not choose a different location each year? So many memorable locations throughout the world are truly as much a character as the human actors, and they've made indelible marks on the movies.

I'm a writer, I could go on and on, but a short pitch is often times best.

Regards,

Cheryl Angressani
Hollywood

Short and sweet

Editor:

Jimmy Carter is an idiot. 'Nough said!

Barry Barker
Santa Monica

Put immigration reform first

Editor:

Immigration reform has been put off for yet another year. It is apparent that legalizing the millions of undocumented people living in the United States is no one's priority. I believe that postponing such reform is unjust and should be addressed in a timely manner. For the undocumented, the consistent postponement of such a reform equals years that their dreams and aspirations will also have to be postponed.

One of the gravest misconceptions that we as a society have is that we believe undocumented people are just those individuals who enter the country as adults and wait outside the Home Depot for jobs. I would like to clarify such a misconception by stating that there are thousands, maybe even millions, of individuals who were brought to this country as children and are now adults living as second class citizens. These individuals have spent their entire lives in a country where they cannot vote, drive a car or work legally.

What do we do with these individuals? Send them back to "their" countries is what some might consider reasonable. After all they are illegal aliens. I personally disagree and would like to believe that we as a society can arrive at a more reasonable solution. After all, these individuals are our neighbors, friends and coworkers. To be an American citizen one should speak English, have an understanding of this country's history and have a clean criminal record. I do not believe that American citizenship should just be given out to everyone. It should be earned and only people who deserve it should get it. Individuals who have spent their lives in this country, have children born in this country and know of no other lifestyle should be given that opportunity. They should be given the opportunity to pursue their dreams and live a dignified life. Until immigration reform is achieved these individuals will continue to live in the future because they do not exist today.

Jorge A. Sanchez
Santa Monica



Your column here

Jon Coupal — **Send comments to editor@smdp.com**

It's always open season on Prop. 13

NOT LONG AGO, A MAJOR CALIFORNIA newspaper ran an editorial cartoon depicting pith-helmeted explorers peering through jungle growth at a crumbling temple where worshipers bow down before a stone alter on which is carved, "Prop. 13." One of the explorers is saying to the other, "I believe we've stumbled upon the origins of the demise of California's civilization."

At the Howard Jarvis Taxpayers Association, founded by the principle author of Proposition 13, we are accustomed to seeing attacks running from dubious to frivolous on the landmark 1978 tax limitation initiative.

One of our favorites is the high school physical education instructor who wrote in a small weekly newspaper that Proposition 13 was responsible for the loss of school equipment. Seems that when his track-and-field students were putting the shot, they were losing the shots in the tall grass. Proposition 13, the coach complained, did not provide enough money to cut the grass.

WE'VE SEEN THE RIOTS THAT BROKE OUT IN LOS ANGELES AFTER THE RODNEY KING BEATING, A FREEWAY COLLAPSE DURING THE LOMA PRIETA EARTHQUAKE AND THE THIRD WORD DEBT CRISIS ALL BLAMED ON PROPOSITION 13.

We've seen the riots that broke out in Los Angeles after the Rodney King beating, a freeway collapse during the Loma Prieta earthquake and the Third Word debt crisis all blamed on Proposition 13.

While no outrageous accusation against Proposition 13 surprises us anymore, the source of the latest is unexpected.

Conor Dougherty, a staff reporter for the Wall Street Journal, has blogged on the paper's Web site questioning the fairness of Proposition 13. As evidence of the inequities of Proposition 13 he relies on a foundation paid for a study by the Population Dynamics Research Group of USC. The complaint? Proposition 13 is creating a bigger generational wealth gap.

The argument goes like this. In a down housing market, like we have today, recent home buyers pay taxes based on the higher value of the home at the time of purchase and this is punitive. On the other hand, because of Proposition 13's cap on annual tax increases, longtime owners who in what over time has been a rising market are still paying on assessed value lower than the current market value and this is a benefit the new buyers do not enjoy.

Before the reader tries to calculate where this purported generational disparity rates on their personal outrage meter, let's make one thing clear: The argument is bogus.

Under Proposition 13, the recent buyer who bought at the top of the market is entitled to a tax reduction based on the loss of market value. So the homeowner who paid $500,000 for a home three years ago, and has seen their property value decline to $350,000 is entitled to a tax cut. While it is the responsibility of the owner to apply to the county assessor for the reduction, many California assessors have been proactive and have automatically reduced the assessed value on their books — which reduces the tax obligation — of thousands of recently purchased homes.

When considering fairness it is worthwhile to review the system in place prior to Proposition 13 when California's residential property tax rate was nearly three times higher and there were no limits on annual increases. The inequities of the pre-Prop. 13 tax system were glaringly evident as many longtime homeowners were forced from their homes due to massive annual property tax increases.

Proposition 13 provides security to homeowners, all homeowners, by capping property taxes at one percent of assessed value and limiting annual increases in assessed value to no more than two percent. This makes property taxes predictable and allows homeowners to budget for future tax increases.

Further, in 1978 the California Supreme Court recognized the fairness of Prop. 13 finding the tax system created by the measure was "roughly comparable" to the sales tax which is also based on acquisition value. If sales taxes can be based on acquisition value, why can't property taxes?

And in 1992, the United States Supreme Court sided with Proposition 13's fairness in the case of Nordlinger v. Hahn when the plaintiff claimed that the tax limitation measure violated "equal protection."

Because Proposition 13 has helped property owners manage taxes and hold on to their homes and businesses over the past 30 years, the measure consistently enjoys strong support from California residents — young and old.

Those who are genuinely concerned about unequal treatment of generations should focus their wrath on the trillions of dollars of borrowing that the federal government has undertaken to fund the "stimulus." This is outright theft from multiple generations of Americans to come.

JON COUPAL is president of the Howard Jarvis Taxpayers Association, California's largest grass-roots taxpayer organization, dedicated to the protection of Proposition 13 and the advancement of taxpayers' rights.

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Santa Monica Daily Press — Visit us online at smdp.com

PUBLISHER
Ross Furukawa
ross@smdp.com

EDITOR IN CHIEF
Kevin Herrera
editor@smdp.com

MANAGING EDITOR
Daniel Archuleta
daniela@smdp.com

STAFF WRITER
Melody Hanatani
melodyh@smdp.com

CHIEF PHOTOGRAPHER
Brandon Wise
brandonw@smdp.com

STAFF PHOTOGRAPHER
Morgan Genser
news@smdp.com

CONTRIBUTING WRITERS
Bill Bauer, David Pisarra, Meredith Carroll, Kenny Mack, Jack Neworth, Lloyd Garver, Taylor Van Arsdale, Dane Robert Swanson, Ryan Hyatt, Steve Breen, Elizabeth Brown, Merv Hecht, Ron Scott Smith Mike Heayn, Brian Hepp Mariel Howsepian, Cynthia Citron, Amanda Cushman, Steve Parker and Phyllis Chavez

CONTRIBUTING PHOTOGRAPHER
Fabian Lewkowicz

NEWS INTERNS
Catherine Cain, Emma Trotter, Carlee Jensen
news@smdp.com

PHOTOGRAPHY INTERNS
Ray Solano
news@smdp.com

ADVERTISING SALES MANAGER
Rob Schwenker
schwenker@smdp.com

ADVERTISING ACCOUNT EXECUTIVE
Grace Wang
gracew@smdp.com

Drew Swadling
drews@smdp.com

ADVERTISING TRAFFIC FACILITATOR
Amber Kessee
amberk@smdp.com

OPERATIONS MANAGER
Connie Sommerville
connies@smdp.com

PRODUCTION MANAGER
Darren Ouellette
production@smdp.com

CIRCULATION
Keith Wyatt
Osvaldo Paganini
circulation@smdp.com

Santa Monica Daily Press
A newspaper with issues

410 Broadway, Suite B
Santa Monica, CA 90401
OFFICE (310) 458-PRESS (7737)
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The Q Line

Paying to park

This past week, Q-line asked:
The City Council has agreed to increase the fees for parking at Downtown structures. The maximum daily rate will increase from $7 to $9. A monthly pass will go from $82.50 to $121. Do you think that the increases are overdue, or has the council gone too far?
Here are your responses:

"THE CITY COUNCIL'S FEE INCREASES are just one more sign of their ongoing greed and mismanagement. Of course, in their scheme of things, they have to keep all the dead wood going in all the branches of the city government. And don't forget the maintenance of the ever-increasing bum and freeloader population. It takes a lot of taxpayer dollars and these out of control city fees to do that."

"MONEY IS NOT THE ROOT OF ALL EVIL. THE love of money is the root of all evil. I believe I see some of this love of money rearing its head in various municipal fees and fines. I recall when Santa Monica's parking structures were free and parking meter fines were $2. Both of these features made Santa Monica a great place to park and shop."

"I DO BELIEVE THE CITY COUNCIL HAS LOST their marbles. They will effectively drive employees to seek a job where there is available parking without having to pay a large sum of money for it out of a very small salary. And try buying a week's groceries for a family and bringing them home on a bicycle. Not everybody can ride a bicycle. They need to bear in mind before they up the rates on parking that people will just go somewhere else."

"WE ARE IN A RECESSION WITH RECORD unemployment. People are looking for bargains and discounts. Our greedy City Council raises parking rates and increases the cost of parking tickets, making our town more unfriendly to shoppers, tourists and residents. Many of us already shun our Downtown because of this. Instead, we should lower parking fees and tickets and give out more warnings, to make our shopping experience more friendly and happy. Most shopping areas have free parking, paid for by the businesses instead of our taxes."

"I DON'T THINK THE PARKING FIGURES ARE out of line. Of course, from $82.50 to $121 is a bit high, but for regular parking rates, I think it's fine."

"THEY SHOULD MAKE THE FEES EVEN higher. I never even drive to Santa Monica, let alone try to park there. I don't care one way or another what they do."

"I THOUGHT THE FINANCIAL ENGINE FOR Santa Monica was Santa Monica Boulevard. Most of our tax revenue comes from selling those despicable cars. I don't frequent the mall, but why would a city government raise parking rates for store employees, and sometimes shoppers, during a recession? Has the council seen how many empty stores there are in this town? All they care about is the $15 million in yearly parking fees that they can spend on their socialistic programs. The council is dangerously out of touch with the common folks. Support a possible vibrant community – lower by half all parking fees and fines."

"THE COUNCIL HAS GONE TOO FAR ONCE again: Killing the parking, killing the trees, killing the animals – always killing. That's what they do best."

"THE CITY COUNCIL IS BARKING UP THE wrong tree increasing the parking fees. I stopped going to the Downtown garages when the homeless started taking them over and the urine smell got to be too much. So, until they get the garages cleaned up and compete with Century City or the other shopping centers, keep the fees the way they are."

"IT IS REALLY WONDERFULLY SIMPLE: Parking is a commodity. It is not a right. If you price parking so that there are always 15 percent of empty spaces, then everybody can find parking in a hurry and no one needs to stress about finding a spot. For a dollar more, you get less traffic, fewer accidents and less time wasted trying to find a spot. Everybody will love it – even Mr. Bauer. He can do his free parking thing in Bermuda if he wants to, but Santa Monica is just too smart to let this opportunity pass. And did you know that 20 percent of all accidents occur when drivers stress about parking?"

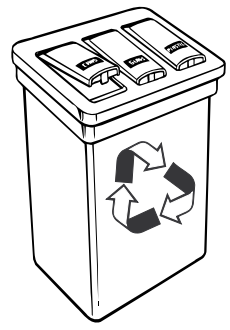
"APPARENTLY THE LEAST EXPENSIVE parking structures are close to Downtown, and more distant parking, like the library, cost more. Everyone wants to park in the cheap structures on Second and Fourth streets, which are often full. In the meantime, the more expensive structures and private lots have adequate parking. The price increase for Downtown structures, or the decrease for less favored structures, therefore seems logical. Parking can be better distributed. A recent study also indicated that with more reasonable pricing, and parking redistributed, there would be enough parking Downtown and no need to build additional structures."

"IT'S A GREAT IDEA THAT THEY'RE going to increase the fees. They should increase them even more. Nothing will help improve the traffic situation in Santa Monica more than increasing the fees for parking. Shoppers will go to every other community and avoid Santa Monica entirely, and Santa Monica will be left to the Santa Monicans, who, of course, desire to have all the benefits of the taxes generated by the shoppers from other communities, but don't actually want them around. So, Santa Monicans will be able to enjoy their peace and quiet again. Of course they'll have to give up those extra perks they demand from the city government, but that's the way it goes."

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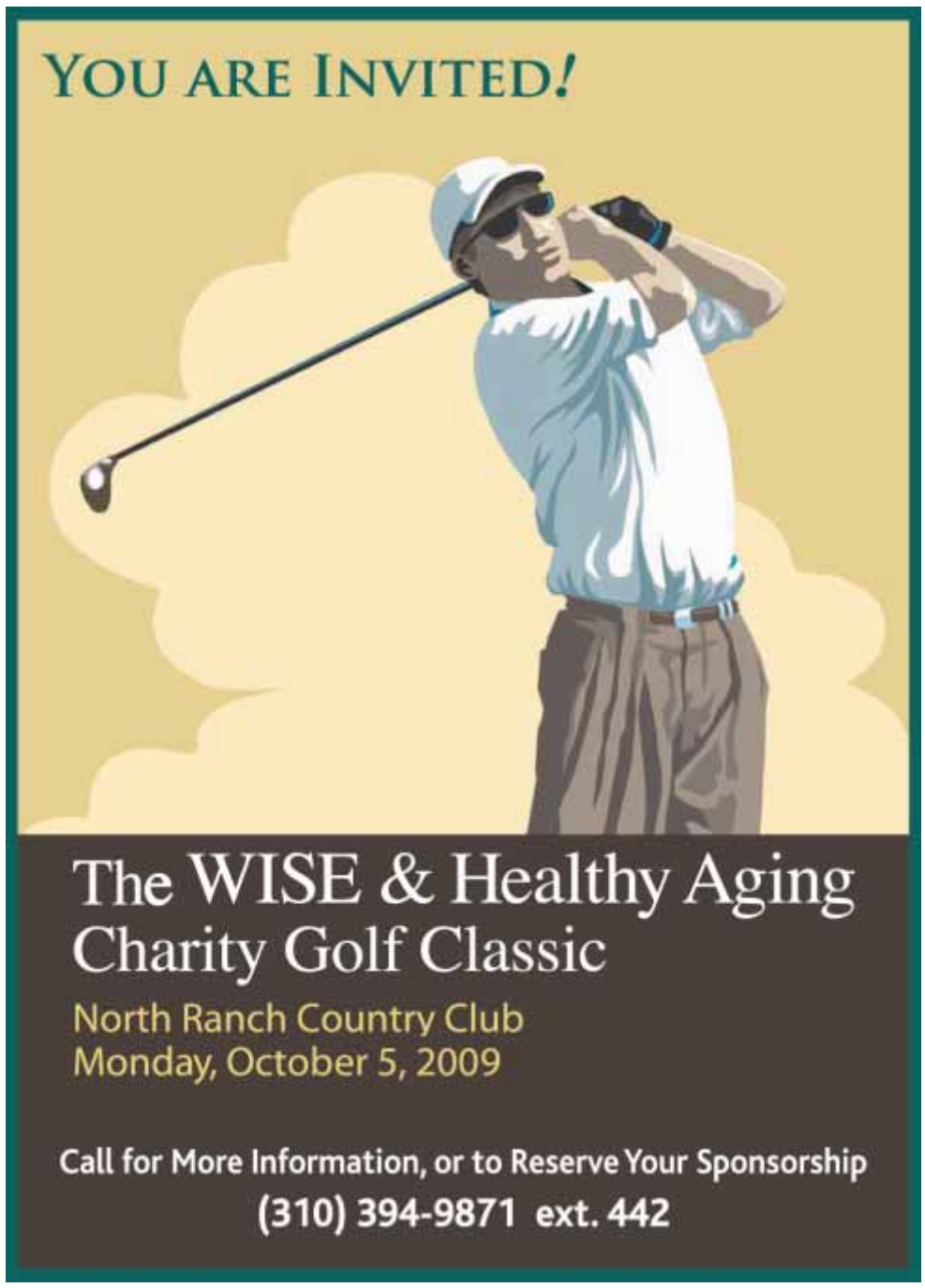
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The Re-View

Merv Hecht

Send comments to editor@smdp.com

Discovering a new hideaway

WHEN I GO TO A RESTAURANT THAT HAS BEEN open only for a few days, I don't expect things to be perfect. I expect a bit of a problem with the service and perhaps some of the dishes won't come out of the kitchen just right.

So it was a surprise when I had lunch at La Cachette on Ocean Avenue a week or so after they fired up the oven. Everything was perfect, particularly the service. Maybe that's because the chef and owner, Jean Francois Meteigner, was right there watching everything.

Meteigner and his wife, Allie Ko, recently moved to Santa Monica after spending 14 years in Los Angeles.

We elected to eat inside, near the open doors to the patio. It was not crowded and the room was open and airy, with a modern, clean look. The comfortable chairs made it so pleasant that we probably over-ordered.

For appetizers I had the fish soup, and my friends shared a frissee salad and the beet tower that all agreed was good, but not great. The fish soup however was A-plus, with seafood flavor and texture rarely found in the U.S.

For main courses we had the coq au vin, veal scaloppini and one Caésar salad with chicken breast. The coq au vin brought back memories of the 1960s when it was very popular as an "authentic" French dish. And this one was wonderful, with rich, dark chicken meat on the leg and thigh in a well seasoned broth. This too earned high marks. I was pleased that the veal scaloppini was not breaded. I was less pleased with the Caésar salad, but, after all, that's a Mexican dish, not French.

I'm told by friends that already consider this restaurant as one of their "regular hangouts" that the menu changes often. A cassoulet, not on the menu when I was there unfortunately, was reported to be excellent. Also, I've heard the tomato soup and the buffalo ribs are special.

If You Go

La Cachette Bistro
www.lacachettebistro.com
1733 Ocean Ave.
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Other reports from some very critical colleagues: The brandade was, to be polite, "unusual." It was made from smoked fresh cod, not salt cod, so tasted more like a smoked trout pate, and was too oily. Other typical bistro dishes, like rilletes, now seem to be available only on the bar menu. The moules were made in a very well-flavored broth, but were modest in size. The brown bread was excellent, but that's all there was — no more neutral flavored french bread to sop up the sauces. And, $6.50 for valet parking is at the high end of the usual range.

The perfectly acceptable wine list offers a nice selection by the glass as well as the 15-ounce carafe, which is usually enough for two Americans, or one Frenchman. And the dessert menu was very nice. My wife forced me to sample a couple of desserts. After all, she argued, "how can you review this place if you don't sample the most important course?"

All in all this is a first class French bistro, with typical prices for fine dining in Santa Monica, where you can expect to spend $50-$70 per person for a two or three course meal with wine. But unlike some restaurants, here I felt it was worth it.

MERV HECHT, the food and wine critic for the Santa Monica Daily Press, is a wine buyer and consultant to a number of national and international food and wine companies. He can be reached at mervynhecht@yahoo.com

Lemon grass-infused milk gives pasta zing

RYAN KING
For The Associated Press

This Asian-style pasta dish gets its rich flavor from a sauce made with milk infused with cilantro, lemon grass and ginger. To get the best flavor out of the lemon grass, be sure to bruise it first. The easiest way to do this is to pound it gently with a rolling pin.

The recipe calls for 2 percent milk, but coconut milk also would be a great choice; it pairs wonderfully with lemon grass. Soba noodles, which are made from buckwheat, are widely available in grocer's ethnic aisles.

Creamy soba noodles with lemon grass

Start to finish: 30 minutes
Servings: 4

3 cups 2 percent milk
5 sprigs cilantro
2 stalks lemon grass, cut into 1-inch lengths, then bruised
2-inch chunk fresh ginger, cut into 1/4-inch slices
2 tablespoons peanut oil
1 clove garlic, minced
3 sprigs fresh thyme
1 medium yellow onion, sliced
1 pound white button mushrooms, quartered
1/4 cup mirin (Japanese cooking wine)
6 ounce soba noodles
1 scallion, thinly sliced, to garnish

In a small saucepan over medium, heat the milk until warm. Reduce heat to low, add the cilantro, lemon grass and ginger, then gently simmer for 20 minutes. Remove from the heat and set aside.

After 15 minutes, in a large saute pan over medium-high, heat the peanut oil. Add the garlic, thyme, onion and mushrooms, then saute until tender. Add the mirin to deglaze the pan, using a wooden spoon or rubber spatula to scrape up any bits stuck to the pan.

Strain the milk mixture into the pan, discarding the cilantro, lemon grass and ginger. Simmer for five minutes. Add the soba noodles and cook, stirring frequently, until tender, about three minutes.

To serve, garnish with scallion slices.

Nutrition information per serving (values are rounded to the nearest whole number): 445 calories; 113 calories from fat; 13 g fat (5 g saturated; 0 g trans fats); 15 mg cholesterol; 67 g carbohydrate; 14 g protein; 6 g fiber; 161 mg sodium.



Kitchen Vixen

Elizabeth Brown
Send comments to editor@smdp.com

Tap the fat out of your life

ARE YOU UNSUCCESSFUL AT LOSING WEIGHT? What if I told you it's all in your head? Really. Research from UT Southwestern Medical Centre in Dallas has shown that certain foods work with your brain to sabotage your efforts. The researchers found that specific fats, once ingested, make a beeline for the brain. Upon arriving at the brain, these fats simply shut off the satiety switch and instead cause the brain to send messages to the body telling it to ignore any appetite-suppressing signals from hormones such as insulin and leptin.

Researchers found that one particular type of fat — palmitic acid — may be the main culprit in the brain/fat appetite-suppressing system. Palmitic acid is found in palm oil and animal fats. It is added to many processed foods and foods high in animal fat such as ice cream. Your body can also make palmitic acid out of excess carbohydrates and protein.

Palmitic acid isn't all bad. Some saturated fats, such as palmitic acid, are key components for transmitting messages across cell membranes. These fats combine with protein receptors on the cell membrane and promote the action or inhibition of specific hormones. For example, the fight/flight response of adrenaline — the adrenal gland secretes adrenaline which signals a protein at the cell membrane. That protein combines with a saturated fat that stimulates a cascade of events whereby parts of the body "react" to the surge of adrenaline: increased heart rate, blood flow to muscles and production of glucose.

Your body's main goal is always survival. So perhaps an increased ingestion of saturated fat causes a reduction in appetite-suppressing signals as a way to promote energy storage for future use — you know — for times of starvation.

The researchers found that not only does an increased intake of palmitic acid not suppress your appetite; it also causes you to eat more for the next three days. So that pizza and ice cream combo on Friday night might just be the reason you blow your diet for the entire weekend.

Does this mean you have to give up all of your favorite decadent foods? Absolutely not, if you can, like Gertrude Baines, live a life of moderation and abstention. Baines was the world's oldest woman until her death last Friday at the age of 115. Although she liked her bacon crispy and enjoyed fried chicken, she never drank, smoked or fooled around. But she did smile frequently. OK, so not everything in moderation.

When counseling patients, I find that many people have trouble eating ice cream in moderation — me included. If ice cream is a food that you find hard to resist, you can practice aversion therapy. This doesn't mean bathing in freezing cold ice cream or anything sadistic like that. Instead, practice the art of tapping away your troubles.

EFT therapy (Emotional Freedom Techniques) is a tapping therapy similar to acupuncture but, instead of needles, makes use of the human tendency to use our hands to comfort ourselves. Remember the scene in "Home Alone" where Macaulay Culkin slaps his cheeks and screams upon realizing that he was in fact "home alone?" Or how about the aptly named statue "The Thinker," a man deep in thought with his hand on his chin and his fingers to his lips? In both instances, these characters comfort themselves with their own touch. Can you imagine having the ability to touch yourself in certain ways and suddenly have no taste for ice cream? Ooops, Freudian slip. But Ben & Jerry will not be happy once the masses are equipped with the EFT tapping technique.

EFT begins by measuring your stress level on a scale of 0-10 for a particular event such as, "How much do I want ice cream?" A 10 means you really want ice cream. Next you proceed with a tapping sequence beginning at the "karate chop" point on the hand while saying, "Even though I have an intense craving for ice cream. I deeply and completely accept myself." Next tap the following eight spots while saying, "I want ice cream but I don't want to overeat." Tap the inner eyebrow, the outer eyebrow, the bone directly under the eye, the divot between your lip and nose, the curve under your lip, your collarbone, your armpit and the top of your head. You tap each area three times consecutively while repeating a statement pertinent to your "issue." After about seven to 10 rounds of tapping and repeating the phrases, you re-measure your "intensity" toward the ice cream and your intensity rating should drop to zero. To be sure the EFT is effective, finish with a round of tapping while repeating a phrase which reinforces your changed behavior. "I don't need ice cream. Ice cream does not cause me to overeat." Voila, now you have a tool to help you control your appetite, your weight and anything else you wish.

ELIZABETH is registered dietitian and certified holistic chef. To learn more please visit her website www.TheKitchenVixen.com.

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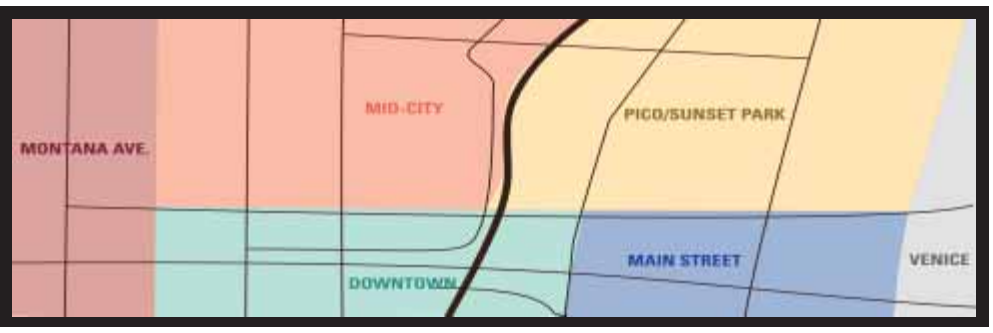
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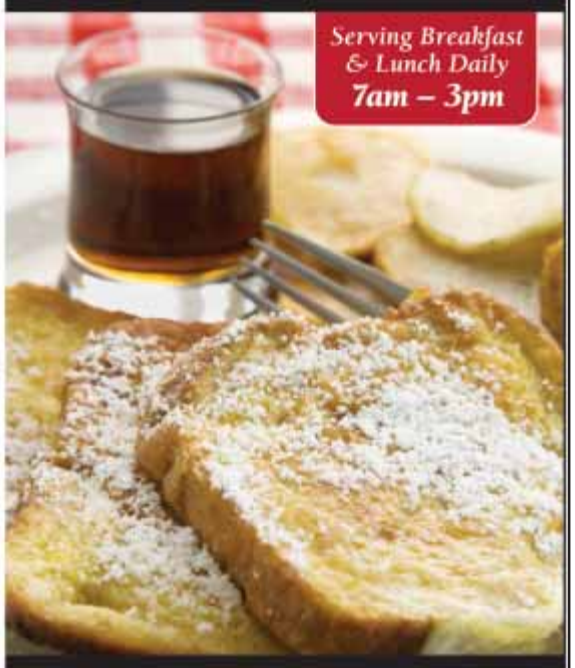
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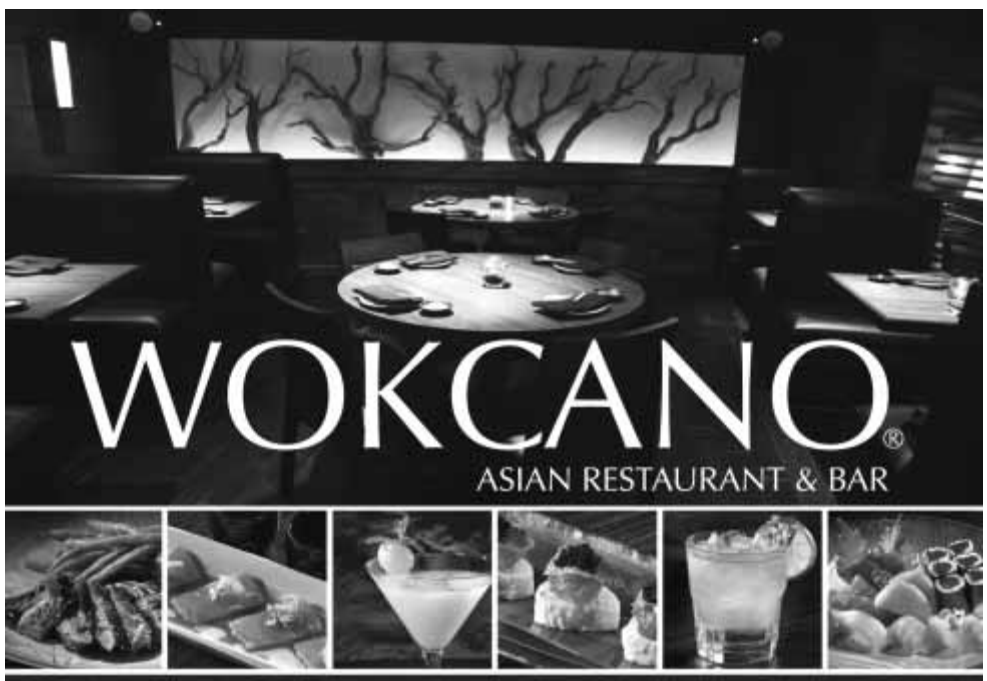
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Sunset Bar & Grill 1240 Third Street	(310) 393-3959
Sushi Mon 401 Santa Monica Blvd	(310) 576-7011
Sushi Roku Santa Monica 1401 Ocean Av	(310) 655-3372
Sushi Shogun 1315 Third Street	(213) 500-4989
Sushi Teri Express 1551 Ocean Ave. #130 B	(310) 394-2189
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Yankee Doodles 1410 Third Street	(310)394-4632
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310 Lounge & Bistro 3321 Pico Blvd.	(310) 453-1331
Abbots Pizza Company 1811 Pico Blvd	(310) 314-2777
Acapulco Restaurant 3360 Ocean Park Blvd.	(310) 450-8665
Air Conditioned 2819 Pico Blvd	(310) 829-3700
Ameci Pizza Pasta 2218 Lincoln Bl	(310) 314-0090
B B Q Garden 1707 Pico Blvd.	(310) 450-6494
The Bread Factory Inc 1900 Pico Bl	(310) 434-4653
Buddha Boba 1701 Pico Bl	(626) 674-8882
Bud's Famous Deli & Desserts 2727 Ocean Park Blvd.	(310) 450-6860
Cafe Bolivar 1741 Ocean Park Blvd.	(310) 581-2344
Campos Mexican Food Inc 2008 Pico Blvd	(310) 450-4477
Classic Pizza 2624 Pico Blvd	(310) 399-0452
The Counter 2901 Ocean Park Bl #102	(310) 399-8383
The Daily Pint 2310 Pico Blvd	(310) 450-7631
El Indio 2526 Pico Blvd	(310) 450-8057
El Pollo Loco Restaurant 1906 Lincoln Blvd	(310) 392-9800
El Torito 3360 Ocean Park Blvd.	(310) 450-8665
El Texate 316 Pico Blvd.	(310) 399-1115
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Dhaba Cuisine Of India 2104 Main St.	(310) 399-9452
Elvira's Cha Cha Chicken 1906 Ocean Ave.	(310) 581-1684
The Enterprise Fish Co 174 Kinney St.	(310) 392-8366
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Shoop's Delicatessen 2400 Main St	(310) 452-1019
Sparky's Fine Frozen Yogurt 3110 Main St. #12	(310) 399-4513
Urth Caffe 2327 Main St.	(310) 749-8879
Via Veneto 3009 Main St.	(310) 399-1843
The Victorian Baker Cafe 2640 Main St.	(310) 392-4956
Wildflour 2807 Main St.	(310) 452-7739
World Café 2640 Main St.	(310) 392-1661
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Abbot's Pizza Co 1407 Abbot Kinney Blvd	(310) 396-7334
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Axe 1009 Abbot Kinney Blvd.	(310) 664-9787
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Benice 1715 Pacific Ave.	(310) 396-9938
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The Brig 1515 Abbot Kinney Blvd.	(310) 399-7537
The Brick House Cafe 826 Hampton Dr.	(310) 581-1639
Cafe 50's 838 Lincoln Blvd.	(310) 399-1955
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Joe's Restaurant 1023 Abbot Kinney Blvd.	(310) 399-5811
La Cabana Restaurant 738 Rose Ave.	(310) 392-6161
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Cafe Del Rey 4451 Admiralty Way	(310) 823-6395
California Pizza Kitchen 3345 Fiji Way	(310) 301-1563
Casa Escobar 14160 Palawan Way	(310) 822-2199
Chart House 13950 Panay Way	(310) 822-4144
The Cheesecake Factor 4142 Via Marina	(310) 306-3344
Chin Chin 13455 Maxella Ave Ste 266	(310) 823-9999
Chipotle Mexican Grill 4718 Admiralty Way	(310) 821-0059
Harbor House Restaurant 4211 Admiralty Way	(310) 577-4555
Islands 404 Washington Blvd	(310) 822-3939
Jer-ne at The Ritz-Carlton 4375 Admiralty Way	(310) 823-1700
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St. Monica takes on Animo

FROM ST. MONICA PAGE 1

He caught a pair of touchdowns and amassed 129 yards in the losing effort.

"It was nice to see him break tackles," Muno said.

In addition to Young, Muno said he expects wide receivers Danny White, Kyle Farber and Holguin to be popular targets all season.

"We have many weapons," Muno said. "We have guys who can catch the ball."

St. Monica's offense is also turning opponents' heads.

Animo Head Coach Jamar Hamilton said he is well aware of St. Monica's newfound ability to rack up points, which gives him reason for concern. He didn't get a chance to see tape of last week's game, but a simple scan of the stat sheet is all it took to convince him that this is a different team than the one his Aztec Eagles faced last season. Animo won the game, 14-7.

With both teams looking to rebound from a loss last week, the game could be decided based on who starts fast on offense.

For Animo, it's junior quarterback Manny Gaxiola who will be called on to lead the offense. While Hamilton said he has yet to develop an identity behind center, he is a multi-talented athlete who can make plays on the ground and with his arm.

As a counter balance on offense, Hamilton will look to running back Dwayne West to pound the ball inside. He called him a "bruiser" who makes things happen regardless of contact.

Hamilton, whose team was blanked last week by Sage Hill, is confident that his team can "put up some points," but knows that his defense will have to do its share to slow St. Monica down.

"We were rusty last week," Hamilton said. "We had a few injuries, but we're finally getting healthy."

The game against Animo is scheduled to take place at St. Bernard High School in Playa del Rey on Saturday, Sept. 19, at 7 p.m. This is the first of two games the Mariners will play on that field. The other three home games will be at Santa Monica College's Corsair Field.

daniela@smdp.com

Kids learn importance of picking up trash at beach

FROM CLEANUP PAGE 3

protecting the environment. Teaching kids about these issues was where the idea for Education Day came from, Gold said.

"It's one of the most fun and rewarding days," Gold said. "The kids really get into it."

> **"IT'S OUR RESPONSIBILITY AS ADULTS TO EXPOSE OUR KIDS TO THESE TYPES OF THINGS."**
>
> Elizabeth Gutterrez
> John Muir Elementary School parent

Gold, along with other members of Heal the Bay, also mentioned that it is one of the only times that everyone on their staff gets to work together in the same place.

This weekend, they will be scattered all across L.A. County for Coastal Cleanup Day. It is Heal the Bay's 20th year organizing the event, which continues to grow in size. This year, at least 12,000 volunteers will be working at 70 different sites to clean up the area's beaches and waterways. Since 1990, volunteers have collected over a million pounds of debris.

"Everything's not just about the beach," Gold said, explaining how some of the most polluted places are inland. In fact, this year's cleanup list of the most debris-impacted waterways includes places such as the L.A. River at Elysian Park and Taylor Yard.

"When it rains, it all goes straight into the ocean," Gold said.

Education Day participants learned about the process as they viewed a picture of the different ways pollution can end up in the ocean.

"The kids get it," Karin Hall, Heal the Bay's executive director, said. "As they came from the buses down to the beach, they started picking up trash. They'll go back to their neighborhoods and schools and do the same thing."

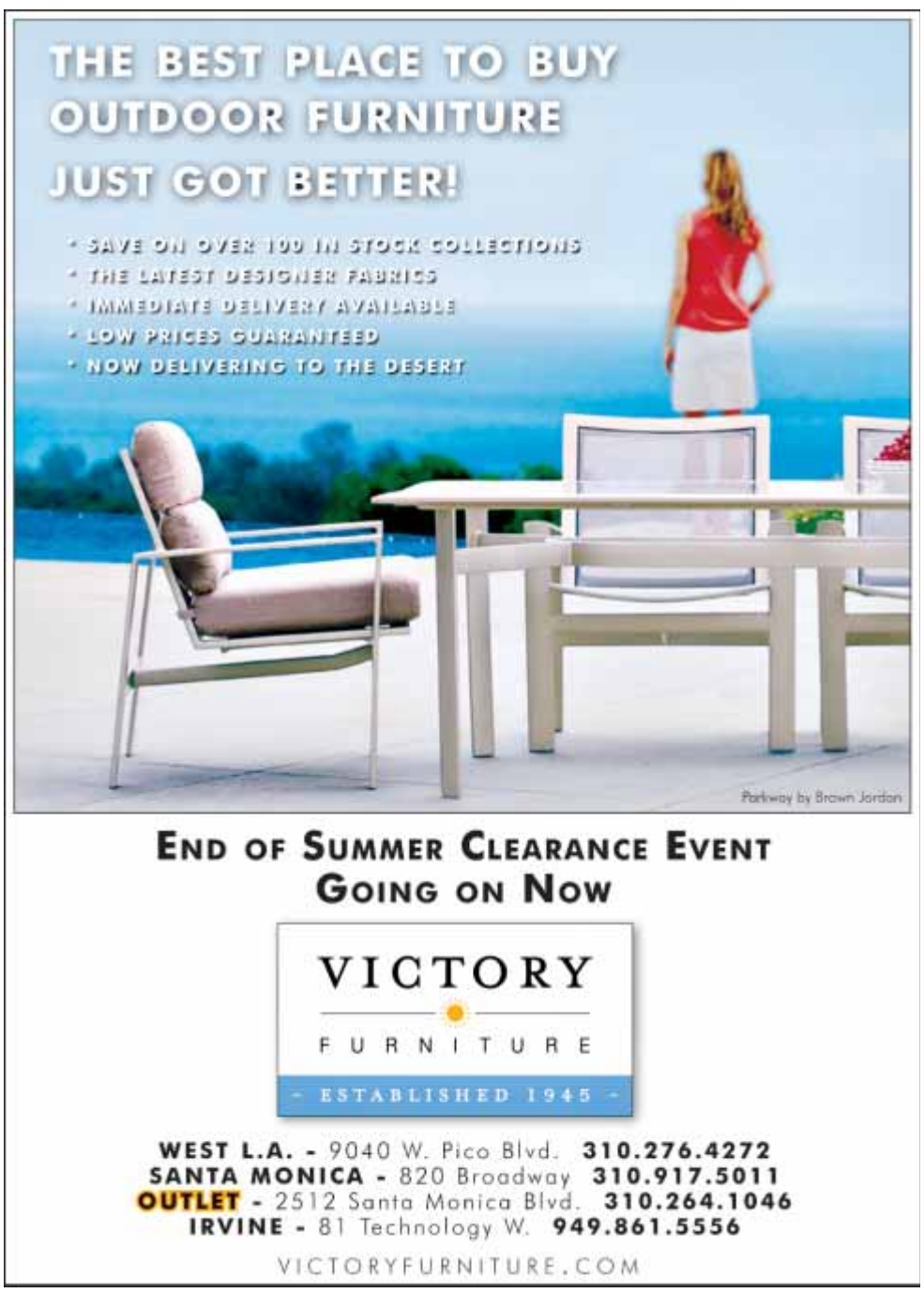
And thanks to Education Day, the kids know that spreading the word about protecting the environment can make a difference.

"When you clean up, you help out the environment, and when you get a lot of people to join, you help the environment even more," Jackson said.

To join find a cleanup site near you, visit www.healthebay.org for registration and parking information.

news@smdp.com









Brandon Wise *brandonw@smdp.com*

SPLISH SPLASH: **People play in the water south of the Santa Monica Pier on Friday morning. Since City Hall replaced a leaky storm drain near the pier, water quality in the area has improved.**

Pier grade goes from F to B

FROM **WATER** PAGE 1

10 to June 16, the pier saw its rating jump two notches to a C on June 27, maintaining it for another week before dropping down to a D on July 14.

Poor grades continued for about another month with one decent week — C on Aug. 19.

"THE WATER QUALITY ISSUES UNDER THE PIER ARE PRETTY COMPLEX AND WE REALLY BELIEVE THAT A PORTION IS RELATED TO THE STORM DRAIN BUT WE'RE LOOKING AT OTHER SOURCES OF SOME OF THE HIGH BACTERIA ISSUES."

Mark Cuneo
Principal civil engineer

On Sept. 2, the pier finally earned a B.

The report card is based on data collected from various state and local health agencies that monitor water quality year round, translating the information to make it understandable to the layperson.

City Hall has also been reportedly working with researchers at UCLA to identify the continued source of bacterial pollution.

"The water quality issues under the pier are pretty complex and we really believe that a portion is related to the storm drain but we're looking at other sources of some of the high bacteria issues," Mark Cuneo, principal civil engineer said.

Birds have been identified as one of the contributors.

The study by Heal the Bay said the pond in front of the pier storm drain was the predominant source of fecal bacteria at the beach, noting that "pigeons are a definite source of fecal bacteria and the elimination or reduction of roosting sites in the intertidal zone area would help reduce fecal bacterial densities in the surf zone."

City Hall has initiated steps to address the pigeon issue, recently hiring Bird Busters to install a net underneath the pier where the birds roost, a move that has been criticized by animal rights activists who argue that pigeons could be killed in the process. City officials have stressed that birds will not be harmed.

"Our goal is to identify possible sources of the problem and either completely eliminate or minimize each of those potential sources until we achieve a constant A rating, which is the ultimate goal," Lee Swain, the public works director, said.

There might be progress at the pier but some beachgoers say they still stay out of the water.

"I have lived here 17 years and I think it's gotten worse, maybe, but definitely not better," Elizabeth Homier, a resident of Hollywood, said during a visit to the beach on Friday. "It doesn't smell so bad today."

Antonio Padua, a West Covina resident who comes once a month, said he doesn't find the water quality to be good, especially compared to Laguna Beach.

"It seems like there's a lot of pollution, just the water being cloudy," he said.

Marissa Lyman contributed to this report

melodyh@smdp.com

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PARKING IT

Brandon Wise *brandonw@smdp.com*

An eco-team from the Street Smart Water Wise group passes out flyers educating people about water efficient gardens with a portable parking spot garden on the corner of Fourth Street and Santa Monica Boulevard on Friday morning. Activists across the nation parked themselves curbside taking up spaces reserved for cars and transforming them into mini parks with sod, potted plants, lawn chairs and even barbecues to raise awareness about how the auto has won the battle over public space in big cities.

Enrollment up across SMMUSD

FROM **SAMOHI** PAGE 3

IT (WENT) MUCH BETTER THAN SOME PARENTS AND EVEN SOME OF US ON THE BOARD THOUGHT IT WOULD"

Barry Snell
Vice president, Board of Education

Another report is expected in the next few months.

"It (went) much better than some parents and even some of us on the board thought it would," Barry Snell, the vice president of the school board, said.

ENROLLMENT SLIGHTLY UP

The economic downturn is suspected to have had some impact on this year's enrollment, which according to preliminary figures went up by about 35 students over what was originally projected, bringing the total to 11,600.

Assistant Superintendent for Human Resources Mike Matthews said that the increase is due to a combination of factors, including former private school students returning to the district and the board's decision earlier this year to permit more students who don't live in Santa Monica or Malibu.

There are now 1,543 students on permit, about 168 of whom are new this year.

The enrollment count will not be official until October. More students are expected in the coming weeks.

"There are still people moving into the area and are late to start the school year," he said.

melodyh@smdp.com



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NEW DVD RELEASES

BY RANDY WILLIAMS



Photo courtesy of Disney

‘Ugly Betty’

The Complete Third Season

With her signature cherry red eye frames and bright blue braces, Betty Suarez (America Ferrera) turns the fashion world on its end with this six-disc offering that includes deleted scenes, bloopers and a behind-the-scenes look of the show ‘s cheerful skewering of high-fashion magazine publishing. Favorite unaired moments of the show’s writers, pop-up video commentary and the show’s New York locale are examined in the extra materials. (Disney)

‘Crank 2: High Voltage’ (Blu-ray)

You can’t keep a dead man down as hit man Chev Chelios (Jason Statham) returns to form. Here he goes up against a Chinese mobster who has stolen his nearly indestructible heart and replaced it with a battery-powered ticker that requires regular jolts of electricity to keep working. A sort-of live action cartoon with wall-to-wall stereotypes, it comes fully charged with a digital copy and an arsenal of extras. (Lionsgate)

‘Away We Go’ (Blu-ray)

A funny and poignant look exploring the adventures of an expectant couple’s journey to find the right place to settle down. Directed by Sam Mendes (“Revolutionary Road”) and starring John Krasinski (NBC’s “The Office”) and Maya Rudolph (NBC’s “Saturday Night Live”) the story also features a strong ensemble cast including Jeff Daniels, Catherine O’Hara, Allison Janney and Maggie Gyllenhaal. Bonus materials offer access to BD-Live for more trailers, assorted content, a making-of segment and writer/director commentary. (Universal)

‘M*A*S*H’ (Blu-ray)

One of America’s funniest pictures, which spawned one of America’s funniest television series, goes Blu-ray. Donald Sutherland and Elliott Gould star in this hilarious tale about the hijinks of the surgeons and the medical staff of the 4077th unit during the war in Korea. Memories from a 30th Anniversary reunion, multiple documentaries and interactive elements comprise some of the special features. (Fox)

‘The No.1 Ladies Detective Agency’ First Season

Making a successful transition to television are the mystery novels of Alexander Smith as Jill Scott, a multi-Grammy Award winner, portrays a spirited and wily detective. It is the first major Western film/TV project to be shot entirely in the African nation of Botswana. The three-disc set also includes extra material such as an overview of Botswana with its diamonds and wildlife habitats, and a highlight of its rich musical heritage. (HBO)

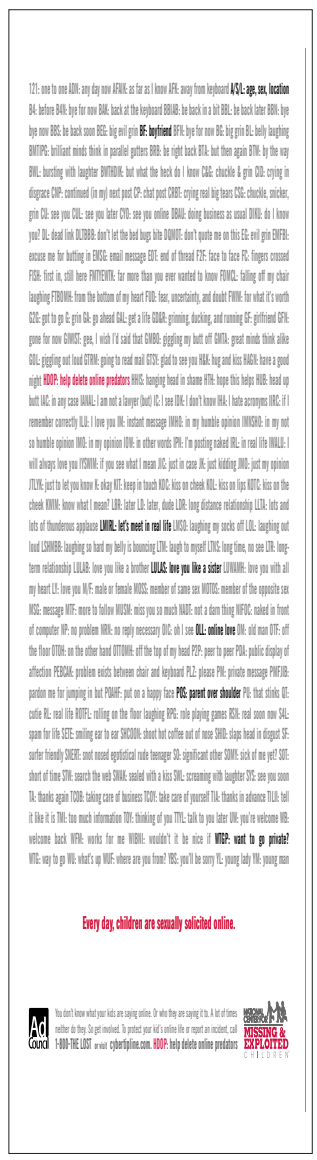
RANDY WILLIAMS can be reached at www.sportandcinema.com

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BRB: be right back
MUSM: miss you so much
A/S/L: age, sex, location
BF: boyfriend
OLL: online love
LULAS: love you like a sister
POS: parent over shoulder
WTGP: want to go private?
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121: one to one ADR: any day now AFAIK: as far as I know AFK: away from keyboard A/S/L: age, sex, location B4: before B4N: bye for now BAK: back at the keyboard BBIAB: be back in a bit BBL: be back later BBR: bye bye now BBS: be back soon BEG: big evil grin BF: boyfriend BFN: bye for now BG: big grin BL: belly laughing BMTIPG: brilliant minds think in parallel gutters BRB: be right back BTA: but then again BTW: by the way BWL: bursting with laughter BWTHDIK: but what the heck do I know C&G: chuckle & grin CB: crying in disgrace CWP: continued (in my) next post CP: chat post CRBT: crying real big tears CSG: chuckle, snicker, grin CU: see you CUL: see you later CYO: see you online DBAU: doing business as usual DIKU: do I know you? DL: dead link DLTBBB: don’t let the bed bugs bite DQMOT: don’t quote me on this EE: evil grin EMFBI: excuse me for butting in EMSG: email message EOT: end of thread F2F: face to face FC: fingers crossed FISH: first in, still here FMTEWTK: far more than you ever wanted to know FOMCL: falling off my chair laughing FTBOMH: from the bottom of my heart FUD: fear, uncertainty, and doubt FWIW: for what it’s worth G2G: got to go G: grin GA: go ahead GAL: get a life GD&R: grinning, ducking, and running GF: girlfriend GFN: gone for now GIWIST: gee, I wish I’d said that GMBO: giggling my butt off GMTA: great minds think alike GOL: giggling out loud GTRM: going to read mail GTSY: glad to see you H&K: hug and kiss HAGN: have a good night HDOP: help delete online predators HHIS: hanging head in shame HTH: hope this helps HUB: head up butt IAE: in any case IANAL: I am not a lawyer (but) IC: I see IDK: I don’t know IHA: I hate acronyms IIRC: if I remember correctly ILU: I love you IM: instant message IMHO: in my humble opinion IMNSHO: in my not so humble opinion IMO: in my opinion IOW: in other words IPN: I’m posting naked IRL: in real life IWALU: I will always love you ITSWYM: if you see what I mean JIC: just in case JK: just kidding JMO: just my opinion JTLYK: just to let you know K: okay NT: keep in touch KOC: kiss on cheek KOL: kiss on lips KOTC: kiss on the cheek KWIM: know what I mean? LBR: later LD: later, dude LDR: long distance relationship LLTA: lots and lots of thunderous applause LMIRL: let’s meet in real life LMSO: laughing my socks off LOL: laughing out loud LSHMBB: laughing so hard my belly is bouncing LTM: laugh to myself LTNS: long time, no see LTR: long-term relationship LULAB: love you like a brother LULAS: love you like a sister LUWAMH: love you with all my heart LY: love you M/F: male or female MOSS: member of same sex MOTOS: member of the opposite sex MSG: message MTF: more to follow MUSM: miss you so much NADT: not a dam thing NFOC: naked in front of computer NP: no problem NRN: no reply necessary OIC: oh I see OLL: online love OM: old man OTF: off the floor OTOH: on the other hand OTTOMH: off the top of my head PIP: peer to peer PDA: public display of affection PEBCAK: problem exists between chair and keyboard PLZ: please PM: private message PMFJIB: pardon me for jumping in but POAHF: put on a happy face POS: parent over shoulder PU: that stinks QT: cutie RL: real life ROTFL: rolling on the floor laughing RPG: role playing games RSN: real soon now SAL: spam for life SETE: smiling ear to ear SMCOSH: shoot hot coffee out of nose SMH: slaps head in disgust SF: surfer friendly SNERT: snot nosed egotistical rude teenager SO: significant other SOMY: sick of me yet? SOT: short of time STR: search the web SWAK: sealed with a kiss SWL: screaming with laughter SYS: see you soon TA: thanks again TCOB: taking care of business TCOY: take care of yourself TIA: thanks in advance TLLK: tell it like it is TMI: too much information TTFN: thinking of you TTYL: talk to you later UR: you’re welcome WB: welcome back WFM: works for me WIIIDI: wouldn’t it be nice if WTGP: want to go private? WTG: way to go WU: what’s up WUF: where are you from? YBS: you’ll be sorry YL: young lady YM: young man

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City of Santa Monica

NOTICE OF AVAILABILITY
CONSOLIDATED ANNUAL PERFORMANCE AND EVALUATION REPORT FOR 2008 PROGRAM YEAR

Notice is hereby given that the City of Santa Monica has developed the Consolidated Annual Performance and Evaluation Report (CAPER) for the 2008 Program Year. The CAPER is submitted annually to the U.S. Department of Housing and Urban Development (HUD) and provides a status report on how the City's Community Development Block Grant (CDBG) and HOME grant funded projects and activities are meeting the City's overall housing and community development needs as specified in the Consolidated Plan (FY 2005-10) adopted by City Council and submitted to HUD in June 2005 and the subsequent Program Year 2008 Action Plan, submitted to HUD in May 2008. The City is seeking community comments on this report.

Copies of the CAPER are now available to the public for a 15-day community review period ending September 29, 2009. Copies are available at City Hall (Room 212) and on the web at smgov.net, or you may contact the Human Services Division, 1685 Main Street, Room 212, Santa Monica, CA 90401, telephone (310) 458-8701; TDD (310) 458-8696. Please send your written comments to Gigi Decavalles-Hughes at the above address by September 29, 2009.



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BOOKREVIEW

BY DANE ROBERT SWANSON



'A Claim of Her Own'

By Stephanie Grace Whitson | Bethany House

PUBLISHER BETHANY HOUSE CONTINUES its historical fiction line with "A Claim of Her Own."

The time period covered is after the Civil War and small towns are being set up across South Dakota. Gold is being prospected in a nearby stream in the mountains. As in her previously reviewed book, "Unbridled Dreams," (Nov. 7, 2008) author Stephanie Grace Whitson gives the flavor of the time period by using real people of the period. In "Unbridled Dreams," she used Buffalo Bill Cody and the Wild West shows. Here she brings in Wild Bill Hickok and Calamity Jane and mentions General Custer.

Claims are being registered and the town of Deadwood is not the best place for a 20-year-old woman to be. Mattie O'Keefe is there to search for her brother who has written her of a big fortune he has been able to find in the gold fields. She is also trying to hide away from her past.

Jonas wants revenge since Mattie walked out on him. "Men like Jonas didn't let girls like her go. He'd be searching trains and stagecoaches, and she'd avoided both so far, stowing away in a farm wagon headed north out of Abilene at first and finally making her way to Sidney, Nebraska, where dozens of freighters left daily headed north to supply the mining boomtowns in Dakota."

It is not easy for a woman to be alone in the mining town of Deadwood.

Getting there, she finds her life changed. Her brother, Dillon, is dead. His claim lies untended. Dillon had written her that he had found gold. She decides to mine it herself. She makes friends in Deadwood. And Jonas comes looking for her. Jonas is a well defined villain.

It wasn't easy to keep a claim in those days. You had to be presently working it at least one day a week to keep it registered. There were lots of claim jumpers around and Mattie had a good one. Suspense is heightened as Mattie and Jonas often are in the same place at the same time but in different sections. For example, Mattie is in the kitchen at about the same time Jonas is scouting out the hotel.

The face-to-face confrontation up at the claim has one biting his nails.

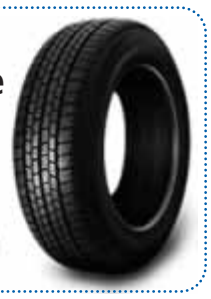
The characters are believable. We have Aunt Lou, the towns' cook for the Grand Central Hotel. There is the Swede who is a freighter for her own store in town. There is Freddie, her son, who is simple minded but useful for hunting. We have the preacher who has a past. We have Mr. English who helps run the goods store in town while Swede brings in the goods.

Books are like a cool drink of water. They can refresh a person. Dane can be reached at smdp_review@yohoo.com.

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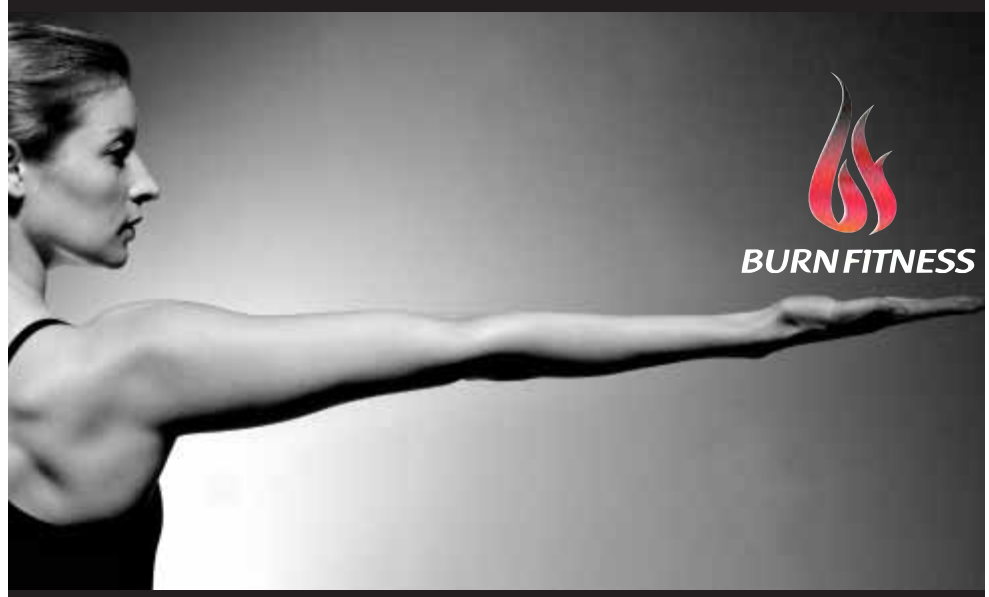
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Hanging 10 in Surf City USA

BY CAROLE ORLIN
Special to the Daily Press

In my eternal quest for new and interesting getaways, I happened upon a gem that is only an hour south on Pacific Coast Highway. It is pet, people and eco-friendly; it's affordable and donates a portion of its proceeds to charity! It combines surfer chic with contemporary sophistication. It is located on The Strand promenade, across the street from a beautiful beach and pier, right in the heart of a vibrant surfer community. I've just described the Shorebreak Hotel in Huntington Beach.

There is a vibe about this boutique hotel that is sophisticated, urban, yet laid back and carefree. Everything is new and fresh; the rooms are modern, beach/surf inspired. Our suite had two flat–panel hi-def TV's, a comfy bed, a huge bean bag chair (or was that a dog bed?), in addition to the sofa, not to mention the gorgeous ocean view from the patio. The bathroom, however, deserves the most kudos. I loved the lighting, the ultra-modern shower and accessories. The bathtub was large and deep enough for two, actually even for three. My only disappointment was that the hotel did not have a pool; but between the beach and the huge bathtub I was appeased.

The Shorebreak contains a wonderful restaurant and bar, Zimzala (surfer speak for "a free-spirited person who finds peace with the sand between their toes"). Zimzala serves organic coastal Mediterranean food which is made from scratch. If you go there, you will hopefully meet Sean Crume, the director of food and beverage. This is one guy who loves his job, and knows the menu and wines intimately. My husband mentioned that he loved the seasoning for a calamari dish, and Sean proudly asserted, "that's because of the combination of garlic and Angolan peppers!" We were pleased to try several of Sean's selections, and they did not disappoint. The chicken tagine with couscous was perfect and served in a gorgeous tureen.

Although I am not a surfer or serious volleyball player, I found lots of things to do in Huntington Beach. There is plenty of shopping, art galleries, restaurants, live music; just about anything you could ask for from an energetic and exciting beach town. I noticed that many people rented bicycles to ride along the 8-mile trail that runs along the beach. Arrangements are also readily available for kite flying, surf camps and other varieties of beach activities.

Unfortunately, I did not bring my dog on this trip. Dogs are allowed access to the whole hotel with the exception of the restaurant and bar. Zimzala provides a large outdoor dining area that is dog friendly. In addition, there is a huge dog beach which is less than a five minute drive from the hotel.

If you've not recently been in touch with your inner surfer, Surf City USA, aka Huntington Beach, is definitely the place to go, and the Shorebreak Hotel is the place to do it in style.

CAROLE can be reached at Caroleorlin@yahoo.com.

If you go

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SURF REPORT

Surf Conditions **Water Temp:** 70°

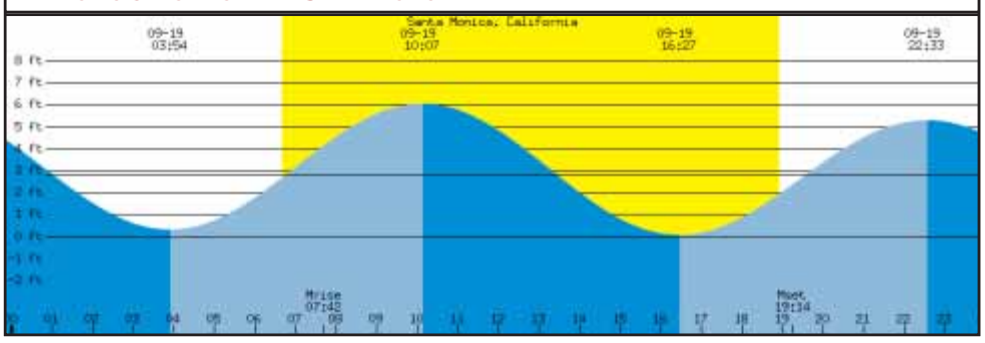
Swell Forecast

NW is expected to back down, but it looks like west facing breaks could still see chest high sets (smaller at south facing spots). South facing breaks are looking smaller, perhaps knee to waist with some pluses at dual exposure spots.

Long Range Synopsis

NW should back down further to waist+ around west facing breaks.

Tide Forecast for Today in Santa Monica



BEACH REPORT CARD

NORTH LOS ANGELES COUNTY

Grades for this report are based on monitoring data from the previous four weeks up to the ending date of **September 15, 2009**

HEAL THE BAY - 1444 9th Street, Santa Monica, CA 90401 - www.healthebay.org - brc@healthebay.org - 800 HEAL BAY

QUICK STATS (for the last 28 days)

- Number of sewage spills -- 0
- Number of beach closures due to a sewage spill -- 0
- Number of wet days -- 8
- Number of A grades for dry/wet weather -- 39 / ns
- Number of (C,D,F) grades for dry/wet weather -- 4 / ns

The Beach Report Card is made possible by simplehuman, The Goldhirsh Foundation, the James Irvine Foundation, Ford

Heal the Bay reminds you not to swim or surf within 100 yards of any flowing storm drain or for 3 days after a rainstorm. After a rain, indicator bacteria counts at beaches throughout California usually far exceed health criteria in the state's Beach Closure and Health Warning Protocol.

LOCATION	DRY	WET
Las Carrillo Beach, at Arroyo Sequit Creek mouth	A+	ns
Nicholas Beach at San Nicholas Canyon Creek mouth	A+	ns
El Pescador State Beach, between Lechuza and Las Alisos creeks	A+	ns
Encinal Canyon at El Matador State Beach	A+	ns
Broad Beach at Trancas Creek mouth	A+	ns
Zuma Beach at Zuma Creek mouth	A+	ns
Walnut Creek, projection of Wildlife Rd. (private)	A	ns
Paradise Cove Pier at Ramirez Canyon Creek mouth	A+	ns
Escondido Creek, just east of Escondido State Beach	B	ns
Latigo Canyon Creek mouth	A+	ns
Solstice Canyon at Don Blocker County Beach	A+	ns
Puerco State Beach at creek mouth	A+	ns
Marie Canyon storm drain at Puerco Beach, at 24572 Malibu Rd.	B	ns
Surfrider Beach at Malibu Colony fence	F	ns
Surfrider Beach (breach location)- daily	A	ns
Malibu Pier - 50 yards east	B	ns
Carbon Beach at Sweetwater Canyon	A+	ns
Las Flores State Beach at Las Flores Creek (point zero)	A+	ns
Big Rock Beach at 19948 PCH stairs	A+	ns
Pena Creek at Las Tunas County Beach	A+	ns
Tuna Canyon	ns	ns
Topanga State Beach at creek mouth	A	ns
Castlerock Storm Drain at Castle Rock Beach	F	ns
Santa Ynez Storm Drain at Castle Rock Beach	F	ns
Will Rogers State Beach at 17200 PCH (1/4 mile east of Sunset drain)	A+	ns

LOCATION	DRY	WET
Will Rogers State Beach at Bel Air Bay Club drain near fence	A+	ns
Will Rogers State Beach at Pulga Canyon storm drain	A+	ns
Will Rogers State Beach at Temescal Canyon drain	A+	ns
Will Rogers State Beach at Santa Monica Canyon drain (Chautauqua)	A+	ns
Santa Monica Beach at Montana Ave. drain	A+	ns
Santa Monica Beach at Wilshire Blvd. drain	A+	ns
Santa Monica Municipal Pier	B	ns
Santa Monica Beach at Pico/Kenter storm drain	A	ns
Santa Monica Beach at Strand St. (in front of the restrooms)	A+	ns
Ocean Park Beach at Ashland Ave. drain	A+	ns
Venice City Beach, at the Rose Ave. storm drain	A+	ns
Venice Beach at Brooks Ave. drain	A+	ns
Venice Beach at Windward Ave. drain	A+	ns
Venice Fishing Pier - 50 yards south	A+	ns
Venice Beach- projection of Topsail St.	A+	ns
Marina del Rey, Mothers' Beach- lifeguard tower	A	ns
Dockweiler State Beach at Ballona Creek mouth	C	ns
Dockweiler State Beach at Culver Blvd. drain	A+	ns
North Westchester Storm Drain at Dockweiler State Beach	A+	ns
Dockweiler State Beach at World Way (south of D&W jetty)	A	ns
Dockweiler State Beach at Imperial Hwy drain	A+	ns
Dockweiler Beach- opposite Hyperion Treatment Plant	A+	ns
Dockweiler State Beach at Grand Ave. drain	A+	ns

LEGEND

DRY -- each location is graded on an A – F scale based on bacterial pollution levels present in the surf zone
WET -- grades for days of recorded rainfall and the following 3 days
ns -- no sample taken

Heal the Bay's Beach Report Card® is based on weekly water quality monitoring data provided by the City of Los Angeles' Environmental Monitoring Division and the Los Angeles County Department of Health Services. Data is analyzed as soon as it is made available to us by the public agencies. Beaches are graded on an A–F scale based on the risk of ocean users becoming ill. Samples are analyzed for bacteria—enterococcus, total and fecal coliforms—that indicate biological pollution. A fact sheet detailing the exact methodology used in determining grades for each location is available from the office or on our web site. The report is not designed to measure the amount of trash or toxins found at local beaches.

Heal the Bay is a non-profit environmental organization dedicated to making Santa Monica Bay and Southern California coastal waters safe and healthy for people and marine life.

Heal the Bay

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The Beach Report Card is an indication of past water quality and is not a warranty of the current safety of those areas surveyed. Our lawyers are happy.

NCAA FOOTBALL

UCLA faces rebuilding K-State

GREG BEACHAM
AP Sports Writer

LOS ANGELES When UCLA coach Rick Neuheisel pleads with his Bruins not to overlook Kansas State, he isn't thinking about the rebuilding Wildcats who somehow lost to Louisiana-Lafayette last week.

Neuheisel is thinking about the powerful Kansas State teams he faced at Colorado a decade ago. The Wildcats were at their height then under coach Bill Snyder, who's back and hoping to recapture those days, perhaps starting Saturday at the Rose Bowl.

"I have too much respect for Bill Snyder, having coached in the Big 12 and played against his teams, to ever think that this won't be just an absolute dogfight," Neuheisel said. "It's so important that we don't squander what we've worked so hard to earn over the past two weeks by not doing our best."

UCLA has earned a 2-0 start with last weekend's victory at Tennessee, but potential pitfalls are everywhere along the road back to a contending role in the Pac-10. Neuheisel realizes his Bruins also beat the Vols at home last year, only to lose 59-0 to Brigham Young one week later.

"We've got too much experience on our coaching staff not to nail that point home," he said. "It didn't matter what happened at Tennessee. We need to improve."

UCLA will have a new starting quarterback against Kansas State, most likely freshman Richard Brehaut, after Kevin Prince broke his jaw last week. Although the Bruins still are awfully young at several additional key positions, Neuheisel can see results from his own rebuilding project, which began with a disappointing 4-8 campaign last fall.

What the Bruins learned in front of 102,000 fans in Knoxville will be useful against Kansas State, which has never faced UCLA. Although Snyder isn't particularly happy about making such a tough trip with such a young team, he's hoping the Wildcats will learn along the way.

"I think they're a very solid team," Neuheisel said. "It looks like a team that has kind of just installed their stuff, and maybe they haven't used their whole package just yet. We've got to be prepared for much more than we're seeing on tape. We were exposed a little bit in our protections, and there's going to be a little bit of copy you'll see in the future."





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Sunday:
American Graffiti 1 hr 50 min
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AMC Loews Broadway 4
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Beyond a Reasonable Doubt (PG-13) 1hr 45min
11:30, 2:00, 4:40, 7:15, 10:00

Whiteout (R) 1hr 41min
11:40, 2:40, 5:10, 7:45, 10:20

Gamer (R) 1 hr 45 min
11:50, 5:00, 10:10

Ponyo (G) 1 hr 41 min
11:20, 1:50, 4:30, 7:00, 9:40

The Time Traveler's Wife (PG-13), 1 hr 48 min
2:20, 7:30

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9 (PG-13) 1hr 19min
10:55, 1:00, 3:10, 5:30, 7:45, 9:50

Cloudy With a Chance of Meatballs (PG) 1 hr 21 min
12:15, 2:40, 5:10, 7:30, 10:00

Cloudy With a Chance of Meatballs 3D (PG) 1 hr 21 min
11:15, 1:40, 4:10, 6:30, 9:00

Jennifer's Body (R) 1 hr 42 min
12:05, 2:50, 5:20, 8:00. 10:30

Julie and Julia (PG-13) 2hrs 3min
10:45, 1:30, 4:20, 7:20, 10:20

Love Happens (PG-13) 1 hr 49 min
11:00, 1:50, 4:30, 7:10, 10:10

The September Issue (PG-13) 1hr 30min
11:55, 2:20, 4:40, 7:00, 9:30

Laemmle's Monica Fourplex
1332 Second St.
(310) 394-9741

Art & Copy (NR) 1 hr 28 min
11:00 a.m.

Irene In Time (PG-13) 1 hr 34 min
11:00 a.m.

The Cove (PG-13) 1 hr 36 min
11:00 a.m.

Bright Star (PG) 2 hr 14 min
1:20, 4:10, 7:00, 9:50

It Might Get Loud (PG) 1 hr 53 min
1:50, 4:30, 7:10, 9:40

Extract (R) 1hr 47min
1:00, 3:20, 5:40, 8:00, 10:15

The Baader-meinhof Complex (R) 2 hr 39 min
1:30, 4:50, 8:10

Mann's Criterion Theatre
1313 Third St.
(310) 395-1599

All About Steve (PG-13) 1hr 39min
11:40am, 2:00, 4:30, 7:00, 9:30

District 9 (R) 1hr 53min
1:30, 4:10, 7:10, 9:50

The Informant! (R) 1 hr 48 min
11:30, 2:10, 4:50, 7:30, 10:10

Inglourious Basterds (R) 2hrs 32min
12:00, 3:20, 6:40, 10:00

Sorority Row (R) 1hr 40min
12:30, 3:00, 5:30, 8:00, 10:30

Tyler Perry's I Can Do Bad All by Myself (PG-13) 1hr 53min
1:20, 4:20, 7:20, 10:20

For more information, e-mail news@smdp.com

Keep budget in mind, Virgo

ARIES (March 21-April 19)
★★★★ Defer to others, yet be aware of building frustration and anger. You might question how to handle your frustration on a personal level. Discover ways of expressing your distress before it becomes more than hurt. Tonight: Listen to suggestions.

TAURUS (April 20-May 20)
★★★ Easy works. Share a favorite pastime with a child or roommate. Investigate ways of handling a touchy neighbor or a challenging sibling. Still, words might be exchanged. Tonight: Easy does it.

GEMINI (May 21-June 20)
★★★★★ Listen to your sixth sense. Creativity bubbles forth for artists, and romance abounds for lovers. Kids become an endless source of delight. Be aware of the costs of a risk before diving in. Tonight: As only you can, paint the town red.

CANCER (June 21-July 22)
★★★ You could cause yourself a problem with misdirected anger and frustration. A person you generally look up to presents another perspective. You could lose your temper out of the blue. Stop. What is really going on here? Tonight: A must appearance.

LEO (July 23-Aug. 22)
★★★★★ Defer to others knowing full well you are in control. Sitting on your feelings could lead to anger. Be smart; express yourself before you explode. Use yoga or some other technique to handle your intensity. Tonight: Favorite people help you create a great time.

VIRGO (Aug. 23-Sept. 22)
★★★★ A purchase could cause some friction in plans, whether it is the time or the funds needed to attain this acquisition. A friend could become recalcitrant, as this person wants more of your time and attention. Tonight: Keep your budget in mind.

LIBRA (Sept. 23-Oct. 22)
★★★★★ If you can mobilize your anger and use the emotion positively, you'll cover some intense ground. You have given a certain person a sense of authority. You allowed someone to have this power. What have you been missing? Know that you are going to find out. Tonight: Whatever knocks your socks off.

SCORPIO (Oct. 23-Nov. 21)
★★★ Stretch your mind and be willing to look beyond the obvious with a problem. At this point, relax, center and detach. Take a drive in the country or go see a movie. In a different setting, much could come forward. Tonight: Keep your own counsel.

SAGITTARIUS (Nov. 22-Dec. 21)
★★★★★ Zero in on what you want, using another person's assertive energy to help you down a key path. Some processing could be involved with helping someone with his or her anger, pointing to the door or a transformation. Tonight: Where your friends are.

CAPRICORN (Dec. 22-Jan. 19)
★★★ Know that others seek you out for various reasons, and though you might not choose to be involved in certain matters, the issues grab your attention. Tonight: A must appearance.

AQUARIUS (Jan. 20-Feb. 18)
★★★★ Take off for a day trip, even if it is spontaneous. Nothing replaces the feeling of getting the heck out of Dodge. Worry less about the details of your life, and look more to the dynamics of living. Tonight: Deal with frustration in a new, detached manner.

PISCES (Feb. 19-March 20)
★★★★★ One-on-one relating opens doors to new connections with those close to your heart. Not all interactions cover the dimension of possibilities that lie between you and another person. Tonight: Togetherness is the theme.

Happy birthday

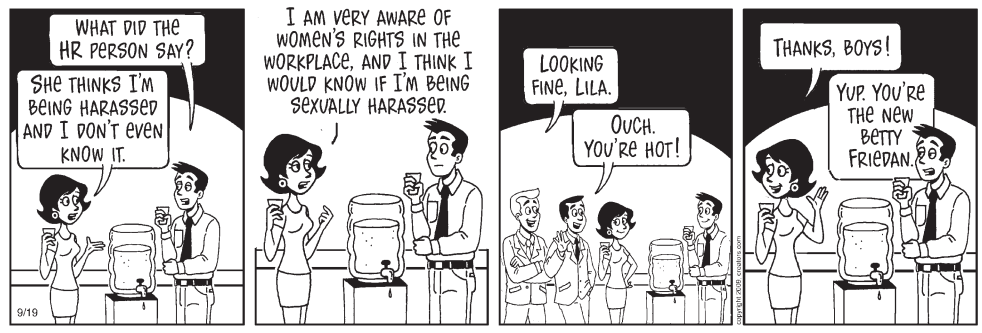
JACQUELINE BIGAR'S STARS
The stars show the kind of day you'll have:
★★★★★Dynamic ★★ So-So
★★★★ Positive ★ Difficult
★★★ Average

This year, you open doors to new vistas and expose yourself to new potential. Be willing to experience your power and talents to the fullest. Your immediate social and professional networks could push you in a new direction. Ask yourself why you are resisting. In time you'll discover the full implications of your "no's." If you are single, you are likely to meet someone through your immediate circle, most likely in 2010. If you are attached, you'll relate to your sweetie on a far deeper level once you understand a natural resistance and communicate it. LIBRA knows how to spend money!

Girls and Sports
By Justin Borus and Andrew Feinstein



The Meaning of Lila
By John Forgetta & L.A. Rose



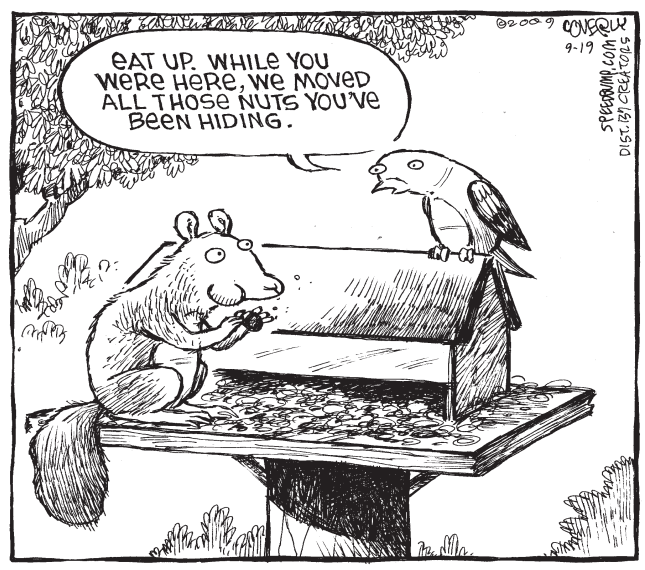
Garfield
By Jim Davis



Strange Brew
By John Deering



Speed Bump
By Dave Coverly



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Sudoku

Fill in the blank cells using numbers 1 to 9. Each number can appear only once in each row, column, and 3x3 block. Use logic and process of elimination to solve the puzzle. The difficulty level ranges from ★ (easiest) to ★★★★★ (hardest).

Difficulty Level ★★★★

	3						8	
7			4		5			6
		1				7		
4	1						2	3
			9		7			
6	8						5	7
		3				8		
2			8		4			5
	7						3	

King Features Syndicate

GETTING STARTED

There are many strategies to solving Sudoku. One way to begin is to examine each 3x3 grid and figure out which numbers are missing. Then, based on the other numbers in the row and column of each blank cell, find which of the missing numbers will work. Eliminating numbers will eventually lead you to the answer.

SOLUTIONS TO YESTERDAY'S PUZZLE

2	8	1	6	3	4	9	7	5
6	9	3	7	5	1	4	8	2
4	5	7	2	8	9	3	1	6
3	2	8	4	1	6	5	9	7
1	4	5	8	9	7	6	2	3
7	6	9	5	2	3	8	4	1
8	7	4	1	6	5	2	3	9
9	1	6	3	4	2	7	5	8
5	3	2	9	7	8	1	6	4

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MYSTERY PHOTO

Maya Sugarman *news@smdp.com*

The first person who can correctly identify where this image was captured wins a prize from the Santa Monica Daily Press. Send answers to *editor@smdp.com*.

CROSSWORD

By THOMAS JOSEPH

ACROSS

1 Sudan neighbor
5 May honorees
9 Massive mammal
10 Sprawling tales
12 Common eye color
13 Bra part
14 Cure-alls
16 Imitating
17 Kicker's aid
18 Jupiter probe
20 "Silk-wood" star
22 Minus
23 Minos' kingdom
25 Robe part
28 Show with barkers
32 Dazed
34 Road sealer
35 Copy
36 Art-school class
38 Gold unit
40 Checkout annoy-ance
41 Colander's kin
42 Free of censor-ship
43 Map line
44 Small sound

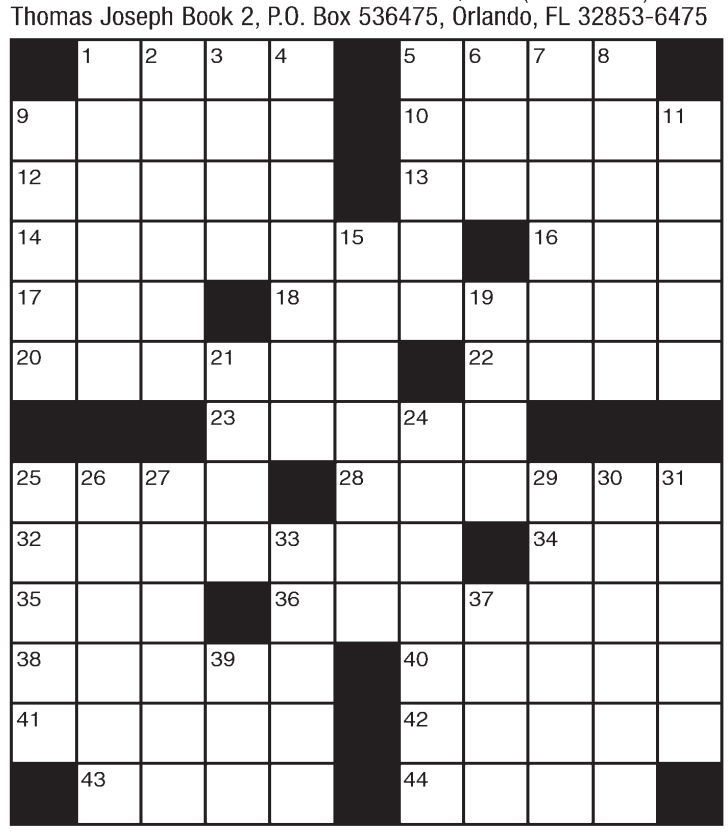
DOWN

1 Swiss lodge
2 Less clear
3 Baseball's Rodri-guez
4 Convey
5 Unkempt
6 Be decisive
7 Desert sight
8 Snake feature
9 Sharpens
11 Ship poles
15 Inveigled
19 "Break —!"
21 Canyon sound
24 Add
25 Enjoys the tub
26 Nanny's kin
27 Platter player
29 Right away
30 Arose
31 Secret meeting
33 In the cards
37 Fork feature
39 One of Frank's wives

W	I	P	E	■	■	A	M	P	S	■
A	M	U	C	K	■	R	O	U	T	S
R	A	T	O	N	■	M	O	T	E	L
E	G	O	■	I	R	O	N	O	R	E
S	E	N	T	F	O	R	■	N	E	E
■	S	T	E	E	D	■	S	T	O	P
■	■	H	A	D	■	R	A	H	■	■
C	H	E	R	■	T	E	N	E	T	■
L	O	S	■	D	I	N	G	B	A	T
A	T	H	E	I	S	T	■	L	I	I
S	T	E	R	N	■	E	L	O	P	E
S	E	L	M	A	■	R	A	C	E	R
■	A	F	A	R	■	■	S	K	I	S

Yesterday's answer

NEW CROSSWORD BOOK! Send $4.75 (check/m.o.) to Thomas Joseph Book 2, P.O. Box 536475, Orlando, FL 32853-6475



9-19

DAILY LOTTERY

MEGA MILLIONS: 29 30 32 35 41
Meganumber: 39
Jackpot: $51M

SUPER LOTTO PLUS: 5 17 18 22 28
Meganumber: 10
Jackpot: $32M

FANTASY 5: 15 19 20 24 39

DAILY 3: MIDDAY: 8 9 3
EVENING: 6 3 7

DAILY DERBY:
1st: 05 California Classic
2nd: 01 Gold Rush
3rd: 09 Winning Spirit
RACE TIME: 1.43.35

Although every effort is made to ensure the accuracy of the winning number information, mistakes can occur. In the event of any discrepancies, California State laws and California Lottery regulations will prevail. Complete game information and prize claiming instructions are available at California Lottery retailers. Visit the California State Lottery web site at http://www.calottery.com

NEWS OF THE WEIRD
BY CHUCK SHEPARD

■ (1) In Torrington, Conn., in June, a teenage girl, hearing a woman she lived with screaming in another room, summoned four of her friends, who quickly arrived and beat up the 25-year-old man who was with the woman. It turns out that the couple were having consensual sex (and good sex, at that). The girl and three of the boys were charged with assault. (2) Keith Griffin, 48, was arrested in Martin County, Fla., in August for possessing child pornography on his computer. He tried to talk detectives out of the arrest by claiming that his cat often walks on the keyboard and must have stepped on some combination of keys that resulted in the downloading of about 1,000 images.

■ Postal worker Douglas C. Yee, 50, was indicted in February 1996 in San Mateo, Calif., for pulling off bulk-mail scams totaling $800,000. Found in Yee's garbage were notes he had written to God expressing gratitude for his continued help in evading police detection. Read one, "Lord, I am having a difficult time myself seeing you as a God who hides crime, yet your Word says that it's your privilege (or glory) to do just that."

TODAY IN HISTORY

1959 Nikita Khrushchev is barred from visiting Disneyland.

1961 Betty and Barney Hill claim that they saw a mysterious craft in the sky and that it tried to abduct them.

1963 Iota Phi Theta Fraternity, Inc. is founded at Morgan State University in Baltimore, Maryland.

1970 The first Glastonbury Festival is held at Michael Eavis's farm in Glastonbury, United Kingdom.

1972 A parcel bomb sent to Israeli Embassy in London kills one diplomat.

1973 King Carl XVI Gustaf of Sweden has his investiture.

1976 Turkish Airlines Boeing 727 hits the Taurus Mountains, outskirt of Karatepe, Osmaniye, Turkey, killing all 155 passengers and crew.

WORD UP!

alacrity \uh-LACK-ruh-tee\ , noun: 1. A cheerful or eager readiness or willingness, lively action or promptness in response.

Santa Monica Daily Press

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2478 Corinth Ave. $1575 front unit 1+1 stove, fridge, carpet, ceiling fan, onsite laundry, small gated front yard 2 parking spaces, 20 lb. pet OK w/ deposit $300 off move-in (888)414-7778

501 N. Venice 1+1, #25 $1225/mo stove, fridge, carpet, utilities included, laundry, parking, no pets. $750 off move-in (310)574-6767 www.jkwproperties.com

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MAR VISTA: 12434 CULVER Blvd. units 3 1+1 stove, fridge, AC, carpets blinds, laundry room, intercom entry, gated parking, no pets.$1100/mo $500 off move-in (888)414-7778 www.jkwproperties.com

MARVISTA-LA $1550.00 2bdrms, 2 baths, no pets, balcony, stove, refrig, dshwshr, washr/dryr, 2-car garage 12048 Culver Blvd. #202 Open daily 8am-7pm. Additional info in unit

PALMS 2+1 3633 Keystone ave #1 stove, blinds, tile flooring, carpets, ceiling fan, laundry,parking, AC, no pets. $1395/mo $500 off move-in (310)578-7512 www.jkwproperties.com

PALMS 3346 S. Canfiled #205 $995 1+1 upper, stove, fridge, blinds, bamboo & vinyl floors, on-site laundry, garage parking, intercom entry no pets.$500 off move-in (310)578-7512 jkwproperties.com

PALMS 3540 Overland units 2 & 5 $925 Stove, fridge, carpet, blinds, laundry, street parking, no pets. $700 off move-in special. (310)578-7512 www.jkwproperties.com

PALMS ADJ/ LaCienga Hghts. $995.00 1 Bdrm, 1Bath, NO PETS, stove, refrg, parking 2009 Preuss Rd., #10 Open daily 8am-7pm . Additional info in unit

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Santa Monica $1125.00 1 Bdrms, 1Bath NO pets, gas, paid stove, refrigerator, parking 2535 Kansas Ave., #210 Open daily 8am-8pm. Additional info in unit. .

SANTA MONICA $1225.00 1 bdrm, 1 bath, no pets, stove, refrig, patio, parking 2533 Kansas Ave., #109 Open daily for viewing 8am to 7pm. Additional info in apt Mgr: apt #101

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FICTITIOUS BUSINESS NAMES STATEMENT FILE NO. 20091292401 FIRST FILING. The following person(s) is (are) doing business as MY PLANET LEX, 2554 LINCOLN BLVD., #249, VENICE, CA 90291, COUNTY OF LA. The full name of registrant(s) is/are : JOYCE M. SNEED, 2554 LINCOLN BLVD., #249, VENICE, CA 90291 This Business is being conducted by, an individual. Signed: Registrant has not yet begun to transact business under the fictitious name or names listed herein.. /s/: JOYCE M. SNEED
This statement was filed with the County Clerk of LOS ANGELES County on 8/21/2009. NOTICE: THIS FICTITIOUS BUSINESS NAME STATEMENT EXPIRES FIVE YEARS FROM THE DATE IT WAS FILED IN THE OFFICE OF THE COUNTY CLERK. A NEW FICTITIOUS BUSINESS NAME STATEMENT MUST BE FILED PRIOR TO THAT DATE. The filing of this statement does not of itself authorize the use in this state of a fictitious business name statement in violation of the rights of another under federal, state, or common law (see Section 14411et seq.,Business and Professions Code). SANTA MONICA DAILY PRESS to publish 9/19/2009, 9/26/2009, 10/3/2009, 10/10/2009

FICTITIOUS BUSINESS NAMES STATEMENT FILE NO. 20091173934 FIRST FILING. The following person(s) is (are) doing business as SALUS INSURANCE MARKETING, AI #/ON 200907110117, 8400 E. PRENTICE AVE, STE. 1500, GREENWOOD VILLAGE, CO, 80111. The full name of registrant(s) is/are : SALUS MARKETING LLC, 8400 E. PRENTICE AVE, STE. 1500, GREENWOOD VILLAGE, CO, 80111 This Business is being conducted by, a limited liability. Signed: Registrant has not yet begun to transact business under the fictitious name or names listed herein.. /s/: SALUS MARKETING LLC
This statement was filed with the County Clerk of LOS ANGELES County on 7/31/2009. NOTICE: THIS FICTITIOUS BUSINESS NAME STATEMENT EXPIRES FIVE YEARS FROM THE DATE IT WAS FILED IN THE OFFICE OF THE COUNTY CLERK. A NEW FICTITIOUS BUSINESS NAME STATEMENT MUST BE FILED PRIOR TO THAT DATE. The filing of this statement does not of itself authorize the use in this state of a fictitious business name statement in violation of the rights of another under federal, state, or common law (see Section 14411et seq.,Business and Professions Code). SANTA MONICA DAILY PRESS to publish 8/29/2009, 9/5/2009, 9/12/2009, 9/19/2009

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Kate Bransfield

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1005 San Vicente Boulevard
3 Bed, 4.5 Bath
$3,395,000
Gorgeous Remodeled Single Family
Open Sunday, September 20th 2-5



16730 Calle de Catalina
5 Bed, 3.75 Bath
REDUCED $1,649,000
SFH w/ High Ceilings & Views
Call for Appointment



NEW LISTING Open Sunday, 2-5 pm

1175 Amherst Avenue #3
2 Bed, 2.5 Bath
$649,000
Amazing Price, Wonderful Design!
Open Sunday, September 20th 2-5



Open Sunday, Sept. 20th 2-5 pm

1037 16th Street #8
3 Bed, 3 Bath
$899,000
Beautiful N. of Wilshire Townhome
Open Sunday, September 20th 2-5



Open Sunday, Sept. 20th 2-5 pm

1209 Arizona Avenue #2
2 Bed, 2 Bath
REDUCED $899,000
Dramatic, Remodeled Penthouse
Open Sunday, September 20th from 2-5



Open Sunday, Sept. 20th 2-5 pm

2254 21st Street
3 Bed, 2.5 Bath
$1,250,000
Great Sunset Park Home
Open Sunday, September 20th from 2-5



123 Georgina Avenue #2
2 Bed, 2.5 Bath
$1,349,000
North of Montana Updated Townhouse
Call for Appointment



201 Ocean Avenue #1009P
2 Bed, 2.5 Bath
$1,499,000
Condo w/ Ocean/Mountain Views
Call for Appointment



Open Sunday, Sept. 20th 2-5 pm

3247 Mountain View Avenue
3 Bed, 1 Bath
$818,000
Wonderful Mar Vista Location!
Open Sunday, September 20th from 2-5

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www.SantaMonicaListings.com

Median Price of ALL Santa Monica Properties Listed for Sale As of Late September 2009

	Single Family Homes	Condos & Townhomes
Santa Monica Canyon	$2,447,000	$4,810,000
North of Montana	$3,025,000	$1,449,000
Between Wilshire & Montana	$1,948,500	$919,000
South of Wilshire	$859,000	$680,000
Sunset Park	$1,250,000	$669,250
Ocean Park	$1,462,500	$875,000

Statistics Updated Every Monday

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