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Santa Monica Daily Press
FRIDAY
09.16.16
Volume 15 Issue 254

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Carjacking ends on Ocean Ave.



Matthew Hall editor@smdp.com

CRASH: An Oregon man's attempt to steal a DeLorean ended in arrest.

BY MATTHEW HALL
Daily Press Editor

Police have arrested a suspect after an early morning police chase ended on Ocean Ave.

The incident began when the Santa Monica Police Department received a call of a carjacking on the 2600 block of Ocean Front Walk at about 7:15 a.m. The victim reported their vehicle was taken by force and that the suspect fled the area.

Officers were able to identify the vehicle near the 400 block of Ashland and a vehicle pursuit began when the suspect attempted to escape in the stolen vehicle.

After a brief chase, the suspect crashed into at least one other vehicle on the 1500 block of Ocean Ave. between Colorado and Broadway. According to SMPD, officers were able to restrain the suspect and make an arrest.

No injuries were reported by the victims or officers. The suspect was transported to a local hospital with minor injuries.

The damaged DeLorean, similar to the iconic vehicle from the Back to the Future movies, had to be towed from the scene of the crash causing a section of Ocean to be closed for about an hour. Officers said they did not know why the suspect tried to steal that particular car.

Brian Scott Cottrill, 32, from Oregon, was arrested for carjacking, recklessly evading police and an outstanding traffic warrant. Bail was set at $100,000.

editor@smdp.com

Having a heart for AFib awareness

BY JEFFREY I. GOODMAN
Daily Press Staff Writer



WRIGHT

It's a typical feeling for people when they watch a scary movie, walk alone in the dark in an unfamiliar place or face a time crunch on an important exam: Their hearts race, jump, pound and skip.

But it's a phenomenon also experienced by people who don't have any unusual external stimuli.

At least 2.7 million people in the U.S. have a condition known as atrial fibrillation, which is charac-

SEE HEART PAGE 6

Airport tenants file new complaint over leases

BY MATTHEW HALL
Daily Press Editor

The Santa Monica Airport is the subject of another legal dispute.

Atlantic Aviation has filed a new Part 16 complaint against Santa Monica alleging the city is in violation of its federal mandates due to ongoing attempts to close the airport and specifically a decision to deny long-term leases to aviation tenants.

Disputes over airport operations are governed by a specific set of rules that require complaints to be heard by the Federal Aviation Administration (FAA). Pending the outcome of an FAA decision, the ruling can be appealed through the federal court system.

The new complaint alleges the

SEE TENANTS PAGE 5

EXPO LINE TOUR:
An entertainment universe at Staples Center and beyond



Jeff Goodman

DESTINATION: L.A. Live and Staples Center host many events and are accessible by train.

BY JEFFREY I. GOODMAN
Daily Press Staff Writer

Editor's note: With the opening of the Expo Line's extension to Santa Monica, locals have a new way to explore neighboring areas. The Daily Press will publish a weekly travelogue about what to eat, see and do near each of the stations along the Expo Line, continuing this week at the Pico stop.

There's something quintessentially Southern Californian about driving to Staples Center for a Lakers game, getting stuck in bumper-to-bumper traffic and ponying up $20 for parking before even entering the arena.

But with the extension of the Expo Line to

SEE EXPO PAGE 10

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What's Up Westside

OUT AND ABOUT IN SANTA MONICA

Friday, September 16

Main Library Docent Tours

Docent led tours are offered the third Friday of each month. Docent led tours of the Main Library cover the library's gold LEED rating of sustainability, its art, architecture and even the library's collection. Docents are able to adapt the tour to fit your interest and time. Main Library, 601 Santa Monica Blvd., 12:30 – 1:30 p.m.

AltCar & Transportation Expo

Alternative Car Ride and Drive/Conference. Civic Auditorium parking lot, 1855 Main St., 10 a.m. – 5 p.m.

Saturday, September 17

HUSHfest: Santa Monica Pier

LA's finest DJ's spin with the sound transmitted directly to wireless headphones given to guests. Experience over the ocean the city's most unique dance party! For more information call (213) 465-3123 or visit www.hushconcerts.com. Santa Monica Pier, 7 – 11:30 p.m.

Concert: The Kaleidoscope Trio

USC-based classical guitar, clarinet, and violin trip play a lively concert of crowd-pleasers and audience requests. All ages welcome. Fairview Branch Library, 2101 Ocean Park Blvd., 4 – 5 p.m.

Painting on Yupo w/ Sumi brushes w/ Zeal Harris

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Hispanic Heritage Month Festival

Join us as we celebrate the Hispanic Heritage Month with music, games and crafts. Enjoy folk music and folkloric dances, play Loteria, and learn to embroider Mexican servilletas (napkins). Pico Branch Library, 2201 Pico Blvd., 11 a.m. – 2 p.m.

AltCar & Transportation Expo

Alternative Car Ride and Drive/Conference. Civic Auditorium parking lot, 1855 Main St., 10 a.m. – 5 p.m.

Master Gardeners at the Market

Master Gardeners provide free gardening tips, solutions to gardening problems, seeds and seedlings as well as their technical expertise based on the Master Gardener Volunteer Training Program which provides intense gardening training emphasizing organic gardening and covers vegetables, fruits, flowers, shrubs, trees, soils, composting, pests and harvesting. The Master Gardeners of Los Angeles visit the Pico Farmers Market on the third Saturday of each month 9:30 a.m. - Noon. Virginia Avenue Park, 2200 Virginia Ave.

Chili Roast

It's late summer and the chilies are ready for harvest. Join organizers for a southwest style chili roast at the Pico farmers market located in Virginia Avenue Park. Take these delicious chilies home and whip up something tasty or freeze them to use later. 9 a.m. – 1 p.m. Pico Farmers Market, Virginia Avenue Park, 2200 Virginia Ave.

Sunday, September 18

Santa Monica Certified Farmers Market

The Main Street market hosts a variety activities including bands, a bi-weekly cooking demonstrations, arts and crafts, a face painter, a balloon animal designer as well as seasonal California grown fruits, vegetables, nuts, meats and cheeses. 2640 Main St., 8:30 a.m. – 1:30 p.m.

Pinhole Camera-making & Photography with Alexis Macnab

This comprehensive workshop will take you step-by-step through the process of pinhole photography, including capturing images on photopaper, developing your photographs, and creating your own pinhole camera. Cost: $80. 1450 Ocean, 10 a.m. – 3 p.m., register at https://apm.activecommunities.com/santamonicarecreation/Activity_Search/53709 or call (310) 458-2239.

For help submitting an event, contact us at **310-458-7737** or submit to editor@smdp.com

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COMMUNITY BRIEFS

Citywide

Seventy percent of passengers on the Metro Expo Line are new riders

A new survey conducted by the Los Angeles County Metropolitan Transportation Authority (Metro) found that 70 percent of those using the Expo Line to Santa Monica are new riders and of those new riders 44 percent used to drive and 23 percent used to take the bus.

Since the opening of Expo Line to Santa Monica in May, ridership has grown to nearly 45,000 average weekdays boarding, with about 20,000 attributed to the new Culver City to Santa Monica segment.

With a projection of 64,000 average weekday riders by the year 2030, the light-rail line has achieved almost 70 percent of its target after three months. The number of boardings on Sunday has already doubled after the opening to Santa Monica.

About 1,000 Expo Line riders were interviewed as part of the survey between June 7 and 12 at the seven new stations and the existing Culver City station. The survey is being used to understand ridership trends and compare Expo rider habits before and after the extension opened.

The survey also shows that 50 percent of riders walk, bike or skate to reach stations, including the stations with parking available. Sixteen percent of those surveyed said they drove to stations, 15 percent took the bus and nine percent got rides and were dropped off at stations. Only three of the seven new stations have parking.

The majority of existing riders surveyed at Culver City station used the Expo Line to travel east toward downtown Los Angeles, while two-thirds of new riders travel west to Santa Monica. Overall, existing riders tend to be regular commuters, while a significant percent of new riders are occasional Expo users.

In general, riders said they feel safe on the Expo Line but are concerned about low frequency of service, saying it leads to overcrowding.

The 6.6-mile Expo Line extension runs from the Culver City Station to Santa Monica with seven new stations. The Expo extension was funded largely by a sales tax increase approved by nearly 68 percent of Los Angeles County voters in 2008.

– SUBMITTED BY JOSE UBALDO, METRO LOS ANGELES COMMUNICATIONS MANAGER MEDIA RELATIONS

Citywide

Bike-Pedestrian Safety Enforcement

The Santa Monica Police Department will be conducting Bike and Pedestrian Safety Enforcement Operations with focused enforcement efforts on primary collision factors involving motorists, pedestrians and bicyclists.

The Police Department periodically identifies locations where bike and pedestrian collisions are prevalent, along with the violations that led to those collisions. In an effort to lower deaths and injuries, officers will be on duty patrolling areas where bike and pedestrian traffic collisions occur.

Field enforcement operations are scheduled to take place on Friday, Sept. 16, from 6 a.m. to 5 p.m. and Monday, Sept. 19, from 6 a.m. to 8 p.m.

Officers will be on the lookout for violations by drivers, bicyclists and pedestrians that can potentially lead to life altering injuries. Special enforcement efforts will be directed towards drivers speeding, making illegal turns, failing to stop for signs and signals, failing to yield to pedestrians in cross walks and similar dangerous violations.

Additionally, enforcement will occur for observed violations when pedestrians cross the street illegally or fail to yield to drivers who have the right of way. Bicyclists will be issued citations when they fail to follow similar traffic laws that also apply to motorists.

Bicyclists are encouraged to always wear a helmet; those under 18 years of age must wear helmets by law. Pedestrians should cross the street only in marked crosswalks or at corners.

Funding for this program is provided by a grant from the California Office of Traffic Safety through the National Highway Traffic Safety Administration.

– SUBMITTED BY LIEUTENANT SAUL RODRIGUEZ,

Civic Auditorium

AltCar Expo

The City of Santa Monica will present the 11th Annual AltCar Expo, the region's premier transportation show dedicated to alternative fuel vehicles and alternative modes of transportation. The two-day event will be held at the Santa Monica Civic parking lot and East Wing, 1855 Main St., Sept. 16 - 17, from 10 a.m. - 5 p.m. and is free to the public.

The goal of AltCar is to provide a very accessible and comprehensive setting where both industry and general public can discover existing alternatives to the way they use energy and transportation and motivate everyone to take further action. California leads the nation in alternative vehicles, incentives and fueling stations, with many states now following the state's example and implementing programs similar to those in California.

AltCar brings almost every make and model of alternative fuel vehicle to one place so you can shop, test drive, compare and learn. The 2016 Expo will have the most extensive array of battery electric, fuel-cell electric, plug-in hybrid, hybrid electric, natural gas and propane vehicles for consumers.

Students at Santa Monica High School, part of "Team Marine," will be showcasing "Volts Wattson," a 1971 red convertible VW Super Beetle that they converted into an all-electric vehicle. This will be the fourth year that Samohi students have participated in AltCar with their Electric Vehicle. Since last year, some improvement were made to the electrical and mechanical systems thanks to financial support from Wells Fargo.

"Team Marine" is an environmental science teen action group dedicated to advancing sustainability and climate literacy. There are currently 10 members, ages 14 to 17. "We are currently looking for additional funds to make further mechanical improvements to Volts Wattson as well as continue community outreach at schools and events," says Benjamin Kay, Samohi teacher and Team Marine advisor.

Besides Wells Fargo, other financial and/or technical assistance was provided by: the Poon-Fear family in Santa Monica who donated the car, "Reverend Gadget"(Greg Abbott) at Left Coast EVs, Plug-In America, Trexa, Alliance for Climate Education, QuikSCience, TeenNick, Gas to Electric Conversions, and the City of Santa Monica.

Admission to AltCar Expo is free. To learn more visit http://altcarexpo.com.

– SUBMITTED BY TRINA KAYE

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Putin's Puppet

OF TODAY'S TWO SUBJECT, ONE I'M looking forward to and the other I'm dismayed by. The latter is the phenomenon that is Donald Trump. Apparently, many find him "unconventional" and "refreshing," and are so devoted if he doesn't drool, he's presidential. Others find him a boor. Who can forget, when labeled having "small hands," he reassured America about his penis size. (Reassured or repulsed?)

Trump has been labeled as having "narcissistic personality disorder." It's supported by so many examples, including Trump's bragging, "I alone can fix these problems," and "I know more about ISIS than the generals." Really? You didn't even know what the "nuclear triad" was or that Russia already invaded Ukraine.

A stunning example of his insatiable ego came only hours after 9/11. Being interviewed, Trump managed to make a national tragedy all about himself. He actually boasted that his building at 40 Wall Street, was "now the tallest in lower Manhattan." Shameless.

Trump constantly reminds us how rich, tough and loved he is. Yet, he won't release his tax returns so we don't know how rich he actually is. Tough? He's so thin-skinned a tweet sends him ballistic. (Check the Facebook group "Trumpelthinskin.") As for being loved, you couldn't tell by the Republican National Convention. The RNC was so underwhelming that Trump actually said he had nothing to do with it. "I just showed up," he said lamely.

At that RNC, there was his family, including Melania's with her plagiarized speech and Trump's usual lapdogs, Chris Christie and Rudy Giuliani. Others included Scott Baio, an unknown underwear model and an equally unknown black minister who falsified his resume. What a group!

The list of the "Never Trump" Republicans is historic. The latest appears to be retired General and former Secretary of State, Colin Powell. Tuesday he confirmed emails of his describing Trump as "a national disgrace," "an international pariah" and that Trump's birther investigation was "racist."

The Trump trait that's potentially most dangerous is his need to be loved. Take his one-sided "bromance" with Vladimir Putin. It first surfaced in December 2015, when Trump called in live to the Morning Joe show on MSNBC. He was as downright giddy because Vladimir Putin had called him "a genius." (Or so Trump needed to believe.)

Ecstatic, Trump rambled on until host Joe Scarborough interrupted, "Donald, do you know Putin jails his opponents and has killed journalists?" Like a child who's had his Pokemon taken away, Trump sulked, "Yeah, well we kill plenty of people, too." Huh?

Actually, Putin's "compliment" might have only been in Trump's mind. The Guardian newspaper explained, "The word (Putin) used was 'yarkii' can also be translated as colorful or flamboyant." It can even mean "shiny" as in Trump's hair. But definitely not "genius."

John McCain calls Trump, "A thug and butcher." And yet, Trump insists, "When Putin says nice things about me, I'm going to say nice things about him." Days ago, Trump went on Russian controlled TV defending Putin and criticizing American foreign policy. (What would Ronald Reagan say?)

The obvious truth is Trump has a disturbing fondness for dictators given his praise for Kim Jong Un, Saddam Hussein and Moammar Gadhafi. ("I made a lot of money" from Gadhafi.) He's still defending his quote of fascist dictator Benito Mussolini, "Mussolini was Mussolini... it's still a very good quote."

Reportedly, people in Putin's inner circle say he considers Trump a buffoon, easily manipulated by flattery. (So true!) Allegedly, Putin has described Trump as without knowledge about the world outside his golf courses. Ouch! One thing's for sure. Trump's willingness to recognize annexation of Crimea, to lift sanctions, and to withdraw promises of support for NATO allies in the Baltic has to be the Russian dictator's dream. (Reagan would say "nightmare.")

With Trump leading in some polls, I'm more than dismayed. I'm bewildered. So I'm shifting to the subject of tomorrow, a big day for my young friend, Aleah Hurwitz. She's 13 but I first met Aleah only hours after she was born. Well, on Saturday Aleah is having her Bat Mitzvah to the delight of her younger sister, Adi and her parents, my close friends Andy and Arlene, longtime Santa Monica residents.

Aleah is bright, beautiful. talented and very caring. I can only say about tomorrow, Mazel Tov, Aleah! (And that I regret you had to share this space with Trump.)

JACK is at facebook.com/jackneworth, twitter.com/jackneworth and jnsmdp@aol.com. Google "Keith Olberman 176 reasons NOT to vote for Trump.

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Margarita Friday IT'S HAPPY HOUR.

Margarita Rozenbaoum
Send comments to editor@smdp.com

Simple mental exercise for a bad week

HEY YOU. ROUGH WEEK? I KNOW. I WAS going to write something well-researched and poignant and on-topic, but then I thought, nah. What you need is a hug.

I know how you feel— I all but had a panic attack this morning about the certain bleakness of my future. And as I was spiraling into an abyss populated by critical thought gremlins, I had an unfamiliar inspired thought: What if I'm not a failure?

Because that's the theme of my little gremlin party, "I am a failure." Your party probably has a similar theme, maybe something more along the lines of "I am a loser" or "I am worthless," but the party favors are always the same, and they always suck.

Obviously, it's not as easy as just telling yourself you're not a failure or a loser or worthless— once the spiral starts, the party don't stop till six in the morning. But you can at least distract yourself for a while by grabbing a napkin and jotting the answers to the following questions down on it:

1. What is one thing I like about myself (even if I think it's small/stupid)?

2. What's one thing I started and finished this year (even if I think it's small/stupid)?

3. What's one thing I have in my life that I'm grateful for (even if I think it's small/stupid)?

You don't have to keep the napkin, but it's nice to do this for yourself every now and then, isn't it? Your answers may be modest— they may even be small and stupid. But look, we tend to criticize every little thing we do "wrong," so why not take a second to note our small, stupid successes. And when you really reflect, you might actually surprise yourself. In all our self-loathing, we often lose track of the ways in which we've grown and changed, and that we've actually come a significant distance in just a year. It's a simple exercise, but I wonder if happiness has to be as complicated as our pursuit of it tends to be.

And the thing is, there's a nasty part of us that likes to feel like a failure, that feels more comfortable if there's some perceived distance between here and our big faraway goals. It's easier to be in pursuit of something than to accept the responsibility of actually having it. So don't think of this as a self-indulgent pat on the back. It's an exercise in responsibility.

Although, if a pat on the back is what you need, you can have that too. As long as we're hugging anyway.

Cheers.

MARGARITA is an actress and published writer. In her spare time, she likes to watch Doctor Who reruns and correct people on the spelling of her name.

TENANTS

FROM PAGE 1

city has violated a requirement to "make the airport available as an airport for public use on reasonable terms and without unjust discrimination" because leases are not available to some kinds of businesses.

City Hall chose not to provide leases to aviation tenants and Atlantic contents that failing to provide long-term leases to aviation tenants amounts so discrimination.

"First, the City's refusal to offer the Complainant any written leasing agreement, much less a lease of appropriate duration, is patently unreasonable," said the letter sent to the FAA. "By refusing to extend any aviation leases, and by refusing to offer Complainant a lease on reasonable terms, the City has contravened its federal obligations."

The letter also states the city's plans to replace Atlantic with municipally owned operations will result in illegal behavior aimed at closing the airport.

Earlier this year, Council passed a resolution calling for closure of the airport by 2018, directing staff to begin planning for a park on the site and authorizing a city takeover of private airport services such as those provided by Atlantic. The City has said it plans to restrict fuel sales to unleaded gas and bio-fuels. Atlantic's complaint claims that decision discriminates against pilots because many planes require leaded fuel and the supply of bio-fuel is limited.

"If the City is permitted to take over Complainant's fixed base operation (FBO) at SMO, as it has resolved to do, it will do all it can to minimize air traffic by limiting fuel sales to commercially-infeasible fuels and by offering substandard services and inconvenient hours," said the letter.

Atlantic is requesting an expedited hearing in light of the City's recent actions. City Hall sent asked Atlantic, and a second company, to vacate the airport on Sept. 15.

Notices to Vacate were sent to Atlantic Aviation and American Flyers Flight School. Both companies were given 30 days to vacate their locations

In an email, Senior Advisor to the City Manager Nelson Hernandez said the FAA has long allowed municipalities to takeover operations such as fuel sales and hanger leases currently provided by companies like Atlantic.

"Apparently Atlantic Aviation believes it has a right to be an FBO at Santa Monica, thus essentially using our land as an active jetport for their private profit," he said.

City Hall is involved in several ongoing disputes over airport operations including other Part 16 hearings and a federal lawsuit.

The lawsuit covers fundamental control of the airport property. The City has sued the FAA to determine if the City is legally required to operate an airport in perpetuity. That case is proceeding to trial.

The City is also appealing a different Part 16 complaint that also address the city's ability to close the airport.

According to a ruling by the FAA, Santa Monica must keep the airport open until at least 2023. Local officials have said they have had the ability to close the airport since 2014. The FAA has ruled against the city and an appeal has been filed in federal court.

According to the FAA, their goal is to issue determinations within six months of receiving a complaint, however the total volume of complaints and the complexity of the issues involved can impact the time it takes to render a decision.

editor@smdp.com

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COMMUNITY BRIEFS

Fairview Branch Library

The Kaleidoscope Trio Concert

The Fairview Branch Library, 2101 Ocean Park Boulevard, with Santa Monica Public Library, is proud to present a concert by The Kaleidoscope Trio at 4 p.m. on Sept. 17.

USC-based classical guitar, clarinet, and violin trio play a lively concert of crowd-pleasers and audience requests. This is sure to be a very fun time. All ages welcome.

This event is free and open to the public. All ages are welcome. For more information visit smpl.org or call (310) 458-8681. The Santa Monica Public Library is wheelchair accessible. For special disabled services, call Library Administration at least one week prior to this event at (310) 458-8606. This location is served by the Big Blue Bus Line 8. Bicycle parking racks are available at all library locations.

The concert will be held in the Fairview Branch Library Community Room, 2101 Ocean Park Boulevard.

– SUBMITTED BY ASHLEY KAGAN, BRANCH MANAGER, FAIRVIEW BRANCH LIBRARY

HEART

FROM PAGE 1

terized by abnormal heart rhythms. Indeed, as many as 20 percent of adults will have irregular heartbeats at some point in their lives, according to Richard Wright, a Santa Monica-based cardiologist.

"It's a common way for the heart to misbehave," he said.

Wright is trying to educate the public about the condition as part of Atrial Fibrillation Awareness Month, a campaign by the National Stroke Association and others to encourage senior citizens and other people to have their hearts checked.

In people with atrial fibrillation, the upper chambers of the heart can get out of sync with the lower chambers. That dynamic can lead to the formation of blood clots, which increases risks for stroke.

"The vast majority of strokes due to Afib are avoidable," he said. "Sometimes patients don't have symptoms, and some people don't even know they have it. But hundreds of thousands of people have had a stroke that would've been preventable had they taken appropriate remedies."

It's an important cause for Wright, who has worked for 30 years at Providence Saint John's Health Center and who currently serves as chairman of the locally based Pacific Heart Institute.

Wright grew up in the San Francisco Bay Area, later attending medical school at Harvard University and completing his residency and fellowship there.

He gravitated towards cardiology, he said, because it requires both long-term preventive care and acute treatment. He found it intellectually stimulating. He was also inspired by his mentor, Bernard Lown, a Lithuanian cardiologist who won a Nobel Peace Prize for his efforts to prevent nuclear war.

Wright eventually landed in Santa Monica, where he's held a clinical practice for decades.

"It's a great place with a great medical staff and excellent nursing personnel," he said. "It's the exemplar of what a terrific community hospital should be."

Wright said he's proud to work at a hospital that is known as a leader in the field for an alternative to blood thinners, which are commonly administered to AFib patients.

Medical professionals from other areas are scheduled to visit the local center in a few weeks to learn about the so-called Watchman, a fabric umbrella that Saint John's doctors have been implanting in patients for 11 years. The device is helpful for elderly people who are more vulnerable to bleeding and for people who cannot take anticoagulants, he said.

Wright encourages senior citizens to have electrocardiograms taken to assess their heart health. AFib is easier to diagnose in people who regularly experience symptoms, but he said many patients monitor their hearts outside a doctor's office to get more accurate portraits of their heart activity. He added that digital telemedicine tools "will revolutionize the field" because they can transmit information from wrist-worn devices to medical professionals' databases.

Although age is the principal AFib predictor, Wright said, untreated high blood pressure, diabetes and obesity can also increase risks for the condition.

"Even if you live the life of Jesus," he said, "it's possible you can develop AFib just because you're 85 years old."

jeff@smdp.com

Your column here

Mary Sue Milliken
Send comments to editor@smdp.com

Another summer passed without feeding our kids

SPENDING THREE DAYS RIDING THREE hundred miles on a bicycle, you think about a lot of things: Your sore backside. Water. The abundant and beautiful farmland. And what it really means for our state when our children are going hungry.

I recently joined more than 100 of my fellow chefs on a charity bike ride for No Kid Hungry, a national organization focused on childhood hunger. And while I've long been a supporter of the cause, I spent many of those cycling hours reflecting on the impact of childhood hunger.

California is a state of plenty, which makes it even more heartbreaking to know that 1 in 5 kids here struggle with hunger. There are millions of children who simply don't have consistent, reliable access to the nutritious meals they need. In some homes, the pantry is completely bare. In others, hard working moms and dads are skipping meals in order for their kids to eat. Elsewhere, families are making wrenching decisions between rent and food, between whether to keep the lights on or buy a bag of groceries.

This crisis is especially acute during the summer. Many of these kids know they can consistently get the nutrition they need during the school year, thanks to school meals. When our schools close, however, these meals disappear. Instead of a summer of freedom and fun, for these kids, summer is a time of agitation, stress and unease. When that final school bell rings to signal the completion of another academic year, the lifeline of school meals is unplugged.

This has a devastating impact on kids. Ask any doctor – when kids don't get proper nutrition, they have a higher likelihood of expensive, avoidable diseases like heart disease, type-2 diabetes, asthma, iron deficiency and anemia. Ask any teacher – when kids spend weeks in the summer without enough food, their grades suffer. They forget more from the year before and slide behind other students in math and reading.

It doesn't have to be this way. In fact, we need to demand a reliable and consistent system to replace school meals for our marginalized youth in summertime.

As a chef, I fundamentally believe that all people should have access to healthy, fresh food. I know that food is abundant, but the systems to ensure all children get the nutrition they need every day are lacking. I can't underscore enough the importance of making sure our kids get the food their bodies need to learn, grow and thrive. As a Californian, I believe that our collective future isn't healthy unless our kids are healthy.

Let's start with summer. And let's start with Congress.

Our lawmakers in Washington, D.C. are currently considering improvements to the summer meals program through Child Nutrition Reauthorization. There's a strong, effective, bipartisan bill that would help to end summer hunger for kids across our state, but Congress has been slow to give this issue the attention it deserves. We all must urge our legislators to pass the strongest bill possible so kids can get the nutrition they need, no matter where they live, no matter what time of year.

We can't wait. This is the bill, and this is the time. Kids can't push pause on their hunger while Congress is plagued by inaction. Kids deserve programs that work year round delivering the food that will fuel their good health. We all need this for a healthy future.

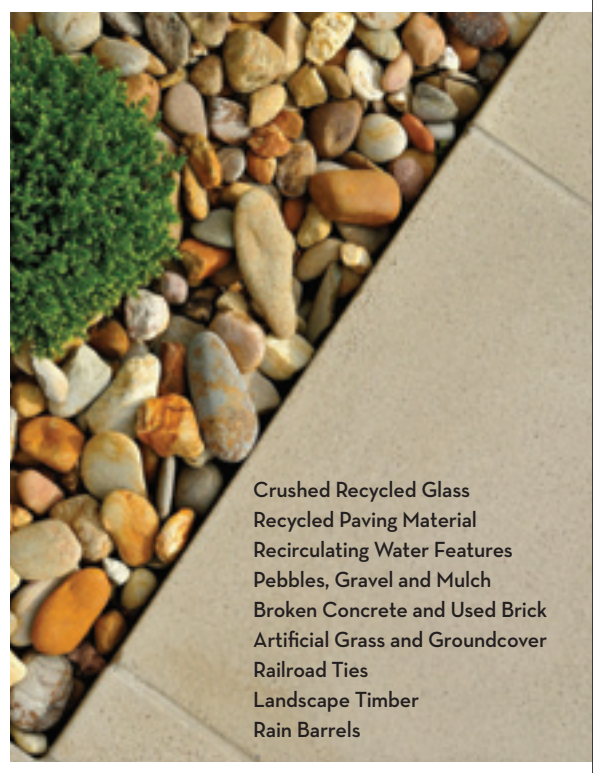
MARY SUE is the co-chef and -owner of Border Grill Restaurants and Trucks. She has co-authored five cookbooks, co-stared in the Food Network's "Too Hot Tamales," and co-hosted a food centered radio show for over a decade in Los Angeles. She competed on season three of Bravo's "Top Chef Masters," making it to the finale and winning $40,000 for her charity, Share Our Strength, and its mission to end childhood hunger in America. For more information, visit www.nokidhungry.org.

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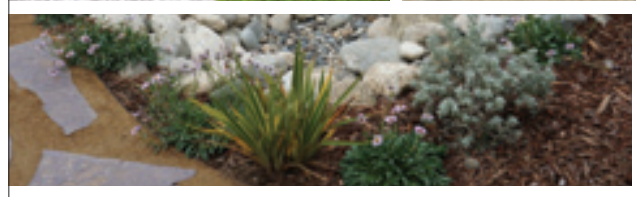
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SURF FORECASTS

WATER TEMP: **69.3°**

FRIDAY – **FAIR** – SURF: **2-3 ft** knee to chest high
Modest SSW/S swell fades. Small NW swell mix. SSE/S swell from Orlene fading.

NOTICE OF GRANTS AVAILABILE FOR TRANSPORTATION TO CULTURAL DESTINATIONS

The City of Santa Monica Cultural Affairs Division provides grants to Santa Monica schools and nonprofits for transportation to and from cultural activities. Funds are provided by the County Proposition A Local Return program. Trips must be accessible to the public and destinations accessible to the disabled. Grantees may use private or SMMUSD buses, Big Blue Bus or other public transport.

Applications are now available for trips between Sept 2016 and June 2017. **Application Deadline: Monday, November 21, 2016 at 5 pm.** To apply visit http://www.smgov.net/Portals/Culture/Grants/Arts_Transportation_Grant_Program/Guidelines___Application.aspx or email nathan.birnbaum@smgov.net

NOTICE OF PUBLIC HEARING SANTA MONICA ARCHITECTURAL REVIEW BOARD REGULAR MEETING

DATE/TIME: September 19, 2016, 7:00 p.m.
LOCATION: Council Chambers, (wheelchair accessible)
Santa Monica City Hall, 1685 Main Street

PROPERTIES:

- 16ARB-0268: 3205 Pico Boulevard: Commercial/Office
- 16ARB-0322: 212 Bay Street: Multi-Family Residential
- 16ARB-0380: 1205 Colorado Avenue: Creative Office
- 16ARB-0395: 1501 Ocean Avenue: Restaurant

CONCEPT REVIEWS: None

More information is available on-line at http://santa-monica.org/planning/planningcomm/arbagendas.htm or at 310/458-8341 (en espanol tambien). Plans may be reviewed at City Hall during business hours. Comments are invited at the hearing or in writing (FAX 310-458-3380, e-mail grace.page@smgov.net, or mail Santa Monica Planning Division, 1685 Main St., Rm. 212, Santa Monica, CA 90401). The meeting facility is wheelchair accessible. For disability-related accommodations, please contact 310-458-8701 or TTY 310-450-8696 a minimum of 72 hours in advance. All written materials are available in alternate format upon request. Santa Monica "Big Blue" Bus Lines #1, #2, #3, Rapid 3, #7, #8, #9, Rapid #10, and #18 service City Hall and the Civic Center area. The Expo Line terminus is at Colorado Avenue and Fourth Street, a short walk to City Hall. Public parking is available in front of City Hall, on Olympic Drive and in the Civic Center Parking Structure (validation free).

CRIME WATCH

BY DAILY PRESS STAFF



Crime Watch is culled from reports provided by the Santa Monica Police Department. These are arrests only. All parties are innocent until proven guilty in a court of law.

ON SEPT. 7 AT ABOUT 12:20 P.M.

Santa Monica police officers responded to a radio call for service regarding vandalism at McDonald's, 1540 2nd St. When officers arrived, a security guard pointed out a suspect who was standing in the 100 block of Colorado Avenue. Officers detained the suspect. An investigation revealed that the suspect entered the McDonald's and asked a patron for money, at which point an employee told the suspect he could not do that. The suspect became upset and pushed a cash register to the floor, causing damage to the cash register. The suspect then left the establishment. The suspect was placed under arrest and transported to the Santa Monica jail. Antonio Jose Rivera, 23, of Los Angeles, was booked for felony vandalism. Bail was set at $20,000.

DAILY POLICE LOG

The Santa Monica Police Department responded to 385 calls for service on Sept. 14.

HERE IS A SAMPLING OF THOSE CALLS CHOSEN BY THE SANTA MONICA DAILY PRESS STAFF.

Trespassing 900 Block of Santa Monica 12:48 a.m.
Audible burglar alarm 1600 block of 9th 12:53 a.m.
72 Hour psychiatric hold 1300 block of Ocean 1:32 a.m.
Traffic collision 20th/ San Vicente 2:00 a.m.
Trespassing 1400 block of Lincoln 3:05 a.m.
Petty theft 300 block of Hill 3:42 a.m.
Hit and run 200 block of Virginia 6:54 a.m.
Harassing phone calls 1400 block of Franklin 7:16 a.m.
Petty theft 1700 block of Stewart 7:37 a.m.
Audible burglar alarm 300 block of 18th 8:01 a.m.
Loitering 2600 block of Wilshire 8:11 a.m.
Grand theft auto 1300 block of Pine 8:17 a.m.
Drinking in Public 800 block of Michigan 8:27 a.m.
Trespassing 2400 block of Main 8:32 a.m.
Trespassing 4th/ Colorado 9:24 a.m.
Mark and tag abandoned vehicle 2500 block of 4th 10:27 a.m.
Death investigation 1200 block of 10th 10:30 a.m.
Traffic collision 14th/ Pico 10:38 a.m.
Traffic collision 10th/ Santa Monica 11:16 a.m.
Fight Ocean/ Colorado 11:45 a.m.
Indecent Exposure 1600 block of Ocean 11:58 a.m.
Trespassing 2900 block of Arizona 12:18 a.m.
Indecent Exposure 3100 block of Wilshire 12:35 p.m.
Hit and run investigation Lincoln/Pier 12:39 p.m.
Person down 3rd St Prom/ Santa Monica 2:12 p.m.
Elder abuse 700 block of 9th 2:36 p.m.
SCAR investigation 1200 block of Ocean 2:47 p.m.
Panhandling 1600 block of Santa Monica 3:23 p.m.
Traffic collision 4th St/ Hollister 3:36 p.m.
Domestic violence 1700 block of Beach 4:19 p.m.
Fraud report 300 block of Olympic 5:08 p.m.
Traffic collision with injuries 3300 block of Olympic 6:21 p.m.
Silent robbery alarm 2300 block of Santa Monica 6:22 p.m.
Mark and tag abandoned vehicle 2900 block of 2nd 6:25 p.m.
Trespassing 2700 block of Wilshire 6:54 p.m.
Audible burglar alarm 1500 block of Hill 7:36 p.m.
Threats Report Investigations 1100 block of Montana 7:37 p.m.
Petty theft 1600 block of 11th 7:51 p.m.
Hit and run investigation 14th/ Wilshire 8:42 p.m.
Suspicious person 00 block of Seaview Ter 9:36 p.m.
Hit and run investigation 2300 block of Ocean Park 10:14 p.m.
Public intoxication 2900 block of Main 10:33 p.m.
Hit and run 17th St/ Washington 10:52 p.m.

DAILY FIRE LOG

The Santa Monica Fire Department responded to 38 calls for service on Sept. 14.

HERE IS A SAMPLING OF THOSE CALLS CHOSEN BY THE SANTA MONICA DAILY PRESS STAFF.

EMS 800 block of Pico 12:08 a.m.
EMS 1500 block of 2nd 4:49 a.m.
EMS 1700 block of Delaware 4:54 a.m.
EMS 2100 block of Ocean 7:30 a.m.
EMS Harvard/Santa Monica 7:48 a.m.
Public assist 2100 block of Marine 8:15 a.m.
Vault fire 1100 block of Princeton 8:31 a.m.
EMS 1200 block of 4th 8:41 a.m.
EMS 500 block of 11th 9:32 a.m.
Automatic alarm 700 block of Santa Monica 9:46 a.m.
EMS 1200 block of 10th 10:26 a.m.
EMS 14th/Pico 10:39 a.m.
EMS 3000 block of Santa Monica 11:18 a.m.
EMS 1500 block of 5th 11:38 a.m.
EMS 1100 block of 16th 11:52 a.m.
EMS 2000 block of Santa Monica 12:25 p.m.
EMS 5th/Hollister 1:05 p.m.
EMS 1400 block of Colorado 1:21 p.m.
Automatic alarm 800 block of Woodacres 1:23 p.m.
EMS 1500 block of 20th 1:30 p.m.
EMS 1400 block of 3rd St. Prom 2:15 p.m.
EMS 1300 block of 15th 2:50 p.m.
EMS 800 block of Euclid 3:27 p.m.
Trash/ Dumpster Fire 2800 block of Pico 3:29 p.m.
EMS 3200 block of Wilshire 3:33 p.m.
EMS 1300 block of Wilshire 3:38 p.m.
EMS 1600 block of Ocean Front Walk 3:42 p.m.
EMS 2400 block of Olympic 3:58 p.m.
EMS 1200 block of 15th 4:14 p.m.
EMS 100 block of 11th 4:17 p.m.
EMS 2400 block of Wilshire 4:32 p.m.
EMS 800 block of Ocean 5:32 p.m.
EMS 2700 block of Neilson 5:56 p.m.
EMS 3300 block of Olympic 6:21 p.m.
EMS 1100 block of 10th 7:11 p.m.
EMS 200 block of San Vicente 8:48 p.m.

MYSTERY PHOTO

Matthew Hall *matt@smdp.com*



The first person who can correctly identify where this image was captured wins a prize from the Santa Monica Daily Press. Send answers to *editor@smdp.com*.

WELL NEWS BY SCOTT LAFEE

Eye Am Trouble

■ For many former eyeglass wearers, contact lenses are the most wondrous of spectacles. But they also know that their use requires care. According to the Centers for Disease Control, 20 percent of eye infections are caused by contacts that result in eye damage, including scarred corneas, reduced vision and even the need for a corneal transplant.

■ But before you blindly run for your old frames, the CDC also notes you can take steps to reduce eye infection risk, such as taking your contacts out at night when you sleep and always storing them in fresh solution.

Greenhouse

■ Air pollution doesn't stop at your door. It occurs inside homes as well. One natural way to reduce or prevent it may be sprucing up rooms with houseplants. New research shows that certain plants are particularly good at scrubbing volatile organic compounds (VOC) from the air. VOCs are chemicals found in paints and cleaning products. They have been linked to a variety of ailments. The most effective plants tested were bromeliads, a diverse family of mostly tropical species that were found to clear the air of more than 80 percent of six VOCs.



DAILY LOTTERY

POWERBALL
Draw Date: 9/14
10 11 23 28 31
Power#: 14
Jackpot: 244M

MEGA MILLIONS
Draw Date: 9/13
6 15 17 39 56
Mega#: 15
Jackpot: 133M

SUPER LOTTO
Draw Date: 9/14
8 25 32 35 45
Mega#: 24
Jackpot: 35M

Fantasy 5
Draw Date: 9/14
5 10 20 23 36

DAILY 3
Draw Date: 9/14
MIDDAY: 6 0 6
Draw Date: 9/14
EVENING: 1 3 4

DAILY DERBY
Draw Date: 9/14
1st: 02 Lucky Star
2nd: 01 Gold Rush
3rd: 06 Whirl Win
RACE TIME: 1:46.38

Although every effort is made to ensure the accuracy of the winning number information, mistakes can occur. In the event of any discrepancies, California State laws and California Lottery regulations will prevail. Complete game information and prize claiming instructions are available at California Lottery retailers. Visit the California State Lottery web site at **http://www.calottery.com**

TODAY IN HISTORY

1961 – Typhoon Nancy, with possibly the strongest winds ever measured in a tropical cyclone, makes landfall in Osaka, Japan, killing 173 people.

1961 – Pakistan establishes its Space and Upper Atmosphere Research Commission with Abdus Salam as its head.

1963 – Malaysia is formed from the Federation of Malaya, Singapore, North Borneo (Sabah) and Sarawak. However, Singapore soon leaves this new country.

1966 – The Metropolitan Opera House opens at Lincoln Center in New York City with the world premiere of Samuel Barber's opera Antony and Cleopatra.

1970 – King Hussein of Jordan declares military rule following the hijacking of four civilian airliners by the Popular Front for the Liberation of Palestine (PFLP). This results in the formation of the Black September Palestinian paramilitary unit.

1975 – Papua New Guinea gains independence from Australia.

1975 – Cape Verde, Mozambique, and São Tomé and Príncipe join the United Nations.

1975 – The first prototype of the Mikoyan MiG-31 interceptor makes its maiden flight.

1976 – Armenian champion swimmer Shavarsh Karapetyan saves 20 people from a trolleybus that had fallen into a Yerevan reservoir.

1978 – The 7.4 Mw Tabas earthquake affects the city of Tabas, Iran with a maximum Mercalli intensity of IX (Violent). At least 15,000 people were killed.

1980 – Saint Vincent and the Grenadines join the United Nations.

1982 – Lebanon War: The Sabra and Shatila massacre in Lebanon takes place.

1987 – The Montreal Protocol is signed to protect the ozone layer from depletion.

1990 – The railroad between the People's Republic of China and Kazakhstan is completed at Dostyk, adding a sizable link to the concept of the Eurasian Land Bridge.

1992 – The trial of the deposed Panamanian dictator Manuel Noriega ends in the United States with a 40-year sentence for drug trafficking and money laundering.

WORD UP!

eponym 1. a person, real or imaginary, from whom something, as a tribe, nation, or place, takes or is said to take its name: Brut, the supposed grandson of Aeneas, is the eponym of the Britons.

Sudoku

Fill in the blank cells using numbers 1 to 9. Each number can appear only once in each row, column, and 3x3 block. Use logic and process of elimination to solve the puzzle. The difficulty level ranges from (easiest) to (hardest).

GETTING STARTED

There are many strategies to solving Sudoku. One way to begin is to examine each 3x3 grid and figure out which numbers are missing. Then, based on the other numbers in the row and column of each blank cell, find which of the missing numbers will work. Eliminating numbers will eventually lead you to the answer.

		3		6			4	
6		4	5			1		
					9		6	7
		6				8	1	
8			1		6			3
	3	1				5		
7	1		3					
		8			7	9		2
	2			9		7		

Crossword

By STANLEY NEWMAN

Stanley Newman crafts a fresh and challenging puzzle every day of the week! Stay sharp and challenge yourself to solve each and every one.

SOLUTIONS TO YESTERDAY'S CROSSWORD

Answer to previous puzzle

S	T	O	K	E		F	I	S	T		Q	U	I	P
K	U	N	I	S		O	R	C	A		U	R	D	U
I	D	E	S	T		C	O	A	X		I	G	E	R
L	E	S	S	E	R	A	N	T	I	L	L	E	S	
			U	R	A	L			W	I	T			
E	L	A	P	S	E		C	O	A	L		G	M	S
S	I	L	T			L	E	N	Y	A		R	O	O
S	E	C	O	N	D	A	R	Y	S	C	H	O	O	L
A	G	O		I	N	D	E	X			A	U	R	A
Y	E	A		T	A	D	S		S	I	M	P	E	R
			T	R	P			V	I	T	A			
	M	I	N	O	R	C	H	A	R	A	C	T	E	R
J	U	N	O		O	R	A	L		S	T	O	W	E
A	L	O	T		B	O	Z	O		C	O	N	A	N
G	E	N	E		E	W	E	R		A	R	E	N	T

9/16/16

SOLUTIONS TO YESTERDAY'S SUDOKU

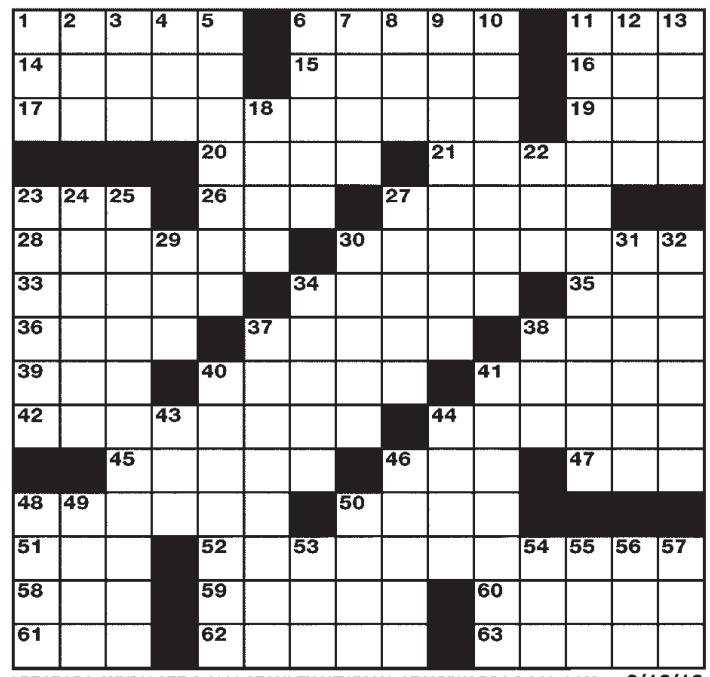
6	2	5	1	8	7	9	4	3
7	4	9	3	5	2	6	1	8
1	3	8	9	6	4	7	2	5
9	1	4	2	7	5	3	8	6
5	6	2	4	3	8	1	9	7
8	7	3	6	1	9	4	5	2
2	9	6	8	4	3	5	7	1
4	5	1	7	2	6	8	3	9
3	8	7	5	9	1	2	6	4

Newsday Crossword

SPRINGY THINGIES by Mark McClain
Edited by Stanley Newman
www.stanxwords.com

ACROSS
1 Typeface like Verdana
6 Where to get dates
11 *Wall Street Journal* cofounder
14 Sousa or smart follower
15 Affect detrimentally
16 Brewpub designation
17 Springy birthday-party thing
19 Hector or harry
20 Drain feature
21 Revolting activity
23 Stumblebum
26 Detroit-based org.
27 Subbed (for)
28 Stories
30 Working out, say
33 Antonym of "taper"
34 Owner's manual info
35 Small buzzer
36 Approximately
37 Enforcement power, so to speak
38 Pen for sheep
39 And such, for short
40 Fishing venues
41 Wombat cousin
42 Destructive water
44 Traditional pickle place
45 Philosopher Kierkegaard
46 Hacker's coup
47 Shingle letters
48 Neutral vowel sounds
50 Resort near Park City
51 Nintendo's GameCube successor
52 Springy playroom thing
58 *Dos menos que tres*
59 Hinduism causality concept
60 Hayek's artist role
61 "I Hate __" (*Kiss Me, Kate* tune)
62 Prepared, as a press
63 Uplift

DOWN
1 "Be on the lookout" message
2 Letter that sounds like a swath of seats
3 Reminder to repay
4 Novelist Shirley __ Grau
5 Talking-to
6 Old-time oath
7 Per
8 He often batted after the Babe
9 Lopsided competition
10 Case workers
11 Springy Summer Olympics thing
12 Outspoken
13 Like lanolin
18 Eon divisions, in geology
22 Inconclusive end
23 Counterbalance
24 Sets aside
25 Springy living-room thing
27 Decides not to strike
29 Where Mt. Hood is
30 Unoriginal ones
31 Called out
32 Vet's "fruit salad"
34 Find attractive about
37 Particular period
38 Partial to
40 Powered chute
41 Popular pub promotion
43 "Quit stalling!"
44 British spa city
46 Ask in earnest
48 Did laps, perhaps
49 French film
50 High spot
53 First recorded animal shelter
54 Sketcher's need
55 NL East team
56 Grimm character
57 Name that means "king"



CREATORS SYNDICATE © 2016 STANLEY NEWMAN STANXWORDS@AOL.COM 9/16/16

EXPO

FROM PAGE 1

Santa Monica, those annoyances are optional. Indeed, fans from the Westside can now cheer on their favorite professional basketball team in person without having to jump through all of those, um, hoops.

It's as simple as taking the light-rail system to the Pico station, which is on Flower Street between Pico Boulevard and 12th Street, conveniently located near Staples Center as well as several other event venues, hotels and the various attractions of L.A. Live.

It's an admittedly glossy and glitzy entertainment hub, but its construction — which took place between 2007 and 2009 — gave Los Angeles a designated space for concerts, dinners, drinks and more. The complex now features the 7,100-seat Microsoft Theater and the smaller Club Nokia as well as the Grammy Museum, an ESPN broadcast center and a movie theater.

Let's be honest: It's probably going to be a pricier-than-average night out on the town by the time you've factored in tickets, merchandise and food. But once you've come to terms that fact, you're in position to have a good time.

Consider Yard House, a sports bar chain with an L.A. Live outpost: You could be picky and complain about its noise and imperfect service, or you could just enjoy its onion ring tower and extensive tap list. Or try a meal at nearby Tom's Urban, which offers intriguing menu items like vindaloo chicken tacos alongside 40-ounce (not a typo) beers. Sublime!

For something a little more intimate, check out Broken Spanish (1050 S. Flower St.) for a modern take on Mexican dishes or slip into Barcito (403 W. 12th St.) for Argentine tapas.

The entertainment theme of the area continues further east, where The Mayan, Belasco Theater and Ace Hotel provide an assortment of nightlife options. But they're all merely planets in orbit around Staples Center, which hosts basketball and hockey games as well as live music and other performances.

Since it opened more than 15 years ago, the arena has served as a home to seminal moments in L.A. sports lore.

It's where Kobe Bryant's alley-oop lob to Shaquille O'Neal capped the team's miraculous comeback against the Portland Trail Blazers in Game 7 of the 2000 Western Conference Finals, a landmark sequence in the Lakers' run towards their first NBA championship since 1988.

It's where Bryant tallied an eye-popping 81 points on Jan. 22, 2006, putting him behind only legendary center Wilt Chamberlain on the list of the most prolific single-game scorers.

And it's where the Lakers exorcised their demons from 2008 by defeating the rival Boston Celtics in the 2010 NBA Finals.

(It has been brought to my attention that a basketball team known as the Los Angeles Clippers also plays at Staples Center. Interesting. Maybe someone stole their championship banners?)

Staples Center also hosts statues that stand as tributes to legendary Lakers players like Magic Johnson, Jerry West, Kareem Abdul-Jabbar, Los Angeles Kings greats Wayne Gretzky and Luc Robitaille and boxer Oscar de la Hoya. And of course there's one of Chick Hearn, the longtime Lakers play-by-play broadcaster who died in 2002.

The nearby Metro station features a plaque honoring Hearn, who is credited with coining "slam dunk" and numerous other widely used basketball terms. It's fitting, too, considering taking the Expo Line to Staples Center is a slam dunk.

The Expo Line now has 19 stations covering 15.2 miles between Downtown Los Angeles and Santa Monica. A regular one-way fare is $1.75 and includes two hours of free transfers for riders using a TAP card. A daily pass good for unlimited rides on Metro is $7 and monthly passes are $100. Visit taptogo.net for more information.

jeff@smdp.com

TODAY'S BIRTHDAY (Sept. 16)

When you don't have the means to reach a goal alone, this is the blessing that will band together with others for a common cause. This will involve an advanced training and the financial sector will be favorably affected by what you'll learn. Your love life will be anything but predictable in the spring. Aries and Capricorn adore you. Your lucky numbers are: 19, 4, 40, 44 and 14.

ARIES (March 21-April 19)

Even though a current interest lights up many parts of your brain and life at once, you are careful not to get so wrapped up with pursuing an important goal that you lose sight of your dearest relationships.

TAURUS (April 20-May 20)

As for that person who has disappointed you numerous times, you're now starting to get a buildup of resentment. Passivity is no longer the way. Call this person out or get your needs met elsewhere.

GEMINI (May 21-June 21)

You sense that a relationship is changing. There's nothing to fear here and plenty to embrace. All will develop in a wonderful direction for those who stay positive.

CANCER (June 22-July 22)

If you have to explain a joke, it's not a joke. The same goes for magic tricks, athletic feats and acts of love. After all, if you didn't experience it as a loving act, how could it be that? Reception will be key today.

LEO (July 23-Aug. 22)

A relationship needs a better pattern -- a rhythm that will serve both of you well. The right actions, spaced well and repeated effectively, will make for a beautiful and seemingly effortless connection.

VIRGO (Aug. 23-Sept. 22)

You notice a lot. If you were to bring attention to every little thing that displeases you, you'd be a most unpleasant person to be around. So instead you pick your battles and keep relationships harmoniously improving.

LIBRA (Sept. 23-Oct. 23)

All this trying to get the timing right, say the perfect thing, act smart -- it's too much pressure! Still, it's too soon to give in. Press the pause button. Breathe, relax and think about something else for a while.

SCORPIO (Oct. 24-Nov. 21)

Revolutionary change, by definition, happens by force. The revolt is key. You want results, but do you really need them immediately? Might a gradual, gentle change serve just as well?

SAGITTARIUS (Nov. 22-Dec. 21)

When one option doesn't work out, you don't feel personally rejected any more than a puzzle piece would feel rejected by wrong companion pieces. You've a sense that what's meant to be will be. This is peace.

CAPRICORN (Dec. 22-Jan. 19)

Right now it would be pointless to negotiate with the established order. There is a worn path that none involved have reason to stray from. Wait, though: The balance of power will soon be upset and you'll have your opportunity.

AQUARIUS (Jan. 20-Feb. 18)

You're doing so well in a certain endeavor that you may have worries about managing success. Are you peaking too early? When should you push yourself harder? When should you back off? All quality problems.

PISCES (Feb. 19-March 20)

There's more than one way to get unstuck. Don't bang up against the obstacle. You won't nudge it free with direct force. You need a lever. Step back and look again for new perspective and bright answers.

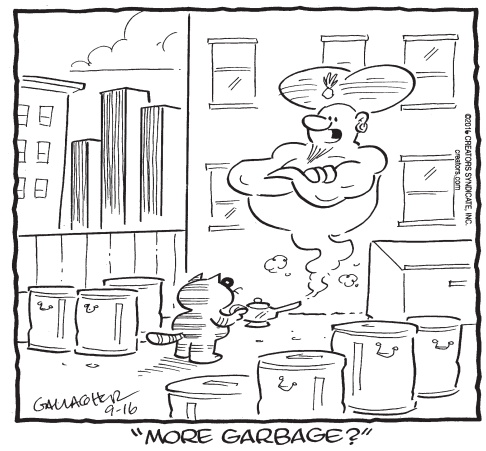
Full Moon and Lunar Eclipse

This lunar eclipse represents an emotional shake-up. Ultimately, great things could be inspired by this pattern-interrupt of the Pisces full moon. If no one answers the first door, move to the next and knock with confidence. Resilience is the gift that comes with not taking rejection personally. When it's right, it clicks in. Until then, keep going.

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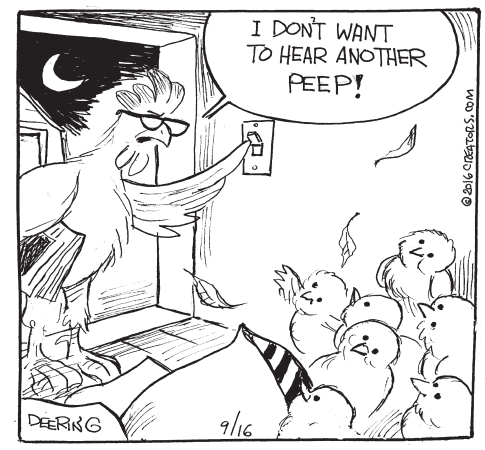
Heathcliff

By PETER GALLAGHER



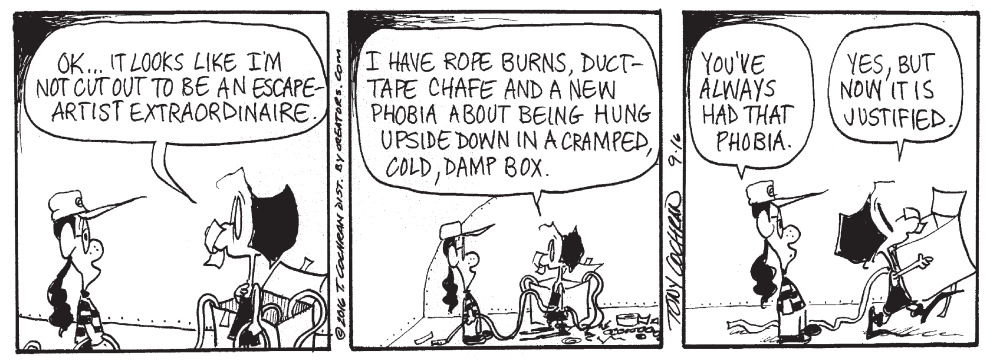
Strange Brew

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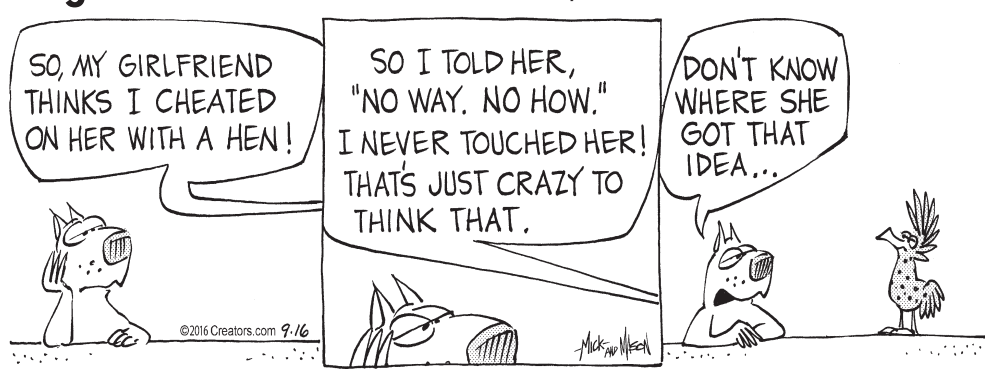
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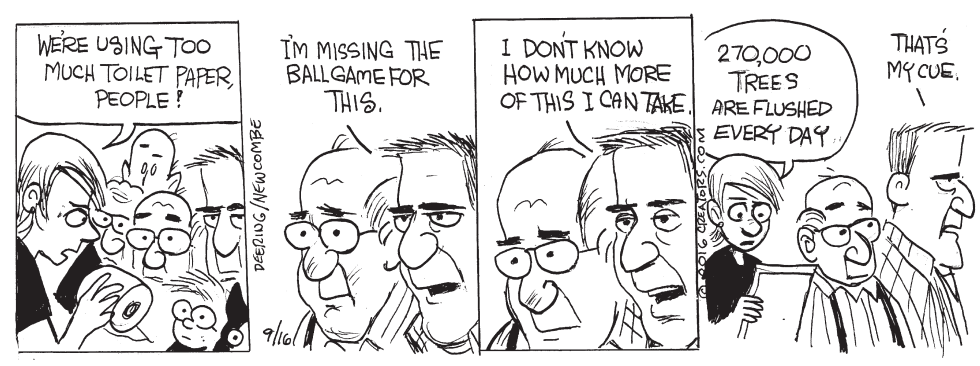
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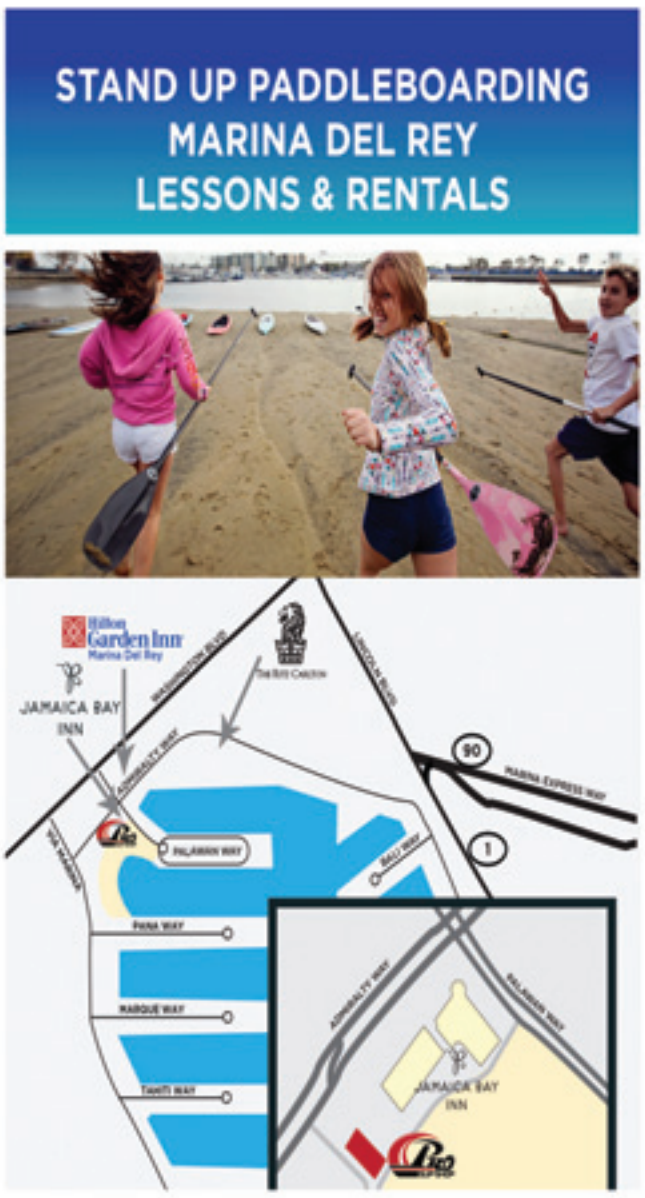
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FICTITIOUS BUSINESS NAME STATEMENT FILE NUMBER: 2016228202 REFILE This statement was filed with the County Clerk of LOS ANGELES on 09/15/2016 The following person(s) is (are) doing business as PICTURE PERFECT. 2112 OCEAN PARK BLVD, #5 , SANTA MONICA, CA 90405-5038. The full name of registrant(s) is/are: PHYLLIS J CHAVEZ 2112 OCEAN PARK BLVD, #5 SANTA MONICA, CA 90405-5038. This Business is being conducted by: an Individual. The registrant commenced to transact business under the fictitious business name or names listed on (Date)01/18/2012. /s/: PHYLLIS J CHAVEZ. PHYLLIS J CHAVEZ. This statement was filed with the County Clerk of LOS ANGELES County on 09/15/2016. NOTICE: THIS FICTITIOUS BUSINESS NAME STATEMENT EXPIRES FIVE YEARS FROM THE DATE IT WAS FILED IN THE OFFICE OF THE COUNTY CLERK. A NEW FICTITIOUS BUSINESS NAME STATEMENT MUST BE FILED PRIOR TO THAT DATE. The filing of this statement does not of itself authorize the use in this state of a fictitious business name statement in violation of the rights of another under federal, state, or common law (see Section 14411et seq.,Business and Professions Code). SANTA MONICA DAILY PRESS to publish 09/16/2016, 09/23/2016, 09/30/2016, 10/07/2016.

DBAS

FICTITIOUS BUSINESS NAME STATEMENT FILE NUMBER: 2016228203 ORIGINAL FILING This statement was filed with the County Clerk of LOS ANGELES on 09/15/2016 The following person(s) is (are) doing business as THE BRANDING BIRDS. 5427 SATSUMA AVENUE , NORTH HOLLYWOOD, CA 91601. The full name of registrant(s) is/are: DE LUXE MARKETING SERVICES, INC. 5427 SATSUMA AVENUE NORTH HOLLYWOOD, CA 91601. This Business is being conducted by: a Corporation. The registrant has not yet commenced to transact business under the fictitious business name or names listed above. /s/:DE LUXE MARKETING SERVICES, INC.. DE LUXE MARKETING SERVICES, INC.. This statement was filed with the County Clerk of LOS ANGELES County on 09/15/2016. NOTICE: THIS FICTITIOUS BUSINESS NAME STATEMENT EXPIRES FIVE YEARS FROM THE DATE IT WAS FILED IN THE OFFICE OF THE COUNTY CLERK. A NEW FICTITIOUS BUSINESS NAME STATEMENT MUST BE FILED PRIOR TO THAT DATE. The filing of this statement does not of itself authorize the use in this state of a fictitious business name statement in violation of the rights of another under federal, state, or common law (see Section 14411et seq.,Business and Professions Code). SANTA MONICA DAILY PRESS to publish 09/16/2016, 09/23/2016, 09/30/2016, 10/07/2016.

Announcements

VOLUNTEER DRIVERS NEEDED

The Disabled American Veterans (DAV) A Non-Profit Organization serving California Veterans.. Needs dedicated Volunteer Drivers to transport Veterans to the West Los Angeles V.A. Hospital Vehicle and Gas is provided.
For more information please contact Blas Barragán at (310) 478-3711 Ext. 49062 or at (310) 268-3344.

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2016 MERCEDES-BENZ
CLA250 Coupe
$299 Per Mo Plus Tax

36 Month Lease
$3643 total due at signing



Available only to qualified customers through Mercedes-Benz Financial Services at participating dealers through September 30, 2016. Not everyone will qualify. Advertised 36 months lease payment based on MSRP of $36,375 less the suggested dealer contribution resulting in a total gross capitalized cost of $33,376. Dealer contribution may vary and could affect your actual lease payment. Includes Destination Charge and Premium 1 Package. Excludes title, taxes, registration, license fees, insurance, dealer prep and additional options. Total monthly payments equal $10,764. Cash due at signing includes $2,549 capitalized cost reduction, $795 acquisition fee and first month's lease payment of $299. No security deposit required. Total payments equal $14,108. At lease end, lessee pays for any amounts due under the lease, any official fees and taxes related to the scheduled termination, excess wear and use plus $0.25/mile over 30,000 miles, and $595 vehicle turn-in fee. Purchase option at lease end for $20,871 plus taxes (and any other fees and charges due under the applicable lease agreement) in example shown. Subject to credit approval. Specific vehicles are subject to availability and may have to be ordered. See participating dealer for details. Please always wear your seat belt, drive safely and obey speed limits.

2016 MERCEDES-BENZ
C300 Sedan
$369 Per Mo Plus Tax

36 Month Lease
$4523 total due at signing



Available only to qualified customers through Mercedes-Benz Financial Services at participating dealers through September 30, 2016. Not everyone will qualify. Advertised 36 months lease payment based on MSRP of $41,125 less the suggested dealer contribution resulting in a total gross capitalized cost of $39,516. Dealer contribution may vary and could affect your actual lease payment. Includes Destination Charge, Premium 1 Package and Blind Spot Assist. Excludes title, taxes, registration, license fees, insurance, dealer prep and additional options. Total monthly payments equal $13,284. Cash due at signing includes $3,598 capitalized cost reduction, $795 acquisition fee and first month's lease payment of $369. No security deposit required. Total payments equal $17,438. At lease end, lessee pays for any amounts due under the lease, any official fees and taxes related to the scheduled termination, excess wear and use plus $0.25/mile over 30,000 miles, and $595 vehicle turn-in fee. Purchase option at lease end for $24,975 plus taxes (and any other fees and charges due under the applicable lease agreement) in example shown. Subject to credit approval. Specific vehicles are subject to availability and may have to be ordered. See participating dealer for details. Please always wear your seat belt, drive safely and obey speed limits.

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$449 Per Mo Plus Tax

36 Month Lease
$4643 total due at signing



Available only to qualified customers through Mercedes-Benz Financial Services at participating dealers through September 30, 2016. Not everyone will qualify. Advertised 36 months lease payment based on MSRP of $41,225 less the suggested dealer contribution resulting in a total gross capitalized cost of $41,220. Dealer contribution may vary and could affect your actual lease payment. Includes Destination Charge, Premium 1 Package, Blind Spot Assist and Heated Front Seats. Excludes title, taxes, registration, license fees, insurance, dealer prep and additional options. Total monthly payments equal $16,164. Cash due at signing includes $3,399 capitalized cost reduction, $795 acquisition fee and first month's lease payment of $449. No security deposit required. Total payments equal $20,358. At lease end, lessee pays for any amounts due under the lease, any official fees and taxes related to the scheduled termination, excess wear and use plus $0.25/mile over 30,000 miles, and $595 vehicle turn-in fee. Purchase option at lease end for $24,610 plus taxes (and any other fees and charges due under the applicable lease agreement) in example shown. Subject to credit approval. Specific vehicles are subject to availability and may have to be ordered. See participating dealer for details. Please always wear your seat belt, drive safely and obey speed limits.

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2014 MERCEDES-BENZ
E350 Sedan **$31,991**
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C250 ..... **$25,491**
18" AMG Whls, Navigation, SIRIUS, Orig MSRP $41,220 LEA958922

2014 MERCEDES-BENZ
GLK350 SUV **$29,981**
Pwr Seats, Prm Audio, Wood Trim, Low Miles LEG313177

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