smdp
Santa Monica Daily Press

MONDAY
09.06.21
Volume 20 Issue 254

Hispanic Heritage Month
Events planned for next several weeks.
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Santa Monica Star
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Hidden sushi pop-up Soko brings Tokyo-quality sushi to Santa Monica

CLARA HARTER
SMDP Staff Writer



Courtesy photo

SUSHI: Master sushi chef Masa Shimakawa opened a pop-up at the Fairmont Miramar Hotel & Bungalows.

There are countless sushi restaurants scattered across the Westside, but according to Chef Masa Shimakawa there is only one restaurant serving authentic Tokyo-style sushi, and that is his new pop-up Soko.

Centered around an eight seat counter, Soko is an intimate sushi bar tucked inside the main-floor lobby of the Fairmont Miramar Hotel & Bungalows in Santa Monica. The restaurant embodies Japanese ideals of harmony and attention to detail, with a simple nigiri and roll based menu serving the highest quality cuts of fish.

"Sushi is a lifelong passion of mine, and Soko is especially personal for me as I have the opportunity to continue to perfect my craft by curating deeply personal and memorable experiences for our guests in a one-on-one type of atmosphere," said Shimakawa.

Shimakawa comes from humble origins and propelled himself to success through sheer sushi talent. Raised in the coastal Japanese town of Hakodate, Shimakawa took his first job as a cafeteria dishwasher with no intention of launching a culinary career.

"I started to work in the sushi restaurant back of house and I didn't have any ideas or detailed knowledge," said Shimakawa. "I started studying cooking rice and cutting vegetables, day-by-day month-by-month they (sushi chefs) taught me sushi techniques. This was my starting point."

Shimakawa discovered he had a natural aptitude and went on to train under top Japanese sushi chefs, making his way to the sushi capital of Tokyo before taking an overseas job opportunity in Montreal.

A highly successful ten year stint in Canada opened doors to opportunities in the US at renowned hotels including the Park Hyatt in Chicago and the Four Seasons Hotel in Westlake, where he designed the modern Japanese and Asian inspired restaurant Onyx.

Soko is bringing master sushi chef Shimakawa back to the basics, but the food is anything but simple. The menu is priced per piece with each individual nigiri and roll being prepared and plated with care.

Nigiri offerings include horse mackerel, scallop, ora king salmon,

SEE **SUSHI** PAGE 7

SMC student and former foster youth working to fix the community college system



Courtesy photo

SMC: Former SMC student Joshua Elizondo is working to help other youth.

CLARA HARTER
SMDP Staff Writer

Joshua Elizondo is no stranger to the barriers to higher education — as a former foster youth of color, he drove across the country at age 18, grappled with homelessness and figured out how to navigate college alone without miring himself in debt.

Now he's using his experiences to make the community college system more inclusive, accessible and connected to opportunities on a statewide basis. In August, Elizondo was appointed as the sole student member of the California Community Colleges Board of Governors and his big plans for his position.

"I think what I do well, or at least what I hope I do well, is knowing what a lot of students want and I

SEE **SMC** PAGE 7

St. Joseph's CEO gives insider look at Boardwalk "Encampment to Home" program

CLARA HARTER
SMDP Staff Writer

In June and July, it felt like the world's eyes were trained on the Venice Boardwalk as the Sheriff rolled into town, politicians staged rallies, and news stations swarmed waiting to see whether CD-11 would meet its promise to move over 200 unhoused individuals without making any arrests.

At the center of the hubbub was St. Joseph's outreach teams, the lead service provider of the "Venice Beach Encampment to Home" program, whose staff had a much quieter presence as they walked around in

SEE **PROGRAM** PAGE 6

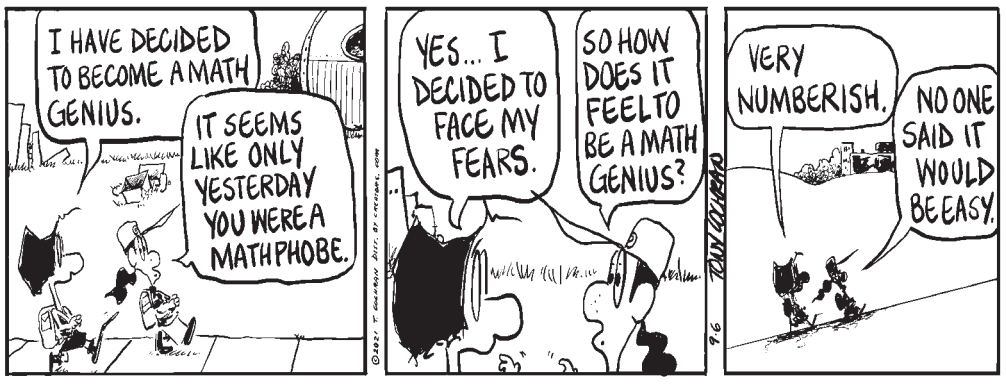

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By JOHN DEERING & JOHN NEWCOMBE



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By JOHN DEERING



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SURF FORECASTS

WATER TEMP: 64.0°

MONDAY - **FAIR** - SURF: 3-4ft+ Waist to shoulder high
Fun pulse of SSW swell peaks and will hold through the day.

TUESDAY - **FAIR** - SURF: 2-3ft+ Waist to stomach high occ. 4 ft
Fun little SSW swell eases and the surf gradually fades. Clean in the morning.

WEATHER

Monday: Patchy fog before 11am. Otherwise, partly sunny, with a high near 75
Monday Night: Mostly cloudy, with a low around 65.
Tuesday: Mostly sunny, with a high near 73.

Date	Day	Time (LST/LDT)	Predicted (ft)	High/Low
2021/09/06	Mon	03:47 AM	-0.35	L
2021/09/06	Mon	10:03 AM	4.76	H
2021/09/06	Mon	3:29 PM	1.49	L
2021/09/06	Mon	9:34 PM	6.24	H
2021/09/07	Tue	04:16 AM	-0.25	L
2021/09/07	Tue	10:30 AM	5.02	H
2021/09/07	Tue	4:10 PM	1.20	L
2021/09/07	Tue	10:13 PM	6.02	H
2021/09/08	Wed	04:45 AM	0.02	L
2021/09/08	Wed	10:59 AM	5.27	H
2021/09/08	Wed	4:54 PM	0.97	L
2021/09/08	Wed	10:56 PM	5.58	H
2021/09/09	Thu	05:15 AM	0.44	L
2021/09/09	Thu	11:31 AM	5.47	H
2021/09/09	Thu	5:44 PM	0.83	L
2021/09/09	Thu	11:45 PM	4.97	H
2021/09/10	Fri	05:46 AM	0.97	L
2021/09/10	Fri	12:08 PM	5.59	H
2021/09/10	Fri	6:42 PM	0.79	L
2021/09/11	Sat	12:43 AM	4.26	H
2021/09/11	Sat	06:18 AM	1.57	L

DAILY LOTTERY

POWERBALL
Draw Date: 9/1
10 20 29 48 51
Power#: 17
Jackpot: 367 M

MEGA MILLIONS
Draw Date: 8/31
8 14 31 58 68
Mega#: 15
Jackpot: 323 M

SuperLotto Plus
Draw Date: 9/1
7 10 15 43 45
Mega#: 7
Jackpot: 14 M

Fantasy 5
Draw Date: 9/2
5 6 9 18 24

Daily 3
Draw Date: 9/2
EVENING: 7 4 2
Draw Date: 9/2
MIDDAY: 7 5 4

Daily Derby
Draw Date: 9/2
1st: 03 - Hot Shot
2nd: 01 - Gold Rush
3rd: 02 - Lucky Star
Race Time: 1:40.71

Although every effort is made to ensure the accuracy of the winning number information, mistakes can occur. In the event of any discrepancies, California State laws and California Lottery regulations will prevail. Complete game information and prize claiming instructions are available at California Lottery retailers. Visit the California State Lottery web site at http://www.calottery.com

FIND THE WORDS

SOLUTIONS TO YESTERDAY'S WORDS PUZZLE.

This is real relaxation

TODAY'S BIRTHDAY (SEPTEMBER 6)

Today, they celebrate your uniqueness. You bring out a side of people that wouldn't exist if not for you. You'll continue the tradition with playful and thoughtful interactions throughout the year. Your involvement in an uphill battle will prove worth the fight. Compensation will be sweet. Never resist love; take it all in. Taurus and Sagittarius adore you. Your lucky numbers are: 6, 13, 2, 28 and 16.

ARIES (March 21-April 19). You're considering a bold move. If it makes your heart beat faster and you feel like running away, that's a good sign. The conqueror that you are, you'll run toward your fear instead.

TAURUS (April 20-May 20). You have no trouble bringing your mind to the task at hand, but keeping it there for long stretches amidst distractions will be a challenge. Prevent the distractions and you're golden!

GEMINI (May 21-June 21). An inner critic will speak especially loudly. Respond in a warm and welcoming way, and the climate inside you becomes milder. Clouds part, your head clears and sunshine floods your heart.

CANCER (June 22-July 22). You and a loved one will respectfully disagree. That you can do this without too much of an emotional charge speaks well of the relationship's stability, which is trending in a healthy direction.

LEO (July 23-Aug. 22). Avoid mind-numbing activities such as losing yourself in entertainment you've already seen. Aim smarter. Intellectual pursuits will first expand your mind, then your horizons.

VIRGO (Aug. 23-Sept. 22). You will come across outdated information, wrong addresses and links to error pages, yet you're still on a good path. Stick to the maps of the well-intentioned journeyers before you.

LIBRA (Sept. 23-Oct. 23). If no one objects to your work, dig a little deeper. Good work will raise questions. It will find support and critics at the same time. And great work will be simultaneously loved and reviled.

SCORPIO (Oct. 24-Nov. 21). To remain on course, you will need resilience. Therefore, any knock to your balance is a lucky opportunity to practice emotional elasticity, quick reflexes and speedy recovery.

SAGITTARIUS (Nov. 22-Dec. 21). To get the whole story, you must talk to everyone who was there. Beware: There are many who don't want the whole story -- only the story that supports their agenda.

CAPRICORN (Dec. 22-Jan. 19). Oscar Wilde said style is what "makes us believe in a thing." You will prove his point today as you infuse something ordinary with your extraordinary uniqueness and watch it get bought right up.

AQUARIUS (Jan. 20-Feb. 18). Although it is not inherently useful to offend people, worthy endeavors sometimes alter power dynamics, which is sure to ruffle feathers. The popularity of a choice will have little to do with its correctness.

PISCES (Feb. 19-March 20). The importance of good friends isn't lost on you. You'll be reminded of good times and cherished friends, which could inspire a thoughtful show of appreciation.

SOLUTIONS TO YESTERDAY'S CROSSWORD

S	H	A	P	E	S	H	I	F	T	I	N	G		
T	O	R	O	N	T	O	R	A	P	T	O	R	S	
I	T	A	L	I	A	N	S	T	A	L	L	I	O	N
N	A	B		D	R	E		T	I	L		M	O	O
K	I	L	T		E	S	S	E	N		N	A	N	O
O	R	E	O	S		T	I	N		D	I	C	E	S
			P	O	P		P	E	K	I	N	E	S	E
U	S	T	I	N	O	V		D	I	V	E	S	T	S
S	P	R	A	Y	T	A	N		N	E	V			
F	E	A	R	S		M	E	W		R	E	H	A	B
L	E	V	Y		S	P	O	O	F		H	E	R	E
A	D	O		T	A	I		N	A	P		A	L	A
G	O	L	D	E	N	R	E	T	R	I	E	V	E	R
	S	T	A	R	T	I	N	G	A	T	R	E	N	D
		A	S	P	A	C	E	O	D	Y	S	S	E	Y

Sudoku

Fill in the blank cells using numbers 1 to 9. Each number can appear only once in each row, column, and 3x3 block. Use logic and process of elimination to solve the puzzle.

SOLUTIONS TO YESTERDAY'S SUDOKU

4	5	2	7	6	8	9	1	3
9	3	8	4	1	2	5	6	7
1	7	6	5	3	9	4	2	8
6	4	5	2	7	3	1	8	9
3	1	7	9	8	6	2	4	5
2	8	9	1	4	5	3	7	6
5	2	1	8	9	7	6	3	4
8	6	4	3	5	1	7	9	2
7	9	3	6	2	4	8	5	1

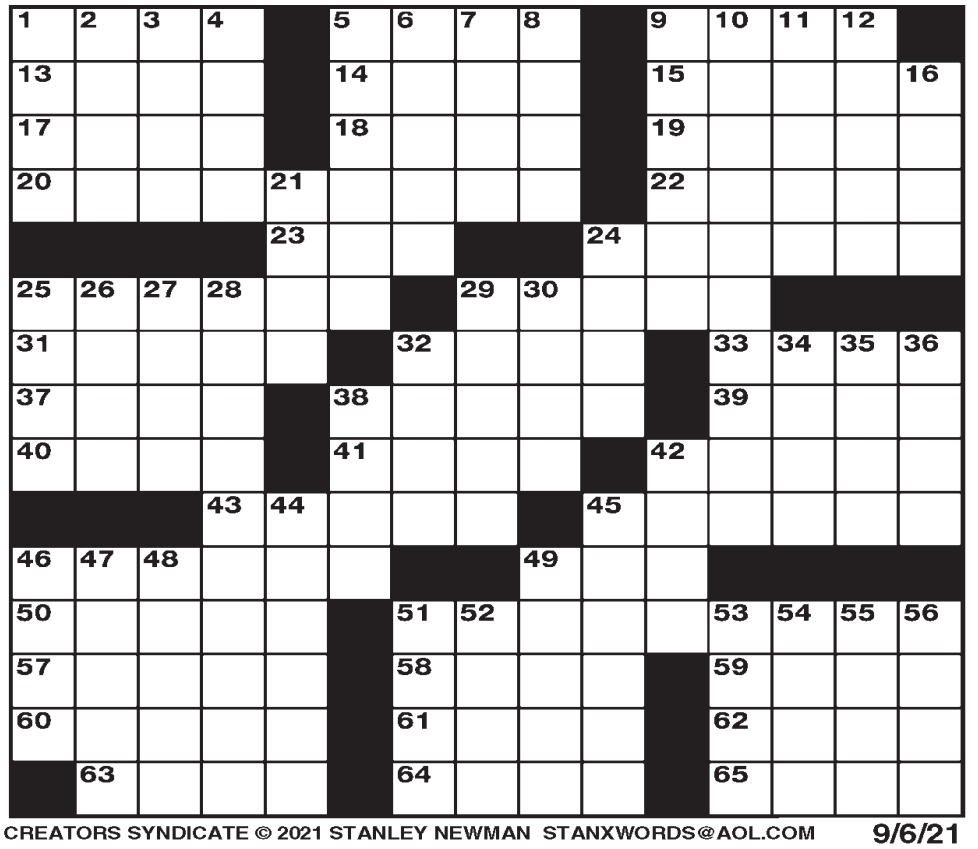
3			6	8	5		4	
4		5	9			7		
	2			4		9		8
			8			2		
9	6		5		2		8	4
		2			7			
6		4		7			2	
		1			8	6		7
	5		2	3	6			9

Newsday Crossword

VINYL EXAM by Sally R. Stein
Edited by Stanley Newman
www.stanxwords.com

ACROSS
1 Natural bandage
5 Tight-fitting
9 Gulp from a flask
13 "Guided" vacation
14 Voicemail signal
15 Playful antic
17 Alan of *M*A*S*H*
18 Neglect to include
19 Make amends
20 Vinyl wet-weather garments
22 Decorated anew
23 __-fashioned (quaint)
24 Parts of poems
25 Muscle twinges
29 Envelope's metal fastener
31 __-Bits (letter-shaped cereal)
32 Angler's worm
33 Clickable computer image
37 Impolite glance
38 Rows of people waiting
39 Vatican City leader
40 Car with a meter
41 Vows exchanged at weddings
42 Minor fender bumps
43 Loop on a rope
45 Most prudent
46 Slowly became clear
49 Morse code "Help!" message
50 Hunt like a tiger
51 Vinyl inserts into ATMs
57 Idolize
58 Woodwind instrument
59 Hawaiian feast
60 Submarine navigation device
61 Trusted advisor
62 Mail away
63 Sales agents, for short
64 Short stride
65 Poems of praise

DOWN
1 Have the leading role
2 Pepsi or Coke
3 German auto
4 Raisin __ (cereal variety)
5 Pub seats
6 Wanderer
7 __ of measure (gallon or mile)
8 Catches on to
9 Frightens
10 Vinyl plumbing conduits
11 Apple's music players
12 Aladdin's magical pal
16 Crimson and scarlet
21 Deep sleep
24 Winery tanks
25 Seasoning in a shaker
26 "Not guilty," for one
27 Acme
28 Vinyl transparent covering for a fruit package
29 Boat that's paddled
30 Isn't truthful
32 Competes at an auction
34 Shape of a funnel
35 __ for (chooses)
36 Home for a robin
38 Roaring feline
42 Compact-__ player (audio device)
44 Vessels carrying petroleum
45 Started one's day
46 Healthful resorts
47 Great enthusiasm
48 Nary a soul
49 Sleeper's noise
51 Swampy grounds
52 Share a border with
53 In addition
54 Regretted
55 Great __ (large dog)
56 Detergent's lather



CREATORS SYNDICATE © 2021 STANLEY NEWMAN STANXWORDS@AOL.COM 9/6/21

Binary Puzzle

Each cell should contain a zero or a one. No more than two similar numbers below or next to each other are allowed. Each row and each column is unique and contains as many zeros as ones.

SOLUTIONS TO YESTERDAY'S PUZZLE

1	0	1	1	0	0	1	1	0	1	0	0
0	1	0	0	1	1	0	0	1	0	1	1
1	0	1	1	0	1	0	0	1	0	0	1
0	1	0	0	1	0	1	1	0	1	1	0
0	1	1	0	0	1	1	0	1	0	1	0
1	0	0	1	0	1	0	1	0	1	0	1
0	1	1	0	1	0	1	0	1	0	1	0
1	0	0	1	1	0	0	1	0	1	1	0
0	0	1	1	0	1	1	0	0	1	0	1
0	1	1	0	0	1	1	0	1	0	0	1
1	1	0	0	1	0	0	1	1	0	1	0
1	0	0	1	1	0	0	1	0	1	0	1

				0					0		
						0				0	1
				1		0		1			
		0								1	0
					1			0			
		0	0					0		0	1
						0					1
0	1								0		
		0				0		1			
	0									0	
			0		1	1				0	
1	0		0		1	1					0



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smdp Santa Monica Daily Press

NOTICE OF A PUBLIC HEARING
BEFORE THE SANTA MONICA PLANNING COMMISSION
VIA TELECONFERENCE
Pursuant to Executive Order N-29-20 Issued by Governor Gavin Newsom

SUBJECT: Recommendation to the City Council on:
(1) Adoption of 6th Cycle (2021-2029) Housing Element of the City's General Plan;
(2) Proposed Amendments to the Text of the Land Use and Circulation Element of the General Plan, Bergamot Area Plan, Civic Center Specific Plan, Downtown Community Plan, and the Zoning Ordinance;
(3) Proposed Amendments to the City's Official Districting Map, for Consistency with the Goals, Policies and Programs set forth in the 6th Cycle Housing Element; and
(4) Amendments to the Text of the Zoning Ordinance to Make Minor Clarifying Corrections Related to Parcel Coverage Calculations, Height Projections, and Upper Level Stepback Calculations for Structures in the R-1 (Single-Unit) Zoning Districts

A public hearing will be held by the Planning Commission to consider Resolutions recommending to the City Council that the City Council:
1) Adopt the 6th Cycle (2021-2029) Housing Element of the City's General Plan;
2) Amend the text of the Land Use and Circulation Element of the General Plan, the Bergamot Area Plan, the Civic Center Specific Plan, and the Zoning Ordinance for consistency with the goals, policies and programs set forth in the 6th Cycle Housing Element, which include, but are not limited to, procedural changes for streamlining review of housing projects, updating development standards to ensure housing project feasibility, providing opportunities for housing in the city that do not currently support housing, amending the density bonus ordinance, and committing to the production of affordable housing on City-owned land;
3) Amend the City's Official Districting Map related to establishment of an overlay district for housing projects located near transit that are made available to moderate income households and amendments to the "A" Off-Site Parking Overlay District as set forth in the 6th Cycle Housing Element; and
4) Amend the text of the Zoning Ordinance related to make minor clarifications related to parcel coverage calculations, and non-substantive changes related to height projects, and upper level stepback calculations for existing structures in the City's R1 (Single-Unit) Districts.

This hearing may, after a vote of the Commission, be continued to a future date for Commission discussion and possible recommendation to the Council. It is anticipated that the Commission will complete at least the following portions of the hearing on September 20:

- Staff Report
- Questions of staff from the Commission
- Public comment

Prior to this hearing, the Planning Commission will be considering a Resolution of Intention at its September 8, 2021 hearing declaring its intention to consider the proposed amendments to the City's Official Districting Map. If the Resolution of Intention is not adopted on September 8, 2021, then the amendments to the Official Districting Map will not be heard by the Planning Commission on September 20, 2021, and it will be rescheduled for a future hearing date.

DATE/TIME: MONDAY, SEPTEMBER 20, 2021 AT 5:30 PM

LOCATION: In an effort to reduce the risk of spreading Coronavirus (COVID-19), members of the Planning Commission and City Staff will participate via teleconference. The meeting will be broadcast on CityTV Channel 16 and streamed on the City's website as normal, but participants may also join the teleconference via https://primetime.bluejeans.com/a2m/live-event/rtqjqafr or by dialing in at 1-415-466-7000 (PIN: 9842033 #)

HOW TO COMMENT: The City of Santa Monica encourages public comment. Those wishing to give written public comment shall email comments to planningcomment@smgov.net. Comments received prior to 12 p.m. on the day of the meeting will be distributed to the Planning Commission prior to the meeting and posted online. Please note the agenda item in your comments.

Additionally, public comment can be made by telephone by pre-registering on the link provided on the posted online agenda no later than 3:30 p.m. on the day of the meeting. Remarks from the public made by telephone will be limited to up to 3 minutes per item.

Address your comments to: Jing Yeo, Planning Manager, Re: Housing Element Update

MORE INFORMATION: If you want more information about this project or wish to review the project file, please email housingupdate@smgov.net. The Draft Housing is available on the City's website: https://santamonica.gov/housing-element-update. The Zoning Ordinance is available on the City's web site at www.smgov.net/pcd. For disability-related accommodations, please contact (310) 458-8341 or (310) 458-8696 TTY at least 72 hours in advance. Every attempt will be made to provide the requested accommodation. All written materials are available in alternate format upon request. Pursuant to California Government Code Section 65009(b), if this matter is subsequently challenged in Court, the challenge may be limited to only those issues raised at the public hearing described in this notice, or in written correspondence delivered to the City of Santa Monica at, or prior to, the public hearing.

ESPAÑOL: Esto es una noticia de una audiencia pública para revisar applicaciónes proponiendo desarrollo en Santa Monica. Si deseas más información, favor de llamar a Carmen Gutierrez en la División de Planificación al número (310) 458-8341.

Santa Monica Daily Press

Classifieds

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DBA

FICTITIOUS BUSINESS NAME STATEMENT FILE NUMBER: 2021172655 ORIGINAL FILING This statement was filed with the County Clerk of LOS ANGELES on 08/03/21 . The following person(s) is (are) doing business as True West Creative 3002 3rd St #111 Santa Monica , 90405 The full name of the registrant(s) is/ are Deborah Spears 3002 3rd St #111 Santa Monica , 90405 This Business is conducted by: An Individual The registrant commenced to transact business under the fictitious business name or names listed on (Date) 07/2006 Registrant/Corp/ LLC Name /s/: Deborah Spears Title: CEO Deborah Spears , Deborah Spears This statement was filed with the County Clerk of LOS ANGELES County on 08/03/21 NOTICE: THIS FICTITIOUS BUSINESS NAME STATEMENT EXPIRES FIVE YEARS FROM THE DATE IT WAS FILED IN THE OFFICE OF THE COUNTY CLERK. A NEW FICTITIOUS BUSINESS NAME STATEMENT MUST BE FILED PRIOR TO THAT DATE. The filing of this statement does not of itself authorize the use in this state of a fictitious business name statement in violation of the rights of another under federal, state, or common law (see Section 14411et seq.,Business and Professions Code). SANTA MONICA DAILY PRESS to publish, 08/16/21, 08/23/21,08/30/21, 09/06/21

FICTITIOUS BUSINESS NAME STATEMENT FILE NUMBER:C3376568 ORIGINAL FILING This statement was filed with the County Clerk of LOS ANGELES on 08/05/21 . The following person(s) is (are) doing business as Westside Pet Clinic 1304 Wishire Blvd Santa Monica Ca 90403 The full name of the registrant(s) is/are DSR Hawkins, INC. 1304 Wilshire Blvd Santa Monica CA 90403. This Business is conducted by: A Corporation The registrant commenced to transact business under the fictitious business name or names listed on (Date) 05/2011 Registrant/Corp/ LLC Name /s/: DSR Hawkings, Inc Title:Vice President This statement was filed with the County Clerk of LOS ANGELES County on 08/05/21 NOTICE: THIS FICTITIOUS BUSINESS NAME STATEMENT EXPIRES FIVE YEARS FROM THE DATE IT WAS FILED IN THE OFFICE OF THE COUNTY CLERK. A NEW FICTITIOUS BUSINESS NAME STATEMENT MUST BE FILED PRIOR TO THAT DATE. The filing of this statement does not of itself authorize the use in this state of a fictitious business name statement in violation of the rights of another under federal, state, or common law (see Section 14411et seq.,Business and Professions Code). SANTA MONICA DAILY PRESS to publish, 08/23/21, 08/30/21,09/06/21, 09/13/21

FICTITIOUS BUSINESS NAME STATEMENT FILE NUMBER:2021 173659 ORIGINAL FILING This statement was filed with the County Clerk of LOS ANGELES on 08/04/21. The following person(s) is (are) doing business as Ferrari Talent 1237 Greenacre Avenue West Hollywood, CA 90046 The full name of the registrant(s) is/are Ferrari Talent LLC 1237 Greenacre Ave West Hollywood CA 90046 This Business is conducted by: A limited Liability Company The registrant commenced to transact business under the fictitious business name or names listed on (Date) 05/2021 Registrant/Corp/ LLC Name /s/: Ferrari Talent,Inc Title:Manager This statement 202was filed with the County Clerk of LOS ANGELES County on 08/04/21 NOTICE: THIS FICTITIOUS BUSINESS NAME STATEMENT EXPIRES FIVE YEARS FROM THE DATE IT WAS FILED IN THE OFFICE OF THE COUNTY CLERK. A NEW FICTITIOUS BUSINESS NAME STATEMENT MUST BE FILED PRIOR TO THAT DATE. The filing of this statement does not of itself authorize the use in this state of a fictitious business name statement in violation of the rights of another under federal, state, or common law (see Section 14411et seq.,Business and Professions Code). SANTA MONICA DAILY PRESS to publish, 08/23/21,08/30/21,09/06/21, 09/13/21

DBA

FICTITIOUS BUSINESS NAME STATEMENT FILE NUMBER:File Number 2021177725 ORIGINAL FILING This statement was filed with the County Clerk of LOS ANGELES on 08/10/2. The following person(s) is (are) doing business as RATMBAND, LLC 350 S Beverly Dr Suite 320 Beverly HIlls, CA 90212 The full name of the registrant(s) is/are RATMBAND, LLC 350 S Beverly Hills Dr Suite 320 Beverly Hills, CA 90212 This Business is conducted by: A Limited Liability Company The registrant commenced to transact business under the fictitious business name or names listed on (Date) N/A Registrant/Corp/ LLC Name /s/: RATMBAND, LLC Title: SECRETARY Jaime Cheek, Jaime Cheek This statement was filed with the County Clerk of LOS ANGELES County on 08/10/21 NOTICE: THIS FICTITIOUS BUSINESS NAME STATEMENT EXPIRES FIVE YEARS FROM THE DATE IT WAS FILED IN THE OFFICE OF THE COUNTY CLERK. A NEW FICTITIOUS BUSINESS NAME STATEMENT MUST BE FILED PRIOR TO THAT DATE. The filing of this statement does not of itself authorize the use in this state of a fictitious business name statement in violation of the rights of another under federal, state, or common law (see Section 14411et seq.,Business and Professions Code). SANTA MONICA DAILY PRESS to publish, 08/23/21,08/30/21, 09/06/21, 09/13/21

Help Wanted

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Name Change

ORDER TO SHOW CAUSE FOR CHANGE OF NAME Case No. 21VECP00416 Superior Court of California, County of Los Angeles Petition of Mehdi Zahiri-Mehrabadi for Change of Name TO ALL INTERESTED PERSONS: Petitioner or Attorney: Mehdi Zahiri-Mehrabadi filed a petition with this court for a decree of changing names as follows: Mehdi Zahiri-Mehrabadi to Mehdi Zahiri the court orders that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Notice of Hearing: Date 09/24/21Time: 8:30 a.m, Dept: NWA, Room: 510 . The address of the court is SUPERIOR COURT OF CALIFORNIA - COUNTY OF LOS ANGELES, Northwest District-East Building 6230 Sylmar Ave Van Nuys, CA 91401 A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Santa Monica Daily Press. Date:08/10/2021

ORDER TO SHOW CAUSE FOR CHANGE OF NAME Case No. 21SMCP00374 Superior Court of California, County of Los Angeles Petition of Mr. Axel Roland German Yaken , Mrs. Carla Difima for Change of Name TO ALL INTERESTED PERSONS: Petitioner or Attorney: Mr. Axel Roland German Yaken , Mrs. Carla Difima filed a petition with this court for a decree of changing names as follows: Nora Nkela Difima to Nora Mapaung Nkela Yakan the court orders that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Notice of Hearing: Date 10/15/2021 Time: 8:30 a.m, Dept: K Room: A203 . The address of the court is SUPERIOR COURT OF CALIFORNIA - COUNTY OF LOS ANGELES, 1725 Main St Santa Monica, CA 90401 A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Santa Monica Daily Press. Date:08/10/2021

ORDER TO SHOW CAUSE FOR CHANGE OF NAME Case No. 21STCP02578 Superior Court of California, County of Los Angeles Petition of Mateo Alvarado Valdez by Monica Alvarado Garnica & Edwin Vicio Valdez for Change of Name TO ALL INTERESTED PERSONS: Petitioner or Attorney: Mateo Alvarado Valdez by Monica Alvarado Garnica & Edwin Vicio Valdez filed a petition with this court for a decree of changing names as follows: Mateo Alvarado Valdez to Mateo Alvarado-Valdez the court orders that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Notice of Hearing: Date 09/27/2021 Time: 10:00 a.m, Dept: 74, Room: 735 . The address of the court is SUPERIOR COURT OF CALIFORNIA - COUNTY OF LOS ANGELES, 111 N. Hill St Room 102, Los Angeles, CA 90012 A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Santa Monica Daily Press. Date:08/19/2021

ORDER TO SHOW CAUSE FOR CHANGE OF NAME Case No. 21SMCP00337 Superior Court of California, County of Los Angeles Petition of Evan Phillip Pinstein for Change of Name TO ALL INTERESTED PERSONS: Petitioner or Attorney: Evan Philip Pinstein filed a petition with this court for a decree of changing names as follows: Evan Phillip Pinstein to Evan Phillip Masiero the court orders that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Notice of Hearing: Date 10/1/2021 Time: 8:30 a.m, Dept: K Room: - . The address of the court is SUPERIOR COURT OF CALIFORNIA - COUNTY OF LOS ANGELES, 1725 Main St Santa Monica, CA 90401 A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Santa Monica Daily Press. Date:08/20/2021

ORDER TO SHOW CAUSE FOR CHANGE OF NAME Case No. 21SMCP00365 Superior Court of California, County of Los Angeles Petition of Peggy Sue Buck for Change of Name TO ALL INTERESTED PERSONS: Petitioner or Attorney: Peggy Sue Buck filed a petition with this court for a decree of changing names as follows: Peggy Sue Buck to Peggy Sue Walcott the court orders that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Notice of Hearing: Date 10/15/2021 Time: 8:30 a.m, Dept: K Room: A203 . The address of the court is SUPERIOR COURT OF CALIFORNIA - COUNTY OF LOS ANGELES, 1725 Main St Santa Monica, CA 90401 A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Santa Monica Daily Press. Date:08/09/2021

ORDER TO SHOW CAUSE FOR CHANGE OF NAME Case No. 21SMCP00401 Superior Court of California, County of Los Angeles Petition of Sara Maria Finch Crespo for Change of Name TO ALL INTERESTED PERSONS: Petitioner or Attorney: Sara Maria Finch Crespo filed a petition with this court for a decree of changing names as follows: Sara Maria Finch Crespo to Sara Maria Crespo-Szabo the court orders that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Notice of Hearing: Date 11/05/2021 Time: 8:30 a.m, Dept: K Room: A203 . The address of the court is SUPERIOR COURT OF CALIFORNIA - COUNTY OF LOS ANGELES, 1725 Main St Santa Monica, CA 90401 A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Santa Monica Daily Press. Date:08/27/2021

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PROGRAM

FROM PAGE 1

civilian clothing and routinely responded, to the frustration of many eager reporters, "no comment."

Their low-profile approach focused only on unhoused individuals and yielded results. Six weeks after the intervention began, the Boardwalk and surrounding area was clear of tents, the pavement sanitized, and vendors and street performers back in strong numbers.

To many local residents — who had for months been complaining about the spiking rates of crime, homelessness, encampment fires and pollution in the area — this rapid shift seemed nothing short of a miracle. To Dr. Va Lecia Adams Kellum, the CEO and president of St. Joseph's Center, it's still too early to call the program a success.

"I think it could be a model worthy of replication, but certainly I think the proof is how well we do in housing people in permanent housing," said Adams Kellum. "I think that is really the litmus test."

The program worked by giving everyone a temporary housing option and a promise of a permanent place within a rough 6 month timeline. It was spearheaded by CD-11 Councilman Mike Bonin and supported with $5 million in funding from the City of L.A.

As of Sept. 2, St. Joseph's reported that 185 people were in interim housing, with 106 distributed across five motels, 43 people in the Project Roomkey program at the Cadillac Hotel on Ocean Front Walk, 25 people in a Project Homekey site, eight in the Venice Bridge Home shelter, two in detox programs and one in assisted living. Seven individuals have been permanently housed, including two in shared housing and five who were reunited with family.

Since moving off the Boardwalk, 21 individuals have exited the temporary housing option provided by Saint Joseph's. This represents a 90 percent housing retention rate. St. Joseph's is still working with these 21 individuals to connect them to a permanent housing option.

In the coming months, participants will be transitioning from interim to permanent housing through rapid rehousing or emergency housing vouchers, while those with the highest needs will be prioritized for permanent supportive housing, which combines affordable housing with healthcare and supportive services.

So far, 183 individuals have been matched with a permanent housing subsidy resource and are working with a case manager to find an appropriate housing site.

In addition to providing a true path to permanent housing, Adams Kellum said the other key metric of the program's success is whether the intervention creates enduring change on the Boardwalk.

"I can't put a fence around the beach, so what we have to do is be very diligent in reaching out to people and supporting people and making sure that we continue the change in culture of folks knowing that Venice Beach really isn't a space for people to live in the sense of living unsheltered on the sand and Boardwalk," said Adams Kellum.

Overall, Adams Kellum is pleased with the results so far and said she receives a daily briefing from the LAPD Pacific Division, which typically only reports a handful of tents in the Boardwalk zones that St. Joseph's cleared.

Adams Kellum is aware that some counts by resident groups, such as the Venice Stakeholders Association, place numbers around the 40 to 50 mark, but has qualms about their accuracy in capturing people living on the Boardwalk.

"If those larger numbers are reported, I don't believe that it's necessarily in zones one through five," she said, referring to the system St. Joseph's used to map and divide the Boardwalk encampment area. "I also want to say that we're not counting people walking around with backpacks or people who are utilizing the bathrooms there in the Rose parking lot, we want to make sure that we're truly counting folks who are unhoused in the area."

Currently, Saint Joseph's is focusing on providing supportive services to the 211 former residents of the Boardwalk. They have a wide range of needs from simply regaining forms of identification, to urgent healthcare problems, mental health treatment, job training, and drug addiction treatment.

While St. Joseph's is the lead service provider, they are working in partnership with several local organizations including PATH, Safe Place for Youth and the Venice Family Clinic, who have all been on board since the start of the Encampment to Home program.

"It definitely took a village and I think it's something for the Venice community to be proud of," said Adams Kellum. 'I think for some, maybe they're still watching and waiting to see if it's going to be okay and I hope ultimately it will be something that we're all celebrating and feeling good about housing so many people who really desperately needed help."

To learn more about the Encampment to Home Program and the reasons for its timing and format, check out this week's episode of the "Inside the Daily Press" podcast on Spotify, Apple Podcasts or at smdp.com/pod.

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SUSHI

FROM PAGE 1

red snapper, and kanpachi, while a limited menu of rolls features tuna, Japanese cucumber, and yellowtail with scallion and toro. There are also a small range of starters, sake and beer on offer.

Shimakawa carefully oversees the sourcing of each ingredient, drawing around 70 percent of his fish from Japan and the rest from prime coastal regions such as king salmon from New Zealand and tuna from Spain.

"Soko focuses on traditional Japanese Tokyo-style sushi and totally forgets about American-style western-style techniques and ingredients," said Shimakawa. "I want to emphasize to the clients that we want them to flavor and see traditional dishes, traditional items, traditional experiences. That is what I want to deliver."

Although the restaurant is billed as a pop-up, there is no end date in sight and there are some expansion plans in the works.

While the intimate eight seat bar will remain at the center of Soko, seating is slated to expand throughout the lobby and into the nearby sidewalk area. Shimakawa already has plans for new menu items and experiences including a shareable nine-piece bento box.

Although the fish might be high-end, the dining experience is intended to be cosy and casual, with a no reservations policy and paper and pencil ordering system.

The name Soko means storeroom in Japanese and is a tribute to the spaces where, prior to the days of refrigeration, Japanese fisherfolk would preserve their catch wrapped in fermented rice and salt. This 2,000 year old dish became known as narezushi and is the precursor to the modern art of sushi.



Courtesy photo

SUSHI: Master sushi chef Masa Shimakawa opened a pop-up at the Fairmont Miramar Hotel & Bungalows.

Soko the restaurant strives to pay tribute to this long legacy and is, intentionally, housed in a glass-paneled converted storeroom at the Fairmont. Soko is open on a first come first serve basis Wednesday through Sunday from 5 p.m. to 10 p.m. at 101 Wilshire Blvd.

Clara@smdp.com

SMC

FROM PAGE 1

really do want to amplify other student voices," said Elizondo. "I really want to be able to give back and build a better system."

Elizondo found his way onto the state board through the advocacy work he became involved with while working on Santa Monica College's Guided Pathways Framework. This program seeks to increase equity and efficiency for students completing degrees at SMC and transferring into further education or job opportunities.

"Someone like myself, who is a first generation college student, Latinx, LGBTQ and then former foster youth, I didn't really have a lot of resources, especially moving out to Los Angeles by myself after foster care and education didn't seem like it was possible," said Elizondo.

Despite these challenges, Elizondo did find ways to succeed and realized that there are programs out there for students like him, if they know where to look. Elizondo received a foster youth scholarship for his tuition at SMC and is now simultaneously taking classes at Pepperdine through a similar program.

One of his goals on the Community Colleges Board is to improve outreach and communication systems so disadvantaged students are aware of the resources available to them.

"I never knew that Pepperdine had a foster youth program and I think that's partly a problem," said Elizondo. "If programs are there to support foster youth, there needs to be common messaging about where they can transfer to and also some of the resources that are available to them."

Elizondo also seeks to advocate for the needs of the broader community college population and ensure that curriculum requirements and modalities of teaching are structured to meet their background and current lifestyle.

Prior to stepping onto the Community College Board, he helped advocate for A.B. 705, which waived remedial requirements for English and math, allowing all students to jump into college level classes and preventing them from getting stuck in the community college system for years.

Now he is focused on efforts to make online learning a permanent opportunity for students. From speaking to students and reading comments online, Elizondo sees that remote learning is vital to many students' success.

"They say it is easier online, that they no longer have to commute two hours from the Inland Empire, or they no longer have to worry about not making it back to work or work overlapping, because they can do it online or it's flexible," said Elizondo.

At SMC, Elizondo is advocating for all classes and degree programs to have an online option post-pandemic. He is pushing the administration to explore the possibility of teachers live streaming their classes while teaching in person, to make remote offerings more sustainable in the long-term. He hopes such policies will also resonate with community college leaders on a state level.

"I think right now whatever student has a position at statewide leadership has a very unique opportunity to shape a system for many years to come," said Elizondo. "I feel, even though COVID is a real situation, looking outside of COVID, this situation has offered the opportunity to really transform the way we do business, and do it now versus going back to what we were doing."

Clara@smdp.com

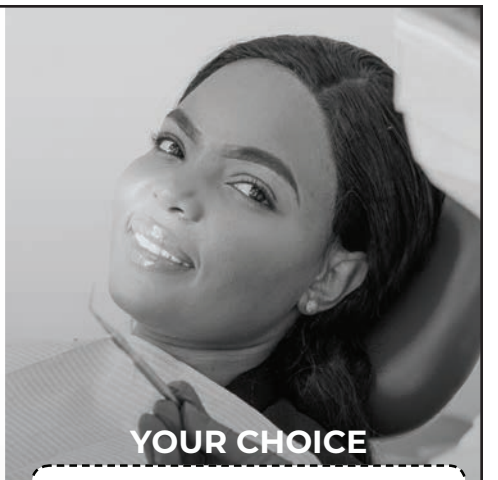
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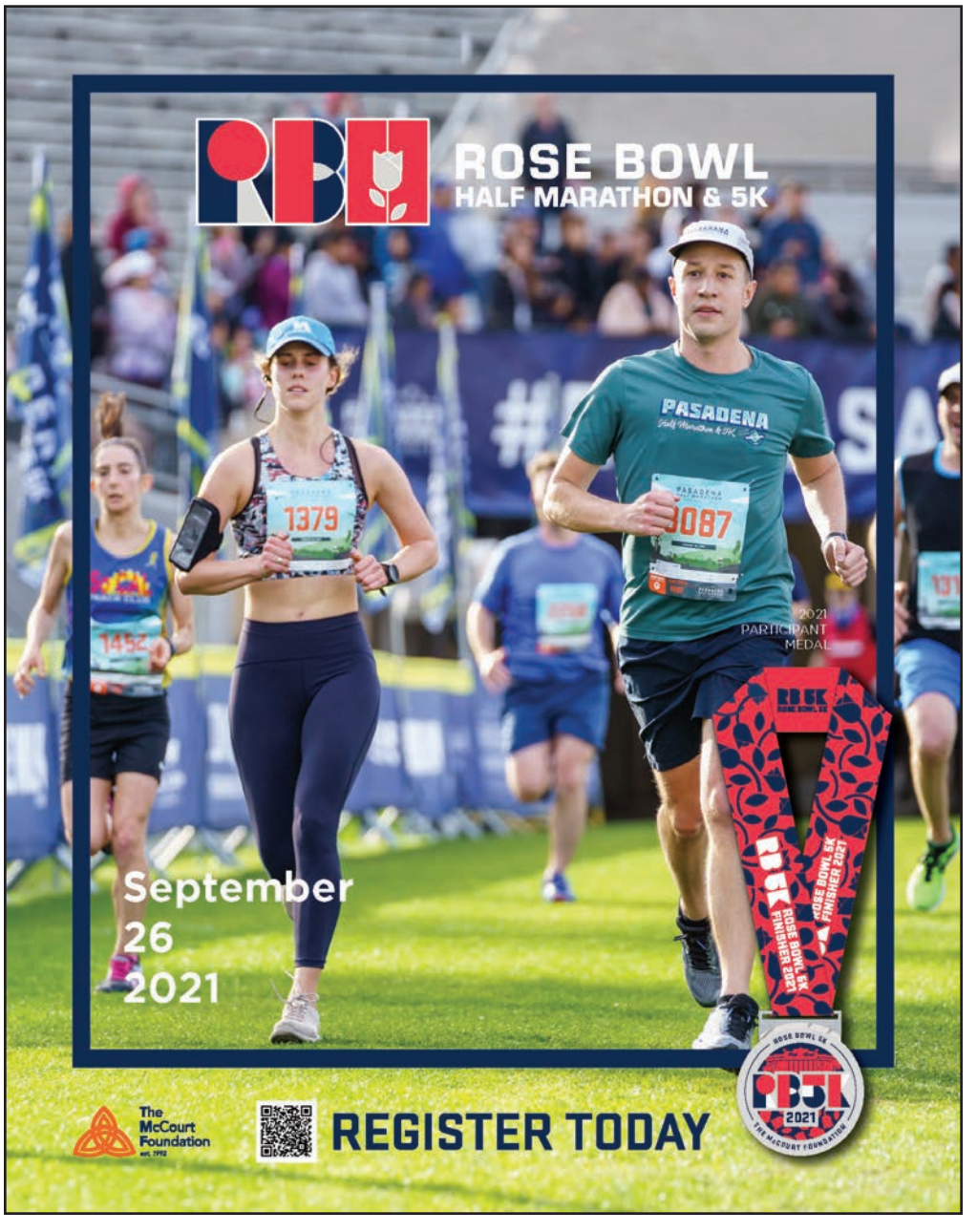
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Join Us in Celebrating 20 Years in Print

September 2001 - September 2021

There were hundreds of images from which to choose for this cover page. Going through all of the photos brings back so many memories, thoughts of friends who are no longer with us, and events we used to enjoy attending that are no longer being held. Do you remember the Montana Avenue Bed Races? The Salvation Army Fashion Shows? The Santa Monica Lions Club's Pancake Breakfast? The Montana Avenue Holiday Open House that was on the first Friday night in December? The Santa Monica Breakfast Club's Afternoon Tea? Some events may still be going on, but with changes, as so often happens.

I hope you find some pictures that evoke special memories of people and events.

Diane Margolin
Editor and Publisher



























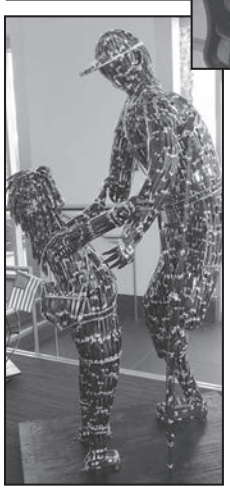




























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Planning Ahead

Incapacity - Who Decides?



By Lisa C. Alexander, Esq.

Estate planning contemplates not only death, but also the possibility of incapacity. There may come a time when you can no longer handle your financial affairs, make medical decisions, or understand when you are being taken advantage of. For that reason, everyone needs: A Durable Power of Attorney, an Advance Health Care Directive, and in most cases, a Revocable Trust with provisions for a Successor Trustee. Planning ahead is critical since these documents can only be signed when you still have capacity.

A Durable Power of Attorney and an Advance Health Care Directive can be made effective immediately. This means your agent has full authority to act on your behalf, even if you still have capacity to act for yourself. It gets complicated when the agent's authority is only effective when you become incapacitated. How is incapacity defined? How is incapacity determined?

Most commonly, the document will provide for incapacity to be determined by a person's primary physician or two other licensed physicians. In practice, unless there has been a recent hospitalization, many people don't make regular visits to a primary care doctor.

Any other doctor whose first treatment of a patient is in the hospital with no knowledge of the person's capacity beforehand may be very reluctant to give an opinion of incapacity. This can be doubly hard when the document requires opinions from two doctors.

Given the practicalities of how incapacity might be determined, it is important that the document be drafted to be workable while still protecting your rights and independence. You can be creative. You can designate a committee made up of family or trusted friends or advisors whose opinion that you've lost capacity will trigger the authority of an agent or Successor Trustee. And, you can define what it means to be incapacitated. Must there be a formal diagnosis of dementia? Or should it be a lesser but more practical standard based on your inability to manage your financial affairs? You want to keep control, but you also need to make it possible for your agents and Successor Trustee to help you when you need it most.

Contact Lisa C. Alexander, Esq. by calling 310-395-6555, or 310-656-4310.

Explore What's Happening Around Our Community

By Bob Rich

• **Tuesday, September 7 - Japanese American National Museum, Nima Voices: Episode 6, Christine Piper –** An online interview with the award-winning Japanese-Australian author about her writing, the history of Japanese people in Australia, and her time as a research facilitator for the Global Nikkei Young Adult Research Project. 7 p.m. - 7:30 p.m. Program live-streamed for free public viewing on Facebook. Visit JANM.org/events/2021-09-07/nima-voices-episode-6-christine-piper for details.

• **Thursday, September 9 - West Los Angeles Regional Library, Embroidery Class** - Make simple but vibrant embroidery in this four-part online course, where you can watch tutorials before giving it a try. 3 p.m. - 5 p.m. Visit lapl.org/whatson/events/embroidery-101-class for details.

• **Beginning Sunday, September 12 and any time after, Los Angeles County Museum of Art, Andell Family Sundays Anytime Art with Toddlers** – Enjoy an online family art class, 12:30 p.m. – 9 p.m. This event will take place online via LACMA's YouTube channel. Visit LACMA.org/event/andell-family-sundays-anytime-art-toddlers for details, call 323-857-6000, or e-mail publicinfo@lacma.org.

• **Tuesday, September 14 - Poetry Open Mic** - Share a poem you wrote, or a poem you enjoy, or just listen. Event begins at 6 p.m. No cost. Visit Lapl.org/whats-on/events/poetry-open-mic-3 for details.

• **Wednesday, September 15 – Santa Monica Public Library's Montana Branch Book Discussion Group:** *The Plague* – For adults, 50+/Seniors online. Read and talk about Albert Camus's classic novel about an epidemic that endangers the population in a North African coastal town. Join in the virtual discussion from 7 p.m. - 8:30 p.m. Free. To register, send an e-mail to stephanie.archer@santamonica.gov. Visit Santamonica.gov/events/2021/09/15/montana-book-discussion-group-the-plague for details.

• **Friday, September 17 - UCLA Constitution Day** - UCLA will honor the drafting of the U.S. Constitution. Takes place at various campus locations at UCLA, from 9 a.m. - 5 p.m. Contact UCOP (University of California, Office of the President Eric.Heng@ucop.edu). Visit Happenings.ucla.edu/all/event/242686 for details.

• **Saturday, September 25 - Central Library, Sun Disk Dreams with LACMA –** During this online class, create a paper-plate hanging sun-and-moon disk with Los Angeles County Museum of Art teaching artist Nini Sanchez. Experiment with patterns, shapes, and colors, while you look at Rufino Tamayo's art print called "Moon and Sun," and Dúo Karma's children's stories. Part of the L.A. Libros Fest, this event will be streamed on Facebook and YouTube. Event begins at 1:30 pm. Visit Lapl.org/whatson/events/sun-disk-dreams-lacma-0 for details.

• **Ongoing exhibit - The Hammer Museum at UCLA, The Armand Hammer Collection** – Enjoy European and American paintings, sculpture, and works on paper, highlighting French art of the 19th Century. Three paintings by Vincent van Gogh are on display, along with two major works by Rembrandt van Rijn. Museum hours are Thursday to Sunday, 11 a.m. – 6 p.m. Free. For details, call 310-443-7000, or e-mail info@hammer.ucla.edu.

• **Ongoing exhibit - The Broad Museum, L.A. Intersections: Music, Language, Movement, three-part video series** - Celebrate an eclectic variety of Los Angeles-based musicians, poets, and dancers. Wednesdays, Thursdays, and Fridays from 11 a.m. – 5 p.m., and Saturdays and Sundays from 10 a.m. – 5 p.m. Free, but advance general admission tickets are required for entry. For details, call 213-232-6200, or e-mail info@thebroad.org.

• **Ongoing through Sunday, October 10 - Getty Center, The Expanded Landscape –** Modern-day photographers showcase their landscape pictures, using fascinating experimental methods. Museum is open daily from 10 a.m. – 5 p.m., but closed Monday. Free, but requires a timed-entry reservation. Getty.edu/art/exhibitions/expanded_landscape/ for details.

• **Ongoing, Thursdays through Sundays, until Sunday, December 5 - The Fowler Museum at UCLA, Photo Cameroon: Studio Portraiture 1970s-1990s** – Explore over 110 black-and-white pictures taken during the peak of studio photography in Cameroon. The wardrobe, props, and positions of the sitters reveal their cultural backgrounds, musical taste, relationships, vocations, and recreational preferences. Thursday – Sunday, Noon - 5 p.m. Admission is free. Call 310-825-4361, or e-mail fowlerinfo@arts.ucla.edu.

Save the Date

On October 17, the Santa Monica History Museum will hold its annual Gala Tribute Dinner and Silent Auction. This year the event will be virtual again and you are invited to attend.

This is the Museum's top fundraiser and it allows them to pay tribute to those who have contributed to the culture and history of Santa Monica.

This year's theme is *Hometown Heroes, Celebrating our Diverse Histories*. Those honored will be Kathleen Rawson, CEO of Downtown Santa Monica, Carolyne and Bill Edwards of the Quinn Research Center, and the Santa Monica Black Lives Association (SMBLA).

Dinner tickets are $150 per person and available for purchase online or by calling the museum. For sponsorship or donation information, please contact the Museum at 310-395-2290.

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Clergy Corner

Clergy Help People Ritualize Special Events



By Janet Cromwell

The religious community congratulates *The Santa Monica Star* for 20 years of publishing news for this wonderful community! This anniversary is worthy of recognition and celebration. Bravo!

Taking time to honor anniversaries, accomplishments, and life transitions is important to the human spirit. Whether it be birthdays, weddings, anniversaries or other big events, each stage of life offers opportunities to mark changes that are taking place.

One of the roles of clergy is to assist people ritualize and remember these moments of transition. For example, in the Christian church, the birth of a child is honored through baptism, during which the infant's parents and the congregation pledge to help the child to grow in faith and knowledge.

In many religious communities, the start of the school year begins with a blessing of backpacks and, later, graduates are presented with symbolic gifts, such as an engraved Bible to carry on the next step of their spiritual journey.

When planning a wedding, pastors assist couples in creating ceremonies that reflect both time-honored traditions and the unique personalities of the people entering the marriage. A thoughtful ceremony not only unites a couple, but frequently serves as inspiration for others to love and nurture the commitments they make.

Within the community, a blessing is often offered for a new civic program or building project as a way of signifying the hopes and dreams of how it will improve people's lives.

While we all enjoy celebrating life's happy moments, there are also times when we need to mark difficult transitions, such as the ending of a relationship or death of a loved one. Rituals of closure can be a helpful part of the healing process following a loss.

In all of life's special moments and changes, it is good to pause, reflect, and give thanks. Today we offer gratitude for this community publication.

Rev. Janet Cromwell
Associate Pastor
West Los Angeles United Methodist Church
Jlcromwell8@gmail.com

Santa Monica Family YMCA Joins Welcoming America in Celebrating New Americans September 13-18

The Santa Monica Family YMCA will join Welcoming America and other YMCAs and organizations nationwide to celebrate the contributions of immigrants to our communities while bringing together all residents in a spirit of unity and healing.

The Y's 2021 Welcoming Week event will be provided via Zoom. On Saturday, September 18, the Y will provide the Health Fair event in-person in collaboration with the USC School of Pharmacy Students.

"It is critically important to celebrate Welcoming Week in 2021, as our country faces the challenges of COVID-19," says Lidia Magarian, Y Director. "At the Y, we seek to build bridges and heal communities, and we invite neighbors – both immigrants and U.S.-born residents – to use this event as an opportunity to connect, find common ground and celebrate our shared values and contributions."

During this event, the Santa Monica Family YMCA will host live stream sessions and activities including educational health seminars, dance classes, yoga, meditation and Chi gong, nutrition and exercise, and programs in collaboration with Providence Saint Johns, Partner in Care Foundation, and the Dairy Council of California.

The Y will also be sharing Y members' stories and celebrating National Fall Prevention, Intergenerational, and Cholesterol month. The Welcoming Week is free and open to the community.

Monday, September 13 is the virtual Welcoming Week Event opening day at noon. At 12:15 p.m., the Santa Monica YMCA's Board Member Nathaniel Trives will be the guest speaker.

Virtual week events feature stories, pre-recorded activities and more, including oil painting by artist Martin Katon, Arthritis

(***Continued on Page 4)***

Byte by Byte

Time to Celebrate



By Dr. Miceala Shocklee

This September marks *The Santa Monica Star's* 20th anniversary. Modern-day timekeeping revolves around years, months, days, minutes, seconds – all reported to us by, for the most part, digital clocks on our smartwatches and smartphones. Timekeeping was not always so immediate, or so portable, however.

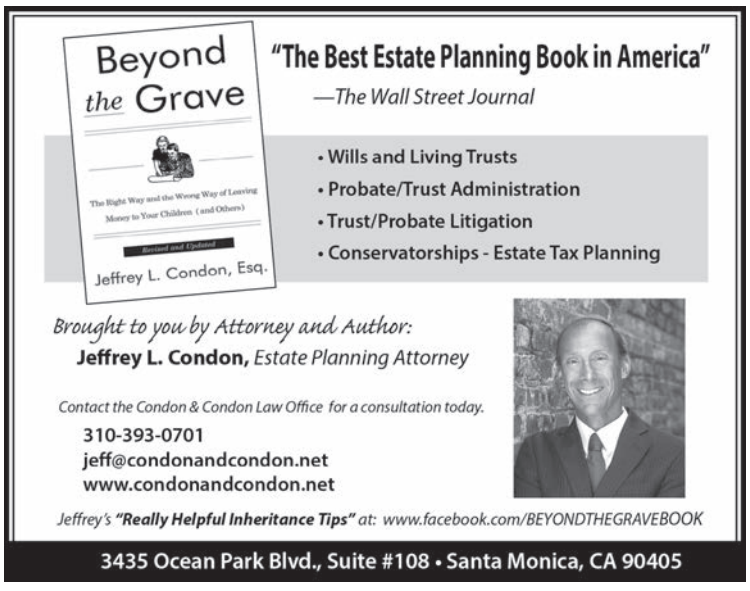
For most of history, people kept time by looking up as well as by looking down. Devices that helped keep track of the relative positions of stars and other celestial bodies have allowed astronomers, navigators, and laypeople alike to keep track of timescales both long and short. For example, the ancient Egyptians used a bar-and-plumb-line system called a merkhet; shadow clocks as big as an obelisk and as small as a sundial were also employed by ancient Egyptians; and farther West, Stonehenge has been posited as a sort of large sundial as well.

Similar in concept to an hourglass, water clocks, or clepsydra, based around the idea that a container will take a certain amount of time to fill with water at a given flow have been used since roughly Mesopotamian times from China to Greece. Chinese culture also embraced the incense clock, another constant-rate timekeeping device that was a historically ingenious resource given that it does not depend on the sun, does not require an active flame, and can be ported about inside as well. Astrolabes, the prelude to our modern clocks and the first gear-based time-markers, were conjured up in Persia in the 11th century.

The science of timekeeping, whether artificial or biological, is an evolving one. Timekeeping and clockmaking are not merely background devices in a history meting out other events; they are rich stories all their own.

Dr. Miceala Shocklee is a full-time aquatics veterinarian and part-time science writer and freelance editor.







Reflections From The East

"I'm Willow, and I am Not Food!" - A Hero to be Remembered



By Qin Sun Stubis

He was a miniature poodle. If you happened to spot him somewhere, you might for a moment have mistaken him for a child's stuffed toy. He had a pair of perfect black button eyes and an ultra-fluffy coat of brown fur.

His name was Willow. He was once someone's pet in South Korea. But, he might as well have been a toy dog, for when he got old and ragged, and his teeth decayed, he was mercilessly abandoned to a local farm, a supplier to the notorious dog meat trade.

His life could have come to an end as someone's soup, or perhaps a few spoonfuls of medicinal tonic if he had not been rescued in the nick of time by a kind lady named Nami Kim. Since she knew nothing about his past, she named him "Willow." Like a willow branch, she hoped that this little dog could be transplanted somewhere where he could thrive.

In 2016, Nami found Willow a perfect forever home in America. His new mom, Heather Heath, has been passionate about animal welfare all her life. Now, with her by his side, Willow launched his very own foundation, Willow's Wish, and a website, www.Willows Wish.org. His mission was bold and simple: To end the dog and cat meat trade.

Willow declared to the world, "I'm Willow, and I am not food!" Now that he had escaped from the dining table, he wanted to save as many as possible of his canine and feline brothers and sisters from such a plight.

His task was daunting, for according to the statistics, about 30 million dogs and cats are consumed as human food around the world each year. So far, Willow's Wish has sponsored some 39 international freedom flights from South Korea, China, Vietnam, and Egypt.



Willow had his own Facebook page.

For the last six years, Willow traveled extensively with his new mom to raise awareness of the animal meat trade and gain grounds for animal welfare.

He had over 12,000 followers on Facebook and regularly posted things he was working on. His heroism has moved many around the world.

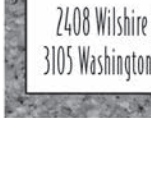
In 2018, Willow was crowned the country's top "Emerging Hero Dog" during the coast-to-coast television broadcast of the Hero Dog Awards, held by American Humane, the country's first and most respected national humane organization. A loveable ball of fluff weighing less than ten pounds had finally been recognized as a hero.

With his national and international fame, Willow worked even harder for his fellow friends. But just as his ambition grew stronger, his body grew feebler. On July 27 of this year, Willow quietly crossed the rainbow bridge, leaving many people grieving.

Willow's legacy will live on in our hearts and inspire us to keep on fighting the war against the inhumane treatment of our furry friends.

You can always reach me at qstubis@gmail.com.

Let's Foster Gratitude This Coming Fall



By Cheryl Thobe

After taking a summer break, the Mothers of Monica (MOMs) ministry at St. Monica's Catholic Church resumed its weekly Zoom meetings. Upon return, the common theme was joy that the ministry was back, with an overarching concern about what the future held for our school-aged children and the world.

It is true that during these unprecedented times, parents are struggling with the age-old question of "Is this the right choice for my child?" However, that question seems more dire now than ever. The question brings up a lot of fear. As the moms have shared in our group, good decisions are rarely made from a place of fear. So, how do we address our current reality, while at the same time making informed and rational decisions for our families and children? As for the Mothers of Monica, they are employing the simple practice of gratitude.

Fostering gratitude is not a new practice, but a tried-and-true technique. It is a deeply human experience that can be felt, shared, and created by anyone. At its core, it is one's readiness to show appreciation for and to return kindness.

Employing gratitude can improve both the giver and receiver's mood for the better. In fact, cultivating gratitude in one's life has amazing benefits, from creating positive relationships, improving one's physical and psychological health, reducing aggression and stress, and increasing the quality of one's sleep.

However, being grateful requires a determined mind. Gratitude is a habit that needs cultivating. Like any muscle, we need to exercise and feed it to truly experience the benefits it can bring.

So, what can be done to foster gratitude? There is a plethora of options from journaling about what you are grateful for, to making a conscious effort to see the silver lining, to taking the time to express your gratitude to another person. The point is that you need to be aware enough to notice and appreciate how your surroundings affect you, and then acknowledge the positive impact you received. This can be achieved simply by saying,"Thank you!" or "I appreciate you!" or by just filling in the phrase, "Today I am grateful for…."

There is enough turmoil in today's world. We need to be kind to one another. Employing a practice of gratitude will not only lighten the mood of another, it will also help you.

If you or someone you know is a mother in need of a group of mothers to share with and grow her own village, please visit our website at the link below and register to be a Mother of Monica. Go to https://stmonica.net/ministries/fellowship-groups/moms.

Santa Monica Family YMCA

(Continued from Page 3)

Foundation exercise with Partners In Care Foundation, L.A. County Department Of Mental Health, YMCA's Chronic Disease Prevention program presentation, Bollywood Boom Dance, Zumba Gold Chair Dance, a cooking demonstration by *The Santa Monica Star's* Teen Chef Jahrid, and much more.

For more information and to register for the week's events, contact Lidia Magarian, Chronic Disease Prevention Director at 310-393-2721, Ext. 129, or email: lidiam@ymcasm.org. Once you RSVP, you will receive a confirmation email containing information about joining the Zoom meetings. Visit the Y Website ymcasm.org to register online. See you soon.

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