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September at the Market
It's a sweet time.



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Social Justice Series
At Santa Monica College.



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Art Scene
Gets going in the Fall.

LABOR DAY EDITION
09.02.23 - 09.04.23

smdp
Santa Monica Daily Press

Volume 22 Issue 245

smdp.com

The Rugby World Cup is the perfect time to tackle the sport

In the first of a two part feature, we introduce you to the glorious game of rugby and give you a cheat-sheet of-sorts so you can impress your friends and colleagues by becoming an overnight wealth of information.

Even if you haven't watched a game of rugby or know much about the sport, chances are you've at least heard of the New Zealand All Blacks and maybe even seen a clip of them performing the legendary Haka. And while rugby might not have the razzamatazz of football or the en masse appeal of soccer, it is without a doubt one of the most thrilling games to enjoy as a spectator.

SEE **RUGBY** PAGE 8

SCOTT SNOWDEN
SMDP Staff Writer



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FARMERS MARKET

Send comments to editor@smdp.com

September at the market

CARLA ROSIN

It's all about the bees. Support local beekeepers by purchasing honey direct at your local farmers' market. Their job is much bigger than just providing honey to the community, they also play a big part in saving local bee populations and all the yumminess in nature made possible with pollination efforts. Explore the different honey varieties at the market. Honeycomb and bee pollen too.

Apple season is arriving mid-September! Not quite ready for Fall? You can still get your favorite summer fruits and vegetables at the market.

Did you know that cucumbers are in the melon family? What's your favorite cucumber? Lemon? Japanese? Persian? Armenian? Try this refreshing salad for an end of summer treat. Chop your favorite melon and cucumbers into bite size pieces and place in a large bowl. Add a handful of chopped basil or mint and salt to taste. That's it! Super simple and incredibly delicious.

Pico Farmers Market Music	Saturday, 8am-1pm	Main Street Farmers Market Music	Sundays, 8:30am-1:30pm
DJ and the Greenleas	September 2	Masanga Marimba Band	September 3 10am-1pm
Teddy Bang Trio	September 9	GM Jazz Quartet Kymberly Stewart interactive kid music	September 10 10 -1pm 9-10am
East of Lincoln	September 16	DJ & the Main Street Jam	September 17 10am-1pm
Brandon Williams Cardahalay	September 23 September 30	Ingrid Griffin B2R Kids Mini Jam and Instrument Petting Zoo	September 24 10-1pm 9am



Courtesy photo

SWEET: Honey is available at the Farmers Market.

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COMMUNITY NEWS

Citywide

Study finds abdominal body fat linked to brain shrinkage, possible dementia

People with higher levels of abdominal body fat are at greater risk of having brain atrophy with aging, according to an international study that included a team of clinical researchers from Providence Saint John's Health Center's Pacific Brain Health Center.

Study participants with more of two types of abdominal body fat – subcutaneous fat under the skin and hidden visceral fat wrapped around the organs in the abdomen – are more likely to have loss of brain cells that might lead to dementia than people with smaller amounts of these types of abdominal fat, according to a study published today in the journal Aging and Disease.

The study used deep learning, a type of machine learning and artificial intelligence, to draw conclusions from whole body imaging scans. It also builds upon earlier research correlating fat and brain atrophy. The new study utilized much higher resolution imaging, included far more subjects, broadened the age range and expanded criteria to include subcutaneous fat. It also found women more than men are subject to brain shrinkage based on fat levels.

"Magnetic resonance imaging that encompassed the abdomen and head helped us determine both higher visceral and subcutaneous abdominal fat volume predicts loss of brain volume, a key metric of brain health," said lead study author Cyrus A. Raji, M.D., Ph.D., of Washington University in St. Louis, who collaborated with the research team at the Pacific Brain Health Center.

"By conducting MRI in a large sample of adults spanning a wide age range, our study identifies patterns of brain shrinkage and links those findings to important contributors such as abdominal fat,"

said Somayeh Meysami, M.D., assistant professor of neurosciences at Saint John's Cancer Institute and a study co-author.

"When we identify those at higher risk of Alzheimer's disease, evidence from research like this motivates healthier behaviors in early and mid-life when changes make the most difference in patient care outcomes," said study co-author David Merrill, M.D., director of the brain health center.

> "When we identify those at higher risk of Alzheimer's disease, evidence from research like this motivates healthier behaviors in early and mid-life when changes make the most difference in patient care outcomes
> - David Merrill, M.D., director of the brain health center

For the study, 10,001 healthy people aged 18 to 90 years old had whole body scans with MR imaging machines. Deep learning was used to determine the volume of 96 brain regions. The same scan also was used to find the amount of visceral and subcutaneous abdominal fat on the scans. Then researchers looked to see if there was a link between these types of abdominal fat and brain volume.

After controlling for factors that could affect brain volume, such as age and the total volume inside the skull, researchers found higher amounts of both visceral and subcutaneous fat were associated with greater atrophy in the overall gray and white matter of their brains and the main lobes of the brain. Increased subcutaneous and visceral fat also was associated with cell loss in the hippocampus area of the brain and other areas associated with memory and thinking skills that are affected by dementia.

For people who were overweight and obese with high visceral fat, those aged 20 to 39 had nearly six times the risk for overall brain atrophy when compared to people of similar age with normal levels of visceral fat; those 40 to 80 had over five times the risk.

For the same groups of people who had high visceral fat, when looking at white matter atrophy in particular, people aged 20 to 39 had almost four times the risk when compared to people with normal visceral fat levels; those aged 40 to 59 had over four times the risk; and people aged 60 to 80 had over five times the risk.

The results from this large data set were contextualized down to individual examples when comparing two MRI scans in two participants from the study with the same age and sex:

The study also found that women experienced a higher correlation between increased body fat and lower brain volume compared to men.

"Women are disproportionately affected by Alzheimer's disease, and we have a growing understanding of biological sex-related risk factors. Prior research has shown obesity is a modifiable risk factor for dementia and prevention has become a cornerstone of dementia risk reduction management," said Kellyann Niotis, M.D., a study co-author, preventive neurologist and Early Medical and brain health researcher at the Institute for Neurodegenerative Diseases-Parkinson's & Alzheimer's Research Education Foundation in Boca Raton, Fla.

Up to 40% of worldwide dementia cases are linked to 12 modifiable risk factors including obesity, according to a 2020 Lancet Commission report and the fact that women have a higher risk of Alzheimer's disease. "We need additional research to better understand sex differences and brain health," Dr. Merrill said.

A limitation of the study was that images were taken at one time and participants were not followed to see who developed dementia over time. Dr. Raji notes in future studies, researchers plan to follow

SEE **STUDY** PAGE 6

City of Santa Monica

NOTICE OF A PUBLIC HEARING BEFORE THE SANTA MONICA PLANNING COMMISSION

SUBJECT: 22ENT-0018 (Tentative Tract Map)
1803 Euclid St
APPLICANT: Yinghua Lu
PROPERTY OWNER: Sequoia Capital, LLC

A public hearing will be held by the Planning Commission to consider the following request:

A Tentative Tract Map for a six-unit airspace subdivision at the subject property for the purpose of constructing a new two-story, six-unit (one affordable unit and five market-rate units) condominium project with subterranean parking in the R2 (Low Density Residential) zoning district. Pursuant to Santa Monica Municipal Code Section 9.54.070(B), the Planning Commission is the responsible authority to approve, conditionally approve, or deny tentative subdivision map applications.

DATE/TIME: **WEDNESDAY, SEPTEMBER 20, 2023 AT 6:00 PM**

LOCATION: City Council Chamber, Second Floor, Santa Monica City Hall, 1685 Main Street, Santa Monica, California

HOW TO COMMENT
The City of Santa Monica encourages public comment. Members of the public unable to attend a meeting but wishing to comment on an item(s) listed on the agenda may submit written comments prior to the public hearing via email to planningcomment@santamonica.gov or via mail to the address listed below. Comments received prior to 12 p.m. on the day of the meeting will be distributed to the Planning Commission prior to the meeting and posted online. All written comments shall be made part of the public record. Please note the agenda item in your comments.

You may also comment in-person at the Planning Commission hearing. Please check the agenda for more detailed instructions on how to comment.

Address your comments to: **Becky Cho, Associate Planner**
Re: 22ENT-0018

VIA E-MAIL: planningcomment@santamonica.gov
VIA MAIL: City Planning Division
1685 Main Street, Mail Stop 28
Santa Monica, CA 90401

MORE INFORMATION
If you want more information about this project or wish to review the project file, please contact Becky Cho by e-mail at becky.cho@santamonica.gov. The Zoning Ordinance is available on the City's web site at www.santamonica.gov. For disability-related accommodations, please contact (866) 311-7266 at least 72 hours in advance of the meeting. Every attempt will be made to provide the requested accommodation. All written materials are available in alternate languages provided the request is received 72 hours prior to the meeting. Santa Monica Big Blue Bus Lines serve City Hall and the Civic Center area. The Expo Line terminus is located at Colorado Avenue and Fourth Street, and is a short walk to City Hall. Public parking is available in front of City Hall, on Olympic Drive, and in the Civic Center Parking Structure (validation free).

Pursuant to California Government Code Section 65009(b), if this matter is subsequently challenged in Court, the challenge may be limited to only those issues raised at the public hearing described in this notice, or in written correspondence delivered to the City of Santa Monica at, or prior to, the public hearing.

ESPAÑOL
Esto es una noticia de una audiencia pública para revisar applicaciónes proponiendo desarrollo en Santa Monica. Si deseas más información, favor de llamar a Carmen Gutierrez en la División de Planificación al número (310) 458-2201 ext. 5547.

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Santa Monica Daily Press

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COMMUNITY NEWS

Downtown

Santa Monica Public Library Offers Healthy Aging Month Programming

Santa Monica Public Library celebrates Healthy Aging Month in September with a series of presentations promoting the physical, mental, and financial health of older adults and improving their connectivity. Programs are targeted to seniors and caregivers, but open to all community members, and take place at Main Library, 601 Santa Monica Blvd.

COMPUTER CLASSES

Wednesdays, September 13 & 20 / 10:30 a.m. to Noon / Main Library, Computer Classroom
September 13: Introduction to Chromebooks (for beginners)
September 20: How to use Zoom (all levels)

FRAUD AND IDENTITY THEFT AWARENESS

Thursday, September 14 / 4 to 5 p.m. / Main Library, Multipurpose Room
Antonia Villasenor, from the California Department of Financial Protection & Innovation, discusses how to protect yourself and your loved ones from financial fraud, and steps to take if your identity is stolen.

MEMORY & AGING: WHAT YOU NEED TO KNOW

Tuesday, September 19 / 3 to 4 p.m. / Main Library, Multipurpose Room
Monica Moore, from the Mary S. Easton Center for Alzheimer's Disease Research at UCLA, discusses how the brain changes with age, the latest research on brain health, and practical tips to stay focused and mentally sharp.

DISASTER PREPAREDNESS FOR SENIORS

Wednesday, September 27 / 2 to 3 p.m. /Main Library, Multipurpose Room
Alison Berglas of the American Red Cross leads a lively and interactive discussion about disaster preparedness for seniors and people with access and functional needs. Informational handouts will be provided.

These programs are free and open to the public. Seating is limited and on a first arrival basis, no registration required. The Santa Monica Public Library is wheelchair accessible. For disability-related accommodations, email library@santamonica.gov at least one week prior to event. Ride your bike or Big Blue Bus. Bicycle parking racks are available at the Library.

SUBMITTED BY BARBARA CHANG FLEEMAN, COMMUNITY ENGAGEMENT & PROGRAMMING LIBRARIAN

Classifieds

FOR QUOTES PLEASE CALL 310-573-8074 or email **cindy@smdp.com**

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COMMUNITY NEWS

SMC

Santa Monica College Presents Fall 2023 Social Justice Series

Santa Monica College (SMC) continues its Social Justice Lecture Series in fall 2023 with presentations and discussions that explore the concept of social justice and a variety of aspects, issues, and developments affecting and shaping it in today's world.

All presentations in the series are free. Seating is strictly on a first-arrival basis.

THE FALL 2023 SERIES LINEUP IS:

• Thursday, September 14 at 11:15 a.m. in HSS 105 on the main SMC Campus (1900 Pico Blvd., Santa Monica) — "Manzanar, Diverted: Documentary Screening and Q&A with Director Ann Kaneko." Director Ann Kaneko will screen and discuss her Emmy-winning feature documentary Manzanar, Diverted: When Water Becomes Dust, a fascinating retelling of the Los Angeles water story, covering more than 150 years of history. The documentary follows intergenerational women from three communities who defend their land, history, and culture from the insatiable thirst of Los Angeles, and reveals the unexpected alliance of Native Americans, Japanese-American WWII incarcerees, and environmentalists to preserve "the land of flowing water," Payahuunadü (Owens Valley). A professor in the Media Studies department at Pitzer College, Kaneko has been a Fulbright Fellow, Japan Foundation Artist, Film Independent Doc Lab Fellow, and Jackson Wild Multicultural Fellow, and is a member of BGDM, A-Doc, and the distribution coop New Day Films. Her films include A Flicker in Eternity, based on Stanley Hayami's diary; Against The Grain: An Artist's Survival Guide to Peru, highlighting Peruvian political artists; Overstay, about Japanese undocumented workers; and 100% Human Hair, a musical for the AFI Directing Workshop for Women. An audience Q&A with director Kaneko follows the screening. Sponsored by the SMC Associates, SMC Modern Languages & Cultures Department, SMC Earth Sciences Department, SMC History Department, and APIDA Club.

• Tuesday, September 26 at 11:15 a.m. in HSS 105 on the main SMC Campus (1900 Pico Blvd., Santa Monica) — Leisy J. Abrego: "Communists, Criminals, and Caravans: Central Americans Seeking Refuge in the United States." Over the past decade, thousands have left home in Central America to seek refuge in the United States. What is propelling their mass exodus and why should people in the U.S. care? Leisy J. Abrego presents the political and social context of U.S.-Central American relations to help explain how U.S. foreign policies produce refugees from this region while, at the same time, U.S. immigration policies criminalize them. Abrego is Professor of Chicana/o and Central American Studies at the University of California, Los Angeles (UCLA). Her books include Sacrificing Families: Navigating Laws, Labor, and Love Across Borders (Stanford University Press, 2014) and, co-edited with Genevieve Negrón-Gonzales, We Are Not Dreamers: Undocumented Scholars Theorize Undocumented Life in the United States (Duke University Press, 2020). Sponsored by the SMC Associates, SMC Modern Languages & Cultures Department, and SMC Earth Sciences Department.

All programs are subject to change without notice, and new speakers may be added to the series. Up-to-date details are posted at smc.edu/events and available by calling 310-434-4100.

SUBMITTED BY GRACE SMITH

SMC

SMC's Drescher Planetarium Presents Free, Live Virtual Shows in September

Santa Monica College's John Drescher Planetarium continues its Friday evening events in September 2023 with free, live virtual shows presented online at smc.edu/planetarium. This month's friendly presentations will discuss the 2023 and 2024 solar eclipses, continue the Solar System Exploration Survey with a look at Jupiter, explain equinoxes, and present the first part of a short history of rocketry.

The Friday evening shows are at 8 p.m. and are preceded by a streamlined virtual digest of the popular Night Sky Show at 7 p.m., offering the latest news in astronomy and space exploration. The shows include the chance to chat with the planetarium lecturers and ask questions.

Planetarium lecturers are currently using the Zoom platform to present shows while the actual on-campus planetarium remains closed due to the COVID-19 pandemic. To attend the shows, the Zoom software must be installed on the viewer's computer. A free download is available at zoom.com.

THE SEPTEMBER 2023 SHOWS ARE:

• Friday, September 8, at 8 p.m. (following The Night Sky Show at 7 p.m.): "The Coming North American Solar Eclipses of October 2023 and April 2024" — Senior Lecturer Jim Mahon. Tonight's show — five weeks from the October 14, 2023, annular eclipse, and 30 weeks from the April 8, 2024, total eclipse — will talk about the eclipses and provide tips and recommendations to experience them safely. Both eclipses will be visible to large numbers of people in the U.S., but neither one can be viewed in its full glory from Southern California. However, the centerline for either eclipse is a one-to-three-day drive from the Los Angeles area, and October's annular eclipse can be a useful primer for April's Main Event. Free. Zoom at smc.edu/planetarium.

• Friday, September 15, at 8 p.m. (following The Night Sky Show at 7 p.m.): "Solar System Exploration Survey: Part 6: Jupiter" — Senior Lecturer Jim Mahon. Tonight's show continues our new series on exploration missions to the members of our solar system with a look at Jupiter, starting all the way back with Galileo's first fuzzy views of the major moons of the planet in 1610. Free. Zoom at smc.edu/planetarium.

• Friday, September 22, at 8 p.m. (following The Night Sky Show at 7 p.m.): "Equinox Program" — Lecturer Sarah Vincent. Tonight's show offers a balanced look at the nature of equinoxes, why they occur, and their human cultural significance. Free. Zoom at smc.edu/planetarium.

• Friday, September 29, at 8 p.m. (following The Night Sky Show at 7 p.m.): "A Short History of Rocketry, Part 1" — Senior Lecturer Jim Mahon. Despite many alternative concepts, chemical rockets are still how humans get payloads (including themselves) into space. Tonight's show will present a capsule history of the diverse forms the rocket has taken and the visionaries who foresaw its importance. Free. Zoom at smc.edu/planetarium.

More information is available online at smc.edu/planetarium or by calling 310-434-3005. All shows subject to change or cancellation without notice.

SUBMITTED BY GRACE SMITH

City of Santa Monica

NOTICE OF A PUBLIC HEARING BEFORE THE SANTA MONICA PLANNING COMMISSION

SUBJECT: 23ENT-0097 (Conditional Use Permit)
3009 Main Street
APPLICANT: Fabrizio Bianconi, Main Men, Inc.
PROPERTY OWNER: Ruth Flinkman Family Trust

A public hearing will be held by the Planning Commission to consider the following request:

Conditional Use Permit (CUP) to allow for the ancillary sale of beer, wine, and distilled spirits for on-site consumption (Type 47 ABC license) in conjunction with the operation of an existing restaurant (Via Veneto) that is already permitted the sale of beer and wine for on-site consumption (Type 41 ABC license) and that proposes to simultaneously expand the restaurant size and alcohol service area. The parcel is located within the Mixed-Use Boulevard Low (MUBL) zoning district. Pursuant to Santa Monica Municipal Code Section 9.31.040(E)(1)(a), for an existing alcohol outlet without a CUP, approval of a CUP shall be required for a change in the licensed classification.

DATE/TIME: **WEDNESDAY, SEPTEMBER 20, 2023 AT 6:00 PM**

LOCATION: City Council Chamber, Second Floor, Santa Monica City Hall, 1685 Main Street, Santa Monica, California

HOW TO COMMENT
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You may also comment in-person at the Planning Commission hearing. Please check the agenda for more detailed instructions on how to comment.

Address your comments to: **Shira Moch, Assistant Planner**
Re: 23ENT-0097

VIA E-MAIL: planningcomment@santamonica.gov
VIA MAIL: City Planning Division
1685 Main Street, Mail Stop 28
Santa Monica, CA 90401

MORE INFORMATION
If you want more information about this project or wish to review the project file, please contact Shira Moch by e-mail at shira.moch@santamonica.gov. The Zoning Ordinance is available on the City's web site at www.santamonica.gov. For disability-related accommodations, please contact (866) 311-7266 at least 72 hours in advance of the meeting. Every attempt will be made to provide the requested accommodation. All written materials are available in alternate languages provided the request is received 72 hours prior to the meeting. Santa Monica Big Blue Bus Lines serve City Hall and the Civic Center area. The Expo Line terminus is located at Colorado Avenue and Fourth Street, and is a short walk to City Hall. Public parking is available in front of City Hall, on Olympic Drive, and in the Civic Center Parking Structure (validation free).

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ESPAÑOL
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City of Santa Monica

NOTICE OF A PUBLIC HEARING BEFORE THE SANTA MONICA PLANNING COMMISSION

SUBJECT: 23ENT-0102 (Conditional Use Permit)
2525 Michigan Avenue
APPLICANT: Mickey Blaine, 717 Productions LLC
PROPERTY OWNER: City of Santa Monica,

A public hearing will be held by the Planning Commission to consider the following request:

The applicant (The Crow Comedy Club) requests approval of a Conditional Use Permit to allow for the sale of alcohol (beer) for on-site consumption (Type 40 ABC license) in conjunction with the operation of an existing 1,624 square foot comedy club located in the Bergamot Station Arts Center within the Conservation Art Center (CAC) District of the Bergamot Area Plan area. Pursuant to Santa Monica Municipal Code Section 9.31.040(B), a Conditional Use Permit is required for the dispensation of alcoholic beverages for on-site consumption.

DATE/TIME: **WEDNESDAY, SEPTEMBER 20, 2023 AT 6:00 PM**

LOCATION: City Council Chamber, Second Floor, Santa Monica City Hall, 1685 Main Street, Santa Monica, California

HOW TO COMMENT
The City of Santa Monica encourages public comment. Members of the public unable to attend a meeting but wishing to comment on an item(s) listed on the agenda may submit written comments prior to the public hearing via email to planningcomment@santamonica.gov or via mail to the address listed below. Comments received prior to 12 p.m. on the day of the meeting will be distributed to the Planning Commission prior to the meeting and posted online. All written comments shall be made part of the public record. Please note the agenda item in your comments.

You may also comment in-person at the Planning Commission hearing. Please check the agenda for more detailed instructions on how to comment.

Address your comments to: **Ivan Lai, Assistant Planner**
Re: 23ENT-0102

VIA E-MAIL: planningcomment@santamonica.gov
VIA MAIL: City Planning Division
1685 Main Street, Mail Stop 28
Santa Monica, CA 90401

MORE INFORMATION
If you want more information about this project or wish to review the project file, please contact Ivan Lai by e-mail at ivan.lai@santamonica.gov. The Zoning Ordinance is available on the City's web site at www.santamonica.gov. For disability-related accommodations, please contact (866) 311-7266 at least 72 hours in advance of the meeting. Every attempt will be made to provide the requested accommodation. All written materials are available in alternate languages provided the request is received 72 hours prior to the meeting. Santa Monica Big Blue Bus Lines serve City Hall and the Civic Center area. The Expo Line terminus is located at Colorado Avenue and Fourth Street, and is a short walk to City Hall. Public parking is available in front of City Hall, on Olympic Drive, and in the Civic Center Parking Structure (validation free).

Pursuant to California Government Code Section 65009(b), if this matter is subsequently challenged in Court, the challenge may be limited to only those issues raised at the public hearing described in this notice, or in written correspondence delivered to the City of Santa Monica at, or prior to, the public hearing.

ESPAÑOL
Esto es una noticia de una audiencia pública para revisar applicaciónes proponiendo desarrollo en Santa Monica. Si deseas más información, favor de llamar a Carmen Gutierrez en la División de Planificación al número (310) 458-2201 ext. 5547.

INSIDE
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High School student arrested for bringing a gun to the SMC campus

MATTHEW HALL
Daily Press Editor

A local high school student has been arrested after taking a loaded gun onto the Santa Monica College (SMC) campus.

The unidentified student is part of Santa Monica Malibu Unified School District's (SMMUSD) Olympic High School and those students are currently housed on the SMC campus as part of a district-wide reshuffling of students related to the temporary closure of the John Muir/SMASH schools.

According to SMC, officers received a tip about the student at about 1 p.m. on Thursday saying he had a possible gun in his bag.

Officers located the student and found a loaded gun in his backpack. The student was arrested for having the gun on campus and transported to the Santa Monica Police Department for booking.

"SMC Police Department will be conducting a thorough investigation of this incident and is committed to protecting the college community," said the Santa Monica College Chief of Police Johnnie Adams in a notification out to staff on Thursday.

The campus was placed in lockdown for about an hour while the situation was resolved.

SMMUSD Superintendent Dr. Antonio Shelton sent out a letter to parents Thursday reiterating the information provided by SMC and saying the safety of students is a top priority.

"Our students cooperated beautifully during the lockdown, and we appreciate their care and concern during this incident. I also thank the administrators, teachers and campus staff who took the steps necessary to keep students and staff safe," he said. "Please remember that if you see something, say something."

Santa Monica College was the site of a mass shooting 10 years ago when 23-year-old John Zawahri killed five people, before being shot by police on the campus. Zawahri shot two family members at his home and then traveled to the SMC campus killing Margarita Gomez, Carlos Navarro Franco and Marcela Diaz Franco along the way. Several others were wounded in the attack.

> "SMC Police Department will be conducting a thorough investigation of this incident and is committed to protecting the college community
> - Johnnie Adams Santa Monica College Chief of Police

editor@smdp.com

CRIME WATCH

Crime Watch is culled from reports provided by the Santa Monica Police Department. These are arrests only. All parties are innocent until proven guilty in a court of law.

ON AUGUST 19

SMPD officers responded to the 700 block of 21st Place for a traffic collision possibly involving an intoxicated driver. Upon arrival, officers located a USPS mail delivery vehicle that had been struck by a Toyota Corolla. While interviewing the Corolla driver, officers noticed the strong smell of alcohol, blood-shot eyes and unsteady gate. After conducting field sobriety tests, Manuel Tzoc-Cecilio was arrested for driving under the influence.

STUDY

FROM PAGE 3

participants over a period of time.

Such work opens the possibility of future treatment trials where both body fat and brain imaging can track the outcomes of such treatment efforts. Rajpaul Attariwala, M.D., Ph.D., study senior author noted, "The AI tools we have built to analyze this large whole body MRI data set have wide-ranging utility for the preventive health space, as well as for the pharmaceutical industry as they can be used to determine what the future implication of monitoring body fat and brain volumes will be. Currently, we do not know how interventions such as diet, exercise and weight loss drugs will affect the anatomical fat distributions in the body or if they may have secondary benefits for the brain."

SUBMITTED BY PATRICIA AIDEM

Area art scene ramps up for fall months



Photo by Reinhardt Kenneth

MUSICAL MASHUP: Artist Lissa Mel combines the frequencies of art and music at her new gallery, "The Messengers."

THOMAS LEFFLER
SMDP Staff Writer

The aura of Santa Monica cultivates creativity, as the oceanside views and active lifestyle combine to inspire fresh artistic works heading into the fall months.

Artists from across the world have come to the city to share their skills with residents, opening galleries and upholding some of the area's legendary art locations. One such world-traveled artist, Lissa Mel, opened her "The Messengers" gallery in May at 608 Santa Monica Boulevard.

Mel was born in Tashkent, Uzbekistan, before immigrating to Petah Tikva, Israel, at age 10. Eventually spending the rest of her upbringing in Tel Aviv, she gained artistic skill quicker than most due to the relationship with her mother, a visual artist.

"My mom always told me that I had this unique kind of a gift," Mel said. "I was very artistic. I was drawing since I was a baby, maybe two, three (years old) since I started to hold a pen and pencils. My first serious paintings, I was in first grade."

After attending art school in Tel Aviv, Mel has spent years honing her craft, taking endless risks working with unique materials and mixed media, elements that came together for "The Messengers." She also invited other notable artists to bring their works to the gallery, including Dr. Bruce Sanders, Dr. Bianca Turner, Dr. Margie Mirrel, Reena Tolentino, Claudia Shanbaum and Aliza Marton.

SEE **ART** PAGE 12

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MORE INFO & FREE REGISTRATION
https://www.sustainableworks.org/engineinside

Presented by: City of Santa Monica SustainableWorks

RUGBY

FROM PAGE 1

Much like soccer, the Rugby World Cup is held every four years and the popularity of the sport is steadily growing worldwide. Yes, the USA has an international team, the Eagles and even a professional league. Sadly however, the sport is still fledgling and the Eagles didn't qualify for this year's World Cup. That said, the USA is set to host the tournament in 2031.

Meanwhile, the 2023 Rugby World Cup kicks off this coming Friday in Paris, France and frankly, we're being treated to a sensational sports event as the opening game is between the two best teams in the world — France, the host nation and New Zealand.

The New Zealand All Blacks are almost always the Best Team in The World, but change is inevitable and right now, they're not the Best Team in The World. However, they are still the All Blacks, which means they will always be a formidable side. A little like the New England Patriots, the New York Yankees or Manchester United.

France, or Les Bleus, are looking the strongest they've been for quite a while. Not only do they have some of the best players, but they're peaking at exactly the right time. As such, they're actually the favorites going into the tournament and as the host nation they'll want to stamp their authority on the competition early on. However, the chance to throw a spanner in the works is like a red flag to a bull for the All Blacks and they will equally want to upset proceedings.

THE BASICS OF RUGBY

While the shape of the ball may look a little bit like a football, that's about where the similarities end. Rugby is played for two halves of 40 minutes with two teams, each consisting of 15 players. Eight substitute players are allowed and they can be brought on at any time.

With the exception of when a ball goes out of bounds – or "into touch" — and interaction by the referee for any number of reasons — the ball is live and can be competed for. So, for example, after a tackle and the ball is placed on the ground, both teams can and will compete for it, typically in what's called a ruck.

Over the last two decades as rugby has grown in popularity, tweaks have been made to the rules, just like in most other sports, to make it even quicker. As such, with the exception of a few minutes spent setting up scrums, or penalty kicks or dealing with injured players, each half is more or less non-stop.

The other major difference to any other similar contact sport is that the ball cannot travel forward, unless it's kicked: every pass must be backwards. In order to score, the ball must be grounded on or over the try line. If the ball is carried into the try zone, but not grounded, it is not a score. A try is worth five points and the subsequent conversion is worth two points.

The conversion kick is taken from a set distance away from the posts, in a line (perpendicular to the try line) that reflects where the player grounded the ball. This is why you'll often see a player who has room to maneuver make an effort to ground the ball directly under the posts, to give the kicker the best chance possible. If an opposing, defending player manages to get a hand under the ball and thus prevents it from touching the grass, a try is not awarded.

Penalties are common in rugby, but they are of a wide-ranging nature. An accidental knock forward of the ball will result in a penalty, albeit not a very severe one. An offside player will result in a penalty and also usually not a very severe one. A referee can and will also "play advantage" in an instance where he deems that the team currently defending has caused an infringement so the team with forward momentum is given a "free" opportunity to advance further, usually a distance of about 10 meters. Of course this varies from referee to referee.

One of the many wonderful things about the game of rugby is that no matter how tall or short, or large or small you might be, there is a position you can play. The starting team of 15 is divided into two subsets, forwards and backs. The forwards are typically the bigger, stronger and stockier players who compete for the ball when it's on the ground. The backs are the speedier players that the forwards try to rifle the ball out to, once they've secured, or stolen possession.

Oh yes, rugby players don't wear pads or helmets. These guys are carved out of wood. Eben Etzebeth for example, the South African number 4 (or "lock") is a 6′ 8″, 258 lbs oak tree. He could run through the best defensive line the NFL has to offer and it would be like trying to stop a freight train with a barricade made of dental floss.

And within the game of rugby there are a number of set pieces, one of the most unique — and possibly most unusual — being the scrum. This is where all the forwards mesh together, in a 3-4-1 formation and basically just try to drive over the ball and push the other team out of the way. In old school rugby, this was much, much more of a significant set piece, but as the game has had to cater for both speed and player safety, the importance of the scrum has been downgraded just a little bit.

Every position has a role to play and one of the most important is that of Scrum Half, who wears the number 9 jersey. Every single ruck is formed after a tackle, the Scrum Half acts like a quarterback and must improvise, innovate and create opportunities, deciding on a course of action in just seconds based on where his players are on the pitch at that particular moment. Every ruck is like a line of scrimmage and it happens in quick succession time and time and time again throughout the course of the game.

WHERE TO WATCH

Thankfully, most of the games are being played at weekends, although a few of them aren't terribly conducive to Pacific Time. The three best places to watch are Ye Olde King's Head (116 Santa Monica Blvd), O'Briens Irish Pub (2226 Wilshire Blvd) and Sonny McLean's Irish Pub (2615 Wilshire Blvd). The King's Head is showing every game that starts at 12 noon PT, but as Manager Lisa Powers says, the games that start at 4am might be a little trickier.

"Sadly, we won't be showing the early morning games, because nobody really wants to eat at that time and obviously, we can't serve alcohol. But we open at 10am and every game that starts after that, we'll be showing. We'll be serving breakfast and the beer will be cold," Powers laughs. "We'll be updating everything on Facebook and on our website, so that's always the best place to check information."

Grant Woods, owner of Sonny McLean's

SEE **SPORT** PAGE 9





SPORT

FROM PAGE 8

Irish Pub, originally hails from New Zealand, so he's happy if either the All Blacks or the Irish do well.

"We're excited to have a Rugby World Cup that has a lot of hospitable viewing times – not like 2019 in Japan," says Woods. "We'll be showing everything we can and between my Irish Staff and myself a Kiwi, we should have some great rivalry. The Irish lads are pretty convinced they can pull this off being rated number one and all. On the other hand I do have to remind them that the All Black's are the winningest sports team in the world with roughly a 75% win rate since 1904. All things considered, it's going to be an incredible competition."

Willy O'Sullivan, owner of O'Briens Pub, says he'll be open for all the Ireland games. "Obviously I may not be opening for Fiji versus Japan or something like that, but I am opening for all of the Irish games, the first is against Romania at 6:30 in the morning, that's on September 9. Plus two England games kick off at 8:45 am, so I suspect I'll open for those."

O'Briens is also the official home pub for Santa Monica's mighty rugby club, the Dolphins and we look at their illustrious history in part two of this feature, on Tuesday. So, you can expect to find plenty of rugby fanatics there.

"And you know, if I get enough demand, if I get any phone calls asking about any of the earlier games, then I will open for them," O'Sullivan says, adding, "I open the bar early for a lot of soccer matches at the weekend, so if there's one then I'll be open anyway."

None of the pubs are charging door fees, thankfully, and each one offers quite a number of TV and projector screens. And in fact, over the whole of next weekend, there's a wealth of World Cup rugby on. France v New Zealand kicks off at 12 noon on Friday, September 8. And the next day, Saturday 9, there are four matches on: Australia v Georgia, Ireland v Romania, Italy v Namibia and perhaps the biggest confrontation, England v Argentina.

Then on Sunday, September 10, Japan v Chile, the mighty South Africa take on underdogs Scotland while Wales will challenge the physical Fiji.

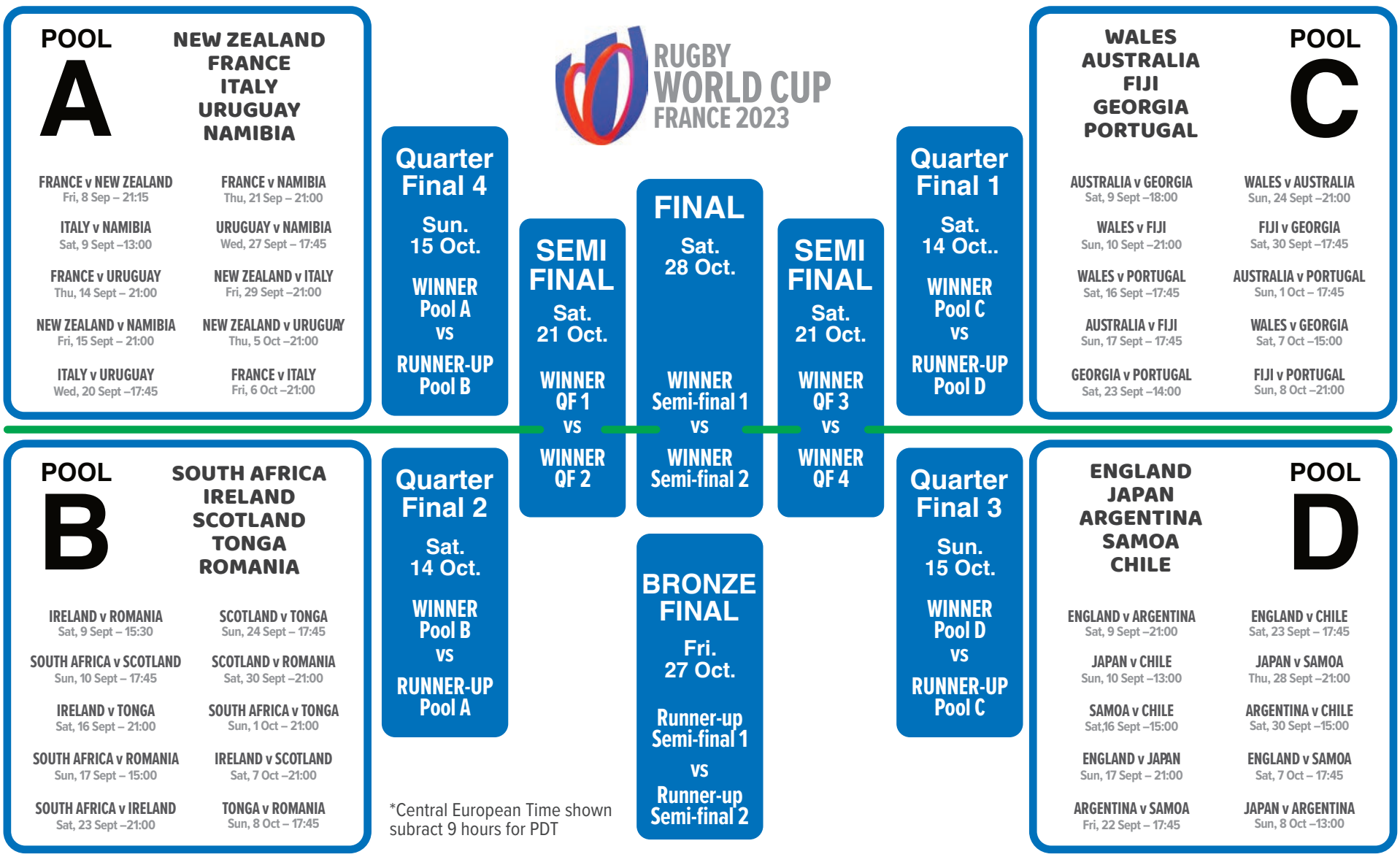
> "We're excited to have a Rugby World Cup that has a lot of hospitable viewing times – not like 2019 in Japan"
>
> - Grant Woods, owner of Sonny McLean's Irish Pub

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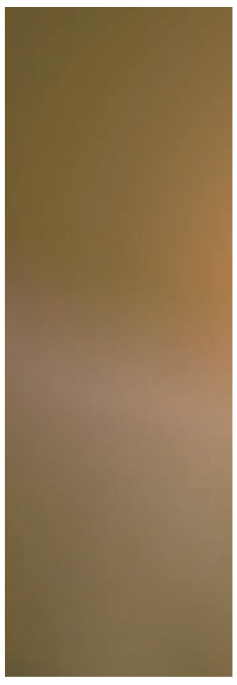
Santa Monica Rugby Club

LOCALS: The Santa Monica Dolphins competing in the Pacific Rugby Premiership.



KEHILLAT ISRAEL

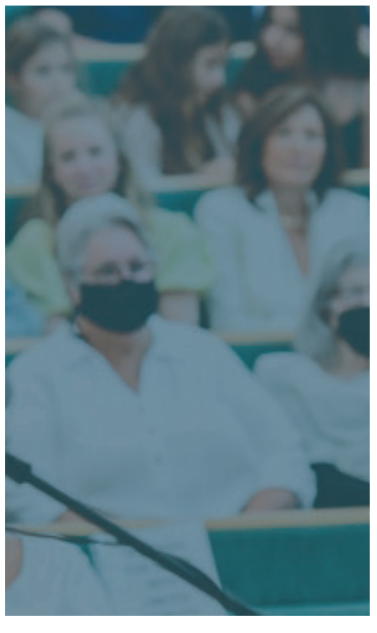
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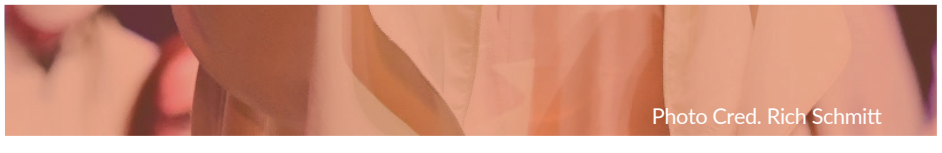


Photo Cred. Rich Schmitt

More information
ourki.org/hhd

Kehillat Israel
16019 W. Sunset Blvd.
Pacific Palisades, CA 90272
310.459.2328

COMMUNITY NEWS

Citywide

Red Cross: Prepare for worsening extreme weather during National Preparedness Month

During National Preparedness Month in September, the American Red Cross Los Angeles Region urges everyone to prepare for worsening climate disasters affecting Southern California communities that have experienced recent extreme heat, storms, flooding, as well as increasingly longer wildfire seasons year over year.

Severe weather like this is part of a worsening national trend in which the American Red Cross has responded to nearly twice as many large disasters across the country as it did a decade ago.

As rapidly intensifying, weather-related events pose serious challenges to its humanitarian work and the people it serves, the Red Cross has announced an ambitious national plan to take urgent action. With more climate-driven disasters upending lives and devastating communities, the organization is racing to adapt its services and grow its disaster response capacity across the country, while also funding new international programs on climate response and preparedness, as well as minimizing its own environmental footprint.

Here in Los Angeles, this includes helping protect the community against local emergencies, recruiting and training more volunteers to respond to disasters locally and across the country.

"As the frequency and intensity of extreme weather events grow, more people need help more often," said Erica Frausto-Aguado, Regional Disaster Officer, American Red Cross Los Angeles Region. "Yet as fast as our volunteers are working to help, the needs are escalating faster. That's why it's critical to not only prepare yourself for risks in our community but to also help families in need — both locally and in other parts of the country. Join us by taking a preparedness class and becoming a volunteer to help others."

For National Preparedness Month, take three lifesaving actions — get a kit, make a plan and be informed — to help protect yourself against local emergencies. Request a free preparedness class at redcross.org/la-request. You can also deliver relief and care to families facing climate disasters by becoming a Red Cross volunteer at redcross.org/VolunteerToday.

MOUNTING U.S. DISASTER RESPONSES

Today, the Red Cross is responding to nearly twice as many large disasters in the U.S. as it did a decade ago. Right now, the Red Cross is readying volunteers and supplies along the Gulf Coast in advance of Idalia, even as they remain on the ground helping communities recover from the deadliest wildfires of the last century in Hawaii, a powerful typhoon in the U.S. territory of Guam, and 1-in-100-year flooding in the Northeast, among other disasters.

In the first half of 2023 alone, the nation experienced a record 15 billion-dollar disasters, including catastrophic atmospheric rivers in California and deadly tornadoes in the South and Midwest — all on top of extreme heat, which made July the country's hottest single month on record. What's more, the U.S. is just now entering its typical peak time for wildfires and hurricanes.

ADAPTING TO THE CLIMATE CRISIS

As extreme weather disasters increase, more people need help from the Red Cross in the U.S. Nationwide, the organization is taking bold and thoughtful actions to adapt its services and grow its capacity by:

Enhancing large-scale disaster response services by bolstering the aid provided in emergency shelters and extending casework support to help people with the most recovery needs.

Expanding financial assistance to help more families with unmet needs and bridge the gap between immediate disaster relief and long-term recovery assistance.

Strengthening local partner networks in targeted areas that face a high risk of extreme weather and existing societal inequities with a focus on increased access to health and mental health services, nutritious food and safe housing for local families.

Growing its disaster workforce — comprised of 90% trained volunteers — to deepen its disaster readiness. This includes fortifying the critical infrastructure and technology that enables 24/7 response to disasters across the country.

SUPPORT DISASTER RELIEF WORK

Help people affected by disasters big and small, including climate-driven crises, by making a gift to American Red Cross Disaster Relief. Your gift enables the Red Cross to prepare for, respond to and help people recover from disasters in the U.S. Visit redcross.org or call 1-800-RED CROSS.

CLIMATE AND WEATHER IMPACTS TO THE NATIONAL BLOOD SUPPLY

The Red Cross has seen a significant shortfall in blood and platelet donations over the last month, making it hard to keep pace with the need for blood products. Blood and platelet donations that go uncollected due to climate-related events, such as hurricanes, wildfires and extreme heat, can put further strain on the national blood supply. As extreme weather events are worsening, the Red Cross is seeing that translate into more blood drive cancellations. In 2022, over 1,300 blood drives were canceled due to weather — about 23% higher than the average of the prior nine years.

In thanks for helping ensure the nation's blood supply is prepared for all emergencies, from disasters to medical emergencies, all who come to give blood, platelets or plasma Sept. 1-18 will receive a limited-edition Red Cross T-shirt, while supplies last. Those who come to give throughout September will also receive a coupon for a free haircut by email, thanks to Sport Clips Haircuts. Details are available at rcblood.org/racetogive. Donors can schedule an appointment to donate using the Red Cross Blood Donor App, by visiting RedCrossBlood.org or by calling 1-800-RED CROSS (1-800-733-2767). If you are unable to give blood you can volunteer to support blood collections. Visit redcross.org/volunteer to learn more.

SUBMITTED BY MARILYN JIMENEZ DAVILA

LET US KNOW YOUR OPINION

Santa Monica Daily Press editor@smdp.com

City of Santa Monica

CITY OF SANTA MONICA
NOTICE INVITING BIDS

NOTICE IS HEREBY GIVEN that the City of Santa Monica invites Contractors to complete and submit electronic bids for the:

Fire Stations 3 & 5 Apparatus Doors Replacement
SP2703

Bids will only be accepted through the CITY'S ONLINE VENDOR PORTAL, OpenGov Procurement or https://secure.procurenow.com/portal/santa-monica-ca. They must be received by the specified date and time. Late bids will not be accepted. Please allow sufficient time for uploading of documents. The bid opening will be electronic, all submitted bids will be viewable by the public via OpenGov Procurement immediately after bid close time.

MANDATORY PRE-BID JOB WALK:
Thursday, September 7, 2023 – Refer below for time and location.
1. **Fire Station 3: 1302 19th St, Santa Monica, CA 90404 – at 9:30 a.m.**
2. **Fire Station 5: 2450 Ashland Ave, Santa Monica, CA 90405 – at 11:00 a.m.**

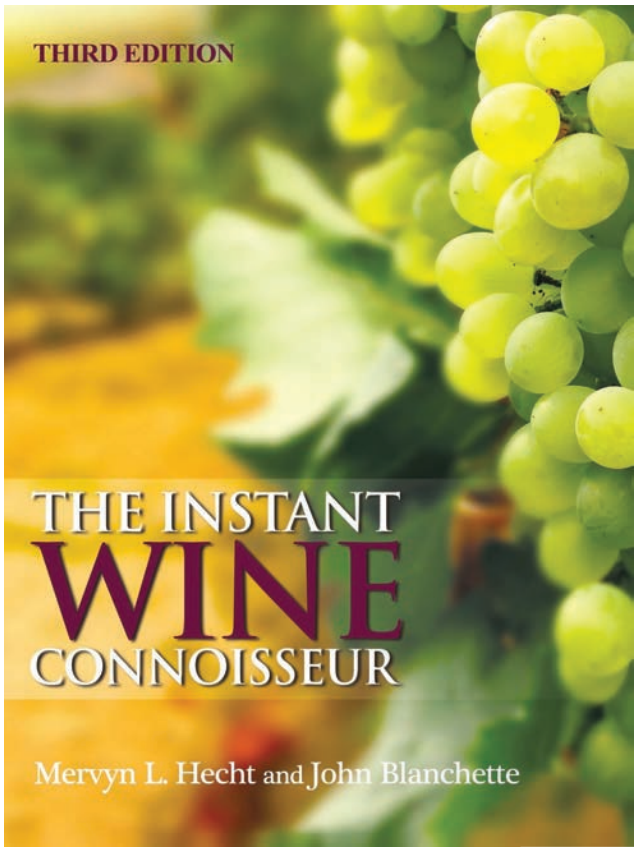
PROJECT ESTIMATE: $185,000.00
CONTRACT DAYS: 45 Calendar Days
LIQUIDATED DAMAGES: 150 Per Calendar Day

Bidding Documents may be obtained by logging onto the City's bidding website at: https://secure.procurenow.com/portal/santa-monica-ca. The Contractor is required to have an C-61 / D28 license at the time of bid submission. Contractors wishing to be considered must submit Bids containing all information required pursuant to the City's Request for Bids.

Pursuant to Public Contracts Code Section 22300, the Contractor shall be permitted to substitute securities for any monies withheld by the City to ensure performance under this Contract.

Public Works | Notice Inviting Bids – Over Threshold | January 2020

★★★★★ **A light-hearted fun read.**
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City of Santa Monica

NOTICE OF A CONTINUED PUBLIC HEARING BEFORE THE SANTA MONICA PLANNING COMMISSION

SUBJECT: 16ENT-0112 (Development Review Permit)
16ENT-0113 (Variance)
16ENT-0114 (Vesting Tentative Parcel Map)
21ENT-0022 (Major Modification)

1665 Appian Way
APPLICANT: Shyle, LP
PROPERTY OWNER: Shyle, LP

A public hearing will be held by the Planning Commission to consider the following request:

Development Review Permit, Variance, Vesting Tentative Parcel Map, and Major Modification to allow a new Tier 2, three-story, 40' tall, two-unit condominium development consisting of 5,774 square feet, with one level of semi-subterranean parking located in the Medium Density Residential (R3) Zoning District. The proposed Variance and Major Modification requests are to allow the reduction of the front setback from 30' to 15' and a 10% reduction of the required 25% minimum planting area, respectively.

The proposed project was initially reviewed by the Planning Commission at the February 17, 2021 hearing but was continued at the request of the applicant. On July 19, 2023, the continued public hearing was held by the Planning Commission; however, after staff and applicant presentations and public comment, the Planning Commission closed the public comment portion, commenced discussion, and further continued the item. At the September 20, 2023 public hearing, public comment will be received by the Commission.

DATE/TIME: **WEDNESDAY, SEPTEMBER 20, 2023 AT 6:00 PM**

LOCATION: City Council Chamber, Second Floor, Santa Monica City Hall, 1685 Main Street, Santa Monica, California

HOW TO COMMENT
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You may also comment in-person at the Planning Commission hearing. Please check the agenda for more detailed instructions on how to comment.

Address your comments to: Ross Fehrman, AICP, Senior Planner
Re: 1665 Appian Way

VIA E-MAIL: planningcomment@santamonica.gov
VIA MAIL: City Planning Division
1685 Main Street, Mail Stop 28
Santa Monica, CA 90401

MORE INFORMATION
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ESPAÑOL
Esto es una noticia de una audiencia pública para revisar applicaciónes proponiendo desarrollo en Santa Monica. Si deseas más información, favor de llamar a Carmen Gutierrez en la División de Planificación al número (310) 458-2201 ext. 5547.



ART

FROM PAGE 7

She was particularly proud of her work designing musical instruments, using things such as guitars as a canvas for abstract works. To Mel, music and art come together seamlessly.

"Music, it's a vibration, it's a frequency," she said. "Even when we speak, every sound is a frequency. Art is a frequency too. Whenever the artist puts any kind of a thought through the brush for the color, the frequency goes, the sound goes out. It's the same process. That's why this connection will always be there."

Connecting all forms of media, Mel wants her gallery to be an open space for all creatives, hosting musicians and comedians for performances.

"In this gallery, people don't come and leave, people come and stay, connect, and enjoy. They listen to music, they can connect to other artists because they're all there. The music and the comedy, it kind of creates a vibe of fun."

Along with the new art additions to the area, the existing pillars of creative works remain in Santa Monica, including the Santa Monica Art Museum on the Third Street Promenade. Earlier this month, the art museum collaborated with worldwide exhibition Elephant Parade, unveiling an exhibit featuring handcrafted five-foot-tall elephant sculptures. The exhibit will run through September 22, featuring sculptures from entertainment heavyweights like music artist Katy Perry and reality television star Khloé Kardashian.

The area's largest non-profit cultural institution, the 18th Street Arts Center, is currently running Jenny Yurshansky's "Rinsing the Bones" gallery, curated by Karen Moss, through November 30. Yurshansky teamed with Los Angeles-based quit collective The Running Stitch to be part of the exhibition, which "explores how generational displacement passes the embodied trauma of dislocation onto future generations."

thomas@smdp.com



Photo by Reinhardt Kenneth

GALLERY GAL: World-traveled artist Lissa Mel stands proudly next to works in her "The Messengers" gallery.

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TODAY'S BIRTHDAY (Sept. 2)

A year to go forward in golden faith. The fates will conspire to whisk you along to a destination that's about as perfect for you as can be. More highlights: You'll take a gem of an idea to the marketplace or apply it to make people's lives easier. Even in the jungles of society you attract people of integrity, accountability and kindness because this is also who you are. Capricorn and Pisces adore you. Your lucky numbers are: 2, 30, 15, 21 and 9.

HOROSCOPES

ARIES (March 21-April 19). It feels complimentary when someone tries to impress you, though the expectation of your response may be more pressure than you care to experience. This is why not trying to impress people is more attractive.

TAURUS (April 20-May 20). Thinking hard is inauspicious, but thinking long is favored. The one trying to pressure you into a time frame does not have your best interest at heart. Buy time. You'll have a different perspective tomorrow.

GEMINI (May 21-June 21). At times you're an open book, but you can close at will, and lock too if you feel like it. There's a sacredness to guarding who you are. Also, deciding what you want people to know and when can be an act of creativity.

CANCER (June 22-July 22). There are those who conflate worry with love, but if they were the same thing, you would feel more loved when people worry about you. Do you? The answer may influence the amount of worry you devote to someone else.

LEO (July 23-Aug. 22). The difference between an excellent and terrible performance is the expectation of the audience. Instead of focusing on doing things to your specs, think about theirs. You've a special gift for reading the room.

VIRGO (Aug. 23-Sept. 22). When you make a new rule, you feel the excitement of possibility. Courage comes to the law-making party, sensing it belongs in the mix, ready to lead you as you venture onto a new path.

LIBRA (Sept. 23-Oct. 23). You're a rebel in an unusual fight, like a contest of generosity, a war of art or a competition of benevolence. Alliances matter in this one, as does the ability not to take any of it too seriously.

SCORPIO (Oct. 24-Nov. 21). You're good at problem-solving because you're willing to experiment. Improvements will happen wherever you go because you're always looking for ways to make things a little better.

SAGITTARIUS (Nov. 22-Dec. 21). Interactions don't have to go perfectly to go well. Lower your expectations for interactions. Nervous anticipation can inspire all sorts of oddball behavior, which typically only makes people more lovably human.

CAPRICORN (Dec. 22-Jan. 19). You'll have your choice of which mission to join in on. Fault-finding missions get boring because all of the action is in the past. The fun missions have to do with discovery, which is always in the future.

AQUARIUS (Jan. 20-Feb. 18). What people think they deserve is a tricky equation weighted by what they've had in the past, and what they think people around them are getting. Give the same thing to everyone and see what happens.

PISCES (Feb. 19-March 20). Henry Miller wrote: "Our own physical body possesses a wisdom, which we who inhabit the body lack." Trust your body. If it tastes bad, don't eat it. If it hurts, don't touch it. If it gives you a weird feeling, leave.

SOLUTIONS TO YESTERDAY'S CROSSWORD

J	A	B	■	■	L	A	B	O	R	■	C	E	N	T
E	X	A	M	■	A	D	O	B	E	■	A	M	O	R
B	E	A	R	■	S	A	M	O	A	■	L	O	F	I
■	■	■	R	A	S	P	B	E	R	R	Y	J	A	M
■	G	R	O	M	I	T	■	■	■	E	X	I	T	S
H	O	A	G	I	E	■	C	O	Z	Y	■	■	■	■
O	F	T	E	N	■	A	O	N	E	■	D	R	I	P
P	A	I	R	O	F	B	L	U	E	J	E	A	N	S
E	R	O	S	■	E	B	B	S	■	A	N	G	U	S
■	■	■	■	A	W	A	Y	■	C	U	T	E	S	T
M	O	L	E	S	■	■	■	S	I	N	I	S	E	■
S	H	A	R	P	O	B	J	E	C	T	S	■	■	■
N	A	T	O	■	P	R	U	D	E	■	T	R	O	T
B	R	E	D	■	T	I	D	A	L	■	S	A	R	A
C	A	R	E	■	S	T	O	N	Y	■	■	P	B	J

Sudoku

Fill in the blank cells using numbers 1 to 9. Each number can appear only once in each row, column, and 3x3 block. Use logic and process of elimination to solve the puzzle.

SOLUTIONS TO YESTERDAY'S SUDOKU

6	9	2	4	3	7	5	8	1
8	5	3	1	6	9	7	4	2
7	4	1	2	8	5	9	6	3
1	6	5	9	7	3	8	2	4
9	7	8	6	2	4	1	3	5
2	3	4	8	5	1	6	7	9
3	8	6	5	9	2	4	1	7
5	1	7	3	4	6	2	9	8
4	2	9	7	1	8	3	5	6

			5	9				
	9					4	6	
2	6		8	7		3	9	
6	8			5				
		9				2		
				4			7	3
	5	2		6	9		8	4
	7	6					1	
				8	7			

Newsday Crossword

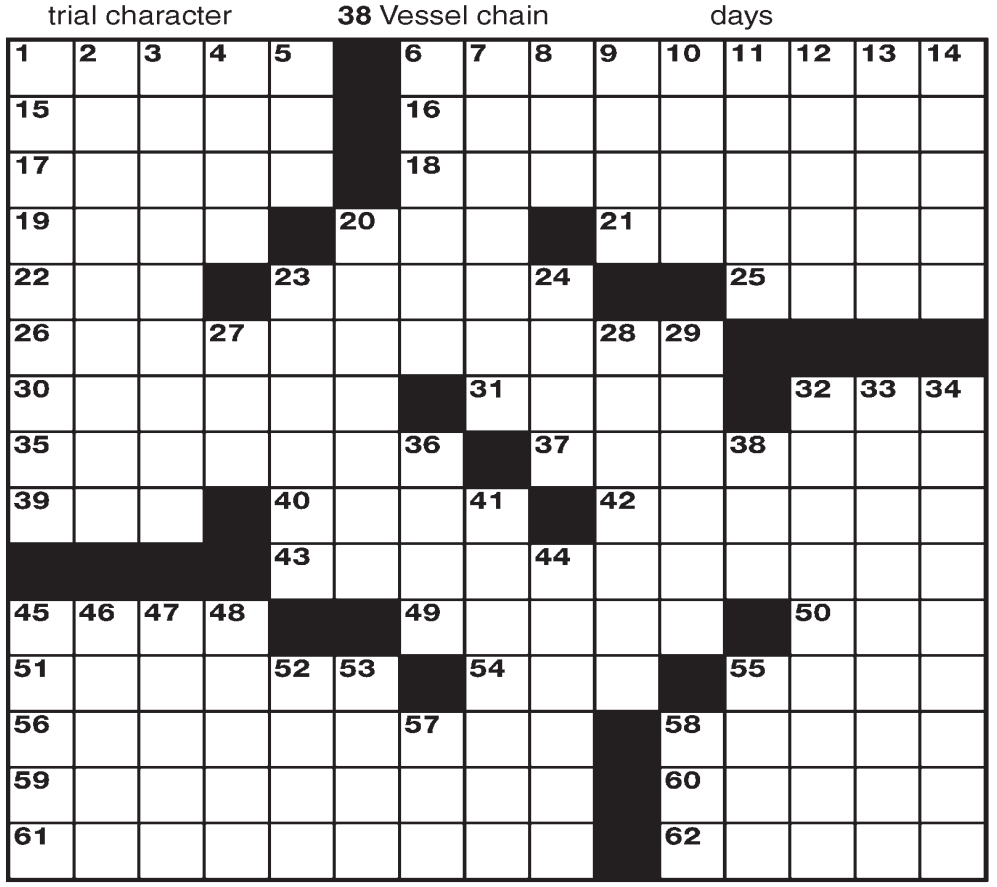
SATURDAY STUMPER by Stella Zawistowski
Edited by Stanley Newman
www.stanxwords.com

ACROSS

1 Guy left out of Disney's *Pocahontas*
6 Generously spread
15 Boo-boos
16 Hermit's paradise
17 Opening
18 Questions voted on
19 "Festivals of the first day"
20 Low land
21 Low on prestige
22 Start of a Roman Empire century
23 Legal ability
25 Fire __
26 They have lots to talk about
30 Send cloudward
31 Offhand
32 Shielding stat
35 Adjective in cardiology
37 Going through an early phase
39 Daughter of two Titans
40 Brigham Young neighbor
42 Saharan circumstance
43 Paused drilling
45 Thatcher's undergrad major
49 Hot stars
50 What a minus sign might mean
51 Patch thatch
54 Figure-of-speech escapee
55 *Fruta tropical*
56 Certain predictive tools
58 Oozes negativity
59 Narrowly confined
60 Split
61 New car assessment step
62 What Chopin called one of his works

DOWN

1 Ultimate grounds
2 Didn't try to hide
3 Forms for fun facts
4 They may be cleaning in motels
5 Since, for short
6 Cast about
7 Encumbered dwellers
8 Pinsetter producer
9 Be ubiquitous
10 Knave of Hearts trial character
11 Confirmation name of 2010
12 Samurai wanderer
13 Stop with
14 Cut followers
20 *The Designer's Cookbook* subject
23 Three-legged duelers
24 Baroque Bolognese master
27 Original NHL city
28 '73 Emmy winner for a role played by Lemmon in films
29 Jet stream
32 Ray, for one
33 Inside people
34 Anticipation
36 First "Great" pontiff
38 Vessel chain
41 They had "everything you want or need in a modern automobile" (1920s)
44 Fails to
45 Alternative to "<"
46 Charming one
47 Name on the cover of *Fear of Fifty*
48 Maker of "Mighty" fruit punch
52 Roundish tropical fish
53 French word for "strong"
55 Transformative stage
57 Lounge
58 Preferred, these days



CREATORS SYNDICATE © 2023 STANLEY NEWMAN STANXWORDS@AOL.COM 9/2/23

MORE OF STAN'S CROSSWORDS! Play FREE from Stan's archives of Easy, Hard and Sunday puzzles at: tinyurl.com/stan-newman-crosswords

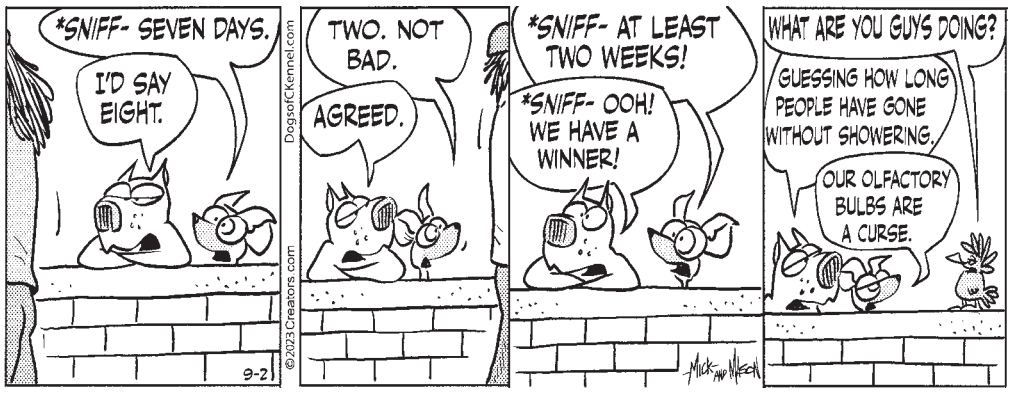
Agnes

By TONY COCHRAN



Dogs of C-Kennel

By MICK & MASON MASTROIANNI & JOHNNY HART



Zack Hill

By JOHN DEERING & JOHN NEWCOMBE



Heathcliff

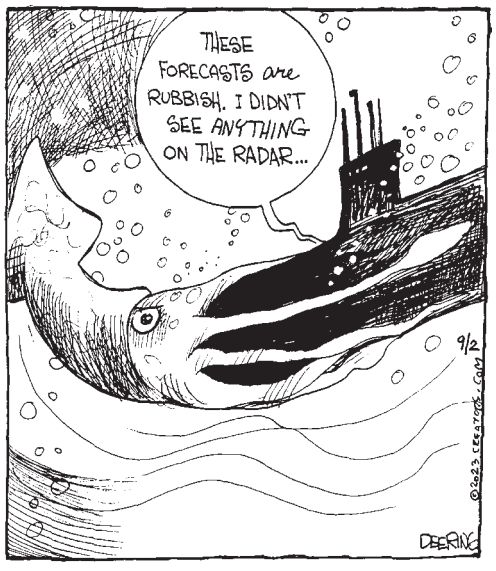
By PETER GALLAGHER



"BIG SALE."

Strange Brew

By JOHN DEERING



FIND THE WORDS

This is a theme puzzle with the subject stated below. Find the listed words in the grid. (They may run in any direction but always in a straight line. Some letters are used more than once.) Ring each word as you find it and when you have completed the puzzle, there will be 22 letters left over. They spell out the alternative theme of the puzzle. © australianwordgames.com.au 5955

Sporting equipment

S	T	H	G	I	E	W	E	L	T	T	E	K	C	P
U	E	L	F	I	R	S	O	E	D	A	L	B	A	I
C	A	N	O	E	S	S	H	O	T	P	U	T	B	S
S	N	I	F	I	I	S	E	L	D	D	A	P	E	T
N	S	D	O	R	R	K	C	I	T	S	U	V	R	O
S	G	A	L	L	E	O	T	N	S	C	O	A	D	L
P	S	U	C	S	I	D	N	E	K	L	D	E	H	E
M	S	W	I	M	S	U	I	T	G	A	L	F	C	W
U	O	B	B	R	N	E	R	L	A	S	E	I	O	C
T	T	A	H	E	L	M	E	T	G	K	S	R	K	L
S	G	T	T	K	A	R	A	T	E	G	R	P	I	S
C	R	S	C	O	M	P	A	S	S	A	M	A	A	E
P	L	A	B	A	R	B	E	L	L	A	S	A	P	M
I	T	U	O	R	W	O	B	S	R	E	H	C	R	A
N	S	A	B	R	E	B	O	A	T	A	R	G	E	T

Archer's bow	Dart	Maps	Sail
Arrow	Discus	Nets	Shot put
Bag	Fins	Oars	Skills
Barbell	Flag	Paddles	Sled
Bats	Glider	Parka	Stick
Blade	Gloves	Pin	Stumps
Boat	Helmet	Pistol	Swimsuit
Caber	Iron	Puck	Tackle
Canoes	Karate	Ramp	Target
Club	Kettle weights	Rifle	Wood
Compass	Line	Rods	
		Sabre	

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What's Up Westside

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SATURDAY | SEPTEMBER 2

MEN'S FOOTBALL - VICTOR VALLEY
Games held at SMC Corsair Stadium.
- Free for SMC students (with current ID);
- $5 for adults & teens age 13 & up;
- $3 for seniors age 55 & up & youth ages 3 to 12;
- Free for kids under 3.
https://www.smccorsairs.com/sports/fball/2023-24/schedule

SOUNDWAVES NEW MUSIC CONCERT
Soundwaves celebrates LA's diverse history of innovative underground music with free performances by world-class artists. Started in 2016 by librarian, author, and musician Jeff Schwartz with composer Daniel Rothman, and funded by the Santa Monica Public Library, Friends of the Santa Monica Public Library, and the Amphion Foundation, Soundwaves has collaborated with presenters including the Angel City Jazz Festival, Microfest, PianoSpheres, Jacaranda Music, the Dog Star Orchestra Festival, the Santa Monica Department of Cultural Affairs, and Cold Blue Music. Sept. 2: Patrick Shiroishi Saxophone Quartet. Main Library 601 Santa Monica Blvd. 3:30 - 4:30 p.m.

SUNDAY | SEPTEMBER 3

AMERICANA IN THE PARK 2023
Bring a picnic, blanket, and beach chairs for this end-of-summer series that explores Americana styles from its roots to modern forms. In addition to two Southern California acts featured at each concert, there will also be food trucks and a McCabe's Guitar Pop-Up Shop. 4:00pm-7:00pm Gandara Park, 1819 Stewart St

PARTY ON! A SOBER COMEDY SHOW
Party On! is more than just a night of laughs, it's a celebration of recovery and a testament to the power of humor in overcoming addiction. Headlining comics from HBO, Netflix, and late night shows, will speak to the sober experience, but every comedy fan will love this show. 7:00pm-8:30pm Bergamot Station Arts Center, 2525 Michigan Ave.

MONDAY | SEPTEMBER 4

DISABILITIES COMMISSION
The Disabilities Commission helps improve the quality of life for people with disabilities in Santa Monica by prioritizing issues of concern and advising the City Council and City Staff on those issues. The Commission recommends ways to maximize participation of people with disabilities in all facets of City life and increase awareness of the abilities, rights and issues of people with disabilities throughout the community. Join us for our monthly meeting. 6:30 - 8 p.m. Civic Center Parking Structure, 333 Civic Center Dr.

TUESDAY | SEPTEMBER 5

TAKE & MAKE KIT: HISPANIC HERITAGE MONTH
Available beginning Monday, September 5 (while supplies last). This kit includes supplies to create a quetzal — a bird that lives in the tropical forests of Central America that was sacred to the ancient Maya and Aztec peoples — as well as a learning sheet to guide further discovery. Pick up at the Main Library Youth Services desk and at all branch locations, while supplies last. For ages 4 and up.

WEDNESDAY | SEPTEMBER 6

SUSTAINABLE FILM SCREENING SERIES AND PANEL DISCUSSION: THE ENGINE INSIDE
The Engine Inside follows six everyday people from vastly different worlds who dedicate their lives to a simple, 200-year-old machine. Their trials and tribulations reveal the bicycle's unique power to change lives and help build a better world. Covering many different global issues—from climate change and indigenous trauma to socio-economic inequality and more livable cities —The Engine Inside sparks hope and agency in everyone it touches. Panel discussion to follow. Free but registration required at https://www.eventbrite.com/e/the-engine-inside-film-screening-and-panel-discussion-tickets-692669843147. American Cinematheque at the Aero Theatre, 1328 Montana Ave, 7 p.m.

THURSDAY | SEPTEMBER 7

TECH & TASKS
Need a little help? Visit our Tech & Tasks program to receive one-on-one assistance from our volunteer tutors and build your skills. Staff and volunteers can assist with reading, writing, and technology related tasks. Drop-in between 2-4pm every Thursday to get help with completing online forms and applications, resume writing, device help, improving reading skills, email, downloading eBooks, and much more. Main Library. 601 Santa Monica Blvd. 2 - 4 p.m.

FRIDAY | SEPTEMBER 8

MOVIE FRIDAYS
Spy Kids. Doors open at 6:30, the movie will start at 7:30 Other things to know: No advance registration is required and all ages are welcome Picnicking is allowed (and encouraged!) but alcoholic beverages are prohibited Dogs are welcome Tall chairs are not allowed. Feel free to bring low chairs and pillows/blankets 1200 block of the Promenade.

For help submitting an event, contact us at
310-458-7737 or submit to events@smdp.com



SURF REPORT

WATER TEMP: **65.3**

SATURDAY *FAIR*	**SURF:** 4-6ft Chest to 1ft overhead	Nice size S swell builds to a peak. Tide is very low and conditions may be at least somewhat drained at dawn, but look for surf to come on through the morning with the incoming tide. Beachbreaks likely walled. Light wind all day.
SUNDAY *POOR TO FAIR*	**SURF:** 4-6ft Chest to overhead	Surf should ease some from Saturday but still looks decent size. Old S swell will ease while long period new S swell builds by the PM. Early drained out low tide but look for many breaks to see nice surf on the tide push through mid AM.

WEATHER

Saturday: A 30 percent chance of showers. Mostly cloudy, with a high near 70.
Saturday Night: A 30 percent chance of showers. Cloudy, with a low around 64.
Sunday: A 30 percent chance of showers before 11am. Partly sunny, with a high near 68.
Sunday Night: Patchy fog after 11pm. Otherwise, cloudy, with a low around 61.

Date	Day	Time (LST/LDT)	Predicted (ft)	High/Low
2023/09/02	Sat	05:25 AM	0.07	L
2023/09/02	Sat	11:40 AM	5.69	H
2023/09/02	Sat	5:50 PM	0.68	L
2023/09/02	Sat	11:54 PM	5.17	H
2023/09/03	Sun	05:59 AM	0.77	L
2023/09/03	Sun	12:19 PM	5.73	H
2023/09/03	Sun	6:49 PM	0.74	L
2023/09/04	Mon	12:53 AM	4.31	H
2023/09/04	Mon	06:31 AM	1.52	L
2023/09/04	Mon	1:01 PM	5.62	H
2023/09/04	Mon	7:58 PM	0.89	L
2023/09/05	Tue	02:11 AM	3.55	H
2023/09/05	Tue	07:04 AM	2.24	L
2023/09/05	Tue	1:49 PM	5.39	H
2023/09/05	Tue	9:31 PM	0.98	L
2023/09/06	Wed	04:24 AM	3.16	H
2023/09/06	Wed	07:40 AM	2.88	L
2023/09/06	Wed	2:54 PM	5.13	H

DAILY LOTTERY

Although every effort is made to ensure the accuracy of the winning number information, mistakes can occur. In the event of any discrepancies, California State laws and California Lottery regulations will prevail. Complete game information and prize claiming instructions are available at California Lottery retailers. Visit the California State Lottery web site at http://www.calottery.com

POWERBALL
Draw Date: 8/30
4 13 35 61 69
Power#: 4
Jackpot: 420 M

MEGA MILLIONS
Draw Date: 8/29
9 39 52 61 63
Mega#: 25
Jackpot: 85 M

SuperLotto Plus
Draw Date: 8/30
14 15 19 27 40
Mega#: 18
Jackpot: 14 M

Fantasy 5
Draw Date: 8/31
1 18 28 29 33

Daily 3
Draw Date: 8/31
EVENING: 0 4 6
Draw Date: 8/31
MIDDAY: 1 5 7

Daily Derby
Draw Date: 8/31
1st: 05 - California Classic
2nd: 03 - Hot Shot
3rd: 06 - Whirl Win
Race Time: 1:45.22

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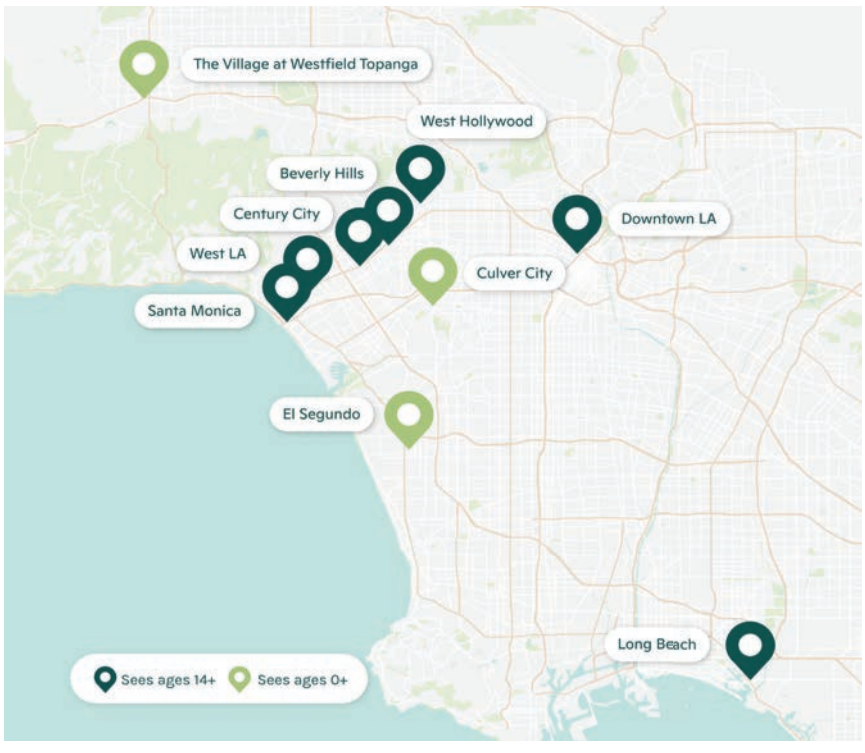
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