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WHAT'S UP WESTSIDE .....PAGE 2
MOVIE REVIEW .....PAGE 3
LIBRARY LOWDOWN .....PAGE 4
POND CLARITY .....PAGE 5
GARDENING AND COMMUNITY ..PAGE 6

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100 YEARS AGO:

Development picks up around pier

BY JEFFREY I. GOODMAN
Daily Press Staff Writer

Editor's note: This feature compiles notable city happenings from a century ago. The stories are found in old newspaper archives.

The roller coaster at Santa Monica Pier opened to the public as development picked up.

The ride stood as one of the main features of Charles Looff's amusement pier.

The attraction, known as "Blue Streak," sent passengers "far out over the water" and gave them "a fleeting glimpse of the whole Santa Monica-Venice shore line," according to a Los Angeles Times brief.

Work was also beginning on the extension of the amusement pier, whose future length was estimated to be more than 1,000 feet.

Meanwhile, more hotels, apartments and stores were expected to be added in the area of the pier.

A 150-room hotel was slated to be built near the intersection of Ocean and Colorado avenues, according to a Times article. Blueprints for the site were being crafted by Ellet P. Parcher and Edward A. Strong.

SHOWING SKIN

At least in the eyes of one pastor, bathing suits were becoming too risque.

During a sermon, the Rev. C. Sidney Maddox lamented what he dubbed "postage-stamp bathing suits" and other beach attire in the early part of the 20th century.

He said he missed the "old-time mother-hubbard affair, trunks below the knees, a good full skirt, just as low, and an overskirt, arms to the elbows and a dude collar," according to a Times brief. "Then we came to the one-piece skirted suit, so common today, a decent comfortable thing, but some were not satisfied. ...

"They tightened them up a little and a little more. They cut off the trunks and did away with the collar. They cut and slashed until about all there is left of some of these suits is a string and two tassels. Where will be the end in this affair?"

CAR THIEVES NABBED

Three armed suspects believed to be associated with a gang of auto thieves were arrested 100 years ago after an unusual pursuit.

Robert Merkenkaup, Frank Crowley and Frank Ward reportedly stole tires from a movie industry worker, according to a Times brief.

A motorcycle police officer was notified as the alleged theft victim gave chase, eventually catching the suspects between Inceville and Santa Monica.

The victim was injured when he confronted the suspects, who were later taken into the custody of the sheriff's department, according to the brief.

FAMILY FEUD

Although she was not named in the will, a woman claimed to be the daughter of a late local judge.

At stake was a piece of J.J. Carrillo's estate valued at approximately $110,000, or about $2.4 million in modern currency, according to the U.S. Bureau of Labor Statistics.

Josephine Carrillo Penelon filed a petition in probate court to nullify the existing will, according to a Times brief.

"The claim of Mrs. Penelon as a daughter of the Santa Monica police judge will be vigorously fought by the heirs named in the will," the brief reads.

DRUGGED DRIVING

Law enforcement was concerned with a rise in "opium joy-rides" in the area 100 years ago this month.

Former police chief E.E. Randall was in the hills north of Santa Monica when he saw a couple "puffing contentedly" at an opium pipe, according to a Times brief. Randall relayed the information to authorities.

The trend was seen as "the latest innovation of auto parties," the brief reads.

jeff@smdp.com

$600K approved for SMMUSD arts education

BY JEFFREY I. GOODMAN
Daily Press Staff Writer

Even in an uncertain financial climate marked by a massive budget deficit, the Santa Monica-Malibu school district doesn't want to do away with arts education.

The local Board of Education recently approved a contract of more than $607,000 for P.S. ARTS, a Los Angeles-based nonprofit organization that brings a variety of arts programming to public schools.

The funding will cover visual and performing arts instruction for all elementary students in transitional kindergarten through 5th grade as well as for preschool children at two district sites.

Money for the contract was raised by the Santa Monica-Malibu Education Foundation, which collected $2.03 million for the district in a fundraising cycle that wrapped up June 30.

That total was well short of the $2.5 million that SMMEF was expected to collect over the 12-month period, touching off a heated debate among school board members about how to address the shortfall.

The board voted last month to make up for the nearly $500,000 deficit by using $300,000 in funds tied to the Local Control and Accountability Plan and roughly $200,000 from the district's general fund.

Officials have said that non-classroom problems, including resistance in Malibu to the recently implemented centralized fundraising system and a protracted legal battle over chemical testing and cleanup at Malibu schools, negatively impacted the success of the SMMEF fundraiser.

"We're a school district with lots of distractions," foundation board president Kathleen Rawson said recently. "We would be remiss not to acknowledge that these

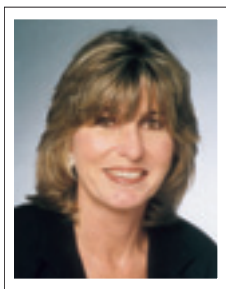
SEE ARTS PAGE 3



Jeffrey Goodman and Matthew Hall

STEP AND REPEAT

Revisions have been made to the Downtown Expo station. Corrective work was required on a set of stairs near the station exit and accessibility has been improved with additional ramps.


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MAKING SENSE OF INVESTING

What's Up Westside

OUT AND ABOUT IN SANTA MONICA

Saturday, August 20

Gardening Workshop

On Saturday, August 20, Santa Monica will be hosting a Smart Gardening Workshop. This is an advanced workshop that will teach: Organic Gardening, Drought-Tolerant Landscaping and Integrated Pest Management. 9:30 a.m. - 11 a.m. Virginia Avenue Park. 2200 Virginia Ave.

xBox for Adults - The Adult Summer Reading Grand Finale

Join the Main Library to celebrate the close of the fourth year of the Adult Summer Reading series. You'll exercise your mind by exercising your body. You'll be grooving to Just Dance 3 and Kinect Sports in front of the Media Wall in the Main Library's lobby! 2:00 p.m. - 4:00 p.m. Main Library. 601 Santa Monica Blvd.

HUSHfest: Santa Monica Pier

LA's finest DJ's spin with the sound transmitted directly to wireless headphones given to guests. Experience over the ocean the city's most unique dance party! 7:00 p.m. - 11:30 p.m. Santa Monica Pier.

Sunday, August 21

Grow Los Angeles Victory Garden

Here is your chance to join a new hands-on series of garden classes at The Learning Garden at Venice High School. Learn the basics of how to grow your own food with David King, Gardener Master, Master Gardener. If you attend all four classes, you will be a UC certified Victory Gardener. The Learning Garden, New Classroom, 13000 Venice Blvd. Sundays: Aug, 21 and 28. Sept. 11 and 18, 1:30 to 4:30 p.m. $15 per class or $55 for the whole series; prepaid at the first class, $82 Couples; prepaid at the first day of class. Money goes to the Learning Garden Programs. Email grandy133@verizon.net for more information.

Jazz on the Lawn Concert Series

The 11th annual Jazz on the Lawn summer concert series presents lively, family-friendly concerts for all ages to dance, picnic, relax and enjoy along with rotating food trucks. Each Sunday in August. Stewart Street Park. Free admission, bike valet & free parking after 3:30 p.m. in the Agensys lot, 1800 Stewart St. Music from 5 - 7 p.m. www.smgov.net/jazz

Papier Mâché Lab with Alexis Macnab

Explore different papers and liquid mediums, and various modes of armature construction, for papier mâché work in an open-ended setting. One lab goal will be to investigate what making an "art piñata" would entail. Come with your own goals or explore how to make a freeform piñata with puppeteer and kinetic sculptor Alexis Macnab. No experience necessary; this is a freeform experimentation lab. 1450 Ocean, Cost is $15, 12 - 3 p.m. Register https://apm.activecommunities.com/santamonicarecreation/Activity_Search/52036 or call (310) 458-2239.

Santa Monica Certified Farmers Market

The Main Street market hosts a variety activities including bands, a biweekly cooking demonstrations, arts and crafts, a face painter, a balloon animal designer as well as seasonal California grown fruits, vegetables, nuts, meats and cheeses. 8:30 - 1:30 p.m., 2640 Main St. @ Ocean Park

Monday, August 22

Social Services Commission Meeting

Regular meeting of the Santa Monica Social Services Commission, 7 p.m., Ken Edwards Center, 1527 4th St.

Airport Commission Meeting

SEE **LISTINGS** PAGE 3

For help submitting an event, contact us at **310-458-7737** or submit to editor@smdp.com

ARTS
FROM PAGE 1

obstacles are hindering some of our fundraising success."

BLENDED LEARNING

Blended learning might sound like throwing a textbook into a smoothie machine and hoping for the best, but it's actually a new method for nourishing children's brains.

The school board this month approved a contract of about $23,000 to Ohio-based DSD Professional Development, which will train district teachers in the strategy over the course of the school year.

According to Terry Deloria, the SMMUSD assistant superintendent for educational services, a dozen teachers are participating in a pilot program to incorporate more blended learning into their classrooms. The approach highlights digital and online media as resources and puts more decision-making power in the hands of students.

"In the future," Deloria said, "we need to be thinking about how we can help our teachers use technology in the classroom in a way that engages students and allows them choice."

Teachers who received at least 49 hours of professional development per year could boost student achievement by upwards of 20 percentile points, according to American Institute for Research data cited by the consultant.

NEW PURCHASE ORDERS

The school board approved a slate of new purchase orders totaling more than $990,000.

That figure includes more than $28,000 for air conditioning services at SMMUSD headquarters. Air conditioning has been a topic of discussion in the district in recent years amid complaints from students, parents and teachers about uncomfortable classroom conditions, particularly at the beginning of the school year. Few student learning spaces are air-conditioned.

jeff@smdp.com

FILM REVIEW

PETE'S DRAGON

Rated PG
103 Minutes
Released August 12th

Pete's Dragon is a wonderful fantasy with its roots grounded firmly in reality. The movie has the magic of a children's story sewn into a colorful quilt of emotions, relationships and wonder. The filmmakers provide a visual backdrop of nature and wildlife to this imaginative story. Director David Lowery had wanted to distance himself as much as possible from the original Pete's Dragon, a movie that was released in 1977. I did not see the original film – however I find that this movie stands strong on its own.

Cinematographer Bojan Bazelli, production designer Jade Healy and art director Ken Turner have fashioned a gorgeous atmosphere in which this story plays out. The forest scenes allow the audience to be drawn in to that world, and the dragon that inhabits the forest becomes a believable and expressive character.

Oakes Fegley truly carries the film as young protagonist, "Pete". He seems to have incredible concentration for a child actor and an ability to lose himself completely in the story, even when playing opposite a character that was not actually on set interacting with him. That required a truly vivid imagination on his part. Oona Laurence, the other child actor in the film who plays "Natalie", is also a fine performer. Her facial expressions are genuine and she shows an extraordinary depth that makes her interesting to watch.

It's great to see Robert Redford playing a grandfather in a story that obviously has great impact for him. Bryce Dallas Howard is well cast as a mom who is also a park ranger with a wealth of knowledge of the forest. Wes Bentley and Karl Urban play brothers "Jack" and "Gavin" –meaningful characters whose viewpoints change over the course of the tale.

The star of the movie is a CGI creation named "Elliot". As I watched the film, when Elliot first appeared on the screen I wondered why this dragon seemed to have a face reminiscent of that of a big furry dog. Reportedly director Lowery preferred to devise a warm creature rather than a cold-looking reptile like the dragons in Game of Thrones. I found that the face the filmmaking team created brought even further emotional intensity to the dragon, as Pete and Elliot develop a relationship very similar to one that a lonely boy or girl might have with their dog.

This is a great movie for the actual kids and the "kids at heart" in your life. It's not simply a wonderful fantasy – the story also touches on the place that humankind occupies on our planet and how we tend to fall into hubris in our interactions with the flora and fauna with which we coexist on our planet.

KATHRYN WHITNEY BOOLE has spent most of her life in the entertainment industry, which is the backdrop for remarkable adventures with extraordinary people. She is a Talent Manager with Studio Talent Group in Santa Monica. kboole@gmail.com. For previously published reviews see https://kwboole.wordpress.com/

LISTINGS
FROM PAGE 2

CANCELLED

Preschool Story Time
Story time series for 3-5 year olds. August 22 - October 3 (No stories 9/5). A ticket is required to attend. A limited number of tickets are given out on a first-come, first-served basis, 15 minutes before the program, at the Information Desk. 11:15 - 11:45 a.m. Montana Avenue Branch Library, 1704 Montana Ave.

Toddler Time
Story series for toddlers ages 18 to 35 months accompanied by an adult. (20 min.) 10:15 - 10:35 a.m. Pico Branch Library, 2201 Pico Blvd.

Tuesday, August 23

Beach=Culture Red Hen Press
A gathering of forthright and fascinating female poets. Amy Uyematsu's latest collection confronts the world of drone warfare and post 9/11 unease. Jacqueline Tchakalian writes on life after loss in her collection of letters to a dead husband, offering an unflinchingly personal memorial. National Book Award finalist Kim Addonizio has been called "one of our nation's most provocative and edgy poets" for her bold and candid work. Annenberg Community Beach House, 415 Pacific Coast Highway, 6:30 - 8 p.m., RSVP at www.eventbrite.com/o/beachculture-at-the-annenberg-community-beach-house-199463539.

City Council Meeting
Regular meeting of the Santa Monica City Council. 5:30 p.m., City Hall, 1685 Main Street.

Introduction to Pinterest
Discover, save and organize creative ideas using this free, visual bookmarking tool. Learn what Pinterest is, set up an account and start pinning! An email address is required for this class. Advanced Level. Seating is first come, first served. For more information, please visit the Reference Desk or call Telephone Reference at (310) 434-2608, 4 - 5 p.m., Main Library, 1685 Main Street.

Wednesday, August 24

Enemy in the Garden: Anti-Semitism in America, Fact or Fiction?
Author Harriet Pike explores the theme of anti-Semitism through her book Enemy in the Garden and a conversation with the Simon Wiesenthal Center's Rick Eaton. 6 - 7:45 p.m., Main Library, 601 Santa Monica Blvd.

When You Need More Than Google: Finding Good Health Information
UCLA Consumer Health Librarian Kelli Ham shows you the best, easy-to-use websites that provide trustworthy health information and help you decipher "what the doctor said." Fairview Branch Library, 2101 Ocean Park Blvd., 4 p.m.

PowerPoint I (MS Office 2013)
Create professional multimedia presentations with special effects and graphics. Intermediate Level. Seating is first come, first served. For more information, please visit the Reference Desk or call Telephone Reference at (310) 434-2608. 1:30 - 2:30 p.m. Main Library, 601 Santa Monica Blvd.

Happiness Room
Come visit SMPL's mobile pop-up Happiness Room, dedicated to all kinds of resources, visuals and interactive features on happiness, joy, calm, positivity, flow, gratitude and meditation. 3 - 5 p.m. Montana Avenue Branch Library, 1704 Montana Ave.

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CITY OF SANTA MONICA
Ordinance Number 2526 (CCS)
(City Council Series)

The following is a summary of Ordinance Number 2526, which was adopted by the City Council at its meeting of August 9, 2016.

Ordinance Number 2526 sets the tax rate for the City's Library General Obligation Bonds, reducing that rate to $.003904 per $100 of assessed valuation. This change reflects changes in valuation and revenues and a decrease in debt service.

The ordinance was effective upon its adoption. The full text of the ordnance is available from the Office of the City Clerk located at 1685 Main Street, Santa Monica, California 90401; phone (310) 458-8211

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The Library Lowdown

By Kerry Addica and Hanako Moondance
Send comments to editor@smdp.com

The digital side of lifelong learning

"THE KNOWLEDGE OF ALL THINGS IS possible." - Leonardo da Vinci

The Santa Monica Public Library has long been a free source of information and inspiration to support lifelong learning. Stop by any of the library's five locations and you can check out up to 50 books, movies, music CDs and other items at a time.

But, did you know you can also access digital versions of these resources from the comfort of your home, 24/7, with your computer, tablet or smartphone? Your library card provides free access to e-books, downloadable audiobooks, streaming music and video - with no late fees! The library also provides online access to newspapers and magazines, test preparation, resume and career resources, language learning and more.

With school starting up, now's a great time to try out some of our online learning resources. Whether you're a parent who wants to find an exciting way to engage your child in reading, a student in need of tutoring support or an adult interested in furthering your education, SMPL has the resources for you. Below are just a few of our e-resources for children, teens and adults.

TUMBLE BOOK LIBRARY

Tumblebooks has electronic books for kids of all ages.

■ For the youngest readers, Tumblebooks offers animated, talking books with music, sounds and narration. Children can follow the words with picture, story, and non-fiction books in this collection.

■ A selection of picture books in Spanish, French and other languages supports early language learning.

■ For older readers, Tumblebooks offers e-books, including chapter books and graphic novels.

■ National Geographic videos engage children in visual learning.

■ Puzzles, crosswords and matching games are available as supplemental materials to the storybooks.

brainfuse ignite your mind

Brainfuse HelpNow is an online tutoring resource that features live services from 1 to 10 p.m. seven days a week. Tutoring is available for students in grades 3-12 as well as for those taking introductory college courses.

■ Subjects include: English, Math, Writing, Science, Social Studies and Spanish language learning.

■ Live assistance is available for all grade levels, in English or Spanish.

■ Tutors answer live chat questions and can assess and critique written documents.

■ HelpNow offers private virtual study rooms for students who want to collaborate with peers.

LearningExpress LIBRARY

Learning Express Library has tutorials and materials to support students in high school and beyond.

■ The college preparation center helps high school students with the ACT, SAT and AP Exams through practice tests, interactive tutorials, e-books and support with college admissions essays.

■ The equivalency center offers tutorials and practice tests for the GED.

■ The adult learning center has resources for math, reading, writing and citizenship, as well as practice tests for Civil Service and other occupational exams.

■ Learning Express Library has full length video guides explaining how to use the database, take a test or download and use an e-book.

Adult Learning Center
Connect. Learn. Succeed.

Adult Learning Center helps adults with learning and skill building at any step in their lives, whether going back to school, switching jobs, or wanting to improve their reading, writing or math skills.

■ The Adult Learning Center provides high school equivalency preparation help.

■ Career resources include tips on conducting an effective job search and how to write a winning resume and cover letter.

■ The 24/7 Writing Lab provides expert feedback on documents within one business day, as well as live one-on-one tutors seven days a week from 1 to 10 p.m.

■ Experts are featured in courses and live instruction on how to use Microsoft Word, Excel and PowerPoint.

■ Study materials and practice tests help adults prepare for the U.S. Citizenship test.

For assistance with any of these resources, please call the Reference Desk at (310) 434-2608, email reference@smgov.net, or visit any Santa Monica Public Library location. A Santa Monica Public Library card is available free to all California residents. Valid photo ID and proof of current address are required.

Raised in a working-class community outside London, Kerry Addica completed her undergraduate degree in Comparative Ancient Civilizations and is currently completing her master's in Library and Information Science. Motivated by her passion for the written word, Kerry is a consultant for numerous Oscar-nominated screenwriters and directors.

Hanako Moondance was born and raised in Santa Monica and a lifetime patron of the Santa Monica Public Library. She completed her undergraduate degree in Spanish Literature at Wesleyan University and recently completed her master's in Library Science with a focus in Youth Services and Storytelling.

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smdp Santa Monica Daily Press

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WINNER

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Service Station

Susan Lee DeRemer
Send comments to editor@smdp.com

Back to school with the Lions

AUGUST IS BACK-TO-SCHOOL MONTH and the perfect time to talk about helping out local youth.

As Lions celebrate our 100th year, we are continuing our Centennial Service Challenge goal of serving more than 100 million people by June 2018. These efforts are focused on youth, relieving hunger, saving vision and protecting our environment. This August we are directing our focus on helping youth.

To support local youth we are collecting school supplies for Kases for Kids, initiating Lions Young Leaders in Service Awards, preparing for our Student Speaker Contest and providing children's books to the Westside Family Health Center, where we have also scheduled a day of service on Oct. 15 to stuff diaper bags or backpacks.

Two of the projects above are specifically designed to help young women and men become the leaders of the future. Young Leaders in Service Awards give formal recognition to young volunteers, ages 12-18, who have completed 50 or 100 hours of community service within a 12-month period. We are reaching out to the community service departments at Santa Monica-Malibu public schools, Crossroads, St. Monica's and New Roads School as well as Archer and Brentwood schools since they don't have local Lions clubs. If you have a son or daughter who is interested in participating, please contact your school or Susan at (310) 442-9513 or santamonicalion@gmail.com for more information and the necessary forms. This award looks great on college applications.

The other leadership opportunity is the Student Speaker Contest. It will not start until February, but we do have the topic: "Is the right to privacy a threat to our national security?" As students advance through the statewide competition, there are cash prizes that could ultimately amount to more than $40,000. We will be getting special packets to schools that participated in the past. If your student or school is interested in participating, please contact us santamonicalion@gmail.com. It is never too early to start thinking about the topic.

Besides supporting youth projects, we are also happy to work with local youth, such as the kids at the Boys and Girls Clubs of Santa Monica. On Saturday, Sept. 17, amazing young volunteers from SMBGC will help local Lions with our 62nd-annual Pancake Breakfast. Their energy and enthusiasm is contagious (especially at 6:30 a.m. when we are setting up!) and it would not be possible for us to do this event without their help. To see them in action, join us from 7:30 to 11:30 a.m. for hot fluffy pancakes, succulent sausage, delicious scrambled eggs, orange juice, milk and coffee. The event is held at the Boys and Girls Club on Lincoln Boulevard and tickets cost $5. There are lots of fun events for children and a raffle with drawings throughout the morning. For more information, go to our Facebook page or contact Susan at (310) 442-9513 or santamonicalion@gmail.com. Funds raised from this event go back into the community to support Santa Monica and Westside nonprofits.

For more information about the Lions Club, visit www.facebook.com/smlions or http://e-clubhouse.org/sites/santamonica, call 310-623-4499 or reach them at P.O. Box 3435, Santa Monica, CA 90408.

LETTERS TO THE EDITOR

Send comments to editor@smdp.com

Pond clarity

Editor:

This letter is written in response to the 'Letters to the Editor' article published August 11, 2016 entitled 'Turtle Trouble at Douglas Park.' The purpose of this letter is to clarify some key information regarding the Douglas Park pond.

The pond is not a victim of budget cuts, but rather a product of a natural habitat that it was never intended to host. Through the years, patrons have introduced a variety of creatures, such as the turtles, to the pond without authorization. And a wild duck population has migrated from other areas to nest at the pond.

The duck and turtle population contribute organic matter that effects water clarity and provides nutrients for algae growth. During the summer, as temperatures rise, the pond is prone to consistent algae outbreaks. The pond is maintained twice a week, which includes but is not limited to skimming the pond surface of debris and testing the water quality. Algae is removed, but due to the combination of the animals and warmer temperature, it often returns quickly. In addition to weekly maintenance, each year the pond is closed and receives a deep cleaning, which will occur by early October. This deep cleaning includes replacing the water and scrubbing the bottom to remove all organic matter.

However, this does not mean we will simply let nature take its course or continue to follow current maintenance practices without reassessing how we care for the pond. We have already identified further opportunities to enhance the monitoring and maintenance of the pond and will implement those immediately to help keep up with the pond's current habitat.

Hector Kistemann
Public Landscape Manager
Public Landscape Division/Public Works Department
City of Santa Monica

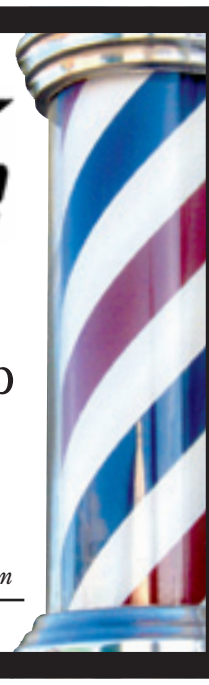
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Gardening and Community

Talia Tinari
Send comments to editor@smdp.com

Biodynamics, Rudolf Steiner and planting with the stars

THE SALESMAN POURED A TASTE OF WINE into the glass. I swirled, smelled, tasted, spit. "All BI-O-dy-NAMIC!" he said. I nodded my head, not really sure what he meant. And then he poured another selection. The wine was beautiful, red fruits, and violets, perfect balance of acidity and tannins. I was thinking about the flavor profile when he said, "I was even at the vineyard for one of the cow horn burying ceremonies!"

Wait, what?

I had been a Master Gardener and sommelier for several years, but had never heard of biodynamics. This was outside the scope of UC Davis' excellent Master Gardener Program. Master Gardeners are taught organic gardening, integrated pest management and companion planting, but, as I came to realize, biodynamics was beyond typical university research-based agricultural practices. It was esoteric, almost folkloric.



DR. RUDOLF STEINER

A METHOD TO THE MADNESS

Dr. Rudolf Steiner, the father of biodynamics, was born in Austria in 1861. Clairvoyant as a child, he became a spiritualist and developed the spiritual discipline anthroposophy, defined by the Anthroposophy Society as "a discipline of research as well as a path of knowledge, service, personal growth and social engagement ... it is concerned with all aspects of human life, spirit and humanity's future evolution and well-being." Waldorf schools are based on Steiner's research and teachings.

His philosophy on agriculture was one of healing the earth and the soil, rather than stripping away its life giving properties. For him, this was science combined with the inexplicable, intangible life forces.

The cow horns the wine salesman was referring to is a practice based on one of the cornerstones of biodynamics. Biodynamics takes the principles of organic farming and builds on them with compost enhancing treatments and preparations as well as planting on a lunar calendar.

BIODYNAMIC PREPARATIONS

I later learned that the cow horns are taken from beef cattle. They are then filled with manure from lactating female cows, buried in the ground in the fall and removed in the spring. The manure removed from the horns is mixed with water, creating a tea mixture, which is sprayed in the vineyard as an alternative to pesticides. This is called Preparation 500. This may all seem like voodoo, but the purpose of fermenting manure inside the cow horns is to extract silica from the horns. Studies have shown that silica strengthens plant cell walls, protecting the plant against pests and diseases, supporting stems in dry conditions, and aiding in photosynthesis.

There are several other preparations numbered from 501 to 508 that are added to or sprayed onto the compost. For example, 503 (chamomile) helps the uptake of calcium and potassium into the plant. The preparations are wrapped in animal organs and buried in the ground. When they are dug up, they are inserted directly into the compost or a tea is made and sprayed onto the compost.

BIODYNAMIC PLANTING CALENDAR

A biodynamic planting calendar uses the zodiac to determine best times to plant seeds. All constellations are connected to the elements water, warmth, earth and light and in turn, those elements of the constellations influence which type of plant should be planted while the moon is in that particular constellation. For example, Pisces (fish), a water element, brings damp weather and influences leaf plants (spinach). Aries (the ram), a warm element, brings warm/hot weather and influences fruiting plants (strawberries). Taurus (the bull), an earth element, brings cool/cold weather and benefits root vegetables (carrots). Gemini, (the twins), a light element, brings wind and light and benefits flowering plants. Each of the 12 constellations guides the optimum time for planting. The planting calendar also suggests the best times to transplant.

Steiner developed this philosophy on agriculture in the 1920s, much in response to the advent of chemical fertilization. Modern agriculture dictates intensive tillage, monoculture, synthetic fertilizers, irrigation, chemical pest and weed control and the use of genetically modified seeds. While modern agriculture may appear revolutionary, easy, efficient and the quickest way to feed many, it leaves the earth barren of essential nutrients and microorganisms.

Many wineries are using biodynamic methods because it's been discovered that the fruit on the vine and wine have marked neurotoxicity levels from conventional chemical fertilizers and pesticides even after the "waiting period" post-spraying. Many of the neurotoxins can affect vertebrates as well as invertebrates.

In my plot in the Santa Monica Community Gardens I plant from organic seed on the biodynamic planting calendar, and I have enjoyed an excellent germination rate: almost always 100 percent.

If you have a garden, many of these preparations can be purchased from biodynamic farms. You don't have to hunt down a beef cow and lactating milk cow to make Preparation 500. For more information on biodynamics, visit the Biodynamic Association at www.biodynamics.com.

Want to learn more about the Santa Monica Community Gardens? Contact us at santamonicaroots@gmail.com and follow Santa Monica Roots on Facebook, Twitter and Instagram.



Your column here

Cate Kortzeborn
Send comments to editor@smdp.com

Know Your Medicare Rights

AS A PERSON WITH MEDICARE, YOU HAVE important rights. One of them is the right to appeal.

An appeal is the action you can take if you disagree with a coverage or payment decision by Medicare or your Medicare health plan. For example, you can appeal if Medicare or your plan denies:

A request for a health care service, supply, item, or prescription drug that you think you should get.

A request for payment of a health care service, supply, item, or prescription drug you already got.

A request to reduce the amount you must pay for a health care service, supply, item, or prescription drug.

You can also appeal if Medicare or your Medicare Advantage plan stops providing or paying for all or part of a health care service, supply, item, or prescription drug you think you still need.

If you decide to file an appeal, you can ask your doctor, supplier, or other health care provider for any information that may help your case. Keep a copy of everything you send to Medicare or your health plan as part of your appeal!

How you file an appeal depends on the type of Medicare coverage you have. If you have Original Medicare:

1. Get the "Medicare Summary Notice" (MSN) that shows the item or service you're appealing. Your MSN is the notice you get every 3 months that lists all the services billed to Medicare, and tells you if Medicare paid for the services.

2. Circle the item(s) you disagree with on the MSN, and write an explanation of why you disagree with the decision on the MSN or a separate piece of paper and attach it to the MSN.

3. Include your name, phone number, and Medicare number on the MSN, and sign it. Keep a copy for your records.

4. Send the MSN, or a copy, to the company that handles bills for Medicare (known as the Medicare Administrative Contractor) listed on the MSN. You can include any additional information about your appeal. Or you can use CMS Form 20027 and file it with the company that handles bills for Medicare. To view or print this form, visit www.cms.gov/cms-forms/downloads/cms20027.pdf. Or call 1-800-MEDICARE (1-800-633-4227) to have a copy mailed to you. TTY users should call 1-877-486-2048.

You must file the appeal within 120 days of the date you get the MSN in the mail. You'll generally get a decision from the Medicare Administrative Contractor within 60 days after they receive your request. If Medicare will cover the item(s) or service(s), they'll be listed on your next MSN.

If you have a Medicare Advantage or other health plan, read the materials your plan sends you, call your plan, or visit www.Medicare.gov/appeals. In some cases, you can file an expedited, or fast appeal.

If you have a Medicare prescription drug plan, even before you pay for a given drug, you have the right to:

Get a written explanation (called a "coverage determination") from your Medicare drug plan. A coverage determination is the initial decision made by your Medicare drug plan (not the pharmacy) about your benefits, including whether a certain drug is covered, whether you've met the requirements to get a requested drug, how much you pay for a drug, and whether to make an exception to a plan rule when you request it.

Ask for an exception if you or your prescriber (your doctor or other health care provider who's legally allowed to write prescriptions) believe you need a drug that isn't on your plan's formulary.

Ask for an exception if you or your prescriber believe that a coverage rule (like prior authorization) should be waived.

Ask for an exception if you think you should pay less for a higher tier (more expensive) drug because you or your prescriber believe you can't take any of the lower tier (less expensive) drugs for the same condition.

For more information on exceptions and your other Medicare rights, read the "Medicare & You 2016" handbook, at https://www.medicare.gov/Pubs/pdf/10050.pdf.

CATE KORTZEBORN is Medicare's acting regional administrator for Arizona, California, Hawaii, Nevada, and the Pacific Territories. You can always get answers to your Medicare questions by calling 1-800-MEDICARE (1-800-633-4227).





SURF REPORT



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SURF FORECASTS

WATER TEMP: **68.4°**

SATURDAY – **FAIR TO GOOD** – SURF: **3-4 ft** waist to shoulder high occ. 5ft
Fun SSW swell tops out - larger sets for focal points out west in the region.
Minor NW windswell. Tide is drained early.

SUNDAY – **FAIR TO GOOD** – SURF: **3-4 ft** waist to shoulder high occ. 5ft
SSW swell holds - larger sets for magnets out west in the region.
Minor NW windswell. Tide is drained early.

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CRIME WATCH

BY DAILY PRESS STAFF

Crime Watch is culled from reports provided by the Santa Monica Police Department. These are arrests only. All parties are innocent until proven guilty in a court of law.

ON AUG. 11 AT ABOUT 5 P.M.

A man entered the Santa Monica Animal Shelter to claim his dog. The shelter officer working the counter recognized the man as a wanted person from a previous internal police bulletin. The shelter officer called for assistance. When officers arrived, the man tried to escape by climbing a barbed-wire fence, running down the alley and across Lincoln Boulevard. Officers gave chase and found him hiding behind 1660 Lincoln Blvd., where they took him into custody. The man was identified as Elijah Richard Pace, 32, a parolee-at-large from Michigan who was wanted for failure to appear and various drug-related offenses. He was booked as an out-of-state fugitive and held without bail while awaiting extradition.

COMMUNITY BRIEFS

Citywide

SMC'S Distinguished Scientists Lectures resume Sept. 8

Santa Monica College opens its Fall 2016 Distinguished Scientists Lecture Series on Sept. 8 with a special talk on developments in the use of nanomaterials in energy storage and harvesting. Now in its 15th year, the series will also present informative talks on studying earthquakes from space, the new dietary guidelines, and the influences of dietary choices on health.

All events in the series - designed for lay audiences - are free and held on the Santa Monica College main campus (1900 Pico Blvd., Santa Monica). Sponsored by the SMC Associates (www.smc.edu/associates) and the SMC Earth Science, Life Science, and Physical Sciences departments. Seating is on a first-arrival basis.

The Fall 2016 line-up is:

September 8: Sarah Tolbert: "Self-Assembled Nanomaterials - Basic Science to Move Toward Solutions to Practical Problems in Energy Storage, Energy Harvesting, and Nanomagnetics" at 11:15 a.m. in Science Lecture Hall 140. Sarah Tolbert-a professor in the Department of Chemistry and Biochemistry at UCLA-will discuss her group's current research in understanding and controlling structure and periodicity in complex nanostructured composite materials, and in exploiting that periodicity for a range of structural, optical, and electronic materials applications.

September 13: Dr. Barbara Millen: "2015-2020 Dietary Guidelines for Americans: Inspiring Healthy Campuses! It's Your Health and You're in Charge!" at 11:15 a.m. in Science Lecture Hall 140. Dr. Barbara E. Millen-recent chair of the 2015 US Dietary Guidelines Advisory Committee and current president of the academic consulting firm Boston Nutrition Foundation, Inc. (BNF), as well as president of the research-driven life sciences corporation Millennium Prevention, Inc. (MP)-will discuss the 2015-2020 Dietary Guidelines for Americans and their importance in preventing and controlling major health problems, including overweight and obesity, hypertension and heart disease, diabetes, and diet-related cancers.

October 11: Dr. Andrea Donnellan: "Studying Earthquakes from Space" at 11:15 a.m. in Science Lecture Hall 140. Award-winning NASA-JPL research scientist Dr. Andrea Donnellan-president of the American Geophysical Union's Nonlinear Geophysics Focus Group, principal investigator of NASA's GeoGateway project, and editor of the American Geophysical Union's journal "Earth and Space Science"-will discuss how NASA space technology is used to study earthquake development, ground deformation, and patterns.

November 1: Bonnie Modugno: "Feeding Ourselves" at 11:15 a.m. in Humanities & Social Science Room 165. Bonnie Modugno, MS, RD-a nutrition consultant and author who specializes in metabolic health, weight management, and sports nutrition, and offers nutrition counseling and support to help clients cultivate a personalized approach to food-will talk about dietary choices and their influences on health and wellbeing.

For more information, please call (310) 434-4100.

- SUBMITTED BY GRACE SMITH, SMC PUBLIC INFORMATION OFFICER



CROSSWORD
By THOMAS JOSEPH

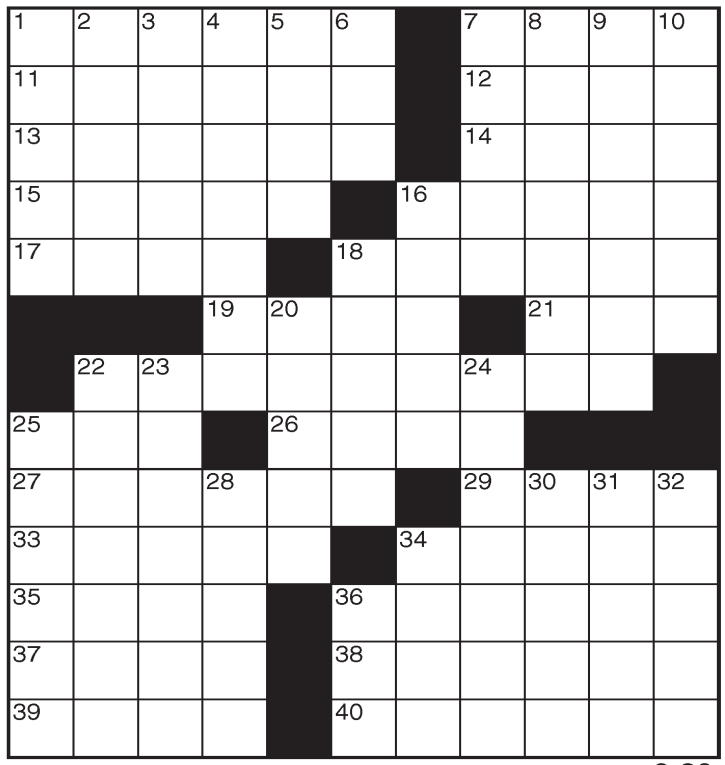
ACROSS
1 Woolly mammal
7 Swift horse
11 Ordinary
12 Seedy joint
13 Daily routines
14 Big-scale movie
15 Oxford features
16 Garment
17 Alimony payers
18 Magic word
19 Literary plantation
21 Cargo unit
22 Practical joker's gadget
25 Pool unit
26 "Orinoco Flow" singer
27 Monticello, for one
29 Brisk pace
33 Hymn closers
34 Classic 1953 western
35 Playful prank
36 Basic need
37 Writer Bagnold
38 Better ventilated
39 Painter Magritte
40 Secret meetings

DOWN
1 Polygon corner
2 Dr. Seuss' environmental character
3 Tag info
4 Legal forgiveness
5 Rogues
6 Green and Gore
7 "Hello" singer
8 Snappy reply
9 Ace, e.g.
10 Call over
16 Bananas
18 Trim the topiary
20 Aids in crime
22 Fragrant flower
23 Joined a mailing list
24 President before Millard
25 One in front
28 Battery end
30 — lazuli
31 Bay
32 Jury makeup
34 Commotion
36 Was inactive

S	A	B	E	R	■	B	A	B	E	S
P	R	A	T	E	■	A	D	U	L	T
O	A	S	E	S	■	R	O	S	I	E
O	R	E	■	E	B	B	■	I	C	E
L	A	B	■	R	E	S	■	N	I	P
S	T	A	R	V	E	■	N	E	T	S
■	■	L	A	E	R	T	E	S	■	■
H	A	L	T	■	M	O	U	S	S	E
A	R	C	■	B	U	G	■	C	I	A
U	M	A	■	E	G	G	■	A	N	T
L	A	R	V	A	■	L	A	R	G	E
E	N	D	E	D	■	E	L	D	E	R
R	I	S	E	S	■	S	A	S	S	Y

Yesterday's answer

THOMAS CROSSWORD BOOKS 1-8! Send $4.75 (check/m.o.) for each book to 628 Virginia Dr., Orlando, FL 32803



8-20

MYSTERY PHOTO

Matthew Hall *matt@smdp.com*



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Sudoku

Fill in the blank cells using numbers 1 to 9. Each number can appear only once in each row, column, and 3x3 block. Use logic and process of elimination to solve the puzzle. The difficulty level ranges from (easiest) to (hardest).

Difficulty Level ★★★★

GETTING STARTED

There are many strategies to solving Sudoku. One way to begin is to examine each 3x3 grid and figure out which numbers are missing. Then, based on the other numbers in the row and column of each blank cell, find which of the missing numbers will work. Eliminating numbers will eventually lead you to the answer.

SOLUTIONS TO YESTERDAY'S PUZZLE

7	8	2	9	1	5	4	3	6
5	4	1	6	3	7	2	8	9
3	6	9	2	8	4	1	5	7
9	5	7	8	4	1	6	2	3
1	2	4	3	5	6	7	9	8
8	3	6	7	9	2	5	1	4
6	1	8	5	7	3	9	4	2
2	9	5	4	6	8	3	7	1
4	7	3	1	2	9	8	6	5

		9	8	2	3	6		
		4	7			1		
7				1		8		5
5								3
4		3		7				6
		2			6	4		
		8	2	4	5	9		

King Features Syndicate



TODAY IN HISTORY

1467 – The Second Battle of Olmedo takes places as part of a succession conflict between Henry IV of Castile and his half-brother Alfonso, Prince of Asturias.

1519 – Philosopher and general Wang Yangming defeats Zhu Chenhao, ending the Prince of Ning rebellion against the reign of the Ming dynasty's Zhengde Emperor.

1672 – Former Grand Pensionary Johan de Witt and his brother Cornelis are brutally murdered by an angry mob in The Hague.

1707 – The first Siege of Pensacola comes to end with the failure of the British to capture Pensacola, Florida.

1710 – War of the Spanish Succession: A multinational army led by the Austrian commander Guido Starhemberg defeats the Spanish-Bourbon army commanded by Alexandre Maître, Marquis de Bay in the Battle of Saragossa.

1775 – The Spanish establish the Presidio San Augustin del Tucson in the town that became Tucson, Arizona.

1794 – Battle of Fallen Timbers: American troops force a confederacy of Shawnee, Mingo, Delaware, Wyandot, Miami, Ottawa, Chippewa, and Potawatomi warriors into a disorganized retreat.

WELL NEWS BY SCOTT LAFEE

UGLY SHOE NEWS

For most women, it's a given and an acceptable sacrifice: Joint and leg pain versus a pair of fabulous high heels by Alexander McQueen, Jimmy Choo or Manolo Blahnik. After all, what was the alternative? Wearing a pair of horrendously thick-soled therapeutic clunkers?

Well, bad news for ugly shoe advocates: A new study in the Annals of Internal Medicine says hideousness isn't particularly helpful. Researchers split a group of 160 people over the age of 50, all with knee pain, into two groups: Half were given normal walking shoes and the other half shoes specifically designed to reduce the walking load on knees. There was no significant difference in pain improvement or walking function.

That might not justify wearing Manolos with 5-inch heels, but it does suggest that your old, battered, beloved Converses in the closet are OK.

BODY OF KNOWLEDGE

By age 60, 60 percent of men and 40 percent of women snore.

LIFE IN BIG MACS

One hour of moderate ice skating burns 476 calories (based on a 150-pound person) or the equivalent of 0.7 Big Macs. That's not to mention all of the calories expended trying to find a place to ice skate this time of year.

Try out a new place with a friend, Leo

ARIES (March 21-April 19)
★★★★ You might be in a funk until the afternoon. Then suddenly, you might start acting as if life poses no limits. Use your strong energy for a project if you don't decide to go off and join friends. Remember, it is your choice and your day to play. Tonight: Noticed wherever you are.

TAURUS (April 20-May 20)
★★★★ A friend might show up in the morning with a suggestion or an invitation. It is your call. You also could enjoy some time away from the crowds with a loved one. Your smile goes a long way in helping others to relax. Tonight: Choose something quiet but entertaining.

GEMINI (May 21-June 20)
★★★★ Handle an important responsibility or project. If you do that, the weekend will flow much better. Your creativity flourishes. You could attract someone who is very different from the last time you visited together. You might need to adjust. Tonight: Go to extremes with your pals.

CANCER (June 21-July 22)
★★★★ Some of you might decide to take off at the last minute. Wherever you land, you will feel at home. Others could decide to hang out close to home. If you do, be willing to say "no" to several requests that feel like work. Tonight: A must appearance.

LEO (July 23-Aug. 22)
★★★★ Reach out to a loved one at a distance. It is possible that both of you will decide to meet at a halfway point. Start making plans now, or simply take off. In any case, opt for a change of scenery; you will feel refreshed as a result. Tonight: Try out a new place with a friend.

VIRGO (Aug. 23-Sept. 22)
★★★★ Understand what is going on behind the scenes through a conversation with a trusted friend. You feel energized and ready for a romp. Put yourself in a situation where you feel free to be spontaneous. Release your inner child. Tonight: Choose a favorite stressbuster.

LIBRA (Sept. 23-Oct. 22)
★★★★ Get personal matters handled, so that when an invitation to frolic the night away with friends heads your way, you will be able to say "yes." Follow your instincts with a health matter. You seem to have a strong sense about what is going on. Tonight: Sort through the possibilities.

SCORPIO (Oct. 23-Nov. 21)
★★★★ You'll be considering what you would like to do. Confusion surrounds your plans. A friend might choose to do something that you could find boring, while others plan to get together for a fun event. Tonight: What started out as a quick visit will go till the wee hours.

SAGITTARIUS (Nov. 22-Dec. 21)
★★★★ You might have a difficult time completing your errands and handling a responsibility. However, once you are free and clear, your energy could overwhelm you. Opportunities come your way through a respected relative or older friend. Tonight: The night gets wilder and wilder.

CAPRICORN (Dec. 22-Jan. 19)
★★★★ Reach out to a stressed-out friend to talk and share. By the afternoon, you might want to pull back and do what you want. In any case, taking time for yourself is imperative, especially to prevent you from feeling drained. Tonight: Whatever goes on needs to happen at your pad.

AQUARIUS (Jan. 20-Feb. 18)
★★★★ You'll have an opportunity to make a point and have others listen. Whether they "get it" depends on your communication skills and their willingness to hear your message. Pushing a point with someone who is resistant would be a mistake. Tonight: At a favorite spot.

PISCES (Feb. 19-March 20)
★★★★ Use the morning for an important matter. You'll want to go over a matter with financial implications. You need to spend time with someone you can relax with. You might decide to treat this person to dinner and a movie. Tonight: Do not overextend yourself.

JACQUELINE BIGAR'S STARS
The stars show the kind of day you'll have:
★★★★★Dynamic ★★ So-So
★★★★ Positive ★ Difficult
★★★ Average

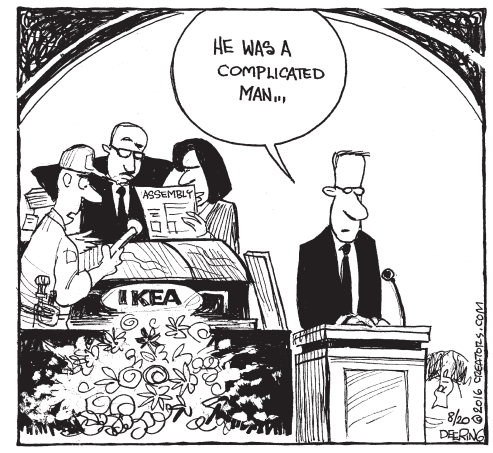
This year you have the sensitivity to handle difficult problems and the broad perspective to motivate others. This combination is a strong mix that leads to incredible results. If you are single, you meet people with ease. Choosing Mr. or Ms. Right is another skill altogether. If you are attached, the two of you love to debate. Often you go back and forth between exploring big ideas together and having intimate chats. You enjoy the friendship between you as much as the love aspect of the relationship. ARIES encourages you to see past the obvious.

Heathcliff
By PETER GALLAGHER

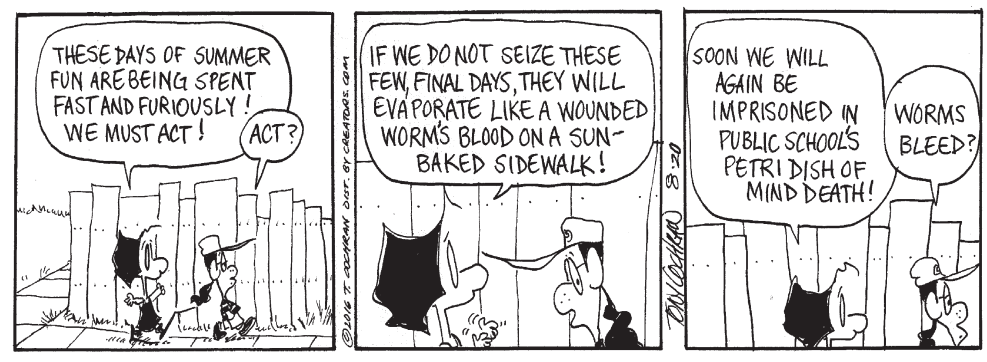


"WAKE-UP CALL."

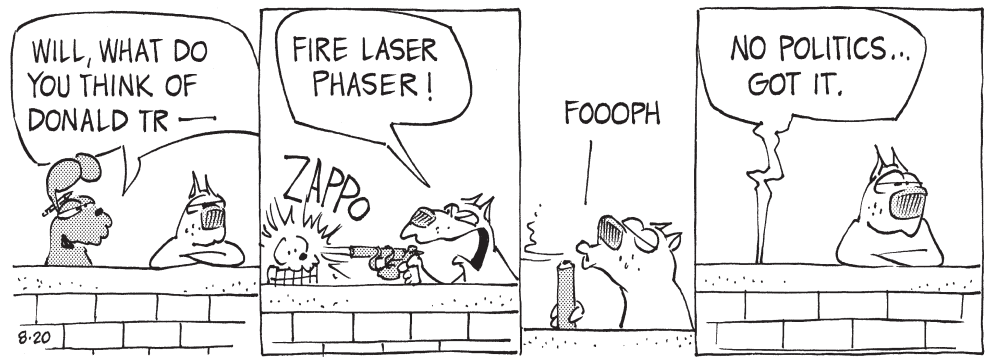
Strange Brew
By JOHN DEERING



Agnes
By TONY COCHRAN



Dogs of C-Kennel
By MICK & MASON MASTROIANNI & JOHNNY HART



Zach Hill
By JOHN DEERING & JOHN NEWCOMBE



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FICTITIOUS BUSINESS NAME STATEMENT FILE NUMBER: 2016176219 ORIGINAL FILING This statement was filed with the County Clerk of LOS ANGELES on 07/14/2016 The following person(s) is (are) doing business as R U 4 SCUBA. 7047 ALVERN STREET #C106 , LOS ANGELES, CA 90045. The full name of registrant(s) is/are: DYLAN JOHNSON 7047 ALVERN STREET #C106 LOS ANGELES, CA 90045. This Business is being conducted by: an Individual. The registrant commenced to transact business under the fictitious business name or names listed on (Date)07/01/2016. /s/: DYLAN JOHNSON. DYLAN JOHNSON. This statement was filed with the County Clerk of LOS ANGELES County on 07/14/2016. NOTICE: THIS FICTITIOUS BUSINESS NAME STATEMENT EXPIRES FIVE YEARS FROM THE DATE IT WAS FILED IN THE OFFICE OF THE COUNTY CLERK. A NEW FICTITIOUS BUSINESS NAME STATEMENT MUST BE FILED PRIOR TO THAT DATE. The filing of this statement does not of itself authorize the use in this state of a fictitious business name statement in violation of the rights of another under federal, state, or common law (see Section 14411et seq.,Business and Professions Code). SANTA MONICA DAILY PRESS to publish 08/13/2016, 08/20/2016, 08/27/2016, 09/03/2016.

FICTITIOUS BUSINESS NAME STATEMENT FILE NUMBER: 2016176886 NEW FILING This statement was filed with the County Clerk of LOS ANGELES on 08/15/2016 The following person(s) is (are) doing business as BISHOP SOLUTIONS, BISHOP SALES. 2829 GUNDRY AVE , SIGNAL HILL, CA 90755. The full name of registrant(s) is/are: BISHOP SALES, INC. 2829 GUNDRY AVE SIGNAL HILL, CA 90755. This Business is being conducted by: a Corporation. The registrant commenced to transact business under the fictitious business name or names listed on (Date)06/01/2015. /s/: BISHOP SALES, INC.. BISHOP SALES, INC.. This statement was filed with the County Clerk of LOS ANGELES County on 08/15/2016. NOTICE: THIS FICTITIOUS BUSINESS

DBAS

NAME STATEMENT EXPIRES FIVE YEARS FROM THE DATE IT WAS FILED IN THE OFFICE OF THE COUNTY CLERK. A NEW FICTITIOUS BUSINESS NAME STATEMENT MUST BE FILED PRIOR TO THAT DATE. The filing of this statement does not of itself authorize the use in this state of a fictitious business name statement in violation of the rights of another under federal, state, or common law (see Section 14411et seq.,Business and Professions Code). SANTA MONICA DAILY PRESS to publish 08/13/2016, 08/20/2016, 08/27/2016, 09/03/2016.

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