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THURSDAY, AUGUST 20, 2009

Volume 8 Issue 246



SHADOW DWELLER?
SEE PAGE 5

Santa Monica Daily Press

We have you covered

THE GOOD USE OF TIME ISSUE



HEALTHY DISCUSSION

Byron Kennerly *news@smdp.com*

(California Public Interest Research Group) members Jordan Siegel and Zoe Bennett demonstrate the perils of private health insurance with the help of 'Health Care Harry' in front of City Hall on Wednesday. The public interest group is trying to raise awareness about the need for health care reform.

Brownley calls for repeal of DOMA

BY MELODY HANATANI
Daily Press Staff Writer

SACRAMENTO There are more than 18,000 same-sex couples who are legally married in California yet don't have access to more than 1,000 federal rights afforded to heterosexual couples.

That's according to Assembly members Julia Brownley (D-Santa Monica) and Mike Feuer (D-Los Angeles) whose resolution to call on President Barack Obama and Congress to repeal the federal Defense of Marriage Act (DOMA), which recognizes a union as being between a man and a woman, is making its way through the state Legislature.

AJR 19, which is co-sponsored by Equality California and the California Faculty Association, was approved by the Assembly Judiciary Committee on Tuesday and will head to the full Assembly. If passed by both houses, the resolution will become effective without approval from the governor.

"Right now in California there are tens of thousands of same-sex couples who are legally married who are denied any of the federal benefits and recognition that legally married heterosexual couples because of DOMA," Geoff Kors, the executive director of Equality California, said. "As a result same-sex married couples are denied social security benefits, death benefits, equal taxation … and over 1,100 rights that (opposite-sex) married couples receive."

The resolution has been opposed by groups like the California Family Council.

A representative for Save California, a pro-family organization that supported Proposition 8, was not available for comment.

More than 18,000 same sex couples married from the May 2008 state Supreme Court's rejection of the ban on gay marriage to the passage of Proposition 8 later that fall. The Supreme Court has subsequently upheld the controversial constitutional amendment.

SEE MARRIAGE PAGE 11

The benefits of unemployment

Jobless help non-profits fill out volunteer ranks

BY EMMA TROTTER
Special to the Daily Press

CITYWIDE Perhaps the recession isn't all bad.

For the most part, Santa Monica non-profits have noticed a spike in the number of people willing and available to volunteer their time despite the tough economic times.

At WISE & Healthy Aging, volunteer numbers have increased twofold in the past year, Director of Volunteer Services Petula Storey said.

"Because of the economic situation we are getting people who have, unfortunately, lost their jobs," she said.

Still, Storey continued, volunteer work gives people a chance to keep old skills fresh and to develop new ones — always a good thing in a shaky job market.

Caroline Koskinas, who had trouble finding a job after she graduated from business school, got even more out of her volunteering experience.

"No one was really hiring," she said. "I was looking for something to do."

In February, she took a volunteer position at WISE & Healthy Aging counseling seniors about reverse mortgages. As it turned out, Koskinas' volunteer gig turned into a paying position. She recommends volunteering to anyone struggling to find a job.

"It's a good way to stay active and involved while you're looking," the Venice resident said. "And it's a rewarding activity."

WISE & Healthy Aging relies heavily on volunteers to provide services such as senior visits, adult day care, referrals and scam prevention education.

The situation is similar over at Heal the Bay. Volunteer Coordinator Saira Gandhi said that the organization started out as all-volunteer. Today, volunteers make educational presentations, perform office work and, as always, clean the beach.

In the past few months, Gandhi has noticed a higher turn-out for the cleanups. In April, 1,600 volunteers showed up for one event. The previous record of 800 had been

SEE VOLUNTEERISM PAGE 10

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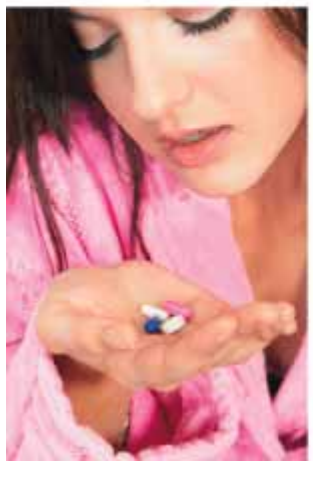
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WHAT'S UP WESTSIDE

OUT AND ABOUT IN SANTA MONICA AND SURROUNDS



Muse mixer
Santa Monica Museum of Art
2525 Michigan Ave., 7 p.m. — 9 p.m.
Mix and mingle with LACMA Muse members as they raise a final glass to "Barkley L. Hendricks: Birth of the Cool, paintings 1964-2007." Vocalist Kalil Wilson & His Trio with pianist Dan Marschak will bring Hendrick's jazz-inspired figures to life while you enjoy a summer cocktail at the open bar. The event is free to museum members, and $10 for everyone else. RSVP is required. Call (310) 586-6488 or e-mail musersvp@lacma.org for more information.

Preschool story time
Montana Avenue Branch Library
1704 Montana Ave., 11 a.m. — noon
Bring your children to enjoy stories for kids 3 to 5 every Thursday. Cost is free.

Laugh it up
InFocus Wellness Institute
717 Broadway, 11 a.m. — noon
Laugh your socks off with certified laughter yoga leader Kim Selbert and other adults. It's easy and fun and everyone can participate. Breathing is combined with movement and laughter exercises to improve health, decrease stress, and promote a positive mental attitude. No prior exercise or yoga experience is required. Call (310) 849-4642 for more information. Cost is $5 per senior and $10 for everyone else.

What's new this week?
Fairview Branch Library
2101 Ocean Park Blvd., 1 p.m. — 2:30 p.m.
Come for a free-wheeling review and discussion of the week's key news stories at home and abroad moderated by Jack Nordhaus. Cost is free. Call (310) 450-0443 for more information.

Friday, Aug. 21, 2009

Pier in pictures
First United Methodist Church
1008 11th St., 9 a.m. — 11:30 a.m.
The First United Methodist Church presents a beautiful, free photo exhibit by church member Allan Walker to coincide with the Santa Monica Pier's 100th anniversary. The exhibit features contemporary images of the famous structure. This exhibit will be open daily through Sept. 9. For more information, call (310) 393-8258.

Escape reality
Magicopolis
1418 Fourth St., 8 p.m.
Stimulate your intellect, imagination and spirit at this critically acclaimed magic show. Also features comedy, music and audience participation. For more information, visit www.magicopolis.com.

Pet shabbat and bark mitzvah
Beth Shir Sholom's outdoor Gan Shalom
1827 California Ave., 7:30 p.m.
All pets welcome — puppies, parrots, kittens, gerbils and more. Call (310) 453-3361 to register.

For more information on any of the events listed, log on to smdp.com and click the "Events" tab for the given day's calendar.

USPS searches for buyers of Venice facility

BY MELODY HANATANI
Daily Press Staff Writer

VENICE A local mail processing center could be the latest victim of the economic downturn.

Facing an overall decline in customer volume from the advances in mail technology and more recently exacerbated by the recession, the United State Postal Service (USPS) has begun re-evaluating its operations, including looking into consolidating various facilities to improve cost savings and efficiencies.

"WE HOPE ANY DEVELOPER WHO COMES IN THERE WOULD RETAIN OR MAKE PART OF THE LAND ... AVAILABLE TO BE USED FOR PUBLIC PURPOSES AND THEY WOULD NOT ONLY COME TO THE VNC, BUT WOULD COME TO THE COMMUNITY AS A WHOLE."

Mike Newhouse
President, Venice Neighborhood Counci

On the chopping block locally is a mail processing center at 313 Grand Blvd. in Venice, which serves as the annex to the main branch post office located just across the street.

USPS officials recently began seeking interested buyers for the property, hiring Grubb & Ellis to field bids from candidates.

A representative for Grubb & Ellis did not respond to a request seeking comment.

Joseph Harrison, spokesman for the USPS Los Angeles District, said the annex

SEE FOR SALE PAGE 12



CLEAN BUSINESS
Brandon Wise *brandonw@smdp.com*
Yoel Matute makes sure each car is taken care of at Santa Monica Car Wash and Detailing on Wednesday afternoon.

Venice to rock Santa Monica

BY NATALIE JARVEY
Special to the Daily Press

SM PIER The 25th Annual Twilight Dance Series is combining social action with songs tonight, bringing two music acts to the pier known for their dedication to community service in honor of the Surfrider Foundation's 20th anniversary.

Founded in Malibu, the Surfrider Foundation works to protect the world's oceans and beaches through the preservation of beach and water ecosystems. It is fitting, then, that both bands performing tonight contain members who have grown up living near or surfing along the Southern California coast.

Headlining the night is Venice. Named after the city they call home, Venice is made up of four cousins from the Lennon family.

"We've all grown up together and singing together," said Kipp Lennon, one of the band's lead singers. "Traveling with our families, going on vacations with 10 people in a station wagon, it trained us to be in a band."

Venice formed in 1977 and over the years has gained a following not only in Los Angeles but also in Europe. Its sound is often described as Southern California rock in the style of the Eagles or the Beach Boys.

"We've developed a really nice following in Europe, especially in the Netherlands of all places," Lennon said. "Over there they really love what they call West Coast music, the Southern California sound."

The Lennons are best known for their four-part vocal harmonies, which they alter to fit whatever new direction they take their music.

Venice likes to make all its concerts unique, often playing cover songs of other popular rock tunes and creating an energy with the audience.

"It's a very communal feeling at our shows," Lennon said. "It's more like a big party that we create together. It's a really high-energy partying show where by the end people are dancing and going crazy."

While music is important to the band's members, they also take the time to get involved in the community they've grown up around. When they're not working on new albums, they also work with a nonprofit called Artists for the Arts, which helps raise money for arts programs in public schools.

As a part of this program, Venice per-

SEE CONCERT PAGE 13

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LETTERS TO THE EDITOR

Send comments to editor@smdp.com

Flip side of smoking debate

Editor:

I read Melody Hanatani's article about the continuing City Council deliberations on the control of smoking in local apartment buildings with great interest. She mentioned Councilman Bob Holbrook's concerns about the potential use of anti-smoking regulations to evict rent-controlled tenants. There is a flip side to this well-founded concern that I unfortunately am a victim of – the deliberate leasing of vacant apartments in rent-controlled buildings to smokers for the purpose of "smoking out" long term non-smoking tenants.

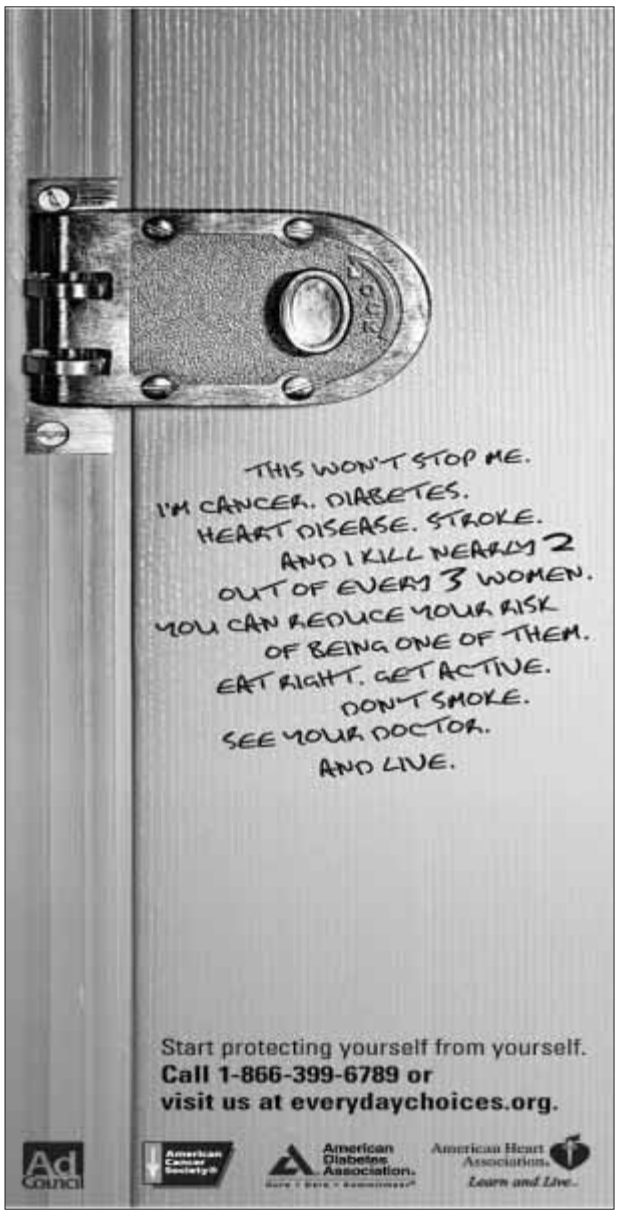
I have lived in a courtyard-facing apartment of a 100-plus unit building in Santa Monica for more than 22 years, 20 of them blissfully peaceful. Starting about two years ago, the resident manager began packing the courtyard apartments with smoking tenants who not only smoke constantly during the day, but also manage to do so all night, every night. The smoke seeps into my top floor apartment through the walls, floors and windows from every direction. The fact that this is being done on purpose becomes obvious when you visually survey the apartments and it dawns on you that all the newer tenants are smokers!

Complaints are met with total indifference by building management, who are adept at referencing rent control regulations to wash their hands of any responsibility.

This cynical, gratuitous effort is very effective. What has been engineered is a newly torturous and dismal quality of life that has me wandering from my bed to my living room futon four and five times a night trying to find a little air to breath. It is a bona fide nightmare that is profoundly affecting my daily life and health.

I would urge Councilman Holbrook and the other city officials involved in the continuing anti-smoking deliberations to acknowledge this problem and realize that strong regulations would be a godsend to abused rent-controlled tenants in our fair city.

Josh Lambert
Santa Monica



Life Matters



JoAnne Barge & Katrina Davy Send comments to editor@smdp.com

Do you know what you want?

Q: RECENTLY I HAVE BECOME increasingly stressed out trying to do all of the things that are important to me. I have a career, hobby, girlfriend and social life, each of which I feel dedicated to. I think that I am good at time management, which seems like the logical answer. But when I prioritize one or two over the others, I end up wondering what I should be doing in the other areas, if I had the time.

Signed,
Rubber Ducky

Dear Rubber Ducky,

When I got your question I immediately thought that the name you chose to sign in with was interesting. Rubber Ducky. A rubber ducky floats around in the bathtub. They never sink unless you pop a hole in them but they don't get very far either; they just float around in circles. It sounds to me like this might be what you are saying? If it's not, then maybe it's time that you take a long hot relaxing bath and contemplate what is really important to you and where you want your life to be in five years.

Your stress does not seem like a time management issue; it sounds more like how do I fit it all in or what do I really want? I suspect that you are young because the older we get, the more established our careers become and we usually have picked a life partner and have made the choices we needed to make. All of your interests sound important but if you are really honest with yourself, some are going to be more important to you than others. You probably want it all because most of us do, but this is rarely possible and only so if you are able to integrate all of your interests in some way. For example, can you connect your social life with your career goals? Is your girlfriend interested in your career and friends? Are you interested in hers? Hopefully so, because you will want to do some of these things together, if you intend on having a future. It's also ideal if you share some of the same hobbies or recreational interests. Research on marital satisfaction has shown that you need to be highly compatible in four of five areas, if you are to be happy. These areas of intimacy are intellectual, emotional, sexual, social and recreational. Social intimacy means the sharing of a network of friends and recreational means enjoying many of the same things that you do for fun. The last two seem to apply to you.

Imagining where you want to be, what you want your life to look like in five years should really help you to prioritize. Take some time to really think about it and be honest with yourself. This should eliminate your stress and make you feel more comfortable for now. However, as you get older, if you marry and have children, your friends and recreational activities will change.

It's important to have some friends and hobbies outside of your work and relationship. This makes for a good life balance and helps to ensure that you do not feel as if you have compromised yourself. Folks who already have careers and families sometimes discover that they have made some bad choices for themselves, mostly in terms of giving up hobbies or certain friends. If this is the case, hopefully they have emotional intimacy (can freely share feelings) and will talk about what they truly need.

IT'S IMPORTANT TO HAVE SOME FRIENDS AND HOBBIES OUTSIDE OF YOUR WORK AND RELATIONSHIP. THIS MAKES FOR A GOOD LIFE BALANCE AND HELPS TO ENSURE THAT YOU DO NOT FEEL AS IF YOU HAVE COMPROMISED YOURSELF

It's important that you do not let guilt get in the way; you won't be doing your girlfriend any favors. If you cannot be honest with yourself and your partner, you will just build resentment. And I promise you, nothing puts the flame out faster than resentment. If you have already let this happen, you should not worry. The good news is that once the resentment is resolved, the flame almost always returns. Talk about it, work it out.

Lastly, we all need to learn that we cannot be all things to all people. It's important to know who we are and what we want from life. Everyone is not going to like us and we save ourselves a lot of wasted time if we just learn to be true to ourselves, the sooner the better. When we do this, the other things will begin to fall into place.

Thanks for writing in and best of luck to you.

DR. JOANNE BARGE is a licensed psychologist and marriage and family therapist with offices in Brentwood. E-mail your comments and questions to newshrink@gmail.com or visit us at www.newshrink.com

MUSM: miss you so much
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POS: parent over shoulder
WTGP: want to go private?
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Meredith Pro Tem

Meredith C. Carroll
Send comments to editor@smdp.com

Hillary: Always a bridesmaid

IT'S BEEN A GOOD SUMMER FOR BILL Clinton. He was roundly praised for his role in the release of two imprisoned American journalists in North Korea; and, if the political rumor mills are worth their salt, the former president will have the pleasure of walking his only child down the aisle when she weds her longtime beau in Martha's Vineyard later this month.

For Bill's wife, however, this summer probably won't go down as her best ever (although it can't possibly be any worse than last year at this time). In arguably the flashiest international mission since she was sworn in as secretary of state, Hillary Clinton watched in silence as her husband took over her job for 24 well-photographed hours and did his best Superman imitation, saving the day, er, the two journalists. Shortly after that she was given the unenviable task of diplomatically rejecting an offer that her husband ignored nine years ago from a Kenyan who proposed 40 goats and 20 cows in exchange for Chelsea's hand in marriage.

Last month Hillary pleaded with North Korea to grant amnesty to the journalists to no avail. And of course there were countless reasons why she couldn't go to North Korea, not the least of which was the Obama administration's concrete determination that diplomatic capital not be expended on behalf of the jailed reporters. Blah, blah, blah.

While Hillary is no doubt thrilled that everyone lived happily ever after, few would be surprised if she said she actually hoped for an alternate path to the ending. It was bad enough when she gritted her teeth and stuck with Bill for 24 years while putting aside her own career ambitions, only to be embarrassed time and again through thick (Monica and Linda) and thin (Gennifer and Paula). Of course there was ultimately a light at the end of the tunnel, her stand-by-her-man-ness paying off when she was elected to the U.S. Senate.

But then she lost the grand prize last year to an upstart who seemed like he was swallowing throw-up every time he mentioned her husband's name. Pundits debated endlessly during the 2008 presidential primaries whether Bill was Hillary's political kryptonite. No matter what type of industrial-strength cleaner she's ever used, she can never seem to scrape the poo that is her husband's shadow from beneath her shoe.

And then North Korea happens, and it's as if she had worked hard to save money to buy a new car, all the while thoroughly researching which make and model best fit her family's safety and comfort needs. She applies and qualifies for a loan based on a stellar credit report she made a serious effort to earn. Nevertheless at the last minute she realizes she needs her husband to go to the dealership with her because the sales manager, for whatever reason, might not otherwise give her the best deal. After that, every time he gets a chance, her husband will brag at dinner parties about the exceptional price he negotiated for the car and that's all anyone will ever remember. And while she'll enjoy the car, she'll never have the satisfaction of knowing she completed the transaction completely on her own.

FOR THE FIRST TIME IN HER LIFE SHE'S GOT TO BE AT LEAST A LITTLE HAPPY IT WAS BILL AND NOT SOMEONE ELSE ENGAGED IN A HIGHLY PUBLICIZED MILE-HIGH THREESOME.

To add insult to injury, a recent poll on MSNBC.com revealed 82 percent of people think Bill has more international clout than Hillary (with 4.6 percent saying she's the bigger cheese and 13.4 percent saying they're about equal).

No wonder Hillary's a little touchy of late on the subject of whether she's a better diplomat than Bill. If looks could kill, she murdered a student last week who a translator mistakenly said asked her what her husband thought about another international situation.

Bill's like the Vanna White to Hillary's Pat Sajak. Pat's the host, to be sure, but should a broken fingernail render Vanna unable to turn letters, the show would lose its luster, the ratings sure to plummet and the producers would probably debate pulling the plug. There's no way TV Guide is putting Pat on the cover unless Vanna stands by his side in a sequined evening gown.

The summer could have been worse for Hillary though. The North Koreans reportedly rejected her best frenemy, Al Gore, as a "suitable emissary," before agreeing to give the journalists up to her husband. For the first time in her life she's got to be at least a little happy it was Bill and not someone else engaged in a highly publicized mile-high threesome.

E-mail questions or comments to meredithccarroll@hotmail.com.

The Q Line

Pigeon problem?

The City Council recently approved a net that will be installed under the Santa Monica Pier to prevent pigeons from fouling the bay, which has some of the most polluted waters in California. This has animal rights activists in an uproar, with some claiming the net could kill or injure the birds who roost underneath the famous structure.

So this week's Q-Line question asks:

Do you think the net is a good idea, and why?

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Inmates feed the hungry

JULIE CARR SMYTH
AP Statehouse Correspondent

COLUMBUS, Ohio The nation's food banks, struggling to meet demand in hard times, are turning to prison inmates for free labor to help feed the hungry.

Several states are sending inmates into already harvested fields to scavenge millions of pounds of leftover potatoes, berries and other crops that otherwise would go to waste. Others are using prisoners to plant and harvest vegetables.

"We're in a situation where, without their help, the food banks absolutely could not accomplish all that they do," said Ross Fraser, a spokesman for Feeding America, a national association of food banks.

The number of Americans who couldn't afford food jumped 30 percent from December 2007 to December 2008, according to a survey by the group. Demand at some pantries has more than doubled, Fraser said, as job losses and wage cuts have strained family budgets.

State governments, with their own historic revenue shortfalls, can't keep pace with the need. Many have cut budgets of social service agencies, including those that provide food assistance to the poor.

Ohio and Michigan are among states that have expanded inmate farming projects specifically to feed the hungry.

Texas and Arkansas plan to enhance their food bank work-training programs, which provide labor and help make offenders employable when they're released. Food banks use inmates to sort, clean, shelve and cook food.

A 23 percent increase in food demand in Arkansas prompted Gov. Mike Beebe to allow inmates to gather otherwise wasted crops for food banks, said Phyllis Haynes, executive director of the Arkansas Food Bank Network.

Outside the Faith Mission in downtown Columbus, Ohio, Catherina Moore, 26 and homeless, said she's concerned that criminals might tamper with soup kitchen food. But she supports the practice of teaching farming skills to inmates.

"There's nothing wrong with teaching a man to grow food," she said. "A person can use those skills to survive. I think they deserve that training."

Most of the prisoners who work in food bank programs are nonviolent, short-term offenders convicted of such crimes as drug possession or theft, prison and food bank officials said.

"Prisons are full of people who have taken all their lives, and this is giving them an opportunity to give back," said Ernie Moore, assistant director of the Ohio Department of Rehabilitation and Correction, whose farming program begins with donated seeds and fertilizer from the state food bank network.

Alison Lawrence, a policy specialist at the nonpartisan National Conference of State Legislatures, said states battling high unemployment have found little downside to using inmates to fill food banks' mostly volunteer jobs.

"The underlying economic factor you have to weigh as a state with inmate labor is whether they're taking jobs from free, able-bodied people," she said.

In some areas, established inmate farm programs, seen as uneconomical or not relevant, are being eliminated.

New York plans to cut its state prison farm program later this year because the rural farming skills it teaches are viewed as impractical to prisoners returning primarily to urban settings.

In Arizona last year, food banks barely managed to save a program that uses inmate labor in Maricopa County.

Ginny Hildebrand, president and chief executive of the Association of Arizona Food Banks, said the state initially said it was too costly to employ enough guards to prevent inmate escapes. But the food banks argued that axing the program would mean the loss of millions of pounds of produce gathered by inmates at a time when demand had jumped 43 percent.

Eric Cooper, executive director of the San Antonio Food Bank, said inmates in the Texas Second Chance program can learn skills used at the warehouse where donated food is stored, such as forklift operation, inventory and sanitation. Or they can enroll in the food bank's culinary school, cooking for soup kitchens and learning food safety and the tools of the hospitality trade.

"It's an incredible win for them, the students, to be able to come out of prison each day and work a full day with us, to get a great meal there at the food bank, and to learn skills that will translate into good-paying jobs," Cooper said. "Meanwhile, the food bank gets a great source of labor."

Participating in Second Chance was a game changer for Peter Worthen. At 28, he's now out of prison and working as inventory coordinator at Cooper's food bank.

"Rather than being with all the drama inside the unit all day, it was an advantage to get out and do something different, to work around people, and learn new skills," said Worthen, who served 23 months for marijuana possession.

"Since you're working for free regardless, it just felt better that somebody was being helped out by what you did."

On the Net:
Feeding America: http://www.feedingamerica.org

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Simple Real Food

Amanda Cushman
Send comments to editor@smdp.com

Himalayan hot spot

I HAD A LOVELY, SIMPLE AND DELICIOUS meal a week or two ago at Tara's Himalayan Cuisine on Venice Boulevard in Mar Vista.

This is basically Northern Indian food with an addition of a number of potato dishes as the Himalayas are chilly and the potato is a major food group.

We went with two other people and all of us found the place cozy and quiet, a refreshing change after all the trendy, noisy places in L.A.

We ordered a couple appetizers, including aloo achaar, which is a sautéed potato dish with scallions, chilies, cilantro, garlic and sesame seeds. This was a big hit, very flavorful and just the right amount of spice. We also had vegetable momo, which was a dumpling of sorts filled with vegetables, which was a bit doughy and lacked flavor — this one I would scratch from the menu.

We then went on to a number of entrees served with their wonderful garlic naan bread that was crispy and thin and very nicely done with plenty of garlic and cilantro. The entrees we had were chicken sekuwa, which was chicken breast baked with ginger, garlic and spices; chicken vindaloo, baked chicken breast with potatoes, onions and tomatoes; and saag aloo, a version of saag paneer, which is spinach cooked with potatoes and pureed with spices. All the food was well prepared and flavored just right. Not a restaurant for people that don't like cilantro as it is in every dish. I am obviously not one of those so I truly enjoyed the generous use of cilantro, garlic and onions.

We stayed for hours after our meal drinking Tibetan beer and feeling very relaxed. No one bothered us to leave and you could talk without having to strain to hear the other person, which went a long way in our enjoyment of the place.

The atmosphere is borderline hole-in-the-wall so not a good first date or romantic destination but for good simple food with great prices I would recommend Tara's as a neighborhood joint.

Speaking of Indian food, I have just returned from Manhattan where I took an intensive master's class in Indian cooking. I am teaching these classes in Venice starting in September at the Culinary Training Program. I learned all about the spices and how to use odd ingredients such as kokum, tamarind seeds, long ridge squash and asafetida.

Here is a sampling of what I learned. The results will impress those who get to enjoy this dish.

AMANDA CUSHMAN is a culinary educator who has cooked professionally for 25 years. She teaches privately for groups of two to 20 students. She has developed hundreds of recipes for cookbooks as well as food magazines and Web sites. She can be reached amandascooking@gmail.com.

Curry Chicken with Tamarind Sauce

Serves 6

Ingredients

1 inch round tamarind pulp
1 cup hot water

Spice paste

2 tbs. coconut vinegar or sherry wine vinegar or rice wine vinegar
3 cloves garlic, minced
1 tsp. grated fresh ginger
3 tbs. finely chopped onion
1/2 tsp. turmeric
1/2 tsp. ground cumin
2 tsp. ground red chili powder
2 tsp. paprika
2 tsp. kosher salt, or to taste
2 pounds chicken thighs and drumsticks, skin and excess fat removed

Spice mixture

One 1 1/2 inch piece cinnamon stick
5 whole cloves
4 whole green cardamom pods
1 tsp. mustard seeds, crushed
1 medium-sized yellow onion, finely chopped (about 1 cup)
4 tbs. canola or olive oil
6 baby eggplant, left whole- slit open like a radish

Procedure

1. Place tamarind in a bowl and add the hot water. When cool enough to, handle, crush tamarind pulp with fingers and extract pulp clinging to fibers. Strain the juice into a cup and discard the fibrous residue.
2. Combine the spice paste in a large bowl. Add the chicken and rub it in. Set aside for at least an hour or overnight in the fridge.
3. Combine the spice mixture in a small bowl and set aside.
4. Heat the oil in a large sauté pan over high heat until very hot. Add the spice mixture. Cook, stirring often, until the onion is light golden, about 3 minutes. Add the chicken and cook, tossing and turning, until lightly seared, about 6 minutes. Add the eggplant and tamarind juice and bring to a boil. Lower the heat and cook, covered, until the chicken is tender, about 20 to 25 minutes. Taste and correct the seasoning and serve.









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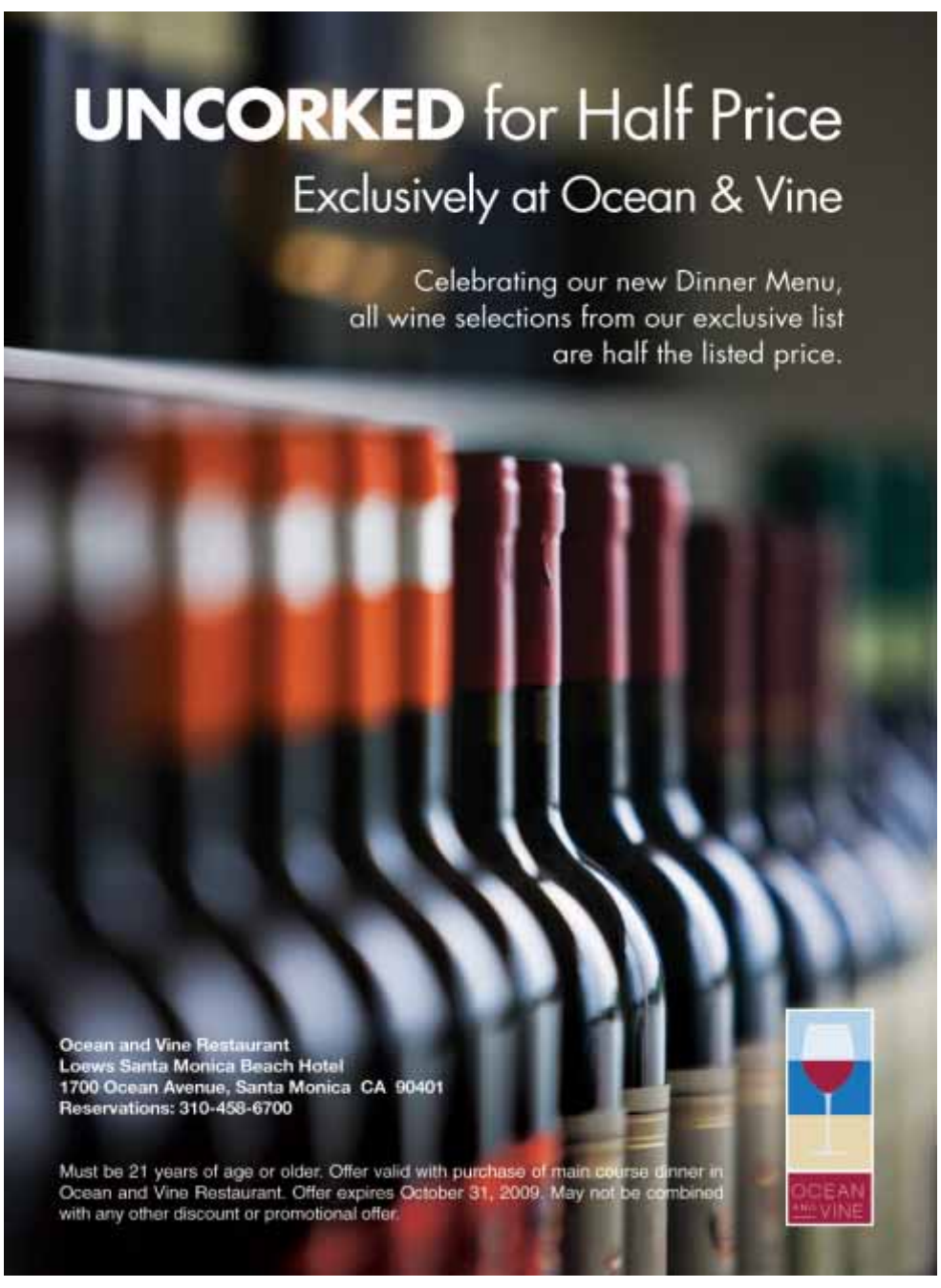
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Kevin Herrera *kevinh@smdp.com*

GOOD CALL: **WISE & Healthy Aging volunteer Jean Kelly makes phone calls to seniors warning them about a scam in which a caller pretends to be the senior's grandchild, begging for money.**

Volunteers inspired by need

FROM **VOLUNTEERISM** PAGE 1

set just one month before.

Gandhi also pointed out an increase in older volunteers free to work on weekdays — they probably lost their jobs, she said. One such volunteer is Malibu resident Susan Miller, who was laid off earlier this year because of the recession.

"I wasn't working, so I felt I had to do something to contribute," she said. "If people who are accustomed to being busy aren't busy, they want to direct their energy somewhere."

Miller said she finds it difficult to volunteer and look for work at the same time. But, as longtime member of and financial contributor to Heal the Bay, she thinks it's important to get the word out about environmental issues.

"We're in big trouble," she said, "and people just don't have any idea."

Westside Food Bank Executive Director Bruce Rankin also said volunteer hours have increased. He attributed the change to an increased awareness of need in the community.

"It's prominent in the media, and many … now know people who were affected by the downturn in the economy to the point that they have to seek food from a food pantry," he said.

Volunteers at the food bank do office work, sort incoming food and complete pick-ups and deliveries.

"We couldn't do what we do without volunteers," Rankin said. "There's more volunteer time than paid time put into this organization."

Nancy Griffin started volunteering there last fall. The increased needs of the community were a factor for her, she said, but she was truly touched by President Barack Obama's call to service.

"Obama has inspired more awareness about the importance of community service," she said. "Everyone needs to make a contribution. Bush did not emphasize that at all."

> **"DOING SOMETHING CONSTRUCTIVE MAKES IT A LOT EASIER TO DEAL WITH THE DESTRUCTIVE SITUATION I'M IN."**
>
> **Susan Miller**
> Volunteer, Heal the Bay

Miller made similar statements, and Storey cited the Edward M. Kennedy Serve America Act, passed in March.

Griffin, who said she doesn't need to work to support herself, volunteers weekly at the Food Bank. Her task is to deliver boxes of food to a location in Venice, where she lives.

"I wanted to do something on a real, very basic human survival level," she said. "It's pretty simple but I like doing something every week that reminds me how lucky and fortunate I am."

Miller, on the other hand, is trying to keep her mind off misfortune.

"Doing something constructive makes it a lot easier to deal with the destructive situation I'm in," she said.

news@smdp.com







COMMUNITY BRIEFS

CITYWIDE

Don't say cheese

Los Angeles County's top public health official is warning consumers to stay away from dairy products purchased from unlicensed manufacturers and vendors because the products may have been made with unpastuerized milk and may contain other contaminants.

The products can include Latin American-style soft cheese and sour cream.

"With unlicensed dairy products, you cannot be sure of what you're getting," said Jonathan E. Fielding, the county's director of public health. "They may contain unpasteurized milk, have been made in unsanitary conditions, and may have been transported without refrigeration. This is a recipe for disaster, as harmful bacteria in these products can be dangerous to your health and safety."

Dairy products commonly sold by unlicensed manufacturers include queso fresco, panela, queso seco, asadero, queso Oaxaca, queso Cotija and crema. Unpasteurized milk and unpasteurized cheese contain raw milk that has not been heated enough during processing to kill harmful bacteria. These bacteria, such as listeria, salmonella, e. coli, bovine tuberculosis, and brucella, can cause miscarriage, illness to unborn babies, diarrhea, fever, stomach cramps, swollen neck glands, and/or blood stream infection.

Those who are sick from eating unpasteurized or contaminated dairy products are urged to call a doctor immediately or the Department of Public Health at (888) 397-3993.

"Public health has been working with the Los Angeles City Attorney, Los Angeles County District Attorney, the California Department of Food and Agriculture, and the U.S. Food and Drug Administration to ensure that harmful products, such as unpasteurized dairy products, are not offered for sale to the public," Dr. Fielding said. "Everyone should be able to enjoy their favorite foods without the risk of illness or miscarriage."

Tips for purchasing safe cheese:

- Avoid dairy products with missing or incomplete labels.
- Labels should provide safe handling and storage information, a list of all the ingredients, including "pasteurized milk," and identify the manufacturer responsible for the product.
- Cheese products should be factory sealed.
- Buy cheese from the refrigerated section of the market.
- Do not purchase cheese from unlicensed manufacturers, unlicensed vendors at swap meets, door-to-door vendors, or on the street.

Tips for storing and handling cheese safely include:

- Keep the cheese refrigerated at 41 degrees or below.
- Wrap the cheese in plastic after each use.
- Wash your hands with soap and warm water before handling food items.
- Use different utensils to cut cheese, meat, poultry, and seafood to prevent cross contamination.

If you have any questions or suspect illegal manufacturing or sales of cheese or other dairy products in your community, call Public Health's Food & Milk Program at (626) 430-5400.

DAILY PRESS

Repeal of federal law could help overturn Proposition 8

FROM **MARRIAGE** PAGE 1

Gay marriage advocates said they will wait until 2012 to ask voters to repeal Prop. 8.

Brownley said the Defense of Marriage Act bars same-sex marriage couples from receiving many of the benefits awarded to heterosexual couples, including receiving surviving spouses' Social Security benefits, accessing health insurance through a federally-employed spouse and the ability to file joint tax returns.

"It's time to repeal DOMA, to protect the 18,000 same-sex marriages in California so they have all the rights and privileges of a heterosexual married couple," she said.

If DOMA is eventually repealed, supporters of gay marriage believe it could help their chances in overturning Prop. 8 in a few years.

"It would lead to marriage equality in other states across the country," Peter Kreysa, the treasurer for the California Faculty Association, said.

The association is the union representative for the California State University system and has in the past supported various resolutions such as a bill calling for federal support for higher education. Recommendations to sponsor certain bills come out of various caucuses within the association, including one for women, and another for lesbian, gay, bisexual and transgender issues, the latter of which pushed for AJR19.

"There are a good number of lesbian and gay faculty, both tenured track and lecturers, who are employed in the California State University system," Kreysa, who married his husband last year in a ceremony in Lake Tahoe, said.

Kreysa, who is an associate professor for professional studies at California State University Long Beach, said he believes the momentum is shifting in favor of marriage equality, noting the increasing acceptance of the LGBT community.

"This resolution, if it does pass in … our state legislature, is another step forward in the entire country coming to the conclusion that it's good for us to acknowledge, appreciate and recognize same-sex marriages," he said.

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Byron Kennerly *news@smdp.com*

CUTTING: **Facing an overall decline in customer volume from the advances in mail technology and more recently exacerbated by the recession, the United State Postal Service (USPS) has begun re-evaluating its operations, including looking into consolidating various facilities to improve cost savings and efficiencies.**

Postal Service to consolidate facilities to save money

FROM **FOR SALE** PAGE 3

was selected because it will not have a direct impact on customer service, noting that the location does not have a retail function.

If the property is sold, employees at the facility will be transferred to other branches. Neither the property value nor the number of bids received to date were available.

Bids will be accepted until Sept. 15.

The location of the annex is considered to be a prime piece of real estate, located just off Windward Circle and steps from the beach.

The Venice Neighborhood Council recently held a workshop exploring potential uses for the site, including building a park and a community center. The council took an official position to support keeping property for public uses.

"We hope any developer who comes in there would retain or make part of the land … available to be used for public purposes and they would not only come to the VNC, but would come to the community as a whole," Mike Newhouse, the president of the VNC, said.

While the USPS review of branches and facilities has received a great deal of press recently, the agency has for a while maintained a fluid list of locations that are placed under consideration for consolidation, Harrison said. There are currently no Santa Monica locations that have been identified for review.

"We are continuing to evaluate … our operations to best utilize our facilities, our manpower and to make the postal service run effectively and efficiently," he said.

The USPS also recently began reviewing traffic volumes at mail collection boxes, possibly eliminating those that remain largely empty. No mail boxes have been removed so far in Santa Monica.

"The reason we do that is if there's a collection point that's not being utilized, we can look at the potential of removing it to save time and fuel," Harrison said. "To have a person continually passing by a collection point that is not being used is an ineffective utilization of manpower."

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Photo courtesy Venice

ROCKERS: **The band Venice will rock the Santa Monica Pier tonight as part of the Twilight Dance Series.**

Venice is charity-minded

FROM **CONCERT** PAGE 3

forms yearly at Santa Monica High School with Samohi students and well-known artists such as Jackson Browne.

"It's really a blast," Lennon said.

"IT'S A VERY COMMUNAL FEELING AT OUR SHOWS. IT'S MORE LIKE A BIG PARTY THAT WE CREATE TOGETHER."

Kipp Lennon
lead singer of Venice

Venice will be joined by Luke Nelson and the Promise of the Real.

A new band that released its first EP this May, members have taken their own love of surfing to the next level by working with Surfers Healing, an organization that uses the water and surfing as a healing method for autistic children.

"A big part of our band is activism and giving back," said drummer Anthony Logerfo. "The way we look at things is we definitely like to play music, but with our music we like to spread joy and change."

Lead singer Luke Nelson has also worked with the real Patch Adams and acted as a hospital clown in Cuba.

The band's sound combines electric with acoustic, drawing influence from Jimi Hendrix and Neil Young. This summer the band is touring for the first time, performing with other musicians such as the Dave Matthews Band and Willie Nelson, before recording its first full-length album.

For Venice, playing in Santa Monica is a homecoming and a welcome break from touring.

"Some of our earliest memories of the beach were parking just south of Hot Dog on a Stick and hanging out there with all of our family in the '60s," Lennon said. "We tour all around the world, but there's nothing in the world like doing that show up there on the pier."

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NFL

Lawyer: E-mails absolve Roethlisberger

JOE MANDAK
Associated Press Writer

PITTSBURGH A former Nevada casino worker who accused Pittsburgh Steelers quarterback Ben Roethlisberger of rape in a civil lawsuit should drop the case because her own e-mails and text messages prove she wasn't assaulted, his attorney said.

The woman "should abandon her lawsuit immediately and admit that Ben Roethlisberger did not rape her," Roethlisberger's attorney W. David Cornwell said in a statement e-mailed to The Associated Press. "We believe that (the woman's) own words directly refute the scurrilous allegations made in her complaint."

The woman contends in the lawsuit filed last month in Washoe County District Court in Reno, Nev., that Roethlisberger raped her in his room at Harrah's in Lake Tahoe in July 2008 when he was there to play in a celebrity golf tournament.

The woman never went to authorities; her lawsuit says she didn't file a criminal complaint because she feared Harrah's would side with Roethlisberger and she would be fired. She also accused Harrah's officials of orchestrating a cover-up.

Cornwell provided the AP and other news outlets with 18 pages of e-mails and texts purportedly between the 31-year-old woman and a male friend.

Cornwell wouldn't say Wednesday how he obtained the e-mails and texts, but said he has a "good faith basis" to believe they are legitimate. Some of the e-mails were sent within a day of the alleged attack, including some just a couple of hours later, Cornwell said.

In an e-mail two days before the alleged rape, the woman tells her friend that she has been chosen to take care of the resort's celebrity guests, including Roethlisberger, Cornwell said. She also tells him that he and the quarterback look alike.

On July 12, less than 24 hours after the alleged rape, the woman writes about how much she has enjoyed entertaining the celebrities and VIPs.

"The golf tournament has been really fun ... I am really excited because we are all going to see Journey tonight and that will be soooooo much fun. Speaking of which I need to head over to dinner with your lookalike and a few others before heading out," the e-mail said, according to Cornwell.

The Associated Press does not generally identify people who say they have been sexually assaulted.

The woman's Reno-based attorney, Calvin Dunlap, didn't return a message left by The Associated Press on Wednesday. Cornwell wouldn't comment beyond his e-mailed statement.

In her lawsuit, the woman said she was distraught and left work after the assault, going to cry in her pickup truck.

But in an e-mail sent from her work station two hours after the alleged attack, she sounds as if nothing has occurred, Cornwell said. "Aaaaaaaaaaahhhhhhhhh I finally got away," she writes. Nine minutes later sent him a cute note filled with mock baby talk, Cornwell said.

In text messages sent in December, the man asked her what would happen if they broke up, Cornwell said.

"I would date Ben Roethlisberger," she answered. "hahahahah."

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TRACK AND FIELD

Memory of Owens fades

RAF CASERT
AP Sports Writer

BERLIN The tide of World War II was turning against Nazi Germany in 1943, and Luz Long had the sense that death was closing in on him on at the Sicilian front.

The former long jumper wanted his family and friends to know one thing if his number came up, he told his son Kai in a final letter. The friendship he had formed with sprinter Jesse Owens at the 1936 Berlin Games was genuine — true and heartfelt.

The story of that bond between Owens, the African-American star who captured four gold medals at the "Nazi Olympics," and the German he defeated in the long jump is the stuff of Olympic lore. Long gave a tip to Owens how to get into the final, then wound up with the silver medal. He lost the competition

It was a tale embraced for decades in Germany, where the Ownes-Long story became a postwar symbol of a more tolerant future as the country rebuilt itself into a vibrant democracy.

But, as they do everywhere, memories fade.

"If you ask young people, most of them won't know the name" of Jesse Owens, said Helmut Digel, a professor of sports sociology and the top official in German athletics.

"It was an educational tool," he said of the Owens-Long friendship, which has continues among the athletes' families to this day. (Long was indeed killed in the war while Owens died in 1980).

Berlin even renamed a stately, tree-lined road outside the Olympic Stadium into the Jesse Owens Allee.

Yet now, even where his gold medals made the strongest statement possible against theories of white racial superiority, Owens often is forgotten.

"No, I don't know her," said one teenage German, who preferred not to be identified, when asked as he was walking along the Allee. "I play soccer. I don't like track and field."

The generation gap also was clear within the Dux family from Fulda in central Germany. When prodded, Ute Dux — the mom — did remember. "I was not born at the time but I heard about his performances," she said. But the name drew a blank from her 20-year-old daughter, Angelina. The same with her three siblings, even though two are on their local track and field team.

"I don't know the man," Angelina said.

To give Owens' message of excellence and tolerance a new vibrancy, representatives of the Owens family and Kai will hand Saturday's gold medal to the long jump world champion at the Olympic stadium where their forebears competed for gold.

The U.S. athletes are wearing the initials "J.O." on their sleeveless track jerseys.

"Normally, we go into competition with three important letters "U.S.A." Now we go with 5 important letters," said Doug Logan, the head of U.S.A. Track and Field, who found that even some of his own athletes were no longer aware of Owens' legacy.

Anyone can travel to Berlin's Sportmuseum during the world champi-onships where a little exhibit "Eine Sportlegende — A Sports Hero" tells the story in iconic photographs.

At the 1936 Olympic Games, Long played a pivotal role in helping Owens achieve his historic four gold-medal performance.

After Owens had fouled on his first two long jump attempts, he had one left to advance or be eliminated. That's where Long came in. After setting an Olympic record during qualifying, he gave some tips to Owens on his run-up and his rival obliged by making the finals on his last try.

From there, Owens took gold and Long second place. Despite Long's disappointment and the political undertones of the result, he and Owens walked from the stadium arm-in-arm.

For Long, it was all about dignity among men. He would later write to his mother: "All nations have their heroes, the Semites and the Aryans, but everyone should get rid of the arrogance of its own race."

At the time, Owens was warmly welcomed by Germans, and some considered it a protest against the regime.



SURF CONDITIONS **WATER TEMP:** 66°

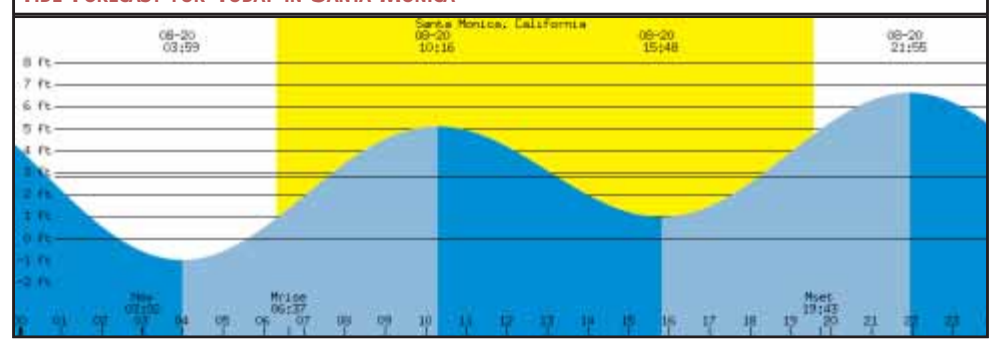
SWELL FORECAST

Today looks like another small surf day, perhaps knee high most everywhere. Winds should be light and variable in the AM, and onshore in the afternoon 7-12 mph.

LONG RANGE SYNOPSIS

THE END OF THE WEEK IS ALSO LOOKING SMALL; HOWEVER, WE MAY SEE SOME WAIST TO CHEST HIGH FORERUNNERS AROUND SOUTH FACING BREAKS IN THE AFTERNOON.

TIDE FORECAST FOR TODAY IN SANTA MONICA



BEACH REPORT CARD

NORTH LOS ANGELES COUNTY

Grades for this report are based on monitoring data from the previous four weeks up to the ending date of **August 11, 2009**

HEAL THE BAY - 1444 9th Street, Santa Monica, CA 90401 - www.healthebay.org - brc@healthebay.org - 800 HEAL BAY

QUICK STATS (for the last 28 days)

- Number of sewage spills -- 0
- Number of beach closures due to a sewage spill -- 0
- Number of wet days -- 8
- Number of A grades for dry/wet weather -- 42 / 19
- Number of (C,D,F) grades for dry/wet weather -- 6 / 11

The Beach Report Card is made possible by simplehuman, Goldhirsh Foundation, the James Irvine Foundation, Ford

Heal the Bay reminds you not to swim or surf within 100 yards of any flowing storm drain or for 3 days after a rainstorm. After a rain, indicator bacteria counts at beaches throughout California usually far exceed health criteria in the state's Beach Closure and Health Warning Protocol.

LOCATION	DRY	WET
Leo Carrillo Beach, at Arroyo Sequit Creek mouth	A+	ns
Nicholas Beach at San Nicholas Canyon Creek mouth	A+	ns
El Pescador State Beach, between Lachasa and Las Alisos creeks	A+	ns
Encinal Canyon at El Matador State Beach	A+	ns
Broad Beach at Trancas Creek mouth	A+	ns
Zuma Beach at Zuma Creek mouth	A+	ns
Walnut Creek, projection of Wildlife Rd. (private)	A+	ns
Paradise Cove Pier at Ramirez Canyon Creek mouth	A+	ns
Escondido Creek, just east of Escondido State Beach	A+	ns
Latigo Canyon Creek mouth	A+	ns
Solstice Canyon at Don Blacker County Beach	A+	ns
Puerco State Beach at creek mouth	A+	ns
Marie Canyon storm drain at Pierce Beach, at 24572 Malibu Rd.	A+	ns
Surfrider Beach at Malibu Colony fence	A	ns
Surfrider Beach (breach location)- daily	A+	ns
Malibu Pier - 50 yards east	A	ns
Carbon Beach at Sweetwater Canyon	A+	ns
Las Flores State Beach at Las Flores Creek (point zero)	A+	ns
Big Rock Beach at 19948 PCH stairs	A	ns
Pena Creek at Las Tunas County Beach	A+	ns
Tuna Canyon	A+	ns
Topanga State Beach at creek mouth	A	ns
Castlerock Storm Drain at Castle Rock Beach	F	ns
Santa Ynez Storm Drain at Castle Rock Beach	C	ns
Will Rogers State Beach at 17200 PCH (1/4 mile east of Sunset drain)	A+	ns

LOCATION	DRY	WET
Will Rogers State Beach at Bel Air Bay Club drain near fence	D	ns
Will Rogers State Beach at Pulga Canyon storm drain	C	ns
Will Rogers State Beach at Temescal Canyon drain	A+	ns
Will Rogers State Beach at Santa Monica Canyon drain (Chautauqua)	A+	ns
Santa Monica Beach at Montana Ave. drain	A	ns
Santa Monica Beach at Wilshire Blvd. drain	A+	ns
Santa Monica Municipal Pier	D	ns
Santa Monica Beach at Pico/Kenter storm drain	A	ns
Santa Monica Beach at Strand St. (in front of the restrooms)	A+	ns
Ocean Park Beach at Ashland Ave. drain	A+	ns
Venice City Beach, at the Rose Ave. storm drain	A+	ns
Venice Beach at Brooks Ave. drain	A+	ns
Venice Beach at Windward Ave. drain	A	ns
Venice Fishing Pier - 50 yards south	A+	ns
Venice Beach- projection of Topsail St.	A+	ns
Marina del Rey, Mothers' Beach- lifeguard tower	A+	ns
Dockweiler State Beach at Ballona Creek mouth	C	ns
Dockweiler State Beach at Culver Blvd. drain	A+	ns
North Westchester Storm Drain at Dockweiler State Beach	A+	ns
Dockweiler State Beach at World Way (south of D&W jetty)	A+	ns
Dockweiler State Beach at Imperial Hwy drain	A+	ns
Dockweiler Beach- opposite Hyperion Treatment Plant	A	ns
Dockweiler State Beach at Grand Ave. drain	A+	ns

LEGEND

DRY -- each location is graded on an A - F scale based on bacterial pollution levels present in the surf zone
WET -- grades for days of recorded rainfall and the following 3 days
ns -- no sample taken

Heal the Bay is a non-profit environmental organization dedicated to making Santa Monica Bay and Southern California coastal waters safe and healthy for people and marine life.

Heal the Bay

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Heal the Bay's Beach Report Card® is based on weekly water quality monitoring data provided by the City of Los Angeles' Environmental Monitoring Division and the Los Angeles County Department of Health Services. Data is analyzed as soon as it is made available to us by the public agencies. Beaches are graded on an A–F scale based on the risk of ocean users becoming ill. Samples are analyzed for bacteria—enterococcus, total and fecal coliforms—that indicate biological pollution. A fact sheet detailing the exact methodology used in determining grades for each location is available from the office or on our web site. The report is not designed to measure the amount of trash or toxins found at local beaches.

The Beach Report Card is an indication of past water quality and is not a warranty of the current safety of those areas surveyed. Our lawyers are happy.

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MOVIE TIMES

Aero Theatre
1328 Montana Ave.
(323) 466-FILM

Double Feature: The Wild One (NR) 1hr 19min and The Wild Angles (NR) 1hr 33min
7:30

AMC Loews Broadway 4
1441 Third Street Promenade

The Goods: Live Hard, Sell Hard (R) 1hr 29min
12:35, 3:00, 5:20, 7:45, 10:10

A Perfect Getaway (R) 1hr 38min
11:40 a.m., 2:10, 4:45, 7:25, 9:55

Thirst (Bakjwi) (R) 2hr 13min
1:00, 4:10, 7:15, 10:15

The Hangover (R) 1hr 40min
11:20 a.m., 1:50, 4:25, 7:00, 9:30

AMC 7 Santa Monica
1310 Third St.
(310) 289-4262

Bandslam (PG) 1hr 51min
11:10 a.m., 1:45, 4:30, 7:30, 10:15

Ponyo (Gake no ue no Ponyo) (G) 1hr 40min
11:00 a.m., 1:35, 4:05, 6:50, 9:40

The Time Traveler's Wife (PG-13) 1hr 48min
11:05 a.m., 1:55, 4:45, 7:40, 10:35

Julie and Julia (PG-13) 2hrs 3min
12:30, 3:55, 7:10, 10:20

Funny People (R) 2hrs 16min
12:20, 3:30, 6:40, 9:55

G-Force: In Disney Digital 3-D (PG) 1hr 30min
11:55 a.m., 2:20, 4:40, 7:00, 9:15

Harry Potter and the Half-Blood Prince (PG) 2hrs 33min
11:50 a.m., 3:15, 6:40, 10:05

Laemmle's Monica Fourplex
1332 Second St.
(310) 394-9741

Echo Beach (NR) 53min
8:00

A Woman In Berlin (NR) 2hr 11min
3:10, 8:30

(500) Days of Summer (PG-13) 1hr 35min
1:00, 3:20, 5:40, 8:00, 10:15

The Hurt Locker (R) 2hr 10min
1:00, 4:00, 7:10, 10:15

Whatever Works (PG-13) 1hr 32min
12:50, 6:10

Adam (PG-13) 1hr 39min
1:50, 4:30, 10:00

Mann's Criterion Theatre
1313 Third St.
(310) 395-1599

Inglourious Basterds (R) 2hrs 32min
12:01 a.m.

Spread (R) 1hr 37min
11:50 a.m., 2:30, 5:00, 7:20, 9:50

G.I. Joe: The Rise of Cobra (PG-13) 1hr 58min
11:10 a.m., 1:00, 2:00, 3:50, 4:50, 7:00, 8:00, 10:00

The Ugly Truth (R) 1hr 36min
11:40 a.m., 2:10, 4:30, 7:10, 9:40

District 9 (R) 1hr 53min
11:00 a.m., 1:50, 4:40, 7:30, 10:20

District 9 (Digital Projection) (R) 1hr 53min
12:00, 2:50, 5:40, 8:30

For more information, e-mail news@smdp.com

Just hang, Cancer

ARIES (March 21-April 19)
★★★★ Make a wish with today's New Moon. Verbalizing what you desire is the first step in making it happen. Your drive marks your success. Tonight: Make it easy.

TAURUS (April 20-May 20)
★★★★★ You have a way that makes others think. Brainstorm with others. Even a boss, though confusing, comes up with ideas. You'll create a unique option that could involve real estate, property and perhaps a home office. Don't nix anything right now! Tonight: Happily head home.

GEMINI (May 21-June 20)
★★★★ Keep communication flowing, eyeing security and long-term commitment. You don't want to undermine your well-being. Listen to what others share, but still nix a risk. Others cannot make your decision for you. Tonight: Mosey on home.

CANCER (June 21-July 22)
★★★★★ Keep conversations moving, knowing that there is much more to relay. The unexpected does occur. Examine the long-term ramifications of a difficult association. Be careful expressing your frustration. Tonight: Hang out.

LEO (July 23-Aug. 22)
★★★★ Curb a tendency to be possessive. Creativity flows, especially financially, and you could create a new beginning. Be careful if you have a tendency to suppress your feelings and then act on them. Have you been spending a lot? Eating a lot? Tonight: Discipline a wild streak.

VIRGO (Aug. 23-Sept. 22)
★★★ Be sensitive to others, as well as yourself. Discipline yourself. You have a strong intuitive sense about a work or health matter. Just because an idea feels good doesn't mean it is good. Check in with the experts. Tonight: Claim your power.

LIBRA (Sept. 23-Oct. 22)
★★★ You could easily fizzle early on. Be aware of your energy level; you might opt to work behind the scenes. Detach, and you'll see a situation clearly, or break your pattern, or at least understand your role in the situation. Tonight: Head home.

SCORPIO (Oct. 23-Nov. 21)
★★★★ Emphasize the positives. Listen to the pros and cons of a situation. If you are focused, you could further an important goal. Network and touch base with others. Your ability to make a difference or draw others peaks. Just ask for what you want. Tonight: Where people are.

SAGITTARIUS (Nov. 22-Dec. 21)
★★★★ Be aware of your financial needs, as they could be changing quickly. A new beginning is possible. Listen to news with an eye to potential change. Your way of handling a situation or problem could change. What is occurring behind the scenes becomes clear. Tonight: Burning the candle at both ends.

CAPRICORN (Dec. 22-Jan. 19)
★★★★★ Your ability to read between the lines marks many of your decisions. Am agreement with a partner or associate could force a change or transformation. Tonight: Break past restrictions.

AQUARIUS (Jan. 20-Feb. 18)
★★★★★ Deal with individuals rather than groups. You discover that eye contact adds to the quality of a discussion. Follow through on a work-related situation that can impact you financially. Tonight: Dinner and talks.

PISCES (Feb. 19-March 20)
★★★★ Defer to others and get to the bottom of a problem. Listen to what is being said, as someone might trigger a button that forces you to do a double-take. Tonight: Make time for a special person.

Happy birthday

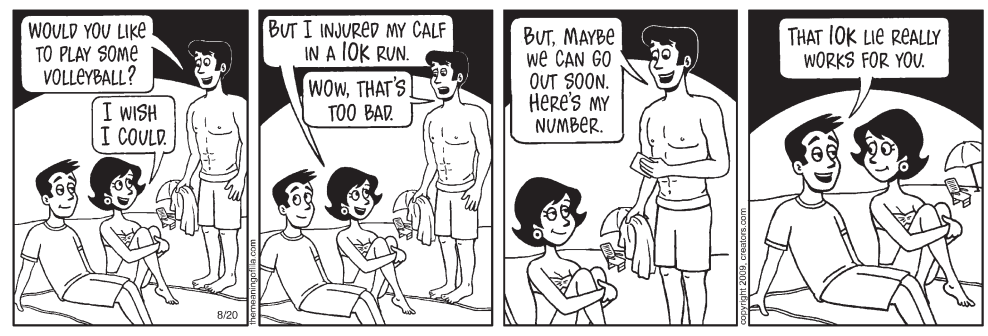
Many opportunities appear this year. After October, making money is an easier proposition. Use your recent lessons conserving funds. A work-related matter could be changing. You might pay far more attention to your health and well-being. If you are single, you will meet many people in your travels, and many people demonstrate their interest in you. Still, as you suppress a lot of feelings, you are not easy to relate to. If you are attached, learn to discuss your anger before it becomes rage. Be more open about your feelings. VIRGO helps you make money.

JACQUELINE BIGAR'S STARS
The stars show the kind of day you'll have:
★★★★★Dynamic ★★ So-So
★★★★ Positive ★ Difficult
★★★ Average

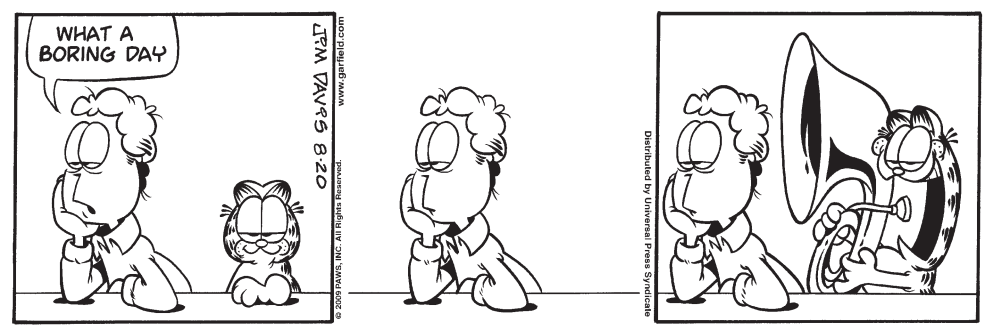
Girls and Sports
By Justin Borus and Andrew Feinstein



The Meaning of Lila
By John Forgetta & L.A. Rose



Garfield
By Jim Davis



Strange Brew
By John Deering



Speed Bump
By Dave Coverly



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Sudoku

Fill in the blank cells using numbers 1 to 9. Each number can appear only once in each row, column, and 3x3 block. Use logic and process of elimination to solve the puzzle. The difficulty level ranges from ★ (easiest) to ★★★★★ (hardest).

Difficulty Level ★★★

9				1				
	2				6	5	9	
		7			8		3	
						9	1	
1				6				4
	7	3						
	8		5			3		
	9	2	4				6	
				9				5

King Features Syndicate

GETTING STARTED

There are many strategies to solving Sudoku. One way to begin is to examine each 3x3 grid and figure out which numbers are missing. Then, based on the other numbers in the row and column of each blank cell, find which of the missing numbers will work. Eliminating numbers will eventually lead you to the answer.

SOLUTIONS TO YESTERDAY'S PUZZLE

9	8	6	5	1	4	2	7	3
7	1	3	8	6	2	5	4	9
5	2	4	3	7	9	1	6	8
3	7	9	6	4	5	8	2	1
1	6	8	2	9	3	7	5	4
2	4	5	7	8	1	3	9	6
6	3	7	9	2	8	4	1	5
4	5	2	1	3	6	9	8	7
8	9	1	4	5	7	6	3	2

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MYSTERY PHOTO

Maya Sugarman *news@smdp.com*

The first person who can correctly identify where this image was captured wins a prize from the Santa Monica Daily Press. Send answers to *editor@smdp.com*.

CROSSWORD

By THOMAS JOSEPH

ACROSS

1 Exec's note
5 Cavalry weapon
10 Action setting
12 Setting piece
13 Dramatic no-show
14 Include
15 Lupino of film
16 Supply backing for
18 Boston cager
20 Heart chart
21 Scope
23 Lilli-putian
24 Summer coolers
26 Egg setting
28 Rollaway bed
29 Carry
31 Pitcher's pride
32 River parts
36 Files
39 Furrow
40 Vision
41 Grammar topic
43 TV's "Uncle Miltie"
44 Harness race horse
45 Stopped
46 Seabird

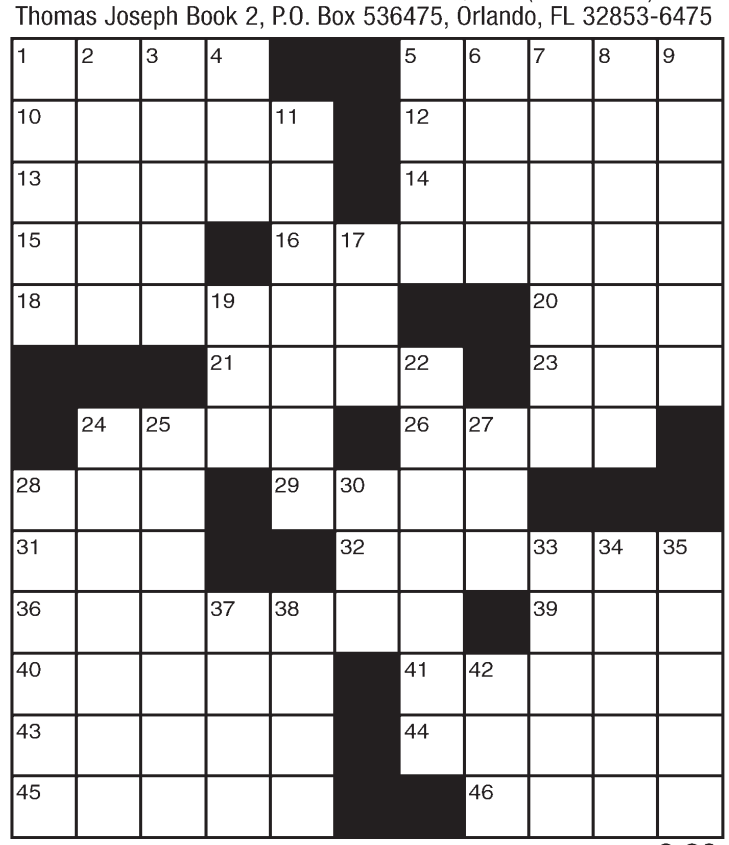
DOWN

1 Potter's field
2 Under-mine
3 Military award
4 Music's Yoko
5 Go across
6 "M*A*S*H" star
7 Trouble
8 Flier's down-loaded page
9 Misplay at bridge
11 Originally
17 Drink cooler
19 Salon offering
22 Starts a hand
24 Plant VIPs
25 Money-getting aid
27 Sushi choice
28 Piranha
30 Un-matched
33 Vestige
34 Boring tool
35 Harsh
37 Eyeball
38 Marsh plant
42 Plopped down

A	D	D	A	M	S	■	O	G	L	E
C	O	O	L	I	T	■	C	U	E	S
E	N	C	O	D	E	■	C	E	O	S
■	■	■	N	I	M	B	U	S	■	■
T	U	B	E	■	■	U	L	T	R	A
A	B	U	■	B	O	O	T	L	E	G
C	O	D	■	A	N	Y	■	I	N	N
H	A	D	A	G	A	S	■	S	E	E
S	T	Y	L	E	■	■	S	T	E	W
■	■	L	I	L	K	I	M	■	■	■
E	R	I	E	■	A	D	A	G	E	S
B	O	S	N	■	T	E	R	E	S	A
B	E	T	S	■	E	S	T	E	E	M

Yesterday's answer

NEW CROSSWORD BOOK! Send $4.75 (check/m.o.) to Thomas Joseph Book 2, P.O. Box 536475, Orlando, FL 32853-6475



8-20

DAILY LOTTERY

MEGA MILLIONS: 4 5 26 37 56 Meganumber: 25 Jackpot: $170M

SUPER LOTTO PLUS: 7 9 25 29 47 Meganumber: 24 Jackpot: $11M

Fantasy 5: 1 4 10 14 16

DAILY 3: MIDDAY: 3 4 3 EVENING: 3 9 9

DAILY DERBY: 1st: 04 Big Ben 2nd: 03 Hot Shot 3rd: 07 Eureka RACE TIME: 1:40.54

Although every effort is made to ensure the accuracy of the winning number information, mistakes can occur. In the event of any discrepancies, California State laws and California Lottery regulations will prevail. Complete game information and prize claiming instructions are available at California Lottery retailers. Visit the California State Lottery web site at http://www.calottery.com

NEWS OF THE WEIRD
BY CHUCK SHEPARD

■ In July, Mexican authorities accused one of the country's newer drug cartels, La Familia, of murdering 12 federal agents following a 2007 debut in which it rolled five severed heads into a dance hall in a show of intimidation. According to an April Reuters report, captured documents indicate that La Familia gang members are strictly required to attend regular prayer meetings, to never drink alcohol or take drugs, and to attend classes in "ethics" and "personal improvement."

■ Relatives of two British convicted murderers, claiming a breach of "privacy" under the European Convention on Human Rights, filed lawsuits recently against the Greater Manchester Police over a crime-prevention campaign. High-profile gangbangers Colin Joyce, 29, and Lee Amos, 32, had been sentenced to long prison terms, and the GMP, trying to turn youths away from gangs, created computer images on billboards of the two men as they might look when they are released, sometime after the year 2040. Their families were outraged. (GMP reported that gang-related shootings are down 92 percent since Joyce and Amos were caught.)

TODAY IN HISTORY

1866 President Andrew Johnson formally declares the American Civil War over.

1882 Peter Ilyich Tchaikovsky's 1812 Overture debuts in Moscow.

1888 Mutineers imprison Emin Pasha at Dufile.

1900 Japan's primary school law is amended to provide for four years of mandatory schooling.

1914 World War I: German forces occupy Brussels.

1920 The first commercial radio station, 8MK (WWJ), begins operations in Detroit, Michigan.

1926 Japan's public broadcasting company, Nippon HMsM KyMkai(NHK) is established.

WORD UP!

furbelow \FUR-buh-low\ , noun: 1. A pleated or gathered flounce on a woman's garment; a ruffle. 2. Something showy or superfluous; a bit of showy ornamentation.

Santa Monica Daily Press

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North of Montana	$3,250,000	$1,049,000
Between Wilshire & Montana	$1,899,000	$995,000
South of Wilshire	$889,500	$599,500
Sunset Park	$1,199,000	$605,000
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Statistics Updated Every Monday

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