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Trio of candidates are first to qualify for November

MATTHEW HALL
Daily Press Editor

The first batch of candidates for local offices have qualified for the November election.

One City Council candidate (Troy Harris) and two candidates for School Board (Alicia Mignano and Richard Tahvildaran-Jesswein) qualified on August 1.

To run for Council, School Board, Rent Control Board or SMC Board potential candidates must gather 100 signatures from registered voters. The nomination period runs through at least August 12 and will be extended to August 17 in any race in which an incumbent declines to run again.

Tahvildaran-Jesswein said his early qualification was just a result of pulling papers on the first possible day.

"I just showed up at the city hall the first day that the papers were available and went door to door in my community, my neighborhood and got the signatures. And that took a week's time to put my papers in it," he said. "I was thrilled I heard from the clerk last night, I got an email and a phone call from the city's clerk saying that I had qualified, and I and I look forward to running and to talking to people about the work that we do and continue with the good work."

Mignano said she wanted to start work on her campaign as soon as possible.

"I'm a newcomer to the School Board race, so don't have as much name recognition as the incumbents.

SEE **ELECTION** PAGE 6

National Night Out returns













Emily Sawicki

POLICE: The Santa Monica Police Department celebrated National Night Out on Tuesday with an event at City Hall designed to introduce residents to members of the department.

California governor declares monkeypox state of emergency

DON THOMPSON
Associated Press

California's governor on Monday declared a state of emergency to speed efforts to combat the monkeypox outbreak, becoming the second state in three days to take the step.

Gov. Gavin Newsom said the declaration will help California coordinate a government-wide response, seek more vaccines and lead outreach and education efforts on where people can get treatment and vaccination.

"We'll continue to work with the federal government to secure more vaccines, raise awareness about reducing risk, and stand with the LGBTQ community fighting stigmatization," Newsom said in a statement announcing his declaration.

Nearly 800 cases of monkeypox have been reported in California, according to state public health officials.

The monkeypox virus spreads through prolonged and close skin-to-skin contact, which can include hugging, cuddling and kissing, as well as through the sharing of bedding, towels and clothing. People getting sick so far have mainly been men who have sex with men, though health officials note that the virus can infect anyone.

"Public health officials are clear: stigma is unacceptable and counterproductive in public health response," Michelle Gibbons, executive director of the County Health Executives Association of

SEE **POX** PAGE 6



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US House Speaker Pelosi arrives in Taiwan, defying Beijing

HUIZHONG WU, EILEEN NG AND LISA MASCARO
Associated Press

U.S. House Speaker Nancy Pelosi arrived in Taiwan late Tuesday, becoming the highest-ranking American official in 25 years to visit the self-ruled island claimed by China, which quickly announced that it would conduct military maneuvers in retaliation for her presence.

Pelosi flew in aboard a U.S. Air Force passenger jet and was greeted on the tarmac at Taipei's international airport by Taiwan's foreign minister and other Taiwanese and American officials. She posed for photos before her motorcade whisked her unseen into the parking garage of a hotel.

Her visit ratcheted up tension between China and the United States because China claims Taiwan as part of its territory, and it views visits by foreign government officials as recognition of the island's sovereignty.

The Biden administration, and Pelosi, say the United States remains committed to the so-called one-China policy, which recognizes Beijing but allows informal relations and defense ties with Taipei.

The speaker framed the trip as part of a broader mission at a time when "the world faces a choice between autocracy and democracy." Her visit comes after she led a congressional delegation to the Ukrainian capital of Kyiv in the spring, and it serves as a capstone to her many years of promoting democracy abroad.

"We must stand by Taiwan," she said in an opinion piece published by The Washington Post on her arrival in Taiwan. She cited the commitment that the U.S. made to a democratic Taiwan under a 1979 law.

"It is essential that America and our allies make clear that we never give in to autocrats," she wrote.

Taiwan and China split during a civil war in 1949, but China claims the island as its own territory and has not ruled out using military force to take it.

The Biden administration did not explicitly urge Pelosi to call off her plans. It repeatedly and publicly assured Beijing that the visit did not signal any change in U.S. policy toward Taiwan.

Soon after Pelosi's arrival, China announced a series of military operations and drills, which followed promises of "resolute and strong measures" if Pelosi went through with her visit.

The People's Liberation Army said the maneuvers would take place in the waters and skies near Taiwan and include the firing of long-range ammunition in the Taiwan Strait.

"This action is a solemn deterrent against the recent major escalation of the negative actions of the United States on the Taiwan issue, and a serious warning to the 'Taiwan independence' forces seeking 'independence.'"

China's official Xinhua News said the army planned to conduct live-fire drills from Aug. 4 to Aug. 7 across multiple locations. An image released by the news agency indicated that the drills were to take place in six different areas in the waters surrounding Taiwan.

Chinese Foreign Minister Wang Yi said Washington's betrayal "on the Taiwan issue is bankrupting its national credibility."

"Some American politicians are playing with fire on the issue of Taiwan," Wang said in a statement that referred to the U.S. as "the world's biggest saboteur of peace."

Back in the United States, 26 Republican lawmakers issued a statement of rare bipartisan support for the Democratic speaker. The statement called trips by members of Congress to Taiwan routine.

Senate Republican Leader Mitch McConnell backed Pelosi's visit as a display of support for Taiwan's democracy and said any allegations that her itinerary was provocative were "utterly absurd."

"I believe she has every right to go," McConnell said in a Senate speech.

Senators are considering legislation to bolster Taiwan's defense as direct response to China's rhetoric. The Taiwan Policy Act, which has support from both parties, will be discussed Wednesday by the Senate Foreign Relations Committee.

The package would bolster Taiwan's defense capabilities with nearly $4.5 billion in security assistance over the next four years and provide other support for Taiwan's democratic government and civil society. The measure would also designate Taiwan as a "major non-NATO ally," which opens the door to more security and trade benefits.

Backers call it the most comprehensive restructuring of U.S. policy toward Taiwan since the Taiwan Relations Act of 1979.

Pelosi's trip was not officially announced ahead of time.

Barricades were erected outside the Grand Hyatt Hotel in Taipei. Journalists and onlookers thronged the streets just outside and pressed against the hotel's lobby windows as they awaited Pelosi's motorcade. Two buildings in the capital lit up LED displays with words of welcome, including the iconic Taipei 101 building, which said "Welcome to Taiwan, Speaker Pelosi."

China has stepped up overflights and other provocative moves toward Taiwan and neighboring territory in recent years, asserting broad claims of its rights around the region.

China's military threats have driven concerns about a new crisis in the 100-mile-wide (140-kilometer) Taiwan Strait that could roil global markets and supply chains.

The White House insisted that China had no valid cause for anger.

"The United States will not seek, and does not want, a crisis," John Kirby, spokesman for the National Security Council, told a White House briefing Tuesday. "At the same time, we will not engage in saber-rattling."

U.S. officials have said the American military will increase its movements in the Indo-Pacific region during Pelosi's visit. The aircraft carrier USS Ronald Reagan and its strike group were in the Philippine Sea on Monday, according to officials who spoke on condition of anonymity to discuss military operations.

The Reagan, the cruiser USS Antietam and the destroyer USS Higgins left Singapore after

SEE **PELOSI** PAGE 8

Outdoor Watering Restrictions
Effective July 5, 2022
Limit Outdoor Watering to 2 Days a Week
No watering between 9am – 5pm.
Monday Odd Addresses
Tuesday Even Addresses
Wednesday Odd Addresses
Thursday Even Addresses


City of Santa Monica
This is HOW WE SAVE WATER.
For more information visit: santamonica.gov/watering-restrictions

DAILY POLICE LOGS

SMDP STAFF CHOSE THE FOLLOWING FROM 341 CALLS ON AUGUST 1

Burglary 100Blk Ocean Park Blvd 12:17 a.m.
Burglary 900Blk 5th St 12:17 a.m.
Strongarm Robbery 1600Blk Santa Monica Blvd 12:41 a.m.
Encampment 2nd St / Colorado Ave 1:34 a.m.
Audible Burglar Alarm 1700Blk Main St 1:54 a.m.
Audible Burglar Alarm 1500Blk 12th St 1:58 a.m.
Traffic/Vehicle Stop 5th St / Santa Monica Blvd 2:38 a.m.
Loud Music 2300Blk Pico Blvd 3:12 a.m.
Traffic Hazard Barnard Way / Ocean Park Blvd 4:31 a.m.
Fight 300Blk Ocean Ave 5:24 a.m.
Auto Burglary 1200Blk 24th St 6:54 a.m.
Found Property 2600Blk Barnard Way 7:02 a.m.
Auto Burglary 500Blk Ashland Ave 7:06 a.m.
Theft Of Recyclables 800Blk 7th St 7:20 a.m.
Panic Alarm 3000Blk 11th St 7:24 a.m.
Traffic/Vehicle Stop 700Blk Arizona Ave 7:28 a.m.
Audible Burglar Alarm 1600Blk 10th St 7:46 a.m.
Auto Burglary 1900Blk 3rd St 7:47 a.m.
Auto Burglary 1400Blk Oak St 7:51 a.m.
Mark & Tag Abandoned Vehicle 700Blk 24th St 8:02 a.m.
Grand Theft Auto 600Blk Navy St 8:11 a.m.
Auto Burglary 700Blk Ozone St 8:22 a.m.
Auto Burglary 700Blk Ozone St 8:23 a.m.
Audible Burglar Alarm 100Blk Ocean Park Blvd 8:33 a.m.
Mark & Tag Abandoned Vehicle 900Blk Michigan Ave 8:41 a.m.
Hit And Run Misdemeanor Investigation 500Blk Pier Ave 8:48 a.m.
Auto Burglary 1400Blk Oak St 8:50 a.m.
Audible Burglar Alarm 900Blk 23rd St 8:57 a.m.
Petty Theft 2200Blk Colorado Ave 9:10 a.m.
Burglary 2300Blk Wilshire Blvd 9:17 a.m.
Mark & Tag Abandoned Vehicle 600Blk Hill St 9:18 a.m.
Vehicle With Excessive Parking Violations 2900Blk Pico Blvd 9:21 a.m.
Auto Burglary 800Blk 6th St 9:31 a.m.
Vehicle With Excessive Parking Violations 600Blk Hill St 9:33 a.m.
Auto Burglary 1700Blk 10th St 9:50 a.m.
Burglary 1400Blk Palisades Beach rd 10:17 a.m.
Defrauding Innkeeper 2400Blk Pico Blvd 10:25 a.m.
Vehicle With Excessive Parking Violations 1500Blk 10th St 10:26 a.m.
Indecent Exposure 1500Blk 5th St 10:38 a.m.
Vehicle With Excessive Parking Violations 1500Blk 9th St 10:42 a.m.
Fraud 2300Blk Washington Ave 10:42 a.m.
Auto Burglary 2300Blk 2nd St 10:44 a.m.
Hit And Run Misdemeanor Investigation 14th St / Wilshire Blvd 10:45 a.m.
Mark & Tag Abandoned Vehicle 1400Blk 10th St 11:11 a.m.
Burglary 3200Blk Olympic Blvd 11:16 a.m.
Audible Burglar Alarm 100Blk Ocean Park Blvd 11:17 a.m.
Auto Burglary 2700Blk Euclid St 11:29 a.m.
Prowler 400Blk 19th St 11:38 a.m.
Indecent Exposure 600Blk Pico Blvd 11:41 a.m.
72 Hour Psychiatric Hold 200Blk Wilshire Blvd 11:49 a.m.
Assault 200Blk Broadway 12:01 p.m.
Encampment 1400Blk Wilshire Blvd 12:05 p.m.
Fight 1500Blk Ocean Ave 12:06 p.m.
Indecent Exposure 400Blk Santa Monica Pier 12:13 p.m.
Auto Burglary 3100Blk Neilson Way 12:14 p.m.
Traffic Hazard 20th St / Interstate 10 12:52 p.m.
Traffic Hazard 5th St / California Ave 1:01 p.m.
Grand Theft Auto 2000Blk Pier Ave 1:05 p.m.
Traffic/Vehicle Stop 1800Blk 9th St 1:05 p.m.
Encampment 1200Blk 14th St 1:13 p.m.
Expired Registration 900Blk 14th St 1:16 p.m.
Audible Burglar Alarm 100Blk Ocean Park Blvd 1:25 p.m.
Traffic Hazard Main St / Ashland Ave 1:26 p.m.
Vehicle Parked In Alley 2000Blk Santa Monica Blvd 1:29 p.m.
Traffic Control Request - Level 1 2900Blk Main St 1:30 p.m.
Indecent Exposure 600Blk Marine St 1:43 p.m.
Vehicle Parked On Sidewalk 2300Blk Lincoln Blvd 1:54 p.m.
Expired Registration 600Blk 12th St 1:55 p.m.
Petty Theft 300Blk Santa Monica Pier 2:07 p.m.
Found Property 10th St / Pico Blvd 2:38 p.m.
Found Property 1500Blk 4th St 2:38 p.m.
General Parking Problem 16th St / California Ave 2:54 p.m.
Vehicle Blocking Driveway 1400Blk 6th St 3:10 p.m.
Traffic Collision - No Injuries City Prop Involved 1200Blk 14th St 3:13 p.m.
Vehicle Blocking Driveway 1700Blk Ocean Park Blvd 3:22 p.m.
Auto Burglary 700Blk Ozone St 3:29 p.m.
Expired Registration 1200Blk 19th St 3:35 p.m.
Overdose 2900Blk The Beach 3:45 p.m.
Sexual Assault 2nd St / Santa Monica Blvd 3:53 p.m.
Grand Theft Auto 1700Blk Lincoln Blvd 4:07 p.m.
Critical Missing Person 800Blk 4th St 4:19 p.m.
Grand Theft 1600Blk Cloverfield Blvd 4:22 p.m.
Abandoned Vehicle 2400Blk 5th St 4:24 p.m.
Audible Burglar Alarm 100Blk Ocean Park Blvd 4:25 p.m.
Burglary 1100Blk 12th St 4:50 p.m.
General Parking Problem 2800Blk Wilshire Blvd 4:55 p.m.
Valet Zone Violation 1300Blk 2nd St 5:02 p.m.
Vehicle Blocking Driveway 2200Blk Arizona Ave 5:07 p.m.
Harassing Phone Calls 2200Blk Main St 5:14 p.m.
Bike Theft 1500Blk The Beach 5:28 p.m.
Fraud 300Blk Olympic Dr 5:43 p.m.
Harassing Phone Calls 2200Blk Main St 6:12 p.m.
Grand Theft 300Blk Santa Monica Pl 6:22 p.m.
Lost Property 300Blk Arizona Ave 6:35 p.m.
Exhibition Of Speed Main St / Hill St 7:02 p.m.
Construction Noise 700Blk Copeland Ct 7:10 p.m.
Critical Missing Person 300Blk Santa Monica Pier 7:14 p.m.
Audible Burglar Alarm 2700Blk Main St 7:24 p.m.
Encampment 1500Blk The Beach 7:27 p.m.
Fight 700Blk Colorado Ave 7:34 p.m.
Traffic Hazard 500Blk Marine St 7:38 p.m.
Grand Theft Auto 1300Blk 2nd St 7:43 p.m.
Traffic Collision With Injuries 3000Blk Wilshire Blvd 7:59 p.m.
Traffic Collision - Unknown Injuries Stanford St / Wilshire Blvd 8:00 p.m.
Traffic Hazard Highland Ave / Navy St 8:03 p.m.
Burglary 2900Blk 31st St 8:05 p.m.
Traffic/Vehicle Stop 1600Blk Ocean Front Walk 8:14 p.m.
Death Investigation 2400Blk 7th St 8:16 p.m.
Stolen Vehicle 1300Blk 2nd St 9:09 p.m.
Traffic Collision - No Injuries 5th St / Colorado Ave 9:43 p.m.
Civil Dispute 1400Blk 2nd St 9:48 p.m.
Audible Burglar Alarm 2800Blk Santa Monica Blvd 10:20 p.m.
Found Property 1400Blk 3rd Street Prom 10:31 p.m.
Drunk Driving Investigation 800Blk Pacific Coast Hwy 10:47 p.m.
Battery 800Blk 2nd St 11:16 p.m.

DAILY FIRE LOGS

SMDP STAFF CHOSE THE FOLLOWING FROM 45 CALLS ON AUGUST 1

Odor Of Natural Gas 100Blk Ocean Park Blvd 12:39 a.m.
EMS 1600Blk Santa Monica Blvd 12:42 a.m.
EMS 1600Blk Santa Monica Blvd 12:42 a.m.
EMS 1300Blk 17th St 1:12 a.m.
Automatic Alarm 300Blk Arizona Ave 5:20 a.m.
Automatic Alarm 300Blk Arizona Ave 7:10 a.m.
EMS 2800Blk Neilson Way 8:53 a.m.
EMS 2800Blk Neilson Way 9:03 a.m.
EMS 2000Blk Main St 9:11 a.m.
EMS 1900Blk 18th St 9:45 a.m.
EMS 1000Blk 25th St 10:11 a.m.
EMS 1000Blk 3rd St 10:18 a.m.
EMS 800Blk 2nd St 10:52 a.m.
EMS 1300Blk Franklin St 11:08 a.m.
EMS 2500Blk Pico Blvd 11:56 a.m.
EMS 1400Blk 17th St 12:02 p.m.
EMS 2000Blk Arizona Ave 12:27 p.m.
EMS 800Blk Broadway 1:01 p.m.
Automatic Alarm 1500Blk Ocean Ave 1:10 p.m.
EMS 2000Blk Santa Monica Blvd 1:13 p.m.
EMS 2000Blk Santa Monica Blvd 1:21 p.m.
EMS 19th St / Santa Monica Blvd 1:27 p.m.
EMS 2200Blk Colorado Ave 2:49 p.m.
EMS 400Blk 16th St 2:52 p.m.
EMS 1300Blk 20th St 3:42 p.m.
Automatic Alarm 500Blk Broadway 4:19 p.m.
EMS 1700Blk Wellesley Dr 4:22 p.m.
Automatic Alarm 500Blk Broadway 5:20 p.m.
EMS 1200Blk 15th St 5:43 p.m.
Public Assist 2300Blk Schader Dr 5:46 p.m.
Vehicle Fire 4th St / Hollister Ave 6:16 p.m.
Automatic Alarm 1200Blk 15th St 6:52 p.m.
EMS 1300Blk 15th St 7:07 p.m.
Automatic Alarm 900Blk Colorado Ave 7:15 p.m.
EMS 1300Blk 15th St 7:43 p.m.
Traffic Collision With Injury 3000Blk Wilshire Blvd 7:59 p.m.
EMS 2400Blk 7th St 8:15 p.m.
EMS 1300Blk 7th St 8:53 p.m.
EMS 1200Blk 11th St 9:00 p.m.
EMS 2800Blk Delaware Ave 9:08 p.m.
Traffic Collision With Injury 5th St / Colorado Ave 9:43 p.m.
Electrical Fire - No Fire Visible 1400Blk Yale St 10:02 p.m.
EMS 1100Blk 3rd St 11:13 p.m.
EMS 23rd St / Arizona Ave 11:14 p.m.
EMS 800Blk 2nd St 11:22 p.m.

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AWARD WINNER

AWARD WINNER

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COMMUNITY NEWS

Countywide

Public Health Expands Monkeypox Vaccination Eligibility; Launches West Hollywood Pop-Up Vaccination Location

With the arrival of additional JYNNEOS vaccination doses, the Los Angeles County Department of Public Health (Public Health) is expanding the criteria to include additional residents at high risk of exposure to monkeypox and launching a pop-up vaccination location in West Hollywood for those who have pre-registered, as described below, and booked an appointment at this location.

Monkeypox vaccine is now also available to gay or bisexual men and transgender persons 18 years of age and older who:

Had multiple or anonymous sex partners in the last 14 days including engaging in survival and/or transactional sex (e.g., sex in exchange for shelter, food and other goods and needs).

Residents who are immunocompromised, including those with advanced or uncontrolled HIV, may be at high risk for severe disease and will be prioritized for vaccination.

Residents who met the prior eligibility criteria are still eligible for vaccination (i.e., you are a gay or bisexual man or a transgender person and who were diagnosed with gonorrhea or early syphilis in the past 12 months, are on HIV pre-exposure prophylaxis (PrEP), or had anonymous sex or sex with multiple partners within the past 21 days in a commercial sex venue or other venue).

Those who meet any of the criteria can pre-register now for vaccination. Vaccine invitations will be sent over the next few days to all eligible persons that pre-registered. When it is their turn, Public Health will send a text message with instructions for how to get the vaccine at a public monkeypox vaccination site. When you go to the monkeypox vaccine location, be ready to show the text message and your ID for verification.

Those without access to the internet or needing help with registration, can call 2-1-1 for assistance.

Additionally, starting on Wednesday, August 3, 2022, a West Hollywood location will be added as a public monkeypox vaccination site for those that pre-registered for vaccine. The pop-up location will be at West Hollywood Library Community Meeting Room, located at 647 N. San Vicente Boulevard and will by appointment only from 9AM to 6PM. Residents who have not pre-registered and booked an appointment are not able to be vaccinated at this location.

Public Health is also working with other partners to secure additional pop-up vaccination locations.

Public Health is also directly communicating with the following groups to provide vaccination:

People who have had high- or intermediate-risk contact with someone with monkeypox (as defined by CDC and confirmed by Public Health).

People who attended an event or venue where there was high risk of exposure through skin-to-skin or sexual contact to individual(s) with monkeypox. (Public Health will work with event/venue organizers to identify persons who may have been present and at risk of exposure).

Persons experiencing homelessness (PEH) with high-risk behaviors.

People in high-risk cohorts identified by clinical staff in the LA County Jail system.

For more information, please visit: http://publichealth.lacounty.gov/monkeypox/.

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Biden, Harris endorse Rep. Karen Bass in LA mayor's race

MICHAEL R. BLOOD
AP Political Writer

President Joe Biden and Vice President Kamala Harris jointly endorsed U.S. Rep. Karen Bass on Tuesday to become the next mayor of Los Angeles, providing a boost to her campaign against billionaire developer Rick Caruso and cementing her place as the favorite of the Democratic establishment.

In a statement, Biden and Harris said they were eager to work with Bass and her "innovative strategies" to deal with the city's homeless crisis and rising crime rates.

"Karen Bass has our friendship, and she has earned our respect through her leadership in Congress on crime prevention strategies, effective and fair policing, and the welfare of children and families," Biden and Harris said.

The endorsement was not a surprise. Bass was on Biden's short list when he was selecting a vice president and Harris, a fellow Californian, has known the congresswoman for years.

Bass — a favorite of the party's progressive wing — could become the first woman to hold the city's top job, and the second Black person.

Elections rarely turn on endorsements, but Bass has locked up an extensive list of prominent Democratic supporters, including Hillary Clinton, House Speaker Nancy Pelosi and Massachusetts Sen. Elizabeth Warren.

The show of big-name support from within the party — paired with prominent labor backing — will be an asset in the heavily Democratic city, where Republicans account for only 13% of registered voters.

Los Angeles has been struggling with an unchecked homeless crisis, distress over brazen smash-and-grab robberies and home invasions while rents and housing prices have soared. At issue is whether voters in the liberal-leaning city might take a political right turn and embrace the moderate Caruso, who was endorsed by the police union and is promising to expand the Los Angeles Police Department.

In a tweet, Caruso responded that endorsements would not conceal what he called the congresswoman's "record of failing to address L.A.'s homelessness, public safety, and corruption. These endorsements have absolutely nothing to do with what this campaign is really about."

"L.A. needs fresh leadership," Caruso added. "The same old from establishment politicians won't stop this city from sliding into an even more desperate situation."

In his first run for public office, Caruso has picked up some celebrity backing, including from Snoop Dogg and Gwyneth Paltrow.

So far, Caruso has spent more than $40 million on the race, much of it his own money. Bass led the field by a comfortable margin in the June primary, setting up a November runoff with Caruso, the second-place finisher.

> "Karen Bass has our friendship, and she has earned our respect through her leadership in Congress on crime prevention strategies, effective and fair policing, and the welfare of children and families - President Joe Biden and Vice President Kamala Harris

Caruso, who is known for building high-end malls, is a political shape-shifter who calls himself a "centrist, pro-jobs, pro-public safety Democrat."

According to government records, he was a Republican for over two decades before becoming an independent in 2011. Caruso changed back to Republican in 2016 — a year when he served as California campaign co-chair for Republican John Kasich's presidential bid — and then to independent again in 2019. He became a Democrat shortly before entering the mayor's race in February.

GET IT DAILY...

Even simple exercise may help aging brain, study hints

LAURAN NEERGAARD
AP Medical Writer

New research hints that even a simple exercise routine just might help older Americans with mild memory problems.

Doctors have long advised physical activity to help keep a healthy brain fit. But the government-funded study marks the longest test of whether exercise makes any difference once memory starts to slide — research performed amid a pandemic that added isolation to the list of risks to participants' brain health.

Researchers recruited about 300 sedentary older adults with hard-to-spot memory changes called mild cognitive impairment or MCI — a condition that's sometimes, but not always, a precursor to Alzheimer's. Half were assigned aerobic exercises and the rest stretching-and-balance moves that only modestly raised their heart rate.

Another key component: Participants in both groups were showered with attention by trainers who worked with them at YMCAs around the country — and when COVID-19 shut down gyms, helped them keep moving at home via video calls.

After a year, cognitive testing showed overall neither group had worsened, said lead researcher Laura Baker, a neuroscientist at Wake Forest School of Medicine. Nor did brain scans show the shrinkage that accompanies worsening memory problems, she said.

By comparison, similar MCI patients in another long-term study of brain health — but without exercise — experienced significant cognitive decline over a year.

Those early findings are surprising, and the National Institute on Aging cautioned that tracking non-exercisers in the same study would have offered better proof.

But the results suggest "this is doable for everybody" — not just seniors healthy enough to work up a hard sweat, said Baker, who presented the data Tuesday at the Alzheimer's Association International Conference. "Exercise needs to be part of the prevention strategies" for at-risk seniors.

Previous research has found regular physical activity of any sort may reduce damaging inflammation and increase blood flow to the brain, said Alzheimer's Association chief scientific officer Maria Carrillo.

But the new study is especially intriguing because the pandemic hit halfway through, leaving already vulnerable seniors socially isolated — something long known to increase people's risk of memory problems, Carrillo said.

It's a frustrating time for dementia research. Doctors are hesitant to prescribe a high-priced new drug called Aduhelm that was supposed to be the first to slow progression of Alzheimer's — but it's not yet clear if it really helps patients. Researchers last month reported another drug that works similarly — by targeting amyloid plaques that are an Alzheimer's hallmark — failed in a key study.

While amyloid clearly plays a role, it's important that drugmakers increasingly are targeting many other factors that can lead to dementia, Carrillo said, because effective treatment or prevention likely will require a combination of customized strategies.

One example of a new approach: Sometimes in dementia, the brain has trouble processing blood sugar and fats for the energy it needs, John Didsbury of T3D Therapeutics told the Alzheimer's meeting. His company is testing a pill that aims to rev up that metabolism, with results expected next year.

Meanwhile, there's growing urgency to settle whether steps people could take today — like exercise — might offer at least some protection.

How much and what kind of exercise? In Baker's study, seniors were supposed to get moving for 30 to 45 minutes four times a week, whether it was on a vigorous turn on the treadmill or the stretching exercises. That's a big ask of anyone who's sedentary, but Baker said MCI's effects on the brain make it even harder for people to plan and stick with the new activity.

Hence the social stimulation — which she credited with each participant completing over 100 hours of exercise. Baker suspects that sheer volume might explain why even the simple stretching added up to an apparent benefit. Participants were supposed to exercise without formal support for an additional six months, data Baker hasn't yet analyzed.

"We wouldn't have done the exercise on our own," said retired agriculture researcher Doug Maxwell of Verona, Wisconsin, who joined the study with his wife.

The duo, both 81, were both assigned to the stretching classes. They felt so good afterward that when the study ended, they bought electric bikes in hopes of even more activity — efforts Maxwell acknowledged are hard to keep up.

Next up: Baker is leading an even larger study of older adults to see if adding exercise to other can't-hurt steps such as a heart-healthy diet, brain games and social stimulation together may reduce the risk of dementia.

FINDING A NEW DENTIST IS TOUGH!!!
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If you don't like what we have to say we will give you a copy of your x-rays at no charge
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*Nitrous Oxide available
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TRY OUR NO OBLIGATION
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*Offer to non insured patients
OR
TRY OUR NO OBLIGATION
$99 EXAM AND CLEANING
For New Patients
INCLUDES FULL XRAYS
*Offer to non insured patients
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ELECTION

FROM PAGE 1

Being an official candidate lets people know I'm serious about running and that I really do care about the future of SMMUSD," she said. "I'm excited to talk to voters and members of the community, and am already building a strong campaign. The response has been overwhelmingly supportive. I look forward to discussing School District policies and plans with people throughout Santa Monica and Malibu."

Troy Harris said he also wanted to submit early as a sign of his seriousness.

"I'm running for city council because I recently went through a transformation in my life to improve my health and wellness, and it made me aware that a major way to live your ideal life is to give back to the community," he said. "And by joining the local government from within, and making it better as well, that's how I find it to be the best way to do that."

Lana Negrete is the only current councilmember who plans to run for reelection. Negrete was appointed last year and this will be her first election. Councilwomen Sue Himmelrich and Kristin McCowan have said they do not plan to seek reelection.

The Rent Control Board will also lack an elected incumbent for its three open seats. Commissioners Nicole Phillis and Naomi Sultan both resigned earlier this year and Steve Duron is termed out. Ericka Lesley has been appointed to fill one vacant seat and has pulled paperwork to run.

All four incumbents have signaled they plan to run again for School Board as have three of four incumbents for the SMC Board.

As of Tuesday evening, 19 individuals has requested paperwork for City Council, eight for School Board, four for the SMC Board and four for Rent Control Board.

editor@smdp.com

POX

FROM PAGE 1

California said in a statement. "The fact is that monkeypox is primarily spread by skin to skin contact and sharing objects like bedding or towels, without regard to sexual orientation or gender identity."

> "The monkeypox outbreak is an emergency, and we need to use every tool we have to control it - Sen. Scott Wiener

The type of monkeypox virus identified in this outbreak is rarely fatal, and people usually recover within weeks. But the lesions and blisters caused by the virus are painful, and they can prevent swallowing or bowel movements if in the throat or anus.

The declaration in California came after a similar one in New York state on Saturday, and in San Francisco on Thursday. Newsom's administration had said as recently as Friday that it was too soon for such a declaration.

After pressing for Newsom to make such a declaration, Democratic state Sen. Scott Wiener of San Francisco hailed the governor's decision.

"The monkeypox outbreak is an emergency, and we need to use every tool we have to control it," Wiener said.

Newsom's proclamation allows emergency medical personnel to administer monkeypox vaccines that are approved by the federal government.

That's similar to a recent law that allows pharmacists to administer vaccines, Newsom's administration said. It said the state's response is building on the steps developed during the coronavirus pandemic to set up vaccination clinics and make sure there is outreach to vulnerable populations in cooperation with local and community-based organizations.

California has received more than 61,000 vaccine doses and has distributed more than 25,000 doses.

"We don't have any time to waste," Los Angeles County Supervisor Kathryn Barger said in a statement. She said the nation's most-populous county must use all available resources to speed the distribution of vaccines and help to those who have been infected.

Newsom's office said Los Angeles County has received a separate allocation of vaccine.

As of last week, the state had expanded its testing capacity to process more than 1,000 tests a week. Critics have said the long wait for test results delayed treatment options.

In San Francisco, Peter Tran was among hundreds who lined up sometimes for hours to receive the monkeypox vaccine at the Zuckerberg San Francisco General Hospital on Monday after the clinic was forced to close last week because it did not receive enough doses.

"It's horrible. Like this is a vaccine that's been out for such a long time. And like, it's not even a deadly disease. It's harder to be transmitted than COVID. But the rollout of the vaccines throughout this nation is absolutely horrible," Tran said.

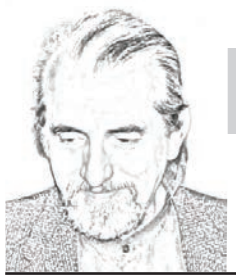
"I think the science shows that protection is greatly improved with the vaccine. So that's why I'm doing it. And I honestly just don't want the lesions on my body. I heard the lesions are painful and leave scarring. So I think that's another motivation to go out and get it."

Before making their own emergency declaration last week, San Francisco city officials were criticized for not responding rapidly enough to the outbreak. They, in turn, faulted the federal government for failing to deliver enough vaccines. The city received about 4,000 doses on Friday, enabling it to restart vaccinations, and hopes to administer them by mid-week, said Dr. Lukejohn Day, chief medical officer at the Zuckerberg San Francisco General Hospital.

The city had 305 cases as of Monday, he said.

The World Health Organization has declared the monkeypox outbreak in more than 70 countries a global emergency.

Associated Press videographer Terry Chea contributed from San Francisco.



OPINION **CURIOUS CITY**

Charles Andrews | Send comments to editor@smdp.com

SO LONG BUT NOT GOODBYE

SEE YOU IN OCTOBER

I'm taking a little break from CURIOUS CITY to work on a personal project. No way to carve out the needed time from my calendar otherwise, it seems. NOTEWORTHY, the weekly live music recommendations, will continue. Probably.

Before the lefty loonies start accusing the Santa Monica Daily Press of forcing me to the curb, let me declare unequivocally that this is entirely my decision, for personal not political reasons, with full support from the paper. SMDP's leadership has been incredibly supportive of me and my journalistic efforts for more than a decade and I appreciate that. A lot.

Well…, for a while there was a publisher who once told me in a bar on the Pier that he disagreed with nearly every thing I ever wrote. But still, he published it, and the owners have taken the inevitable flack with mostly good humor, and I have never been censored by anyone at SMDP. That publisher is long gone, and I'm still here.

I know, the timing is terrible, with a very important election coming up just five weeks after I return. Sorry. Man plans, and the universe decides.

Further complicating things, at this point, we don't even know who will be running for various elected positions, from City Council to School Board. Nonetheless, there may be some broad observations and recommendations I can make.

CITY COUNCIL

The Revolution. Before the previous election it was almost impossible to be elected to Council without the backing of Santa Monicans for Renters Rights (SMRR). Bob Holbrook, fiercely independent, did it, but only a couple of others since the founding of SMRR in 1079. SMRR originally was a great idea and organization which resulted in the strongest rent control laws in the nation, that helped protect what economic and racial diversity our small city had left, after freeways and racial discrimination.

But in my opinion, as it became the political kingmaker, it became more interested in its political power than in actually helping renters. Neighbors recently told me of their landlord's efforts to force them from their rent-controlled apartment, and they said all they got from SMRR was the phone number of a law firm. I can't tell you how many times I have heard that same story.

It's pretty simple. SMRR's power and influence depends on Santa Monica's high percentage of renters, so it is in their interest to have more and more rental units built here, and they have placed people on the Council who have made that happen. They piously pronounced that it was necessary to allow runaway development because that was the only way to get a handful of "affordable" units. And many bought that utter baloney. Now, a lot of creative ways are being explored to keep longtime low income residents in their homes.

Look around, especially if you have lived here for a while: our ugly, unhealthy, destructive densification is the result of 40 years of pro-overdevelopment Council members, handed us by SMRR. But in the last election we had the amazing phenomenon of three out of a slate of four, proclaiming themselves "residents first" candidates.

RESEARCH THE CANDIDATES, IT'S EASY

That is my top recommendation. Not so hard. Who is backing them? (Secondarily, their family – you might be surprised how many "power couples" there are, and how that factors in.) If you're at a loss, ask a friend who does follow such things.

Fortunately, the last election broke the back of the SMRR stranglehold, and many believe their power is greatly reduced.

The other endorsements you need to avoid if you long for a more livable, low rise city, are those of Forward, financed by big developer money. Their influence seems to be waning as well, but those are two sets of affiliations you want to note and run away from.

I've known Slate Council members Phil Brock and Oscar de la Torre for a long time, and I knew if they made it to Council I would not agree with everything they did. And I haven't. But they, along with the third Slate member Christine Parra, and appointee Lana Negrete, have kept their pledge to work for residents first, and they accomplished more than most know. But it takes a long time to turn an aircraft carrier around.

SCHOOL BOARD

The above recommendations apply here, with this added note: simply, no incumbents, for me. It's far too complex to go into here, and few follow what the District does, but I have two main criticisms with this Board: they lack any sliver of transparency (and in fact have been caught in several scandalous "omissions"), and they seem much more focused on constructing shiny new buildings, many not needed, at exorbitant cost running over $1B, than they are on students' and teachers' real needs.

I've got more to say but have run horribly into a modern nightmare: I have spent hours and hours trying to keep hackers from emptying all my family's bank accounts, and it's still not over.

See you in October.

Charles Andrews has lived in Santa Monica for 36 years and wouldn't live anywhere else in the world. Really. Send love and/or rebuke to him at therealmrmusic@gmail.com



City of Santa Monica

NOTICE OF A PUBLIC HEARING
BEFORE THE SANTA MONICA PLANNING COMMISSION
VIA TELECONFERENCE
Pursuant to AB361

SUBJECT: Proposed amendments to the text of the Zoning Ordinance related to economic recovery in the City's Downtown, Mixed-Use and Commercial, Employment, Oceanfront, and Public and Semi-Public Districts, excluding the area including and immediately adjacent to the Third Street Promenade, and economic recovery in the area including and immediately adjacent to the Third Street Promenade.

A public hearing will be held by the Planning Commission to consider Resolutions recommending to the City Council the adoption of amendments to the text of Article 9 of the Santa Monica Municipal Code (Zoning Ordinance) related to: 1) economic recovery in the City's Downtown, Mixed-Use and Commercial, Employment, Oceanfront, and Public and Semi-Public Districts, excluding the area including and immediately adjacent to the Third Street Promenade; and 2) economic recovery in the area including and immediately adjacent to the Third Street Promenade.

DATE/TIME: **WEDNESDAY, AUGUST 17, 2022, AT 5:30 PM**

LOCATION: In an effort to reduce the risk of spreading Coronavirus (COVID-19), members of the Planning Commission and City Staff will participate via teleconference. The meeting will be broadcast on CityTV Channel 16 and streamed on the City's website as normal but participants may also join the teleconference via https://primetime.bluejeans.com/a2m/live-event/zpkuwwxt or by dialing in at 1-415-466-7000 (PIN: 3618531 #)

HOW TO COMMENT
The City of Santa Monica encourages public comment. Those wishing to give written public comment shall email comments to planningcomment@santamonica.gov. Comments received prior to 12 p.m. on the day of the meeting will be distributed to the Planning Commission prior to the meeting and posted online. Please note the agenda item in your comments.

Additionally, public comment can be made by telephone by calling 1-408-740-7256 (Meeting ID: 159318397 and Passcode: 9434 followed by #) when the caller queue opens for the item on which you wish to comment. Remarks from the public made by telephone will be limited to up to 3 minutes per item. Please check the agenda for more detailed instructions on how to comment.

Address your comments to: Steve Mizokami, Principal Planner
Re: Economic Recovery Zoning Amendments

MORE INFORMATION
If you want more information about this project or wish to review the project file, please contact Steve Mizokami by e-mail at steve.mizokami@santamonica.gov. The Zoning Ordinance is available on the City's website at www.smgov.net. For disability-related accommodations, please contact 311 or (310) 458-8696 TTY at least 72 hours in advance. Every attempt will be made to provide the requested accommodation. All written materials are available in alternate format upon request. Pursuant to California Government Code Section 65009(b), if this matter is subsequently challenged in Court, the challenge may be limited to only those issues raised at the public hearing described in this notice, or in written correspondence delivered to the City of Santa Monica at, or prior to, the public hearing.

ESPAÑOL
Esto es una noticia de una audiencia pública para revisar applicaciónes proponiendo desarrollo en Santa Monica. Si deseas más información, favor de llamar a Carmen Gutierrez en la División de Planificación al número (310) 458-2275.



PELOSI

FROM PAGE 2

a port visit and moved north to their home port in Japan.

Meanwhile, Taiwan's Defense Ministry said early Wednesday that China had sent 21 planes flying toward Taiwan, 18 of them fighter jets. The rest included an early warning plane and an electronic warfare plane.

Beijing sees official American contact with Taiwan as encouragement to make the island's decades-old de facto independence permanent, a step U.S. leaders say they don't support. Pelosi, head of one of three branches of the U.S. government, is the highest-ranking elected American official to visit Taiwan since then-Speaker Newt Gingrich in 1997.

Pelosi's aircraft, an Air Force version of the Boeing 737, took a roundabout route, flying east over Indonesia rather than directly over the South China Sea.

The speaker has long challenged China on human rights, including traveling to Tiananmen Square in 1991, two years after China crushed a wave of democracy protests.

In 2009, she hand-delivered a letter to then-President Hu Jintao calling for the release of political prisoners. She had sought to visit Taiwan's island democracy earlier this year before testing positive for COVID-19.

China has been steadily ratcheting up diplomatic and military pressure on Taiwan. China cut off all contact with Taiwan's government in 2016 after President Tsai Ing-wen refused to endorse its claim that the island and mainland together make up a single Chinese nation, with the communist regime in Beijing being the sole legitimate government.

Pelosi kicked off her Asian tour Monday in Singapore. She is to travel to Japan and South Korea later this week.

Ng reported from Kuala Lumpur, Malaysia. Associated Press journalists Jim Gomez in Manila, Philippines, Mari Yamaguchi in Tokyo and Zeke Miller in Washington contributed to this report.

Santa Monica Daily Press

Classifieds

FOR QUOTES PLEASE CALL 310-573-8074

or email **cindy@smdp.com**

CLASSIFICATIONS	Pets	Rent	Storage Space	Business	Lost and Found
Announcements	Boats	Houses for Rent	Vehicles for Sale	Opportunities	Personals
Creative	Jewelry	Roommates	Massage	Yard Sales	Psychic
Employment	WantedvvTravel	Commercial Lease	Services	Health and Beauty	Obituaries
For Sale	Vacation Rentals	Real Estate	Computer Services	Fitness	Tutoring
Furniture	Apartments/Condos	Real Estate Loans	Attorney Services	Wealth and Success	

Name Change

ORDER TO SHOW CAUSE FOR CHANGE OF NAME Case No. 22STCP02419 Superior Court of California, County of Los Angeles Petition of Justin Lawrence Irribarren for Change of Name TO ALL INTERESTED PERSONS: Petitioner or Attorney: Justin Lawrence Irribarren filed a petition with this court for a decree of changing names as follows: Justin Lawrence Irribarren to Justin Luna.The court orders that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Notice of Hearing: Date 8/08/2022 Time: 10:00 a.m, Dept:74 , Room: 735. The address of the court is SUPERIOR COURT OF CALIFORNIA - COUNTY OF LOS ANGELES,1725 Main Street Santa Monica CA 90405. A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Santa Monica Daily Press. Date: 06/27/2022.

Help Wanted

BIOTECH/SCIENCES. Kite Pharma Inc., a biopharmaceutical company, has an opening in Santa Monica, CA for Sr. Manager, Supply Chain (KM07): Perform impact assessments on new or changing capabilities, including impact to cGMP SOPs, Work Instructions, Training, SOX, and Data Integrity. Ref. code and mail resume to Kite Pharma Inc., Attn: HR #CM-0819, 333 Lakeside Drive, Foster City, CA 94404, or send to Mobility.Kite@gilead.com.

HOURS MONDAY - FRIDAY 9:00am - 5:00pm
LOCATION 1640 5th Street, Suite 218, Santa Monica, CA 90401

SEND YOUR NEWS TO THE EDITOR

Santa Monica Daily Press **editor@smdp.com**

TODAY'S BIRTHDAY (Aug. 3)

Life's timing, however far off from your own, won't disappoint. You'll be so impressed at how things click and whir in a design that's better than you dreamed. You'll get an education that helps you enjoy a thing more. You'll win fans and money as you take pleasure seriously and take serious things with pleasure. Pisces and Taurus adore you. Your lucky numbers are: 8, 22, 1, 18 and 45.

HOROSCOPES

ARIES (March 21-April 19). Let nothing stand between you and your love. Whether it's a person, a subject, an endeavor or a god, there is no expert who knows more about your feelings than you do. Be guided by your own curiosity and attraction.

TAURUS (April 20-May 20). You'll be met with support and disagreement. Both are a gift, the bigger gift being disagreement. In this world, it is not similarities that take us forward but blunt opposition. You'll grow sharp from it.

GEMINI (May 21-June 21). Will you get yours? Will they get theirs? You needn't worry. The core of the earth is a churning ball of reciprocity. It's how this world is erected and balanced. Kindness, evil and everything in between can't help but be reciprocated.

CANCER (June 22-July 22). You want to get the timing right, but you only have control over one small part of the clock. Rushing, pushing or worrying is not going to make a tick of difference. You may as well relax and trust the larger mechanics.

LEO (July 23-Aug. 22). Peace is widely considered better than other alternatives, but every state has something to offer. Turmoil is a teacher, a trainer who helps you find your strength and grow your heart. Whatever state you're in, use it.

VIRGO (Aug. 23-Sept. 22). Is it wrong to manipulate someone to do what you want them to do if your aim is what's best for them and everyone else involved? You've benevolent reasons for testing the boundaries of control today.

LIBRA (Sept. 23-Oct. 23). Today you'll tend to experience things more deeply than those around you seem to. It may feel like a weakness, but it's actually a strength. Your range of feeling goes wider on both ends of the spectrum.

SCORPIO (Oct. 24-Nov. 21). Among the saddest words are, "if only." The antidote to that woeful phrase is equally succinct: "I accept." While not exactly happy, they are the basis from which happiness and fulfillment will spring.

SAGITTARIUS (Nov. 22-Dec. 21). You take personal responsibility seriously. You'll pitch in and clean up a mess you didn't create. None are blameless for the state of things, and you resolve to leave it better than it was when you arrived.

CAPRICORN (Dec. 22-Jan. 19). What happens to you is always far less important than what you take from the experience. However you feel, tell yourself it's an acceptable feeling. You won't be able to move through the feelings until you first accept them.

AQUARIUS (Jan. 20-Feb. 18). The goal is to become experienced, smooth and able to produce results quickly. Mistakes are inevitable. Since you can't avoid them, try not to fear them either. You'll develop the resilience to recover quickly and keep going.

PISCES (Feb. 19-March 20). You'll be in a position to change the price of your offerings. There's more value to what you give than a dollar amount could suggest. Consider it all. Can you think of yourself outside of your current definitions?

SOLUTIONS TO YESTERDAY'S CROSSWORD

S	H	A	D	E	■	U	R	G	E	■	S	A	M	E
C	A	P	O	N	■	N	U	L	L	■	U	S	E	D
A	L	O	O	F	■	P	L	U	M	■	R	I	T	E
N	O	P	R	O	B	L	E	M	■	S	E	D	A	N
■	■	■	■	L	O	U	D	■	T	O	W	E	L	S
S	H	O	W	D	O	G	■	E	A	C	H	■	■	■
T	O	R	O	S	■	■	B	A	C	K	Y	A	R	D
U	B	E	R	■	S	H	I	R	T	■	N	C	A	A
B	O	O	K	C	L	U	B	■	■	G	O	T	I	T
■	■	■	S	H	O	E	■	R	O	U	T	I	N	E
M	I	S	F	I	T	■	C	O	P	E	■	■	■	■
O	N	T	O	P	■	T	H	A	T	S	O	K	A	Y
S	T	A	R	■	E	Y	E	S	■	S	P	I	C	E
S	W	I	M	■	S	P	A	T	■	E	A	T	E	N
Y	O	R	E	■	C	O	P	S	■	S	L	E	D	S

Sudoku

Fill in the blank cells using numbers 1 to 9. Each number can appear only once in each row, column, and 3x3 block. Use logic and process of elimination to solve the puzzle.

SOLUTIONS TO YESTERDAY'S SUDOKU

8	9	5	3	1	7	2	4	6
1	2	4	5	9	6	7	3	8
6	3	7	2	4	8	5	9	1
2	8	1	7	5	4	9	6	3
7	4	3	6	8	9	1	2	5
5	6	9	1	2	3	8	7	4
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4	7	8	9	6	1	3	5	2
9	5	6	8	3	2	4	1	7

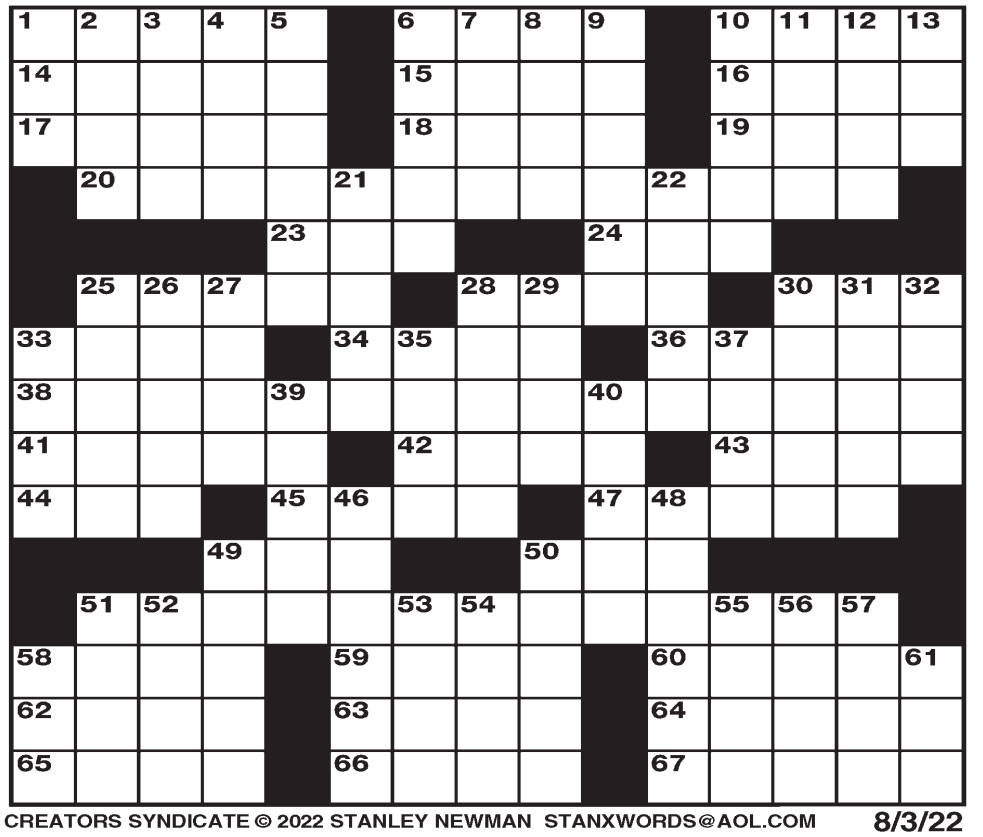
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	3	1				6		4
	5		7		4		1	3
8								
		7			6	5	4	

Newsday Crossword

BUSY BIRDS by Bruce Venzke
Edited by Stanley Newman
www.stanxwords.com

ACROSS
1 Cumbersome to carry
6 Coalition of politicians
10 Chunk of concrete
14 Nose-horned safari beast
15 Lion's cry
16 Pepsi or Coke
17 Unconfirmed report
18 Golden Rule preposition
19 Ripened, as cheese
20 Peddle merchandise
23 NYSE debut
24 Point opposite SSW
25 Guide a car
28 Attention-getting whisper
30 Basic cable network
33 Israeli airline
34 Made a landing
36 Husbands of countesses
38 Be evasive in answering
41 Stand up
42 Supply the money for
43 Degs. in finance
44 Winter hrs. in Colorado
45 Evening, in some ads
47 "No more for me, thanks"
49 __ *favor* (please, to Ruiz)
50 Incoming plane stat.
51 Echo words unthinkingly
58 One-liner, for example
59 Convent residents
60 Leans slightly
62 Yale students
63 Delve __ (investigate)
64 Standard of perfection
65 Hamilton's currency
66 First son in the Bible
67 Very recently

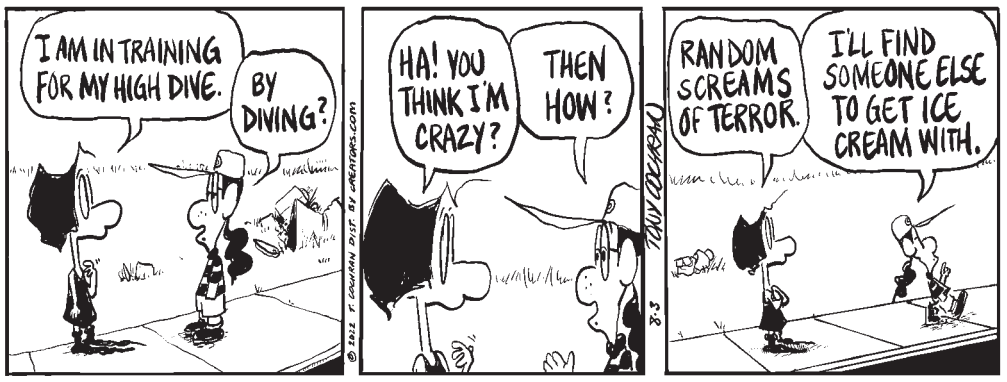
DOWN
1 "It's freezing in here!"
2 Informal denial
3 Capital of Peru
4 Be aware of
5 Silky-haired terrier, for short
6 Shoe designer Magli
7 __ Star State (Texas)
8 Grains in granola bars
9 Headgear for queens and kings
10 Frighten
11 Theater tier
12 Beverages like beer
13 Not well-behaved
21 TV host Winfrey
22 Poker-pot starters
25 Speaks unclearly
26 Unspoken but implied
27 Antlered cousins of deer
28 Make angry
29 Surprise greatly
30 Large family
31 Overstuff
32 Government-issued IDs
33 Dutch cheese
35 Walked away
37 24-hr. cash dispensers
39 Male choir voice
40 Author Wharton
46 Amusingly unexpected
48 President Van Buren
49 Smooth out with an iron
50 Japanese printer brand
51 Global top or bottom
52 Similar (to)
53 __ fish sandwich
54 Prefix for freeze
55 Workplace assistant
56 Large quantity
57 List-ending abbr.
58 Plane without propellers
61 Guileful



CREATORS SYNDICATE © 2022 STANLEY NEWMAN STANXWORDS@AOL.COM 8/3/22

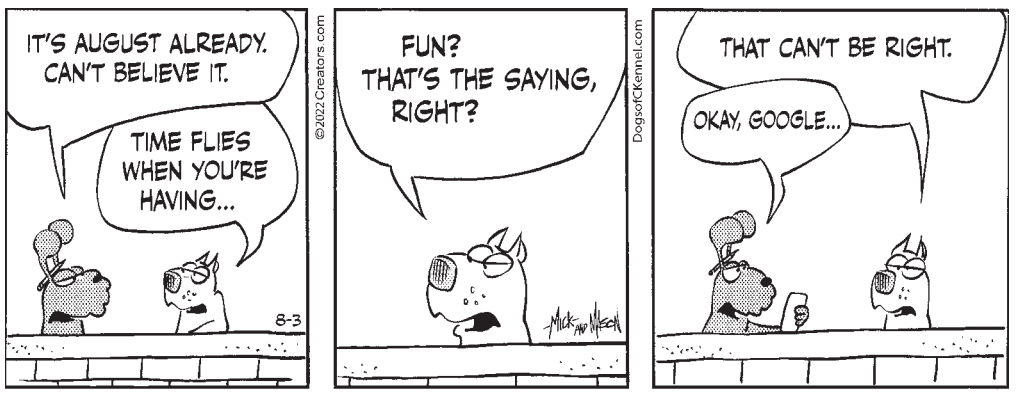
Agnes

By TONY COCHRAN



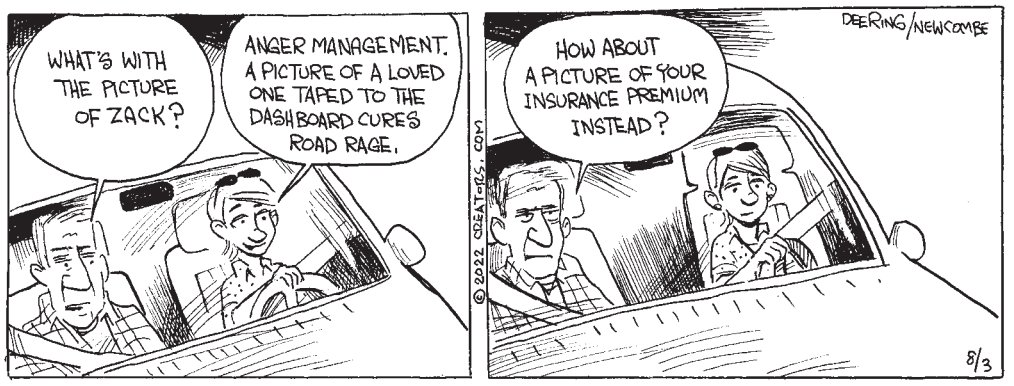
Dogs of C-Kennel

By MICK & MASON MASTROIANNI & JOHNNY HART



Zack Hill

By JOHN DEERING & JOHN NEWCOMBE



Heathcliff

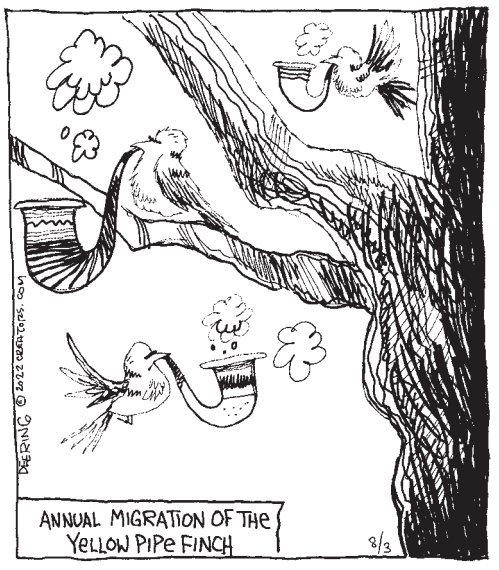
By PETER GALLAGHER



"THAT SLUG SEEMS LIKE TROUBLE."

Strange Brew

By JOHN DEERING



FIND THE WORDS

This is a theme puzzle with the subject stated below. Find the listed words in the grid. (They may run in any direction but always in a straight line. Some letters are used more than once.) Ring each word as you find it and when you have completed the puzzle, there will be 13 letters left over. They spell out the alternative theme of the puzzle.

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Photo fanatic

F	A	N	G	L	E	R	F	C	A	M	E	R	A	S
E	Y	E	H	S	I	F	O	C	U	S	O	Y	Z	T
C	P	E	Y	T	I	V	I	T	I	S	N	E	S	E
J	O	M	A	T	E	S	H	O	Y	N	G	E	R	P
N	P	S	O	S	P	G	N	A	U	N	C	U	N	M
O	T	M	T	I	I	M	D	S	I	N	S	V	H	H
I	I	A	L	L	D	H	A	N	A	O	I	H	C	S
S	C	O	E	I	T	U	E	L	P	E	L	O	A	A
S	A	D	X	R	F	T	A	X	W	L	L	T	E	L
E	L	K	I	D	S	B	E	F	I	A	Y	S	B	F
R	D	B	P	I	E	R	I	A	M	U	T	H	M	B
P	R	M	R	T	E	N	M	M	A	N	O	O	A	L
M	A	H	I	V	D	E	O	I	G	A	N	E	C	U
O	C	H	O	E	N	T	O	L	E	M	E	S	R	R
C	W	P	R	I	N	T	Z	Y	T	R	I	P	O	D

Angle	Delight	Macro	Sunny
Audio	Family	Manual	Tiff
Beach	Film	Mates	Tone
Birthdays	Fisheye	Noise	Tripod
Blur	Flash	Optical	Viewfinder
Camera	Focus	Overexposure	White balance
Card	Hot shoe	Pets	Zoom
Cats	Image	Pixel	
Christening	JPEG	Print	
Compression	Kids	Sensitivity	
Cost	Lamp	Silly	

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WEDNESDAY AUGUST 3

KID'S CLUB
Come play on the first Wednesday of every month for a fun, family-friendly musical morning hosted by Twinkle Time, a bilingual, Billboard pop-artist for kids, and featuring special guests each month. This is an all ages event and free to attend for parents and children. Snacks will be provided by Gogo Squeez (while supplies last). Come by from 11 a.m. - noon at 395 Santa Monica Place.

PLANNING COMMISSION
Established in 1946, the Planning Commission envisions Santa Monica as a city of wellbeing, sustainability, and equity, and seeks to balance the many needs and priorities within our community in accordance with the City's General Plan and Specific Plans. The Commission acts through open and civil discourse that is informed by public input, impartial analysis, and best practices in land use and planning. https://www.smgov.net/Departments/PCD/Boards-Commissions/Planning-Commission/. 5:30 p.m.

CITY COUNCIL
The Santa Monica City Council is made up of seven members elected by the community. As the legislative authority, City Council sets the policies, priorities, and budget for the local government. The City Council provides leadership through policy development regarding the current practices and future direction of the City as well as the adoption and oversight of the City budget. A special City Council meeting has been scheduled for 6 p.m. on Wednesday, Aug. 3. Check https://www.smgov.net/departments/clerk/agendas.aspx for an updated agenda when it becomes available.

THURSDAY AUGUST 4

FREEDOM TO GROOVE! TEEN DANCE WORKSHOP
Dance instructor Joe Schenck teaches you how to groove like a pro with a 60-second, choreographed dance routine. All skill levels welcome. For ages 11+. Register here: bit.ly/YouthProgramSignUps. Pico Branch Library 3 - 4 p.m.

NOMA MEETING
The state of crime and safety in our neighborhood and city and an expected visit from SM's new city attorney Doug Sloan are slated for the North of Montana Avenue Neighborhood Association's monthly meeting this Thursday, August 4, at 7 pm. A status report on Code Enforcement in the city and an update from Beat 4 representatives Suzi Lockwood and Ofc. Aaron Alpert will also be on the agenda. Zoom information for the virtual meeting can be found at www.smnoma.org. and all are invited.

FRIDAY AUGUST 5

POOL OPEN
The pool is open daily. Pool passes go on sale one hour before pool opening at the Guest Services window. Passes are sold on a first-come, first-served basis, no reservations. For more on the pool, visit annenbergbeachhouse.com/activities/pool.aspx.

SATURDAY AUGUST 6

SOUNDWAVES OUTDOOR CONCERT
The Soundwaves new music series returns for three outdoor concerts this summer, featuring acclaimed performers presenting unique jazz-inspired music. Violinist Lauren Baba plays last, with her quintet, on Aug. 6. As a composer, she leads the Baba Orchestra big band. As a player, she has recorded on numerous film scores, accompanied rock and pop stars, and is a member of the Vitamin String Quartet. Her quintet features her as a soloist and improviser. Each concert is at 3:30 p.m. on the first Saturday of the month, at the Pico Library Annex in Virginia Avenue Park at the corner of Pico and Cloverfield.

OCEAN PARK BOOK DISCUSSION GROUP
Join a community-led discussion of books chosen by the group. Contact jeff.schwartz@santamonica.gov for the Zoom link. 11 a.m. - 12 p.m.

SANTA MONICA READS: SLOUCHING TOWARDS LOS ANGELES
Editor Steffie Nelson and writers Michelle Chihara, Jori Finkel and Stacie Stukin discuss Slouching Towards Los Angeles: Living and Writing by Joan Didion's Light, a book of essays on this year's Santa Monica Reads featured author and California's legendary, literary "muse of the West." A book sale and signing follows. 3 - 4 p.m.

SUNDAY AUGUST 7

SANTA MONICA AIRPORT ANTIQUE MARKET
Noted as One of the Top Ten "Flea Markets' in America, visit the Santa Monica Airport Antique Market, a fun outdoor (and dog-friendly!) market full of many great dealers with furniture, antiques, collectibles, art, vintage clothes, jewelry, rugs and much more. Ocean Park Boulevard / Santa Monica Airport Area. 7 a.m. - 3 p.m. $5.

FESTIVAL OF CHARIOTS
Sing, dance and receive good karma at the annual Los Angeles Festival of the Chariots. https://www.mainstreetsm.com/festival-of-chariots/

For help submitting an event, contact us at
310-458-7737 or submit to events@smdp.com



SURF REPORT

WATER TEMP: **68.5**

WEDNESDAY *POOR TO FAIR*	**SURF:** 3-5ft Waist to head	Modest SSW swell gets a slightly larger refresh. S/SSW tropical swell from Frank fades further. Stay tuned.
THURSDAY *POOR TO FAIR*	**SURF:** 3-4ft Waist to chest	Potential playful blend of swells but morning SE/S wind could return. Continued SSW swell, less tropical energy, slight boost in NW windswell mix.

WEATHER

Wednesday: Patchy fog before 11am. Otherwise, mostly cloudy, with a high near 71.
Wednesday Night: Patchy fog after 11pm. Otherwise, mostly cloudy, with a low around 65.
Thursday: Patchy fog before 11am. Otherwise, partly sunny, with a high near 72.
Thursday Night: Patchy fog after 11pm. Otherwise, mostly cloudy, with a low around 65.

Date	Day	Time (LST/LDT)	Predicted (ft)	High/Low
2022/08/03	Wed	12:47 AM	4.35	H
2022/08/03	Wed	07:17 AM	1.04	L
2022/08/03	Wed	2:07 PM	4.66	H
2022/08/03	Wed	8:21 PM	2.13	L
2022/08/04	Thu	01:49 AM	3.68	H
2022/08/04	Thu	07:48 AM	1.55	L
2022/08/04	Thu	2:53 PM	4.90	H
2022/08/04	Thu	10:00 PM	1.79	L
2022/08/05	Fri	03:29 AM	3.11	H
2022/08/05	Fri	08:28 AM	2.07	L
2022/08/05	Fri	3:50 PM	5.20	H
2022/08/05	Fri	11:33 PM	1.17	L
2022/08/06	Sat	05:40 AM	2.96	H
2022/08/06	Sat	09:34 AM	2.50	L
2022/08/06	Sat	4:52 PM	5.58	H
2022/08/07	Sun	12:42 AM	0.42	L
2022/08/07	Sun	07:23 AM	3.22	H
2022/08/07	Sun	11:02 AM	2.73	L

DAILY LOTTERY

Although every effort is made to ensure the accuracy of the winning number information, mistakes can occur. In the event of any discrepancies, California State laws and California Lottery regulations will prevail. Complete game information and prize claiming instructions are available at California Lottery retailers. Visit the California State Lottery web site at http://www.calottery.com

POWERBALL
Draw Date: 8/1
15 21 31 36 65
Power#: 16
Jackpot: 202 M

MEGA MILLIONS
Draw Date: 7/29
13 36 45 57 67
Mega#: 14
Jackpot: 20 M

SuperLotto Plus
Draw Date: 7/30
2 11 28 29 33
Mega#: 3
Jackpot: 12 M

Fantasy 5
Draw Date: 8/1
11 27 28 32 34

Daily 3
Draw Date: 8/1
EVENING: 2 5 0

Draw Date: 8/1
MIDDAY: 7 0 8

Daily Derby
Draw Date: 8/1
1st: 11 - Money Bags
2nd: 04 - Big Ben
3rd: 06 - Whirl Win
Race Time: 1:47.49

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