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THURSDAY, JUNE 17, 2010
Volume 9 Issue 187



Santa Monica Daily Press

WATER IS THE KEY TO LOSING WEIGHT
SEE PAGE 6

We have you covered

THE GETTING THE STAPLES OUT ISSUE

Businesses getting ready for the big one

BY NICK TABOREK
Daily Press Staff Writer

RAND Corp. They may have been small in magnitude, but recent earthquakes that have rattled floorboards in Santa Monica and beyond have also served as needed reminders that a large-scale disaster could happen any time.

With just 14 percent of Americans prepared for such an event — and many local businesses without plans to cope should their operations be disrupted because of a crisis — Santa Monica officials are urging business owners to take steps that could make all the difference should the Big One hit.

These can be things as simple as maintaining an easily accessible list of vital contact information, keeping a week's stash of food and supplies on hand, or drawing up a disaster plan with neighbors.

At a seminar on Wednesday, representatives from City Hall, the Red Cross and RAND Corp. discussed the importance of being prepared, emphasizing that planning ahead is key to making it through a crisis in one piece.

Having been inside the Pentagon when a plane hit the building on Sept. 11, 2001, Michael Rich, executive vice president of RAND, told the audience that he knows firsthand the importance of disaster preparedness. Even though disasters are unlikely, he said, advances planning is well worth it.

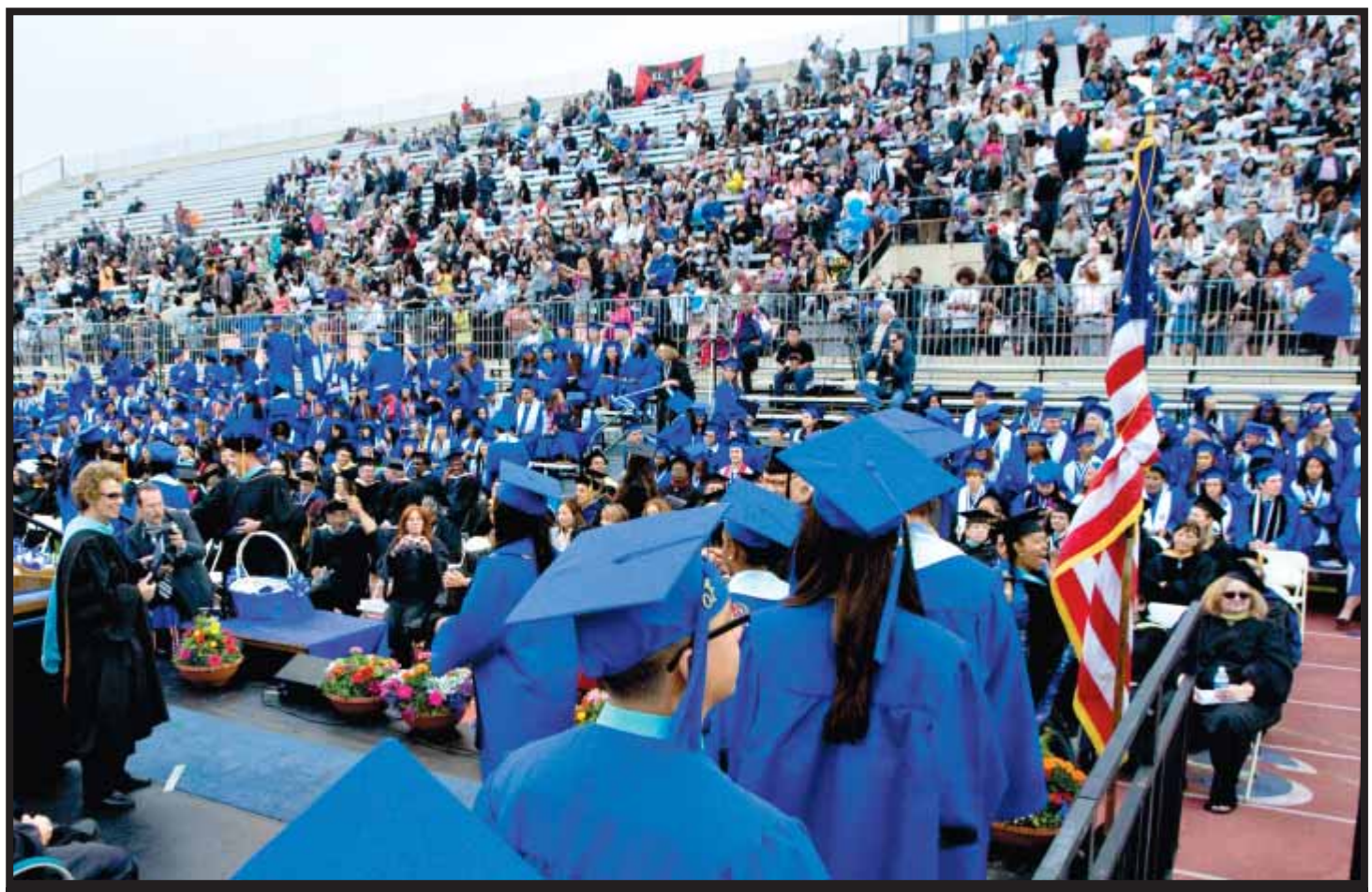
"I can tell you that there is no worse feeling than being in the midst of a crisis and feeling that you could have prepared better," he said.

Steps RAND has taken to prepare include training employees in CPR and first aid, assembling an emergency response team capable of assisting the injured before public safety professionals arrive, and holding disaster response simulations of earthquakes, workplace shootings and whether events.

He said company leaders should take responsibility for emergency preparedness.

"I think it's essential to have a strong and visible commitment from the top of the organization to prepare for a crisis or emergency," he said.

SEE EMERGENCY PAGE 9



HARD WORK PAYS OFF

Brandon Wise *brandonw@smdp.com*

In front of family, friends and faculty, roughly 550 students of Santa Monica College's graduating class of 2010 make their way to receive their diplomas on Corsair Field on Tuesday afternoon. The Doors drummer John Densmore and Allan and Sally Young received the SMC Foundation's Distinguished Alumni award.

Council adopts budget, doles out discretionary funds

BY NICK TABOREK
Daily Press Staff Writer

CITY HALL With sharp decreases in revenue because of the recession, cities across the Southland have had to make tough decisions about cutting programs, dropping projects and laying off employees.

In Santa Monica, where the City Council on Tuesday adopted a roughly $553 million spending plan for the upcoming fiscal year, the decisions were far less painful.

Though City Hall had to cover a $13.2 million deficit with fee increases, spending reductions and reserve funds, the approved budget called for no layoffs and no radical shifts in spending priorities.

Instead of cuts, members of the council on Tuesday mainly discussed how to spend their $300,000 "discretionary fund" — one-time money the council typically uses to make small grants to community organizations.

The overall spending plan the council adopted contained only minor revisions from the $255 million general fund budget they were presented with in May (the general fund does not include enterprise funds such as the Big Blue Bus and the beach fund).

Changes included a $4.5 million increase in projected revenue, the addition of fund-

SEE BUDGET PAGE 8


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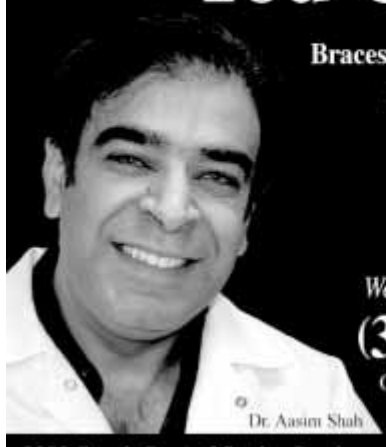
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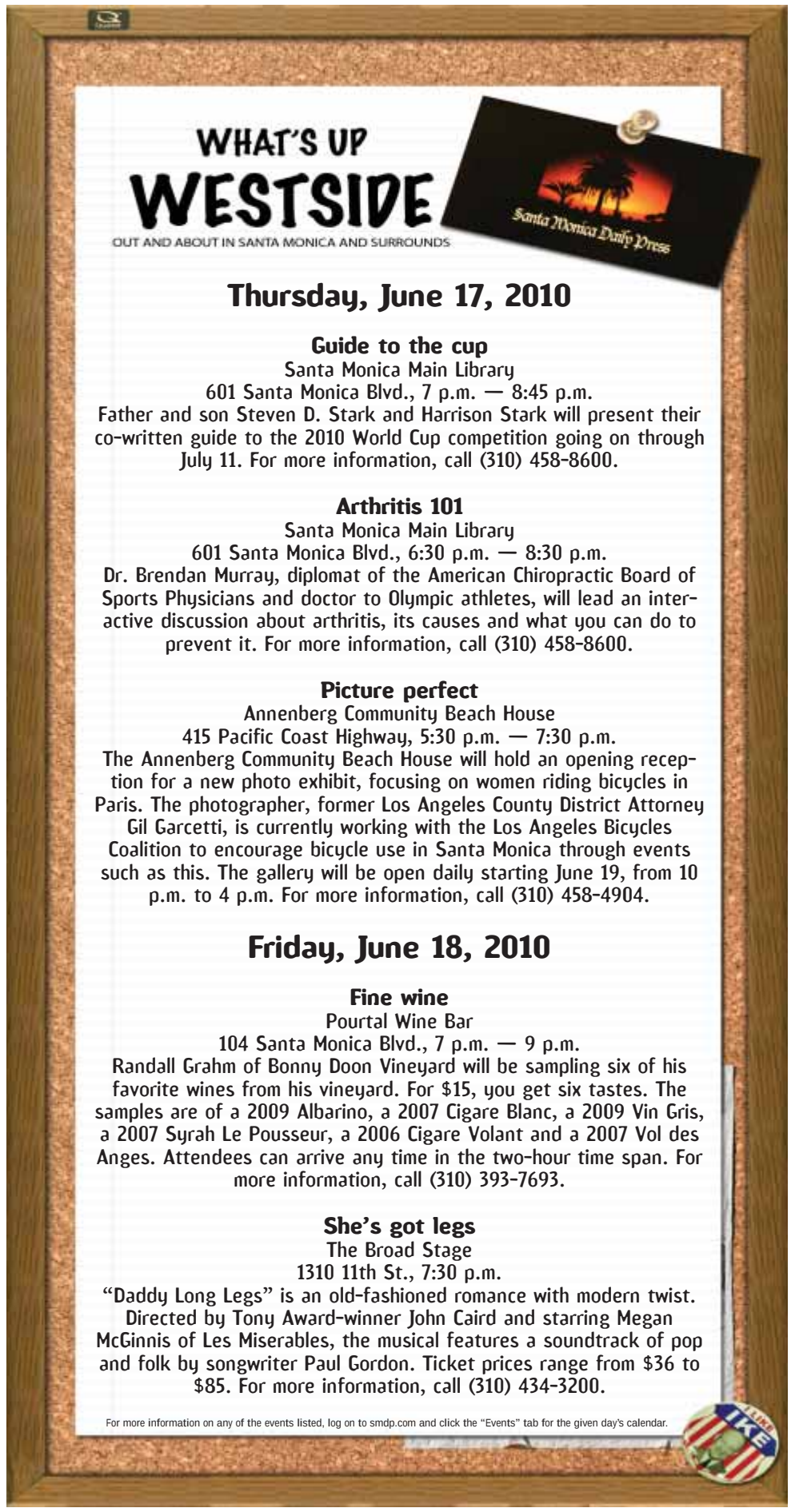
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Thursday, June 17, 2010

Guide to the cup
Santa Monica Main Library
601 Santa Monica Blvd., 7 p.m. — 8:45 p.m.
Father and son Steven D. Stark and Harrison Stark will present their co-written guide to the 2010 World Cup competition going on through July 11. For more information, call (310) 458-8600.

Arthritis 101
Santa Monica Main Library
601 Santa Monica Blvd., 6:30 p.m. — 8:30 p.m.
Dr. Brendan Murray, diplomat of the American Chiropractic Board of Sports Physicians and doctor to Olympic athletes, will lead an interactive discussion about arthritis, its causes and what you can do to prevent it. For more information, call (310) 458-8600.

Picture perfect
Annenberg Community Beach House
415 Pacific Coast Highway, 5:30 p.m. — 7:30 p.m.
The Annenberg Community Beach House will hold an opening reception for a new photo exhibit, focusing on women riding bicycles in Paris. The photographer, former Los Angeles County District Attorney Gil Garcetti, is currently working with the Los Angeles Bicycles Coalition to encourage bicycle use in Santa Monica through events such as this. The gallery will be open daily starting June 19, from 10 p.m. to 4 p.m. For more information, call (310) 458-4904.

Friday, June 18, 2010

Fine wine
Pourtal Wine Bar
104 Santa Monica Blvd., 7 p.m. — 9 p.m.
Randall Grahm of Bonny Doon Vineyard will be sampling six of his favorite wines from his vineyard. For $15, you get six tastes. The samples are of a 2009 Albarino, a 2007 Cigare Blanc, a 2009 Vin Gris, a 2007 Syrah Le Pousseur, a 2006 Cigare Volant and a 2007 Vol des Anges. Attendees can arrive any time in the two-hour time span. For more information, call (310) 393-7693.

She's got legs
The Broad Stage
1310 11th St., 7:30 p.m.
"Daddy Long Legs" is an old-fashioned romance with modern twist. Directed by Tony Award-winner John Caird and starring Megan McGinnis of Les Miserables, the musical features a soundtrack of pop and folk by songwriter Paul Gordon. Ticket prices range from $36 to $85. For more information, call (310) 434-3200.

For more information on any of the events listed, log on to smdp.com and click the "Events" tab for the given day's calendar.

CORRECTION

In the June 16 edition of the Daily Press a photo of the 2007 Main Street 4th of July Parade that appeared on page three should have been credited to Fabian Lewkowicz.

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MEN AT WORK

Photo courtesy Blattel Communications

Contractors from Thermal Roof Systems and Henry(r) Company install energy efficient spray foam insulation in Santa Monica's potentially first LEED Platinum house owned by celebrity journalist Lisa Ling and Dr. Paul Song.

It's official: SMPD's Sanchez to become Pasadena's chief

BY DAILY PRESS STAFF

DOWNTOWN Deputy Chief Phillip L. Sanchez will become the new police chief of Pasadena, effective July 11, it was announced this week.

Sanchez, a 29-year-veteran of the SMPD, "has a strong background in police management and a reputation as a leader who is sensitive to community issues," said Pasadena City Manager Michael J. Beck. "I am confident he will be well-received in the Pasadena community and the Pasadena Police Department."

Pasadena has been looking for a permanent chief since Bernard Melekian, a former Santa Monica cop, retired last November after 13 years on the job.

The interim chief was Chris Vicino.

Sanchez, 53, has spent his entire law enforcement career with the Santa Monica Police Department. Sanchez currently oversees the day-to-day operations of the SMPD and was responsible for coordinating security and planning for the Los Angeles Marathon, which ended in Santa Monica for the first time in the race's history, bringing tens of thousands of runners and spectators.

He was among the founders of Santa Monica's Chronic Homeless Project, and also helped develop the city's Serial Inebriate Outreach Program, designed as an alternative to incarceration for people with alcohol and drug issues.

Sanchez has a master's degree in security studies from the U.S. Naval Postgraduate School in Monterey and is a graduate of the FBI National Academy.

Sanchez has received the Santa Monica Police Department's Medal of Courage



SANCHEZ

SEE TOP COP PAGE 9

Calif to review rate hikes of 4 health insurers

SHAYA TAYEFE MOHAJER
Associated Press Writer

LOS ANGELES California's four largest health insurers will have rate hike proposals reviewed by independent actuaries to keep them in line with legal limits on profit.

An independent actuary is currently reviewing Aetna and Blue Shield's proposed increases. Anthem Blue Cross and Health Net will face future rate reviews.

The four insurers control 90 percent of the market involving California's 2.5 million individual health policies.

Insurance Commissioner Steve Poizner said Wednesday the review was prompted by the state's discovery that Anthem Blue Cross had attempted to raise rates 50 percent more than state law allows.

The insurer canceled its plans to increase rates up to 39 percent for some customers after the commissioner's review and broad public criticism that ranged from policyholders to President Barack Obama.

Anthem Blue Cross did not immediately provide comment.

As the Los Angeles Times first reported, Blue Shield is seeking rate hikes averaging 18 percent for its 240,000 individual policyholders, and Aetna is asking for an average 19 percent boost for its 65,000 individual customers.

Insurers say the individual insurance market has been vulnerable to rising costs in hospital care, prescriptions and doctor visits in recent years.

Those costs are then divided among policyholders, a dwindling pool when healthy people look to cut costs by dropping health insurance as it grows more expensive.

Aetna spokeswoman Cynthia Michener said the proposed hikes will average $50 a month for policyholders, and actuaries for the company reviewed the Anthem actuary report before submitting their hike in March.

Blue Shield spokeswoman Erica Perng said the company has done a careful rate filing and will comply with any requests for information from the Department of Insurance. Some of the insurer's individual policies are regulated by the state's other insurance regulator, the Department of Managed Health Care, she added.

In California, rate hikes do not require prior approval of the Department of Insurance, but state law requires 70 cents of every dollar collected in health insurance premiums to be spent on medical benefits.

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LETTERS TO THE EDITOR

Send comments to editor@smdp.com

Longing for the way things were

Editor:

With all due respect to those invested in bringing a renewed identity to Downtown Santa Monica ("Creating a new identity for Downtown," June 12-13), I may speak for many who have lived here for a long time when I say that I liked Santa Monica's older identity, which is a large part of what drew me to the community in the first place.

I miss the old promenade, the one with Newberry's, J.C. Penney's, a number of independent retailers competing with one another for Santa Monica's local market of bargain seekers, a few wonderful specialty stores for unusual books. I bought many of my clothes and decorative items at several ethnic shops that shone with colors rarely seen elsewhere and aromas that spiced the air. I loved – north country girl that I am – that I could go ice skating after work (I worked in two rundown cottages which are now a parking structure) in a building which now sells Indian merchandise.

That older Santa Monica had an identity which made it quite special and unique for a city of Santa Monica's size and diversity. Now, with the exception of a few locations, every store on the Promenade is a clone of a store in every high-end shopping district in America. These stores may serve some residents very well and they certainly attract tourists to downtown Santa Monica. But they have no draw for residents like me who were not quite funky enough for Venice, who wanted good schools for their children, and who liked finding unexpected treats in unexpected places. I can't imagine that the reopening of Santa Monica Place will do much to enhance my view of Downtown Santa Monica's new identity. How did this happen?

Katherine K.McTaggart
Santa Monica

What are we teaching our kids?

Editor:

The last paragraph of the column "Family fun crafts on the cheap," Santa Monica From A to Z, June 9, is a depressing reflection of our culture.

"We highly recommend these store-sponsored projects."

Such projects very often consist of pre-fab kits, stickers, and other pre-chewed ingredients. Where is the creativity in having children work with standardized materials sold at the stores that sponsor the event?

"Aside from the fact that they are all free or low-cost, someone else does the planning, preparation and clean up."

Don't we want children to practice their own planning abilities? Don't we want them to "prepare" in order to have an investment in the endeavor? And what is wrong with cleaning up after yourself? That should be expected at home, in school or any other place.

Ursula Fox
Santa Monica

Would we miss them?

Editor:

Would we miss them at all, if they weren't there,
Our towering sentinels high in the air?
Like the bristles of a brush, or hairs on a dog,
And they beckon to us, even through fog.

Our beaches they ring, some streets they line.
They add such grace, as our town they define.
They soften our views of windows and paint
And surround to protect our patron saint.

Their missiles are sent in the wind and rain,
And they cost our city so much to maintain,
But what they add to our lives is oh so good,
So to answer the question, you bet we would.

G.E. Matthews
Santa Monica

WHAT DO YOU THINK?
Send letters to **editor@smdp.com**



Life Matters

JoAnne Barge & Katrina Davy Send comments to editor@smdp.com

I'm so lonely I could die

DEAR NEW SHRINK,

I have been feeling terrible. I think I might be depressed but my doctor doesn't think so and when I read up on depression, I don't have the symptoms. I just feel sad and often hopeless and I have been feeling this way since I lost my husband. He was my best friend and I just can't seem to replace him. I try to get out to social events, call my friends, but I even feel lonely when I am with them.

I am thinking of getting a pet, but otherwise I don't know what to do about this pain or even why I have it.

Signed,
Lonely

DEAR LONELY,

I hope that what I write here can help you some. You are right in describing the horrible pain of loneliness. It is very painful and there can even be a feeling of heartache that goes with it. Do you have that?

Loneliness comes from not being able to fully connect with others. If you can be lonely in a room full of friends, this may be a big part of it for you. You didn't have it with your husband because he was, as you put it, your best friend. This to me means that you trusted him and really connected with him.

You probably don't want to replace him and you don't have to. But you might need to mourn your loss and move on. I would imagine he would want you to be happy, and clearly you are not.

A bereavement group might be a good place to start.

I say this because a group might help you to start connecting with others again while at the same time, also begin the process of getting over your loss.

The key to eliminating loneliness is to look at what is holding you back from getting closer to or connecting with others. Do you have trouble trusting people? Are you afraid of rejection? Or are you the type that believes you don't need anyone; you are better off taking care of things on your own? This might make you a tad standoffish.

Start by answering these questions and then take baby steps to go directly up against your fears and negative beliefs. Among your social acquaintances, pick the one or two that you think you have the most in common with and who you feel you can trust the most. Then slowly begin to befriend them. Invite them over or out to lunch. Try sharing some personal things about yourself, to whatever degree you are comfortable and then be sure to ask about them. Let the trust and comfort grow slowly but surely. Stay with it. Odds are that over time you will begin to feel connected and the loneliness will begin to subside.

If you are going to get a pet, maybe pick one that is similar to what other people around you have because sharing pet walks and talks about your pets can be a great ice-breaker.

YOU SHOULD ALSO KNOW THAT LONELINESS IS NOT JUST EMOTIONALLY PAINFUL; IT IS ACTUALLY A HIGH RISK FACTOR IN EARLY MORTALITY.

Now I just said, "go against your fears or negative beliefs." I really mean this because if you have had trouble connecting, then you have trust issues of some kind and to protect yourself you may find yourself subconsciously looking for what is wrong with others instead of what is right. You must challenge your own fears and negativity, which is almost always a defense.

Look for the good in people. Give them a chance, a fair chance. Notice when you are being negative or judgmental and stop yourself. No one is perfect and if you want to rid yourself from the heartache of loneliness, you are going to have to give others a chance.

You should also know that loneliness is not just emotionally painful; it is actually a high risk factor in early mortality. This is because with chronic loneliness, it elevates your systolic blood pressure and that in turn can lead to premature death. This has been demonstrated in a number of research studies that controlled for other related variables as well.

Catch your loneliness early. Don't let it become chronic. Not only is it harder to change the longer it goes on, but also your health risks go way up.

Having said that, it is never, or at least rarely ever, too late to change.

Start your change now so that you can feel better and live longer. And if you are successful, pass it on. Share the positive change with others.

Good luck!

DR. JOANNE BARGE is a licensed psychologist with offices in Brentwood. Send your questions and responses to newshrink@gmail.com. Got something on your mind; let us help you with your life matters.

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Meredith Pro Tem

Meredith C. Carroll
Send comments to editor@smdp.com

My daughter, the Club Med head

WHILE SOME ARE BORN GREAT, SOME achieve greatness and some have greatness thrust upon them, it is quite possible that the latter two might never befall my daughter. However, if nothing else, she was evidently born to be one of the world's great vacationers.

We were undecided prior to our family trip earlier this month if taking our toddler out of her element for a week could be considered a holiday for anyone with their ear drums intact. Although she's traveled extensively in the nearly two years she's been alive, it's been almost exclusively to see grandparents (and I'm guessing they would hardly call their homes being turned upside down by her Katrina-like path of destruction a cause for celebration).

Club Med Ixtapa Pacific in southwestern Mexico might not technically exist solely for the purpose of my daughter (I got the distinct impression that they were open before we arrived and remained in operation upon our departure), but they seemed to have been created specifically with her in mind. From the time we were greeted at the richly appointed reception area with literal open arms by a young staff member as warm as Ricardo Montalbàn (minus the ominous "Fantasy Island" undertones), she scooped up the glass of rosemary infused lemonade that was artfully arranged on a bamboo tray, scrambled up on the leather club chair and lounged like it was her life's calling. She had arrived, indeed.

For a baby who has refused to drink anything but water since we took away her bottle seven months ago, she easily expanded her beverage repertoire to include not only lemonade but pool water, ocean water, ice cubes made from tap water, piña coladas and banana daiquiris. Thanks to Club Med's water filtration system, there was nary a trace of Montezuma's Revenge (nor any indication that an AA meeting might be in her immediate future).

While holding court in her high chair on the patio overlooking the idyllic Pacific Ocean during meals, she gleefully shoveled in plate after plate of pizza, spaghetti Bolognese and mangos and papaya (early on at Club Med she learned to eschew less urbane fruit selections like grapes, apples and oranges). The gracious staff cleared her plates, laughed pleasantly at her attempts to say "gracias" and "por favor," each time politely turning a blind eye to her food remnants that were scattered around the marble floor and embedded in the lily-white tablecloths. The staff was so kind, in fact, that when the toilet in our room got clogged (not her fault, but it was easy enough to blame her anyway), the lovely man who came to fix it brought a plunger wearing a poncho and smiled sweetly at her as if he recognized she wasn't capable of something so unseemly.

We left her at Petit Club Med one morning so we could take a fishing excursion and upon our return were told she had devoured two servings of the catch of the day, plus rice, broccoli and mashed potatoes, donned a sun hat and hit no one. I'm not sure we really believed them, but we lingered for a moment anyway, imagining at long last we had found the Shangri-La in which our daughter ate something not red, wore something on her head and treated others her size respectfully.

But perhaps one of the best parts about Club Med Ixtapa Pacific was that even when our little imp let out one of what has become her signature shrieks or swiped another child's ball, everyone was too busy tending to their own sand-filled and chlorine-logged kids to care about what ours was doing.

One evening she marched up to a little boy and grabbed a chunk of his hair in her fist and then moments later claimed another girl's pigtail, and my heart actually swelled with pride. Being an international bully on the sun-drenched shores of Mexico is so much more sophisticated and intriguing than beating up on the provincial kids at home.

She slept long and soundly in the cool, dark room that adjoined ours, hers thoughtfully outfitted with kid-sized furniture and jungle prints that kept her imagination occupied long after waking up each day.

But her most blissful moments were floating in endless circles in the pool, watching the iguanas race on the resort grounds, lazing in one of the canopy-covered couches surrounding the pool and ocean, hopping around from slide to seesaw on the playground, and attempting to coat herself with every grain of sand on the beach.

Ours were when she was distracted enough by the aforementioned so that we could steal glimpses of the pelicans diving for fish, breath in the splendor of the cacti and colorful tropical blooms, and survey the sun nestle behind the Sierra Madre mountains every evening. Even when my daughter peed on me one night during a circus-type show, we were on vacation, so what's a little urine between kin.

On the morning we took a boat to Ixtapa Island for a short snorkeling trip, it was as if she sensed we might have found happiness elsewhere and proceeded to pitch a fit for the entire journey, almost out of what seemed to be a fierce sense of loyalty to her beloved temporary home. As soon as the boat arrived back on the tranquil and uncrowded Club Med beach, she cooed contentedly.

The vacation bar is raised and has been set.

More at meredithcarroll.com

The Q Line

Blowing in the wind

Some members of Santa Monica's City Council would like to change the law to make homeowners liable for gardeners using leaf blowers, which are illegal, in their yards.

So, this week's Q-Line question asks:
Do you think homeowners should pay the price for the infraction, or should the gardener be responsible?

Call (310) 285-8106 before Friday at 5 p.m. and we'll print your answers in the weekend edition of the Daily Press.


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Traveling Back to Fitness

Taylor Van Arsdale
Send comments to editor@smdp.com

Remaining hungry, not thirsty

WE'VE ALL EXPERIENCED IT. IT'S THAT dreaded part of the weight loss program called the "plateau." It comes when you've lost 10 or 15 pounds, you're working out, you're eating right, but you're just not losing any more weight. That's about where I am right now.

While I should be feeling great, I've hit a wall and I'm feeling a little depressed. Wondering perhaps if I'm not going to get these extra pounds off in time to make my goal.

My goal is partially tied-in to the arrival of my sister/best friend, Barbara "Babs" Schwasnick, and her son, Luke, my nephew, and their annual visit to California at the end of July.

Babs has always been reed thin, and to make matters worse, she's one of those types of women who complain she's putting on weight. "You won't believe it to see me now," she laments to me during a phone call. "I actually have a gut!"

"Right," I say. "And what size jeans are you wearing?" I ask.

"I'm a two … but they're a tight two," she responds.

"When you're a size 14 call me back and we'll have a cogent conversation, until then, please stop tormenting me."

Last year when she was out to visit and photos were taken of us standing together we looked like the number 10 — me being the puffy "0" half of that duo. I'm determined not to let that happen this year, and being that we're in June already I'm concerned.

My trainer Keith Sims says, "When people tell you, 'Oh, you look great,' it can actually be detrimental. It's not time to relax and start eating poorly. You've got to keep vigilant, you've got to stay hungry." He means that both figuratively and literally.

Remember wanting to do well in school, to get a good grade on that history quiz, or to make a sports team or a cheerleading squad? That's the way it is with weight loss. You have to want something badly enough to make it happen. You have to be hungry for change.

So what can you do when you reach this point? One small modification in your weight loss program can make a great difference in helping you lose weight and most folks don't even know about it. You simply increase the amount of water you drink. I know, right now you're thinking, "But water weight, or as I like to refer to it as, 'that extra bit of bloat' is what you want to get rid of!" Drinking more water seems counter-productive.

By the numbers

Starting Weight: 182
Pounds Lost: 16.5
Current Weight: 165.5
Goal Weight: 135
Pounds to Lose to Goal: 30.5

According to Tom Williams, the founder of Fatburn.com, "The recommended amount of water to drink daily is six to eight 8-ounce glasses." But when you are dieting, you want to give your body even more. When your body doesn't get enough water it holds on to the water it does have. This gives you that plumped up look — great for your lips but not so great for your hips.

When you don't drink enough water your body goes into survival mode and because it thinks it's not going to get enough water, it holds onto every last drop, thus slowing down your metabolism, which leads to water retention and the dreaded "extra bit of bloat." When you drink more water then you need, the body lets go of the water it's been holding on to.

While my trainer, Sims and I discuss this issue, Joe Rivera, a strappingly handsome trainer at Burn Fitness, overhears us and chimes in. "Here's an easy analogy. Not everyone gets the physiological reasoning behind water's crucial role in weight loss. You have to think of water as money, because let's face it, everyone can relate to cash. When you don't have a lot of money, what do you do? You hold onto it. You're like a miser; you keep a tight fist on everything you've got. But let's say you get $20,000. What's the first thing most people will do with that money?"

"Put it in the bank?" I answer.

"Well you might," says Sims, "because you're smart. But most folks are gonna spend it."

"Exactly," says Rivera. "And that's how the body responds to water. The more you give it, the more it's going to let go of."

When Rivera is dieting he drinks a gallon of water a day. A gallon! Clearly I haven't been drinking enough water. So even though I'm happy to report I'm down to a size 10 — four more sizes to go — it's officially crunch time and I've got to remain hungry. Hungry, but definitely not thirsty.

TAYLOR can be reached at tailfish@roadrunner.com.

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FDA: 'Female Viagra' falls short

MATTHEW PERRONE
AP Business Writer

WASHINGTON A pink pill designed to boost sex drive in women — the latest attempt by the drug industry to find a female equivalent to Viagra — fell short in two studies, federal health regulators said Wednesday.

The Food and Drug Administration is considering Boehringer Ingelheim's drug flibanserin for premenopausal women who report a lack of sexual desire, a market that drugmakers have been targeting for more than a decade since the blockbuster success of Viagra in men.

The search for so-called "female Viagra," has proved elusive though, with many drugs abandoned after showing lackluster results.

On Friday the FDA will ask a panel of experts to weigh in on the safety and effectiveness of Boehringer's drug. The agency is not required to follow the group's advice, though it often does.

In its review posted online, the FDA said two Boehringer studies failed to show a significant increase in sexual desire, as recorded by women in a daily journal. Women taking the drug reported slightly more sexually satisfying experiences, but FDA said that was not the primary measure of the study.

"The division wanted to see that an effect of treatment is an overall increase in sexual desire regardless of whether a sexual event occurred or not," states the FDA review.

The FDA also noted increased side effects like depression, fainting and dizziness seen among women taking the pink pill.

The drug, which is related to the antidepressant family, affects serotonin and several other brain chemicals, though it's not clear how that increases sex drive.

"We don't know specifically what the exact mechanism of action is but we believe it acts on brain chemicals that have a role in human sexual response," said Dr. Peter Piliero, executive director for Boehringer's U.S. medical affairs.

Since the launch of Viagra in 1998, more than two dozen experimental therapies have been studied for so-called "female sexual dysfunction," a market which some analysts estimate at $2 billion.

Dr. Elizabeth Kavaler, a urologist at Lenox Hill Hospital in New York, says arousal in women is so complicated that it may be unrealistic to expect a pill to completely address sexual problems.

"It's a fairly complicated area, unlike in men's sexual dysfunction where there's a major mechanical concern," said Kavaler. "In women there's no mechanical concern, so if she's not having a successful sex life, where is the problem?"

Pharmaceutical approaches to boosting female libido have evolved over time. Initially, most treatments aimed to increase blood flow to the genitals, similar to Viagra. A second wave of would-be blockbusters focused on boosting hormones, including testosterone, which is linked to sexual interest. Flibanserin is the first drug to approach the problem through brain chemistry.

The FDA has approved an unusual handheld vacuum device that increases blood flow to the clitoris to increase sexual arousal. But all drug therapies have fallen short so far.

In 2004, Pfizer halted its study of Viagra in women due to inconclusive results. Later that year an FDA panel rejected Procter & Gamble's testosterone patch Intrinsa, due to potential risks of heart disease and cancer. Smaller companies are currently developing creams and nasal sprays to increase female libido.

BioSante Pharmaceuticals Inc. expects to submit its testosterone gel LibiGel for FDA approval next year.

Medical surveys have estimated more than 40 percent of women suffer from some form of sexual dysfunction; Boehringer estimates as many as one in 10 women could be helped by its drug.

Boehringer tried to zero in on the chemical aspect of sexual dysfunction by only testing its drug on premenopausal women who were in stable relationships and not taking other medications. Despite wanting to have a sexual relationship, the women enrolled in company studies reported a persistent lack of desire that caused them "distress or interpersonal difficulty."

Leonore Tiefer, a psychiatry professor at New York University who runs a private sex therapy practice, believes drugmakers have oversimplified female sexuality. She says in most cases lack of sex drive has more to do with the quality of one's relationship and lifestyle than brain chemicals.

During the public comment period at Friday's meeting, Tiefer will ask the FDA to reject flibanserin, arguing it offers meager benefits for women with unknown long-term risks.

The modest results reported by Boehringer have also cooled Wall Street's expectations for the drug.

Decision Resources analyst Alasdair Milton said he expects flibanserin sales to peak at $300 million after six or more years on the market. By comparison, male sexual dysfunction drugs including Viagra, Cialis and others posted combined sales of $4.4 billion last year, according to health care data firm IMS Health.

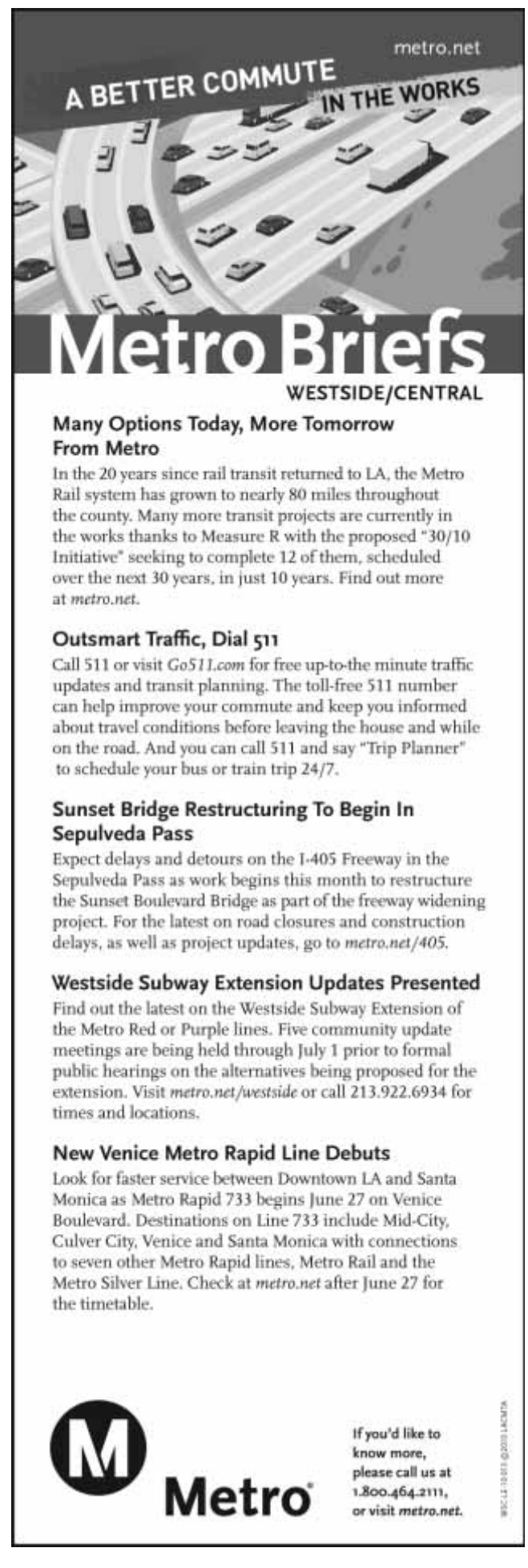
Privately-held Boehringer Ingelheim posted sales of $12 billion last year. The Ingelheim, Germany -based company makes a range of prescription drugs for heart disease, HIV and other diseases.

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Brandon Wise *brandonw@smdp.com*

MONEY TALKS: **Cyclists ride their bikes down Fourth Street in between parked cars and buses. When it approved a roughly $553 million budget Tuesday, the City Council set aside $25,000 for bicycle safety education and $72,000 for child care.**

BUDGET

FROM PAGE 1

ing for an animal control position and two fire inspector positions, and a $500,000 reduction in the employee bonus pool.

The adopted budget called for spending $2.7 million in reserve funds, leaving $5.5 million in an "economic uncertainty" account City Hall established to cope with the recession.

LIEUTENANTS RESTORED IN BUDGET

In a win for the Santa Monica Police Officers Association, the council voted 6-1 to restore two lieutenant positions that Police Chief Tim Jackman and City Manager Rod Gould had proposed eliminating.

In a compromise, the positions, which cost $500,000 per year to fill, will remain "frozen" until revenue increases.

Gould had urged the council to eliminate the positions permanently, arguing that they weren't needed to maintain service. The SMPD has 13 lieutenant positions, and even with 11 lieutenants Santa Monica's ratio of lieutenants to officers would compare favorably with the ratios at other comparable departments, Jackman and Gould argued.

The union's chair, Sgt. Jay Trisler, said he was pleased with the council's decision to keep the positions in the budget.

"We're very appreciative of the council. It shows that public safety is a priority," he said.

The POA — a powerful player in local elections — believes the two lieutenant positions are justified based on the department's workload, Trisler said, and will ask that the positions be filled when the city's financial outlook improves.

Mayor Bobby Shriver, who is not up for re-election this year, cast the only vote against restoring the positions.

COUNCIL FUNDS CHILDCARE, OTHER PRIORITIES

In a series of votes to doll out discretionary funds, the council decided to set aside funds for low-income child daycare ($72,000), Solar Santa Monica ($75,000), leaf blower enforcement ($55,000), Styrofoam ban enforcement ($48,000), bicycle safety education ($25,000), youth violence prevention ($25,000), and video taping City Hall board and commission annual reports ($7,000).

Several of the discretionary items, including the bike safety, leaf blower enforcement and youth violence prevention allocations, were made in case the council elects to create new programs that would require funding. If no new programs to serve those purposes are created, the allocated money would become budget savings. The daycare funding was allocated as a zero interest loan that would not have to be re-paid if the state of California follows through on a proposal to cut funding for the program.

Shriver dissented on each of the votes to allocate discretionary funding, saying he believed that in a budget year when reserve funds are being spent to cover basic city services the council should not dip further into reserves by spending discretionary money.

Councilman Richard Bloom seemed to speak for the majority on the council when he said the discretionary allocations are worthwhile because they support worthy programs that are community priorities.

The council also approved $12,000 from its 2009/2010 discretionary fund to pay travel and living expenses for members of Santa Monica High School's national champion Students for the Advancement of Global Entrepreneurship team, which is heading to Capetown, South Africa to compete in a global competition.

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OH BOY, OBOE

Fabian Lewkowicz *FabianLewkowicz.com*

Lincoln Middle School student Ryan Roberts performs Concerto in C Minor, Movement 1 & 2 on the oboe during the Kiwanis Club of Santa Monica's 61st annual Music Scholarship Awards at the Santa Monica Family YMCA on Wednesday.

TOP COP

FROM PAGE 3

twice for heroic actions during tactical operations. He served as the incident commander for several critical incidents, including a hostage situation at the Santa Monica Pier in 2004. He also is the recipient of the department's Medal of Merit for development of Special Weapons and Tactics (SWAT). He has been honored as Officer of the Year by the Rotary Club of Santa Monica and the Optimist Club of Santa Monica.

For the past decade, he has taught at the Orange County Sheriff's Academy. He recently was selected to serve on an advisory commission that is exploring the development of a course in homeland security for Santa Monica College.

As a youth he was an Eagle Scout, the highest rank attainable with the Boy Scouts of America, and participated in the 1974 Rose Parade carrying a banner that announced the float honored with the Queen's Trophy. He remains active in Boy Scouts and has presented the Eagle Scout Award to many young men.

Sanchez, who lives with his wife Deborah in Orange County, has four adult children and three grandchildren. He is an avid bicyclist.

"I have a deep respect for the men and women of the Pasadena Police Department, which has a tremendous reputation in the world of law enforcement," Sanchez said.

"I also am a strong proponent of community collaboration and integration," he said. "A police department or police chief cannot improve public safety alone, it requires an entire community working together."

Sanchez will oversee a police force comprised of 246 sworn officers with a budget of roughly $60 million. The top salary for a chief in Pasadena is just over $212,000.

news@smdp.com

EMERGENCY

FROM PAGE 1

While ensuring the maximum level of safety in the event of a disaster is the goal, Paul Weinberg, City Hall's emergency services coordinator, said the ability to bounce back after a crisis is also a business necessity.

Forty-three percent of companies that experience a crisis and have no emergency plan never re-open, according to a City Hall guide to emergency readiness distributed at the event.

"If you can't get your business up and running ... within a month, you're not likely to recover from that disaster," said John Pacheco, executive director of the Red Cross in Santa Monica.

For those who are reluctant to invest in making preparations for a crisis, Weinberg said adequate precautions don't have to be prohibitively expensive. Some of the most important steps are simply taking the time to talk with others about disaster plans and becoming educated about some of the no-cost practices that can make a difference.

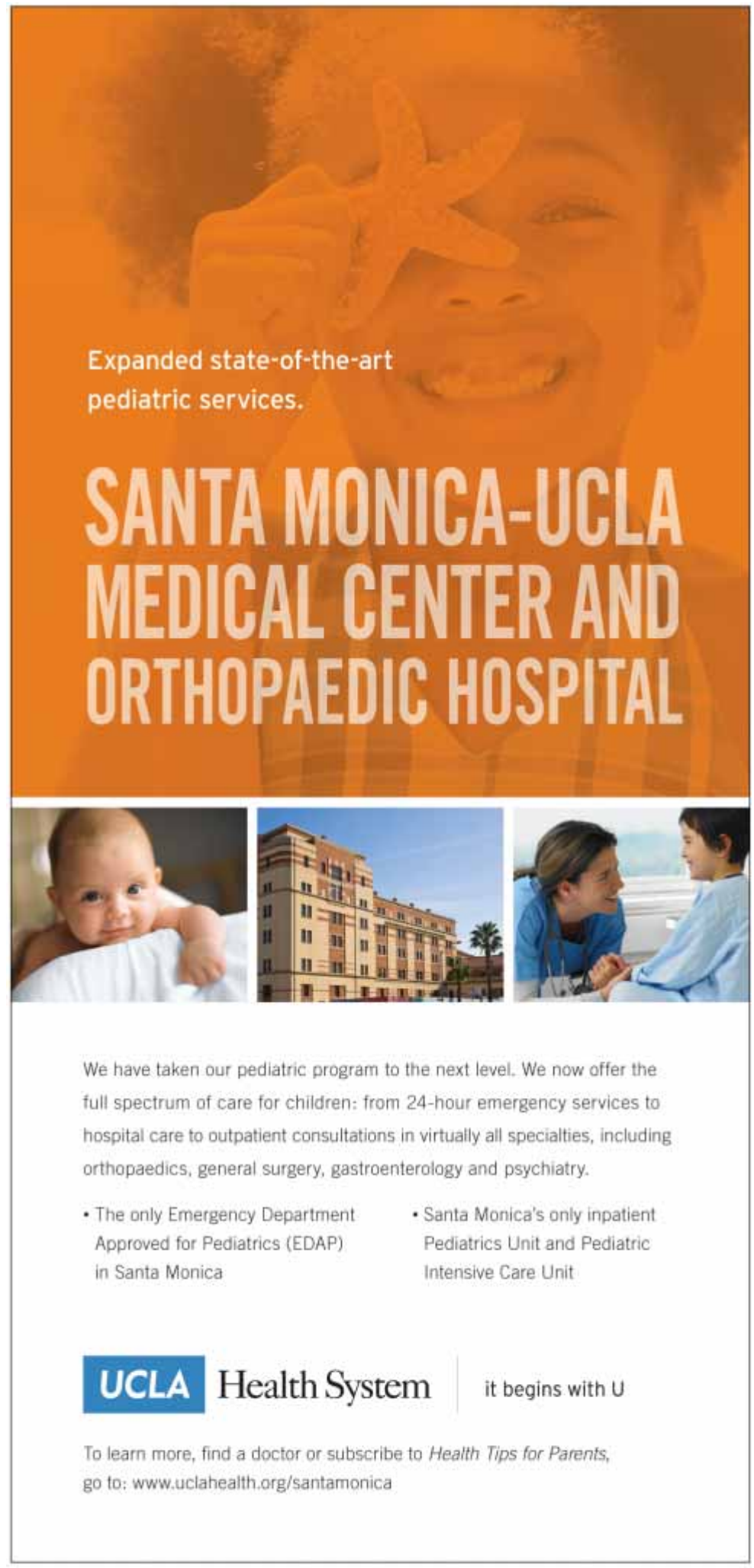
For example, after an earthquake hits, don't waste time trying to reach a loved one on a cell phone. The towers will likely be jammed with calls and you won't get through. Send a text message instead.

"We understand that there are huge economic and logistical challenges" when it comes to disaster preparation, Weinberg said. "But there are some low-cost, low-lying fruits out there."

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Panel votes against cutting Calif. lawmakers' salary

ROBIN HINDERY
Associated Press Writer

SACRAMENTO, Calif. After cutting pay last year, the independent commission that sets salaries for lawmakers and elected statewide officeholders decided Wednesday against imposing further reductions.

The six-member California Citizens Compensation Commission voted unanimously to maintain to keep salaries for rank-and-file lawmakers at just more than $95,000 a year.

Last year, the commission slashed salaries by 18 percent for the 120 members of the Legislature and 12 statewide officeholders.

Several members of the commission said they felt uncomfortable cutting salaries when the state had not yet completed its budget for the fiscal year that starts July 1.

Despite California's continuing financial crisis, they said docking pay further would appear punitive.

"Earlier this year, I was really feeling that an additional 10 percent would be fair, but now I think the 18 percent cut we made last year was plenty," commissioner Kathy Sands said. "I think we should wait until next year and see where we are with the budget."

The commission also opted to keep lawmakers' benefits the same, including daily expense allowances, vehicle allowances and health insurance. Lawmakers receive additional per diem pay of $141.86 on days the Legislature is in session, which provides most lawmakers as much as $30,000 on top of their base salaries.

California lawmakers earn more than their counterparts in several of the country's most populous states, according to a survey this year by the compensation commission. Florida, which has the fourth-largest population, pays its lawmakers just $31,000 per year.

The commission could reconsider adjusting benefits over the next two weeks, before the June 30 deadline for enacting a state budget.

Until last year, the 20-year-old commission had frozen salaries five times but had never cut officials' pay.

Those reductions affected the Legislature, the eight statewide constitutional officers and four members of the state Board of Equalization. The governor's salary dropped from $212,000 to just under $174,000, although Gov. Arnold Schwarzenegger does not take a salary.

Superintendent of Public Education Jack O'Connell, who saw his pay reduced by $33,000 last year, said Wednesday that times of economic crisis are exactly when the state needs to make sure it isn't driving away the people it needs to help restore stability.

"A further salary cut would be another blow to our ability to find effective, highly qualified policy makers," he told the commission. "You need to make sure legislators' salaries are commensurate with the awesome responsibilities they have."

Lawyer: Gays denied right

BY LISA LEFF
Associated Press Writer

SAN FRANCISCO The landmark federal trial over the constitutionality of California's gay marriage ban resumed Wednesday, with a lawyer arguing that supporters of the ban were trying to deprive same-sex couples of a relationship the U.S. Supreme Court has recognized as a fundamental right.

Former U.S. Solicitor General Theodore Olson delivered the closing argument for the two same-sex couples who sued to overturn voter-approved Proposition 8, claiming it was a violation of their civil rights.

Olson told Chief U.S. Judge Vaughn Walker the U.S. Supreme Court has repeatedly recognized marriage as a fundamental right — one afforded to prisoners serving life sentences and child support scofflaws — while refusing to make procreation a precondition of marriage, as evidenced by laws allowing divorces and contraception.

"It is the right of individuals, not an indulgence to be dispensed by the state," Olson said. "The right to marry, to choose to marry, has never been tied to procreation."

Judge Walker pressed Olson on that point, noting Proposition 8 supporters have said opposite-sex couples can procreate without the benefit of a third party.

"That is a difference," Walker said. "And why is that difference not one the Legislature or voters could rationally take into account in setting the marriage laws in California?"

Olson answered that sponsors of the 2008 ballot measure could not cite tradition or speculation that allowing gays to wed would harm the institution of marriage as valid reasons to discriminate.

"'We have always done it that way' is a corollary to 'because I say so.' It's not a reason," Olson told the judge.

The lawyer argued that Proposition 8 was based on prejudice because the main campaign message used by its supporters warned voters it was needed to prevent children from learning about same-sex marriage.

"Protect our children from learning or being taught that gay marriage is OK, and that means that gay people's marriage is not OK, and that means gay people are not OK," Olson said.

The judge asked whether he must find that Proposition 8 was unconstitutional if it was based on "discriminatory motive on the part of voters to impose some private morality through the initiative process?"

He also asked if the gay marriage ban would have to be overturned if voters enacted the ban based on their common experience and impressions.

Olson said the law would be unconstitutional in either case.

"I'm willing to admit there are plenty of good people in California who voted for Proposition 8 because they are uncomfortable with gay people, and they are uncomfortable with the idea that gay people are just like us," he said.

But just as with laws that banned interracial marriage, "they are not permitted under the Constitution to put that view into the law, to put that view into the Constitution of their state to discriminate against other people," he said.

Lawyers for supporters of Proposition 8 were scheduled to deliver their closing argument later in the day.

Walker is being asked to overturn the ballot measure that outlawed same-sex marriages five months after the California Supreme Court legalized it and after an estimated 18,000 couples from around the nation had tied the knot.

Obama: BP agrees to $20B fund; chairman apologizes

BY BEN FELLER
Associated Press Writer

WASHINGTON After intense negotiations, BP on Thursday bowed to President Barack Obama's demand for a $20 billion fund to compensate victims of the disastrous oil spill in the Gulf of Mexico. The humbled chairman of the giant British company apologized to the American people for the horrendous accident.

BP is suspending its dividends to shareholders for the rest of this year to help pay for the costs, said chairman Carl-Henric Svanberg.

Obama announced the agreement after a four-hour meeting between White House and BP officials, with the president participating for various portions.

He also announced the company had agreed to set up a separate $100 million fund to compensate oil rig workers laid off as a result of his six-month moratorium on deepwater drilling.

"The structure we are establishing today is an important step toward making the people of the Gulf Coast whole again, but it will not turn things around overnight," Obama said. He said the vulnerable fishermen, restaurant workers and other people of the Gulf "are uppermost in the minds of all concerned. That's who we're doing this work for."

Likewise, Svanberg, speaking for a company that has been assailed from every corner for the past two months, said, "I hear comments sometimes that large oil companies are — are greedy companies or don't care, but that is not the case in BP. We care about the small people."

After an initial 20-minute session at the beginning of the meeting, Obama and Svanberg met privately in the Oval Office for about 25 minutes, said White House spokesman Robert Gibbs. The president did not meet separately with Tony Hayward, BP's outspoken CEO whom the president has suggested he would fire if he could.

White House energy adviser Carol Browner said the meeting began with "an apology" from Svanberg. "It was not something we asked for." She said during the long meeting "there were sticking points. We had to take breaks at times. There were times when each side wanted to just talk among themselves."

The claims system sets up a formal process to be run by lawyer Kenneth Feinberg, who oversaw payments to families of victims of the Sept. 11, 2001, terrorist attacks. Instead of vague promises by BP, there will be a White House-blessed structure with substantial money and the pledge that more will be provided if needed.

"This is about accountability. At the end of the day, that's what every American wants and expects," Obama said.

The news was applauded in the Gulf — a rare positive development in a terrible two-month period since the April 20 explosion that killed 11 workers and unleashed a flood of oil that has yet to be stemmed.

Company officials spoke outside the White House after the meeting.

Svanberg announced suspension of the next quarterly dividend — totaling about $2.6 billion and scheduled for June 21 — and said the company would not declare any dividend for the rest of the year.

And he expressed sorrow for victims of the spill. "This tragic accident ... should have never happened," he said, and he also used the occasion to "apologize to the American people."

BP is to pay $5 billion a year over the next four years to set up the $20 billion fund.

Obama emphasized that the $20 billion was "not a cap" and that BP would pay more if necessary.

BP's total potential liabilities, including cleanup costs, victims' compensation and civil fines, are breathtaking to consider and could stretch into tens of billions of dollars above the $20 billion fund.

Also, civil penalties can be levied against the company under a variety of environmental protection laws, including fines of up to $1,100 under the Clean Water Act for each barrel of oil spilled.

The $20 billion amounts to somewhere between $169 and $313 per gallon of oil spilled so far, based on calculations that the federal government has made. So far, the oil spill has dumped between 63.8 million and 118.4 million gallons into the Gulf.

The eight-week disaster in the Gulf, with oil still pouring from the broken well, is jeopardizing the environment as well as the livelihoods of tens of thousands of people across the coastal areas of Louisiana, Mississippi, Alabama and Florida.

BP has taken the brunt of criticism because it was the owner of the well and was leasing the Deepwater Horizon rig that sunk. But when the day of reckoning finally comes, BP may not be the only one having to pay up. That's because Swiss-based Transocean Ltd. owned a majority interest in the rig. Anadarko Petroleum, based in The Woodlands, Texas, has a 25 percent non-operating interest in the well.

Word of the fund was well received on the Gulf Coast. Applause broke out during a community meeting in Orange Beach, Ala., when Mayor Tony Kennon announced the agreement.

"We asked for that two weeks ago and they laughed at us," Kennon said. "Thank you, President Obama, for taking a bunch of rednecks' suggestion and making it happen." Obama visited Orange Beach on Monday.

In Washington, Senate Majority Leader Harry Reid, D-Nev., also sought to take some credit. "While this fund will in no way limit BP's liability, it is a good first step toward compensating victims," he said. Reid and other Senate Democrats proposed a $20 billion BP-financed fund earlier in the week.

Feinberg, the official who will direct the effort, is currently known as Obama's "pay czar," setting salary limits for companies getting the most aid from a $700 billion government bailout fund. He also ran the $7 billion government compensation program after the 2001 terrorist attacks. It was a job that lasted nearly three years as he decided how much families should get, largely based on how much income victims would have earned in a lifetime.

As pay czar, Feinberg has capped cash salaries at $500,000 this year for the vast majority of the top executives at the five major companies that received bailout funding: American International Group, GMAC Financial Services, Chrysler Financial, Chrysler and General Motors.

The president met at midday with the top BP leaders to press the London-based oil giant to pay giant claims.

Wednesday's White House meeting came the morning after Obama vowed in a TV address that "we will make BP pay for the damage their company has caused."

Obama said that during his private conversation with the BP chairman, he stressed that "for the families that I met with down in the Gulf, for the small business owners, for the fishermen, for the shrimpers, this is not just a matter of dollars and cents, that a lot of these folks don't have a cushion."

When the chairman is talking to shareholders or is in meetings in the BP boardroom, Obama said he told Svanberg, the BP leader should "keep in mind those individuals, that they are desperate, that some of them, if they don't get relief quickly, may lose businesses that have been in their families for two or three generations. And the chairman assured me that he would keep them in mind."

An Associated Press-GfK poll released Tuesday showed 52 percent now disapprove of Obama's handling of the oil spill, up significantly from last month and about the same as President George W. Bush's rating after Hurricane Katrina. Most people — 56 percent — think the government's actions in response to the oil disaster really haven't had any impact on the situation.

US officials considering less jail-like immigrant facilities

MICHELLE ROBERTS
Associated Press Writer

SAN ANTONIO In an agreement U.S. immigration officials hope will begin to reshape the entire 30,000-bed detention system, some asylum-seekers and immigrants awaiting deportation proceedings could soon be held in facilities where they can wear their own clothes, participate in movie and bingo nights, eat continental breakfasts, and celebrate holidays with visiting family members.

It could end confinement in prison-like facilities — complete with razor wire, jail-style uniforms, armed guards and partitions that prevent physical contact with loved ones — for those who have never been convicted of a crime and are not considered a threat.

Corrections Corporation of America, the largest contractor for U.S. Immigration and Customs Enforcement, has reached a preliminary agreement to soften confinement, free of charge, at nine immigrant facilities covering more than 7,100 beds — a deal that ICE officials see as a precursor to changes elsewhere.

Overall, the facilities are expected to be less prison-like, offering freer movement for detainees, fewer pat downs and better access to legal resources. The agreement calls for fresh vegetables and access to self-serve beverages along with cooking and exercise classes, according to a list released by ICE.

CCA will soften "the look for the facility with hanging plants, flower baskets, new paint colors, different bedding and furniture" and allow lengthy visits from friends and family who can provide outside packages or food for special celebrations under changes to be made over the next six months.

ICE Director John Morton announced last year that the agency would make detention facilities less prison-like because immigrant detainees are being held on civil immigration charges, not criminal offenses, though it was unclear at the time what changes would be made. The agency has long maintained that detention is not a punishment and that it ensures the immigrants show up for hearings. Nonetheless, it has relied heavily on contract facilities built to house criminals.

Negotiations continue with the remainder of the nearly 300 facilities under contract with ICE, mostly facilities owned by state and local governments, but "it's our goal to provide these types of reforms with all the facilities that ICE contracts with," said ICE spokesman Brian Hale.

ICE wants to create a less restrictive environment for those who are low-risk and not criminals, but those with criminal histories or who are otherwise a danger will remain in prison-like settings, he said.

New systemwide detention standards are still being drafted, but the agreement with CCA signals the less-restrictive modifications the agency wants for many detainees.

Union leaders representing guards object to the new plans, saying they're dangerous.

"It's absolutely insane, the changes they're making," said Chris Crane, president of AFGE Council 118/ICE, the union that represents 7,000 ICE officers but not the contractors. "It just makes for an absolutely unsafe environment, not only for the detainees, but for the officers."

He contends that many detainees could be drug dealers or gang members — even if they haven't been convicted.

A 2009 review by The Associated Press of everyone in custody nationwide on a single night found that nearly three-fifths of detainees had no criminal convictions, even for minor offenses such as trespassing. Many are held only a few nights before being deported, while others — particularly those seeking asylum from persecution in their home countries — can stay in custody for months or years while their cases are decided by an overburdened immigration court system.

Nearly 10,200 foreigners were granted asylum after going through immigration courts in fiscal year 2009.

But Crane said that doesn't mean detainees aren't criminals or gang members since local prosecutors, lacking resources, sometimes just dump "criminal aliens" into ICE custody.

"Does that mean you can't treat people humanely? Absolutely not," he said. "But we need to talk about the circumstances that these detainees were put in custody."

Ira Mehlman, spokesman for the Federation for American Immigration Reform, which advocates tougher immigration enforcement, said plans to soften the look of facilities, particularly those that house families, are appropriate. But he's concerned the changes, like cooking and exercise classes, go too far.

"From this memo, it sounds like they're turning them into Club Med," Mehlman said.

Sen. Chuck Grassley, R-Iowa, raised similar concerns in a letter to ICE officials last week, saying softening the facilities — even for low-risk detainees — creates a "moral hazard."

Immigrant advocates object to the plans, too, but for another reason: they don't go far enough.

"They're really coming up with very minimal changes," said Andrea Black of the Detention Watch Network.

Most of the low-risk detainees who might get softened facilities shouldn't be detained at all, especially when less expensive electronic monitoring is available, she said.

"We're still talking about people being in detention for years on end," said Black. "This is their response? To offer fresh carrots and bingo nights?"



SURF REPORT

Surf Conditions **Water Temp:** 64°

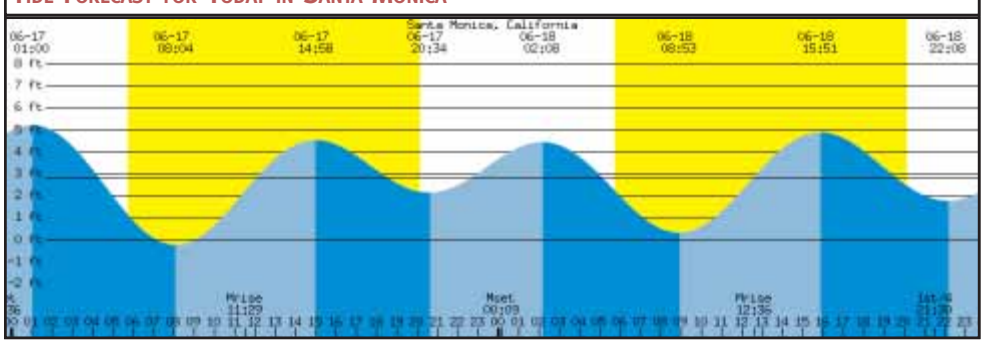
Swell Forecast

Looks smaller, around waist to chest most everywhere.

Long Range Synopsis

Perhaps just knee to waist high most everywhere.

Tide Forecast for Today in Santa Monica



BEACH REPORT CARD

NORTH LOS ANGELES COUNTY

Grades for this report are based on monitoring data from the previous 30 days up to the ending date of **June 7, 2010**

HEAL THE BAY - 1444 9th Street, Santa Monica, CA 90401 - www.healthebay.org - brc@healthebay.org - 800 HEAL BAY

QUICK STATS (for the last 30 days)

- Number of sewage spills -- 0
- Number of beach closures due to a sewage spill -- 0
- Number of wet days -- 8
- Number of A grades for dry/wet weather -- 38 / ns
- Number of (C,D,F) grades for dry/wet weather -- 8 / ns

The Beach Report Card is made possible by: The Diller – von Furstenberg Family Foundation; simplehuman; SIMA

Heal the Bay reminds you not to swim or surf within 100 yards of any flowing storm drain or for 3 days after a rainstorm. After a rain, indicator bacteria counts at beaches throughout California usually far exceed health criteria in the state's Beach Closure and Health Warning Protocol.

LOCATION	DRY	WET
Leo Carrillo Beach, at Arroyo Sequit Creek mouth.	A+	ns
Nicholas Beach at San Nicholas Canyon Creek mouth.	A+	ns
El Pescador State Beach, between Lechasa and Las Alisos creeks.	A+	ns
Encinal Canyon at El Matador State Beach.	A	ns
Broad Beach at Trancas Creek mouth.	A+	ns
Zuma Beach at Zuma Creek mouth.	A+	ns
Walnut Creek, projection of Wildlife Rd. (private).	A+	ns
Paradise Cove Pier at Ramirez Canyon Creek mouth.	F	ns
Escondido Creek, just east of Escondido State Beach.	A	ns
Latigo Canyon Creek mouth.	A+	ns
Solstice Canyon at Don Blacker County Beach.	D	ns
Puerco State Beach at creek mouth.	A+	ns
Marie Canyon storm drain at Puerco Beach, at 24572 Malibu Rd..	D	ns
Surfrider Beach at Malibu Colony fence.	B	ns
Surfrider Beach (breach location)- daily.	F	ns
Malibu Pier - 50 yards east.	F	ns
Carbon Beach at Sweetwater Canyon.	A+	ns
Las Flores State Beach at Las Flores Creek (point zero).	A	ns
Big Rock Beach at 19948 PCH stairs.	A+	ns
Pena Creek at Las Tunas County Beach.	A+	ns
Tuna Canyon.	A+	ns
Topanga State Beach at creek mouth.	F	ns
Castlerock Storm Drain at Castle Rock Beach.	A	ns
Santa Ynez Storm Drain at Castle Rock Beach.	A+	ns
Will Rogers State Beach at 17200 PCH (1/4 mile east of Sunset drain).	A+	ns

LOCATION	DRY	WET
Will Rogers State Beach at Bel Air Bay Club drain near fence.	D	ns
Will Rogers State Beach at Pulga Canyon storm drain.	A	ns
Will Rogers State Beach at Temescal Canyon drain.	F	ns
Will Rogers State Beach at Santa Monica Canyon drain (Chautauqua).	A	ns
Santa Monica Beach at Montana Ave. drain.	A+	ns
Santa Monica Beach at Wilshire Blvd. drain.	A+	ns
Santa Monica Municipal Pier.	A	ns
Santa Monica Beach at Pico/Kenter storm drain.	A	ns
Santa Monica Beach at Strand St. (in front of the restrooms).	A+	ns
Ocean Park Beach at Ashland Ave. drain.	A+	ns
Venice City Beach, at the Rose Ave. storm drain.	A+	ns
Venice Beach at Brooks Ave. drain.	A+	ns
Venice Beach at Windward Ave. drain.	A+	ns
Venice Fishing Pier - 50 yards south.	A+	ns
Venice Beach- projection of Topsail St..	A+	ns
Marina del Rey, Mothers' Beach- lifeguard tower.	A	ns
Dockweiler State Beach at Ballona Creek mouth.	A	ns
Dockweiler State Beach at Culver Blvd. drain.	A+	ns
North Westchester Storm Drain at Dockweiler State Beach.	A+	ns
Dockweiler State Beach at World Way (south of D&W jetty).	A+	ns
Dockweiler State Beach at Imperial Hwy drain.	A	ns
Dockweiler Beach- opposite Hyperion Treatment Plant.	B	ns
Dockweiler State Beach at Grand Ave. drain.	A+	ns

LEGEND

DRY -- each location is graded on an A – F scale based on bacterial pollution levels present in the surf zone

WET -- grades for days of recorded rainfall and the following 3 days

ns -- no sample taken

Heal the Bay's Beach Report Card® is based on weekly water quality monitoring data provided by the City of Los Angeles' Environmental Monitoring Division and the Los Angeles County Department of Health Services. Data is analyzed as soon as it is made available to us by the public agencies. Beaches are graded on an A–F scale based on the risk of ocean users becoming ill. Samples are analyzed for bacteria—enterococcus, total and fecal coliforms—that indicate biological pollution. A fact sheet detailing the exact methodology used in determining grades for each location is available from the office or on our web site. The report is not designed to measure the amount of trash or toxins found at local beaches.

The Beach Report Card is an indication of past water quality and is not a warranty of the current safety of those areas surveyed. Our lawyers are happy.

Heal the Bay is a non-profit environmental organization dedicated to making Santa Monica Bay and Southern California coastal waters safe and healthy for people and marine life.

Heal the Bay

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NCAA

Bush pledges to help USC

BY BRETT MARTEL
The Associated Press

METAIRIE, La. Though Reggie Bush admitted no wrongdoing he did express regret on Wednesday over his involvement in an NCAA probe that resulted in major sanctions for Southern California's football program.

"This thing, regarding USC and the NCAA, is the closest thing to death without dying because I have such a great love and respect for the university," Bush said. "This has been one the toughest things I've had to deal with in my life."

Speaking publicly about the NCAA report for the first time since its release last week, Bush would not address the specific allegations of wrongdoing. Rather, he pledged to support USC however he could in an appeal of the sanctions.

"I believe that there's a lot of untold truth to this matter, there's a lot of fabricated lies to this matter, but it is what it is and I can't sit here and cry about it. I can't sit here and make up excuses," Bush said. "Ultimately, it's a responsibility that's placed on USC and my shoulders. It's because of me. So all I can do is continue to try to help them and move forward with the situation.

"God works in mysterious ways and at the end of the day I think this, too, shall pass and hopefully we can grow stronger from this."

The NCAA report, released June 10, concluded that Bush and his family accepted improper benefits from marketing agents while he was playing for USC. The NCAA ruled that USC would have to vacate victories from late 2004 through the 2005 season, a period that included the Trojans' national title win over Oklahoma in the Orange Bowl in January 2005.

USC also was penalized with a two-year bowl ban and a loss of 30 scholarships over a three-year period.

It is not yet clear whether Bush will lose his 2005 Heisman Trophy. Bush said he's not worried about what further punishment or embarrassment may await him, but he is concerned about current USC players who may be deprived of scholarships or miss out on postseason play.

"Obviously, with the current penalty, it sucks because the kids there now have to deal with that and you never want to be in the position where you've affected a kid's career or the future of a high school player who has a dream to go to USC," Bush said. "That's not a good feeling. Obviously, like I said earlier, we're going to do everything we can with the appeal and we feel strongly about winning the appeal."

The report has no bearing on the 25-year-old Bush's pro career with the Super Bowl champion Saints.

While Bush spoke, his former marketing agent, Mike Ornstein, stood nearby, listening intently. Ornstein, who is now a Saints consultant, said afterward he had "absolutely no comment about any of this."

While the probe resulted in large part from a lawsuit filed by would-be marking agents who were upset that they never wound up representing Bush, Ornstein, who did succeed in landing Bush as a client during the football star's first couple pro seasons, also had been accused of providing improper benefits to Bush while he was still at USC.

Bush said he regretted "that this situation has occurred and was brought on USC because of me ... and my name is dragged through this, their name is dragged through this, my family's name is dragged through this and it's really unfortunate."

Bush said Saints teammates have been supportive, as have his old USC teammates, even though the record may no longer show that the Trojans were national champions at the end of the 2004 season.

"My teammates have been none other than extremely supportive of me and even my teammates when I was there at USC, sending me text messages and just supporting me and having my back in this matter and that means a lot," Bush said. "That goes a long way, because once you go through those things that we went through together, once we built the relationships and the foundation that we built together, those are things you can never take away. That's what I look forward to the most, is just having that relationship forever with my USC family and with my current Saints family."



MOVIE TIMES

Aero Theatre
1328 Montana Ave.
(323) 466-FILM

Charlie Chaplin retrospective
"The Idle Class" (NA) 32min
"Sunnyside" (NA) 29 min
The Circus (NA) 1hr 11min
7:30pm

Call theater for information.

AMC Loews Broadway 4
1441 Third Street Promenade

Babies (PG) 1hr 19min
4:05pm, 9:00pm

Get Him to the Greek (R) 1hr 49min
12:30pm, 6:15pm

Get Him to the Greek (Digital Presentation) (R) 1hr 49min
1:45pm, 4:30pm, 7:15pm, 9:50m

Marmaduke (PG) 1hr 27min
12:20pm, 2:45pm, 5:15pm, 7:40pm, 9:55pm

Iron Man 2 (PG-13) 2 hrs 5min
1:10pm, 4:00pm, 6:50pm, 9:40pm

AMC 7 Santa Monica
1310 Third St.
(310) 289-4262

The Karate Kid (PG) 2hrs 20min
12:15pm, 3:45pm, 7:10pm, 10:25pm

The Karate Kid (Digital Presentation) (PG) 2hrs 20min
11:45am, 3:00pm, 6:15pm, 9:30pm

Prince of Persia: The Sands of Time (CC/DVS-Closed Captions & Descriptive Video) (PG-13) 1hr 55 min
1:15pm, 4:15pm, 7:05pm, 10:00pm

Shrek Forever After 3D (RealD 3D) (PG) 1hr 33min
11:30am, 2:00pm, 4:30pm, 7:00pm

Get Him to the Greek (R) 1hr 49min
11:40am, 2:30pm, 5:10pm, 7:55pm, 10:30pm

Killers (Digital Presentation) (PG-13) 1hr 40min
11:35am, 2:05pm, 4:35pm, 7:15pm, 9:50pm

Splice (R) 1hr 44min
1:30pm, 4:45pm, 7:30pm, 10:10pm

Toy Story 3 in Disney Digital 3D (3D; Digital 3D) (G) 1hr 43min
12:01am

Laemmle's Monica Fourplex
1332 Second St.
(310) 394-9741

City Island (PG-13) 1hr 55min
1:50pm

Exit Through The Gift Shop (R) 1hr 43min
1:00pm, 5:30pm, 10:10pm

Solitary Man (R) 1hr 45min
1:20pm, 3:30pm, 5:40pm, 8:00pm, 10:15pm

Mother And Child (R) 2hrs 21min
4:20pm, 9:50pm

Breathless (NR) 1hr 45min
3:10pm, 7:50pm

The Secret In Their Eyes (R) 2hr 24min
1:00pm, 4:00pm, 7:00pm, 10:00pm

Mann's Criterion Theatre
1313 Third St.
(310) 395-1599

The A-Team (PG-13) 1hr 57min
11:20am, 12:50pm, 2:00pm, 3:40pm, 4:50pm, 6:40pm, 7:40pm, 9:30pm, 10:30pm

Letters to Juliet (PG) 1hr 45min
11:00am, 4:40pm, 10:20pm

Robin Hood (PG-13) 2hrs 20min
1:30pm, 7:10pm

Sex and the City 2 (R) 2hrs 27min
11:40am, 12:40pm, 2:50pm, 3:50pm, 6:00pm, 7:00pm, 9:10pm, 10:10pm

Shrek Forever After 3D (RealD 3D) (PG) 1hr 33min
11:50am, 2:10pm, 4:30pm, 6:50pm, 9:20pm

For more information, e-mail news@smdp.com

Make it an early night, Pisces

ARIES (March 21-April 19)
★★★★ Once you get going, others might think of you as the Energizer Ram. You clear out an enormous amount of work, errands and whatever is needed. Don't allow a last-minute snafu to stop you. Tonight: Slow down and relax.

TAURUS (April 20-May 20)
★★★★★ You could toss a situation up in the air over and over until you get a winning solution. Detach, and you'll see a path that up till now has not even been discussed. Though others might be confused, you decide to test this route. Tonight: Careful with funds.

GEMINI (May 21-June 20)
★★★ In the morning, avoid a fight at any cost. Focus on clearing. A key associate uses money far differently from you. Let this person explain why and how. Gain through new knowledge. Tonight: Clear out stress before sitting down for dinner.

CANCER (June 21-July 22)
★★★★★ State what you feel, and pursue a decision you see as important. A partner might want to intervene and tries to distract you. Perhaps a discussion is needed. Tonight: Don't read too much into another's comment.

LEO (July 23-Aug. 22)
★★★ Understanding emanates, especially concerning funds, expenditures and your efforts. Know how to say "no," and be willing to stand your ground. Revise your workload and plans to deal with a prime issue. A meeting only adds to the confusion. Tonight: Do what you need to do.

VIRGO (Aug. 23-Sept. 22)
★★★★★ Others might react to the Virgo comet that goes by their desk. You will move and act quickly. If you are frustrated, your words could be unduly sharp, reflecting this frustration. Intensity marks creative thinking and romance. Tonight: Clear out a misunderstanding. (It will take patience!)

LIBRA (Sept. 23-Oct. 22)
★★★ Suppressed anger could come out in many strange ways. You could snap at someone who doesn't deserve it. You could react physically as well. Intensity surrounds a domestic issue. Taking off is not the answer. Process and find a solution. Tonight: You might be unaware of how you are distorting a situation.

SCORPIO (Oct. 23-Nov. 21)
★★★★★ You drive a hard bargain, but also run into someone who might be as determined as you. Discussions need to occur on a one-on-one level for a solution. Persistence counts, and you have just that. Tonight: Start sorting through a misunderstanding.

SAGITTARIUS (Nov. 22-Dec. 21)
★★★ Take the lead, especially with a financial matter that could impact you. Realize what is going on behind the scenes. You hear so much that you could be overwhelmed. In this case, listen, sort and ask questions rather than act. Tonight: Could be late.

CAPRICORN (Dec. 22-Jan. 19)
★★★★ Pressure builds. You have a choice to continue demanding or to process your thinking. Though the path of transformation might seem invisible or difficult, ultimately that is the right way to go. A partner points the way. Tonight: Detach from a situation. Go to the movies or listen to some great jazz or blues.

AQUARIUS (Jan. 20-Feb. 18)
★★★★★ A partner keeps homing in on one issue after another. You wonder if this will end and if you can get your two cents in. An innovative idea could fall on deaf ears, as others are acting out their roles rather than thinking and listening. Know that this too will pass. Tonight: Visit with a dear friend.

PISCES (Feb. 19-March 20)
★★★★ You juggle different concerns, creating a stronger sense of well-being and happiness. Others demand a lot of attention, though your major concern could involve home or a family member. You have your hands full. Tonight: Try to make it an early night.

Happy birthday

This year, you might have your hands full, as often people are reactive and your message gets lost. Your ability to center yourself and understand will become much more important. Often, you will have to begin at square one in your interpersonal discussions. Intensity surrounds a key business or personal partnership. This person is changing in front of your very eyes. If you are single, do take your time getting to know someone new. A move, remodeling your home or some change on the home front is likely. VIRGO knows how to pressure you.

JACQUELINE BIGAR'S STARS
The stars show the kind of day you'll have:
★★★★★Dynamic ★★ So-So
★★★★ Positive ★ Difficult
★★★ Average

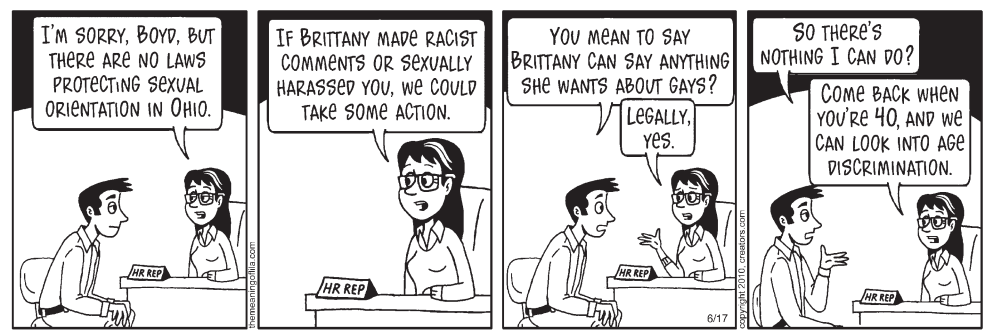
Girls and Sports

By Justin Borus and Andrew Feinstein



The Meaning of Lila

By John Forgetta & L.A. Rose



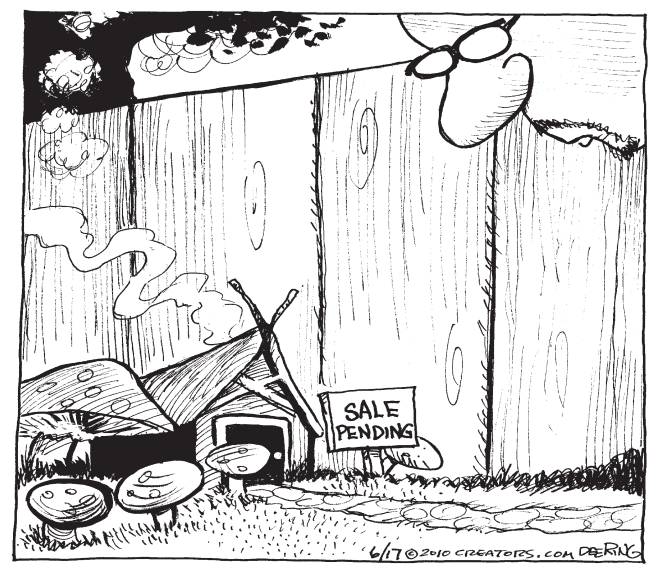
Garfield

By Jim Davis



Strange Brew

By John Deering



Speed Bump

By Dave Coverly



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Sudoku

Fill in the blank cells using numbers 1 to 9. Each number can appear only once in each row, column, and 3x3 block. Use logic and process of elimination to solve the puzzle. The difficulty level ranges from ★ (easiest) to ★★★★★ (hardest).

Difficulty Level ★★★

		6		2		4		
		8			1			
9							7	5
	7		1		2			
5								3
			8		4		1	
1	6							7
			4			3		
		3		8		5		

King Features Syndicate

GETTING STARTED

There are many strategies to solving Sudoku. One way to begin is to examine each 3x3 grid and figure out which numbers are missing. Then, based on the other numbers in the row and column of each blank cell, find which of the missing numbers will work. Eliminating numbers will eventually lead you to the answer.

SOLUTIONS TO YESTERDAY'S PUZZLE

4	6	7	3	8	5	2	1	9
1	5	3	7	2	9	4	6	8
9	8	2	1	4	6	3	7	5
2	1	9	6	5	4	7	8	3
5	3	6	8	1	7	9	2	4
7	4	8	2	9	3	1	5	6
8	2	5	9	3	1	6	4	7
3	7	1	4	6	8	5	9	2
6	9	4	5	7	2	8	3	1

ARITHMO™ CrossMath

+ × − ÷

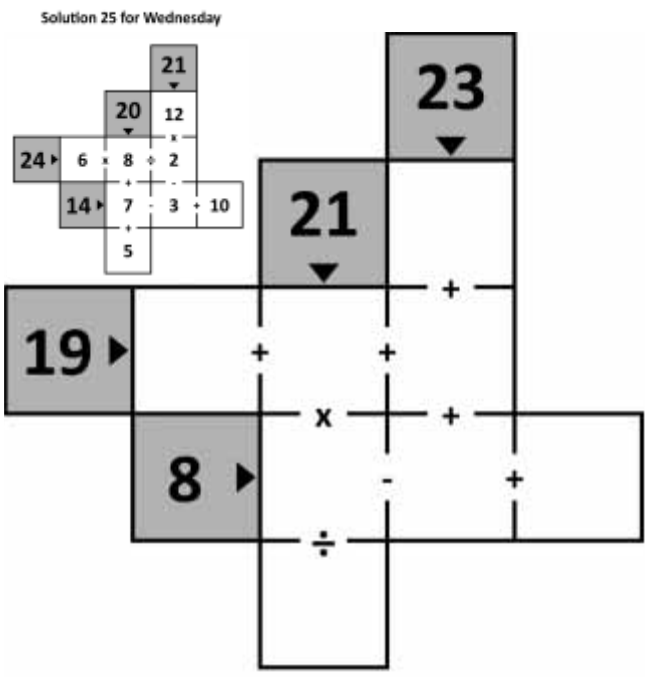
- Fill the grid with the set of given numbers (1 to 12) to satisfy the Equa demands (7 to 24) in the shaded boxes. The Equa demands represent the sum of the digits that you will insert into the empty squares.
- Each horizontal row has one Equa demand to satisfy; each vertical column also has one demand to satisfy. Each empty square in the grid dictates the math operation (addition +, subtraction -, multiplication X, and division ÷) that must be performed to meet the demands.
- You must follow the given math operations for each square and you must make sure all the numbers satisfy the demands in the shaded boxes when connected in adjacent threes and calculated together from left to right, and top to bottom.
- The numbers you insert into the grid must satisfy the Equa demands both horizontally and vertically.

For more games, go to www.arithmo.com

Fill in the empty fields with the given numbers so when calculated together they satisfy all Equas in the gray boxes:

2, 2, 6, 6, 6, 7, 7, 11

Solution 25 for Wednesday





MYSTERY PHOTO

Alejandro Cesar Cantarero II *news@smdp.com*

The first person who can correctly identify where this image was captured wins a prize from the Santa Monica Daily Press. Send answers to *editor@smdp.com*.

CROSSWORD

By THOMAS JOSEPH

ACROSS

1 Imperfection
5 Ugly monster
10 Haste
11 Hall of Famer Reese
12 Niagara's source
13 Interested in trying
14 Changed sides
16 Abhorred
20 Unfriendly
23 Paddle's kin
24 Travel stop
25 Pact
27 Zoo creature
28 Singer Franklin
29 Insane
32 Abandoned
36 Orbital point
39 Seep
40 40% of North America
41 Angry
42 Ledger jotting
43 Greek vowels

DOWN

1 Wilma's hubby
2 Entice
3 "In your dreams!"
4 Cajole
5 Conical home
6 Oboe parts
7 Hold
8 Charter
9 Summer sign
11 A bit crazy
15 Con quarters
17 Race tipster
18 Singly
19 DeMatteo of "Desperate Housewives"
20 African nation
21 Aspiration
22 Article
25 Grove growth
26 Symbol of love
28 Sailing
30 Painter Degas
31 Poor
33 Horn output
34 Financier Cornell
35 Ruby and Sandra
36 High card
37 Mythical piper
38 Toronto's prov.

G	A	L	E				Q	U	I	D
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R	O	S	E				M	I	N	N

Yesterday's answer

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1	2	3	4			5	6	7	8	9
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42							43			

6-17

DAILY LOTTERY

MEGA MILLIONS: 4 12 13 21 27 Meganumber: 46 Jackpot: $17M

SUPER LOTTO PLUS: 3 22 24 32 35 Meganumber: 7 Jackpot: $9M

Fantasy 5: 3 15 18 34 35

DAILY 3: MIDDAY: 5 3 5 EVENING: 2 5 6

DAILY DERBY: 1st: 06 Whirl Win 2nd: 07 Eureka 3rd: 02 Lucky Star RACE TIME: 1:44.62

Although every effort is made to ensure the accuracy of the winning number information, mistakes can occur. In the event of any discrepancies, California State laws and California Lottery regulations will prevail. Complete game information and prize claiming instructions are available at California Lottery retailers. Visit the California State Lottery web site at http://www.calottery.com

NEWS OF THE WEIRD

BY CHUCK SHEPARD

■ Last September, James Jones, 33, and a friend were issued disorderly conduct citations by police after witnesses reported that the pair, inebriated, had placed their genitals on a vegetables' weighing scale in a supermarket in Edinburgh, Scotland. (They were acquitted in April 2010 when the only witness admitted that she only saw the men zipping up after claiming to have weighed themselves.)

■ Fluids Festivals: (1) A 44-year-old man was charged with battery in Crestview, Fla., in April as a result of a fight with his girlfriend, during which he pinched off one of his nostrils and blew mucus and blood out of the other (with contents landing on her "face, chest, arms and pants"). (2) Madison, Wis., neighbors Nina Bell, 56, and Arnessa Battles, 38, were cited for disorderly conduct in March in a dispute over Battles' dog's winter-long output of droppings that had just been revealed by melting snow. According to the police report, by the time an officer arrived on the scene, both of the women had smeared each other's cars with large quantities of dog poop.

TODAY IN HISTORY

1462 Vlad III the Impaler attempts to assassinate Mehmed II (The Night Attack) forcing him to retreat from Wallachia.

1497 Battle of Deptford Bridge – forces under King Henry VII defeat troops led by Michael An Gof.

1565 Matsunaga Hisahide assassinates the 13th Ashikaga shogun, Ashikaga Yoshiteru.

1579 Sir Francis Drake claims a land he calls Nova Albion (modern California) for England.

1631 Mumtaz Mahal dies during childbirth. Her husband, Mughal emperor Shah Jahan I, then spends more than 20 years building her tomb, the Taj Mahal.

1773 Cúcuta, Colombia is founded by Juana Rangel de Cuéllar.

1775 American Revolutionary War: Battle of Bunker Hill

1789 In France, the Third Estate declares itself the National Assembly.

WORD UP!

indemnity
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WEST L.A.

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MAR VISTA 12610 CASWELL ave.unit 3, 1bdrm/1ba $1175/mo. stove, fridge, time/carpet,floors ceiling fan blinds, parking, laundry, no pets. (310)578-7512 www.jkwproperties.com

For Rent

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North of Montana	$3,324,500	$1,435,000
Between Wilshire & Montana	$1,495,000	$799,000
South of Wilshire	$858,500	$626,000
Sunset Park	$1,249,000	$589,900
Ocean Park	$1,420,000	$849,000

Statistics Updated Every Monday

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