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THURSDAY, MAY 6, 2010
Volume 9 Issue 151

Santa Monica Daily Press

We have you covered
THE GREEN, GREENER AND GREENEST ISSUE

XRDS BASEBALL TAKES CHARGE
SEE PAGE 3

SM businesses recognized for sustainability

BY KEVIN HERRERA
Editor in Chief

PICO BLVD While the Oscars had comedian Steve Martin and actor Alec Baldwin, those who attended the 15th annual Sustainable Quality Awards Wednesday had local attorney Tom Larmore and his guitar.

The Santa Monica Chamber of Commerce chair led the crowd in a song about garbage. While not a common theme for most award ceremonies, the song "Good Garbage," which bashed products that are not biodegradable, was very apropos given that those in attendance were on hand to celebrate local businesses that are doing their part to protect the environment and build a green community.

SEE AWARDS PAGE 7



Brandon Wise *brandonw@smdp.com*

SINGING THE PRAISES: **Santa Monica Chamber of Commerce's Tom Larmore entertains during the Sustainable Quality Awards on Wednesday.**

Garden designs going public

BY NICK TABOREK
Daily Press Staff Writer

SM AIRPORT Hoping to encourage more residents to replace their water-sucking lawns with plants that thrive in the natural climate, City Hall is sponsoring a contest to select the designs for three demonstration "sustainable gardens" to be planted at Santa Monica Airport.

Russell Ackerman, City Hall's water resources manager, said the idea is to create models of sustainable landscapes that residents can re-create at home.

"It's making sustainable more attainable," he said. "When you begin to think about re-doing your landscape it can be an overwhelming task, so we're trying to make that first step a little easier."

Would-be sustainable landscapers will be able to find the plants and irrigation systems needed to replicate the gardens at local stores, he said.

SEE GARDEN PAGE 9

Rent control commissioner barred from increase vote

BY NICK TABOREK
Daily Press Staff Writer

CITY HALL When the Rent Control Board makes its annual decision on the maximum allowable rent increase this summer, it will do so without Commissioner Robert Kronovet having a say.

Kronovet, who owns a six-unit, rent-controlled apartment building in Santa Monica, has been barred from voting on the rent increase by the California Fair Political Practices Commission because he stands to benefit financially from the board's decision.

In a letter sent last week to the Rent Control Agency's general counsel, Michaelyn Jones, the commission said Kronovet may not vote on the increase or participate in discussions about the rent increase in any way because the board's decision will have a "reasonably foreseeable material financial effect on his residential rental properties."

In an interview on Wednesday, Kronovet said the FPPC's decision represents a double standard, because other commissioners are tenants in rent-controlled buildings who also stand to benefit from the board's decision but will be allowed to vote on the increase.

"This is outrageous. This is censorship, pure and simple," he said.

Two commissioners, Marilyn Korade-Wilson and Christopher Braun, live in rent-controlled apartments, Jones said, but aren't barred from participating in the decision under FPPC rules.

She said Braun won't be affected by this year's rent increase because of a pre-existing lease agreement. In an interview, Braun said he recently moved into a rent-controlled apartment but is paying market rate

SEE RENT PAGE 9

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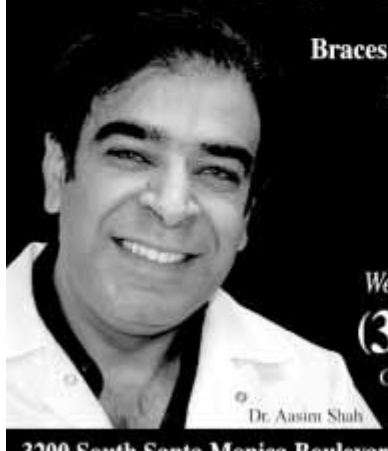
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WHAT'S UP WESTSIDE
OUT AND ABOUT IN SANTA MONICA AND SURROUNDS



Thursday, May 6, 2010

'Celebrity Portraits' by Robert Zuckerman
Edgemar Center for the Arts
2437 Main St., 6 p.m.
Even if his name is unfamiliar, the images he shoots are certainly not. Robert Zuckerman is a photographer whose images have driven the advertising campaigns for films such as "Training Day," "Terminator 3," "Transformers," and "The Pursuit of Happyness." Come and witness celebrity portraits captured by this critically acclaimed photographer. Admission is free but RSVP is required. Call (310) 392-0815 to RSVP.

'SKATEBOARD: Evolution and art in California'
California Heritage Museum
2612 Main St., 11 a.m. — 4 p.m.
May is the last month to see this exhibition, which traces the evolution of boards from pre-1950 to today, showcasing the riders, artists, and manufacturers that created the California phenomenon known as the skateboard. The works were guest-curated by legendary Z-Boy Nathan Pratt and are appropriately housed in the heart of "Dog Town," right where the California skate movement was born. General admission is $3, senior and student tickets are $2, and members and children under 12 are free. For more information, call (310) 392-8537.

Wells Bring Hope
Santa Monica College
HSS 165, 11:15 a.m.
Barbara Goldberg is the founder of this nonprofit organization committed to drilling wells to bring safe, clean water to rural villages in West Africa. She will share her account of the community-changing effects—especially for women and girls in the villages—of the Wells Bring Hope project. The event is sponsored by the SMC Associates and SMC Office of Public Programs.

Friday, May 7, 2010

Santa Monica Civic Auditorium
1855 Main St., 10 a.m. -- 5 p.m.
The seventh annual Alternative Building Materials and Design Expo will feature over 150 exhibitors. They represent the best of green building and design materials, energy efficiency, alternative energy, water conservation products, environmental plumbing, sustainable landscape, waste management, state agencies, utilities, non-profits and municipalities. Admission is free.

Harvey Stromberg: President Obama so far
Santa Monica College
HSS 165, 7 p.m.
This lecture provides a review of President Obama's foreign policy by author, teacher and KCRW talk show host Harvey Stromberg. This lecture is part of an annual event established in honor of former SMC Vice President Darroch "Rocky" Young. Seating is strictly on a first-arrival basis. Admission is free.

Santa Monica travel and tourism summit
Loews Santa Monica Beach Hotel
1700 Ocean Ave., 8:45 a.m. -- 11:15 a.m.
Learn about the economic outlook for Santa Monica and the state of California by top guest speakers at this event. Guest Speakers Include Caroline Beteta, president and CEO at California Travel and Tourism Commission, and Jeffry Lugosi, senior vice president at PKF Consulting.

For more information on any of the events listed, log on to smdp.com and click the "Events" tab for the given day's calendar.

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Morgan Genser *news@smdp.com*

SWINGING FOR POWER: **Crossroads' Brian Rosen takes a big swing during the team's 10-3 victory over Delphic League rival Windward on Tuesday in Mar Vista.**

HIGH SCHOOL SPORTS ROUNDUP

Xrds gets upper hand in league

BY DANIEL ARCHULETA
Managing Editor

MAR VISTA Crossroads' bid to be crowned Delphic League champs moved a step closer to reality with a convincing 10-3 win over rival Windward on Tuesday,

The win puts Crossroads' baseball team in sole possession of first place with a 3-0 league record. Windward slips to second with a 3-1 mark.

The league rivals will square off again this time on Crossroads' turf. The game is scheduled for Friday at 3 p.m. at Clover Park.

SAMOHI'S BATS COME ALIVE

For the third straight game, Santa Monica High School's baseball team hung double digit runs on a league opponent.

The latest victim of the resurgent Samohi Vikings offensive attack was Beverly Hills on Tuesday. The Vikings routed the Normans, 18-7, on the road.

This follows wins over Morningside last week that saw the Vikings outscore their opponent 32-7.

The win puts Samohi (13-10 overall, 6-1 in league) atop the Ocean League standings along with Culver City. The two teams will duke it out during the final week of the regular season with a league title at stake.

While Samohi and Culver City are tied for first, Beverly Hills is still lurking in second place at 5-2. The Normans will get another shot to get back into the league title hunt with one more game against the Vikings. The game is scheduled for today at Samohi. The first pitch will be at 3:15 p.m.

daniela@smdp.com

Local girl wins PTA award for song

BY LISA ANDERSON
Special to the Daily Press

DOWNTOWN Through her inspiring love for her father, Sophie Smyth, a 10-year-old fifth grader from Santa Monica, has won the Award of Excellence certificate from the National PTA-sponsored Reflections Program.

She competed against 65,000 other entries from students throughout California for the award, which was for a song she originally wrote for her father's birthday.

Her vocal and piano performance of the song "You Lift Me Up," was selected last Saturday as the top entry for the intermediate division of the original music category. Additionally, her song will represent California's best in a national competition.

"I think I have a pretty good chance. My mom says it was wonderful so, there's a possibility I could win," Sophie said.

Like any proud parent, Vikki Smyth believes her daughter will come out on top.

"The song is a universal love song between a little girl and her daddy. It should be an anthem for love. It's a remarkable song," she said.

The competition was established in 1969, and occurs every year, providing students with an opportunity to express themselves creatively and to receive positive recognition for their original works.

When Sophie first heard of the competition and the theme, "Beauty is," she thought of the song she had written for her father's birthday. The song itself did not take a lot of time for Sophie to put together, which Vicki attributes to the intensity of the love she was feeling for her father, Robert Smyth.

"This one came so fast to her — that part was kind of scary," Smyth said.

Sophie said she worked on the song over three days with her singing coach.

The lyrics of "You Lift Me Up" entail the feelings of a thoughtful, loving young daughter, with lines such as, "You plant the seeds to make my life grow. Show me the way when I don't know. You light me up."

When her father first heard the song he began tearing up. Now she has touched several others with her affection for him, and she plans to stay focused on her singing amongst the many other activities she is involved in, which include tennis, soccer and playing the violin.

She has been singing and playing the piano for a couple of years, with steady vocal and piano lessons on and off. Her focus is on her voice and song writing, which seems to come most naturally to her.

"My mom says I've been singing before I could talk," Sophie said.

She also said that she is always singing, whether it be in the kitchen or the shower, or in front of an audience. She is very interested in music, she said, and does intend to pursue it.

Smyth added that her school, Franklin Elementary, has been greatly influential in Sophie's skills. She said that Sophie plays the

SEE **SONG** PAGE 8

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LETTERS TO THE EDITOR

Send comments to editor@smdp.com

Choosing charter

Editor:

I applaud Point Dume Marine Science School parents in their effort to apply for charter status. In light of the current state budget crisis, SMMUSD faces daunting budget decisions, and a charter conversion ultimately ensures that our school will remain open. I have been a parent volunteer in Malibu public schools since 1991, including six years on the PTA Council executive board. I doubt any other school district in California has a harder working group of teachers, staff, administrators and volunteers than SMMUSD, but even this level of commitment may not be enough to sustain Point Dume unless it goes charter. Lest anyone forget, our school was shuttered due to declining enrollment and in a similar economic time, from 1980 to 1996, and we are not willing to risk a repeat.

For the record, the lead petitioners and executive team of parents leading the charter effort wholeheartedly support Measure A, but unfortunately, even its passage may not be enough to guarantee that the school remains open. Charter status also allows our environmental and marine science focus to continue to grow, thus preserving what our teachers and staff have worked so hard for since the school reopened 14 years ago. As a charter school, we would be independent from the district, but remain a public school, something we value deeply. I hope the board of education will support us in this effort.

Karen Farrer
Malibu

Fight for seniors, disabled

Editor:

In the April 27 meeting, the Santa Monica City Council did not take a vote on the Big Blue Bus fare increase. Council members said they could not make a decision without additional information. Staff is gathering information and the saga will continue on May 11.

I hope that the additional information will explain the projected increase in revenue ($3.4 million/year option 1). Is the projection based on current ridership? Because every fare increase is followed by a drop in ridership. The drop in ridership in this case is expected to be 17 percent.

And who will these missing passengers be? BBB again had an answer: Not the students (they have to go to school), not the commuters (they have to go to work). That leaves the group called senior/disabled/Medicare. They will make fewer trips. Wouldn't you, if your bus fare for a return trip with transfer suddenly jumped from 70 cents to $2.40 (option 1) or $3 (option 2) and your income was in fact fixed?

One of the goals of fare restructuring is "to bring fares in line with other transit agencies." Why not follow the MTA prescription? Increase fares during peak hours and keep the discount 25 cent fare during off-peak hours. Allow the seniors/disabled/Medicare group to take a trip or to get their groceries home. And keep your passengers.

I also hope the additional information will show where BBB will cut their expenses. It would be interesting to know the cost of printing the whole set of new schedules and maps (full-color, glossy paper and poster-size system map) and compare it to the cost of one color, plain paper printing. Because all brochures include the price of tickets, all of them will have to be reprinted.

What else? Several council members are members of Santa Monicans for Renters' Rights as well. It will be interesting to see how solidly they support their new platform: Item L1, "Access to the community must be ensured for seniors through affordable transportation options" (adopted 4/25/2010).

The council needs to hear from you all again before May 11!

Radana Mikes
Santa Monica



The Soap Box

Bennet Kelley

Send comments to editor@smdp.com

Sarah Palin's Christian nation and the road to Providence

SARAH PALIN'S RECENT COMMENTS THAT the United States is a "Christian nation" along with her assumption of the role of arbiter of who is a "real American" suggests that she may have spent a little too much time on her porch in Alaska staring at Russia and needs to be reacquainted with the lower 48. I have taken the liberty of outlining an itinerary for the former half-term governor.

Day 1: Las Vegas-Independence-Bakersfield. It is fitting to begin the tour in the City of Illusions, since the 250 mile drive east will take you through an area that is among the nation's highest in both foreclosures and unemployment. We can make plenty of stops along the way so you can explain how they are better off because of the laissez-faire policies of the Bush administration that you continue to advocate.

At Manzanar Relocation Center, which was one of 10 internment centers for Japanese-Americans during World War II, you will have your first opportunity to discuss how you define "real Americans." We will end the day in Bakersfield where unemployment exceeds 17 percent.

Day 2: Bakersfield-Oklahoma City–Montgomery. After starting the morning with your demonstration of how to spot an undocumented alien in a non-racial way, we will fly to Oklahoma City for a visit to the memorial dedicated to the 168 people killed in the 1995 federal building bombing. This would be a perfect venue for you to discuss your comments such as "reload" and "take them out" to a city that knows first-hand how reckless political speech can lead to violence.

We end the day in Alabama's capital where we will visit with the Southern Poverty Law Center, which tracks extremist hate groups and can inform you about the dramatic increase in activity since the election of President Obama. After the briefing, Congressman John Lewis can take you on a tour of nearby Selma, where he suffered a fractured skull while marching. Lewis will tell what it felt like to hear racial epithets from so-called "real Americans" 40 years later as he walked to cast his vote for health care reform.

Day 3: Hagerstown-Augusta. We start the day in Sharpsburg, Md. home of the Antietam National Battlefield. It is hard to believe that these serene hills gave us the bloodiest day in American history — 23,000 casualties in 12 hours — in a war over who was entitled to be considered an American.

From there we will fly to Maine to visit the Margaret Chase Smith Library in Skowhegan. Sen. Smith was famous for her Declaration of Conscience during the McCarthy era in which she complained that those "who shout the loudest about Americanism in making character assassinations are all too frequently those who … ignore [its] basic principles." Smith added that an opposition party should act responsibly and not seek to "ride to political victory on the four horsemen of calumny — fear, ignorance, bigotry and smear."

Day 4: Providence. Patrick Kennedy will take us to watch the city's famed "Water Fire" along the banks of the Providence River where Roger Williams founded the colony of Rhode Island in 1636 based on his vision that there should be a "wall of separation between the garden of the church and the wilderness of the world," and that religious freedom must extend to all and not just Christians.

As a result of Williams' vision, Rhode Island became known as "the safest refuge of conscience" and home to the new world's first Baptist church and synagogue. You will see how Rhode Islanders remain committed to the separation of church and state, as even though the state is by far the most heavily Catholic state in the country it has defied the church on issues such as abortion and gay marriage.

On a detour to Newport, we will visit Touro Synagogue and read President Washington's letter assuring the congregation that all faiths are equal in this country — a point he would later emphasize in the Treaty of Tripoli which expressly states that "the government of the United States of America is not, in any sense, founded on the Christian religion."

At the conclusion of Water Fire, before a city in which one in four residents is foreign born, you will have the opportunity to discuss the 4,300 mile journey, elaborate on your "Christian Nation" comments and address the question of whether it is more important to be American by birth or by deed.

This will provide a made-for-TV opportunity for you to demonstrate whether you seek to lead or divide; whether you are truly guided by providence or just naked ambition and ignorance and, ultimately, whether you belong in Washington or nearby Salem.

BENNET KELLEY can be reached at bennet@bennetkelley.com.

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Life Matters

JoAnne Barge & Katrina Davy Send comments to editor@smdp.com

Preparing for retirement involves more than just managing finances

DEAR NEW SHRINK,

In your article on the Monday morning blues, you mentioned that retirement can be dangerous, even deadly, if one is not prepared for it. My husband and I are about to retire and while I am excited, I am worried about him. His life has always been about his work and us, his family. Can you elaborate more on what makes for a pleasant retirement verses a dreary one?

Thanks,

Scared to retire

DEAR SCARED,

I am glad you picked up on the dangers of retiring and I am also happy to expand on it.

No matter what the circumstances of retirement, it is important for us to consider. Scientific research has shown that those who are not prepared for retirement, especially men or career folks who are highly identified with their work, have a much higher incidence of death within the first two years of retirement. It cannot be stressed enough just how very important it is to be prepared for retirement.

Some people are forced into retirement and they may need to get over the hurt or resentment that they feel about losing their right to choose. Processing their feelings by talking it out with someone is a good idea. But then, move on to making the best of it.

Maybe you were not forced to retire, it was just time but you are not quite ready. You are that guy or gal who always worked and never had time for anything more. You need to start thinking about what you would like to do, new things to try, hobbies, travel, sports? It is always a good idea to find things that first and foremost you will enjoy but second, bring you into contact with others and keep you active.

No matter who we are, we need to have a meaning or purpose to our lives. Some people work so hard in their careers that they truly don't take the time to develop avocations or hobbies. Their work is their life. Suddenly retired, they can wake up and wonder who am I? What am I supposed to do with my life? It is easy to feel as if life is over because their work was their purpose and meaning.

Mondays can be dreadful for these folks and yet, for many others, the beauty of retirement is that time sort of melts together so that there is no more Monday vs. Tuesday or Friday. All of this time is yours to do with as you please, assuming your health permits.

Start thinking about all the things you have wanted to do but never had time for. Make a list and start with the easiest things to do first. Maybe you love to read, well then go to the Library and consider joining a book club. It's important to keep your mind active and the social support is essential to your well being.

If you feel a need to be needed or want to help others, volunteer at a hospital or library, museum or music society, actually anything that suits you. There are countless opportunities for helping others by being a volunteer.

Maybe you start yourself a garden and learn to grow your own vegetables and fruits.

Or just the flowers can be wonderful to grace your own home with or share with a friend.

If you love sports, try one if you can. Being active is healthy and can be social. There are hiking clubs, walking groups, tennis groups, even bicycles on the beach.

If you always wanted to travel, now is a good time to get going. Being part of a tour group might be best because of the social networking, medical attention if needed and guides to help along the way. Traveling does not need to be expensive. There are a number of ways to do it. You can rent an RV and drive across country, go camping or take cruises that are discounted when you sign up in advance. Many have found lifelong friends that they made on their travel tours.

If traveling is your thing, go over your budget and find ways to be creative about it.

And when not traveling, consider taking classes, getting active with others, learning a new skill. Maybe take up dancing, weaving, knitting, sewing, swimming, boating, hiking, chess or poker.

The bottom line is that we need to be prepared, as prepared as we can be because it always helps us to handle life changes. We also need to feel that we matter, are making a contribution, that our lives are meaningful and have a purpose. We also deserve to play at this point. Find the things that bring you joy and start doing them. It is never too late.

DR. JOANNE BARGE is a licensed psychologist with offices in Brentwood. E-mail your questions and responses to newshrink@gmail.com. Got something on your mind, let us help you with your life matters.

The Q Line

City for rent

A recent Daily Press article discovered that, although illegal, vacation rentals of residences are not actively enforced.

So, this week's Q-Line question asks:
What do you think city officials should do to curtail this activity?

Call (310) 285-8106 before Friday at 5 p.m. and we'll print your answers in the weekend edition of the Daily Press.



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The Re-View
Merv Hecht
Send comments to editor@smdp.com

Akbar, where the sauce is the boss

GENERAL COMMENT: ON A COLD winter night Indian food hits the spot. Many years ago, when we sailed together as a family, we would come back to Marina del Rey cold and tired, clean up the boat, and head over to the Akbar restaurant on Washington Boulevard. Mr. Kapoor, the owner, a gentleman from the "old school," always offered good food. That restaurant, and I'm afraid Mr. Kapoor, are now gone, but his sons carry on and now there are four Akbar restaurants: close by, one in Santa Monica and one in a different location on Washington Boulevard, just west of Lincoln. We recently visited the one on Wilshire, which is owned and occasionally managed by Avinash Kapoor. Gustavo, the manager, is usually on duty and will take good care of you.

WHERE: 2627 Wilshire Blvd., Santa Monica, Calif., 90403. Telephone: (310) 586-7469.

WHEN: lunch Monday through Friday, 11:30 a.m. to 2:30 p.m., dinner every day 5:30 p.m. to 10 p.m.

BEST DISHES: The most popular dishes at the restaurant happen to be the ones I usually order: chicken tikka masala, saag paneer, garlic nan and white rice. Here the chicken tikka masala is less creamy than in other local Indian restaurants, the cheese in the saag paneer is chewier, and the nan has a lot more garlic in it than is customary — all nice improvements, although I think the chicken is added to the sauce and not simmered in the sauce for a long time as it is made in India. For those of you who are not Indian food lovers, saag paneer is like a creamed spinach with cubes of cheese in it, but with Indian spices overtaking the natural spinach flavor.

BEST FEATURES: Convenient hours, good location, good parking, and consistent food. But the overriding best feature for me is the side sauces. The mint sauce is much hotter than anywhere else. The coconut sauce is creamy and delicious, and the tomato-based sauce is also creamy with a nice kick to it. I didn't taste the chopped vegetables but it looked hot.

WORST FEATURE: Indian food doesn't always sit well the next day.

WHAT TO DRINK: I always have a beer with Indian food. At their Washington Boulevard location they have a wine list with several of the California cult wines. But who drinks cabernet with Indian food?

PRICES: Most dishes run between $10 to $15, so if two of you order three with rice and a beer you can expect to spend as much as $50 for two.

BOTTOM LINE: Another great ethnic restaurant. Isn't Los Angeles wonderful?

WINE WITH AN ARGENTINEAN FLARE

GENERAL COMMENT: If you happen to find yourself in Silver Lake, just west of downtown Los Angeles, and near beautiful Echo Park Lake, you can take advantage of a wonderful wine bar there called Barbrix. It's worth the trip. Santa Monica foodies will remember chef Dickman from the old Rocco Italian restaurant, and here he is again, in a small Spanish-Italian wine bar owned by folks from Argentina.

WHERE: 2442 Hyperion Ave., Los Angeles, Calif., 90027.

WHEN: 7 days a week, 6 p.m. to 11 p.m. and 6 p.m. to midnight Friday and Saturday nights.

BEST DISHES: Most of the menu consists of small plates that go well with wine. For the first course I recommend the garlic fried sweetbreads, but I know the crostini misti are more popular. The New Zealand bluenose sea bass and the Moroccan spice rubbed lamb ribs are a treat not often found.

BEST FEATURES: Rustic feel, excellent food, good wine selection.

WORST FEATURE: It's a long way from Santa Monica.

WHAT TO DRINK: Dumb question: it's a wine bar!

PRICES: The first courses run about $6. Vegetable sides are about $8. Fish and meat courses are $10 to $15. A nice glass of wine is between $8 and $15. My friends tell me they spend about $30 a person when they go there.

BOTTOM LINE: This new wine bar trend is a wonderful addition to the eating scene. And these owners have done it right, with great food and an eclectic selection of wines that make it worth stopping by.

MERV HECHT, the food and wine critic for the Santa Monica Daily Press, is a wine buyer and consultant to a number of national and international food and wine companies. He can be reached at mervynhecht@yahoo.com

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Ad Council AICPA

Still many unaware of their impact on Mother Earth

FROM **AWARDS** PAGE 1

The Sustainable Quality Awards at the Sheraton Delfina hotel recognized nine companies — ranging from a grocery store to an amusement park — who have successfully blended traditional business practices and environmentalism, whether it be installing a new Ferris wheel with thousands of energy-saving LED lights or educating employees about the pervasiveness of plastic debris in the Pacific Ocean.

Hosted by the chamber, City Hall and the nonprofit Sustainable Works, which helps residents and businesses go green, the event itself was also sustainable, from the awards — made from 100 percent recycled glass — to the food, which was bought from regional farmers and later composted. Carbon credits were also purchased to help offset the impact on air quality created by those who drove to the event.

The awards were founded as a way to recognize green businesses, launched a year after the City Council adopted the Sustainable City Plan, a time when there were no Toyota Prius hybrids or CFLs.

Shannon Parry, City Hall's Sustainable City coordinator, said the event has evolved dramatically over the years, attracting more traditional businesses that were not founded with a green focus and then decided to incorporate other aspects required to be nominated.

"We now have taxi companies, grocery stores and hospitals — mainstream businesses," Parry said.

"For businesses in Santa Monica who aren't necessarily green or incorporate sustainable business practices see that we are recognizing those who have and that these businesses are succeeding and that commitment to sustainability is getting them publicity, getting them notoriety and in some ways giving them additional market share because of that, which is really important," Parry added.

The number of green businesses has grown in Santa Monica since that first awards show, the city now having the highest concentration in the United States with more than 250.

Among the winners were two businesses that received the grand prize — Co-Opportunity market and the Natural Resources Defense Council. To qualify, the companies had to meet challenging targets in the areas of economic development, social responsibility and stewardship of the natural environment. That includes programs that reduce waste as well as treat employees fairly while offering job training or employment opportunities to local youth.

Many of the award recipients have a Green Business Certification and/or have undergone the Business Greening Program at Sustainable Works.

"This is not an easy award to receive," said chamber President Laurel Rosen. "These companies really worked hard for this. It's not just, 'Hey, let's pick somebody.'"

Applications are carefully scrutinized by a panel of nine volunteers, three from the chamber, three from the community at large and three from City Hall.

Co-opportunity was chosen for its commitment to offering customers, who are also owners, natural and organic foods. The company has been around since 1974 and was the first grocery store on the Westside to install a two-kilowatt solar power system in 1999.

During staff meetings, the market educates employees about environmental issues and its recycling program has increased by 40 percent, according to city officials. The company provides 100 percent paid medical, dental, life and vision insurance for employees, satisfying the social responsibility component of the awards. The company has been recognized at the awards several times.

"One of our ends policies is to have a net positive environmental impact," said Bruce Palma, Co-op's general manager. "We are always striving for that. We want to move closer and closer to being more sustainable."

Palma said the market's business model helps in reaching that goal, helping the company balance the needs of the staff, customers and the community.

"We try to make it so everyone benefits," he said.

The NRDC seems to be a natural fit for the grand prize. A national nonprofit dedicated to preserving the nation's natural resources, the NRDC in Santa Monica is housed in a LEED-certified building that has a sophisticated water recycling system that captures water from showers, sinks and rainwater that is treated and reused for irrigation and flushing toilets.

The NRDC also has a built-in Environmental Action Center to increase awareness of the threats to the environment and public health and to empower individuals to get involved.

"There are many pieces that make up the complete picture of sustainability and the business community is a major element in that," said Santa Monica City Councilman Richard Bloom. "To have a business community that is excited about going green and to partner with the city and residents is just incredible."

Bloom said Santa Monica's reputation for striving for sustainability attracts companies that want to "do the right thing."

While doing the right thing can give employers that warm and fuzzy feeling, it can also translate into savings.

Pacific Park at the Santa Monica Pier has seen its energy bill drop by roughly 20 percent after installing its new Ferris wheel, which features thousands of LED lights that use less electricity but offer a more vibrant experience for riders, said CEO Mary Ann Powell.

Pacific Park received an award for excellence in stewardship of the natural environment mainly for the Ferris wheel, which is also solar powered. The company also stopped distributing bottled water to employees, encouraging them to drink from reusable bottles and mugs. Most cleaning products are environmentally friendly also, Powell said.

While living a sustainable lifestyle may be familiar to Santa Monicans given City Hall's many efforts to promote going green, keynote speaker Terry Tamminen, the former secretary of the California Environmental Protection agency under Gov. Arnold Schwarzenegger, said there are millions in America who are oblivious.

The challenge, he said, is to continue to educate the masses about the need to make a change to protect Mother Earth for future generations. This includes those who make public policy.

For a list of SQA winners and more information on City Hall's efforts to be more sustainable, go to www.smsqa.com.

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NOTICE TO CONTRACTORS CALLING FOR BIDS
DISTRICT: SANTA MONICA COMMUNITY COLLEGE DISTRICT

NOTICE IS HEREBY GIVEN that the above-named California Community College District, acting by and through its Board of Trustees, hereinafter "the District" will receive up to, but not later than the stated date and time, sealed Bid Proposals for the Contract for the Work of the Project generally described as: **DIGITAL LEARNING STUDIO**. This project will consist of the repair, refinishing and upgrading of approximately 1,500 SF of classroom space consisting mainly of patching and painting, flooring, windows and electrical. Work will include minor demolition of existing fixtures.

DEADLINE FOR SUBMISSION OF BID PROPOSALS: 2:00 PM May 21, 2010
LOCATION FOR SUBMISSION OF BID PROPOSALS: SANTA MONICA COMMUNITY COLLEGE DISTRICT, FACILITIES OFFICE, 2121 16TH STREET, SANTA MONICA, CA 90405
PLACE FOR OBTAINING BID AND CONTRACT DOCUMENTS: ONE COPY PER BIDDER WILL BE PROVIDED AT MANDATORY JOB WALK

1. **Contractors License Classification.** In accordance with the provisions of California Public Contract Code §3300, the District requires that Bidders possess the following classification(s) of California Contractors License A or B. Any Bidder not so duly and properly licensed shall be subject to all penalties imposed by law.
2. **Labor Compliance Program (AB 1506).** The District has established a Labor Compliance Program ('LCP") pursuant to Labor Code 1771.5. The Contractor awarded the Contract for the Work shall comply with the LCP and provisions of the Contract Documents relating to implementation, compliance with, and enforcement of the LCP.
3. **No Withdrawal of Bid Proposals.** Bid Proposals shall not be withdrawn by any Bidder for a period of sixty (60) days after the opening of Bid Proposals. During this time, all Bidders shall guarantee prices quoted in their respective Bid Proposals.
4. **Job-Walk.** The District will conduct a **Mandatory Job Walk on Tuesday, May 11, 2010, beginning at 11:30 am. Bidder's attendance the Job Walk mandatory.** Bidders are to meet at **Letters & Science Building Room 152, Santa Monica College, 1900 Pico Blvd., Santa Monica, CA, 90405** for conduct of the Job Walk. The Bid Proposal submitted by a Bidder whose representative(s) did not attend the entirety of the Mandatory Job Walk will be rejected by the District as being non-responsive.
5. **Substitute Security.** In accordance with the provisions of California Public Contract Code §22300, substitution of eligible and equivalent securities for any monies withheld by the District to ensure the Contractor's performance under the Contract will be permitted at the request and expense of the Contractor and in conformity with California Public Contract Code §22300. The foregoing notwithstanding, the Bidder to whom the Contract is awarded shall submit its written request to the District to permit the substitution of securities for retention under California Public Contract Code §22300 prior to submission of its first Application for Progress Payment. The failure of such Bidder to make such written request to the District prior to submission of the first Application for Progress Payment shall be deemed a waiver of the Bidder's rights under California Public Contract Code §22300.
6. **Award of Contract.** The Contract for the Work, if awarded, will be by action of the District's Board of Trustees to the responsible Bidder submitting the lowest priced responsive Bid Proposal. If Alternate Bid Items are included in the bidding, the lowest priced Bid Proposal will be determined on the basis of the Base Bid Proposal or on the Base Bid Proposal and the combination of Alternate Bid Items selected in accordance with the applicable provisions of the Instructions for Bidders.



DENIED

Morgan Genser *news@smdp.com*

New Roads' Niko Delgado tags out Vasquez' Bronson Perez on Wednesday at North Venice Little League. New Roads lost the game, 13-2.

Always singing

FROM **SONG** PAGE 3

THE SONG IS A UNIVERSAL LOVE SONG BETWEEN A LITTLE GIRL AND HER DADDY. IT SHOULD BE AN ANTHEM FOR LOVE. IT'S A REMARKABLE SONG,"

Vikki Smyth,
Sophie's mother

violin there and enjoys participating in the plays which each class performs every year.

Sophie added that many of the violin songs she has learned through the school have inspired her to write other songs.

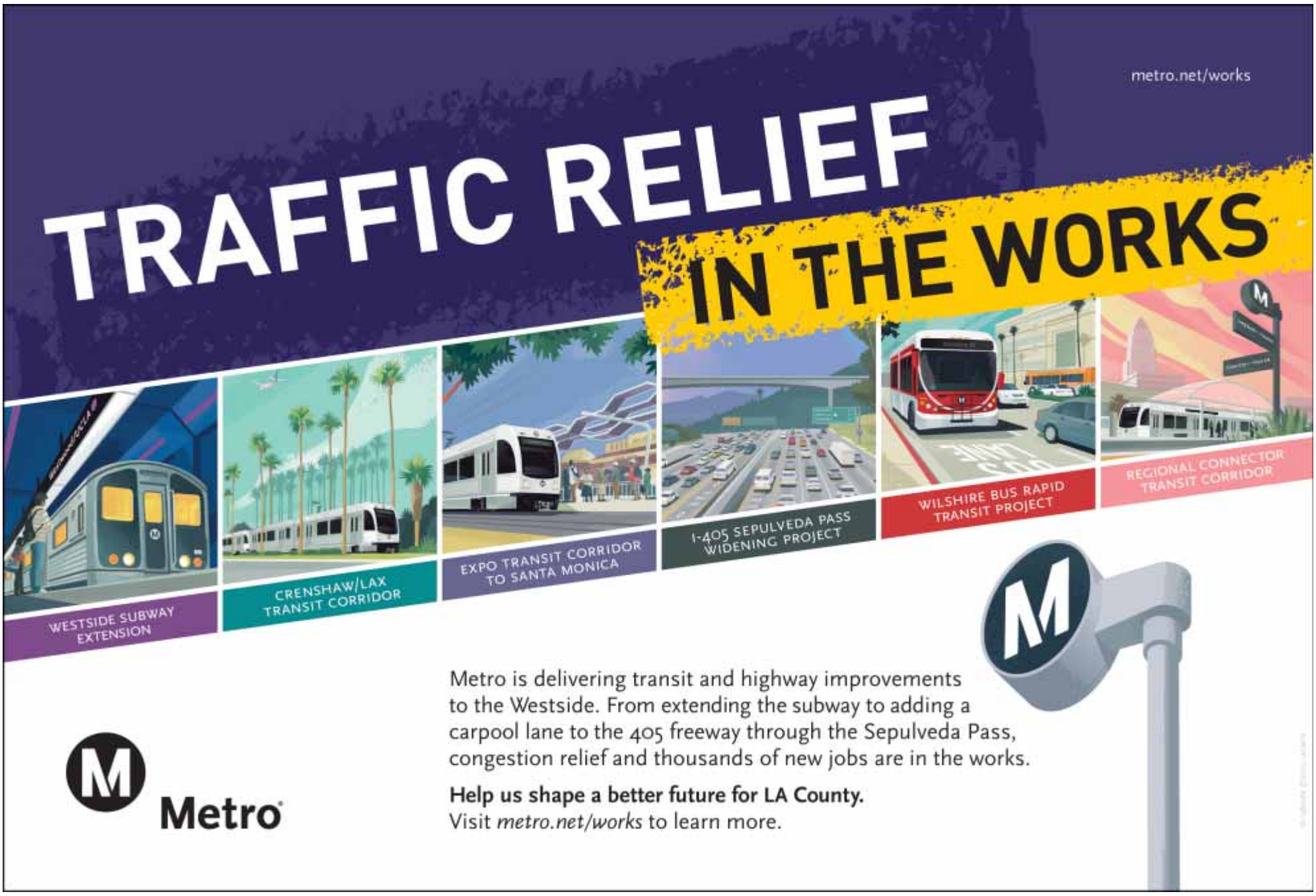
"They're so supportive. We hope we don't lose with the budget cutbacks the fabulous music program," Smyth said.

Smyth added that her and her husband have also been trying as hard as possible to provide both Sophie and her younger sister Stella with the best opportunities they can.

"Our job as parents is to give them the most tools to be as independent as they possibly can, that way they can fly on their own," Smyth said.

news@smdp.com

On the net
Sophie's Song: youtube.com/watch?v=Sy8XgZT8cm8



Garden voting runs through May

FROM GARDEN PAGE 1

Putting the designs for the model gardens up for a vote, he said, is another way of getting the public engaged with sustainable design.

In the first-of-its kind program put on by Santa Monica's Office of Sustainability and the Environment, the public is being asked to vote online through City Hall's website for the best three designs out of nine finalists. A panel culled the nine remaining entries from a field of 27 submitted by professional designers.

Voting on the garden designs runs through this month, and Ackerman said he expects the new gardens, which will be planted in side-by-side, 280-feet-by-42-feet plots at SMO, to be completed by this fall.

City Hall has set aside $30,000 for the project, but Ackerman said the exact cost of the project won't be known until the final designs are selected and bids for the landscaping work are received.

He said sustainable gardens help conserve water and reduce other environmental impacts. Gardens that consist of native plants use about a sixth of the water that traditional landscapes do, he said, and also cut down on maintenance costs and green waste.

"WHEN YOU BEGIN TO THINK ABOUT RE-DOING YOUR LANDSCAPE IT CAN BE AN OVERWHELMING TASK, SO WE'RE TRYING TO MAKE THAT FIRST STEP A LITTLE EASIER."

Russell Ackerman,
water resources manager

He said the designs that were selected to be among the finalists were judged in part for the ease with which they could be scaled up or down, so that people with big yards or limited space could copy the designs.

For more information on the garden project and to vote, visit www.smgov.net and click on the links to the Office of Sustainability and the Environment.

nickt@smdp.com

Four rent control commissioners set to vote on annual increase proposal

FROM RENT PAGE 1

under a lease he signed this year. If he stays in his apartment and is subject to the board-determined increase in future years, Jones said his eligibility to participate in the rent increase vote will be subject to review.

Korade-Wilson, who is a month-to-month tenant, will be subject to the increase but is not considered to have a conflict, Jones said. The FPPC doesn't consider those without leases to have material interests in property, and therefore doesn't consider month-to-month tenants to have special interests in decisions affecting rents.

"The FPPC rules are very complicated," Jones said. "And their interpretation is the one that matters."

Kronovet last year voted on the rent increase, opposing the majority's decision to adopt a 1 percent maximum rent hike. In an interview, Kronovet said he had favored allowing a 3 percent increase.

Kronovet owned the same six-unit building at the time of the rent increase vote last year, but nobody at the agency was then aware of the FPPC's position.

Jones said she looked into the possibility that Kronovet had a conflict after learning about the FPPC's decision last July to prohibit San Francisco Supervisor Sophenia Maxwell, an owner of seven apartment units, from voting on ordinances that would affect allowable rental rates.

The commission's letter explaining why Kronovet is banned from voting on the rental increase, dated April 30, details the financial gain Kronovet could stand to reap from the board's decision.

The letter states that since 1993, Santa Monica's Rent Control Board has voted for annual increases between 1 percent and 4.2 percent. Kronovet's property generates at least $7,364 per month in rent, so a rent hike of 4.2 percent would increase its income producing potential by $3,700 annually, the commission stated.

The commission said those who own three or fewer rental units are generally permitted to vote on decisions affecting landlords and tenants.

Without Kronovet, the rent increase decision will be made by the four other commissioners.

Jones said this is the first time she's aware of that a commissioner has been barred from participating in the rent increase decision.

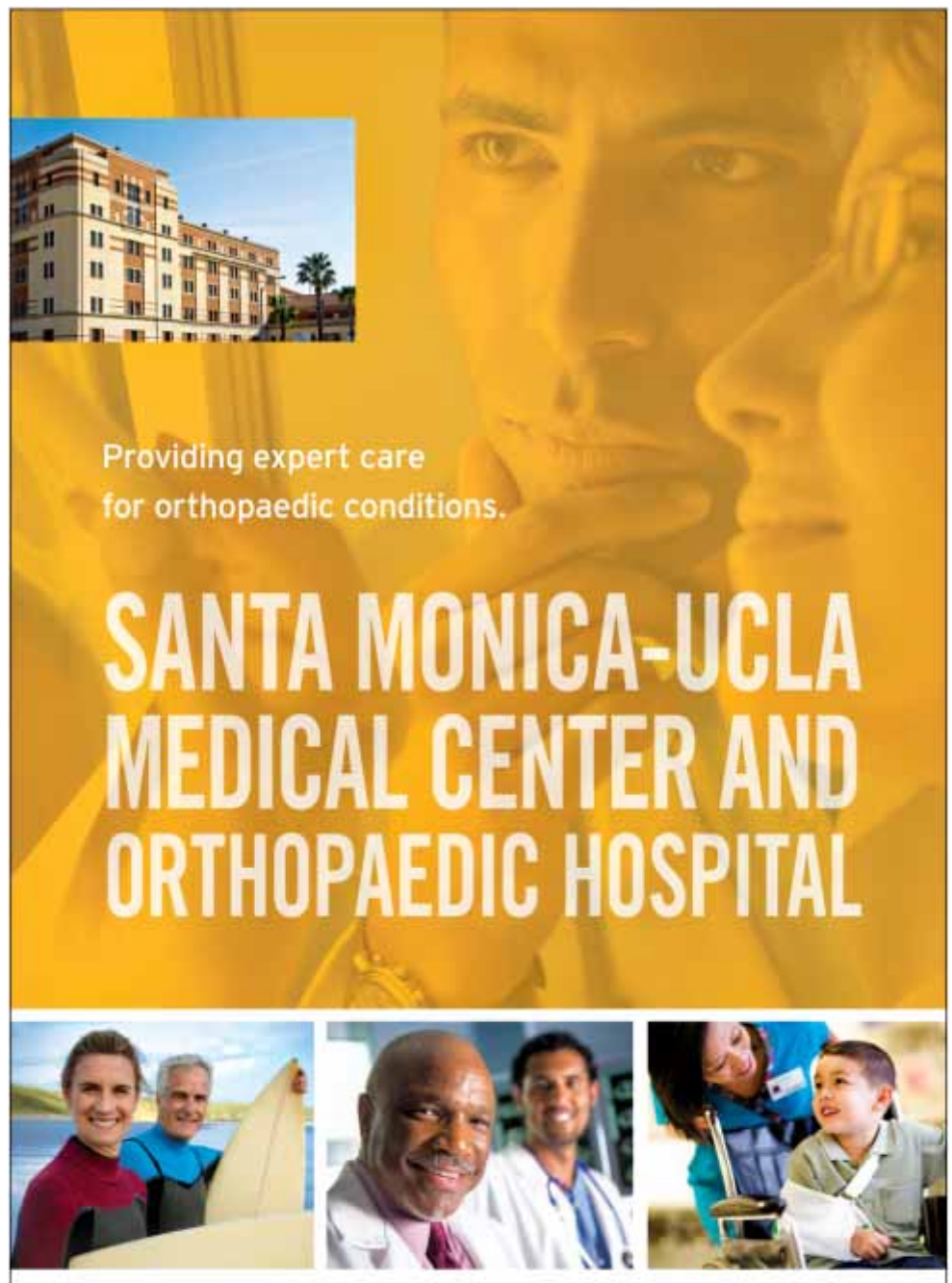
"No one's happy about telling somebody that they're disqualified," she said. "But the FPPC means business."

Commissioner Braun said he acknowledges Kronovet's dissatisfaction at being barred from the vote.

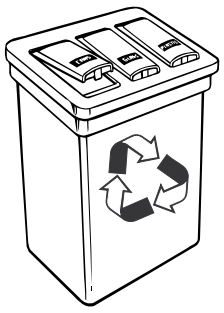
"I understand his frustration because when you're an elected official by the people you like to be able to vote on what you're there for," he said.

nickt@smdp.com







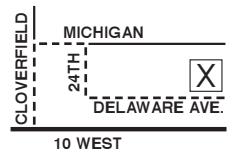


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City of Santa Monica

City of Santa Monica
Notice Inviting Bids

Pursuant to section 600 of the City Charter, newspapers adjudicated to be newspapers of general circulation published in the City of Santa Monica are hereby invited to submit bids to publish legal notices, and other matters required to be published, for the City for the 2010 -11 fiscal year beginning July 1, 2010. The City shall consider the following criteria when selecting the official newspaper for the publication of such notices:

- Proof of adjudication
- Amount of bid (ad rate)
- Circulation (including copies per issue, documented readership and trends)
- Delivery methods (newsracks, home delivery, on-line, other)
- Publication schedule (weekly, daily)
- Percentage of local news carried
- Fiscal intregity
- Reputation of publication

In no case shall the contract prices for such publication exceed the customary rates charged by such newspaper for the publication of other comparable legal notices. The City reserves the right to reject all bids.

Bids should be submitted in writing to the **Office of the City Manager, Attn: Newspaper Advertising Bid, 1685 Main Street Room 209, PO Box 2200, Santa Monica, CA 90407-2200** and received no later than **Wednesday, May 19, 2010 at 5:00 p.m.**



Traveling Back to Fitness

Taylor Van Arsdale Send comments to editor@smdp.com

Introducing the 'Queen of Squats'

I'VE HEARD IT SAID THAT GETTING yourself to the gym is the hardest part of your workout. Whoever said it is a big, fat liar. The hardest part of working out … is working out. My trainer Keith Sims starts me on a two-day a week weight routine, and a six-day a week cardio regime. I'm so heinously out of shape I want to cry.

Our weight routine starts with 20 minutes of lower body exercises, followed by 20 minutes of plyometrics and conditioning — exercises that combine fast, powerful movements that increase performance — and wraps with 20 minutes of upper body and abdominals.

Sims insists on a three-minute warm-up prior to beginning a weight routine which means I have to arrive early enough to hop on the bike or elliptical to ensure that I'm ready to go when our session starts. Sims doesn't mess around. Our exercises are grouped into sets. Each set consists of three exercises (done twice or three times in a sequence), each exercise is 12-15 reps. First up: seated leg extensions. From there incline leg curls, then to the free weight area, where Sims hands me a 20-pound barbell. I'm scared just looking at it. Fortunately Sims demonstrates that I should use the barbell to get a good stretch on my hamstrings. "Head up. Chest out. Slowly lower the bar," says Sims. "Keep your back straight."

I have absolutely no resilience in my hamstrings, but Sims assures me this will change. It had better, because this stretch feels like slow torture. Next sequence: seated leg press. I have trouble with this machine from the get go. It's not so much the weight — because there's none on there — it's the darn handle. You have to grab it and pull it toward you to release the locking mechanism. I'm so weak I can't do it. If Sims is frustrated with my ineptitude he doesn't show it. He just keeps encouraging me, "It's OK. You'll get it."

From there we do squats. Sims says, "This is the one exercise that's going to affect every muscle group. You're going to become the Queen of Squats." If this is what it's like being queen, perhaps I should remain a peasant? There is nothing fun about squats. In fact, I try to go someplace else in my mind when we do them. They are very hard. These are followed by lunges. By this time, I'm completely out of breath.

"Follow me," says Sims as he leads me downstairs to the aerobics room. My legs are quivering. In the aerobics room Sims sets up step blocks one on top of the other. This is the pylometrics portion. It leaves me reminiscing for the legs section I thought was so hard. We begin a series of jumping exercises. I notice a defibrillator on the wall in the lobby. "Keep that handy," I tell Sims, who laughs. "You'll be fine," he reassures. I don't feel fine. I feel like I'm going to fall over. When the jumping is done we head to the stairs.

Burn Fitness has a private stairwell that spans several floors. The trainers use it to run clients up and down the length of it. For me, at this stage, all I can do is walk. "OK," says Sims, "That's good." I live for those moments when Sims tells me we're done. But then I realize we still have upper body movements: chest presses, overhead raises, lateral raises, bicep and tricep curls … my arms are shaking.

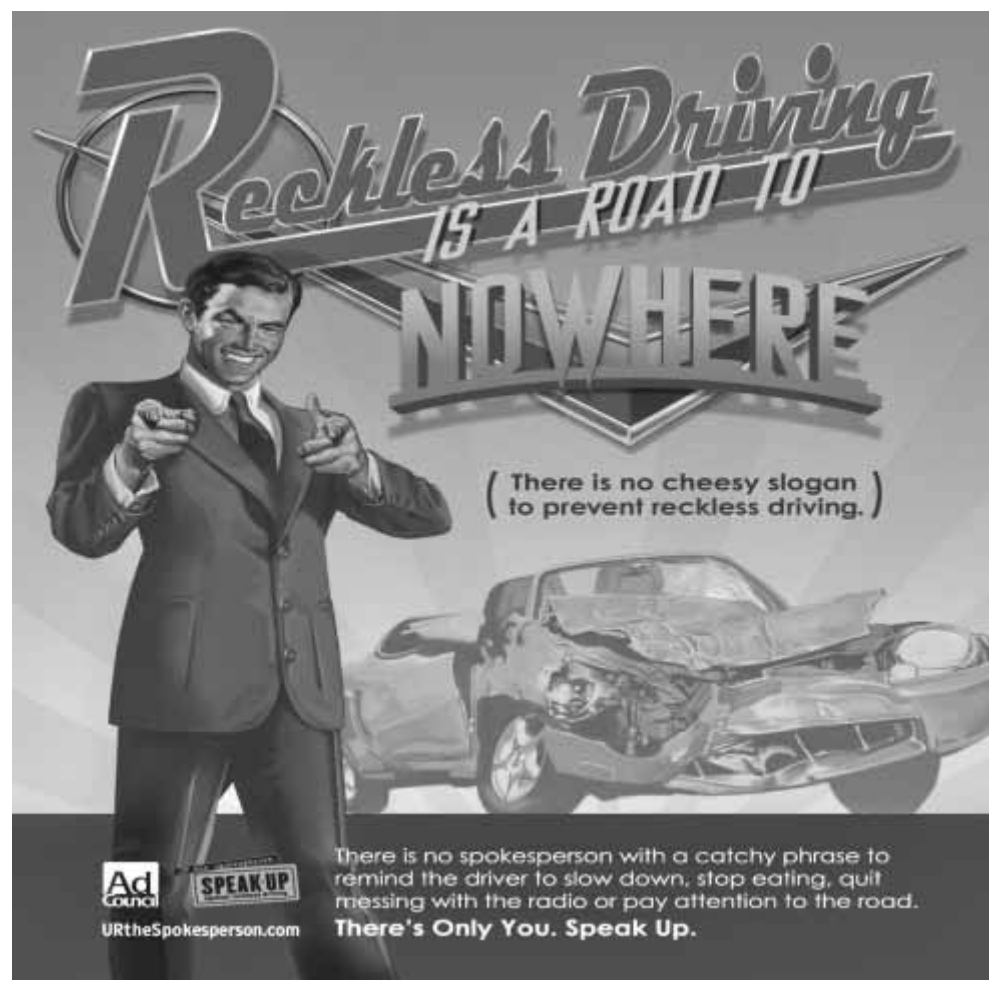
"You're really gonna feel this tomorrow," warns Sims. "But just stay with it. It's gonna get better." After our session he puts me on the bike for an hour of cardio — which I do religiously.

Sims is right. After my first week — it is better, and I feel better, and on top of that I've lost two pounds.

By the numbers

Starting Weight: 182
Pounds lost week one: 2
Goal weight: 135
Pounds to lose: 45

TAYLOR can be reached at tailfish@roadrunner.com.



HIGH SCHOOL BASEBALL

Lawmakers move to temporarily ban metal bats from competition

CATHY BUSSEWITZ
Associated Press Writer

SACRAMENTO A California legislative committee advanced a bill Wednesday that would place a two-year moratorium on the use of metal bats in high school baseball to allow for a safety review.

Supporters said metal alloy and aluminum bats make baseballs travel faster and lead to more serious injuries. Opponents of the moratorium said wooden bats also are dangerous.

The bill moved forward on the same day a 16-year-old pitcher for Marin Catholic High School, who was struck in the head by a line drive hit off an aluminum bat, was released from a rehabilitation hospital.

The March incident left Gunnar Sandberg with a traumatic brain injury.

His father Bjorn Sandberg said Gunnar had been in a coma for weeks and was happy to be recovering at home.

"He's made really tremendous improvement," Bjorn Sandberg said in a telephone interview, adding that Gunnar will be returning to the hospital for rehabilitation therapy several hours every day.

Gunnar's family had planned to attend the bill hearing in Sacramento but changed their plan when they learned their son was coming home.

"We are totally supportive of anything that will make the sport safer so others don't have to live through what Gunnar and the family have had to go through," Bjorn Sandberg said.

The legislation, introduced by Assemblyman Jared Huffman, D-San Rafael, passed the Senate Education Committee on a 5-1 vote and now moves to the full Senate for consideration.

Opponents of the moratorium cited studies comparing the safety of wood and non-wood bats.

"The difference between the two of them ... is actually very narrow," said Rand Martin, representing Easton Bell Sports, a company that manufactures both wooden and metal bats.

"The situation, as tragic as it was in Marin County, would have happened exactly the same way if that hitter had hit that ball off a wooden bat," he said.

Blaine Clemmens, a former scout for the Atlanta Braves, disagreed.



Surf Conditions **Water Temp:** 58°

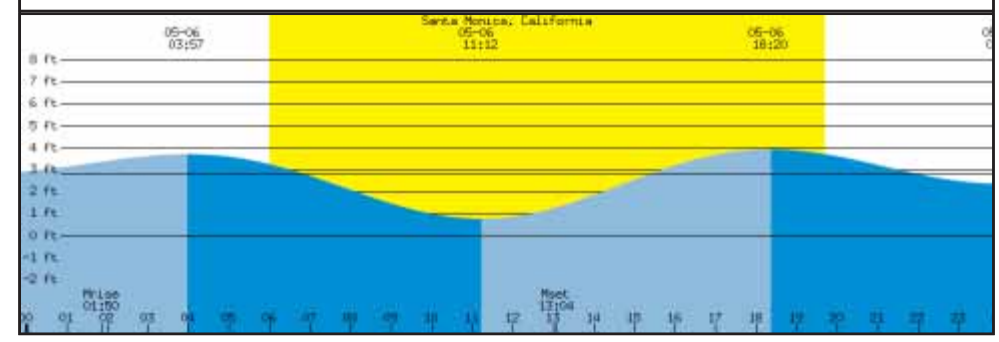
Swell Forecast

Should see the full impact of the French Poly swell, bringing head high sets to south facing breaks. West facing breaks should see chest high NW wind swell.

Long Range Synopsis

This southerly swell should decline to chest high or so.

Tide Forecast for Today in Santa Monica



BEACH REPORT CARD

NORTH LOS ANGELES COUNTY

Grades for this report are based on monitoring data from the previous 30 days up to the ending date of **April 27, 2010**

HEAL THE BAY - 1444 9th Street, Santa Monica, CA 90401 - www.healthebay.org - brc@healthebay.org - 800 HEAL BAY

QUICK STATS (for the last 30 days)

- Number of sewage spills -- 0
- Number of beach closures due to a sewage spill -- 0
- Number of wet days -- 13
- Number of A grades for dry/wet weather -- 41 / 23
- Number of (C,D,F) grades for dry/wet weather -- 5 / 23

The Beach Report Card is made possible by: The Diller – von Furstenberg Family Foundation; simplehuman; SIMA

Heal the Bay reminds you not to swim or surf within 100 yards of any flowing storm drain or for 3 days after a rainstorm. After a rain, indicator bacteria counts at beaches throughout California usually far exceed health criteria in the state's Beach Closure and Health Warning Protocol.

LOCATION	DRY	WET
Leo Carrillo Beach, at Arroyo Sequit Creek mouth.	A+	A+
Nicholas Beach at San Nicholas Canyon Creek mouth.	A+	A+
El Pescador State Beach, between Lechuza and Las Aliso creeks.	A+	A+
Encinal Canyon at El Matador State Beach.	A+	A+
Broad Beach at Trancas Creek mouth.	A+	F
Zuma Beach at Zuma Creek mouth.	A	A+
Walnut Creek, projection of Wildlife Rd. (private).	A+	A+
Paradise Cove Pier at Ramirez Canyon Creek mouth.	B	A+
Escondido Creek, just east of Escondido State Beach.	F	A+
Latigo Canyon Creek mouth.	A+	D
Solstice Canyon at Don Blacker County Beach.	F	C
Puerco State Beach at creek mouth.	A+	F
Marie Canyon storm drain at Puerco Beach, at 24572 Malibu Rd..	A	F
Surfrider Beach at Malibu Colony fence.	A+	A+
Surfrider Beach (breach location)- daily.	F	D
Malibu Pier - 50 yards east.	A	F
Carbon Beach at Sweetwater Canyon.	A+	B
Las Flores State Beach at Las Flores Creek (point zero).	A+	F
Big Rock Beach at 19948 PCH stairs.	A+	A+
Pena Creek at Los Tunos County Beach.	A+	A+
Tuna Canyon.	A+	A+
Topanga State Beach at creek mouth.	F	F
Castlerock Storm Drain at Castle Rock Beach.	A+	A+
Santa Ynez Storm Drain at Castle Rock Beach.	A+	A+
Will Rogers State Beach at 17200 PCH (1/4 mile east of Sunset drain).	A+	F

LOCATION	DRY	WET
Will Rogers State Beach at Bel Air Bay Club drain near fence.	A+	F
Will Rogers State Beach at Pulga Canyon storm drain.	A+	A
Will Rogers State Beach at Temescal Canyon drain.	A+	F
Will Rogers State Beach at Santa Monica Canyon drain (Chautauqua).	B	F
Santa Monica Beach at Montana Ave. drain.	A+	F
Santa Monica Beach at Wilshire Blvd. drain.	A+	F
Santa Monica Municipal Pier.	F	A
Santa Monica Beach at Pico/Kenter storm drain.	A+	A+
Santa Monica Beach at Strand St. (in front of the restrooms).	A+	A+
Ocean Park Beach at Ashland Ave. drain.	A+	A
Venice City Beach, at the Rose Ave. storm drain.	A+	A+
Venice Beach at Brooks Ave. drain.	A+	D
Venice Beach at Windward Ave. drain.	A+	A
Venice Fishing Pier - 50 yards south.	A+	C
Venice Beach- projection of Topsail St..	A+	F
Marina del Rey, Mothers' Beach- lifeguard tower.	A	B
Dockweiler State Beach at Ballona Creek mouth.	A+	D
Dockweiler State Beach at Culver Blvd. drain.	A+	D
North Westchester Storm Drain at Dockweiler State Beach.	A+	A+
Dockweiler State Beach at World Way (south of D&W jetty).	A+	F
Dockweiler State Beach at Imperial Hwy drain.	A+	A+
Dockweiler Beach- opposite Hyperion Treatment Plant.	A+	D
Dockweiler State Beach at Grand Ave. drain.	A+	F

LEGEND

DRY -- each location is graded on an A – F scale based on bacterial pollution levels present in the surf zone
WET -- grades for days of recorded rainfall and the following 3 days
ns -- no sample taken

Heal the Bay is a non-profit environmental organization dedicated to making Santa Monica Bay and Southern California coastal waters safe and healthy for people and marine life.

Heal the Bay's Beach Report Card® is based on weekly water quality monitoring data provided by the City of Los Angeles' Environmental Monitoring Division and the Los Angeles County Department of Health Services. Data is analyzed as soon as it is made available to us by the public agencies. Beaches are graded on an A–F scale based on the risk of ocean users becoming ill. Samples are analyzed for bacteria—enterococcus, total and fecal coliforms—that indicate biological pollution. A fact sheet detailing the exact methodology used in determining grades for each location is available from the office or on our web site. The report is not designed to measure the amount of trash or toxins found at local beaches.

The Beach Report Card is an indication of past water quality and is not a warranty of the current safety of those areas surveyed. Our lawyers are happy.







MOVIE TIMES

Aero Theatre
1328 Montana Ave.
(323) 466-FILM

Double Feature
The Mask of Zorro (NR) 1hr 34min
The Sign of Zorro (NR) 1hr 31min
7:30

AMC Loews Broadway 4
1441 Third Street Promenade

The Joneses (R) 1hr 33min
2:30, 5:00, 7:30, 9:50

Alice in Wonderland in Disney Digital 3D (PG) 1hr 49min
2:05, 4:40, 7:15, 9:55

Hot Tub Time Machine (R) 1hr 40min
2:20, 4:45, 7:20, 9:45

A Nightmare on Elm Street (2010) (R) 1hr 37min
2:00, 4:30, 7:00, 9:30

AMC 7 Santa Monica
1310 Third St.
(310) 289-4262

Furry Vengeance (PG) 1hr 32min
2:25, 4:55, 7:25, 9:45

A Nightmare on Elm Street (2010) Digital Presentation (R) 1hr 37min
12:15, 2:40, 5:00, 7:30, 10:00

The Back-up Plan (PG-13) 1hr 38min
1:30, 4:05, 7:05, 9:40

Clash of the Titans 3D (PG-13) 1hr 50min
1:45, 4:30, 7:15, 9:50

Date Night (PG-13) 1hr 28min
2:00, 4:25, 7:00, 9:25

Kick-Ass (Digital Presentation) (R) 1hr 57min
1:00, 4:20 7:10, 9:50

Oceans (G) 1hr 24min
12:30, 2:45, 5:05, 7:20, 9:35

Laemmle's Monica Fourplex
1332 Second St.
(310) 394-9741

Furry Vengeance (PG) 1hr 32min
2:25, 4:55, 7:25, 9:45

A Nightmare on Elm Street (2010) Digital Presentation (R) 1hr 37min
12:15, 2:40, 5:00, 7:30, 10:00

The Back-up Plan (PG-13) 1hr 38min
1:30, 4:05, 7:05, 9:40

Clash of the Titans 3D (PG-13) 1hr 50min
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2:00, 4:25, 7:00, 9:25

Kick-Ass (Digital Presentation) (R) 1hr 57min
1:00, 4:20 7:10, 9:50

Oceans (G) 1hr 24min
12:30, 2:45, 5:05, 7:20, 9:35

Mann's Criterion Theatre
1313 Third St.
(310) 395-1599

Furry Vengeance (PG) 1hr 32min
2:25, 4:55, 7:25, 9:45

A Nightmare on Elm Street (2010) Digital Presentation (R) 1hr 37min
12:15, 2:40, 5:00, 7:30, 10:00

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12:30, 2:45, 5:05, 7:20, 9:35

For more information, e-mail news@smdp.com

Take in new vistas, Gemini

ARIES (March 21-April 19)
★★★★★ If you encounter a stressful situation with an associate, think back to when this issue might have occurred before. You might have thought your message got through -- it didn't. Attempt to verbalize what you think clearly. Tonight: Catch up on a friend's news.

TAURUS (April 20-May 20)
★★★★ Pressure builds in an unprecedented manner. You could feel a bit out of sync with a situation that evolves. A brainstorming session helps release your creativity, as you could be rather stifled. Tonight: Could be a late night.

GEMINI (May 21-June 20)
★★★★★ You might want to rethink a matter that involves others and takes you to new heights. Investigate options as they appear. You'll find that by focusing on the positive, a situation that often drags you down will open up. Tonight: Take in new vistas.

CANCER (June 21-July 22)
★★★★★ Your ability to move forward depends on your negotiation style. Consider all the many options that might head your way. Consider what is happening behind the scenes with someone. A conversation is stifled. Tonight: Talk away.

LEO (July 23-Aug. 22)
★★★★ Others often point to where you could lead or play a bigger role. You might be less inclined to spread yourself thin, though the decision is ultimately yours. New beginnings come from discussions. Listen more. Brainstorm more. Tonight: Just don't be alone.

VIRGO (Aug. 23-Sept. 22)
★★★ You could be tired and pushed beyond your normal limits. Watch a tendency to close down rather than say "no." Others make strange judgments if they just notice attitudes. Your creativity emerges when you detach. Tonight: Put your feet up.

LIBRA (Sept. 23-Oct. 22)
★★★★ You could be out of kilter personally, but once you toss yourself into your work or a project, you are A-OK. Don't allow pressure from a partner to push you one way or another with a key issue. Tonight: Acting like there is no tomorrow.

SCORPIO (Oct. 23-Nov. 21)
★★★ You could be more connected and interested in a personal matter. Perhaps you need to take some personal time off. Fatigue marks your decisions right now. A meeting could be "weird." Don't make any decisions yet. Tonight: Happily going home.

SAGITTARIUS (Nov. 22-Dec. 21)
★★★★ You nearly know what is going to happen before it does. You have a sense of being overwhelmed. You keep pushing very hard to accomplish your goals. A boss or someone you need to respond to proves to be most distracting. Tonight: Dinner with friends.

CAPRICORN (Dec. 22-Jan. 19)
★★★ You easily could be getting a partial perspective. Certain facts might be left out. The smart Goat will detach and attempt to see what might be off. Certainly, many of you will feel that a situation is too good to be true. Tonight: Treat time.

AQUARIUS (Jan. 20-Feb. 18)
★★★★ You feel that a partnership is holding you back, as it did several years ago. You might wonder which is the best way to proceed. Only you can decide. Discussions could have an off-the-wall quality to them. You feel pressured. Tonight: Your night to howl.

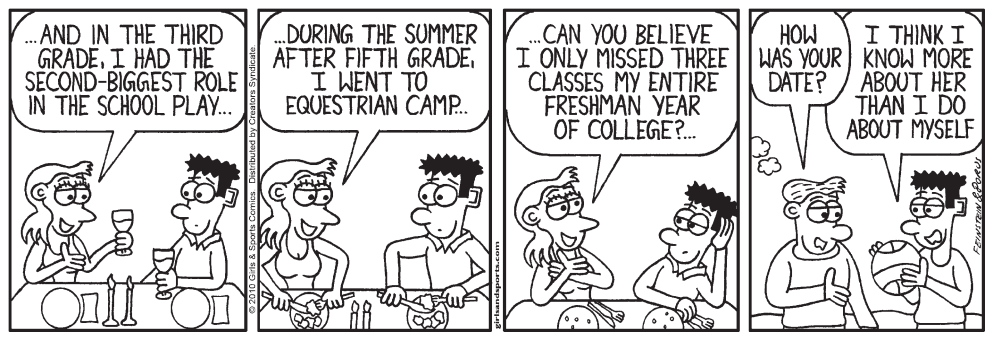
PISCES (Feb. 19-March 20)
★★★ Discussions might be difficult, to say the very least. As you attempt to clear out a misunderstanding, you gain a new appreciation for the dynamics that you are dealing with. You don't always have the right answer. Tonight: Take some thinking time.

Happy birthday

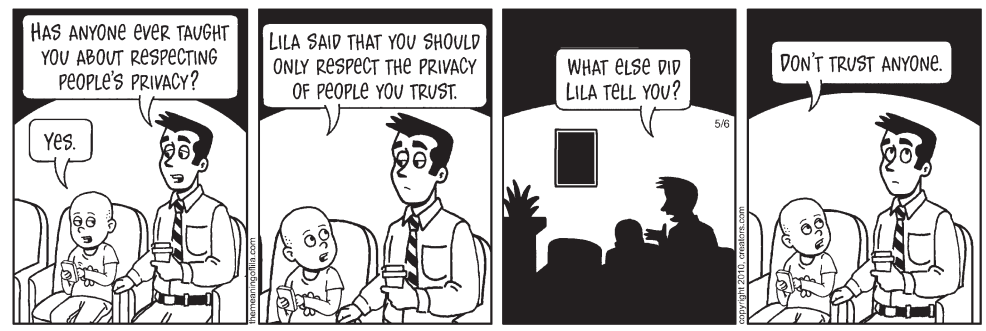
This year, you find a boss or someone you look up to to be confusing at worst and inspiring at best. Working together in a partnership could take more than just your effort. In frustration, some of you could decide to head in your own direction. If you are single, you move in a new direction and are likely to meet someone at a community event who is very different. Be aware of putting this person, or anyone, on a pedestal. If you are attached, share more of your frustration with the outside world. AQUARIUS can demand a lot.

JACQUELINE BIGAR'S STARS
The stars show the kind of day you'll have:
★★★★★Dynamic ★★ So-So
★★★★ Positive ★ Difficult
★★★ Average

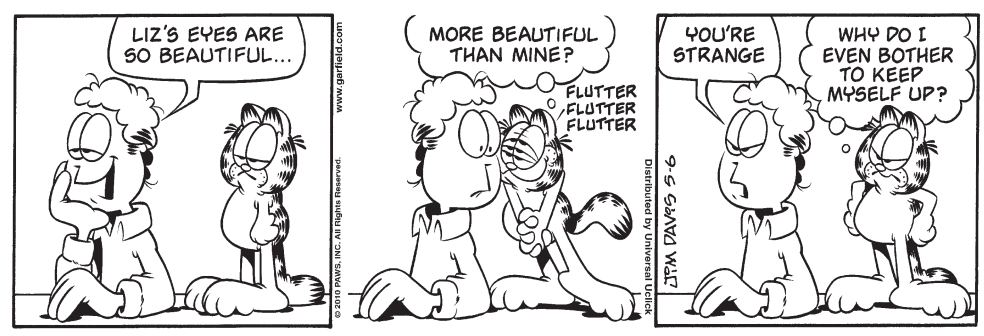
Girls and Sports
By Justin Borus and Andrew Feinstein



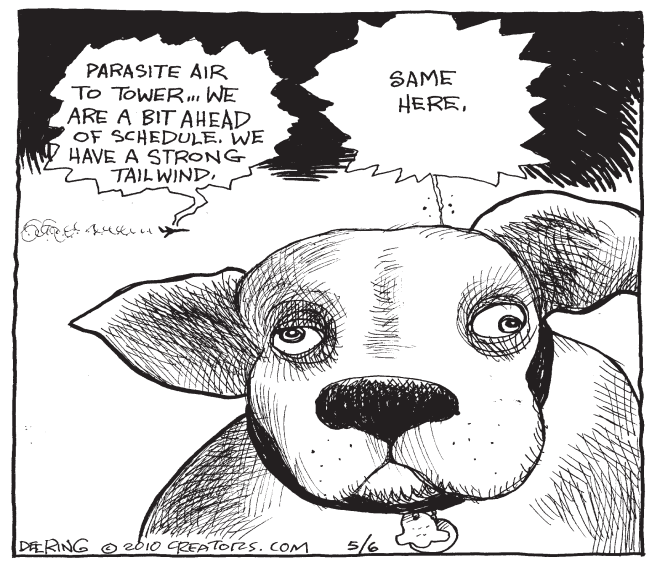
The Meaning of Lila
By John Forgetta & L.A. Rose



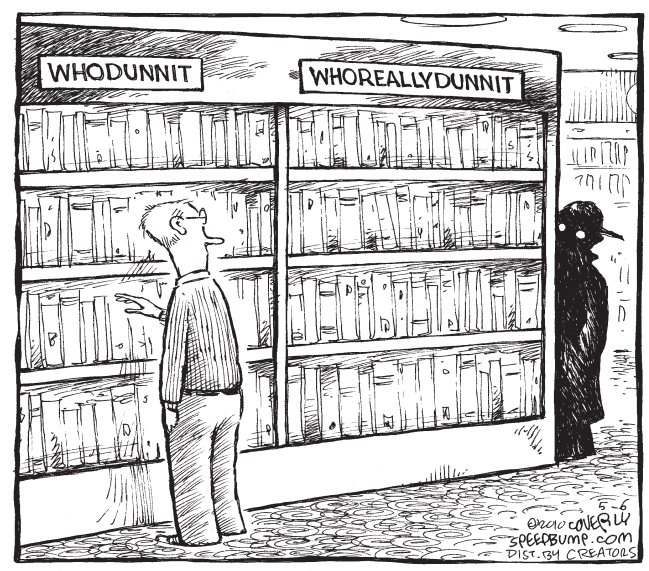
Garfield
By Jim Davis



Strange Brew
By John Deering



Speed Bump
By Dave Coverly





Sudoku

Fill in the blank cells using numbers 1 to 9. Each number can appear only once in each row, column, and 3x3 block. Use logic and process of elimination to solve the puzzle. The difficulty level ranges from ★ (easiest) to ★★★★★ (hardest).

Difficulty Level ★★★

4		1		6	8			9
		6				5		
					3		6	
					6	3		5
		5				1		
1		4	2					
	4		5					
		2				4		
9			4	2		6		7

King Features Syndicate

GETTING STARTED

There are many strategies to solving Sudoku. One way to begin is to examine each 3x3 grid and figure out which numbers are missing. Then, based on the other numbers in the row and column of each blank cell, find which of the missing numbers will work. Eliminating numbers will eventually lead you to the answer.

SOLUTIONS TO YESTERDAY'S PUZZLE

4	8	7	5	9	1	3	6	2
9	3	1	2	6	7	8	4	5
2	5	6	8	3	4	1	7	9
3	2	4	9	8	5	6	1	7
7	1	9	3	4	6	2	5	8
8	6	5	1	7	2	9	3	4
6	9	2	7	5	3	4	8	1
1	7	3	4	2	8	5	9	6
5	4	8	6	1	9	7	2	3

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Alejandro Cesar Cantarero II *news@smdp.com*

The first person who can correctly identify where this image was captured wins a prize from the Santa Monica Daily Press. Send answers to *editor@smdp.com*.

CROSSWORD

By THOMAS JOSEPH

ACROSS

1 Big name in auto racing
6 Chip dip
11 Scout's rider
12 Wise saying
13 Decorate
14 Friend of Wilma
15 United
17 Gloss target
19 It's north of Afr.
20 Port spot
23 Stuck
25 Job for Holmes
26 Seals, in a way
28 Print supplies
29 New York player
30 — Moines
31 Deborah's "The King and I" co-star
32 Places for some Sgts.
33 Small dome
35 Wheel tender
38 Bright parrot
41 Texas landmark
42 Tibia's end
43 Sheet stuff
44 Stop-watch button

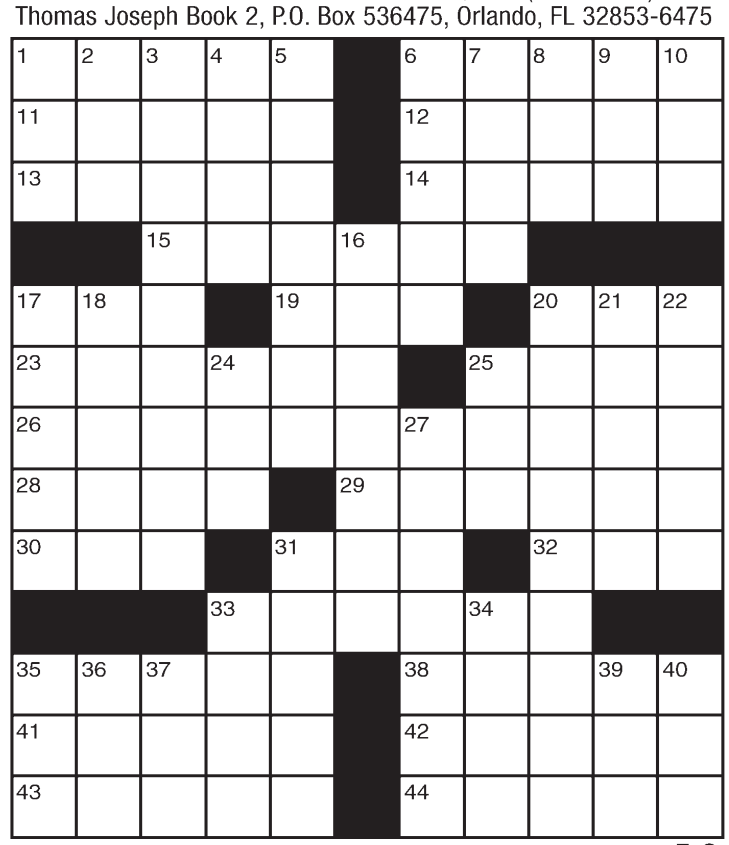
DOWN

1 Acting teacher Hagen
2 Silent okay
3 Arctic masses
4 To be, in Paris
5 Kind of poem
6 Cavalry weapon
7 Fired
8 Drunk
9 Drunk
10 Singer Grant
16 Refuse to talk
17 Furious
18 Plain silly
20 Students' carriers
21 Invited
22 Agreeable answers
24 Roast beef au —
25 Paint buy
27 California observatory
31 White-horse's river
33 Showed up
34 Road division
35 Mineo of movies
36 Boxing legend
37 Painter Vermeer
39 Hearty brew
40 Drenched

S	P	A	D	E	■	■	D	E	A	N
M	A	M	I	E	■	T	I	A	R	A
E	R	R	O	L	■	R	A	T	E	S
L	I	A	R	■	S	I	L	E	N	T
L	A	D	■	A	K	A	■	N	A	Y
S	H	I	L	L	I	N	G	■	■	■
■	S	O	U	P	■	G	A	L	A	■
■	■	■	C	H	I	L	L	I	N	G
A	C	T	■	A	C	E	■	B	I	O
S	H	A	B	B	Y	■	H	E	M	P
P	I	X	I	E	■	S	A	R	A	H
E	V	E	N	T	■	C	R	A	T	E
N	E	S	S	■	■	I	D	L	E	R

Yesterday's answer

NEW CROSSWORD BOOK! Send $4.75 (check/m.o.) to Thomas Joseph Book 2, P.O. Box 536475, Orlando, FL 32853-6475



5-6

DAILY LOTTERY

MEGA MILLIONS: 9 21 31 36 43
Meganumber: 8
Jackpot: 12$M

SUPER LOTTO PLUS: 3 5 24 25 41
Meganumber: 7
Jackpot: 9$M

Fantasy 5: 3 16 17 24 37

DAILY 3: MIDDAY: 8 2 2
EVENING: 6 2 1

DAILY DERBY:
1st: 07 Eureka
2nd: 08 Gorgeous George
3rd: 12 Lucky Charms
RACE TIME: 1:42.63

Although every effort is made to ensure the accuracy of the winning number information, mistakes can occur. In the event of any discrepancies, California State laws and California Lottery regulations will prevail. Complete game information and prize claiming instructions are available at California Lottery retailers. Visit the California State Lottery web site at http://www.calottery.com

NEWS OF THE WEIRD
BY CHUCK SHEPARD

■ Recession-Proof Markets: (1) Jimmy Choo stores in New York City quickly sold out recently of their new, blinking, women's shoes with five-inch heels, which light up with every step taken, at $2,495 a pair (although the unrechargeable battery dies after about 100 uses). (2) A Georgia Tech advertising researcher, writing in the current Hastings Center Report, found that college women seeking to donate their eggs for in vitro fertilization could expect to make on average $2,350 more than someone just like them except who had SAT scores 100 points lower.

■ Stimuli: (1) A North Carolina research organization in March, picking the state's 10 worst destinations for federal stimulus grants, included two ongoing projects at Wake Forest University: long-term cocaine-addiction in monkeys, and the potential benefits of yoga on menopausal hot flashes. (2) The Florida Legislature, sensing a need to jump-start business in the faltering yacht industry, reduced the sales tax. Rather than tax the entire selling price, tax would be levied on only the first $300,000 (for example, giving a beleaguered yacht buyer a $42,000 cut on the overall price of a $1 million boat).

TODAY IN HISTORY

1835 James Gordon Bennett, Sr. publishes the first issue of the New York Herald.

1840 The Penny Black postage stamp becomes valid for use in the United Kingdom of Great Britain and Ireland.

1857 The British East India Company disbands the 34th Regiment of Bengal Native Infantry whose sepoy Mangal Pandey had earlier revolted against the British and is considered to be the First Martyr in the War of India's Independence.

1860 Giuseppe Garibaldi's Mille expedition sets sail from Genoa to the Kingdom of the Two Sicilies.

1861 American Civil War: Arkansas secedes from the Union.

1861 American Civil War: Richmond, Virginia is declared the new capital of the Confederate States of America.

WORD UP!

vamoose \va-MOOS\ , verb;
1. To leave hurriedly or quickly; decamp. 2. To leave hurriedly or quickly from; decamp from.

Santa Monica Daily Press

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Santa Monica - $1395. Prime location, 1 Bedroom / 1 Bath.. Close to Beach. Open Sat. and Sun. 10-2 pm. Call: 310-395-1495 or 310-666-8361

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2+1.75, st, dw, pkg, ln **$1800**

MAR VISTA
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2+1, st,ref,gar,lwr **$1350**

WEST L.A.
1657 Federal Ave, #1
BACH, st, fr, ln, **$750**
11321 Massachusetts, #1
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Sgl, kit, no pkg **$800**
1800 Kelton Ave, #1,4,5
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1+1, st, fr, pkg **$1000**
2230 S. Bentley, #206
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VENICE 14 Outrigger St. unit 2 1+1 $1995. Stove, fridge, blinds, tile , onsite laundry, dishwasher small pet OK w/deposit garage parking no pets (310) 578-7512 jkwproperties.com

WLA 1215 Barry Ave. #6 1+1 $1100 stove, fridge, carpet, blinds, on-site laundry room, parking, no pets.$1000 off move-in 310)578-7512 jkwproperties.com

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North of Montana	$2,995,000	$1,562,500
Between Wilshire & Montana	$1,745,000	$872,000
South of Wilshire	$795,000	$639,000
Sunset Park	$1,099,000	$601,000
Ocean Park	$1,591,250	$829,500

Statistics Updated Every Monday

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