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Supervisors will consider opposing reforms to election violation rules

MATTHEW HALL
Daily Press Editor

The Los Angeles County Board of Supervisors is considering formally opposing proposed state rules that would increase the power of election watchdogs.

A bill is currently pending in Sacramento (AB1306) that would increase the jurisdiction of the Fair Political Practices Commission (FPPC) and provide the FPPC with new enforcement authorization for regulating local governments. A draft letter to be discussed at the April 23 Supervisors' meeting said the bill should be

SEE **REFORMS** PAGE 7

Student speaker emerges from anxiety attacks with message of resilience



Courtesy photo

TEDX: **Megan Gallagher speaks about mental health.**

LILY RICHMAN
Daily Press Intern

Megan Gallagher remembers her first major panic attack vividly. It was a month into ninth grade, and her English class was discussing Homer's "Odyssey" when Gallagher felt a pit in her stomach. Her heart rate was elevated, and she felt sweaty and dizzy.

"I clutched my desk. The room started to spin in circles," Gallagher said. "I went to the bathroom and sat alone in a stall,

SEE **STUDENT** PAGE 8

Santa Monica restaurants validated by return of Michelin Guide





Nicole Haun

FOOD: **Local restaurants are excited to have the Michelin Guide expand to cover the entire state of California.**

THEO GREENLY
SMC Corsair / Daily Press Staff Writer

On the second floor of a brightly lit Santa Monica food court, a woman in a white chef's coat and black apron slips behind an inconspicuous door marked 'Private.' Inside is Chef Dave Beran's intimate restaurant, Dialogue. The 18-seat dining room, worlds away from the touristy food court just outside its door, offers a 20-course tasting menu for $225. Fine dining restaurants are on the rise in Santa Monica, and the world is paying attention.

The Michelin Guide — widely considered the world's most prestigious restaurant review guide — upset many Angelenos in 2010 when it abruptly stopped reviewing L.A. restaurants after only two years in the city. But the 2019 guide will cover the entire state of California, with many Los Angeles and Santa Monica restaurants in the running.

Beran is a critically-acclaimed chef who worked at Alinea, a Michelin-starred Chicago restaurant whose menu includes edible helium balloons made from sugar, a salad presented in its own soil, and a lamb dish served with 86 accompanying flavor pairings. He opened Dialogue in 2017 and quickly became a major player in Santa Monica's burgeoning restaurant scene.

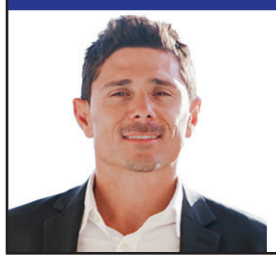
The kitchen staff moved with speed and precision as they sliced vegetables in preparation for the night's service at Dialogue. "It's this perfect little pocket right here," Beran said as he listed off top restaurants in the neighborhood. "Obviously there's the tourist spots, but outside of that there's little gems tucked everywhere. I think it's starting to fill in as an exciting dining scene."

The Michelin Guide books began in France in 1900 to provide chauffeurs with dining options to take their bosses. Since then, the guides have sold over 30-million copies: more than 'The Betty Crocker Cookbook', 'The Joy of Cooking' or 'The Old Man and the Sea'.

SEE **MICHELIN** PAGE 4

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NOTICE OF A PUBLIC HEARING BEFORE THE SANTA MONICA PLANNING COMMISSION

SUBJECT: A Public Hearing will be held by the Planning Commission on the following

1437 5th Street, Vesting Tentative Tract Map #82578 (19ENT-0084). The applicant requests approval of a Vesting Tentative Tract Map associated with a proposed mixed-use housing project comprised of 41 single-room occupancy units and ground floor commercial space. Vesting Tentative Tract Map No. 82578 is for merger and airspace subdivision purposes. The map would not create for-sale residential condominium units. Pursuant to Santa Monica Municipal Code (SMMC) Section 9.54.070(B), the Planning Commission is the responsible authority to approve, conditionally approve, or deny tentative subdivision map applications. [Planner: Roxanne Tanemori] **APPLICANT: Chris Jones, KPFF Consulting Engineers. PROPERTY OWNER: 14375 5th Street, LLC.**

1415 5th Street, Vesting Tentative Tract Map #82580 (19ENT-0086). The applicant requests approval of a Vesting Tentative Tract Map associated with a proposed mixed-use housing project comprised of 102 single-room occupancy units, ground floor commercial space, and subterranean parking. Vesting Tentative Tract Map No. 82580 is for merger and airspace subdivision purposes. The map would not create for-sale residential condominium units. Pursuant to Santa Monica Municipal Code (SMMC) Section 9.54.070(B), the Planning Commission is the responsible authority to approve, conditionally approve, or deny tentative subdivision map applications. [Planner: Roxanne Tanemori] **APPLICANT: Chris Jones, KPFF Consulting Engineers. PROPERTY OWNER: 14155 NMS, LLC.**

1338 5th Street, Vesting Tentative Tract Map #82579 (19ENT-0087). The applicant requests approval of a Vesting Tentative Tract Map associated with a proposed mixed-use housing project comprised of 96 single-room occupancy units, ground floor commercial space, and subterranean parking. Vesting Tentative Tract Map No. 82579 is for merger and airspace subdivision purposes. The map would not create for-sale residential condominium units. Pursuant to Santa Monica Municipal Code (SMMC) Section 9.54.070(B), the Planning Commission is the responsible authority to approve, conditionally approve, or deny tentative subdivision map applications. [Planner: Roxanne Tanemori] **APPLICANT: Chris Jones, KPFF Consulting Engineers. PROPERTY OWNER: 1338 5th Street, LLC.**

1437 6th Street, Vesting Tentative Tract Map #82577 (19ENT-0088). The applicant requests approval of a Vesting Tentative Tract Map associated with a proposed mixed-use housing project comprised of 41 single-room occupancy units and ground floor commercial space. Vesting Tentative Tract Map No. 82577 is for merger and airspace subdivision purposes. The map would not create for-sale residential condominium units. Pursuant to Santa Monica Municipal Code (SMMC) Section 9.54.070(B), the Planning Commission is the responsible authority to approve, conditionally approve, or deny tentative subdivision map applications. [Planner: Roxanne Tanemori] **APPLICANT: Chris Jones, KPFF Consulting Engineers. PROPERTY OWNER: 1437 6th Street, LLC.**

1323 5th Street, Vesting Tentative Tract Map #82575 (19ENT-0089). The applicant requests approval of a Vesting Tentative Tract Map associated with a proposed mixed-use housing project comprised of 41 single-room occupancy units and ground floor commercial space. Vesting Tentative Tract Map No. 82575 is for merger and airspace subdivision purposes. The map would not create for-sale residential condominium units. Pursuant to Santa Monica Municipal Code (SMMC) Section 9.54.070(B), the Planning Commission is the responsible authority to approve, conditionally approve, or deny tentative subdivision map applications. [Planner: Roxanne Tanemori] **APPLICANT: Chris Jones, KPFF Consulting Engineers. PROPERTY OWNER: 1323 5th Street, LLC.**

1557 7th Street (aka 701 Colorado Avenue), Vesting Tentative Tract Map #82576 (19ENT-0090). The applicant requests approval of a Vesting Tentative Tract Map associated with a proposed mixed-use housing project comprised of 40 single-room occupancy units and ground floor commercial space. Vesting Tentative Tract Map No. 82576 is for merger and airspace subdivision purposes. The map would not create for-sale residential condominium units. Pursuant to Santa Monica Municipal Code (SMMC) Section 9.54.070(B), the Planning Commission is the responsible authority to approve, conditionally approve, or deny tentative subdivision map applications. [Planner: Roxanne Tanemori] **APPLICANT: Chris Jones, KPFF Consulting Engineers. PROPERTY OWNER: 1557 7th Street, LLC.**

WHEN: **Wednesday, May 1, 2019 at 7:00 p.m.**

WHERE: Council Chambers, City Hall
1685 Main Street
Santa Monica, California

HOW TO COMMENT

The City of Santa Monica encourages public comment. You may comment at the Planning Commission public hearing, or by writing a letter or e-mail. Information received prior to the hearing will be given to the Planning Commission at the meeting.

MORE INFORMATION

If you want additional information about this project or wish to review the project, please contact the project planner at (310) 458-8341. The meeting facility is wheelchair accessible. If you have any disability-related accommodation request, please contact (310) 458-8341, or TYY Number: (310) 458-8696 at least five (5) business days prior to the meeting. *Santa Monica "Big Blue" Bus Lines #1, #2, #3, Rapid 3, #7, #8, #9, #10R, and #18 service the City Hall and the Civic Center. The Expo Line terminus is at Colorado Avenue and Fourth Street, a short walk to City Hall. Public parking is available in front of City Hall and in the Civic Center Parking Structure (validation free).*

Pursuant to California Government Code Section 65009(b), if this matter is subsequently challenged in Court, the challenge may be limited to only those issues raised at the Public Hearing described in this notice, or in written correspondence delivered to the City of Santa Monica at, or prior to, the Public Hearing.

ESPAÑOL: Esto es una noticia de una audiencia pública para revisar applicaciónes proponiendo desarrollo en Santa Monica. Si deseas más información, favor de llamar a Peter James en la División de Planificación al número (310) 458-8341.

What's Up Westside

OUT AND ABOUT IN SANTA MONICA

Saturday, April 20

The Seed Library: Plant a Tiny Garden!

Celebrate Earth Day and learn about the branch's new Seed Library. Decorate and plant a tiny garden with reusable materials. Limited space; to register call 310-458-8681 beginning April 1st. For ages 4-12. Fairview Branch Library. 2 - 3 p.m.

Get Dirty at the Library: a Workshop for Adults

Bring out the child in you while creating a hypertufa (lightweight cement-like material) tea-light candle holder or small pot for your garden. Come dressed for getting dirty. Materials and protective gloves provided. Main Library, 2 - 4 p.m.

Ocean Park Fiction Winners Book Group

This book group reads and discusses prize-winning fiction. The group meets the 3rd Saturday of the month from 11 a.m. - 12:30 p.m. Ocean Park Branch Library.

Connected Families: Robot Playtime

Play with robots and coding toys with your family. For Families. Main Library, 11 a.m. - 1 p.m.

Master Gardeners at the Market

Master Gardeners provide free gardening tips, solutions to gardening problems, seeds and seedlings as well as their technical expertise based on the Master Gardener Volunteer Training Program which provides intense gardening training emphasizing organic gardening and covers vegetables, fruits, flowers, shrubs, trees, soils, composting, pests and harvesting. The Master Gardeners of Los Angeles visit the Pico Farmers Market on the third Saturday of each month 9:30 am - Noon. Virginia Avenue Park

EGGSTRAVAGANZA

Hop on down to the Beach house for a fun-filled morning of egg hunts, sack races, crafts, face painting and more! Hunts will be organized by age so every child can have an opportunity to find eggs. Annenberg Community Beach House, 10 a.m. - 1 p.m.

Sunday, April 21

Guest House Open

Visit anytime between 11 a.m. - 2 p.m. for a self-guided or docent tour. No reservations needed. Annenberg Community Beach House

Monday, April 22

Social Services Commission

The Social Services Commission works to preserve and enhance the quality of life for all Santa Monica residents through research, outreach, and advocacy. The Commission advises City Council and City staff on identifying needs, setting priorities, planning programs, and analyzing fiscal impacts on social services. Ken Edwards Center. 7 p.m.

Airport Commission meeting

The Santa Monica Airport Commission meets the 4th Monday of each Month at 7 p.m. in the City Hall Council Chambers.

DIY Club: Earth Day Planters

Celebrate Earth Day by learning about eco-friendly crafting and creating your own DIY planter! All teens welcome, while supplies last. Pico Branch Library. 4:30 - 6 p.m.

Tuesday, April 23

Walk-In Tutoring

Friendly volunteer tutors provide help with basic reading, writing, and computer skills; using the Internet to search for information; opening and using an email account; filling out online forms or applications; learning how to write a resume or cover letter; and more. Main Library, 1 – 3 p.m.

L.E.A.R.N.: Learn, Excel, Achieve and Read Now

One-on-one access to volunteers available to help students with homework assignments and reading comprehension. Bilingual volunteers available. Pico Branch Library, 3:30 – 6 p.m.

City Council Meeting

Regular Meeting of the Santa Monica City Council. City Hall, 5:30 p.m.

The City of Santa Monica Celebrates ArtsMonth

The City of Santa Monica celebrates ArtsMonth with a City Council Meeting presentation showing the value of the arts in the city featuring artists supported by the Citys' grants/programs. City Hall, 6:30 p.m. www.artsforla.org/arts_day_2019

For help submitting an event, contact us at **310-458-7737** or submit to events@smdp.com

COMMUNITY BRIEFS

WASHINGTON

Report: FTC considering oversight of Facebook's Zuckerberg

Federal regulators are reportedly considering seeking some kind of oversight of Mark Zuckerberg's leadership of Facebook over the social network giant's mishandling of users' personal information.

Discussions between Facebook and the U.S. Federal Trade Commission officials about its data-handing lapses have touched on holding the CEO personally accountable, The Washington Post reported Friday. Zuckerberg controls a majority of Facebook's voting stock and has run the company since starting it at Harvard in 2004.

The Post quoted two anonymous sources familiar with the discussions. It said putting restraints on Zuckerberg could send a message to other tech giants that the FTC could hold their executives accountable for privacy misdeeds.

The FTC had no comment and Facebook did not immediately respond to a request for comment.

The commission opened an investigation into Facebook last year after revelations that data mining firm Cambridge Analytica had gathered details on as many as 87 million Facebook users without their permission.

The FTC has been examining whether that massive breakdown violated a settlement that Facebook reached in 2011 after government regulators concluded the Menlo Park, California, company had repeatedly broken its privacy promises to users, who now number 2.3 billion globally.

The FTC decree, which runs through 2031, requires that Facebook get its users' consent to share their personal information in ways that aren't allowed by their privacy settings.

The Post previously reported the FTC is considering hitting Facebook with a multibillion-dollar fine. That would top its previous record fine of $22.5 million, which it dealt to Google in 2012 for bypassing the privacy controls in Apple's Safari browser.

Facebook has in the past year been buffeted by media coverage highlighting what critics call a cavalier attitude toward protecting user privacy and data – and in failing to prevent the dissemination of hate speech and misinformation on the biggest communications medium in history.

On Thursday, its Instagram subsidiary said in a blog post that millions more users were affected by a password security lapse than Facebook acknowledged when announcing the problem nearly four weeks ago.

In the initial announcement it had said tens of thousands of passwords were stored on the site in plain text, meaning company employees could search them.

ASSOCIATED PRESS

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7am at Santa Monica Beach South of Lifeguard Tower 26 | Bring a beach chair or blanket & look for our tent on the sand | mtolivelutheranchurch.org

NOTICE OF A PUBLIC HEARING
BEFORE THE SANTA MONICA PLANNING COMMISSION

City of Santa Monica

SUBJECT: Proposed Amendments to the Text of the Zoning Ordinance Regarding Single-Room Occupancy Housing

A public hearing will be held by the Planning Commission to consider a Resolution recommending to the City Council the adoption of an Ordinance amending the text of the Zoning Ordinance related to Single-Room Occupancy Housing citywide. The proposed ordinance would potentially restrict Single-Room Occupancy Housing citywide unless proposed as a 100% Affordable Housing Project as defined by SMMC Section 9.52.0050 or certain specialized housing uses such as emergency shelters, transitional housing, and supportive housing. The proposed ordinance may also explore other development standards and regulations applicable to Single-Room Occupancy Housing.

DATE/TIME: **WEDNESDAY, May 1, 2019 at 7:00 PM**

LOCATION: City Council Chambers, Second Floor, City Hall
1685 Main Street, Santa Monica, California

HOW TO COMMENT
The City of Santa Monica encourages public comment. You may comment at the Planning Commission public hearing, or by writing a letter or e-mail. Information received prior to the hearing will be given to the Planning Commission at the meeting.

MORE INFORMATION
If you want more information about this project or to provide comments, please contact Roxanne Tanemori, Acting Planning Manager, at (310) 458-8341, or by e-mail at roxanne.tanemori@smgov.net. The Zoning Ordinance is available at the Planning Counter during business hours and on the City's web site at www.smgov.net.

The meeting facility is wheelchair accessible. For disability-related accommodations, please contact (310) 458-8341 or (310) 458-8696 TTY at least 72 hours in advance. Every attempt will be made to provide the requested accommodation. All written materials are available in alternate format upon request. Santa Monica Big Blue Bus Lines numbered 1, 2, 3, Rapid 3, 7, 8, 9, Rapid 10, and 18 serve City Hall and the Civic Center area. The Expo Line terminus is located at Colorado Avenue and Fourth Street, and is a short walk to City Hall. Public parking is available in front of City Hall, on Olympic Drive, and in the Civic Center Parking Structure (validation free).

Pursuant to California Government Code Section 65009(b), if this matter is subsequently challenged in Court, the challenge may be limited to only those issues raised at the public hearing described in this notice, or in written correspondence delivered to the City of Santa Monica at, or prior to, the public hearing.

ESPAÑOL
Esto es una noticia de una audiencia pública para revisar applicaciónes proponiendo desarrollo en Santa Monica. Si deseas más información, favor de llamar a Carmen Gutierrez en la División de Planificación al número (310) 458-8341.

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MICHELIN

FROM PAGE 1

Joel Slabo is a manager at Belcampo, a restaurant and gourmet butcher shop that exclusively serves meat from its California farm. Slabo said that Michelin's return is " a good move forward for the dining scene as a whole. The West Coast gets ignored a lot, and L.A. itself gets talked down on for not having much of a very good food scene."

Michelin's former director, Jean-Luc Naret, told Esquire Magazine in 2010 that "the people in Los Angeles are not real foodies. They are not too interested in eating well but just in who goes to which restaurant and where they sit."

But impressions are changing. At an event for the Society of Professional Journalists last Wednesday, the executive editor of the Los Angeles Times, Norman Pearlstine, announced that "Los Angeles has become the food capital of the nation."

Inside the cozy interior of Dialogue, Beran said that Santa Monica "feels like early 2000s Chicago... when Chicago had its whole dining explosion... You had a few staples and known places, then all of a sudden over the course of three years, it exploded with all these restaurants and chefs."

The Michelin Guide rates restaurants on a three-star system. A single-star review can cement a restaurant's reputation as world-class; three stars can catapult it to international stardom.

"There's always gonna be people who... are slighted by the number of stars they get, and there are other people who are surprised by the stars they get. And, at the end of the day, that aspect of it really doesn't matter," Beran said. "The fact is, there's this globally recognized guidebook that looked at California and said 'this is an area that had enough talent that it warrants more recognition.'"

The Michelin Guide California 2019 will be released at an event in Huntington Beach in early June.



Nicole Haun

DIALOGUE: Santa Monica has several contenders for the Michelin Guide.

This story was published as part of a partnership between the SMC Corsair Student newspaper and the Santa Monica Daily Press.

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AWARD WINNER

AWARD WINNER

WINNER

OPINIONS EXPRESSED are those of the writer and do not necessarily reflect those of the Santa Monica Daily Press staff. Guest editorials from residents are encouraged, as are letters to the editor. Letters to the Editor can be submitted to letters@smdp.com. Receipt of a letter does not guarantee publication and all content is published at the discretion of the paper. All letters and guest editorials are subject to editing for space and content. All submissions must include the author's name, address and phone number for the purposes of verification.

LETTER TO THE EDITOR

Legal Tender

Editor,

Regarding "As cashless stores grow, so does the backlash" (SMDP April 13-14), I'm baffled as to how no-cash retail outlets could even be legal.

Our paper money says "THIS NOTE IS LEGAL TENDER FOR ALL DEBTS, PUBLIC AND PRIVATE" (entirely in capital letters, presumably to get our attention). I'm assuming that the statement on the bills is backed up by some federal law.

If so, how can it possibly be legal for a retail outlet to refuse to accept cash?

Yes, I know that the airlines stopped accepting cash for meals and alcoholic beverages a few years ago. But I'd love to learn how that could be possibly be legal (if it is, which I seriously doubt).

MARK BARTELT
Santa Monica

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DAILY FIRE LOG

SMDP STAFF CHOSE THE FOLLOWING FROM 42 CALLS ON APRIL 18

Emergency Medical Service 200blk Santa Monica Pier 1:18 a.m.
EMS 2300blk 28th St 1:33 a.m.
EMS 1300blk Wilshire Blvd 7:28 a.m.
EMS 1800blk 16th St 7:43 a.m.
Elevator rescue 1300blk 6th St 8:20 a.m.
EMS 2100blk Wilshire Blvd 8:34 a.m.
EMS 2000blk Santa Monica Blvd 9:20 a.m.
EMS Main St / Pacific St 10:16 a.m.
EMS 500blk Palisades Beach Rd 10:19 a.m.
Wires down 1200blk Ashland Ave 10:49 a.m.
Automatic alarm 7th St / Wilshire Blvd 11:32 a.m.
EMS 1300blk 3rd Street Prom 12 p.m.
EMS 300blk Santa Monica Blvd 12 p.m.
EMS 1200blk Marine St 12:40 p.m.
EMS 1100blk Princeton St 12:41 p.m.
EMS 2000blk 5th St 1:11 p.m.
EMS 900blk Wilshire Blvd 2:04 p.m.
EMS 1300blk 2nd St 2:12 p.m.
EMS 1500blk Stanford St 2:25 p.m.
EMS 600blk Pier Ave 3:10 p.m.
EMS 1000blk 11th St 3:20 p.m.
EMS 19th St / Montana Ave 3:26 p.m.
EMS 2000blk 19th St 4:12 p.m.
EMS 2700blk Ocean Park Blvd 4:38 p.m.
Traffic collision with injury 400blk Pacific Coast Hwy 4:45 p.m.
EMS 1400blk 3rd Street Prom 4:49 p.m.
EMS 1200blk Bay St 4:49 p.m.
Trash/dumpster fire 3rd Street Prom / Arizona Ave 5:11 p.m.
EMS 1600blk Lincoln Blvd 5:48 p.m.
EMS 2400blk Lincoln Blvd 5:58 p.m.
EMS 2700blk Main St 6:02 p.m.
EMS 1700blk Franklin St 6:03 p.m.
EMS 3000blk Santa Monica Blvd 6:10 p.m.
Automatic alarm 500blk Wilshire Blvd 6:11 p.m.
EMS 2000blk Ocean Front Walk 6:28 p.m.
EMS 800blk Pacific Coast Hwy 6:39 p.m.
Automatic alarm 800blk 18th St 6:49 p.m.
EMS 1500blk Ocean Front Walk 7:05 p.m.
Traffic collision with injury Centinela Ave / Interstate 10 7:31 p.m.
EMS 1000blk 6th St 7:59 p.m.
EMS 2800blk 3rd St 9:52 p.m.
EMS 2700blk Pico Blvd 10:42 p.m.

Natural Stone



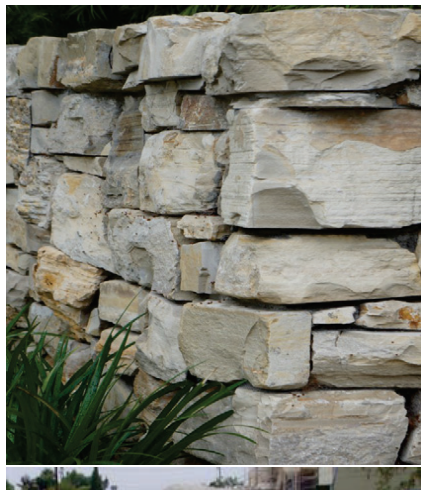
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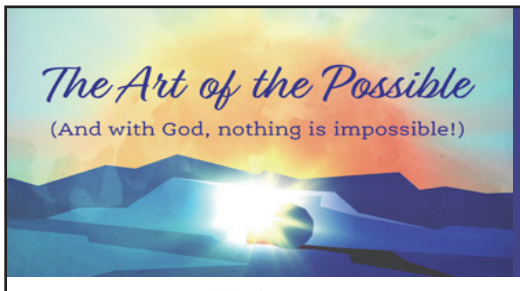






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EASTER SUNRISE SERVICE
April 21 · 6:30 A.M. · Palisades Park
(Santa Monica Blvd & Ocean Ave)



EASTER CELEBRATION WORSHIP
April 21 · 10 A.M. · First UMC Sanctuary
(11th Street & Washington Ave)

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The Sunrise Service will include music, prayer & communion. Dress warmly. You are invited to bring blankets and chairs as well as fresh flowers for the cross. Coffee and cocoa will be provided.

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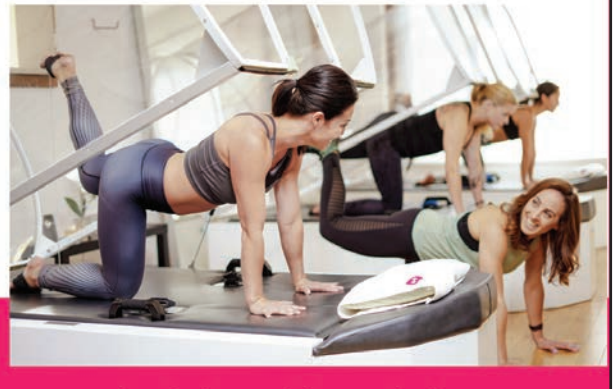
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REFORM

FROM PAGE 1

reconsidered as it has jurisdictional, due process, redundancy and enforcement problems.

State law currently outlaws the use of public funds for campaign purposes. However, the FPPC does not have authority to pursue public agencies for violating those rules. Instead, the FPPC can only require disclosure of campaign spending. While disclosure of an expense could be evidence of violating spending rules, responsibility for enforcing those spending limits falls to District Attorneys and the state Attorney General.

In January, the FPPC began discussions of expanding their authority after an internal report found little to no enforcement of the public spending prohibition. While the Commission has not taken a position on the specifically proposed legislation, the organization has said enhanced rules would give the FPPC more enforcement authority.

"Such legislation would likely give the Enforcement Division the authority to bring an administrative or civil action on behalf of the Commission against public agencies and public officials who authorize the expenditure of public funds for campaign activities," said a letter sent by the FPPC to lawmakers.

In its draft letter, the Board of Supervisors say new rules are unnecessary as enforcement mechanisms are already in place.

"There are several reasons why these bills are unnecessary and should be opposed," reads the letter. "First, these issues are currently the subject of litigation between the California State Association of Counties, California School Boards Association and the FPPC. This litigation should be resolved before any new legislation is considered. Secondly, the proposed administrative due process outlined in the bills is insufficient to protect the accused. Unlike the Attorney General and the District Attorney who have years of specialized investigative training, the FPPC personnel lack the expertise as trained investigators, as well as the resources to take on this additional work-load."

Two state lawmakers initially proposed bills to expand the FPPC's powers however, AB1306 is currently the only bill still active. Assemblymember Cristina Garcia is the sponsor of AB1306. Garcia represents the 58th Assembly District including the cities of Montebello, Pico Rivera, Commerce, Bell Gardens, Downey, Norwalk, Bellflower, Cerritos and Artesia.

"The rules should apply to everyone," said Garcia in a statement. "I'm all for giving the FPPC more teeth to bite down on those who misuse taxpayer resources. It's quite convenient that the campaign laws enforceable by the FPPC didn't include public officials or public entities within our own government entities. The FPPC noticed this gap in their enforcement ability and this bill now sends a clear message that California won't tolerate public agencies, or elected officials, spending taxpayer dollars on campaign activities and is stepping up penalties because of it."

The Board of Supervisors will meet on Tuesday, April 23 starting at 9:30 a.m. in the Kenneth Hahn Hall of Administration at 500 West Temple Street. Meetings are also streamed online at http://bos.lacounty.gov/

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DAILY POLICE LOG

SMDP STAFF CHOSE THE FOLLOWING FROM 323 CALLS ON APRIL 18

Threats 1700blk Dewey St 1:06 a.m.
Battery 100blk Santa Monica Blvd 1:11 a.m.
Vehicle parked in alley 1300blk Ocean Ave 1:35 a.m.
72 hour psychiatric hold 15th St / Santa Monica Blvd 1:48 a.m.
Suspicious vehicle 500blk Broadway 2:10 a.m.
Petty theft 1600blk Ocean Ave 2:12 a.m.
Petty theft 600blk Wilshire Blvd 2:23 a.m.
Grand theft 100blk Santa Monica Blvd 2:39 a.m.
Encampment 1300blk 2nd St 2:43 a.m.
Person with a gun 300blk Santa Monica Pl 4:51 a.m.
Auto burglary 1300blk 9th St 8:16 a.m.
Auto burglary 1300blk 14th St 8:36 a.m.
Auto burglary 1200blk 14th St 8:40 a.m.
Vandalism Lincoln Blvd / Michigan Ave 8:45 a.m.
Vandalism 1100blk 19th St 8:48 a.m.
Lewd activity 400blk Santa Monica Pier 8:53 a.m.
Vehicle blocking driveway 1400blk Berkeley St 9:03 a.m.
Vehicle parked in alley 1500blk 3rd 9:16 a.m.
Attempt burglary 900blk Wilshire Blvd 9:25 a.m.
Vehicle parked in alley 1400blk 3rd Street Prom 9:28 a.m.
Mark & tag abandoned vehicle 1400blk Berkeley St 9:29 a.m.
Traffic collision - no injuries 28th St / Ocean Park Blvd 9:38 a.m.
Vandalism 300blk Santa Monica Pier 9:49 a.m.
Hit and run Cloverfield Blvd / Olympic Blvd 10:11 a.m.
Vehicle parked in alley 1100blk Arizona Ave 10:21 a.m.
Attempt auto theft 1300blk Colorado Ave 10:25 a.m.
Kidnap 400blk 21st Pl 10:41 a.m.
Mark & tag abandoned vehicle 1600blk Franklin St 11:37 a.m.
Mark & tag abandoned vehicle 2900blk 7th St 11:41 a.m.
Traffic collision - no injuries 2300blk 4th St 11:45 a.m.
Mark & tag abandoned vehicle 1100blk 5th St 12:00 p.m.
Identity theft 1100blk Hill St 12:02 p.m.
Mark & tag abandoned vehicle 1400blk 18th St 12:06 p.m.
Mark & tag abandoned vehicle 800blk Hill St 12:10 p.m.
Burglary 3100blk Donald Douglas Loop N 12:10 p.m.
Paparazzi complaint 1700blk 21st St 12:16 p.m.
Fraud 1300blk 14th St 12:23 p.m.
Lost property 300blk Olympic Dr 12:43 p.m.
Critical missing person 1900blk Delaware Ave 12:54 p.m.
Petty theft 1400blk Lincoln Blvd 12:56 p.m.
Grand theft auto 1600blk Stanford St 1:00 p.m.
Auto burglary 3000blk Colorado Ave 1:01 p.m.
Burglary 1700blk Arizona Ave 1:26 p.m.
Traffic collision with injuries 2600blk 11th St 1:33 p.m.
Vehicle parked in alley 1300blk 3rd Street Prom 1:34 p.m.
Auto burglary 900blk Broadway 1:39 p.m.
Fraud 1500blk Ocean Ave 2:31 p.m.



STUDENT

FROM PAGE 1

breathing."

Now a 23-year-old Santa Monica resident, Gallagher is an inspirational speaker for young adults in Santa Monica and around the United States. Over the past three years, Gallagher estimates she has spoken at over 50 schools and with countless students about mental health.

Gallagher expressed concern about the roughly one third of young adults who have experienced anxiety, as reported by the National Institute of Mental Health. Stanford University's Challenge Success program, which collects information from thousands of student surveys, found that almost three in four high schoolers "report being often or always stressed by schoolwork."

To Gallagher, letting students know that there are resources and support systems available is vital.

"You're not alone, and you can get help," Gallagher said. "A lot of teenagers feel like [mental health issues are] embarrassing or they don't know who to ask or who to trust."

Given her personal struggles with anxiety, Gallagher sees advocacy as her life's work. She remembers first feeling symptoms of anxiety as early as fourth grade while preparing for regular activities like sleepovers.

The frequency of these symptoms dramatically increased as Gallagher became exposed to high school pressure surrounding grades and college admissions. While in high school, Gallagher began seeing a therapist, practiced meditation and learned breathing techniques, all of which she said were helpful.

Upon graduating from Acalanes High School in Northern California in 2014, Gallagher enrolled in Santa Monica City College, where she found herself feeling unhappy. In early 2016, she experienced a health scare. Months of misdiagnoses and dozens of ineffective antibiotics later, she was able to find a treatment that worked.

Viewing her recovery as a signal that she should follow her gut instinct to pursue a career in speaking, Gallagher decided to drop out of college. Her parents supported her in this decision.

"She felt very compelled that she wanted to help others," Gallagher's mother, Courtney Gallagher, said. "I'm a huge believer that there's a million different path for children and adults... They have to find their path. It's not something that's going to happen in one week; it's a journey."

Megan Gallagher began by speaking locally at the YMCA on Sixth Street and the Boys & Girls Club of Santa Monica on Lincoln Boulevard.

Three years later, Gallagher is a self-published author, advocate and, as of March 8, a TEDx Speaker.

"It's been such a dream. It really just started with 'this feels right in my heart,' and then trusting the journey," Gallagher said.

Gallagher lacks formal mental health counseling training, instead relying on personal experience and a desire to help students. She said she hopes to show others that achieving one's dreams, even if that means pursuing a non-traditional lane, is possible.

Today, Gallagher's days consist of self-care routines, including meditating, hiking, reading and, of course, speaking. To other teens experiencing anxiety, she recommends journaling, meditation apps like Headspace or Unplug and exercise.

Looking forward, Gallagher's goal is to spread her messages to even more people, hoping to achieve a Tony Robbins-like level of recognition.

Gallagher recently visited Piedmont High School, located near Acalanes High. Her parents and members of her extended family came to support her as she spoke to around 50 Piedmont students about anxiety, mental health and inner strength during a lunchtime workshop.

"Be your own advocate, and stand up for yourself," Gallagher said she told the students. "You have to fill up your cup before you fill up other people's cups."

Erin Pope, assistant principal at Piedmont High, said that Gallagher's young age and empowering message resonated with the students to whom she spoke. Gallagher used interactive tools like having students write a journal entry to connect with her audience. Pope said she hopes Gallagher can visit Piedmont again.

"Her message was trust your gut, self-respect, self-advocacy, find your passion, live your best life and make it happen," Pope said. "She's able to give [students] some hope that, 'oh, there's someone out there like me.'"

editor@smdp.com



DAILY LOTTERY

POWERBALL (calottery)
Draw Date: 04/17
1 15 17 46 66
Power#: 15
Jackpot: $136 M

MEGA MILLIONS
Draw Date: 04/16
11 29 34 48 54
Mega#: 10
Jackpot: $175 M

SuperLOTTO PLUS
Draw Date: 04/17
5 23 27 31 46
Mega#: 20
Jackpot: $37 M

Fantasy 5
Draw Date: 04/18
1 13 21 26 29

DAILY 3
Draw Date: 04/19
Midday: 6 9 7

Draw Date: 04/18
Evening: 1 8 4

DAILY DERBY
Draw Date: 04/18
1st: 04 - BIG BEN
2nd: 10 - SOLID GOLD
3rd: 03 - HOT SHOT
RACE TIME: 1:48.17

Although every effort is made to ensure the accuracy of the winning number information, mistakes can occur. In the event of any discrepancies, California State laws and California Lottery regulations will prevail. Complete game information and prize claiming instructions are available at California Lottery retailers. Visit the California State Lottery web site at http://www.calottery.com



SURF REPORT

SURF FORECASTS

WATER TEMP: 61.2°

SATURDAY - **FAIR** - SURF: 2-3ft + waist to stomach high.
Modest to fun S swell continues. Most size for exposure to the west.

SUNDAY - **POOR** - SURF: 2-3 ft knee to waist high
Potential uptick in shorter-period NW swell-mix. Small S swell continues to blend in. Watching winds.

SOLUTIONS TO YESTERDAY'S CROSSWORD

C	A	M		B	A	L	L	S			E	P	I	C
A	N	A		I	N	A	T	U	B		M	E	M	O
P	A	Y	D	A	Y	P	R	E	Y		T	R	A	M
E	L	P	A	S	O			D	O	D		A	R	C
C	O	O	T		F	R	E	E	B	I	E	T	E	A
O	G	L	E	R		I	F	S		S	M	I	T	S
D	Y	E		O	R	F	F		A	T	M	O	S	T
			M	A	I	T	A	I	G	U	Y			
M	A	D	E	D	O		B	O	E	R		S	I	G
A	P	I	S	H		A	L	T		B	A	T	H	E
N	O	S	H	O	W	B	E	A	U		R	I	O	T
A	L	L		G	A	B			S	H	A	R	P	S
C	L	I	P		V	O	O	D	O	O	B	R	E	W
L	O	K	I		E	T	H	A	N	E		U	S	E
E	X	E	C			S	O	B	E	R		P	O	T

Sudoku

Fill in the blank cells using numbers 1 to 9. Each number can appear only once in each row, column, and 3x3 block. Use logic and process of elimination to solve the puzzle.

SOLUTIONS TO YESTERDAY'S SUDOKU

5	7	4	8	1	2	3	6	9
6	8	1	4	3	9	2	7	5
9	3	2	6	7	5	1	4	8
2	1	6	9	8	3	7	5	4
3	5	7	1	4	6	9	8	2
8	4	9	5	2	7	6	1	3
4	6	5	2	9	1	8	3	7
1	2	3	7	5	8	4	9	6
7	9	8	3	6	4	5	2	1

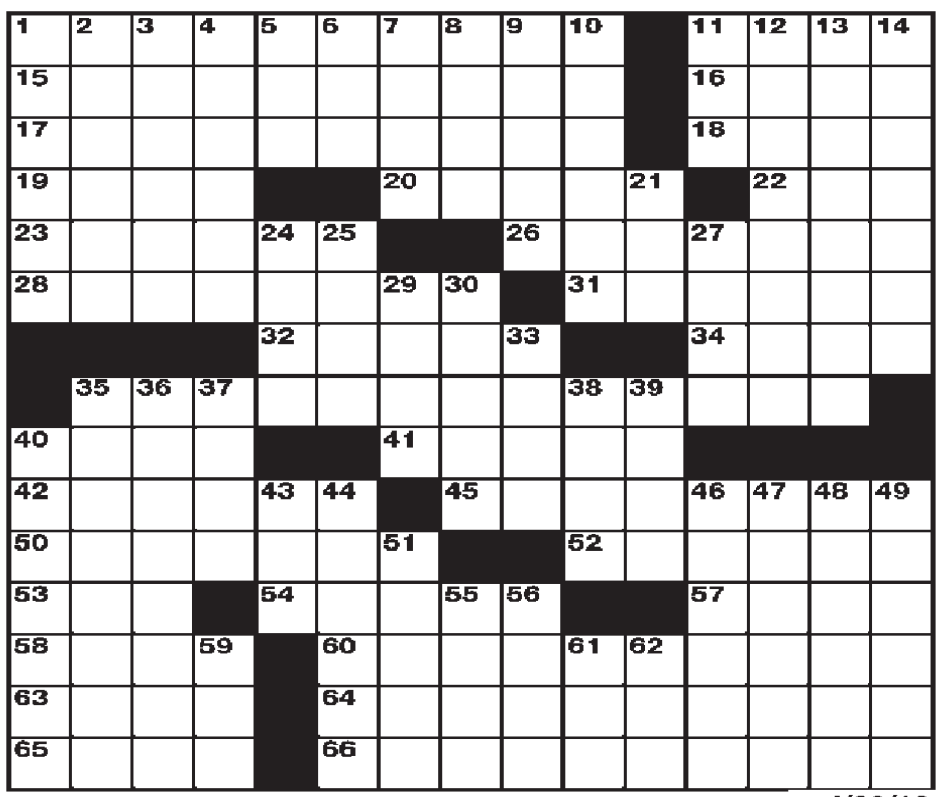
2		7			3			
	5				6		9	
		4	8				5	7
				6		7		
9			2	4	8			5
		3		7				
7	2				5	4		
	1		6				2	
			9			1		6

Newsday Crossword

SATURDAY STUMPER by Greg Johnson
Edited by Stanley Newman
www.stanxwords.com

ACROSS
1 Source of diamond heat
11 Awaits business
15 Microfiber material
16 Whom George I succeeded
17 What to count on
18 Cat once called a "stubbin"
19 Friday afternoon prayer leader
20 Union representative
22 Wager
23 Science 101 slide specimens
26 Sounded like a train
28 Natural Choice Ham's lack
31 Chow line creator
32 Common bank deposit
34 Artist associated with Mao and Marilyn
35 Cyber-show-and-tell
40 What the iris is part of
41 Word from the Latin for "it lacks"
42 How you view something
45 Much two-way radio talk
50 Slippery-when-wet stuff
52 Frequency in 2 Kings
53 ESPN.com stat-column heading
54 Caddies clean them
57 Gershwin Prize recipient after Sir Paul
58 Company behind a rise in foot traffic
60 Winning edge, perhaps
63 Pretzel __
64 Yesterday, today, tomorrow . . .
65 Personal support group
66 Rolls Royce Ghost, e.g.

DOWN
1 Mash-up
2 Whom many dorms are named for
3 Route between continents
4 Outgoing to a fault
5 Mosquito chaser
6 Seattle's fine mess (1980)
7 Iberian Ludwig
8 Self-denial period
9 Name atop the FBI headquarters entrance
10 Advice before a big day
11 "__ America": Muhammad Ali
12 Carpenter's chalk on a string
13 Evil implication
14 Fast-service promise
21 __ omelet (meal for the very hungry)
24 Training Mission-Iraq medal awarder
25 River that sounds remote
27 Floorboard securer
29 Beowulfian
30 *Assemblée Nationale* complement
33 Heartless hulk
35 Art that can fluoresce
36 Half of the Moon
37 Criminalizes
38 Way out
39 Contagious feeling, like yawning
40 Smart TV necessity
43 Rotational motion transmitter
44 ID sold by AgriLabs
46 Dotcom based near O'Hare
47 "Water pill' brand
48 Phishing, for instance
49 Volleyball "quarterback"
51 Work signed on Mary's sash
55 Less-than-broad way
56 __ alert
59 Spray-can sound
61 School near the Cotton Bowl
62 Treat "served" by Elvis, Gandalf, Glinda, etc., etc.



CREATORS SYNDICATE © 2019 STANLEY NEWMAN STANXWORDS@AOL.COM 4/20/19

TODAY'S BIRTHDAY (April 20)

You get clear about what you want and then work on creating systems to keep you on track. People who you once thought of as the opposition will become allies. You'll get a windfall in August. Believe in yourself 10 times more in 2020 because the only thing that can stop you from an accomplishment is a lack of faith. Gemini and Pisces adore you. Your lucky numbers are: 7, 10, 3, 38 and 40.

ARIES (March 21-April 19). You can have the best answer in the world, but if you're asking the wrong question, it's useless. There's one thing you can do to make the rest either a lot easier or unnecessary. What is it? That's the magic question.

TAURUS (April 20-May 20). You may not think you're doing anything out of the ordinary; however, your kindness and generosity of spirit will make an extraordinary difference in the life of another.

GEMINI (May 21-June 21). You'll find yourself at a place in the project where others before you have failed. It's not a reason to be more careful; rather, it's a reason to stay open to different approaches.

CANCER (June 22-July 22). There are many types of intelligence. You'll find that you're relied upon because you understand more than another person about some things, though there are other sorts of things this person can help you with.

LEO (July 23-Aug. 22). You are under no obligation to take anyone to the airport, house out-of-town visitors (even family) or walk your vacationing friend's dog. If you feel weird about turning others down, just blame it on your horoscope.

VIRGO (Aug. 23-Sept. 22). Do more things you enjoy. Knowing how busy you've been lately, "more things" might consist of "one thing" – a major improvement from ignoring your own need for rest and delight.

LIBRA (Sept. 23-Oct. 23). With some people you can let your guard down. They're fun, they don't judge, and there's little at stake. With others you need a Secret Service-level security – discreet and always on-the-ready.

SCORPIO (Oct. 24-Nov. 21). Go to the party. You won't regret it, especially if you go without expectation of any particular outcome. Who knows when you're going to get another chance to make someone's night?

SAGITTARIUS (Nov. 22-Dec. 21). It can be very frustrating to spend time doing what doesn't come naturally, but it will be important to do it anyway. Your personal and spiritual expansion depends on it.

CAPRICORN (Dec. 22-Jan. 19). When people ask for help, sometimes what they really want is attention, belonging or just a general feeling of support. So even if you don't feel like you're doing much, just being there is plenty.

AQUARIUS (Jan. 20-Feb. 18). There's a potential for boredom. You can keep it at bay with a challenge and it won't be hard to find just the right sort. Your sporting mood will liven things up for the others, too.

PISCES (Feb. 19-March 20). To have the change you want, you're going to have to get your rational mind, emotions and actions all lined up and marching in the same direction. Consider which part of you is out of alignment and guide it back in.

Sunning of the Bulls

The sun moves into Taurus, the sign of the bull. The weeks to come will bring matters of finance into full focus as well as whetting an appetite for quality, luxury and things that appeal to our senses in the best sort of way. The weekend also brings Passover, Easter and other beautiful reasons to spend time with those we love.

ASTROLOGICAL QUESTION

"How can I help my son get through his bouts of anxiety? He's a 13-year-old Pisces and a good kid. He's smart and does well in school. He has a few friends who seem to really like him. Lately, he's been getting himself so worked up emotionally that he gives himself stomach cramps. He doesn't want to go to school. At first I thought he was sick with the flu, but I've since learned that he is going through intense bouts of anxiety. Should I let him stay home sometimes so that he can work through his emotions?"

You need the advice of a health care professional who specializes in behavioral techniques to work through anxiety. And because your son is born under the sign of spirit, being open to alternative forms of therapy that work with the spiritual aspects of anxiety will be effective as well. Pisces are highly sensitive and artistic souls. It's wonderful that you are committed to helping your son manage his emotions. From what I understand, it is better to work through the anxiety than to let the anxiety win by retreating from normal life. The right professional will help your son build a tool kit for dealing with the stresses of life.

CELEBRITY PROFILES

Taurus natives are known for their staying power and gorgeous Jessica Lange proves the point, having graced the silver screen with her talents consistently since she first sat on the open palm of King Kong in the mid-1970s. Lange is currently working with a star-studded cast on the new Netflix series, a musical comedy called "The Politician."

WORD UP!

Yealing
noun [yee-lin] Scot.
a person of the same age as oneself.

Heathcliff

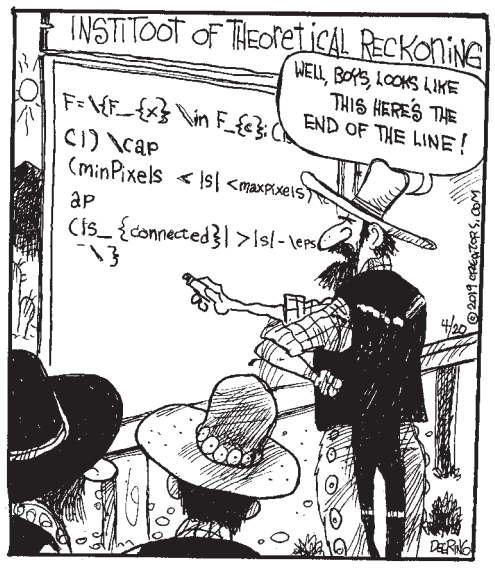
By PETER GALLAGHER



"I SEE HE'S GOT A SMALLER CROWN."

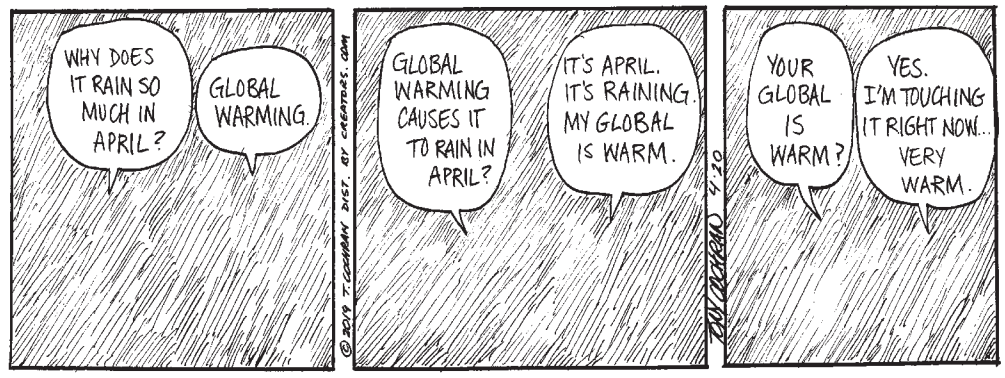
Strange Brew

By JOHN DEERING



Agnes

By TONY COCHRAN



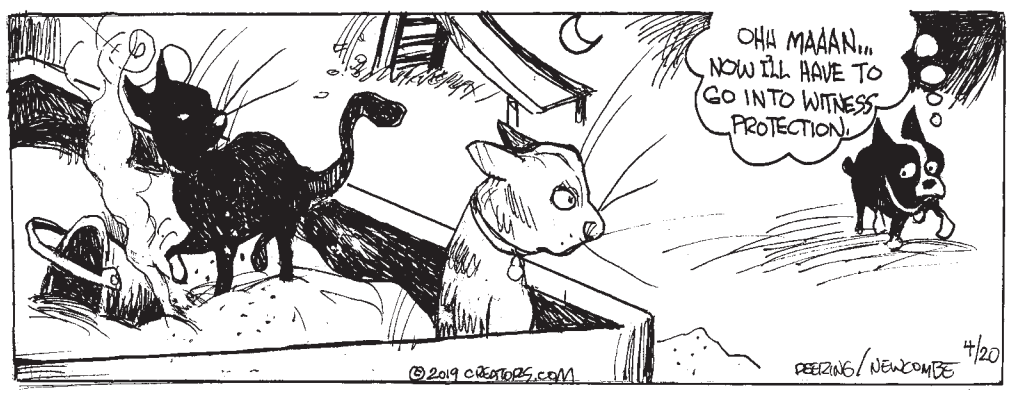
Dogs of C-Kennel

By MICK & MASON MASTROIANNI & JOHNNY HART



Zack Hill

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Real Estate Loans
Storage Space
Vehicles for Sale
Massage
Services
Computer Services
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DBA

FICTITIOUS BUSINESS NAME STATEMENT FILE NUMBER: 2019085752 ORIGINAL FILING This statement was filed with the County Clerk of LOS ANGELES on 04/01/2019 The following person(s) is (are) doing business as Aston Sharp Insurance Services . 1507 Stanford St. Suite 5 , Santa Monica, CA 90404. The full name of registrant(s) is/are: Aston Sharp, Inc. 1507 Stanford St. Suite 5 Santa Monica, CA 90404. This Business is being conducted by: a Corporation. The registrant commenced to transact business under the fictitious business name or names listed on (Date)09/2012. /s/: Gustavo M. Altuzarra. Aston Sharp, Inc. . This statement was filed with the County Clerk of LOS ANGELES County on 04/01/2019. NOTICE: THIS FICTITIOUS BUSINESS NAME STATEMENT EXPIRES FIVE YEARS FROM THE DATE IT WAS FILED IN THE OFFICE OF THE COUNTY CLERK. A NEW FICTITIOUS BUSINESS NAME STATEMENT MUST BE FILED PRIOR TO THAT DATE. The filing of this statement does not of itself authorize the use in this state of a fictitious business name statement in violation of the rights of another under federal, state, or common law (see Section 14411et seq.,Business and Professions Code). SANTA MONICA DAILY PRESS to publish 04/08/2019, 04/15/2019, 04/22/2019, 04/29/2019.

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