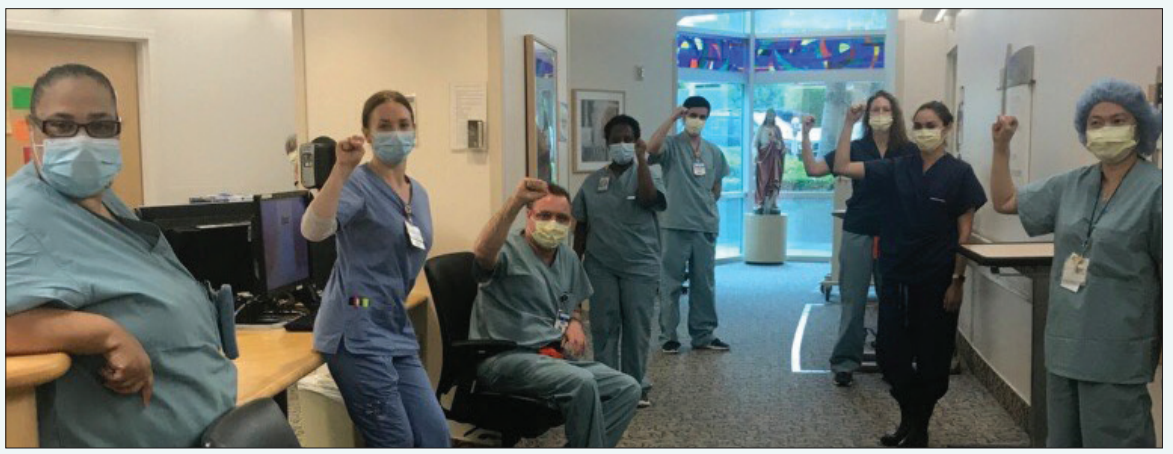
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MONDAY
04.13.20
Volume 19 Issue 130
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Seeing Stars
It's a tough time for many local businesses and SMDP is lending a hand to fellow publisher The Santa Monica Star by serializing the April edition of the Star in the next three Monday papers.
See page 8 for the first installment.

Lack of masks prompts nurse suspensions



Courtesy photo

NURSES: Some nurses at St. John's stopped visiting Coronavirus patients last week due to mask concerns.

MADELEINE PAUKER
SMDP Staff Writer

Nurses in the COVID-19 unit of a local hospital refused to enter patients' rooms Thursday because the hospital has not provided them with N95 masks.

For the last three weeks, nurses on Providence St. John's Health Center's coronavirus floor have complained that the hospital has refused to give them N95 masks, which they say are provided to doctors, nurses and staff on other floors. On Thursday, eight nurses stopped treating patients after doctors they work with told them that the surgical masks they have been wearing would not adequately protect them from the virus.

"Five doctors informed us that in their professional opinion, we should not enter the room of a suspected or confirmed coronavirus patient without an N95," said Jacob Childs, a nurse in the COVID-19 unit.

Childs said hospital management held the nurses at the facility overnight and Friday morning threatened to report them to the California Board of Registered Nursing and put them on administrative leave if they did not treat patients. Three of the eight nurses were put on leave, he said.

Six St. John's nurses have tested positive for coronavirus so far and one of them worked in the COVID-19 unit, Childs said.

He said the other 30 nurses who work on the floor are scared they will contract the virus without N95 masks, which filter out airborne particles. Public health officials

SEE **NURSE** PAGE 4

Local tailor turns mask-maker to assist community



Nader Astanboos

MASK: Niloofar Moghaddam poses with a Montalvo mask that's now available for purchase online at boosboosdenim.com.

BRENNON DIXSON
SMDP Staff Writer

Montalvo on Montana has been sizing residents with custom-made shirts and suits since 1988, but the longtime menswear store has recently begun stitching

SEE **TAILOR** PAGE 4

Officials question if shelters are the best place to Shelter in Place

MADELEINE PAUKER
SMDP Staff Writer

Is a shelter a safe place for people experiencing homelessness during the coronavirus pandemic?

That's the question Santa Monica's homeless outreach workers are grappling with as they try to bring people inside amid an outbreak of a disease that could devastate the homeless population, which is disproportionately older and likely to suffer from chronic health conditions, and has the potential to spread quickly through institutional settings such as shelters.

Shelters have taken precautions against coronavirus, spreading beds at least six feet apart, providing hygiene kits, sanitizing shared surfaces and providing masks to residents when available.

SEE **SHELTER** PAGE 6

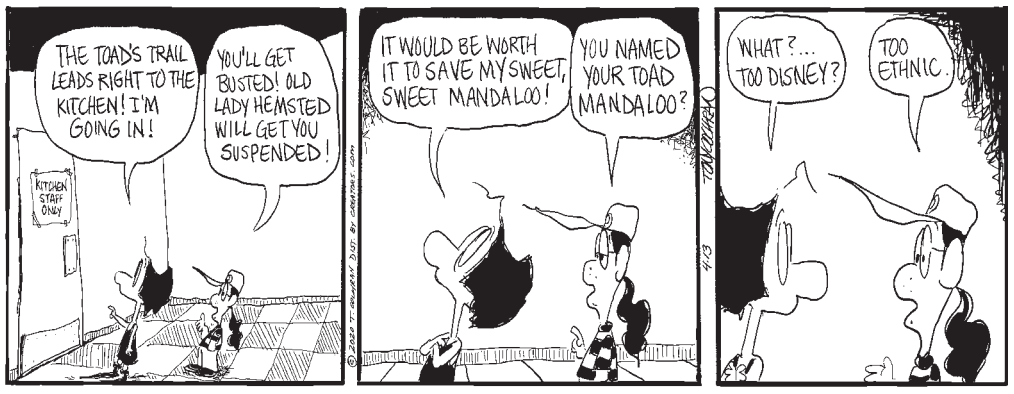

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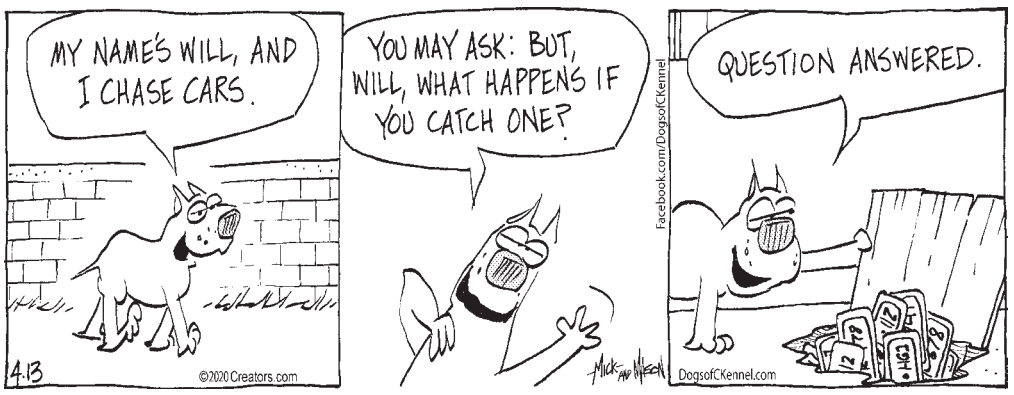
Agnes

By TONY COCHRAN



Dogs of C-Kennel

By MICK & MASON MASTROIANNI & JOHNNY HART



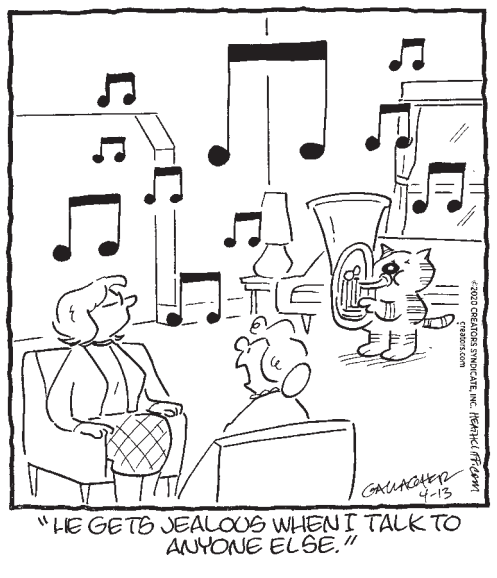
Zack Hill

By JOHN DEERING & JOHN NEWCOMBE



Heathcliff

By PETER GALLAGHER



Strange Brew

By JOHN DEERING





SURF FORECASTS

BEACHES are closed because of Covid-19. Please stay Home.

WEATHER

Monday: Mostly sunny, with a high near 63.
Monday Night: Partly cloudy, with a low around 53.
Tuesday: Mostly sunny, with a high near 66.
Tuesday Night: Mostly clear, with a low around 56.
Wednesday: Mostly sunny, with a high near 72.
Wednesday Night: Mostly clear, with a low around 57.
Thursday: Sunny, with a high near 68.

Date	Day of the Week	Time (LST/LDT)	Predicted (ft)	High/Low
2020/04/13	Mon	01:23 AM	4.97	H
2020/04/13	Mon	09:15 AM	-0.13	L
2020/04/13	Mon	4:44 PM	3.09	H
2020/04/13	Mon	8:00 PM	2.81	L
2020/04/14	Tue	02:37 AM	4.48	H
2020/04/14	Tue	10:45 AM	-0.02	L
2020/04/14	Tue	6:21 PM	3.40	H
2020/04/14	Tue	10:40 PM	2.90	L
2020/04/15	Wed	04:15 AM	4.21	H
2020/04/15	Wed	11:56 AM	-0.05	L
2020/04/15	Wed	7:11 PM	3.73	H
2020/04/16	Thu	12:15 AM	2.52	L
2020/04/16	Thu	05:40 AM	4.20	H
2020/04/16	Thu	12:50 PM	-0.09	L
2020/04/16	Thu	7:43 PM	4.02	H
2020/04/17	Fri	01:10 AM	2.04	L
2020/04/17	Fri	06:44 AM	4.30	H
2020/04/17	Fri	1:31 PM	-0.06	L

DAILY LOTTERY

POWERBALL
Draw Date:04/08
2 37 39 48 54
Power#: 5
Jackpot:20 M

MEGA MILLIONS
Draw Date: 04/07
25 33 43 51 68
Mega#: 20
Jackpot: 136 M

SuperLotto PLUS
Draw Date: 04/08
1 12 27 46 47
Mega#: 6
Jackpot: 18 M

Fantasy 5
Draw Date: 04/09
11 13 28 30 32

Daily 3
Draw Date: 04/09
Evening: 2 9 5
Draw Date: 04/09
Midday: 4 4 4

Daily Derby
Draw Date: 04/08
1st: 03 - HOT SHOT
2nd: 04 - BIG BEN
3rd: 06 - WHIRL WIN
RACE TIME: 1:40.60

Although every effort is made to ensure the accuracy of the winning number information, mistakes can occur. In the event of any discrepancies, California State laws and California Lottery regulations will prevail. Complete game information and prize claiming instructions are available at California Lottery retailers. Visit the California State Lottery web site at http://www.calottery.com

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TODAY'S BIRTHDAY (APRIL 13)

The excitement is unfolding before you, a picture of a world slightly altered from the one you knew. The solar return has opened possibilities. The doors need only to be pushed, and you are bold enough to do so. Love and adventure are the prizes or your active push to the limits of your bold impetus. Sagittarius and Capricorn adore you. Your lucky numbers are: 5, 43, 26, 1 and 17.

ARIES (March 21-April 19). Your soul's intelligence will speak to you in the form of curiosity. People who love you will support your investigation of what you are intuitively drawn toward.

TAURUS (April 20-May 20). When you want people to know what you're thinking, you'll tell them with words, actions and other unmistakable signals. When you don't want people to know what you're thinking, they absolutely won't be able to read you.

GEMINI (May 21-June 21). As much as you'd like everything you own to be useful, beautiful or both, the truth is that your relationship to your material possessions goes far beyond these criteria. You'll pare down today.

CANCER (June 22-July 22). Most scientists agree we don't perceive all of reality. Some say we don't perceive any of it, if there even is an objective reality. Regardless, you're finding points of agreement in your group that matter quite a lot.

LEO (July 23-Aug. 22). You've an unparalleled instinct for what's important. You'll focus on the heart of what's happening and find that many time-consuming details can be skipped or delegated.

VIRGO (Aug. 23-Sept. 22). Would you rather be like Batman with an everloyal Robin or be an Avenger with an entire team around to support you? You'll get the luxury of such a choice today.

LIBRA (Sept. 23-Oct. 23). The old "sticks and stones" saying is both commonplace and erroneous, as words do have the power to harm and deeply wound. You'll be so careful about how you wield them.

SCORPIO (Oct. 24-Nov. 21). When you think about it, one of your dreams has come true, and you're living it, like it or not. The realization may have you carefully considering what to dream next.

SAGITTARIUS (Nov. 22-Dec. 21). The obstacles are tied to your talents. You cannot have an artistic block if you're not artistic, a writer's block if you're not a writer, a creative block if you're not creative. The breakthrough is imminent.

CAPRICORN (Dec. 22-Jan. 19). It's the little flubs that make the process or project relatable. Consider leaving them in. They'll give you an opportunity to connect and share stories.

AQUARIUS (Jan. 20-Feb. 18). Tonight brings an impulsive mood, which can lead you to boldness or folly. Take pause, and think about reactions and fallout, especially in regard to the written word and email!

PISCES (Feb. 19-March 20). Maybe you are denying another person the full story of who you are, and it's your right to do so. It's not their story. You own your journey and have the right to preserve or present it as you see fit.

SOLUTIONS TO YESTERDAY'S CROSSWORD

W	A	S	P	S	■	W	I	L	Y	■	M	I	C	E
O	R	E	O	C	O	O	K	I	E	■	I	N	O	N
O	I	L	T	A	N	K	E	R	S	■	S	E	N	D
L	A	M	A	R	R	■	■	A	M	A	S	S	E	S
F	L	A	B	■	E	B	B	■	■	B	U	S	S	■
■	■	■	L	I	Q	U	I	D	A	S	S	E	T	S
T	I	L	E	C	U	T	T	E	R	■	A	N	O	N
E	C	O	■	E	E	L	■	B	C	D	■	C	G	I
R	A	G	S	■	S	E	N	A	T	E	S	E	A	T
I	L	L	U	S	T	R	A	T	I	V	E	■	■	■
■	L	O	I	S	■	■	P	E	C	■	A	A	R	P
N	E	A	T	E	S	T	■	■	F	A	L	T	E	R
O	D	D	S	■	N	O	T	F	O	R	S	A	L	E
D	I	E	M	■	A	D	M	I	X	T	U	R	E	S
E	T	R	E	■	G	O	I	N	■	S	P	I	T	S

Sudoku

Fill in the blank cells using numbers 1 to 9. Each number can appear only once in each row, column, and 3x3 block. Use logic and process of elimination to solve the puzzle.

SOLUTIONS TO YESTERDAY'S SUDOKU

4	2	5	1	3	8	9	6	7
3	1	7	6	4	9	2	5	8
8	6	9	2	7	5	1	4	3
5	7	1	4	6	2	3	8	9
6	4	8	3	9	7	5	1	2
9	3	2	5	8	1	4	7	6
7	5	3	8	2	4	6	9	1
2	9	4	7	1	6	8	3	5
1	8	6	9	5	3	7	2	4

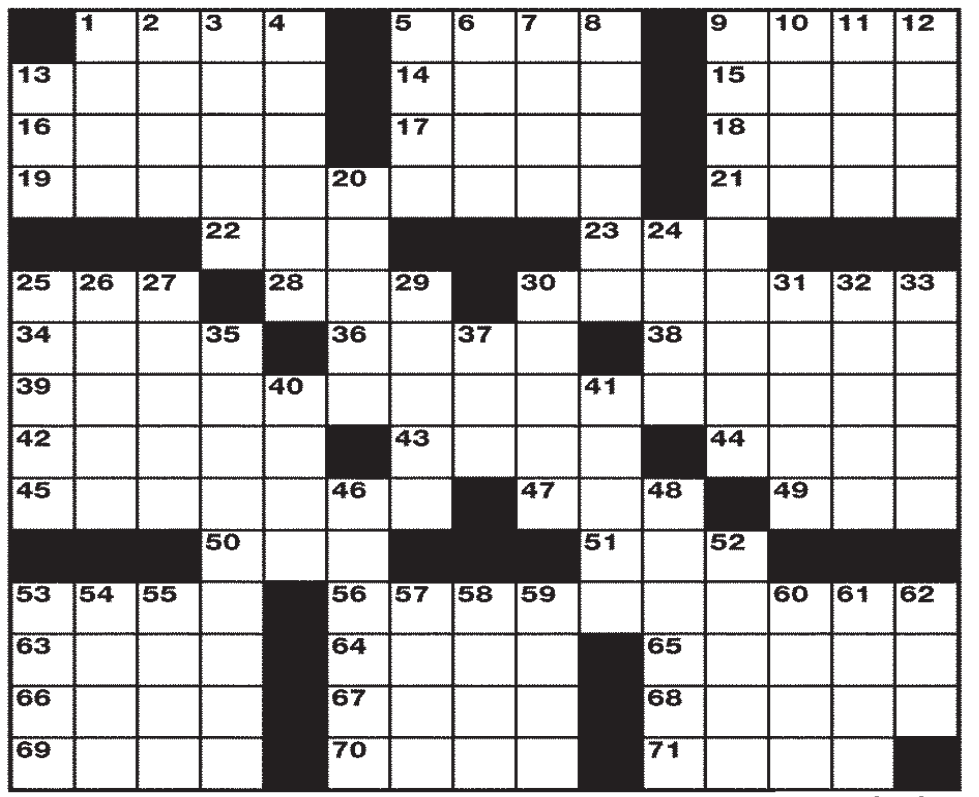
6	9		4				7	
	1			7	9		8	
3						9		4
	4			2				8
8		6	9	5	7	2		1
9				1			3	
4		2						7
	6		7	4			5	
	5				6		2	3

Newsday Crossword

PRESIDENT'S DAY by Sally R. Stein
Edited by Stanley Newman
www.stanxwords.com

ACROSS
1 Long, deep cut
5 Two-band, as a radio
9 Cavalry outpost
13 Beast of a guy
14 Wild animal's home
15 Cleveland's state
16 Of an ocean's rise and fall
17 Give a shove to
18 Baseball arbiters, for short
19 With 56 Across, school founded by 39 Across
21 Sandwich breads
22 Compass point opposite WSW
23 Court prosecutors: Abbr.
25 "Now I get it!"
28 Caribbean or Mediterranean
30 Tooth care specialist
34 Weeps audibly
36 Guy, in current slang
38 Small sample of food
39 The third president, born this day in 1743
42 More impolite
43 Software purchaser
44 Centers of solar systems
45 Brunch orders with eggs and cheese
47 Get __ of (throw out)
49 Hurricane's center
50 Room with test tubes
51 __ Force (military pilot's employer)
53 Pollution in the sky
56 See 19 Across
63 Chauffeur-driven car
64 Tidy
65 Tablets from Apple
66 Black-and-white cookie
67 "If all __ fails . . ."
68 Songs
69 __ over backwards (try hard)
70 Flower stalk
71 Resorts with hot springs

DOWN
1 Big smile
2 German auto
3 __ off (keep from happening)
4 Mount St. __ (Washington volcano)
5 Mountains of Switzerland
6 Island near Oahu
7 Boxer's weapon
8 Dr. Jekyll's alter ego
9 Top rating for films, usually
10 "Good heavens!"
11 Ready to harvest
12 Throw gently
13 A/C measure
20 Swamp grasses
24 Cost to play a poker hand
25 Houston baseballer
26 Yawn sound
27 One's house
29 With gravy, on a steakhouse menu
30 Reschedule for later
31 Magazine edition
32 Rocklike
33 Very nervous
35 Have a pleasing aroma
37 __ Moines, IA
40 Vicinity
41 Robin Hood pal __ Tuck
46 Steak selections
48 Numbers from 0 to 9
52 Tear to shreds
53 Messy person
54 Boggy ground
55 Sign of things to come
57 Pool table fabric
58 Bouquet holder
59 Line on a shopping list
60 Granny
61 __ of March (March 15th)
62 Donkey



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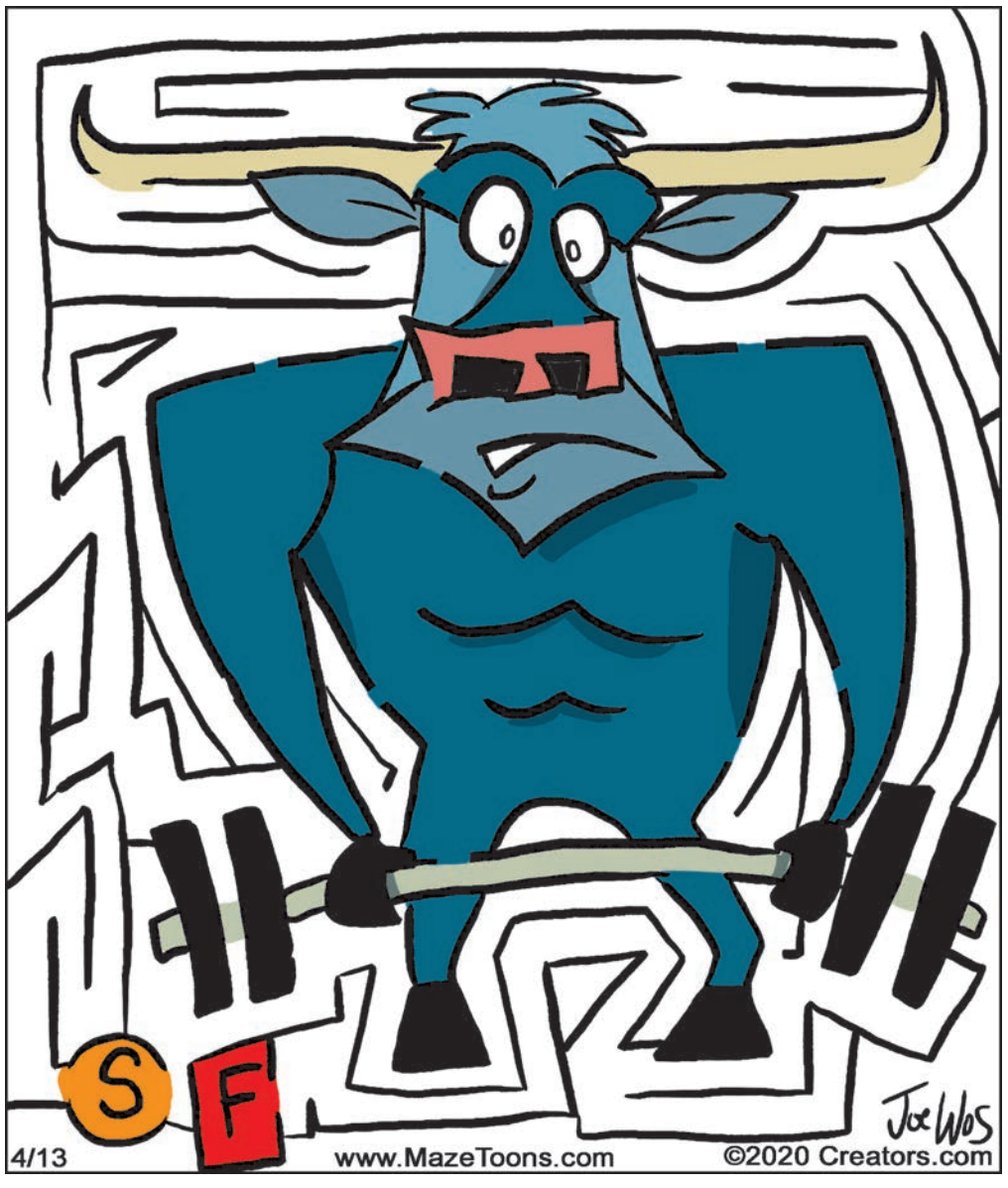
Binary Puzzle

Each cell should contain a zero or a one. No more than two similar numbers below or next to each other are allowed. Each row and each column is unique and contains as many zeros as ones.

SOLUTIONS TO YESTERDAY'S PUZZLE

1	1	0	1	1	0	1	0	0	1	0	0
1	0	1	0	1	0	1	1	0	1	0	0
0	1	0	1	0	1	0	0	1	0	1	1
1	0	1	1	0	1	1	0	0	1	0	0
1	1	0	0	1	0	0	1	1	0	0	1
0	1	0	1	0	1	0	1	0	1	1	0
1	0	1	1	0	0	1	0	1	1	0	0
0	0	1	0	1	0	1	0	1	0	1	1
0	1	0	0	1	1	0	1	0	0	1	1
1	1	0	1	0	1	1	0	0	1	0	0
0	0	1	0	1	0	0	1	1	0	1	1
0	0	1	0	0	1	0	1	1	0	1	1

1			0					0			
				0					0		0
			1								
	0				1	1				0	
				0				0			
		1							1	1	
						1				1	
	1										
0	1		1			0	0				1
					1						1
0	1	1					1	1			
		0			1		1		0		



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Santa Monica Daily Press

NURSE

FROM PAGE 1

have said coronavirus can linger in the air for a few seconds and it's unclear whether a surgical mask can prevent particles from reaching the nose and mouth.

St. John's has a stockpile of N95 masks and received a donation of 13,000 KN95 masks last month, Childs said. Gov. Gavin Newsom announced earlier this week that he would spend nearly $1 billion to supply California's essential workers with 150 million N95 masks and 50 million surgical masks.

The nurses estimate that they need 20 N95 masks per day to treat the eight coronavirus patients currently in the unit. In the ICU, where there are about 16 patients, nurses are being provided with masks, Childs said.

"It's not that we need donations, it's that they have the equipment and aren't giving it to us," Childs said. "There's absolutely no reason for them not to give us the supplies at this point."

Providence St. John's spokesperson Patricia Aidem said earlier this week that nurses are being asked to conserve their usage of protective equipment amid a global shortage.

On Friday, she said Providence continues to distribute appropriate personal protective equipment in accordance with guidelines issued by the Centers for Disease Control, the World Health Organization, Cal-OSHA and county and state health agencies.

"The safety of our caregivers is our No. 1 priority. We would never put a single caregiver in a position that would cause harm," Aidem said. "Being part of a large health system enables us to deploy PPE to areas of greatest need, ensuring the safety of our patients and caregivers at all times."

madeleine@smdp.com

TAILOR

FROM PAGE 1

masks, which will soon be used by local first responders.

Like many businesses owners throughout the westside, the Astanboos family has felt the effects of COVID-19 and the safer-at-home restrictions that called for the closure of essential businesses like Montalvo on Montana.

"We were panicking as a family because we didn't know how we are going to even make ends meet like a lot of families are at this time financially and employment-wise," Nader Astanboos said Friday in an interview with his brother Naseer Astanboos.

"Before COVID happened, we've been very blessed to stay in business, but the second COVID hit, it was like the entire neighborhood came to a stop," Naseer said. "I'm looking outside the window of my tailoring shop right now and it's a ghost town. There's nobody. The clock store across the street is closed and the nail salon place, which has always had business, is shut down. So, speaking as somebody who runs a business, it was a very scary time for everybody."

When the pandemic first gained notoriety from the public, the Astanboos decided they would make masks as a way to keep the family business afloat.

"It's a very basic idea to do, especially when you're already in the tailoring business and have access to the finest cotton," Naseer said. "And my brother and I both grew up on movies and comic books and stuff so I thought making a mask would be cool, you know — like Spider-Man."

Initially, the business didn't receive many orders for the mask, but Montalvo soon saw an explosion in demand after state officials instructed residents to cover their face while out in public. Orders would soon come flooding in from local businesses, according to Nader. Now, the city of Santa Monica is set to receive thousands of masks that will be given to local police officers and firefighters, and Nader is in discussion with other municipalities who are in need of masks.

"We want to give as many people in Santa Monica access to these masks as possible, so we've been working around the clock to get everything up and running." Nader said. "We've been so overwhelmed that I've been outsourcing everything that I can to people who've been affected by (pandemic) right now. And since we can't have people working that close together (and) the factories are closed right now because of the regulations, I've set up remote sewers who all have just been sitting on their hands for a week because they don't have any work."

In the beginning with the "buy-one-donate-one drive", it was really wonderful to see so many people in the community respond to help and it really makes the job a joy right now, Naseer added, "because we're all like, 'OK, this is our purpose. This is what we're doing,' and it's been a wonderful thing to be a part of."

For more information, call (310) 828-7748.

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FICTITIOUS BUSINESS NAME STATEMENT FILE NUMBER: 2020048006 ORIGINAL FILING This statement was filed with the County Clerk of LOS ANGELES on 02/26/2020 The following person(s) is (are) doing business as JimmyP Wear . 2801 Ocean Park Suite 396 , Santa Monica, CA 90405. The full name of registrant(s) is/are: James M Patton 2801 Ocean Park Suite 396 Santa Monica, CA 90405. This Business is being conducted by: an Individual. The registrant has not yet commenced to transact business under the fictitious business name or names listed above. /s/:James M Patton . James M Patton . This statement was filed with the County Clerk of LOS ANGELES County on 02/26/2020. NOTICE: THIS FICTITIOUS BUSINESS NAME STATEMENT EXPIRES FIVE YEARS FROM THE DATE IT WAS FILED IN THE OFFICE OF THE COUNTY CLERK. A NEW FICTITIOUS BUSINESS NAME STATEMENT MUST BE FILED PRIOR TO THAT DATE. The filing of this statement does not of itself authorize the use in this state of a fictitious business name statement in violation of the rights of another under federal, state, or common law (see Section 14411et seq.,Business and Professions Code). SANTA MONICA DAILY PRESS to publish 03/30/2020, 04/06/2020, 04/13/2020, 04/20/2020.

Name Change

ORDER TO SHOW CAUSE FOR CHANGE OF NAME
Case No. 20SMCP00132
Superior Court of California, County of Los Angeles
Petition of Adam John Dwyer
Change of Name
TO ALL INTERESTED PERSONS:
Petitioner or Attorney: Adam John Dwyer for filed a petition with this court for a decree of changing names as follows Adam John Dwyer to Adam Enriquez The court orders that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted.
Notice of Hearing:
Date: May 22, 2020 , Time: 8:30 a.m, Dept: K, Room: A-203
The address of the court is SUPERIOR COURT OF CALIFORNIA - COUNTY OF LOS ANGELES, 1725 MAIN STREET, SANTA MONICA, CA 90401
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Santa Monica Daily Press.
Date: March 11, 2020

Name Change

ORDER TO SHOW CAUSE FOR CHANGE OF NAME
Case No. 20SMCP00115
Superior Court of California, County of Los Angeles
Petition of Magno Change of Name
TO ALL INTERESTED PERSONS:
Petitioner or Attorney: Magno for filed a petition with this court for a decree of changing names as follows Magno to Thomas Michael Adshade The court orders that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted.
Notice of Hearing:
Date: May 15, 2020 , Time: 8:30 a.m, Dept: K, Room: A-203
The address of the court is SUPERIOR COURT OF CALIFORNIA - COUNTY OF LOS ANGELES, 1725 MAIN STREET, SANTA MONICA, CA 90401
A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Santa Monica Daily Press.
Date: March 3, 2020

LOCATION 1640 5th Street, Suite 218, Santa Monica, CA 90401

CITY OF SANTA MONICA

NOTICE INVITING BIDS

NOTICE IS HEREBY GIVEN that bids will be received by the City of Santa Monica located at, 1632 5th Street, Santa Monica, California, 90401 until 3:00 p.m. on the date indicated at which time they will be publicly opened, read and posted for:

BID #4393 PROVIDE SECURITY GUARD SERVICES AS REQUIRED BY THE BIG BLUE BUS.

Submission Deadline is April 28, 2020 at 3:00 PM Pacific Time.

Bids must be submitted on forms supplied by the City of Santa Monica. Bid packages containing all forms, specifications, terms and conditions may be obtained on the CITY'S ONLINE VENDOR PORTAL. The website for this Notice of Inviting Bids and related documents is: Planet Bids or http://vendors.planetbids.com/SantaMonica/bidsearch4.cfm. There is no charge for bid package and specifications.

CITY OF SANTA MONICA

NOTICE OF EXTENSION OF THE PUBLIC COMMENT PERIOD FOR THE DRAFT ENVIRONMENTAL IMPACT REPORT FOR THE MIRAMAR HOTEL PROJECT

OFFICIAL NOTICE is hereby given that the public comment period for the Draft Program Environmental Impact Report (Draft EIR) for the proposed Miramar Hotel Project in the City of Santa Monica has been extended to 5:30 p.m. May 24, 2020. The Draft EIR has been prepared in accordance with the California Environmental Quality Act (CEQA) and was published for a 60-day public review on February 24, 2020.

PROJECT LOCATION: The project site encompasses two parcels in the Downtown district of the City of Santa Monica, County of Los Angeles. The main parcel, occupied by the Miramar Hotel, is approximately 4.5 acres in size and is located at 1133 Ocean Avenue (Hotel Parcel). The Hotel Parcel is currently improved with 301 hotel rooms and related hotel programming space located within a number of buildings. There are two city-designated landmarks located on the Hotel Parcel – the Moreton Bay Fig Tree and the six-story Palisades Building. The other parcel is located directly across the street to the east at 1127 2nd Street (Second Street Parcel). The Second Street Parcel is currently improved with a surface parking lot.

PROJECT DESCRIPTION: Project components on the Hotel Parcel consist of (i) the rehabilitation and ongoing hotel use of the historic Palisades Building (a City-designated landmark); (ii) the preservation and protection of the Moreton Bay Fig Tree (a City-designated landmark) as a focal point of the Project; (iii) the relocation of the main entry drive from Wilshire Boulevard to Second Street; (iv) the removal of the existing surface parking lots; (v) the demolition of all non-landmarked buildings; (vi) the construction of two new buildings (referred to herein as the Ocean Building and the California Building); (vii) the expansion of public and guest open space areas on the ground level and in building terraces and rooftops; and (viii) the construction of a subterranean parking garage beneath the newly constructed buildings and open space. Proposed uses on the Hotel Parcel would include 312 hotel guest rooms (including meeting/banquet space, spa/fitness, and food and beverage space), 60 residential condominiums, and ground floor pedestrian-oriented retail uses at the corner of Wilshire Boulevard and Second Street. Overall, the total above-grade floor area on the Hotel Parcel would be 500,552 square feet (sf). Of this square footage, approximately 62,000 sf of floor area would be in the existing rehabilitated landmark Palisades Building, approximately 368,552 sf of floor area in the new Ocean Building, and approximately 70,000 sf of floor area in the new California Building. The Project would also include 8,373 sf of outdoor dining (2,153 net new sf) on the Hotel Parcel that the City considers as Project floor area, although outdoor dining visible from the public right-of-way is deducted for the Project's FAR calculation. Therefore, 502,157 sf (239,873 net new sf) is utilized for the FAR calculation on the Project. The building heights on the Hotel Parcel would vary and would range from the existing Palisades Building height of 78 feet to a maximum of 130 feet. The Second Street Parcel development would include a 100% affordable housing building with a minimum of 30 and a maximum of 48 deed-restricted affordable apartments. In accordance with the Downtown Community Plan standards for 100% Affordable Housing Projects, the building would have a maximum FAR of 2.75 (41,250 sf of floor area) and a maximum height of six-stories and 60 feet.

ENVIRONMENTAL IMPACTS ANALYZED: The Draft EIR analyzed potential environmental impacts associated with the proposed project, including Aesthetics/Shadows, Air Quality, Construction Effects, Cultural Resources, Energy, Geology and Soils, Greenhouse Gas Emissions, Hazards and Hazardous Materials, Hydrology and Water Quality, Land Use and Planning, Noise, Population/Housing, Public Services -Fire and Police, Transportation and Circulation, Tribal Resources, and Utilities and Service Systems.

PUBLIC REVIEW PERIOD: The initial 60-day extended comment period started on February 24, 2020 and was set to close at 5:30 p.m. on April 24, 2020. In recognition of the unusual circumstances due to COVID19, the City extends the comment period for an additional 30 days. Therefore, the total public review period will be 90-days ending on May 24, 2020. Written comments should be sent to:

Rachel Kwok, Environmental Planner
1685 Main Street, Room 212, Santa Monica, CA 90401
Email: Rachel.kwok@smgov.net

AVAILABILITY OF ENVIRONMENTAL DOCUMENTATION: The Draft EIR and background materials may be viewed online at https://www.smgov.net/Departments/PCD/Environmental-Reports/Miramar-Hotel-Project-EIR/.

ESPAÑOL: Este es un aviso sobre los posibles efectos ambientales de la construcción propuesta de un edificio de hotel, que pueden ser de su interés. Para más información, llame a Carmen Gutiérrez al (310) 458-8341.

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SHELTER

FROM PAGE 1

No clients of The People Concern, which operates Santa Monica's three main shelters, have tested positive for coronavirus, but a few had displayed symptoms, executive director John Maceri said last week.

Throughout Los Angeles County, 18 people experiencing homelessness have tested positive for coronavirus as of Friday, including three shelter residents.

Maceri said The People Concern's unhoused clients have expressed anxiety about the virus and the shutdown of restaurants and libraries, which has made it difficult for them to find food and connect to online resources. People residing in the organization's shelters have told Maceri that they feel safer indoors and are less worried about contracting the virus.

"The interim housing residents ... are handling it much better than our unsheltered clients," he said.

But some outreach workers say their clients are skeptical that they will be able to avoid catching coronavirus in a shelter environment.

Zachary Coil, who leads the Santa Monica branch of The People Concern's C3 Team, said he has been placing vulnerable individuals in Westside motels because many clients have told him they wouldn't feel safe in a shelter.

"There's a reasonable argument to make that putting 100 people inside a big room and expecting them to physically distance themselves from each other at all times is unrealistic," he said. "People are definitely better off in a motel than in a shelter."

In the first few weeks of the local outbreak, officials emphasized the need to bring people experiencing homelessness indoors immediately. The city of Los Angeles turned 16 recreation centers into temporary shelters with a combined 1,100 beds. One newly-opened shelter in Granada Hills reported that a resident tested positive last week, according to the Los Angeles Times.

Now, county officials are focusing on scaling up efforts to put vulnerable people experiencing homelessness in hotels and motels.

Heidi Marston, interim executive director of the Los Angeles Homeless Services Authority, said Wednesday that the agency is trying to secure 15,000 rooms as part of the state's "Project Roomkey" effort and will have more than 1,700 rooms online by next week.

Marston said the 15,000-room goal is based on the number of people experiencing homelessness in L.A. County who are older than 65 or have chronic health conditions. Roughly 60,000 people are homeless in the county and more than 70% of them are unsheltered.

Each hotel will have 24-hour security, homeless services organizations will serve residents three meals a day in their rooms, and nurses will monitor the temperatures of residents and staff.

Residents will be expected to abide by the stay at home order and physically distance themselves from others, Marston said.

In the meantime, Coil said outreach teams will have to help address a deeper shortage of food available to the unsheltered population as restaurants close, grocery stores run out of non-perishable goods and food pantries struggle to accommodate a sudden influx of people who have lost work amid the pandemic.

With very few people out on the street, panhandling to get money for food has become nearly impossible, he added.

"The hunger is much more dire than usual," he said.

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When Bad Things Happen to Good People Because of the Carelessness or Negligence of Others.



Robert Lemle

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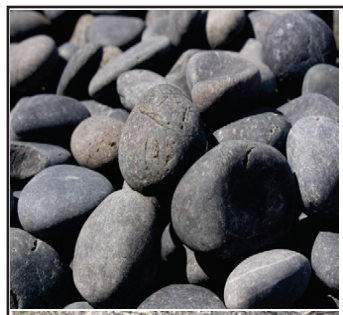
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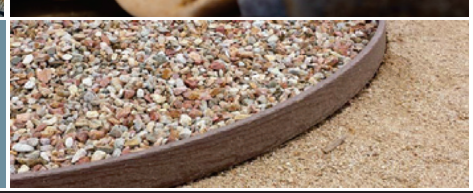












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Also Covering The Greater Westside
Volume XIX Number 4 *Connecting You With Your Community* April 2020



One of the best things to do with your children is to read to them. Jenna is trying out different voices as she reads to Cash, Luca Joe, and Kinsley.

The Santa Monica Star to Partner With *the Santa Monica Daily Press*

When we begin to emerge from the weeks of seemingly frozen time that was necessary due to the statewide *Safer at Home* order, we can look back and find some good things that came from this time of crisis. This is one of those good things.

The *Santa Monica Daily Press (SMDP)* and *The Santa Monica Star* are pleased to announce a distribution partnership in these extraordinary times. In the following week, you will be able to read this month's edition of the *Star* in print, online, and through the newsletter in all of the *Santa Monica Daily Press* products. We hope this is convenient for you and will allow for a sharing of local readership to both products, which is critical to our community.

All we ask is that you pick up both, visit our sites, and subscribe to the *SMDP* newsletter, *The Current.* It is a curated, daily dose of the most important things happening in our local community, and you can easily unsubscribe at any time. Thanks for reading, and continuing to support local journalism.

Diane Margolin, Publisher
The Santa Monica Star
Ross Furukawa, Publisher
Santa Monica Daily Press

Ten Ways to Manage Your COVID-19 Stress

By Dr. Jay Winner

If you're not stressed by the COVID-19 pandemic, you're probably not paying attention. How can we all deal with this stress without going nuts?

1. To begin, take a breath: Put your hand on your abdomen and as you inhale, feel your abdomen expand. Pay attention to one full inhalation and one full exhalation. A "mindful diaphragmatic breath" relaxes us in two ways:

• Diaphragmatic or belly breathing stimulates the parasympathetic nervous system.

• Fully focusing on the sensation of one breath without judgment gives us that little mindful moment that can also reduce stress. So, do it many times a day.

2. Follow wise advice and do the right stuff. Listen to the Centers for Disease Control and Prevention (cdc.gov) regarding social distancing and other appropriate measures. If you don't have a fever, you have itchy eyes and sneezing like you did last year, and you have not been exposed to the virus, it's probably not COVID-19. If you have a fever, cough, and shortness of breath, or had a potential exposure, you should call your doctor to get tested, and get care if needed (and obviously stay away from others). If your symptoms are between the two extremes, check with CDC guidelines and other websites and decide what to do.

3. You might feel overwhelmed with sudden changes: "With school out, who watches the kids?" "How do I make up for lost pay?" etc. Let go of thoughts of how life should be different, feel that diaphragmatic breath, and do the next task on your list with your full attention.

The next task might be to make a plan, get help, or just work on another task – just do what's next, one step at a time. Also, remember: There is usually more stress having a task hanging over your head than just doing it.

4. Don't get stressed about being stressed. The more you resist stress, the worse it gets. Instead, interpret the extra adrenaline as having a high energy level or an energy burst. Perhaps you can use the energy to take a run, (keeping social distancing as your guide), or just feel it flow through your veins.

5. Keep things in perspective. Sure, there are big things going on now. However, our brains can make relatively small things look really big, too. Remember that your financial portfolio is not your life portfolio. Your ability to think, talk, walk, see, hear, and love are way more important than the current value of a financial investment. Our brains are unable to process many things at one time, so our full attention becomes focused on one problem. Gratitude is not a corny practice; it is bringing ourselves back to reality when we've lost perspective. Multiple times a day, list your blessings – shelter, food, health (focusing on what is working, not just what isn't working) and, most of all, the people in your life.

6. Reframe extra time at home. Hygge (pronounced hoo-guh) is a Danish term for being cozy and appreciating the moment. (Think of having hot cocoa by the fire with loved ones and playing a

(Continued on Page 5)

Take Advantage of Online Resources to Expand Your Children's Education

By Anne Wallentine

Though we are facing challenging and uncertain times, we have access to an unprecedented amount of online resources. There are many free ways for kids to continue learning while schools, libraries, and museums are closed. Below are a few digital resources to help bring the outside world into your home.

• Science

The San Diego Zoo is closed, but their live cameras offer the ability to see what koalas, elephants, and tigers are getting up to in their homes. The Monterey Bay Aquarium offers the same ability to watch the calming motions of jellyfish or their colorful coral reef. You can use this opportunity to teach kids about the habits and habitats of a range of animals, bolstered by the Zoo's educational YouTube channel geared toward kids.

For more hands-on activities, the California Science Center is providing "Stuck at Home Science" projects in English and Spanish. Kiddie Science also offers workshops geared towards young learners (two and up), while NASA's Jet Propulsion Labs has some more challenging activities.

• Art

Many artists are offering free art classes on Instagram Live, including illustrator Wendy MacNaughton (@wendymac), who hosts "Draw Together with Wendy" sessions daily Monday-Friday at 10 a.m. PST. The 30-minute sessions remain available for 24 hours in the *Stories* feature. Her friendly, high-energy approach is great for little ones. Use the hashtag #drawtogether to post your responses. Recycle and Play (@recycleandplay) also posts simple craft projects on Instagram that can be made from materials around the house.

In addition, Mo Willems, Kennedy Center Education Artist-in-Residence, has launched short, drawing-focused sessions called *LUNCH DOODLES*. The videos are posted daily at 1 p.m. EST on the Kennedy Center website.

Numerous museum collections are also available to browse virtually on their websites, including the Getty, MoMA, The Metropolitan Museum of Art, Rijksmuseum, the Louvre, Musee d'Orsay, Uffizi, and the Art Institute of Chicago. Check out Google Arts & Culture for virtual tours of exhibitions, cultural landmarks, and National Parks.

(Continued on Page 6)

Do You Recognize This Neighborhood Celebrity?

(Answer on Page 11)



Take A Look Inside

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Brain Matters

Multiple Sclerosis, a Multi-Faceted Malady



By Barbara S. Giesser, MD

Multiple Sclerosis (MS) is a disease that damages the nerves in the brain and spinal cord. It can result in difficulties with mobility, vision, sensation, thinking, and other functions. There is no good time to receive this diagnosis, but now is the most hopeful time for people with MS. MS is not curable, but it is very treatable.

In addition to access to medications that have been proven to reduce future nerve damage, and slow disease progression, people with MS can make lifestyle choices to help them live their best lives with this condition.

While no specific diet or exclusion of a particular food substance has been proven to prevent nerve damage or reverse existing damage, data from many studies indicate that people with MS who consume diets that are abundant in fresh fruits and vegetables, lean proteins, whole grains and unsaturated fats, and lower in processed foods, saturated fats, refined sugars, and high salt, tend to favor better neurologic outcomes. Other medical conditions, such as diabetes, hypertension, atherosclerosis (hardening of the arteries) and obesity, are also associated with poorer neurologic status in those with MS and a healthier type diet will benefit these conditions as well.

Physical activity and exercise have many benefits for people with MS. They can improve symptoms, such as fatigue and depression, increase endurance, and could have anti-inflammatory and disease modifying effects, although these latter benefits need to be confirmed in large scale trials. Both aerobic exercise and resistance exercises are beneficial for, and well tolerated by people with MS; just consult a physician before beginning any exercise program. For those with MS who are heat sensitive, cooling strategies such as a cold wet cloth on the neck, cooling garments, or drinking cold or iced beverages while they exercise may permit them to exercise for longer periods of time.

In summary, a wellness approach to treating people with Multiple Sclerosis is a good strategy which addresses quality of life considerations.

Barbara S. Giesser, MD, FAAN, FANA, is an internationally recognized clinician and award-winning educator who has specialized in the care of those with Multiple Sclerosis since 1982. PacificBrain Health.org / 310-582-7613.

Planning Ahead

You Just Became a Trustee - Now What?



By Lisa C. Alexander, Esq.

It feels like such an honor to be asked to serve as Trustee of a Trust. In truth, it's a lot of work and a lot of responsibility. As a Trustee you are a "fiduciary." The fiduciary has the highest legal duties of trust and good faith to act in the best interests of the Trust and the beneficiary of the Trust.

A Trustee's basic duties are to act only in the beneficiary's best interests, avoid conflicts of interest, manage the Trust property with the utmost care, keep the Trust property separate, and keep good records.

The Trust document is the Trustee's instruction manual. The Trustee must read the Trust and be prepared to follow the directions. Often a Trust will authorize the Trustee to borrow or loan Trust property. However, the Trustee should never personally borrow from the Trust. To do so would create a conflict of interest between the Trustee and the beneficiary whose best interests the Trustee is charged to protect.

The Trustee must keep track of every penny of Trust money. Use of checks instead of cash, along with a detailed check register can make this easier. And keep the receipts, even for the smallest purchases. To avoid record-keeping mistakes, the Trustee should open and use a Trust checking account to pay all Trust expenses from the Trust, not from the Trustee's personal funds for later reimbursement.

Unless the Trust says otherwise, the Trustee is entitled to compensation. Any limitations on compensation in the Trust must be followed. Usually the Trust will authorize reasonable compensation and this is the default under the Trust Law. Unfortunately, there is no set definition of what is reasonable. The reasonableness of the Trustee's compensation may depend on the Trustee's detailed records of the work done and the time it took.

The Trustee should not try to do the job without good legal advice. There may be duties required by law that are not stated in the Trust that the Trustee wouldn't know about without consulting the lawyer. A Trustee who has legal advice along the way sets him or herself up for success.

You can reach Lisa C. Alexander, Esq. at Jakle & Alexander, LLP, 1250 Sixth Street, Suite 300 Santa Monica, CA 90401 Main Line: 310-395-6555 Direct Line: 310-656-4310 Fax: 424-238-6140 alexander@jaklelaw.com

Byte by Byte

The Future of Robotics is DAWNing



By Miceala Shocklee

Projecting human consciousness into a computerized form has long been a concept that's captured the imagination of writers, inventors, artists, and the average anyman.

While flawless AI and fully uploadable consciousness is still on its way in, robotic avatars are out and about and serving up coffee.

Rather than being a source of humanity's downfall, it seems these avatars are a saving grace for many. OryLab Inc. has launched robotic avatars that allow otherwise house-bound individuals to work at the Diverse Avatar Working Net.

The avatars are driven by real people who because of severe medical conditions like Amyotrophic Lateral Sclerosis (ALS) cannot leave their homes – but can still drive the robots using eye-tracking technology and verbally interact with customers through incorporated microphones.

The Orihime-D model robots consist of table-based "pilots" and roaming server models. The project has been under beta testing since 2018 and launched in Tokyo at Otemachi's 3x3 Lab Future in 2019. To watch the robotic avatars in action, visit https://tinyurl.com/dawncafe.

Miceala Shocklee, a Caltech graduate, is our editorial assistant and a monthly columnist.



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From Me to You...



By Diane Margolin

Frances Bilak, a friend from Rotary, had a good way of describing dealing with our situation. Her husband came home from the grocery store with a beautiful bouquet of flowers. He told her he was sure he would get on her nerves in the next couple of days, and he wanted to apologize now. "We have so much to be thankful for," she reminded us. "Our family, our friends, our community, a roof over our heads, food in our bellies, and sometimes toilet paper!

"I was reminded today that this may be for weeks. Anne Frank and her family were isolated for years! I promise, this too shall pass. Be kind to yourself, be kind to others, take care of yourself and stay healthy!" Frances also reminded us to be responsible, safe and kind. "Make a phone call, or Face Time someone, but make sure you reach out to those who might really need you to be there, if only by phone."

There are organizations who will help if you need groceries or medicine. One is the St. Monica COVIDResponse Ministry (stmonica.net/crm) for those looking for assistance and/or to volunteer to serve.

The City of Santa Monica addresses concerns with several messages or websites.

As you saw on the front page, we are going to be partnering our distribution with the *Santa Monica Daily Press*. We will be on their website (www.SMPD.com) and we will be helping them promote their daily newsletter, *The Current*. I really enjoy *The Current*. It's my daily dose of local news. I encourage you to sign up. If you would like to subscribe, go to https://www.smdp.com/signup.

Stay well and healthy. Thanks for supporting local journalism on the Westside.

Ten Ways to Manage *(Continued from Page 1)*

board game.) Much of our lives are spent seeking the next thrill, vacation, concert, or show.

In these times of social distancing, use and appreciate the time to read, write, get home tasks done, watch movies, play board games with the family, and connect. Remember the people far away who could use some interaction. FaceTime Grandma, call your aunt, and Skype your old college buddy. Make sure they are doing well, and if they're not, lend an ear and your warmth.

7. Take care of yourself: Eat nutritiously, with plenty of veggies and some fruit, and get enough sleep. If you have trouble sleeping, don't try too hard. Obsessing about how vital it is to get to sleep won't get you back to sleep. Think of it as a perfect time to meditate. (For free help, go to the last exercise at stressremedy.com/audio.) Or read a boring book until you are drowsy. Going over thoughts again and again? Try writing them down. Then try meditating again.

Focus on the sensation of one breath at a time or repeat a word like "one." When your mind wanders, return patiently, again and again, to the sensation of the breath or the word. Then you might focus on relaxing one body part at a time, starting with your feet and working your way to your head.

8. Remember that the situation is evolving. Some decisions are easy: If you're sick, stay away from others while we have this epidemic. There may be borderline decisions, too. If your plans are three months from now, and there's no penalty for postponing a decision, remember that the right answer may become very clear by that time, so why stress now? On the other hand, if you're responsible for organizing an event, canceling sooner rather than later will let others make better plans. Overall, remember that the importance of our community's wellbeing should be more important than saving a few dollars.

9. Know how to deal with emotions and when to ask for help. Accept your emotions for now. Otherwise, you'll get sad about being sad or anxious about being anxious. You don't need to justify your emotions. Simplify them and let go of the metaphors you hear in songs and movies.

Know it will pass. If it's prolonged, please ask for help. Talk to a counselor and/or your primary care provider. Getting help when needed is a sign of maturity and wisdom. And, don't wait until you're at wit's end; get help early and often.

10. Most of all, be kind and compassionate. Money can buy happiness, but only if you use it to help others. We've evolved to take joy in helping others, connecting with others, and working in teams. That's how we humans without claws and fangs survived.

The happiest people are not the richest ones, but the ones who have learned to be compassionate. A concerning number of people have died, and unfortunately will die from COVID-19, and we are treating it as an emergency, but all of us suffer when there's a lack of compassion. Think of the people closest to you and how you want them to be happy and healthy, and then bring those same thoughts and feelings to others. Be generous with your kind words and your kind deeds. We all will benefit, and so will you. COVID-19 is a wakeup call, a reminder that people are suffering emotionally and physically. Our salvation is in our compassion.

Dr. Jay Winner is a family physician and founder of Sansum Clinic's Stress Reduction Program in Santa Barbara. Author of "Relaxation on the Run," Dr. Winner has a website, Stress Remedy.com, with more resources, including 14 free meditations and a video on dealing with panic and anxiety.

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From the Santa Monica History Museum



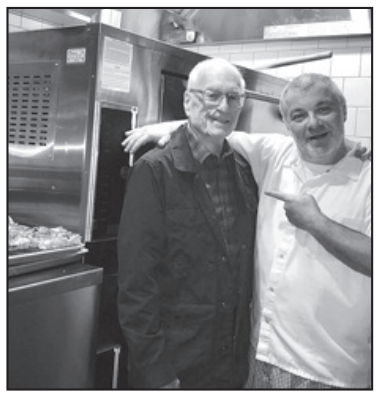
Shirley Temple and Jane Withers, 1934--
Child star and Santa Monica native Shirley Temple poses with Jane Withers on the set of "Bright Eyes." This image and Temple's plaid dress were to be on display at the Santa Monica History Museum's annual Shirley Temple Birthday Tea Party in April. Courtesy: Santa Monica History Museum, Albert Bresnik Collection.

Venice Way Pizza Opens Its New Take-Out Window

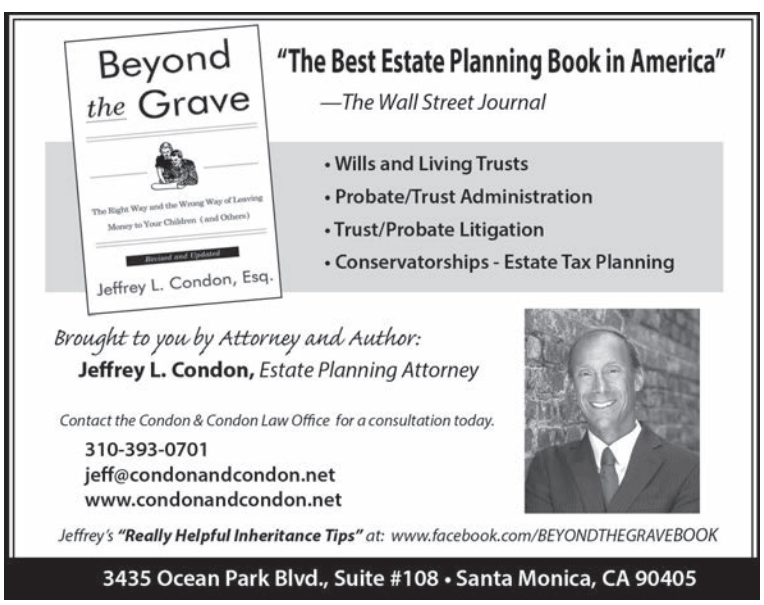
Venice Way Pizza is now open for takeaway from 11 a.m.-5 p.m. The Venice Way Pizza take-out window specializes in L.A.-style pan pizza – 5x5 inch "slabs" of crunchy, hearty, but light, flavorful pizza with locally-sourced toppings including traditional cheese, pepperoni, and seasonal farmer's market finds.

For a slice, the cost is $4- Cheese and Veggie; $4.50- Pepperoni and Daily Special; and $5 for a House Salad. Pan pizzas which start at $22, include nine tasty slabs.

Venice Way Pizza is located on the corner of Venice Way and Pacific Ave at 1697 Pacific Ave, Venice, in front of the Hotel Erwin.



Erwin Sokol, Erwin Hotel owner, left, with Noel Brohner, creator of the new pizza menu at Venice Way Pizza. *Photo by Bernadette Lucier*





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Online Resources (Continued from Page 1)

• Reading and Math
The Los Angeles Public Library is offering reading lists and other activities at KidsPath, while the Brooklyn Library has started hosting virtual story times. (Note: Times are EST.) Many authors are also hosting story times on Instagram Live, including children's book author Mac Barnett (@macbarnett), who plans to read through his catalogue over the next month at 12 noon PST daily.

For math activities, there are numerous free sites with worksheets and games geared towards different grade levels, including Math Playground, Fun Brain, Math Score, and Bedtime Math.

Another fun option is to go "camping." Dozens of American Camp Association Accredited Camps – the gold star in safety and experience – are offering free, online, virtual camps for all kids. For contests, music, and chances to earn virtual badges, try The Girl Scouts of Tennessee. For virtual open mike and variety shows, try the LGBTQ friendly Camp Brave Trails (also local to the greater L.A. area). And, for printable activities, active routines – like yoga – and cooking ideas, try YMCA Camp Ernst.

Halley Stubis



Passing Through the Pico Neighborhood

Dairy-Free Living with Chef Jahrid

Chef Jahrid Longsworth, a resident of the Pico neighborhood and a middle school student, recently discovered that after years of dietary problems, he was allergic to dairy products.

He has been sharing dairy-free recipes that have been successful for him. This month, Jahrid chose to make Belizean Fry Jacks, a popular dish for breakfast in Belize, where his mom's family resides.

Belizean Fry Jacks

Ingredients
3 cups flour
1 tsp. salt
3 tsps. baking powder
1 Tbsp. shortening
1-½ cup warm water
Vegetable oil for frying

Method
Wash hands.
Collect all ingredients.
Sift flour and baking powder in mixing bowl.
Add salt.
Cut shortening into flour.
Add warm water to make a soft, but not sticky, dough.
Knead on a floured surface.
Cut and roll into 2" balls.
Let rest for 20-30 mins.
Flatten and cut into thirds.
Heat oil in frying pan.
Fry on each side until golden brown.
Serve hot.
Fry Jacks are great for breakfast with powdered sugar, honey, or pancake syrup, or cheese and bacon.



Jahrid is showing the flattened Jack before it is fried.



Jahrid has prepared the Fry Jacks into 2" balls.



Here are the finished Fry Jacks, ready for topping.

Spring Students of the Month



Sixth grade student journalists from Carlthorp School met with presidential candidate Tom Steyer at the Iowa Caucus in February. From left, Taylor G., Tom Steyer, Aven S., Kayla G., and Owen Grant K.

The 2020 presidential season kicked off February 3 at the Iowa Caucuses, and four local sixth grade students from Carlthorp School were there to cover the action. The Carlthorp students interviewed several presidential candidates including Vice President Joe Biden, learned from national journalists and experts including CNN's Chief Political Correspondent Dana Bash, and published their own stories. The students attended the Caucuses through a program offered by KidUnity (www.kidunity.us), a local nonprofit that engages students in service learning and civic leadership.

We often highlight the students of the month with Jennifer Bennett at the Fairmont Miramar Hotel where they are acknowledged for their work in the community. They receive certificates and a tour of the hotel. Hopefully, they will be recognized in the future.

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