smdp
Santa Monica Daily Press

MONDAY
04.05.21
Volume 20 Issue 121

Puzzles & Stuff
Pages 2 & 3

Santa Monica Star
Pages inside this issue.

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WISE virtual programming helps seniors stay healthy and engaged

CLARA HARTER
SMDP Staff Writer

A year of isolation has taken a strong toll on many seniors' health, but in Santa Monica WISE's virtual programming has helped over 400 aging residents stay fit, mentally stimulated, and socially connected.

While the Club WISE senior center is closed for in-person services, WISE & Healthy aging, a nonprofit social services organization, has brought its many classes online. Although some seniors were initially hesitant about the virtual programming, WISE workers spent time teaching members how to set up their Zoom classes and have been very impressed by members' responses.

"Man do their faces light up when they get to see each other in each other's living rooms," said Brandi Orton, vice president, WISE member services & management. "None of them had ever been on Zoom before and they love that they can see each other and that they feel connected in that way."

WISE now offers around 60 virtual programs a month including art classes, exercise classes, wellness discussions, cooking tutorials, and lectures by college professors. For many members, this has been an essential resource over the past year.

Living through the pandemic has been challenging for everyone but especially for elderly community members. Many of these individuals lost all access to their social circles, their exercise outlets, and even their families.

Those residing in assisted living centers were often confined to their rooms for months at a time as their facilities went into full lock-downs to avoid the risk of a devastating outbreak.

"It's very heart wrenching to hear some of them say 'I don't go out because I might die; I love my grandchildren and I'm missing watching them grow up', so they're not only socially isolated, but they're sitting at home with a fear of death," said Orton.

Constant sitting in place is very bad for seniors citizens' physical health, as they need regular exercise to keep their aging bodies strong. Social isolation also takes a toll on many individuals' mental health, which has also been shown to reduce the longevity of elderly citizens. Furthermore, a lack of intellectual stimulation can decrease seniors' mental acuity.

WISE's virtual classes have been able to address all of these challenges, providing a vital resource to strengthen members' mental, physical, and emotional health during the pandemic.

Some of the health and fitness classes include yoga, tai chi, meditative movement, chair aerobics for people with arthritis and healing sound and breath work. They are also launching a special exercise and education class called 'A Matter of Balance' that has been proven to reduce the amount of falls senior citizens experience.

WISE's lecture and tutorial classes span a vast range of topics. Upcoming offerings include 'Hernan Cortez and the Aztec Conquest', 'The Search for True Mary Magdalene', and 'Funny Consequences of Technology'.

"Being able to participate in the lecture series that we have is stimulating because it allows you to immerse yourself in a different world just by being in your living room," said Orton. "A lot of the classes have participation pieces, so it's not just lectures where members are listening to an instructor talk but they are also actively engaging," said Orton.



Courtesy image

WISE: Like many groups, WISE has had to adapt its programming.

While Club WISE looks forward to hopefully welcoming members back in-person some time this fall, they will be running their virtual classes all spring and summer long. Orton said anyone who wants to learn more or sign up should call WISE at 310-394-9871.

Clara@smdp.com

Council asks for open space preservation at school sites

BRENNON DIXSON
SMDP Staff Writer

City Hall is asking school officials to rethink plans that could reduce public access to fields and open space on school grounds.

Council's decision to send a letter outlining their concerns was prompted by a February presentation to the Recreation and Parks Commission by SMMUSD officials. At that meeting, Carey Upton, Chief Operations Officer of the Santa Monica-Malibu Unified School District described projects that were recently completed, are still in-construction, or planned for the future at SMMUSD schools.

"In particular, Mr. Upton previewed plans SMMUSD currently is working on for the elementary and middle school campuses," a letter from the Recreation and Parks Commission to Council reads. "In many instances, the designs significantly reduce open and recreational space that the community has relied on and used for decades during non-school hours. Our City is notably park-poor and these campuses effectively

SEE **CONCERNS** PAGE 7

City Council Continues Housing Element Process

BRENNON DIXSON
SMDP Staff Writer

A divided city council advanced plans for the City's housing element last week after discussions about meeting state mandates expanded to cover possible solutions to questions of historic racial injustice.

Santa Monica must pass a housing element update that accounts for mandates to increase the city's housing stock by about 9,000 units. The discussion last week centered on options for densifying existing neighborhoods as a way to acknowledge the impact past discriminatory practices have had on housing development.



Courtesy photo

HOUSING: Santa Monica is debating how to meet state housing targets.

"At the beginning of tonight's meeting, from Planning Commissioner Nina Fresco, we saw a very comprehensive presentation about the history of zoning and exclusion in the City of Santa Monica. And I don't want anybody who lives here now to be taking it personal, but the truth is if you live in an exclusive neighborhood, you have

SEE **HOUSING** PAGE 7



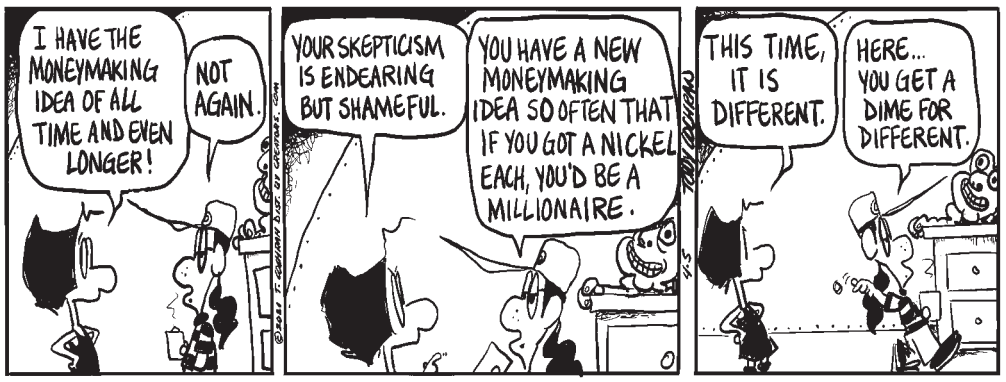
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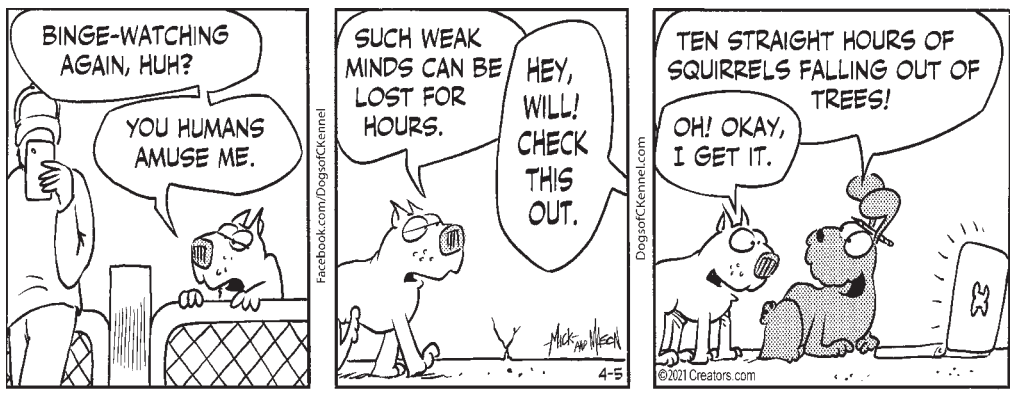
Agnes

By TONY COCHRAN



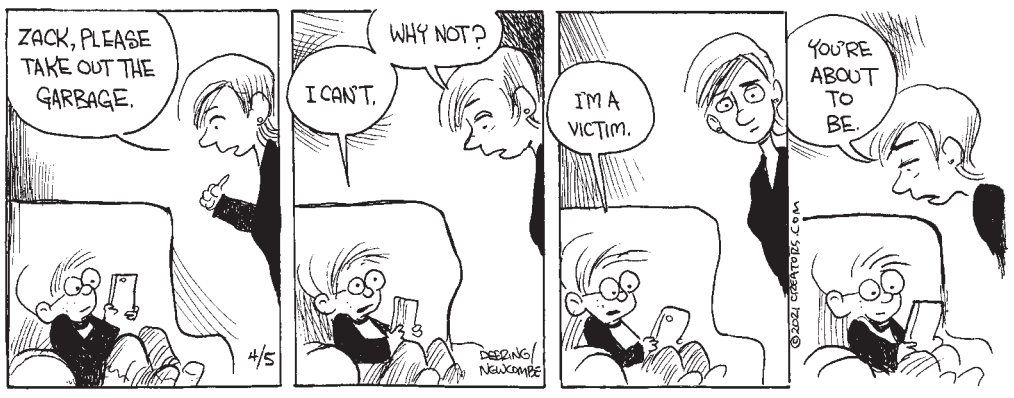
Dogs of C-Kennel

By MICK & MASON MASTROIANNI & JOHNNY HART



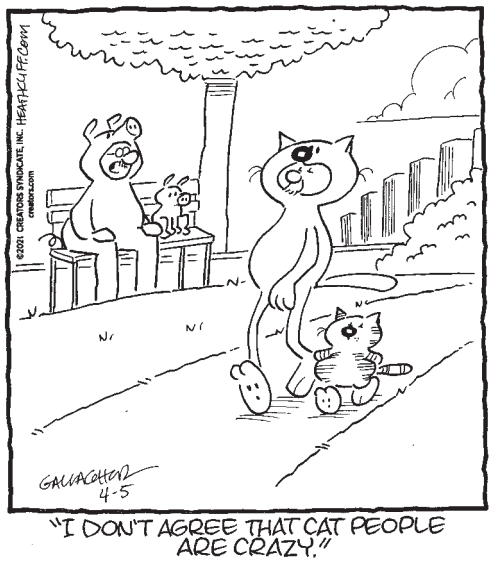
Zack Hill

By JOHN DEERING & JOHN NEWCOMBE



Heathcliff

By PETER GALLAGHER



Strange Brew

By JOHN DEERING





SURF FORECASTS

WATER TEMP: 57.2°

MONDAY - **FAIR** - SURF: 3-4ft Waist to chest high
Overlapping SSW swells with a bump in WNW swell possible through the afternoon.

TUESDAY - **GOOD** - SURF: 3-4ft+ Waist to shoulder high occ. 5 ft
Fun SSW swell tops out with potential for a minor rebuild in NW energy.

WEATHER

Monday: Patchy fog before 11am. Otherwise, partly sunny, with a high near 66.
Monday Night: Patchy fog after 11pm. Otherwise, mostly cloudy, with a low around 53..
Tuesday: Patchy fog before 11am. Otherwise, partly sunny, with a high near 66.

Date	Day	Time (LST/LDT)	Predicted (ft)	High/Low
2021/04/05	Mon	04:48 AM	4.61	H
2021/04/05	Mon	12:27 PM	-0.45	L
2021/04/05	Mon	7:32 PM	3.77	H
2021/04/06	Tue	12:27 AM	2.38	L
2021/04/06	Tue	06:08 AM	4.71	H
2021/04/06	Tue	1:18 PM	-0.56	L
2021/04/06	Tue	8:03 PM	4.12	H
2021/04/07	Wed	01:23 AM	1.84	L
2021/04/07	Wed	07:09 AM	4.85	H
2021/04/07	Wed	1:59 PM	-0.55	L
2021/04/07	Wed	8:30 PM	4.40	H
2021/04/08	Thu	02:07 AM	1.33	L
2021/04/08	Thu	07:58 AM	4.92	H
2021/04/08	Thu	2:32 PM	-0.41	L
2021/04/08	Thu	8:53 PM	4.64	H
2021/04/09	Fri	02:43 AM	0.91	L
2021/04/09	Fri	08:39 AM	4.88	H
2021/04/09	Fri	3:00 PM	-0.18	L
2021/04/09	Fri	9:15 PM	4.83	H
2021/04/10	Sat	03:17 AM	0.56	L
2021/04/10	Sat	09:15 AM	4.74	H

DAILY LOTTERY

POWERBALL
Draw Date: 3/31
3 10 44 55 68
Power#: 24
Jackpot: 32 M

MEGA MILLIONS
Draw Date: 3/30
11 37 47 53 56
Mega#: 15
Jackpot: 168 M

SuperLotto Plus
Draw Date: 3/31
4 26 36 37 42
Mega#: 5
Jackpot: 34 M

Fantasy 5
Draw Date: 4/1
17 26 27 28 29

Daily 3
Draw Date: 4/1
EVENING: 5 4 9

Draw Date: 4/1
MIDDAY: 0 1 5

Daily Derby
Draw Date: 4/1
1st: 10 - Solid Gold
2nd: 06 - Whirl Win
3rd: 05 - California Classic
Race Time: 1:48.08

Although every effort is made to ensure the accuracy of the winning number information, mistakes can occur. In the event of any discrepancies, California State laws and California Lottery regulations will prevail. Complete game information and prize claiming instructions are available at California Lottery retailers. Visit the California State Lottery web site at http://www.calottery.com

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TODAY'S BIRTHDAY (APRIL 5)

Multifaceted prosperity will be a hallmark of the year. You'll either like what you're attracting or tweak your output until you do. Love comes on waves of practicality, earning your trust and allowing you to revel in the joys and perks of teamwork. September features joint ventures and the acquisition of skills. Scorpio and Capricorn adore you. Your lucky numbers are: 4, 22, 7, 17 and 49.

ARIES (March 21-April 19). You're not working for the praise. You really want to learn from the task at hand. The applause makes the work more pleasant, though. Beware the addictive quality of approval.

TAURUS (April 20-May 20). Because you know how to have fun, you also know how to (SET ITAL) be (END ITAL) fun. This is what you'll bring to others today -- a playful sensibility that keeps the day percolating with interest.

GEMINI (May 21-June 21). There will be a strong urge to poke around and figure out how things work. Some disassembly will be required. It gets especially interesting when you apply the concept on a psychological level.

CANCER (June 22-July 22). Reputation is a shadow. Sometimes its contours seem exactly like you; other times, it presents a grand distortion. Either way, neither your shadow nor your reputation will ever be the real you.

LEO (July 23-Aug. 22). While you may have a complicated relationship with authority, you like accountability very much. In fact, where none exists, you'll proactively create it.

VIRGO (Aug. 23-Sept. 22). To know who a person is, study what the person does. That's the rule to remember today, as you'll be hearing stories and getting marketed to nonstop with pretty words that only mean as much as their supporting evidence.

LIBRA (Sept. 23-Oct. 23). You'll do the same thing. Technically, it works just fine, but it won't feel like before, because you've changed. These are early signs. No need to make a move yet. A curiosity is growing in you. More information is coming.

SCORPIO (Oct. 24-Nov. 21). Society may prioritize personality traits and qualities of influence over values like nobility of heart, mind and deed, but your depth of soul prevents you from caving to this shallowness.

SAGITTARIUS (Nov. 22-Dec. 21). Whenever you have an experience that raises the excitement-level high, it also raises the bar high for future experiences. To some extent, you've got your hand on the controls of life today. Happiness will be a pace.

CAPRICORN (Dec. 22-Jan. 19). Many skills are nontransferable. With modesty, you'll learn what's needed for a new arena. People appreciate your confident yet modest opinion of your own importance.

AQUARIUS (Jan. 20-Feb. 18). As for the posturing people, you read their ambition as a desire to evolve instead of a pose to trick people. To some extent, pretending is part of the learning process. Of course, there's a line. You'll draw it today.

PISCES (Feb. 19-March 20). Aside from Stretch Armstrong and Jell-O, very few things, once moved, will revert to their original state. That's what makes it so remarkable today when a relationship resumes as though nothing happened.

SOLUTIONS TO YESTERDAY'S CROSSWORD

R	A	T	E	D	T	V	G	■	Q	A	N	T	A	S
I	L	O	V	E	Y	O	U	■	U	N	B	O	L	T
B	L	U	E	N	I	L	E	■	A	D	C	O	P	Y
S	A	G	■	■	N	E	S	T	S	■	■	L	O	X
■	■	H	A	N	G	■	S	H	A	F	T	■	■	■
I	N	C	U	B	I	■	E	A	R	C	A	N	D	Y
M	O	R	G	A	N	■	D	I	S	C	O	E	R	A
M	O	O	■	■	■	■	■	■	■	■	■	T	O	P
A	S	W	A	N	D	A	M	■	I	C	E	P	O	P
D	E	D	I	C	A	T	E	■	N	E	A	R	L	Y
■	■	■	L	O	R	A	X	■	A	L	T	O	■	■
A	P	T	■	■	E	D	I	T	H	■	■	F	L	A
T	R	O	J	A	N	■	Q	U	E	S	T	I	O	N
M	O	R	E	N	O	■	U	T	A	U	S	T	I	N
S	P	Y	B	O	T	■	E	S	P	R	E	S	S	O

Sudoku

Fill in the blank cells using numbers 1 to 9. Each number can appear only once in each row, column, and 3x3 block. Use logic and process of elimination to solve the puzzle.

4		2			6		1	
	9			1		2		3
		3	9		8		4	
	7	5		8				1
	6		3		7		9	
2				9		8	6	
	5		1		4	3		
6		9		5			7	
	4		2			6		8

SOLUTIONS TO YESTERDAY'S SUDOKU

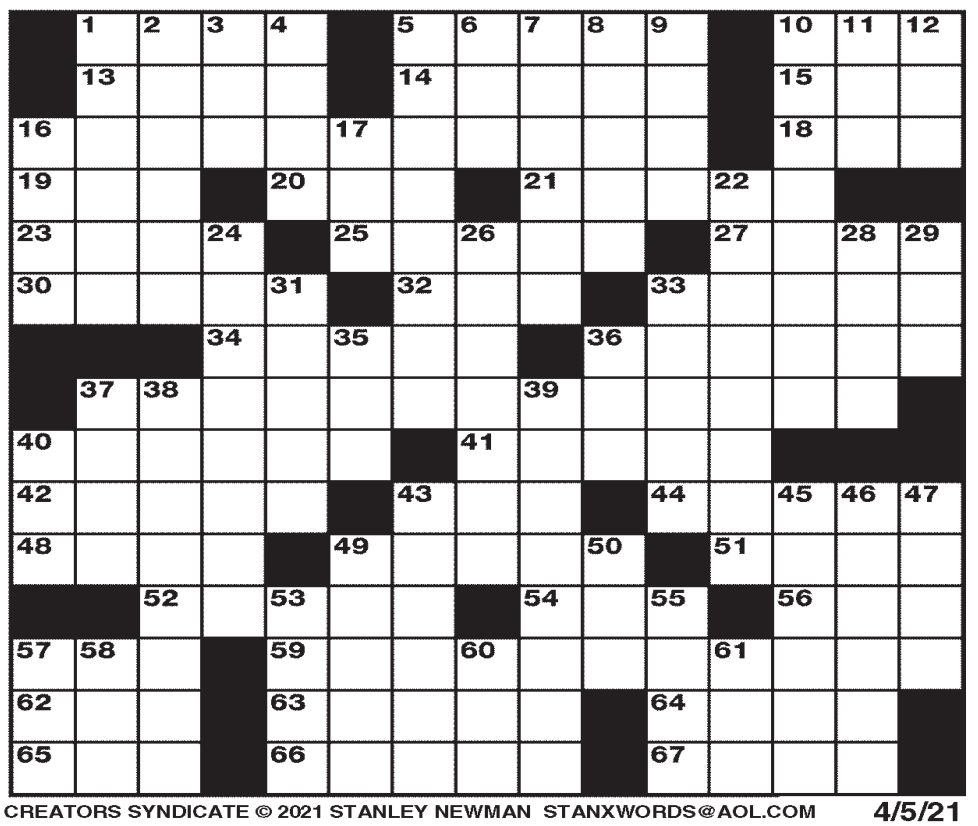
8	3	5	1	7	4	6	2	9
9	6	4	3	8	2	5	1	7
7	1	2	9	6	5	4	3	8
3	4	6	5	1	8	7	9	2
5	2	8	7	9	3	1	4	6
1	9	7	4	2	6	3	8	5
6	5	9	2	3	1	8	7	4
4	7	3	8	5	9	2	6	1
2	8	1	6	4	7	9	5	3

Newsday Crossword

BALL STRIKERS by Sally R. Stein
Edited by Stanley Newman
www.stanxwords.com

ACROSS
1 Condiment in a shaker
5 Is priced at
10 Multiyear savings accts.
13 "Not guilty," for one
14 ". . . had a farm, ___"
15 Move like a rabbit
16 Implements in a horseback sport
18 With a frosty covering
19 Ingested
20 Letter after kay
21 Sharp point of a rose
23 Gear teeth
25 Flexible, as a gymnast
27 Neighborhood
30 Posed to propose
32 Get a look at
33 "Right of way" traffic sign
34 Major blood vessel
36 Person from Melbourne, for short
37 Implements in a net sport
40 Boxed up for shipping
41 Black and white cookies
42 Desert spot with water
43 Hair of a bear
44 Push gently
48 Computer storage measure
49 Slip into, as a blouse
51 Lowly worker
52 Solos in operas
54 Letter before zee
56 Angry
57 Stomach muscles, familiarly
59 Implements in a British sport
62 Hawaiian floral necklace
63 Make amends
64 Shape of a funnel
65 When a plane is expected: Abbr.
66 Kids' live-in caretaker
67 Jekyll's evil side

DOWN
1 Exactly correct, informally
2 Claim in a courtroom
3 Zodiac feline
4 Gentle, as a horse
5 People playing large stringed instruments
6 Liquid for frying
7 Get ready to rage
8 10% church donation
9 Just adequate
10 Where a head touches a violin
11 Physician, for short
12 Secret agent
16 Fill your suitcase
17 Everyone
22 Lifts a glass, as for a toast
24 At more of an angle
26 Remove by ripping
28 Yale students
29 "Drink" suffix for lemon
31 Musical notes
33 Northwest Canadian territory
35 Get ___ of (throw away)
36 Top card in poker
37 Cafeteria's plate holder
38 China and Japan's region
39 What to press to move a cursor
40 Corn eater's discard
43 Combination of different cuisines
45 Insist upon
46 Pointy beard
47 Conclusions
49 First section of something
50 TV "Science Guy" Bill
53 "Not if ___ help it!"
55 Engrave deeply
57 Pub beverage
58 Make a wager
60 Atlanta-based news channel
61 Young lad



CREATORS SYNDICATE © 2021 STANLEY NEWMAN STANXWORDS@AOL.COM 4/5/21

Binary Puzzle

Each cell should contain a zero or a one. No more than two similar numbers below or next to each other are allowed. Each row and each column is unique and contains as many zeros as ones.

SOLUTIONS TO YESTERDAY'S PUZZLE

0	1	0	1	0	1	0	0	1	0	1	1
0	1	1	0	0	1	0	1	0	1	0	1
1	0	0	1	1	0	1	1	0	0	1	0
1	1	0	0	1	0	1	0	1	1	0	0
0	1	1	0	0	1	0	1	0	0	1	1
1	0	0	1	0	1	0	0	1	1	0	1
0	1	1	0	1	0	1	1	0	0	1	0
0	0	1	1	0	1	1	0	1	1	0	0
1	0	0	1	1	0	0	1	0	0	1	1
1	1	0	0	1	0	0	1	0	1	1	0
0	0	1	1	0	1	1	0	1	0	0	1
1	0	1	0	1	0	1	0	1	1	0	0

			0		0			0			
					1						
	0				1		0		1	1	
		1								1	
				0				0			0
						1					
0				1				1		0	0
		0		1							
1		0						1		1	1
	1										
				0		0		1		0	0
		1			1			1		0	0



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Classifieds

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Name Change

ORDER TO SHOW CAUSE FOR CHANGE OF NAMECase No. 21SMCP00108Superior Court of California, County of Los AngelesPetition of Anil Arunrao Timbe and Prajakta Madhav Sakhavalkar for Change of NameTO ALL INTERESTED PERSONS:Petitioner or Attorney: Anil Arunrao Timbe and Prajakta Madhav Sakhavalkar filed a petition with this court for a decree of changing names as follows Anil Arunrao Timbe to Krishnapriya Anil Timbe . The court orders that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Notice of Hearing: Date May 14th , 2021 Time: 8:30 a.m, Dept: K, Room: A-203. The address of the court is SUPERIOR COURT OF CALIFORNIA - COUNTY OF LOS ANGELES, 1725 MAIN STREET, SANTA MONICA, CA 90401A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Santa Monica Daily Press.Date: 03/09/2021

ORDER TO SHOW CAUSE FOR CHANGE OF NAMECase No. 21SMCP00003Superior Court of California, County of Los AngelesPetition of Juan Carlos Tarango for Change of NameTO ALL INTERESTED PERSONS:Petitioner or Attorney: Juan Carlos Tarangor filed a petition with this court for a decree of changing names as follows Juan Carlos Tarango to Andres Morrison Tarango . The court orders that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Notice of Hearing: Date April 30th , 2021 Time: 8:30 a.m, Dept: K, Room: A-203. The address of the court is SUPERIOR COURT OF CALIFORNIA - COUNTY OF LOS ANGELES, 1725 MAIN STREET, SANTA MONICA, CA 90401A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Santa Monica Daily Press.Date: 03/12/2021

ORDER TO SHOW CAUSE FOR CHANGE OF NAMECase No. 21SMCP00015Superior Court of California, County of Los AngelesPetition of Rami Joseph Najjar for Change of NameTO ALL INTERESTED PERSONS:Petitioner or Attorney: Rami Joseph Najjar filed a petition with this court for a decree of changing names as follows Rami Joseph Najjar to Rami Joseph . The court orders that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Notice of Hearing: Date April 30th , 2021 Time: 8:30 a.m, Dept: K, Room: A-203. The address of the court is SUPERIOR COURT OF CALIFORNIA - COUNTY OF LOS ANGELES, 1725 MAIN STREET, SANTA MONICA, CA 90401A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Santa Monica Daily Press.Date: 03/15/2021

ORDER TO SHOW CAUSE FOR CHANGE OF NAMECase No. 21SMCP00115Superior Court of California, County of Los AngelesPetition of Krishna Murthy Mamidibathula Radha for Change of NameTO ALL INTERESTED PERSONS:Petitioner or Attorney: Krishna Murthy Mamidibathula Radha filed a petition with this court for a decree of changing names as follows Krishna Murthy Mamidibathula Radha to RadhaKrishna Murthy Mamidibathula . The court orders that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Notice of Hearing: Date May 21st, 2021 Time: 8:30 a.m, Dept: K, Room: A-203. The address of the court is SUPERIOR COURT OF CALIFORNIA - COUNTY OF LOS ANGELES, 1725 MAIN STREET, SANTA MONICA, CA 90401A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Santa Monica Daily Press.Date: 03/17/2021

ORDER TO SHOW CAUSE FOR CHANGE OF NAMECase No. 21SMCP00097Superior Court of California, County of Los AngelesPetition of Alain Daniel Sheff-Broulard for Change of NameTO ALL INTERESTED PERSONS:Petitioner or Attorney: Alain Daniel Sheff-Broulard filed a petition with this court for a decree of changing names as follows Alain Daniel Sheff-Broulard to Alain Daniel Broulard . The court orders that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Notice of Hearing: Date May 14th , 2021 Time: 8:30 a.m, Dept: K, Room: A-203. The address of the court is SUPERIOR COURT OF CALIFORNIA - COUNTY OF LOS ANGELES, 1725 MAIN STREET, SANTA MONICA, CA 90401A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Santa Monica Daily Press.Date: 03/04/2021

ORDER TO SHOW CAUSE FOR CHANGE OF NAMECase No. 21SMCP00063Superior Court of California, County of Los AngelesPetition of Dorothy Josephine Navarro for Change of NameTO ALL INTERESTED PERSONS:Petitioner or Attorney: Dorothy Josephine Navarro filed a petition with this court for a decree of changing names as follows Dorothy Josephine Navarro to Dorothy Amaro . The court orders that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Notice of Hearing: Date May 14th , 2021 Time: 8:30 a.m, Dept: K, Room: A-203. The address of the court is SUPERIOR COURT OF CALIFORNIA - COUNTY OF LOS ANGELES, 1725 MAIN STREET, SANTA MONICA, CA 90401A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Santa Monica Daily Press.Date: 03/19/2021

ORDER TO SHOW CAUSE FOR CHANGE OF NAMECase No. 21SMCP00107Superior Court of California, County of Los AngelesPetition of Emma Aguila Vega and Erick Guerrero for Change of NameTO ALL INTERESTED PERSONS:Petitioner or Attorney: Emma Aguila Vega and Erick Guerrero filed a petition with this court for a decree of changing names as follows Sophia Guerrero to Sophia Guerrero Aguila . The court orders that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Notice of Hearing: Date May 21 , 2021 Time: 8:30 a.m, Dept: K, Room: A-203. The address of the court is SUPERIOR COURT OF CALIFORNIA - COUNTY OF LOS ANGELES, 1725 MAIN STREET, SANTA MONICA, CA 90401A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Santa Monica Daily Press.Date: 03/12/2021

KNOW BEFORE YOU GO

Month of April, 2021

ANNUAL WATER MAIN REPLACEMENT PROJECT

For the month of April, 2021 the contractor will finish connecting the newly installed water main on Idaho Avenue at 25th Street. Notices will be handed out to affected properties. Traffic on Idaho Avenue at 25th Street will be reduced to one lane. Please use alternate routes whenever possible. If you have any questions or concerns, please contact Carlos Rosales at carlos.rosales@smgov.net or (310) 458-2201, x2620.

ADVANCED TRAFFIC MANAGEMENT SYSTEM, PHASE 5 PROJECT

For the month of April, 2021, this project will upgrade the traffic signal equipment at four locations and install fiber optic cables along Montana Ave and 26th St.; The project will provide transit priority along the corridor, allow for real-time remote monitoring and management of the traffic signals, provide public Wi-Fi along the corridor, and connect the San Vicente Reservoir and the Montana Avenue Branch Library to the City's network. We appreciate your patience during the project, to provide this safety improvement and public enhancements. If you have any questions or concerns, please contact Jay Dinkins at jay.dinkins@smgov.net or (310) 458-8291.

CITY YARDS MODERNIZATION PROJECT

For the month of April, 2021, construction will impact the project area located at 2500 Michigan Ave, which will affect the sidewalk and parking lane on the north side of Delaware Ave just east of 24th St. Please contact Senior Construction Manager Sebastian Felbeck at sebastian.felbeck@smgov.net or (310) 434-2675 with any questions/concerns regarding this project.

SUSTAINABLE WATER INFRASTRUCTURE PROJECT (SWIP) Underground Work

For the month of April, 2021, (until 7/31/21) underground electrical and pipeline work on Pico Blvd near 3rd Street intersection. Temporary lane closures are as follows:
1. Expect delays on westbound and eastbound Pico Blvd from Main St to 4th St
2. One lane of traffic in each direction on Pico Blvd
3. Temporary loss of parking on eastbound Pico Blvd.

Please contact Jason Hoang, Construction Manager, at Jason.hoang@smgov.net or (310) 351-7913 with any questions/concerns regarding this project.

PEDESTRIAN IMPROVEMENTS AT 4 SCHOOLS PROJECT

During the month of April, 2021 this project will include construction of storm drain improvements, sidewalk improvements, new curb ramps and bumpouts at the intersections of 14th St/Pine Ave, 14th St/Pearl Ave and 16th St/Pearl Ave. Minimal parking impacts where Temporary No Parking signs are posted. Please use alternate routes when possible. If you have any questions or concerns, please contact Saad Malim at saad.malim@smgov.net or (310) 458-2201, x5048.

ALLEY RENEWAL PROGRAM

For the month of April, 2021 through December 2021, Street Maintenance Crews will begin alley repair work as part of the Alley Renewal Program in the 900 Blk of 20th Court (the alley between 20th & 21st). The scope of this work involves alley resurfacing and water box upgrade. This project is citywide and will involve repairs across multiple locations from 8am to 3:300pm. Please use alternate routes whenever possible. If you have any questions or concerns, please contact Tyler Brown at tyler.brown@smgov.net or (310) 458-8212.

NON-POTABLE WATER MAIN PROJECT

For the month of April, 2021 the contractor will continue with locating existing utilities on Cloverfield Blvd and Michigan Avenue. The contractor will also begin installation of the new non-potable water main on 17th Street between Delaware Ave and Pico Blvd. The contractor will maintain one lane of traffic in the southbound direction on Cloverfield Blvd and Michigan Avenue and in each direction on 17th Street. Please use alternate routes whenever possible. If you have any questions or concerns, please contact Carlos Rosales at carlos.rosales@smgov.net or (310) 458-2201, x2620.

ANNUAL PAVING AND SIDEWALK REPAIR PROJECT

For the month of April, the sidewalk repair portion of this project will begin in area 10 North of the City. This area is bounded by 20th Street, San Vicente, 26th Street, and Montana Ave. The project involves minor sidewalk closures, parking restrictions, but no vehicle lane closures. Please use alternate routes whenever possible. If you have any questions or concerns, please contact Selim Eren at selim.eren@smgov.net or (310) 458-2201 x5701.

TREE TRIMMING PROJECT

For the month of April, 2021 tree trimming will take place as the City's tree crews will be pruning the palms on Wilshire Blvd between Ocean Ave and Centinela Ave. There will be right lane closures along the entire way as they progress. Please use alternate routes whenever possible. Please contact Peter Provenzale at (310) 458-2201 ext. 2782 or peter.provenzale@smgov.net if you have any questions regarding this project.

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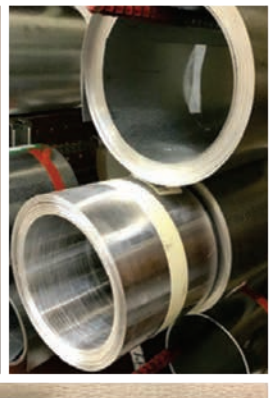
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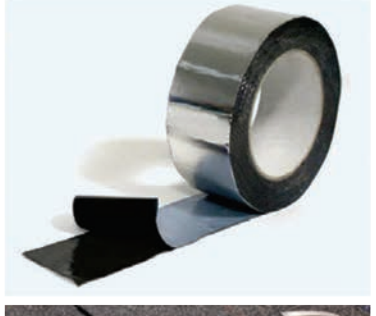


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Name Change

ORDER TO SHOW CAUSE FOR CHANGE OF NAMECase No. 21TRCP00084Superior Court of California, County of Los AngelesPetition of Karen Cathrine Bito-on Escal for Change of NameTO ALL INTERESTED PERSONS:Petitioner or Attorney: Karen Cathrine Bito-on Escal filed a petition with this court for a decree of changing names as follows A. Karen Cathrine Bito-on Escal to Katherine Jay B. Escal (b). Jerrilyn Avielle Escal Santos to Gwenith Corazon B. Santos The court orders that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Notice of Hearing: Date May 14th , 2021 Time: 8:30 a.m, Dept: K, Room: A-203. The address of the court is SUPERIOR COURT OF CALIFORNIA - COUNTY OF LOS ANGELES, 825 Maple Ave Torrance, CA 90503A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Santa Monica Daily Press.Date: 03/23/2021

ORDER TO SHOW CAUSE FOR CHANGE OF NAMECase No. 21SMCP00108Superior Court of California, County of Los AngelesPetition of Sharline Kashfian-Halimi, Frida Kashfian-Halimi for Change of NameTO ALL INTERESTED PERSONS:Petitioner or Attorney: Sharline Kashfian-Halimi, Frida Kashfian-Halimi filed a petition with this court for a decree of changing names as follows A. Sharline Kashfian-Halimi to Sharline Kashfian. B. Frida Kashfian-Halimi to Frida Kashfian The court orders that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Notice of Hearing: Date May 21 , 2021 Time: 8:30 a.m, Dept: K, Room: A-203. The address of the court is SUPERIOR COURT OF CALIFORNIA - COUNTY OF LOS ANGELES, 1725 MAIN STREET, SANTA MONICA, CA 90401A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: Santa Monica Daily Press.Date: 03/12/2021

PLACE YOUR CLASSIFIED HERE

DBA

FICTITIOUS BUSINESS NAME STATEMENT FILE NUMBER: 2021050944 ORIGINAL FILING This statement was filed with the County Clerk of LOS ANGELES on 03/01/2021 . The following person(s) is (are) doing business as Infinity Mom3nts 3711 Moore St Los Angeles, CA 90066. The full name of the registrant(s) is/are Garrett Samuel Safron 3711 Moore St Los Angeles, CA 90066. This Business is being conducted by: Individual . The registrant commenced to transact business under the fictitious business name or names listed on (Date) N/A Registrant/Corp/ LLC Name /s/: Garrett Samuel Safron Title: Owner Garrett Samuel Safron, Garrett Samuel Safron This statement was filed with the County Clerk of LOS ANGELES County on 02/11/21 NOTICE: THIS FICTITIOUS BUSINESS NAME STATEMENT EXPIRES FIVE YEARS FROM THE DATE IT WAS FILED IN THE OFFICE OF THE COUNTY CLERK. A NEW FICTITIOUS BUSINESS NAME STATEMENT MUST BE FILED PRIOR TO THAT DATE. The filing of this statement does not of itself authorize the use in this state of a fictitious business name statement in violation of the rights of another under federal, state, or common law (see Section 14411et seq.,Business and Professions Code). SANTA MONICA DAILY PRESS to publish 03/22/21, 03/29/21, 04/05/21, 04/12/21

FICTITIOUS BUSINESS NAME STATEMENT FILE NUMBER: 2021051814 ORIGINAL FILING This statement was filed with the County Clerk of LOS ANGELES on 03/01/2021 . The following person(s) is (are) doing business as Top Quality Hair 834 E 75th St Los Angeles, CA 90001. The full name of the registrant(s) is/are Chandra Moss 834 E 75th St Los Angeles, CA 90001 This Business is being conducted by: Individual . The registrant commenced to transact business under the fictitious business name or names listed on (Date) 01/2021 Registrant/Corp/ LLC Name /s/: Chandra Moss Title: Owner Chandra Moss , Chandra Moss This statement was filed with the County Clerk of LOS ANGELES County on 02/11/21 NOTICE: THIS FICTITIOUS BUSINESS NAME STATEMENT EXPIRES FIVE YEARS FROM THE DATE IT WAS FILED IN THE OFFICE OF THE COUNTY CLERK. A NEW FICTITIOUS BUSINESS NAME STATEMENT MUST BE FILED PRIOR TO THAT DATE. The filing of this statement does not of itself authorize the use in this state of a fictitious business name statement in violation of the rights of another under federal, state, or common law (see Section 14411et seq.,Business and Professions Code). SANTA MONICA DAILY PRESS to publish 03/22/21, 03/29/21, 04/05/21, 04/12/21

DBA

FICTITIOUS BUSINESS NAME STATEMENT FILE NUMBER: 2021062424 ORIGINAL FILING This statement was filed with the County Clerk of LOS ANGELES on 03/12/2021 . The following person(s) is (are) doing business as Imagine Box 8383 Wilshire Blvd Suite 1000 Beverly Hills, CA 90211 . The full name of the registrant(s) is/are Anna Marcea 8383 Wilshire Blvd Suite 1000 Beverly Hills, CA 90211 This Business is being conducted by: Individual . The registrant commenced to transact business under the fictitious business name or names listed on (Date) N/A Registrant/Corp/ LLC Name /s/: Anna Marcea Title: Owner Anna Marcea, Anna Marcea This statement was filed with the County Clerk of LOS ANGELES County on 02/11/21 NOTICE: THIS FICTITIOUS BUSINESS NAME STATEMENT EXPIRES FIVE YEARS FROM THE DATE IT WAS FILED IN THE OFFICE OF THE COUNTY CLERK. A NEW FICTITIOUS BUSINESS NAME STATEMENT MUST BE FILED PRIOR TO THAT DATE. The filing of this statement does not of itself authorize the use in this state of a fictitious business name statement in violation of the rights of another under federal, state, or common law (see Section 14411et seq.,Business and Professions Code). SANTA MONICA DAILY PRESS to publish 03/22/21, 03/29/21, 04/05/21, 04/12/21

FICTITIOUS BUSINESS NAME STATEMENT FILE NUMBER: 2021066398 ORIGINAL FILING This statement was filed with the County Clerk of LOS ANGELES on 03/17/2021 . The following person(s) is (are) doing business as Hi Note 1880 Centruy Park E STE 1600 Los Angeles, CA 90067 . The full name of the registrant(s) is/are RRJ Blends, Inc 1880 Centruy Park E STE 1600 Los Angeles, CA 90067 This Business is being conducted by: Corporation . The registrant commenced to transact business under the fictitious business name or names listed on (Date) 01/2021 Registrant/Corp/ LLC Name /s/: RRJ Blends, Inc Title: Secretary Justin Coit, Justin Coit This statement was filed with the County Clerk of LOS ANGELES County on 03/17/21 NOTICE: THIS FICTITIOUS BUSINESS NAME STATEMENT EXPIRES FIVE YEARS FROM THE DATE IT WAS FILED IN THE OFFICE OF THE COUNTY CLERK. A NEW FICTITIOUS BUSINESS NAME STATEMENT MUST BE FILED PRIOR TO THAT DATE. The filing of this statement does not of itself authorize the use in this state of a fictitious business name statement in violation of the rights of another under federal, state, or common law (see Section 14411et seq.,Business and Professions Code). SANTA MONICA DAILY PRESS to publish 04/05/21, 04/12/21, 04/19/21, 04/26/21

CONCERNS

FROM PAGE 1

are used as our city's neighborhood parks. In recognition of this, all of the campuses are subject to the City-SMMUSD joint use agreements and the Playground Partnership."

After discussion with residents and amongst Commissioners, the Recreation and Parks Commission voted unanimously to recommend that Council ask the SMMUSD School Board to prioritize open space and recreational functions when developing site improvements. The Commission also wanted staff to review the Master Facilities Use Agreement between SMMUSD and the City of Santa Monica to ensure that improvements proposed at the public schools are consistent with prior agreements.

Councilmember Phil Brock said he happened to sit in on part of the February meeting when he shared with Council Wednesday that the Commission was worried that, in some cases, the fields used as parks on evenings and weekends could be reduced. As a result, he asked Council to consider the recommendations from the Recreation and Parks Commission.

Even though the motion wasn't heard until 2 a.m. Wednesday, Board President Jon Kean stayed up to speak about the matter during public comment.

"Our school district values open space and will work to preserve it at all of our school sites. We are aware of the city's interests and we share them," Kean said, adding, as a school board, he and his peers must look at every situation and ask what is optimal for students. "We understand the role that open space plays in our curriculum, and we will work to maintain, defend and improve it."

Council voted unanimously to forward the letter to SMMUSD's board of education.

SMMUSD officials have said they intend to hold a meeting April 29 that will feature further discussion on facilities and improvements to local campuses..

Brennon@smdp.com

HOUSING

FROM PAGE 1

to look at the history and think about who got excluded," Councilman Kevin McKeown said. "And I think that we as a city council... have to take this really seriously and there's going to be making some difficult decisions, which I don't think this motion yet makes."

He said he wanted to include direction to staff to explore meaningful ways to make housing opportunities available in formerly exclusive neighborhoods to "really create diversity and integration in our community, which I think many people want" and that if Santa Monica made good-faith efforts to meet affordable housing goals, perhaps additional state or federal money would be made available to pay for associated costs.

McKeown said he was motivated to look at the issue by overlaying a map of identifiable housing sites with a historic map of racist redlined neighborhoods. "The conjunction of the two was pretty chilling, frankly, and I think we need to think beyond what has been okay and accepted," he said.

One proposal in the element calls for prioritizing City-owned land for 100% affordable housing projects.

"Talk about having skin in the game, we're making it very clear that we embrace the idea of affordable housing in the City of Santa Monica, as we have for many, many years," McKeown said.

He and others in the meeting proposed a number of potential ordinances that could come back for discussion in the future.

Councilmembers were asked to declare if they support making changes in R1 zoning and Councilmembers Oscar de la Torre, Sue Himmelrich, Gleam Davis and Kristin McCowan raised their hands. McKeown motioned shortly after to direct staff to: explore options to densify areas that historically excluded diverse populations and affordable housing and promote diversity and inclusion in every neighborhood in Santa Monica. Staff was also directed, among other things, to develop a compliant Housing Element that addresses historic discrimination and satisfies Affirmatively Furthering Fair Housing, explore accessory dwelling unit incentives in R1 areas, including potential for deed-restricted ADUs, and continue to invest in tools and programs to keep Santa Monicans in their homes.

This motion was adopted by Council in a 4-3 vote.

Christine Parra and Phil Brock joined de la Torre in voting no. Brock voiced concerns about the affordable housing overlay zone, which would allow 100% affordable housing projects with a minimum of four stories to be built in residential zones without a limit on density.

"I don't want to saddle neighbors in the city in any part, and I consider everyone in the city my neighbor, I don't want to saddle people with a potential four story building next to them," Brock said before the vote. "This is supposed to be a beachside community. Now look it, I support affordable housing and knowing that we have almost as many market-rate units as we need to fulfill the state requirement gives me some hope because we don't need to do that much more. So, I do not support maximizing inclusionary housing; I don't support adding to developer profits when what we need in the city is housing for those in need who can't afford to live here otherwise. So if you're going to try and sell me on maximizing market rate housing with some inclusionary I will never vote for that."

Himmelrich said this week that Council's robust discussion reflects the diversity of thought in the community about one of our most valuable resources: housing.

"Our motion to prioritize City-owned land for 100% affordable housing demonstrates the deep commitment this Council has to affordable housing production throughout Santa Monica," Himmelrich added. "And significantly, our focus on fair housing addresses historical redlining and social and economic inequities."

Once adopted by the City Council on or before October 2020, the Housing Element will guide housing production and preservation in Santa Monica for the next eight years. For more information on the Housing Element, visit www.santamonica.gov/housing-element-update

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Clergy Corner

Grateful For Love in Action



By Pastor L. Mack Mossett

The COVID-19 pandemic has been more than the elephant in the room. It has been the elephant in our lives, invading our hearts and minds in every aspect. There is no escape from the daily realities of the heartache that is felt by the innumerable ripple effects of the related anguish. Even in our gratitude for life, we are often faced with the lurking emotion of survivor's remorse. News sources remind us of the expansive devastation on both macro and micro levels. We have all been personally affected by this seemingly unending crisis.

It is imperative, however, to embrace the power of love and hold dear to its tangible expression in human form. More than ever before, we have witnessed the power of love go beyond the borders of race, ethnicity, socio-economic status, geographical locus, familial history, personal station, and beyond. Compassion, empathy, generosity, outreach, selflessness, and love have been enacted to neighbors, both known and unknown.

As Christian people, we are called not solely to know or honor the words of Christ, we are called to do them. Personal worth is not wrapped in what one knows, it is determined by what one does. Moreover, it is imperative that we recognize, search for, and participate in every opportunity encountered to do the love about which we preach.

Please be encouraged! We are resilient. We will survive. We will prevail. And, when we return to life anew, I pray that we do not lose the love that we have learned to live.

Reverend Lemuel "Mack" Mossett III
Senior Pastor
Calvary Baptist Church
Santa Monica

Editor's Note: Each month we are asking a clergy member of our local churches or temples to do a column on dealing with COVID-19.

Byte by Byte

Surviving the Summer: Key Indoor Apps



By Miceala Shocklee

Now in year two of pandemic, how this summer will look is anyone's guess.

Many are hopeful that springtime declines in local covid rates, bold moves by local governments to allow various versions of re-opening, and the increasing availability of COVID-19 vaccines will lead to a summertime chance at travel and interaction. Yet, the past year has taught us that it's better to be pessimistically prepared than optimistically out of luck – and toilet paper.

In case your personal health and safety or the state of the nation at large leads to another round of spending mid-year in the great indoors, get set and settled with the following apps:

Food Delivery: Straight-to-your-door delivery services abound. Whether it's Postmates, DoorDash, or UberEats for restaurant food; Imperfect Foods or Hello Fresh for recipe-ready meals; or Amazon Pantry or store-specific online accounts for your day to day grocery needs, the options are many to keep you well fed even when you can't get past your door.

Meditation: Limitations are irksome. Rather than letting cabin fever lead to family blow-outs, consider incorporating apps like Headspace or DownDog to bring some calm to however COVID has shaped your life now.

Words: While moments of silence are important, apps like Kindle and Audible and the ever-increasing podcast platforms can bring some content to the quiet moments. Whether words are for escaping or learning or laughing, the little box of electronics in your pocket can hold a world of possibility to explore words.

COVID-19 tracking apps: Especially as face to face interaction increases and people may become lax

(Continued on Page 8)

Passing Through the Pico Neighborhood

Try This Shake Any Time of the Day

This month Chef Jahrid thought he would share the recipe for his breakfast smoothie. He loves making this smoothie almost anytime of the day, especially when he is craving a sweet shake! Chef Jahrid, our local middle-school athlete, appreciates the need to keep up his energy.



Here's Chef Jahrid about to enjoy his Breakfast Smoothie.

Dairy Free Breakfast Smoothie

Ingredients:

1 cup of almond milk/oatmilk
1 banana, sliced
1 Tbsp. of honey
2 Tbsps. of peanut butter
1 cup fresh baby Spinach
2 Tbsps. dry oatmeal
½ tsp. vanilla
1/2 tsp. cinnamon
Desired amount of ice

Directions:

Place all the ingredients in a blender and process on high until combined for about 1-2 minutes. When it is smooth and creamy, it is ready to serve. Enjoy!

Discover Fresh Produce and Organic Veggies at the Virginia Avenue Park Farmers' Market



By Stacy McClendon

One Saturday morning, ditch the crowds at your local super market and visit the weekly farmers' market at Virginia Avenue Park on Cloverfield and Pico.

Farmers' markets always give you the best quality for you and your family, as it comes directly from the farmer and goes straight to you. That's the reason why the quality is so fresh and yummy.

This market hosts farmers selling an expansive array of fruits and veggies, nuts, honey, canned/jarred items, olive oil, sustainable fish, flowers, and more. Z Garden, a local restaurant, even serves up some of its fabulous menu items to go. I myself have been coming for 10+ years along with my children.

These are a few of my favorite vendors:

• Fresno Evergreen has a fantastic selection of veggies, potatoes, onions, peppers, herbs, and more.
• Energy Bee Farm has a wonderful selection of All Natural Raw Honey, Bee Pollen, Royal Jelly, and Beeswax Candles.
• Valley Center Growers Inc. has delicious citrus and avocados.

This market also accepts Cal Fresh and Market Match, which customers can use to purchase select market items at a discounted price.

Kym Otterstedt, with the City of Santa Monica, runs this weekly farmers' market and can be found

(Continued on Page 8)

Helping Seniors Learn Computer Skills



By Mark Presky

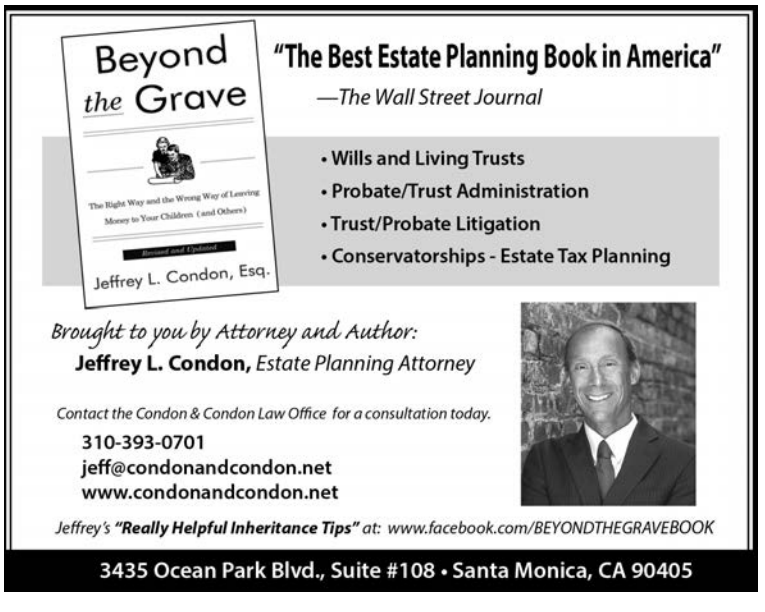
Almost undoubtedly, you know someone who is struggling without computer skills – most likely an elderly aunt/uncle, grandparent, or friend.

I'm a member of the Los Angeles Computer Society (LACS), a non-profit group established in 1991 that exists to help each other (mostly seniors) with computer and other technology skills. Several members are amazing. Well into their 80s, they are learning to write computer code, repair computers, install/remove software and hardware, and teach computer skills, etc.

But several people I know outside the LACS have managed to learn basic email use, but little else. They are confused by websites, online purchasing, and haven't figured out how to use copy/paste, and other basic computer skills. And, when phoned by these seniors, few people answer their phones anymore. Can you imagine

(Continued on Page 8)

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Santa Monica Library Featuring New Spring Programs

Our Santa Monica Library has wonderful programs planned for all ages in April.

Día at SMPL: Emphasizing the importance of literacy for children of all linguistic and cultural backgrounds, Día is a nationally recognized initiative that links children and families to diverse books, languages, and cultures.

Pick up a Take & Make Kit: How to Keep Our Earth Happy. Available beginning Monday, April 5. Call for curbside pickup hours. This kit includes a mini flowerpot, soil, and seeds. Through art and activities, kids learn the benefits of a greener lifestyle and how easy it is to achieve.

Dial-A-Story - Access 24/7 via telephone at 424-610-8600. New stories are recorded each week in English, Spanish and Mandarin, and can be listened to by phone at any time of day. Call 310-458-8600 for more details on each of these programs.





Connect to Nature in April

By Julie Rensink Hanson
Wild Birds Unlimited
Nature Shop

April is filled with important events and opportunities to connect to nature around us. Earth Day is Thursday, April 22. This year's Earth Day is marked by the theme "Restore Our Earth."

Celebrate this important day by making your yard or outdoor space into a wildlife-friendly habitat. The easiest way to start is to put out water for birds. You can then add native plants, food, shelter, and places for wildlife to raise their young. Your space can play a valuable role in helping to reverse habitat loss and will make a difference for the future of song birds and other important wildlife.

Be on the lookout for Orioles. If you like bright colors, this is your month because showy Hooded Orioles begin to arrive in our area. Want to attract them to your yard? Put out something orange, such as an orange-colored feeder with nectar and orange slices, or the berry-grape jelly they love. Hooded Orioles are master weavers and might just build one of their soft hanging nests in a nearby palm.

Hummingbirds, our colorful local Anna's and Allen's Hummingbirds are joined by a warm-weather migrant, the Black-chinned Hummingbird. The chin may look black, but the throat is a beautiful violet in the right light.

Be sure to change the nectar in your feeders every three to five days as weather gets warmer.



A Monarch butterfly

It's also the perfect month to plant a butterfly garden using California native milkweed and Kotolo milkweed. All three are essential habitat plants for the western population of the beloved Monarch butterfly.

It's nesting season, and you can help. If you live near a bluebird, wren or owl habitat, consider hanging a nesting box in your yard. You can also put out cotton, sticks, moss, or other nesting materials the birds can use to build their nests. Busy bird mothers will appreciate it.

If you are staying indoors, you can still connect to nature through a host of live cams set up worldwide. This month, we recommend watching our local Big Bear Bald Eagle nest couple, Jackie and Shadow (friendsofbigbearvalley.org), as they welcome their eaglets to the nest, Bella Hummingbird nest (Explore.org), live from her ficus tree perch in La Verne, and for those up at night, try our very own Barred Owl nest cam (www.wbu.com/owl-cam), from the woods of central Indiana.

Enjoy all that nature brings you.

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From the Santa Monica History Museum



Santa Monica Mall -- Above are crowds of people walking past various stores on the Santa Monica Mall, later called the Third Street Promenade. In the 1960s, three blocks of Third Street were converted into a popular pedestrian mall. (Order #SMHM 36.2.2015 from the SMHM.)

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Thoughts From a Second-Time Father

Making Plans Ahead for Emergencies



By Michael Margolin

As far as service time goes, I have not been a parent all that long. Alexa will be eight in the summer, and Jake will soon be five.

And, many new occurrences that happen for them at this point are happening for the first time. I have had my head shaved for 20 years or so, and I finally got to do the same for Jake less than a month ago. This did not please his mother all that much, but I think it's a great look. It took him some time to get used to it himself, but I think he is enjoying the convenience of incredibly short hair. The four of us drove around our neighborhood in my 1970 Chevelle and made some noise in the process.

This was a first for all of us to do together. Unfortunately, Jake had a new experience at the beach that none of us enjoyed. While looking around some tide pools in Ventura, Jake stepped on something that cut the bottom of his foot. At first, there was whining and then crying, and then the inability to walk on it. All of these things happened in a matter of seconds. I carried Jake back to a larger rock so he could sit down while Enjoli and Alexa went to the car to get water and items to clean up his foot. While he sat on the rock with tears barely subsiding, he asked me if there was any blood.

Although it looked like he had stepped in a bucket of red paint, I told him there was just a little. It then began to drip onto the sand and other rocks and he asked if that was his blood and there was no getting around telling him that it was. To my surprise, his exasperation was minimal.

At this point I knew we would be heading to an urgent care. Before we knew it, we were in and out of an urgent care with no stitches and supplies to keep him bandaged and cleaned for a few days. Legendary UCLA basketball coach John Wooden used to say, "Be quick, but don't hurry." I try to explain to Alexa how much sense this quote makes to me. Of course, I do not want my kids to need to ever visit an urgent care or ER, but I like to use them as learning experiences if I can. In this instance, I told Alexa that we were quick, but we did not hurry.

When faced with life's emergencies and urgencies, it is important to try not to panic, assess situations as best as you can, and make a plan for action. Many times, this is easier said than done. If my kids can learn from any of my mistakes and theirs, then I figure I am doing something right as the caring parent I am.

Michael Margolin is an avid sports fan and was a soccer coach on Alexa's team when they played.

Helping Seniors Learn (Continued from Page 5)

how it feels to be in your 70s, or even 90s, home alone, or with another senior, and not understand how to go online to make an appointment to obtain a Covid vaccination? Using the phone for this is often frustrating because of long wait times followed by disconnection (or even the phone's battery dying), which often results in their giving up. And, not being able to view photos of your family, including grandchildren, because you don't understand how to open an attachment?

When they attempt to acquire more computer skills, they encounter well-meaning relatives and friends who rattle off a lot of foreign terminology like "click on your web browser" or "click on Firefox," What's a website?, or "double click" or "right click" or "highlight" this or that. Eventually, those attempting to help become frustrated. And, the student, still sharp and able to learn, feels embarrassed, ashamed, and stops asking for help.

This situation doesn't have to be. Before Covid (and hopefully after), there were several sources for help for seniors (and others) seeking help with technology.

I hope in my next column to go over some suggestions for those teaching, and for those wishing to acquire/improve their computer/technology skills.

Surviving the Summer (Continued from Page 5)

on their safety protocols, having an app that helps you keep track of your personal risk profile based on where you go and whom you hang with, can help bring peace of mind.

Whether this is an app sponsored by local governments, Google, Apple, or your own personal spreadsheet, COVID-19 exposure tracking may become a mainstay of responsible social behavior.

Dr. Miceala Shocklee is a Caltech alumna and graduate of the University of Edinburgh veterinary school. Her reporting interests include the intersection of science, technology, conservation, and the written word.

Discover Fresh Produce (Continued from Page 5)

touching base with customers near the information booth or checking in with farmers throughout the market. The market takes place every Saturday from 8 a.m. to 1 p.m. at 2200 Virginia Avenue.

You must wear your mask and stay socially distanced while shopping at this market due to current COVID restrictions.

Come on out, visit this market and discover what each farmer has to sell.

Stacy McClendon is a longtime Pico Neighborhood resident and Santa Monica City staff member who loves to find and introduce the wonderful people of her neighborhood. If you know someone we should interview, please contact us at 424-581-6005.


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