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Santa Monica Daily Press

MARCH 30-31, 2013

Volume 12 Issue 120



ST. MONICA EARNS HONORS
SEE PAGE 3

We have you covered

THE FAIR WARNING ISSUE

Santa Monica Daily Press

Curtain closes on AMC 6

BY KEVIN HERRERA
Editor-in-Chief

THIRD STREET PROMENADE Cinema buffs have one less option in Downtown.

AMC Criterion 6, one of three movie theaters on the Third Street Promenade, screened films for the last time on Thursday,

an official from AMC said.

"We continually strive to upgrade the quality of our theater circuit by adding new screens and by disposing of older and under-performing screens through closures and sales," said Ryan Noonan, director of public relations for AMC Theaters.

The plan is to convert the 1,500-seat the-

ater into a retail space that will continue to house eclectic gift store Brookstone, as well as another unidentified tenant.

John Warfel of Metropolitan Pacific Capital, one of the owners of the property, would not disclose who the new tenant will

SEE AMC PAGE 7



CRITERION



File photo

READY: A Cessna rolls down the runway at the Santa Monica Airport. There is a proposal afoot to increase landing fees at the airport.

Flight school fears higher landing fees at SMO

BY ASHLEY ARCHIBALD
Daily Press Staff Writer

CITY HALL Pilots and flight school owners will keep a eye on the Airport Commission Monday night as it discusses for the first time a major change in landing fees at the airport that could cost them and their cus-

tomers.

The commission will discuss a proposal to increase landing fees from \$2.07 per 1,000 pounds of aircraft to \$5.48 per 1,000 pounds. Unlike the existing landing fee program, the larger charge will apply to local aircraft as well as those that fly in from other places.

The fee would be assessed each time a plane takes off from the airport, and documented by a camera system that shoots photos of the planes' tail numbers.

The money would cover costs associated with the operation of the airport areas open

SEE SMO PAGE 10

Starving sea lion pups fill rescue centers

SUE MANNING
Associated Press

LOS ANGELES Hundreds of starving sea lion pups are washing up on beaches from San Diego to Santa Barbara, overwhelming rescue centers and leaving scientists scrambling to figure out why.

At island rookeries off the Southern California coast, 45 percent of the pups born in June have died, said Sharon Melin, a wildlife biologist for the National Marine Fisheries Service based in Seattle. Normally, less than one-third of the pups would die.

It's gotten so bad in the past two weeks that the National Oceanic and Atmospheric Administration declared an "unusual mortality event." That will allow more scientists to join the search for the cause, Melin said.

Pups are normally weaned from their mothers in April.

Even the pups that are making it are markedly underweight, Melin said.

The most recent pups weighed at the breeding area on San Miguel Island were around 37 pounds, Melin said. They should weigh between 55 and 59 pounds by now, she said.

Melin said she doesn't know how the pups are making it to the mainland, but they must be using currents and swimming.

"That's a long way, and they are very small," she said. "They don't have a lot of fat, and the water is pretty cold. They are often

SEE PUPS PAGE 6

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Calendar

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What's Up Westside

OUT AND ABOUT IN SANTA MONICA

Saturday, March 30, 2013

Day of the bunny

Douglas Park

2439 Wilshire Blvd., 9 a.m. — 12 p.m.

The 21st annual Peter Rabbit Day allows children and their families a chance to meet the Easter Bunny, take part in an egg hunt, enjoy face painting, games, egg coloring, and more. For more information, visit smjaycee.com.

Haut for chocolate

Casa del Mar

1910 Ocean Way, 11 a.m. — 5 p.m.
For the first time ever, Vosges Haut-Chocolat will host an Easter pop-up store at Hotel Casa del Mar for guests and locals to stock up on holiday treats. On Sundays, guests can listen to music from KCRW's DJ Raul Campos and grab a blood orange mimosa during Casa del Mar's weekend brunch. For more information, call (310) 581-5533.

Modern form of slavery
Soka Gakkai International-USA
Culture of Peace Resource Center
606 Wilshire Blvd., 4 p.m.
Catch a screening of the documentary "Not My Life," narrated by Glenn Close. The film depicts the practices of human trafficking and modern slavery on a global scale. The film screening will be followed by a conversation with an expert panel moderated by Lesford Duncan, Global Citizenship Fellow at U.S. Fund for UNICEF. The event is free. For more information, call (310) 393-0016.

Get started

General Assembly LA

1520 Second St., 5:30 p.m.

This free class is an orientation to help newcomers to the startup scene get acquainted with the world of tech in Los Angeles. Topics to be discussed include key events/meetups to attend, people, companies, VCs, blogs, hot issues, and more.

To create your own listing,
log on to smdp.com/submitevent

For help, contact Daniel Archuleta at
310-458-7737 or submit to editor@smdp.com

For more information on any of the events listed,
log on to smdp.com/communitylistings

Beer and wine will be sponsored by Lyft, a mobile app that lets you request a ride from a fabulous, hand-selected community of drivers. For more information, e-mail la@generalassemb.ly.

Sunday, March 31, 2013

Get wild with Wilde

Broad Stage

1990 Pico Blvd., 2 p.m.

The Santa Monica College Theatre Arts Department, will perform Oscar Wilde's elaborate, and scandalous "Salome." The play is Wilde's interpretation of Herrod's stepdaughter Salome, whose passion leads her to tragedy. Tickets are \$12-\$15 plus a service charge. Tickets are \$3 higher at the door. Parking is free. For more information, call (310) 434-4319.

Monday, April 1, 2013

Teen computer coaching

Main Library

601 Santa Monica Blvd., 2 p.m. — 2:30 p.m.

The library is looking for patient, enthusiastic teens to be computer coaches for a series of classes. The classes are aimed at teaching seniors beginner computer skills. Basic training and volunteer credit will be given. For more information, call (310) 458-8600.

Disabilities commission
meeting

Ken Edwards Center

1527 Fourth St.,

6:30 p.m. — 9 p.m.

The commission will hear input from the public and discuss possible action relating to the Santa Monica Pier study and survey. Any member of the public unable to attend a meeting but wishing to comment on an item(s) listed on the agenda may submit comments prior to the meeting by e-mailing them to DC@smgov.net.



COMMUNITY BRIEFS

MAIN STREET CVB opens office in Chicago

The Santa Monica Convention & Visitors Bureau, which is charged with promoting the city by the sea as a premiere destination for foreign and business travelers, is opening a satellite office in Chicago, representatives announced Thursday.

Lauren Rogers, the director of sales and services for the nonprofit, will manage the office effective May 1 and focus on promoting Santa Monica as a conference and incentive destination to advertising agencies, technology firms and other companies based in the Midwest.

Rogers will also continue to focus on emerging markets, specifically Brazil.

"She will focus on establishing partnerships with public relations firms and tourism representatives in-market to drive awareness and demand for Santa Monica as a travel destination," said Kim Baker, vice president of marketing for the bureau.

Tourism is a significant contributor to the local economy, in particular City Hall's General Fund. The tax on hotel room stays, known as the Transient Occupancy Tax, generated roughly \$36 million in 2010-11, according to figures released by City Hall. The tax accounts for 13 percent of the General Fund, which pays for essential services like public safety, libraries and maintenance.

— KEVIN HERRERA

DOWNTOWN Redford not a fan of Santa Monica

Native son Robert Redford, an accomplished filmmaker and environmentalist, bashes the city where he was born in an article featured in the April issue of Esquire magazine.

The Oscar winner told writer Scott Raab in an interview at his Santa Monica office — Wildwood Enterprises — that he visits the city by the sea only when he has to.

"I'm never here more than two, three days at a crack," Redford says in the article. "I get itchy — traffic, freeways, out-of-control development. There was never a land-use plan. This was a beautiful city once, and it isn't anymore."

Redford, who was born in Santa Monica in 1936, isn't alone. Other longtime residents have expressed their heartache over Santa Monica's transformation from a once sleepy beach town into a bustling suburb of Los Angeles that attracts hundreds of thousands of people on a weekend and is home to some of the most successful media and entertainment companies.

City officials are struggling with how to accommodate growth while still preserving neighborhoods. Traffic congestion was listed as a significant concern of residents in a recent survey conducted by City Hall.

To read Redford's comments, go to www.esquire.com/features/robert-redford

— KH

That's a switch: Traffic motivates business' return to Santa Monica

BY KEVIN HERRERA
Editor-in-Chief

OLYMPIC BLVD Traffic congestion and rising rents are often cited as reasons why companies in Santa Monica decide to close up shop and move out of the city by the sea.

That was the case for Jo Steele of the post-production house STEELE Studios, which has worked with international celebrities like Jennifer Aniston and Beyoncé, as well as major corporations like Coca-Cola, Burger King and Nissan.

Steele and her husband Jerry founded the company in 1996 in Santa Monica, where they remained for a decade until their land-

lord wanted to quadruple their rent, she said. The couple decided to invest in a building in Culver City, which was blossoming into an entertainment hub.

But the Malibu residents soon realized that the commute was too brutal, sometimes taking as long as two hours to get home.

"The traffic just intensified," Jo Steele said. "The major streets were backed up, so we started taking the back roads. Then those became congested, too, making it almost impossible to get home."

Now STEELE is back in Santa Monica, having recently opened

SEE RETURN PAGE 6

HIGH SCHOOL GIRLS' BASKETBALL

St. Monica earns elite All-CIF honors

BY DANIEL ARCHULETA
Managing Editor

ST. MONICA St. Monica hoops just keeps making history.

First the girls' basketball team won the CIF-Southern Section Division 4A title earlier this month and now the Mariners have learned that senior forward Briana Harris is the division's Player of the Year.

If that isn't enough, John Skinner was named Coach of the Year and senior center Melissa Maragnes, a UC Santa Barbara signee, was selected for the all-division first team, it was announced this week.

"A lot of hard work over the past couple of years was needed to build up the program," said Skinner, who just completed his third season at the helm. "It was awesome that we took care of business."

After winning the division title, the first in girls' basketball in school history, the Mariners advanced to the third round of the state playoffs before being sent home by St. Bernard.

The run is the deepest into the postseason St. Monica has ever advanced.

The road to history began when Harris transferred to St. Monica from cross-town Santa Monica High after her sophomore season. In just two years, the senior being recruited by Hawaii and Jackson State helped transform the Mariners into a powerhouse.

Despite not winning the Camino Real League title this season, Harris was named league Most Valuable Player. The Mariners were able to get a measure of revenge against league champ St. Paul in the division title game. St. Paul dealt the Mariners their only two losses in league play.

Skinner was especially proud of his team's ability to battle back from an 18-point deficit against St. Paul in the title game, calling it his team's greatest accomplishment.

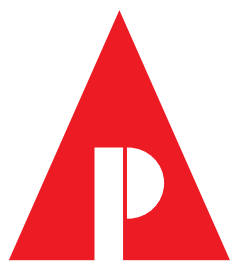
"It was really cool to be a part of that," Skinner said of the comeback. "To provide that as an example of always believing was amazing."



Paul Alvarez Jr. editor@smdp.com

IT'S GOOD: Briana Harris lays the ball in against Cantwell-Sacred Heart during the playoffs. St. Monica would go on to win, 52-43.

SEE ST. MONICA PAGE 7



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The Q Line

ZERO DATE

Officials have introduced an ambitious plan to have the city become nearly zero waste by 2030.

This past week, Q-line asked:
Do you think the zero waste goal is attainable and why?

Here are your responses:

“I THINK IT’S AN ADMIRABLE GOAL. BUT until the city finds a way to keep people from dumpster-dumping, going through the trash barrels, retrieving bottles, cans and other identifiable things, and leaving the garbage on the ground, we’ll never be able to attain zero waste. I think if the city did not pay people for retrieving these recyclables, whether they’re in recycle bins or other bins, that we will not be able to do anything. Also, I think the city will not be able to collect because everybody else is stealing the stuff. So the city needs to stop paying people and paying the recyclables themselves so that we can acquire the money in the city.”

“AMBITIOUS PLANS ALWAYS COST more than first thought. Zero waste is a fool-the-dummies sideshow. The goal in this city should be zero development. That is what is destroying this town, not a few underutilized orange peels. City Hall is like a spoiled child with an expensive toy. Zero waste is that toy. Like a clever magician, City Hall misdirects the gullible with the expensive expansion of green-power elitism. Like only we are number one in zero waste management. Meanwhile, City Hall has been sold to the highest bidding developer, the most overrated architect, the lowest informational voter and renter, plus overall to the thickness of a person’s ego that is proportional to his or her support for City Hall’s management of another foul waste spread upon this city.”

“WE JUST CAME BACK FROM PORTLAND on a business trip and since Santa Monica is modeling its zero waste policy after Portland’s zero waste policy let me just tell you what we firsthand discovered. Portland no longer picks up garbage on a daily basis to discourage the creation of garbage, they now pick up garbage depending on what kind of garbage it might be on a weekly basis, or certain types of garbage every two weeks. Obviously, if you only pick up garbage once every week or every two weeks, Portland might think it’s discouraging the creation of garbage. But what you have are overflowing bins and dumpsters, and when you have overflowing bins and dumpsters, what do you get? You get mice, rats, and raccoons. So while Portland might be heading toward the bubonic plague, Santa Monicans still have time to prevent our wonderful City Council from leading us down that road as well. Also let’s look at the consequences of zero waste in our main public library that sits on Santa Monica Boulevard. They will not carry federal and state income tax forms because it creates environmental waste. What are the consequences of not having forms available to the citizens of Santa Monica? Well we just read last year there were 1 million identity thefts when people filed e-file tax returns. Now the problems probably don’t exist on the IRS side, but a lot of people’s home computers are probably compromised and hackers are able to get into personal information. So the zero waste of the Santa Monica Public Library leads to identity theft. Just another consequence of the

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zero waste policy.”

“WHAT A TERRIBLE IDEA! THE VERY thought that I need to sort my garbage into many bins and have the ‘wet waste’ picked up every other week is sickening. What are they going to do? Hire a crew to inspect our garbage bins before it’s picked up, in order to fine us for not sorting? What happens if someone dumps stuff into my bins when they are on the street? Or dump stuff into bins in the alleys? This proposal will be impossible to implement.”

“I THINK ZERO WASTE IS A SPLENDID idea. It would mean elimination of the present City Council and many of the voters who voted it into office. The new council could rein in the insane development we are experiencing thanks to O’Day, Holbrook, Davis, and the ‘mayor.’ The city needs a clean sweep. I just think 2030 is 17 years too late.”

“ZERO WASTE IS IMPOSSIBLE. THEY would have to hire a lot of people to sort every bit of trash. And not everything can be reused or recycled. But if Hollywood can recycle ideas, maybe”

“IT IS A LAUDABLE GOAL. NEARLY ZERO waste. A few problems: It is in the plan to charge for the blue trash cans at some future date. I now take my recyclables to a blue can in the alley, don’t know whose, but I will be guilty of a criminal act when they start charging whoever requested this blue can. Not good. Or maybe the city will just drop off a blue trash can in front of every household that gets a water bill. In my case, this can will have to stay on the street because I don’t have any space for it. Speaking of space, why can’t the city offer the smaller trash cans that are in use by Los Angeles? My black can is less than one-tenth full, mostly with used kitty litter and things I don’t want to put in the green trash, such as Nassella tenuissima and Camellia blossoms because I don’t know how they make their compost and if it gets hot enough to kill the Nassella seeds and the mushrooms that cause camellia blossom rot, etc. Well, city, I hope you are reading this and I am sure you will find a solution.”

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WEEKEND EDITION, MARCH 30-31, 2013

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RETURN

FROM PAGE 3

a studio at 1131 Olympic Blvd. Ironically, traffic brought her back.

"A lot of our clients love Santa Monica and love the fact that we are closer," she said. "It's just a good place to be."

More cities are viewing bad traffic as much more than just a nuisance for harried commuters. It's bad public relations in the never-ending competition against other cities to attract commerce.

City officials in Santa Monica are studying various ways to reduce car trips while still promoting growth through the development of housing and commercial spaces for the many technology-intense businesses popping up, helping Santa Monica earn the title "Silicon Beach."

City Hall is promoting alternative forms of transportation and has plans to focus development along transit corridors so that it is more convenient for residents to leave their cars at home and take public transportation, such as the Exposition Light Rail line, which is currently under construction along Olympic Boulevard and Colorado Avenue. It is expected to be up and running in 2016.

Other ideas include charging non-residents to park in preferential parking areas, most of which are concentrated in residential areas. There's even a controversial concept of reducing the amount of parking required for certain developments, which would essentially force people to get out of their cars out of frustration.

By promoting more affordable housing, city officials are also hoping those working in lower-wage jobs will be able to live closer to work and therefore be able to bike, bus or walk instead of driving.

The Steeles' decision to move back to Santa Monica is an example of how commutes are impacting employers' decisions on where to locate — and for good reason. An

annual study of national driving patterns revealed that Americans spent 5.5 billion additional hours in traffic in 2011. That cost Americans \$121 billion in lost productivity, wasted gasoline and increased vehicle maintenance costs.

"The statistics do not include meetings you might miss, or having to replace the dashboard or padded steering wheel because of frustration we take out on our cars," Bill Eisele, a senior research engineer with the Texas A&M Transportation Institute, told the L.A. Times in February. The institute released its mobility report, which showed that automobile commuters in urban areas are delayed an average of about 38 hours a year in the U.S. trying to get to work and other destinations because of congestion.

The delays in congested areas of Los Angeles and Orange counties were — no surprise — far worse than the national average. Those commuters spent an average of 61 hours per year in traffic congestion, according to the report.

That has led some employers to allow workers to telecommute or have flexible schedules in which employees leave or arrive at work later or earlier to avoid rush-hour traffic. Some city employees get every other Friday off as part of City Hall's trip reduction program. In exchange for the day off, the employees work longer hours.

For Steele, the move to Santa Monica couldn't have come at a better time. Her company has contributed to four recent high-profile projects, including the Skechers "Relaxed Fit" 2013 campaign, which features TV spots with football legends Joe Montana and Ronnie Lott. STEELE Studios also recently provided visual effects, beauty work and additional color grading on Mariah Carey's music video for "Almost Home," the title song to Disney's film "Oz: The Great and Powerful."

When work piles up, sitting in traffic is the last thing Steele wants to do.

kevinh@smdp.com

PUPS

FROM PAGE 1

dehydrated, which is typical with emaciation. It puts them in pretty bad condition."

Those landing on the mainland may have been looking for food if their mother stayed out foraging too long, Melin said.

Live sea lion strandings are nearly three times higher than the historical average, said Jim Milbury of the National Marine Fisheries Service, part of NOAA.

Between Jan. 1 and March 24, 948 pups were rescued, Milbury said. The bulk of those were in Los Angeles County, which had 395, followed by San Diego, Orange, Santa Barbara and Ventura counties, he said. Last year, only about 100 pups needed saving during the same period.

At the Pacific Marine Mammal Care Center in Laguna Beach, there were 139 animals being cared for Friday. Of those, 131 were sea lion pups, said spokeswoman Melissa Sciacca. She said the center has treated more than 220 sea lion pups so far this year, while the center treated 118 in all of 2012.

Southern California rescue facilities have become so crowded they have had to start sending pups to Northern California, said Jeff Boehm, executive director at The Marine Mammal Center in Sausalito, which was caring for 30 starving pups.

Scientists were performing tests to deter-

mine if the problem is food availability, disease or both.

Biologists knew last spring that this year's supply of anchovies and sardines could be limited, Boehm said.

"These two species of fish are an extremely important part of California sea lions' diets, and females simply may not have been able to nurse their young sufficiently, resulting in abandonment, premature weaning and subsequent strandings," he said.

Besides anchovies and sardines, sea lions also eat squid and other ocean creatures. Routine testing of seafood is being done by state and federal agencies and consumer safety experts are working with NOAA to find the problem.

"No link has been established at this time between these sea lion strandings and any potential seafood safety issues," NOAA said in a statement.

There has been no sign of adult female mortality, Melin said. But the pups' situation on the beaches is so bad, rescuers have had to leave the worst of them in an effort to save the strongest ones, she said.

Scientists expect the death toll to rise in April when weaning is supposed to take place. They also expect it to move further north, Melin said.

Anyone who sees a stranded sea lion, dead or alive, is asked to call the nearest marine mammal center. Authorities say people should not touch the animal or let a pet near it, because sea lions can bite.

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ST. MONICA FROM PAGE 3

But, the comeback wouldn't have come to pass if not for Harris' heroics.

After sinking just one bucket in the first half, Harris erupted for 21 points in the second half, finishing the night with 23 points, 11 rebounds and four steals.

"It's a testament to how valuable she is to our program," Skinner said. "She is a great talent, but really started to grow up toward the end of her senior year. She learned how to fight through adversity."

Skinner said that the turning point in the title game came just after half-time during a time out. Down big, he turned to Harris and simply asked her if this is the way she wants

to end her high school career.

Harris shot him a look and went out and led her team to the title.

For Harris, the accolades are just part of the territory.

"My confidence is the same, it really hasn't changed that," Harris said. "But, it does feel good."

What struck Harris this season was the fan support the Mariners received during their run. St. Monica grew accustomed to playing before a sold-out gym as the playoffs carried on, fulfilling something Skinner told Harris when she first transferred to the school.

"I said, 'by the time you leave here we're going to pack this place,'" he told the then-junior.

daniela@smdp.com

AMC FROM PAGE 1

be. He said the closure was part of a mutual agreement between the theater company and the owners of the building.

AMC was purchased in May of 2012 for \$2.6 billion by the Dalian Wanda Group, a Chinese conglomerate. At the time of the sale, AMC had 5,034 screens in 346 theaters in the U.S. and Canada, including all three theaters on the promenade.

At that time AMC was close to finalizing a deal to build a new, state-of-the-art theater on City Hall-owned land at the corner of Arizona Avenue and Fourth Street. That deal ultimately fell through following the sale. Officials with AMC said at the time that building the new cinema would not be financially beneficial for the company.

The closure of the Criterion, which AMC purchased in 2010, represents a 27 percent reduction in the number of cinema seats Downtown, said Jason Harris, economic development manager for City Hall, opening the door for other theater operators to submit bids to build a new cinema where Parking Structure 3 currently stands.

The City Council, concerned about increased traffic Downtown, wants to make sure that any new theater development will not increase the number of cinema seats, which gave AMC an advantage since it was the only operator on the promenade and theoretically could reduce seats, whereas others could not.

Warfel, who was involved in the negotiations with City Hall and AMC, said the closure of the Criterion was not related to that development.

Harris said City Hall is "diligently working" on bringing a new theater to Downtown, but had nothing substantive to report.

Business leaders have been calling on City Hall to help bring in a new theater with the latest features like stadium seating and larger screens to help the promenade compete with other destinations in the region, such as The Grove in Los Angeles.

The original 1924-built Criterion Theater, which was once part of the Fox West Coast Theaters circuit, was razed around 1983 to make way for this newer 6-plex, according to the website cinematreasures.org.

kevinh@smdp.com

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The Better Option

Lori Salerno

Send comments to editor@smdp.com

Let food be thy medicine

HIPPOCRATES SAID, "LET FOOD BE THY medicine and medicine be thy food."

This was once thought of as the first line of therapy for health and wellness. With the advent of medications in the early 1900s, a whole new world of treatment protocols came into being. But with the trends in healthcare changing, so too are the treatment plans. The new generation of medical doctors is practicing more preventative medicine. Studies now are supporting the beliefs that lifestyle and dietary changes are just as effective at decreasing the incidences of chronic diseases as medication alone.

The types and amounts of carbohydrates in the American diet are now being researched for their health implications. The low-fat diet craze of the 1990s set weight gain and obesity rates spiraling out of control because people began filling up on simple carbohydrates and processed starches instead of fat. The high-protein, low-carbohydrate way of eating isn't the answer to a healthful diet, either. A diet rich in vegetables and fruits,

lean proteins and fish, healthy fats, and whole grains seems to be the key to disease prevention.

A tool I have used for many years in treating patients with hypercholesterolemia and diabetes is the glycemic index/glycemic load (GI/GL). This is a list of carbohydrate foods that are rated low, medium, or high in their overall glycemic effect. In general, foods with higher fiber content, usually the less processed grains, digest at a slower rate and therefore have a lower glycemic effect. These low GI carbohydrates break down to glucose slower causing a slower release of sugar into the bloodstream and a more steady release of insulin from the pancreas. Conversely, foods higher on the GI have been known to raise triglycerides and LDL cholesterol, both markers for heart disease. In addition, the more fiber a carbohydrate, the fuller you feel for a longer period of time making weight control and weight loss easier.

Low GI/GL foods include high-fiber fruits and vegetables (not including potatoes); bran cereals (1 oz.); and many beans

The Better Option low GI/GL farro and beans with greens

Assorted bitter greens (chicory, frisee, borage) well washed: 1/2 lb.
Olive oil: 3 Tbsp.
Onion, chopped: 1 each
Garlic cloves, minced: 2 each
Farro: 3 cups (1 lb.)
Dry white wine: 1/2 cup
Cooked white beans: 1 cup
Parsley, chopped: 1/2 cup
Sun-dried Tomatoes, coarsely chopped: 3-4 each
Pecorino cheese, grated: garnish

Bring a large pot of salted water to a boil. Cook the well-washed greens until tender. Remove the greens with a slotted spoon and set aside. Save the cooking liquid to cook the farro (about 10 cups). Chop the cooked greens coarsely.

Warm the olive oil in a large sauté pan over medium heat and cook the onion and garlic until pale gold. Add farro and mix well with the onion. Add the white wine, let it bubble. Gradually start adding the cooking liquids, about a cup at a time. Each time the liquid is absorbed, add more. When the farro is almost cooked (15 to 20 minutes), stir in the cooked greens, cooked beans, parsley, and sun-dried tomatoes. Cook a few minutes to heat through, adding liquid for desired creaminess. Season to taste and top with pecorino cheese if desired. Yields 8 servings.

Calories: 371; protein: 14 g; carbohydrates: 61 g; fiber: 12 g; saturated fat: 1.5 g; cholesterol: 4 mg; sodium: 219 mg

*Note: Copied with permission from Chef Joyce Goldstein, as presented at the 2013 Healthy Kitchens, Healthy Lives conference at the Culinary Institute of America.

and legumes (5 oz. cooked).

Medium GI/GL foods include pearled barley (1 cup cooked); brown rice (3/4 cup cooked); oatmeal (1 cup cooked); bulgur (3/4 cup cooked); rice cakes (3 cakes); whole grain breads (1 slice); whole-grain pasta (1 1/4 cup cooked); and no-sugar added fruit juices (8 oz.).

High GI/GL foods include baked potato (russet); French fries; refined breakfast cereal (1 oz.); sugar-sweetened beverages (12

oz.); jelly beans (10 large or 30 small); candy bars (1 2-oz bar or 3 mini bars); white basmati rice (1 cup cooked); and white-flour pasta (1 1/4 cup cooked).

LORI SALERNO, M.S., R.D., C.P.T. is a registered dietitian and certified personal trainer who provides medical nutrition therapy to groups and individuals in Santa Monica and recipe and menu analysis for restaurants nationwide. www.eatwelldailynutrition.com.



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The Re-View

Merv Hecht

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DARYA

A taste of Persia

WHILE IRAN MIGHT NOT BE ON everyone's hit parade in today's world, Iranian food is very popular in Los Angeles, and there are a large number of excellent Persian restaurants throughout the Los Angeles area.

Which one is the "best" is a topic of constant discussion among Persian people, and many have their favorite which they swear by. My favorite, mainly because it's close to Santa Monica, is the Darya Persian Restaurant on Santa Monica Boulevard.

There is no way that my editor is going to give me enough space to even begin to describe one of the four regional Persian cuisines. This is one of the most complex cuisines in the world, and is an amalgamation of dishes from Central Europe, Turkey, Mesopotamia, the Middle East, and other cultures, some of which have disappeared except for their influence on Persian cuisine.

First of all expect rice. There are several ways that rice is prepared, but the two distinctive features of Persian rice is that some of the rice dishes are mixed with fruits, and one version has a crispy crust that comes off the bottom of the pot and is quite different and delicious. Saffron is a common seasoning in Persian food, and rice is often flavored with it, giving it a beautiful color and aroma. And rice is often mixed with pomegranate seeds, cherries or raisins.

There are lots of different breads, both flatbreads from the Middle East and leavened bread, some of which are sweet, like Armenian bread, and some have seeds on them to add flavor.

The typical salad to start with is maust' khia: a combination of yogurt and chopped cucumber, flavored with mint, salt and pepper.

To my taste the best dishes at Darya are the kebobs and the stews, particularly those made from marinated chicken and lamb. I'm partial to the chicken barg, (rice and roasted chicken); the ghormeh sabzi, a vegetable

If you go

Darya

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stew a bit like Indian "sag," which can also be ordered with chunks of lamb; and the lamb kebabs (all the kebobs are good, I just prefer the lamb).

By and large I don't eat beef in Persian restaurants, and I don't recommend it at Darya.

The best Persian foods I've eaten are those served at the home of some Persian friends we've known for many years. They bring together a dozen or so friends and family members of all ages, and there are perhaps a dozen different dishes on the table, all served family style. None of the dishes are familiar to me from anywhere else, and I always am asking about the recipes, which seem complex. But the foods are so flavorful and the tastes so complex that they linger in my memory for days.

Desserts for the healthy are fruits, which abound in Iran. For the rest of us the honey soaked dishes similar to baklava cannot be resisted.

Persian food is complex and difficult to make. But the resulting products are familiar, like a chicken kabob, but frequently with a slightly different flavor or mix of vegetables. The use of mild spices, and the emphasis on fruits and vegetables make this a very pleasant experience, and the skill level at Darya provides a good place to try out this cuisine. Don't just order the familiar. Talk to the staff, get some descriptions, and try something new and different.

MERV HECHT, the food and wine critic for the Santa Monica Daily Press, is a wine buyer and consultant to a number of national and international food and wine companies. He can be reached at mervynhecht@yahoo.com.



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SMO

FROM PAGE 1

for public use, which include the taxi lanes and places planes park that are not subject to leases, said Martin Pastucha, director of the Public Works Department.

The Airport Fund ran a deficit between fiscal year 2006-07 and 2010-11, according to city documents.

Joe Justice, owner of Justice Aviation, opposes the new fee because he believes it will be bad for businesses like his that are struggling in the bad economy as people cut back on expensive hobbies like flight.

"It can certainly add to money going out the door," Justice said.

Justice's fleet is mainly composed of Cessna 172 aircraft, each of which weigh roughly 2,000 pounds. That means for every take off and subsequent landing, his company will pay between \$10 and \$11 more than the goose egg they're paying now.

"It means we have to pass that on to our customers, and most of us are barely hanging on," Justice said.

Students could choose to go to a variety

of other airports in the area, almost none of which have landing fees.

Of the 24 general aviation airports in or around Los Angeles County, both with and without control towers, only three other than Santa Monica Airport have landing fees, according to records held by the Federal Aviation Administration, although others have different fees like Chino Airport's 6.5-cent tax on gas.

Camarillo Airport's landing fee wouldn't apply to aircraft like Justice's — it only covers planes 12,500 pounds and over, and is still substantially lower at \$1.30 per 1,000 pounds.

David Goddard, chair of the Airport Commission, doesn't believe the fee is unreasonable, and might have the added impact of diverting flights elsewhere.

"It may inspire some of the pattern-flying planes to go elsewhere and fly patterns because they don't want to pay every time they want to do a flight," Goddard said.

Previous attempts to pay pilots to fly to other airports to do repetitive maneuvers that anger residents have been greeted with anger from those who disliked the idea of City Hall subsidizing the private businesses.

EVERYONE'S GOT A VISION

The commission will take a look at the final round of results from a lengthy study of SMO's future Monday night.

Phase III of the three-part study focused on initiatives and studies designed to reduce the impacts of aircraft operations on the surrounding community.

Officials plan to talk about concepts for non-aviation land, particularly kinds of uses that the community has called for like recreation, arts or an innovation site for sustainable transportation, Pastucha said.

Parking and access will also be up for discussion.

Officials will also address ways to make SMO a "better neighbor" by cutting down on emissions and noise that bother residents, some of whom live less than 300 feet from the end of the runway.

Goddard doesn't hold out much hope that officials or the consultant will have looked at more substantial solutions to the ongoing problems at the airport rather than just mitigations.

Ideas he and others, including the Mar Vista Community Council, have put forward are dramatic changes that they believe can

go into effect as soon as July 1, 2015, when one of the agreements with the Federal Aviation Administration is said to expire.

Those include shortening the runway by 2,000 feet, refusing to sell aviation gasoline at the airport and stop renting to "industrial tenants."

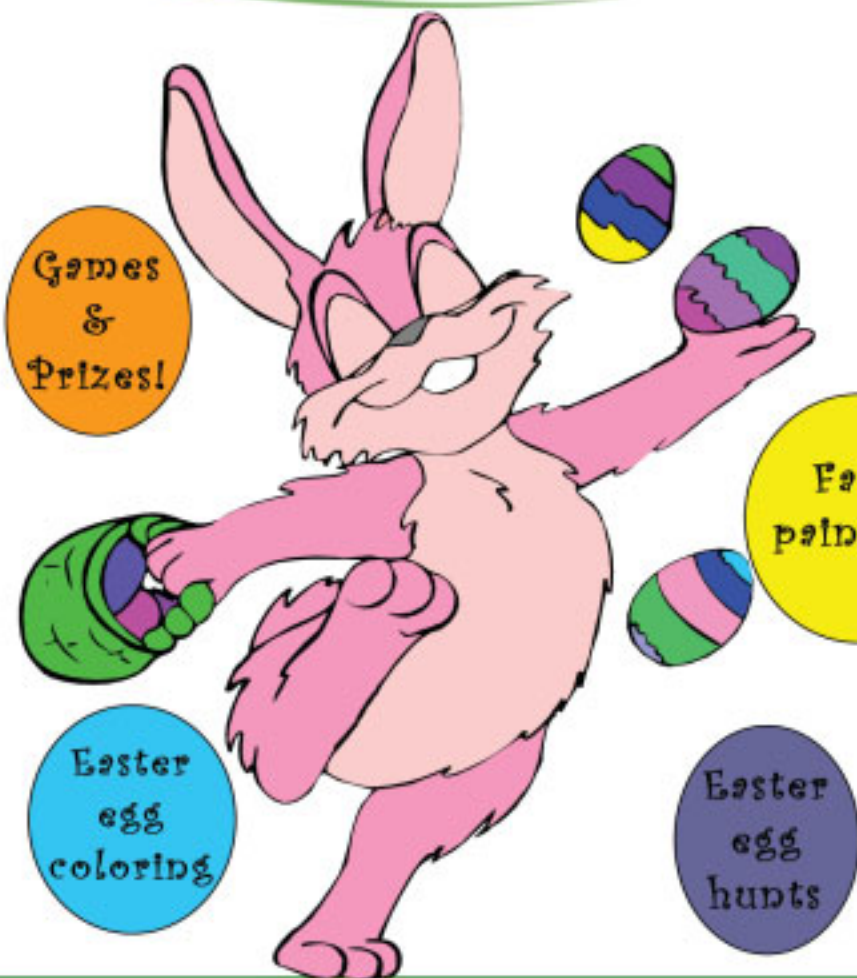
"Our position is that our rights have not been reviewed," Goddard said. "That's all been put behind closed doors and taken out of the sunshine of public scrutiny, and there's no reason for it."

Vocal members of the public have often stated that they believe all phases of the process, which began in 2010, to be flawed.

Previous rounds looked at opinions about the airport and the economic impacts of the 287-acre campus. Both reports were considered "tone deaf" by airport opponents, who early on hoped to see an examination of the "nuclear option" — shutting the airport down for good, or at least severely curtailing its operations.

The City Council will look at both the landing fees and the visioning process on April 30.

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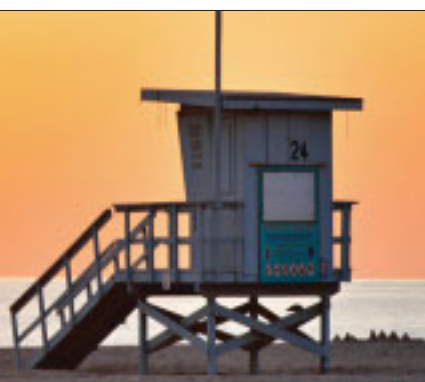


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Pope's foot-washing final blow for traditionalists

NICOLE WINFIELD

Associated Press

VATICAN CITY Pope Francis has won over many hearts and minds with his simple style and focus on serving the world's poorest, but he has devastated traditionalist Catholics who adored his predecessor, Benedict XVI, for restoring much of the traditional pomp to the papacy.

Francis' decision to disregard church law and wash the feet of two girls — a Serbian Muslim and an Italian Catholic — during a Holy Thursday ritual has become something of the final straw, evidence that Francis has little or no interest in one of the key priorities of Benedict's papacy: reviving the pre-Vatican II traditions of the Catholic Church.

One of the most-read traditionalist blogs, "Rorate Caeli," reacted to the foot-washing ceremony by declaring the death of Benedict's eight-year project to correct what he considered the botched interpretations of the Second Vatican Council's modernizing reforms.

"The official end of the reform of the reform — by example," "Rorate Caeli" lamented in its report on Francis' Holy Thursday ritual.

A like-minded commentator in Francis' native Argentina, Marcelo Gonzalez at International Catholic Panorama, reacted to Francis' election with this phrase: "The Horror." Gonzalez's beef? While serving as Cardinal Jorge Mario Bergoglio, Francis' efforts to revive the old Latin Mass so dear to Benedict and traditionalists were "non-existent."

The night he was chosen pope, March 13, Francis emerged from the loggia of St. Peter's Basilica without the ermine-rimmed red velvet cape, or mozzetta, used by popes past for official duties, wearing instead the simple white cassock of the papacy.

He also received the cardinals' pledges of obedience after his election not from a chair on a pedestal as popes normally do but rather standing, on their same level. In the days since, he has called for "intensified" dialogue with Islam — a gesture that rankles some traditionalists because they view inter-faith dialogue as a sign of religious relativism.

This year's Good Friday procession at Rome's Colosseum, which re-enacts Jesus Christ's crucifixion, was dedicated to the plight of Mideast Christians, with prayers calling for an end to "violent fundamentalism."

Francis, however, chose to stress Christians' positive relations with Muslims in brief remarks the end of the ceremony. He recalled Benedict's 2012 visit to Lebanon when "we saw the beauty and the strong bond of communion joining Christians together in that land and the friendship of our Muslim brothers and sisters and so many others."

Francis also raised traditional eyebrows when he refused the golden pectoral cross offered to him right after his election by Monsignor Guido Marini, the Vatican's liturgy guru who under Benedict became the symbol of Benedict's effort to restore the Gregorian chant and heavy silk brocaded vestments of the pre-Vatican II liturgy to papal Masses.

Marini has gamely stayed by Francis' side as the new pope puts his own stamp on Vatican Masses with no-nonsense vestments and easy off-the-cuff homilies. But there is widespread expectation that Francis will soon name a new master of liturgical cere-

monies more in line with his priorities of bringing the church and its message of love and service to ordinary people without the "high church" trappings of his predecessor.

There were certainly none of those trappings on display Thursday at the Casal del Marmo juvenile detention facility in Rome, where the 76-year-old Francis got down on his knees and to wash the feet of 12 inmates, two of them women. The rite re-enacts Jesus' washing of the feet of his 12 apostles during the Last Supper before his crucifixion, a sign of his love and service to them.

The church's liturgical law holds that only men can participate in the rite, given that Jesus' apostles were all male. Priests and bishops have routinely petitioned for exemptions to include women, but the law is clear.

Francis, however, is the church's chief lawmaker, so in theory he can do whatever he wants.

"The pope does not need anybody's permission to make exceptions to how ecclesiastical law relates to him," noted conservative columnist Jimmy Akin in the National Catholic Register. But Akin echoed concerns raised by canon lawyer Edward Peters, an adviser to the Vatican's high court, that Francis was setting a "questionable example" by simply ignoring the church's own rules.

"People naturally imitate their leader. That's the whole point behind Jesus washing the disciples' feet. He was explicitly and intentionally setting an example for them," he said. "Pope Francis knows that he is setting an example."

The inclusion of women in the rite is problematic for some because it could be seen as an opening of sorts to women's ordination. The Catholic Church restricts the priesthood to men, arguing that Jesus and his 12 apostles were male.

Francis is clearly opposed to women's ordination. But by washing the feet of women, he jolted traditionalists who for years have been unbending in insisting that the ritual is for men only and proudly holding up as evidence documentation from the Vatican's liturgy office saying so.

"If someone is washing the feet of any females ... he is in violation of the Holy Thursday rubrics," Peters wrote in a 2006 article that he reposted earlier this month on his blog.

In the face of the pope doing that very thing, Peters — like many conservative and traditionalist commentators — have found themselves trying to put the best face on a situation they don't like lest they be openly voicing dissent with the pope.

By Thursday evening, Peters was saying that Francis had merely "disregarded" the law — not violated it.

The Rev. John Zuhlsdorf, a traditionalist blogger who has never shied from picking fights with priests, bishops or cardinals when it concerns liturgical abuses, had to measure his comments when the purported abuser was the pope himself.

"Before liberals and traditionalists both have a spittle-flecked nutty, each for their own reasons, try to figure out what he is trying to do," Zuhlsdorf wrote.

But, in characteristic form, he added: "What liberals forget in their present crowing is that even as Francis makes himself — and the church — more popular by projecting (a) compassionate image, he will simultaneously make it harder for them to criticize him when he reaffirms the doctrinal points they want him to overturn."



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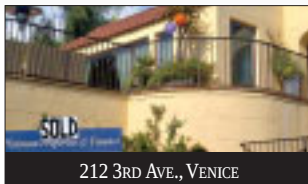
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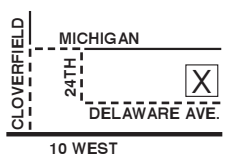


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Minimal WNW swell eases. Mostly shows for stand out spots with 1-3' surf there

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NORTH LOS ANGELES COUNTY

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March 27, 2013

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QUICK STATS
(for the last 30 days)

Number of sewage spills -- 1
Number of beach closures due to a sewage spill -- 0
Number of wet days -- 4
Number of A grades for dry/wet weather -- 35 / 20
Number of (C,D,F) grades for dry/wet weather -- 0 / 0

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Heal the Bay reminds you not to swim or surf within 100 yards of any flowing storm drain or for 3 days after a rainstorm. After a rain, indicator bacteria counts at beaches throughout California usually far exceed health criteria in the state's Beach Closures and Health Warning Protocol.

LOCATION	DRY	WET	LOCATION	DRY	WET
Leo Canillo Beach, at Arroyo Sequit Creek mouth.	A+	A+	Will Rogers State Beach at Bal Air Bay (behind rear fence).	A+	A+
Nicholas Beach at San Nicholas Canyon Creek mouth.	A+	A+	Will Rogers State Beach at Pulga Canyon storm drain.	A+	ns
El Pescador State Beach, between Luchessa and Las Alitas creeks.			Will Rogers State Beach at Tomesuel Canyon drain.	A+	A+
Escorial Canyon at El Mirador State Beach.	A+	ns	Will Rogers State Beach at Santa Monica Canyon drain (Chimneyrock).	A	F
Good Beach at Trancas Creek mouth.	A+	A+	Santa Monica Beach at Montana Ave. drain.	A+	A+
Zuma Beach at Zuma Creek mouth.	A+	A+	Santa Monica Beach at Wilshire Blvd. drain.	A+	A+
Walnut Creek, projection of Wilshire Rd. (private).	A+	ns	Santa Monica Municipal Pier.	F	F
Paradise Cove Pier at Ramirez Canyon Creek mouth.	A+	B	Santa Monica Beach at Pico/Center storm drain.	F	F
Escandido Creek, just east of Escandido State Beach.	A+	ns	Santa Monica Beach at Grand St. (in front of the restaurant).	A+	A+
Lodge Canyon Creek mouth.	A	A+	Ocean Park Beach at Ashland Ave. drain.	A	F
Salinas Canyon at San Benito County Beach.	A+	ns	Venice City Beach, at the Beach Ave. storm drain.	A+	ns
Puerto State Beach at creek mouth.	A+	A+	Venice Beach at Brooks Ave. drain.	A+	A+
Marin Canyon storm drain at Puerto Beach, at 24672 Malibu Rd.	A+	ns	Venice Beach at Wilwood Ave. drain.	A+	ns
Sunfider Beach at Malibu Colony fence.	A+	D	Venice Fishing Pier - 50 yards south.	A+	A+
Sunfider Beach (beach location) - daily.	A	F	Venice Beach - projection of Topical St.	A+	A+
Malibu Pier - 50 yards east.	A+	A+	Marina del Rey, Mothers' Beach - lifeguard tower.	D	F
Carbon Beach at Sunsetwater Canyon.	A	F	Dockweiler State Beach at Ballena Creek mouth.	A	F
Los Flores State Beach at Los Flores Creek (joint vent).	A+	ns	Dockweiler State Beach at Culver Blvd. drain.	A	ns
Big Rock Beach at 13548 PCH stairs.	A+	A+	North Westchester Storm Drain at Dockweiler State Beach.	A+	ns
Pena Creek at Los Toros County Beach.	A+	ns	Dockweiler State Beach at World Way (south of ONV jetty).	A+	A+
Tuna Canyon.	A+	ns	Dockweiler State Beach at Imperial Hwy drain.	A	ns
Topanga State Beach at creek mouth.	B	A+	Dockweiler Beach - opposite Hyperion Treatment Plant.	A+	A+
Carderock Storm Drain at Castle Rock Beach.	A+	ns	Dockweiler State Beach at Grand Ave. drain.	A+	A+
Santa Ynez Storm Drain at Castle Rock Beach.	A+	F			
Will Rogers State Beach at 17208 PCH (1/4 mile east of Sunset drain).	A+	ns			

LEGEND

DRY -- each location is graded on an A -- F scale based on bacterial pollution levels present in the surf zone
WET -- grades for days of recorded rainfall and the following 3 days
ns -- no sample taken



Heal the Bay is a non-profit environmental organization dedicated to making Santa Monica Bay and Southern California coastal waters safe and healthy for people and marine life.
© 2013 Heal the Bay. All rights reserved. Photo credit: simplehuman (bottom beach)

The Beach Report Card is an indication of past water quality and is not a warranty of the current safety of those areas surveyed. Our beaches are happy.

MLB

Buster Posey gets \$167M, 9-year deal from Giants

JANIE MCCAULEY
AP Baseball Writer

SAN FRANCISCO Buster Posey is the San Francisco Giants' new franchise man. The Giants rewarded NL MVP and batting champion with a \$167 million, nine-year contract Friday, a deal that includes a club option for 2022 that could raise the value to \$186 million over a decade. Posey had been due to make \$8 million this year. He instead gets a \$7 million signing bonus, with \$5 million payable Oct. 15 and the remainder Jan. 15, and his 2013 salary is reduced to \$3 million. He will make \$10.5 million in 2014, \$16.5 million in 2015, \$20 million in 2016 and \$21.4 million in each of the following five seasons. The Giants' option is for \$22 million with a \$3 million buyout. Posey's agreement includes a full no-trade clause. Is the longest for a catcher and the largest in Giants history, surpassing Matt Cain's \$127.5 million, six-year contract signed before the start of last season. In addition, the deal is a record guarantee for a player with fewer than three years of major league service time — more than doubling the \$80 million, seven-year contract Rockies slugger Carlos Gonzalez received before the 2011 season. It also is a record guarantee for a player with fewer than four years of service time, topping the \$151.45 million over 11 years Colorado's Todd Helton was assured in March 2001. The Giants captured their second championship in three years behind the play of the All-Star, who won the NL batting title and MVP award after missing most of 2011 following season-ending left leg and ankle injury. Posey batted .336 with 24 homers and 103 RBIs while playing 148 games for the NL West champions, including 111 starts at catcher and 29 at first base. During the Giants' 2010 and '12 championship runs, Posey has hit a combined .244 with four home runs and 14 RBIs — two of those homers and five RBIs coming in last year's

NL division series against the Reds in which San Francisco became the first team in big league history to rally from a 2-0 deficit to win a five-game series with three straight road victories. On May 25, 2011, Posey tore three ligaments in his left ankle and broke a bone in his lower leg in a devastating collision at the plate with Scott Cousins, then with the Marlins. Posey received his nice payday two days after turning 26. He could wind up playing his entire career in the Bay Area — and the Giants certainly hope that will be the case. The club posted a photo on its Twitter account Friday of Posey, CEO Larry Baer, general manager Brian Sabean, vice president and assistant general manager Bobby Evans and manager Bruce Bochy — with the hashtag “SFG4Life.” The 2010 NL Rookie of the Year is represented by the same agency that negotiated Cain's deal last year, and both sides were eager to do something again this year to lock Posey up for the long-term. “We're extremely pleased to reach an agreement that keeps Buster in a Giants uniform for a long time,” agent Jeff Berry of CAA Baseball said. “Buster and the Giants have brought each other mutual success, and this contract reflects Buster's extraordinary accomplishments in just three years in the Major Leagues.” The contract includes the following bonuses: \$100,000 for NL MVP, \$100,000 for World Series MVP, \$75,000 for NL championship series MVP, \$50,000 for a Gold Glove, \$50,000 for All-Star Game election, \$25,000 for All-Star selection and \$50,000 for a Silver Slugger. In 2010, Posey wasn't even called up from Triple-A Fresno until late May but still batted .305 with 18 home runs and 67 RBIs in 108 games to help the Giants capture their first NL West crown since 2003. San Francisco gave him \$6.2 million when he signed in August 2008 as the fifth overall pick out of Florida State, the richest deal for an amateur joining the Giants.

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MOVIE TIMES

Aero Theatre
1328 Montana Ave.
(310) 260-1528

Saturday, March 30
To Be or Not to Be (NR) 1hr39min
Heaven Can Wait (PG) 1hr41min
7:30pm

Sunday, March 31
Bugs Bunny Cartoon Classics (G) 1hr15min
4:00 pm

Ben-Hur (G)
7:30pm

AMC Loews Broadway 4
1441 Third Street Promenade
(888) 262-4386

Croods (PG) 1hr 38min
11:55am, 2:40pm, 5:15pm, 8:00pm, 10:30pm

Tyler Perry's Temptation (PG-13) 1hr 51min
11:00am, 1:35pm, 4:30pm, 7:00pm, 9:50pm

Admission (PG-13) 1hr 57min
11:30am, 2:05pm, 4:45pm, 7:30pm, 10:15pm

Call (R) 1hr 35min
12:15pm, 3:00pm, 5:40pm, 8:15pm, 10:35pm

AMC 7 Santa Monica
1310 Third St.
(310) 451-9440

Oz The Great and Powerful (PG) 2hrs 07min
11:55am, 1:20pm, 8:00pm

Host (PG-13) 2hrs 05min
10:15am, 1:05pm, 4:05pm, 7:05pm, 10:15pm

G.I. Joe: Retaliation (PG-13) 1hr 39min
1:00pm, 3:50pm, 6:45pm

G.I. Joe: Retaliation (PG-13) 1hr 39min
10:50am, 4:40pm, 10:30pm

Spring Breakers (R) 1hr 34min
10:40am, 3:00pm, 5:45pm, 8:30pm, 11:00pm

G.I. Joe: Retaliation 3D (PG-13) 1hr 39min
1:45pm, 7:30pm

Oz The Great and Powerful in 3D (PG) 2hrs 07min
4:50pm, 10:50pm

Croods 3D (PG) 1hr 38min
11:10am, 1:40pm, 4:30pm, 7:15pm, 10:00pm

Incredible Burt Wonderstone (PG-13) 1hr 40min
10:30am, 9:40pm

Olympus Has Fallen () 1hr 40min
11:00am, 2:00pm, 5:00pm, 8:00pm, 10:55pm

Laemmle's Monica Fourplex
1332 Second St.
(310) 478-3836

Mental (NR) 1hr 56min
1:30pm, 4:20pm, 7:20pm, 10:10pm

Happy Poet (NR) 1hr 25min
7:00pm

On the Road (R) 2hrs 20min
1:10pm, 9:15pm

Just 45 Minutes from Broadway (R) 1hr 48min
11:00am

No (R) 1hr 55min
1:20pm, 4:10pm, 7:10pm, 9:50pm

Gatekeepers (Shomerei Ha'saf) (PG-13) 1hr 35min
4:30pm

Ginger & Rosa (PG-13) 1hr 29min
1:00pm, 3:20pm, 5:40pm, 8:00pm, 10:15pm

Hava Nagila (The Movie) (NR) 1hr 13min
11:00am

AMC Criterion 6
1313 Third St.

(310) 395-7910

Tyler Perry's Temptation (PG-13) 1hr 51min
11:00am, 2:00pm 5:00pm, 8:00pm, 11:00pm

G.I. Joe: Retaliation (PG-13) 1hr39min
12:30pm, 7:00pm, 10:15pm

G.I. Joe: Retaliation 3D (PG-13) 1hr 39 min
11:00am, 3:15pm

Admission (PG-13) 1 hr 57 min
1:00pm, 5:30pm, 8:30pm 11:15pm

Olympus Has Fallen (R) 2 hr 0 min
12:00pm, 3:45pm, 6:30pm, 9:45pm

The Call (R) 1hr 36min
1:45pm, 4:30pm, 7:30pm, 10:30pm

Oz The Great and Powerful (PG) 2hr 10min
11:30am, 2:45pm

Oz The Great and Powerful 3D (PG) 2hr10min
6:00pm, 9:15pm

For more information, e-mail news@smdp.com

WITH FRIENDS TONIGHT, ARIES

ARIES (March 21-April 19)
***** Close relating seems right and fulfilling. You are unable to proceed any further without some R and R. Have a conversation with a loved one and assess your situation. Tonight: With your circle of friends.

TAURUS (April 20-May 20)
***** Defer to a partner. This person will enjoy your attitude and feel special. Don't let a power struggle become predominant; otherwise, you could ruin a close-to-perfect day. Conversations had today will happen again. Tonight: The more friends and family, the better.

GEMINI (May 21-June 20)
***** Slow down, and get some much-needed R and R. You might be confused as to which way you should turn in a situation. Enjoy a sense of new beginnings and different possibilities. Tackle your taxes and/or eliminate some extra work. Tonight: Aren't you a party animal?

CANCER (June 21-July 22)
***** Express your caring in a spontaneous, loving manner. What occurs could be quite different if you suddenly become stoic. A loved one could adore your expressive mood, and he or she will be more expressive as a result. Tonight: Fun and games.

LEO (July 23-Aug. 22)
***** You're typically not a stick in the mud, but right now, you could be mistaken for one. You'll consider making a change in your personal life, and you actually might decide to follow through on it later. Honor your needs. Tonight: Respond to an enticing invitation.

VIRGO (Aug. 23-Sept. 22)
***** Keep conversations moving by nodding more and making less critical comments. You could be amazed at what happens. Your sense of direction takes you down a new path. Tonight: Hang out with friends.

LIBRA (Sept. 23-Oct. 22)
***** Going overboard or developing a devil-may-care attitude will have its ramifications. Be aware of what your limits are. You can indulge only so much. Tonight: A conversation could be very informative.

SCORPIO (Oct. 23-Nov. 21)
***** You will toss yourself 110 percent into whatever you do. Your charisma and high energy attract many people. Knowing what you want as well as which way you should go will be instrumental to the outcome. You don't need to make any announcements. Tonight: Your treat.

SAGITTARIUS (Nov. 22-Dec. 21)
*** Know that you need some time to yourself to re-energize, get some R and R and/or take care of a project. Make plans for later in the day when you feel far more upbeat. Tonight: You are feeling your Wheaties.

CAPRICORN (Dec. 22-Jan. 19)
***** Join friends, go to a game or do some shopping. You are happiest when you're with others. You don't need to pressure yourself in the way you have in the past. Go with the flow. Meet up with loved ones if you want your day to sparkle. Tonight: Play it low-key.

AQUARIUS (Jan. 20-Feb. 18)
***** Others have many expectations of you, and you also have expectations of yourself. Know that you will be able to meet them, no matter what. Your sense of responsibility makes others feel secure. Make plans for late in the day. Tonight: Let the good times happen.

PISCES (Feb. 19-March 20)
***** Choose a fun activity or pastime that allows you to escape the here-and-now. Take a day trip to a favorite place, for example. Call a close friend or loved one to join you. The more adventuresome you are, the more fun that will be possible. Tonight: Others follow your lead.

Speed Bump

By Dave Coverly



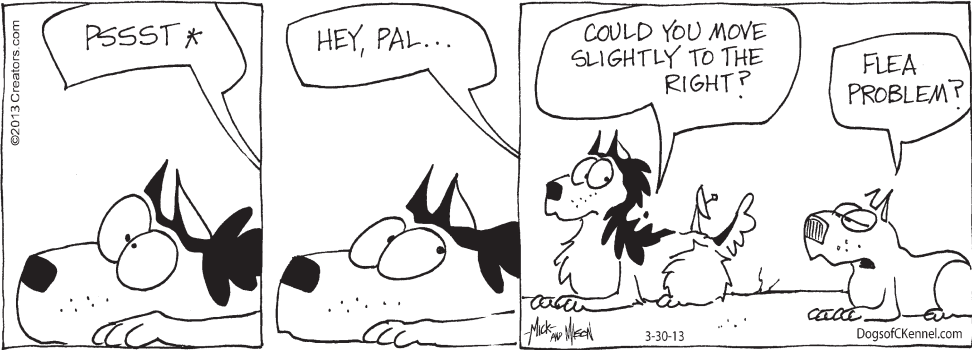
Strange Brew

By John Deering



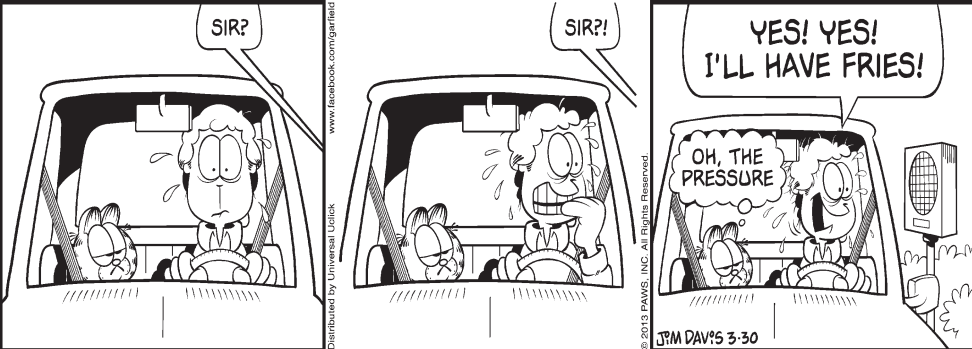
Dogs of C-Kennel

By Mick and Mason Mastroianni



Garfield

By Jim Davis



The Meaning of Lila

By John Forgetta & L.A. Rose



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Sudoku

Fill in the blank cells using numbers 1 to 9. Each number can appear only once in each row, column, and 3x3 block. Use logic and process of elimination to solve the puzzle. The difficulty level ranges from ★ (easiest) to ★★★★★ (hardest).

Difficulty Level ★★★★★

				6				
	8	5				9	6	
	6		3		8		4	
		7				1		
5								3
		1				8		
	7		9		2		3	
	2	9				5	8	
				4				

King Features Syndicate

GETTING STARTED

There are many strategies to solving Sudoku. One way to begin is to examine each 3x3 grid and figure out which numbers are missing. Then, based on the other numbers in the row and column of each blank cell, find which of the missing numbers will work. Eliminating numbers will eventually lead you to the answer.

SOLUTIONS TO YESTERDAY'S PUZZLE

1	3	5	7	8	4	9	6	2
2	7	9	6	5	1	3	8	4
8	6	4	9	3	2	5	1	7
5	8	1	4	9	3	2	7	6
3	4	2	1	7	6	8	9	5
7	9	6	8	2	5	4	3	1
6	2	3	5	1	9	7	4	8
4	5	7	3	6	8	1	2	9
9	1	8	2	4	7	6	5	3

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MYSTERY PHOTO

Daniel Archuleta daniela@smdp.com

The first person who can correctly identify where this image was captured wins a prize from the Santa Monica Daily Press. Send answers to editor@smdp.com. Send your mystery photos to editor@smdp.com to be used in future issues.

CROSSWORD

By THOMAS JOSEPH

ACROSS

- 1 Carps
5 Donated
9 Mother-less calf
10 News item
12 “— Teenage Werewolf”
13 Caesar’s land
14 “The Great Gatsby” town
16 Chestnut
17 Frank McCourt book
18 Well-behaved fellow
20 Wasp attacks
22 Trims drastically
23 Useful skill
25 Cracked
28 Long-standing
32 Zero, in cricket
34 Fresh prefix
35 Small rug
36 IRA, perhaps
38 Occur
40 Singer Mann
41 “Forget it!”
42 Families

43 Founder of Stoicism

44 Dispatch

DOWN

- 1 “Hold on, I’ve changed my mind!”
2 Tennis star Andre
3 Basic idea
4 Smooth-shelled urchins
5 Very beginning
6 St.’s kin
7 Triangle corner
8 Incense
9 Losing schemes

- 11 Distinct flavors
15 Pitcher Goose
19 Appointment
21 Informer
24 Spider cocoons
25 Jingle writer
26 City opposite El Paso

- 27 On the go
29 Kind of band
30 Super-star
31 Venetian rulers
33 Madrid month
37 Floor piece
39 D.C. VIP

L	A	P	S			Y	A	P	S		
A	P	R	I	L		A	C	R	I	D	
S	P	I	R	O		R	A	I	M	I	
T	E	N		V	I	N	T	N	E	R	
S	A	C	H	E	T	S		C	O	T	
	R	E	E	L	S		D	E	N	Y	
		S	A	Y		S	O	S			
C	A	S	T		W	E	L	S	H		
A	D	D		P	I	N	E	F	O	R	
R	A	I	S	I	N	S		I	C	E	
A	G	A	T	E			E	V	O	K	E
T	E	N	O	R			D	I	N	E	D
	S	A	P	S			P	A	Y	S	

Yesterday’s answer

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		1	2	3	4		5	6	7	8	
9							10				11
12							13				
14						15			16		
17					18				19		
20				21					22		
				23			24				
25	26	27				28			29	30	31
32					33				34		
35					36				37		
38				39			40				
41							42				
		43					44				

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NEWS OF THE WEIRD
BY CHUCK SHEPARD

■ Gary Ericcson, 46, was distraught in January at being charged with animal cruelty in shooting to death his beloved pet snake. He told the Charlotte Observer that he is not guilty, as the dear thing had already passed away and that he shot it only "to get the gas out" so that other animals would not dig it up after he buried it. He said he was so despondent (fearing that a conviction will prevent him from being allowed to have even dogs and cats) that in frustration he had shot up and destroyed a large cabinet that housed his Dale Earnhardt collectibles.

■ Among the Americans (all males, as usual) who accidentally shot themselves recently: A 19-year-old man, with the AR-15 assault weapon he had just stolen (Independence, Ore., March)*. An angler, shooting salmon (Thurston County, Wash., October). An 18-year-old man, shot in the "groin" while cleaning his gun (Port St. Lucie, Fla., September). A 59-year-old poor-multitasker, who tripped and fell holding his shotgun while talking on the phone to his girlfriend (St. Matthews, S.C., September)*. A police officer serving an arrest warrant (shot in the buttocks) (Mercer Island, Wash., November). A 54-year-old man at a gun show, mistaken about whether his gun was loaded) (Des Moines, Iowa, January). A 22-year-old man, showing off and flummoxed by whether a bullet was still in the chamber (Stamford, Conn., September)*. An 18-year-old man, similarly flummoxed (and suffering the same fate) (St. Petersburg, Fla., January)*.

TODAY IN HISTORY

1981- President Ronald Reagan is shot in the chest outside a Washington, D.C., hotel by John Hinckley, Jr.

2006- The United Kingdom Terrorism Act 2006 becomes a law.

WORD UP!

swivet
\ SWIV-it \ , noun;
1. a state of nervous excitement, haste, or anxiety; flutter: I was in such a swivet that I could hardly speak.

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--	---	--	---	--	--

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Personals

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DBAS

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Date of Filing Application: 02/20/2013
To Whom it may concern:
The Name(s) of the Applicant(s) is/are: DEL FRISCO'S GRILLE OF CALIFORNIA, INC.
The applicants listed above are applying to the Department of Alcoholic Beverage Control to sell alcoholic beverages at: 1551 OCEAN AVE. STE 105 SANTA MONICA CA 90401-2111
Type of License(s) Applied for: 47-ON-SALE GENERAL EATING PLACE Department of Alcoholic Beverage Control LOS ANGELES.
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CLASSIFIED ADVERTISING CONDITIONS: REGULAR RATE: \$7.50 a day. Ads over 15 words add 30¢ per word per day. Ad must run a minimum of twelve consecutive days. PREMIUMS: First two words caps no charge. Bold words, italics, centered lines, etc. cost extra. Please call for rates. TYPOS: Check your ad the first day of publication. Sorry, we do not issue credit after an ad has run more than once. DEADLINES: 3:00 p.m. prior the day of publication except for Monday's paper when the deadline is Friday at 2:30 p.m. PAYMENT: All private party ads must be pre-paid. We accept checks, credit cards, and of course cash. CORRESPONDENCE: To place your ad call our offices 9 a.m. to 5 p.m., Monday through Friday, (310) 458-7737; send a check or money order with ad copy to The Santa Monica Daily Press, P.O. Box 1380, Santa Monica, CA 90406. OTHER RATES: For information about the professional services directory or classified display ads, please call our office at (310) 458-7737.



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Average Price of ALL Santa Monica Single Family Homes From ALL agents in ALL companies Listed for Sale as of Late March 2013		
Santa Monica Canyon	=	\$ 7,746,667
North of Montana	=	\$ 4,503,429
Between Wilshire & Montana	=	\$ 2,299,750
South of Wilshire	=	\$ 660,000
Sunset Park	=	\$ 1,481,500
Ocean Park	=	\$ 1,881,333
Statistics updated every Friday		

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