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Volume 18 Issue 60

Santa Monica Daily Press

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City avoids Section 8 lawsuit

MATTHEW HALL
Daily Press Editor

The City of Santa Monica has settled a potential lawsuit over payments for Section 8 tenants.

A private housing provider had threatened to sue the City alleging payments amounts for Section 8 tenants were too low for current tenants. The city disputed the claim and the settlement compromise allows for higher payments for new tenants but retains lower payment amounts for existing tenants.

Section 8 payments are governed by Santa Monica's Housing Choice Voucher program (HCV). HCV is part of federal program administered by the U.S. Department of Housing and Urban Development (HUD) program for assisting very low-income households. The program establishes a maximum payment for housing based on the size of the unit and requires tenants to pay 30 percent of their income towards the rent. Vouchers pay the remainder up to the maximum amount.

In Santa Monica, the program caps payment at \$1,512 for a studio, \$1930 for a one bedroom, \$2,640 for a two bedroom, \$3,366 for a three or four bedroom unit.

Any household with an income less than 50% of that median income is potentially eligible to have their rent subsidized under the program.

The amounts can change over time and the threatened lawsuit was triggered by a payment revision.

"In 2016, the Housing

SEE **LAWSUIT** PAGE 6

Antisocial behavior isn't always criminal

MADELEINE PAUKER
Daily Press Staff Writer

Gwen Neidlinger stood in the dark outside her home on an early morning in June, waiting for her dog to finish doing his business.

She turned around to go back inside and almost bumped into a man standing right behind her.

He stood inches from her face and stared at her, then down at his shirt. He had one hand under it and appeared to be holding something. Then, he looked back at her.

Neidlinger pulled her dog by his leash and started running back to her front door. The man chased her, matching her speed.

She ran across the stoop and slammed the door. A security

SEE **ARREST** PAGE 7

LANDMARK

Courtesy photos

At tonight's meeting, City Council will consider a new proposed historic district on 11th Street consisting of certain properties located along the east side of 11th Street, between Wilshire Boulevard and Arizona Avenue and properties along the north side of Arizona Avenue between 11th Street and 11th Court Alley. The Landmarks Commission already approved the 11th Street Bungalow Historic District.




Resolutions can last the year, if reasonable

LILY RICHMAN
Daily Press Intern

It is still January and gyms are crammed with 2019 healthy-hopefuls and their lofty New Year's resolutions. Before these resolutions fade away, now is the time to create fitness habits and goals that will actually survive the year according to experts.

Don't adopt too many changes too quickly, cautions Nicole DiBona, a dietitian, at UCLA Health. Instead, DiBona urges

SEE **RESOLUTIONS** PAGE 8



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Calendar

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TUESDAY, JANUARY 22, 2019

Santa Monica Daily Press

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What's Up Westside

OUT AND ABOUT IN SANTA MONICA

Tuesday, Jan. 22

Write Away

Gain feedback and encouragement in
your writing efforts from fellow writers in
this supportive writer's meet-up. Fairview
Branch Library 12:00pm-2:30 pm.

Beach Volleyball-Youth

Ages 7-15; all levels; in a semi-private
setting. Annenberg Community Beach
House 3:30pm-5:00 pm.

City Council Meeting

Regular Meeting of the Santa Monica
City Council City Hall Council Chamber
5:30 pm.

Chess Night

Spend an evening playing chess with
family, friends and the community as
you enjoy the breeze and view of the
park. Limited chessboards; available on
a first-arrival basis. Pico Branch Library
6:00pm-7:30 pm.

Gentle Yoga at Fairview

In a class that is safe for seniors
and beginners, as well as relaxing
and stress-releasing for pros, veter-
an instructor Raghavan guides you
through a gentle session of yoga and
meditation. Space is limited. Please
bring a mat or towel to the program.
Fairview Branch Library 6:30 pm.

Wednesday, Jan. 23

Santa Monica Certified Farmer's Market

Today, the Wednesday Farmers Market
is widely recognized as one of the larg-
est and most diverse grower-only CFM's
in the nation. Some nine thousands food
shoppers, and many of Los Angeles' best
known chefs and restaurants, are keyed
to the seasonal rhythms of the weekly
Wednesday Market. 8 a.m. - 1 p.m.

Serialist Painting with Max King Cap

Serialism: Repetition in Visual Art. Create
a repetitive geometry-based design proj-
ect. The use of pattern and repetition

has a long a varied history in visual
art. Through strategies like Pattern &
Decoration, Minimalism, and Op Art, art-
ists have employed the most elemental
of mark marking to create engaging,
mesmeric, and striking compositions.
This workshop will help each participant
become familiar with some of the basic
principles of color and composition.
Cost: \$5 Register online or call (310)
458-2239. Palisades Park 12 - 2 p.m.

Yoga CANCELED

Class is canceled due to event.
Annenberg Community Beach House
1:00 pm.

Thursday, Jan. 24

Beach Volleyball-Youth

Ages 7-15; all levels; in a semi-private
setting. Annenberg Community Beach
House 3:30pm-5:00 pm.

Using Real Food to Heal

Start the year out right learning which
foods can help heal chronic condi-
tions and which can work against you.
Nutrition and wellness teacher Julie
Hoskin explains the science behind
how it works and shares practical tips
for implementing real change. Fairview
Branch Library, 7 - 8:30 p.m.

Friday, Jan. 25

Mat Pilates

Learn the techniques of Pilates, a
system of controlled exercises that
engage the mind and condition the
total body. Montana Avenue Branch
Library, 3 - 4 p.m.

Craft, Swap, or Create

Do you have leftover yarn, extra but-
tons, or scraps of ribbon you haven't
used in months? Join us at the library to
share your crafting supplies or find new
crafting treasures, and while you are
at it, make some time to create, invent
and learn a new craft or skill. Sewing
machine, crochet tools, and other items
available for your use. Pico Branch
Library, 2:30 - 4:30 p.m.

For help submitting an event, contact us at
310-458-7737 or submit to events@smdp.com

COMMUNITY BRIEFS

Citywide
Novelist Wally Rudolph Named Spring 2019 Writer-in-Residence at the Annenberg Community Beach House

City of Santa Monica Cultural Affairs announces novelist Wally Rudolph as writer-in-residence at the Annenberg Community Beach House. Born in Canada to Chinese-Jamaican immigrant parents and raised in Texas, Wally Rudolph settled in Los Angeles after a peripatetic youth. He is a multidisciplinary artist and diversity advocate whose debut novel, *Four Corners* (Counterpoint/Soft Skull, 2014) garnered praise for its unflinching prose and drew comparisons to the hard-edged but compassionate work of Denis Johnson among others. His second novel *MIGHTY, MIGHTY* was published to critical praise in 2015.

During his tenure at the Beach House (January 16 to March 20, 2019) he is working on a new novel, *The Ox, The Horse & The Boar*. He also post weekly updates about his residency at beachhouseair.blogspot.com, hold open office hours, and present a series of three public conversations on the theme of Creating Art in Times of Strife. In these conversations, Rudolph speaks with socially conscious artists across several disciplines and discusses how the current state of socio-political polarization and environmental crisis affect and inform each artist's respective process and practice.

THE PUBLIC IS INVITED TO OFFICE HOURS FOR QUESTIONS ABOUT WRITING AND THE PUBLISHING PROCESS FROM 11 A.M. - 2 P.M. ON THE FOLLOWING DAYS:

- Friday, Feb. 2, 15, 22
- Sunday, Feb. 3
- Sunday, March 3
- Friday, March 15

PUBLIC EVENTS:

AT THE ANNENBERG COMMUNITY BEACH HOUSE, 415 PACIFIC COAST HWY, SANTA MONICA CA 90402

Tuesday, Jan. 29, 6:30 - 8 p.m. | Creating Art in Times of Strife Conversation with filmmaker Christine Yoo | Free | RSVP

Tuesday, Feb. 12, 6:30 - 8 p.m. | Creating Art in Times of Strife Conversation with artist Neha Choksi | Free | RSVP

Tuesday, Mar. 26, 6:30 - 8 p.m. | Creating Art in Times of Strife Conversation with TBD | Free | RSVP

AT THE CAMERA OBSCURA ART LAB, 1450 OCEAN AVE, SANTA MONICA CA 90401

Wednesday, Feb. 20, 10:30 a.m. - 12:30 p.m. | Poets & Writers Literary Roundtable Conversation on Diversity & Inclusion | Free | RSVP

To learn more about Wally Rudolph, please visit www.wallyrudolph.com or the Annenberg Community Beach House website, annenbergbeachhouse.com.

SUBMITTED BY MIRANDA IGLESIAS, PUBLIC INFORMATION COORDINATOR

SMC
Ken Buckner Exhibition Opening Reception January 24

The Santa Monica College Emeritus Art Gallery will present "A Lens to Life," a solo exhibition of photographic works by artist, Vietnam veteran, and SMC Emeritus photography instructor Ken Buckner.

The exhibition is open to the public from Thursday, January 24, to Wednesday, March 6, with an opening reception from 5 to 6:30 p.m. on Thursday, January 24. The exhibition and opening reception are free.

The SMC Emeritus Art Gallery is located on the first floor of the SMC Emeritus Campus, 1227 Second St., in downtown Santa Monica. Parking is available next door in Santa Monica Public Parking Structure No. 2.

Buckner is a disabled Vietnam veteran with a 30-year career in Hollywood photographing the models, fashions, and movie stars from the 1960s to the 1990s. He was invited to hold his first solo exhibit on the day he graduated from the Brooks Institute of Photography in Santa Barbara in 1971.

After moving to Los Angeles, one of his first subjects was Edward G. Robinson, who selected the portrait for the cover of his autobiography. Buckner describes Robinson as "a very gentle man who has the unique ability to 'look right through you,' and I was very lucky to

capture that part of his personality."

Buckner took a job as the cast photographer on "Rowan and Martin's Laugh-In," then went on to author one of the top-selling photography books, *Available Light Photography*. He later worked as a photographer for the catalogs and ads of exclusive department stores. After developing a reputation for superior headshots and glamour portraits, Buckner opened a small studio in Beverly Hills, which he operated until he returned to school to become a teacher.

During his professional career, Buckner worked with top fashion designers that included Givenchy and Ralph Lauren, top models Cheryl Tiegs, Christina Ferrare, Rene Russo, Maud Adams, and Jerry Hall, and movie stars George Burns, Henry Fonda, and Gene Hackman. Buckner's work also appeared in many of the top fashion and glamour magazines.

In 1998, Buckner was hired to teach in SMC's Emeritus program by founder and now-retired Associate Dean Maggie Hall, who guided the program for 35 years. "Teaching photography classes at Emeritus is more fun than you can imagine. My students constantly amaze me, and make me a better photographer. Many times, even with all my experience and training, they see things and shoot things that truly impress me. Keeps me humble, and their enthusiasm keeps me alive," said Buckner.

"I enjoy capturing someone in such a way that both the subject and the viewer are surprised. Photographing people has always been my greatest love. My portrait of 'Maggie' was one of my best efforts. It was my 'Thank You' to her for hiring me, and the most delightful part was how thrilled she and everyone else was with the end result. I loved that."

SMC Emeritus Gallery hours are 8:30 a.m. to 4:30 p.m. Monday through Friday. For information, please call 310-434-4306.

SMC's widely praised Emeritus program - founded by Santa Monica College in 1975 as a noncredit program to serve the lifelong learning interests of older adults - offers more than 120 noncredit adult education classes and special programs that serve more than 3,000 students each year. For more information, see smc.edu/emmeritus.

SUBMITTED BY GRACE SMITH, SMC PUBLIC INFORMATION OFFICER

Pacific Palisades
Palidems 2019 Annual Meeting Open To All

Locals are invited to meet & greet elected officials, including State Sen. Ben Allen, Assemb. Richard Bloom and US Rep. Ted Lieu.

Sunday, January 27 from 2 - 4 p.m. (1:30 - 2 p.m. mingle) at the Pacific Palisades Woman's Club 901 Haverford Ave. Free Admission (Suggested Donation \$10). Light refreshments will be served. Free on-street & on-site parking. Visit www.palidems.org or call (310) 230-2084 for more information.

SUBMITTED BY PACIFIC PALISADES DEMOCRATIC CLUB.

Bergamot Station
Affordable Arts Space Now Available at Bergamot Station Arts Center

Bergamot Station Arts Center is currently accepting applications for tenants seeking affordable arts space in Santa Monica. This opportunity was developed in collaboration with Worthe Real Estate Group (WREG) and the City of Santa Monica Cultural Affairs and Arts Commission, with the goal of ensuring that the arts remain a vibrant part of the City's ecosystem. The vacancies are for organizations, arts collectives or for-profit arts entities that provide public programming. Applications will be reviewed based on their artistic quality, community benefits and the degree to which they will activate the Bergamot Station arts campus. The application deadline is Friday, Jan. 25, with finalist interviews occurring in late February.

The site currently has three open vacancies, with the spaces available ranging from 1,000 to 4,000 square feet. The application is open for both long-term and short-term leases. Those interested are welcome to submit more than one application, in addition to being able to submit applications for both long-term and short-term tenancies. Multiple groups who would like to apply together to share a space are also encouraged to apply. Short-term use is defined as 30 days to one year. Long-term use is defined as a year or more.

Bergamot Station is now under the management of the Worthe Real Estate Group (WREG), which is under lease for the property with the City of Santa Monica.

To learn more about these opportunities, review the guidelines and apply at: <http://bit.ly/BergamotStationArtsApplication> or visit www.smgov.net.

SUBMITTED BY MIRANDA IGLESIAS, PUBLIC INFORMATION COORDINATOR

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What's the Point?

David Pizarra

Send comments to editor@smdp.com

Is This Your Year Of Change ?

Humans hate change. We're hardwired to prefer stability, consistency and safety. This makes sense from an Darwinian standpoint, because those who were most stable and consistent survived the best, and that leads to more of them which is the underpinning of the theory. The humans who are the most adventure seeking, risk taking creatures, are the ones who were winnowed out, and therefore they would reproduce less. So after a millennia or so, the personality trait of resistance to change becomes stronger. Which is why those annual resolutions are so hard to maintain.

Welcome to week three of 2019 - statistically most of those of us who have made resolutions are petering out right about now. It makes sense, the brain and the body have comfort levels that they work very hard to maintain. We're all familiar with the body's normal temperature being 98.6, but are you aware that you have an emotional temperature?

The reality is that we all have "normal" for our lives, and that is driven by many factors, what we're used to physically experiencing and what emotionally we can handle. The same way that our body will do everything it can to regulate our internal heat, the subconscious mind will do all it can to keep us in the same mental and physical state, based on our beliefs, about what, and who, and how we operate, to preserve the status quo of our life stable.

Which is why changing requires dedication and a strategy to be effective. This past December as I was preparing for the talk I give each year to the Open Circle Society in Ajijic, Mexico, I was watching TEDx talks on change. I came across one by BJ Fogg, PhD on how little habits can be formed to improve our health. His position based on the 20 years of research he's done, is that simple habits, tied to an emotion can create big changes.

The process for making these changes is so basic you'll laugh at first - at least I did. Decide on a behavior you want to change, say incorporating a bit more exercise into your life, instead of trying to figure out how to put an extra 90 minute daily workout and yoga routine into your day, add in a simple, little change. Dr. Fogg used himself as an example of what you can do to start making changes: after he would urinate, he would do 5 push-ups and then, and this is KEY - he would do a little "Woo HOO" to reinforce the positive emotional connection. (are you laughing at this? It seems funny, but it works). He found that he was doing 20-40 push-ups a day based on coffee intake.

The human mind will constantly pull us back to a state of "normal" unless we counterbalance it with something as simple as a "woo hoo". Here's the other good news - science is starting to recognize that even little bits of additional exercise can make a big impact over a surprisingly short amount of time. I know this because I'm a walking example of it.

Years ago I went snowboarding and as a lifelong skier, I thought it would be easy - I was wrong. Snowboarding is a very different thing and the skillset is opposite that of skiing and no great surprise I fell flat on my butt, and in the process I broke a tailbone. Breaks to the tailbone don't get "set" they just have to heal over time on their own, lots and lots of time. This led to some muscle atrophy in my lower back, which led to a chronically weak back that would go out from time to time. I would be laid up with back pain for a week to ten days before it subsided.

This past year my back went out and stayed out. For months I was walking at an angle, and in mild to severe pain. Finally, as a typical male, after far too long I went to my doctor and he took a quick look, said I had no muscle tone there, and needed to go to physical therapy. I was referred to the Santa Monica physical therapy firm of Wehner & Associates on Wilshire Blvd. I walked in and was assigned Jennifer Thai this charming, experienced and knowledgeable young woman to teach me some exercises to relieve the pain and stress.

Jennifer had me doing some mild leg exercises, then some lifts and some other things that in the recesses of my mind I was dismissing as "this won't work". See my knowledge of working out was basically formed as a 15 year old boy in high school. That was more than a few years ago, and evidently the science of it all has progressed. Within 5 days of these simple, no stress exercises, where I was not sweating, just getting a bit dewy, I was back to walking normally and the pain had disappeared. Jennifer had given me a routine that took me less than 15 minutes and my back was getting strength again.

I realized that both Dr. Fogg's practice, and the things that I learned from Jennifer Thai were real and valuable in a very short amount of time. Which is why in my speech this past December in Ajijic I said from the stage that I was going to do 7,300 sit-ups this year. That seems like a big number, but in reality I'm doing them 20 a day. I can honestly say that since that speech I have done 20 sit-ups a day, and I can see and feel a difference. It takes me about a minute and I do them before bed.

Little changes add up to big changes. Science has proven it, and I'm here to say science is right.

The key to keeping those resolutions is to make smaller and smaller ones, that you can celebrate every time, and have them tied to a trigger. For me, it's a little thing I do before bed, for Dr. Fogg it was urinating, what's it for you? What will it take for you to add in a small, repeatable behavior that takes less than 2 minutes to perform, so you can see that this works?

David Pizarra is a family law attorney focusing on fathers' rights and men's issues in the Santa Monica firm of Pizarra & Grist. He can be reached at dpizarra@pizarra.com or (310) 664-9969.

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COMMUNITY BRIEFS

Pacific Palisades
Author talk

Author and historian David Boulé discusses and signs The Orange and the Dream of California for the Culinary Historians of Southern California 2 p.m. on Saturday, February 16 at Pacific Palisades Library, 861 Alma Real Dr. Pacific Palisades.

The Orange and the Dream of California takes a lively, literary, and extraordinarily visual look at the symbiotic and highly symbolic relationship between the Golden State and its “golden apple.” Untold thousands of adventurers and health-seekers came West in the late nineteenth and early twentieth century, lured by postcards of orange blossoms juxtaposed to snow-capped mountains. Orange juice became the way to start every day after Sunkist spread the word that drinking a California orange was not only as sweet and delicious as eating one, but held the promise to a healthy life.

The orange became a symbol of everything California promised, and California became the center of the Orange Empire. “King Citrus: Oranges and the California Dream” takes a lively, literary and extraordinarily visual look at the symbiotic and highly symbolic relationship between the Golden State and its “golden apple,” and how they built on one another for centuries to feed the imagination and conjure a compelling fantasy.

Beyond the fantasy, the orange also dramatically changed California’s economy, culture, population and image. Largely forgotten in today’s world of Silicon Valley, entertainment and aerospace, the orange remains one of California’s biggest, most interesting stories.

Third-generation Californian, David Boule has been researching and collecting bits of the Golden State’s citrus past for almost five decades. David has been profiled, and his collection featured, on public television, in the Los Angeles Times, LA Magazine and on National Public Radio. His book, The Orange and the Dream of California, was published in 2014 by Angel City Press. In 2017 he donated his collection to The Claremont Colleges library, which has mounted several exhibits using the archive.

For more information on the event visit <https://www.chsocial.org/mec-events/king-citrus-oranges-and-the-california-dream-by-david-boule/>.

For more information on David Boulé’s book The Orange and the Dream of California visit <https://www.angelcitypress.com/products/orng>.

SUBMITTED BY JIM SCHNEEWEIS, ANGEL CITY PRESS

Malibu
The Pepperdine Fine Arts Division presents: Die Fledermaus

Members of The Flora L. Thornton Opera Program will perform Johann Strauss’s beloved operetta Die Fledermaus at Pepperdine University’s Smothers Theatre on Thursday, February 21 and Saturday, February 23, at 7:30 p.m. at the Lisa Smith Wengler Center for the Arts.

Tickets, starting at \$20 for adults, \$16 for Pepperdine faculty and staff, and \$10 for full-time Pepperdine students, are available now by calling (310) 506-4522 or visiting arts.pepperdine.edu.

Mistaken identities, love affairs, and lighthearted revenge are all tied together with the intoxicating rhythm of the Viennese waltz. Die Fledermaus is both nostalgic and progressive. It captures the charm of cosmopolitan Vienna and imagines what would happen if for just one night, we were free of the bonds of our social status. Pepperdine’s production of Die Fledermaus is directed by Assistant Professor of Music and Director of Opera Keith Colclough.

Colclough directs the all-student cast, which features Danielle Adair, Bethany Adamski, Noah Archibald, Rebecca Calix, Jack Gerding, Brandon Gille, Joe Hebel, Andrea Hupman, Liam Nixon, Adrian Patiño, Alexis Raymond, Angelo Silva, Nathan Thompson, Emma Ujifusa, and Kaytlin Withers.

“Die Fledermaus is the kind of show that makes you want to get up and dance. Johann Strauss II, the “Waltz King,” earns his title with a parade of intoxicating waltzes and polkas. The plot sustains a joyously cynical wit which makes the action bubble forth. If we play our parts well, the audience should have a hearty laugh and leave whistling their favorite tune of the night,” said Colclough.

Sung in German with supertitles and English dialogue.

The Flora L. Thornton Opera Program at Pepperdine University has developed a reputation as one of the nation’s leading undergraduate vocal programs. It features an annual fully-staged opera, a biennial summer intensive in Heidelberg, Germany, and master classes with top industry professionals. A one-million-dollar endowment from Flora Laney Thornton, one of Southern California’s most beloved and honored arts philanthropists, ensures high-quality productions and often contributes scholarship aid for the summer opera program abroad. Pepperdine graduates have won scholarships to many of the nation’s most prestigious graduate programs, including The Juilliard School, Yale Graduate Opera Program, Cincinnati College Conservatory of Music, Northwestern University, Rice University, and USC. Pepperdine graduates are now gracing the rosters of America’s leading opera companies, including The Metropolitan Opera, Chicago Lyric Opera, Los Angeles Opera, Santa Fe Opera, San Francisco Opera, and Seattle Opera.

The Lisa Smith Wengler Center for the Arts at Pepperdine University provides high-quality activities for over 50,000 people from over 800 zip codes annually through performances, rehearsals, museum exhibitions, and master classes. Located on Pepperdine’s breathtaking Malibu campus overlooking the Pacific, the center serves as a hub for the arts, uniquely linking professional guest artists with Pepperdine students as well as patrons from surrounding Southern California communities. Facilities include the 450-seat Smothers Theatre, the 118-seat Raitt Recital Hall, the “black box” Helen E. Lindhurst Theatre, and the Frederick R. Weisman Museum of Art.

Die Fledermaus, Thursday, February 21, at 7:30 p.m. and February 23, at 7:30 p.m. Smothers Theatre, Pepperdine University, 24255 Pacific Coast Highway. \$20 for adults, \$16 for Pepperdine faculty and staff, \$10 for Pepperdine students. For more information call (310) 506-4522 or arts.pepperdine.edu.

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LAWSUIT

FROM PAGE 1

Authority received authorization from HUD to increase the maximum payment standards for Section 8 voucher holders," said a statement from the City Attorney's office. "The Housing Authority sought the increased payment standard in order to help voucher-holders be more competitive when seeking apartments in the open market. After the HUD-approved increase, the Housing Authority generally authorized higher payment amounts for new tenancies in market rate housing. For new tenancies in deed-restricted housing, the Housing Authority generally did not authorize the higher payment amounts because the existing deeds already limit the allowed rental amounts. The deeds include language allowing for the rent to be set under the Section 8 program."

According to the City Attorney's office, SAMO Apartments, LLC threatened to sue the City and the Housing Authority alleging that the deed restriction mandated Housing Authority's payment of the higher payment standard amount approved by HUD in 2016.

"The agreement settles the potential litigation without conceding the legal position of the City and Housing Authority," said the statement. "The terms of the settlement would enable application of the most current maximum payment amount approved by HUD for all new Section 8 voucher holders in SAMO Apartments and maintain the current rental amounts for existing voucher holders in SAMO Apartments."

The Los Angeles County Board of Supervisors also recently acted on behalf of Section 8 tenants.

According to Supervisor Sheila

HCV qualification amounts

Family Size	Annual Income
1 Person	\$33,950
2 Persons	\$38,800
3 Persons	\$43,650
4 Persons	\$48,450
5 Persons	\$52,350
6 Persons	\$56,250
7 Persons	\$60,100
8 Persons	\$64,000

Kuehl's office, the County motion prohibits landlords from denying a lease to prospective renters on the basis of their source of income, such as Section 8 voucher holders and also calls for fair housing testing, tenant education, landlord incentives, a study of gentrification and displacement, and a \$5 million commitment to the effort.

The effort followed reports that showed the County had a disproportionately high rate of denials for Section 8 tenants seeking housing and an exceptionally tight housing market. "Implementation of the nation's Fair Housing Act is 50 years overdue," said Supervisor Sheila Kuehl, author of the motion. "With today's action, LA County is saying we will wait no longer. Discrimination in housing is exacerbating our housing and homelessness crisis by allowing landlords to discriminate and deny leases to families who want and can pay for housing."

While the County's actions occurred within days of the City announcing its settlement, the two were not connected.

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ARREST

FROM PAGE 1

camera showed the man slowly walking up to the door and waiting there for a few moments before leaving.

Neidlinger immediately called 911. It was 4:13 a.m., and Santa Monica Police Department officers arrived at her apartment on 6th Street between Montana Avenue and Wilshire Boulevard. They told her they had located the man, Alfonso Flores (a 35-year-old man from Culver City), and had detained him in a police car. Flores had been released from prison just four days prior.

What the officers didn't tell Neidlinger is that they released him across the street from her building just ten minutes later.

"I think SMPD left me in more danger than I was while he was chasing me," Neidlinger said.

After Neidlinger repeatedly insisted upon filing a police report and showed officers surveillance video of the man loitering outside of her door, SMPD put out a warrant for his arrest and took him into custody in October on prowling charges.

While following someone is not illegal unless it happens repeatedly – that qualifies as stalking – prowling, which is defined as lingering on someone's property, is a misdemeanor offense. The Santa Monica City Attorney's office dismissed Flores' case Nov. 15 after finding insufficient evidence for prowling.

This month, another woman walking in the dark near Third Street and Broadway noticed a man following her. Fearful for her safety, she approached a few police officers she saw nearby and pointed out the man.

When the officers spoke to Flores, the same individual that had followed Neidlinger, they found that he was on probation for fraud and searched him. They

found that he had stolen someone's bank card and made purchases with it. He had also taken the person's prescription pills.

Officers arrested Flores that night, Jan. 3, for identity theft, possession of methamphetamine and possession of a controlled substance without a prescription. His bail was set at \$50,000. The arrest was not tied to his behavior toward the woman, just to the theft and drugs.

The law protects individuals from being repeatedly followed with malicious intent. However, that definition is tied to the repetition of the same action with the same individual, not the repetition of the same action with many individuals.

"Stalking needs to be ongoing or continuous, and there's nothing in the law that accounts for following multiple people," said deputy city attorney Jenna Grigsby-Taggart.

Following multiple women might not qualify as a crime alone but police are not without a remedy in such cases, said Peter Johnson, a lecturer in the UCLA School of Law.

"Depending on the circumstances, police could investigate if the person has violated statutes on disorderly conduct, loitering, creating a public nuisance and a variety of other things," he said.

Criminal statutes that cover these types of behaviors focus on the intent of the accused, however, and what one person might call following another person might call walking down the street. It would be crucial to balance the rights of the accused with the right of individuals to their privacy, Johnson said.

"Something that appears to be antisocial may not be a crime, so the police have a responsibility to balance what might be a criminal act as opposed to someone just looking at a homeless person and saying they feel threatened," he said.

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SURF FORECASTS

TUESDAY - FAIR - SURF: 2-3 ft waist to stomach high
Modest WNW swell-mix. Small Southern Hemi swell in the mix. Deep AM high tide.

WEDNESDAY - POOR TO FAIR - SURF: 1-2 ft ankle to knee high occ. 3 ft
WNW swell bottoms out for the week.

CRIME WATCH BY DAILY PRESS STAFF

Crime Watch is culled from reports provided by the Santa Monica Police Department. These are arrests only. All parties are innocent until proven guilty in a court of law.

ON JANUARY 10, AT ABOUT 8:36 P.M.

While patrolling the area of 11th Street and Michigan Avenue, officers saw a bicyclist fail to stop for a red light. Officers stopped the bicyclist for the violation. The subject did not have any form of identification on him. The subject admitted to possessing methamphetamine and paraphernalia. Officers recovered a small baggie of methamphetamine and a narcotics smoking pipe. The subject was taken into custody. Additionally, officers determined the bicycle he was riding was valued at about \$2500 and possibly stolen. Carlos Alvarado Martinez, 27, from Santa Monica was arrested for possession of stolen property, possession of methamphetamine and possession of narcotics paraphernalia. Bail \$20,000.

COMMUNITY BRIEFS

Santa Monica

Santa Monica Democratic Club's first monthly membership meeting of 2019 on January 23

The Santa Monica Democratic Club is proud to welcome one of the biggest red-to-blue flips of the 2018 cycle: newly sworn-in Sheriff Alex Villanueva joins the club to discuss his campaign and what kind of reforms we can expect from the LA Sheriff's Department under his leadership.

Wednesday, January 23, at 6:30 p.m. Program starts at 7 p.m. at the Santa Monica Main Library - MLK Auditorium, 601 Santa Monica Boulevard.

Additionally, this January 27, local Democrats will have a chance to gather at Santa Monica College and elect delegates from the 50th Assembly District to the California Democratic Party. The District stretches from Agoura Hills to Hollywood and is centered in Santa Monica. Delegates will help shape the future of the nation's most progressive Democratic Party, influencing legislation that will have an impact on the lives of all Californians.

All registered Democrats in the 50th Assembly District are eligible to vote on January 27. Those who are not already registered to vote as Democrats can register to vote on-site.

January 27, 10 a.m. - 1 p.m. Santa Monica College - 1900 Pico Blvd. Humanities and Social Sciences Building.

For more information visit www.santamonicaDemocrats.com or call (215) 962-4357.

SUBMITTED BY THE SANTA MONICA DEMOCRATIC CLUB

RESOLUTIONS

FROM PAGE 1

clients to set reasonable goals and follow through on them.

"Gyms or fitness studios will be much more packed in the beginning of the year because of everybody's resolutions. And then, over time, that dwindles down. I think people go too big, too hard, too soon," DiBona said. "Small changes over time can create a big impact."

To that end, DiBona recommends gradual diet changes to improve health. DiBona advises eating foods with "deep" colors like blueberries and sweet potatoes and "dark, leafy greens" like kale, spinach and cabbage, all of which are filled with antioxidants and nutrients.

DiBona says that people should do their best to avoid sodas, pro-inflammatory oils (like canola, sunflower and safflower oil) and foods that include processed sugar. For daily soda drinkers, for example, DiBona recommends slowly removing sugar-sweetened drinks, first by skipping soda one day per week and continuing until soda becomes "an occasional treat."

Jackson Day, General Manager at Crossfit Santa Monica on Main Street, says that people sometimes walk into his gym with misconceptions about the relationship between food, exercise and health. Too often, Day hears from clients who believe they need to cut down on food consumption in order to lose weight.

"When you start working out, it's important to maintain what you're eating," Day said. "It's just about changing what type of fuel they're putting in their body."

Day recommends working out six days per week, even if that means only 15-20 minutes of high-activity exercise each day. DiBona advocates a combination of cardiovascular exercise and strength building. For anyone looking to add a new component to their exercise routine, she suggests trying yoga for its added emphasis on mental health and mindfulness.

Deborah Watkins, Santa Monica personal trainer and owner of Lifelong Pilates on Wilshire Blvd., encourages clients to start small with workouts they enjoy.

"Pick one thing. It may be something as mediocre as 'I'm going to drink more water,' or it may be harder like 'I'm going to give up sugar,'" Watkins said. "Do not choose something that you don't like because if you don't like it, you're not going to do it."

Watkins named her company "Lifelong Pilates" with the belief that exercising and staying fit is a long-term, continual effort.

Likewise, DiBona emphasized that being healthy is a way of life.

"Something that we forget about health and wellness is that it is more of a lifestyle than it is a short-term thing," DiBona said. "Being healthy takes commitment and consistency."

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Draw Date: 1/16
14 29 31 56 61
Power#: 1
Jackpot: 129M

Draw Date: 1/15
29 52 58 60 62
Mega#: 7
Jackpot: 68M

Draw Date: 1/16
1 22 34 37 44
Mega#: 27
Jackpot: 11M

Fantasy 5 Draw Date: 1/17
22 24 30 33 38

DAILY 3 Draw Date: 1/17
MIDDAY: 8 4 6
Draw Date: 1/17
EVENING: 8 0 7

DAILY DERBY Draw Date: 1/17
1st: 09 Winning Spirit
2nd: 08 Gorgeous George
3rd: 02 Lucky Star
RACE TIME: 1:44.65

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WELL NEWS BY SCOTT LALEE

Counts
■ 317: Millions of women and girls in 69 low-income countries who reported using contraception in 2018, up from 271 million in 2012.

Stories for the Waiting Room
■ In ancient Egypt, where dogs were revered, a person bitten by a rabid dog was encouraged to eat the roasted liver of a dog infected with rabies to avoid contracting the disease. The tooth of a dog infected with rabies would also be put in a band tied to the arm of the person bitten.

Last Words
■ "I've never felt better."
-- AMERICAN ACTOR DOUGLAS FAIRBANKS SR. (1883-1939)

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SOLUTIONS TO YESTERDAY'S CROSSWORD

	T	I	C			U	M	P	S			E	R	A	S	E
S	O	D	A			M	E	A	L			X	E	R	O	X
A	M	E	N			B	R	I	E			E	X	I	L	E
M	E	A	T		G	R	I	N	D	E	R			S	E	C
			B	E	E	T					A	C	C	E	S	S
A	S	W	E	L					T	R	I	O				
L	E	A				L	A	I	R			S	M	A	R	T
V	E	G	E	T	A	B	L	E	P	E	E	L	E	R		
A	R	E	N	A			C	L	E	O				M	E	A
			D	I	P	S					S	T	E	A	D	Y
H	A	S	S	L	E					S	T	A	R			
I	R	E			G	A	R	L	I	C	P	R	E	S	S	
F	O	N	D	A			T	A	R	A			A	R	I	A
I	M	O	U	T			E	V	E	R			T	A	N	G
S	A	R	G	E			S	A	N	D			A	S	K	

Sudoku

Fill in the blank cells using numbers 1 to 9. Each number can appear only once in each row, column, and 3x3 block. Use logic and process of elimination to solve the puzzle.

9					1			
		1		2			3	6
5		6			3	4		
7		5						2
	1		6		4		7	
8						3		4
		4	2			6		7
1	8			5		2		
			8					3

SOLUTIONS TO YESTERDAY'S SUDOKU

1	3	2	6	9	4	5	7	8
8	5	4	3	1	7	2	6	9
9	6	7	8	5	2	4	3	1
3	4	5	2	6	1	9	8	7
2	7	1	9	8	3	6	4	5
6	8	9	4	7	5	3	1	2
5	2	8	7	3	6	1	9	4
4	9	3	1	2	8	7	5	6
7	1	6	5	4	9	8	2	3

Newsday Crossword

- ACROSS**
- 1 Castaway's escape vehicle
 - 5 Big family
 - 9 Wide tie
 - 14 Opera solo
 - 15 ___ and hearty (robust)
 - 16 Slight swelling
 - 17 Auction off
 - 18 Prefix for freeze
 - 19 Decorate
 - 20 Canine group
 - 23 Newspaper essay
 - 24 Land by the sea
 - 25 Arab leader
 - 27 Passport addition
 - 29 Highway haulers
 - 33 Egg on
 - 36 Be dishonest with
 - 39 Pasture
 - 40 "More fun than" primate group
 - 44 Slice of history
 - 45 Hotel patron
 - 46 Have a snack
 - 47 Quit one's job
 - 49 Keep for later
 - 52 Ride a bike
 - 55 Sharpens, as an appetite
 - 58 Lacking color
 - 61 Bovine group
 - 64 Assumed name
 - 66 Difficult journey
 - 67 At the peak of
 - 68 Mountain chain
 - 69 Lawn-tunneling beast
 - 70 Whittle (down)

- DOWN**
- 1 Hoarse voice
 - 2 Neighborhoods
 - 3 Steal, in a small way
 - 4 Discuss
 - 5 Irritates by rubbing
 - 6 End a plane flight
 - 7 Female choir voices
 - 8 Sound from a horse
 - 9 Lawyers' org.
 - 10 Nine-by-nine number puzzle
 - 11 Hoof sound
 - 71 Off-kilter
 - 72 Ireland nickname
 - 73 Snow glider

BEASTS IN BUNCHES by Billie Truitt
Edited by Stanley Newman
www.stanxwords.com

- 12 Fiend of folklore
- 13 Be inclined (to)
- 21 "Either you do it, ___ will!"
- 22 Brief argument
- 26 Waffle cooker
- 28 ___ vera (natural balm)
- 30 Nile queen, for short
- 31 Door openers
- 32 Wide belt
- 33 Car-for-hire company
- 34 Highly uncommon
- 35 Mardi ___
- 37 "No ___, and, or butts!"
- 38 Ambulance crew: Abbr.
- 41 Like omelets and French toast
- 42 Midday meal
- 43 Midleg bones
- 48 Glacial period of long ago
- 50 Gotten up from sleep
- 51 Channels 2-13, once: Abbr.
- 53 "I'll do that for you"
- 54 Mistake
- 56 Bottom-line amount
- 57 Took an oath
- 58 Prefix for chute
- 59 "It's a shame!"
- 60 Website's clickable connection
- 62 Sandwich shop
- 63 Rushed
- 65 Stitch up

1	2	3	4		5	6	7	8		9	10	11	12	13
14					15					16				
17					18					19				
20				21					22		23			
	24						25			26				
			27			28		29			30	31	32	
33	34	35				36	37	38				39		
40				41	42						43			
44				45							46			
47			48					49	50	51				
			52			53	54		55			56	57	
58	59	60			61			62						63
64				65		66					67			
68						69					70			
71						72					73			

TODAY'S BIRTHDAY (Jan. 22)

Destiny is a weaver, and this year's design is rather intricate. The success secret is to pay attention to the patterns you want to repeat and to ignore the ones you don't. February brings a windfall. In March, you'll nourish the needy and the worthy. In July, you'll decide for a group and promote a higher level of existing, too. Leo and Scorpio adore you. Your lucky numbers are: 49, 24, 3, 10 and 16.

ARIES (March 21-April 19)

You really don't owe anyone an explanation, but you may choose to explain anyway, instead of leaving the story to people's imaginations, which can be wild, strange and unpredictably aimed.

TAURUS (April 20-May 20)

To be content with yourself is the aim here, and one of the best signifiers of success that you could ever have. And the best part is that if you really wanted to, you could make it happen in an instant.

GEMINI (May 21-June 21)

Emotional work doesn't look like other kinds of work but it can be just as demanding as physical work, if not more so. Some people give you emotional work without realizing it's what they are doing. Educate them.

CANCER (June 22-July 22)

Don't beat yourself up because you were not able to do what you told yourself to do. Be kind. Be curious about yourself. Self-knowledge takes time. The better you know yourself, the more effectively you'll be able to lead yourself.

LEO (July 23-Aug. 22)

While technically it's not your job to stir up the people and strengthen their collective spirit, you are the best person for the task, as you have that special charisma they want to follow. And this group could really use some unity.

VIRGO (Aug. 23-Sept. 22)

There's a decision hanging in the balance and it should not be made impulsively. Hold off. More will be illuminated. When it's time, you'll be absolutely certain of your choice.

LIBRA (Sept. 23-Oct. 23)

A trip down memory lane is featured, and you may be surprised about how others remember it. No one's story will be completely right or wrong. There's something to be learned from this discrepancy of vision.

SCORPIO (Oct. 24-Nov. 21)

There are people who seem to be able to get you to do things you normally wouldn't. They seem outside of the rules. "Morality, like art, means drawing a line someplace." -- Oscar Wilde

SAGITTARIUS (Nov. 22-Dec. 21)

Why is it so hard to believe that what matters to you counts as very important? Sure, in the big scheme, it may not affect many, or have life-and-death consequences. But it's as important as anyone else's agenda you know.

CAPRICORN (Dec. 22-Jan. 19)

You've been very accommodating, and now it's time to stop and let others make the effort for a change. If you keep this up, the pattern will settle with you in the never-ending service position.

AQUARIUS (Jan. 20-Feb. 18)

The term "gaslighting" refers to when one person manipulates another into questioning his or her own sanity. You're immune to this. You know that everyone sees things differently and refuse to engage in useless arguments.

PISCES (Feb. 19-March 20)

There's a situation that, from the outside, seems privileged and enviable, but it's not the case. If anyone can see this, it's you. You're in the unique position to help someone who, to others, wouldn't seem to need help.

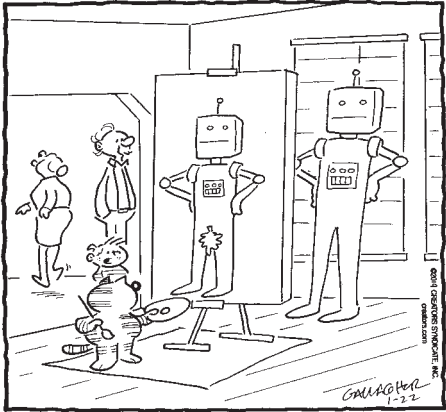
Mars Conjunct Jupiter

The anecdotes, wives tales and opinions that used to be passed by family members are now plastered over every inch of the internet. Whatever the problem, there are millions of answers a click away. It's apparent, with Mars and Jupiter conjunct, that the right answer is more of a question of style and identity than technical correctness.

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Heathcliff

By PETER GALLAGHER



Strange Brew

By JOHN DEERING



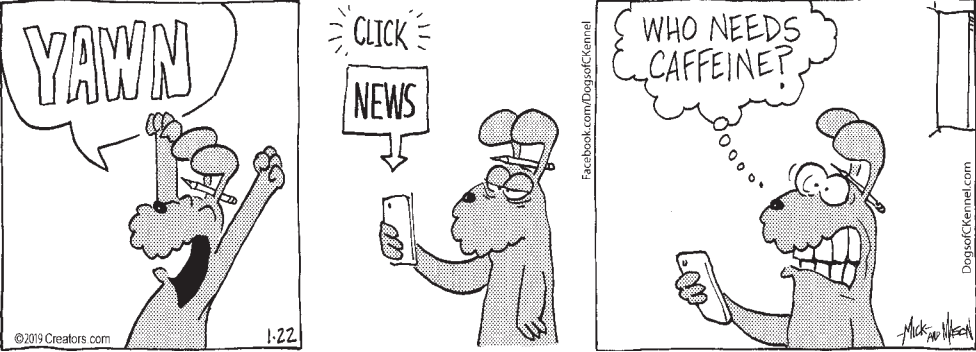
Agnes

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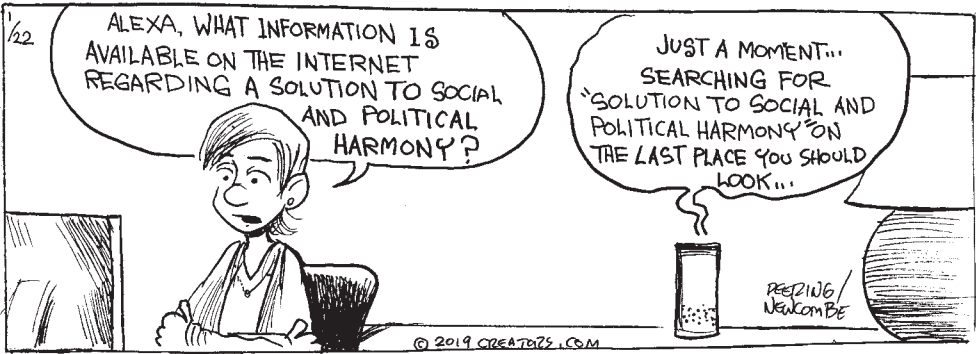
Dogs of C-Kennel

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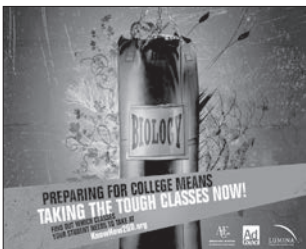
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