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Santa Monica Daily Press



smdp.com

BITING THE BULLET:

Inside BulletProof Labs

ANGEL CARRERAS

Daily Press Staff Writer

Walking into BulletProof Labs is like walking into HR Giger's personal home gym (you know, if he were a workout bro). People sit while serpent-like tubes spray mist in their mouths; smooth, high-tech pods punctuate a surrounding of fitness equipment; red lights flood from from briefly opened doors.

Words like "Atmospheric Cell Trainer" and "Cold Thermogenesis" fly around, delivered by people that look just as precisely engineered as the equipment you're tasked to try. While this sounds like someone's Black Mirror-fueled nightmare come true, it's actually founder Dave Asprey and CEO Martin Tobias' first step in helping humanity with their health.

"I'm personally pissed off at this industry," Tobias, a tech industry veteran, said. "Their mode of delivering health is not working. Their tools are inefficient."

The tools Tobias speaks of are standard, tried-and-true gym models, the kind asking someone to dedicate oneself to months in the gym in the hopes of getting healthy and staying in shape.

Bulletproof Labs' tools are the antithesis of this model. What this lab (staff is careful not to call it a gym) claims to provide is "leading, cutting-edge of wellness" equipment meant to maximize your workout, giving you more results in much less time. The lab is an offshoot of the Bulletproof brand that promotes drinking your morning coffee with added fats, such as grass-fed butter, to promote mental and physical health.

The equipment ranges from a

SEE BULLETPROOF PAGE 11

Origami art folded into new scramble intersection markings



Lily Richman

SCRAMBLES: The interior square of several downtown intersections contain crease patterns for creating native animal origami.

MATTHEW HALL

Daily Press Editor

Origami paperwork creates delicate sculptures through intricate folds. Each crease has to add to the work while preserving the structural and artistic contributions of each prior movement. The actions build, one on top of the next, until a unique work of art emerges.

It seems far removed from the world of

urban planning and specifically, how to paint a crosswalk. However, the origami process, both literal and figurative, is directly responsible for how you cross the street in downtown Santa Monica.

Four downtown "scramble" intersections (2nd / Broadway, 4th / Broadway, 2nd / Santa Monica and 4th / Santa Monica) received new paint recently but the markings had to adapt to what is perhaps the best kept secret in the city's arts world:

instructional origami designs embedded into the existing streets.

The four intersections are part of the Downtown Transit Mall, a small square of Downtown that features dedicated bus lanes between Ocean Ave., 5th St., Broadway and Santa Monica Blvd. The area received several art installations in 2000 including the hidden paperfolded streets.

SEE ORIGAMI PAGE 11

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2 very simple questions for Heal the Bay

1) Do you agree that the proposal to construct a three-story, special interest parking garage in our public Ballona Wetlands Ecological Reserve is highly inappropriate and should be rejected?
[page 219 of draft impact report]

2) Do you agree that employees of private businesses across the street from the reserve should no longer be allowed to park inside the ecological reserve so that existing paved areas can be restored to wildlife habitat?



WILDLIFE BELONGS IN AN ECOLOGICAL RESERVE



PARKING FOR PRIVATE BUSINESSES DOES NOT

Heal the Bay has had over 100 days to review the draft restoration plans and to clearly state your positions on these issues, but you've offered nothing but extended silence followed by empty platitudes. Those who care about this critical ecosystem expect and deserve straight answers from you now.

These are not hard questions.

While the draft restoration plan is thousands of pages, we long ago directed your attention to the handful of pages relating to the proposed parking garage. Further, your Executive Director played a



central role in developing these plans during her tenure with the Santa Monica Bay Restoration Commission. There is no credible excuse for your continued refusal to stand up for nature on this issue.

We are now concerned that your loyalty to a state agency that has provided millions of dollars of grant funds to you may be clouding your environmental judgement. Heal the Bay is well aware that commercial interests are behind the existing parking area and proposed garage, yet you've continued to falsely imply that this parking is needed for public access to the reserve. It is long past time for this greenwashing to end.

Blowing with the political wind is not a substitute for science-based policy.

What's Up Westside

OUT AND ABOUT IN SANTA MONICA

Saturday, January 20

Ship of Fools (1965)

When an eclectic group of passengers boards a cruise ship bound for prewar Germany, they form a microcosm of 1930s society. Based on the novel Ship of Fools by Katherine Anne Porter and starring Vivien Leigh, Simone Signoret and José Ferrer. (149 min.) Fairview Branch Library, 2101 Ocean Park Blvd, 11 a.m. - 1:30 p.m.

Lego Club for kids

Come have fun with LEGOS and build something amazing. Board games also available. Ages 4 & up. Montana Avenue Branch Library, 1704 Montana Ave 3 - 4:30 p.m.

Virginia Ave Farmer's Market

Fresh seasonal produce sold direct by California's farmers! Virginia Avenue Park, 2200 Virginia Avenue, 8 a.m. - 1 p.m.

Sunday, January 21

Modern Felt Hatmaking with Leslie Robinson

Join Milliner Leslie Robinson for this introductory hatmaking class. You will learn the fundamentals of blocking, shaping and trimming a wool felt hat. Palisades Park, 1450 Ocean Avenue, 1:30 - 4:30 p.m.

Guest House

Free tours begin of the Marion Davies Guest House begin at 11 a.m., 12 p.m., and 1 p.m. No reservations needed. Annenberg Community Beach House, 415 PCH.

Monday, January 22

Airport Commission Meeting

The Santa Monica Airport Commission meets the 4th Monday of each Month in the City Hall Council Chambers. City Hall, 1685 Main St., 7 p.m.

Architectural Review Board Meeting

Special meeting of the Santa Monica Architectural Review Board. 330 Olympic Dr., 7 p.m.

Social Services Commission Meeting

Meetings are held on the 4th Monday of each month. Ken Edwards Center, 1527 4th St, 7 p.m.

Tuesday, January 23

City Council Meeting

Regular meeting of the Santa Monica City Council. City Hall, 1685 Main St., 5:30 p.m.

Fake News Workshop

In this workshop, Librarian Simran Khalsa teaches you information literacy skills that will help you parse the good from the bad, and the truth from the fake. Montana Library, 1704 Montana Avenue. 1 - 2 p.m.

Beach=Culture: Writer-in-Residence Luis Alfaro

Join native Angeleno and playwright Luis Alfaro for a fascinating overview of twenty years of art making, community building and national and international theatre work. Annenberg Community Beach House, 415 PCH. 6:30 p.m. - 8 p.m.

Wednesday, January 24

Santa Monica Certified Farmer's Market

Fresh seasonal produce sold direct from California farmers. Some nine thousand food shoppers, and many of Los Angeles' best known chefs and restaurants, are keyed to the seasonal rhythms of the weekly Wednesday Market. Downtown. 8:30 a.m. - 1:30 p.m.

Yoga

All levels welcome. Drop in for \$15/class or sign up for series. Annenberg Community Beach House, 415 PCH. 9 a.m. - 10 a.m.

Computer Class: "Appy Hour" at Ocean Park

Bring your smartphone, tablet, or laptop and get individualized help in small groups to get you started with using your device. Ocean Park Branch Library, 2601 Main Street. 3:30 p.m. - 5 p.m.

Thursday, January 25

Happiness Room

Come visit SMPL's mobile pop-up Happiness Room, dedicated to all kinds of resources, visuals and interactive features (including virtual reality) on happiness, joy, calm, positivity, flow, gratitude and meditation. Montana Avenue Branch Library, 1704 Montana Avenue. 6 p.m. - 8 p.m.

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Preserving neighborhood character

Editor:

Mansionization continues apace in the R1 districts of our city with destructive impact on residents, our neighborhoods, and our social fabric. Whether it's the invasion of their privacy from the oversized new construction looming next door or the obstruction of their sunlight and space, residents of our R-1 neighborhoods have responded in a survey that they overwhelmingly want the out-of-scale newly-built homes brought under control. NOMA and the Friends of Sunset Park with the support of Northeast Neighbors and residents of other R-1 areas conducted the survey late last year to which 558 residents provided their concern about the impactful changes to their neighborhoods and their lives by this ongoing mansionization.

The LUCE (Santa Monica's Land Use and Circulation Element) released in 2010 is our city's current foundational document and, tellingly, it defines and proclaims our city as a City of Neighborhoods and its main goals as the Conservation of Existing Neighborhoods and the City's Unique Character.

These are precisely the elements, however, that are being threatened and even lost by demolition and the building of new mega-houses. As of this writing, for example, in the residential areas of Sunset Park and NOMA alone, there are currently 71 demolitions either pending, in review, or recently permitted. To put this in perspective, this number equates to two to three blocks of the residential neighborhoods of our city being torn down and built with homes that, because of recent zoning changes, are out of proportion to our residential streets -- and this number is bound to increase and the character of our neighborhoods change as speculation continues.

At their first meeting of this year, the City Council set priorities for the Planning Department that could include a revamping of some of our recently-adopted and problematic zoning regulations. The six Council members present responded to the concern of residents and voted to ask the Planning Department and the City Attorney to bring to their next meeting January 23 an interim ordinance that would address the threat of mansionization in our residential neighborhoods. We are proponents of such an interim ordinance, and we are asking for three critical items to be immediately addressed until lasting corrections to our zoning code can be made:

1. A height limit of 28 feet in our R-1 districts throughout the city. (That is the current limit except for north of Montana which is at 32 feet.)
2. A decrease in lot coverage: The current zoning ordinance for R-1 allows for coverage of 35% on the first floor and 26% on the second. We suggest the emergency ordinance reduce the first floor to 30% and the second floor to 20%. There would be no change for single-story homes – they would still be allowed 50% lot coverage.
3. Incentives to remodel instead of the demolition of existing homes.

The Council will consider the Planning staff report, these proposals, and others at their January 23 meeting. As supporters of an Emergency Interim Ordinance for R-1, we urge that residents show up at the January 23rd meeting to press for its adoption and , as importantly, for reaffirmation of Council's commitment to the goal and promise of our LUCE – the Preservation of our Existing Neighborhoods and their characteristics that contribute to our City's Unique Character.

For those unable to attend, we would ask to please send your written support by Monday January 22nd to: council@smgov.net.

Thank you.

The Board of NOMA
The Board of the Friends of Sunset Park

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Santa Monica Daily Press

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Lions' Roar

Susan Lee DeRemer

Send comments to editor@smdp.com

Resolutions

HAVE YOU MADE YOUR RESOLUTIONS for 2018? Many of us do, often aspiring to improve ourselves, help others or push ourselves to explore something new. What if you could do all the above with one simple action? The Santa Monica Lions are here to help.

Volunteering is one of the best ways to help others, by giving back to the community. You can learn new skills, meet new people, learn more about where you live or work, and feel a sense of accomplishment that is hard to beat.

Throughout the year the Santa Monica Lions Club offers a variety of activities and fundraisers that help you give back. The first thing this year is our Student Speaker Contest that can provide much needed scholarships for college. This contest is open to high school students, freshman through seniors, in the Santa Monica area, and could provide more than \$21,000 in college funding. This year contest topic is "Integrity and Civility Play What Role in Today's Society?"

We also support local youth through our Lions Young Leaders in Service Awards that are awarded twice a year to student who complete 50-100 hours of community service in a 12-month period.

On March 17 we will be doing free eye screenings as part of the 4th Annual Lions Eyes Across America program. This is a great opportunity to give the gift of sight for many who cannot afford eye exams, but need their vision to work or even perform everyday

tasks such as reading and cooking. This project is one of our most gratifying each year.

In addition to the projects above, others throughout the year, the Santa Monica Lions Club offers speakers luncheons on topics such as consumer fraud, new technology, the power of meditation, Santa Monica environmental and transportation plans, earthquake safety and helping the homeless.

In addition to rolling up our sleeves to help in the community, the SM Lions also do fundraising activities, such as our annual pancake breakfast, to help fund local non-profit organizations that provide much needed services. As part of the Lions International pillars of service, we focus on the hungry, environment, vision, diabetes awareness and childhood cancer, working hard to improve the lives of those around us.

If you are interested in making a resolution to help others while reaching your goals, or participating in the Student Speaker contest, please contact Linda Levee at (310) 472-0530 or levelheadedlinda@yahoo.com. The Santa Monica Lions meet on the 1st and 3rd Thursday of each month at 12:15 p.m. at the Santa Monica Elks Lodge on Pico Blvd.

For more information about the Lions Club, visit www.facebook.com/smlions or <http://e-club-house.org/sites/santamonica>, call (310) 623-4499 or reach them at P.O. Box 3435, Santa Monica, CA 90408.


City of Santa Monica

**CITY OF SANTA MONICA
NOTICE INVITING BIDS**

NOTICE IS HEREBY GIVEN that the City of Santa Monica invites Contractors to complete and submit sealed bids for the:

**Big Blue Bus – Fuel System Modification
SP2371**

Bids shall be delivered to the City of Santa Monica, Office of the City Clerk, Room 102, 1685 Main Street, Santa Monica, California, 90401, not later than **2:30 p.m. on Wednesday, January 31, 2018**, to be publicly opened and read aloud after **3:00 p.m.** on said date in the **City Hall Council Chambers**. Each Bid shall be in accordance with the Request for Bids.

**MANDATORY PRE-BID JOB WALK:
Monday, January 24, 2018 at 10:30AM**

**Location:
BBB Security Shack at 6th Street and Colorado Blvd.
Santa Monica, CA 90401****

****Please Note: All prospective bidders are required to bring their own safety vests to enter the BBB Facility.**

**PROJECT ESTIMATE: \$1,228,001.00
CONTRACT DAYS: 75 Calendar Days
LIQUIDATED DAMAGES: \$2,500.00 Per Day**

Bidding Documents may be obtained by logging onto the City's bidding website at: <http://www.smgov.net/planetbids/>. The Contractor is required to have a Class **B** license at the time of bid submission. Contractors wishing to be considered must submit Bids containing all information required pursuant to the City's Request for Bids.

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Your column here

Christine Parra

Send comments to editor@smdp.com

PRESERVE OUR RESIDENTIAL NEIGHBORHOODS:

Oppose the Proposed Preschool at 2953 Delaware Ave.

"WE HAD TO DESTROY THE VILLAGE IN order to save it," an American major proclaimed during the Vietnam War. Sadly, albeit without napalm or B-52 strikes, that same twisted logic underlies a proposed preschool at 2953 Delaware Ave., which sits in the middle of a small R1-zoned residential community in the Gandara (formerly Stewart) Park neighborhood, part of the larger Pico District. On September 6, 2017, the Santa Monica Planning Commission rubber-stamped the proposed preschool with next-to-no consideration of the negative impacts this commercial operation will bring to our neighborhood in terms of traffic, safety, parking, noise, and environmental concerns. The residents of Gandara Park have appealed this approval to City Council, which will adjudicate the matter at the January 23rd council meeting. We urge all Santa Monicans concerned with commercial incursions into residential neighborhoods to join our opposition to the proposed preschool.

A common refrain heard throughout our city is that our officials are largely indifferent to residents' concerns, often putting special interests and commercial developments above the general welfare of the city's actual residents. The disregard shown by the Planning Commission to neighborhood residents was shocking. It appeared their approval was forthcoming even before the "public" hearing began. Commissioner Richard McKinnon repeated the refrain "the City wants this" as if his and the other commissioners' hands were tied. But, "the City" is not the Planning Division or even the elected City Council; the "City" is us, the residents, and our voices should matter especially when nearly the entire neighborhood is against this business. To date, we have collected over 350 petition signatures; over 200 in our immediate neighborhood, with roughly 150 from allies throughout the city.

The empirical data demonstrates there is no need for more preschools in 90404. Recent RAND and LA County studies both separately find that Santa Monica in general, and 90404 in particular, are over-preschooled. There are 54 preschools within a two-mile radius of the proposed school. Within Santa Monica, 90404 already has 20 preschools, as compared to 17 in 90405, 10 in 90403, 5 in 90401, and 1 in 90402. The Applicant for the proposed preschool, Laila Taslimi, argues that her 20-student preschool is different because it will partially serve low-income children. Many Santa Monica preschools, however, already offer tuition assistance to low-income students. Moreover, the Planning Commission's approval of the preschool, does not require the Applicant to have any subsidized students.

This proposed preschool is the spearhead of a larger special interest group of early education advocates in our city that envisions opening private preschools throughout our R1 neighborhoods. At the behest of this special interest group, the city changed the zoning laws in 2015 to allow a non-resident (i.e., someone who would not live in the home) to run a business like a preschool out of an R1 single-family home with a Conditional Use Permit (CUP). This is a whole order of magnitude different than a resident-operated home day care, which CA

state law allows any homeowner to run, with up to 12 children. Our neighborhood already has three such resident-operated day cares. This 20-student preschool would be the first such business approved by the city in an R1 zoned neighborhood. Ms. Taslimi would operate her year-round business in our neighborhood by day, disrupting our peace, quiet, and safety to serve her business needs, and then return to the peace and quiet of her north-of-Montana neighborhood at night. Approval of the preschool would set a citywide precedent, and represent a clear case of the city privileging a special interest and deep pockets over the well-being of its residents, especially those in neighborhoods most at risk.

If City Council approves the preschool, it would amount to sanctioning an unwanted marriage. Neighbors in Gandara Park have met with Ms. Taslimi several times, repeatedly having our concerns largely fall on deaf ears. Ms. Taslimi, similar to the Planning Commission, has never appreciated the degree to which our neighborhood is already under assault by surrounding commercial and infrastructure development, and how her business would destroy the last remaining thread of peace (Delaware Ave.) we have in our neighborhood. A CUP issued to open a business in an R1 zone can only be granted in cases where the proposal will not adversely affect the character and quality of life of the surrounding community, conditions clearly not met for the proposed preschool. Gandara Park, a three-block residential neighborhood nestled between the 10 freeway to the south, the city dump and Metro station along Stewart to the west, the Metro Maintenance Facility along Exposition to the north, and commercial development along Centinela to the east, is already under siege by surrounding commercial activity. Plopping an outside business in the middle of Delaware will be the proverbial straw that breaks the camel's back.

My neighbors and I are only asking for equity in city planning. The Pico District, and Gandara Park Neighborhood in particular, have been carrying the burden of the city's commercial and infrastructure needs for decades now. It is not a coincidence that not one elected council member or appointed planning commissioner lives in the Pico District. Many of my elderly Japanese-American neighbors, all of whom oppose this preschool, were interned by the federal government during WWII. They know the heavy hand of state policy slapping them in the face. For most of us in Gandara Park, the City's approval of the preschool next Tuesday would be another smack in the face. The Planning Commission's approval of the preschool CUP was saturated in paternalism and elitism. The message sent to our neighborhood, was "Be quiet. We know what's best for you." We will not be quiet. It is long past time for our voices to be heard. Please come support the preservation of Gandara Park Neighborhood, and by extension all Santa Monica residential neighborhoods, by standing in solidarity with us before the City Council at Tuesday's hearing.

CHRISTINE PARRA is a resident of Gandara Park Neighborhood, <http://support.preserve-gandara.org>

Before the first snap of the season.

Get to know us before you need us.

LOCAL SPORTS SCHEDULE
Saturday, January 20

SamoHi Vikings

Boys Basketball vs. West TBA

Crossroads Roadrunners

Boys Soccer vs. Sierra Canyon 11:00am
Girls Basketball @ Foothill 7:30pm

St. Monica Mariners

No Varsity Events Today



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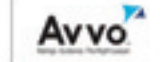
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Citywide

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Notice to persons and/or legal conservators of anyone who received Special Education services from the Santa Monica-Malibu Unified School District and graduated, or otherwise ended services, prior to July 01, 1992.

All Special Education records for persons fitting this description have been determined no longer useful. As storage is no longer feasible, beginning March 02, 2018, the District will destroy all such records.

If available, copies of your or your conservatee's Special Education records may be available upon a written request and payment of a nominal fee. Any requests or questions should be submitted to:

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Santa Monica-Malibu Unified School District
1651 16th Street, Santa Monica, CA 90404
Tel: (310) 450-8338, ext 70215 Fax (310) 396-6149
Any requests submitted after February 26, 2018, will not be honored.
Aviso de Destrucción de Archivos de Educación Especial

SUBMITTED BY GAIL PINSKER, SMMUSD PUBLIC INFORMATION OFFICER

Citywide

Saint John's Health Center Foundation Commits Over \$1.2 Million to Local Community Health Programs

Saint John's Health Center Foundation, through its Community Impact Fund, is distributing more than \$1.2 million to Westside community health partners serving vulnerable and underserved populations. The grants were announced at a recent Check Presentation Breakfast.

Chaired by Saint John's Health Center Foundation trustee, Carl W. McKinzie, the Community Impact Fund Advisory Committee awarded grants to Boys and Girls Club of Santa Monica, Catholic Big Brothers Big Sisters, CLARE Foundation, Didi Hirsch Mental Health Services, Pacific Palisades Task Force on Homelessness, Safe Place for Youth, Santa Monica Family YMCA, Santa Monica-Malibu Education Foundation, The People Concern, UCLA Health/Sound Body Sound Mind, UCLA/VA Family Resource and Well-Being Center and the Westside Food Bank, as well as Providence Saint John's Health Center's Child and Family Development Center, Community Health Partnership Program, Community Health Education Program, Homeless Care Navigation Program and the John Wayne Cancer Institute Surgical Oncology Fellowship Program.

"We are pleased to make these investments in better health and better lives for so many people in need," said McKinzie. "These funds will do an enormous amount of good in our local communities by increasing access to health care and supportive services for many vulnerable populations."

The Community Impact Fund was created when the sponsorship of Saint John's transitioned from the Sisters of Charity of Leavenworth to Providence Health & Services in 2014. The Foundation does not accept unsolicited grant requests; the advisory committee identifies and reviews candidates for funding based on community needs and organizational capability and capacity.

"As an institution, Saint John's has a 75-year legacy of caring for poor, vulnerable and underserved populations," said Robert O. Klein, president and CEO of Saint John's Health Center Foundation. "This is one means by which we are able to empower community partners to join with us in improving community health and welfare."

Saint John's Health Center Foundation promotes philanthropic support for Providence Saint John's Health Center and the John Wayne Cancer Institute. The Foundation directs its efforts to the Health Center and Institute's capital, equipment and programmatic needs that sustain the mission of compassionate and distinguished care for all and eradicating cancer in our lifetime.

Pico Blvd.

10th Annual Hope & Unity Awards Gala

The Pico Youth & Family Center (PYFC) invites residents to the 10th Annual Hope & Unity Awards Gala on Sunday, January 21. The #PYFCGala is a special time for organizers to recognize extraordinary individuals in the community who have successfully transformed their own lives as well as the lives of others.

THIS YEAR'S HOPE & UNITY AWARDEES INCLUDE:

Congressman Ted Lieu
Dr. Berenice Onofre Vasquez
Dr. Elias Serna
Homegirl & Homeboy Scholars of SMC
Hosted by Chicano Secret Service (Comedy Duo)

PYFC provides a safe haven for underserved youth and their families. They empower young people through professional training in Music, Film, Creative Arts, Technology and more.

During the Gala, attendees will hear from the youth they serve who will share their stories of positive transformation and how the programs and services contributed to their success.

THE GALA ALSO FEATURES:

Live & Silent Auction (6 - 7:15 p.m.)
Happy Hour (6 - 7:15 p.m.)
Five-Star Dinner
Live Entertainment

Since opening in 2002, PYFC has served hundreds of youth through gang prevention services, case management, film production training, counseling, tutoring, career and college readiness and computer training. The facility houses the City's first public recording studio, and is the only non-profit in the region whose services target youth ages 10-24 who are most at risk, such as youth who dropped out of school, are on probation and/or struggling academically. Their goal is to raise \$50,000 to meet the City of Santa Monica's commitment to match every donation they receive.



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**SANTA MONICA RENT CONTROL BOARD
NOTICE OF PUBLIC HEARING
Thursday, January 25, 2018**

A public hearing on the following topics will be conducted at the regular Santa Monica Rent Control Board meeting on Thursday, January 25, 2018 at 7:00 p.m. in the City Hall Council Chamber, 1685 Main Street, Santa Monica, CA 90401:

Consideration of whether to eliminate the pass-through to tenants of surcharges for landlords' local tax liabilities in the following situations:

- 1) An initial rent for a new tenancy was established on or after September 1, 2017; or
- 2) The parcel was reassessed as the result of a transfer of ownership occurring on or after February 1, 2018; or
- 3) An improvement on the parcel was reassessed pursuant to elective owner improvements on or after Feb. 1, 2018.

All interested persons are invited to present their views. Copies of the staff report will be available prior to the hearing from the Board's office in Room 202 of Santa Monica City Hall, 1685 Main Street, and on the Board's website at: www.smgov.net/rentcontrol.

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CRIME WATCH
BY DAILY PRESS STAFF



Crime Watch is culled from reports provided by the Santa Monica Police Department.
These are arrests only. All parties are innocent until proven guilty in a court of law.

ON JANUARY 11, AT ABOUT 8:29 P.M.

While patrolling parking Structure #4 -1321 2nd Street - a community service officer (CSO) saw two subjects loitering in the structure. As the CSO monitored the subjects, one subject fled while the other stayed behind. The CSO requested a police officer to assist. Officers responded to assist the CSO. The subject was unable to produce identification. The subject was placed under arrest for loitering in the structure. A search of the subject led to the recovery of a flashlight concealed in his waistband, a "slimjim" in his backpack and a methamphetamine smoking pipe. Joseph Michael Mais 53, from Rosemead, was arrested for Loitering in a City parking structure, possession of narcotics paraphernalia and possession of burglary tools. Bail was set at \$500.

DAILY POLICE LOG

**The Santa Monica Police
Department Responded To 355
Calls For Service On Jan. 18.**

HERE IS A SAMPLING OF THOSE
CALLS CHOSEN BY THE
SANTA MONICA DAILY PRESS STAFF.

Speeding 10th / Arizona 12:02 a.m.
Battery 1400 block 3rd Street Prom 1:18 a.m.
Auto burglary 2200 block Lincoln 2:13 a.m.
Encampment 1500 block Moomat Ahiko 5:06 a.m.
Encampment 1200 block Ocean Front Walk 5:25 a.m.
Vandalism 1500 block Lincoln 6:54 a.m.
Burglary 1700 block Cedar 7:21 a.m.
Battery 2000 block 20th 8:14 a.m.
Person down 500 block Santa Monica 8:14 a.m.
Person with gun 26th / Wilshire 8:28 a.m.
Auto burglary 2800 block Neilson 8:45 a.m.
Encampment 4th / Pico 8:56 a.m.
Person down 1400 block 4th 9:10 a.m.
Hit and run 2600 block Santa Monica 9:57 a.m.
Burglary 800 block 9th 10:16 a.m.
Burglary investigation 900 block 18th 10:19 a.m.
Grand theft 1900 block 22nd 10:36 a.m.
Fraud 600 block 26th 10:45 a.m.
Grand theft 2900 block Main 11:03 a.m.
Traffic collision 2200 block Colorado 11:36 a.m.
Burglary 1500 block 12th 12 p.m.
Bike theft 1300 block Ozone 12:21 p.m.
Traffic collision 2200 block Santa Monica 12:37 p.m.

Petty theft 1600 block Santa Monica 12:43 p.m.
Person down 15th / Santa Monica 12:48 p.m.
Grand theft Ocean / Washington 1:07 p.m.
Encampment 700 block Marine 1:08 p.m.
Vehicle blocking 1400 block Pacific Coast Hwy 1:13 p.m.
Fraud 500 block Olympic 1:26 p.m.
Petty theft 1300 block 3rd Street Prom 2:05 p.m.
Burglary 200 block Pacific 2:38 p.m.
Encampment 2100 block Lincoln 3:25 p.m.
Traffic collision 2nd / Marine 3:32 p.m.
Drunk driving Lincoln / Colorado 3:46 p.m.
Hit and run 20th / Santa Monica 3:54 p.m.
Speeding Wilshire / Centinela 3:55 p.m.
Burglary 1700 block Cedar 4 p.m.
Encampment 1600 block 18th 4 p.m.
Vandalism 1200 block Santa Monica 4:02 p.m.
Hit and run 2200 block Colorado 4:26 p.m.
Burglary 900 block 2nd 4:52 p.m.
Grand theft 300 block 11th 5:07 p.m.
Fight Ocean / Colorado 5:07 p.m.
Traffic collision 1400 block Lincoln 5:10 p.m.
Burglary 800 block 9th 5:14 p.m.
Petty theft 1400 block 3rd Street Prom 5:16 p.m.
Traffic collision 2400 block Lincoln 5:21 p.m.
Traffic collision 2900 block Nebraska 5:21 p.m.
Identity theft 3200 block Ocean Park 5:27 p.m.
Critical missing person 17th / Ocean Park 5:27 p.m.
Battery 1500 block 2nd 5:43 p.m.
Burglary 800 block 9th 6:00 p.m.
Grand theft 1400 block 3rd Street Prom 6:19 p.m.
Traffic collision Cloverfield / Pico 6:36 p.m.

DAILY FIRE LOG

**The Santa Monica Fire Department
Responded To 34 Calls For
Service On Jan. 18.**

HERE IS A SAMPLING OF THOSE
CALLS CHOSEN BY THE
SANTA MONICA DAILY PRESS STAFF.

Emergency Medical Service 5th / Colorado 12:08 a.m.
EMS 1300 block 20th 12:27 a.m.
EMS 300 block Olympic 1:17 a.m.
EMS 1400 block 3rd Street Prom 1:20 a.m.
EMS 2200 block Wilshire 4:30 a.m.
Automatic alarm 1200 block 2nd 5:28 a.m.
EMS 2900 block Virginia 7:56 a.m.
EMS 1800 block Stewart 8:22 a.m.
EMS 1000 block Ocean Park 9:11 a.m.
Automatic alarm 3300 block Barnard 9:42 a.m.
EMS 100 block Foxtail 9:59 a.m.
Automatic alarm 1600 block Lincoln 10:07 a.m.
EMS 700 block Pico 11:29 a.m.
EMS 1600 block Arizona 12:40 p.m.

EMS 400 block 22nd 12:40 p.m.
EMS 1300 block Stanford 3:01 p.m.
Automatic alarm 2200 block Colorado 4:10 p.m.
EMS 2000 block Santa Monica 4:37 p.m.
EMS 2400 block Wilshire 4:45 p.m.
EMS 1300 block 3rd street prom 4:53 p.m.
Traffic collision with injury 2400 block Lincoln 5:21 p.m.
Traffic collision with injury 2900 block Nebraska 5:22 p.m.
EMS 700 block Pico 5:52 p.m.
Wires down 3200 block Urban 5:56 p.m.
Automatic alarm 2400 block Colorado 6:26 p.m.
EMS 2100 block Cloverfield 6:36 p.m.
EMS 400 block 18th 7:12 p.m.
EMS 1500 block 5th 7:51 p.m.
EMS 1500 block 5th 7:56 p.m.
EMS 2000 block Cloverfield 8:02 p.m.
EMS 1400 block Hill 8:29 p.m.
EMS 2100 block Ocean 9:28 p.m.
EMS 2200 block Pier 10:27 p.m.
EMS 1300 block Euclid 10:32 p.m.

DAILY LOTTERY



Draw Date: 1/17
3 33 37 51 57
Power#: 21
Jackpot: 78M



Draw Date: 1/16
3 11 23 29 59
Mega#: 18
Jackpot: 55M



Draw Date: 1/17
3 8 18 31 36
Mega#: 7
Jackpot: 16M



Draw Date: 1/18
3 9 11 36 37



Draw Date: 1/18
MIDDAY: 6 5 7
Draw Date: 1/18
EVENING: 0 9 6



Draw Date: 1/18
1st: 07 Eureka
2nd: 12 Lucky Charms
3rd: 03 Hot Shot
RACE TIME: 1:43.36

Although every effort is made to ensure the accuracy of the winning number information, mistakes can occur. In the event of any discrepancies, California State laws and California Lottery regulations will prevail. Complete game information and prize claiming instructions are available at California Lottery retailers. Visit the California State Lottery web site at <http://www.calottery.com>

WORD UP!

enfant terrible

1. French. an outrageously outspoken or bold person who says and does indiscreet or irresponsible things.
2. French. an incorrigible child, as one whose behavior is embarrassing.

WELL NEWS BY SCOTT LALEE

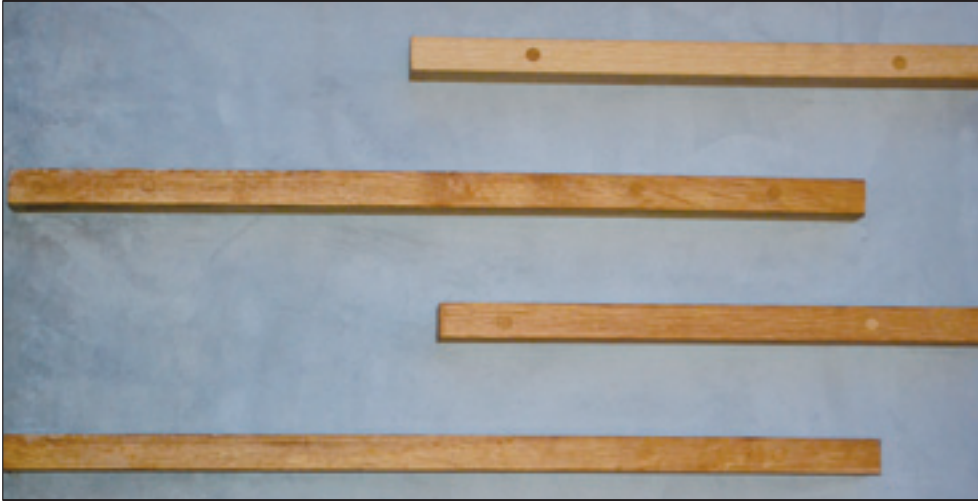
Get Me That, Stat!
■ The rate of self-inflicted injury among young girls ages 10 to 14 jumped nearly 19 percent between 2009 and 2015, according to new data published in JAMA. The figure underestimates the actual rate because it includes only adolescents who were taken to emergency rooms and not those treated in other settings or not at all.

Medical History
■ This week in 1998, scientists announced that they had deciphered the entire genetic blueprint of an animal, the tiny nematode *Caenorhabditis elegans*. The worm's genetic code is worked out to 97 million genetic letters corresponding to 20,000 genes. In humans, it's 3 billion letters corresponding to roughly 20,000 genes.

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SOLUTIONS TO YESTERDAY'S CROSSWORD

T	A	L	C		R	U	S	E		T	E	S	T
A	F	A	R		B	E	T	O	N		A	N	T
M	T	V	E	S	U	V	I	U	S		C	R	A
			A	T	T	I	C			L	O	A	T
M	A	R	K	E	T	V	A	L	U	E		P	U
T	R	U	S	T	E	E		I	G	N	I	T	E
V	O	L						U	N	L	I	T	
	W	E	S	T	V	I	R	G	I	N	I	A	N
		P	A	I	N	E						B	O
H	A	D	A	F	I	T		S	O	R	B	E	T
E	V	E		F	I	R	S	T	V	I	O	L	I
R	E	L	A	Y			O	R	E	O	S		
A	N	E	W		I	N	N	E	R	T	T	U	B
L	U	T	E		C	O	A	S	T		N	A	M
D	E	E	D		E	R	R	S			S	H	U

Sudoku

Fill in the blank cells using numbers 1 to 9. Each number can appear only once in each row, column, and 3x3 block. Use logic and process of elimination to solve the puzzle.

SOLUTIONS TO YESTERDAY'S SUDOKU

4	3	2	1	6	8	9	5	7
8	7	1	9	3	5	6	4	2
5	6	9	7	2	4	3	8	1
6	8	4	2	1	7	5	3	9
2	5	3	6	4	9	1	7	8
1	9	7	8	5	3	4	2	6
3	1	6	4	8	2	7	9	5
7	2	5	3	9	6	8	1	4
9	4	8	5	7	1	2	6	3

	4			6				2
3	7		5					
6				8	1	4		
7			2					1
		6		4		5		
2					5			6
		3	6	9				4
					2		6	3
1				5			8	

Newsday Crossword

- ACROSS**
- 1 Not up to the task
6 Word on the Asian nation list
9 Catcher on the All-Century Team
14 Negative endorsement
16 Part of many an Open
17 Hazard
18 Allowed
19 NL team named for a snake
20 "A ride in minutes" sloganeer
21 Lures, with "in"
22 Hanukkah pancake
24 Leaves no choice
26 Sound from a squeaky toy
28 Name in the *Charmed* cast
30 Certain planner's recommendation
31 Get useful material from
32 Inconspicuous, in ads
35 Initially assumed
38 Lettered
39 Patent
41 Competitor of Chipotle
42 Boardroom VIP
43 One at hard labor
47 State-certification designation
48 Not to be messed with
50 Squeeze, fold and stretch
51 Chumps
53 They now sport "We the People"
55 Obsession
56 Made like a ram
57 Mature

- 59 Not following
60 Typical carry-on
61 World's richest man, per Guinness (1966)
62 Portal released the same day as Windows 95
63 Don't take no for an answer
- DOWN**
- 1 First American auto with a million-selling year (1965)
2 Of a certain network
3 Real thing
4 Snow __
5 Contender's quest
6 New direction
7 Ribbon-like copper support
8 Get to
9 Rather good

SATURDAY STUMPER by Andy Kravis
Edited by Stanley Newman
www.stanxwords.com

- 10 Name on the cover of *Lassie Come-Home*
11 1982 film with a Madison Square Garden climax
12 Cranberry candy morsel since 2009
13 What an ATM needs to know
15 Subject to strain
21 Traded digs
23 New Balance alternative
25 Woozy
27 Oil company, in Wall Street slang
29 Stars in the sky
31 Race that gets dirty
33 Isolated work groups
34 Physicist's ultrahigh-temperature state
- 35 Word from the Greek for "point"
36 Senior partner
37 Peanut-butter holder, perhaps
40 Warms up (to)
44 Event often televised in split-screen
45 Sizes up
46 Greenskeepers' devices
48 Second word of an ephemerality adage
49 Sheba's locale, today
52 DDT successor
54 1983 video release code-named "GameCom"
56 One's thing
57 Biz alternative
58 Plywood source

1	2	3	4	5		6	7	8		9	10	11	12	13
14					15					16				
17										18				
19				20					21					
22			23			24		25			26		27	
28					29		30			31				
			32			33				34				
35	36	37						38						
39							40							
41					42				43		44	45	46	
47				48				49		50				
	51		52				53		54			55		
56						57					58			
59						60								
61						62				63				

TODAY'S BIRTHDAY (Jan. 20)

Rest assured: Your optimism is not only firmly rooted in what's possible for you; your best-case scenario is practically a blueprint for exactly what will happen. If you mainly stick to the plan, you'll be golden. March will bring a new mode of transportation or a far-off destination. Your family will grow in October. Cancer and Scorpio adore you. Your lucky numbers are: 9, 30, 22, 11 and 16.

ARIES (March 21-April 19)

Things are working, so let them. New methods will develop soon enough; there's really no reason to rush things. Don't get the update just because it's available. Get it when you need it.

TAURUS (April 20-May 20)

They say, "Stop," and you leap forward. They say, "Jump," and you sit down. It's odd how you feel like doing the opposite of what's expected of you, but you're also honoring a contrarian voice inside you with its own good reasons for being.

GEMINI (May 21-June 21)

Your process won't require a lot of seriousness and commitment. Lighten up, and get playful. You're allowed to be like a child following the trends and whims of youth. Life is an experiment.

CANCER (June 22-July 22)

You don't show your true emotions to just anyone. That's what makes it so special when you finally do open up with honesty about how you're feeling. Only do so with those who can be trusted with your tender heart.

LEO (July 23-Aug. 22)

Giving is different from selling. Selling is an exchange with expectations and rules that need to be upheld. Giving shouldn't be this way. Give without conditions. It's the way your gift will do the most good.

VIRGO (Aug. 23-Sept. 22)

The situation will require you to simmer down, settle your energy into the same tone as the environment and get on with the business of fitting in. This will be a lot more fun than it sounds.

Pisces Lunar Options

One theologian defined sin as loving a lower, uglier thing instead of a higher, more beautiful thing. But given the choice, why would anyone do that? Perhaps there was no choice, and the "sinner" simply took the best available option. Under the Pisces moon, it's wise to extend the benefit of the doubt rather than assume to know what's available to others.

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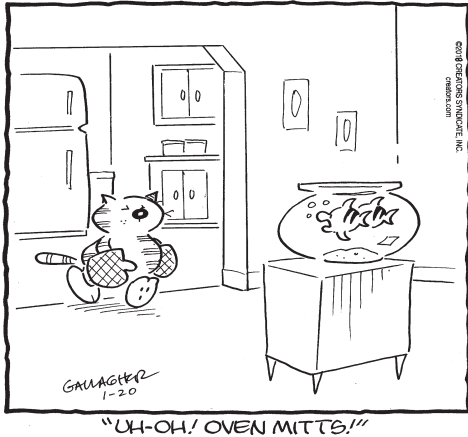
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Heathcliff

By PETER GALLAGHER



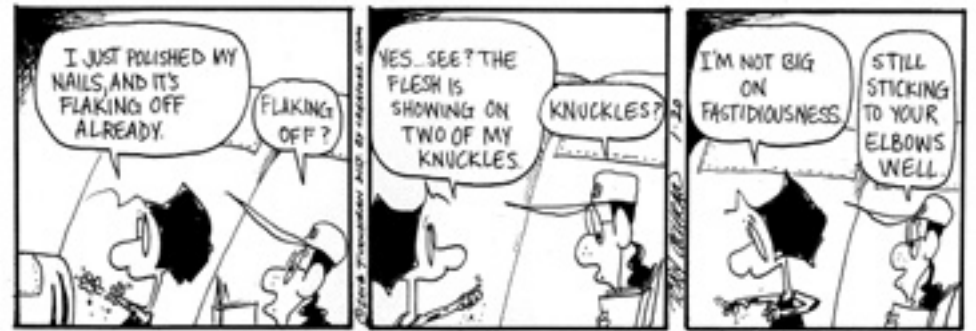
Strange Brew

By JOHN DEERING



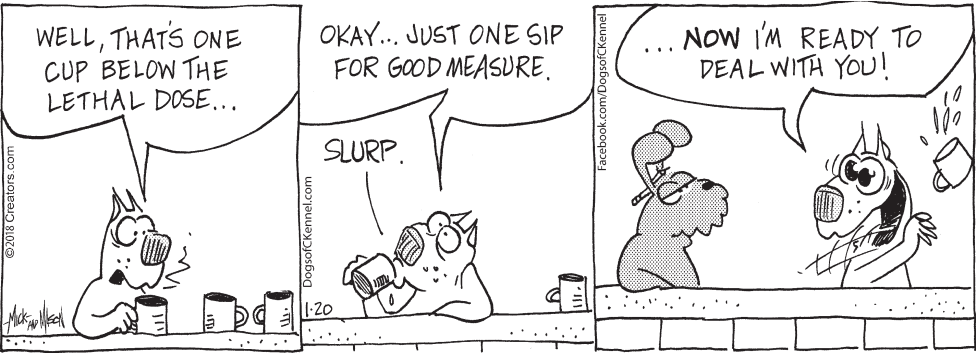
Agnes

By TONY COCHRAN



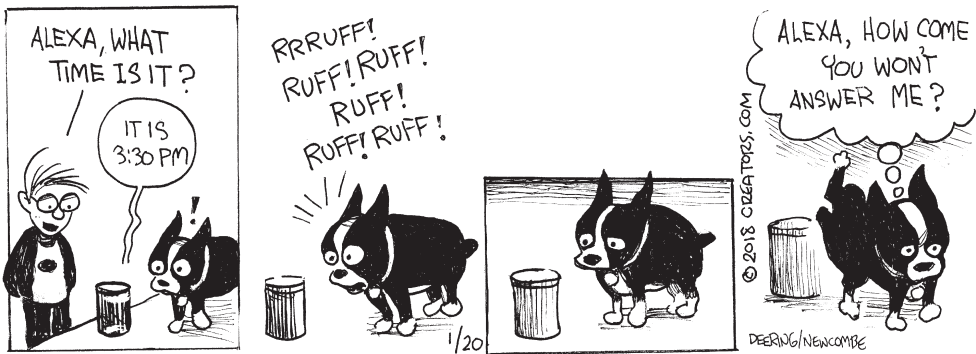
Dogs of C-Kennel

By MICK & MASON MASTROIANNI & JOHNNY HART



Zack Hill

By JOHN DEERING & JOHN NEWCOMBE



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Lily Richman

REPLACEMENT: Sea urchin and Garibaldi statues were too spiky to be considered safe and were replaced by a flying fish and sea turtle. However, the crease patterns remained in the street.

ORIGAMI

FROM PAGE 1

“Artist Robin Brailsford, inspired by Santa Monica’s eclectic Pacific Rim location and population, has used a combination of mosaic techniques, granite pavers, and bronze origami elements to create a whole new look for this busy downtown area,” said the city on its website.

Brailsford said there are several elements built into the transit mall related to the Pacific Rim theme. She said the glass in the bus shelters is set in an I Ching pattern referencing the ancient Chinese fortune telling text, mosaics in the sidewalks reference patterns from Chinese culture or Japanese kimonos, the streets are themed either blue (for the ocean) or green (for the land) and she worked with artist Robert Lang to install four original origami features.

At the center of each intersection is a square section of the street featuring embedded lines. If those lines were applied to a sheet of paper, the lines would correspond to folds necessary to create an origami animal that is indigenous to Santa Monica. At two intersections, nearby water fountains feature examples of the completed origami (a dragonfly and a frog). At the other intersections, the original works (a sea urchin and a Garibaldi fish) have been replaced with a sea turtle and a flying fish because as folded, the original sculptures were a little too sharp to be near peoples’ faces when drinking.

For Lang, the installations were a rare opportunity to bring his origami into the public space. He said paper can actually last quite a while when properly cared for, but that care requires it to be kept dry and often behind glass to prevent damage. However, the Santa Monica installations create a very different experience.

“The longevity is there if you use archival papers,” he said of origami. “However, it is fragile, paper doesn’t like direct sunlight, doesn’t like humidity or wetness. The thing that was exciting to me about this was here was a way of making it not fragile ... Here it’s great, they are out there, people can touch it, can handle it much more intimately than they would if it was behind glass.”

The bronze castings in Santa Monica are one of a kind. Lang created actual paper

origamis that were coated in wax and then covered in a ceramic shell. The process destroys the original paper, melts the wax and leaves a mold for the molten bronze. Removing the metal from the mold destroys the ceramic case preventing the creation of any additional copies.

For Lang, the crease patterns embedded in the street are just as noteworthy as the finished products they create.

“They are deeply significant,” he said. “They are in some way a plan of the art work but they are another view of the subject, they are another artistic representation of the subject. In a way, they show the interior of the origami as well as the outside surface. It’s kind of the x-ray view of the origami artwork, I loved being able to have that connection as well.”

Lang said his one twinge of regret about the original project was the realization the crease patterns would be inaccessible to many people due to constant traffic. While the scrambles were installed to help with traffic flows, the newly allowed diagonal travel path will bring thousands of pedestrians across the works, greatly increasing their visibility and the origami scrambles have been painted in a way that preserves the crease maps.

Lang said the Santa Monica project was one of the greatest artistic experiences of his career and he credits the experience for helping him move into other mediums including an ongoing collaboration with another artist that uses silicon molds to cast multiple bronzes from a single origami.

While Brailsford said she wishes she’d had the chance to work with the city to incorporate the scramble markings into the larger art project, she said she had fond memories of working in Santa Monica and has always hoped to expand the art installation to Arizona.

“The trouble being ahead of the curve is your ideas seem too crazy for people,” she said. “We did all these things but they could have been bolder.”

For more information about Brailsford, visit <http://lithomosaic.squarespace.com/robin-brailsford>. For more information about Lang and to see renderings of the in-street crease patterns, visit www.langorigami.com/article/santa-monica-bronze-sculptures.

editor@smdp.com

BULLETPROOF

FROM PAGE 1

fairly not-too-sci-fi sounding cardio bike that switches from oxygen to “negative oxygen” to provide better circulation, to the aforementioned Atmospheric Cell Trainer, a pod that uses air pressure to challenge your body’s adaptability, providing a unique health map for lab goers.

“Billionaires, NASA, Navy SEALs all have this stuff,” said Tobias. “This is the first-time Joe Everyday can come in and get access to this kind of equipment on an hourly basis. We think that’s helping the world.”

Although Bulletproof Labs is built for Joe Everyday, it doesn’t come with the Joe Everyday price point — Bulletproof Labs’ membership ranges from \$500 – over \$1,000 a month.

Couple that price point with the fact that this equipment and these workouts don’t necessarily have extensive research to back them, and eyebrows rise.

“If you think about how tech gets adopted in health and fitness, there’s prob-

ably the biggest lag between when something’s invented and when it’s generally available and stamped by the FDA and the USDA than any industry on the planet,” Tobias says. “If someone invents a new programming language, millions of people can be using it tomorrow. These things have been validated by people like Dave (Asprey) and our Bulletproof bio-hacking community. Just because it isn’t approved doesn’t mean it doesn’t work, it just hasn’t been approved yet and hasn’t received enough double blind, quality control, blab-bity blah. We are completely transparent and open to people.”

While no solid figures exist thus far on the progressive health facility, it’s a place that many swear by. Claims of better sleep, healed pinched nerves, and even clarified business ideas, are espoused by staff members and lab goers alike.

“We hear the skeptics,” Tobias says, “and I say come try it yourself.”

Bulletproof Labs is located at 3110 Main St Suite 110 adjacent to the existing Bulletproof Coffee.

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NOTICE OF PUBLIC HEARING

Community Development Block Grant (CDBG) and Home Investment Partnership Act (HOME) Program funds.

Notice is hereby given that the City of Santa Monica will hold a public hearing to receive community input to inform the development of the 2018-19 Action Plan. The Action Plan is submitted annually to the U.S. Department of Housing and Urban Development (HUD). It delineates the City’s specific projects and activities for one-year use of Community Development Block Grant (CDBG) and HOME funds in order to meet the City’s overall housing and community development needs as specified in the 2015-19 Consolidated Plan adopted by City Council and submitted to HUD in May 2015. The City will notice and hold another public hearing prior to adoption of the FY 2018-19 Action Plan.

Copies of the 2015-19 Consolidated Plan are available on the web at <http://www.smgov.net/ccs-grants>, or you may request a hard copy from the Human Services Division, 1685 Main Street, Room 212, Santa Monica, CA 90401, telephone (310) 458-8701; TDD (310) 458-8696. Please send any written comments to humanservices@smgov.net or to the above address by January 22, 2018. You may also present your comments verbally at the City Council meeting.

City Council Meeting
Tuesday, January 23, 2018 at 6:30 p.m.
City Hall Council Chambers
1685 Main Street, Santa Monica

The Council Chambers is wheelchair accessible. If you have any special disability-related needs/accommodations please contact the Human Services Division.

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