



# TIFFIN UNIVERSITY – Penn Station MEET SCHEDULE

## FIELD EVENTS:

**Start @ 10am** – PV Pit open @ 9am / Other Field Events @ 9:30am for Warm-ups

10:00 am – Boy’s & Girl’s Long Jump (Boy’s North Pit, Girl’s South Pit)

10:00 am – Girl’s Weight Throw (Boy’s Weight Throw will follow after Girl’s)

10:00 am – Boy’s Shot Put (Girl’s Shot-Put follows completion of Boy’s Competition)

10:00 am – Girl’s Pole Vault (Boy’s to Follow)

10:00 am – Boy’s High Jump (Boy’s to Follow)

- Boy’s Triple Jump (North Pit) starts after Completion of Long Jump, Ladies start after Boy’s completion

## RUNNING EVENTS:

Start @ 10am – Rolling Schedule

- ALL Running Events are Girl’s 1<sup>st</sup>, except for Hurdles (Girl’s first in Prelims, Boy’s 1<sup>st</sup> in Finals)

10:00 am –

4x800 relay

60m Prelims – Top 8 times advance to Finals

60m Hurdles Prelims – top 8 times advance to Finals

400m

1600m

Elite Mile (Will be top 12 Men & Top 12 Women Entries)

60m Final

60m Hurdle Final

800m

4x200m Relay

3200m

200m

4x400m Relay

- Preferred Lanes for the 200m, 400m, 4x200m, and 4x400m are as follows; 6-54-3-2-1
- Preferred Lanes for the 60m and 60mh are 4-5-3-6-2-7-1-8

**All 200m Runners** will need to **Declare** during the 800m races to verify your entry for the 200m. Heats will be re-seeded, after 800m.