

26th Annual St. Joseph's Cross Country Invitational

Saturday, October 17th, 2026

Sunken Meadow State Park, Kings Park, Long Island, NY

Women:	11:00 am	5000 meters
Men:	12:00 noon	8000 meters
Awards:	1:00 pm	on the Boardwalk

Top 25 in each race will get a t-shirt in the chute plus team trophies will be awarded to the top 3 in each gender. Finish line pictures will be posted for every runner.

Same Non-Traditional Course as last few years!

No Cardiac Hill and No Snake Hill!

Course maps are available at the SJLI Athletics XC website.

**Entry fee: \$40 per runner or \$200 per team (5+ athletes)
(\$400 for Men & Women) if you pay through Direct Athletics.**

If you don't pay through Direct Athletics, the entry fee is \$225 per gender (\$50 per individual.) We have difficulty collecting fees from schools that don't pay through DA. If you are paying by mail or the day of the meet, please make checks payable to: St. Joseph's Cross Country

Jim Crowley, St. Joseph's University Cross Country

155 West Roe Blvd., Patchogue, NY 11772

Email: jcrowley@sjny.edu / Cell: 631-786-1532

Entries close on Direct Athletics by Oct. 15th at 6pm

I will put your school's name on a bus list to get you through the toll for free. If you are driving vans, please pay the toll fee (\$10) and bring your receipt to the meet headquarters to be reimbursed right away. We will NOT reimburse for cars!