



2025 Santa Clara University WOMEN'S CROSS COUNTRY

2025 Schedule/Results

Date	Meet	Location	Place
Aug. 29	USF Invitational	San Francisco	8th of 13
Sept. 13	Kim Duyst Twilight	Ceres, Calif.	7th of 14
Oct. 3	Sean Earl Lakefront Invite	Chicago	15th of 15
Oct. 18	Bronco Invitational	Sunnyvale, Calif.	2nd of 16
Nov. 1	WCC Championships	Spokane, Wash.	
Nov. 14	NCAA West Regionals	Sacramento, Calif.	
Nov. 22	NCAA Championships	Columbia, Mo.	

2025 Cross Country Roster

Name	Yr.	Hometown / Previous School
Milaina Almonte	Jr.	Edwards, Colo. / Battle Mountain HS
Mariah Aragon	So.	Hardin, Mont. / Hardin HS
Olivia Bohanec	So.	Pasadena, Calif. / La Salle HS
Sigrid Brakenhielm	Fr.	Lake Oswego, Ore. / Lakeridge HS
Josie Cahill	Fr.	Winnetka, Ill. / New Trier Township HS
Rachelle Cormier	Sr.	Bellevue, Wash. / Interlake HS
Emma Gardner	Fr.	Mill Valley, Calif. / Tamalpais HS
Isabella Gonzalez	Jr.	Crystal Lake, Ill. / Crystal Lake South HS
Heidi Green	Fr.	Santa Cruz, Calif. / Santa Cruz HS
Sarah Guralnick	So.	Yarrow Point, Wash. / The Overlake School
Amelia James	So.	Portland, Ore. / Lincoln HS
Ramneek Kaur	Fr.	San Jose, Calif. / Evergreen Valley HS
Kiera Kime	Fr.	Portland, Ore. / Beaverton HS
Sydney Lim	So.	Lake Oswego, Ore. / Lake Oswego HS
Audrey O'Neill	So.	Portland, Ore. / Jesuit HS
Julia Russo	So.	Phoenix / Xavier College Prep
Olivia Schlieman	Jr.	Sacramento, Calif. / Rio Americano HS
Sophie Smithstanz	Sr.	Portland, Ore. / Central Catholic HS
Celia Steiger	Jr.	Longmeadow, Mass. / Longmeadow HS
Kaylee Volner	Sr.	Makawao, Hawaii / Seabury Hall
Grace Winkler	So.	Seattle / Holy Names Academy
Alyssa Wyatt	Fr.	Fontana, Calif. / Etiwanda HS
Aliyah Yearian	So.	Port Townsend, Wash. / East Jefferson HS

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Santa Clara at 2025 WCC Championship

Spokane, Wash. • The Course Spokane Valley • 10 a.m.

Watch Live: ESPN+

Live Results: www.rtspt.com/events/wcc/xcc2025/

At Last Year's Meet

Team Finish 7th (out of 11)
Top Individual Olivia Schlieman (42nd, 22:00.9)
Overall Meet Winner Rosina Machu (Gonzaga, 19:45.3)
Team Champion Gonzaga (35 points)

Meet Notes

- The Santa Clara University women's cross country team heads to the Pacific Northwest for the 2025 West Coast Conference Championship, the 41st version of the meet and only the second time its been hosted in Spokane, Wash.
- The Broncos had a three-year run of top-five team finishes at the WCC Championship snapped last season when they placed seventh, thanks in part to the additions of Oregon State and Washington State, who both finished in front of the Broncos.
- Santa Clara owns one individual WCC Championship in women's cross country, and it belongs to Stephanie Wilson, who won the meet in 2009. She'd go on to become an All-American that same season.
- The Broncos also own one team WCC title, winning it all in 2001 with 46 points, besting Portland's 63 points in second.

Season Notes

- Junior **Milaina Almonte** ran away from the competition on Oct. 18, becoming the first Santa Clara runner since at least 1999 to win the individual title at the Bronco Invitational, setting a school record and beating a field of over 150 runners by nearly 30 seconds at Baylands Regional Park in Sunnyvale, Calif.

Almonte won the six-kilometer race in a personal-best 20 minutes, 6.5 seconds, an outstanding 27.1 seconds faster than runner-up Addie Oversmith of UC Santa Barbara. It was Almonte's third personal record in as many races this season, now having lowered her 2025 best by more than 30 seconds from her season-opening 20:37.6 at the USF Invitational on Aug. 29. Almonte's individual win powered Santa Clara to a runner-up team finish, only behind UC Santa Barbara, who won the meet with 69 points.

- Almonte placed among the top-35 in an ultra-competitive field on Oct. 3 to lead Santa Clara at the Sean Earl Lakefront Invitational at the Sydney R. Marovitz Golf Course in Chicago.

Almonte set a 6-kilometer personal best for the second time in as many races, finishing in 20:28.11. Almonte was the eighth finisher from a non-Power-4 school. **Sarah Guralnick** came in as the Broncos' No. 2 runner in 87th place with a time of 21:24.23. **Olivia Schlieman** gave Santa Clara three runners in the top-100 with a 96th-place finish in 21:39.64. Sydney Lim (108th, 22:18.37) and Julia Russo (118th, 22:54.54) rounded out Santa Clara's top-five.

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Season Notes

Santa Clara finished 15th in the team standings in a race that featured eight nationally ranked teams. West Coast Conference preseason favorite Gonzaga, who received votes in the latest national poll, was also in attendance, finishing third overall. No. 2-ranked NC State won the team title with 34 points and had four finishers in the top-10. NC State's Hannah Gapes won the individual race in 19:19.69.

- Santa Clara placed four individuals among the top-50 on Sept. 13 in its second competition of the season on its way to a seventh-place team finish at the Kim Duyst Twilight, hosted by Stanislaus State at River Oaks Golf Course, in Ceres, Calif.

Sarah Guralnick led the Broncos' efforts under the lights with a fifth-place finish in 21 minutes, 10.7 seconds over the 6-kilometer course. **Olivia Schlieman** made her 2025 season debut and gave Santa Clara two individuals among the top-25 with a 21st-place finish in 21:38.0.

- The Broncos had a strong season-opening performance on Aug. 29 at the 32nd annual USF Invitational, powered by a second-place individual showing from **Milaina Almonte** at the Speedway Meadows in Golden Gate Park.

Almonte set a cross country 6-kilometer personal best, finishing second overall in the 130-runner field with a time of 20 minutes, 37.6 seconds. She trailed race winner, Anna Buettner of host San Francisco, by less than 10 seconds after chasing her down. Buettner had built a large gap between herself and the rest of the field, but Almonte pushed to close it, cutting down a more-than 38-second gap at the 4 km mark to fewer than 10 seconds and passing two Stanford runners in the process.

- The Broncos only graduated two student-athletes from last year's roster, returning a total of 16 for 2025-26. And even this season's roster only has three seniors on it. Junior **Olivia Schlieman** is Santa Clara's top returner after leading the team with a 123rd-place finish at the 2024 NCAA Division I West Regional in Colfax, Wash.

- Santa Clara also welcomes seven newcomers in 2025-26 -- all freshmen -- who hail from three different states to give SCU a roster of 23. **Sigrid Brakenhielm** (Lake Oswego, Ore.), **Josie Cahill** (Winnetka, Ill.), **Emma Gardner** (Mill Valley, Calif.), **Heidi Green** (Santa Cruz, Calif.), **Ramneek Kaur** (San Jose, Calif.) and **Keira Kime** (Portland, Ore.).

- The Broncos were picked seventh out of 12 teams in August's West Coast Conference Preseason Poll, voted on by the conference's head coaches. Gonzaga (eight first-place votes), Washington State (2), Portland, San Francisco (2) and Oregon State were the top-five in the poll.

USTFCCCA NATIONAL TOP-30 POLL

Week #4 (Oct. 21)

Rk.	Name	Pts. (1st Pl.)	Prev.
1.	BYU	330 (11)	1
2.	NC State	319	2
3.	Florida	296	3
4.	Oregon	291	4
5.	Notre Dame	287	7
6.	Iowa State	265	16
7.	West Virginia	254	9
8.	Northwestern	239	18
9.	New Mexico	226	5
10.	Georgetown	218	22
11.	Oklahoma State	213	8
12.	Penn State	211	t-14
13.	Stanford	202	11
14.	Villanova	183	19
15.	Virginia	173	12
16.	Colorado	167	10
17.	Northern Arizona	161	6
18.	Utah	155	t-14
19.	Wisconsin	130	29
20.	South Carolina	110	26
20.	Washington	110	17
22.	Washington State	93	27
23.	Missouri	92	21
24.	Michigan State	76	24
25.	Alabama	61	13
26.	Gonzaga	53	20
27.	Tennessee	52	30
28.	Wake Forest	48	RV
29.	Tulane	42	25
30.	Boston College	23	23

Also Receiving Votes: Duke 11, Florida State 7, LSU 6, Syracuse 4, North Carolina 3, Arkansas 2, Clemson 2

AROUND THE WCC

This Week's Meets

Meet	Location	Teams
WCC Championship	Spokane, Wash.	GON, LMU, OSU PAC, PEP, POR SCU, SEA, SMC USD, USF, WSU

2025 WCC Women's Cross Country Preseason Poll

Pl.	Team	Pts. (1st)	Pl.	Team	Pts.
1.	Gonzaga	118 (8)	7.	Santa Clara	66
2.	Washington St.	106 (2)	8.	Seattle	43
3.	Portland	94	9.	San Diego	37
4.	San Francisco	92 (2)	10.	LMU	31
5.	Oregon State	90	11.	Pacific	25
6.	Saint Mary's	67	12.	Pepperdine	23

2025 Women's Cross Country Preseason All-WCC Team

Name	School	Yr.
Sage Brooks	Oregon State	Sr.
Faustine Chaboche	San Francisco	Jr.
Zenah Cheptoo	Washington State	So.
Willow Collins	Gonzaga	Sr.
Jessica Frydenlund	Gonzaga	Jr.
Logan Hofstee	Gonzaga	So.
Caroline Jekporir	Washington State	So.
Kate Laurent	Oregon State	Sr.
Maebh Richardson	Portland	Jr.
Vasileia Spyrou	San Francisco	Gr.