



2025 Santa Clara University WOMEN'S CROSS COUNTRY

2025 Schedule/Results

Date	Meet	Location
Aug. 29	USF Invitational	8th of 13
Sept. 13	Kim Duyst Twilight	7th of 14
Oct. 3	Sean Earl Lakefront Invitational	Chicago
Oct. 3	Pacific Invitational	Stockton, Calif.
Oct. 18	Bronco Invitational	Sunnyvale, Calif.
Nov. 1	WCC Championships	Spokane, Wash.
Nov. 14	NCAA West Regionals	Sacramento, Calif.
Nov. 22	NCAA Championship	Columbia, Mo.

2025 Cross Country Roster

Name	Yr.	Hometown / Previous School
Milaina Almonte	Jr.	Edwards, Colo. / Battle Mountain HS
Mariah Aragon	So.	Hardin, Mont. / Hardin HS
Olivia Bohanec	So.	Pasadena, Calif. / La Salle HS
Sigrid Brakenhielm	Fr.	Lake Oswego, Ore. / Lakeridge HS
Josie Cahill	Fr.	Winnetka, Ill. / New Trier Township HS
Rachelle Cormier	Sr.	Bellevue, Wash. / Interlake HS
Emma Gardner	Fr.	Mill Valley, Calif. / Tamalpais HS
Isabella Gonzalez	Jr.	Crystal Lake, Ill. / Crystal Lake South HS
Heidi Green	Fr.	Santa Cruz, Calif. / Santa Cruz HS
Sarah Guralnick	So.	Yarrow Point, Wash. / The Overlake School
Amelia James	So.	Portland, Ore. / Lincoln HS
Ramneek Kaur	Fr.	San Jose, Calif. / Evergreen Valley HS
Kiera Kime	Fr.	Portland, Ore. / Beaverton HS
Sydney Lim	So.	Lake Oswego, Ore. / Lake Oswego HS
Audrey O'Neill	So.	Portland, Ore. / Jesuit HS
Julia Russo	So.	Phoenix / Xavier College Prep
Olivia Schlieman	Jr.	Sacramento, Calif. / Rio Americano HS
Sophie Smithstanzan	Sr.	Portland, Ore. / Central Catholic HS
Celia Steiger	Jr.	Longmeadow, Mass. / Longmeadow HS
Kaylee Volner	Sr.	Makawao, Hawaii / Seabury Hall
Grace Winkler	So.	Seattle / Holy Names Academy
Alyssa Wyatt	Fr.	Fontana, Calif. / Etiwanda HS
Aliyah Yearian	So.	Port Townsend, Wash. / East Jefferson HS

Connect with the Broncos

Twitter: _____ @SCUBroncos, @SCUXCTF
Instagram: _____ SCUBroncos, SCUXCTF
Facebook: _____ SantaClaraBroncos, SCUXCTF
YouTube: _____ SantaClaraBroncos

Santa Clara

at

Sean Earl Lakefront Invitational

(Hosted by Loyola Chicago)

Chicago • Sydney R. Marovitz GC • 7 a.m. PDT

Watch Live: N/A

Live Results: athleticlive.com

At Last Year's Meet

Team Finish	Did Not Attend
Top Individual	Did Not Attend
Overall Meet Winner	Doris Lemngole (Alabama, 18:48.2)
Team Champion	Alabama

Meet Notes

- The Santa Clara University women's cross country team will make its first-ever appearance Friday at the Sean Earl Lakefront Invitational, hosted by Loyola Chicago, at the Sydney R. Marovitz on Chicago's North Side.
- Friday morning's Tom Cooney women's 6-kilometer championship race features eight nationally ranked teams: No. 30 Boston College, No. 29 Minnesota, No. 26 Northwestern, No. 21 Washington, No. 18 North Carolina, No. 11 Washington, No. 7 Providence, and No. 2 NC State.
- The Broncos will also run against West Coast Conference rival Gonzaga, who received votes in the latest national poll, and Cal Poly from the Big West Conference.
- Though Santa Clara hasn't competed at the Lakefront Invitational before, traveling to the Midwest isn't new. The Broncos ran at Minnesota's Roy Griak Invite in Minneapolis last season and at Notre Dame's Joe Plane Invite in South Bend, Ind., in 2023.

Season Notes

- Santa Clara placed four individuals among the top-50 on Sept. 13 in its second competition of the season on its way to a seventh-place team finish at the Kim Duyst Twilight, hosted by Stanislaus State at River Oaks Golf Course, in Ceres, Calif.

Sarah Guralnick led the Broncos' efforts under the lights with a fifth-place finish in 21 minutes, 10.7 seconds over the 6-kilometer course. **Olivia Schlieman** made her 2025 season debut and gave Santa Clara two individuals among the top-25 with a 21st-place finish in 21:38.0.

- The Broncos had a strong season-opening performance on Aug. 29 at the 32nd annual USF Invitational, powered by a second-place individual showing from **Milaina Almonte** at the Speedway Meadows in Golden Gate Park.

Almonte set a cross country 6-kilometer personal best, finishing second overall in the 130-runner field with a time of 20 minutes, 37.6 seconds. She trailed race winner, Anna Buettner of host San Francisco, by less than 10 seconds after chasing her down. Buettner had built a large gap between herself and the rest of the field, but Almonte pushed to close it, cutting down a more-than 38-second gap at the 4 km mark to fewer than 10 seconds and passing two Stanford runners in the process.

2025 Santa Clara University WOMEN'S CROSS COUNTRY



Season Notes

• The Broncos only graduated two student-athletes from last year's roster, returning a total of 16 for 2025-26. And even this season's roster only has three seniors on it. Junior **Olivia Schlieman** is Santa Clara's top returner after leading the team with a 123rd-place finish at November's 2024 NCAA Division I West Regional in Colfax, Wash.

• Santa Clara also welcomes seven newcomers in 2025-26 -- all freshmen -- who hail from three different states to give SCU a roster of 23. **Sigrid Brakenhielm** (Lake Oswego, Ore.), Josie Cahill (Winnetka, Ill.), Emma Gardner (Mill Valley, Calif.), Heidi Green (Santa Cruz, Calif.), Ramneek Kaur (San Jose, Calif.) and Keira Kime (Portland, Ore.).

• The Broncos were picked seventh out of 12 teams in August's West Coast Conference Preseason Poll, voted on by the conference's head coaches. Gonzaga (eight first-place votes), Washington State (2), Portland, San Francisco (2) and Oregon State were the top-five in the poll.

USTFCCA NATIONAL TOP-30 POLL

Rk.	Name	Week #2 (Sept. 29)		Prev.
			Pts. (1st Pl.)	
1.	BYU		330 (11)	1
2.	NC State		307	3
3.	Florida		300	12
4.	Oregon		278	2
5.	New Mexico		277	3
6.	Northern Arizona		276	8
7.	Providence		247	6
8.	Stanford		245	5
9.	Oklahoma State		232	13
10.	Notre Dame		224	11
11.	Washington		216	9
12.	Colorado		214	26
13.	West Virginia		211	10
14.	Alabama		188	6
15.	Penn State		175	14
16.	Virginia		173	18
17.	Utah		148	22
18.	North Carolina		146	15
19.	Iowa State		138	27
20.	Georgetown		105	17
21.	Wisconsin		85	19
t-22.	Michigan State		75	16
t-22.	Arkansas		75	21
24.	Missouri		65	NR
25.	Wake Forest		54	RV
26.	Northwestern		50	25
27.	Washington State		47	RV
28.	Tennessee		36	RV
29.	Minnesota		34	20
t-30.	Tulane		33	RV
t-30.	Boston College		33	28

Also Receiving Votes: Duke 29, Syracuse 28, Harvard 16, Gonzaga 16, California Baptist 8, South Carolina 1

AROUND THE WCC

This Week's Meets

Meet	Location	Teams
Lakefront Invitational	Chicago	GON, SCU
Pacific Invitational	Lodi, Calif.	PAC
Louisville XC Classic	Louisville, Ky.	USD
Charles Bowles Invite	Salem, Ore.	LMU, OSU, POR, SEA

2025 WCC Women's Cross Country Preseason Poll

Pl.	Team	Pts. (1st)	Pl.	Team	Pts.
1.	Gonzaga	118 (8)	7.	Santa Clara	66
2.	Washington St.	106 (2)	8.	Seattle	43
3.	Portland	94	9.	San Diego	37
4.	San Francisco	92 (2)	10.	LMU	31
5.	Oregon State	90	11.	Pacific	25
6.	Saint Mary's	67	12.	Pepperdine	23

2025 Women's Cross Country Preseason All-WCC Team

Name	School	Yr.
Sage Brooks	Oregon State	Sr.
Faustine Chaboche	San Francisco	Jr.
Zenah Cheptoo	Washington State	So.
Willow Collins	Gonzaga	Sr.
Jessica Frydenlund	Gonzaga	Jr.
Logan Hofstee	Gonzaga	So.
Caroline Jepkorir	Washington State	So.
Kate Laurent	Oregon State	Sr.
Maebh Richarson	Portland	Jr.
Vasileia Spyrou	San Francisco	Gr.