



2025 Santa Clara University WOMEN'S CROSS COUNTRY

2025 Schedule/Results

Date	Meet	Location
Aug. 29	USF Invitational	8th of 13
Sept. 13	Kim Duyst Twilight	7th of 14
Oct. 3	Sean Earl Lakefront Invitational	15th of 15
Oct. 18	Bronco Invitational	Sunnyvale, Calif.
Nov. 1	WCC Championships	Spokane, Wash.
Nov. 14	NCAA West Regionals	Sacramento, Calif.
Nov. 22	NCAA Championship	Columbia, Mo.

2025 Cross Country Roster

Name	Yr.	Hometown / Previous School
Milaina Almonte	Jr.	Edwards, Colo. / Battle Mountain HS
Mariah Aragon	So.	Hardin, Mont. / Hardin HS
Olivia Bohanec	So.	Pasadena, Calif. / La Salle HS
Sigrid Brakenhielm	Fr.	Lake Oswego, Ore. / Lakeridge HS
Josie Cahill	Fr.	Winnetka, Ill. / New Trier Township HS
Rachelle Cormier	Sr.	Bellevue, Wash. / Interlake HS
Emma Gardner	Fr.	Mill Valley, Calif. / Tamalpais HS
Isabella Gonzalez	Jr.	Crystal Lake, Ill. / Crystal Lake South HS
Heidi Green	Fr.	Santa Cruz, Calif. / Santa Cruz HS
Sarah Guralnick	So.	Yarrow Point, Wash. / The Overlake School
Amelia James	So.	Portland, Ore. / Lincoln HS
Ramneek Kaur	Fr.	San Jose, Calif. / Evergreen Valley HS
Kiera Kime	Fr.	Portland, Ore. / Beaverton HS
Sydney Lim	So.	Lake Oswego, Ore. / Lake Oswego HS
Audrey O'Neill	So.	Portland, Ore. / Jesuit HS
Julia Russo	So.	Phoenix / Xavier College Prep
Olivia Schlieman	Jr.	Sacramento, Calif. / Rio Americano HS
Sophie Smithstanza	Sr.	Portland, Ore. / Central Catholic HS
Celia Steiger	Jr.	Longmeadow, Mass. / Longmeadow HS
Kaylee Volner	Sr.	Makawao, Hawaii / Seabury Hall
Grace Winkler	So.	Seattle / Holy Names Academy
Alyssa Wyatt	Fr.	Fontana, Calif. / Etiwanda HS
Aliyah Yearian	So.	Port Townsend, Wash. / East Jefferson HS

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Santa Clara at Bronco Invitational

Sunnyvale, Calif. • Bayview Regional Park • 9:30 a.m.

Watch Live: N/A

Live Results: redcaptiming.com

At Last Year's Meet

Team Finish9th (out of 19)
Top IndividualAmelia James (36th, 21:26.5)
Overall Meet Winner Tatiana Cornejo (Cal Poly, 20:14.4)
Team Champion Cal Poly (45 points)

Meet Notes

- The Santa Clara University women's cross country team hosts its own annual Bronco Invitational Saturday morning at Baylands Regional Park in Sunnyvale, Calif.
- The Broncos finished ninth out of 19 teams at last season's Bronco Invitational. Freshman Amelia James led the team with a 36th-place finish in 21:26.5. Olivia Schlieman was five seconds behind her in 39th place with a time of 21:31.2.
- Saturday's race includes six West Coast Conference teams including Santa Clara, LMU, Pacific, Saint Mary's, San Francisco and Seattle will all be in attendance.
- The Broncos posted three consecutive top-five finishes at their own Bronco Invitational from 2021-23. They finished fourth in 2021, third in 2022 and fifth at the 2023 edition.

Season Notes

- In the Broncos' last time out on Oct. 3, junior **Milaina Almonte** placed among the top-35 in an ultra-competitive field to lead Santa Clara at the Sean Earl Lakefront Invitational at the Sydney R. Marovitz Golf Course in Chicago.

Almonte set a 6-kilometer personal best for the second time in as many races this season, finishing in 20 minutes, 28.11 seconds. Almonte was the eighth finisher from a non-Power-4 school. **Sarah Guralnick** came in as the Broncos' No. 2 runner in 87th place with a time of 21:24.23. **Olivia Schlieman** gave Santa Clara three runners in the top-100 with a 96th-place finish in 21:39.64. Sydney Lim (108th, 22:18.37) and Julia Russo (118th, 22:54.54) rounded out Santa Clara's top-five.

Santa Clara finished 15th in the team standings in a race that featured eight nationally ranked teams. West Coast Conference preseason favorite Gonzaga, who received votes in the latest national poll, was also in attendance, finishing third overall. No. 2-ranked NC State won the team title with 34 points and had four finishers in the top-10. NC State's Hannah Gapes won the individual race in 19:19.69.

- Santa Clara placed four individuals among the top-50 on Sept. 13 in its second competition of the season on its way to a seventh-place team finish at the Kim Duyst Twilight, hosted by Stanislaus State at River Oaks Golf Course, in Ceres, Calif.

Sarah Guralnick led the Broncos' efforts under the lights with a fifth-place finish in 21 minutes, 10.7 seconds over the 6-kilometer course. **Olivia Schlieman** made her 2025 season debut and gave Santa Clara two individuals among the top-25 with a 21st-place finish in 21:38.0.

2025 Santa Clara University WOMEN'S CROSS COUNTRY



Season Notes

• The Broncos had a strong season-opening performance on Aug. 29 at the 32nd annual USF Invitational, powered by a second-place individual showing from **Milaina Almonte** at the Speedway Meadows in Golden Gate Park.

Almonte set a cross country 6-kilometer personal best, finishing second overall in the 130-runner field with a time of 20 minutes, 37.6 seconds. She trailed race winner, Anna Buettner of host San Francisco, by less than 10 seconds after chasing her down. Buettner had built a large gap between herself and the rest of the field, but Almonte pushed to close it, cutting down a more-than 38-second gap at the 4 km mark to fewer than 10 seconds and passing two Stanford runners in the process.

• The Broncos only graduated two student-athletes from last year's roster, returning a total of 16 for 2025-26. And even this season's roster only has three seniors on it. Junior **Olivia Schlieman** is Santa Clara's top returner after leading the team with a 123rd-place finish at the 2024 NCAA Division I West Regional in Colfax, Wash.

• Santa Clara also welcomes seven newcomers in 2025-26 -- all freshmen -- who hail from three different states to give SCU a roster of 23. **Sigrid Brakenhielm** (Lake Oswego, Ore.), **Josie Cahill** (Winnetka, Ill.), **Emma Gardner** (Mill Valley, Calif.), **Heidi Green** (Santa Cruz, Calif.), **Ramneek Kaur** (San Jose, Calif.) and **Keira Kime** (Portland, Ore.).

• The Broncos were picked seventh out of 12 teams in August's West Coast Conference Preseason Poll, voted on by the conference's head coaches. Gonzaga (eight first-place votes), Washington State (2), Portland, San Francisco (2) and Oregon State were the top-five in the poll.

USTFCCA NATIONAL TOP-30 POLL

Week #3 (Oct. 7)			
Rk.	Name	Pts. (1st Pl.)	Prev.
1.	BYU	330 (11)	1
2.	NC State	312	2
3.	Florida	302	3
4.	Oregon	285	4
5.	New Mexico	284	5
6.	Northern Arizona	272	6
7.	Notre Dame	253	10
8.	Oklahoma State	252	9
9.	West Virginia	241	13
10.	Colorado	225	12
11.	Stanford	223	8
12.	Virginia	198	16
13.	Alabama	192	14
t-14.	Penn State	169	15
t-14.	Utah	169	17
16.	Iowa State	163	19
17.	Washington	147	11
18.	Northwestern	144	26
19.	Villanova	143	NR
20.	Gonzaga	115	RV
21.	Missouri	87	24
22.	Georgetown	86	20
23.	Boston College	71	t-30
24.	Michigan State	69	t-22
25.	Tulane	55	t-30
26.	South Carolina	50	RV
27.	Washington State	47	27
28.	Providence	36	7
29.	Wisconsin	32	21
30.	Tennessee	28	28

Also Receiving Votes: Texas 26, North Carolina 25, Wake Forest 20, Duke 20, Arkansas 15, Minnesota 8, Syracuse 7, Clemson 7, California Baptist 4, Texas A&M 3

AROUND THE WCC

This Week's Meets

Meet	Location	Teams
Bronco Invite	Sunnyvale, Calif.	LMU, PAC, SCU, SEA, SMC
George Oja Invite	Independence, Ore.	OSU, POR
Highlander Invite	Riverside, Calif.	PEP, USD
Nuttycombe Invite	Madison, Wisc.	GON, WSU
Pre National Invite	Columbia, Mo.	USF

2025 WCC Women's Cross Country Preseason Poll

Pl.	Team	Pts. (1st)	Pl.	Team	Pts.
1.	Gonzaga	118 (8)	7.	Santa Clara	66
2.	Washington St.	106 (2)	8.	Seattle	43
3.	Portland	94	9.	San Diego	37
4.	San Francisco	92 (2)	10.	LMU	31
5.	Oregon State	90	11.	Pacific	25
6.	Saint Mary's	67	12.	Pepperdine	23

2025 Women's Cross Country Preseason All-WCC Team

Name	School	Yr.
Sage Brooks	Oregon State	Sr.
Faustine Chaboche	San Francisco	Jr.
Zenah Cheptoo	Washington State	So.
Willow Collins	Gonzaga	Sr.
Jessica Frydenlund	Gonzaga	Jr.
Logan Hofstee	Gonzaga	So.
Caroline Jepakorir	Washington State	So.
Kate Laurent	Oregon State	Sr.
Maebh Richardson	Portland	Jr.
Vasileia Spyrou	San Francisco	Gr.