

NCAA III TRACK FIELD NATIONALS - MARKS ANALYSIS

- WOMEN'S EVENTS -

NCAA Division III Track and Field - Marks Analysis																									
Compiled by Kirk Reynolds (Pomona-Pitzer)																									
This document includes NCAA Division III marks from 2001-current.																									
"Last Q" signifies the last qualifying mark to be selected to the Championship meet.																									
"AA #8" signifies either 8th place, or the #8 qualifier to finals out of the preliminary rounds (sprints, hurdles, relays, field events)																									
"Win" signifies the 1st place, national-winning mark.																									
Windy marks in sprints and jumps are included here, but not denoted with a 'w'.																									
Reminder: for Track Events, faster (lower) is better; for Field Events, farther (higher) is better.																									
The NCAA Division III meet allows for 22 men per event and 22 women per event. 16 entries per relay event.																									
Note 1: No meet in 2020 (Covid pandemic)																									
Note 2: only 20 men were accepted into each event prior to 2023																									
Note 3: 2021 meet allowed 17 men, 19 women, 14 relays per event.																									
signifies fastest/farthest mark since 2001																									
signifies slowest/shortest mark since 2001																									
100m	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024	2025
LAST Q	12.27	12.26	12.25	12.32	12.28	12.22	12.19	12.29	12.30	12.25	12.34	12.14	12.18	12.15	12.09	12.14	12.10	12.12	12.18	12.10	12.00	11.98	11.94	11.82	
AA #8	12.46	12.14	12.45	12.20	12.09	12.33	12.32	12.21	12.30	12.09	12.23	12.10	12.05	11.99	12.15	12.01	11.90	12.34	12.00	11.95	11.88	11.89	11.81	11.87	
WIN	11.98	11.71	12.02	12.09	11.82	11.66	12.28	11.84	11.84	11.67	11.84	11.55	12.01	11.93	11.67	12.10	11.63	11.87	11.48	11.80	11.57	11.49	11.70	11.30	
200m	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024	2025
LAST Q	25.37	25.37	25.23	25.26	25.16	25.05	25.23	25.32	25.18	25.02	25.30	24.87	25.04	24.93	24.96	24.84	24.76	24.89	25.08	24.88	24.67	24.74	24.70	24.35	
AA #8	25.06	24.71	25.47	25.15	25.17	24.68	24.69	24.81	24.80	24.47	25.11	24.54	24.57	24.56	24.78	24.68	24.47	25.34	24.51	24.38	24.26	24.65	24.22	24.23	
WIN	24.57	23.73	24.60	24.25	24.10	23.75	24.72	24.76	24.25	23.80	24.19	24.26	24.34	23.91	23.88	24.67	23.57	23.90	23.44	23.74	23.56	23.95	23.81	23.44	
400m	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024	2025
LAST Q	57.67	57.14	56.95	57.40	57.44	57.54	57.00	57.44	57.18	56.68	57.16	56.77	57.09	56.91	56.22	55.97	56.63	57.11	57.31	57.29	56.88	56.67	56.26	55.41	
AA #8	56.55	56.62	56.53	56.82	56.98	56.29	56.48	57.23	56.53	56.08	55.89	56.56	56.33	56.27	55.99	55.59	55.47	55.64	57.26	56.53	55.81	55.96	55.91	54.69	
WIN	54.20	53.81	54.25	53.58	54.59	54.98	54.68	54.35	54.29	54.50	54.74	54.15	54.79	53.60	53.89	53.55	52.81	54.09	54.68	54.17	53.75	54.33	53.76	53.94	
800m	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024	2025
LAST Q	2:14.65	2:15.40	2:14.77	2:14.72	2:14.42	2:13.30	2:13.54	2:13.47	2:14.08	2:12.88	2:13.65	2:12.12	2:12.94	2:12.95	2:11.99	2:11.36	2:11.92	2:12.67	2:13.48	2:13.08	2:12.80	2:12.23	2:11.50	2:10.19	
AA #8	2:12.27	2:13.38	2:13.41	2:13.44	2:14.88	2:12.62	2:12.42	2:13.87	2:12.84	2:12.78	2:11.83	2:09.75	2:11.28	2:10.83	2:11.73	2:10.60	2:12.32	2:11.58	2:12.23	2:12.71	2:09.74	2:10.14	2:10.64	2:09.41	
WIN	2:11.97	2:09.06	2:07.39	2:08.58	2:11.54	2:12.54	2:09.49	2:08.23	2:09.18	2:06.87	2:08.48	2:07.44	2:05.93	2:05.23	2:08.14	2:05.88	2:03.51	2:04.22	2:05.24	2:02.52	2:04.68	2:06.47	2:06.02	2:05.09	
1500m	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024	2025
LAST Q	4:42.95	4:39.91	4:41.87	4:40.08	4:40.19	4:37.87	4:37.57	4:37.66	4:36.92	4:33.30	4:37.12	4:37.50	4:35.75	4:36.35	4:33.77	4:34.17	4:34.78	4:34.93	4:38.08	4:37.42	4:35.19	4:31.56	4:31.71	4:29.47	
AA #8	4:40.04	4:40.34	4:33.04	4:35.04	4:36.91	4:35.41	4:34.57	4:32.03	4:33.29	4:31.43	4:32.07	4:30.54	4:28.09	4:37.01	4:31.40	4:34.71	4:31.95	4:33.98	4:33.67	4:32.21	4:32.68	4:26.63	4:35.25	4:34.93	
WIN	4:35.52	4:31.17	4:20.86	4:15.20	4:27.27	4:28.03	4:27.04	4:23.36	4:27.41	4:23.85	4:22.11	4:25.67	4:17.22	4:32.51	4:26.30	4:24.33	4:23.87	4:25.08	4:28.44	4:21.26	4:27.71	4:22.16	4:19.46	4:22.61	
5000m	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024	2025
LAST Q	17:52.19	17:33.95	17:18.82	17:38.30	17:35.99	17:23.20	17:16.35	17:21.59	17:17.06	17:16.56	17:17.06	17:13.55	17:09.69	17:08.41	17:14.48	17:05.65	17:09.03	17:00.89	17:19.08	17:24.78	17:01.02	16:58.98	16:50.68	16:45.58	
AA #8	17:27.71	17:19.10	16:54.11	17:33.88	17:14.78	17:39.24	17:16.84	17:07.17	17:29.92	17:18.59	17:27.41	17:16.60	16:54.96	16:43.28	17:20.64	17:12.74	17:14.28	17:25.01	17:34.50	17:02.40	16:41.13	16:56.55	17:00.82	16:42.81	
WIN	17:06.40	16:50.52	15:51.23	15:57.86	16:11.90	17:12.33	16:49.54	16:52.49	17:14.52	16:54.05	17:06.76	16:54.04	16:31.17	16:29.96	17:04.04	16:27.32	16:34.08	16:36.17	16:55.45	16:22.85	16:08.90	16:18.30	16:44.12	16:01.55	
10,000m	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024	2025
LAST Q	37:16.80	36:52.12	37:06.83	37:44.00	37:05.34	37:07.20	36:49.15	36:32.32	36:50.43	36:16.03	36:52.72	36:21.37	36:32.29	36:10.87	36:26.91	36:23.43	36:14.33	36:24.82	36:42.20	36:46.92	36:08.18	36:11.27	35:40.15	35:48.70	
AA #8	36:41.26	36:26.46	35:58.86	37:53.83	36:18.74	36:32.41	36:03.95	36:01.11	36:18.45	36:38.67	36:21.98	36:39.04	36:08.59	36:04.17	36:20.54	36:45.55	35:52.40	36:37.24	36:43.71	36:49.76	36:13.36	35:03.83	36:18.37	34:57.75	
WIN	35:05.63	34:46.86	34:08.59	36:04.21	34:00.43	35:10.42	34:48.19	35:45.01	35:24.78	34:41.59	35:11.67	35:14.70	35:45.08	34:25.39	35:33.67	35:46.27	34:41.11	35:03.20	35:39.98	34:33.53	34:50.55	33:02.53	34:27.32	33:46.70	
3k SC	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024	2025
LAST Q		11:16.94	11:09.69	11:03.98	11:07.30	10:59.90	10:53.34	10:55.00	10:53.40	10:55.47	10:59.54	11:01.01	11:07.22	10:57.85	10:59.31	10:58.23	10:55.64	10:52.51	11:03.33	11:03.88	11:03.36	10:49.85	10:47.88	10:47.81	
AA #8		11:07.53	10:58.64	11:04.13	11:01.05	10:49.46	10:49.78	10:46.29	10:45.45	10:45.07	10:39.54	10:51.85	10:42.06	10:41.54	10:43.58	10:48.74	10:50.25	10:41.30	11:06.22	11:13.24	10:40.71	10:37.97	10:34.23	10:36.71	
WIN		10:43.28	10:33.67	10:26.56	10:33.21	10:15.72	10:13.33	10:22.60	10:22.34	10:16.16	10:24.22	10:27.32	10:17.38	10:20.06	10:25.32	10:38.60	10:21.08	10:15.75	10:22.32	10:30.46	10:07.07	10:15.34	10:27.46	10:11.73	
100m H	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024	2025
LAST Q	14.78	14.82	14.99	14.87	14.81	14.70	14.75	14.78	14.72	14.83	14.71	14.61	14.60	14.56	14.59	14.55	14.58	14.59	14.51	14.48	14.55	14.21	14.37	14.26	
AA #8	14.72	14.65	15.11	14.69	14.62	14.63	14.70	14.46	14.54	14.33	14.40	14.24	14.31	14.19	14.42	14.38	14.45	14.39	14.10	14.28	14.05	13.91	14.09	14.18	
WIN	14.36	14.25	14.43	14.33	14.08	14.06	14.43	13.68	13.77	13.83	14.51	13.87	13.93	14.02	13.62	13.78	13.98	14.06	13.66	13.67	13.44	13.37	13.67	13.54	
400m H	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024	2025
LAST Q	63.62	63.69	63.37	63.60	63.68	63.27	63.33	63.17	63.57	63.22	62.66	62.66	62.62	63.45	62.79	62.48	62.34	62.46	62.57	63.96	63.14	62.82	63.16	61.93	
AA #8	62.66	63.09	62.49	62.73	62.94	61.81	62.45	62.05	61.94	62.65	61.70	61.91	61.49	61.37	62.68	61.93	61.78	61.30	61.59	62.99	61.52	60.94	61.91	62.01	
WIN	59.16	60.11	59.22	59.98	61.20	60.30	59.50	59.39	60.05	59.80	59.49	60.27	59.31	58.63	59.95	59.17	59.43	59.34	58.98	60.01	58.98	58.66	58.01	58.55	
4x100 R	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024	2025
LAST Q	48.52	48.58	48.37	48.34	47.96	48.26	48.23	48.26	48.30	47.99	48.08	47.65	47.83	47.82	47.65	47.79	47.39	47.61	47.81	47.70	47.65	47.05	47.21	46.58	
AA #8	47.76	47.90	48.23	48.16																					

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- WOMEN'S EVENTS -

	signifies slowest/shortest mark since 2001																								
	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024	2025
LJ	5.54	5.58	5.58	5.56	5.62	5.60	5.58	5.57	5.63	5.69	5.62	5.67	5.60	5.62	5.64	5.67	5.70	5.71	5.67	5.67	5.76	5.70	5.75	5.80	
LAST Q	5.38	5.44	5.60	5.64	5.52	5.60	5.55	5.39	5.45	5.59	5.48	5.80	5.69	5.55	5.72	5.71	5.62	5.69	5.73	5.52	5.65	5.74	5.72	5.77	
AA #8	5.38	5.44	5.60	5.64	5.52	5.60	5.55	5.39	5.45	5.59	5.48	5.80	5.69	5.55	5.72	5.71	5.62	5.69	5.73	5.52	5.65	5.74	5.72	5.77	
WIN	6.12	5.89	6.09	6.06	5.92	5.81	5.94	6.07	6.05	5.88	6.17	6.26	6.22	6.02	5.95	6.02	5.99	6.05	6.07	5.88	6.03	6.16	5.98	6.15	
TJ	11.32	11.44	11.43	11.53	11.49	11.56	11.38	11.55	11.71	11.66	11.58	11.75	11.58	11.65	11.72	11.64	11.68	11.70	11.75	11.65	11.83	11.88	11.93	11.90	
LAST Q	11.44	11.58	11.83	11.77	11.74	11.56	11.45	11.58	11.78	11.69	11.42	11.93	11.88	11.88	11.90	11.90	11.93	11.69	12.18	11.57	11.83	12.08	12.07	12.20	
AA #8	11.44	11.58	11.83	11.77	11.74	11.56	11.45	11.58	11.78	11.69	11.42	11.93	11.88	11.88	11.90	11.90	11.93	11.69	12.18	11.57	11.83	12.08	12.07	12.20	
WIN	12.57	12.57	12.82	12.80	12.54	12.47	12.16	12.45	12.16	12.46	12.32	12.58	12.78	12.47	12.87	12.86	13.00	12.56	12.52	12.38	12.43	13.21	13.04	12.96	
HJ	1.68	1.66	1.66	1.67	1.68	1.68	1.66	1.65	1.65	1.65	1.67	1.67	1.68	1.68	1.68	1.68	1.69	1.66	1.67	1.68	1.67	1.65	1.68	1.66	
LAST Q	1.67	1.62	1.62	1.67	1.65	1.67	1.64	1.64	1.64	1.67	1.67	1.67	1.70	1.70	1.66	1.66	1.66	1.68	1.67	1.67	1.66	1.66	1.68	1.65	
AA #8	1.67	1.62	1.62	1.67	1.65	1.67	1.64	1.64	1.64	1.67	1.67	1.67	1.70	1.70	1.66	1.66	1.66	1.68	1.67	1.67	1.66	1.66	1.68	1.65	
WIN	1.77	1.72	1.67	1.76	1.76	1.70	1.70	1.70	1.70	1.73	1.73	1.73	1.79	1.76	1.75	1.76	1.76	1.74	1.70	1.76	1.72	1.72	1.74	1.80	
D3 Champs record is 1.81 from Laramee (Middlebury) and Menin (Hartwick) in 1999																									
PV	3.40	3.43	3.40	3.45	3.50	3.55	3.58	3.58	3.62	3.70	3.55	3.66	3.61	3.65	3.69	3.71	3.75	3.71	3.76	3.71	3.71	3.73	3.71	3.82	
LAST Q	3.36	3.52	3.53	3.57	3.62	3.62	3.62	3.62	3.72	3.73	3.64	3.80	3.70	3.70	3.75	3.85	3.85	3.65	3.80	3.70	3.80	3.80	3.81	3.85	
AA #8	3.36	3.52	3.53	3.57	3.62	3.62	3.62	3.62	3.72	3.73	3.64	3.80	3.70	3.70	3.75	3.85	3.85	3.65	3.80	3.70	3.80	3.80	3.81	3.85	
WIN	3.66	3.82	4.01	3.87	3.72	3.82	3.92	3.92	4.02	4.13	4.14	4.20	4.10	4.15	4.15	4.21	4.22	3.95	4.10	3.85	3.95	4.10	4.06	4.05	
SHOT	12.97	13.12	13.09	13.42	13.01	13.23	13.12	13.30	13.22	13.16	13.21	13.19	13.42	13.55	13.39	13.39	13.67	13.59	13.45	13.50	13.55	13.54	13.60	13.79	
LAST Q	12.92	13.34	12.96	13.55	13.27	13.64	13.05	13.42	13.16	13.69	13.54	13.63	13.70	14.26	14.06	13.60	13.94	13.74	13.77	13.73	14.27	14.11	14.15	13.92	
AA #8	12.92	13.34	12.96	13.55	13.27	13.64	13.05	13.42	13.16	13.69	13.54	13.63	13.70	14.26	14.06	13.60	13.94	13.74	13.77	13.73	14.27	14.11	14.15	13.92	
WIN	14.81	14.86	15.18	15.86	14.64	16.77	14.49	14.43	15.77	14.50	15.11	14.87	15.32	15.44	15.02	14.57	15.09	15.88	15.11	15.23	15.60	15.16	15.44	16.80	
DISCUS	43.40	43.07	42.27	42.34	41.55	42.85	43.97	44.34	42.77	43.45	43.88	43.17	42.58	43.38	43.49	44.63	44.77	44.04	43.96	43.86	43.32	44.04	45.42	45.23	
LAST Q	41.94	42.79	43.06	42.20	40.44	41.86	40.96	45.54	41.84	41.77	42.55	43.73	42.83	44.99	46.95	43.63	43.78	44.54	44.15	42.04	43.28	44.34	45.25	41.14	
AA #8	41.94	42.79	43.06	42.20	40.44	41.86	40.96	45.54	41.84	41.77	42.55	43.73	42.83	44.99	46.95	43.63	43.78	44.54	44.15	42.04	43.28	44.34	45.25	41.14	
WIN	47.62	48.79	48.30	48.62	52.34	48.20	44.49	49.28	47.95	50.62	48.90	46.88	47.11	47.31	53.00	51.48	48.91	50.14	48.86	46.74	48.03	51.46	50.27	48.35	
D3 Champs record is 55.02 from Kristin Kuehl (Concordia-Morehead) in 1992																									
HAMMER	46.76	46.93	48.90	47.87	47.19	46.68	49.40	49.64	49.52	50.06	50.12	50.45	50.48	50.69	51.03	51.88	51.92	51.72	51.93	52.09	52.11	52.64	52.62	52.45	
LAST Q	45.84	47.50	49.27	47.72	50.28	50.06	49.25	50.41	50.04	51.93	52.45	51.98	52.58	53.62	52.64	53.54	53.95	53.38	50.61	50.68	52.64	54.73	54.52	52.16	
AA #8	45.84	47.50	49.27	47.72	50.28	50.06	49.25	50.41	50.04	51.93	52.45	51.98	52.58	53.62	52.64	53.54	53.95	53.38	50.61	50.68	52.64	54.73	54.52	52.16	
WIN	51.46	52.50	57.43	58.63	59.55	62.92	60.36	58.25	53.61	57.40	60.95	60.21	58.21	58.52	58.71	59.13	64.03	62.51	56.34	58.19	57.12	59.58	62.50	59.21	
JAVELIN	39.60	40.04	39.65	40.30	40.60	41.20	40.00	39.37	40.96	40.56	41.01	41.16	40.96	41.55	41.69	40.94	41.25	40.98	40.79	40.98	40.18	40.52	40.76	41.23	
LAST Q	39.48	37.71	39.24	40.39	39.47	42.53	40.94	40.78	41.43	40.95	42.03	42.20	40.29	43.59	43.71	42.21	41.89	39.92	41.20	41.17	41.30	41.42	42.00	40.44	
AA #8	39.48	37.71	39.24	40.39	39.47	42.53	40.94	40.78	41.43	40.95	42.03	42.20	40.29	43.59	43.71	42.21	41.89	39.92	41.20	41.17	41.30	41.42	42.00	40.44	
WIN	46.38	51.69	55.34	46.46	45.37	47.11	46.86	53.17	48.16	45.82	47.36	47.14	47.60	47.96	47.35	48.21	46.26	45.80	44.64	48.21	45.94	45.57	47.35	48.70	
HEPT	4224	4268	4250	4337	4271	4261	4362	4365	4311	4381	4332	4338	4421	4394	4338	4386	4313	4425	4488	4391	4331	4435	4555	4638	
LAST Q	4344	4338	4364	4491	4585	4626	4677	4525	4538	4571	4630	4691	4703	4714	4768	4468	4574	4487	4629	4673	4690	4889	4770	4861	
AA #8	4344	4338	4364	4491	4585	4626	4677	4525	4538	4571	4630	4691	4703	4714	4768	4468	4574	4487	4629	4673	4690	4889	4770	4861	
WIN	4603	4901	4852	4943	4931	5012	5189	5111	5244	4904	5061	4920	4835	5221	5091	5108	5020	4716	5101	5372	5244	5278	5289	5435	