

NCAA III TRACK FIELD NATIONALS - MARKS ANALYSIS

- MEN'S EVENTS -

NCAA Division III Track and Field - Marks Analysis																								
Compiled by Kirk Reynolds (Pomona-Pitzer)																								
This document includes NCAA Division III marks from 2001-current.																								
"Last Q" signifies the last qualifying mark to be selected to the Championship meet.																								
"AA #8" signifies either 8th place, or the #8 qualifier to finals out of the preliminary rounds (sprints, hurdles, relays, field events)																								
"Win" signifies the 1st place, national-winning mark.																								
Windy marks in sprints and jumps are included here, but not denoted with a 'w'.																								
Reminder: for Track Events, faster (lower) is better; for Field Events, farther (higher) is better.																								
The NCAA Division III meet allows for 22 men per event and 22 women per event. 16 entries per relay event.																								
Note 1: No meet in 2020 (Covid pandemic)																								
Note 2: only 20 men were accepted into each event prior to 2023																								
Note 3: 2021 meet allowed 17 men, 19 women, 14 relays per event.																								
signifies fastest/farthest mark since 2001																								
signifies slowest/shortest mark since 2001																								
100m	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2021	2022	2023	2024	2025
LAST Q	10.75	10.78	10.79	10.77	10.74	10.67	10.64	10.78	10.74	10.71	10.76	10.68	10.75	10.67	10.68	10.68	10.67	10.65	10.63	10.63	10.49	10.54	10.53	10.46
AA #8	10.88	10.86	11.04	10.84	10.76	10.88	10.76	10.74	10.88	10.84	10.81	10.63	10.77	10.69	10.43	10.69	10.55	10.94	10.55	10.58	10.66	10.52	10.48	10.48
WIN	10.64	10.19	10.71	10.69	10.53	10.43	10.56	10.59	10.51	10.33	10.90	10.24	10.77	10.50	10.24	10.68	10.34	10.74	10.20	10.51	10.40	10.13	10.24	10.14
200m	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2021	2022	2023	2024	2025
LAST Q	21.66	21.76	21.68	21.78	21.61	21.57	21.66	21.72	21.70	21.69	21.86	21.56	21.75	21.57	21.57	21.56	21.47	21.52	21.49	21.60	21.33	21.35	21.18	21.23
AA #8	21.84	21.67	22.14	22.00	21.92	21.40	21.31	21.56	21.77	21.55	21.97	21.41	21.53	21.43	21.57	21.71	21.46	21.75	21.48	21.56	21.51	21.32	21.18	21.42
WIN	21.62	21.05	21.07	21.39	20.96	21.05	21.15	21.29	21.06	21.04	21.55	20.80	20.81	20.98	21.06	21.59	20.85	21.17	20.89	20.83	20.55	20.25	20.63	20.35
400m	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2021	2022	2023	2024	2025
LAST Q	48.22	48.31	48.39	48.21	48.35	48.23	48.25	48.26	48.42	48.28	48.36	48.22	48.20	48.21	48.04	48.10	48.05	48.11	48.18	48.28	47.86	47.83	47.65	47.31
AA #8	47.88	48.25	48.48	47.96	47.96	47.89	47.74	48.32	48.05	48.50	48.34	48.56	48.10	48.09	47.84	47.74	47.73	47.98	47.04	47.95	47.86	46.93	47.46	47.34
WIN	46.51	46.06	45.29	45.58	45.95	46.11	46.75	46.40	46.65	46.79	46.84	46.98	47.26	47.19	47.07	46.92	46.89	46.07	46.27	46.74	46.19	45.93	45.73	46.68
800m	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2021	2022	2023	2024	2025
LAST Q	1:52.17	1:52.70	1:53.03	1:52.44	1:52.72	1:52.33	1:52.26	1:51.97	1:51.81	1:51.99	1:52.51	1:52.07	1:52.30	1:51.82	1:51.93	1:51.12	1:51.86	1:51.65	1:52.26	1:51.58	1:51.34	1:50.57	1:50.38	1:50.49
AA #8	1:52.85	1:52.45	1:53.51	1:51.54	1:53.09	1:52.17	1:51.81	1:52.88	1:51.76	1:52.29	1:51.40	1:51.08	1:51.10	1:50.92	1:54.60	1:51.34	1:52.40	1:54.94	1:53.65	1:53.05	1:51.92	1:49.68	1:51.68	1:51.51
WIN	1:50.16	1:50.05	1:49.51	1:50.87	1:49.87	1:49.59	1:53.16	1:51.01	1:48.77	1:49.50	1:49.89	1:49.41	1:49.95	1:50.62	1:52.57	1:49.58	1:51.30	1:50.06	1:51.94	1:51.66	1:50.19	1:48.17	1:48.65	1:49.99
D3 Champs record is 1:47.66 from Clive Terrelonge (Lincoln) in 1991																								
1500m	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2021	2022	2023	2024	2025
LAST Q	3:53.86	3:53.99	3:53.82	3:53.64	3:53.32	3:53.47	3:52.90	3:53.70	3:52.08	3:51.92	3:51.58	3:51.96	3:51.89	3:51.01	3:50.91	3:50.82	3:51.43	3:52.42	3:52.81	3:50.92	3:48.24	3:47.75	3:48.62	3:48.59
AA #8	3:54.98	3:56.17	3:50.43	3:53.11	3:58.87	3:55.00	3:56.44	3:52.37	3:55.29	3:52.54	3:57.47	3:57.70	3:50.03	3:55.35	3:52.08	3:51.12	3:54.95	3:55.79	3:52.47	3:49.26	3:49.04	3:47.32	3:52.95	3:50.70
WIN	3:52.08	3:50.42	3:46.66	3:50.91	3:54.20	3:49.24	3:53.13	3:46.89	3:53.41	3:50.43	3:53.43	3:55.38	3:46.19	3:47.01	3:49.64	3:49.27	3:52.59	3:50.21	3:49.14	3:46.63	3:45.96	3:45.18	3:51.05	3:48.75
D3 Champs record is 3:44.50 from Kevin Foley (Haverford) in 1982																								
5000m	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2021	2022	2023	2024	2025
LAST Q	14:55.36	14:38.37	14:34.99	14:37.98	14:39.10	14:42.50	14:34.84	14:36.38	14:39.92	14:37.75	14:36.35	14:30.97	14:30.85	14:29.17	14:37.14	14:27.64	14:27.65	14:34.42	14:29.48	14:32.49	14:17.87	14:12.20	14:11.07	14:11.99
AA #8	15:04.01	14:55.36	14:37.13	15:00.56	14:49.66	15:00.09	14:36.32	14:46.01	14:51.73	14:44.02	14:50.28	14:39.35	14:34.09	14:36.23	14:31.55	14:46.60	14:36.50	14:56.85	15:01.73	14:26.03	14:34.44	14:22.69	14:21.65	14:17.02
WIN	14:51.36	14:51.34	14:23.47	14:40.11	14:36.22	14:48.96	14:25.41	14:32.57	14:39.03	14:28.06	14:41.15	14:15.31	14:25.84	14:11.28	14:10.29	14:24.02	14:15.38	14:26.03	14:40.86	13:55.27	14:28.54	14:07.39	14:07.74	14:10.51
D3 Champs record is 13:55.00 from Dan Henderson (Wheaton) in 1979																								
10,000m	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2021	2022	2023	2024	2025
LAST Q	31:23.95	30:53.73	30:39.02	30:32.48	30:23.40	31:02.30	30:29.59	30:37.95	30:33.55	30:35.42	30:43.46	30:28.10	30:26.43	30:31.62	30:45.93	30:38.90	30:41.75	30:25.24	30:33.86	30:23.53	29:57.41	29:59.95	29:52.80	30:00.16
AA #8	31:20.32	31:23.92	30:52.83	31:19.71	30:54.21	31:17.70	31:14.73	30:46.51	31:29.12	31:09.27	30:41.62	31:00.45	30:09.49	31:29.48	31:04.09	31:35.99	30:19.74	31:06.21	30:59.36	30:48.86	30:37.78	29:20.76	31:07.93	29:44.82
WIN	30:27.72	30:43.41	30:09.44	30:41.09	30:31.45	30:26.99	30:54.19	30:34.51	30:54.56	30:15.91	29:58.92	30:16.07	29:48.25	31:11.83	30:45.15	30:21.40	29:15.12	29:47.30	30:14.05	29:55.42	30:02.53	28:37.89	30:41.91	29:29.59
3k SC	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2021	2022	2023	2024	2025
LAST Q	9:18.26	9:13.97	9:12.28	9:13.52	9:13.48	9:18.80	9:11.86	9:17.65	9:14.51	9:10.89	9:14.63	9:07.41	9:09.44	9:15.03	9:11.82	9:10.11	9:12.17	9:13.09	9:10.37	9:14.63	9:08.79	9:04.00	8:59.61	8:59.06
AA #8	9:13.79	9:13.56	9:12.56	9:16.33	9:17.93	9:11.27	9:07.66	9:11.13	9:08.41	9:07.54	9:06.52	9:04.69	9:09.28	9:13.18	9:05.11	9:19.92	9:16.28	9:16.04	9:15.31	9:19.97	9:05.19	8:55.66	9:07.65	9:03.25
WIN	8:54.74	9:02.02	8:54.27	9:00.18	9:03.19	9:03.88	8:55.41	8:55.19	8:56.67	8:56.20	8:51.85	8:51.01	8:50.58	8:45.77	8:46.58	9:11.98	9:05.58	9:04.50	8:58.89	8:47.39	8:50.57	8:42.46	8:50.75	8:50.51
110 HH	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2021	2022	2023	2024	2025
LAST Q	14.66	14.82	14.73	14.66	14.73	14.76	14.75	14.68	14.75	14.74	14.74	14.69	14.74	14.71	14.63	14.60	14.56	14.55	14.62	14.66	14.46	14.50	14.34	14.32
AA #8	14.75	14.95	14.82	14.75	14.69	14.91	14.68	14.57	14.76	14.47	14.59	14.50	14.47	14.60	14.47	14.53	14.37	14.76	14.58	14.53	14.45	14.49	14.28	15.52
WIN	14.34	14.26	14.63	14.56	14.12	13.98	14.58	14.22	14.24	14.05	14.40	13.79	14.43	13.82	13.63	13.93	14.17	14.22	14.37	13.72	14.05	14.22	13.77	13.75
400m H	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2021	2022	2023	2024	2025
LAST Q	53.46	53.00	53.62	53.00	53.40	53.73	53.75	53.85	53.40	53.36	53.54	53.41	53.83	53.55	53.34	53.59	53.50	53.24	53.49	53.83	53.28	53.26	53.09	52.74
AA #8	53.42	52.69	53.68	53.30	53.38	52.93	53.12	53.62	52.86	53.11	53.16	53.37	52.61	52.91	52.75	53.07	52.98	51.95	53.33	53.03	53.15	52.75	52.73	53.01
WIN	51.72	51.26	50.81	50.09	51.78	51.25	51.50	51																

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AA #8	41.39	41.39	41.75	41.59	41.08	41.47	41.40	41.28	41.52	41.55	41.54	41.24	41.21	41.12	41.15	41.40	41.37	41.10	42.82	41.20	41.75	41.00	40.67	41.33
WIN	40.62	40.28	40.56	40.60	40.47	40.30	40.51	40.54	40.76	40.77	40.76	40.62	40.82	40.52	40.28	40.01	40.40	40.47	40.92	40.21	40.59	39.96	39.82	39.66
4x400 R	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2021	2022	2023	2024	2025
LAST Q	3:14.75	3:15.80	3:15.06	3:16.06	3:15.28	3:14.98	3:15.52	3:15.12	3:15.24	3:15.07	3:15.21	3:15.06	3:15.42	3:14.92	3:14.36	3:14.51	3:15.17	3:14.78	3:14.33	3:15.92	3:13.63	3:14.37	3:13.25	3:11.49
AA #8	3:13.99	3:15.16	3:15.96	3:13.52	3:13.75	3:11.85	3:20.72	3:16.14	3:14.99	3:14.08	3:13.94	3:14.24	3:13.50	3:12.31	3:15.58	3:12.77	3:14.36	3:13.35	3:13.25	3:14.09	3:13.80	3:12.47	3:12.65	3:12.34
WIN	3:10.56	3:10.05	3:11.08	3:08.21	3:08.71	3:08.55	3:11.01	3:12.09	3:10.60	3:11.73	3:11.45	3:10.56	3:09.20	3:09.81	3:10.68	3:10.50	3:10.41	3:08.10	3:09.77	3:11.81	3:09.44	3:07.24	3:07.90	3:06.52
Note: field event marks are as follows: AA#8 is the eighth qualifying mark after 3 rounds (even if 9 qualify to the finals) (the athlete might improve in rounds 4-5-6). Winner is best mark after 6 rounds signifies fastest/farthest mark since 2001 signifies slowest/shortest mark since 2001																								
LJ	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2021	2022	2023	2024	2025
LAST Q	7.07	7.07	7.03	7.05	7.12	7.20	7.12	7.08	7.09	7.16	7.10	7.20	7.16	7.14	7.19	7.12	7.27	7.21	7.17	7.16	7.28	7.24	7.26	7.24
AA #8	6.94	6.71	6.86	6.91	7.02	6.95	7.12	6.85	6.87	7.00	6.97	7.25	7.22	6.99	7.19	6.98	7.04	7.19	7.18	6.91	7.10	7.21	7.21	7.11
WIN	7.51	7.12	7.38	7.44	7.67	7.56	7.28	7.18	7.38	7.24	7.17	7.61	7.74	7.46	7.47	7.45	7.35	7.92	7.97	7.42	7.88	7.76	7.95	7.56
TJ	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2021	2022	2023	2024	2025
LAST Q	14.44	14.45	14.37	14.42	14.43	14.41	14.42	14.26	14.50	14.61	14.50	14.60	14.43	14.46	14.53	14.40	14.61	14.57	14.49	14.52	14.64	14.60	14.50	14.65
AA #8	14.47	14.26	14.17	14.57	14.45	14.18	14.49	14.19	14.59	14.55	14.89	14.82	14.70	14.51	14.58	14.77	14.49	14.78	14.88	14.58	14.77	14.73	14.67	14.89
WIN	15.74	15.50	14.89	15.45	15.09	15.11	15.29	14.93	15.32	15.18	15.60	15.60	15.65	15.13	15.52	15.53	15.98	15.89	15.43	15.11	15.31	15.57	15.76	15.32
D3 Champs record is 16.88 from Jan Cado (North Central) in 1989																								
HJ	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2021	2022	2023	2024	2025
LAST Q	2.06	2.07	2.05	2.03	2.04	2.03	2.02	2.02	2.04	2.05	2.03	2.05	2.03	2.06	2.06	2.03	2.06	2.06	2.05	2.05	2.03	2.02	2.05	2.06
AA #8	2.06	2.06	2.06	2.01	2.03	2.03	2.00	1.98	2.03	2.03	2.01	2.03	2.03	2.06	2.02	2.04	2.04	2.06	2.03	1.97	2.05	2.02	2.08	2.05
WIN	2.11	2.16	2.16	2.16	2.12	2.15	2.06	2.12	2.12	2.12	2.09	2.09	2.12	2.12	2.14	2.10	2.16	2.18	2.12	2.11	2.16	2.08	2.14	2.14
D3 Champs record is 2.20 from Rahiem Greenridge (Wheaton) in 2000																								
PV	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2021	2022	2023	2024	2025
LAST Q	4.74	4.76	4.78	4.80	4.80	4.75	4.85	4.73	4.82	4.88	4.87	4.91	4.81	4.85	4.82	4.90	4.82	4.88	4.78	4.85	4.85	4.86	4.84	4.93
AA #8	4.60	4.75	4.75	4.76	4.81	4.71	4.81	4.56	4.76	4.86	4.86	4.95	4.75	4.85	4.89	5.00	4.90	4.80	4.75	4.75	4.90	4.75	4.94	4.95
WIN	5.20	5.05	5.35	5.21	5.16	5.16	4.96	5.06	5.06	5.16	5.26	5.40	5.00	5.15	5.34	5.30	5.45	5.40	5.25	5.10	5.10	5.05	5.19	5.15
SHOT	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2021	2022	2023	2024	2025
LAST Q	15.77	15.64	16.41	15.90	16.16	15.96	15.72	15.95	15.88	16.50	16.16	16.33	16.35	16.27	16.36	16.30	16.10	16.05	16.09	16.11	15.90	16.06	16.43	16.47
AA #8	15.91	15.40	15.92	15.82	16.28	16.34	15.82	15.62	15.95	16.02	16.63	16.95	16.35	16.32	16.38	16.71	16.28	16.21	16.38	16.42	16.29	16.25	16.62	17.21
WIN	17.43	17.20	17.84	18.02	18.41	18.35	18.07	17.44	17.94	17.91	17.52	18.55	17.96	17.84	18.73	18.17	18.35	18.62	19.32	18.21	17.85	17.63	18.69	18.50
D3 Champs record is 19.56 from Mike Manders (Hamline) in 1983																								
DISCUS	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2021	2022	2023	2024	2025
LAST Q	49.38	48.86	49.73	49.06	50.08	49.22	48.39	48.64	49.15	50.74	50.22	50.15	49.23	49.57	49.70	48.75	49.25	49.33	49.89	49.34	50.24	50.26	51.07	50.92
AA #8	48.84	47.62	50.00	49.13	52.34	49.83	45.34	48.53	47.59	49.26	48.56	52.21	50.86	51.54	51.32	50.63	46.75	50.49	49.00	47.46	49.73	49.57	48.44	47.93
WIN	54.00	55.82	54.94	54.67	59.76	59.45	54.26	59.87	50.51	53.30	55.52	57.86	60.38	57.58	56.90	53.55	51.56	58.40	51.66	54.22	54.93	56.84	55.20	58.17
HAMMER	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2021	2022	2023	2024	2025
LAST Q	52.82	54.34	53.51	54.20	54.47	54.56	53.00	53.50	54.20	56.03	56.24	56.13	56.38	55.65	57.29	55.01	56.27	55.93	56.40	55.72	55.60	57.85	57.70	58.27
AA #8	52.62	52.37	54.18	53.32	54.66	52.50	52.65	52.12	52.20	56.29	56.75	59.15	58.96	57.67	58.58	56.96	56.11	57.40	57.14	56.02	56.43	58.17	59.65	60.40
WIN	58.70	57.56	62.63	65.66	63.66	60.65	60.61	58.22	61.48	66.35	65.21	64.05	64.67	66.01	64.49	62.19	61.59	64.42	62.01	60.48	60.42	63.64	64.11	64.74
JAVELIN	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2021	2022	2023	2024	2025
LAST Q	59.72	59.93	58.98	58.72	58.04	58.35	58.87	59.59	60.63	61.01	60.14	59.73	60.43	59.24	58.48	59.79	59.77	59.96	59.15	58.08	57.95	58.56	59.86	61.83
AA #8	58.68	58.85	57.47	57.03	57.54	59.23	56.80	57.97	58.26	57.68	62.12	63.44	64.50	59.39	60.51	60.24	61.20	62.35	60.22	57.43	63.06	62.69	61.83	63.02
WIN	66.28	67.47	60.31	65.80	62.67	70.59	60.57	63.35	63.52	66.99	67.37	67.19	75.55	67.01	67.50	63.60	69.22	73.75	64.27	67.68	67.00	72.14	65.81	67.97
DEC	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2021	2022	2023	2024	2025
LAST Q	6369	6156	6309	6191	6340	6106	6324	6191	6342	6413	6128	6168	6256	6376	6159	6313	6371	6257	6432	6464	6259	6366	6421	6474
AA #8	6435	6330	6371	6479	6671	6317	6591	6264	6649	6862	6439	6600	6471	6679	6626	6567	6566	6580	6586	6691	6654	6614	6761	6464
WIN	7058	7115	6825	7171	7104	7188	7199	7192	7080	7056	7170	7017	6969	7086	7279	6809	6998	6969	7195	7510	7486	7165	7063	7118
D3 Champs record is 7528 from Kip Janvrin (Simpson) in 1987																								