

NCAA III Cross Country
Team History - MEN
(Updated through 2024 Championships)

TEAM CHAMPIONSHIPS RESULTS - MEN

<u>Year</u>	<u>Host</u>	<u>Champion</u>	<u>Points</u>	<u>Coach</u>	<u>Runner-up School</u>
1973	Wheaton, IL	Ashland	66	Paul Armor	Albany & North Central
1974	Wheaton, IL	Mt. Union	105	Jim Wuske	Occidental
1975	Brandeis, Boston, MA	North Central	91	Al Carius	Occidental
1976	Case Western, OH	North Central	109	Al Carius	Humboldt State
1977	Case Western, OH	Occidental	149	Steve Haas	Humboldt State
1978	Augustana, IL	North Central	60	Al Carius/Glen Behnke	Luther
1979	Augustana, IL	North Central	85	Al Carius/Glen Behnke	Humboldt State
1980	Rochester, NY	Carleton	121	Bill Huyck	Augustana
1981	Carthage, WI	North Central	89	Al Carius	Brandeis
1982	SUNY Fredonia, NY	North Central	51	Al Carius	Brandeis
1983	Christ. Newport, VA	Brandeis	52	Norm Levine	North Central
1984	Ohio Wesleyan, OH	St. Thomas	76	Larry Russ	North Central
1985	Emory, Atlanta, GA	Luther	98	Kent Finanger	North Central
1986	SUNY Fredonia, NY	St. Thomas	51	Larry Russ	UWisc-La Crosse
1987	Hope, MI	North Central	67	Al Carius	UWisc-La Crosse
1988	Washington, MO	UWisc-Oshkosh	66	John Zupanc	North Central
1989	Augustana, IL	UWisc-Oshkosh	55	John Zupanc	North Central
1990	Grinnell, IA	UWisc-Oshkosh	87	John Zupanc	North Central
1991	Christ. Newport, VA	Rochester	139	Tim Hale	North Central
1992	Union, NY	North Central	107	Al Carius	Rochester
1993	Grinnell, IA	North Central	32	Al Carius	UWisc-La Crosse
1994	Lehigh, PA	Williams	98	Peter Farwell	North Central
1995	UWisc-La Crosse, WI	Williams	83	Peter Farwell	North Central
1996	Augustana, IL	UWisc-La Crosse	86	Phil Esten	North Central
1997	MIT, Boston, MA	North Central	94	Al Carius	Mt. Union
1998	Dickinson, Carlisle, PA	North Central	106	Al Carius	Calvin
1999	UWisc-Oshkosh, WI	North Central	84	Al Carius	Keene State
2000	Whitworth, Spokane, WA	Calvin	65	Brian Diemer/Al Hoekstra	Keene State
2001	Augustana, IL	UWisc-La Crosse	80	Don Fritsch	Calvin
2002	St. Olaf, Northfield, MN	UWisc-Oshkosh	66	John Zupanc	Calvin
2003	Hanover, IN	Calvin	48	Brian Diemer	UWisc-Stevens Point
2004	Eau Claire, WI	Calvin	107	Brian Diemer	North Central
2005	Ohio Wesleyan, OH	UWisc-La Crosse	94	Don Fritsch	Calvin

2006	Wilmington, OH	Calvin	37	Brian Diemer	New York University
2007	Northfield, MN	New York Univ.	128	Nick McDonough	Haverford
2008	Hanover, IN	SUNY Cortland	80	Steve Patrick	North Central (Ill.)
2009	Baldwin-Wallace, OH	North Central	50	Al Carius	Williams
2010	Wartburg, IA	Haverford	87	Tom Donnelly	North Central
2011	Oshkosh, WI	North Central	110	Al Carius	Haverford
2012	Rose-Hulman, IN	North Central	167	Al Carius	Calvin
2013	Hanover, IN	St. Olaf	84	Phil Lundin	North Central
2014	Wilmington, OH	North Central	130	Al Carius	St. Olaf
2015	Oshkosh, WI	UWisc-Eau Claire	135	Dan Schwamberger	Williams
2016	Spalding, Louisville, KY	North Central	60	Al Carius	SUNY Geneseo
2017	Principia, Elsau, IL	North Central	57	Al Carius	UWisc-La Crosse
2018	Oshkosh, WI	North Central	43	Al Carius	Washington Univ.
2019	Spalding, Louisville, KY	Pomona-Pitzer	164	Jordan Carpenter	North Central
2020	no meet - Covid pandemic				
2021	Spalding, Louisville, KY	Pomona-Pitzer	80	Kyle Flores	MIT
2022	Olivet, E. Lansing, MI	MIT	82	Riley Macon	Wartburg
2023	Dickinson, Carlisle, PA	Pomona-Pitzer	158	Amber Williams/Emma DeLira	UWisc-La Crosse
2023	Rose-Hulman, IN	UWisc-Lacrosse	77	Derek Stanley	Wartburg

LOWEST WINNING TEAM SCORE - MEN

32 pts	1993	North Central (1-2-5-6-18) [1-2-5-6-25 raw]
37 pts	2006	Calvin (1-3-8-12-13) [2-5-12-16-17 raw]
43 pts	2018	North Central (1-2-7-9-24) [1-2-8-11-33 raw]

HIGHEST WINNING TEAM SCORE - MEN

167 pts	2012	North Central (5-9-31-36-86)
164 pts	2019	Pomona-Pitzer (5-13-33-55-58)
158 pts	2023	Pomona-Pitzer (9-10-22-24-93)
149 pts	1977	Occidental (4-15-27-30-73)
139 pts	1991	Rochester (2-9-17-44-67)
135 pts	2015	UWisc-Eau Claire (2-9-12-30-82)
130 pts	2014	North Central (6-11-34-35-44)
128 pts	2007	New York University (6-16-33-34-39)

SMALLEST MARGIN OF VICTORY - MEN

1 pt	2023	Pomona-Pitzer 158, UWisc-Lacrosse 159
2 pts	1997	North Central 94, Mt. Union 96

2 pts	2013	St. Olaf 84, North Central 86
3 pts	1977	Occidental 149, Humboldt 152
4 pts	1980	Carleton 121, Augustana 125

LARGEST MARGIN OF VICTORY - MEN

144 pts	2016	North Central 60, SUNY Geneseo 204
139 pts	2017	North Central 57, UWisc-La Crosse 196
131 pts	2009	North Central 50, Williams 181
106 pts	1973	Ashland 66, SUNY Albany 172

TEAM CHAMPIONSHIPS - MEN

19	North Central	1975, 76, 78, 79, 81, 82, 87, 92, 93, 97, 98, 99, 2009, 11, 12, 14, 16, 17, 18
4	UWisc-La Crosse	1996, 2001, 05, 24
4	UWisc-Oshkosh	1988, 89, 90, 2002
4	Calvin	2000, 03, 04, 06
3	Pomona-Pitzer	2019, 21, 23
2	St. Thomas	1984, 86
2	Williams	1994, 95
1	Ashland	1973
1	Brandeis	1983
1	Carleton	1980
1	SUNY Cortland	2008
1	Haverford	2010
1	Luther	1985
1	Mt. Union	1974
1	New York Univ.	2007
1	Occidental	1977
1	Rochester	1991
1	St. Olaf	2013
1	UWisc-Eau Claire	2015
1	MIT	2022

TEAM APPEARANCES - MEN

51	North Central	1973, 74, 75, 76, 77, 78, 79, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 2000, 01, 02, 03, 04, 05, 06, 07, 08, 09, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 21, 22, 23, 24
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40 Haverford 1978,79,80,82,85,86,87,89,90,91,93,94,95,96,97,98,99,2000,01,02,
03,04,05,06,07,08,09,10,11,12,13,14,15,16,17,18,19,21,22,23

39 Calvin 1977,79,80,87,88,89,90,91,93,94,95,96,97,98,99,2000,01,02,03,04,
05,06,07,08,09,10,11,12,13,14,15,16,17,18,19,21,22,23,24

39 UWisc-La Crosse 1982,83,86,87,88,89,90,91,92,93,94,95,96,97,98,99,2000,01,02,03,
04,05,06,07,08,09,11,12,13,14,15,16,17,18,19,21,22,23,24

32 Williams 1975,77,93,94,95,96,97,98,99,2000,01,02,03,04,06,07,08,09,10,11
12,13,14,15,16,17,18,19,21,22,23,24

29 Carnegie Mellon 1976,77,80,81,82,83,86,87,88,96,98,2003,05,06,07,08,09,10,12,14,
15,16,17,18,19,21,22,23,24

27 St. Thomas 1975,76,78,79,80,82,83,84,85,86,87,88,89,90,91,92,93,97,98,99,
2000,01,02,09,14,18,19

26 Emory 1976,83,84,85,86,87,92,99,2000,01,02,03,04,07,08,09,14,15,16,17,
18,19,21,22,23,24

24 Brandeis 1974,75,76,77,78,79,80,81,82,83,84,85,86,88,89,90,91,92,95,97,
98, 2008,09,10

24 MIT 1975,76,79,80,81,82,84,85,86,94,99,2001,10,13,14,15,16,17,18,19,21,22,23,24

24 St. John's (MN) 1973,74,76,77,81,82,83,84,85,87,88,89,91,92,95,96,97,98,99, 2000,
05,06,07,08

24 UWisc-Oshkosh 1985,87,88,89,90,91,92,93,94,95,96,98,2000,01,02,03,05,06,08,
10,11,13,15,21

23 Carleton 1973,74,75,76,77,78,79,80,81,92,93,94,95,96,2004,05,07,13,14,17,18,19,23

22 Nebraska Wesleyan
1973,74,76,77,89,94,97,98,99,2000,01,02,03,04,05,06,07,08,09,10,11,17

22 Claremont-M-S 1989,93,2000,01,02,06,08,09,10,11,12,13,14,15,16,17,18,19,21,22,23,
24

22 UWisc-Stevens Point 1982,83,86,87,88,90,91,92,93,94,96,97,98,99,2001,02,03,04,07,08,
10,24

21 Rochester 1974,76,77,79,80,81,82,83,87,88,89,90,91,92,93,94,95,96,2010,11,12,

21 St. Olaf 1973,74,76,77,78,79,2002,04,08,09,11,12,14,15,16,18,19,21,22,23,24

21 St. Lawrence 1978,84,85,86,87,89,94,97,99,2000,02,08,09,10,11,12,13,14,15,16,19

21 SUNY Geneseo 2003,04,05,06,07,08,09,10,11,12,13,14,15,16,17,18,19,21,22,23,24

21 Augustana 1973,74,75,76,77,79,80,81,84,86,88,89,90,91,92,93,96,2007,08,15,24

20 Mt. Union 1973,74,75,76,77,78,82,84,85,89,95,96,97,2001,02,05,06,09,14,16

20 Occidental 1974,75,76,77,80,82,83,85,86,88,90,91,92,94,95,2006,07,11,16,17

20 Pomona-Pitzer 1978,79,80,81,82,93,2004,05,12,13,14,15,16,17,18,19,21,22,23,24

20 RIT 1976,77,80,82,83,85,86,88,89,90,91,92,93,94,95,96,2006,09,17,18

19 Luther 1973,74,75,76,77,78,79,80,84,85,86,87,88,89,2006,07,10,12,13

19 Rowan (was Glassboro St) 1974,75,76,77,78,79,80,81,82,83,84,85,86,87,88,91,92,93,2017

19 Tufts 1996,98,99,2000,01,03,04,05,07,11,12,13,14,15,18,21,22,23,24

19 Wartburg 1988,99,2000,01,02,03,04,05,06,07,15,16,17,18,19,21,22,23,24

19 Washington Univ. 1974,76,97,2006,09,10,11,12,13,14,15,16,17,18,19,21,22,23,24

17	Keene St.	1974,75,76,77,78,80,81,97,98,99,2000,01,02,03,04,05,09
16	Allegheny	1973,74,76,77,2002,05,06,07,08,09,10,11,12,13,15,16
16	SUNY Cortland	1986,87,88,91,93,97,98,99,2006,07,08,09,11,12,13,14
16	Wabash	1973,74,77,91,92,93,94,95,96,98,2010,11,12,13,14,15
15	Lynchburg	1978,79,80,82,91,92,93,2009,10,11,12,21,22,23,24
14	Case Western Reserve	1973,74,75,76,77,85,86,2003,08,12,18,19,21,22
14	Middlebury	2010,11,12,13,14,15,16,17,18,19,21,22,23,24
14	New York Univ. (NYU)	2003,04,06,07,08,09,10,11,12,13,16,17,23,24
13	Amherst	2003,07,08,09,14,15,16,17,18,19,21,23,24
13	U. of Chicago	1973,74,76,77,2004,05,13,15,18,19,21,22,23
13	Hamline	1973,74,75,76,77,83,2000,01,05,06,09,10,11
13	Johns Hopkins	1977,11,12,13,14,16,17,18,19,21,22,23,24
13	Otterbein	1974,76,77,84,86,87,88,94,95,2018,19,21,22
12	Frostburg	1979,80,81,82,83,84,85,90,91,96,97,98
12	Hope	1973,74,75,76,77,78,79,80,81,83,90,24
12	UMass-Dartmouth (was SE Mass)	1975,76,77,78,79,80,81,82,84,85,89,90
11	Bates	1975,77,99,2004,11,12,13,18,19,21,22
11	UCalif-San Diego	1984,89,90,91,92,93,94,95,96,97,98
11	Loras	2003,11,13,14,15,16,17,21,22,23,24
11	College of New Jersey	1997,98,2000,01,02,03,04,05,06,07,16
11	Willamette	2001,02,03,04,05,06,07,08,09,10,15
10	Ithaca	1985,88,89,90,92,96,2000,01,02,19
10	Rensselaer Polytechnic Inst. RPI	1975,96,2016,17,18,19,21,22,23,24
10	SUNY Fredonia	1973,76,77,78,79,80,81,82,84,92
10	SUNY Plattsburgh	1974,75,78,79,81,94,95,97,99,2008
11	UWisc-Eau Claire	1998,99,2009,13,14,15,16,17,18,21,24
10	UWisc-Whitewater	1994,95,97,99,2000,03,21,22,23,24
9	SUNY Albany	1973,74,77,78,83,84,91,92,93
8	Baldwin Wallace	1973,77,78,79,80,81,82,83
8	Central	1973,74,80,2012,13,14,15,23
8	Colorado College	1990,96,2003,07,09,10,11,23
8	Dickinson	2007,08,09,10,11,12,13,14
8	Elizabethtown	1999,2001,02,04,09,10,11,15
8	John Carroll	1974,75,77,2019,21,22,23,24
8	Wheaton	1973,74,76,84,85,2005,11,12
8	UWisc-Platteville	2000,01,04,06,07,09,10,15
7	Bowdoin	1995,2001,02,06,07,11,12
7	Heidelberg	1997,98,99,2006,07,08,09
7	UWisc-Stout	1981, 2014,17,18,19,22,23
6	Centre College	2004,05,06,08,10,11
6	DePauw	1973,74,2001,04,17,18
6	Ohio Northern	1975,2006,07,08,16,17

6	St. Joseph's	1983,84,85,86,87,88
5	Boston State	1974,75,77,78,79
5	Christopher Newport	1984,94,2015,16,17
5	Colby	2013,14,19,21,22
5	Gettysburg	1975,76,78,79,94
5	Grinnell	1973,90,91,2008,10
5	Millersville State	1973,75,77,78,79
5	Rhodes	2006,07,16,17,18
5	Roanoke	1980,81,83,85,86
5	US Coast Guard Academy	1977,78,79,89,2000
5	Washington & Lee	1975,95,2016,23,24
4	Albion	1980,81,2003,10
4	Anderson	1999,2000,05,07
4	American Univ. of Puerto Rico	1977,87,88,89
4	Humboldt State	1976,77,78,79
4	Manchester	2009,11,12,13
4	Marist	1974,75,76,77
4	Trinity College (CT)	2000,06,07,08
4	U. of the South	1974,75,79,81
4	SUNY Binghamton	1975,79,80,93
4	Wesleyan (CT)	2005,06,15,24
3	Bethany	1978,80,82
3	Carthage	1976,77,24
3	Fitchburg	1975,80,83
3	Franklin & Marshall	1977,83,95
3	George Fox	2022,23,24
3	Mount Union	2008,22,23
3	Ohio Wesleyan	1976,79,2010
3	Olivet	1973,74,75
3	Plymouth State	1974,75,77
3	Puget Sound	1999,2002,03
3	Slippery Rock	1976,77,78
3	SUNY Oneonta	2016,18,19
3	Tri-State College	1975,76,77
3	UC Santa Cruz	2017,19,22
3	Westfield	1975,77,87
2	Alma	1973,74
2	Aquinas	1974,78
2	Ashland	1973,77
2	Berea	2018,19
2	Connecticut College	2002,22
2	Dubuque	1976,77

2	E. Mennonite	1978,79
2	Ferris State	1975,76
2	Grove City	1973,76
2	Illinois Benedictine	1975,77
2	Kalamazoo	1973,74
2	Lowell Tech. Inst.	1973,76
2	North Park	1973,74
2	Rose-Hulman Inst. of Tech	1974,2014
2	Thiel	1976,77
2	Ursinus	1980,81
2	Westminster	1974,77
2	Whitworth	2008,10
2	York College of Penn	1976,2017
1	Adrian	1973,
1	Bridgewater	2014
1	Brooklyn College	1975,
1	Concordia Teachers College	1974,
1	E. Conn	1975,
1	Gustavus Adolphus	1990,
1	Hamilton	2015,
1	Kenyon	2000,
1	La Verne	2012
1	Lincoln	1977,
1	Lock Haven	1977,
1	Macalester	1973,
1	Mary Washington	1990,
1	UMass-Boston	1987,
1	Moravian	2024,
1	Muhlenberg	2006,
1	Muskingum	1974,
1	Notre Dame, College of	1987,
1	Oberlin	1974,
1	Principia	1977,
1	Redlands	1992,
1	U of Scranton	1975,
1	Simpson	1986,
1	Stony Brook	1975,
1	SUNY Brockport	1976,
1	SUNY Oswego	1973,
1	Susquehanna	1984,
1	Trinity (TX)	2012,
1	Vassar	2021,

1	WPI	2021,
1	Whittier	2016,
1	Widener	2014,
1	UWisc-River Falls	1977,
1	Wooster	1973,