



THE HILL CITY TWILIGHT

FRIDAY, MAY 2nd 2025 @ UNIVERSITY OF LYNCHBURG

Field Event Schedule:

****Implement Inspection will take place directly prior to the event*

3:00pm	Men's & Women's Discus (Rolling Schedule)
	Men's & Women's Javelin (Rolling Schedule)
	Men's & Women's Hammer (Rolling Schedule)
4:00pm	Men's & Women's High Jump (Rolling Schedule)
5:00pm	Men's & Women's Shot Put (Rolling Schedule)
5:00pm	Long Jump (Women followed by Men)
6:00pm	Pole Vault (Women followed by Men).
7:00pm	Triple Jump (Women followed by Men)

Running Event Schedule: *Tentative Schedule of events/times, subject to change.**

5:00pm	4x100 (M)
5:05pm	4x100 (W)
5:10pm	Open 1500 (M)
5:25pm	Open 1500 (W)
5:40pm	100 (M)
5:45pm	100 (W)
6:00pm	110HH (M)
6:10pm	100HH (W)
6:20pm	400(M)
6:25pm	400(W)
6:30pm	Open 800 (M)
6:40pm	Open 800 (W)
6:50pm	200 (M)
6:55pm	200 (W)

DINNER BREAK



The Hill City Twilight Distance Carnival:

7:30pm	Invite 1500(M)
7:40pm	Invite 1500 (W)
7:50pm	4x800 (M)
8:00pm	4x800 (W)
8:15pm	Invite 3000SC (M)
8:30pm	Invite 3000SC (W)
8:45pm	Invite 800 (M)
8:55pm	Invite 800 (W)
9:05pm	Invite Mile (M)
9:15pm	Invite 5000 (M)
9:35pm	Invite 5000 (W)
9:55pm	4x400 (M)
10:00pm	4x400 (W)