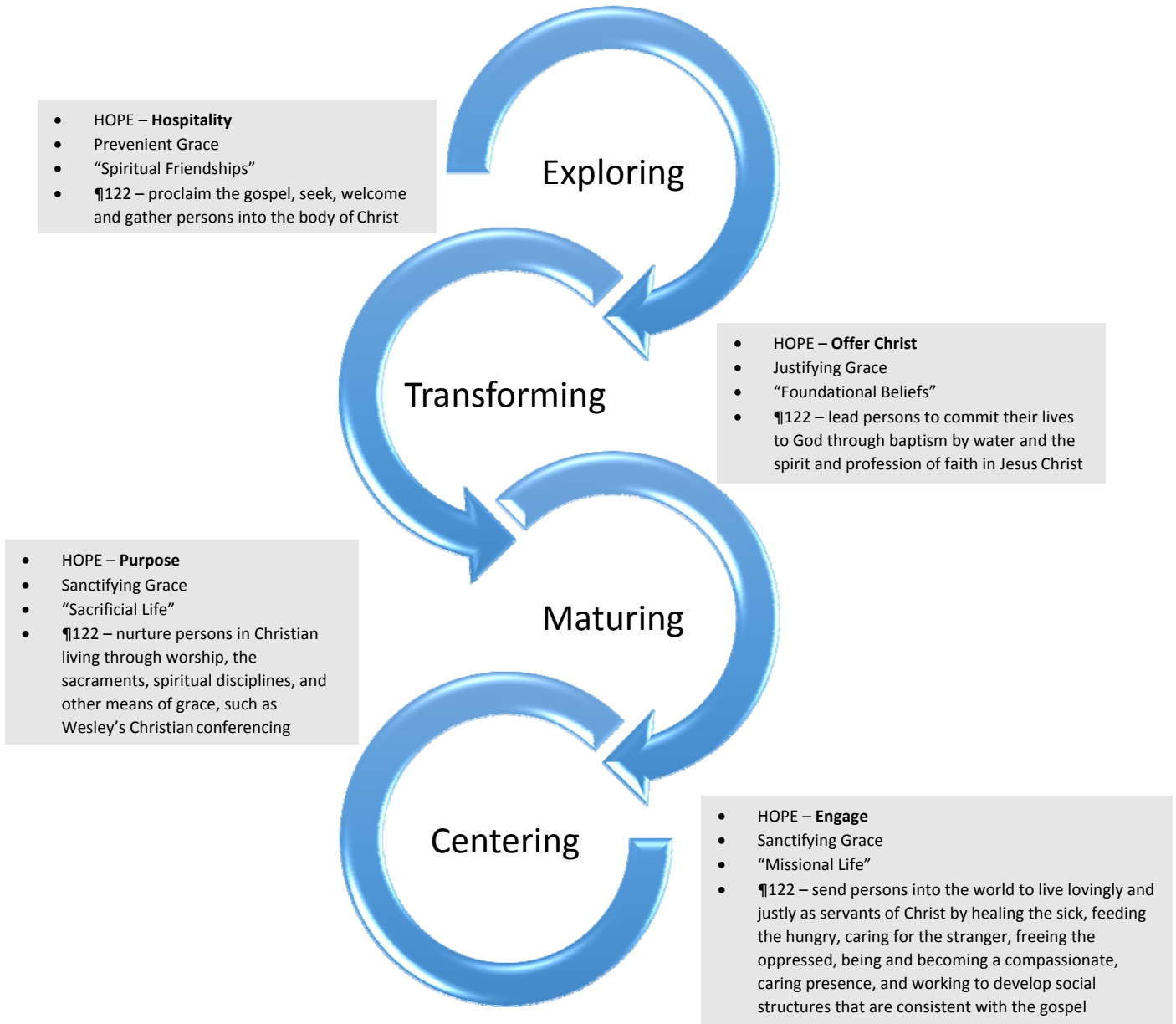


Making Disciples, Transforming the World



Undergirding practices along the way

1. A disciple **worships**
2. Is a part of a **community**
3. Commits to **spiritual practices**
4. Is **generous and serves**
5. Is seeking to be **Christ-like**¹

¹ Dotson, *Developing an Intentional Discipleship System: A Guide for Congregations* (Nashville: Discipleship Ministries, 2017), pg. 26.

Making Disciples, Transforming the World

Exploring Christ

Studies

- Ruben Job, “Three Simple Questions: Knowing the God of Love, Hope and Purpose” (6 weeks)
- Ruben Job, “Three Simple Rules: A Wesleyan Way of Living” (6 weeks)
- Will Willimon, “This We Believe: The Core of Wesleyan Faith and Practice” (8 weeks)

Mission Experiences

- Thanksgiving and Christmas food baskets (collection, sorting, delivery)
- Food Drives (collection, sorting, delivery)
- Blood Drives
- CROP Hunger Walk/Relay for Life
- Rise Against Hunger

Other Opportunities

Hospitality Systems in place to welcome guests

Vacation Bible School with classes for adults

Transforming in Christ

Studies

- Steve Harper, “Five Marks of a Methodist: The Fruit of a Living Faith” (6 weeks)
- James Harnish, “A Disciple’s Path: Deepening Your Relationship with Christ and the Church” (6 weeks)

Mission Experiences

- 1 day/short-term VIM experiences
- Serve at a local soup kitchen or other local church outreach ministry
- Volunteer at an after-school tutoring or reading program
- Habitat for Humanity team

Other Opportunities

ALPHA?? → if we are going to promote this?

Adult Confirmation

Maturing in Christ

Studies

- Elaine Heath, “Five Means of Grace: Experience God’s Love the Wesleyan Way” (6 weeks)
- Chris Folmsbee, “The Wesley Challenge: 21 Days to a More Authentic Faith” (3 weeks)
- Disciple Bible Study

Mission Experiences

- Participate on a VIM Team
- Participate in visitation or prayer ministry at local church
- Coordinate a mission experience in the community

Other Opportunities

Walk to Emmaus

Lay Servant Ministry (Basic Course)

Sunday school/Small Groups (long term/relationship building)

Centered in Christ

Studies

- Magrey deVega’s “One Faithful Promise: The Wesleyan Covenant for Renewal” (6 weeks)
- Adam Hamilton, “Enough: Discovering Joy Through Generosity and Simplicity” (5 sessions)
- Christian Believer or second generation Disciple Bible Studies

Mission Experiences

- Lead/Co-Lead a VIM Team
- Young Adult Mission/Service
- Project Transformation
- Global Mission Fellows

Other Opportunities

Lay Servant Ministry (Advanced Courses)

VIM Team Leader Training

Mission u (summer intensive – spiritual growth, geographic, social justice)

Making Disciples, Transforming the World

Concepts covered in each unit

These foundational and supplemental components are based on creating a Methodist identity as found in Wesley's writings, primarily:

1. Accountability Questions (1729-30, 1733 [A Collection of Forms of Prayer for Every Day of the Week], 1781)
2. General Rules (1741)
3. Character of a Methodist (1743)
4. Means of Grace (1740's)
5. Wesleyan Covenant for Renewal (1755)²

Exploring

<i>Three Simple Questions</i>	6 weeks	Basic questions of life—Who is God? Who am I? Who are we together? (introduction, three questions – one week per question, praying the questions, living the questions)
<i>Three Simple Rules</i>	6 weeks	Three General Rules of Methodism (do no harm, do good, stay in love with God – two sessions per rule [one understanding the rule, one practicing the rule])
<i>This We Believe</i>	8 weeks	Major doctrines (introduction, One God, Jesus Christ, Holy Spirit, Guidance of Scripture, Salvation of Sinners, Christian Work and Witness, Gift of the Church)

Transforming

<i>Five Marks/Methodist</i>	6 weeks	Character of a Methodist (introduction, loves God, rejoices in God, gives thanks, prays constantly, loves others)
<i>A Disciples Path</i>	6 weeks	Membership Vows (introduction, prayers, presence, gifts, service, witness)

Maturing

<i>Five Means of Grace</i>	6 weeks	Means of Grace in Wesleyan Tradition (introduction, prayer, searching scripture, Holy Communion, fasting, conferencing)
<i>Wesley Challenge</i>	3 weeks	Wesley's 21 Accountability Questions (Relationship with God: an upward focus; Relationship with Self: an inward focus; Relationship with Others: an outward focus)

Centering

<i>One Faithful Promise</i>	6 weeks	Wesley's Covenant Prayer (introduction, confide in God, compose your spirit, claim the covenant, choose faithfulness, connect to God in prayer)
<i>ENOUGH</i>	5 weeks	Stewardship of Resources (introduction and 4 sessions – dreams/nightmares, wisdom, contentment, generosity)

² See Franklyn's "The Methodist Way of Making Disciples" in *Circuit Rider* Feb/Mar/Apr 2017, pp. 14-16.