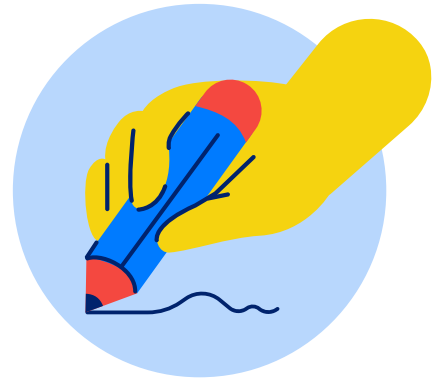


SUBMITTING A PUBLIC COMMENT



» STEP 1

Go to [this website](#) to submit your comment.

» STEP 2

Write or copy & paste your comment (reminder that you can use the [template here](#)) in the "Comments" box. We encourage you to personalize the template and name worries you have that may be specific to your immediate community. Note that it is limited to 5,000 characters. If your comment exceeds 5,000 characters see below. You must fill out this section even if you are also attaching a PDF. It can be as simple as the first few sentences in your longer comment document.

Write a Comment

[Commenter's Checklist](#)

[Public Comments on Federal Regulations](#) [↗](#)

Comment*

Start typing comment here...

» STEP 3

If you are submitting a longer comment, you can upload your PDF in the section below under "attach files." Note that it must be in PDF form.

Attach Files

You can attach up to 20 files, but each file cannot exceed 10MB. Valid file types include: bmp, docx, gif, jpg, jpeg, pdf, png, pptx, rtf, sgml, tif, tiff, txt, wpd, xlsx, xml.

Drop files here or [Browse...](#)

» STEP 4

Include your email address in the space provided.

Email Address

Email Address

- ☐ Opt to receive email confirmation of submission and tracking number? If you choose to identify as Anonymous, the option to receive an email confirmation will not be displayed. (We will never post your email address on Regulations.gov or share it with anyone else.)




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» STEP 5

Mark if you are an individual or if you would like to submit anonymously. If you select "individual" you will be required to fill out the "First Name" and "Last Name" boxes and are invited to share your address but is not required.


Tell us about yourself! I am...
(Select an identity below)



An Individual
Yourself or another person whom you represent with their consent



An Organization
A company, organization, or government agency



Anonymous
A person who does not want their name associated with the comment



Your Contact Information

First Name *	Last Name *		
First Name	Last Name		
City	State	Zip	Phone
City	Select a State	Zip	Phone


Note: If you choose to identify as Anonymous, the option to enter your email address for submission confirmation is not available.

» STEP 6

Certify that you are not a robot.

reCAPTCHA *

☐ I'm not a robot


reCAPTCHA
[Privacy](#) - [Terms](#)

» STEP 7

Submit and you're done! Congratulations!

LONGER COMMENTS: CREATE A PDF TO SUBMIT

STEP 1: Create a Word or Google document with your comments written out (feel free to use the template).

STEP 2: Name your document (example: Lauren H's Comments on HHS Program Eligibility 7.16.25).

STEP 3: Save your document as a PDF. From Google Docs, go to **File → Download → PDF Document**.



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