



Protect **Yourself.**



Protect **Your Baby.**



Get **Vaccinated.**



Society for  
Maternal-Fetal  
Medicine

Evidence-Based Maternal Vaccine Recommendations For Every Pregnancy	TRIMESTER 1	TRIMESTER 2	TRIMESTER 3
<b>COVID-19</b>	Any time while trying to get pregnant or during pregnancy <sup>1</sup> (if not up to date with vaccinations)		
<b>Flu</b>	Any time while trying to get pregnant or during pregnancy <sup>2</sup> (ideally by the end of October)		
<b>Tdap</b>			Weeks 27 through 36 <sup>3</sup>
<b>RSV</b>			Weeks 32 through 36 <sup>4</sup> (if pregnant during RSV season)

Annual flu vaccines are recommended in September and October. Vaccination in July and August can be considered for individuals in their third trimester of pregnancy during this time.<sup>2</sup>

The maternal RSV vaccine (Pfizer's Abrysvo) is **given during pregnancy** to help protect babies at birth during their first RSV season. In most of the continental US, maternal RSV vaccines will only be given September through January.

An RSV monoclonal antibody (nirsevimab or clesrovimab) can be administered to infants younger than 8 months of age from October through March if the mom did not get the maternal RSV vaccine.

If you have already received a maternal RSV vaccine during any previous pregnancy, you should not get another dose of RSV vaccine when you are pregnant again. Instead, your baby should receive nirsevimab or clesrovimab.<sup>4</sup>

<sup>1</sup> <https://www.sfm.org/news/sfm-reaffirms-covid-19-vaccination-recommendations-during-pregnancy>

<sup>2</sup> <https://www.cdc.gov/flu/highrisk/pregnant.htm>

<sup>3</sup> <https://www.cdc.gov/pertussis/hcp/vaccine-recommendations/vaccinating-pregnant-patients.html>

<sup>4</sup> <https://www.cdc.gov/rsv/vaccines/protect-infants.html>