

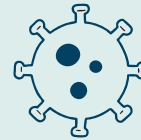
# COVID-19 VACCINE MYTHS

## ✗ MYTH

## ✓ REALITY

**COVID-19 isn't a threat anymore.**

**COVID-19 isn't going away. In 2024 in the US, COVID-19 caused:**



Between  
**10 to 16  
MILLION  
INFECTIONS**



Up to  
**444,000  
HOSPITALIZATIONS**



**32,000  
to 51,000  
DEATHS**  
(CDC, 2024)

**Children don't get very sick from COVID-19 unless they have underlying medical problems.**

**Children of all ages can get very sick from COVID-19; getting the COVID-19 vaccine during pregnancy helps reduce this risk for your infant.**

Infants are hospitalized at the same rates as older adults in their 50s, 60s, and 70s. Most of them are healthy, with no underlying medical conditions. Babies whose moms were vaccinated are less likely to be hospitalized with COVID-19.



**COVID-19 isn't a big deal. It's like getting a cold.**

**COVID-19 during pregnancy is important to take seriously, as it can cause major health problems for you and your baby.**



Getting COVID-19 during pregnancy can cause pregnancy loss, preterm birth, and NICU admission. It also can make a pregnant mom very sick. Pregnant patients are 3 times more likely to need ICU care and a breathing tube. Risks of high blood pressure, preeclampsia, and even death are also higher.

**I've had COVID several times, so I don't need to be vaccinated.**

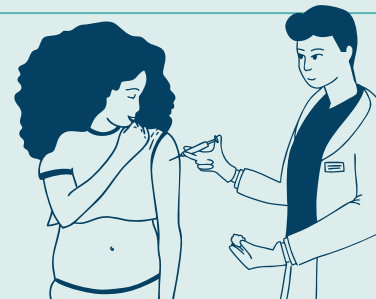
**Staying up to date with COVID-19 vaccination protects you from severe illness due to COVID-19.**

Vaccination during pregnancy reduces your risk of emergency department and urgent care visits by one-half compared with those who have never been vaccinated.



**Getting the COVID-19 vaccination causes birth defects and can harm the baby.**

**COVID-19 vaccination during pregnancy is safe and does not increase the risk of birth defects.**



A recent study of over 300,000 pregnancies found that COVID-19 vaccination during pregnancy does not increase the risk of pregnancy loss or preterm birth. CDC studies tracking tens of thousands of pregnancies found no link between COVID-19 vaccination during pregnancy and birth defects.

For ALL of these reasons, the Society for Maternal-Fetal Medicine continues to recommend the COVID-19 vaccine during pregnancy.

**Protect YOURSELF. Protect YOUR BABY. Get VACCINATED.**